Structural characteristics of hospitals and RN reported care quality, work environment, burnout and leaving intentions.

Running title (50 char): Hospital characteristics and nurse reported job outcomes

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ABSTRACT

Aim: to investigate whether hospital characteristics not readily susceptible to change (i.e. hospital size, university status, and geographic location) are associated with specific self-reported nurse outcomes.

Background: Research often focuses on factors within hospitals (e.g. work environment) which are susceptible to change, rather than on structural factors in their own right. However, numerous assumptions exist about the role of structural factors which may lead to a sense of pessimism and undermine efforts at constructive change.

Method: Data derive from survey questions on assessments of work environment and satisfaction, intention to leave, quality of care, and burnout (measured by the Maslach Burnout Inventory), from a population-based sample of 11,000 RNs in Sweden. Mixed model regressions were used for analysis.

Results:

RNs in small hospitals were slightly more likely to rank their working environment and quality of nursing care better than others. For example 23% of staff in small hospitals were very satisfied with the work environment compared to 20% in medium-sized hospitals and 21% in large hospitals. RNs in urban areas, who intended to leave their job, were more likely to seek work in another hospital (38% vs 32%).

Conclusions: While some structural factors were related to nurse reported outcomes in this large sample, the associations were small or of questionable importance.

Implications: The influence of structural factors like hospital size on nurse reported outcomes is small and unlikely to negate, efforts to improve work environment.

Keywords: nursing, work environment, hospitals, burnout

Introduction

When investigating registered nurses' (RNs') self-reports of outcomes such as burnout, quality of care and work environment, and their intention to leave either their current job or the nursing profession, previous research has tended to focus on factors "within" hospital structures which are susceptible to change, e.g. the hospital care environment (Aiken, Clarke et al. 2008; Lucero, Lake et al. 2009; Patrician, Shang et al. 2010), staffing organization (Adams and Bond 2000; McHugh and Lake 2010), or Magnet hospital characteristics (Laschinger, Shamian et al. 2001; Flynn and McCarthy 2008; Chen and Johantgen 2010). Structural features of hospitals which are not as readily altered, such as size, teaching status, and location in rural or urban settings, are often used to characterize samples of nurses or simply included as control variables in regression analyses, rather than employed as putative explanatory variables of interest in their own right. Reviews related to job satisfaction, RN turnover, and intention to leave have not tended to address structural features (Coomber and Barriball 2007; Utriainen and Kyngas 2009; Hayes, O'Brien-Pallas et al. 2012)). For example, in Utriainen and Kyngäs' review of hospital nurse job satisfaction (Utriainen and Kyngas 2009), they conclude that satisfaction is related to "internal factors and interpersonal aspects of nursing work" (p 1007), although it appears that they have not considered external or structural features in their review. While Coomber & Barriball (Coomber and Barriball 2007) refer to an explanatory model which includes structural factors, their inclusion of the four themes most frequently addressed in the literature led to empirical exclusion of this area, and Hayes et al (Hayes, O'Brien-Pallas et al. 2012) mention external factors only in their discussion of important areas for future consideration. Kalisch et al (Kalisch, Tschannen et al. 2011) included hospital characteristics as a central feature of a model used to investigate nurse job satisfaction, but did not take this into consideration in their empirical study.

The limited research which uses structural hospital characteristics as explanatory variables has shown no association between nursing practice environments and size of either the hospital or community in which the hospital is situated (Lake and Friese 2006). In a study by Coward et al (Coward, Horne et al. 1992), job satisfaction among a sample of 731 staff with RN and other nursing backgrounds was studied in relation to hospital size. The study concluded that nursing staff in small rural hospitals (<50 beds) were more satisfied with their jobs than those working in medium size hospitals in small towns (50-99 beds) and larger metropolitan institutions (>100 beds), but Baerneholdt and Mark (Baernholdt and Mark 2009) found in their much larger study of 286 general medical/surgical nursing units in 146 US hospitals, that rural/urban location was not associated with either job satisfaction or turnover rates among RNs.

This lack of literature is notable as, in our experience; there is a tendency for RNs and policymakers to express assumptions about the importance of structural factors, which may lead to a sense of pessimism, thus undermining efforts at constructive change.

Aims

In this article we aim to investigate whether a number of hospital characteristics which are not readily susceptible to change are potentially important predictors in themselves, by examining their relationship to a number of outcome variables reported by a national survey of over 11,000 RNs working in all acute care hospitals in Sweden.

Context of the study

Most health care delivery in Sweden is provided under the auspices of a public health care system, making it largely subject to government control. Sweden is divided into 21 health care regions, each with responsibility for health care services for their population. Health care services are primarily financed by income taxes, with limited out-of-pocket costs for care recipients (OECD 2011). The overwhelming majority of hospitals are owned and operated by the regional authorities, with general hospitals serving each regional catchment area, and a limited number of regional/university hospitals providing more specialized services.

Three categories of nursing staff can be found in Swedish hospitals: RNs, practical or assistant nurses, and nurse's aides. Assistant nurses have a 3-year upper secondary school education in a specialized vocational program, whereas nurse's aides have usually undergone a shorter training program, which can take different forms. During the past decades, nurse's aides have increasingly been replaced by assistant nurses and the proportion of RNs has increased (Landstingsförbundet 2002). In 1982 the educational system for RNs went from being a non-academic (polytech) education to a two-year academic education. In 1993 the educational program leading to RN licensure was lengthened to 3-years, and since 2007, leads both to licensure as a RN and a baccalaureate degree (Raholm, Hedegaard et al. 2010).

MATERIALS AND METHODS

The data presented here derived from the Swedish component of the European Commission 7th framework-funded RN4CAST project (The RN4CAST Consortium 2009). The primary aim of RN4CAST was to introduce innovative workforce forecasting methods addressing not only volumes, but also characteristics of both nursing staff and work environment with attention given effects on patient care (Sermeus, Aiken et al. 2011). The study consortium included research

teams from 12 European countries including Sweden, each using the same instruments to investigate the relationship between nurse workforce planning and patient outcomes in medical and surgical units within acute care hospitals. In this study, we utilize data from the survey of RNs in Sweden described below.

Participants

The member register of the Swedish Association of Health Professionals was used as the basis for recruitment to the RN survey, after approval from the relevant Research Ethics committee (Regionala etikprövningsnämnden i Stockholm: Dnr 2009/1587-31/5). The register contained details of 81% of all active RNs in Sweden (Vårdförbundet [Swedish Association of Health Professionals] Pär Malmquist, personal correspondence Feb 1, 2011). The member register consists of information on workplace, including both hospital and department, but without further information on the RN's specific function or involvement in inpatient versus outpatient care. All RNs registered as working in medical or surgical departments were therefore selected (N = 33,083) as the population for recruitment to the survey. A system of individually unique national registration numbers in Sweden allows record linkages between the union's database and a national register of residential addresses. The survey was administered by Statistics Sweden, a government agency with long experience of large-scale surveys.

The postal survey was distributed in February 2010 to the RNs' residential addresses, with the option of either returning it by pre-paid mail or by completing a web-based version. Three reminders were sent; the first after two weeks, the second after four weeks, and the third after six weeks. The last two reminders both contained a new printed survey. The return rate at the end of the data collection period was 69.8% (n=23,087)

The first survey question was formulated to establish if the respondent belonged to the study population, i.e. was working actively in direct in-patient medical or surgical acute care, and 10,121 RNs not meeting study criteria were excluded thereafter. The selection process is shown in detail in Figure1. Since the workplace is an essential characteristic for aggregation of data for analysis, the hospital and department reported in the union member database was printed on the survey for each individual respondent, with two control questions to ensure that this information was correct at present and to allow for updating. Respondents with workplaces or with functions beyond the scope of inclusion criteria for the study were excluded (n=1, 951). Internal attrition was 2-3% for most survey items.

---- FIG. 1 ABOUT HERE -----

An analysis of non-respondents based on known background factors (age, gender, and workplace) was performed with no systematic non-response bias detected. Since the study population included known over-recruitment (i.e. RNs not working with direct in-patient care), a separate analysis was performed to examine systematic differences in response rate between the study group (i.e. nurses working directly in in-patient care) and the over-recruitment group; no systematic differences between these groups were detected.

Survey questionnaires

The RN survey used here consists of a set of well-known and extensively-validated instruments and questions developed and tested in prior research, (Aiken, Clarke et al. 2002; Aiken, Clarke et al. 2008) allowing us to measure characteristics of the hospital RN workforce, RNs' future employment intentions, and RNs' perspectives on quantity and quality of care (see (Sermeus, Aiken et al. 2011) for more information). The survey questionnaire was the same in all the countries involved in RN4CAST, and was translated from English to Dutch, Finnish, French, German, Greek, Italian, Norwegian, Polish, Spanish, and Swedish. The translations were validated according to stringent processes and norms (see e.g. (Polit, Beck et al. 2007; Sermeus, Aiken et al. 2011)). The content validity index of the Swedish translation was 0.91 (Polit, Beck et al. 2007; Squires, Aiken et al. 2012).

The survey components presented in this study are described below (see also Table 1 for the wording of response alternatives of the original scales).

Work environment was assessed by two global questions (Waneous, Reichers et al. 1997): "How would you rate the work environment at your job in this hospital (such as adequacy of resources, relations with co-workers, support from supervisors)?" and "Would you recommend your hospital to a nurse colleague as a good place to work?". Work satisfaction was explored in a global question, "How satisfied are you with your current job in this hospital?". Intention to leave was assessed by one question: "If possible, would you leave your current hospital within the next year as a result of job dissatisfaction?" followed by a specification: "If yes, what type of work would you seek?" with the response alternatives: "Nursing in another hospital", "Nursing, but not in a hospital" and "Non-nursing". Quality of care has been measured here using two global questions: "In general, how would you describe the quality of care delivered to your patients on your unit/ward?" and "Would you recommend your hospital to your friends and family if they needed hospital care?". The Maslach Burnout Inventory (MBI) includes 22 items and is widely used internationally for measuring work-related burnout. (Maslach, Jackson et al. 1996) This version of the MBI was chosen for RN4CAST as it was translated and validated in many languages, and captures three dimensions of burnout: emotional exhaustion, depersonalization, and personal accomplishment (Poghosyan, Aiken et al. 2009). Each MBI dimension is comprised of five to nine questions with seven response alternatives between 0-6.

The respondent was asked to mark how frequently s/he had each feeling in relation to her/his current job in this hospital, with seven response alternatives, ranging from "Never" to "Everyday". A higher score on each scale indicates a more negative rating. The total sum of each dimension was calculated giving the emotional exhaustion scale (9 items) a range of 0-54, the depersonalization scale (5 items) 0-30, and the personal accomplishment scale (8 items) 0-48.

--- Table 1 about here----

The dependent variables were chosen due to their importance for recruiting and maintaining a nursing workforce. We examine the relationship between hospital characteristics, i.e. number of admissions per year (size), population density areas (geographical location), university hospital status, and self-reported nurse outcomes, i.e. assessments of work environment and satisfaction, intention to leave current job, quality of care, and levels of burnout.

. Hospital size was determined by the number of admissions in 2009, and is categorized as follows: Small hospitals are those with <12,000 admissions/year (about 150 beds); medium hospitals >12,000 to 30,000 admissions/year (about 150 to 400 beds); and large hospitals, with > 30,000 admissions/year (> approximately 400 beds). In Sweden, 10 of the 72 acute care hospitals are university hospitals, geographically spread across the country. Geographical location was dichotomized into high density population areas (> 500,000) and less dense areas. The three high-density population areas in Sweden each have more than one hospital in the area.

Analysis

Scale means and proportions were calculated on each sub-group of hospital characteristics. Differences in proportions were analyzed using the Chi2-test, differences in ordinal scale items were analyzed using the Mann-Whitney U-test and differences in ratio scale were tested using the Students T-test.

Linear regression was used to determine effects of hospital characteristics on the selected ratio scale outcome variables (MBI). Ordinal scale items were dichotomized into: dissatisfied versus satisfied, yes versus no, and poor/fair versus good/excellent. These dichotomous outcome variables, and intention to leave, were analyzed using binary logistic regression to determine effects of hospital characteristics.

For each analysis unadjusted bivariate models were first fitted on the data, thereafter an adjusted multivariate model was fitted which controlled for the following: age, gender, education of the RN (baccalaureate degree versus no baccalaureate degree), experience (as RN) in number of years, and whether the RN worked full time or part time. In all regression analyses a mixed model approach was used to correct for the dependency of observations within hospitals.

Normal probability plots and residual analyses were used to control the assumptions in the linear regression. Data were analyzed using SAS 9.3 for Windows.

Results

Sample

The total sample was composed of 11 015 RNs from 72 hospitals. The hospital characteristics are shown in Table 2a.

--Table 2 about here--

The overlap between hospital categories should be recognized; nine of the 10 university hospitals are also classified as large, as are seven of the 10 hospitals in high density.

. University hospitals had a slightly higher proportion of RNs with a baccalaureate degree than non-university hospitals, as was the case for larger hospitals and hospitals in high-density urban regions (see Table 2) compared with others. Forty-one percent of the RNs worked part-time, with the proportion of part-time RNs per hospital varying from 0-65%; a statistically significant difference was found positions with more full-time work among RNs in university (65% vs 56%); and urban (67% vs 56%) hospitals. Medium-sized hospitals had a lower proportion of full-time RNs (53%) compared with both small (57%) and large hospitals (65%) (see Table 2).

--Table 3 about here--

Work satisfaction and work environment

Descriptive statistics of work satisfaction/work environment, intention to leave and quality of care in relation to hospital size, university hospital status and geographical area are shown in Table 1. There was a small but statistically significant difference in work satisfaction, such that RNs working in medium (78% moderately or very satisfied) and large hospitals (77%) reported less satisfaction with their work environment compared to small hospitals (80%), whereas no differences were found by university hospital status and geographical area. The global rating of work environment was somewhat more positive from RNs in small hospitals than in medium and large hospitals; although statistically significant, the differences in responses were relatively small, with 46% of the RNs in small hospitals versus 43% in medium and large hospitals rating work environment as good or excellent. A small but statistically significant difference could also

be seen according to university hospital status, with RNs at university hospitals reporting slightly better work environment (45% answering good or excellent) than others (43%). Seventynine percent of RNs in small hospitals would probably or definitely recommend their workplace to a colleague, compared with 73% in medium and 72% of RNs in large hospitals. This was also the case for 73% of RNs in university hospitals, compared with 75% of those in non-university hospitals, although as noted above, there was overlap between these categories.

Intention to leave

RNs working in small hospitals reported significantly less intention to leave (30%) compared with RNs in medium (33%) and large hospitals (36%). RNs in non-university hospitals reported less intention to leave (33%) than those in university hospitals (36%), and those in low density areas reported less intention to leave (32%) than other RNs (38%). These results may be considered in light of the follow-up question about what type of work would be sought, with a greater proportion of RNs in larger hospitals, university hospitals, and in dense areas reporting preferring a position in another hospital than is the case for other RNs.

Quality of care

RNs working in small hospitals described the quality of nursing care as good or excellent to a significantly higher extent (77%) than did RNs at large hospitals (72%). No differences were found related to university hospital status or population density. Small but statistically significant differences were found by hospital size, where 91% of RNs working on small hospitals would recommend their hospitals compared to 90% at medium and large hospitals. Of the RNs working in university hospitals, 91% would recommend their hospital to friends and family compared to 89% in other hospitals.

Burnout

Descriptive statistics for the three dimensions of the MBI, are shown in Table 4 in relation to hospital size, university hospital status and geographical area.

Overall, differences in scale scores on the dimensions of the MBI according to the studied hospital characteristics varied. There were no significant differences in regards to emotional exhaustion given university hospital status (p=0.697) or population density (p=0.449). There were no significant differences in regards to personal accomplishment and population density (p=0.281). Hospital size was related to mean ratings for emotional exhaustion but had less association to personal accomplishment.

While scores were relatively low across RN responses for depersonalization, mean scores differed significantly between all three hospital size comparisons (view Table 4 for p-values); medium (M=4.3) and larger (M=4.6) hospital RNs rated depersonalization relatively similarly compared to small hospital RNs (M=3.9). There was a statistically significant difference in mean scores in regards to university hospital status (p=.01); university RNs showed higher averages (M=4.5) compared to others (M=4.3), indicating slightly higher levels of depersonalization.

Furthermore, RNs working in hospitals located in high population density areas rated depersonalization higher (M=4.8) compared with RNs in other hospitals (M=4.2), p<0.001. --

TABLE 4 ABOUT HERE--

Predictors of Job Satisfaction, Intention to Leave, Burnout and Quality of Care

Regression models are presented in Table 5. After unadjusted models were fitted to the data, a forward stepwise inclusion of variables was performed with the last model including all

explanatory variables. These were controlled for the RNs' age, gender, experience as RN, level of education, and part-time/full-time work. The interaction of university hospital status and geographic location was tested but as it did not prove significant, it was omitted in the last model.

In the final adjusted models, no relationships were found between either university hospital status or urban/rural setting and RNs' assessments of work satisfaction and work environment. In the adjusted models, a small but statistically significant effect was found for hospital size, in that RNs from smaller hospitals tended to rate their work environment better (OR 1.017, CI 1.001-1.032) and were more likely to recommend the hospital to a colleague (OR 1.025, CI 1.003-1.047).

No statistically significant relationship was found between the hospital characteristics and RNs' intention to leave their present job. However RNs working in urban areas, who did intend to leave, were more likely than colleagues in less dense areas to seek work in another hospital (OR 1.943, CI 1.312-2.877).

RNs working in smaller hospitals rated the quality of nursing care as significantly better than did RNs in larger hospitals (OR 1.015, CI 1.003-1.027).

--Table 5 about here—

Discussion

In this national sample of over 11,000 RNs working with direct in-patient medical-surgical care from all acute care hospitals in Sweden, few relevant associations were found between hospital

characteristics which are not readily susceptible to change and RN self-reports of work environment and satisfaction, intention to leave current job or nursing profession, quality of care, and burnout. While in this large sample some statistically significant differences were found, their relevance remains questionable.

For example, the statistically significant differences found on the MBI were at most 0.7 points on a scale from 0-30 and did not remain statistically significant in the multiple regression analyses. Statistically significant differences were found in the multiple regression analyses related to hospital size, such that RNs in smaller hospitals were more positive about their work environment and quality of nursing care, but these differences were also small. If the statistical results are considered in relation to their implications for hospital size, the hospitals would need to vary in size by approximately 17,000 to 25,000 admissions/year (or 300-350 beds) to reach an odds ratio of 1.5 for a one-scale step difference on a 4-step scale for ranking work environment.

The most potentially relevant difference found in this study involved choice of new job among RNs who did report an intention to leave their workplace during the following year due to dissatisfaction. RNs working in hospitals in high population density areas reported that they would seek work as a RN in another hospital twice as often as was the case for other respondents. This can be seen along with the finding that a significantly higher proportion of RNs in small and medium sized hospitals, as well as those in rural areas, worked part-time than was the case in larger, university, and urban hospitals. It is unclear in these data if this is a matter of individual choice, or represents the only option available. These findings should be considered in light of the possibility to obtain other positions as a hospital RN without relocating, as pointed out by Josephson et al (Josephson, Lindberg et al. 2008) in their study based on data from Swedish nursing staff. Josephson et al also point to the fact that in Sweden, the same factors may

influence job turnover and long-term paid sick leave. Long-term paid sick leave might occur more in situations where the job market does not allow for alternative positions as a hospital RN, although we have no access to such data in our study to control this hypothesis. This hypothesis is also supported by Rondeau et al (Rondeau, Williams et al. 2008), who relate vacancy rates for RNs at hospitals to the ease with which RNs are able to move from one job to another. It is thus likely that this finding strongly relates to Sweden as a largely rural country with long distances between hospitals and with a public, non-competitive labor market for RNs.

We do not mean to imply that structural characteristics are unimportant, but want to emphasize the possibility for constructive change which surmounts possible limitations. Sellgren et al (Sellgren, Kajermo et al. 2009), in a study of Sweden's largest hospital located in a high density population area, found that unit size was a significant factor in actual turnover, with less turnover in units with 25 or fewer employees than in those units with up to 75 employees. In units \geq 75 employees, the turnover rate decreased, which they explained by the sub-division of large units into smaller teams as the primary work unit. This exemplifies just one strategy in which seemingly rigid structural features can be adapted.

There are a number of factors which should however be considered when interpreting these results. This is a national Swedish study with a particular health care system and context; on the other hand, we include all acute care hospitals in the country which eliminates selection bias, and the results appear well in line with other research from different contexts (Lake and Friese 2006; Baernholdt and Mark 2009). There is a high degree of overlap, as previously mentioned, between size and university hospital status, as well as between size and geographic location, although this is considered in the regression models. In this population-based study, this reflects the reality of the Swedish health care system, and may well be relevant even in other settings. Only RNs who

are union members were included in the survey; while this is a limitation, given that over 80% of professionally active RNs are union members in conjunction with the high response rate to the survey, other forms of recruitment might have increased—as well as altered the form of—selection bias.

Conclusions

In this study we conclude that structural factors which are not readily altered, such as size, teaching status, and location in rural or urban settings are not strongly related to RNs' self-reports of outcomes such as burnout, quality of care and job satisfaction, as well as their intent to leave their job. This is an important finding, because structural factors are beyond the control of operational managers, and can often only be changed through fundamental changes to health systems and structures.

Implications for nursing managers

Part of the stimulus for this study was a perception that policymakers and managers tend to express assumptions about the overwhelming importance of structural factors as determinants of these outcomes, rendering action to address problems ineffective. Earlier research has shown that factors such as work environment, staffing organization, and leadership are related to RNs' self-reports of outcomes such as burnout, quality of care and job satisfaction, and their intent to leave, results confirmed by the RN4CAST study (Aiken, Sermeus et al. 2012). Many of these characteristics are associated with so called 'Magnet' hospitals, which are able to attract and retain employees and to deliver high quality care in a positive working environment (Aiken, Smith et al. 1994). These factors are potentially susceptible to change on hospital and department

level (Laschinger, Almost et al. 2003; Stordeur and D'Hoore 2007; Cummings, MacGregor et al. 2010). The results presented here indicate that structural factors less readily susceptible to change are not vital factors in creating a work place with satisfied RNs willing to remain in their jobs.

This empirical study shows that hospital and nursing managers should not regard nursing turnover and job satisfaction as primarily determined by factors outside their control. They can be encouraged that their efforts to improve work environment and quality of care can be effective and false assumptions about the importance of structural factors which are outside their control, which could have a demotivating effect, can be dispelled.

These results do suggest that hospitals in urban areas may face particular challenges. In these environments RNs may have choice of alternative employment and thus having formed an intention to leave may be more likely to act upon it. However, this finding simply illustrates the importance of making constructive changes to the work environment to attract and maintain RN staff in these settings. Active attention to providing a positive work environment is important and potentially beneficial irrespective of the structural constraints within which managers may operate.

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Fig.1 Selection process of respondents

Table 1:

Hospital size						University hosp	pital status		Hospitals	in high pop	oulation den	nsity areas	
Small M Percent Pe	edium L	arge ercent	P-value S vs. M	S vs. L	M vs. L	Yes No Percent Pe	o prcent	P-value	Yes Percent	No	nt	P-value	
(n = 10850)													
4%	4%	5%	0.0104^{a}	0.0006^{a}	0.3639^{a}	5%	4%	0.4956^{a}		4%	4%	0.2875 ^a	
16%	18%	19%				18%	18%			18%	18%		
57%	58%	56%				57%	57%			57%	57%		
23%	20%	21%				21%	21%			20%	21%		
hospital (such as ac	lequacy o	f resource	s, relations w	vith cowor	kers, suppo	rt from supervisor	rs)? (n = 10 82	23)					
16%	17%	18%	0.0265^{a}	0.0273^{a}	0.8909^{a}	16%	18%	0.0387^{a}		17%	17%	0.0970^{a}	
39%	40%	39%				39%	39%			38%	40%		
42%	38%	39%				41%	39%			41%	39%		
4%	5%	4%				4%	4%			4%	4%		
a good place to worl	k? (n = 10	1767)											
3%	4%	4%	$< 0001^{a}$	$<.0001^{a}$	0.8320^{a}	4%	4%	$<.0001^{a}$		4%	4%	0.0607^{a}	
18%	23%	23%				23%	21%			21%	22%		
0%50	54%	0%60				%CC	0%55			0%50	34%		
26%	19%	19%				18%	22%			22%	20%		
next year as a result of	of job diss	atis factio	1? (n = 1083)	2)									
30%	33%	36%	0.0001^{b}	<.0001 ^b	<0001 ^b	36%	33%	0.0004 ^b		38%	32%	$< 0001^{b}$	
70%	67%	64%				64%	67%			62%	68%		
33%	28%	38%	<.0001 ^b	0.0001 ^b	0.0001 ^b	39%	31%	<.0001 ^b		42%	30%	<.0001 ^b	
42%	46%	43%				41%	45%			41%	45%		
0%27	20%	19%				20%	24%			1/%	04.07		
re delivered to patien	ts on you	r unit/war	l? (n = 10 870	5)									
2%	2%	3%	0.0593^{a}	0.0015^{a}	0.1569^{a}	3%	3%	0.6659^{a}		3%	3%	0.7265 ^a	
21%	24%	25%				24%	24%			24%	24%		
65%	62%	60%				61%	62%			60%	62%		
12%	12%	12%				12%	12%			13%	11%		
nily if they needed ho	ospital car	e? (n = 10	752)										
1%	1%	1%	0.0419^{a}	0.5400^{a}	0.0017^{a}	1%	1%	$<.0001^{a}$		2%	1%	0.4235^{a}	
8%	9%	9%				8%	10%			9%	9%		
58%	59%	55%				55%	58%			55%	58%		
33%	30%	34%			1	36%	31%			34%	32%		
	Hospital size Snall M Percent Percent Percent Percent Percent Percent Percent Percent 16% 57% 23% 40% 16% 57% 39% 42% 42% 42% 42% 53% 26% next year as a result next year as a result 18% 53% 26% 18% 53% 18% 53% 12% 18% 58% 58% 58% 58% 58% 58% 58% 5	Hospital size Hospital size Percent	Hospital size Hospital size Small Medium Large Percent Percent Percent 4% 4% 5% 16% 18% 19% 57% 5% 16% 39% 20% 21% 39% 40% 3% 39% 40% 3% 39% 40% 3% 4% 5% 18% 39% 40% 3% 4% 5% 4% 18% 23% 23% 53% 4% 4% 18% 23% 23% 26% 19% 4% 18% 23% 3% 30% 30% 3% 30% 37% 36% 30% 37% 36% 42% 4% 19% 25% 26% 19% 25% 26% 19% 25% 26% 25%	Hospital size Percent Percent S vs. M (n = 10 850) 4% 4% 5% 0.0104 ^a 16% 18% 19% 56% 50% 57% 39% 40% 58% 60% 23% 20% 21% 10% 13% 16% 17% 18% 0.0265 ^a 39% 40% 39% 4% 53% 4% 5% 4% 0.0265 ^a 38% 23% 23% 23% 23% 53% 4% 53% 4% 53% 26% 19% 19% 0.0265 ^a 30% 34% 53% 4% 53% 26% 19% 19% 0.0001 ^b 30% 34% 53% 60001 ^b 33% 28% 38% 60001 ^b 42% 28% 38% 60001 ^b 42% 26% 19% 0.0001 ^b	Hospital size Percent Percent S vs. M	Hospital size Precent Prevent <th <="" colspa="4" prevent<="" td=""><td>Hospital size Persent Persent Persent Persent Nerveit Nerveit</td><td>Hospital size Curiee visit obspital status Curiee visit obspital status S vs. M S vs. M No. N</td><td>Hospital size Triversity log Name Precent Value Precent Value Precent Value Precent Value Value Value Value<td>Hospital size Functional Large Paradia Matrix Sub Procession Sub Processin Sub Procession Sub Processin Sub Procession Sub Pro</td><td>Haypin Jac Frank Frank Frank No No No No Horpital situely to physical situely to physi</td><td>Harpenial increte Perture Turnerisk bespiral issue propulation deriverisk bespiral issue bespiralise deriverisk bespiralise d</td></td></th>	<td>Hospital size Persent Persent Persent Persent Nerveit Nerveit</td> <td>Hospital size Curiee visit obspital status Curiee visit obspital status S vs. M S vs. M No. N</td> <td>Hospital size Triversity log Name Precent Value Precent Value Precent Value Precent Value Value Value Value<td>Hospital size Functional Large Paradia Matrix Sub Procession Sub Processin Sub Procession Sub Processin Sub Procession Sub Pro</td><td>Haypin Jac Frank Frank Frank No No No No Horpital situely to physical situely to physi</td><td>Harpenial increte Perture Turnerisk bespiral issue propulation deriverisk bespiral issue bespiralise deriverisk bespiralise d</td></td>	Hospital size Persent Persent Persent Persent Nerveit	Hospital size Curiee visit obspital status Curiee visit obspital status S vs. M S vs. M No. N	Hospital size Triversity log Name Precent Value Precent Value Precent Value Precent Value Value Value <td>Hospital size Functional Large Paradia Matrix Sub Procession Sub Processin Sub Procession Sub Processin Sub Procession Sub Pro</td> <td>Haypin Jac Frank Frank Frank No No No No Horpital situely to physical situely to physi</td> <td>Harpenial increte Perture Turnerisk bespiral issue propulation deriverisk bespiral issue bespiralise deriverisk bespiralise d</td>	Hospital size Functional Large Paradia Matrix Sub Procession Sub Processin Sub Procession Sub Processin Sub Procession Sub Pro	Haypin Jac Frank Frank Frank No No No No Horpital situely to physical situely to physi	Harpenial increte Perture Turnerisk bespiral issue propulation deriverisk bespiral issue bespiralise deriverisk bespiralise d

Table 2a Hospital characteristics							Thiversity hospit	<u>e</u>	T!	Inenitale in h	viah nont	lation
	Hospital size Small Med	lium Larg	õ				Status Yes No	Ē	. d .	ensity areas (es No	o ugu popu	LAUOI
No. of hospitals No. of respondents Per cent of respondents	39 2 303 21%	19 3 677 33%	14 5 035 46%				10 3 836 35%	62 7 179 65%		11 3 029 27%	61 7 986 73%	
Table 2b - Respondents/nurse characteristics												
	No. of Perc respondents resp	ent of ondents Mea	5								l	I
Gender Male Formale	10 102	94% 6%										
Age Min average age among hospitals Mara voorso and among hospitals			40.2 35.7									
Educational level Baccalaureate degree	6 200	57%										
Not a baccalaureate degree	4 609	43%										
Country of basic educated In Sweden In a Nordic country (except Sweden) Other	10 642 91 151	98% 1% 1%										
Experience As RN (mean in years) Min average years among hospitals Max average years among hospitals			12.1 7.9 23.0									
At present hospital (mean in years) Min average years among hospitals Max average years among hospitals			10.0 5.2 21.6									
Fulltime/part-time Fulltime Part-time	6418 4458	59% 41%										
Tabk 2c - Proportions of respondent's educational leve	and proportion working 1 Hospital size	fulltime/part-t	ime by hosj P-v	pital chara ^{value^a}	icteristic		University hospit status	al	dH	Iospitals in F ensity areas	nigh popu	Ilation
Educational level	Small Med	lium Larg	je Sv	s. M S	vs. L N	d vs. L	Yes No	P-1	⁷ alue ^a Y	les No	P	-value ^a
Baccalaureate degree Not a baccalaureate degree	51% 49%	55% 45%	62% 38%	0.0020	<0.0001	<0.0001	62% 38%	55% 45%	<0.0001	65% 35%	54% 46%	<0.0001
Fulltime/part-time positions Fulltime	57%	53%	65%	0,0031	<0.0001	<0.0001	65%	56%	<0.0001	67%	56%	<0.0001
Part-time	43%	47%	35%				35%	44%		33%	44%	
a Chi-square computation was based only on valid cases; df =2												

Table 2:

Aaslach Bu	rnout Inventory							
	P-value		University hos _j	bital status		Hospitals in high pop	ulation densi	ity areas
ge	Svs. M Svs. L M	1 vs. L	Yes No		P-value	Yes No	P-va	lue
21.2	0.0012 <.0001	0.6060	21.0	20.9	0.6977	21.1	20.9	0.4493
10.3			10.3	10.5		10.3	10.4	
20			20	20		20	20	
356			274	498		228	544	
4.6	0.0007 <.0001	0.0016	4.5	4.3	0.0101	4.8	4.2	<.0001
5.0			4.9	4.7		5.1	4.6	
ω			ω	ω		ω	ω	
160			122	256		100	278	
39.7	0.7039 0.0341	0.0425	39.7	39.9	0.0195	39.9	39.8	0.2819
5.8			5.8	5.8		5.8	5.8	
41			41	41		41	41	
370			280	565		234	611	
,	010			200	COC 002 010	010 002 010		

Table 3:

Table 4:

	Unadjusted (bi 9: Odrk ratio	variate) analysis 5% Confidence Limits	P-value ^d	A djusted ^a (mult 9 O <i>dd</i> s ratio ^c	ivariate) an alysis 5% Confidence I imits	P-valne ^d	Adjusted ^b (mult 99 Onds ratio ^c	tivariate) analysis 5% Confidence I imits	P-value ^d
Work satisfaction/work environment How satisfied are you with your current job in this hos pital? University hospital Yes vs. No Urban area Yes vs. No Size - number of yearly discharges (by increment of 1000)	1.079 0.916 1.006	(0.650 - 1.791) (0.553 - 1.516) (0.995 - 1.017)	0.7680 0.7319 0.2930	0.977 0.759 1.012	(0.491 - 1.944) (0.394 - 1.461) (0.996 - 1.028)	0.9470 0.4092 0.1378	0.998 0.765 1.011	(0.503 - 1.982) (0.398 - 1.470) (0.995 - 1.027)	0.9982 0.4218 0.1724
How would you rate the work environment at your job in this hospital (such as adequae of resources, relations with coworkers, support from supervisors)? University inspital (Yevs, No Size - number of yearly discharges (by increment of 1000)	-y 0.837 0.657 1.004	(0.496 - 1.411) (0.395 - 1.092) (0.993 - 1.015)	0.5040 0.1049 0.5021	0.786 0.557 1.017	(0.400 - 1.544) (0.295 - 1.051) (1.002 - 1.032)	0.4841 0.0710 0.0284	0.791 0.557 1.017	(0.403 - 1.552) (0.295 - 1.051) (1.001 - 1.032)	0.4957 0.0698 0.0317
Would you recommend you rhospital to a nurse colleag ue as a good place to work? University hospital Yes vs. No Urban area Yes vs. No Size - number of yearly discharges (by increment of 1000)	1.173 0.696 1.011	(0.570 - 2.410) (0.341 - 1.421) (0.996 - 1.026)	0.6650 0.3194 0.1681	1.033 0.426 1.025	(0.394 - 2.707) (0.170 - 1.069) (1.003 - 1.048)	0.9468 0.0691 0.0240	1.028 0.431 1.025	(0.391 - 2.702) (0.172 - 1.084) (1.003 - 1.047)	0.9536 0.0741 0.0283
Intention to leave If possible, would you leave your current hospital within the next year as a result of job dissatisfaction? University hospital Yes vs. No Urban area Yes vs. No	1.152	(0.759 - 1.748) (0.729 - 1.670)	0.5059	1.045	(0.590 - 1.852) (0.581 - 1.730)	0.8801	1.076	(0.613 - 1.890) (0.587 - 1.721)	0.3005 0.9812
you seek? Nursing in another hospital University hospital Yes vs. No Urban area Yes vs. No Size - number of yearly discharges (by increment of 1000)	1.337 1.773 1.004	(0.996 - 1.794) (1.353 - 2.324) (0.998 - 1.011)	0.0534 <.0001 0.2047	1.144 2.098 0.990	(0.767 - 1.706) (1.402 - 3.138) (0.980 - 1.000)	0.5102 0.0003 0.0450	1.196 1.943 0.991	(0.811 - 1.761) (1.312 - 2.877) (0.981 - 1.000)	0.3624 0.0009 0.0495
Non-nursing University hospital Yes vs. No Urban area't Yes vs. No Size - number of yearly discharges (by increment of 1000)	0.857 0.624 0.991	(0.613 - 1.198) (0.451 - 0.862) (0.984 - 0.997)	0.3666 0.0043 0.0058	1.280 0.756 0.992	(0.843 - 1.944) (0.494 - 1.157) (0.982 - 1.002)	0.2458 0.1970 0.1127	1.175 0.773 0.993	(0.791 - 1.748) (0.515 - 1.160) (0.984 - 1.002)	0.4256 0.2129 0.1411
Quality of care Onality of care In general. how would you describe the quality of nursing care delivered to patients on your unit/ward? University hospital Yes vs. No Urban area Yes vs. No Size - number of yearly discharges (by increment of 1000)	1.089 0.979 1.008	(0.751 - 1.579) (0.674 - 1.423) (1.000 - 1.016)	0.6523 0.9116 0.0520	0.866 0.736 1.015	(0.524 - 1.432) (0.454 - 1.193) (1.003 - 1.027)	0.5754 0.2137 0.0120	0.887 0.715 1.015	(0.539 - 1.457) (0.443 - 1.155) (1.003 - 1.027)	0.6325 0.1701 0.0121
Would you recommend your hospital to your friends and family if they needed hospital care? care? University hospital Yes vs. No	0.763	(0.416 - 1.401)	0.3829	0.579	(0.249 - 1.346)	0.2042	0.577	(0.250 - 1.336)	0.2081
Vuoni ausei esi sis voo Size - number of yearly discharges (by increment of 1000) Maslach Burnout Inventory	1.003	(0.300 - 1.979) (0.990 - 1.016)	0.7047	1.009	(0.304 - 2.791) (0.990 - 1.029)	0.3382	1.010	(0,333 - 2,734) (0,991 - 1,029)	0.3231
Masiach Burnout Inventory	9: Estimate	5% Confidence Limits	P-value ^d	9. Estimate	5% Confidence Limits	P-value ^d	9: Estimate	5% Confidence Limits	P-value ^d
Envotional Echaustion. scale 0-54 (9 Items) University Juoguini Yeev x. No Urban area Yee xv. No Size - number of yearly discharges (by increment of 1000)	0.237 -0.057 0.027	(-1.566 - 2.040) (-1.855 - 1.741) (-0.011 - 0.065)	0.7965 0.9504 0.1677	-1.471 -1.914 0.043	(-4.394 - 1.452) (-4.705 - 0.878) (-0.012 - 0.098)	0.6724 0.4095 0.1231	-1.471 -1.977 0.044	(-4.328 - 1.386) (-4.719 - 0.765) (-0.010 - 0.098)	0.6778 0.3798 0.1112
Depersonalization. scale 0-30. (5 Items) University itospital Yes vs. No Urban area Yes vs. No Size - number of yearly discharges (by increment of 1000)	0.286 0.666 0.016	(-0.173 - 0.745) (0.228 - 1.104) (0.007 - 0.025)	0.2218 0.0029 0.0006	-0.367 0.462 0.011	(-0.991 - 0.256) (-0.226 - 1.151) (-0.002 - 0.024)	0.0604 0.2482 0.1059	-0.327 0.406 0.012	(-0.957 - 0.303) (-0.295 - 1.106) (-0.001 - 0.026)	0.0831 0.3633 0.0726
Personal Accomplishment. scale 0-48, (8 Item) University hospital Yes vs. No Urban area Yes vs. No Size - number of yearby discharges (by increment of 1000)	-0.322 -0.146	(-0.726 - 0.082) (-0.290 - 0.581) (-0.014 - 0.004)	0.1182 0.5121 0.2675	-0.261 0.698	(-0.899 - 0.376) (-0.051 - 1.447) (-0.021 - 0.007)	0.2401 0.0308 0.3534	-0.323 0.557 -0.007	(-0.979 - 0.332) (-0.214 - 1.327) (-0.022 - 0.007)	0.2449 0.0702 0.3149
^a Models controlled for age and sex ^b Models controlled for sex education(Bacc/ not Bacc.) experience(as RN) and fulltime/partitie ^c Effects of continuous vaniables are assessed as one unit offsets from the mean. ^d Test rType III Tests of Frazed Effects	me.								

Table 4 Analysis of outcome variables

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