

Downloaded from http://mnras.oxfordjournals.org/ at University of Southampton on September 25, 2014

INTEGRAL and XMM-Newton observations of IGR J16418-4532: evidence of accretion regime transitions in a supergiant fast X-ray transient

S. P. Drave, ¹* A. J. Bird, ¹ L. Sidoli, ² V. Sguera, ³ V. A. McBride, ^{4,5} A. B. Hill, ^{1,6} A. Bazzano ⁷ and M. E. Goossens ¹

Accepted 2013 April 27. Received 2013 April 26; in original form 2013 February 19

ABSTRACT

We report on combined INTEGRAL and XMM-Newton observations of the supergiant fast X-ray transient (SFXT) IGR J16418-4532. The observations targeted the X-ray eclipse region of IGR J16418-4532's orbit with continuous *INTEGRAL* observations across \sim 25 per cent of orbital phase and two quasi-simultaneous XMM-Newton observations of length 20 and 14 ks, occurring during and just after the eclipse, respectively. An enhanced INTEGRAL emission history is provided with 19 previously unreported outbursts identified in the archival 18-60 keV data set. The XMM-Newton eclipse observation showed prominent Fe emission and a flux of $2.8 \times 10^{-13} \text{ erg cm}^{-2} \text{ s}^{-1}$ (0.5–10 keV). Through the comparison of the detected eclipse and post-eclipse flux, the supergiant mass-loss rate through the stellar wind was determined as $\dot{M}_{\rm w} = 2.3 - 3.8 \times 10^{-7} {\rm M}_{\odot} {\rm yr}^{-1}$. The post-eclipse XMM-Newton observation showed a dynamic flux evolution with signatures of the X-ray pulsation, a period of flaring activity, structured $n_{\rm H}$ variations and the first ever detection of an X-ray intensity dip, or 'off-state', in a pulsating SFXT. Consideration is given to the origin of the X-ray dip, and we conclude that the most applicable of the current theories of X-ray dip generation is that of a transition between Compton-cooling-dominated and radiative-cooling-dominated subsonic accretion regimes within the 'quasi-spherical' model of wind accretion. Under this interpretation, which requires additional confirmation, the neutron star in IGR J16418-4532 possesses a magnetic field of $\sim 10^{14}$ G, providing tentative observational evidence of a highly magnetized neutron star in a SFXT for the first time. The implications of these results on the nature of IGR J16418-4532 itself and the wider SFXT class are discussed.

Key words: accretion, accretion discs – stars: winds, outflows – X-rays: binaries – X-rays: individual: IGR J16418–4532.

1 INTRODUCTION

Supergiant fast X-ray transients (SFXTs) are a subclass of supergiant high-mass X-ray binaries (HMXBs) that display extreme flaring behaviour on short (~hour) time-scales (Sguera et al. 2005). They also display an X-ray dynamic range in excess of that possessed by classical supergiant X-ray binaries (~10–20, Sg-

XRBs), reaching 10^4 – 10^5 in the most extreme systems such as IGR J17544–2619 (Rampy, Smith & Negueruela 2009) whilst only reaching about 10^2 in the so-called intermediate SFXTs, such as IGR J16465–4514 (Clark et al. 2010). Due to the supergiant nature of their companion stars (Negueruela et al. 2006), SFXTs are located along the Galactic plane where there are currently 10 spectroscopically confirmed systems (Sidoli 2011), as well as a similar number of candidate SFXTs that show the required X-ray flaring behaviour but, as yet, do not have a spectroscopically confirmed supergiant counterpart.

¹School of Physics and Astronomy, Faculty of Physical Sciences and Engineering, University of Southampton, University Road, Southampton SO17 1BJ, UK

²INAF-IASF, Istituto di Astrofisica Spaziale e Fisica Cosmica, Via E. Bassini 15, I-20133 Milano, Italy

³INAF-IASF, Istituto di Astrofisica Spaziale e Fisica Cosmica, Via Gobetti 101, I-40129 Bologna, Italy

⁴Department of Astronomy, Astrophysics, Cosmology and Gravity Centre, University of Cape Town, Private Bag X3 Rondebosch 7701, South Africa

⁵South African Astronomical Observatory, PO Box 9, Observatory 7935, South Africa

⁶W. W. Hansen Experimental Physics Laboratory, Kavil Institute for Particle Astrophysics and Cosmology, Department of Physics, and SLAC National Accelerator Laboratory, Stanford University, Stanford, CA 94305, USA

⁷IAPS-INAF, Istituto di Astrofisica Spaziale e Fisica Cosmica, Via del Fosso del Cavaliere 100, I-00133 Roma, Italy

^{*}E-mail: sd805@soton.ac.uk

IGR J16418-4532 was first detected by INTEGRAL during observations of the transient black hole system 4U 1630-47 (Tomsick et al. 2004) and proposed as a member of the SFXT class by Sguera et al. (2006) after the identification of short-duration outbursts from the system. XMM–Newton observations reported by Walter et al. (2006) identified a neutron star (NS) pulse period of 1246 ± 100 s (later refined to 1212 ± 6 s by Sidoli et al. 2012) along with a high ($\sim 10^{23} \, \text{cm}^{-2}$) absorption intrinsic to the system. The source was also localized to arcsecond accuracy and the IR counterpart proposed as 2MASS J16415078-4532253, which was later confirmed by Romano et al. (2012) through a Swift/XRT source localization of RA, Dec. (J2000) = $16^{h}41^{m}50.65$, $-45^{\circ}32'27.3$ with an uncertainty of 1.9 arcsec (90 per cent confidence). Corbet et al. (2006) identified a short, eclipsing orbit of 3.7389 \pm 0.0004 and 3.753 ± 0.004 d in the system using RXTE/ASM and Swift/BAT data sets, respectively1 [this determination was recently improved to 3.738 86 \pm 0.000 28 d using RXTE/ASM data over an \sim 14 yr baseline (Levine et al. 2011)]. Combining the orbital and pulse periods places IGR J16418-4532 in the wind-fed Sg-XRB region of the Corbet diagram (Corbet 1986). Chaty et al. (2008) performed NIR photometry on the IR counterpart of IGR J16418-4532 and, using SED fitting, determined a stellar temperature of 32 800 K suggesting that the companion is of spectral type OB. Along with the location of IGR J16418-4532 in the Corbet diagram, the SED results confirmed the HMXB nature of this system and implied a minimum distance of ~13 kpc when assuming a supergiant companion. The supergiant nature of the companion was recently confirmed by Coleiro et al. (private communication) who classified the companion as a BN0.5Ia nitrogen-rich supergiant, thus confirming that IGR J16418-4532 as an intermediate SFXT.

The maximal X-ray dynamic range observed in IGR J16418-4532, greater than 10² in the soft X-ray regime (Romano et al. 2012; Sidoli et al. 2012), is in excess of that observed from classical, wind-fed Sg-XRBs with comparable orbital parameters. Through modelling the flare-luminosity distribution observed during an intensive Swift/XRT monitoring campaign of IGR J16418-4532, Romano et al. (2012) concluded that the enhanced level of variability in this system could be described by the NS accreting stellar wind clumps in the mass range 10^{16} – 10^{21} g embedded in a highly structured wind with a terminal velocity between 800 and $1300 \, \mathrm{km \ s^{-1}}$ [using the Ducci et al. (2009) formulation of the 'clumpy wind' scenario of SFXT outbursts (in't Zand 2005; Walter & Zurita Heras 2007)]. However, using a 40 ks XMM-Newton observation in 2011, Sidoli et al. (2012) argue that the observed X-ray variability, orbital dynamics and quasi-periodic flaring activity are indicative of the NS accreting in a regime that is transitional between pure wind accretion and full Roche lobe overflow (RLO). It is argued that such a 'transitional Roche lobe overflow (TRLO)' regime could be the dominant source of the observed X-ray variability in SFXTs with short orbital periods.

In this work, we present new quasi-simultaneous, orbital-phase-targeted *INTEGRAL* and *XMM-Newton* observations, along with an archival *INTEGRAL* study, of IGR J16418–4532. In Section 2, we outline the data sets, analysis and results from both the archival and new *INTEGRAL* observations. Section 3 presents the analysis of, and results from, the new *XMM-Newton* data set. These results are then discussed in Section 4.4 and final conclusions drawn in Section 5.

2 INTEGRAL DATA ANALYSIS AND RESULTS

The archival data set from *INTEGRAL/IBIS* (Ubertini et al. 2003; Winkler et al. 2003) consisted of all observations of IGR J16418–4532 spanning 2003 January 11 through 2010 September 30 providing a total exposure of ~10 Ms. All observations were processed with version 9 of the *INTEGRAL* Offline Science Analysis (osa) software (Goldwurm et al. 2003), and images were created in the 18–60 keV energy range for each science window (ScW; individual *INTEGRAL* exposures of nominal length 2000 s). An 18–60 keV light curve was generated by extracting count rates and errors from each image at the best determined X-ray position of IGR J16418–4532. Our new *INTEGRAL* observations were performed between UTC 09:57:33 2012-09-01 and 09:00:29 2012-09-02 for a total exposure of ~78 ks. Images were again generated in the 18–60 keV band and a light curve extracted following the same procedures outlined for the archival data.

The light curve was tested for periodicities by constructing a Lomb-Scargle periodogram (Lomb 1976; Scargle 1982) and the peak period was identified as 3.74 d. The uncertainty on the peak was derived via a Monte Carlo-based randomization test whereby the count rate of each point in the light curve is randomly varied within its error bar using a Gaussian probability distribution. A periodogram is then generated for the altered light curve and the strongest period recorded. This process is repeated 50 000 times and the resulting distribution of peak periods fitted with a Gaussian curve, the width of which is taken as the 1σ error on the identified periodicity. The periodicity identified in the archival data set is therefore 3.7399 ± 0.0003 d. This value is consistent, within 2σ , with the orbital period of 3.738 86 \pm 0.000 28 d reported by Levine et al. (2011), which was identified in an RXTE/ASM data set spanning 14 years. As the Levine et al. (2011) determination has a slightly better constraint and originates from a longer data set, it is this value of the orbital period that will be used for the remainder of this work. Additionally to maintain consistency with previous works, the zero phase ephemeris of MJD 535 60.200 (Corbet et al. 2006) will be used throughout.

Fig. 1 shows the archival 18-60 keV IBIS light curve folded on the 3.738 86 d orbital period and scaled by a factor of 10 for

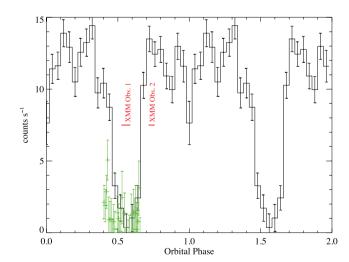


Figure 1. Archival *INTEGRAL/*IBIS 18 $-60 \, \text{keV}$ light curve (scaled by a factor of 10) folded on $P_{\text{orb}} = 3.738 \, 86 \, \text{d}$ with the zero phase ephemeris MJD 535 60.20. The new IBIS observations are shown by the green points and the phase locations of the *XMM-Newton* observations are shown in red. A colour version of this figure is available in the online version.

¹ The statistical discrepancy in these two values is likely due to an underestimate of either one or both uncertainties.

illustrative purposes. Additionally, the 18–60 keV ScW light curve of the new *INTEGRAL* observations is overplotted in green and the orbital phase locations of the *XMM-Newton* observations are shown in red (see below for further details). The orbital profile is dominated by the deep eclipse that spans \sim 0.2 of the phase space between $\phi=0.45$ and 0.65, corresponding to a duration of \sim 0.75 d, and is consistent with the NS being fully eclipsed. Outside of the eclipse, the orbital profile is consistent with a constant flux at an unscaled IBIS count rate of \sim 1.2 counts s⁻¹, corresponding to a flux of 7 mCrab in the 18–60 keV band, showing that the eclipse is the driving factor in the observed periodicity.

The archival 18-60 keV light curve was also searched for outbursts by systematically identifying regions of the light curve with a high local significance in windows of 0.02-3.0 d (~half an hour to the majority of one orbit). Due to the coded aperture nature of IBIS and the deconvolution method of image reconstruction, light curves of transient sources contain a high amount of systematic noise that is symmetric about zero during times of non-detection. To guard against false outburst detections resulting from the large number of trials incurred by this method of outburst identification, the count rates in the light curve are inverted about zero and the same identification procedure is performed. The maximum significance detected in the inverted light curve, which is a false positive by definition, is then taken as the cut-off point below which the local significances cannot be safely distinguished from random statistical variations present in the light curve. Applying this cutoff to the original set of excesses produced 35 distinct outburst events within the archival light curve down to a minimal significance of 4.48σ and with durations in the range $\sim 0.02-1.3$ d. 16 of the 35 detected outbursts have already been reported in previous works (see Sguera et al. 2006; Ducci, Sidoli & Paizis 2010) while the remaining 19 are new detections, the main properties of which are reported in Table 1.

The total duration of these outbursts places the active duty cycle of IGR J16418–4532 at 6.14 per cent. This figure is somewhat higher than that derived from the results of Ducci et al. (2010) which give a

duty cycle of ~ 1.3 per cent. Whilst the analyses were performed on data from different energy bands [18-60 keV here and 20-40 keV in Ducci et al. (2010)] and on data sets of different total exposures, it is likely that the difference in the methods used to identify outbursts in each work is the main cause of this disparity. Ducci et al. (2010) consider only the ScWs in which IGR J16418-4532 was detected at a significance of $>5\sigma$ from which to define outbursts, whereas here we consider all ScWs in our searches and model the outburst significance cutoff to apply as described above. Under this method an outburst search becomes sensitive to a population of longer, fainter outbursts which are below the formal detection threshold for a known source in a single ScW (i.e. 5σ) but sum to a significant detection when the multiple ScWs of an outburst are combined. The extent to which the size of the increase in the active duty cycle observed for IGR J16418-4532 is specific to this source or represents a more global phenomenon however requires further investigation. Fig. 2 shows the distribution, in orbital phase, of the peak emission from each identified outburst. It can be seen that, apart from the eclipse region where no outbursts are detected, there is no coherent structure in the outburst distribution which is consistent with the phase-folded light curve (Fig. 1). This implies that outbursts are equally likely to occur at any point in the orbital phase.

The new *INTEGRAL* observations were constrained in orbital phase to cover the eclipse region of IGR J16418–4532's orbit, covering $\phi=0.403$ through 0.655 using the above ephemeris. The light curve is shown by the green points in Fig. 1, and it can be seen to cover the eclipse ingress and fully eclipsed region but ends just before the egress. IGR J16418–4532 shows a low, but rising level of activity in the first four ScWs before the eclipse which is then cutoff sharply in the fifth ScW at an orbital phase consistent with the eclipse ingress. The source is not detected during the subsequent ScWs performed during the eclipse. A mosaic image of the first five ScWs was produced in which IGR J16418–4532 was detected at a significance of 6.1σ . A spectrum was extracted from these ScWs and

Table 1. Newly discovered outbursts of IGR J16418–4532 in the archival *INTEGRAL/IBIS* data set. The orbital phase given relates to the ScW with the maximal count rate in each event. The peak flux is that of the same ScW in the 18–60 keV band, calculated assuming a power-law spectrum with $\Gamma=2.2$ as observed in the activity at the start of the new *INTEGRAL/IBIS* data set.

Significance	Start MJD	End MJD	Duration (h)	Orbital phase ϕ	Peak flux (erg cm ⁻² s ⁻¹)
6.3	526 51.96	526 52.21	5.8	0.14	$2.3 \times 10^{-9}*$
11.8	527 02.81	527 03.61	19.4	0.71	2.2×10^{-10}
7.0	527 11.66	527 12.08	10.3	0.12	2.8×10^{-10}
7.3	527 23.58	527 24.23	15.6	0.37	1.7×10^{-9} *
7.3	529 14.12	529 14.59	11.3	0.29	4.8×10^{-10}
4.6	531 07.99	531 08.54	13.2	0.05	2.1×10^{-9} *
7.1	534 30.09	534 30.16	1.7	0.21	2.5×10^{-10}
6.6	534 30.35	534 30.38	0.7	0.27	2.7×10^{-10}
5.2	534 55.90	534 55.91	0.2	0.10	3.1×10^{-10}
8.3	548 61.75	548 61.81	1.7	0.13	4.6×10^{-10}
7.2	548 68.76	548 68.83	1.7	0.99	5.4×10^{-10}
5.7	551 04.88	551 04.92	1.2	0.15	3.2×10^{-10}
4.5	552 39.69	552 39.72	0.5	0.20	5.8×10^{-10}
6.6	552 45.33	552 45.71	9.1	0.72	2.5×10^{-10}
5.6	552 57.83	552 57.91	1.9	0.07	2.8×10^{-10}
8.6	552 60.43	552 61.11	16.3	0.77	2.2×10^{-10}
6.2	552 87.64	552 87.66	0.5	0.03	5.1×10^{-10}
5.9	553 01.46	553 01.60	3.1	0.73	2.7×10^{-10}
5.9	554 29.87	554 30.02	3.6	0.07	2.1×10^{-10}

Note. Fluxes denoted by an * are likely overestimates of the source flux due to large statistical uncertainties in the detected count rate.

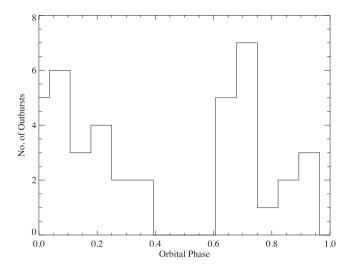


Figure 2. Orbital phase distribution of the archival IGR J16418–4532 outbursts using the ephemeris $P_{\text{orb}} = 3.738~86$ d and a zero phase of MJD 535 60.20.

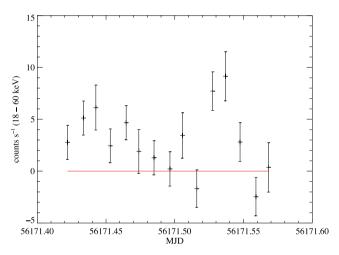


Figure 3. 1000 s binned 18–60 keV light curve of the low-level activity observed during the first five ScWs of the recent *INTEGRAL*/IBIS observations.

fitted with a power law in XSPEC version 12.7.1 (Arnaud 1996) with $\Gamma=2.2^{+1.1}_{-0.7}$ and $\hat{\chi}^2=1.08$ (6 d.o.f.). The corresponding 18–60 keV flux was 1.4×10^{-10} erg cm $^{-2}$ s $^{-1}$. A higher time resolution light curve with 1000 s bins was also extracted from these ScWs. This light curve is shown in Fig. 3 and it again shows a low level of activity, followed by an increase in flux at MJD 561 71.53 which then rapidly drops again. The peak emission occurs at MJD 561 71.537 \pm 0.0058, relating to an orbital phase of $\phi=0.431$. Whilst it is possible that the flux variation could be due to X-ray flaring, the decrease in flux could also be resulting from eclipse ingress which would place a limit on the ingress time of \sim 2000 s ($\Delta\phi=0.006$) and provides an accurate eclipse ingress ephemeride. Unfortunately, the signal-to-noise was insufficient to probe this emission at higher time resolutions.

IGR J16418–4532 was not detected in the soft $3-10 \,\mathrm{keV}$ X-ray band by the JEM-X instrument (Lund et al. 2003) aboard *INTEGRAL* during these recent observations. The 3σ upper limit derived from the mosaic images of both JEM-X units for an exposure time of 14.5 ks, the majority of which occurred whilst IGR J16418–4532 was in eclipse, is 3.4 mCrab (3–10 keV).

3 XMM-NEWTON DATA ANALYSIS AND RESULTS

Two separate *XMM-Newton/EPIC* (Jansen et al. 2001; Strüder et al. 2001; Turner et al. 2001) observations were performed quasisimultaneously with *INTEGRAL* to achieve sensitive soft X-ray coverage over a wider region of orbital phase. The first observation was performed between UTC 21:12:25 2012-09-01 and 02:53:22 2012-09-02 for an exposure of ~20 ks. This observation covered the orbital phase range $\phi = 0.525-0.587$ and occurred whilst the NS was fully eclipsed by the supergiant. The second observation was performed after the NS had egressed from the eclipse, between UTC 14:16:33 and 19:12:03 2012-09-02, for an exposure of ~14 ks and covered the orbital phase range $\phi = 0.715-0.758$. The phase location of these observations is shown in Fig. 1. In both observations the EPIC-MOS and EPIC-pn detectors were operating in large window mode.

Data from both the EPIC-MOS and EPIC-pn detectors were analysed from each observation using SAS v12.0.1 (Gabriel et al. 2004) and the most recent instrument calibration files. The data sets were checked for regions of high particle background following the method outlined in the XMM-Newton SAS data analysis threads² with no regions of high particle background identified in either the MOS or pn 10-12 keV light curves using cutoffs of 0.35 and 0.4 counts s⁻¹, respectively. The EREGIONANALYSE tool was used to define the optimal extraction region for all light-curve and spectral generation procedures (note: all subsequent references to optimal extraction regions were defined using this method). The data sets were evaluated for the presence of photon pile-up using the EPATPLOT tool and by comparing the shape of spectra extracted from both circular and annular extraction regions. The observations were found to be unaffected by pile-up apart from the final few ks of the second data set, during which the shape of the extracted spectra was observed to vary slightly when circular and annular extraction regions were used. As such the standard annular extraction region method was utilized to remove the effects of pile-up from the extracted X-ray spectra during these times. The specific extraction region shapes and sizes used for both data sets are outlined in Sections 3.1 and 3.2. All spectra reported in this work were extracted following the standard procedures, and the SAS tools RMFGEN and ARFGEN were used to extract the necessary response files for each spectrum. Spectra were again fitted using XSPEC version 12.7.1 with uncertainties quoted at the 90 per cent confidence level throughout and the elemental abundances set to those of Wilms, Allen & McCray (2000). Due to the very different nature of the detected emission in the two observations, the detailed analysis of each is reported separately in Sections 3.1 and 3.2 below.

3.1 Mid-eclipse observation

Emission from IGR J16418–4532 was detected at a low level in the mid-eclipse observation (MEO) which, given its location in orbital phase, is assumed to originate from reprocessing of the NS X-ray flux by the stellar wind of the supergiant. There was insufficient signal to produce meaningful light curves and spectra in the MOS detectors so they will not be considered further. Similarly in the pn detector, only a low-signal-to-noise light curve could be extracted in a broad (0.2–10 keV) energy band. The light curve did not provide any detailed temporal information; however, a spectrum was accumulated from the full exposure of the pn detector using an optimal circular extraction region of radius 14 arcsec. The

² http://xmm.esac.esa.int/sas/current/documentation/threads/

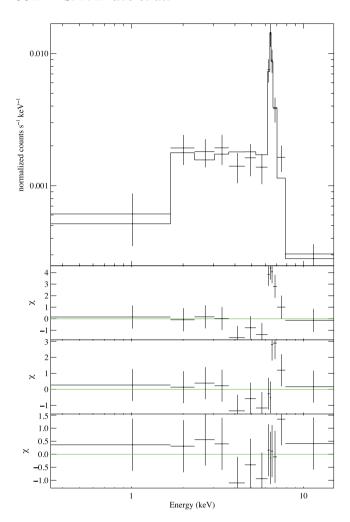


Figure 4. Top panel: EPIC-pn best-fitting spectrum of IGR J16418–4532 during the MEO. The spectrum is best fitted with an absorbed power law with two intrinsically narrow Gaussian emission lines at energies of $6.40^{+0.03}_{-0.04}$ and $6.65^{+0.06}_{-0.05}$ keV, respectively. Lower panels: the three lower panels show the residuals of the fit when using an absorbed power law, an absorbed power law with one intrinsically narrow Gaussian and the best-fitting absorbed power law with two intrinsically narrow Gaussians.

background-subtracted pn spectrum of the MEO, binned to a minimum of 25 counts per bin, is shown in the top panel of Fig. 4. It can be seen that the spectrum has a flat shape with a large emission feature consistent with a $6.4\,\mathrm{keV}$ iron-K α line.

To further characterize the spectral shape of the pn spectrum, it was first fitted with a simple absorbed power-law continuum with an additional Gaussian component [PHABS(POWERLAW + GAUSSIAN) in XSPEC]. The absorption was fixed to the Galactic value in the direction of IGR J16418-4532, $1.88 \times 10^{22} \,\mathrm{cm}^{-2}$ (Dickey & Lockman 1990), as in this observation the power law is simply parametrizing a more complicated reprocessing mechanism and is unlikely to be describing the intrinsic, locally absorbed continuum emission. The power-law index, Gaussian line energy and line width were left as free parameters. The spectrum was well fitted by this model with $\hat{\chi}^2 = 1.02$ (8 d.o.f.); however, the Gaussian line width $\sigma_E = 0.15 \text{ keV}$ (equivalent width, EW = 3.1 keV) corresponds to an electron plasma temperature of $\sim 3 \times 10^6$ K which is well in excess of that expected for a supergiant atmosphere. This unphysical fit is likely resulting from the low signal-to-noise and coarsely sampled spectrum combined with the possible influence of

Table 2. IGR J16418–4532 MEO best-fitting EPIC-pn spectral parameters and uncertainties. The spectrum was fitted using the model PHABS(POWERLAW + GAUSS + GAUSS) with $n_{\rm H}$ fixed and $\hat{\chi}^2 = 0.72$ (7 d.o.f.). The flux is quoted in the 0.5–10 keV band.

Parameter	Value	Unit
n_{H}	1.88×10^{22}	cm ⁻²
Γ	$0.29^{+0.3}_{-0.3}$	
E ₁ centroid	$6.40^{+0.03}_{-0.04}$	keV
$E_1 \; EW$	$0.63^{+0.28}_{-0.16}$	keV
E ₁ intensity	4.9×10^{-6}	$\rm ph cm^{-2} s^{-1}$
E ₂ centroid	$6.65^{+0.06}_{-0.05}$	keV
E_2 EW	$0.33^{+0.17}_{-0.15}$	keV
E ₂ intensity	3.3×10^{-6}	${\rm ph}{\rm cm}^{-2}{\rm s}^{-1}$
Flux	$(2.80^{+0.34}_{-0.42}) \times 10^{-13}$	${\rm erg}{\rm cm}^{-2}{\rm s}^{-1}$

the 7.1 keV iron absorption edge located within the emission line region of the spectrum.

To obtain a more physical characterization of the iron line profile, the width of the Gaussian line was fixed at 0 such that the line is intrinsically narrow and broadened only by the EPIC-pn response. Using a single Gaussian with the centroid energy as a free parameter provided a poor fit to the data $[\hat{\chi}^2 = 2.04 \text{ (9 d.o.f.)}]$ with large residuals in the region of the emission line. A second intrinsically narrow Gaussian was added at higher energy to account for emission from ionized iron and the spectrum fitted with the centroid energy left as a free parameter. The resulting fit was of good quality with $\hat{\chi}^2 = 0.72 \text{ (7 d.o.f.)}$ and the line centroid energies $E_1 = 6.40^{+0.03}_{-0.04}$ and $E_2 = 6.65^{+0.06}_{-0.05}$ keV, consistent with both neutral 6.4 keV and ionized 6.67 keV Fe-K α emission. The EWs of the 6.40 and 6.65 keV lines were 0.63 and 0.33 keV, respectively, showing that the neutral emission is approximately twice the strength of the ionized emission. The 0.5–10 keV detected flux was $(2.80^{+0.34}_{-0.42}) \times 10^{-13}$ erg cm⁻² s⁻¹. The best-fitting parameters resulting from this model are outlined in full in Table 2 with the best-fitting model and residuals shown in Fig. 4, where the lower panels illustrate the improvement in the residuals as the Gaussian lines are added to the model.

3.2 Post-eclipse observation

During the post-eclipse observation (PEO) IGR J16418-4532 was detected with good signal-to-noise. Fig. 5 shows the 0.2-10 keV EPIC-MOS1 (black) and MOS2 (red) light curves, extracted from optimally defined circular regions of radius 97 and 98 arcsec, respectively, with time binning of $100 \, \text{s.} \, T_{\text{zero}}$ is defined as the first time stamp in the MOS1 light curve and takes the value $T_{\rm zero} = {\rm MJD} 561 72.596$. The light curves reveal a range of activity including a steady emission at ~ 2 counts s⁻¹, a rapid 'dipping' feature between $t \sim 800$ and 2500 s and flaring behaviour at times of $t > 10\,000\,\mathrm{s}$. There is also activity on short, hundreds of seconds time-scales throughout the exposure, some of which may be due to the \sim 1200 s pulse period. This activity was also observed in the EPIC-pn detector, the 100 s binned light curve of which is shown in the top panel of Fig. 6. The pn light curve was extracted from an optimal circular region of radius 68 arcsec. Due to additional observational overheads, the pn detector did not start exposing until $t = 1700 \,\mathrm{s}$, resulting in a lack of coverage during the majority of the 'dip' region observed by the MOS detectors. To account for the effects of pile-up at times greater than $t = 10~000 \,\mathrm{s}$, annular

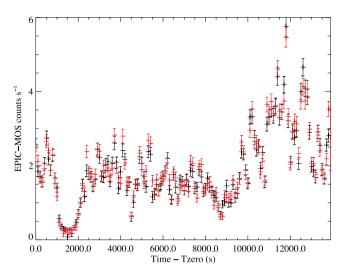
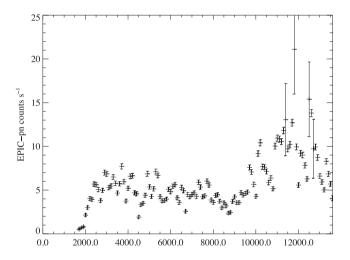


Figure 5. EPIC-MOS1 (black) and MOS2 (red in online version) 100 s binned light curve of IGR J16418–4514 in the 0.2–10 keV band.



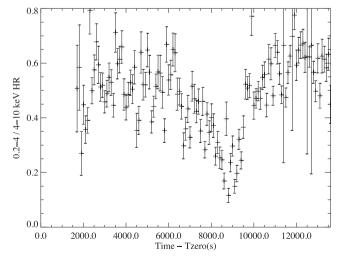


Figure 6. Top: EPIC-pn 100 s binned light curve of IGR J16418–4532 in the 0.2–10 keV band. Bottom: EPIC-pn 0.2–4/4–10 keV hardness ratio light curve at the same resolution where lower values indicate a hardening of the detected flux.

extraction regions with inner radii of 7.5 and 10 arcsec for the MOS and pn detectors, respectively, were used to extract all data products.

The maximal dynamic range inferred from the 100s binned broad-band 0.2-10 keV light curves is 75 (MOS1) indicating a large variation in the flux detected during the relatively short exposure. 100s binned light curves were also extracted in restricted 0.2-4 and 4-10 keV energy bands and the 0.2-4/4-10 keV hardness ratio (HR) calculated for each detector. The EPIC-pn HR is shown in the lower panel of Fig. 6, and it is seen to be composed of features on varying time-scales. The most striking feature is the systematic hardening of the detected emission between t = 6000 and 10 000 s and the strong correlation between the HR and detected source flux minima. The end of this hardening is also temporally coincident with the onset of the flaring behaviour observed from $t = 10 000 \,\mathrm{s}$ onwards. Variation is also observed on time-scales of a few 100 s throughout the observation, regardless of flux level, and there is evidence of systematic softening of the detected emission as the source exits the 'dip' region of the light curve. HR light curves were also generated for the MOS detectors that showed the same evolution through the observation, albeit with less clarity due to the larger count rate errors, but could not provide additional diagnostics during the 'dip' region as a result of the limited photon statistics at this time.

3.2.1 Spectral analysis

The lower panel of Fig. 6 illustrates the level and speed of variation in the emission of IGR J16418-4532 during the PEO through the evolution of the HR, implying fast variations in the detected source spectrum. In order to track these variations, we extracted spectra accumulated from bins of length 400 s in steps of 200 s through the length of the exposure. An image was extracted for each time bin and the optimal extraction region for that region defined by the combination of EREGIONANALYSE and the circle/annulus shape constraints described above. Spectra were extracted, and binned to a minimum of 15 counts per bin, from both the MOS and pn detectors at times greater than $t = 1700 \,\mathrm{s}$ and the MOS detectors only prior to this. Such a systematic approach was adopted to remove possible biases introduced by the subjective selection of 'similar' regions while the extraction bin size of 400 s was chosen as a compromise between generating spectra of sufficient signal-to-noise to perform accurate fitting and reducing the amount of HR variation within each bin. The spectra were binned at 15 counts per bin to ensure that a sufficient number of spectral bins to allow model fitting were present even in the spectra accumulated from the time periods of lowest flux. Step sizes of 200 s were chosen so that the evolution of spectral parameters could be followed at sufficient resolution but the data would only be oversampled by a factor of 2.

Inspection of the spectra showed no evidence of Fe emission lines so the spectra were fitted with simple absorbed models to characterize their shapes. Absorbed power laws [PHABS(POWERLAW) in xspec] were simultaneously fitted to the spectra from all available detectors in each time bin in the 0.5–15 keV energy range with the absorption, power-law index and normalization left as free parameters. The evolution of the spectral parameters, uncertainties and derived fluxes across the PEO is shown in Fig. 7. The inset panel in Fig. 7 shows the $\hat{\chi}^2$ value of the fit to each bin throughout the observation. For the majority of the exposure time, the $\hat{\chi}^2$ values are distributed about 1.0 showing a good fit to the spectra. However, bins falling within the 'dip' region of the observation, in particular those occurring during the deepest part of the 'dip', gave unacceptable

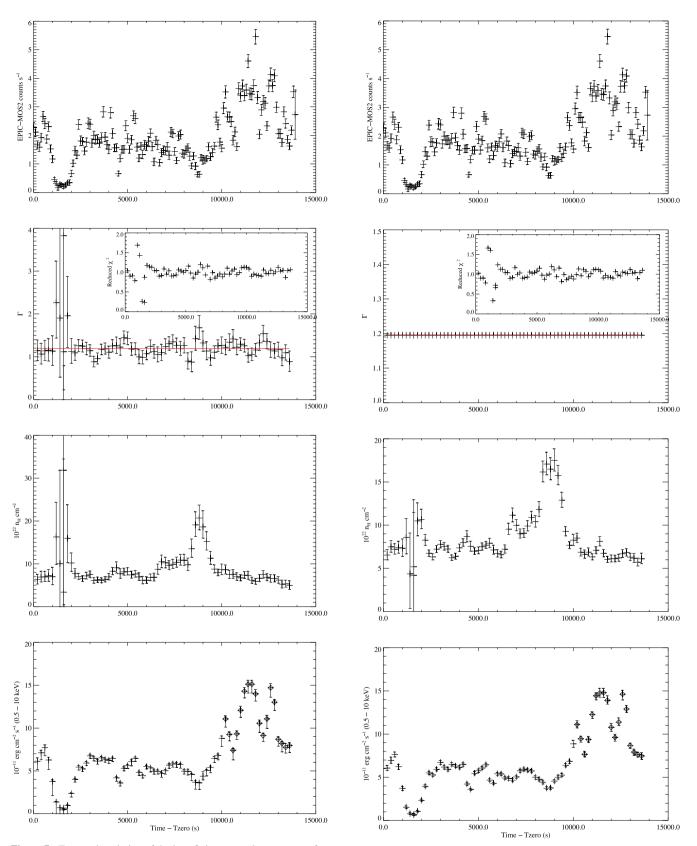


Figure 7. Temporal evolution of the best-fitting spectral parameters of an absorbed power law to the 400 s binned spectra. Top to bottom: EPIC-MOS2 0.2–10 keV light curve, power-law index evolution, $n_{\rm H}$ evolution, inferred 0.5–10 keV absorbed flux where the diamond points represent fluxes derived from the spectra accumulated from annular extraction regions. Inset: reduced χ^2 values for the fit to each spectrum.

Figure 8. Temporal evolution of the best-fitting spectral parameters of an absorbed power law with a fixed $\Gamma = 1.195$. The panels show the same plots as Fig. 7.

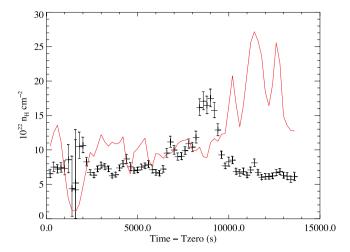


Figure 9. $n_{\rm H}$ evolution through the PEO for an absorbed power law with a fixed $\Gamma=1.195$ overlaid with the calculated unabsorbed 0.5–10 keV flux in units of 10^{-11} erg cm⁻² s⁻¹.

 $\hat{\chi}^2$ values, indicating that an absorbed power law is a poor description of the emission at these times. The spectra of this region are considered separately and in more detail below. For the rest of the observation, it can be seen that when both $n_{\rm H}$ and Γ are left as free parameters, there is a level of variation in both parameters. However, a chi-squared test to the mean value of each parameter, where both the mean and chi-squared statistic have been calculated with the poorly fitted bins omitted, gave $\hat{\chi}^2$ values of 0.65 (67 d.o.f.) and 3.52 (67 d.o.f.) for Γ and $n_{\rm H}$, respectively. Hence, the Γ parameter is consistent with being constant throughout the observation whilst the absorption shows excess variation. The average Γ value is 1.195 and is overplotted as the red line in the second panel of Fig. 7.

A second set of fits was then performed with Γ fixed at the value of 1.195, whilst the normalization and $n_{\rm H}$ were left as free parameters. The evolution of the spectral parameters and the goodness of fit in this case are shown in Fig. 8. A similar, better constrained $n_{\rm H}$ evolution as that seen in Fig. 7 is again observed when fitting a power law of fixed Γ with this model providing an acceptable fit for all bins apart from those occurring during the 'dip' feature. The $n_{\rm H}$ evolution shows that there is a constant, high level of absorption of $n_{\rm H} \sim 7 \times 10^{22} \ {\rm cm^{-2}}$ that is intrinsic to the IGR J16418–4514 system (the Galactic value in the direction of the source is 1.88 \times 10^{22} cm⁻²). The most striking feature of the evolution is the large, structured increase in $n_{\rm H}$ between t=6500 and 9500 s which is coincident with the 'pre-flare hardening' feature observed in the HR. In particular, the peak $n_{\rm H}$ is again temporally coincident with the HR and detected flux minima. Fig. 9 shows an expanded view of the $n_{\rm H}$ evolution overlaid with the unabsorbed flux from each bin, calculated assuming the fixed power law of $\Gamma = 1.195$. It is seen that removing the effects of absorption brings the flux back up to the level seen before the $n_{\rm H}$ increase but it is not until after the $n_{\rm H}$ has returned to its base level that the large increase in flux starts to occur. Consideration of the physical interpretation of this behaviour is given in Section 4.4. Outside of the large increase, the $n_{\rm H}$ also shows some level of variation that occurs on the same time-scale as the NS pulsation (\sim 1200 s). This variation is more pronounced in the spectral fits performed with a fixed Γ , adding to the justification for fixing the photon index as this produces spectral variations that may be linked to a physical origin, whereas fixing the $n_{\rm H}$ and allowing Γ to vary only produces fits with very poor $\hat{\chi}^2$ values.

The time-resolved spectra were also fitted with the more complicated 'partial covering' absorption model (PCFABS in XSPEC) in an attempt to better understand the evolution of the absorbing material during the PEO. However, it was seen that the fits were insensitive to the additional parameters, with the covering fraction tending towards 100 per cent for all spectra while the total $n_{\rm H}$ (the combination of a component fixed to the galactic value and a free varying, partial covering component) was consistent with the best-fitting value for the simple absorbed power-law model. Hence, no additional information could be drawn from this model. The time-resolved spectral analysis was performed with different bin durations, step sizes and oversampling factors, and the evolution was observed to follow a consistent path regardless of the extraction used. As a final test a blackbody continuum was used in place of the power-law model. A consistent $n_{\rm H}$ and flux evolution, with a similar distribution of $\hat{\chi}^2$ values, was observed throughout the observation producing further evidence that the evolution is explained by a relatively constant continuum modified by a varying photoelectric absorption. For the remainder of this work, we refer only to the simple absorbed powerlaw fits when discussing the spectral evolution.

To characterize the emission during the dip region of the light curve, a separate EPIC-pn spectrum was accumulated encompassing all available EPIC-pn data of the region, namely between t=1678 and 2000 s for a total exposure of 322 s. The spectrum showed no indication of Fe emission lines and was fitted with a simple absorbed power law where Γ was fixed to 1.195 (as above) and the best-fitting $n_{\rm H}=(11.1^{+2.8}_{-2.1})\times10^{22}\,{\rm cm}^{-2}$. The $\hat{\chi}^2=0.72$ (15 d.o.f.) and the corresponding $0.5-10\,{\rm keV}$ unabsorbed flux was $2.0\times10^{-11}\,{\rm erg\,cm}^{-2}\,{\rm s}^{-1}$. When compared to the maximum, unabsorbed flux detected later in the observation [27.2 \times 10⁻¹¹ erg cm⁻² s⁻¹ (0.5–10 keV)], a soft X-ray dynamic range of 14 is observed during the PEO.

3.2.2 Timing analysis

To test for signatures of the known 1212 \pm 6s NS spin period (Sidoli et al. 2012), the 0.2-10 keV light curves from each instrument were re-extracted with a variety of bin sizes. Here we report on the results from light curves with a binning of 10 s but point out that the results were consistent in the analysis of each different binning. For the purposes of temporal analysis, the 'dip' region of each light curve was removed as it occurs over a similar time-scale to the known pulsation and could therefore generate significant power at frequencies similar to that of the NS pulse period, despite it not necessarily being of a rotational nature. The Lomb-Scargle technique was again applied to the light curves and strong signals detected at \sim 403 s in all detectors. From here we consider only the MOS2 light curve as it has a longer baseline than that of the pn, and the results are consistent with those from MOS1. The uncertainty on the peak was calculated using the method outlined in Section 2, and the peak period was found to be 403.04 ± 0.14 s. This is consistent with being the third harmonic of the known pulse period with the fundamental frequency relating to a period of 1209.12 \pm 0.42 s. This spin period is consistent with the previously reported values, summarized in Sidoli et al. (2012), and with the addition of this detection there is still no significant detection of spin period evolution in IGR J16418-4532.

The upper and middle panels of Fig. 10 show the MOS2 light curve folded on the fundamental period of 1209.12 s in the 0.2–4 and 4–10 keV bands, respectively. A similar pulse profile, with one sharp narrow peak and one equally high but broader peak, is detected

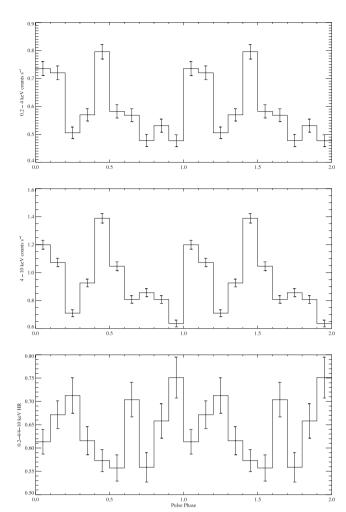


Figure 10. Pulse-phase-folded profiles using the pulse period of 1209.12 s where the zero phase is arbitrary. Top: 0.2–4 keV folded profile. Middle: 4–10 keV folded profile. Bottom: HR of the folded profile.

in both energy bands with the 0.2–4 keV displaying a pulse fraction of 25.0 ± 3.6 per cent and the 4–10 keV band 37.2 ± 2.7 per cent. The pulse fraction of the folded profile in the broad 0.2–10 keV band was 31.2 ± 2.1 per cent. A double-peaked profile is consistent with the 2011~XMM–Newton observations of Sidoli et al. (2012) and shows a continued departure from the 2004~XMM–Newton observations of Walter et al. (2006) which showed a pulse profile with a single, broad peak (Sidoli et al. 2012). The double-peaked profile with uneven pulse widths could be the driving factor behind the detection of the third harmonic, as opposed to the fundamental frequency in these observations. The lower panel of Fig. 10 shows the HR as a function of pulse phase, and it is seen that there is no systematic variation of the hardness with the progression of the pulsation.

4 DISCUSSION

4.1 Stellar and orbital parameters

IGR J16418–4532 is an intermediate SFXT that has shown some peculiarities in its emission history. Here we have presented new combined *INTEGRAL* and *XMM–Newton* observations of the source that targeted the eclipse region of IGR J16418–4532's orbit. The well-determined orbital period of 3.738 86 \pm 0.000 28 d (Levine

et al. 2011) allows us to place constraints on the orbital geometry and nature of the companion star. The flat, unstructured phase-folded light curve and orbital phase distribution of outbursts (outside of the X-ray eclipse) detected by *INTEGRAL*, as shown in Figs 1 and 2, respectively, indicate that the orbit is likely circular ($e \sim 0$) due to the lack of coherent modulation of the hard X-ray flux across the orbital phase. A similar flat orbital profile is also seen in IGR J16479-4514 which has a short 3.32 d eclipsing orbit (Jain, Paul & Dutta 2009). Conversely, coherent orbital phase modulation has been observed in other SFXT systems which show evidence of a significant eccentricity in their orbit, such as a strongly peaked orbital emission profile with outbursts clustered around times of presumed periastron, i.e. IGR J17354-3255 (Squera et al. 2011). Additional dynamical considerations also suggest that IGR J16418-4532 should possess a circular geometry as with such a short orbital period the system would be expected to circularize relatively early in the lifetime of the X-ray binary.

The stellar parameters of the supergiant companion in IGR J16418-4532 have very few dynamic or spectroscopic constraints however. By combining the spectral classification (Coleiro et al., private communication), the IR SED fit parameters (Chaty et al. 2008), the well-determined orbital period (Levine et al. 2011) and the L1 point separation equations of Eggleton (1983), we can attempt to place some constraints on the orbital parameters through the condition that full RLO does not occur in IGR J16418-4532. Throughout these considerations we assume an NS in a circular orbit with a mass of 1.4 M_O, a radius of 10 km and a source distance of 13 kpc (Chaty et al. 2008). We utilize the $R_{S\sigma}/D_{S\sigma}$ SED parameter of Chaty et al. (2008) to calculate the range of possible stellar radii of the companion star, the central value of which (3.77×10^{-11}) gives a stellar radius of 21.7 R_☉. However, calculations of the L1 point separation for a range of companion star masses indicate that RLO would be occurring for all companion masses of less than 50 M_{\odot} . Alternatively, the lower limit of the $R_{\rm Sg}/D_{\rm Sg}$ parameter (2.64 \times 10^{-11} , 90 per cent confidence) gives a stellar radius of 15.2 R_{\odot}, and RLO is only initiated up to a stellar mass of 20 M_☉. For the remainder of this discussion, we assume a stellar mass of 30 M_{\odot} , the L1 point separation of which is 17.8 R_{\odot} , and a stellar radius of 17 R_☉ such that the supergiant almost fills its Roche lobe. Under these parameters, the orbit of IGR J16418-4532 is characterized as circular, at an approximately edge-on inclination with a radius of 31.9 R_{\odot} and an NS orbital velocity of 432 km s⁻¹.

While the choice of these parameters may seem somewhat overly arbitrary, we wish to point out that the defining parameter in our remaining considerations, due to its strong influence on the size of the accretion radius, is the velocity of the stellar wind at the orbital separation of the NS. Following previous works on the properties of the stellar wind in IGR J16418–4532 (i.e. Ducci et al. 2010; Romano et al. 2012), we adopt the velocity law of Castor, Abbott & Klein (1975) to describe the stellar wind velocity for both the smooth and clumped wind components, namely

$$v(r) = v_{\infty} \left(1 - 0.9983 \frac{R_{\rm Sg}}{r} \right)^{\beta}.$$
 (1)

The stellar mass influences this relationship through the derived value of the orbital separation r, and the stellar radius influences through the value of $R_{\rm OB}$. However, equally influential are the values of the terminal wind velocity v_{∞} and the power-law index β . Through modelling of the flare luminosity distribution as observed by Swift/XRT, Romano et al. (2012) place v_{∞} in the range $800-1300\,{\rm km\,s^{-1}}$ and β between 0.8 and 1.3. The value of the stellar wind velocity at the orbital separation calculated with the above

stellar parameters and $v_{\infty}=1000\,\mathrm{km\,s^{-1}},~\beta=1$ is $470\,\mathrm{km\,s^{-1}}$. However, by varying the v_{∞} and β parameters within their limits, the stellar wind velocity occupies the range $\sim 370-610\,\mathrm{km\,s^{-1}}$. Similarly if we select a different set of allowed stellar parameters $(M_{\mathrm{Sg}}=40~\mathrm{M}_{\odot},~R_{\mathrm{Sg}}=20~\mathrm{R}_{\odot})$ and calculate the stellar wind velocity for the same range of allowed v_{∞} and β values, the wind velocity at the orbital separation is in the range $\sim 340-560\,\mathrm{km\,s^{-1}}$. Hence, the largest source of uncertainty in the stellar wind velocity comes from the poorly constrained wind parameters and not the unknown stellar parameters. For the remainder of this discussion, we therefore adopt the stellar parameters outlined above and calculate the relative velocity of the NS orbital and stellar wind radial velocities as $v_{\mathrm{rel}}=(v_{\mathrm{NS}}^2+v_{\mathrm{w}}^2)^{1/2}$. Uncertainties in derived physical values are then discussed in terms of the range of possible stellar wind parameters.

4.2 Eclipse emission

Assuming that the cutoff in flux observed by *INTEGRAL/*IBIS was due to the eclipse ingress provides an accurate ephemeris of MJD 561 71.537 \pm 0.0058 for the start of the X-ray eclipse. Combining this with the first *XMM-Newton* observations (MEO) allows a firm lower limit, of 0.583 d ($\Delta \phi = 0.156$), to be placed on the duration of the X-ray eclipse in IGR J16418–4532.

The detection of X-ray flux from HMXB systems whilst the X-ray source is eclipsed by the supergiant companion is a common phenomenon amongst such sources, being detected in both classical Sg-XRBs (e.g. Cen X-3; Naik, Paul & Ali 2011) and SFXTs (e.g. IGR J16479-4514; Bozzo et al. 2008). The detected 0.5-10 keV flux of 2.8×10^{-13} erg cm⁻² s⁻¹ observed during the MEO corresponds to a luminosity of 6.3×10^{33} erg s⁻¹ at the assumed source distance, ruling out direct emission from the companion star as the source of the detected emission. Instead, the detections during eclipse are usually interpreted as resulting from the reprocessing of the intrinsic flux from the NS through the dense wind of the supergiant. In the MEO emission, lines at energies consistent with atomic transitions from both neutral (6.4 keV) and ionized (6.67 keV) Fe were detected. The lack of Fe line features in the PEO indicates that the iron emission does not originate from close to the NS, but in extended regions throughout the supergiant atmosphere, with the relative EWs of the lines (0.63 and 0.33 keV for the 6.4 and 6.67 keV lines, respectively) suggesting that neutral Fe is the more abundant state.

4.3 Out-of-eclipse emission

Following the method of Sidoli et al. (2013), it is possible to use both *XMM*–*Newton* observations (MEO and PEO) to probe the supergiant total mass-loss rate and the stellar wind density at the orbital separation. Using the system parameters discussed above gives an orbital separation of 2.2×10^{12} cm. Additionally, the average flux detected whilst the NS was eclipsed in the MEO $(2.8 \times 10^{-13} \text{ erg cm}^{-2} \text{ s}^{-1})$ is ~ 0.56 per cent of the average PEO flux detected outside of the X-ray dip and flare regions ($\sim 5.0 \times 10^{-11} \text{ erg cm}^{-2} \text{ s}^{-1}$). This allows the wind density to be estimated, assuming that the X-ray emission detected during the eclipse is produced by X-ray scattering, as $n_w(a) = 0.0056/(a\sigma_T)$, where σ_T is the Thomson scattering cross-section and a is the orbital separation (Lewis et al. 1992).

The wind density at the orbital separation, $\rho_w(a)$, is calculated as 6.3×10^{-15} g cm⁻³. Assuming that the wind has a spherical geometry, and $\beta = 1$ (Castor et al. 1975), the ratio between the wind

mass-loss rate and the terminal velocity can be calculated as $\dot{M}_{\rm w}/v_{\infty}=4\pi a(a-R_{\rm opt})\rho_{\rm w}(a)$, giving $\dot{M}_{\rm w}/v_{\infty}=9.3\times10^{-18}~{\rm M}_{\odot}~{\rm km}^{-1}$. If the wind terminal velocity is in the range $800-1300~{\rm km}~{\rm s}^{-1}$ (Romano et al. 2012), the mass-loss rate via the stellar wind lies in the range $\dot{M}_{\rm w}=(2.3-3.8)\times10^{-7}~{\rm M}_{\odot}~{\rm yr}^{-1}$. Assuming direct accretion from the wind, the accretion rate on to the NS can be estimated as $\dot{M}_{\rm acc}=((\pi R_{\rm acc}^2/4\pi a^2)\dot{M}_{\rm w})$, where $R_{\rm acc}$ is the accretion radius and is given by $2GM_{\rm NS}/v_{\rm rel}^2$. This implies an accretion rate at the orbital separation in the range $\dot{M}_{\rm acc}\sim(9.7-5.4)\times10^{15}~{\rm g~s}^{-1}$, corresponding to X-ray luminosities in the range $L_{\rm X}=(1.8-1.0)\times10^{36}~{\rm erg~s}^{-1}$.

The average, unabsorbed flux detected during the PEO, outside of the X-ray dip and flare, corresponds to a luminosity of 2.0×10^{36} erg s⁻¹ at a distance of 13 kpc, implying that the estimated wind density at the orbital separation, for the range of parameters assumed here, is able to generate the accretion luminosity observed outside of the eclipse in IGR J16418–4532. This is in contrast to the case of IGR J16479–4514 where the calculated stellar wind densities produced an X-ray luminosity two orders of magnitude greater than that observed, suggesting the need for a damping mechanism to reduce the effective mass accretion rate in this system (Sidoli et al. 2013). Such a mechanism would not appear to be required at nominal luminosities in the case of IGR J16418–4532.

4.3.1 n_H variations

The evolution of the spectral parameters and source flux observed during the PEO (Fig. 8) is intriguing, with evidence of a very variable accretion environment being experienced by the NS in IGR J16418–4532. Two striking features are observed during the course of the observation, the first being the deep dip observed in the detected flux that occurs between $\sim t=800$ and 2500 s which is discussed separately below. The second is the pronounced increase and evolution in absorption observed between $t\sim7000$ and $\sim10\,000$ s. The absorption first shows a sharp rise to $\sim10^{23}\,\mathrm{cm^{-2}}$ from the base level of $\sim7\times10^{22}\,\mathrm{s}$ followed by a second rapid step up to $1.7\times10^{23}\,\mathrm{cm^{-2}}$ approximately 1500 s later. After an additional 1500 s, the absorption then rapidly decreases back to the base level observed in the earlier parts of the observation whilst, almost simultaneous, the flux begins to rise into the flaring activity observed at the end of the observation.

To understand this evolution we first consider the variation in $n_{\rm H}$ observed as the NS moves through its orbit. Sidoli et al. (2012) proposed that the NS in IGR 16418-4532 could be accreting through TRLO due to the system narrow orbit and the flux variations observed in XMM-Newton data taken in 2011. Such a transitional scenario was investigated by Blondin, Stevens & Kallman (1991) where model orbital $n_{\rm H}$ profiles were produced for wind-accretionpowered binaries with narrow, circular orbits (fig. 2 of that work). The overall shape of the profile is dominated by the line of sight through the bow shock about the NS with an additional, prominent component being generated by the tidal gas stream extending from the L1 point. The PEO was separated from the middle of the eclipse by an orbital phase interval of ~ 0.2 which should, according to Blondin et al. (1991), result in a smooth decline in $n_{\rm H}$. This suggests that the increase in $n_{\rm H}$ observed is not generated by a coherent structure in the NS environment (i.e. a tidal stream) but is instead more likely to be generated by an individual dense clump of material travelling through the line of sight to the NS at this time. Significant variation in the photon index of the power law was not observed during the period of enhanced $n_{\rm H}$, and the unabsorbed flux remained at a constant level during this time (Fig. 9, red line).

This is likely a signature of absorption of a constant intrinsic flux by optically thin material, as opposed to an optically thick/ionized absorber which might be expected in the case of obscuration by a coherent structure such as a tidal stream. We note that sensitive, soft X-ray observations at a later orbital phase would be required to further test for the presence of a tidal stream arising from TRLO in IGR J16418–4532.

A dynamical estimate of the extent of the overdense region required to generate the excess $n_{\rm H}$ observed can be made by utilizing the calculated relative velocity between the NS orbital motion and the radial stellar wind (see above). The increase in $n_{\rm H}$ is observed for ~2500 s which relates to the passage of a wind clump of radius ~8 × 10^{10} cm travelling at a velocity of $470\,{\rm km\,s^{-1}}$. This radius is consistent with the range of clump radii derived from the theoretical considerations of Ducci et al. (2009) and also similar to the observational results of Bozzo et al. (2011), who explained an outburst of IGR J18410–0535 as resulting from the accretion of a clump of approximate radius 8×10^{11} cm. Therefore, we conclude that this absorption feature likely results from an optically thin clump of stellar wind material obscuring the intrinsic emission from the NS.

4.3.2 Absorption and flaring link

The temporal relationship between the $n_{\rm H}$ increase and the onset of the flaring activity at the end of the PEO is of interest. Fig. 9 shows the $n_{\rm H}$ evolution together with the unabsorbed 0.5–10 keV flux derived from the fixed Γ fitted to each spectrum. It can be seen that the unabsorbed flux only begins to rise above the base level in the observation as the $n_{\rm H}$ returns to its pre-enhancement level. The timing of these two events is intriguing, but on the basis of this data set alone no conclusive physical connection can be drawn between these features, and instead they may simply be generated by two separate, unrelated events that randomly occurred sequentially. Given the tighter constraints on IGR J16418–4514's orbital geometry through the X-ray eclipse however, a consideration as to whether such a delay could be generated through physical means and indicate a causal link between the $n_{\rm H}$ and flux evolutions observed can be undertaken.

The lack of an overlap in the evolution of these parameters appears to be in contradiction to the best example of clump accretion in an SFXT as presented in Bozzo et al. (2011). In this work an outburst of IGR J18410-0535 was described through the accretion of a dense clump of wind material. The $n_{\rm H}$ was observed to rise throughout the entire flux evolution, only returning to its pre-flare level when the flux also returned to the pre-flare level, suggesting that there was excess material in the immediate vicinity of, and line of sight to, the NS throughout the duration of the flare. However, in IGR J16418-4532 it appears that if the denser clump material is responsible for generating the subsequent flare, then the clump was only in our line of sight to the NS prior to the flux increase. This discrepancy seems somewhat unintuitive but can start to be understood from the more detailed knowledge of the orbital geometry of the IGR J16418-4532 system as a result of the X-ray eclipse. Using Fig. 1 we can centre the eclipse at an orbital phase of approximately $\phi = 0.55$ meaning that in the orbital phase range $\phi = 0.3-0.8$ the NS is more distant than the supergiant companion. Hence, in this phase range, which the PEO inhabits, stellar wind clumps that are accreted will only be in our line of sight to the NS as they are approaching and interacting with it. As the clump moves beyond the X-ray emitting region, the absorption detected along our line of sight would then drop rapidly, as is observed in Fig. 9, as the

clump moves away behind the NS and we are therefore unable to continue to detect its presence.

To further investigate whether this geometrical effect could be behind the observed evolution, we consider the free-fall time of stellar wind material from the accretion radius. We again assume that the accretion radius is given by $R_a = 2GM_{\rm NS}/v_{\rm rel}^2$, and the freefall time is given by $t_{\rm ff} = (R_a^3/2GM_{\rm NS})^{1/2}$. Under these assumptions and using the previously derived system parameters, the accretion radius is calculated as $\sim 9 \times 10^{10}$ cm and the associated free-fall time is \sim 1500 s. This value should be considered a lower limit on the true infall time however as the descending material does not fall through the gravitational potential unimpeded, likely becoming a turbulent flow at some point which will increase the infall time. Given that the calculated free-fall time is comparable to the observed delay between the onsets (and peaks) of the $n_{\rm H}$ and unabsorbed flux evolutions, Fig. 9, and that the X-ray generation region is close to the NS, it is possible that in this case the dense wind clump passed through the accretion sphere before the additional accreted material had reached the X-ray generation region, hence creating the delay observed in Fig. 9.

Through considerations of the orbital geometry IGR J16418-4532, the temporal coincidence (of the order of the free-fall time from R_a) and approximately similar durations of the $n_{\rm H}$ and flux evolutions, we suggest that a clump of overdense, optically thin wind material approaching the NS at a distance comparable to the accretion radius would be consistent with the production of both features. In this case, IGR J16418-4532 shows signatures of accretion through the 'clumpy wind' model (in't Zand 2005; Walter & Zurita Heras 2007) viewed at an approximately edge-on inclination. However, we again stress that at the current time it is not possible to definitively conclude that these two features are causally related and that they might instead be caused by two physically unrelated events. Long-term monitoring of IGR J16418-4532 across all orbital phases would allow firmer conclusions to be drawn as to any physical link between these features through the detection, or otherwise, of additional $n_{\rm H}$ -flux delays and their distribution in orbital phase. If it were the case that these features are physically related, it cannot currently be discerned if the difference in the spectral evolution observed in IGR J16418-4532 compared to the example of IGR J18410-0535 (Bozzo et al. 2011) is due to the same geometrical effects, as the orbital configuration of IGR J18410-0535 is currently unknown.

Finally there is some evidence of a slow decrease in the base $n_{\rm H}$ level at times greater than $t=10~000~{\rm s}$ which could be the result of increased X-ray photoionization of the absorbing material by the enhanced X-ray flux produced during the flare (Hatchett & McCray 1977); however, the observation ended before this effect could be more firmly identified.

4.3.3 The nature of the 'dip'

We now consider the properties of, and possible physical mechanisms behind, the X-ray dip observed towards the start of the PEO. Due to the unfortunate lack of EPIC-pn coverage of the majority of the dip region, we were unable to perform a detailed spectral analysis of the ingress and mid-dip regions, as shown by the large error bars and poor $\hat{\chi}^2$ values in Figs 7 and 8, but did achieve more sensitive coverage during the dip egress. The main observable features of the X-ray dip are as follows:

(1) a total duration of \sim 1500 s between t = 800 and 2300 s that is comparable to the spin period of the NS,

- (2) a sharp drop in flux lasting less than 300 s at the start of the feature,
- (3) a steady, low-level flux lasting for \sim 900 s with an unabsorbed flux of 2.0×10^{-11} erg cm⁻² s⁻¹ (0.5–10 keV) corresponding to a luminosity of 4.1×10^{35} erg s⁻¹ at a distance of 13 kpc,
- (4) a slightly less sharp return to the pre-dip flux level over \sim 300 s with some evidence of the $n_{\rm H}$ decreasing back to the pre-dip level as the flux recovers (see Fig. 9),
- (5) a decrease in flux observed across the full 0.2–10 keV energy range during which spectral changes could not be identified and
 - (6) a smooth spectrum with no evidence of Fe emission lines.

The presence of X-ray intensity dips, also referred to as 'off-states', in the light curves of wind-fed HMXB pulsars is a rare phenomenon, having only been observed in the classical Sg-XRBs Vela X-1 (Kreykenbohm et al. 2008), Centaurus X-3 (Naik et al. 2011), 4U 1907+09 (in 't Zand, Baykal & Strohmayer 1998) and GX 301-2 (Göğüş, Kreykenbohm & Belloni 2011). Bozzo et al. (2012) also reported a similar feature in the non-pulsating, candidate SFXT IGR J16328-4726, but a detailed analysis and characterization was prevented due to statistical constraints. Different mechanisms have been proposed to explain the X-ray dips observed in the above sources. Here we consider their applicability to IGR J1618-4532, whilst also noting that additional, as yet unexplained, mechanisms may be acting to create this feature.

The eclipsing, Roche lobe filling Sg-XRB system Cen X-3 displayed several X-ray dips during the course of a long Suzaku observation that covered almost an entire binary orbit (Naik et al. 2011). The dips were observed up to energies of 40 keV and the spectra characterized by a typical accreting HMXB pulsar continuum with multiple Fe emission lines that were detected throughout the observation. The EWs of the Fe lines showed significant enhancement during both the dip and binary eclipse regions of the exposure. By following the evolution of the Fe line EWs and the amount of absorbing material in the line of sight ($n_{\rm H}$ values increased by a factor of 100 during these times), the authors concluded that the dips were most likely caused by the obscuration of the NS by dense structures in the outer edge of the accretion disc in the system. In this way, Cen X-3 is an HMXB analogy of the 'dipper' class of LMXBs. Obscuration due to dense structures in the vicinity of the NS is unlikely in the case of IGR J16418-4532 however. Observationally, the detection of prominent Fe emission during the MEO but not during the dip suggests that obscuration by dense, Compton thick material is not the cause of the intensity dip observed in these observations. Additionally, it is not clear how such dense material could inhabit the IGR J16418-4532 system as the supergiant is not believed to overfill its Roche lobe and therefore an accretion disc would not be present. In the TRLO regime such dense material could be found as a result of either the gravitationally focused 'tidal stream' coming from the L1 point or as a result of a transient accretion disc that may form. However, as discussed previously, the orbital phase location of the dip is inconsistent with what would be expected if it were to originate from a tidal stream (Blondin et al. 1991). Sidoli et al. (2012) suggested the presence of a transient accretion disc to explain the quasi-periodic flares observed in a previous observation of IGR J16418-4532; however, as no such features are present in these observations, it is unlikely that a transient accretion disc was present to obscure the NS at this time. We note however that these observations cover an insufficient fraction of orbital phase to consider fully whether TRLO is occurring in IGR J16418-4532.

The signature of a typical stellar wind clump obscuring the NS in IGR J16418-4532 is believed to have been observed later in

the PEO, as discussed previously, and displayed a very different evolution from that observed during the dip feature. Hence, it is also unlikely that the passage of a single stellar wind clump through the line of sight is responsible for the observed dip. Finally, the passage of ionized material through the line of sight to the NS could cause a strong absorbing effect across a wide energy range as observed. Again however there was insufficient signal to test for this effect spectrally, and the lack of Fe emission lines in the X-ray spectrum of the dip suggests that this is an unlikely cause of the observed feature.

The alternative explanation given for the presence of X-ray intensity dips or 'off-states' in the light curves of wind-fed Sg-XRBs is the action of a barrier to the accretion flow. Kreykenbohm et al. (2008) invoked centrifugal barriers to explain the off-states observed in Vela X-1, where the source fell below the detection threshold in INTEGRAL/IBIS data, via the onset of the supersonic propellor mechanism (Illarionov & Sunyaev 1975) to inhibit accretion during these times. More recently however Doroshenko, Santangelo & Suleimanov (2011) used sensitive, broad-band Suzaku observations to identify the continued presence of X-ray pulsations during the dips of Vela X-1 and argued that the dips are the result of a magnetic barrier that reduces the emitted X-ray flux as direct accretion is impeded by the NS magnetosphere (subsonic propellor regime; see Bozzo et al. 2008). In this state, accretion continues at a lower level through the Kelvin-Helmholtz instability (KHI) which generates the lower flux levels detected during the X-ray dips. Doroshenko et al. (2011) used the detailed accretion scenario model of Bozzo et al. (2008) to infer that an NS with a magnetic field strength in the range of a few 10^{13} to $\sim 1 \times 10^{14}$ G is required to produce the X-ray luminosity observed under this model and argue that X-ray intensity dips in wind-fed HMXBs are evidence of a highly magnetized NS being present in the system. The same authors also found similar results for the HMXB 4U 1907+09 (Doroshenko et al. 2012).

Shakura, Postnov & Hjalmarsdotter (2013), however, proposed that the X-ray dips observed in Vela X-1, GX 301-2 and 4U 1907+09 were instead caused by a switch in the polar beam configuration due to a variation in the optical depth of the accretion column. In this model, both states occur within a 'quasispherical' subsonic accretion regime (Shakura et al. 2012). The Compton cooling regime occurs when the source luminosity is in excess of $\sim 5 \times 10^{35}$ erg s⁻¹, and the optical depth of the accretion column is high, creating a fan beam due to high levels of lateral scattering. The fan beam effectively cools plasma in the equatorial regions of the magnetosphere through Compton processes, allowing material to enter the magnetosphere through Rayleigh-Taylor instabilities. It is this state that generates the 'normal' luminosity level of the lower luminosity, persistent wind-fed HMXBs (i.e. Vela X-1). The radiative cooling regime occurs when the luminosity is less than $\sim 5 \times 10^{35} \text{ erg s}^{-1}$, causing a drop in the optical depth of the accretion column and the onset of pencil beam emission. In this configuration, the equatorial region of the magnetosphere is not illuminated and plasma can only thread on to field lines at a lower rate through radiative plasma cooling, which is independent of the level of illumination from the central source. The authors argue that it is the transition into this radiatively cooled accretion state from the Compton cooled state that generates the observed X-ray dips. Sources would only move into the direct accretion scenario (supersonic Bondi accretion) when the source luminosity increased to greater than several 10^{36} erg s⁻¹ and in-falling material is rapidly cooled by Compton processes before reaching the magnetosphere (for a full description of the quasi-spherical accretion model, see Shakura et al. 2012, 2013).

Given the similarities in the observable features and luminosities of the X-ray dips observed in Vela X-1 and 4U 1907+09 to the dip observed here, we consider the applicability of the Doroshenko et al. (2011) and Shakura et al. (2013) interpretations of the origins of X-ray dips to IGR J16418–4532. We first follow the considerations of Doroshenko et al. (2011), using the theoretical framework of Bozzo et al. (2008), to calculate the magnetic field strength required to produce the observed dip luminosity $(4.1 \times 10^{35} \ {\rm erg \, s^{-1}})$ for the range of stellar wind parameters considered in Section 4.3. We use equation 21 of Bozzo et al. (2008) and the conventions therein, namely

$$L_{KH} = 1.8 \times 10^{35} \eta_{KH} P_{s3}^{-1} R_{M10}^{3} \dot{M}_{-6} a_{10d}^{-2} v_{8}^{-1}$$

$$\times [1 + 16 R_{a10} / (5 R_{M10})]^{3/2} \frac{\sqrt{\rho_{i} / \rho_{e}}}{(1 + \rho_{i} / \rho_{e})} \text{erg s}^{-1}. \tag{2}$$

Here the ρ_i/ρ_e term is the ratio of the plasma densities inside and outside of the magnetosphere and R_{M10} is the magnetic radius in units of 10^{10} cm and defined as

$$R_M = 2 \times 10^{10} a_{10d}^{4/7} \dot{M}_{-6}^{-2/7} v_8^{8/7} \mu_{33}^{4/7} \text{cm}, \tag{3}$$

where μ_{33} is the magnetic moment in units of 10^{33} G cm³. We calculate the magnetic field required to produce the dip luminosity in the cases of $\rho_i/\rho_e = 1.0$, 0.5 and 0.1, where a ρ_i/ρ_e value of 1 gives an upper limit on the mass flow generated through the KHI.

Using the calculated magnetic field strengths we then estimate the critical accretion rate defining the transition between the subsonic propellor and direct accretion regimes. According to Bozzo et al. (2008) this critical accretion rate is given by

$$\dot{M}_{\text{lim}-6} = 2.8 \times 10^2 P_{s3}^{-3} a_{10d}^2 v_8$$

$$\times R_{M10}^{5/2} [1 + 16 R_{a10} / (5 R_{M10})]^{-3/2} \text{ g s}^{-1}.$$
(4)

These critical values are compared to the accretion rates of 2.2×10^{15} and 1.1×10^{16} g s⁻¹ (using $L_X = GM_{\rm NS}\dot{M}_{\rm capt}/R_{\rm NS}$) required to generate the observed dip luminosity of 4.1×10^{35} erg s⁻¹ and the pre/post-dip luminosity of $\sim 2 \times 10^{36}$ erg s⁻¹, respectively, to evaluate if a transition between the accretion regimes of this model could have occurred. Table 3 outlines the results of these calculations for the range of possible stellar wind velocities considered in Section 4.3.

It is seen from Table 3 that transitions between these two accretion regimes cannot be responsible for the observed dip in the light curve of IGR J16418–4532 as the critical transition accretion rates are in excess of the dip, pre/post-dip and peak flare (2.8 \times $10^{16}~{\rm g~s^{-1}}$) accretion rates required to generate the observed luminosity levels across the whole parameter space investigated. Hence, this suggests that a transition between the 'subsonic propellor' and direct accretion regimes is not causing the X-ray dip observed in IGR J16418–4532.

Given the earlier arguments against obscuration as the source of the dip and the incompatibility of the required accretion rates for a subsonic propellor to direct accretion transition, we investigate a state change within the 'quasi-spherical' accretion model (Shakura et al. 2013) as a possible cause of the X-ray dip in IGR J16418–4532. As IGR J16418–4532 appears to stay in a subsonic quasi-spherical accretion regime throughout the observation, this suggests that the X-ray dip may be generated through a transition between the higher luminosity fan beam and lower luminosity pencil beam dominated states of the model. Under this scenario we can estimate the magnetic field strength of the NS through the

Table 3. Calculated magnetic fields required to generate the observed dip luminosity in the 'subsonic propellor' accretion mode according to Bozzo et al. (2008). The wind condition parameter space is drawn from the limits on the terminal wind velocity range of Romano et al. (2012) and the total stellar wind mass-loss rate calculated using the $\dot{M}_{\rm w}/v_{\infty}=9.3\times10^{-18}~{\rm M}_{\odot}~{\rm km}^{-1}$ parameter for each terminal wind velocity (see Secttion 4.3). The 'transition?' columns indicate whether a transition from the subsonic propellor regime to the direct accretion regime is likely to have occurred for the X-ray dip and flare observed in the observation. The accretion rates required to produce the dip, pre/post-dip and peak flare luminosities are 2.2×10^{15} , 1.1×10^{16} and 2.8×10^{16} g s⁻¹, respectively.

ρ_i/ρ_e	B (G)	$\dot{M}_{\rm lim}~({\rm g~s^{-1}})$	Dip transition?	Flare transition?				
$v_{\infty} = 800 \mathrm{km s^{-1}}, \dot{M}_{\mathrm{w}} = 2.3 \times 10^{-7} \mathrm{M}_{\odot} \mathrm{yr^{-1}}, v_{\mathrm{rel}} = 571 \mathrm{km s^{-1}}$								
1.0	2.8×10^{13}	1.2×10^{17}	N	N				
		1.4×10^{17}	N	N				
0.1	5.3×10^{13}	5.2×10^{17}	N	N				
$v_{\infty} = 1000 \mathrm{km} \mathrm{s}^{-1}, \dot{M}_{\mathrm{w}} = 2.9 \times 10^{-7} \mathrm{M}_{\odot} \mathrm{yr}^{-1}, v_{\mathrm{rel}} = 637 \mathrm{km} \mathrm{s}^{-1}$								
		3.2×10^{17}		N				
0.5	3.4×10^{13}	3.8×10^{17}	N	N				
0.1	6.1×10^{13}	1.4×10^{18}	N	N				
$v_{\infty} = 1300 \mathrm{km s^{-1}}, \dot{M}_{\mathrm{w}} = 3.8 \times 10^{-7} \mathrm{M_{\odot}} \mathrm{yr^{-1}}, v_{\mathrm{rel}} = 746 \mathrm{km s^{-1}}$								
		1.5×10^{18}		N				
0.5	4.3×10^{13}	1.8×10^{18}	N	N				
0.1	7.6×10^{13}	6.4×10^{18}	N	N				

luminosity detected during the dip using equation 22 of Shakura et al. (2013), namely

$$L_{\rm X, rad} \approx 10^{35} \mu_{30}^{7/33} \,{\rm erg \, s^{-1}},$$
 (5)

where μ_{30} is the magnetic moment in units of 10^{30} G cm³. The dip luminosity of 4.1×10^{35} erg s⁻¹ corresponds to an NS *B*-field of $\sim 2 \times 10^{14}$ G, indicating that the presence of a highly magnetized NS in an SFXT would be required by this model. Additionally, the shell of material that would be surrounding the NS under this model could be providing a significant contribution to the high base level of absorption observed in the PEO (\sim 7 × 10²² cm⁻²). As the derived B-field value is determined by the luminosity of the source during the X-ray dip, we consider the effect of the unknown source distance on this interpretation. The confirmation of the companion as a supergiant requires the source to be at a large distance for all possible stellar radii (Chaty et al. 2008); however, a distance of 13 kpc is still somewhat arbitrary and is used here to maintain consistency with previous works in the literature. If IGR J16418-4532 is located at a distance of 10 kpc (for example), then the dip luminosity would be $2.4 \times 10^{35} \text{ erg s}^{-1}$ and the implied NS *B*-field would have a value of 1.6×10^{13} G. Whilst in this case the *B*-field does not reach magnetar field strengths, it is nevertheless in the highly magnetized regime, being in excess of the nominal $\sim 10^{12}$ G value observed in many HMXB pulsars.

Due to the lack of EPIC-pn coverage during the early regions of the dip, it is difficult to evaluate what may have caused the onset of an accretion regime transition for the duration of the dip. However, the hydrodynamical simulations of Oskinova, Feldmeier & Kretschmar (2012) showed that, whilst on average the velocity of the stellar wind follows the velocity law stated above (equation 1), strong velocity jumps over small radial extents are also present. These jumps, which can have negative gradients, result from unstable growth in the line-driven wind and are at their most prominent at separations within a few stellar radii of the supergiant surface. As a result of its short orbit, the NS in IGR J16418–4532 occupies the most turbulent region of the supergiant wind and an accretion regime transition

may have been triggered by a strong, localized variation in the stellar wind environment interacting with the magnetosphere.

The previous paragraphs have outlined the applicability of the mechanisms currently proposed to generate the X-ray dips observed from some Sg-XRBs. Through these considerations we conclude that the most applicable of these mechanisms is that of an accretion regime transition between the two subsonic states of the 'quasi-spherical accretion' model (Shakura et al. 2012). An important implication of this model is the requirement of a highly magnetized NS to be present within the IGR J16418-4532 system. Caution must be taken with these interpretations however due to the large number of assumptions required to perform these calculations. The detection and characterization of additional dips are required, along with independent constraints on the orbital, stellar and stellar wind parameters of IGR J16418-4532, to allow the testing of the applicability of all of the possible causes of the dip to the IGR J16418-4532 system under more stringent physical constraints. At the current time it is therefore not possible to definitively identify the physical mechanisms that create the dip feature.

4.4 The nature of IGR J16418-4532

The strongly variable stellar wind environment being experienced by the NS in IGR J16418-4532 may also explain the origin of the enhanced dynamic range (>10²) observed in this system compared to classical Sg-XRBs. Many Sg-XRBs have longer orbits and should therefore occupy less turbulent regions of their supergiant atmosphere resulting in a lower level of variability. The sharp velocity and density variations near to the surface of the supergiant in IGR J16418-4532 however may be helping to generate the observed SFXT level of variability in the system through their influence on the size of the accretion radius along with the achieved mass capture rate.

The transient nature of IGR J16418-4532 is defined more by the large source distance of \sim 13 kpc however. Fig. 1 shows that outside of the eclipse, IGR J16418-4532 is detected as a weak persistent source in the INTEGRAL/IBIS 18-60 keV band (where most SFXTs were discovered) at a count rate of 1.2 counts s⁻¹ (~7 mCrab). If IGR J16418-4532 was located at a distance of 2 kpc however (comparable with Vela X-1; Nagase 1989), it would be detected as a bright persistent Sg-XRB source with an unusually high dynamic range and an average flux of ~300 mCrab in the INTEGRAL band. Hence, it would not be viewed as a transient source. Therefore, one may take the view that IGR J16418-4532 is a classical Sg-XRB with an enhanced X-ray dynamic range resulting from the turbulent stellar wind environment being experienced by the NS as a result of the short orbital period of the system. Its transient nature is then being generated as a result of its large distance making the persistent emission undetectable in single INTEGRAL/IBIS or Swift/BAT observations, but where the flares are instead detected as transient outbursts. This is at odds with many other SFXTs where the driver of the extreme level of flux variation is the large-scale variation in stellar wind environment experienced by an NS over a longer, more eccentric orbit (e.g. SAX J1818.6-1703; Bird et al. 2009). Shakura et al. (2012) also suggest that the difference between SFXTs and classical wind-fed Sg-XRBs could be understood through the proportion of time spent in the fan-beamdominated (higher luminosity) and pencil-beam-dominated (lower luminosity) regimes within the subsonic, quasi-spherical accretion mode. Classical Sg-XRBs (e.g. Vela X-1) spend the majority of the time in the fan-beam-dominated regime and occasionally enter the pencil beam regime during X-ray dips, whereas SFXTs spend the majority of their time in the pencil-beam-dominated regimes and occasionally enter the fan beam regime during short periods of increased accretion, i.e. outbursts. Given IGR J16418–4532's emission history and the observations presented here, it is further suggested that, fundamentally, IGR J16418–4532 is a classical wind-fed Sg-XRB displaying an enhanced dynamic range and is observed as a transient source only due to its large distance.

This difference in the fundamental cause of the variability observed in different SFXT systems is suggestive of the fact that the SFXT class is a phenomenological group defined by the duration and dynamic range of the flares and consists of multiple populations of wind-fed Sg-XRBs whose enhanced level of variability arises from different physical origins. These populations could also be the result of different evolutionary paths followed to reach the current Sg-XRB state as Liu, Chaty & Yan (2011) argued that some longer orbital period SFXTs (namely IGR J18418–0311 and IGR J11215–5952) were most likely to have evolved from OeXRB systems. Such systems, as with the BeXRBs known currently, would likely have had longer, more eccentric orbits which would not change significantly when the main-sequence Oe star evolved off the main sequence, thus providing the current orbital configuration inferred in the SFXTs (Liu et al. 2011).

To gain further understanding into the accretion processes occurring and the possible different subpopulations that make up the SFXT class will require high-sensitivity X-ray observations covering wide regions of orbital phase. Additionally, an accurate characterization of the supergiant stellar and stellar wind parameters in individual SFXTs will aid in identifying the accretion scenarios occurring under stricter physical constraints. In particular, achieving sensitive monitoring of SFXTs over the entire orbital period range is imperative in identifying if there is a systematic change in behaviour between sources whose orbital parameters are more consistent with Sg-XRBs and those whose parameters more closely resemble BeXRBs.

5 CONCLUSIONS

In this work we have presented new combined INTEGRAL and XMM-Newton observations of the intermediate SFXT IGR J16418-4532. We have identified features in the XMM-Newton data that are consistent with the presence of dense stellar wind clumps as predicted by the nominal 'clumpy wind' model of SFXT emission along with the first ever detection of an X-ray 'dip' in the light curve of a pulsating SFXT. Through considerations of the cause of this dip and the luminosity levels detected, we conclude that the most likely cause was the switching of accretion modes from a Compton-cooling-dominated to a radiative-cooling-dominated regime within the framework of a subsonic quasi-spherical accretion flow (Shakura et al. 2012). Further observations and characterization of IGR J16418-4532 are required to definitively identify this scenario as the correct explanation of the observed behaviour but, if confirmed, IGR J16418-4532 would be required to host a highly magnetized, $B \sim 10^{14} \, \mathrm{G}$, NS. In this case, the observations presented in this paper would represent the first observational evidence of such an object being hosted in an SFXT. It is likely that the observational properties of IGR J16418-4532, that of a persistent wind-fed Sg-XRB with an enhanced dynamic range, are in part defined by the high level of turbulence in the stellar wind being experienced by the NS in its short orbit close to the companion supergiant star. The orbital geometry and flare generation mechanisms observed in IGR J16418-4532 represent a departure from the nominal model of SFXT behaviour. This suggests that there may be subpopulations within the SFXT class that, whilst having some similar defining observational characteristics (dynamic range, flare luminosities, stellar companions), generate the observed X-ray behaviour through a variety of different processes.

ACKNOWLEDGEMENTS

The authors wish to thank the anonymous referees for their useful and instructive comments. The authors also wish to thank S. Chaty for his helpful discussion and information on the supergiant spectral type in IGR J16418-4532. SPD acknowledges support from the UK Science and Technology Facilities Council, STFC. MEG is supported by a Mayflower scholarship from the University of Southampton. LS acknowledges financial support from PRIN INAF 2009. VAM acknowledges support from the University of Cape Town (UCT) and the National Research Federation (NRF) of South Africa. ABH acknowledges that this research was supported by a Marie Curie International Outgoing Fellowship within the 7th European Community Framework Programme (FP7/2007-2013) under grant no. 275861. This research has made use of the SIMBAD data base, operated at CDS, Strasbourg, France. This research has made use of the IGR Sources page maintained by J. Rodriguez and A. Bodaghee (http://irfu.cea.fr/Sap/IGR-Sources/).

REFERENCES

Arnaud K. A., 1996, in Jacoby G. H., Barnes J., eds, ASP Conf. Ser. Vol. 101, Astronomical Data Analysis Software and Systems. Astron. Soc. Pac., San Francisco, p. 17

Bird A. J., Bazzano A., Hill A. B., McBride V. A., Sguera V., Shaw S. E., Watkins H. J., 2009, MNRAS, 393, L11

Blondin J. M., Stevens I. R., Kallman T. R., 1991, ApJ, 371, 684

Bozzo E., Stella L., Israel G., Falanga M., Campana S., 2008, MNRAS, 391, L108

Bozzo E. et al., 2011, A&A, 531, A130

Bozzo E., Pavan L., Ferrigno C., Falanga M., Campana S., Paltani S., Stella L., Walter R., 2012, A&A, 544, A118

Castor J. I., Abbott D. C., Klein R. I., 1975, ApJ, 195, 157

Chaty S., Rahoui F., Foellmi C., Tomsick J. A., Rodriguez J., Walter R., 2008, A&A, 484, 783

Clark D. J. et al., 2010, MNRAS, 406, L75

Corbet R. H. D., 1986, MNRAS, 220, 1047

Corbet R. et al., 2006, ATel, 779, 1

Dickey J. M., Lockman F. J., 1990, ARA&A, 28, 215

Doroshenko V., Santangelo A., Suleimanov V., 2011, A&A, 529, A52

Doroshenko V., Santangelo A., Ducci L., Klochkov D., 2012, A&A, 548, A19

Ducci L., Sidoli L., Mereghetti S., Paizis A., Romano P., 2009, MNRAS, 398, 2152 Ducci L., Sidoli L., Paizis A., 2010, MNRAS, 408, 1540

Eggleton P. P., 1983, ApJ, 268, 368

Gabriel C. et al., 2004, in Ochsenbein F., Allen M. G., Egret D., eds, ASP Conf. Ser. Vol. 314, Astronomical Data Analysis Software and Systems (ADASS) XIII. Astron. Soc. Pac., San Francisco, p. 759

Göğüş E., Kreykenbohm I., Belloni T. M., 2011, A&A, 525, L6

Goldwurm A. et al., 2003, A&A, 411, L223

Hatchett S., McCray R., 1977, ApJ, 211, 552

Illarionov A. F., Sunyaev R. A., 1975, A&A, 39, 185

in't Zand J. J. M., 2005, A&A, 441, L1

in't Zand J. J. M., Baykal A., Strohmayer T. E., 1998, ApJ, 496, 38

Jain C., Paul B., Dutta A., 2009, MNRAS, 397, L11

Jansen F. et al., 2001, A&A, 365, L1

Kreykenbohm I. et al., 2008, A&A, 492, 511

Levine A. M., Bradt H. V., Chakrabarty D., Corbet R. H. D., Harris R. J., 2011, ApJS, 196, 6

Lewis W., Rappaport S., Levine A., Nagase F., 1992, ApJ, 389, 665

Liu Q. Z., Chaty S., Yan J. Z., 2011, MNRAS, 415, 3349

Lomb N. R., 1976, Ap&SS, 39, 447

Lund N. et al., 2003, A&A, 411, L231

Nagase F., 1989, PASJ, 41, 1

Naik S., Paul B., Ali Z., 2011, ApJ, 737, 79

Negueruela I., Smith D. M., Reig P., Chaty S., Torrejón J. M., 2006, in Wilson A., ed., ESA SP: 604, Proceedings of the The X-ray Universe 2005. ESA, Noordwijk, p. 165

Oskinova L. M., Feldmeier A., Kretschmar P., 2012, MNRAS, 421, 2820

Rampy R. A., Smith D. M., Negueruela I., 2009, ApJ, 707, 243

Romano P. et al., 2012, MNRAS, 419, 2695

Scargle J. D., 1982, ApJ, 263, 835

Sguera V. et al., 2005, A&A, 444, 221

Sguera V. et al., 2006, ApJ, 646, 452

Sguera V., Drave S. P., Bird A. J., Bazzano A., Landi R., Ubertini P., 2011, MNRAS, 417, 573

Shakura N., Postnov K., Kochetkova A., Hjalmarsdotter L., 2012, MNRAS, 420, 216

Shakura N., Postnov K., Hjalmarsdotter L., 2013, MNRAS, 428, 670

Sidoli L., 2011, preprint (arXiv:1111.5747)

Sidoli L., Mereghetti S., Sguera V., Pizzolato F., 2012, MNRAS, 420, 554

Sidoli L. et al., 2013, MNRAS, 29, 2763

Strüder L. et al., 2001, A&A, 365, L18

Tomsick J. A., Lingenfelter R., Corbel S., Goldwurm A., Kaaret P., 2004, Astron. Telegram, 224, 1

Turner M. J. L. et al., 2001, A&A, 365, L27

Ubertini P. et al., 2003, A&A, 411, L131

Walter R. et al., 2006, A&A, 453, 133

Walter R., Zurita Heras J., 2007, A&A, 476, 335

Wilms J., Allen A., McCray R., 2000, ApJ, 542, 914

Winkler C. et al., 2003, A&A, 411, L1

This paper has been typeset from a TEX/LATEX file prepared by the author.