

1 **Harmonic Generation via χ^3 Intermodal Phase Matching in**
2 **Microfibers**

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1 Harmonic Generation via $\chi^{(3)}$ Intermodal Phase Matching in 2 Microfibers

3 Intermodally phase matched up- and down-conversion processes based on the
4 third order nonlinearity have been proposed to efficiently generate light in the
5 UV and mid-IR wavelength regions in solid core silica optical fibers and optical
6 microfibers. We study waveguide parameters and practical considerations
7 required for optimum conversion.

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9 Keywords: Non Linear Fibers, fiber optics, frequency conversion, Wavelength
10 Conversion, Multiwavelength

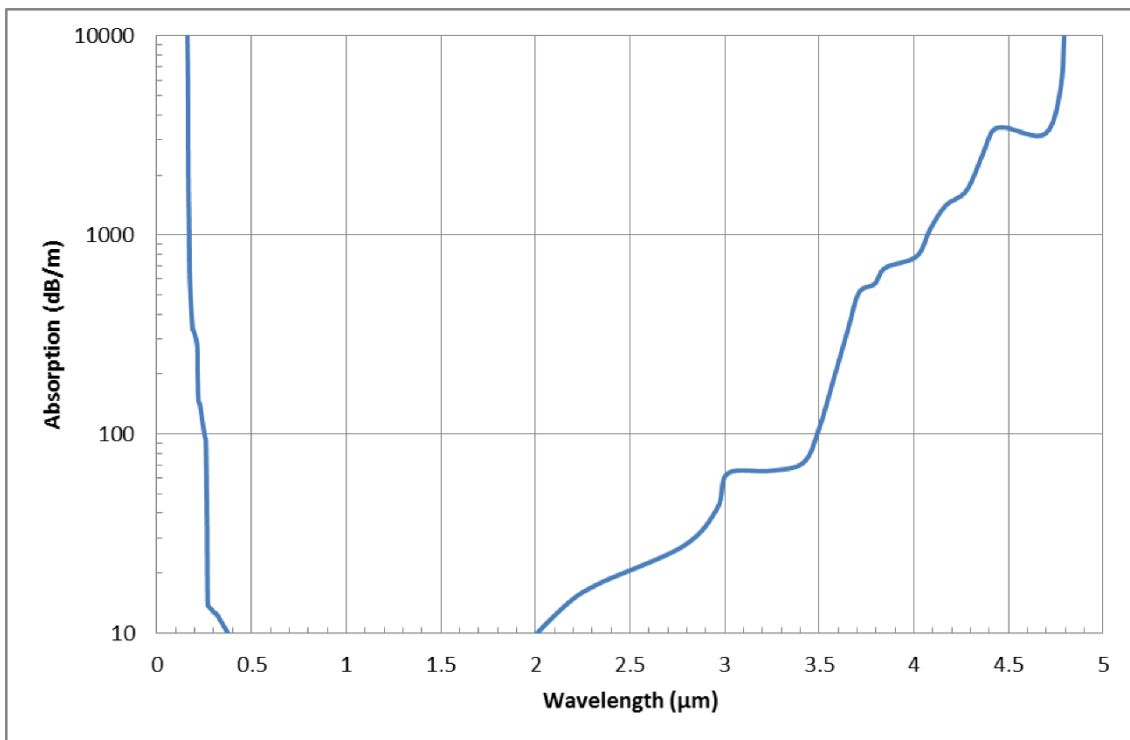
11 1. Introduction

12 Centrosymmetric amorphous media has been a candidate for the exploitation of third
13 order $\chi^{(3)}$ nonlinearity for parametric nonlinear harmonic conversion processes. These
14 processes include third harmonic generation (THG) and three-photon generation (TPG)
15 which generate light at triple or one third of the pump frequency, respectively. The main
16 requirement for these two processes is that the effective refractive indices (n_{eff}) of the
17 pump (ω) and harmonic (3ω) frequencies are equal ($n_{eff}(\omega) = n_{eff}(3\omega)$). This so-
18 called phase matching condition, however, cannot be satisfied for the fundamental modes
19 of both frequencies, and the resulting phase mismatch due to material and waveguide
20 dispersion leads to exceedingly low efficiencies. The same cannot be said about higher
21 order modes, which generally have lower effective indices than the fundamental mode
22 [1]. Therefore, intermodal phase matching has been proposed as a means to achieve high
23 conversion efficiency in a number of high contrast waveguides, including microstructured
24 fibers [2], optical fiber nanowires [3-6] and high numerical aperture (NA) fibers [7].
25 Optical microfibers provide an additional advantage, as the effective nonlinearity is
26 strongly enhanced in such waveguides due to tight modal confinement [8]. In this paper,

1 the generation of light in UV and mid-IR via THG and TPG in optical microfibers are
2 discussed theoretically to investigate the feasibility for efficient frequency conversion.

3 **2. Material Consideration**

4 Optical fibers have long been regarded to be opaque in the UV and mid-IR regions for
5 two main reasons: (1) the dopants used to increase the core refractive index (primarily
6 germanium and phosphorous oxides) had a strong absorption for wavelengths below 350
7 nm, and (2) there is a relatively high cumulative absorption if long lengths of fibers were
8 considered [1,2]. Therefore, these regions are thought to be unsuitable for light
9 generation. However, as we are interested in this region, we shall first consider the lowest
10 possible losses present in silica in these wavelength regions.



11 Figure. 1. Loss of pure silica in the UV until mid-IR [9-13]

12

13 The absorption of pure silica is presented in Figure 1 for the UV and mid-IR
14 wavelength regions, respectively. Losses are smaller than 1 dB/cm in the wavelength
15 range $0.2 < \lambda < 3.5 \mu\text{m}$, and exceeds 1 dB/mm only at $\lambda > 4.1 \mu\text{m}$. Therefore, pure

1 silica fibers (such as the submarine telecom fibers or in optical microfibers) can be
 2 employed to achieve light generation and propagation in the UV or mid-IR over lengths
 3 of the order of several mm without incurring excessive losses.

4 **3. $\chi^{(3)}$ Processes**

5 The phase matching condition required for THG and TPG can be achieved by tailoring
 6 waveguide geometry and index contrast, easily achieved by solving the rigorous modal
 7 eigenvalue equations assuming a step index profile for the waveguide [14]. The equations
 8 are solved for different modes for a range of microfiber diameters, with the phase
 9 matching diameter being the diameter at which the effective indices of the fundamental
 10 mode is the same as one of the harmonic modes. Following this, the conversion efficiency
 11 η can be obtained by evaluating the amplitudes of both the fundamental and harmonic
 12 wavelengths, attained by solving the following coupled equations [2]:

$$\frac{\partial A_1}{\partial z} = i\gamma_0[(J_1|A_1|^2 + J_2|A_3|^2)A_1 + J_3(A_1^*)^2 A_3 e^{i\Delta\beta z} - \alpha_1 A_1] \quad (1)$$

$$\frac{\partial A_3}{\partial z} = i\gamma_0[(6J_2|A_1|^2 + 3J_5|A_3|^2)A_3 + J_3(A_{P1}^*)^3 e^{-i\Delta\beta z} - \alpha_3 A_3] \quad (2)$$

13 where the subscripts 1 and 3 refer to pump and harmonic signals, A_1 and A_3 are the
 14 amplitudes of the pump and the third harmonic mode, J_i are the modal overlaps between
 15 different modes of the power-normalized electric field distributions, $\Delta\beta = \beta(3\omega) -$
 16 $3\beta(\omega)$ is the detuning, $\gamma_0 = 2\pi n^{(2)}/\lambda$, $n^{(2)}$ is the nonlinear refractive index and
 17 α_1, α_3 are the losses in the waveguide.

18 The mathematical forms of the J_i and their respective physical interpretations are
 19 given in Table 1, where we have denoted F_i as the transverse electric mode field of either
 20 pump (F_1) or harmonic (F_3) [3].

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1 Table 1. Physical interpretation of J_n integrals

J_n	Mathematical expression	Physical interpretation
J_1	$\frac{1}{3} \iint_{A_{NL}} (2 F_1 ^4 + F_1^2 ^2) dS$	Self-Phase Modulation (SPM) of pump field
J_2	$\frac{1}{3} \iint_{A_{NL}} (F_1 ^2 F_3 ^2 + F_1 \cdot F_3 ^2 + F_1 \cdot F_3^* ^2) dS$	Cross-Phase Modulation (SPM) between pump and harmonic fields
J_3	$\iint_{A_{NL}} (F_1^* \cdot F_3)(F_1^* \cdot F_1^*) dS$	Phase matched intermodal energy transfer via THG
J_5	$\frac{1}{3} \iint_{A_{NL}} (2 F_3 ^4 + F_3^2 ^2) dS$	Self-Phase Modulation (SPM) of harmonic field

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It should be noted that though the two equations are not symmetric, they do allow for the transfer to occur in both directions, i.e. from the pump to the harmonic wavelength as well as from the harmonic to the pump wavelength. The main difference is that the former case, THG can occur with just the presence of a strong long wavelength pump signal, whereas the latter case, TPG, will only occur with the simultaneous presence of a long-wavelength seed and a short-wavelength ‘pump’ [15].

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3.1 THG UV Generation

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3.1.1 Theoretical considerations

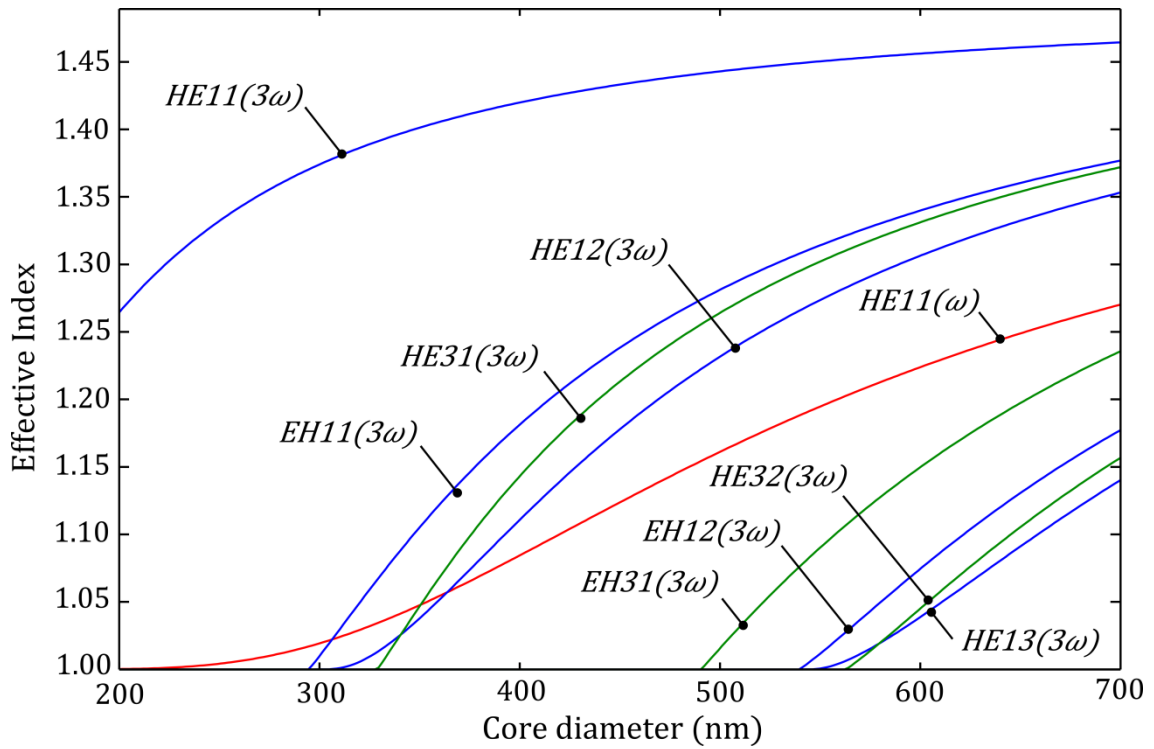
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As mentioned previously, THG UV generation in microfibers require phase matching between the fundamental and harmonic modes of the two wavelengths. The phase matching conditions for the different modes are shown in Figure 2, with the values given

1 in Table 2. Note that the pump wavelength employed is in the near-IR ($\lambda_1 = 0.8 \mu m$)
 2 such that the harmonic is generated in the UV.



3 Figure 2. Dependence of the effective index with diameter for THG phase matching for
 4 UV generation for a fluorine doped silica microfiber in air. The pump wavelength, λ_p ,
 5 is $0.8 \mu m$, with and harmonic wavelength, λ_h , is $0.266 \mu m$.

6 The efficiency of the THG process to each mode is obtained by simultaneously
 7 solving equations 1 and 2. The waveguide is assumed lossless at the pump wavelength
 8 ($\alpha_1 = 0$), as there is negligible absorption in relatively short fibers [11], [16], and
 9 adiabatic microfibers have very small loss in the near infrared [17]. From equations 1 and
 10 2, the main contributor to the THG is the J_3 overlap, as it is the modal overlap between
 11 the fundamental mode of the pump and the harmonic mode of the generated wavelength.
 12 The efficiency of each mode for wavelengths of $0.8 \mu m$ and $1.064 \mu m$ is given in figure
 13 3, and it is clear that the highest overlap is between the fundamental HE_{11} mode and the
 14 HE_{12} mode, followed by the HE_{31} mode. Furthermore, from Figure 4, the value of J_3
 15 increases for decreasing wavelengths, indicating that the nonlinear effect is more

1 pronounced at shorter wavelength, and therefore might offset the limitations of loss and
 2 dispersion as the pump move to shorter wavelengths.

3

4 Table 2. Phase matching diameters and effective indices for THG between fundamental
 5 pump mode and different third harmonic modes for a silica microfiber in air. Pump
 6 wavelength is $\lambda_p = 0.8 \mu m$

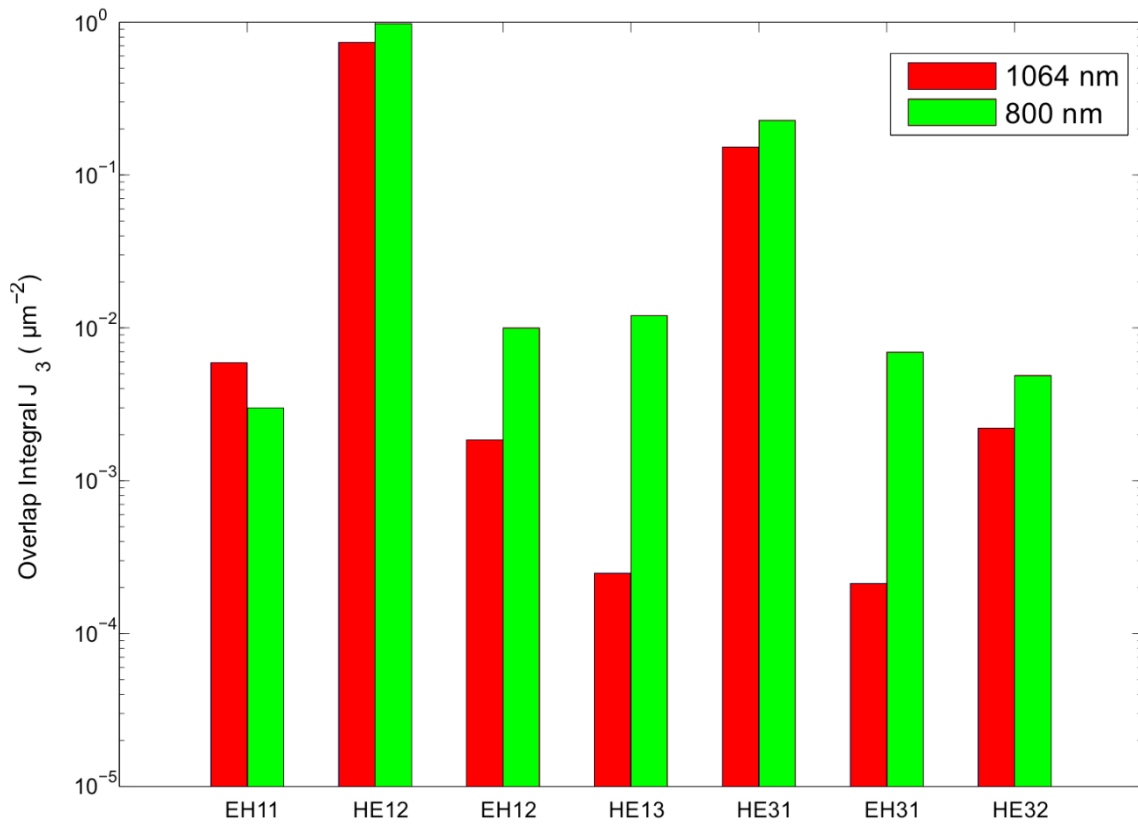
Fundamental	Harmonic	$D(\mu m)$	n_{eff}
HE11	EH11	0.3	1.02
HE11	HE12	0.36	1.06
HE11	EH12	1.13	1.38
HE11	HE13	1.24	1.39
HE11	EH13	2.10	1.43
HE11	HE14	2.17	1.43
HE11	HE31	0.35	1.05
HE11	EH31	0.85	1.33
HE11	HE32	0.35	1.05

7 The large variation in maximum efficiency for the different modes can be
 8 understood by investigating the intensity distribution of the different modes, as the
 9 efficiency is highly dependent on the spatial overlap of the electric field distributions of
 10 the two interacting modes. The intensity distribution shown in Figure 5 provides a visual
 11 understanding of the modes spatial overlap. There is a visible significant overlap between
 12 the HE_{11} and HE_{12} modes, while a relatively small overlap between the HE_{11} and EH_{11}
 13 modes, hence the observation that the HE_{12} mode being much more efficient than the
 14 EH_{11} mode. This observation can be extended to all the other higher harmonic modes.

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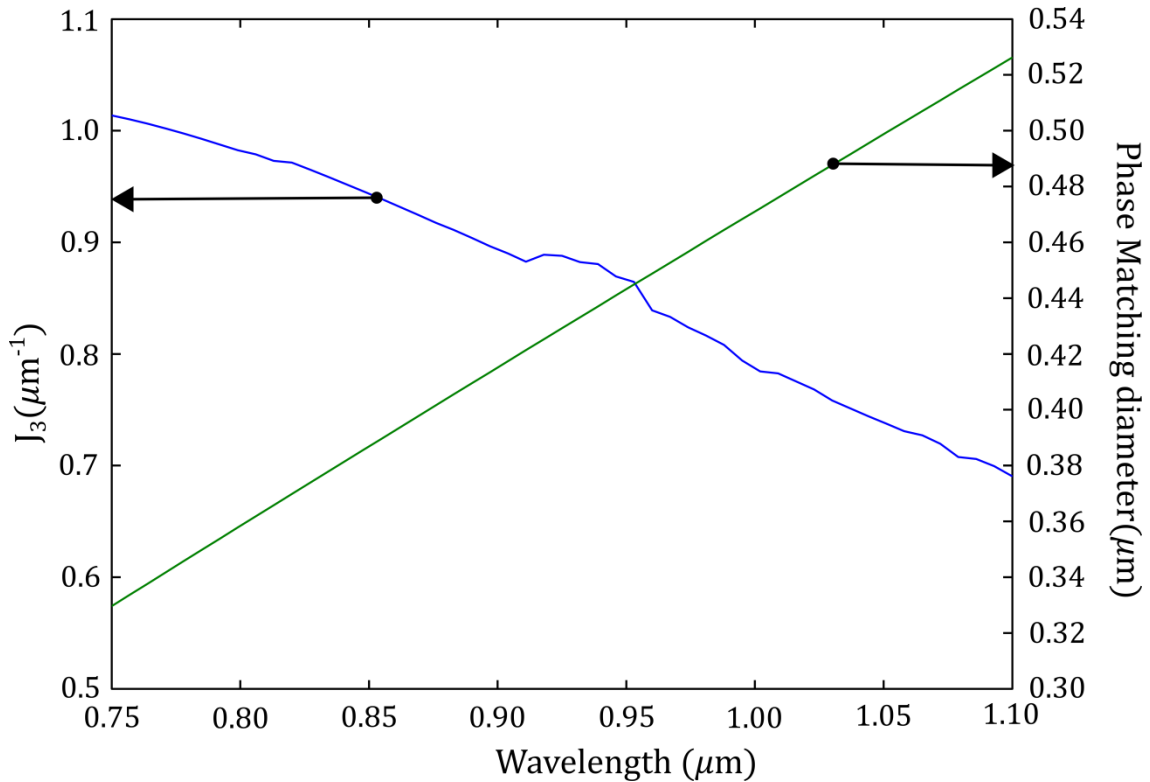
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4 Figure 3. The values of the J_3 overlap between the fundamental mode at the pump
5 wavelength with for different higher order modes at the harmonic wavelength. Two
6 different pump wavelengths $\lambda_1 = 0.8 \mu\text{m}$ and $\lambda_1 = 1.064 \mu\text{m}$ are shown as comparison.

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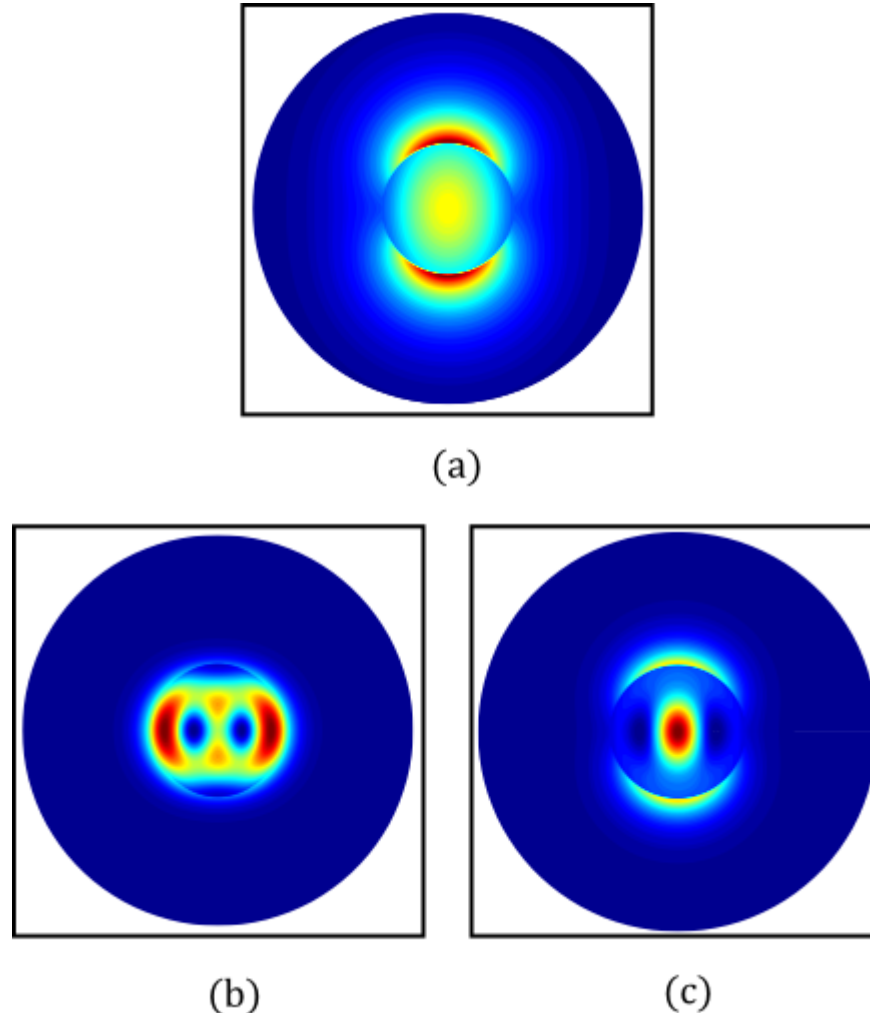


1 Figure 4. Variation of the values of the J_3 overlap and phase matching diameters with
 2 with wavelength. J_3 determines the efficiency of the THG process, and the increase in J_3
 3 can be understood to be due to increasing modal confinement as the wavelength is
 4 reduced.

5
 6 The effect of loss on efficiency, included in equations 1 and 2, is shown in Figure
 7 6. The process efficiency can be quite high, up to $\eta = 80\%$, over several mm when
 8 coupled with the $HE_{12}(3\omega)$ mode. Even for higher losses of around 0.8 dB/mm, it is still
 9 possible to attain 40% conversion, but the harmonic signal falls with distance quickly and
 10 hence should be coupled out after 5 mm. This is expected as more of the generated light
 11 is absorbed as it traverses longer distances, causing absorption effects to dominate at
 12 longer distances. As the regime of loss in which silica operates is very small, the optimal
 13 length for THG - shown as the dotted line in Figure 6 - is quite high, although it can be
 14 seen that the THG efficiency exceed 60% for distances from 5 mm and above. Shorter

1 pumping wavelengths allow for higher efficiencies since the tighter maximum modal
2 confinement increases the overlap.

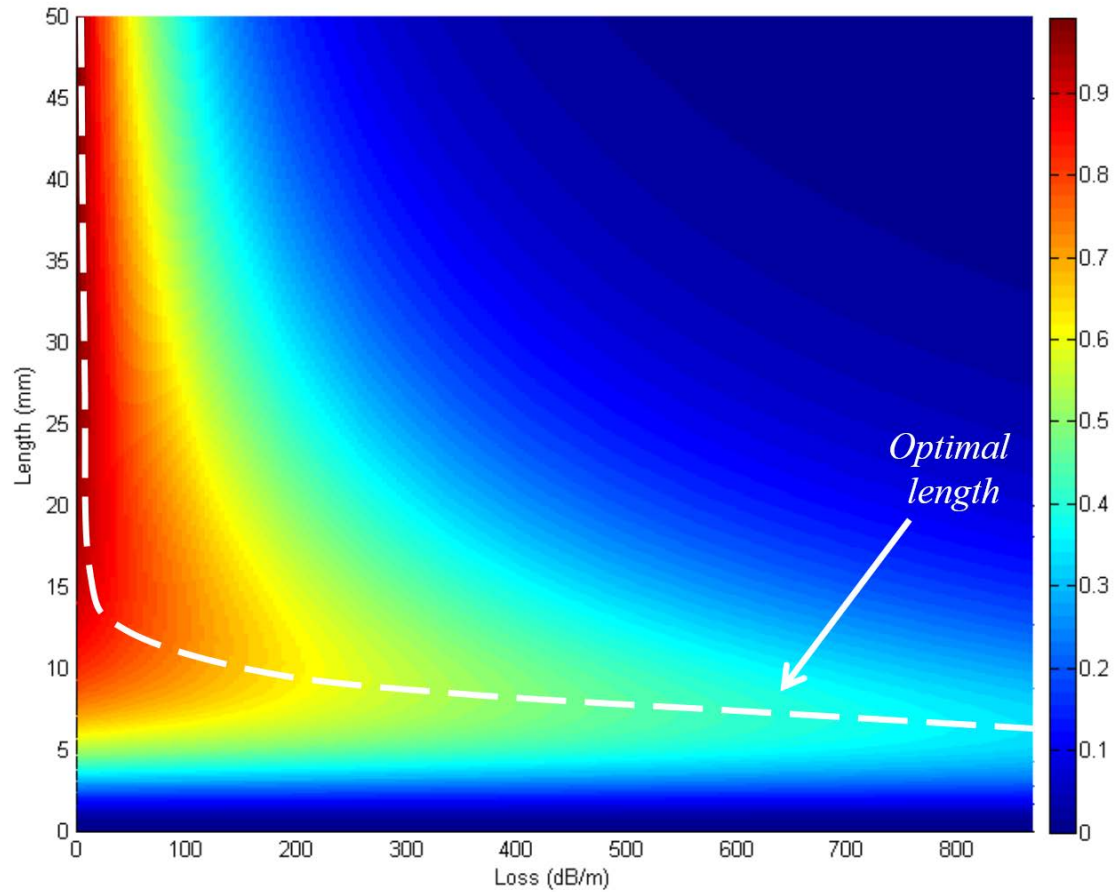
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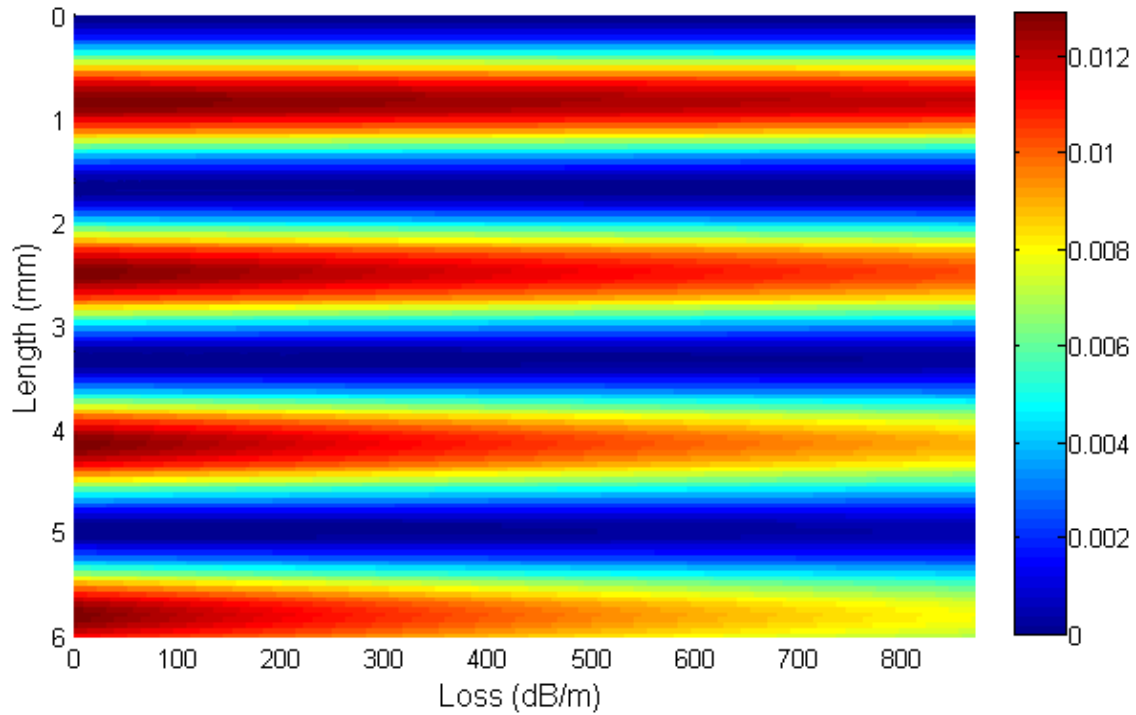
4 Figure 5. Intensity field distribution for (a) HE_{11} mode for the pump wavelength ($0.8 \mu m$)
5 and (b) HE_{12} and (c) EH_{11} modes for the harmonic wavelength ($0.267 \mu m$), both at their
6 respective critical diameter.

7 However, for real microfibers exhibit other nonlinear effects, i.e. Self-Phase
8 Modulation (SPM) and Cross Phase Modulation (XPM). The change in diameter required
9 to remove these effects are minute and extremely sensitive to variation, making it
10 practically impossible to achieve. The efficiency of more realistic microfibers is
11 represented in figure 7, where oscillations in efficiency are clearly seen. These
12 oscillations are attributed to SPM and XPM effects, encapsulated in J_1 , J_2 and J_5 in

1 equations 1 and 2. The reduction in the strength of the oscillations at longer lengths and
2 at higher losses is due to the depletion of the pump wavelength, which therefore reduces
3 both SPM and XPM effects, in addition to the harmonic generation.



4 Figure 6. Effect of UV absorption loss α_3 on the efficiency η of THG using a $\lambda_1 =$
5 $0.8 \mu\text{m}$ pump, when coupled to the $\text{HE}_{12}(3\omega)$ mode with $\alpha_1 = 0$ and $P_1 = 1 \text{ kW}$ for an
6 ideal microfiber corrected for SPM and XPM effects.



1 Figure 7. Changes in efficiency η of THG due to UV loss, α_3 for a pump wavelength of
 2 $\lambda_1 = 0.8 \mu m$ coupled to the $HE_{12}(3\omega)$ mode for a realistic microfiber at the phase
 3 matching diameter. Calculations were made for a fiber with no loss at the pump
 4 wavelength ($\alpha_1 = 0$) and $P_1 = 1$ kW.

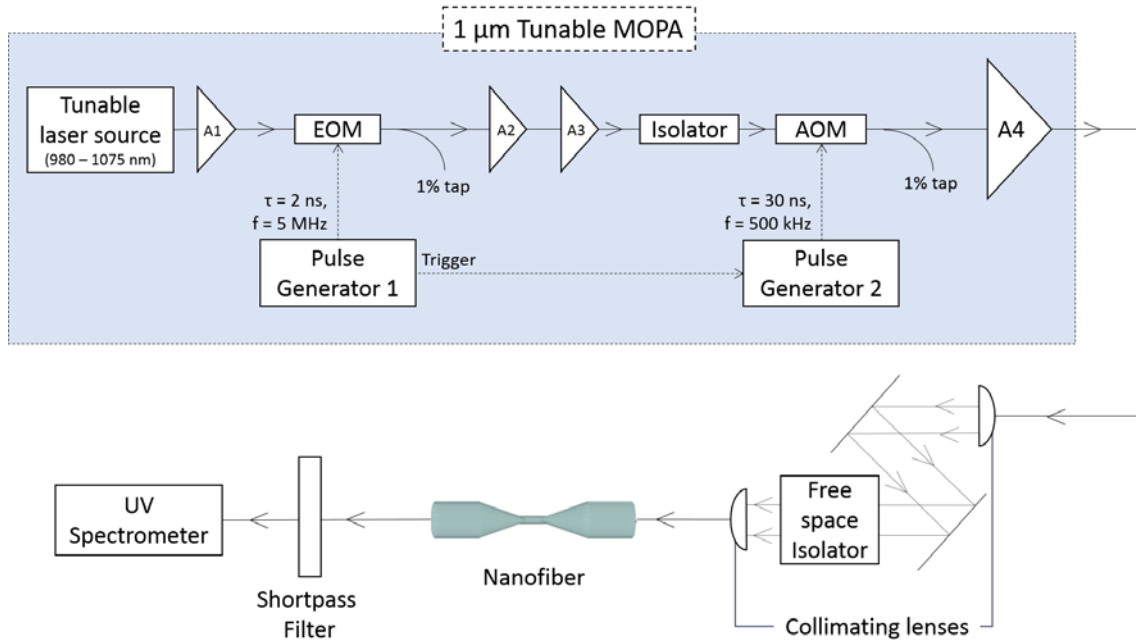
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6 3.1.2 Experimental result

7 To demonstrate the feasibility of UV generation via THG, a Ytterbium Doped Fiber Laser
 8 MOPA system, shown in figure 8a, with a spectral peak at $1.068 \mu m$, pulse width of 2
 9 ns, repetition rate of 500 kHz, maximum peak power of 5 kW and maximum average
 10 power of 5 W was employed to investigate the generation of UV at $0.356 \mu m$.

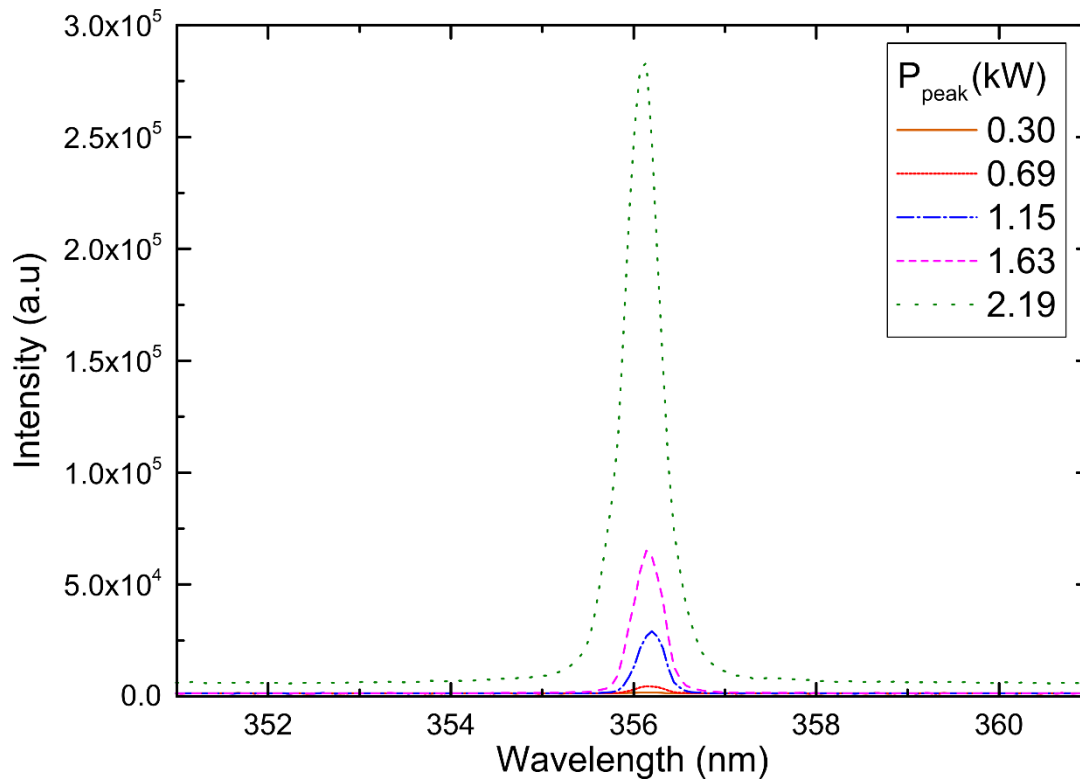
11 To achieve THG between the $HE_{11}(\omega)$ and $HE_{12}(3\omega)$ modes, a fiber diameter of
 12 $0.513 \mu m$ is required to satisfy the phase matching condition. However microfibers with
 13 waists slightly smaller than the optical diameter can satisfy the phase matching condition
 14 at several locations in the transition region of the microfiber [5]. We therefore fabricated
 15 a microfiber with a waist of ~ 501 nm, which is consistently smaller than the phase

- 1 matching diameter. The output spectra are then monitored using an OceanOptics
- 2 USB4000 spectrometer, and the output power is increased until the taper broke. The
- 3 resulting spectra are given in Figure 8b.



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Figure 8a



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Figure 8b

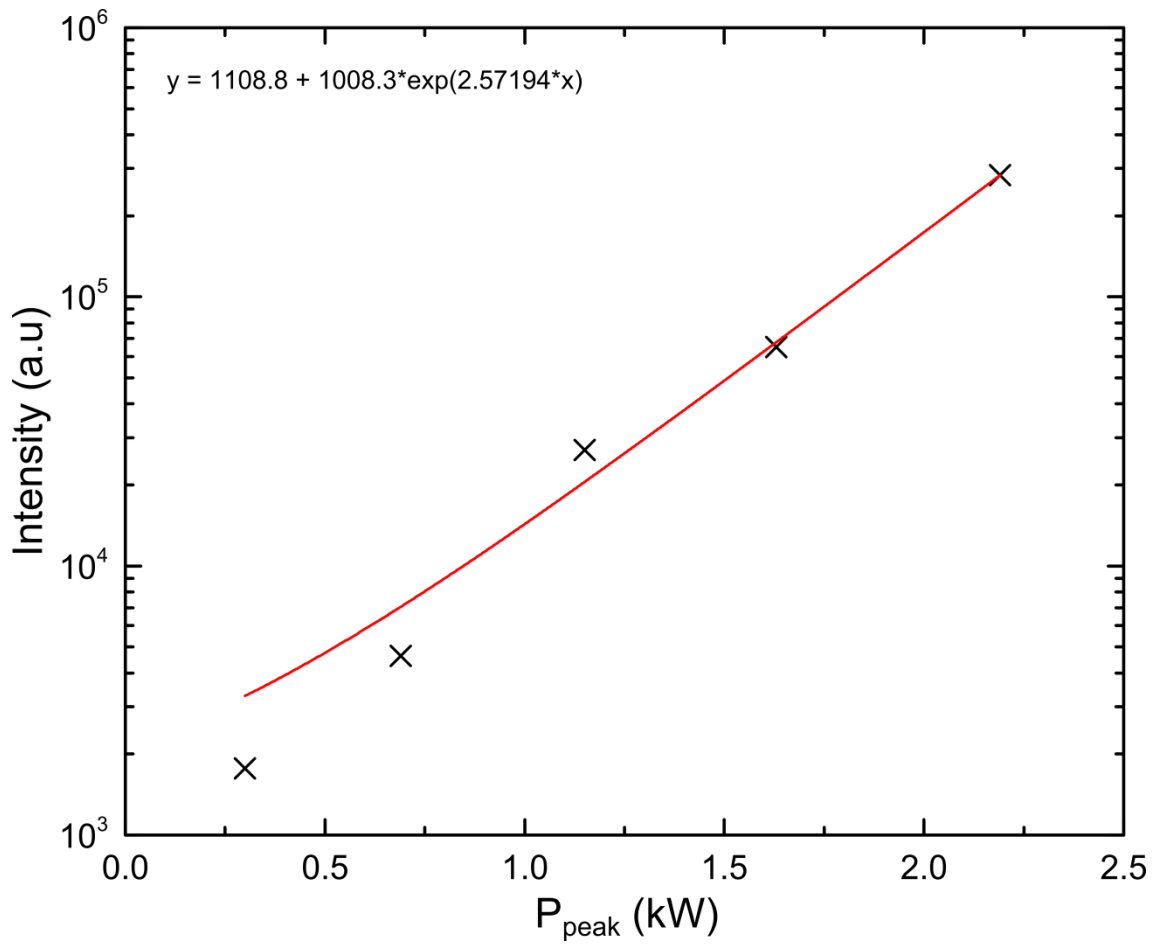


Figure 8c

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 2 Figure 8. (a) Schematic of the Ytterbium Doped Fiber (YDF) Master Oscillator
 3 Parametric Amplifier (MOPA) used in the THG UV experiment. Note: EOM is Electro-
 4 Optic Modulator, AOM is Acousto-Optic Modulator, A1 – A4 are amplifiers. (b)
 5 Spectral output for THG for a pump wavelength of $\lambda_1 = 1.068 \mu m$ with 5 different
 6 peak powers. (c) Dependence of the peak intensity on input peak power. The
 7 exponential fit equation is included.

8

9 THG for five different peak powers have been investigated, as the microfiber
 10 broke for peak powers exceeding 2.2 kW. As can be seen, the peak is at 356.14 nm. The
 11 FWHM is less than 0.5 nm, which is also within experimental error. Figure 8c shows the
 12 dependence of the peak power at 356.14 nm on the input power. The peak intensity has a
 13 cubic dependence on the input power, which is expected from a $\chi^{(3)}$ process. The inability

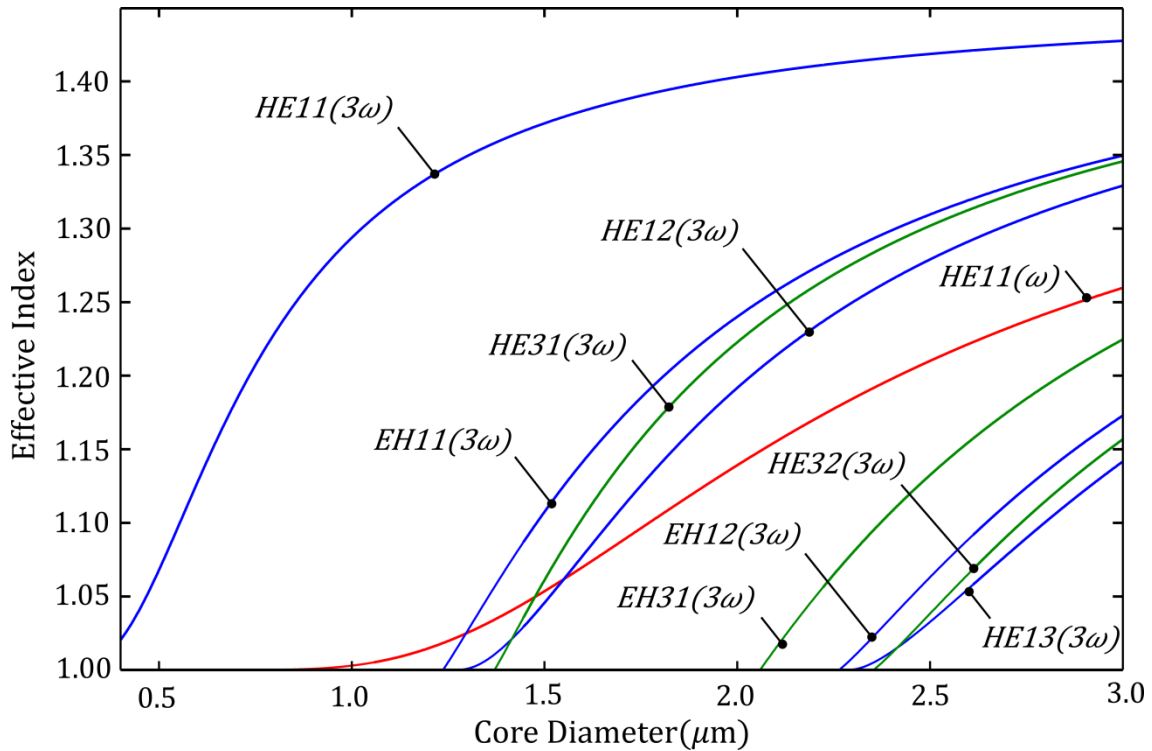
1 to achieve the highest possible efficiency has been attributed to the imperfections in the
2 diameter uniformity. Regardless of this, THG in microfibers can be a very promising
3 candidate for efficient generation of light in the UV if optimization can take into account
4 SPM and XPM effects.

5 **3.2 Mid-IR Generation**

6 In addition to the THG process, $\chi^{(3)}$ nonlinearity can also support parametric
7 downconversion, known as one third harmonic generation or TPG. This process allows
8 the amplification of optical waves at longer wavelength by using a pump source at shorter
9 wavelength via parametric downconversion in the optical microfiber. The TPG process
10 has been previously analyzed by using highly Germanium-doped fibers [18]. However,
11 because of the choice of materials, the optimized modes at the shorter wavelength can
12 only be HE₁₃, with HE₁₁ being the mode at the longer wavelength. The disadvantage of
13 this is that while the Germanium-doped fibers can potentially be much longer than optical
14 microfibers, the modal overlap between HE₁₃ and HE₁₁ is much smaller than that between
15 HE₁₁ and HE₁₂, requiring much larger lengths for the same theoretical efficiency.

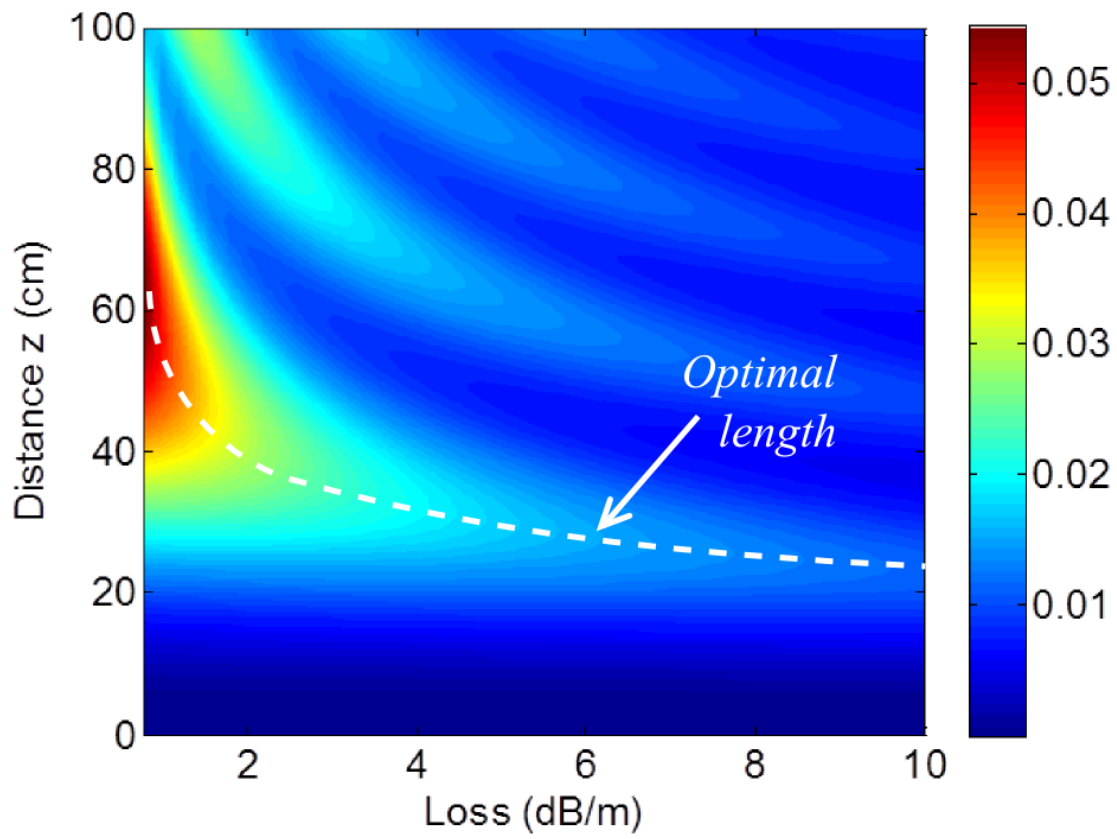
16 Here we consider the interaction between $\lambda_3=1.064 \mu\text{m}$ (pump) and $\lambda_1=3.192 \mu\text{m}$
17 (seed) in an optical microfiber. The required phase matching conditions for TPG using a
18 higher order mode at 3ω to produce one-third (ω) harmonic in the mid-IR at the
19 fundamental mode is illustrated in Figure 9. As with the case of UV generation, the most
20 suitable mode for TPG is still the HE₁₂. For this mode, the required phase matching
21 diameter is about $1.55 \mu\text{m}$ and the J_3 overlap integral is about $0.07 \mu\text{m}^{-2}$.

22



1 Figure 9. Dependence of the effective indices of the pump and one-third harmonic
 2 modes against diameter for TPG in a silica microfiber in air. Pump wavelength is $\lambda_1 =$
 3 $1.064 \mu\text{m}$.

4 However, as mentioned earlier, the TPG process must be seeded to achieve high
 5 efficiency. Assuming a pump power of 1 kW at λ_3 and a seed power of 50 W at λ_1 , the
 6 TPG conversion efficiency with different transmission loss at $3.192 \mu\text{m}$ are shown in
 7 Figure 10. It was found that the TPG conversion efficiency is more sensitive to
 8 transmission losses as compared to THG. Therefore, in order to obtain conversion
 9 efficiencies higher than 2%, transmission losses of less than 4 dB/m is preferred. The
 10 dependence of TPG performance on seed power is shown in Figure 11. Here, the pump
 11 power and loss were fixed at 1000 W and 0.8 dB/m, respectively, while the conversion
 12 evolution along fiber length was evaluated for seed powers of 10 W, 20 W and 100 W.
 13 The conversion efficiency is clearly highly dependent on the power level of the seed, and
 14 high conversion efficiencies are more easily achieved with high seed powers.



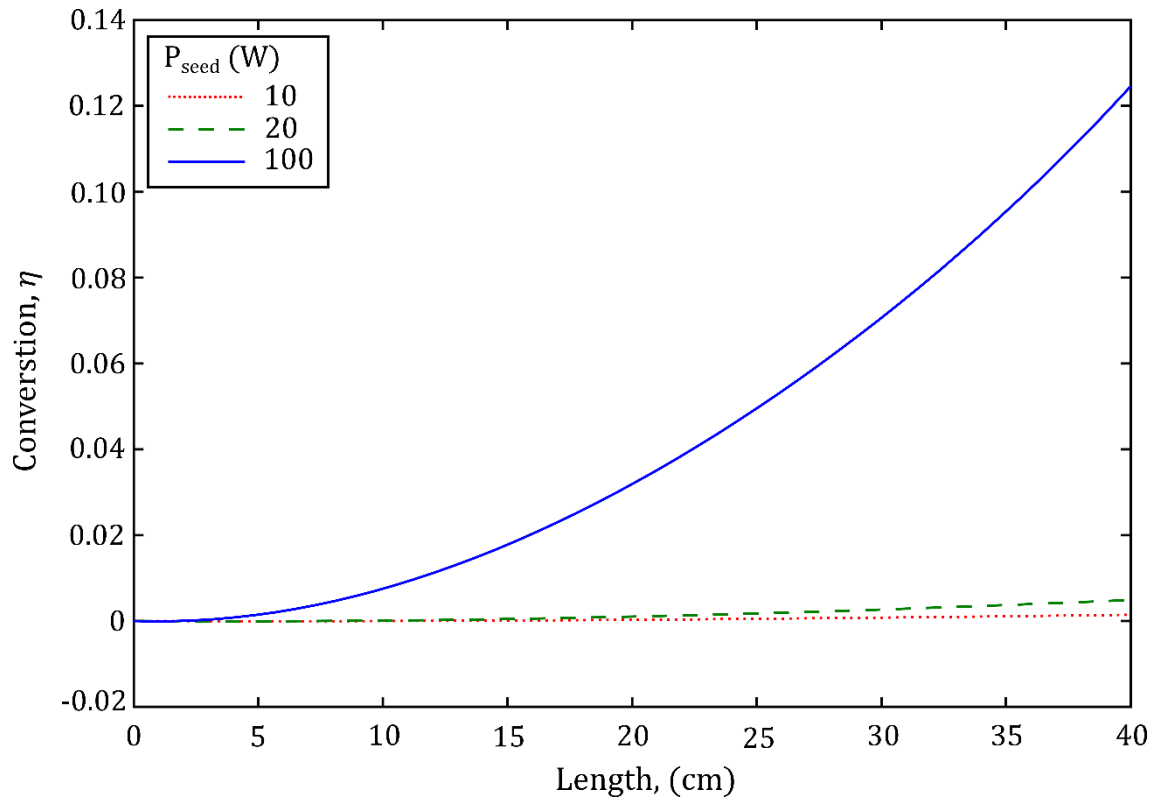
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2 Figure 10. Effect of Mid-IR transmission loss α_1 on the efficiency η of TPG using a $\lambda_3 =$

3 $1.064 \mu\text{m}$ pump for an ideal microfiber corrected for SPM and XPM effects.

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1 Figure. 11 TPG conversion with seed powers of 10 W, 20 W and 100W.

2 Conclusion

3 In conclusion, it is possible to exploit $\chi^{(3)}$ processes in silica to generate wavelengths
 4 within the UV and mid IR. The generation of both UV and mid IR radiation in optical
 5 microfibers requires the phase matching between the fundamental mode of the longer
 6 wavelength and a harmonic mode of the shorter wavelength. It was discovered that the
 7 most efficient harmonic mode to be the HE_{12} mode. However, other nonlinear effects
 8 such as SPM and XPM may be exhibited, requiring a slight detuning from the original
 9 phase matching diameter. The efficiency of such processes have been shown to be
 10 theoretically very high, and several experimental work have demonstrated the possibility
 11 of using this mechanism as a method of obtaining coherent radiation at wavelengths
 12 otherwise accessible via conventional means.

13

14

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