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UNIVERSITY OF SOUTHAMPTON

FACULTY OF ENGINEERING AND THE ENVIRONMENT

Transportation Research Group

**Investigating the environmental sustainability of rail travel in
comparison with other modes**

by

James A. Pritchard

Thesis for the degree of Doctor of Engineering

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UNIVERSITY OF SOUTHAMPTON

ABSTRACT

FACULTY OF ENGINEERING AND THE ENVIRONMENT

Transportation Research Group

Doctor of Engineering

INVESTIGATING THE ENVIRONMENTAL SUSTAINABILITY OF RAIL TRAVEL
IN COMPARISON WITH OTHER MODES

by James A. Pritchard

Sustainability is a broad concept which embodies social, economic and environmental concerns, including the possible consequences of greenhouse gas (GHG) emissions and climate change, and related means of mitigation and adaptation. The reduction of energy consumption and emissions are key objectives which need to be achieved if some of these concerns are to be addressed. As well as being an important component of sustainability in other sectors, a good transport system needs to be sustainable in its own right. Energy consumption and GHG emissions are important issues within the transport sector; in the European Union (EU), for example, transport is directly responsible for between 25 and 30 percent of all carbon dioxide (CO₂) emissions, and the inclusion of indirect (Scope 2 and Scope 3) GHG emissions may increase this proportion further. If reduction targets are to be met, it may be necessary to encourage behavioural change, including modal shift from those modes of transport which are comparatively highly polluting, towards those modes which pollute less. Rail is potentially a suitable target for such modal shift from road transport (notably the private car for passenger travel) and, in some case, from short-haul and domestic aviation. However, modal comparisons are often based on average data, and are reliant on a number of assumptions. There are likely to be some circumstances where modal shift towards rail makes more sense than others, but the use of average data does not enable policy makers to be discerning. It should also be noted that many modal comparisons are also based purely on operational energy consumption and emissions, and neglect to take the whole life-cycle in to account. Embedded energy and emissions from the construction of vehicles and infrastructure can be quite significant, as can the energy consumption and emissions from vehicle idling in the case of public transport modes. After considering the concept of environmental sustainability, this research begins by reviewing existing energy consumption and emissions data for vehicle operation, where it is noted that data for cars in Europe are quite comprehensive. Manufacturers are obliged to publish fuel consumption and emissions data for each model of car they sell, although the type approval tests do not reflect real-world performance. Studies are reviewed which suggest that the gap between the tests and the real-world has been widening in recent years. The gap appears to be independent of the size of vehicle, but is larger for hybrid vehicles than it is for those powered solely by a petrol or diesel internal combustion engine. Data for trains are less comprehensive, and that data which are available are often based on a limited empirical sample, or simulated data for which a number of assumptions have been made. Sometimes, the details of the measurements taken or simulation parameters used are unclear. As a result, published data for a particular type of train in the literature are sometimes found to vary significantly. In order to make more informed comparisons between rail and other modes, two large empirical datasets have been analysed. Two UK Train Operating Companies (TOCs) have also made data from energy metering systems on-board their electric trains available, which have been used to analyse the actual energy consumption of different trains over a number of different routes. The sample size is far larger than that found in literature to date, and it has been possible to consider variation between routes and service types. The

basic principles of simulating the energy consumption (and related emissions) of a train have also been illustrated, and a software tool has been developed for Arup so that it can now make some estimate of operational energy consumption and emissions for a given train over a given route. The aforementioned empirical data have also been used to validate the tool and suggest some appropriate simulation parameters. A review of existing literature concerning whole life-cycle analysis has been undertaken. It is clear that life-cycle costs vary significantly but in general, the overall life-cycle costs of rail appear to be higher than those for any other mode. The biggest additional factors appear to be the embedded carbon and energy in the infrastructure, particularly for a system comprising a lot of bridges, tunnels and large underground stations. For the vehicles themselves, trains typically have a longer lifespan than cars, which reduces the embedded carbon and energy as functions of time. When comparisons are made between modes, passenger-km is a metric which is often chosen, because it helps account for some of the fundamental differences between modes, including the fact that public transport modes usually use vehicles which are much bigger than the private car. In order to make comparisons on this basis, however, something about the load factor must be known. The sensitivity to load factor is demonstrated, and the earlier empirical data analysis is used to illustrate the benefits of longer trains. A discussion then follows about the potential pitfalls of making comparisons purely on a per passenger-km basis. This thesis ends by summarising some of the findings. Some consideration is given towards the future and the fact that technological developments are being made in both the motor and the rail industries.

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Declaration of Authorship

I, James A. Pritchard , declare that the thesis entitled *Investigating the environmental sustainability of rail travel in comparison with other modes* and the work presented in the thesis are both my own, and have been generated by me as the result of my own original research. I confirm that:

- this work was done wholly or mainly while in candidature for a research degree at this University;
- where any part of this thesis has previously been submitted for a degree or any other qualification at this University or any other institution, this has been clearly stated;
- where I have consulted the published work of others, this is always clearly attributed;
- where I have quoted from the work of others, the source is always given. With the exception of such quotations, this thesis is entirely my own work;
- I have acknowledged all main sources of help;
- where the thesis is based on work done by myself jointly with others, I have made clear exactly what was done by others and what I have contributed myself;
- parts of this work have been published as: (Pritchard, 2011), (Pritchard, 2012), (Pritchard, 2013a), (Pritchard, 2013b) and (Pritchard, Preston, and Armstrong, 2015).

Signed:.....

Date:.....

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A dirty mystery
Snaking along the tracks, secretly venomous,
To our pockets and to our skies
Whilst the rats chug along one behind the other
through smog they spew, spray and stream.
An army of rats would slay a snake,
chew on through it
or so it would seem.

The cost of creation is high, rotting the above from hidden bunkers that
no one sees.

Scales are forged and tunnels mined,
Dyed blotches open up and the snakes hidden wrath
grows tremendous as it burrows into the earth.
Out of sight it slogs through the dark heat, fuel burns fiercely
And though green hills and valleys stay clear and clean
silent death glugs out of the dark.

Meanwhile the rats learn to lick their wounds,
They run wild without much strain,
bred better engineered, they evolve greener brains
while the ancient snakes still move unchecked in the darkness.
Still nothing is known.

Age of metal and flame must wain
And among bricks and glass and rows of screens
A truth is chased in a blue room.
In that tiny space
non-descript,
questioned will be asked.
And the answers may change all that occurs
outside those plastered walls.
Names are kept secret, no one will take the blame,
For we all ride, need places to gain and life to attain.
Keys will be pushed,
simulations will speak half-truths
until one day
all
is revealed.

(Maté Jarai, Faculty of Humanities, written about this research in 2012 for The Litmus Project at the University of Southampton)

“The Lord God put the man in the Garden of Eden to take care of it and to look after it.”
(Genesis 2:15 - Contemporary English Version of the Bible)

“Society grows great when old men plant trees whose shade they know they shall never sit in.”
(Anonymous Greek Proverb)

Glossary

hotel load the energy consumed by a train for onboard auxiliary services and comfort functions (such as heating and lighting) rather than tractive effort. xviii, 47, 62, 72, 89, 112, 119, 121, 128, 131, 138, 139, 142–147, 149–152, 167, 169, 170, 188, 189, 242, 262

load factor is the level of passenger occupancy. It may typically be expressed as an absolute number (the number of passengers) or as a percentage or fraction of the capacity of the vehicle in question. v, xv, 20, 21, 23, 26, 31, 32, 34–36, 39, 42, 49, 50, 54, 164, 205, 207–210, 212–218, 222–224, 228, 229, 231, 233, 234, 239, 244–246, 257, 260, 261, 263, 265

Pendolino Intercity electric tilting trains. The term is used in this document to refer exclusively to the Class 390 variant operated in Great Britain by Virgin Trains. xiv, xvi, xviii–xx, 33, 48, 50, 56–59, 66, 67, 84, 85, 87, 91, 92, 97–100, 102, 104, 105, 109–115, 117, 128, 132–135, 138–141, 145, 148–150, 154, 158, 162, 163, 167, 174, 177, 188, 192, 210, 211, 214, 215, 219–222, 227, 232, 240–242, 247, 267–269

Python general purpose, high-level programming language. xvii, 62, 64–66, 68, 69, 73–76, 78, 85, 287, 288

Static Speed Profile the maximum permitted running speed on a given stretch of line. xxx, 157

Working Timetable The working timetable is a more detailed version of the public timetable, used by the rail industry. It shows all movements on the rail network including freight trains, empty trains and those coming in and out of depots. It also includes unique identification codes for each train, and intermediate times for journeys, including which stations a train is not scheduled to stop at.. xxxi, 170

Acronyms

a.c. alternating current. 59, 226

ANPR Automatic Numberplate Recognition. 41

ATOC the Association of Train Operating Companies. 49, 210

CAA Civil Aviation Authority. 20

CCS Carbon Capture & Storage. 251

CFC chlorofluorocarbon. 12

CFD computational fluid dynamics. 153

CH₄ methane. 7, 200

CIF Common Interface File. 67, 287, 288

CO carbon monoxide. 6, 45

CO₂ carbon dioxide. iv, xiii, xvi, xix, 7–16, 19, 20, 25, 27–29, 34–38, 40, 42–46, 54, 190, 191, 193, 198–201, 203, 213–216, 219, 222, 228–231, 233, 234, 241–243, 245, 249–252, 260, 272

CO₂e carbon dioxide equivalent. 7–9, 25, 44, 199–201

CT current transducer. 58, 268

d.c. direct current. 59, 226

DEFRA the Department for Environment, Food and Rural Affairs. 19–21, 30, 41, 42, 45, 200, 204, 208, 209, 213, 229

DfT Department for Transport. 2, 42, 49

DMU Diesel Multiple Unit. 33, 45, 46

DTI Department for Trade & Industry. 45, 46

ELR Engineers' Line Reference. 63, 65, 66

EMU Electric Multiple Unit. 47, 154

EU European Union. iv, 11–14

EV electric vehicle. 41, 193

GHG greenhouse gas. iv, xiii, xv, xx, 1, 2, 6–13, 16–19, 21, 22, 25, 27, 29, 38, 39, 41, 44, 45, 151, 189–191, 196, 200, 204, 209, 225, 250, 251, 253, 256, 259, 260, 263

HEV hybrid electric vehicle. 193

HVAC heating, ventilation and air-conditioning. 61, 119, 137, 138, 143, 144, 150, 262

IPCC Intergovernmental Panel on Climate Change. 8

kml Keyhole Markup Language. 63–65

kWh kilowatt-hour. xiii, xiv, 45, 46, 71, 84, 88, 91–94, 96, 99, 111, 112, 115, 120, 125, 127, 142–144, 146, 149, 156, 162, 167–169, 177, 188, 191, 192, 194, 200, 201, 213, 227–229, 232, 233, 250, 251, 261, 268, 272

MAD Median Absolute Deviation. xii, 143, 146, 289

N₂O nitrous oxide. 7

NEDC New European Drive Cycle. 13, 40, 42, 43

NO_x nitrogen oxides. 6, 12, 45

OECD Organisation for Economic Cooperation and Development. 3, 4

OHLE overhead line equipment. 57

ORR Office of Rail Regulation. 56, 60

OTMR On Train Monitoring Recorder. 87–89, 171, 173, 174, 262, 268, 269, 282

PM₁₀ particulate matter. 45

RSSB the Rail Safety & Standards Board. 19, 45, 47, 49, 50, 52, 159, 170

SO₂ sulphur dioxide. 45

SRA Strategic Rail Authority. 44

SSP Static Speed Profile. 157

- TIPLOC** Timing Point Location. 64, 66–69, 75, 76, 83, 89, 276, 282, 283, 286
- TMS** Train Management System. 57–59, 268
- TOC** Train Operating Company. iv, xix, xx, 55–57, 60, 61, 67, 69, 71, 73, 89, 91, 131, 210, 211, 238, 261, 262, 264, 267, 288
- TRG** the Transportation Research Group at the University of Southampton. 64, 67
- TSDB** Train Service Database. 67–69, 72, 82, 83, 88, 89, 158, 171, 287
- UI** User Interface. 157
- UIC** Union Internationale des Chemins de fer, or International Union of Railways. 31, 146, 152, 155
- VOCs** volatile organic compounds. 6, 45
- VT** voltage transducer. 268
- WBCSD** World Business Council for Sustainable Development. 6
- WCML** West Coast Main Line. xx, 56, 63, 65, 75, 167, 237, 239, 242
- WTT** Working Timetable. 170

Chapter 1

Setting the scene

1.1 Introduction

Sustainability is an important concept; indeed, it has been suggested that “sustainability is undoubtedly the biggest challenge facing engineering in the 21st century” (Pantelidou, Nicholson, and Gaba, 2012). Amongst other things, it is concerned with worldwide economic and political stability, climate change, energy security and transport. Many of these issues are interlinked, although some of them may be seen to be more important than others.

In this chapter, concepts of sustainability are briefly discussed, where it is noted that environmental concerns form a key tenet. Sustainability is a challenge for the transport sector in its own right, and also something which transportation systems can influence in other sectors. Different ideas of what a sustainable transport system might look like are considered. If sustainability (or at least some measure thereof) is viewed as an important goal then it can help to define more specific objectives which should be considered as part of planning and policy-making processes. Key objectives within the area of environmental sustainability are introduced, including the reduction of emissions, energy and resource consumption, the minimisation of noise and visual intrusion and effective management of land usage. In light of concerns about climate change, the need for a reduction in greenhouse gas (GHG) emissions has come to the fore and will be the main focus of this thesis, along with energy consumption which, to some degree, is directly related.

This chapter presents data about GHG emissions levels both globally and from the UK, considering the contribution of the transport sector and highlighting recent trends. For meeting the ambitious targets for reducing GHG emissions, the transport sector has a key role to play, and progress has not initially been encouraging. It is shown that road transport is currently the dominant mode of transport in the UK, both in terms of passengers and freight carried and in terms of overall distances covered. This is reflected in the breakdown of GHG emissions from the transport sector.

Although there have been, and will continue to be, many technological advances, behavioural change will also be required if the reduction targets are to be met. Appropriate behavioural change may include modal shift to forms of transport producing fewer GHG emissions. Focussing particularly on passenger transport, the potential of rail to be a suitable target for modal shift from more polluting modes is considered. Before considering the viability of any policies to encourage this modal shift, it is necessary to assess rail's potential in terms of emissions per passenger. Although it is clear that, on average, travel by train is less polluting than travel by car or domestic aviation, there are a number of variables and assumptions made which mean that the situation for a given journey could vary considerably, and more detailed research is required before blanket modal shift policies could be recommended. The key questions are the extent to which the railway really does offer a more efficient and less polluting alternative to other modes, and in which context(s) it has the greatest advantage.

1.2 The concept of sustainability

The Brundtland Commission succinctly defined sustainable development as “development that meets the needs of the present without compromising the ability of future generations to meet their own needs” (Brundtland, 1987). This well-known definition encompasses three key elements — economic, environmental and social — also known as the triple bottom line (Pantelidou, Nicholson, and Gaba, 2012). When striving for sustainability, whether in new development or by making changes to existing developments or lifestyle habits, all three areas should be considered.

1.3 Sustainable transport

Transport is an issue which affects us all. The Department for Transport (DfT) (1998) notes that most of us travel every day, even if only locally, and that we depend on transport to meet our wider needs. The DfT also indicates that our quality of life is dependent on transport, and that an efficient transport system is necessary for a strong and prosperous economy. In other words, transport has a role to play in the sustainability of other sectors and is not just a concern in its own right.

Because of this, and because decisions tend to be made in the context of larger policy goals, transport is difficult to view in isolation. The transport sector has been described as a complex social and economic system which is difficult to address comprehensively (Goldman and Gorham, 2006).

Nonetheless, there have been various attempts to develop and clarify the notion of “sustainable transport.” Some envision sustainability as a pathway, whilst others envision

sustainability as an end-state. In the latter case, attempts have been made to define what a sustainable transport system might look like, or a particular outcome which would mark the attainment of sustainability.

A report for Transport Canada (The Centre for Sustainable Transportation, 2005) suggests that three types of definition of “sustainable transport” exist in literature — economic, environmental and comprehensive. A definition proposed by Schipper is cited by way of an example of a literal economist’s definition:

“Transportation where the beneficiaries pay their full social costs, including those paid by future generations, is sustainable.”

(Schipper, 1996, cited by The Centre for Sustainable Transportation, 2005)

Although the term “social costs” is broad enough to encompass environmental and social concerns, the way in which these are valued economically is left open to interpretation. As a result, an extreme example is given where a transport system which kills people could still be viewed as meeting this definition of sustainability if the value of human life is low enough (The Centre for Sustainable Transportation, 2005). Even in the UK, the road network is perhaps a case in point, with relatively little attention apparently paid to the fact that there are around 2000 fatalities a year (in sharp contrast to the reaction usually seen when there are fatalities on other modes of transport). The report is also justifiably critical of the fact that such a definition is only concerned with the costs of a transport system, not the services it provides, and the fact that an estimation of future costs is often impractical.

Focussing on environmental sustainability, both Goldman and Gorham (2006) and The Centre for Sustainable Transportation (2005) cite the definition of sustainable transport proposed by the Organisation for Economic Cooperation and Development (OECD) in the course of its Environmentally Sustainable Transport project:

“An environmentally sustainable transport system is one that does not endanger public health or ecosystems and meets needs for access consistent with (a) use of renewable resources at below their rates of regeneration, and (b) use of non-renewable resources at below the rates of development of renewable substitutes.” (OECD, 1996)

The problem with being concerned purely with environmental sustainability is that it could be easy to lose focus on the triple bottom line encompassed by the Brundtland definition of sustainability. Such an environmentally sustainable transport system could theoretically be achieved using policies which involve great economic cost and this would not be desirable. In this particular definition, some social concepts are embodied by the

concerns for public health, eco-systems and the needs for access; however there remains a danger when focussing purely on the environment that some social aspects — such as affordable mobility — could easily be neglected.

Additionally, both Goldman and Gorham and The Centre for Sustainable Transportation make the same observation that the OECD definition is rather negative, defining more what a sustainable transport system is not, than what it is or should be.

By contrast, the comprehensive definition of sustainable transport developed by The Centre for Sustainable Transportation and adapted by the European Union is seen as much more positive, defining a sustainable transport system as one which:

- Allows the basic access and development needs of individuals
- Supports safety and human health
- Promotes equity within and between successive generations
- Is affordable, fair and efficient
- Offers choice of transport mode
- Supports a competitive economy & balanced regional development
- Limits emissions & waste within the planet's ability to absorb them
- Uses resources at rates which permit renewal or substitution
- Minimises impacts on the use of land and the generation of noise

(The Centre for Sustainable Transportation, 2005)

On the positive side, this definition has been described as concrete, comprehensive and as having received general political acceptance (The Centre for Sustainable Transportation, 2005). On the other hand, it is still arguably unclear how it would look in practice, and has been criticised for being too ambitious in its breadth, with no guidance for balancing competing objectives (Goldman and Gorham, 2006).

Although it can be helpful to have notions of what a sustainable transport system might look like, the fact that it remains difficult to visualise in practice is perhaps why others have chosen to see sustainability as a pathway rather than as an end-state. Rather than having a fixed outcome, the focus is on being “more sustainable” than the present, as measured by a defined set of indicators. Such indicators are said to have the advantage of being relatively easily understood by policy makers and the general public, and of being easy to conceptualise as specific policy initiatives (Goldman and Gorham, 2006). The disadvantages may include the fact that a desired end-state may not be reached within an acceptable timescale.

Whether or not the choice is made to focus on an end-state definition of “sustainable transport,” the formulation of specific policy initiatives is vital if sustainability is to become anything more than wishful thinking. Hence, having considered some concepts of sustainability, and the idea of the triple bottom line of economic, environmental and social concerns, the next step is to consider how this might translate into a set of meaningful objectives.

1.4 Sustainability objectives

Within the context of the triple bottom line, Pantelidou, Nicholson, and Gaba (2012) have identified seven key sustainability objectives, which are given in Table 1.1.

Table 1.1: Suggested sustainability objectives and their relationship to the triple bottom line (Source: Pantelidou, Nicholson, and Gaba, 2012)

Objective	Environmental	Social	Economic
Energy Efficiency & Carbon Reduction	✓	✓	✓
Materials & Waste Reduction	✓	✓	✓
Maintained Natural Water Cycle & Enhanced Aquatic Environment	✓	✓	✓
Climate Change Adaptation & Resilience		✓	✓
Effective Land Use & Management	✓	✓	✓
Economic Viability & Whole-Life Cost		✓	✓
Positive Contribution to Society		✓	

Despite the fact that the focus of these objectives is specifically in the area of civil engineering and geotechnics, they are a useful starting point when moving from sustainability as a concept to something which can be put into practice. Table 1.1 usefully shows which aspects of the triple bottom line (environmental, social and economic concerns) each of the objectives may help address, although some of them are better defined than others. For example, whereas energy efficiency is a clear objective, a “positive contribution to society” is vague and open to interpretation.

It could also be argued that this list of objectives is not sufficiently comprehensive, especially for fulfilling some of the visions of sustainable transport. A notable omission is the promotion of health and wellbeing, which, although mentioned by Pantelidou, Nicholson, and Gaba. in their discussion about societal contribution, should arguably be an explicit objective.

Whereas all of the objectives in Table 1.1 arguably apply to the transport sector, it might be useful to consider a more specific set of objectives. As part of a project on sustainable mobility, the World Business Council for Sustainable Development (WBCSD) identified seven goals for a sustainable transport system:

- Reduce transport-related conventional emissions (carbon monoxide (CO), nitrogen oxides (NO_x), volatile organic compounds (VOCs), particulates, and lead) to levels such that they cannot be considered a serious public health concern anywhere in the world.
- Limit transport-related GHG emissions to sustainable levels.
- Significantly reduce the worldwide number of deaths and serious injuries from road crashes. Efforts to do this are particularly needed in the rapidly motorizing countries of the developing world.
- Reduce transport-related noise.
- Mitigate transport-related congestion.
- Narrow the mobility “divides” that exist today (a) between the average citizen of the world’s poorest and the average citizen of the wealthier countries, and (b) between disadvantaged groups and the average citizen within most countries.
- Preserve and enhance mobility opportunities available to the general population.

(WBCSD, 2004)

It could be argued that, in contrast to the objectives in Table 1.1, this list concentrates too much on health and wellbeing, at the expense of other economic, environmental and social concerns. Nothing is said about land or resource usage, and although mitigating congestion and preserving and enhancing mobility opportunities may have economic benefits, it would be possible to fulfil these aims without them (or worse, in ways which incur an economic cost). Goldman and Gorham (2006) also argue that by focussing on mobility, the WBCSD have ignored the systems in which transport sits and from which it derives its economic value.

These potential shortcomings highlight the importance of keeping the bigger picture in mind when focussing on achievable objectives. Inevitably, there will be conflicts

and a need to compromise, and no goal or objective should be viewed in isolation. At the same time, no single transport policy can be expected to achieve the “holy grail” of sustainability overall. For the purposes of this thesis, it is necessary to be selective, because it is not feasible to thoroughly consider every potential objective and resulting policy initiatives, and the industrial context of the work is an important priority. Nonetheless, the intention is to remain mindful of the fact that sustainable transport is a complex issue in a complex world and that what may seem beneficial in one context could have other adverse consequences which need to be considered.

1.5 A focus on greenhouse gas emissions & energy efficiency

Even when considering the slightly narrower concept of “environmental sustainability” (as opposed to sustainability in general), it remained necessary to focus this research on specific objectives. A common theme amongst sustainability objectives and policy initiatives is the reduction of GHG emissions, and this — along with energy efficiency — is the main focus here.

A key reason for this is that, in contrast to some environmental objectives, GHG reduction is a global issue. Noise from a transport system, for example, only affects those in the vicinity, whereas the possible effects of high levels of GHGs in the earth’s atmosphere have potential consequences for us all (albeit with some uncertainty and with varying degrees of impact). GHGs are responsible for global warming, and warming of the climate system is now said to be unequivocal (IPCC, 2007b). The effects of continued global warming and climate change could be catastrophic, and are likely to include sea-level rises and extreme weather patterns; to put it another way, climate change is a serious global threat, and it demands an urgent global response (Stern, 2006).

In terms of quantity, carbon dioxide (CO₂) is the main GHG (DECC, 2012b), although it is common to consider carbon dioxide equivalent (CO₂e), which takes into account the effects of other (potentially more potent) GHGs, such as methane (CH₄) and nitrous oxide (N₂O). Different GHGs have different warming influences (radiative forcing) due to their different radiative properties and lifetimes in the atmosphere, and CO₂e is a common metric used to express the impact of these GHGs relative to the radiative forcing of CO₂ (IPCC, 2007b).

In October 2006 Sir Nicholas Stern, Head of the Government Economic Service, presented a report to the British Prime Minister and the Chancellor of the Exchequer about the Economics of Climate Change. Stern stated that “the risks of the worst impacts of climate change can be substantially reduced if greenhouse gas levels in the atmosphere can be stabilised between 450 and 550ppm CO₂e” (Stern, 2006). To achieve such stabilisation, annual emissions need to be reduced significantly; the UK Climate Change Act of

November 2008 states that by 2050, GHG emissions must be reduced by 80% relative to 1990 levels (DfT, 2009a).

Although reducing GHG emissions is mainly perceived to be an environmental concern, the long term social and economic benefits are significant when compared with the alternative. The Stern Review suggests that reducing GHG emissions to avoid the worst impacts of climate change could cost around 1% of global GDP per annum, significantly less than the costs of adapting to and dealing with the impacts later (estimated to be equivalent to losing at least 5% of GDP per annum).

Energy efficiency is directly linked to the reduction of GHG emissions, because a lot of energy is provided by the burning of fuels which release GHGs. The transport sector relies heavily on the internal combustion engine, and increasingly on electricity. Between April 2011 and March 2012, the generation processes for over 70% of the electricity generated in the UK directly resulted in CO₂ emissions (DECC, 2012a) and in 2011 an estimated 40% of UK CO₂ emissions were from the energy supply sector (DECC, 2012b). Although a shift to alternative energy sources will help reduce GHG emissions, reducing the amount of energy consumed in the first place has the potential to make a big impact.

Energy efficiency is also a worthy sustainability goal in its own right, with both social and economic concerns in addition to the environmental issues (which include resource depletion and damage to natural habitat as well as emissions). A continuity of energy supply is necessary for a functioning society, and the cost of energy is likely to rise as resources become depleted (Pantelidou, Nicholson, and Gaba, 2012).

1.6 Greenhouse gas emissions & the contribution of the transport sector

In 2004, according to the Intergovernmental Panel on Climate Change (IPCC) (2007), global GHG emissions from anthropogenic sources amounted to 49Gt of CO₂e, of which the transport sector was responsible for 6.4Gt (13%). Figure 1.1 shows the breakdown of global GHG emissions (in terms of CO₂e) for that year, by source.

Most of these emissions are a direct result of energy consumption, with the remainder being from some industrial processes and other anthropogenic interventions such as land-use changes. Some datasets focus purely on the emissions arising directly from energy consumption, and the relative contribution of each sector may not match that in Figure 1.1. Similarly, the choice of metric (be that CO₂e as a way of considering all GHGs, or just CO₂) is also important. For example, in 2004 (the year represented in Figure 1.1), global carbon dioxide emissions from energy consumption amounted to 27.1 Gt of CO₂ (U.S. Energy Information Administration, 2014) of which the transport sector was responsible for 23% (IPCC, 2007a).

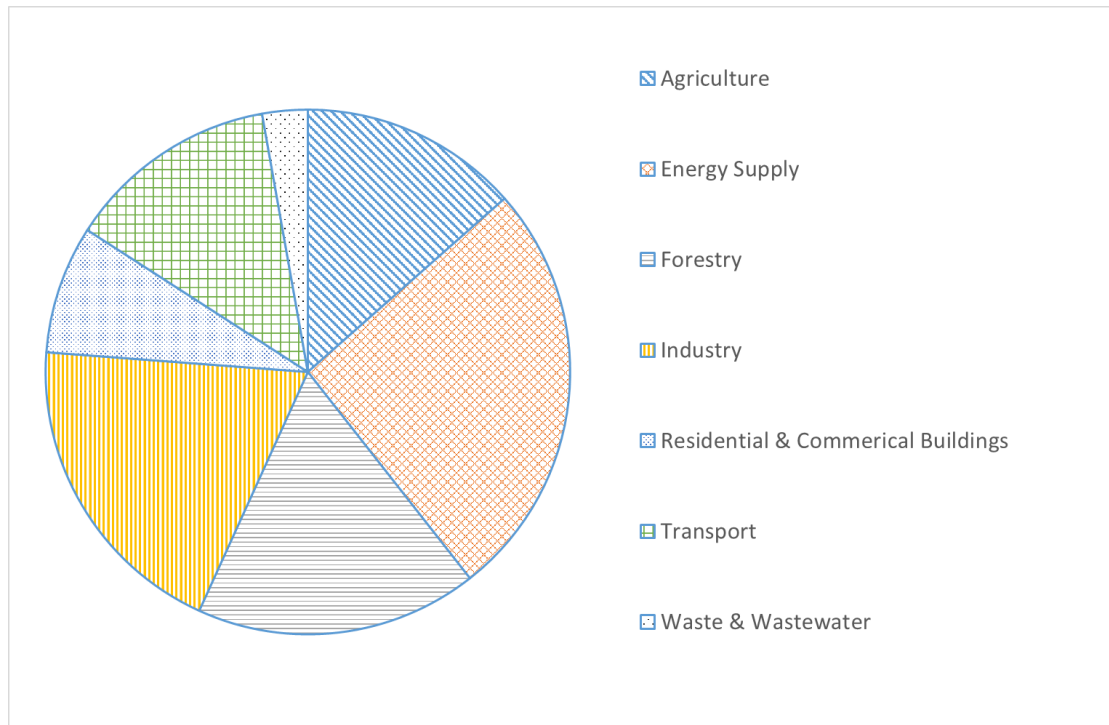


Figure 1.1: A breakdown of the sources of global GHG emissions (Data Source: IPCC, 2007b)

The National Audit Office has published a breakdown of the UK's GHG emissions for 2005 (National Audit Office, 2008) which is shown graphically in Figure 1.2. Total GHG emissions for the year were 0.66 Gt of CO₂e, of which 0.56 Gt was from energy usage. The remainder includes a small reduction (0.02 Gt of CO₂e) due to land use changes and forestry. It is noted that the uncertainty in estimating GHG emissions is relatively high; the 95% confidence interval for the UK's total GHG emissions in 2005 ranges between 0.62 and 0.72 Gt of CO₂e.

Of the emissions resulting from energy usage, the vast majority (96%) were CO₂ emissions from fuel combustion activities. A breakdown of these CO₂ emissions by source is shown in Figure 1.3.

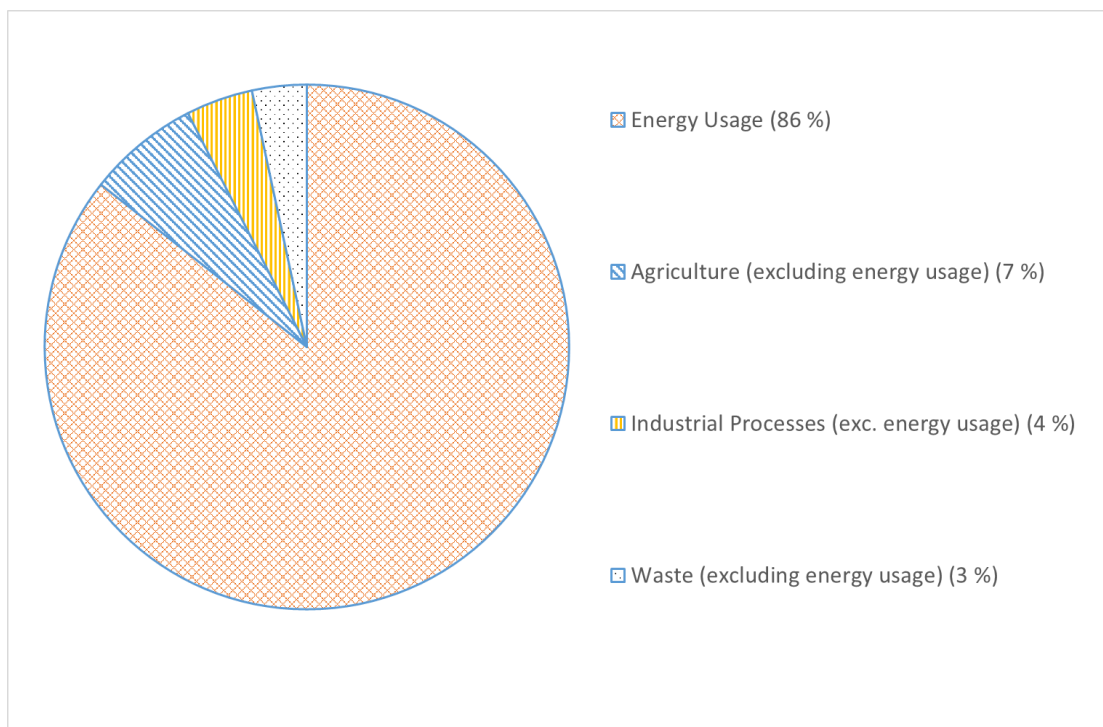


Figure 1.2: A breakdown of the sources of the UK's GHG emissions in 2005 (Data Source: National Audit Office, 2008)

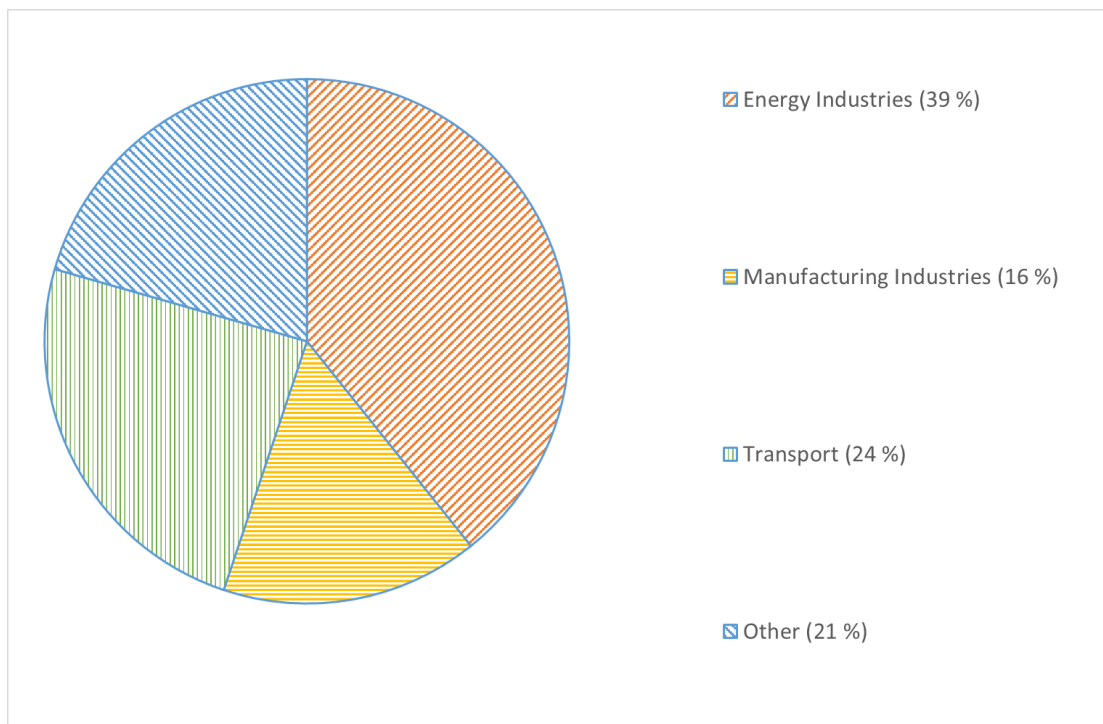


Figure 1.3: A breakdown of the UK's sources of energy related CO₂ emissions in 2005 (Data Source: National Audit Office, 2008)

Data for the transport sector do not generally take into account international aviation and shipping, because there is no internationally agreed way of reporting them (although some estimates have been made elsewhere). Despite the uncertainties in emissions data, the data in Figure 1.3 tally well with the data given for the same year in a later Statistical Release (DECC, 2013b), in which it is noted that the breakdown by sector is based on the source of the emissions and not the point of use. Hence the transport sector will also have contributed to emissions attributed to the energy sector in Figure 1.3. Simple analysis of some data published by the Department for Transport about CO₂ emissions (DfT, 2013a) would suggest that when considering the point of use rather than the source, the transport sector is responsible for an additional 3% of CO₂ emissions. It is assumed, although it is not explicit, that these data only relate to emissions from vehicle operation, and that if infrastructure and life-cycle costs (such as vehicle manufacture and maintenance) were taken into account then the contribution of transport to overall emissions levels would be greater still.

The contribution of transport (by source) to domestic CO₂ emissions in the UK compares well with the bigger picture for Europe; in 2006, the transport sector produced 24.7% of domestic CO₂ emissions from the European Union (EU)-15 area countries as a whole (DfT, 2009a). Within the EU-15 countries, some variation is observed. In 2006, Germany produced the most CO₂ emissions overall, of which transport only accounted for 18.2%. At the other end of the scale, Luxembourg produced the fewest CO₂ emissions, but transport made up 57.6%. With the exception of Luxembourg, the UK's GHG emissions from domestic transport are comparable on a per-person basis to those of the other EU-15 countries. It is thought that the emissions for Luxembourg are disproportionately high, because transport emissions are calculated from the amount of fuel sold; comparatively low prices for road transport fuels mean that a lot of fuel in Luxembourg is sold to non-residents (DfT, 2011).

1.7 Different emissions scopes

It has been seen that the allocation of emissions to a particular activity, company or sector is not always clear cut, and decisions need to be made on whether emissions are allocated at source, or at a point of use. The most widely accepted approach is to identify and categorise emissions-releasing activities into three groups (DEFRA, 2009), known as “scopes”. According to Ranganathan et al. (2004), the three scopes are defined as follows:

- Scope 1: Direct GHG emissions
- Scope 2: Electricity indirect GHG emissions
- Scope 3: Other indirect GHG emissions

Scope 1 includes those emissions directly released into the atmosphere by a particular activity. This might include the combustion of fuels (for example, in engines, boilers, turbines or furnaces), “process emissions” such as those from cement or waste processing, and “fugitive emissions” such as leaks from pipelines or air-conditioning (DEFRA, 2009). Direct CO₂ emissions from the consumption of biomass and GHG emissions not covered by the Kyoto Protocol (such as chlorofluorocarbons (CFCs) and NO_x) are not included in Scope 1, but should instead be reported separately (Ranganathan et al., 2004).

The Scope 2 emissions of an activity, company, or sector are those arising from the generation of any electricity consumed. Scope 2 emissions physically occur at the facility where the electricity is generated (Ranganathan et al., 2004). Scope 3 is an optional reporting category for all other indirect emissions (Ranganathan et al., 2004). Examples of Scope 3 activities include extraction and production of purchased materials, and transportation of purchased fuels.

1.8 Trends within the UK’s transport sector

In 1990, the transport sector in the UK was the direct source of 120Mt of CO₂ (DECC, 2013b). Assuming that all sectors have an equal role to play in meeting the reduction targets set out by the Climate Change Act 2008, the annual emissions from the transport sector in 2050 should not exceed 20% of this value. In absolute terms, this means that by 2050 the UK’s transport sector should be responsible for no more than 24Mt of CO₂ emissions annually.

Between 1990 and 2007, however, CO₂ emissions from the transport sector rose further, peaking at 131.1Mt (Department for Transport, 2013b). Since 2007, CO₂ emissions from transport have fallen; they fell below 1990 levels for the first time in 2010. In 2011, the transport sector in the UK was reported to be the direct source of 117.4Mt of CO₂, and although the recent downward trend is encouraging, it is clear that there is a long way to go if the reduction targets are to be met. In fact, it is suggested that GHG emissions from the transport sector are still rising across the EU, and may have risen yet further were it not for the economic downturn (European Commission, 2014b). A key reason for this is the continued development of EU member states, and an increase in the demand for passenger travel and the transportation of freight.

For some years, road transport has been by far and away the most dominant source of transport’s CO₂ emissions, as illustrated in Figure 1.4. In 2011, road transport was the source of 92% of CO₂ emissions from the transport sector in the UK, and cars and taxis alone accounted for 55%. It would therefore be reasonable to expect steps to reduce road vehicle emissions to have a sizeable impact on overall emissions levels from the transport sector. To this end, the EU has put in place a comprehensive legal framework to reduce CO₂ emissions from new light duty vehicles (cars and vans), as part of efforts to ensure

it meets its GHG emission reduction targets (European Commission, 2014b). As part of this, car manufacturers are obliged to ensure that — on average — their new cars do not emit more than 130g of CO₂ per kilometre by 2015, with further upcoming targets of 95g CO₂ / km. This EU legislation, along with increased consumer desire for lower running costs following the recession, has meant that in the UK, average new car emissions were 26.5% lower in 2012 than they were in 2000 (SMMT, 2013).

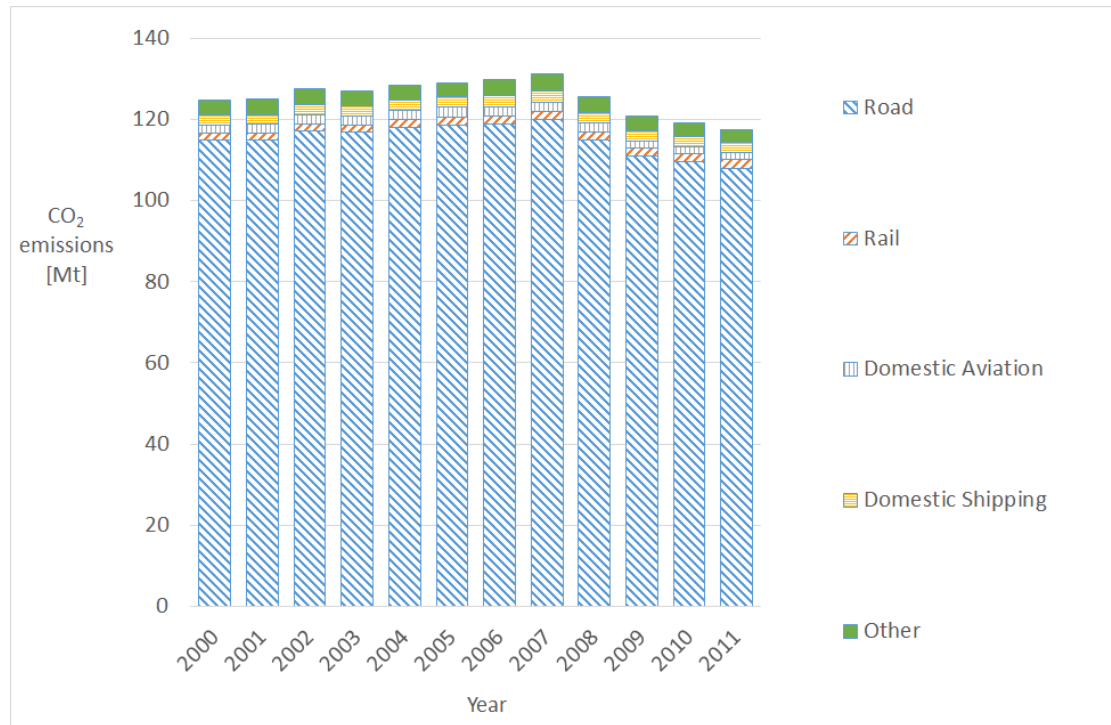


Figure 1.4: A breakdown of CO₂ emissions from UK transport by source (Data Source: DfT, 2013b)

As Figure 1.5 shows, however, this trend towards significantly lower CO₂ emissions from cars has not yet been fully reflected in overall CO₂ emissions levels from transport. The fact that overall transport emissions have not fallen as fast as emissions from new cars, despite the fact that cars are a dominant source of emissions, is likely to be for several reasons. Firstly, new car emissions do not represent the UK car fleet as a whole; a car typically has a 14 year lifespan before it is scrapped (SMMT, 2013), and some lag would therefore be expected before these figures represented a majority of cars on the road. Secondly, the CO₂ emissions figure for a car is derived from the New European Drive Cycle (NEDC) test (SMMT, 2013), which takes no account of further real-world affects that can significantly impact fuel consumption and related emissions (DEFRA, 2013b). Although the tests are currently under review, it is likely that the large reduction in emissions shown by official figures are simply not reflected in real world driving; a more in-depth discussion on this follows in Section 2.4. Lastly, there are other factors which can counter the fact that cars have become less polluting. These include changes in travel habits, such as increased mileage and an increase in congestion, although it has

been shown that recent trends in the UK do not indicate an increase in the number of trips or the trip distances (DfT, 2013c).

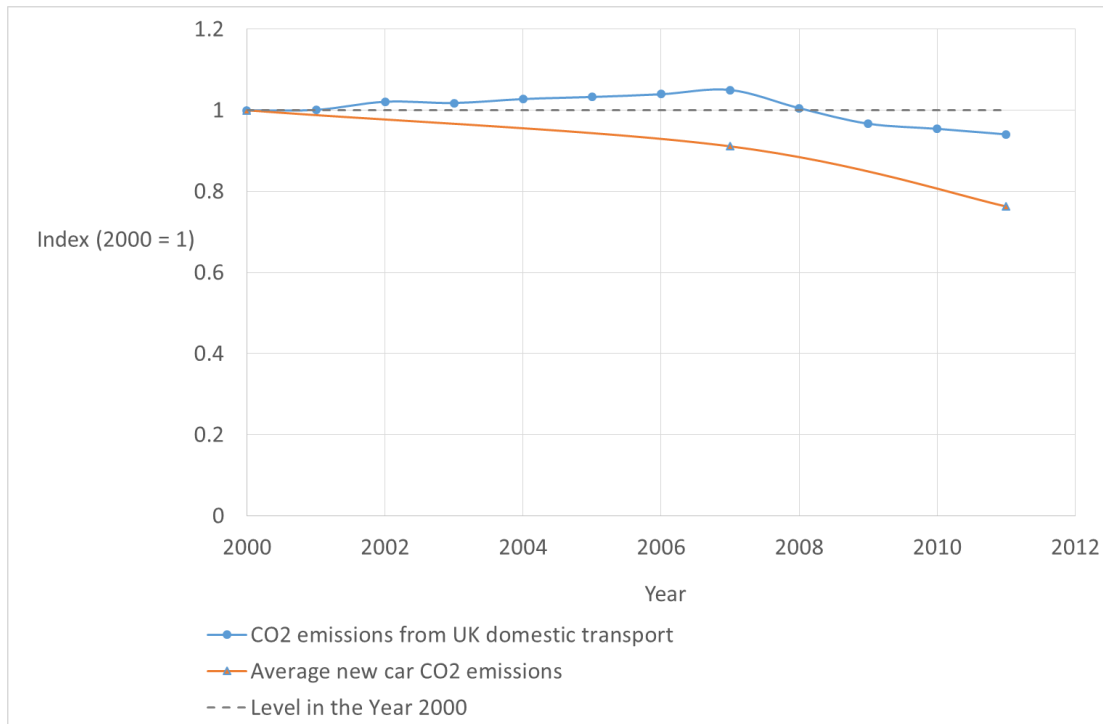


Figure 1.5: Trends in car emissions compared with overall transport emissions (Data Sources: DfT, 2013b; SMMT, 2013)

Banister (2010) asserts that although technological innovation could help towards achieving a reduction in emissions, it will not on its own be able to help meet the targets set. Indeed, he claims that “significant reductions of CO₂ emissions in transport in the EU can only be achieved through behavioural change.” Potential behavioural change strategies to help reduce transport’s share of CO₂ emissions are many and varied. They may include an overall reduction in demand for travel and the transportation of freight, or changes to reduce distances covered. They may also include modal shift towards those modes of transport which pollute less, which is why it is important to consider the contribution of the different modes in more detail. The particular focus of this thesis is rail, and whether it would make a suitable target for modal shift as part of a strategy to reduce overall emissions.

However, it is noted that the evidence for the potential of public transport to reduce emissions presents a complex and somewhat contradictory picture (Gross et al., 2009). In the short term, this potential is likely to be limited by the fact that the capacity of public transport would need to be greatly increased. In the longer term, the potential for modal shift towards a public transport mode such as rail is dependent on the relative viability, attractiveness and affordability of that mode for any given journey. Gross et al. also go on to note that there is a strong link between the availability of convenient and affordable public transport and patterns of land use that are conducive to lower

reliance on private cars. Policies to maximise modal shift towards rail could include the provision of additional services, a reduction in fares and measures to restrict car use. Before the effectiveness of some of the policies to influence behavioural change can be considered, however, the relative environmental performance of rail should be scrutinised more robustly.

1.9 Basic modal comparisons

Following on from Figure 1.4, a more detailed breakdown of the contribution of different modes to CO₂ emissions from domestic transport in the UK in 2011 (estimated to total 117.4 Mt of CO₂) is given in Figure 1.6, which divides the emissions by source, and is only concerned with direct emissions from each mode. These could be considered to be the Scope 1 CO₂ emissions from the UK's Domestic Transport Sector. The DfT (2013b) also provide a less detailed breakdown of transport emissions on an “end user” basis, totalling 133.1 Mt of CO₂ from the UK's Domestic Transport Sector. Because the data are said to include approximate emissions resulting from the production of fuels used, this latter figure could be assumed to cover all three emissions scopes.

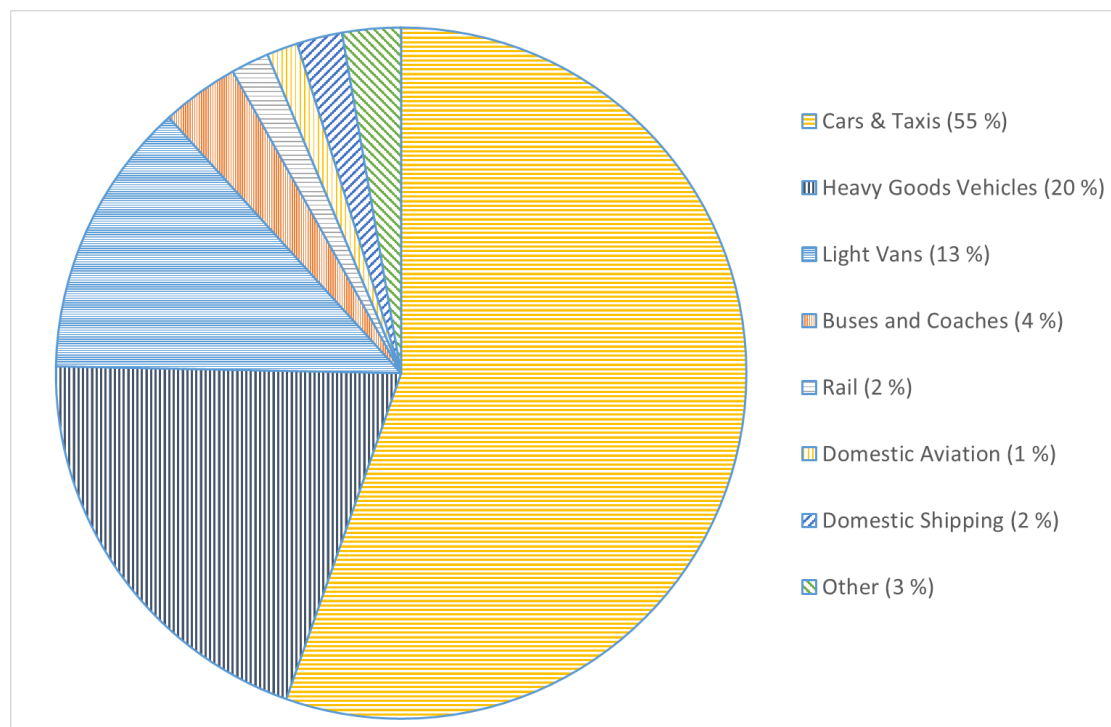


Figure 1.6: A detailed breakdown of CO₂ emissions by mode in 2011 (Data Source: DfT, 2013b)

If “end user” emissions are considered, rail’s relative contribution should be increased by 50% (from 2% to 3% overall), whilst the relative contribution from road transport as a whole should be marginally reduced. This fits with the fact that road transport relies

heavily on the internal combustion engine, whilst a significant proportion of the railway network in the UK is electrified; about 40% of the track is electrified, on which about half (by distance) of all passenger services are operated (Network Rail, 2009b). Because electric rail produces no direct emissions at the point of use, they are not included in Figure 1.6. As more of the railway network is electrified, and as electric vehicles become more common on the roads, it will become more important to include Scope 2 emissions and consider “end user” emissions rather than just direct emissions.

Emissions from international transport have been increasing in recent years, with international aviation and international shipping attributable to the UK estimated to have emitted 32.9 Mt CO₂ and 9.6 Mt CO₂ respectively in 2011 (DfT, 2013b). In total, this is equivalent to an additional 36% of the total emissions from domestic transport considered in Figure 1.6.

According to the Department for Transport, freight transport within the UK (excluding that transported by pipeline) is estimated to account for 21% of transport’s GHG emissions (DfT, 2011). On the face of it, this does not quite appear to reconcile with the data presented in Figure 1.6, in which light vans and heavy goods vehicles alone account for 33% of transport’s CO₂ emissions. The discrepancy is unlikely to be down to the fact that Figure 1.6 only considers CO₂ rather than GHG emissions as a whole, because the modal data for GHG emissions as a whole (DfT, 2013a) is almost identical; in fact, CO₂ makes up over 98% of UK GHG emissions from transport (DfT, 2011). In any case, it can be concluded from the data available that passenger transport makes up the majority of CO₂ emissions from domestic transport within the UK.

1.9.1 Appropriate metrics for making comparisons

When drawing conclusions about the environmental performance of the different modes, emissions data on their own can be fairly meaningless because they do not reflect the relative popularity or usage patterns of each mode. There are different ways of measuring the popularity of a mode over a period of time, including number of journeys made, total distance travelled, average journey distance and amount of passengers or freight carried. Each metric has its individual merits for understanding travel demand and travel patterns. When comparing emissions, it is helpful to consider both some measure of distance and of amount of passengers or freight carried — hence a common metric used for passenger transport is the passenger-kilometre (passenger-km), which is derived from the total number of passengers carried multiplied by the total distance covered. Similarly, when considering freight transport, the tonne-kilometre (tonne-km) is a common metric. A disadvantage of these metrics is that they infer nothing about the individual journeys made — for example, a figure of 10 passenger-km could equally imply that one passenger travelled 10km or that 10 passengers travelled 1km.

The DfT (2011) have published some data for freight transport, comparing relative GHG emissions with tonne-km for different modes. The comparisons (included here in Figure 1.7) clearly illustrate the superior performance of both rail and shipping compared with road in this regard.

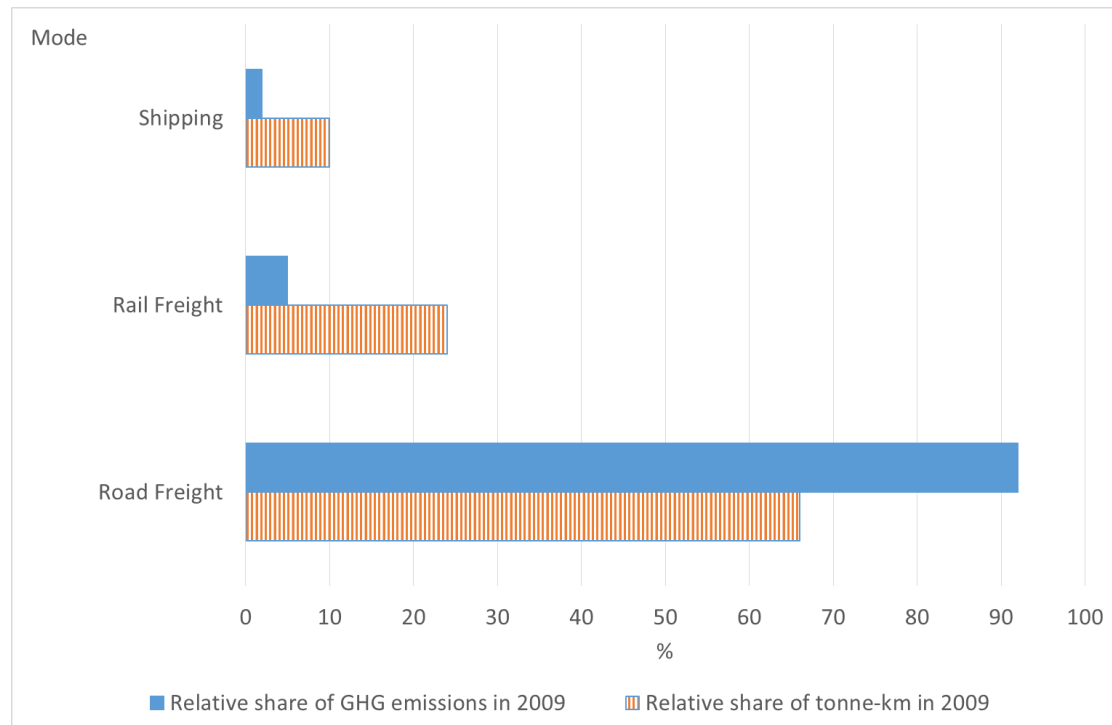


Figure 1.7: A comparison of different freight modes (Data Source: DfT, 2011)

Passenger figures for public transport are comparatively easy to calculate if ticket sales data are available, because it can be assumed that, in most cases, if a ticket is purchased then a journey is made. It can be harder to estimate figures for car journeys, and data are often based on survey results. The modal split of land-based passenger transport, in terms of a percentage of total passenger-km travelled, is given for the year 2011 by the European Commission (2013), and it is possible to estimate the relative GHG emissions for each of the three different modes (cars, passenger rail, buses & coaches) from Department for Transport data (DfT, 2013a). It can be inferred from the suggested split between passenger and freight emissions (DfT, 2011) and the data in Figure 1.7 that 80% of rail's GHG emissions can be attributed to passenger rail.

The relative GHG emissions are shown with the relative usage levels (in terms of passenger-km) in Figure 1.8.

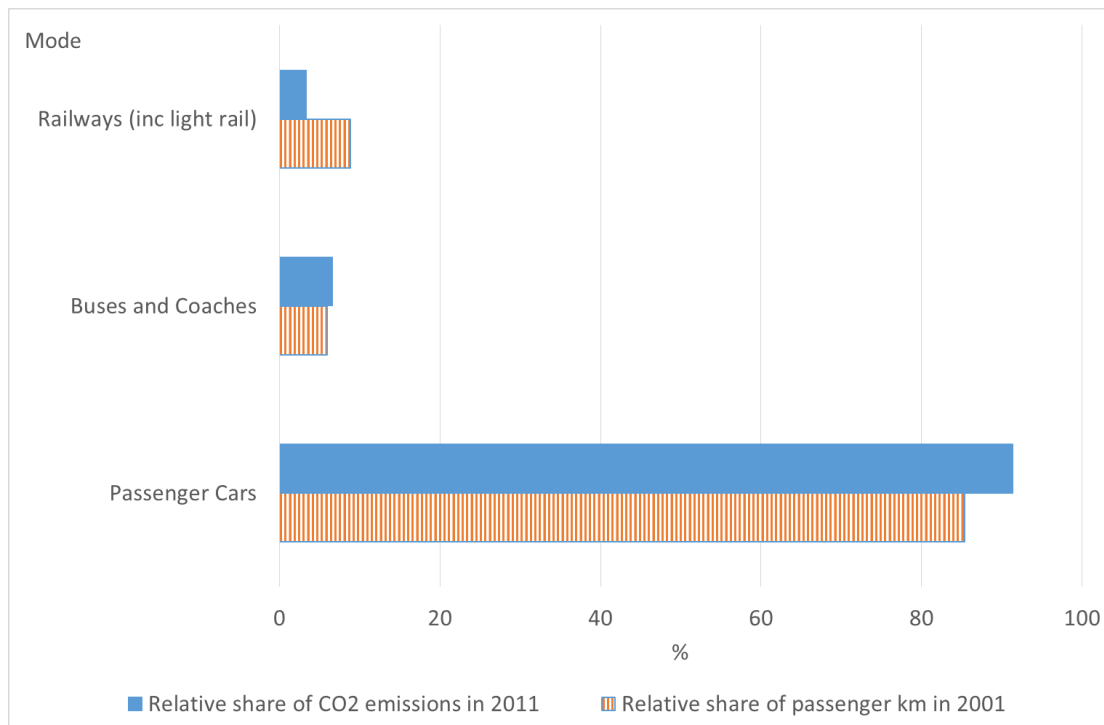


Figure 1.8: A comparison of land-based passenger transport modes in the UK (Data Sources: DfT, 2013a; European Commission, 2013)

It is clear from Figure 1.7 and Figure 1.8 that although rail is a minority mode in terms of the transport of both passengers and freight, its contributions to emissions levels on a per passenger-km or per tonne-km basis are much less than those for road transport. Increasing the relative proportion of freight and passenger traffic carried on the railway should help achieve the goal of a significant reduction in GHG emissions. The next section begins to investigate the potential benefits of rail in more detail.

1.10 The potential benefits of rail

The railway is one of the oldest mechanised modes of transport. Railways exist in a variety of different forms, ranging from urban light rail through to long distance networks, and are used to transport both passengers and freight. Passenger transport will be the main focus here, because it is responsible for the majority of transport's GHG emissions in the UK. The different types of train service offered mean that rail can theoretically provide a reasonable alternative to many of the trips people might make by car. For some long-distance intercity journeys, rail can also compete with domestic aviation. Although rail was once the dominant form of transport in many parts of the world, it has since given way to road and air transport; in the UK, for example, rail's modal share in 2009 was just 3% of all passenger trips (DfT, 2009b). For passenger journeys of 50 miles and

above, where rail is a main competitor to road and domestic air transport, its share of passenger journeys was 12%.

It has been seen that as part of a suite of measures to reduce GHG emissions from transport, encouraging modal shift towards the railway is a potentially attractive option. As Armstrong and Preston (2010, p.3) put it, “rail’s specific strengths in the context of climate change include its general environmental friendliness relative to competing modes.” The basis for this includes the fact that for steel wheels running on steel rails there is comparatively little rolling resistance, which results in greater energy efficiency and thus reduced emissions. The Rail Safety & Standards Board (RSSB) (2007) concluded that there is a strong environmental case for transferring passengers from road and air to electric railways which meet current “good practice” guidelines for energy consumption. In principle, this is in line with the data displayed in Figure 1.8, but the fact that “electric railways which meet good practice guidelines” are specified instead of “rail” more generally indicates that perhaps modal shift towards rail cannot be advocated as a blanket policy. The continued progress of the motor industry to reduce emissions from cars should not be ignored, and it would be interesting to see how Figure 1.8 could be updated in years to come once some of the recent technological advances have become more widespread throughout the car fleet. Technological advances are also to be expected across all modes, although the rate of change in the rail industry is likely to be slower in the short term than it is for cars. This is because the lifespan of a train is longer than that of a car (trains are typically designed for an operating life of about 30 years) (RSSB, 2007, p.5).

Current data concerning average CO₂ emissions per passenger-km are shown in Figure 1.9 for cars, buses, domestic aviation and passenger rail. The data used are presented by the Department for Environment, Food and Rural Affairs (DEFRA) as being “direct” CO₂ emissions, but actually consider all three scopes. The accompanying notes for rail make explicit mention of electric trains and the indirect emissions from electricity associated with them have been included. Figure 1.9 suggests that the gap between cars and trains is large and that even with major technological developments in the motor industry, it could be a while before it gets closed. However, some of the underlying assumptions are worth exploring further.

Although, on average, the emissions per passenger appear much lower for a rail journey than they are for a car journey or a domestic flight, the reality may not always be so clear cut. The RSSB (2007) note that the disadvantage of average data is that mixing data for unspecified services or journeys with very different characteristics make the final figure of limited value and open to challenge. The data shown here includes all types of journeys, from short commutes to long distance trips, and all types of vehicle, from small diesel cars to large petrol ones and from new electric commuter trains to older diesels.

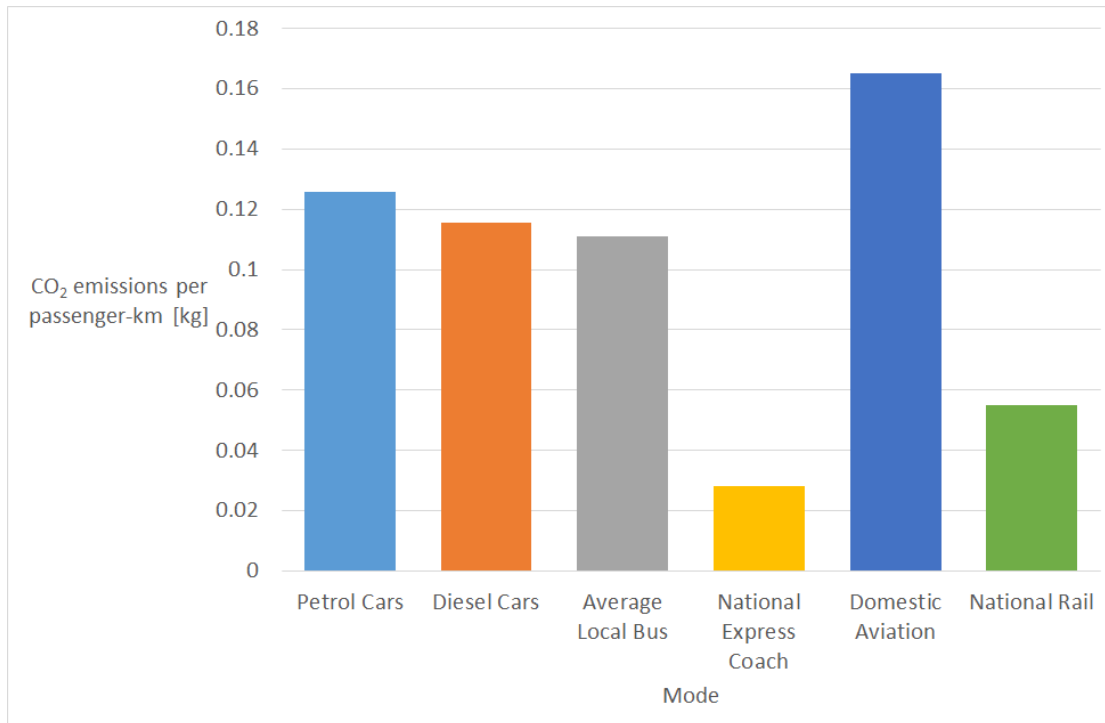


Figure 1.9: A comparison of emissions from different passenger modes (Data Sources: DEFRA, 2012; RSSB, 2007)

The situation is particularly complex, because in order to make comparisons on a per-passenger basis, as has been done here, some knowledge of the number of passengers in a vehicle has to be included. Making comparisons between modes on a per-vehicle basis could typically be considered meaningless, because a train can transport many more people than a car. The load factor can be quite variable, particularly on public transport modes where the load factor of a vehicle can vary considerably, not just between whole journeys but also en route if there are opportunities for passengers to get on and off.

For rail, the data in Figure 1.9 are based on National Rail trends, which gave the total number of passenger-kilometres travelled. This was used in conjunction with total energy consumption data for the same period to estimate energy consumption per passenger-km, and the associated levels of CO₂ emissions (DEFRA, 2012).

For domestic aviation, the data from DEFRA are based on figures provided by the Civil Aviation Authority (CAA) for average aircraft seating capacity, load factors, annual passenger-km and annual aircraft-km. They include uplift factors to ensure that aviation emissions are reported in line with the UN Framework on Climate Change, and that the effects of non-direct routing and circling are taken into account. The estimates for domestic flights given here are based on a flight length of 463km, although clearly actual flight lengths will vary considerably, impacting the relative lengths of the different phases of the flight (take-off, cruise and descent/landing).

Data provided by DEFRA for buses and coaches are from actual fuel consumption data supplied by bus operators. Local buses in London have lower emissions per passenger-km than those elsewhere in the country, due to higher passenger loadings. Data for coaches were provided for DEFRA solely by National Express, who are responsible for the majority of long-distance coach services in the UK.

For passenger cars, the data given by DEFRA (2012) are presented in terms of vehicle-km rather than passenger-km. In order to convert this into data on a passenger-km basis for comparison with other modes, an average load factor of 1.6 people, including the driver, (RSSB, 2007) was assumed for all car journeys. DEFRA's average data on a per vehicle-km basis is based on manufacturers' data and estimates of the make-up of the UK car fleet and vehicle mileage. An uplift factor of 15% is included to take further real-world driving effects relative to the test-cycle data into account.

It is clear that for a given journey the relative emissions levels for each mode may not reflect the average data presented in Figure 1.9. On the strength of the data shown here, coaches may have greater potential than rail for reducing emissions from passenger transport, but the range of journeys for which the coach would be a suitable mode is narrower than that for rail. Furthermore, as discussed further in Section 1.11, rail may offer additional benefits over coach travel. It should also be noted that as a single private operator, National Express have the flexibility to concentrate only on the routes for which there is enough demand to remain profitable — provision of a more comprehensive long-distance coach network may not be rewarded with similarly high load factors.

Although there is also clearly potential for rail to be an attractive mode of transport as part of a system which promotes reduced emissions, blanket policies to promote rail in all circumstances may not bring about the most benefits overall. In the short term, attempting to reduce car journeys by increasing the patronage of existing public transport (bus, coach and rail) services would appear to be a sensible policy. If the assumption is made that such services will be operated in any case, then maximising the load factors (thereby reducing the emissions per passenger-km) and simultaneously curtailing car journeys will have some benefit for the reduction of GHG emissions. In the longer term, however, the viability of some public transport services is perhaps open to question, whilst increased capacity may be needed in other cases. As these things are addressed, an understanding of the particular types of rail journey which have the most benefit will be important.

1.11 Other aspects of sustainability

Sections 1.2 to 1.4 described the fact that there are a number of objectives which help define a sustainable transport system, and although GHG emissions and energy consumption have been chosen as the focus of this thesis, the findings should not be

considered in isolation. For policy makers, this is particularly important for two reasons. Firstly, a course of action whose sole aim is to reduce energy consumption and GHG emissions may affect progress — both positively and negatively — towards meeting other sustainability goals. Secondly, it has been noted (Section 1.10) that rail is not the only mode of passenger transport with scope to help reduce energy consumption and GHG emissions, and effective policies to encourage modal shift should take in to account other potential benefits. Section 1.11.1 briefly considers other relative advantages of different modes, and Section 1.11.2 explores the importance of the use of travel time, which can be an important driver of modal shift, as well as contributing to other sustainability goals in its own right.

1.11.1 Other relative advantages of different modes

Even where rail travel appears not to offer significant benefits over alternative road transport in terms of energy consumption and emissions, it does have other advantages which not only help it to remain an attractive target for modal shift but may also help it to fulfil other sustainability goals. Electric rail does not produce emissions at the point of use, reducing local air quality problems, and electric trains may produce less noise than either diesel trains or other modes (although at higher speeds, wind noise becomes the dominant factor in any case). At the moment, whilst the internal combustion engine is still dominant in cars, buses and coaches, electric rail is also the only mode which will benefit significantly from decarbonisation of the electricity grid (discussed later in Chapter 11, Section 11.6). Rail also has the advantage of being better suited to mass transit, thereby helping to reduce congestion.

For longer distance travel, rail also has the advantage of speed and reduced travel times over both private cars and coaches — in the UK, intercity trains run at up to 201 km/h (125mph) whereas coaches are limited to half that on the motorway, and the speed limit for cars is a maximum of 112 km/h (70mph). Once the journey distance is above 250km, domestic aviation becomes a competitor, although high-speed rail could remain competitive, especially when the additional time-overheads associated with flying, such as queuing for security, are taken into account.

Car travel can be more flexible than public transport modes and offers a “door-to-door” service. Although car-sharing schemes can be unpopular, for reasons including the fact that scheduling and routeing are usually rigid, compared with public transport where a traveller may be expected to have a range of trains and buses to choose from (Morency, 2006), there are occasions where they remain a preferable or more practical option.

1.11.2 The use of travel time

It can be argued that travel time has an intrinsic value to an individual traveller, and that shaping travel time to have a positive utility can benefit others in addition to the traveller themselves (Jain and Lyons, 2008). Hence the ability of each mode to create such benefits from travel time should be explored before policy decisions are made which favour one over another. Additionally, the ability to gain something positive from the travel time may be an important factor in increasing the load factor of a particular mode. Lyons and Urry (2005) have produced illustrative frequency distributions of “productivity” of travel time by mode, which are included here in Figure 1.10.

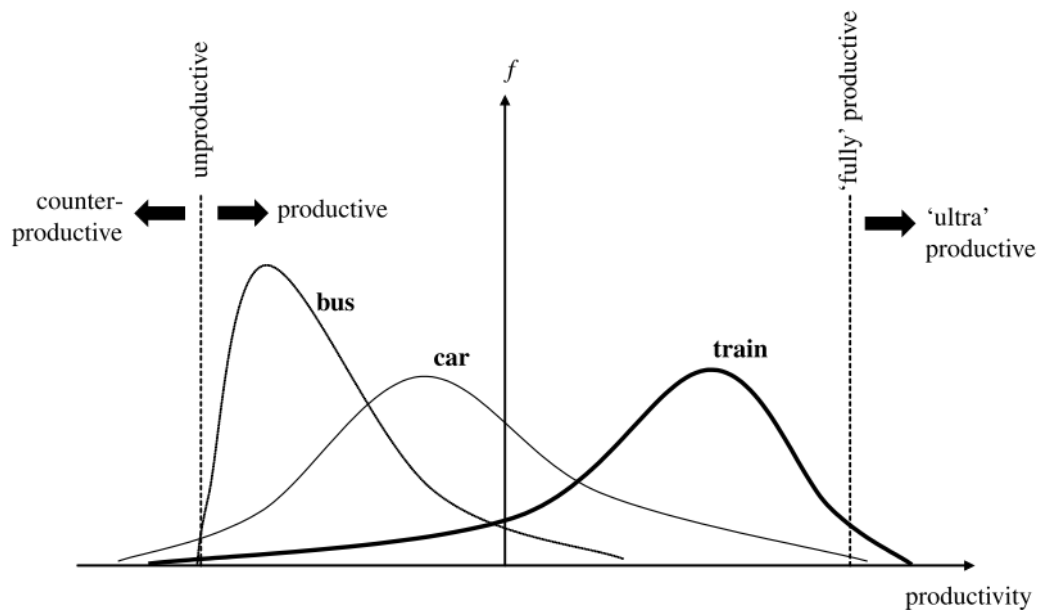


Figure 1.10: (Taken from Lyons and Urry, 2005)

“Productivity” is defined by Lyons and Urry as something which is judged to be of benefit either to the individual traveller, or economically overall. Activities which may be considered to have some productive value include working, playing, socialising and sleeping. Lyons and Urry note that a number of factors will be at work in determining the shape of the distributions in Figure 1.10, relating both to the individual and the journey itself.

Changes in technology have influenced the way in which a positive use can be made of travel time, with Jain and Lyons (2008, p.87) noting that “the printed word, portable music, and mobile communications have become central to the art of equipping travel time and managing the public space of rail and bus travel.” Furthermore, it is noted that the mobile phone has become ubiquitous, with a quarter of the participants in a focus group now using travel time as time to make contact with other people. It is noted that rail travellers in particular may use the time to work (Lyons and Urry, 2005) and that in any case, some public transport operators are now modifying attributes of the

journey that benefit the journey experience (e.g. entertainment systems, WiFi, business class) (Jain and Lyons, 2008). Even bus operators, such as Bluestar and UniLink in Southampton, are investing in WiFi in order to improve the attractiveness of public transport as an alternative to the private car (Go Ahead, 2012).

It is not just technology which is important, and vehicle design more generally has a crucial role to play. The mention of “business class” as something which is worth investing in to benefit the journey experience is consistent with the observation that first class rail passengers are twice as likely as standard class passengers to spend most of the journey working (Lyons et al., 2012). The travel environment can vary significantly, particularly on public transport, and it is likely that an appropriate internal layout and seating-density (discussed in Section 10.4) could have a big influence on the attractiveness of the mode to passengers and the resulting occupancy levels. There is perhaps a balance to be struck, because increasing passenger occupancy levels can result in crowding and a less suitable environment for “productive” use of the time. It could even be argued that if there already exists sufficient demand for a train or bus to be “crush-loaded” then the impetus to improve the attractiveness of the travelling environment wanes somewhat.

Figure 1.10 suggests that bus travel provides the least benefit in terms of travel time usage, but the benefits from coach travel would be higher; journey times on local buses are often very short and involve standing, whereas passengers on a coach would be expected to be seated for a long period of time and to be able to make more use of the time to sleep, read or use technology such as a mobile phone or portable media player.

Lyons and Urry are also keen to dispel the notion that a car journey cannot yield any benefits for the motorist concerned. They note that a car can become a “mobile office” — the space in the car can be used for storage of files and papers, whilst the use of a mobile phone enables business to be conducted whilst en route. Additionally, they note that the car can become a domestic mode of dwelling or a sanctuary, and the term “carcooning” is used to reflect this. Car drivers can enjoy being immersed in the spoken word or music from the audio system, and may use the time to mentally prepare for their next appointment.

Many of the benefits a car offers, however, do not fit well with the idea of increasing passenger occupancy levels, perhaps through a car sharing scheme. Indeed, some individuals indicate a preference for travelling alone so as to more effectively appropriate their time (Lyons and Urry, 2005). In other ways, though, a car sharing scheme could provide benefits. One member of the focus group selected by Jain and Lyons (2008) actually relies on travelling in a car with work colleagues in order to prepare for a meeting. The increased provision of “airline style” seats on trains, along with the fact that public transport cannot generally provide an environment suited to confidential discussion means that in cases like this, car sharing schemes are a much more attractive alternative to train or coach travel.

1.12 Initial conclusions and the basis for research

This chapter has introduced sustainability, and explained why the focus here is on GHG emissions and energy consumption. Estimating GHG emissions accurately is difficult, and there is a degree of uncertainty in the published data as a result. In any case, it is clear that direct GHG emissions from transport form a significant proportion of overall GHG emissions, both globally and at the UK domestic level. The vast majority of these emissions are from road transport, which currently relies heavily on the internal combustion engine. Overall, CO₂ is the most abundant GHG emitted; this is especially true of the transport sector. For this reason, along with the fact that much of the data published by the transport industry (such as official European car vehicle emissions data) are in terms of CO₂ rather than CO₂e, CO₂ emissions will be the main focus here.

Since 2007, CO₂ emissions from the UK's domestic transport sector have begun to fall, and are now below the 1990 levels used as a benchmark for emissions reduction targets. Driven largely by recent legislation, improvements in vehicle technology have meant that official CO₂ emissions figures from new cars today are less than 75% of those from new cars in 2000. In reality, technological improvements alone are unlikely to ensure that the stringent emissions reductions targets are met, and policies to encourage behavioural change are likely to be necessary. As well as affecting the overall demand for travel, this could involve changing the current modal split.

Although rail currently only carries a comparatively small proportion of domestic freight and passenger traffic, it produces on average less emissions per passenger or per tonne of freight carried than road journeys or domestic flights over the same distance. As part of a strategy to meet emissions targets, therefore, encouraging modal shift to rail has potential benefits.

Making modal comparisons is not straightforward, and although the average data for rail seem relatively good, there are many variables which mean that for some journeys rail may offer no benefit. A key aim of this research is therefore to further investigate how rail emissions vary and to understand the circumstances in which modal shift should be encouraged. The prime focus will be on passenger rail, partially because of the scope of the available data, and partially because of the fact that the majority of transport's GHG emissions come from passenger traffic.

1.13 Aims and objectives of this thesis

Having introduced the concept of sustainability, explored the need to reduce energy consumption and GHG emissions and considered the potential for rail to play a role within a sustainable transport system, the aims and objectives of this thesis are as follows:

1. **Investigate existing carbon calculator tools used to compare the carbon emissions from different modes of transport.** Chapter 2 compares and contrasts three different carbon calculator tools, with the aim of understanding how different modes are compared and what the limitations are.
2. **Compare existing energy consumption data for rail with empirical data which have been obtained for this research.** Empirical energy consumption data from trains have been made available, and are analysed in Chapters 3 to 6.
3. **Investigate the relative importance of the different factors which may influence operational energy consumption and emissions.** As well as simply comparing the findings from the empirical data with existing data, the analysis in Chapters 3 to 6 seeks to understand the factors which lead to variation in energy consumption (and hence emissions).
4. **Investigate techniques for modelling the operational energy consumption of a train.** Chapter 7 and Chapter 8 consider how the operational energy consumption of a train may be modelled and explore the development of a simulation tool for Arup. A key aim is to investigate whether simple modelling techniques can be used to make reasonable comparisons between different routes and services.
5. **Consider the effects of life-cycle analysis on modal comparisons.** The energy consumption of and emissions from a transport system are not confined to vehicle operations alone. Chapter 9 considers life-cycle analysis, and the impact of including non-operational aspects, such as the construction and maintenance of necessary infrastructure. This enables some of the specific modal comparisons in Chapter 2 to be revisited, and for rail to be compared more holistically with other modes.
6. **Understand passenger loadings and the limitations of passenger-km as a metric.** Chapter 10 reviews passenger load factor data and considers the impact it has on modal comparisons.

These individual aims form part of the overall objective of understanding more about how rail performs in terms of energy consumption and emissions relative to other modes. By making use of empirical data, this thesis aims to make more detailed modal comparisons than those which are typically undertaken on an aggregate basis, and to develop an understanding of the circumstances under which rail should be promoted as part of a sustainable transport system. The findings are summarised in Chapter 11.

Chapter 2

The use of carbon calculator tools and a review of existing data

2.1 Introduction

When considering the contribution of transport to overall greenhouse gas (GHG) emissions, different modes can potentially be viewed as “less polluting” than others. In order to ascertain their relative impacts, various methods can be used to compare and contrast each mode. One method is to take an inventory based approach, considering overall energy consumption and GHG emissions data for each different mode. These could then be scaled according to usage data; Section 1.9 introduced the concept of comparing emissions on a per passenger-km basis (for passenger transport) and a per tonne-km basis (for freight transport). It was shown that, on average, rail produces fewer emissions than alternative modes, including road transport and domestic aviation. On this basis, modal shift towards rail could be advocated as a way of helping to meet GHG reduction targets.

A major limitation of this approach is that it doesn’t account for the fact that transport systems are diverse. For example, a trip made on the motorway in a diesel car is unlikely to consume the same amount of energy as a trip of similar length in a petrol car through a congested town. Similarly, a rail journey could involve a trip at comparatively high-speed on an electric train or a slow stopping service on a diesel train. When considering how best to reduce energy consumption and emissions, it may not make sense to prioritise a single mode for all trip types.

The National Atmospheric Emissions Inventory (DEFRA, 2014) does provide some segmented data for different transport modes, allowing the impacts of different trip types to be considered. Figure 2.1 illustrates overall CO₂ data for passenger road and rail in

the UK from 2012, showing the split between different types of driving and different types of rail journey.

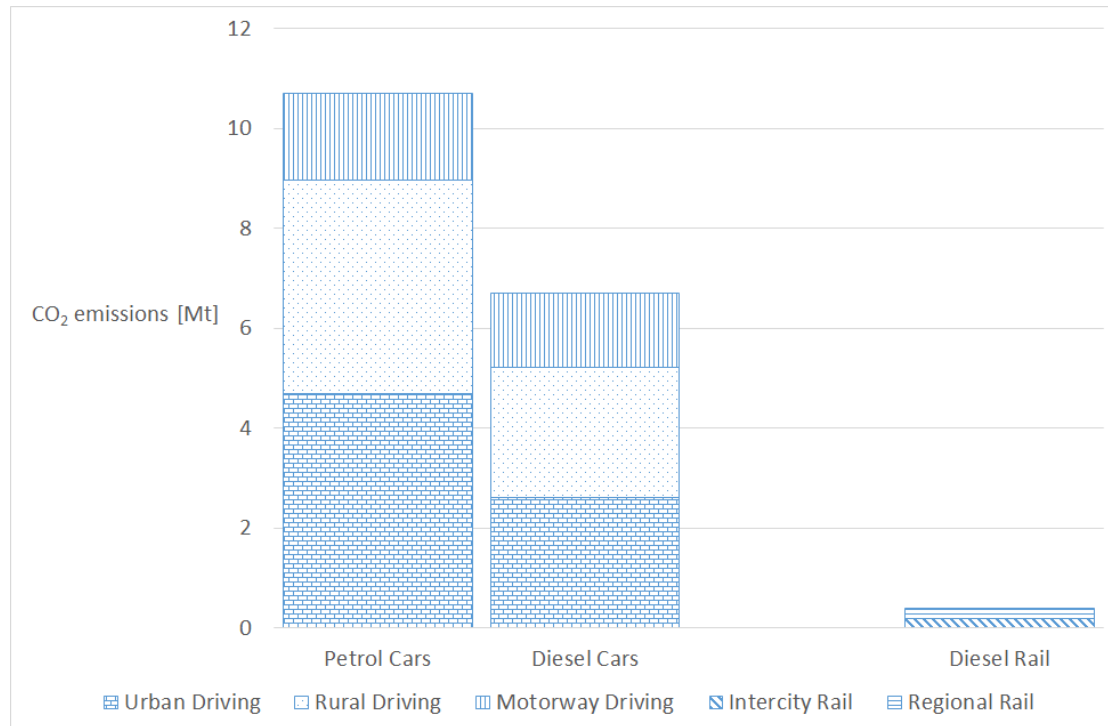


Figure 2.1: Comparison of total CO₂ emissions for different modes in the UK from 2012 (Data Source: DEFRA, 2014)

Using such data to make meaningful comparisons between modes is not easy, however, especially because it is difficult to accurately apportion passenger usage figures to the breakdown given in the National Atmospheric Emissions Inventory. Many road journeys involve a combination of urban and extra-urban driving, whilst the difference between regional and intercity rail is not always well defined, and a rail journey may also involve a combination of the two. In this case, the National Atmospheric Emissions Inventory data are based on direct (Scope 1) CO₂ emissions and therefore do not include electric rail, or electric road vehicles.

An alternative technique for comparing modes is to analyse specific journeys that are broadly representative of how competing transport systems might be used (RSSB, 2007), offering greater granularity. The main focus of this research is on passenger transport, and many online journey planners now offer the ability to compare the CO₂ emissions for different modes for a specified journey. These tools are known as carbon calculators and three of them are reviewed in Section 2.2. Considering the different methodologies reveals something about the existing data and identifies the opportunities for further research.

Despite taking into account some of the characteristics of individual journeys, the carbon calculator tools still rely heavily on average data for the emissions per passenger-km of

a particular mode. Even where more specific data are available, they are often limited and are not necessarily applicable for calculating the emissions of a particular journey accurately. The review of the carbon calculators is followed by a review of some of the data which are available for cars and passenger trains. Data available from the motor industry are generally more comprehensive than data from the rail industry, largely because fuel consumption and emissions data are published by the car manufacturers, making it easy to obtain data for a particular model. Nonetheless, three reports containing a set of train energy consumption and emissions data have been identified and are reviewed here.

It is noted that when comparing trains, it can be better to start by considering energy consumption rather than emissions. Whereas the motor industry has standard procedures for quantifying emissions from the majority of the car fleet (by measuring them at the tailpipe), the situation is more complicated for trains. A key reason for this is that electric trains, which make up a large part of the rolling stock on the UK network, do not produce tailpipe emissions, and hence a focus on direct emissions is meaningless. It is, however, possible to measure energy consumption (by considering the fuel consumption of diesel trains and the electricity consumption of electric trains), from which GHG emissions can be estimated. It was found that much of the energy consumption data presented in the reports are based on simulations (and associated assumptions) or on limited empirical evidence — hence there is considerable scope for further research.

2.2 An overview of three carbon calculators

2.2.1 Transport Direct

The UK based Transport Direct¹ (www.transportdirect.info) offers comprehensive door-to-door journey planning within the UK. Journeys can be planned between postcodes, stations and airports or simply between districts as a whole. The results can include options for travelling by car, and by public transport, including, where applicable, train, light rail, underground rail, bus/coach, ferry and plane.

Journeys made by public transport can often involve travel by more than one mode (especially in the case of rail journeys, where travel to and from the station can be significant). When estimating the CO₂ emissions for a given journey, all the different modes of public transport which may be taken on the one trip are included in the calculations (Transport Direct, 2012a). However, the output also includes basic comparisons with other modes, which assume a single mode for the entire journey. Although clearly labelled, this may be misleading.

¹The Transport Direct website was closed down on 30th September 2014, after this research had been undertaken

For car journeys, the calculations are quite sophisticated and are based on the amount of fuel used. The fuel type (petrol or diesel) can be specified in the journey planning stage, and if the user has fuel economy data for their particular car this can be entered. Otherwise, the user is able to categorise their car by size. According to the published methodology, the calculations take into account the predicted congestion and the amount of urban driving (Transport Direct, 2012a).

For the public transport options, however, there are some weaknesses in the methodology which mean that the results displayed may not accurately reflect the particular journey. The first is that the emissions data for public transport modes are based on average data provided by DEFRA (Transport Direct, 2010a). The second issue is that the exact journey distance by public transport is not always known, and a number of assumptions are made.

2.2.2 Travel Footprint

The online tool at www.travelfootprint.org² was funded by Transport for London and DEFRA (Travelfootprint.org, 2012a). In contrast to Transport Direct, some international journeys (for example, to/from Paris) are permitted, and it does not rely entirely on average data for public transport modes.

However, it is not as user-friendly as Transport Direct, and is in some ways more restrictive. For example, the mode choice has to be made before the origin and destination are chosen. Not only does this limit public transport journeys to a single mode but it also limits the choice of origin and destination to stations (for rail), stops (for buses) and airports (for flights).

Once a user has selected a particular mode of transport, Travel Footprint.org asks for more detail about the mode itself, and the number of passengers. For rail, the options include several specific types of train and an average UK figure for intercity electric rail. Data are taken from a report by the AEA and some work by DEFRA (Travelfootprint.org, 2012b). The AEA report (Hobson and Smith, 2001) is reviewed in Section 2.5.1.

Although this alleviates some of the concerns about using average data, it is questionable whether it would be easy for a user without detailed knowledge of the railway network to make an appropriate selection (although some information about the choice made is given once the emissions have been calculated). Furthermore, many rail journeys involve a change of train and selecting one of the limited options for the entire journey may give misleading results.

Similar caveats apply to journeys made by bus. Although the options are categorised primarily by journey type (urban, rural or motorway), the user still needs to know

²The Travel Footprint website was closed down at the end of August 2014, after this research had been undertaken

whether the bus they will be travelling on was built between 2001 and 2006 or outside those dates. Another concern for all types of public transport is that the user needs to make an estimate of the load factor, something which may not be practical for an entire journey, especially if it is not one which has been undertaken before. Whereas asking for detail about the mode choice does help improve the emissions results, it is questionable whether relying on the user to provide such information is realistic or sensible.

On the other hand, when considering a car journey, the range of categories is more detailed than that offered by Transport Direct, whilst still avoiding the need to specify an exact make and model. The downside is that there is no option for the user to enter more specific data, such as known fuel economy, if they wish to. It is not clear whether emissions calculations consider the journey type and levels of predicted congestion.

For most modes, the calculations consider some life-cycle emissions including fuel production and vehicle manufacture (Travelfootprint.org, 2012b). This is useful for giving a true comparison between modes, although it could be assumed that, for example, the user already has a car and that some of these life-cycle emissions apply whether or not a particular journey is made.

2.2.3 EcoPassenger

The tool at www.EcoPassenger.com is provided by the Union Internationale des Chemins de fer, or International Union of Railways (UIC), and is clearly orientated towards rail journeys. All journeys must be between railway stations, and although there is much better European coverage than offered by either Transport Direct or Travel Footprint, this is still fairly restrictive. For example, Abingdon in the UK has a population of over 30,000 but — because it does not have a railway station — is not an acceptable origin or destination. Another disadvantage compared with other two carbon calculators considered here is that the only public transport information is for rail and, where possible, air travel. In the latter case, the outputs are still rail-orientated; for example, the suggested flight option between London Heathrow and Paris Charles-de-Gaulle involves initially getting the train to London City Airport, and flying from there instead of from Heathrow.

Like Transport Direct, the EcoPassenger tool only requires an origin, destination and preferred time of travel to produce a journey plan and emissions data, and presents the different mode choices together. For car journeys, energy consumption and emissions data are dependent on the type of road (highway, rural or urban) and includes factors such as cold-starting (UIC, 2010). As with Travel Footprint, it is not possible to enter known fuel economy, and the car type must be selected from a range of categories. In this case, however, the categories are not as intuitive and the EURO emissions standard of the engine must be known.

Unlike Transport Direct, both the EcoPassenger tool and Travel Footprint break flights up into different flight phases. The EcoPassenger tool appears to be the most comprehensive, considering four separate flight phases — Taxi, Take-off/Climb, Cruise, and Dive/Landing (UIC, 2010). To estimate average emissions factors, data for aircraft from the Airbus a320 and Boeing 737 families are used, on the basis that these are typical aircraft for short- and medium- distance flights within Europe.

Trains are categorised into three service types — Highspeed, Intercity and Regional/Urban (UIC, 2010) and where a change of train is necessary, each leg is considered separately. It is assumed that all Highspeed services are electric, whilst the others could be either diesel or electric. Electric traction is assumed, unless the train passes through a station which can only be reached by diesel traction. A specific value per passenger-km for each service type has been used for seven countries, whilst a weighted average is used for all other countries considered. The specific energy consumption values are derived from the UIC Energy Database, but are not publicly available.

If the correct assumptions are made about train and journey type, then it seems that the EcoPassenger tool is likely to return better results for a rail journey than the other carbon calculators considered, due to the use of more specific data. Unlike Transport Direct, EcoPassenger does not rely on overall average data, nor does it require the user to determine the train type or make assumptions that the whole journey is done on one train.

For both rail and air, average load factors are assumed, although it is possible to re-run the calculations for a maximum load factor, equivalent to having all seats occupied. For car journeys, the number of passengers can be specified, although the default is the European Average Utilisation, given as 1.5. The entire energy chain, from fuel extraction and processing through to final energy consumption is considered, but no other life-cycle components (for example, the construction of the vehicle) are taken into account.

2.3 Comparing sample carbon calculator outputs

For the purposes of making some simple comparisons, three UK journeys were entered into the carbon calculators considered here. The first journey is between London Waterloo and Southampton Airport Parkway (the most accessible main station for the Transportation Research Group at the University of Southampton). This is a popular commuter journey, with regular electric trains. There is also a frequent coach service between London and Southampton, and — for car journeys — the route has a mix of motorway and urban roads.

The second journey is between Swansea and Fishguard Harbour. Depending on the route taken, it is of similar distance to the journey between Waterloo and Southampton but

in a much more rural context. There is little motorway or urban driving, and the rail service is provided by Diesel Multiple Units (DMUs). Comparisons between these first two journeys were made to provide some insight into the differences between rural and commuter journey types and how the different carbon calculators deal with them.

The third journey is between London and Glasgow chosen because this is a route over which domestic aviation is a serious competitor to the road and rail alternatives, and because empirical data for the trains which typically operate the direct route (the Pendolino) have been made available and will be discussed in later chapters.

The time of travel chosen in each case was a Monday morning in March; the departure time was chosen to be 10am. This was so that journey options were unaffected by weekend perturbations (perhaps due to maintenance work) and enough time was allowed to complete a long road or rail journey within the day. It was assumed that the journey was being made by one person, and so the number of passengers in the car was set to one (the driver only). The results are shown in Table 2.1 to Table 2.3 and some graphical comparisons are made in Figure 2.2 to Figure 2.4. The same journeys are compared again in Chapter 11, following the analysis of some empirical data in Chapters 3 to 6, and a discussion of life-cycle analysis in Chapter 9.

Table 2.1: Carbon calculator outputs for a journey between London Waterloo and Southampton Airport Parkway

Calculator		Transport Direct	Travel Footprint	EcoPassenger
Length of journey [km]	Car	128	127.2	128
	Train	118.2	120.3	
	Bus	141.1	127.2	
CO ₂ emissions [kg]	Car	24.2	28.6	21.3
	Train	6.3	4.2	6.9
	Bus	4.7	5.9	
Journey time [min]	Car	114		88
	Train	68		68
	Bus	188		
Notes	Car	Medium sized diesel. One occupant	Avg. small family diesel. Driver only	Middle Diesel EURO 3. One passenger
	Train		Intercity Electric (50% load factor)	Normally crowded
	Bus	National Express	Post 2006 Motorway (50% load factor)	

Table 2.2: Carbon calculator outputs for a journey between Swansea and Fishguard Harbour

Calculator		Transport Direct	Travel Footprint	EcoPassenger
Length of journey [km]	Car	115	115.7	117
	Train	85.7	117.7	
	Bus	124.7	113.8	
CO ₂ emissions [kg]	Car	22.3	26	19.4
	Train	4.6	7.5	5.7
	Bus	16.5	4.8	
	Plane			
Journey time [min]	Car	113		74
	Train	111		106
	Bus	337		
Notes	Car	Medium Sized Diesel One Occupant	Avg. small family diesel	Middle Diesel EURO 3
	Train		Diesel Sprinter (50% load factor)	Rail distance estimated
	Bus	National Express		

Table 2.3: Carbon calculator outputs for a journey between London Euston and Glasgow Central

Calculator		Transport Direct	Travel Footprint	EcoPassenger
Length of journey [km]	Car	646	645.4	647
	Train	588.5	645	
	Bus	701	645.4	
	Plane		556	
CO ₂ emissions [kg]	Car	118.5	144.9	106.9
	Train	31.4	22.7	36.4
	Bus	21.3	29.9	
	Plane		194.7	132.8
Journey time [min]	Car	410		354
	Train	271		269
	Bus	539		
	Plane			198
Notes	Car	Medium Sized Diesel One Occupant	Avg. small family diesel	Middle Diesel EURO 3
	Train		IC Electric (50% load factor)	
	Bus	Megabus		
	Plane	No data available; plane only a valid mode for journeys “within Scotland only”	B737-400 (65% load factor)	

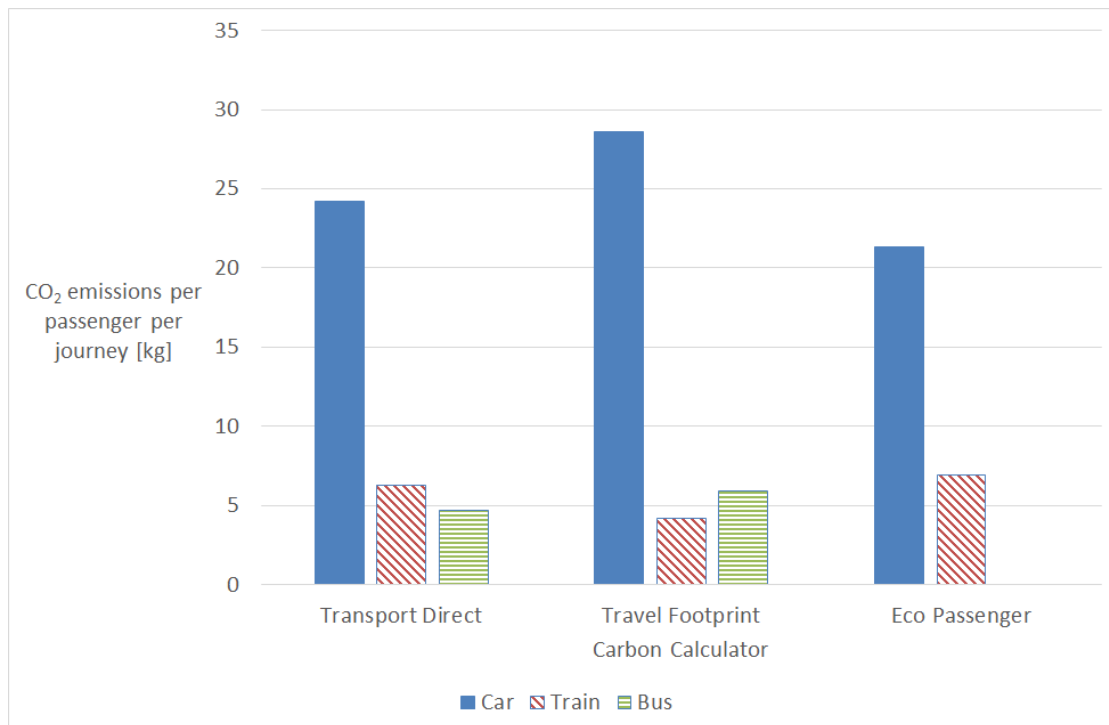


Figure 2.2: A comparison of estimated CO₂ emissions for a journey between London Waterloo and Southampton Airport Parkway

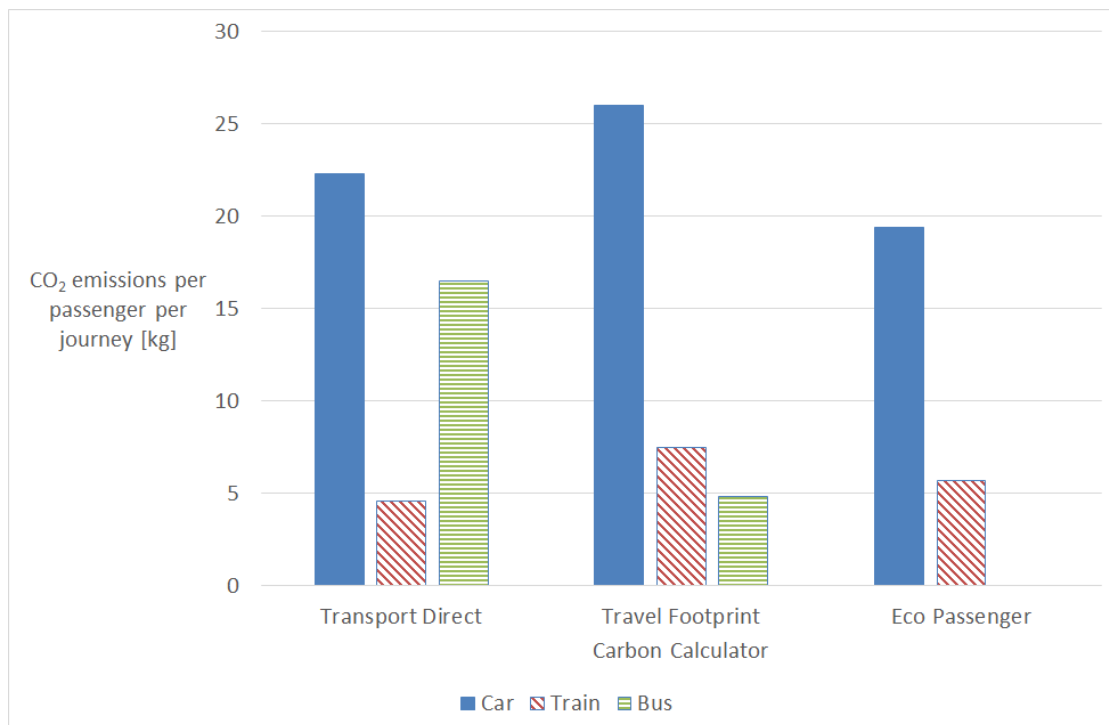


Figure 2.3: A comparison of estimated CO₂ emissions for a journey between Swansea and Fishguard Harbour

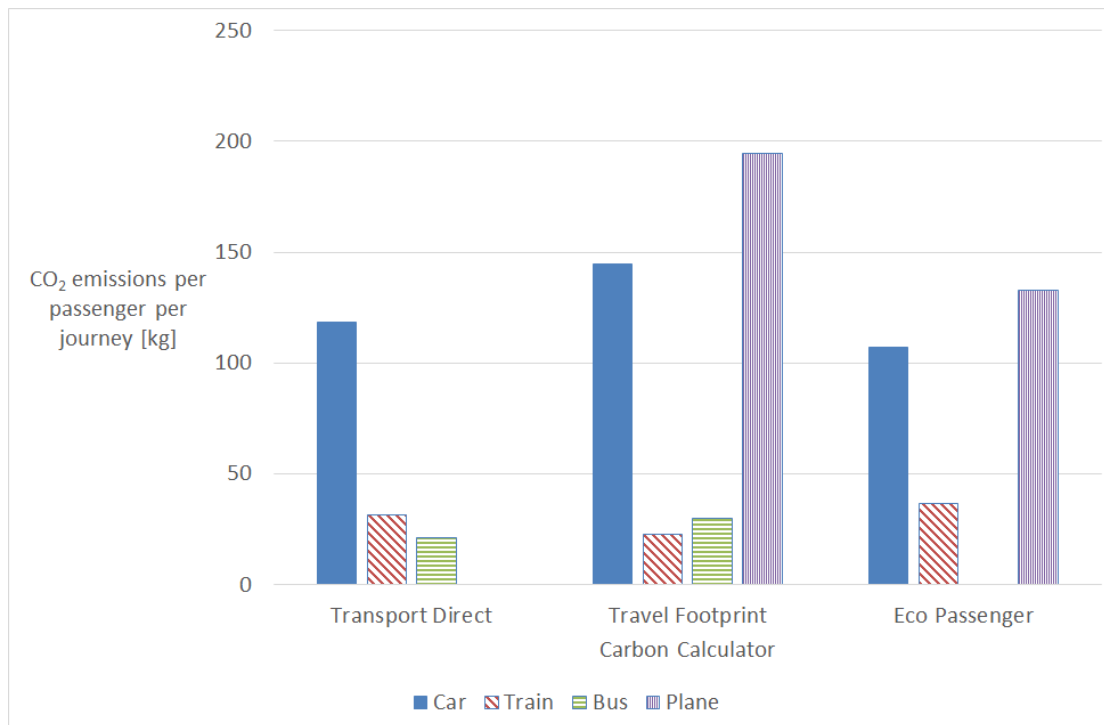


Figure 2.4: A comparison of estimated CO₂ emissions for a journey between London Euston and Glasgow Central

Examination of the results from these initial case-studies shows that there are some interesting things to consider. Firstly, there is considerable variation in the distance given for each journey. To some extent, this is inevitable, particularly for journeys made by road, because there are many different route permutations. Unlike the other two calculators, Transport Direct offers the user some choice for the driving route with options including “Quickest”, “Shortest” and “Most Economical”, and it is unfortunate that a comparison of the different options is not easily available when viewing the CO₂ emissions results; the default setting, used here, is the “Quickest” journey option. In the case of public transport, both Transport Direct and EcoPassenger start with “line of sight” or “as the crow flies” distances between stops as a basis for estimating the distance travelled (Transport Direct, 2012a; UIC, 2010). It is not clear how Travel Footprint produces distance data, but a similar methodology is presumed, and the lack of complete accuracy in this area needs to be taken into account.

Secondly, there is the potential of the bus to rival the train in terms of low GHG emissions. Not only does this need to be considered further in its own right, but the results here highlight the importance of having accurate scenario-specific data. For the first journey, where an electric train is specified, the results from Travel Footprint suggest that the train is better in terms of GHG emissions than the bus. For the second journey, where a diesel train and a rural bus are specified, Travel Footprint could be used to argue that the bus is the better option. On the other hand, the results from Transport Direct could be used to recommend the opposite in each case, although the outputs need to be

treated with particular caution, for two main reasons. The first reason is that Transport Direct did not specify the journey distance when travelling by bus and the assumption was made that it followed the same road route as the car. As noted above, however, the distance was probably calculated in a more arbitrary manner such that the projected emissions per passenger-km are likely to be skewed. The second reason is the fact that Transport Direct relies on average data for public transport and its applicability to each of the specific scenarios considered is questionable.

All three carbon calculators reviewed here suggest that in terms of operational GHG emissions, the car remains more polluting than the bus or the train. However, because the modes are compared on a per-passenger basis, this is very dependent on load factor. Any car journey made with more than just the driver on board would have lower emissions per passenger, whilst it is worth bearing in mind that the load factors used for the public transport modes may not be representative of the scenarios in question. The issue of load factor is explored in more detail in Chapter 10. Furthermore, although the choice of car for the initial comparisons (a medium sized-diesel) may be more representative of the current car fleet, it cannot be assumed that it is applicable to a specific journey being planned by someone using such a tool, or that it will be representative of the future car fleet as car design evolves. It is therefore possible that for some journeys, the difference in emissions between driving and taking the train may be much less, and the need for more accurate data to help differentiate the options is once again brought to the fore.

Although the gap between the car and the bus and train is consistently large, there is some variation in the estimated car emissions from each of the carbon calculators. There are a variety of plausible reasons for this, including the interpretation of “medium” or “small-family” sized diesel, route choice and methods for predicting levels of congestion and driving style. It is notable that Travel Footprint, the only one of the three to explicitly include life-cycle impacts (arising from “fuel and vehicle production”), produces the highest estimations of car emissions for each of the three scenarios. Life-cycle emissions are considered in more detail in Chapter 9.

In spite of the fact that EcoPassenger makes some estimation of the emissions associated with travel to the airport, the aviation emissions estimated by Travel Footprint for the journey between London and Glasgow are much higher. There are two main reasons for this. The first is that for domestic flights, Travel Footprint’s calculations are based on the Boeing 737-400 (Travelfootprint.org, 2012b), whereas the others rely on some sort of average figure. The 737-400 is an older aircraft, and the fact that the overall average used by Transport Direct is lower could be indicative of the fact that the aviation fleet is becoming less polluting. The second reason is that Travel Footprint includes the use of a radiative forcing factor of 2.7 to represent the increased impact of emissions at altitude, whereas the EcoPassenger methodology states that such additional global warming occurs at altitudes above 9km, and that flights shorter than 500km are not assumed to reach this altitude during the cruise (UIC, 2010).

2.4 An overview of car emissions data

For car journeys, the choice of vehicle allowed by the carbon calculators is typically fairly generic, although they are often based on more specific data. Despite the fact that in reality a myriad of makes and models of car are available, specific emissions data are readily available, especially for newer cars. In Europe, every car bought to market needs to pass a Type-Approval (TA) test, in which fuel consumption and CO₂ emissions levels are determined (Mock et al., 2012). All tests follow procedures that are regulated in the European Union, and an advantage of a standardised test procedure is that it is easy to compare different makes and models. The current metric for measuring and comparing CO₂ emissions from new passenger cars in Europe is grams of CO₂ emitted per (vehicle) km (gCO₂/km). Emissions are measured at the tailpipe during test-cycles known as the NEDC (Patterson, Alexander, and Gurr, 2011). The tests are undertaken in a controlled laboratory environment, using rolling road dynamometers for repeatability. A key downside of laboratory based tests is that they may not be representative of real-world driving. Following a look at the overall picture, this section goes on to discuss some of the problems with these tests in more detail.

2.4.1 The overall picture

Weighted by sales data, the average emissions figure for new cars in the UK in 2012 is given to be 133.1 gCO₂/km (SMMT, 2013), but there is significant variation amongst the models currently on sale. Figure 2.5 uses data provided by DEFRA (2012) to show how emissions from petrol and diesel cars varies between different categories of vehicle. One of the most efficient internal-combustion powered cars at the time of writing is the Kia Rio CRDi diesel (Carpages.co.uk, 2013), which officially emits just 85g of CO₂ per vehicle-km. This is also shown in Figure 2.5, to illustrate the fact that specific models differ from the average in each category and to highlight how much of an overall improvement such comparatively newer and more efficient models can provide. Similarly, at the other end of the scale, the Lamborghini Aventador officially emits 398g of CO₂ per vehicle-km, which is over 200% more than the overall average for 2012 (Carpages.co.uk, 2013).

It can be seen from Figure 2.5 that diesel cars generally produce less CO₂ emissions than their petrol equivalents. What Figure 2.5 does not show is that moving away from the internal combustion engine can result in even fewer CO₂ emissions. For example, General Motors' petrol-electric hybrid, marketed as both the Chevrolet Volt and the Vauxhall Ampera officially emits just 27g of CO₂ per vehicle-km (Carpages.co.uk, 2013). Furthermore, there are an increasing number of battery-electric vehicles coming to market, which officially have zero CO₂ emissions at the point of use.

Data are available for CO₂ emissions for new cars, and the number of registrations, from 1997 onward (DEFRA, 2013b). In 1997, the emissions dataset covered about 70% of total

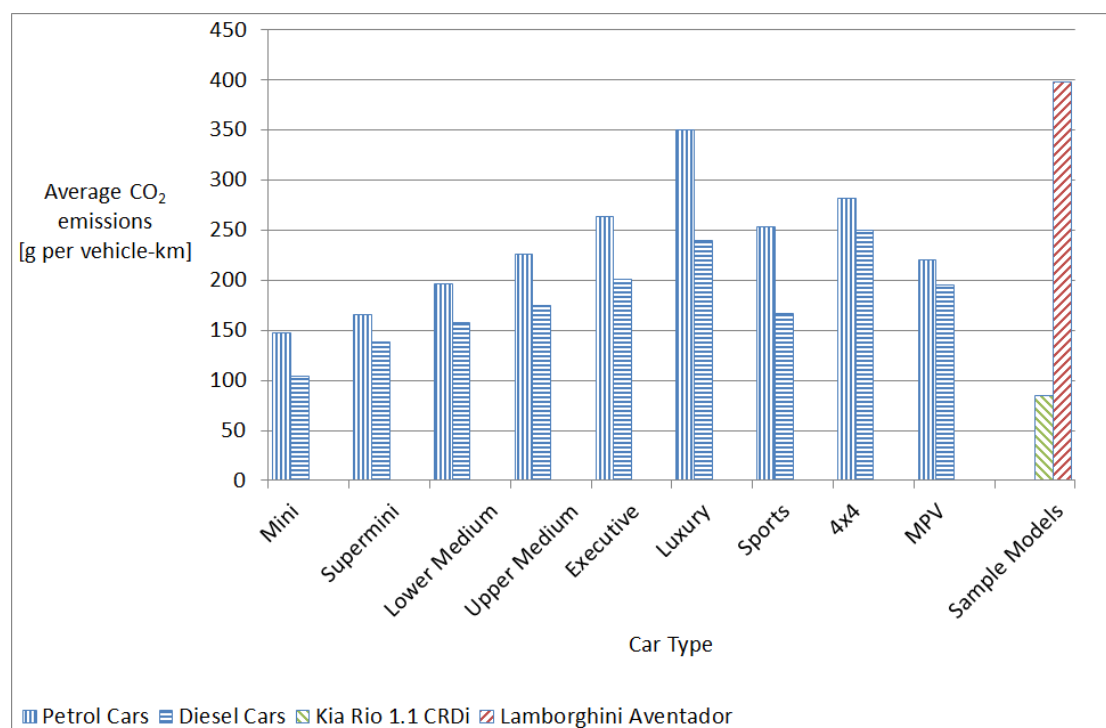


Figure 2.5: Average new car emissions data, grouped by sector (Data Sources: Carpages.co.uk, 2013; DEFRA, 2012)

registrations. By 2000 it covered 99% of total registrations, and has essentially covered all vehicles since then. As well as meaning that modal comparisons aren't restricted to new cars, it enables a detailed picture of the car fleet as a whole to be built, which is how DEFRA (2013b) calculate their average data. DEFRA have also used data collected from Automatic Numberplate Recognition (ANPR) cameras over 256 different sites in the UK (covering different road types) to weight the emission factors for the age and activity distribution of the UK vehicle fleet.

Vehicle emissions data are detailed and comprehensive. This is due in part to the dominance of the internal combustion engine, from which it is possible to measure emissions at the point of use, whilst sales of fuel are also comparatively easy to quantify. This could change as electric vehicles (EVs) become more popular, because they officially have zero tailpipe emissions, which makes monitoring and accounting for emissions much more complicated. With no emissions at the point of use, EVs could be considered to have no Scope 1 GHG emissions. Scope 2 GHG emissions (those arising from the generation and supply of the electricity consumed), are comparatively hard to calculate, because vehicles are often charged at home or at the workplace, and the electricity consumed is likely to be difficult to isolate from other domestic or commercial consumption.

Whilst vehicle emissions data are currently quite easy to estimate, it can be more difficult to convert this into data on a per-passenger basis for private cars. Whereas occupancy data can be inferred from ticket sales data for public transport, no such records exist for

private transport. Survey data, such as that obtained by the National Travel Survey, can be used to estimate average car occupancy levels. Current occupancy levels, including the driver, are thought to be in the region of 1.6 (RSSB, 2007), although this varies, with business and commuting journeys typically being lower. Care must be taken with load factor data presented in percentage terms, because the assumption is often made that the average car has five seats, which may not be accurate. Although there are cars on the market with more than five seats, a number — typically sports cars or small city cars — also have less. Furthermore, many cars which nominally have five seats would not be suited to carrying five adults for any distance. Assuming that the average vehicle occupancy rate is still 1.6 passengers, the load factor in percentage terms may therefore be slightly higher. Chapter 10 contains a more detailed discussion about passenger loadings.

2.4.2 Issues with official test-cycle data

Although the standard test-cycles provide a useful benchmark for assessing all models equally, the current NEDC tests are not representative of real-life driving conditions (Mock et al., 2012); the low rates of acceleration, constant speed cruising and periods of idling are unrealistic. Additionally, despite the fact that the test does account for “cold-start” emissions by covering the warm-up period of the vehicle, the ambient temperature of the test-site is typically higher than the average ambient temperature across Europe (Patterson, Alexander, and Gurr, 2011). This could potentially be quite significant, because even within the regulated range of 20 to 30°C, studies have shown that the CO₂ emissions could increase with temperature by at least 4% (Mock et al., 2012). The test does not include the effect of the loading on the engine of ancillaries, such as air-conditioning or power-steering, the effect of the weight of passengers and luggage or the effect of gradients. Because it only applies to new cars, it also does not consider the effects of (poor) maintenance or wear and tear.

To account for these combined real-world effects, an uplift of +15% over the official NEDC values was agreed with the DfT in 2007, and has been included in the data published in recent years by DEFRA (2010; 2013). However, DEFRA (2013b) suggest that this should be reviewed in light of the fact that the differential between the NEDC values and the actual CO₂ emissions of cars on the road appears to be increasing. This is corroborated by several studies, including that undertaken by Mock et al. (2012), who compared NEDC data with two alternative German data sources. The first is *spritmonitor.de* — an online database with more than 200,000 registered users who log their own fuel economy for the type of car which they drive. The users input the amount of fuel purchased (in litres) and the odometer reading (in km), from which the website calculates the fuel economy; it is suggested that this is more accurate than asking users to estimate their fuel economy directly. It is assumed that Mock et al. perform the conversion from fuel

economy to CO₂ emissions themselves, but no detail is given. The second data source comes from ADAC — Europe’s largest automobile club. ADAC started an “EcoTest” programme in 2002, with the aim of “providing a fair, reliable and objective assessment of the environmental performance of cars.” (Mock et al., 2012). The EcoTest is based on the European vehicle emission test procedures, but has additional procedures and parameters to take some real-world effects into account. The results of the study suggest that the typical discrepancy between official NEDC data and real-world CO₂ emissions as grown from around +8% in 2001 to +21% in 2011. The discrepancies observed in the data from *spritmonitor.de*, which is based on actual real-world performance, are bigger than those from the EcoTest data, although the data collected by *spritmonitor.de* is likely to be much more variable. A large sample size will help mitigate the variations in driving style and journey type, and the problem of false entries, but driving style and journey type will nonetheless be significant factors.

A later report (Mock, German, and Icct, 2013) suggests that the discrepancy between *spritmonitor.de* data and official NEDC data for new cars in 2011 ranged between +20% and +25% for petrol cars and +25% and +30% for diesel cars. There appears to be little variation between low CO₂ and higher CO₂ models. This later report also reviews other data sources, including that collected in the UK for *honestjohn.co.uk*. The principle is not dissimilar to that employed by *spritmonitor.de*, except that the user enters their estimated fuel economy figure (in miles per gallon) directly. The *honestjohn.co.uk* dataset comprises fewer users than the *spritmonitor.de* dataset, but the results are similar — namely that the discrepancy between official data and real-world emissions increased from +3% to +27% between 2000 and 2011.

Patterson, Alexander, and Gurr (2011) have also conducted some analysis which suggests that the standard uplift factor of +15% now needs to be revised. They compared official fuel consumption data with that gathered by AutoCar when they test-drove and reviewed the vehicle, and used this to calculate the difference between real-world CO₂ emissions and the test data. They found that for the selected examples, real-world CO₂ emissions appear to be about 20% higher than the certified figures, although there was quite a lot of variation. The Nissan 370Z, for example, was only found to produce about 5% more CO₂ than the official figure, whilst the diesel Mazda 5 produced as much as 36% more.

The discrepancy between official test data and real-world emissions is likely to arise not just because some of the real-world effects are excluded from the test-cycles or are otherwise hard to quantify. It is additionally thought that the fixed speeds, gear shift points and rates of acceleration make it possible to optimise emissions levels for the test in a way which is not borne out in real-world driving (Mock et al., 2012), although it is important to note that taking advantage of some of the flexibilities in the test does not necessarily imply anything illegal on the part of the manufacturers (Mock, German, and Icct, 2013).

The inclusion of whole life-cycle data may be significant when making modal comparisons, and Patterson, Alexander, and Gurr (2011) have considered life-cycle emissions and not just tailpipe emissions from operation. This will be considered further in Chapter 9.

2.5 An introduction to rail energy and emissions data

In contrast to the car industry, the rail industry does not typically publish vehicle emissions data. In part, this is because there are limits to the empirical data available. Rochard and Schmid (2000) explain that extensive testing on operational railways is no longer a particularly viable option. Testing takes up valuable train paths and is quite resource intensive; even where test-track facilities are available they are not always suitable for high-speed testing. Furthermore, where data are available, Arup (2009) outlined a number of typical problems and ambiguities including:

- The GHG emissions of electric trains are crucially dependent upon the carbon intensity of the electricity grid to which the railway is connected.
- Energy used for electric traction can be measured at the pantograph (or collector shoe), at the substation, or in terms of the primary energy consumed at the power station. Even if the assessment extends to the power station, it is often unclear whether the data takes into account supply chain energy usage, such as the extraction and delivery of coal or uranium.
- For diesel traction, it is often similarly unclear whether the energy and emissions associated with the extraction, refinement and transport of the fuel have been considered.
- In many cases it is not clear whether GHG emissions figures refer only to CO₂ or to CO₂e (which takes into account the contribution of other gases).

Many of these issues are concerned with the conversion of energy consumption data into GHG emissions data, which is why it can be preferable to start with energy consumption as a basis for comparison. For electric rail, energy consumption can be comparatively easy to measure and allocate correctly to the railway sector; unlike electric cars, electric trains are powered from dedicated infrastructure.

Three existing datasets are reviewed here. The first was published in 2001 by AEA Technology on behalf of the Strategic Rail Authority (SRA) (Hobson and Smith, 2001), and is still widely referenced over a decade later (for example, it is used by the Travel Footprint carbon calculator (Travelfootprint.org, 2012b) reviewed in Section 2.2.2). The second was published by RSSB (2007), and finally, Network Rail included some energy consumption data in their comparison of the environmental impact of conventional and

high-speed rail (Network Rail, 2009a). Some brief comparisons are made, and factors which may affect the energy consumption of and the emissions from a train are highlighted.

2.5.1 The AEA Rail Emission Model

In contrast to the RSSB report and the data collated by Network Rail, which focus more on energy, the main focus of the AEA study is emissions. The emissions from the rail industry are divided into three types — those from diesel trains, those produced indirectly from electric trains and those from stationary sources, such as stations (Hobson and Smith, 2001). Of most interest in this context are the operational energy and GHG emissions data from the trains (both diesel and electric). The data for diesel trains come from three main sources:

- For seven types of locomotive and the Intercity 125 passenger train, emissions data were taken from an earlier study by the London Research Centre. In addition to CO₂ data, emissions factors for sulphur dioxide (SO₂), particulate matter (PM₁₀), NO_x, VOCs and CO are provided.
- For 19 classes and sub-classes of DMU, calculated data supplied by AEA Technology are used. The data supplied represent fuel consumption for a given station spacing on a level gradient, and emissions from fuel use have been estimated.
- For the Class 221 Super Voyager and a train design proposed by Siemens, emissions data are supplied directly by the manufacturer.

For electric trains, the estimated fuel consumption is given in terms of kilowatt-hours (kWh) per mile for 36 types of train. The data for some classes are derived for flat (level-gradient) journeys, assuming a given station spacing. For others, estimates are derived from measured electricity consumption over several different journeys in the UK. Emission factors for the average UK electricity mix are provided for the purpose of converting energy consumption data into emissions data. The emissions factors are predicted from the year 2000 (known at the time) through to 2020 in five year intervals, for scenarios based on modelling of future energy use by the Department for Trade & Industry (DTI) and targets set by the Performance Innovation Unit (PIU). It is not clear if they include transmission losses or not.

The factors for CO₂ predicted by the report are compared with known emissions factors from DEFRA (2012) in Table 2.4.

It can be seen that the carbon-intensity of the grid has not decreased significantly between 2000 and 2010, let alone by as much as predicted by the AEA report. However, because energy consumption data are also supplied by Hobson and Smith (2001) it would be

Table 2.4: Trends in electricity emissions factors (Sources: DEFRA, 2012; Hobson and Smith, 2001)

Year	Emission Factors Predicted by AEA [g CO ₂ per kWh]			Actual Electricity Emission Factors [g CO ₂ per kWh consumed]
	DTI Central High Scenario	DTI Central Low Scenario	PIU High Renewables Scenario	
2000	523.3	523.3	523.3	509.6
2005	415.74	369.58	369.58	517.7
2010	401.57	351.69	351.69	490.7

possible to extrapolate more accurate emissions data if so desired. Decarbonisation of the electricity grid is discussed further in Chapter 11 (Section 11.6).

The operational energy and emissions data published in the AEA report have several limitations, many of which are outlined in the report itself. These include:

- The number of vehicles in a given type of train can vary (e.g. the Class 377 comes in 3, 4 or 5 carriage variants), and some services are often operated by more than one train connected in multiple. AEA emissions data are only provided for one specific configuration.
- For newer trains, estimates of fuel consumption have been obtained directly from the manufacturers and may not be on a comparable basis to the estimates for older trains.
- Emissions are highly dependent on the type of journey being undertaken, including gradients, speed and distance between stops. Although appropriate station spacing has been assumed for different classes of trains, the theoretical data is unlikely to match real-world scenarios.
- Where actual electricity consumption data has been used, it has been generated from a small sample of journeys.

Additionally, many of the trains for which there are data are no longer in regular passenger service, including six of the 19 DMUs, whilst many of the newer trains in the UK fleet are not covered by the report.

2.5.2 The RSSB “Traction Energy Metrics” Report

The main focus of the RSSB “Traction Energy Metrics” report (RSSB, 2007) is rail traction energy consumption. It notes that there are a number of factors that can influence energy use, and at least three different methods of calculating it. Such methods include computer simulation, measurement of fuel delivered to a depot or electricity supplied from a substation and data from a train’s on-board computer. Each method has its limitations — on-board computers or consumption measured at the depot cannot distinguish between the hotel load and traction energy, whilst simulations necessarily make assumptions about driving style.

The report explicitly aimed to gather as many different sets of data as possible for each train and compare them accordingly. In terms of the quality of data, therefore, the scope is wider than that for the AEA report which tended to rely on a single source for each train. However, in terms of the number of trains considered, the scope is much narrower, with data given for only five diesel trains and seven electric trains in the UK. To some extent, however, this is mitigated by the fact that the trains reviewed by the RSSB are generally more modern and — at the time of writing — are all still in revenue earning service.

Table 2.5 shows the level of data available for each train, which varies considerably. Some of the data given are nestled within the text, which can make it hard to pick out. At one end of the spectrum, the data for the Class 357 Electric Multiple Unit (EMU) are particularly comprehensive, comprising data from on-board recorders from a sub-fleet of 10 units, data from the power-supply for the whole fleet, and detailed simulation results for services over the same route. Data given about the trains themselves include the tare mass and the number of seats. Having data from both the on-board computer and the power-supply makes it easy to see how the different sources vary, and what the scale of the losses might be, whilst the fact that simulations have been undertaken over the same route, and to the same timetable means that it is easy to verify the accuracy of the results. At the other end of the scale, a single figure for energy consumption is given for the Class 90 and a rake of Mark 3 coaches, with no explanation of how this came about.

Table 2.5: A summary of the data available in the 'traction Energy Metrics' report (RSSB, 2007)

Train		Data Available			
		Average Energy or Fuel Consumption	Empirical Data	Details of Empirical Sample	Simulated Data
Diesel	Class 170 (Turbostar)	✓	For 2- and 3-car units	✓	
	Class 180 (Adelante)	✓			
	Class 220/221 (Voyager/Super Voyager)	✓			Two simulations used
	Class 222 (Meridian)		✓	✓	
	Class 43 + Coaches (HST)	✓	For 2+8 formation only	For 2+8 formation only	For 2+7 formation only
Electric	Class 357 (Electrostar)	✓	For both on-board measurements (10 units) and power-supply measurements (whole fleet)	✓	Comprehensive dataset
	Class 373 (Eurostar)	✓			
	Pendolino	✓	For 9-car only		More data for 9-car than 11 car
	Class 458 (Juniper)	✓			✓
	Class 460 (Juniper)	✓			✓
	Class 90 + Mk 3 Coaches	Shown on graph only			
	Class 91 + Mk 4 Coaches (IC225)	✓	✓		Several simulation results, including with coasting

Even where there is a comprehensive amount of data, care needs to be taken regarding the wider applicability. For example, where the scope of the empirical studies is given in terms of number of units and overall distance travelled, little is known about the type of routes (including speed limits and gradients) and the service pattern. The report hints that such things may be significant, noting for example that the differences between the 2- and 3-car Class 170 results may be due to different stopping patterns, but does not quantify them. Some trains, such as the Class 357, currently only run on a limited part of the national network in Great Britain; this means that associated results will probably be quite accurate for the current service patterns, but less useful in a more general context. Other trains, such as the aforementioned Class 170, can be found across the country on a variety of different routes and it may not be possible to apply the RSSB data to a specific scenario without knowing more about the effects of factors including gradients and stopping patterns.

As with the AEA report, the RSSB report is largely focussed on the UK, but there is a section which makes comparisons with some trains in other countries. It is noted that many railways are not directly comparable with the UK network, and the report has aimed to choose relevant examples for comparison. In any case, most of the differences are to do with load factor; at one end of the scale, long-distance services in North America have facilities such as sleeping and dining cars, whilst other parts of the world tolerate very high levels of crowding. For the services chosen for comparison, RSSB suggests that the difference in energy consumption compared to similar UK services may be due to the fact that the UK loading gauge is smaller, or — in the case of the Japanese Shinkansen — the fact that proportionally less space on the train is inaccessible to passengers for safety reasons (RSSB, 2007, p.30). These are again reasons related to passenger loadings and affect the energy data on a per-passenger basis. Other factors which affect the energy consumption of the train as a whole, such as stopping patterns and gradients, are likely to have a more consistent effect the world over.

2.5.3 Network Rail Data

The Network Rail report comparing the environmental impact of conventional and high-speed rail contains a summary table of some energy consumption data, provided by the Association of Train Operating Companies (ATOC) and the DfT (Network Rail, 2009a, Table 2.5). The original data were given directly to Network Rail for the purposes of the project and do not appear to have otherwise been made publicly available.

The report makes it clear that the data are approximate, based on a combination of in-service measurements and modelled data. The inevitable caveat is given that the actual achieved energy consumption will vary significantly depending on the particular characteristics of a given service. Attention is drawn to factors including service distance, number of stops, line gradients and running speeds, but — as with the other two reports

reviewed here — no attempt at quantifying these factors is made. The energy consumption figures are stated to be based on the service speed of the train, the implication being that the train is assumed to be running constantly at this speed. Because the service speed is given, it is easier to understand the circumstances to which the data are most relevant, unlike some of the average data given in the other reports. The data may still not be particularly true to reality, but some long distance services may broadly fit this model.

The purpose behind the table is to compare conventional electric intercity trains with high-speed alternatives. Hence the scope is quite limited, especially compared with the other two reports here, and data are only given for a select set of trains. However, the data are well presented for easy comparison between the different trains, and include details about seating capacity, train length and mass.

2.5.4 Some brief comparisons

It is difficult to make many direct comparisons between the data contained in the three reports reviewed here, largely because there is little overlap in the types of train considered. Only two trains feature in each case — the Class 390 Pendolino and the Class 373 Eurostar. It is also worth noting that the AEA report gives data on a per train basis, whilst the others give data on a per seat basis. The advantage of using a per seat basis is that it is easy to visualise the data on a per passenger basis, particularly if the load factor is known or can be reasonably estimated, and hence it is easier to make modal comparisons. The disadvantage is that the data can sometimes be presented in a way which is arguably misleading, because the whole train will run regardless of how many seats are occupied. In the case of the Network Rail data, the high-speed trains appear to compare well in terms of energy consumption with their conventional counterparts; however, this is because they have more seats, which offsets the impact of higher speed running on a per-seat basis. Ultimately, the comparison on this basis assumes that any high-speed service will carry more passengers than any conventional service.

Table 2.6 compares the data from each of the reports for the Pendolino and Eurostar. It is presented on a per-train basis; although RSSB and Network Rail data are given on a per seat basis, the provision of data about the number of seats makes the conversion straightforward.

In the case of the Pendolino, the AEA and RSSB data are consistent, and the lower value given by Network Rail could be attributed to the fact that it is based on running at service speed, with no acceleration or gradients being considered, whilst the others involve some data from or modelling of actual journeys. The scale of variation in the Eurostar data is surprising, with none of the reports agreeing, and varying by more than 100% of the lowest quoted value. Possible factors include the stretch of line used for analysis and the fact that before 2007, when the high-speed link was opened, the

Table 2.6: A comparison of operational energy consumption data

Train		Pendolino (9-car)	Eurostar
Energy Consumption [kWh per train km]	AEA Data	18.02	20.07
	RSSB Data	17.56	41.25
	Network Rail Data	14.49	30.25
Mean Value [kWh per train km]		16.69	30.52
Standard Deviation		1.92	10.59
Difference between highest & lowest [kWh per train km]		3.53	21.18
(% of lowest value)		(24)	(105)

UK section of the Eurostar route from London ran at slower speeds on conventional third-rail tracks. Whatever the reasons, this further underlines the need for research into the factors alluded to, but not quantified by, any of the reports such as stopping patterns and service type.

2.5.5 Factors which may affect the energy consumption of and emissions from a train

A number of factors which may affect the energy consumption of and emissions from a given train have been highlighted. They can be broadly grouped into three separate categories, which are considered further in Section 5.4:

- Features of the infrastructure and the line itself
- Features of the type of service
- Driving style

Features of the infrastructure include gradients and tunnels — a train going uphill could be expected to consume more energy than a train going downhill, and a train in a tunnel experiences more air-resistance than a train in the open air. Some of these things could be expected to balance out over a return journey—in theory, a train going from A to B uphill and returning from B to A downhill will use the same amount of energy overall as if the route was flat, because the uphill and downhill runs balance out. In practice, there are likely to be differences; for example if there is a stop on the hill, or if the train is equipped with regenerative braking capabilities. A particularly interesting thing about features of the infrastructure is that they may have been designed to reduce the

environmental impact in other ways, and in some cases there could be some real trade-offs which need to be understood.

Features of the type of service which affect energy consumption include stopping patterns and line speed profiles. As well as suggesting that the type of service was responsible for the differences between the data for the 2- and 3-car Class 170, RSSB also suggested that the more significant difference between the Class 221 Super Voyager and the mechanically similar Class 222 Meridian is “probably related to the route characteristics and the number of station stops and signal checks on the Cross Country service, in comparison with the relatively straightforward route on the Midland Main Line” (RSSB, 2007, p.25). Finally, driving style includes the level of acceleration and braking as well as the amount of coasting. Some train operating companies both in the UK and abroad are already trialling driver advisory systems, because making improvements can have big consequences for overall energy consumption. Driving style is discussed in Chapter 8. Further work needs to be put into understanding what the optimum driving style might be, and in quantifying some of the effects.

2.6 Conclusions

It was noted that using an inventory-based approach to comparing different modes can have limitations, particularly given that the relative advantages of a given mode may not be the same for all journey types. An alternative approach involves making comparisons for specific journeys, and three different carbon calculator tools which estimate emissions for a given journey were investigated.

By choosing three different journeys and using the three different carbon calculators reviewed here to make appropriate modal comparisons, it would appear that rail consistently produces lower emissions per passenger than driving or flying. Whether it is better than the bus or coach needs further investigation, because the two carbon calculators which allow the bus to be chosen as a mode of transport yielded different results.

The validity of some of these results, however, is open to question, because all three of the carbon calculators reviewed make assumptions which may mean that a specific journey is not accurately represented. There is a continued reliance on average data to some extent in all cases, with Transport Direct not taking into account the type of train, bus or plane which might be typical for the journey at all. On the other hand, for car journeys, Transport Direct is the only one which allows the user to input the fuel economy of their car if they know it, and it offers a greater level of route planning than the other carbon calculators. Where more specific data are available, the onus is all too often on the user to make the most appropriate choices for the journey they are making, and the language used often assumes a detailed understanding of different vehicle types.

This means that the tools may not be that suitable as an accessible way of encouraging anyone to make informed journey choices. For research purposes, this is less of a problem, and the ability to make specific choices about the different modes is theoretically quite useful; however, the options are often limited and too little is known about some of the underlying data and assumptions made.

This review of carbon calculators has also highlighted some further issues with making modal comparisons on a per-journey basis. The first is that it cannot be assumed that the actual distance travelled will be the same for each mode for a given journey. This means that the mode which produces less emissions per passenger-km won't automatically be the mode which produces less emissions per passenger for the journey overall. The fact that some of the carbon calculators reviewed here make fairly sweeping assumptions about distances (assuming, for example, that public transport modes always go as the crow flies) is another reason that the validity of the results shown here are open to question.

The second issue, linked with this, is that public transport modes are rarely door-to-door in the same way driving can be. In fact, a journey made by public transport may even be multi-modal. Transport Direct offers the most flexible journey planning options, and allows for point-to-point journeys which may require several modes — although only the dominant mode is included when comparing carbon emissions. Travel Footprint and EcoPassenger are more limited, and only allow public transport journeys to be made between public transport hubs, which can make overall journey comparisons more difficult. Lastly, Travel Footprint's explicit inclusion of some life-cycle impacts serves as a reminder that operational emissions alone do not reflect the whole picture, and that there is more to be considered beyond the operational emissions arising directly from making a journey between two points. This is where an inventory-based approach which includes life-cycle impacts may offer an advantage. Some of the issues encountered when making modal comparisons are explored further in Chapter 10, whilst Chapter 9 discusses life-cycle analysis in more detail. At this juncture, however, it was appropriate to first investigate the operational emissions themselves in more detail, and the second half of this chapter included a review of existing data for road and rail.

Operational emissions data for cars are comparatively comprehensive, helped by requirements for manufacturers to publish data, and the fact that it is straightforward for an individual driver to calculate their own fuel economy, which can then be converted into an estimate of emissions. The official test data published for new vehicles in Europe may not reflect real-world driving and if the goal is to accurately understand the emissions from one particular journey, then it would seem that the best option is to start with actual fuel consumption records where possible. If the journey has not been made before, it should still be possible to make estimations based on known fuel consumption data — indeed, this is what some carbon calculator tools, such as that provided at www.transportdirect.info, allow for. Websites which collect fuel consumption data, such as spritmonitor.de or

honestjohn.co.uk, can be helpful resources, although the aggregated data may not reflect the driving style or typical journey pattern of an individual user. If the goal is to make more general comparisons, it is clear that official test data alone could be misleading, and real-world effects need to be accounted for. It is likely that for some journeys and for some vehicles the variation in actual CO₂ emissions from the test data will be larger than for others, and further research in this area could be useful.

Data for trains are less comprehensive, and rely heavily on simulated data or limited empirical data collection. Although the empirical data may reflect real-world scenarios, the limited data collected may not be universally applicable. In any case, it is clear that differing simulation parameters, data collection methods and assumptions made have led to very different results for the same class of train.

It is potentially easier to estimate passenger load factors for trains than for cars, but in both cases care must be taken when presenting data on a per-passenger basis. Assumptions are often made about the number of seats in a car, and it has been found that data for trains are not always presented with consistent assumptions about load factor when making direct comparisons.

Having identified some of the limitations in the existing rail data, and some potential factors which may affect the operational energy consumption of and emissions from a train, some more comprehensive empirical data have been obtained from on-train energy metering systems, which are explored and analysed in Chapters 3 to 6. Chapter 7 describes how the empirical energy consumption of a train may be modelled, and uses the aforementioned empirical data to help validate a basic simulation tool, developed as part of the industrial context of this work.

Chapter 3

Empirical energy consumption data

In order to improve the understanding of the energy consumption of a train, some empirical data were obtained. The first part of this chapter introduces the principles of train-borne energy measurement, and the data which were provided. The metrics used by the existing data sources discussed in Chapter 2 include distance, and so if the empirical data obtained are to be considered on a similar basis, knowledge of the distance travelled by the trains is required. It was also postulated in Section 2.5.5 that features of the infrastructure and of the type of service are factors which affect the energy consumption of a train. For these reasons, the second part of the chapter describes ways of defining physical railway network in the UK, and the final part introduces train schedule data and describes how it may be used to calculate distances.

3.1 Train borne energy measurement

In recent years, some train operators have fitted equipment to their electric trains in order to monitor electricity consumption. The data gathered as a result is useful for gaining an insight into the energy consumption of a train and how it varies according to service type, driving style and other key factors. This section introduces the concepts behind on-board energy metering, describes the data which have been made available and outlines the stages of analysis undertaken for this research.

3.1.1 Background

Traditionally, Network Rail have billed UK Train Operating Companies (TOCs) for the electricity consumed by trains based on modelled rates per train mile for each class

of train (Virgin Trains Ltd. 2010). Electricity consumption has been determined from the meters in sub-stations, rather than being measured on-board the trains themselves, with an end of year “wash-up” to address differences, unmetered usage, losses and price variations.

In April 2010, with permission from the Office of Rail Regulation (ORR), Virgin Trains transferred to a train-borne energy measurement system for its fleet of 52 Pendolino electric trains, which are used for intercity services along the West Coast Main Line (WCML). The new system makes it much easier to accurately apportion electricity consumption, and has the added advantage of making it easier to investigate and understand the actual operational energy consumption of a train. The stated aims of the new system include helping users and suppliers to justify business cases to reduce energy usage (Virgin Trains Ltd. 2010).

Similarly, London Midland, who operate suburban and semi-fast services around Birmingham and along the WCML, completed installation of on-train energy meters across its electric fleet of trains in 2011 (London Midland, 2011). As well as enabling London Midland to pay only for the electricity they use, it is hoped that over time they can use the data to reduce energy consumption. London Midland have been using the information gained from use of energy meters to understand the most efficient driving style and to encourage “greener driving” (London Midland, 2012).

As of May 2013, around 20% of rail traction electricity consumption in the UK was billed on the basis of actual measured data. As well as Virgin Trains and London Midland, other TOCs including First Capital Connect, First Scotrail and Southern have converted at least some of their electric fleets to metered billing (Network Rail, 2013d).

The requirements for a train-borne energy measurement system which can be used for billing purposes are set out in the Railway Group Standard GM/RT2132. Such an energy measuring system must provide the following (RSSB, 2010c):

1. An energy measurement function that includes
 - (a) Voltage and current measurement.
 - (b) Calculation of energy consumed (and, where applicable, regenerated).
2. A data handling system that compiles data from the energy measuring function with time data and geographical position, producing and storing the complete series of data with true energy values ready to be sent by a communication service.
3. An on-board location function that gives the geographical position of the traction unit.
4. An on-board to ground communications service that supports the transfer of compiled data suitable for billing purposes.

The energy measuring function (EMF) must measure all the energy consumed from the contact line (third rail, or overhead line equipment (OHLE)) and, where applicable, the energy returned to the contact line during regeneration.

3.1.2 Data obtained for the purposes of research

Virgin Trains and London Midland have made some of their data available for the purposes of this research. Virgin Trains supplied two years' worth of energy measurements and associated train data for their Pendolino fleet. London Midland supplied one month's worth of data for their fleet of suburban trains, which comprises three distinct train types. The scope and format of the data provided by each TOC are different, but regular energy readings, each with a timestamp and GPS location data are available in each case. Energy readings on each of the Virgin Trains Pendolino fleet were taken every five minutes, whilst the frequency of readings taken for each of London Midland's trains was higher, with one taken every minute. Further details of the data provided by each TOC are given in Appendix A.

The energy measurement system used by the Virgin Trains Pendolinos is integrated with the Train Management System (TMS). The TMS monitors the performance of train subsystems and equipment and provides information to the driver and maintenance staff. It does not provide primary control of safety systems, but does offer defect reporting and energy measurement (Virgin Trains Ltd. 2010). London Midland have opted for standalone metering systems, in which the electricity meters and measuring equipment are separate from any of the train's other monitoring and control systems. The relative merits of each system are outlined in the next section.

3.1.3 A comparison of energy measurement systems

Although Virgin Trains have settled for a TMS based system, they did fit one train in their Pendolino fleet with a separate energy metering system for comparison purposes. A comparison of the two systems, showing the advantages and disadvantages of using either the TMS or separate meters to measure energy consumption was provided by Virgin Trains (Virgin Trains Ltd. 2010) and is included here in Table 3.1.

Table 3.1: A comparison of the different energy measurement systems (Source: Virgin Trains Ltd. 2010)

Advantages of Train Management System (TMS) based monitoring	Advantages of separate meters
<p>TMS cannot be moved from train to train; the TMS records changes in the traction converter register. The Pendolino application is a fixed rake.</p> <p>Uses multiple current transducers (CTs) with median value selection. In the event of a CT failure an accurate value should still be returned.</p> <p>No additional hardware is required, thereby avoiding a potential reduction in train reliability.</p> <p>The train cannot be operated with a major TMS failure except to clear the line and this therefore minimises time in a failed state.</p> <p>Pendolino TMS has built-in resilience with key components duplicated for each 2 or 3 car section.</p> <p>GPS loss identified quickly as it is used for other train borne systems. Loss of GPS can be reconstructed from other data.</p> <p>Data consistent with other business systems and errors and missing data easily identified.</p>	<p>Can be fitted to any electric traction.</p> <p>A standard meter can be used on multiple fleets.</p> <p>Continuous counter for audit purposes.</p> <p>Sealed unit providing a higher degree of data security.</p> <p>Meters are likely to be fully compliant with the required standards (EN50463) without the need for modifying other systems.</p> <p>A meter maintains a cumulative register.</p>
Disadvantages of TMS	Disadvantages of meters
<p>The TMS is unique to the fleet, but could be adapted to similar traction systems.</p> <p>The continuous counter is not readily accessible as it is within the traction converter</p> <p>An additional data transfer/processing stage is required.</p> <p>The system is not mechanically sealed, and integrity is by processes and not hardware. However, the system is resistant to component changes.</p> <p>Distributed system with a risk that several low significance failures distributed around the train could accumulate to fail.</p>	<p>Additional equipment required and limited space to fit on some trains.</p> <p>Uses a single CT.</p> <p>A meter would need to be EN50121/510155 compliant and measurement may not be tolerant of other train systems</p> <p>Retro fit costs may be high on multiple transformer/current collection systems.</p> <p>Failures less apparent and repair times could be increased.</p>

3.1.4 System accuracy & potential problems

Traction equipment is subject to normal engineering tolerances and consequently the measured energy is subject to the effects of these tolerances (Virgin Trains Ltd. 2010). Railway Group Standard GM/RT2132 (RSSB, 2010c) states that the energy measuring function should have a total accuracy of at least 1.5% for alternating current (a.c.) trains and 2.0% for direct current (d.c.) trains.

The technical report for the Pendolino, published before the relevant standards became law, states that the trains have been calculated to have a total measurement system accuracy of 1.68% (Virgin Trains Ltd. 2010). The report, which details the accuracy calculations, also notes that there are additional factors which might affect the overall accuracy of the energy measurements. For example, the accuracy of the current transducer is specified at a nominal current of 200A, and at low loads the energy measurement could be adversely affected.

The report also details eight possible causes of anomalies in the energy data (Virgin Trains Ltd. 2010):

1. The TMS full scale value (255) sometimes appears to be erroneously entered into the recorded energy fields for a given timeslot. This fault appears to be related to train start up events and the data is marked as erroneous (the quality factor is set to “N”) if 255 is present in the different gross- and regenerated energy fields in the same five-minute time period. At the time of writing, further filtering based on speed and the tractive effort profile was being considered. The impact of ignoring such erroneous results is expected to be negligible as the actual energy usage when they occur is typically low; if they remain undetected, however, they could lead to over-recording.
2. Five-minute rounding errors can occur when the train is switched on or off and part of a five-minute energy segment is lost. For example, if the train is switched on in the middle of a five-minute segment, energy consumed during the first part of the segment will not be recorded by the TMS. Similarly, if the train is switched off during a five-minute segment, the energy consumed during the last part of the segment will not be recorded. The impact of this error is expected to be negligible, because a train is typically only switched off and on once per day, and such events can be easily identified. If necessary, an appropriate estimated value can be inserted to reflect the usage at start-up.
3. An identical dataset can appear more than once in the database — known as a Double Record. Where all fields are identical, selecting only the distinct records during the import process will account for this. Where Double Records occur with different values and cannot be so filtered, the quality factor is set to “N.” The impact of ignoring such erroneous records is expected to be negligible.

4. It is possible for the recorded values to exceed the possible energy consumption for the train. Such gross over-recording can be dealt with by setting the quality factor appropriately for records containing values grossly in excess of the nominal maximum energy consumption and regeneration in a five-minute period. This is deemed to be a rare occurrence with a negligible impact.
5. It is possible for data to be downloaded or uploaded multiple times at the depot; to protect against this, only the distinct records should be selected.
6. An offset of one second can occur leading to the possibility of data existing both for an exact five-minute sample and for that five-minute sample time plus one second. This can be identified and marked accordingly with negligible impact.
7. Data can be manually downloaded from the train in the depot just before it is turned off, and there is a risk that data can be cleared or not uploaded to the server. Although any data lost typically relates to energy usage within the depot when the consumption is typically low, missing data can be identified and substituted by estimates in accordance with the business rules.
8. GPS errors can occur, particularly when the train is in a depot, heavily covered station or a tunnel. The quality factor for the location field can be marked accordingly, but this does not necessitate discarding the energy measurement.

No such detailed data have been provided by other TOCs, but it is assumed that the measurement systems currently in operation meet the accuracy requirements set out in the relevant standards and that many of the anomalies and potential sources of error identified by Virgin Trains are universally applicable.

It should also be noted that the tolerances of the on-train measurement systems have the potential to vary throughout their usable lives. To this end, provision has been made within the Electric Current for Traction (EC4T) Metering Rules for Network Rail, TOCs and the ORR to carry out periodic audits of metering systems. Network Rail also plan on considering the extent to which such systems do remain within their prescribed tolerances throughout their lifetime (Network Rail, 2013d).

In any case, Network Rail assume the existence of the “portfolio effect” whereby large metered fleets operating within prescribed tolerance limits remain, as a portfolio, within their collective tolerances over time (provided that there are no systemic inaccuracies). However, the standards set for train-borne energy measurement are primarily concerned with data for billing, and there remain further pitfalls when the data are used for more in-depth analysis of energy consumption. Firstly, the fact that the resolution of the data recorded is so high, being in terms of minutes rather than anything more regular, means that the energy data alone cannot easily be used to draw meaningful conclusions about energy consumption. A lot can happen in a minute, let alone five — for example, the

train could conceivably make a station stop. Secondly, although inaccuracies in the GPS data do not cause too many problems for billing, care needs to be taken when using it as the prime source of data for ascertaining how energy consumption may vary with both speed and location along a rail route.

If the aim were to make direct comparisons between different types of train, it would be possible to aggregate the London Midland energy readings and generate data on a five-minute basis in line with that provided by Virgin Trains. This would ensure that trains from both TOCs were subject to similar rounding errors and would therefore be more directly comparable. However, such comparisons are not the principle aim of this thesis, and retaining the higher resolution of the London Midland data is beneficial for some of the following analysis, in which the variation in energy consumption and the factors which may cause it are investigated.

3.1.5 A breakdown of energy consumption data

An energy flow diagram for an electric passenger train is shown in Figure 3.1.

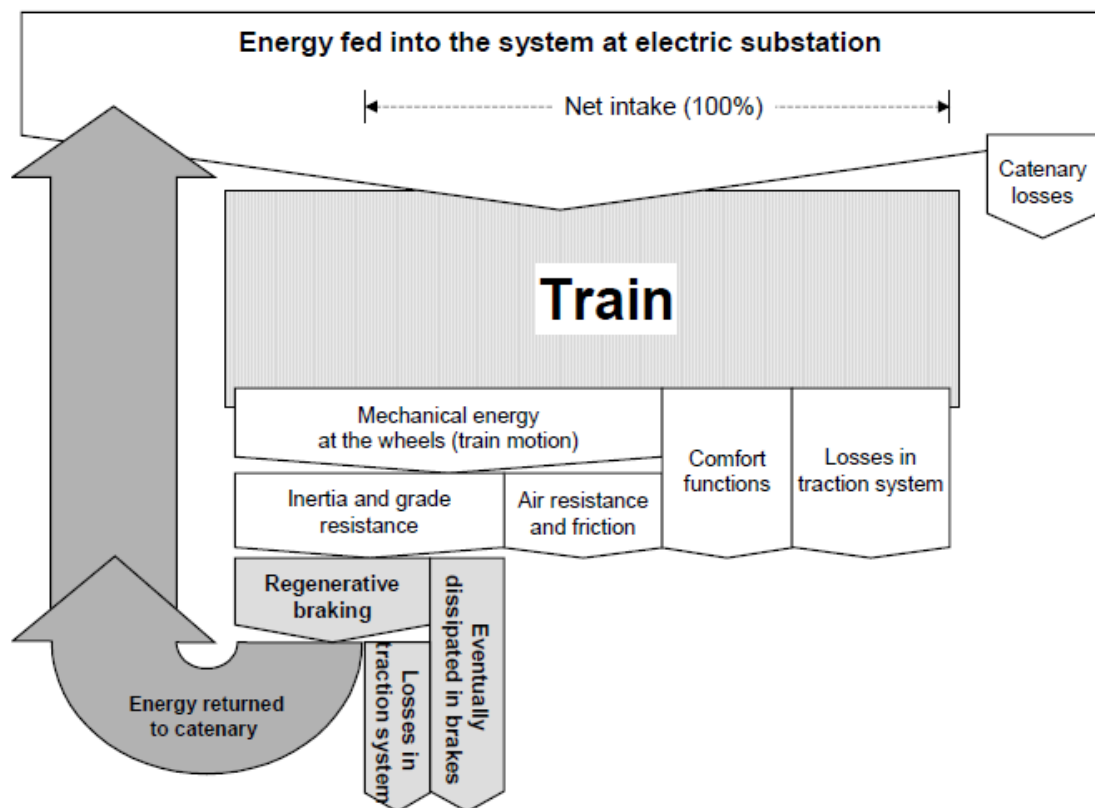


Figure 3.1: Energy Flow Diagram for an electric passenger train (Taken from: UIC, 2003, Figure 3)

“Comfort functions” will include onboard heating, ventilation and air-conditioning (HVAC) systems, interior lighting and other onboard amenities such as powered doors and power

sockets for laptops and mobile phones. This is typically also referred to as the hotel load. There may be other auxiliary systems which are not directly part of the passenger environment, but for simplicity the term “hotel load” will be used to refer to all energy consumption not directly related to train motion.

For a train with regenerative braking, the braking force comprises two components — a friction braking force and a motor braking force. Only the motor braking force can be used to produce electricity (Jong and Chang, 2005). The friction braking force results in the dissipation of energy, as illustrated in Figure 3.1. For a train without regenerative braking, all of the energy is dissipated. Experience with regenerative braking systems in the UK has shown that they typically return about 15 to 20% of the gross energy consumed to the grid, with some inner suburban services showing higher savings (Railwaygazette.com, 2012).

The energy consumption data provided by on-board metering systems are for the train as a whole. Because energy consumed and energy returned to the grid (via the regenerative braking system) are metered separately, the effects of the regenerative braking system can be accounted for. However, no distinction is made between energy consumed by the traction systems, and the hotel load. An attempt is made in Chapter 6 to estimate the hotel load by considering the energy readings taken when the train is stationary. In published literature, estimates of the typical size of the hotel load range from 5% of the traction energy (RSSB, 2011) to more than 30% of the energy consumed (assumed to be net consumption, taking into account any regenerative braking) (UIC, 2003).

3.2 Defining the UK railway network

This section briefly describes some of the datasets and tools which are available for mapping the UK railway network and identifying the routes taken by trains running on it. The Traingraph project (<https://github.com/trainhack/traingraph>) and the ShareGeo repository (<http://www.sharegeo.ac.uk/>) are both open-source. Network Rail, the infrastructure manager responsible for Britain’s heavy railway network, have also provided data specifically for use in this research.

3.2.1 Traingraph

Traingraph is an open-source set of tools for processing OpenStreetMap (OSM) rail data (Westcott, 2013). The repository also contains a link to a database of mapping data for the entire European railway network. The Python script `graph_to.kml.py` in the toolset allows the railway lines and stations contained within the database to be output in Keyhole Markup Language (kml) format, which can then be loaded by mapping software or three-dimensional Earth browsers such as Google Earth. Use of Google Earth to

visualise the data showed that the network defined by the Traingraph database matches the Google Earth base-map and is comprehensive in its coverage.

Several limitations of both the dataset and the associated toolset are given (Westcott, 2013). For example, it is noted that the shortest path calculated along the railway network is not necessarily the most sensible one over which to operate a train. This is a generic concern, and not one which only applies to the Traingraph toolset.

Westcott (2013) also suggests that the inclusion of depots and sidings in the dataset is unlikely to be helpful in route analysis, although in this case knowledge of their location could be beneficial. This is because it could help separate the energy data recorded from a train when it is in a siding or depot from that recorded from a train when it is in service.

3.2.2 ShareGeo

It was possible to download data for the transportation network in Great Britain for use in a Geographic Information System (GIS) package, such as ArcGIS, from the ShareGeo repository (ShareGeo, 2010). This includes a polyline representation of the entire UK railway network, and locations of all the stations.

The representation of the railway network is not as detailed as that from the Traingraph repository and does not distinguish between individual tracks along a route. It does not explicitly include depots and sidings, and when exported in Keyhole Markup Language (kml) format it does not always accurately overlay the Google Earth basemap, although this could be due to the way in which the kml data was generated in this case rather than because of weaknesses in the underlying data.

3.2.3 Network Rail

Network Rail provided datasets for the area of the network used by London Midland and Virgin Trains. The area covered includes the lines around Birmingham, the WCML between London Euston and Birmingham New Street and further north to Crewe, Manchester and Liverpool. The supplied data include station locations, line speed limits, junction data and depot locations (Network Rail, 2013b; Network Rail, 2013c)

The data are labelled in terms of Engineers' Line References (ELRs) which are unique three or four character alphanumeric codes to referring to a particular section of track on the UK national railway network. Publicly available details of each ELR (Deaves, 2013b), including a description of the location, were downloaded and imported into the UK_Locations SQL database for future reference.

The most useful aspect of the Network Rail data was the line speed data, which is useful for defining real-world route profiles for use in a simulation package such as the Arup RouteMaster tool (Section 7.4) and for categorising service schedules according to average line speed.

3.2.4 Additional location data

The UK railway network is also defined in terms of Timing Point Locations (TIPLOCs), which are used for train schedules (Hicks, 2011). TIPLOCs represent key points on the network, including stations (in some cases, even parts of a station), sidings, signals, depots and junctions. In train scheduling (Section 3.3), they are used to define the path a given train will take.

A TIPLOC is defined by a unique alphanumeric code of up to eight characters, loosely based on the name of the corresponding location. For example, “EUSTON” is the TIPLOC for London Euston Station and “MNCRPIC” is the TIPLOC for Manchester Piccadilly Station. Data are publicly available online listing the TIPLOCs and the name of the location they are assigned to, and matching them to other location codes used within the railway industry such as CRS (Computer Reservation System) codes (Deaves, 2013a). Geographical co-ordinates (Easting and Northing) for the TIPLOCs at stations are available in the National Public Transport Access Node (NaPTAN) database (DfT, 2007). An enhanced set of geographical co-ordinates featuring non-station TIPLOCs (such as junctions) was already held by the Transportation Research Group at the University of Southampton (TRG), having been manually created using OS Open Data (Ordnance Survey, 2013). The exact location of some TIPLOCs was unknown. Google Maps was used to check the location of key sidings and depots (listed in Appendix D.1) and to enhance the dataset where necessary.

swlines Ltd., the company behind www.realtimetrains.co.uk, provided a set of mileage data giving known mileages between pairs of TIPLOCs (swlines Ltd. 2012b).

3.2.5 Defining the network as a set of points

ArcGIS was used to export the railway network data provided by Network Rail (Section 3.2.3) and ShareGeo (Section 3.2.2) into kml format. In this format, lines are represented as a series of points, defined by Latitude and Longitude co-ordinates. ArcGIS 10.1 generates compressed kmz files, and so Google Earth was used to decompress the output and generate standard kml files.

Python modules were written to process the kml output, producing a set of points each with a unique integer ID, Latitude and Longitude co-ordinates and references to the individual line (“section”) of the network the point was found on. For generic network

data, such as the ShareGeo data, Python numbered the sections. For the ELR data provided by Network Rail, each ELR was already labelled in the data and the Python module was adapted to take account of this. The ArcGIS function which allows polyline data to be exported in kml format in this manner does not permit the frequency or spacing of the points to be specified; however, the Python modules made use of the haversine formula (Appendix E.1) to estimate the straight-line distance between successive points in each section.

A summary of the data generated is given in Table 3.2.

Table 3.2: A summary of the point based data representing the UK railway network generated from each of two datasets

Dataset	ShareGeo	Network Rail
Scope of data	Whole of the railway network in Great Britain	The WCML between London Euston & Glasgow Central, lines around Birmingham as far West as Shrewsbury and as far South as Cheltenham Spa, and the loop including Northampton and Long Buckby.
Length of network covered [km]	16,000	2,345
Number of points	253,393	32,086
Mean haversine spacing between points [km]	0.063	0.061

The Python script also enabled a second set of points to be generated from the kml data with a minimum point spacing as specified by the user. The network length in Table 3.2 refers to route-km rather than track-km, which does not account for parallel tracks (track-km cover each individual track, such that a section of double track would cover twice as many track-km as it would route-km). The number of points and the mean haversine spacing refer to the full set generated by ArcGIS when exported to kml format; this is the highest resolution of the data, and specifying a minimum point spacing would decrease the number of points and increase the mean spacing. The mean spacing may not exactly reflect the actual spacing on the track because the haversine distance is a straight line distance which does not exactly follow the course of the railway line. The relative advantages of the Network Rail and ShareGeo datasets are summarised in Table 3.3.

Table 3.3: The relative advantages of two different railway network datasets

The whole network (ShareGeo data)	A subset of the network (Network Rail data)
Guaranteed to contain the section of track on which a train was running when the GPS data was recorded.	Does not contain all the routes covered by the trains studied in this research; hence some of the on-train data must be discarded.
The inclusion of data for parts of the network not covered by the trains in question increases the risk of failing to identify positioning errors. If the GPS data is located close to any point on the network, the matching error will be small, even if that point on the network is some distance from where the train actually was.	By only covering a select subset of the network, the matching error for any reading not within that area will be large. This means that any reading not within the area of interest can be discarded and/or marked as erroneous.
Distances between any two GPS readings can be difficult to calculate without additional knowledge of the network.	Any matched GPS points can be assigned the correct Engineers Line Reference (ELR) and linked in with other Network Rail data.

Although the Network Rail data had some advantages, it was decided to use the ShareGeo data for the whole UK railway network, with a key driver being the fact that those trains outside the area covered by the Network Rail data would not have to be discarded. Additionally, matching a point to an ELR proved to be a complex and difficult process, making it impractical to capitalise on some of the advantages of the Network Rail data. However, it was decided that the default resolution of the ShareGeo data, with a point spacing of about 63m (Table 3.2), was too great for a number of reasons:

1. 63m is comparable with the length of the shortest train analysed here (the three carriage Class 323) and significantly less than the length of the 11-carriage Pendolino (about 265m long). Not only is it meaningless to try and pinpoint the whole train to an accuracy of 63m, but it greatly increases the risk that subsequent readings from a stationary train are not matched to the same point, making it much harder to identify stationary readings.
2. A high resolution of points increases the risk that the train is mapped to the wrong line where lines join or cross.
3. The decision to use TIPLOC and schedule data to estimate distances travelled meant that the accuracy of the distance measured between each reading became unimportant, and therefore the advantages of a lower resolution (additionally including faster matching with the GPS data) outweighed the disadvantages.

To overcome this, a minimum point spacing of 0.3km (300m) was specified, and a Python module was written to produce a selected set of points from the ShareGeo data with

a mean haversine spacing of 0.352km. There were 35904 points in this set. The point spacing was chosen because it was bigger than the longest single train analysed (the 11-carriage Pendolino) whilst still being dense enough to locate the train reasonably accurately.

3.3 Train schedules

Each train on the UK railway network is run according to a defined schedule, giving the times at which it is expected to pass or stop at given locations en route. TIPLOCs are used as the standard set of locations for scheduling the movement of a train over the UK network. Train schedules can be planned at short-notice, which is not uncommon for freight trains, but the vast majority of passenger services are planned so that a regular timetable can be produced and published in good time. Extracts from Network Rail's Train Service Database (TSDB), containing relevant timetabling and scheduling data were available in TRG. The format of this data is described in Appendix D.2.

In this case, the most useful of the fields used to identify a particular schedule in the TSDB is the Train Identity, because it is used by the train operators in their train allocation tables. Elsewhere it is referred to as a "Headcode," but it should not be confused with the Headcode field found in TSDB Common Interface File (CIF) records. The latter refers to four numerics which form part of the eight digit retail service number used in the New Reservation System, whereas the Train Identity "Headcode" is a four digit alphanumeric code allocated to a given schedule. It can be used to identify the type of service (for example, trains in passenger service usually have Headcodes starting with "1" or "2" and trains running empty to/from a depot or siding have Headcodes starting with "5"). For the avoidance of ambiguity, and for consistency with the language used by train operators, "Headcode" is used hereafter to refer only to the alphanumeric Train Identity.

Train operators are responsible for allocating the individual trains in their fleets to the scheduled services. In some cases, a given service must be operated by one particular type of train. There are many reasons for this, including the fact that some types of train are much better suited to a given schedule than others (for example, intercity services can require a higher running speed) and the expected number of passengers on a particular service may require a certain level of capacity. Within a fleet of trains of the same type, the allocation of individual trains to individual services is dependent on a number of factors, including the need for trains to visit the depot regularly for cleaning and maintenance, and a desire to use the available trains efficiently. It is unusual for an individual train to be tied to a regular service. Because the two TOCs who supplied energy data also provided allocation data, it was possible to link the energy readings with the operation of a particular service.

The process of matching train allocation data to a particular schedule is described in detail for the London Midland data in Section 4.4.5 and for the Virgin Trains data in Section 4.5.6. Matching a train to a schedule is not as straightforward as simply finding the Headcode in the schedule data which matches the train allocation, mainly because a Headcode does not uniquely identify a particular service within the TSDB. For example, a weekend service may have the same Headcode as a weekday service on the same route, even though the timings and stopping patterns may differ. The TSDB also allows for temporary amendments to services and routes, to allow for engineering work or other necessary alterations, but the Headcode usually remains the same. Similarly, the regular passenger timetable is updated twice a year, in May and December, and headcodes are typically re-used, irrespective of any major changes. For this reason, care must be taken when the time periods covered by the train allocation data and the train schedule data do not completely overlap.

3.3.1 Calculating schedule distances

A key reason for considering rail schedule data is that it can be useful when calculating energy consumption on a per-distance basis. For this to be the case, the distance covered by each service needs to be known.

A data table provided by (swlines Ltd. 2012b) gives the distance, in miles, along the railway between pairs of adjacent TIPLOCs. Comparing schedule data directly with the mileage table did not give a complete picture, because train schedules do not necessarily include every TIPLOC en route. Hence there were many examples where adjacent TIPLOCs in the schedule data were not physically adjacent on the railway network and did not match any of the known pairs in the mileage table. To overcome this, a route-finding algorithm was developed in Python, which was then used to process the pairs of TIPLOCs in the schedule which were not physically adjacent.

The data in the TIPLOC mileage table was used to generate a set of nodes (represented by the TIPLOCs) connected by links (according to the mileage data) — known as a graph. Dijkstra’s Algorithm (Dijkstra, 1959) was then implemented so that the shortest distance between any two TIPLOCs could be found. The distance from one TIPLOC to the next in a given schedule could then be estimated and, by extension, the distance covered by a train operating the service could be found.

Because the implementation of Dijkstra’s Algorithm was found to be quite slow, an attempt was made at implementing the A* Algorithm (Hart, Nilsson, and Raphael, 1968) instead. This is based on Dijkstra’s Algorithm but uses heuristics to offer better performance and relies on an initial estimate of the shortest distance between nodes. In this case, such an estimate was made by using the geographical location of each TIPLOC to calculate the haversine distance (Appendix E.1). In practice, because the geographical

co-ordinates were not known for every single TIPLOC, it was not possible to use the A* Algorithm universally.

The final Python module, `TIPLOCDistances.py`, applied the A* Algorithm where possible, reverting to Dijkstra's Algorithm when the geographic location of either or both of the TIPLOCs in a given pair were unknown. To accelerate the processing of the whole set of schedule data, the distance found between a given pair of TIPLOCs was stored, so that subsequent requests for the same pair did not have to invoke either algorithm again.

The assumption was made that the route given for a train schedule is unambiguous — i.e. there is only one possible route between each subsequent TIPLOC — and that it would be the shortest route found by the algorithm.

3.4 Summary & next steps

Several TOCs have invested in on-board electricity metering systems to record and monitor the energy consumption of their electric train fleets. Section 3.1 introduced the basic principles of such energy monitoring. London Midland and Virgin Trains are two such TOCs who have made some of their data available for this research, and although they have taken slightly different approaches to on-board energy monitoring (Section 3.1.3), the data provided are similar — namely both datasets contain regular energy readings which are labelled with identifiers for the particular train, a time-stamp, and GPS location data.

Because the energy data were recorded at no more than one-minute intervals, the supplied GPS location data alone are not sufficient to infer the distance travelled accurately. It is therefore necessary to understand something of the railway network on which the trains were running, and the services they were operating. Section 3.2 described data available for defining the UK railway network, and Section 3.3 described available train scheduling data and how distance travelled could be calculated from it.

Chapter 4 describes in more detail the energy data provided by the TOCs, how it was filtered and categorised, and how it was matched to the UK railway network and schedules from the TSDB. The resulting dataset comprises empirical energy consumption data for a far greater number of train journeys than has previously been seen in the literature. Chapter 5 and Chapter 6 go on to analyse some of the variation observed in this dataset — the large sample size enables the importance of different factors, such as the route, the driving style and the time of day to be investigated in a way which has not been possible with very limited empirical data.

Chapter 4

Filtering and classification of supplied energy data

4.1 Introduction

Chapter 3 introduced the concept of train-borne energy measurement and the fact that two UK TOCs have made such energy consumption data available for this research. This chapter explains how the raw energy data were matched to train service and rail network data. Energy consumption was calculated in terms of kWh per train-km, a distance-based metric which can be used as a basis for investigation of the factors which may affect operational energy consumption (Chapter 5) and to make comparisons with other modes (Chapter 11).

4.2 Main stages of analysis

Although there were differences in the format of the energy data supplied by each of the TOCs, the stages of the analysis were similar in each case. The main stages were as follows:

1. **Identification of unreliable energy readings and initial categorisation of the data.** The data supplied by each TOC contained some indication of the reliability of each energy reading. This information was used in data queries to mark any erroneous records and exclude them accordingly; in the case of the Virgin Trains data, around 21% of the data were marked as erroneous (Section 4.5.1). In the case of the London Midland data, less than 2% of the energy data had a less than perfect “Quality Reference” score (Section 4.4.1)¹. Some initial categorisation

¹It should be noted that the reliability information provided by each TOC was very different and these figures should not be compared directly.

of the data were undertaken at this stage — namely the division of the readings by time of day. For the data supplied by Virgin Trains, some work had to be undertaken at this stage to separate the data for the nine-carriage trains from the data for the 11-carriage trains in the fleet, and the supplied data were sufficiently comprehensive to identify and exclude periods of train maintenance.

2. **Matching of GPS data to known locations on the railway network.** It can be assumed that a train is always located on the railway line. Mapping the GPS data supplied with the energy readings to the railway network helped to link energy data with schedule and route data. It also helped to identify energy readings which corresponded to periods when the train was stationary and to separate those taken when the train was stabled in a depot or siding.
3. **Matching of energy data to a route schedule.** The fleet allocation records supplied by the train operators allowed the energy data to be linked with train schedule data from Network Rail's TSDB. When matching the energy data to a schedule, the train allocation data itself cannot be assumed to be 100% reliable. For example, mechanical problems, operating incidents or other last minute changes to the schedule may mean that a train did not complete its planned allocation. Furthermore, any operating delays could have an impact on the energy consumption of the train, which might run much slower than usual, have long periods of idling or run faster than usual in order to make up time. This must be accounted for when attempting to calculate the mean energy consumption in normal circumstances over a given route.
4. **Calculation of energy per train-km.** Having linked the energy data with train schedule data, the total energy consumed by a given service could be estimated. The distance covered by each schedule had also been estimated (Section 3.3.1), such that consumption on a per train-km basis could be calculated. Because the energy meters also monitor energy returned to the grid via regenerative braking systems, it was possible to include the effects of regenerative braking where applicable. Stationary readings were used to estimate the size of the non-traction energy consumption; that is, energy which was consumed to power on-board and auxiliary systems rather than to move the train. This includes heating, lighting and other on-board power consumption and is sometimes referred to as the hotel load.

As well as considering energy consumption on a service by service basis, estimates were also made of the overall energy consumed per train-km when periods of idling and empty running to and from the depot were taken into account. Although this energy consumption is not always directly attributable to the operation of a single service, periods of idling and empty running still form part of the overall service provision.

Because of the fact that both the scope and the format of the data provided by London Midland differ from that provided by Virgin Trains, the analysis is described separately for each TOC, in Section 4.4 and Section 4.5 respectively. Prior to that, the process of matching the energy data to the UK railway network is described in more detail in Section 4.3, because it is common to both data sets.

4.3 Matching GPS data to the UK railway network

With the various datasets and tools available, different ways were explored of matching the GPS readings provided by the train operators to the UK railway network. The amount of data involved posed a particular challenge — with a combined total of over 20 million readings from the two train operators, computational efficiency was a high priority. Trials were conducted with the Traingraph database and toolset introduced in Section 3.2.1 and with the Route Analyst functions in ArcGIS 10.1. Ultimately, neither of these approaches proved satisfactory, and a new point-matching algorithm was developed in Python (Section 4.3.3).

4.3.1 Use of the Traingraph database and toolset

The Traingraph repository (Section 3.2.1) contained the most comprehensive available representation of the UK railway network, including a function which will match a point (described by latitude and longitude co-ordinates) to the nearest known stretch of railway track (within a given radius — the default value is 80m).

Although it is possible to adapt the Python script to batch process a whole set of co-ordinate pairs in this manner, it was not found to be a practical solution in this case, for two key reasons. The first is that querying the database and searching for matching stretches of railway track is a slow process which makes it unsuitable for processing a large number of readings. The second is that the database used is actually too detailed; multiple tracks are represented as distinct edges, when it would be far better to condense them into a single path (Westcott, 2013). This is a real issue in this case because there is a risk that when mapping the GPS data from a train onto the network, successive readings may be incorrectly assigned to adjacent tracks because of the small spacing between them and the imprecision of the GPS data. If this happens, any route finding algorithm may return erroneous results because the path between two points on adjacent tracks involves travelling via a junction between them.

Experiments with the route finding algorithm also revealed that the inclusion of depots and sidings in the dataset could indeed be problematic. The algorithm considered all possible paths from each junction traversed, including individual sidings and branches. If

the route between two points passed the entrance to a large depot or yard, the run-time of the algorithm was found to increase significantly as a result.

4.3.2 Use of ArcGIS

ArcGIS has a “Network Analyst” toolset which can be used for finding routes, and associated distances across a network. The ShareGeo dataset (Section 3.2.2) was imported into ArcMap 10.1, and the polyline representation of the railway network was converted to a Network Dataset. It was then possible to make use of the Route Analyst function to calculate the route along the railway network between pairs of points.

The London Midland GPS data were loaded into ArcMap and mapped as “Stops” on the network. It was found that this process of matching points onto the network in this way was a computationally intensive and slow process and a number of points were not successfully located.

Use of the Route Analyst function revealed further problems with the ShareGeo dataset. The dataset did not appear to contain explicit information about junctions, which meant that when ArcGIS converted the polylines to a Network Dataset, junctions were placed on the resulting network wherever a section came to an end, or two lines crossed. This meant that the network used for route finding was not entirely representative of reality; for example, it assumed the existence of a junction where one line crosses a bridge over another. As a result, the Route Analyst function could not always be relied upon to calculate a realistic route between two points on the network.

4.3.3 Point matching algorithms

Having defined the UK railway network as a set of points (Section 3.2.5), this section describes how a Python module was developed to identify the nearest point on the network to a given GPS reading.

A set of spatial algorithms and data structures is included in the SciPy package of open-source software for the Python language (The Scipy Community, 2013b). The `ckDTree` class was found to be an efficient means of matching GPS points to points on the railway network. It is designed to provide an index into a set of k -dimensional points which can be used to rapidly look up the nearest neighbours of any given point (The Scipy Community, 2013a). In this case, the points on the railway network form a set of two-dimensional points and the `ckDTree` algorithm was used to index them accordingly and output the closest one to each given GPS data point.

Boundaries were defined on the network within which the London Midland and Virgin Trains services could be expected to be found, and points lying outside that area were

excluded. Although this was a fairly crude approach and still left a large number of railway lines within the boundaries on which these two companies do not operate services, it still served to reduce the amount of the network onto which trains could be mapped incorrectly. The north western extremity of the network served by Virgin Trains is Glasgow Central, and so a point north west of Glasgow (Loch Lomond) was chosen to be the north west corner of the rectangular network boundary. Similarly, the south eastern extremity of the area served by both operators is London Euston, and so a point south east of this (London Bridge) was chosen to be the south eastern corner of the rectangular network boundary. An SQL query was used to enhance the selected set of points from the ShareGeo dataset to ensure that key TIPLOCs and Depots were included. This left a set of 26,936 points representing the UK network, onto which the GPS data from the operators could be matched.

ckDTrees were also built in the same way for those TIPLOCs and Depots for which Latitude and Longitude data were known.

Historical weather data were obtained from Weather Underground (Weather Underground Inc. 2013), providing temperature data and basic information about precipitation and other weather conditions. Data were obtained for five weather stations close to the route of the WCML — Birmingham International Airport, Cranfield, Glasgow International Airport, Manchester International Airport and Northolt RAF Station. The ckDTree algorithm was also used to build a two dimensional tree from the location of each of the Weather Stations and to match the GPS data accordingly.

The Python module GPSPointsMatching.py was written for the purposes of matching the GPS data from the two train operators to the set of points defining the UK Network, the nearest Depot and TIPLOC and the nearest weather station. All point data was passed to the ckDTree algorithms in Cartesian (x,y) form — to convert the geographic co-ordinates (latitude, longitude) to Universal Transverse Mercator (UTM) co-ordinates an appropriate Python module (Purvis, 2013) was downloaded. GPSPointsMatching.py filtered the input data and excluded any GPS readings outside the rectangular boundary defined by Loch Lomond in the north west and London Bridge in the south east. Table 4.1 summarises the format of the output tables produced by GPSPointsMatching.py, which were then imported into the appropriate SQL database for the train operator.

Table 4.1: A summary of the data tables produced by the Python module GPSPointsMatching.py

Field Name	Field Contents
ReadingID	The unique integer ID of each energy reading
Train	The train for which the energy reading applies
Date	The timestamp of the energy reading
NearestNetworkPoint	The nearest point on the railway network to the train
NetworkError	The straight-line distance between the GPS reading and the matched point on the network (in km)
NearestDepot	The nearest of the key depots and sidings given in Table D.1 to the GPS reading
NearestDepotError	The straight-line distance between the GPS reading and the nearest Depot (in km)
NearestTIPLOCPoint	The nearest TIPLOC to the train
TIPLOCError	The straight-line distance between the GPS reading and the nearest TIPLOC (in km)
NearestWeatherPoint	The nearest weather station (for which data are held) to the train
WeatherError	The straight-line distance between the GPS reading and the nearest weather station (in km)

With a mean point spacing of approximately 350m, and the fact that the length of the train is significant, it could be expected that if the GPS data were accurate then the train would be located within 175m of a network point.

4.4 London Midland data

In order to facilitate the analysis, and to ensure that the supplied data remained intact, a new database was created. Synopses of the key data tables created are given in Appendix B.

4.4.1 Identification of relevant & reliable energy data

Each energy reading supplied by London Midland comprises 36 data fields. These includes a unique identifier, a time-stamp, position data, data about the train from which the

reading was taken and electricity meter readings. They also include “Quality Reference” fields, containing integer values (between 0 and 127 inclusive) to indicate the quality of the meter readings and associated location data. Not all of the data fields were relevant for this research. Irrelevant fields include references and file names for internal use, and voltage and current data. Furthermore, the original data comprises two sets of electricity meter data; “Channel A” data apply to Class 350 trains, and “Channel B” data applies to Class 321 and 323 trains. Relevant data were selected from the original source accordingly, and copied to a new table in the analysis database (Table B.1).

Although the quality reference fields could theoretically take any integer value between 0 and 127 inclusive (where 127 represents total confidence in the supplied data), it was found that the dataset only contained three distinct values: 46, 61 and 127. Table 4.2 shows the breakdown of the supplied energy readings, by train type (Unit Class) and by the supplied quality indicator for the energy data.

Table 4.2: A breakdown of the supplied energy data by train type (Unit Class) and quality indicators

Unit Class	Energy Quality Ref.	Number of Readings	% of readings by Unit Class	% of all energy readings
321	46	0	0	0
	61	6,294	2	0
	127	269,770	98	7
	(All)	276,064	100	7
323	46	0	0	0
	61	2,746	0	0
	127	1,037,730	100	26
	(All)	1,040,476	100	26
350/1	46	23,593	2	1
	61	0	0	0
	127	1,168,303	98	30
	(All)	1,191,896	100	30
350/2	46	25,302	2	1
	61	0	0	0
	127	1,400,065	98	36
	(All)	1,425,367	100	36

The proportion of readings with a quality indicator below the maximum (127) is small and excluding them is unlikely to have a significant bearing on the overall analysis.

A similar breakdown of the supplied energy readings by Unit Class and by the quality indicator for the GPS data is shown in Table 4.3. It can be seen that the quality of the GPS data is much more variable than the quality of the energy data. This reflects the fact that the ability to obtain an accurate GPS position can be affected by a number of factors, including the obscuring effect of trees, tunnels or station buildings.

Table 4.3: A breakdown of the supplied location data by train type (Unit Class) and quality indicators

Unit Class	Location Quality Ref.	Number of Readings	% of readings by Unit Class	% of all energy readings
321	46	0	0	0
	61	105,745	38	3
	127	170,319	62	4
	(All)	276,064	100	7
323	46	0	0	0
	61	463,435	45	12
	127	577,041	55	15
	(All)	1,040,476	100	26
350/1	46	213,491	18	5
	61	11	0	0
	127	978,394	82	25
	(All)	1,191,896	100	30
350/2	46	233,510	16	6
	61	26	0	0
	127	1,191,831	84	30
	(All)	1,425,367	100	36

4.4.2 Matching the GPS data to the railway network

Using the Python point matching module described in Section 4.3.3, the energy readings deemed to be valid (Section 4.4.1) were matched to a position on the UK railway network. The results of the process are summarised in Table 4.4. The number of readings being

reported outside the defined boundary is likely to be because a key station, Birmingham New Street, is covered and therefore trains there may not record sensible GPS data.

Table 4.4: A summary of the GPS data supplied by London Midland

Total Number of Readings	3,933,803	100%
Number of readings matched within 175m or less	3,251,260	83%
Number of readings matched with an error between 176m and 500m	222,295	6%
Number of readings matched with an error exceeding 500m	5,454	0%
Number of readings not matched due to being outside the defined boundary	454,794	12%

Although it seems that the majority of GPS data located the train on the UK railway network, there is no way of telling from this alone whether the GPS data has been correctly matched to the point on the network where the train actually was. The process of matching the trains to known schedules (described below in Section 4.4.5) helps to alleviate this concern, because it relies on the reported location of the train throughout the course of its journey and not solely on individual points.

4.4.3 Categorisation of energy readings by time period

Time Periods were defined as follows:

Weekend: Saturday and Sunday between 6am and 11pm

Morning Peak: Weekdays between 7am and 10am

Evening Peak: Weekdays between 4pm and 7pm

Off Peak: Weekdays between 6am and 11pm but outside the peak periods

Night: Between 11pm and 6am

Table 4.5 shows that the spread of energy readings for each class of train is as expected given that the trains are typically drawing power, even when stabled.

Table 4.5: A breakdown of the London Midland energy data by time period

Time Period	% of hours in week	Unit Class	Number of energy readings	% of total energy readings (by Unit Class)
Weekend	20.20	321	51,731	18.70
		323	213,416	20.50
		350/1	225,695	18.90
		350/2	262,190	18.40
MorningPeak	8.90	321	26,531	9.60
		323	92,858	8.90
		350/1	113,319	9.50
		350/2	135,722	9.50
EveningPeak	8.90	321	27,133	9.80
		323	93,856	9.00
		350/1	114,341	9.60
		350/2	135,809	9.50
OffPeak	32.70	321	97,905	35.50
		323	340,857	32.80
		350/1	416,038	34.90
		350/2	494,827	34.70
Night	29.20	321	72,764	26.40
		323	299,489	28.80
		350/1	322,503	27.10
		350/2	396,819	27.80

4.4.4 Identification of maintenance periods

No maintenance records were supplied with the London Midland data and so it was not possible to isolate those readings taken when the train was unavailable for service.

4.4.5 Matching the energy data to a known service

London Midland provided a Service Allocation data table, linking each energy reading to a known service. A description of the data fields is given in Table 4.6 and a summary of the data is given in Table 4.7.

Table 4.6: A description of the Service Allocation data table provided by London Midland

Field Name	Field Contents
IDtblRawEnergyUsage	The unique integer to identify a particular energy reading (can be matched with the supplied energy data).
ServiceHeadCode	The alphanumeric code used to identify a particular train service. The first four digits can be matched with Network Rail's scheduling data. The first digit indicates the type of service with "5" being a non-revenue run.
ServiceCode	An integer used to identify a particular train service
ServiceStartDateTime	The date and time at which the service started
ServiceEndDateTime	The date and time at which the service stopped

Table 4.7: A summary of the data in the service allocation table provided by London Midland

Total number of service allocation records	1,739,744
Number of service allocation records with a corresponding match in the supplied energy data	1,524,262
% of service allocation records with a match in the supplied energy data	87
Total number of energy readings	3,933,803
% of energy readings with a matched service allocation record	39

Not every service allocation record has a matching record in the supplied energy data, because the time periods covered by the two datasets do not completely overlap. The fact that a significant number of energy records do not have a matched service allocation record is due to the fact that the energy records cover the whole day and include large periods when the train is inactive between services or stabled overnight in sidings. The energy consumption for these periods will be significantly less than the energy consumption when the train is travelling in service, but the data still serve to highlight the fact that the calculations of operational energy consumption of a train should consider the non-service aspects.

The trains in London Midland's fleet can be operated in multiple — on some services, two or three individual trains are coupled together in order to provide greater passenger capacity. The initial analysis undertaken did not consider this, but it was subsequently found to be important to account for it at an early stage. Hence it was deemed necessary to make a distinction between services (defined as a unique combination of ServiceHeadCode, ServiceStartDateTime and ServiceEndDateTime in the service allocation table) and allocations (the assignment of a train or trains in the fleet to a particular service).

The service start and end times given in the allocation table do not necessarily match train schedule data, because energy readings from a period either side of the operation of a schedule may have been included, especially if the train waited in the station before departure and after arrival. To help identify the correct service in the train schedule data, location data, including the origin and destination of the service, is helpful. Such data were not included in the London Midland service allocation table, but could be inferred by considering the associated energy data and mapped locations (Table B.3) for the readings.

In order to link the energy data supplied by London Midland to the train scheduling data, unique integers were generated for each service and for each allocation of a train to a service (Table B.3). An allocation was defined by the matching of an individual fleet number to a service. There were 23,605 unique services in the data, and 29,347 unique allocations of trains to services. This indicates that 20% of the allocations were for services operated in multiple.

Each unique service was then matched, where possible, to a known schedule in the extracts held from Network Rail's TSDB, according to the following method:

1. The allocated Headcode for a given service was linked with all matching Headcodes in the TSDB extracts, generating a set of potential schedules for each service. By virtue of the fact that the schedule data held was for passenger runs only, any non-revenue services were excluded at this point.
2. The day of the week on which the service was run was matched with the DaysRun field in the Network Rail data, which describes which days of the week a given

schedule was valid for. Any potentially matching schedules which did not match the day of the week on which the service was run were discarded.

3. The location data attached to each energy reading was mapped to the nearest TIPLOC on the UK railway network (Section 4.3). If the origin TIPLOC for a potentially matching schedule had not been visited by the service, the schedule was discarded. The process was then repeated for the destinations of the potentially matching services.
4. The remaining potentially matching schedules for a given service were then ranked by differences between the scheduled arrival/departure times and those reported in the allocation table. The top schedule was identified as the best match.
5. The services for which the arrival and departure times are not within 10 minutes of the best matching schedule were not included in the output table. This was to ensure that erroneous matches were excluded and that the output initially only contained services which could, more or less, be defined as punctual.

The resulting data table (Table B.5) comprises 9,079 records, which means that only about 31% of the 29,347 unique allocations were successfully matched to a schedule in the TSDB. Reasons for this discrepancy may include the following:

- Non-punctual services were excluded.
- Poor location data may mean that services were not correctly linked to an origin or destination. This would be expected to be particularly true of services to/from stations such as London Euston, Birmingham New Street and Liverpool Lime Street which are covered, making it more difficult to obtain an accurate GPS signal.
- It is not known whether the TSDB extracts from Network Rail were comprehensive for the time in question.
- The allocation records supplied by London Midland may not have been completely accurate.

Despite the fact that a large number of allocations remained unmatched, the number of matched journeys still provided a much larger dataset than anything found in published literature (it was noted in Section 2.5 that empirical data are often taken from a very small number of journeys).

For each of the matched allocations, the energy consumption was calculated by summing the meter readings between the last energy reading taken at the origin (`OriginEnergyReadingID`) and the first energy reading taken at the destination (`DestEnergyReadingID`). The metered data allows calculation of gross energy consumed, energy recovered via the regenerative

braking system and the resulting net energy consumption. These data are given in kWh and by dividing by the length of the journey, data in terms of kWh per train-km were obtained.

4.5 Virgin Trains data

In order to facilitate the analysis, and to ensure that the supplied data remained intact, a new database was created. Synopses of the key data tables created are given in Appendix C.

4.5.1 Identification of relevant & reliable energy data

The energy data table supplied by Virgin Trains contains 14 fields for each record. These include a time-stamp, a reference to the train from which the reading was taken, position data and energy consumption data. The Pendolino trains are divided in to two or three segments (Appendix A.1) and each record contains energy consumption data for each section separately. Each record also contains fields for flagging up potential anomalies in the data, according to the criteria outlined in Section 3.1.4. There are three such fields, RecordState_695, RecordState_698 and RecordState_653, corresponding to the energy monitoring points in each segment of the train. Only 11-carriage trains have a third segment (“653”), but the relevant field exists in all records. If the corresponding energy data is thought to contain anomalies then the appropriate state fields are populated with “N.” If the corresponding energy data is thought to be correct, then the appropriate state fields are populated with “OK.” The exception to this is that “653” field in some early records, before a software upgrade as part of the programme to lengthen some nine-carriage trains, is empty (NULL). Table 4.8 summarises the total number of energy records.

Table 4.8: A summary of the validity of the energy records provided by Virgin Trains

Total number of energy readings	20,470,550
Readings where all RecordState fields are “OK” (or, in the case of the ‘653’ RecordState, NULL)	16,165,198
“OK” readings as % of total	79

There are no indicators in this dataset about the quality of the GPS-based location data. However, not all of the supplied GPS readings are consistent with the standard format which was adopted (Latitude/Longitude co-ordinates are mainly given in the form N###.#### W###.####). It was decided to exclude these non-standard records

principally because they could cause practical problems when matching the data to the UK railway network. About 28% of records have location data which do not fit this format, but there is significant overlap with those records where one or more of the record states is not “OK”; less than 1% of readings with “OK” “RecordStates” do not contain location data in the standard format.

Those records for which the “RecordStates” were not “OK,” or for which the GPS data were deemed invalid were excluded from further analysis, as were a number of duplicates which had been identified. Data from each of the remaining records (16,016,159 records, amounting to 78% of the original dataset) were copied to the ValidEnergyReadings table in the analysis database (Table C.1).

4.5.2 Matching the GPS data to the railway network

Using the Python point matching module described in Section 4.3.3, the energy readings deemed to be valid (Section 4.5.1) were matched to a position on the UK railway network. The results of the process are summarised in Table 4.9.

Table 4.9: A summary of the GPS data supplied by Virgin Trains

Total Number of Readings	16,016,159	100%
Number of readings matched within 175m or less	14,307,378	89%
Number of readings matched with an error between 176m and 500m	1,484,802	9%
Number of readings outside the defined boundary or with a matching error >500m	223,979	1%

4.5.3 Identification of train length

The numbering of the trains in the Pendolino fleet follows the six digit convention 390xxx where the first three digits denote the class of train (390), the fourth digit denotes the length of the train (0 for nine carriages and 1 for eleven) and the last two digits uniquely identify each train in the fleet. Although separating the data should theoretically have been straightforward, it was found that the supplied table in which the energy data are contained does not use the 390 1xx and 390 0xx convention at all — all trains are numbered 390 0xx. It was also noted that whilst the fields containing data about the third segment of the train (labelled “653”) should only be populated for 11-carriage trains, all fields in later records are non-null. This is presumed to be as a result of a

software upgrade affecting all units, not just those which were extended. Whereas this does not imply that there are useful data in these fields (many of them are populated with whitespace or zeroes), isolating eleven car trains on the basis of data in these fields could not be guaranteed to be 100% reliable.

The maintenance records included in the data supplied by Virgin Trains include references in the notes field to “11 Car Integration”, but further analysis of the dataset gave rise to the conclusion that this was not a reliable indication that the train was actually extended at that point. Evidence for this included the discovery of more than one “11 Car Integration” maintenance record for the same train, several days apart, a lack of reasonable energy data from the third (“653”) segment of the train after an “integration” date, and a lack of consistency with the service allocation data, which does maintain the 390 0xx and 390 1xx numbering convention.

To help segregate the data, the table “ElevenCarUpgrades” was created (Table C.2). Those readings for a given train on or before the “NineCarExService” date were taken to refer to a nine-carriage train. Those readings for a given train on or after the “ElevenCarInService” date were taken to refer to an 11-carriage train. The remaining readings were assumed to refer to a period of maintenance for the integration of the extra carriages.

A breakdown of the valid energy reading data by train length is given in Table 4.10. The number of readings from 11-carriage trains is comparatively small, because these trains were only introduced towards the very end of the period covered by the dataset provided by Virgin Trains.

Table 4.10: A breakdown of the Virgin Trains data by train length

Train Length [Carriages]	Number of energy readings	% of total energy readings
9	15,531,931	97.0
11	449,502	2.8
(Unallocated)	34,726	0.2
(All)	16,016,159	100

4.5.4 Identification of maintenance periods

The maintenance records were used to identify those days when the train was marked as being out of service for repairs or maintenance. This information was stored in the “StopDays” table (Table C.3). Those energy readings for a given train which fell between a “Stop Date” and an “OK Date” (inclusive) were assumed to have been taken

during a maintenance period; implicit in this assumption is that the maintenance records are accurate and that the trains were out of service for whole days. On this basis, approximately 14% of the valid energy reading data were deemed to have been recorded during a maintenance period.

4.5.5 Categorisation of energy readings by time period

Time Periods were defined in the same way as for the London Midland data (Section 4.4.3) and the breakdown of energy readings by Time Period is given in Table 4.11.

Table 4.11: A breakdown of the Virgin Trains energy data by time period

Time Period	% of hours in week	Number of energy readings	% of total energy readings
Weekend	20.2	3,306,292	20.6
Morning Peak	8.9	1,448,204	9.0
Evening Peak	8.9	1,463,893	9.1
Off Peak	32.7	5,301,322	33.1
Night	29.2	4,496,448	28.1
(All)	100	16,016,159	100

It can be seen that the spread of energy readings is as expected, given that the trains are very rarely completely powered down.

4.5.6 Matching the energy data to a known service

Unlike the data provided by London Midland, the Virgin Trains allocation data did not explicitly match each energy reading to a service. However, in addition to the energy and allocation data, Virgin Trains also provided a comprehensive set of On Train Monitoring Recorder (OTMR) data. This meant that there was more information which could be used to match a train to a schedule. The OTMR data are broken up into train runs, each with a unique integer ID (RunID). The RunID is typically incremented when the train is made ready to operate a route or when the onboard systems are otherwise restarted. The OTMR systems on-board each Pendolino are duplicated to some extent (each train effectively comprises two half-trains, with each half having its own systems (Virgin Trains Ltd. 2010)). Hence when a train operates a route, two sets of OTMR data, each with its own RunID are recorded. For each RunID, the Headcode corresponding to the service to which the train was allocated was recorded in the supplied data.

The first step was to match the Headcode with both the data held on train allocations and the punctuality records. This allowed each RunID to be linked with data about the origin and destination of the run, along with the distance travelled (Table C.5). Each run was then matched — where possible — to a known schedule in the extracts held from Network Rail’s TSDB. Unlike the London Midland data, the allocation data supplied by Virgin Trains included details about the origin, destination and departure and arrival times. Hence there was no need to analyse the location of the energy readings in the same manner; instead the Headcode, origin, destination, departure and arrival times were checked against the schedule data and matched accordingly. If there was not an exact match, the closest arrival and departure times were chosen — anything where the arrival or departure times did not match within 10 minutes was excluded to ensure that perturbed or unpunctual services were excluded and the risk of an erroneous match was minimised. 53,874 runs were matched to a schedule in this way.

By knowing the timings of a run, and the identity of the train (the Fleet Number) (Table C.5), it was possible to identify the relevant energy readings, and the total energy for each run (in terms of kWh) was calculated accordingly. For each run, the OTMR timeslot when traction was applied for the first time, and the OTMR timeslot when the train had come to a complete stop for the final time were identified. This enabled any data whilst the train was stationary immediately before or after a run to be discarded when calculating the energy consumption of a particular run. If the run did not have at least 90% of the expected number of valid energy readings (on the basis that there should be a reading taken every five minutes), it was discarded, leaving 37,733 journeys made by nine-carriage trains and 1,699 journeys made by 11-carriage trains for analysis. This is a much broader dataset than was found to date in published literature.

The energy consumption in terms of kWh per train-km was found by dividing the energy per run by the known distance travelled. In this case, Virgin Trains had provided distance data with the allocation data, and the OTMR data contained odometer readings which could be used to validate it.

4.6 Summary & next steps

This chapter explained how the supplied energy data were filtered, categorised and matched to a train schedule.

Both datasets contain some indication of the quality of the energy data, but there are differences between them. The London Midland data was supplied with “quality references” for the metered data. It is not clear how these numbers were generated, but it is thought that they are based mainly on the quality of the signal from the meters themselves rather than on any other criteria. Rather than labelling the readings as definitely “OK” or erroneous, these “quality references” contained integer values. It was

found that only a very small proportion ($\sim 2\%$) of the energy readings did not contain the maximum value in these fields and hence only those with maximum values were labelled “OK” in the new analysis database.

Virgin Trains has opted to mark each reading as either erroneous or non-erroneous, according to the criteria given in Section 3.1.4. The criteria are quite comprehensive, and consider not just the signal from the electricity meters but also the validity of the values written to the database. It was found that 21% of all supplied energy readings were marked as erroneous in this manner, but excluding them still left a sizeable dataset comprising more than 16 million energy readings.

Although it was possible to infer something of the quality of the location data from both datasets, only a limited amount of data were initially filtered or labelled explicitly on this basis. This is because GPS data can be unreliable for a number of reasons, but it does not necessarily mean that the energy data should be discarded. That data which were excluded were the Virgin Trains readings whose location fields did not match the standard format, which was largely for practical reasons in relation to subsequent analysis. Most of these readings had already been marked as erroneous anyway.

It has been possible to categorise the supplied data according to the type (or length) of the trains and according to the time period. For all types of train, the proportion of energy readings allocated to each time period are broadly as expected, in line with the fact that the trains are rarely completely switched off. This instils confidence that the datasets are comprehensive and representative of the whole spectrum of operation, especially in the case of the Virgin Trains data where this analysis took place after the exclusion of those readings marked as erroneous.

Matching the energy data to train schedules was complex, and required a different approach for each of the TOCs. It could not be assumed that the allocation data were 100% accurate, whilst the Headcodes in the allocation table often matched more than one schedule in the TSDB extracts. Use of a point matching algorithm to map the GPS data associated with each energy reading to a TIPLOC on the UK railway network (Section 4.3.3) enabled the London Midland data to be matched and filtered on the basis of whether or not each train had been linked with the origin and destination of a service. Virgin Trains supplied more detailed OTMR data, which aided the matching process and avoided the need to rely on schedule data for distance estimations.

Having estimated the distance travelled for a number of known services, energy consumption per train-km was calculated. The results are explored in Chapter 5. It was also possible to calculate the energy recuperated via the regenerative braking system (where applicable), to estimate the hotel load and to consider the impact of non-revenue running and idling. These are explored in Chapter 6. The data have also been used in the initial validation of a computer model Chapter 7, following which the Virgin Trains OTMR data were used to investigate driving style in more depth (Chapter 8).

Chapter 5

The empirical energy consumption of a train — explanatory variables and analysis of variance

5.1 Introduction

From energy metering data supplied by two UK TOCs, it was possible to estimate the net energy consumed (in terms of kWh per train-km) for a particular train on a particular journey. Chapter 4 explained how the raw energy metering data were matched with location and train scheduling data.

This chapter describes the use of simple single variable regression analysis to investigate the relationship between the net energy consumption and each individual variable likely to affect it. It then describes the development of a general linear model to predict the net energy consumption of the Pendolino.

5.2 A summary of the data analysed

Estimates of total net electricity consumption on a per train-km basis were made by summing the energy readings associated with a given schedule and dividing by the distance travelled by the train whilst operating the schedule.

The number of expected energy readings for a given service was estimated from the schedule data. A service was only included in the analysis if the number of valid energy readings allocated to the service exceeded 90% of the expected number. It was decided

not to match services on the basis of 100% of valid energy readings to allow for the fact that trains were considered as “on time” if they arrived and departed within 10 minutes of the scheduled time, and there may therefore be some variation in the actual number of readings recorded for a journey.

For the London Midland data, schedule distances (including distances between stops) were estimated from the associated timetable data Section 3.3.1. For the Pendolino trains operated by Virgin Trains, distances were supplied with the data.

5.3 Energy consumption — net kWh per train-km

5.3.1 Class 321 (operated by London Midland)

The relatively small sample size of 157 passenger journeys reflects the fact that there are only four Class 321 trains in the London Midland fleet. All journeys were operated by two trains running in multiple. Table 5.1 gives some of the descriptive statistics for the net energy consumption and the frequency distribution of the data is shown in Figure 5.1.

Table 5.1: A summary of the net energy consumed by Class 321 trains

Number of passenger services analysed	157
Mean Net Energy Consumption [kWh per train-km]	6.7
Standard Deviation	0.71
Median Net Energy Consumption [kWh per train-km]	6.68
1st Quartile	6.26
3rd Quartile	7.3
Interquartile range	1.04
Observed Minimum [kWh per train-km]	5.03
Observed Maximum [kWh per train-km]	8.37
Range	3.34

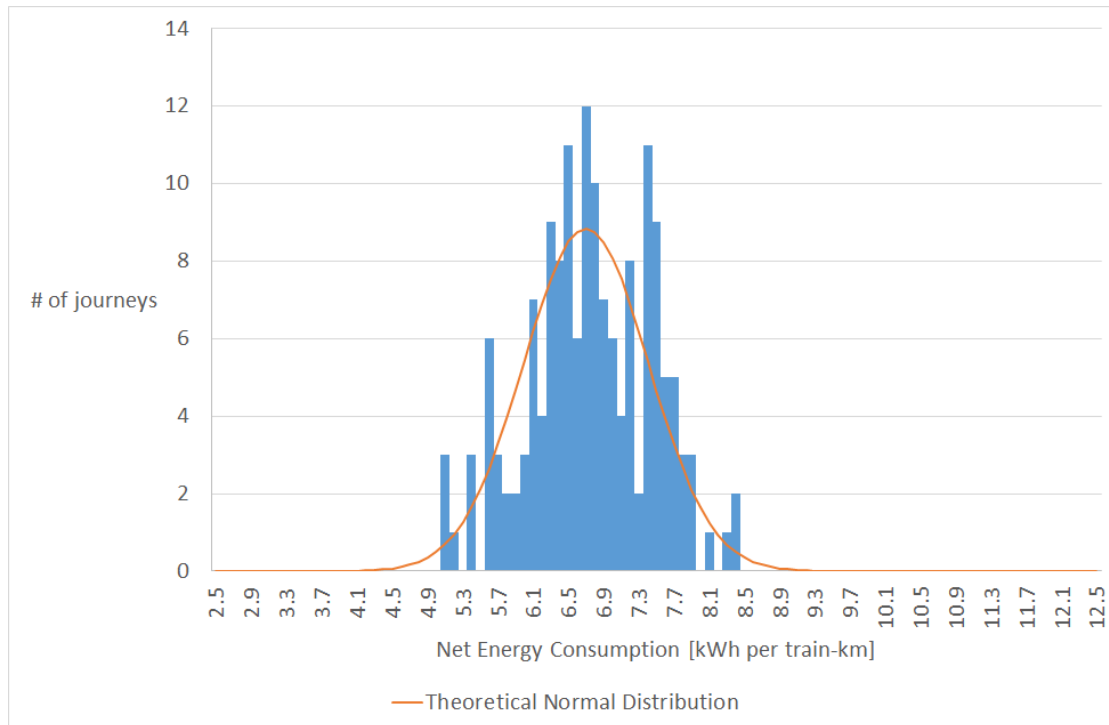


Figure 5.1: Frequency plot for mean net energy consumption [per train-km] for the Class 321 trains

It can be seen from Figure 5.1 that the data are unimodal. Although the theoretical normal distribution has been included in Figure 5.1, the analysis of variance (ANOVA) conducted later in this chapter does not require the data to be normally distributed. The mean energy consumption observed is 15% higher than the simulated 5.84 kWh per train-km suggested in the 2001 AEA Report reviewed in Section 2.5.1 (Hobson and Smith, 2001). This AEA figure lies outside the observed interquartile range, but is within two standard deviations of the mean. Key reasons for the observed difference between the data here and the AEA report are likely to include the fact that the AEA data is based on level track with uniform stop spacing.

5.3.2 Class 323 (operated by London Midland)

Although the Class 323 is not the most numerous train in the London Midland fleet, the number of journeys analysed is the greatest. This is because they are used on inner suburban services, which are typically of relatively short duration. They work as single units on some services and in pairs on others. Table 5.2 gives some of the descriptive statistics for the net energy consumption and the frequency distribution of the data is shown in Figure 5.2.

Table 5.2: A summary of the net energy consumed by Class 323 trains

Number of passenger services analysed	3,793
Mean Net Energy Consumption [kWh per train-km]	6.49
Standard Deviation	0.79
Median Net Energy Consumption [kWh per train-km]	6.48
1st Quartile	6.04
3rd Quartile	6.94
Interquartile range	0.90
Observed Minimum [kWh per train-km]	2.68
Observed Maximum [kWh per train-km]	10.58
Range	7.90

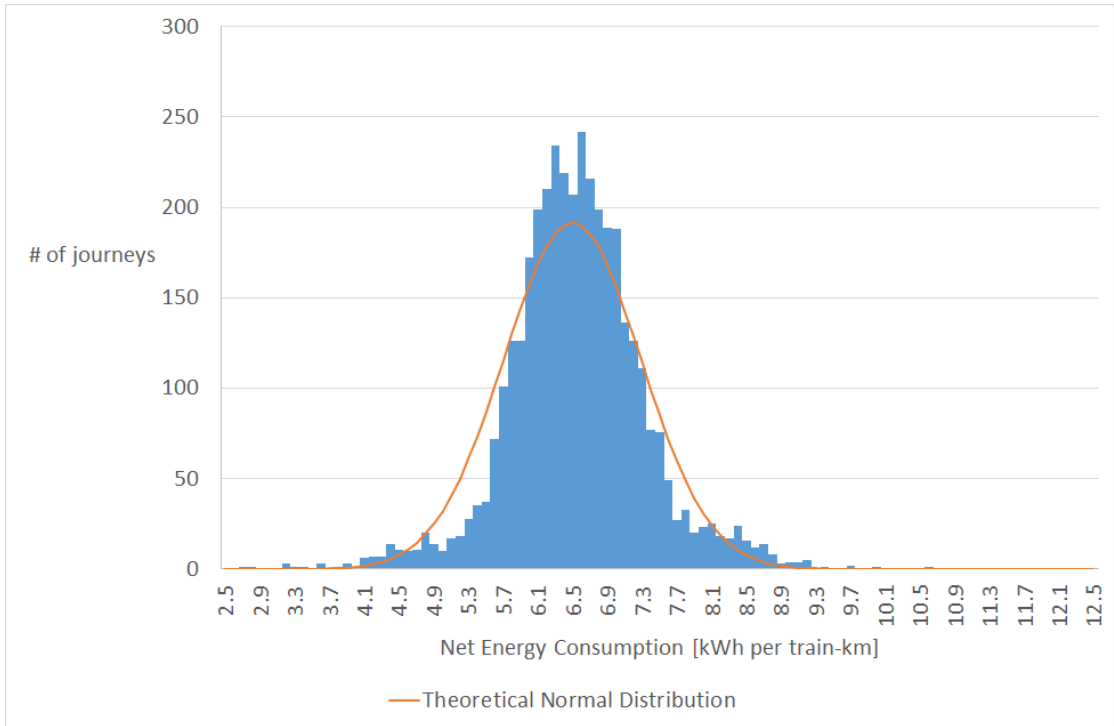


Figure 5.2: Frequency plot for mean net energy consumption [kWh per train-km] for the Class 323 trains

The Interquartile Range is 14% of the median, which suggests a similar level of variation to that observed in the Class 321 trains. The observed mean is very close to the simulated value of 6.52 kWh per train-km per train-km suggested in the 2001 AEA Report reviewed in Section 2.5.1 (Hobson and Smith, 2001). As with the data for the Class 321, the AEA report assumes level track with uniform stop spacing. The fact that the difference

between the AEA data and the data presented here is less pronounced may be because the Class 323 trains have been fitted with regenerative braking systems that were not considered by AEA.

5.3.3 Class 350 (operated by London Midland)

There are 30 Class 350/1 and 37 Class 350/2 trains in the London Midland fleet (Appendix A). They operate a number of routes in multiples of up to three units. The main difference between the sub-classes (/1 and /2) is the seating density, which is not thought to have a significant direct effect on the operational energy consumption of the train, but is an important consideration when making comparisons with other modes on a per-seat and per-passenger basis. Table 5.3 summarises the data for each of the sub-classes separately. The distribution of the data is shown graphically for the Class 350/1 and Class 350/2 separately (Figure 5.3 and Figure 5.4 respectively) and then for all Class 350 data combined (Figure 5.5).

Table 5.3: A summary of the net energy consumed by Class 350 trains

Sub-class	350/1	350/2
Number of passenger services analysed	1,641	1,884
Mean Net Energy Consumption [kWh per train-km]	6.59	6.71
Standard Deviation	0.87	0.94
Median Net Energy Consumption [kWh per train-km]	6.46	6.67
1st Quartile	5.97	6.03
3rd Quartile	7.06	7.35
Interquartile range	1.09	1.32
Observed Minimum [kWh per train-km]	4.09	4.40
Observed Maximum [kWh per train-km]	10.68	10.07
Range	6.59	5.67

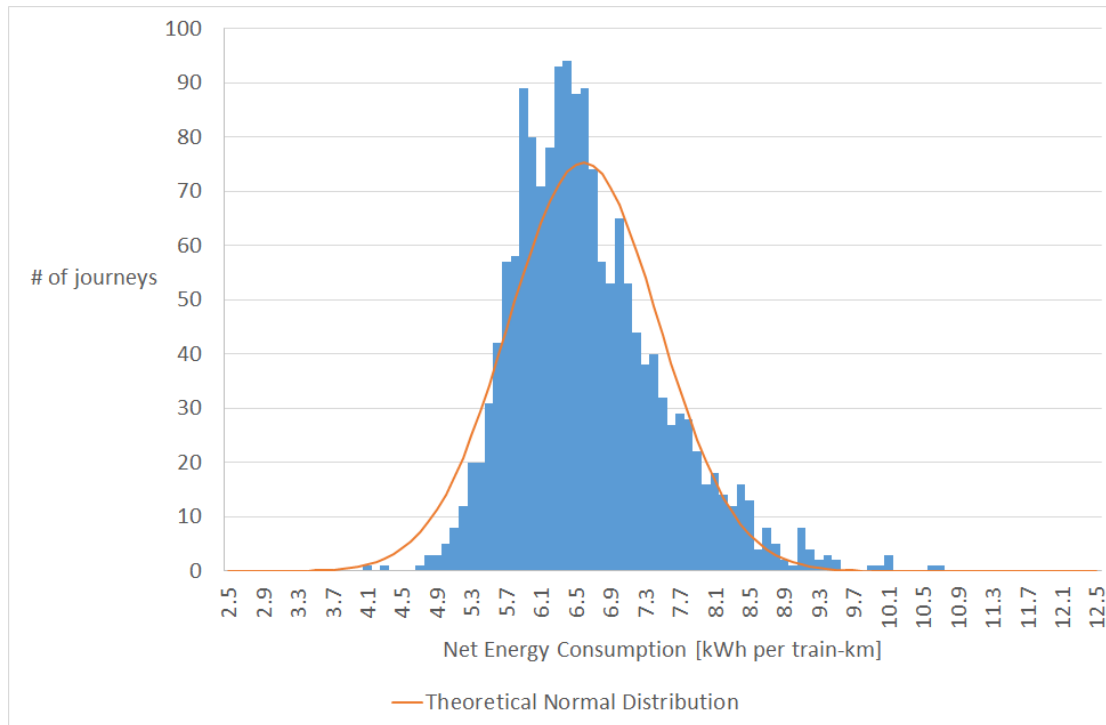


Figure 5.3: Frequency plot for mean net energy consumption [kWh per train-km] for the Class 350/1 trains

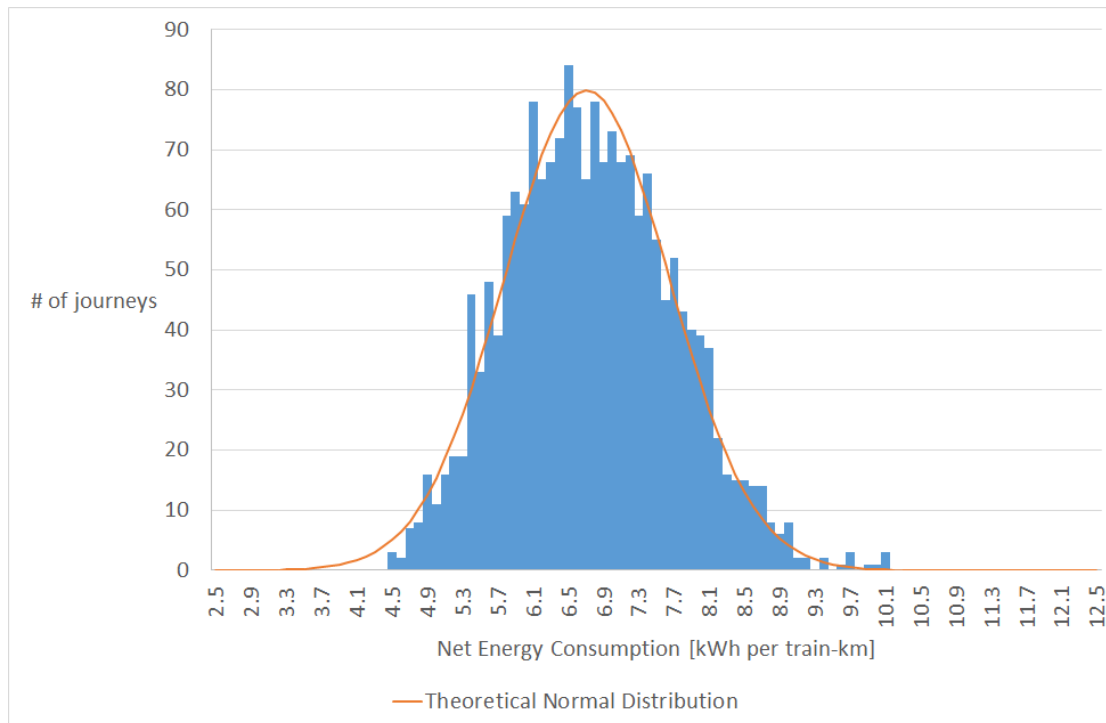


Figure 5.4: Frequency plot for mean net energy consumption [kWh per train-km] for the Class 350/2 trains

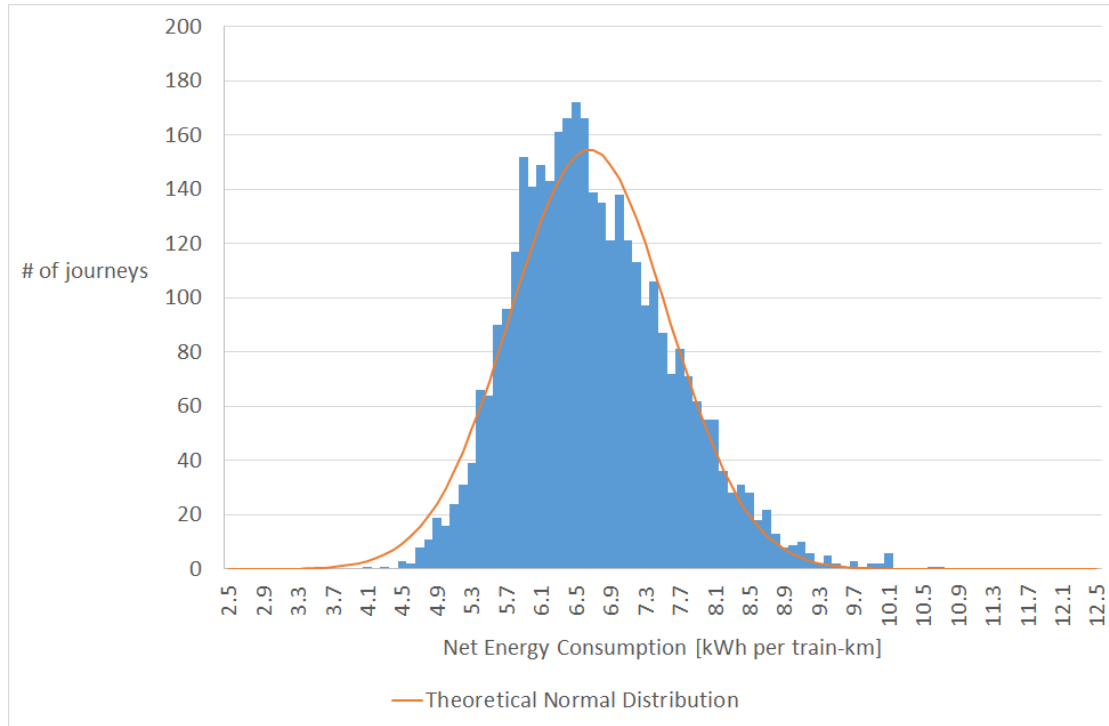


Figure 5.5: Frequency plot for mean net energy consumption [kWh per train-km] for the Class 350 trains (both sub-classes)

On initial inspection, there does not seem to be much difference between the two subclasses, and what difference there is could be due to the fact that the routes operated may differ. The range of different routes operated by the Class 350 trains is much greater than the range of different routes operated by the Class 323 trains, and it is thought that the fact that more journeys were observed on some routes than others is a contributing factor to the observed skew in the data. As with the Class 323 (Section 5.3.2), there are also thought to be a few potential outliers in the data.

5.3.4 Pendolino (operated by Virgin Trains)

The nine- and 11-carriage Pendolino trains were analysed separately. The extra two carriages of the 11-carriage trains provide a significant increase in the number of seats, but also add to the overall length and mass of the whole train. They also include extra traction motors and energy metering systems. Table 5.4 summarises the data and frequency plots of the net energy consumption are given in Figure 5.6 and Figure 5.7. It is clear from Figure 5.7 that the standard deviation is affected by potential outliers in the data. This is less significant for the nine-carriage trains Figure 5.6 because the number of sample journeys is so much greater, although some level of skew and leptokurtosis can be seen. It is postulated that this is a result of the fact that more energy data are available for some routes than others.

Table 5.4: A summary of the net energy consumed by Pendolino trains

Train Length	9 carriages	11 carriages
Number of passenger services analysed	37,733	1,699
Mean Net Energy Consumption [kWh per train-km]	12.93	14.75
Standard Deviation	1.11	1.27
Median Net Energy Consumption [kWh per train-km]	12.94	14.79
1st Quartile	12.24	13.94
3rd Quartile	13.63	15.62
Interquartile range	1.39	1.68
Observed Minimum [kWh per train-km]	5.74	9.75
Observed Maximum [kWh per train-km]	18.85	18.77
Range	13.11	9.02

The mean energy consumption for the Pendolino is around double that of any of the individual trains in the London Midland fleet. This reflects the fact that the Pendolino is significantly longer than any of the individual trains in the London Midland fleet, and operates at a higher speed.

The level of variation observed is less than that for the trains in the London Midland fleet; the interquartile range is 11% of the median for the nine-carriage trains and 12% of the median for 11-carriage trains. The large sample size, especially in the case of the nine-carriage trains, will have reduced the influence of abnormal data, but the variation is also likely to be less because the services operated are more consistent in terms of running speed and stopping patterns than those operated by some of the London Midland fleet. These explanatory factors are introduced in more detail in Section 5.4.

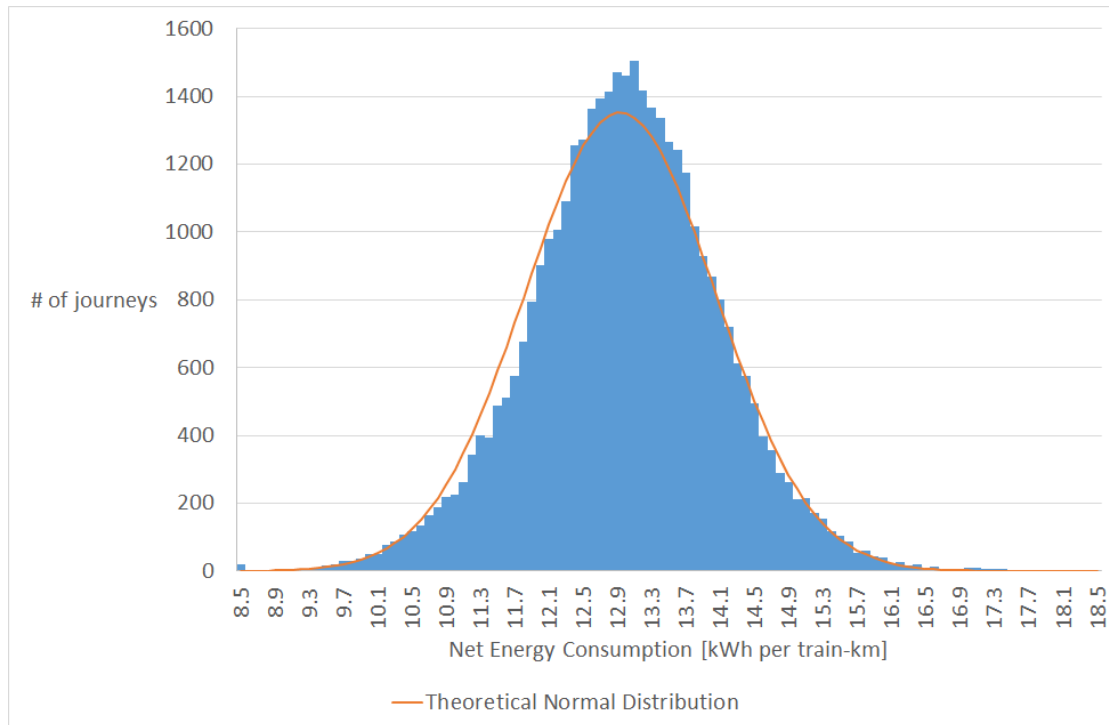


Figure 5.6: Frequency plot for mean net energy consumption [kWh per train-km] for the nine-carriage Pendolino trains

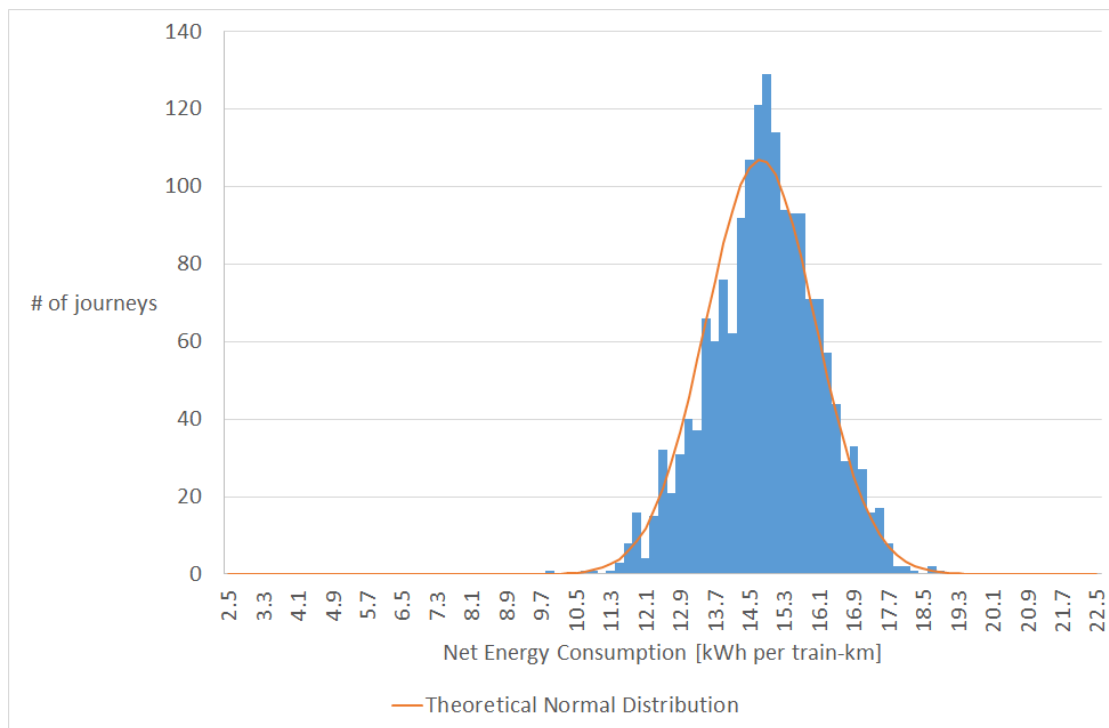


Figure 5.7: Frequency plot for mean net energy consumption [kWh per train-km] for the 11-carriage Pendolino trains

5.4 Factors which affect the energy consumption of a train

It has been suggested that the factors which affect the energy consumption of a train can be categorised as follows (Section 2.5.5; see also Pritchard (2013a)):

- **The type of rolling stock.** Some trains will be more energy-efficient than others.
- **The type of service.** In the same way that urban driving uses more fuel than driving on an open road, it is thought that the type of service, including the stopping frequency, may impact the energy consumption of a rail journey.
- **Features of the infrastructure.** It is likely that gradients, and other features of the infrastructure such as tunnels, may have a notable impact.
- **Driving style.** Train drivers are not always consistent in their driving style, particularly for rates of acceleration and braking.

The type of service and features of the infrastructure can, to some extent, be categorised together as features of the route and service pattern — for example, stop spacing may be dictated as much by the location of the stations as it is by the calling pattern of the service. It is additionally thought that temporal factors may be important — including the time of day, the month and even the year. There are also other factors which could plausibly influence the operational energy consumption of a train, but are not explicitly considered here. The first of these is train punctuality; late running could impact the energy consumption of a train in a variety of different ways depending on the situation. For example, a train running at a lower average speed than normal may be expected to consume less energy, whilst a train running faster to make up lost time may be expected to consume more energy. Analysis of the impact of train delays would make for an interesting further research project but, as stated in Chapter 4, trains which were not classed as punctual were filtered out of the dataset in this case in order to reduce the complexity.

Passenger loadings are another factor which may influence operational energy consumption; it has been shown that overall passenger mass can have an impact (RSSB, 2010b). A nine-carriage Pendolino weighs 466t (Table A.1), and a full compliment of 439 passengers would increase this by more than 6% (assuming that the average person weighs around 70kg). Passenger loading data have not been obtained and cannot therefore be included explicitly in this analysis — however, it is implicit to some extent when considering temporal factors because peak-time services may be assumed to be more heavily laden than off-peak services.

This section considers each of the main categories in more detail and defines explanatory variables which will then be used in some initial regression analysis (Section 5.5) and a

general univariate linear model (Section 5.6 and Section 5.7). In line with the aims of this thesis (Section 1.13), the main aim of such Analysis of Variance (ANOVA) techniques is to understand the relative importance of the different factors which influence operational energy consumption and emissions.

5.4.1 The type of rolling stock

It was shown in Section 5.3 that the mean energy consumption could vary significantly between different types of train — particularly between London Midland's three- and four- carriage suburban trains and Virgin Trains' nine- and 11- carriage intercity trains. Although it is important to remember that the comparison is not just between different types of train but between different types of service (considered in Section 5.4.2), variation between types of train is to be expected. Factors which affect energy consumption include mass (RSSB, 2010a), train length, and streamlining. Chapter 7 shows how the parameters of the Davis equation for resistance to motion — a key factor in determining energy consumption — might be expected to vary between different trains. It is also presumed that some traction systems and on-board auxiliary systems will be more efficient than others. In this case, the data for each distinct class of train are already separate and, given the differences in sample size and scope of the data, it is appropriate to continue to treat them as such.

It is likely that there may also be some variation between individual trains in a fleet. Reasons for this include the possibility of minor variations in specification, and the fact that different trains will have been at different points in the maintenance cycle during the period from which data were collected. One possible explanatory variable for a general linear model is therefore the train's fleet number — the last two digits of the train's number which uniquely identifies it within a class. In the case of the Class 350 (Section 5.3.3), the sub-class (/1 or /2) is investigated as a possible explanatory variable, to see whether the minor variations between sub-classes make a significant difference. Although these explanatory variables are initially considered individually, with some simple regression modelling (Section 5.5), not every train operated every route, and so the possibility of interaction between variables characterising the train and variables characterising the route is included in the more general model (Section 5.6 and Section 5.7).

Finally, some of the London Midland services are operated by trains coupled together in multiple. This is different from lengthening a train with additional carriages, because each train in the consist remains fully powered and the mass per seat remains the same. However, aerodynamic effects could still mean that the energy consumption of each individual train in the consist is reduced. Hence Unit Count (the number of trains in the consist) is considered where appropriate as an explanatory variable. There is likely to

be some interaction between the Unit Count and the route and the temporal variables, because trains are typically operated in multiple on more heavily patronised services.

5.4.2 Features of the route and service pattern

By grouping the data by route, it can be seen that the mean net energy consumption for a particular route differs from the mean net energy consumption overall (for a particular train type). To illustrate this, a summary of the mean net energy consumption for selected suburban routes operated by the Class 323 is given in Table 5.5 and the variation is shown graphically in Figure 5.8 (where the interquartile range of the energy consumption for each route is labelled). Similarly, the data for selected intercity routes operated by the Pendolino (nine-carriage) are summarised in Table 5.6 and shown graphically in Figure 5.9. Although it is possible for the mean stop spacing to vary on a given route depending on the calling pattern of the service, a single stopping pattern was chosen for each route in this case.

Table 5.5: Summary data for selected services operated by Class 323 trains

Route	Sample Size	Stop Spacing [km]	Route Length [km]	Mean net energy consumption [kWh per train-km]	Median net energy consumption [kWh per train-km]	Standard Deviation
Birmingham to Longbridge	106	1.7	12.7	8.23	8.28	0.44
Birmingham to Longbridge [Rtn]	154	1.7	12.7	6.02	6.02	0.45
Longbridge to Lichfield City	316	2	39.1	6.17	6.14	0.41
Longbridge to Lichfield City [Rtn]	187	2.1	39.1	7.19	7.16	0.38
Birmingham to Redditch	31	2.4	24.9	6.42	6.32	0.58
Birmingham to Redditch [Rtn]	50	2.4	24.9	6.63	6.61	0.42
Birmingham to Wolverhampton	259	2.9	20.7	6.8	6.76	0.44
Birmingham to Wolverhampton [Rtn]	104	2.9	20.7	5.8	5.75	0.4
Birmingham New Street to Birmingham International	209	3.2	13.2	5.96	5.92	0.63
Birmingham New Street to Birmingham International [Rtn]	106	3.2	13.2	6.61	6.57	0.62

Table 5.6: Summary data for selected services operated by nine-carriage Pendolino trains

Route	Sample Size	Stop Spacing [km]	Route Length [km]	Mean net energy consumption [kWh per train-km]	Median net energy consumption [kWh per train-km]	Standard Deviation
Euston to Wolverhampton	977	33.7	205.9	13.62	13.62	1.24
Euston to Wolverhampton [Rtn]	597	33.7	206.1	11.96	11.97	1.25
Euston to Birmingham	2,501	45.3	181.7	13.94	13.98	1.03
Euston to Birmingham [Rtn]	2,626	45.3	181.7	12.39	12.38	1.01
Euston to Liverpool	791	62.2	311.6	12.63	12.67	1.02
Euston to Liverpool [Rtn]	114	62.2	311.6	12.83	12.88	1.24
Euston to Manchester (via Stoke)	7,370	73.7	295.3	13.29	13.31	0.94
Euston to Manchester (via Stoke) [Rtn]	3,090	73.7	295.3	12.7	12.69	0.93
Euston to Manchester (via Crewe)	3,291	75.8	303.5	12.99	13	0.91
Euston to Manchester (via Crewe) [Rtn]	2,196	75.8	303.5	12.7	12.67	1.11

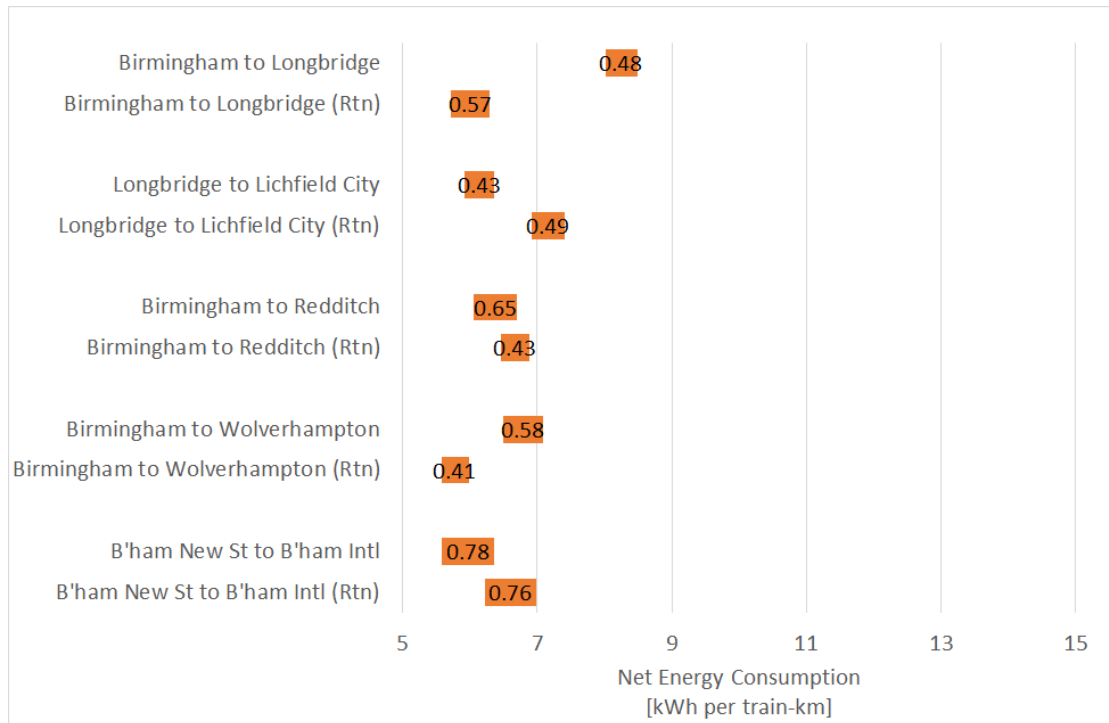


Figure 5.8: The interquartile range of net energy consumption for selected services operated by Class 323 trains

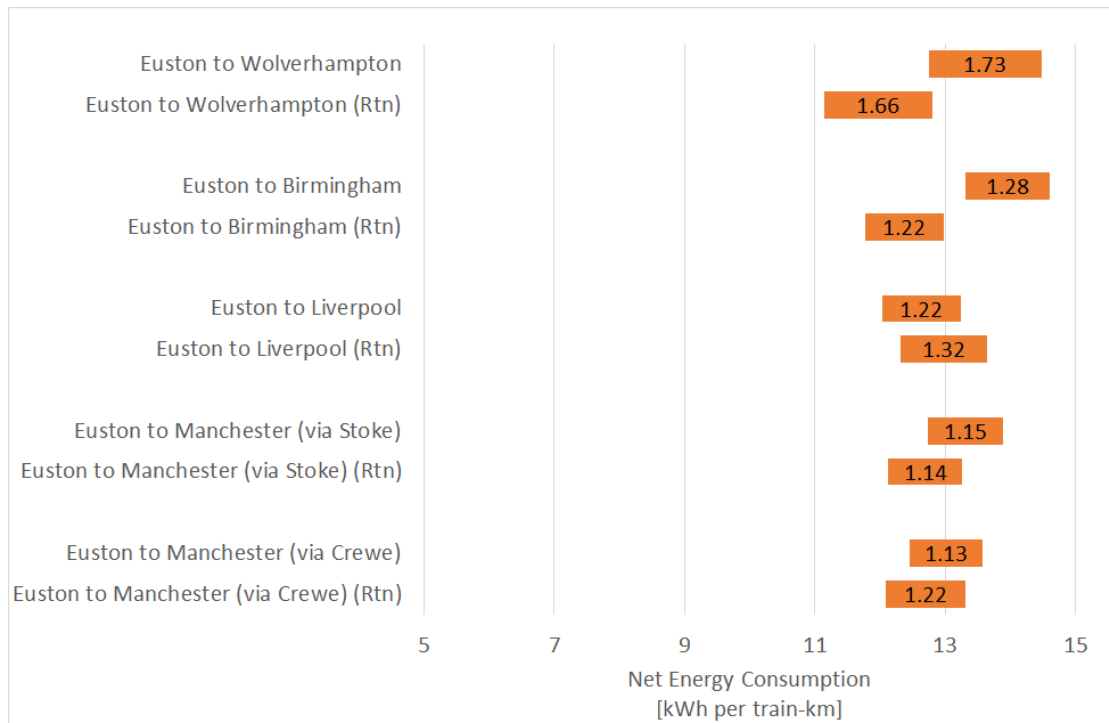


Figure 5.9: The interquartile range of net energy consumption for selected services operated by nine-carriage Pendolino trains

A key reason for the variation in energy consumption between routes and services is thought to be the mean spacing between stops. Figure 5.10 shows the observed empirical variation of energy consumption with mean stop spacing for a variety of off-peak services. It is difficult to conclude that there are definite trends, especially for intercity services, but use of the Arup RouteMaster simulation tool (which will be introduced in Chapter 7) to investigate the theoretical variation in energy consumption with stop spacing showed that energy consumption could be expected to increase with increasing stop density (Pritchard, 2012; Pritchard, 2013a). Although this is dependent on the simulation parameters and assumptions made, mean stop spacing (in km) will therefore be considered as a key explanatory variable.

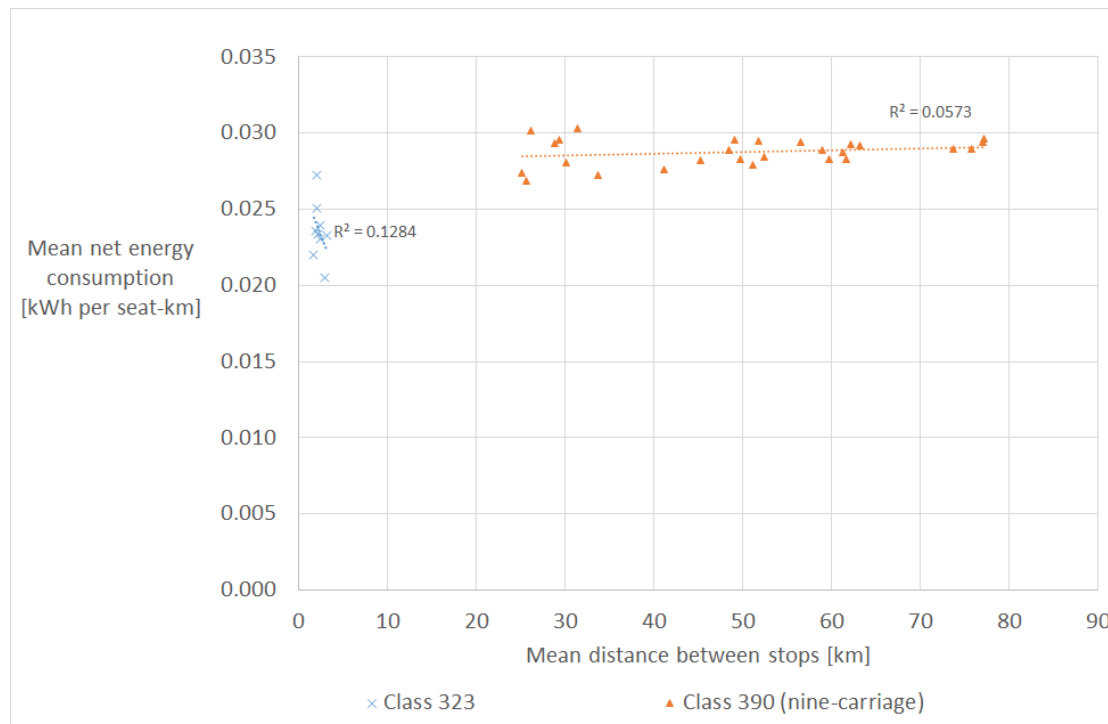


Figure 5.10: Variation in energy consumption with distance between stops for a variety of off-peak services

Mean stop-spacing is unlikely to be the only reason for the variation in energy consumption between routes and services. This is clear from the fact that the outbound and return services detailed in Table 5.6 have the same stopping pattern but show some variation in energy consumption. Features of the infrastructure are also assumed to play some role. These include the gradient of the line, and the data in Table 5.6 broadly fit with the fact that the line out of Euston is predominantly uphill (Allan, 1966). Other features of the infrastructure which may have an impact include tunnels, which in theory have a significant impact on the air resistance experienced by, and the related energy consumption of, a train running through them (Pritchard, 2013a), although the limited number of tunnels on the routes considered here mean that it is difficult to conclude anything from the empirical data in this instance. To account for the physical variation in

the infrastructure, “Route Name” as defined by an origin-destination pair and a direction (“Rtn” where applicable) is considered as an explanatory variable.

Finally, the mean running speed is also likely to be a factor — the Davis equation (Section 7.3.1) indicates that resistance (and hence energy consumption) increases quadratically with speed. The mean running speed can vary between route (different lines may have different speed limits) and between service patterns on the same route (more stops are likely to result in a lower mean running speed, but it is also possible to schedule the same calling pattern with some variation in timings and speed). Hence, mean running speed is also considered as an explanatory variable. It is noted that the three explanatory variables chosen to describe the route and service (mean stop spacing, route name and mean running speed) are likely to be inter-dependent to some degree.

Figures 5.11 to 5.15 show the proportions of different journey-types for which data were available (after initial filtering) for each of the trains. The services were categorised by stop spacing and grouped in line with the RSSB’s “Route Categorisation” (RSSB, 2010a):

- **Inner Suburban Services** with less than 10km between stops
- **Outer Suburban Services** with between 10 and 20km between stops
- **Inter Urban Services** with between 20 and 50km between stops
- **Inter City Services** with more than 50km between stops

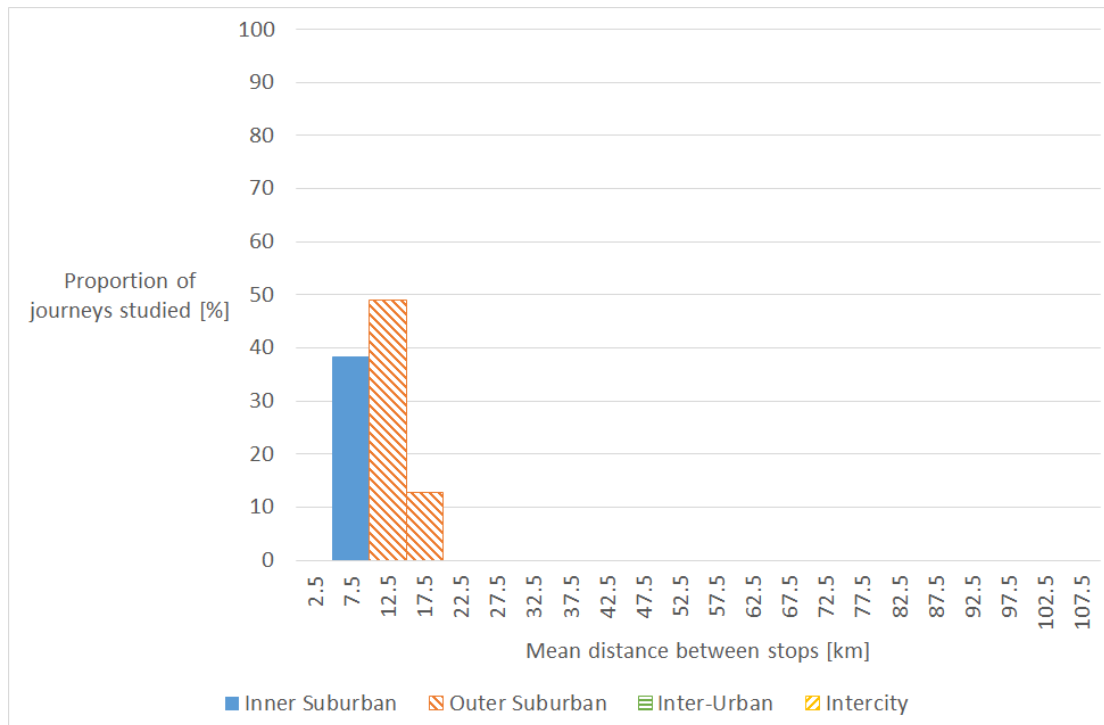


Figure 5.11: Journeys operated by Class 321 trains

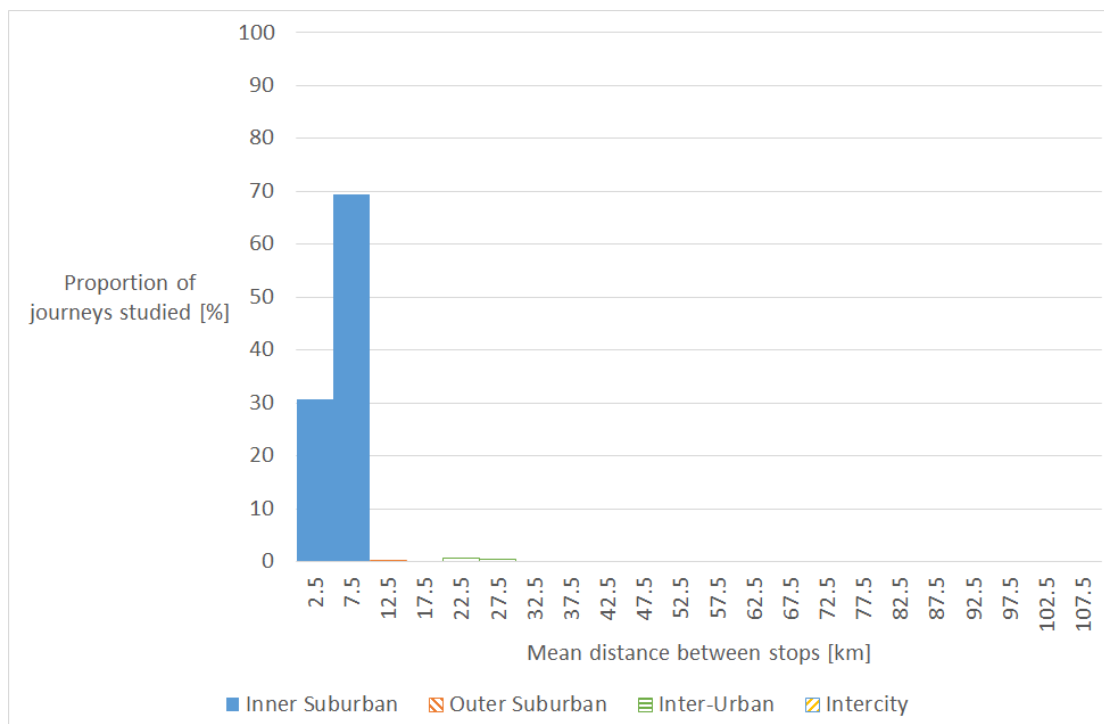


Figure 5.12: Journeys operated by Class 323 trains

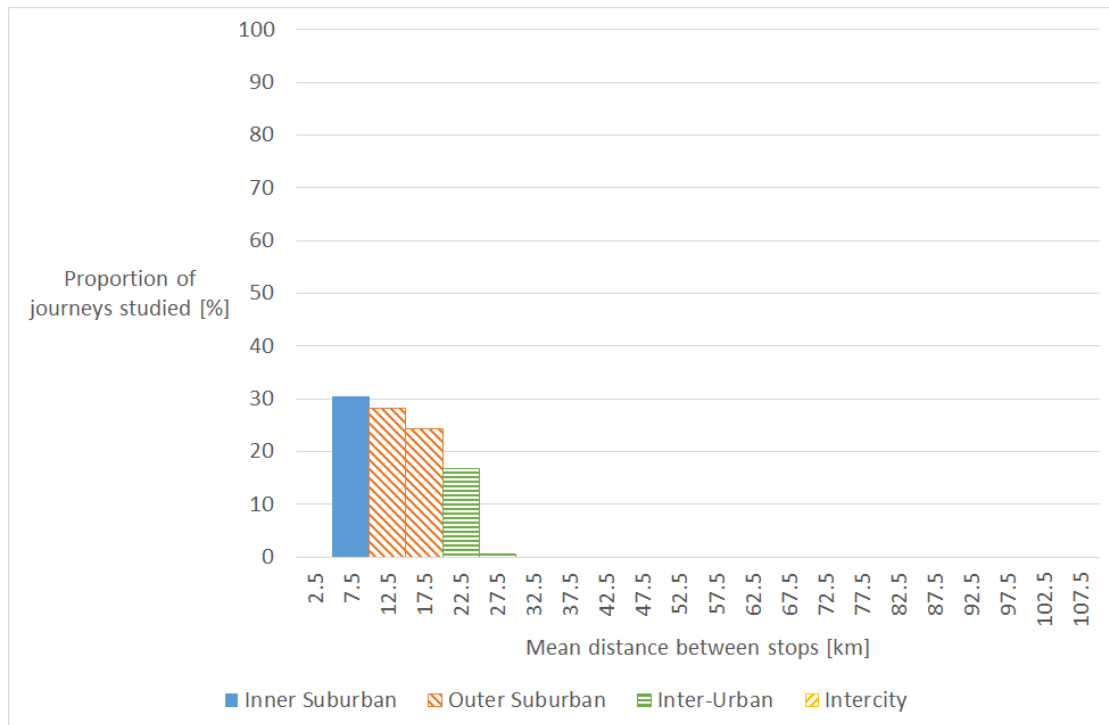


Figure 5.13: Journeys operated by Class 350 trains

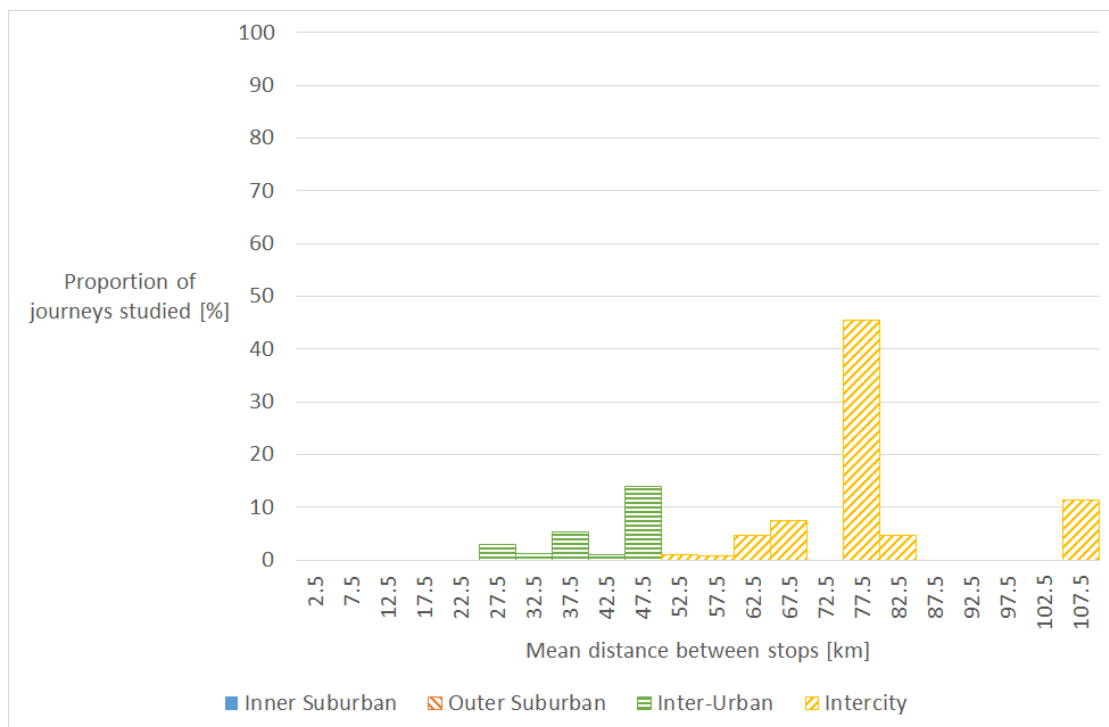


Figure 5.14: Journeys operated by nine-carriage Pendolino trains

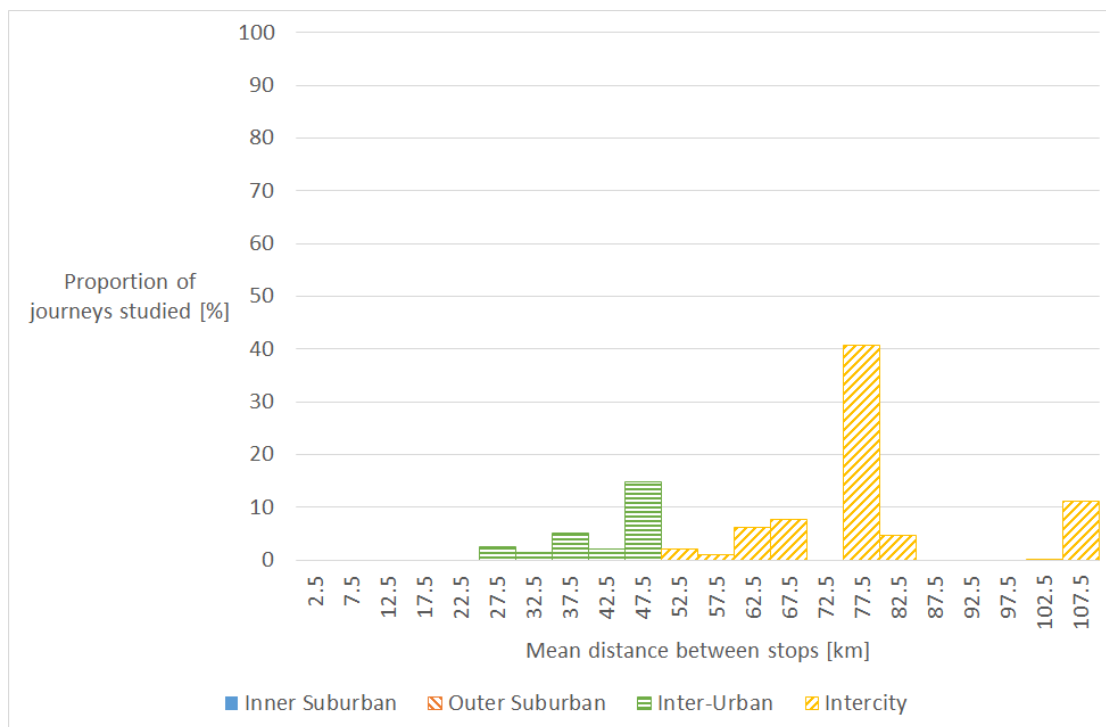


Figure 5.15: Journeys operated by 11-carriage Pendolino trains

From Figure 5.12, it can be seen that although the majority of journeys operated by Class 323 trains were inner suburban services, there were a very small proportion of outer suburban and inter-urban services — it is thought that these might have contributed to the leptokurtosis observed in Figure 5.2. Similarly, although the journeys operated by Class 350 trains (Figure 5.13) comprise a range of services from inner suburban through to inter-urban, the spread of data is non-uniform, with a bias towards inner suburban services.

5.4.3 Driving style

Although no personally identifiable information was given by Virgin Trains, the supplied on-train monitoring data for the Pendolino trains did include a set of integers representing the allocation of a driver to a service. From these data, it was possible to infer if and how the energy consumption might vary between drivers. The mean net energy consumption (in terms of kWh per train-km) was calculated for each driver, and the frequency distribution of mean net energy consumption for drivers of the nine-carriage Pendolino is shown in Figure 5.16.

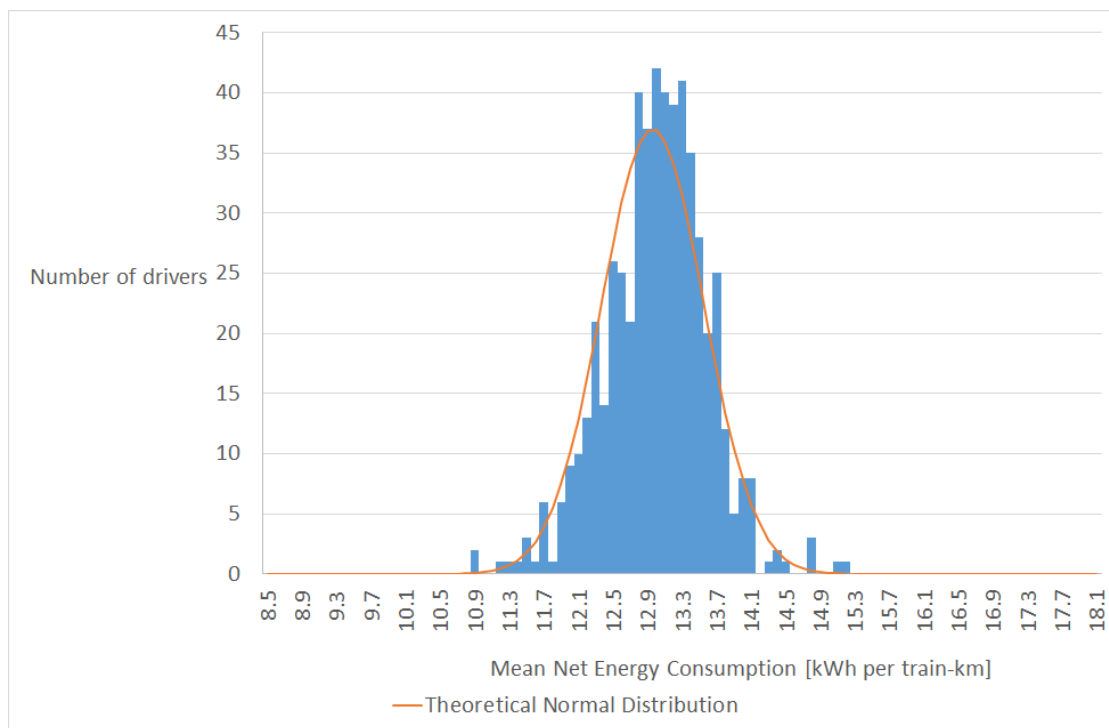


Figure 5.16: Frequency distribution of mean net energy consumption per train-km per driver

The mean of the mean net energy consumption per driver (12.96 kWh per train-km) is close to the overall mean net energy consumption for the train (12.93 kWh per train-km) and there appears to be some uniform variation of mean net energy consumption between drivers. Hence the integer variable used to label different drivers (the DriverID) is considered as an explanatory variable.

5.4.4 Temporal factors

It is possible that the energy consumption of a train varies with time of day (Morning Peak, Evening Peak, Off-Peak, Weekend and Night, as defined in Section 4.4.3) due to variation in passenger loadings. The ambient temperature, which affects the hotel load (discussed further in Chapter 6) may also be a consideration. Figure 5.17, based on the data for the Class 323 trains, shows that some variation in net energy consumption with time of day is indeed observed, and hence Time Period is also considered as an explanatory variable.

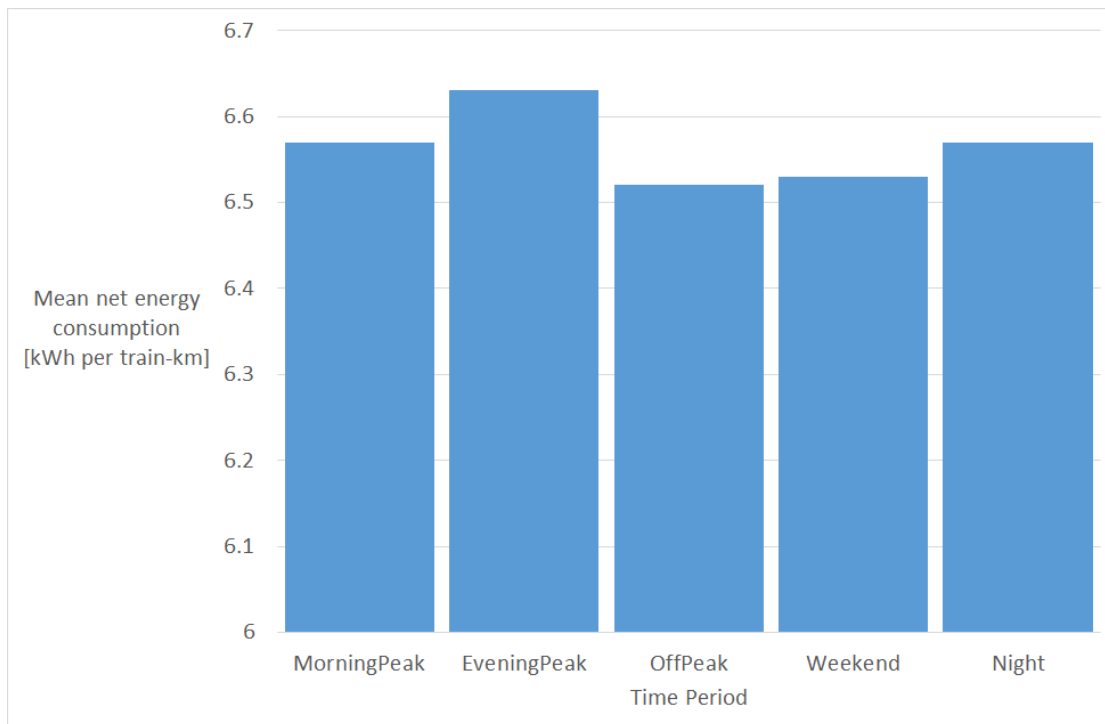


Figure 5.17: Variation in net energy consumption with time of day for Class 323 trains

Some variation according to the time of year is also expected — firstly due to the variations in ambient temperature and the impact it has on the hotel load and secondly due to the effect of different weather conditions. For example, wet and icy rails can result in reduced adhesion between the wheels and the rails. Sufficient data were available for the nine-carriage Pendolino to consider the variation in net energy consumption with month, which is shown in Figure 5.18.

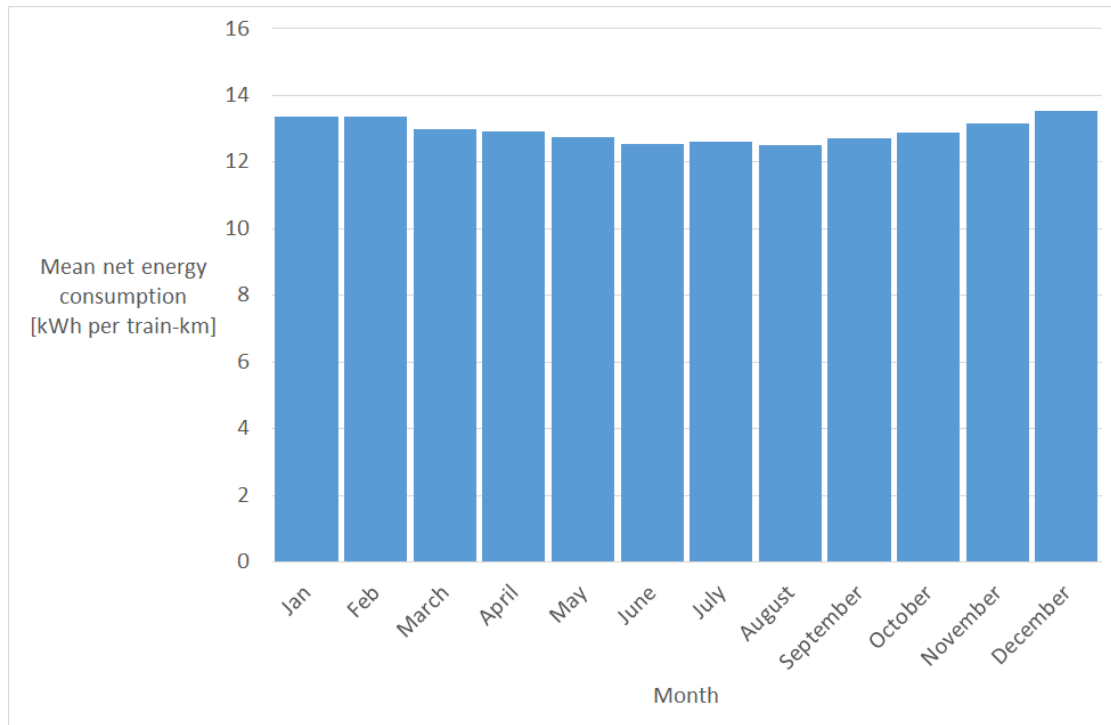


Figure 5.18: Variation in the mean net energy consumption of the nine-carriage Pendolino by month

Some variation in net energy consumption on a monthly basis is evident and so the month is considered as an explanatory variable. A small amount of variation in energy consumption on a yearly basis is evident (Figure 5.19), which is plausible due to changes in scheduling, annual variations in weather and efforts to encourage energy efficient driving. The data for 2009 and 2012 are limited, but the year is also explored as an explanatory variable.

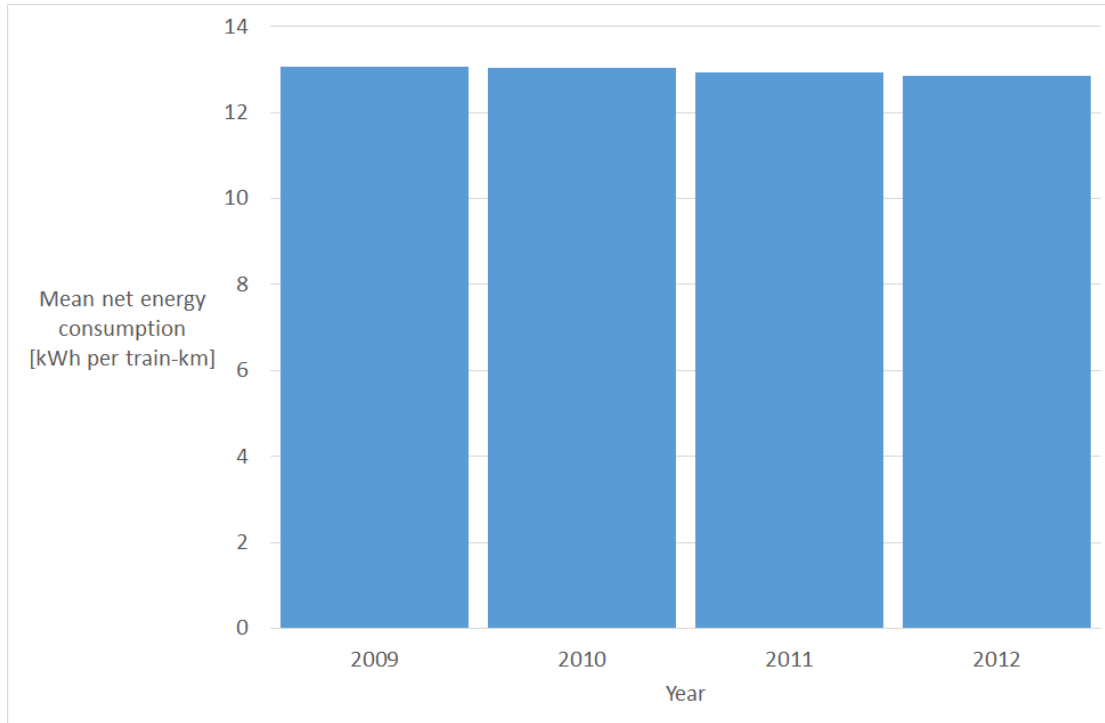


Figure 5.19: Variation in the mean net energy consumption of the nine-carriage Pendolino by year

5.5 Single variable linear regression

It was shown in Section 5.3 that the empirical net energy consumption of the different trains studied can be quite variable. Section 5.4 discussed some of the factors which might lead to this variation and suggested some possible explanatory variables for use in a linear model. This section summarises the possible explanatory variables and uses single variable linear regression modelling to estimate the significance of each one and rank them by importance according to the adjusted R^2 value of the model.

5.5.1 A summary of possible explanatory variables

Table 5.7 summarises the proposed explanatory variables. Factors are discrete nominal variables, whereas co-variates are continuous.

Table 5.7: Possible explanatory variables for the variation in net energy consumption for a given train

Explanatory Variable	Category	Variable Type	Notes
Fleet Number	Train	Factor	Only applicable for Class 350 trains
Sub Class		Factor	
Unit Count		Co-variate	
Route	Route and service	Factor	Defined by origin, destination and direction
Mean Stop Spacing [km]		Co-variate	
Mean Running Speed [km/h]		Co-variate	
DriverID	Driver	Factor	Data only available for Pendolino trains
Time Period	Temporal	Factor	Data only available for nine-carriage Pendolino trains
Month		Factor	
Year		Factor	

5.5.2 Adjusted R^2 Values created by single explanatory variable models

SPSS was used to test the importance of each of the explanatory variables in turn by assessing the fit of a single explanatory variable linear regression model for the net energy consumption (in terms of kWh per train-km). A Univariate General Linear Model was used in each case to estimate the statistical significance of the relationship between each explanatory variable and the net energy consumption and to rank each variable by its explanatory power (measured by the adjusted R^2 value). Table 5.8 summarises the adjusted R^2 values created by each of the models.

Table 5.8: Adjusted R^2 values created by single explanatory variable models

Factor	321	323	350	390 (9-carriage)	390 (11-carriage)
Route	0.554	0.237	0.559	0.159	0.165
Mean Speed	0.298	0.002	0.162	0.007	0.008
Mean Stop Spacing	0.443	0.034	0.345	0.008	0.012
Sub Class			0.004		
Unit Count		0.080	0.019		
Fleet Number	0.022	0.082	0.017	0.010	0.048
Time Period	0.020	0.002	0.011	0.007	0.020
Month				0.087	0.035
Year				0.006	
Driver ID				0.200	0.313

5.5.3 Ranking the explanatory variables in order of importance

Using the adjusted R^2 values created by single explanatory variable models (Table 5.8) as a measure of how much of the observed variation in net energy consumption can be explained by each variable, the explanatory variables were ranked in order of importance, with the highest adjusted R^2 values deemed to be the most important. Table 5.9 lists the top five explanatory variables for each train type.

Table 5.9: Ranking of explanatory variables by adjusted R^2 value

Variable Ranking	321	323	350	390 (9-carriage)	390 (11-carriage)
1	Route	Route	Route	Driver ID	Driver ID
2	Mean Stop Spacing	Fleet Number	Mean Stop Spacing	Route	Route
3	Mean Speed	Mean Stop Spacing	Mean Speed	Month	Fleet Number
4	Time Period	Unit Count	Unit Count	Fleet Number	Month
5	Fleet Number	Mean Speed	Fleet Number	Mean Stop Spacing	Time Period

Care should be taken when comparing the different trains in Table 5.9 because not all explanatory variables applied to all trains (Table 5.8). For example, the Pendolinos never work in multiple, and so Unit Count does not apply, and no driver data were provided by London Midland. Where driver data were provided (for the Pendolino trains) it can be seen that it is the most important explanatory variable, and the differences between drivers is explored in more detail in Chapter 8. Features of the route and service are otherwise the most important factors. It is likely that the apparent importance of Fleet Number in most cases is at least partially due to the fact that some trains operated some routes more frequently than others, and the interactions between these variables is considered in Section 5.6. The fact that the mean stop spacing appears more important for suburban trains rather than the intercity Pendolino fits with Figure 5.10, which shows that the variation in energy consumption with increasing stopping density appears more prominent for the Class 323 on inner suburban services. Although apparently significant, the mean running speed does not appear to offer any real explanation for the variation in energy consumption for the Pendolino — this is probably because the intercity services they operate have similar speed characteristics, with long periods of running at 125mph.

For the Class 323 and Class 350, which operate in different groupings of up to three trains in multiple, the Unit Count appears to be important, but the difference between the Class 350 sub-classes (/1 and /2) appears to be less so. Some temporal factors are important for the Pendolino. It is difficult to verify the importance of them for the London Midland fleet due to the limited data available. However, it is noted that Time Period is more significant for the trains which operate services in and out of London than it is for the Class 323 which only operates local services in the Birmingham area. This may reflect the fact that routes in and out of London are particularly subject to significant variations in passenger demand throughout the day (discussed further in Chapter 10).

5.6 An initial multiple explanatory variable General Linear Model for the nine-carriage Pendolino

Having considered the proposed explanatory variables individually, SPSS was then used to develop a multiple explanatory variable General Linear Model for the nine-carriage Pendolino. The aim was to understand whether the majority of the variation in the net energy consumption could be described by the chosen variables, and to ascertain whether some of the interactions between them could be deemed significant. After considering the overall fit of an initial model, the limitations of the model are discussed. A simpler model which might have more practical use is then proposed and discussed in Section 5.7.

The size of the dataset (37,733 individual journeys and 550 individual drivers) meant that it was not possible to compute a comprehensive model for the entire sample (there

was not enough memory for SPSS to compute the model). Hence a random subset of 10% of the data was chosen and the model only included those two-way interactions thought to be significant. Furthermore, the mean speed and the year were excluded on the basis that the adjusted R^2 values were very small when they were considered individually (Table 5.8). Also, understanding the variation with year is of little practical use unless further study were to be undertaken of the impacts of changes in scheduling and driver training — for which more data would be required. Table 5.10 summarises the variables used in the model and their significances (p-values). The null hypothesis is that the coefficients (β) of the explanatory variables are zero (i.e. the explanatory variable has no impact in the model). If the significance is given to be less than 0.05, then the explanatory variable is said to be significant at the 5% level and the null hypothesis should be rejected. In other words, if the significance is less than 0.05 for a given explanatory variable, said variable is deemed to have an impact.

Table 5.10: Variables and interactions used in the model and their significances

Variable	Significance
Route	0.351
Fleet Number	0.002
Time Period	0.051
Month	0.000
DriverID	0.000
Mean Stop Spacing [km]	0.586
Route * Fleet Number	0.000
Route * DriverID	0.000
Route * Mean Stop Spacing	0.270
Route * Time Period	0.050

The model fitted the 3,763 journeys selected at random by SPSS with an adjusted R^2 value of 0.519. Given the large p-value (significance) for Mean Stop Spacing, and its interaction with the Route variable, it was concluded that Mean Stop Spacing may not be an important explanatory variable. To verify this, the model was re-run excluding the Mean Stop Spacing, and the adjusted R^2 value of the revised model fitted to the same 3,763 journeys was also 0.519. This fits with the observations in Section 5.4.2, but the fact that the model were only run for a random subset of 10% of the data should be borne in mind.

5.6.1 Limitations of the model

The adjusted R^2 value of 0.519 indicates that the explanatory variables proposed in Section 5.5.1 are helpful in explaining the observed variation in the energy consumption data, but do not explain everything. Furthermore, it is not clear whether the random 10% of the data selected could be classed as a fair sample. In any case, there are potentially three main sources of additional variation:

- **Errors in the data.** It is possible that some data were incorrectly matched to a schedule and are not a true reflection of the actual energy consumption.
- **Passenger loadings and behaviour.** Although considering the time of day might account for some of the overall trends in passenger loading, passenger numbers will have varied from journey to journey. Variation in passenger numbers not only leads to a variation in overall train mass, but can also have an impact on the hotel load and auxiliary systems — for example, some HVAC systems adjust themselves automatically with passenger numbers, airflow and on-board temperature. Additionally, the use of power doors and charging points for phones and laptops (where provided) will vary between journeys.
- **Train reliability and schedule perturbations.** The data were filtered so that incomplete and significantly delayed journeys were not included in the analysis (Chapter 4). However, there was still some scope for deviation from the overall schedule and it is therefore possible for journeys to have been affected by signal checks and other sources of delay (it is noted that, particularly on long-distance journeys, a train can be delayed significantly near the beginning of the journey and still make up enough time to be within the set punctuality limits at the destination). It is also noted that short term maintenance issues and problems with auxiliary equipment are not accounted for but could also impact the energy consumption.

In its current form, the model is of limited practical use. The first reason for this is that, with 19 distinct routes and 550 drivers, the number of dummy variables and associated co-efficients is large, making it unwieldy to implement. The second reason for this is that it only applies to existing trains, drivers and routes and cannot be extrapolated for new drivers or additions to the train fleet. To address these issues, a simplified model is proposed — this is discussed in the next section.

5.7 A simplified model

In order to reduce the number of variables and make the General Linear Model more applicable to the real-world, two key changes were made. Firstly, the DriverIDs were assigned an efficiency rating which was used as an explanatory variable in place of the ID itself. The efficiency ratings were assigned according to the mean net energy consumption of the driver, using the 25th, 50th and 75th percentile points. The criteria are summarised in Table 5.11. Although the introduction of a new driver could alter the statistics, this is a useful starting point for broadly grouping the drivers.

Table 5.11: Driver efficiency ratings

Efficiency Rating	Criteria	Range of Mean Energy Consumption [kWh per train-km]
1	Mean energy consumption below the first quartile for all drivers	$E < 12.62$
2	Mean energy consumption between the first quartile and the median for all drivers	$12.62 \leq E < 13.00$
3	Mean energy consumption between the median and the third quartile for all drivers	$13.00 \leq E < 13.32$
4	Mean energy consumption above the third quartile for all drivers	$E \geq 13.32$

Secondly, the months were replaced with broader seasonal groupings: Spring (March to May), Summer (June to August), Autumn (September to November) and Winter (December to February).

Finally, although it did not appear to be important explanatory variables in the initial General Linear Model when applied to a random 10% subset of the data, Mean Stop Spacing was included in the simplified model. This was primarily because of concerns that the random 10% subset may not have been representative of the whole dataset; although it would have been possible to investigate it further by running the model on a number of small random samples, the reduced complexity of the new model meant that it was no longer necessary to use a small sample of the data.

Table 5.12 summarises the variables used in the model and the significances calculated by SPSS, both when it was run for the same 10% sample as before and when it was run for the whole dataset.

Table 5.12: Variables and their significance in the simplified explanatory model

Variable	Significance	
	When applied to 10% sample	When applied to whole dataset
Route	0.003	0.000
Efficiency Rating	0.000	0.000
Time Period	0.004	0.188
Fleet Number	0.003	0.003
Season	0.000	0.000
Mean Stop Spacing [km]	0.019	0.035
Route * Efficiency Rating	0.120	0.000
Route * Time Period	0.000	0.000
Route * Fleet Number	0.004	0.000
Route * Season	0.005	0.000
Route * Mean Stop Spacing	0.000	0.000

The adjusted R^2 value of the model was 0.436 when applied to the random 10% sample, falling to 0.423 when applied to the whole dataset. This is lower than the adjusted R^2 values from the original general linear model. It may be that the driver efficiency groupings are too broad, whilst the seasonal groupings may not accurately reflect the variations in temperature and weather which are thought to have an impact. There is therefore a balance to be struck between detail and keeping a manageable number of variables. Driver behaviour is investigated further in Chapter 8, whilst regenerative braking and the hotel load (which are thought to be dependent on weather and temperature accordingly) are considered in Chapter 6.

5.7.1 Sample parameters

The simplified model to describe the mean net energy consumption E can be written in the following form:

$$E = A + B_1 + B_2 + B_3 + B_4 + B_5 + B_6x \quad (5.1)$$

where:

- A is a constant.
- B_1 is determined by the Route.
- B_2 is determined by the driver Efficiency Rating and its interaction with the Route.
- B_3 is determined by the Time Period and its interaction with the Route.
- B_4 is determined by the Fleet Number and its interaction with the Route.
- B_5 is determined by the Season and its interaction with the Route.
- B_6 is determined by the Mean Stop Spacing and its interaction with the Route.
- x is the Mean Stop Spacing (in km).

The large fleet size (53) and number of routes (19) mean that the model has 800 different parameters in total. In order to investigate whether the predicted effects of the model seem sensible, one route (Euston to Wolverhampton) and one train in the Fleet (390 001) were selected. Having fixed the Route and Fleet Number, the number of remaining parameters — summarised in Table 5.13 — was greatly reduced. The parameters given in Table 5.13 were generated by SPSS when the model was applied to the whole dataset.

Table 5.13: Parameters generated by SPSS for the Simplified Model, where the Fleet Number is 1 and the Route is Euston to Wolverhampton (EUS_WVH)

Model Term	Explanatory Variable	Individual Parameter	Interaction Parameter ¹	Total Parameter Value
A	(Intercept)	13.794	n/a	13.794
B ₁	Route = EUS_WVH	0.764	n/a	0.764
B ₂	Driver Efficiency = 1	-1.419	0.139	-1.280
	Driver Efficiency = 2	-0.936	0.033	-0.903
	Driver Efficiency = 3	-0.596	0.092	-0.504
	Driver Efficiency = 4	0.000	0.000	0.000
B ₃	TimePeriod = EveningPeak	-0.215	-	-
	TimePeriod = MorningPeak	2.227	-	-
	TimePeriod = Night	0.074	-0.435	-0.361
	TimePeriod = OffPeak	0.860	-0.806	0.054
	TimePeriod = Weekend	0.000	0.000	0.000
B ₄	FleetNumber = 1	0.257	-0.115	0.142
B ₅	Season = Autumn	-0.386	-0.269	-0.655
	Season = Spring	-0.553	-0.006	-0.559
	Season = Summer	-0.792	-0.234	-1.026
	Season = Winter	0.000	0.000	0.000
B ₆	MeanStopSpacingKm	-0.036	0.025	-0.011

¹These are the parameters for the interaction terms between the explanatory variables and the Route = EUS_WVH

Using the parameters in Table 5.13, Equation (5.1) can be re-written as follows for the first train in the fleet (390 001) running between Euston and Wolverhampton, for a mean stop spacing of x km:

$$E = 14.7 + \begin{pmatrix} \text{Efficiency} = 1 \\ \text{Efficiency} = 2 \\ \text{Efficiency} = 3 \\ \text{Efficiency} = 4 \end{pmatrix} + \begin{pmatrix} \text{EveningPeak} \\ \text{MorningPeak} \\ \text{Night} \\ \text{OffPeak} \\ \text{Weekend} \end{pmatrix} + \begin{pmatrix} \text{Autumn} \\ \text{Spring} \\ \text{Summer} \\ \text{Winter} \end{pmatrix} - 0.011x \quad (5.2)$$

From Table 5.13, the different values for the Driver Efficiency ratings are as follows:

$$\begin{pmatrix} \text{Efficiency} = 1 \\ \text{Efficiency} = 2 \\ \text{Efficiency} = 3 \\ \text{Efficiency} = 4 \end{pmatrix} = \begin{pmatrix} -1.280 \\ -0.903 \\ -0.504 \\ 0 \end{pmatrix}$$

It can be seen that, as would be expected, the change from the least efficient drivers (Efficiency Rating 4) through to the most efficient drivers (Efficiency Rating 1) reduces the energy consumption E . Similarly, the different values for the seasons are as follows:

$$\begin{pmatrix} \text{Season} = \text{Autumn} \\ \text{Season} = \text{Spring} \\ \text{Season} = \text{Summer} \\ \text{Season} = \text{Winter} \end{pmatrix} = \begin{pmatrix} -0.655 \\ -0.559 \\ -1.026 \\ 0 \end{pmatrix}$$

This leads to E being lowest in the summer months and highest in winter, in line with what can be observed in Figure 5.18. Finally, the different values for the Time Period are as follows:

$$\begin{pmatrix} \text{EveningPeak} \\ \text{MorningPeak} \\ \text{Night} \\ \text{OffPeak} \\ \text{Weekend} \end{pmatrix} = \begin{pmatrix} - \\ - \\ -0.361 \\ 0.054 \\ 0.000 \end{pmatrix}$$

The observed relationship, in which journeys at night consume less energy than weekend journeys, and weekday off-peak journeys consume a little more does not seem unreasonable (although it is at odds with the pattern observed for the Class 323 trains in Figure 5.17). In this case, it is likely that weekend and night-time journeys have more slack in the timetable (perhaps to allow for Engineering Work) and therefore have a lower running speed. The problem, however, is that there are no data for peak journeys on this route. Hence it is likely overall that the model is affected by a lack of data.

Choosing off-peak journeys with a mean stop spacing of $x = 33.7\text{km}$, the estimates of net energy consumption, E , in terms of kWh per train-km, are given in Table 5.14 for the different seasons and driver efficiencies.

Table 5.14: Estimated values of E using the Simplified Model for off-peak journeys between Euston and Wolverhampton

	Season = Autumn	Season = Spring	Season = Summer	Season = Winter
Driver Efficiency = 1	12.4483	12.5443	12.0773	13.1033
Driver Efficiency = 2	12.8253	12.9213	12.4543	13.4803
Driver Efficiency = 3	13.2243	13.3203	12.8533	13.8793
Driver Efficiency = 4	13.7283	13.8243	13.3573	14.3833

Considering Figure 5.9, the estimates for net energy consumption in Table 5.14 seem plausible. Furthermore, the mean of all the values in Table 5.14 is 13.15 kWh per train-km, which is about 3% less than the mean value for the route given in Table 5.6, and well within one standard deviation.

5.7.2 Further testing of the model

Having shown that the mean net energy consumption can be reasonably described by the model, taking the form given in Equation (5.1), it was decided to test whether the model could in future be used to predict the energy consumption for new routes. In order to do this, the 2,222 journeys corresponding to Euston to Wolverhampton, considered in Section 5.7.1, were removed from the dataset, and SPSS was used to recreate the model on the remaining 35,511 journeys. The recreated model was checked and then used to predict the energy consumption for journeys between Euston and Wolverhampton; the results were compared with those in Section 5.7.1.

Of the remaining routes, the one between Euston and Birmingham was taken to be most similar to the route between Euston and Wolverhampton, because it is of similar length and initially covers the same sections of track. Table 5.15 summarises the model parameters for this route, where the Fleet Number is 1.

Table 5.15: Parameters generated by SPSS for the Simplified Model on a reduced dataset, where the Fleet Number is 1 and the Route is Euston to Birmingham (EUS_BHM)

Model Term	Explanatory Variable	Individual Parameter	Interaction Parameter ¹	Total Parameter Value
A	(Intercept)	13.794	n/a	13.794
B_1	Route = EUS_BHM	3.146	n/a	0.764
B_2	Driver Efficiency = 1	-1.419	0.169	-1.250
	Driver Efficiency = 2	-0.936	0.308	-0.628
	Driver Efficiency = 3	-0.596	0.203	-0.393
	Driver Efficiency = 4	0.000	0.000	0.000
B_3	TimePeriod = EveningPeak	-0.215	0.323	0.108
	TimePeriod = Morning Peak	2.227	-	-
	TimePeriod = Night	0.074	-0.667	-0.593
	TimePeriod = OffPeak	0.860	-0.775	0.085
	TimePeriod = Weekend	0.000	0.000	0.000
B_4	FleetNumber = 1	0.257	-0.496	-0.239
B_5	Season = Autumn	-0.386	-0.157	-0.543
	Season = Spring	-0.553	-0.015	-0.568
	Season = Summer	-0.792	-0.094	-0.886
	Season = Winter	0.000	0.000	0.000
B_6	MeanStopSpacingKm	-0.036	-0.009	-0.045

¹These are the parameters for the interaction terms between the explanatory variables and the Route = EUS_BHM

It can be seen from Table 5.15 that the parameter values continue to follow expected patterns for Driver Efficiency and Season. Following the same methodology used in Section 5.7.1 the estimates of net energy consumption, E , in terms of kWh per train-km, are given in Table 5.16 for the different seasons and driver efficiencies on the route between Euston and Birmingham. As before, off-peak journeys were chosen, but a stop-spacing of 45.3km was used, as it is more typical of services on this route.

Table 5.16: Estimated values of E using the Simplified Model for off-peak journeys between Euston and Birmingham

	Season = Autumn	Season = Spring	Season = Summer	Season = Winter
Driver Efficiency = 1	12.9545	12.9295	12.6115	13.4975
Driver Efficiency = 2	13.5765	13.5515	13.2335	14.1195
Driver Efficiency = 3	13.8115	13.7865	13.4685	14.3545
Driver Efficiency = 4	14.2045	14.1795	13.8615	14.7475

The values in Table 5.16 compare favourably with Figure 5.9, and the overall mean of 13.68 kWh per train-km is within one standard deviation of the mean for the route between Euston and Birmingham given in Table 5.6.

Using this data to estimate values of energy consumption for the route between Euston and Wolverhampton is more problematic, however. Although they are ostensibly similar routes, the value of B_1 in Table 5.15 differs considerably from that in Table 5.13. Using the values in Table 5.15 for off-peak journeys and a mean stop-spacing of 33.7km, which is more appropriate for the Euston to Wolverhampton route, a mean net energy consumption of 14.20 kWh per train-km was predicted — significantly higher than that predicted in Section 5.7.1 and that observed in Section 5.4.2.

It can therefore be concluded that although the model can be used to predict energy consumption where data about a given route already exists, it can not currently be used to predict absolute values of energy consumption for routes not in the dataset (although it may be useful for predicting some general trends in terms of driving style and time of year). In order to make the model more generally applicable, more generic explanatory variables to describe the different characteristics of a route would need to be found. This would require the acquisition of more detailed route data, including gradients and line speed limits.

5.8 Conclusions

Significant variation in net energy consumption for different trains over different journeys has been observed. There is a big difference between the suburban trains operated by London Midland and the intercity services operated by Virgin Trains. Train design is an important factor, with the intercity trains being longer, faster and heavier overall, and there are differences between the routes operated.

It was postulated that much of the variation for a given train was caused by driving style, aspects of the route and service, other aspects of the train (such as variations within a particular class of train) and temporal factors such as time of day and time of year. Some initial observations were made and some explanatory variables for use in general linear modelling were defined. It was indeed found that much of the variation could be explained by the suggested factors, with driving style and route being the most important. It was not possible to ascertain the impacts of driving style for the London Midland fleet, due to a lack of data. Despite the fact that it cannot therefore be stated that driving style would continue to be a dominant factor, it is noted that suburban services have greater potential for driving style to make an impact, due to the higher frequency of stops. It is, however, interesting to note that variations between routes are apparently much more important for suburban journeys, with mean stop spacing becoming less important for intercity services than it is for inner suburban services. This is thought to be because the stops are more dominant on suburban services — intercity services tend to feature long periods of higher speed running.

SPSS was used to fit a multiple explanatory variable General Linear Model to the data for the nine-carriage Pendolino, which had the most comprehensive dataset. For the random sample of data chosen there was a good fit, but there are clearly other reasons for the variation in energy consumption, which were briefly put forward. The General Linear Model was found to be too complex — the large numbers of dummy variables needed for all the drivers made it quite unwieldy. Hence some simpler explanatory variables were suggested, including the use of an “efficiency rating” in place of an individual DriverID. Although the simpler models did not explain so much of the variation, similar trends were observed in terms of the significance of the different factors.

It was found that the parameters generated by SPSS for the simpler models were plausible, and could be used to predict the mean net energy consumption of a train. However, without better data to describe and differentiate the various routes, such models have limited applicability to new routes for which data are not already available.

Clearly, driving style, aspects of the route and service and temporal factors do have an impact on the net energy consumption of a train. Chapter 6 considers the importance of hotel load and the impact of regenerative braking, both of which may be affected by route

and temporal factors. Features of the route are explored further when modelling energy consumption in Chapter 7 and driving style is investigated in more detail in Chapter 8.

Chapter 6

Regenerative braking, the hotel load and non-revenue operation

6.1 Introduction

The benefits of regenerative braking were quantified from the energy metering data supplied by the two TOCs, since the meters and monitoring systems recorded how much energy was recovered via the regenerative braking system in each monitoring period. This chapter summarises the findings and performs some basic analysis of variance (using the same linear modelling techniques performed for the net energy consumption in Chapter 5) to examine how the performance of a regenerative braking system might be affected by different factors.

It was not possible to measure the hotel load directly, because the metering and monitoring systems made no distinction between energy consumed by the auxiliary systems and energy consumed by the traction systems. Instead, attempts were made at inferring the probable size of the hotel load by considering the energy consumption when the trains were stationary, on the basis that the energy consumed by the traction systems should be zero.

Finally, this chapter considers the impact of non-revenue running and idling — the analysis in Chapter 5 was for energy data recorded during passenger journeys, whilst it is arguable that all energy consumption needs to be considered as a necessary part of providing a train service.

6.2 The effect of regenerative braking

With the exception of the Class 321, all of the trains analysed are fitted with regenerative braking systems. For each journey analysed, the mean fraction of the gross energy recovered by the regenerative braking system was calculated. Table 6.1 summarises the resulting data.

Table 6.1: Descriptive statistics for the percentage of gross energy recovered by regenerative braking

	323	350	390 (9-carriage)	390 (11-carriage)
Mean fraction of gross energy regenerated [%]	23.08	16.80	15.49	15.56
Standard Deviation	4.32	4.38	3.44	3.23
Median fraction of gross energy regenerated [%]	23.00	16.00	15.00	15.00
1st Quartile	20.00	14.00	13.00	13.00
3rd Quartile	26.00	19.00	18.00	18.00
Interquartile Range	6.00	5.00	5.00	5.00
Minimum recorded fraction of gross energy regenerated [%]	6.00	5.00	0.00	6.00
Maximum recorded fraction of gross energy regenerated [%]	35.00	31.00	34.00	29.00

The fraction of energy saved through regenerative braking is in line with other observations which suggests that 15 to 20% is typical, rising further for some inner suburban services (Railwaygazette.com, 2012). It was noted in Chapter 5 that the Class 323 trains predominantly operate inner-suburban services (defined as having a mean stopping spacing of less than 10 km), whilst the Class 350s operate a range of inner-suburban, outer-suburban (mean stopping spacing of 10 – 20 km) and inter-urban services (mean stopping spacing of 20 – 50 km). The Pendolinos operate a mix of inter-urban and inter-city services (mean stopping spacing of more than 50 km). It can thus be concluded from Table 6.1 that the proportion of energy regenerated varies with stopping density;

this is intuitively correct, because stopping services will involve more periods of braking. It is also noted that for some Pendolino services no energy was recovered from the regenerative braking system. This is probably because the sample size was big enough to include rare cases when the regenerative braking system was inoperative, and adds weight to the suggestion put forward in Chapter 5 that the reliability of some on-train systems is a factor in the variation of the net energy consumption. Figure 6.1 and Figure 6.2 show the distribution of the data for the Class 323 trains and the Class 350 trains respectively, whilst Figure 6.3 shows the distribution of the data for the nine-carriage Pendolino trains and Figure 6.4 shows the distribution for the 11-carriage Pendolino trains.

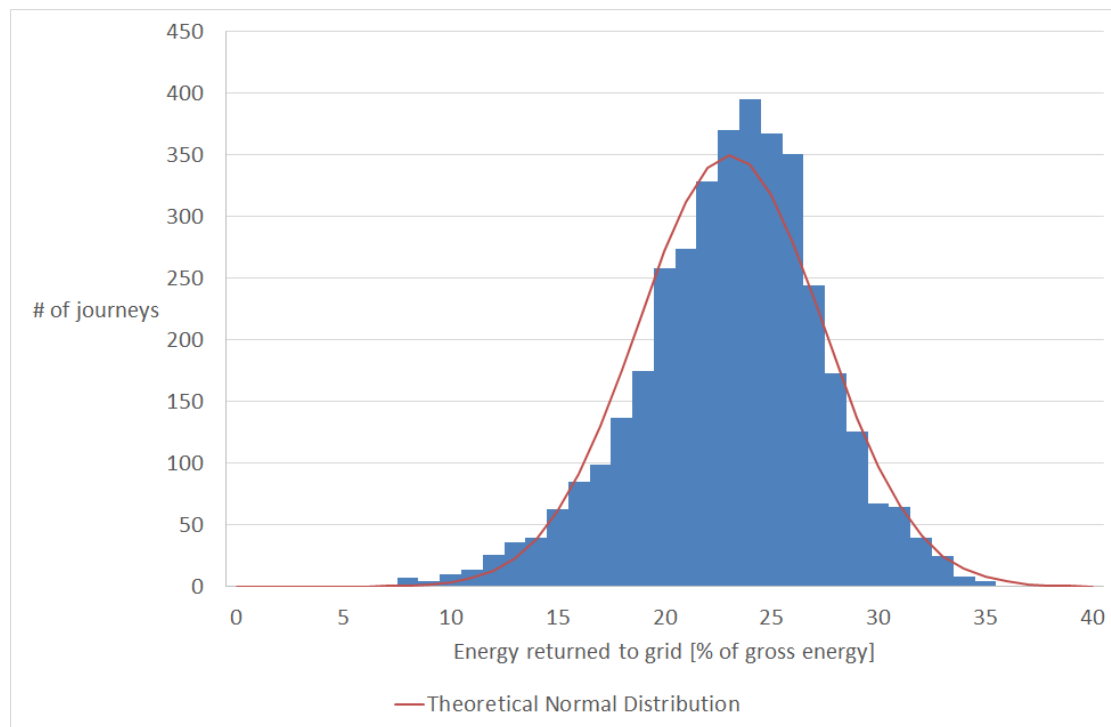


Figure 6.1: Frequency distribution of the energy regenerated on journeys operated by Class 323 trains

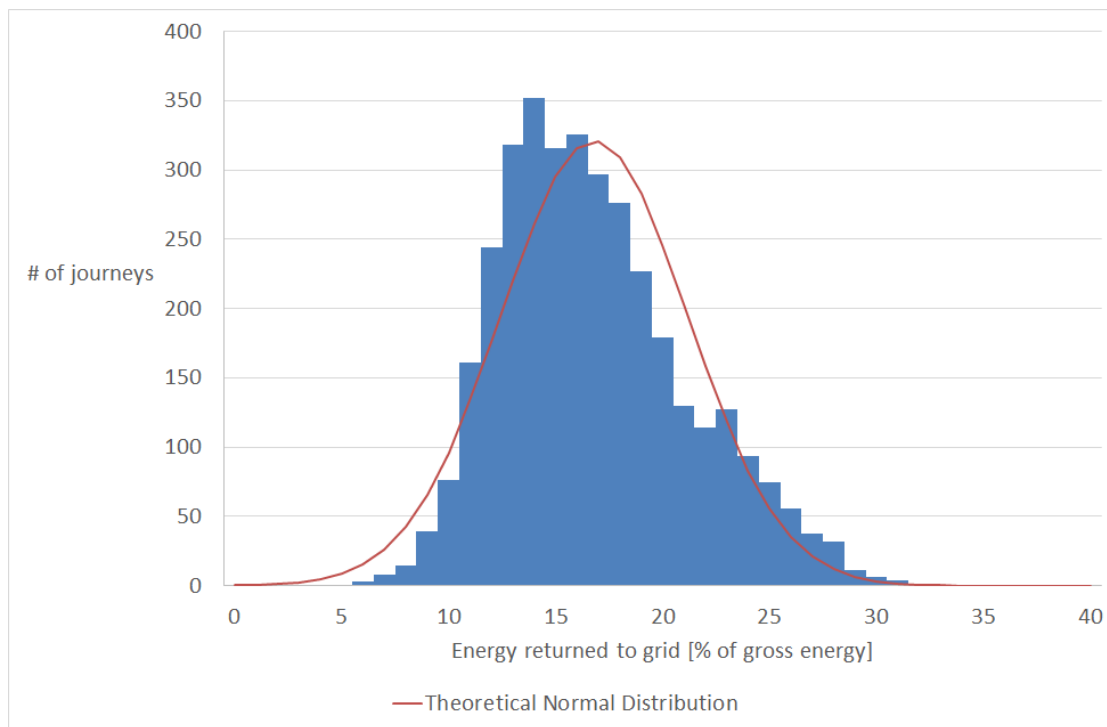


Figure 6.2: Frequency distribution of the energy regenerated on journeys operated by Class 350 trains

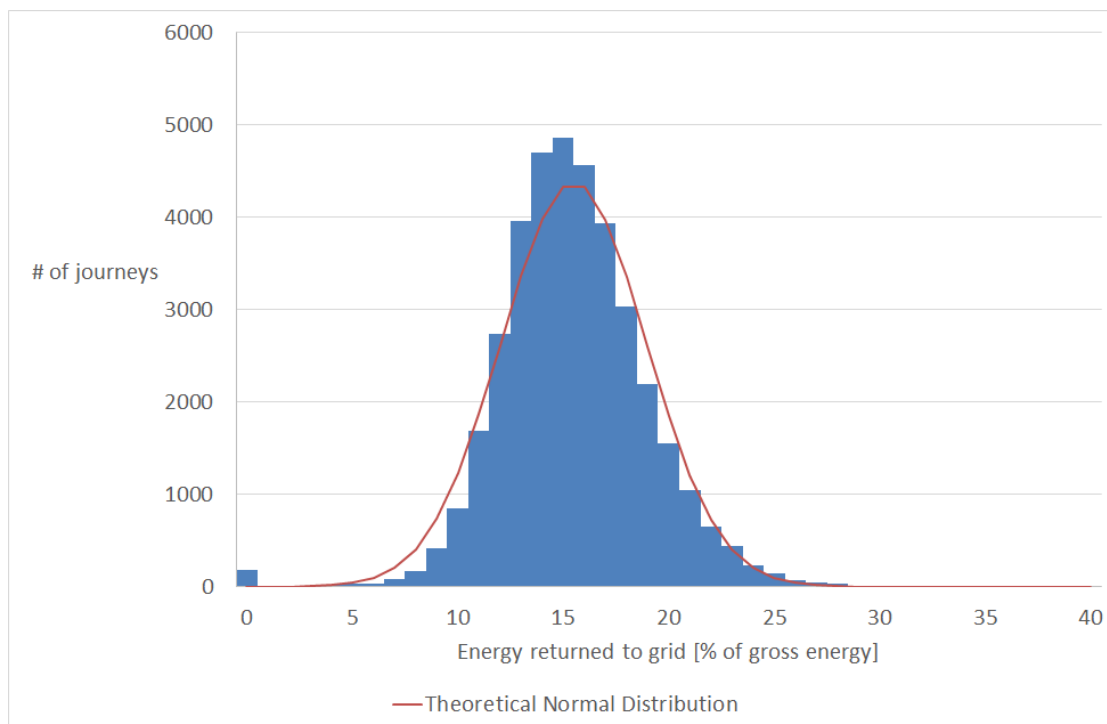


Figure 6.3: Frequency distribution of the energy regenerated on journeys operated by nine-carriage Pendolino trains

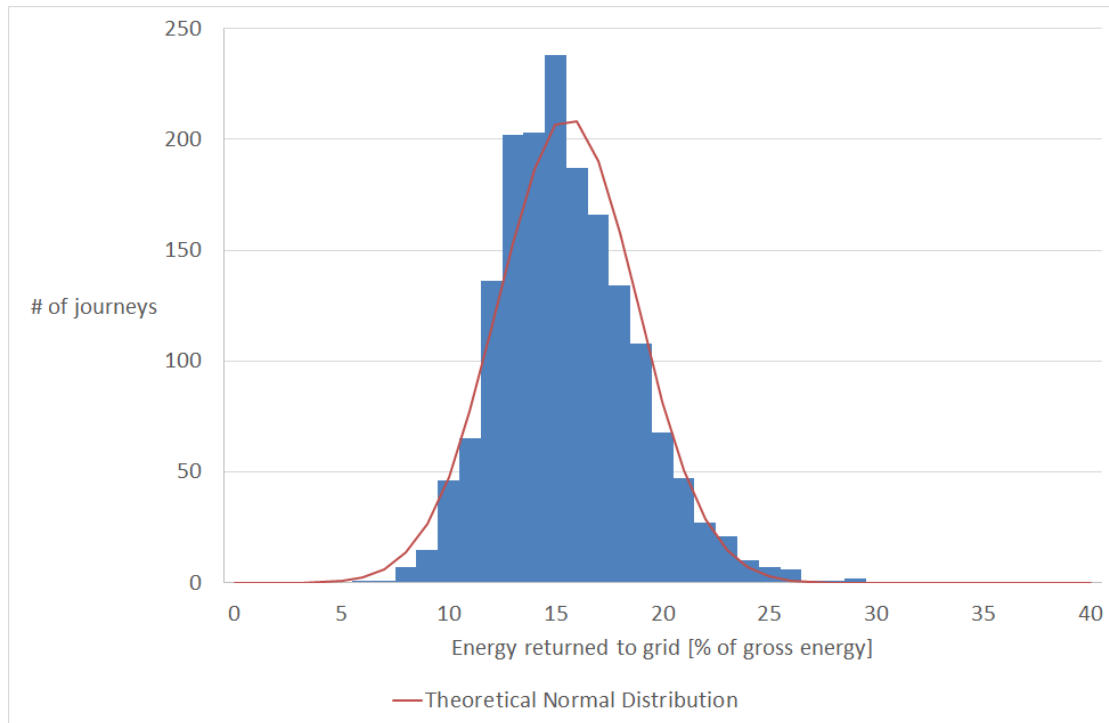


Figure 6.4: Frequency distribution of the energy regenerated on journeys operated by 11-carriage Pendolino trains

As with the distribution of values for the net energy consumption (Chapter 5) some skewness is evident in Figures 6.1 to 6.4. This is probably because some services and routes are more prevalent in the data than others — it has already been noted that stopping patterns are likely to be an important factor in the amount of energy which is recovered.

It seems, generally, that the variation in energy recovered can be explained by the same key factors describing the variation in net energy consumption overall. As well as stopping patterns, it is also likely that some aspects of the route infrastructure have an impact — gradients are likely to affect the amount of braking force required, whilst variations in line speed limits could also dictate the amount and severity of braking required. The severity of the braking will affect how much of the braking force can be provided by motor braking (through which energy can be regenerated) and how much friction braking force (through which energy is dissipated rather than recovered) is required. Hence it is also likely that individual driving style is a factor. Because adhesion levels can affect braking performance, the weather is expected to be a factor (with wet and icy rails reducing adhesion), and some of the monthly variation observed in Chapter 5 (Figure 5.18) may be attributable to variations in the weather and the resulting regenerative braking performance. Other temporal factors, such as time of day, are likely to be less significant in this case, but are considered nonetheless, because rail conditions may vary throughout the day, especially in winter, when ice is more prevalent in the morning and the evening. The variations in train mass caused by the variations

in passenger loading may also be a factor. Finally, although they are probably less significant for regenerative braking performance than they are for overall variations in net energy consumption, the variations between different sub-classes of train (for the Class 350) and the operation of trains in multiple is considered.

6.3 Single variable linear regression modelling to test the significance and importance of the different possible explanatory variables

Following the same methodology as that in Chapter 5, a single variable linear regression model was developed in SPSS to investigate the explanatory power of the chosen variables. Having noted above that the performance of the regenerative braking system is likely to be affected by similar factors to those which affect the net energy consumption as a whole, although perhaps not to the same extent, the explanatory variables chosen for investigation were the same as those set out in Chapter 5 (Table 5.7). Table 6.2 summarises the adjusted R^2 values generated by single explanatory variable models in SPSS. All of the variables were found to have significance values (p-values) of less than 1%, meaning that they are indeed likely to have an impact on the fraction of energy regenerated.

Table 6.2: Adjusted R^2 values created by single explanatory variable models

Factor	323	350	390 (9-carriage)
Route	0.248	0.675	0.192
Mean Speed	0.018	0.126	0.138
Mean Stop Spacing	0.004	0.471	0.072
Sub Class		0.015	
Unit Count	0.049	0.018	
Fleet Number	0.071	0.047	0.009
Time Period	0.007	0.004	0.025
Month			0.025
Year			0.030
Driver ID			0.170

Using the adjusted R^2 values in Table 6.2, Table 6.3 ranks the variables by explanatory power, with the highest adjusted R^2 values deemed to be the most important.

Table 6.3: Ranking of explanatory variables by adjusted R^2 value

Variable Ranking	323	350	390 (9-carriage)
1	Route	Route	Route
2	Fleet Number	Mean Stop Spacing	Driver ID
3	Unit Count	Mean Speed	Mean Speed
4	Mean Speed	Fleet Number	Mean Stop Spacing
5	Time Period	Unit Count	Year

Table 6.2 and Table 6.3 can be compared with Table 5.8 and Table 5.9 in Chapter 5 respectively. It is noted that, in general, the adjusted R^2 values which explain the variation in amount of energy regenerated are higher than those in Chapter 5 which explain the variation in total net energy consumed. This is assumed to be because some of the additional sources of variation suggested in Chapter 5 are less applicable for the regenerative braking system. Whereas the regenerative braking system is thought to be as susceptible as any other component to reliability issues and performance fluctuations; the regenerative braking system is unaffected by varying demands on the HVAC systems, for example.

The dominant factor appears to be the route, for which it is postulated that gradients, line speed limits and the position of stops are important. In the case of the inner-suburban services operated by Class 323 trains, the mean stop spacing was not ranked as important. It is suggested that this might be because, once a certain stopping density is reached, the addition of extra stops does not significantly add to the overall braking time and other factors begin to dominate. In contrast, on less suburban services, the addition of stops can make a big difference to the number of braking periods on the service overall. It is interesting to note, however, that the correlation between mean stop spacing and the amount of energy regenerated was positive in each case, which seems counter-intuitive. Similarly, when considering the mean running speed, the coefficient of correlation with the regenerated energy was positive in each case. It is possible that this could be because when finally bringing a train to a halt some friction braking is needed, whilst at higher speed an application of the brakes could involve purely relying on the motor braking force from which energy is regenerated. Furthermore, whereas the addition of a stop increases the number of braking periods in which energy can be recovered, it also increases the number of acceleration periods, which can lead to increased energy consumption overall. There may therefore come a point where although the amount of energy regenerated increases, the energy regenerated as a proportion of gross energy consumption does not similarly increase.

It is therefore suggested that there is an optimum stop spacing below which the train does not reach higher running speeds, and although the number of braking periods is

higher, the regenerative efficiency of each one is lower. Similarly, above such an optimum stop spacing, periods of running at constant speed become the dominant aspect of a service and there is less opportunity for energy to be recovered through braking. There is scope for further research in this area.

The apparent importance of Fleet Number might hint at the impact of equipment reliability and maintenance schedules, especially in the case of the Class 323 and Class 350, where the time period covered by the data is not sufficient enough to include complete maintenance cycles. However, it is thought that the Fleet Number might appear more significant than it is because different trains may have operated different services more frequently; this could similarly be the case for Unit Count given that some services are operated in multiple more than others.

No driver data were available for the Class 323 and Class 350 trains, but it is clear from the results for the Pendolino that driving style could well be a factor. This is intuitive for two main reasons. Firstly, the gross energy consumed is dependent on the driving style, and in relative (percentage) terms, the energy regenerated will be influenced accordingly. Secondly, it has already been noted that the severity of the braking affects how much of the braking force can be provided by the motor braking component, through which energy is regenerated. If a driver has a tendency to brake severely enough to rely more heavily on the friction braking force then less energy may be recovered than otherwise. Driving style is explored in more detail in Chapter 8.

6.4 Estimating the hotel load

The hotel load is defined in this case as all energy consumption not directly related to the train motion (Section 3.1.5) — including HVAC systems, lighting and other auxiliary power. HVAC equipment is generally responsible for the most significant part of this consumption, with a clear dependence on climate conditions (Powell, González-Gil, and Palacin, 2014). Existing estimates of the typical size of the hotel load range from 5% of the traction energy (RSSB, 2011) to more than 30% of the energy consumed (assumed to be net consumption, taking into account any regenerative braking) (UIC, 2003). Attempts were made to estimate the hotel load from the empirical datasets used here, by considering the energy consumption of the trains when they were stationary.

6.4.1 Energy consumption when the train is stationary

Stationary energy consumption was calculated by considering those energy readings where the train remained in the same location as the previous reading. These were identified using the following criteria:

- The GPS data for the reading was mapped to the same point on the UK railway network as the previous reading (see Chapter 4 for details of how the GPS data were matched to the network).
- The mapping error for the reading was within 10m of the mapping error of the previous reading; this is because it is possible for a train to have moved and still be mapped to the same point. Keeping the difference in mapping errors small helps exclude such cases.
- The recorded energy returned to the grid via the regenerative braking system was zero; a non-zero reading implies that the train is slowing down rather than stationary.

In order to estimate the hotel load, further criteria were used to filter the set of stationary energy consumption data obtained:

- Readings identified as being taken whilst the train was mapped to a depot or siding were ignored, on the basis that energy consumption monitored in a depot is unlikely to be representative of the hotel load whilst in passenger service.
- Readings taken overnight (between 11pm and 6am) were ignored, on the basis that if not in a depot the train is still likely to be parked out of service.
- Readings for which the energy consumption was recorded as zero were ignored.

A summary of the filtered stationary energy consumption data for the London Midland Class 323 and the Virgin Trains Pendolino (nine-carriage) is given in Table 6.4. For the Pendolino, data were also filtered by year, and only data for 2010 and 2011 (the whole years in the dataset) are included in Table 6.4. The reason for this is that the number of stationary points in the whole dataset was too big to be processed by Microsoft Excel.

Table 6.4: A summary of the stationary energy consumption for two different types of train

Train	Class 323	Class 390 (9-carriage)
Number of stationary readings	101,711	700,108
Mean energy consumption [kWh per minute]	1.07	3.37
Standard Deviation	1.14	2.17
Median energy consumption [kWh per minute]	0.84	3.2
1st Quartile	0.67	2.8
3rd Quartile	1.04	3.8
Interquartile range	0.37	1
Observed Minimum [kWh per minute]	0.01	0.2
Observed Maximum [kWh per minute]	22.3	84.2

The distribution of the data is shown graphically in Figure 6.5 and Figure 6.6 for the Class 323 and Pendolino respectively, where it can be seen that the overall mean and standard deviation are influenced by the presence of relatively large values in the dataset. Although there may be some erroneous readings in the data, it is assumed that most of these large values arise from cases where the train has not remained idling throughout the time period corresponding to the energy measurement in question. The time between readings is one minute for all London Midland trains and five-minutes for the Virgin Trains Pendolino, and during such times a train's operational status can vary significantly.

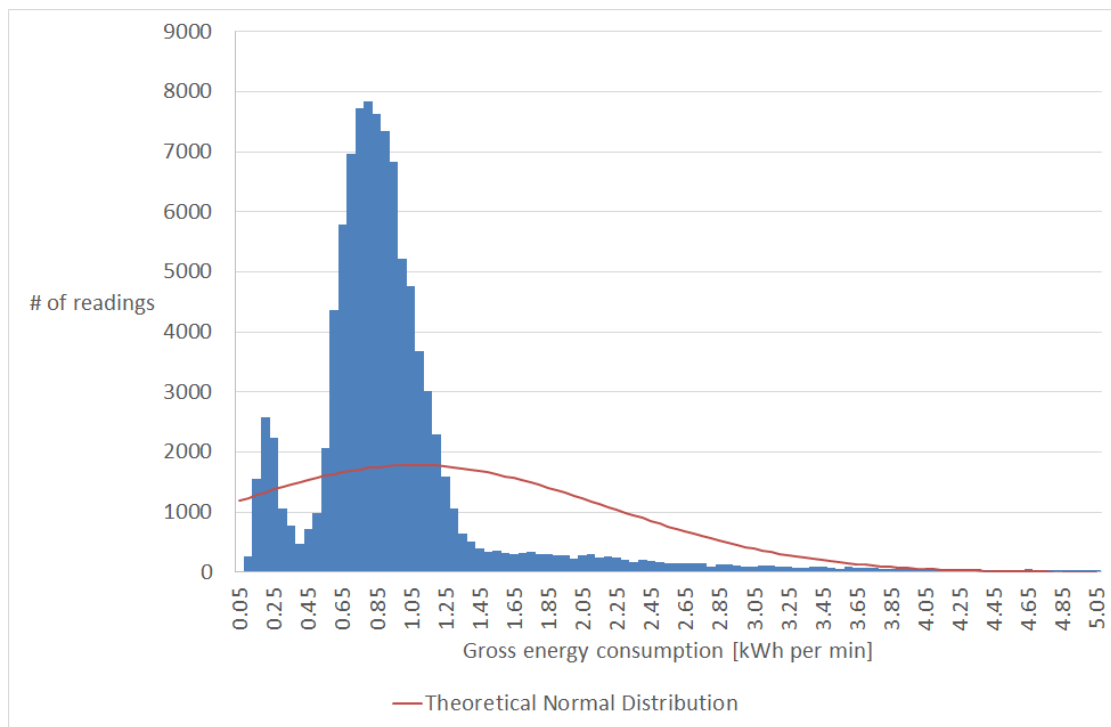


Figure 6.5: Frequency distribution for the stationary energy consumption of the Class 323 trains

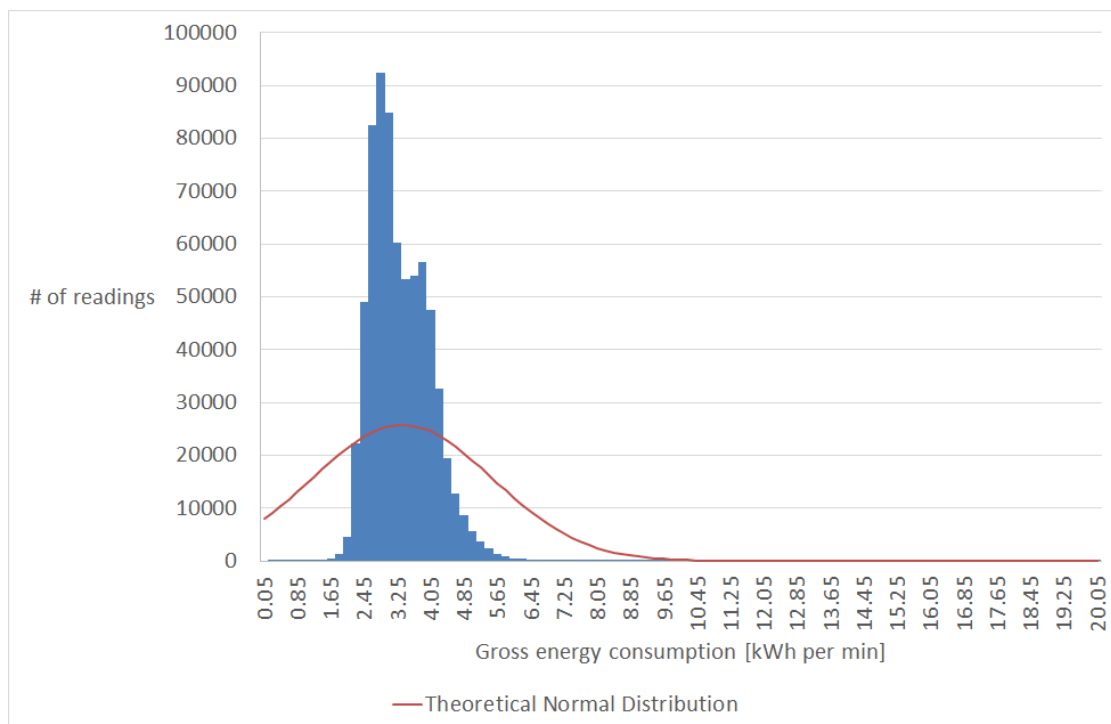


Figure 6.6: Frequency distribution for the stationary energy consumption of the Pendolino (9-car) trains

The smaller peak observed in the Class 323 data (Figure 6.5) is assumed to arise from the fact that not all data from when the trains were stabled have been excluded. This will be because if the train has been shut down in a station platform it won't have been identified as being in a siding or depot. Additionally, at some stations, it is hard to distinguish between the location of the platforms and the location of the stabling sidings. Although the hotel load during passenger operation would be expected to be higher (corresponding to the larger peak in Figure 6.5), on-board auxiliary systems are rarely shut down completely when a train is stabled. This is to facilitate cleaning operations, to prevent damage to vulnerable components due to freezing temperatures and to ensure that the conditions in the on-board environment (such as the temperature) are appropriate when the train is returned to service (Powell, González-Gil, and Palacin, 2014).

The higher resolution of energy readings for the London Midland data means that it is possible to identify potentially stationary readings whilst the train has been allocated to a service — if the train is stationary for more than a minute prior to departure, after arrival or even at intermediate station calls, it is likely that there will be associated energy readings which are flagged as stationary (the five-minute intervals of the Virgin Trains data mean that the energy consumption associated with stationary periods en route are generally impossible to isolate, but it is possible to capture data immediately prior to departure and after arrival). The distribution of stationary energy consumption where the train was allocated to a service is shown in Figure 6.7 for the Class 323, where it can be seen that the smaller peak observed in Figure 6.5 is no longer present. Considering only the data for the Class 323 when allocated to a service, the mean and median stationary energy consumption values are slightly higher than those given for all stationary readings in Table 6.4 (1.07 kWh per minute and 0.89 kWh per minute respectively).

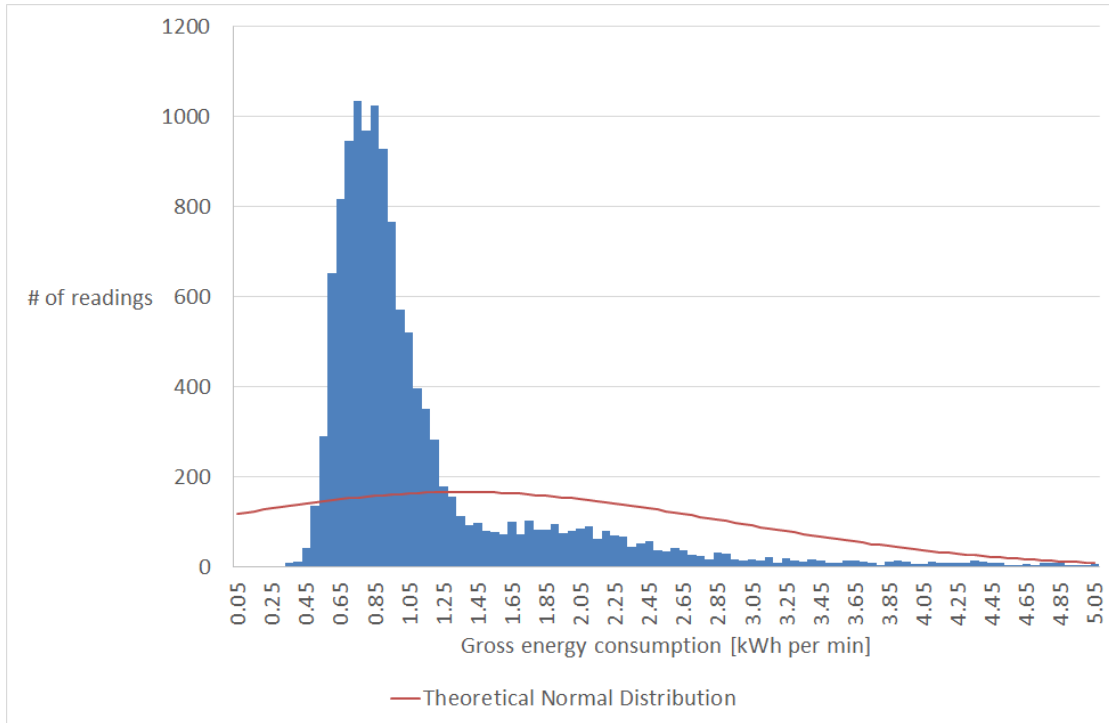


Figure 6.7: Frequency distribution for the stationary energy consumption of the Class 323 trains whilst allocated to a service

It is possible to estimate the hotel load for a given service by finding the average stationary energy consumption in terms of kWh per min and multiplying it by the duration of the service. This could then be stated as a fraction of the net energy consumed for the service. However, it was found that this appeared to significantly overestimate the hotel load — in some cases it was calculated to equate to more than 100% of the net energy consumed. One reason for this is that the number of stationary readings for a given service could be quite small, and even using the median rather than the mean to calculate the average stationary energy consumption did not eliminate the impact of excessively large readings. It is also likely that the stationary energy consumption recorded whilst the train is in a station is higher than the hotel load whilst the train is moving — this will be due to the opening and closing of powered doors, and the influx of air through open doors affecting the performance of thermostatically controlled HVAC systems.

6.4.2 Use of the Median Absolute Deviation to filter the data

To eliminate the problem of outliers, the Median Absolute Deviation (MAD) (Appendix E.2) was used to filter the data. Any reading more than one MAD away from the median was excluded.

One result of this was that some services were left with no stationary energy consumption data, and hence the hotel load could not be estimated in this manner. To get around

this, it was possible to use an average value of stationary energy consumption (in terms of kWh per minute) for the type of train to estimate the hotel load. This was also considered for the Virgin Trains data, for which it was almost impossible to allocate stationary readings to a particular service.

A key limitation of the use of single average values in this manner is that it doesn't allow for any variation to be accounted for. On the basis that HVAC systems are a key component of the hotel load, the variation in temperature was investigated.

6.4.3 Investigating the variation of the hotel load with temperature

Using the median as a more robust measure of the average stationary energy consumption in this case (because it is less susceptible to the excessively large readings), the variation in stationary energy consumption with estimated temperature (found by linking the position of the train with historical weather data — Chapter 4) is shown in Figure 6.8. For the London Midland data, this is based on all stationary energy readings, not just those which are linked with a service.

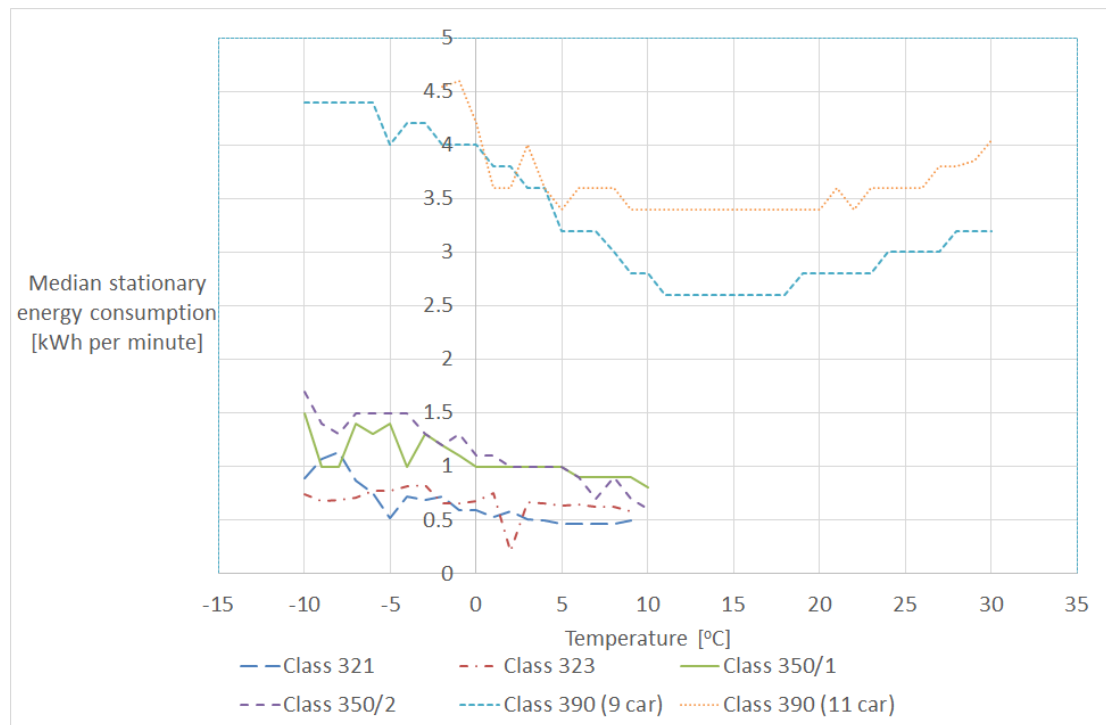


Figure 6.8: The variation in stationary energy consumption with temperature

Powell, González-Gil, and Palacin (2014), who did some empirical analysis of the Newcastle Metro trains when stabled, suggest that the variation of the hotel load with temperature could be split into three sections. Below a certain point (about 0°C in the case of the Metro study), the energy consumption was independent of temperature, as a result of the fact that the heating system operates at its maximum power rating

regardless. At the other end of the scale, above about 15°C, the energy consumption was also found to be independent of temperature, corresponding to the fact that the heating is always off. In between, the energy consumption was found to decrease linearly with temperature.

Figure 6.8 shows a general trend of decreasing stationary energy consumption between about -4°C and 10°C for the London Midland fleet, although there are some fluctuations, which may have arisen for several reasons. Firstly, the available data are not spread uniformly across the temperature range, and there may be some temperatures for which the sample size isn't large enough to be truly representative. Secondly, the estimation of temperature is very crude, based on a single figure recorded at a weather station some distance away from the train itself. Thirdly, it has not been possible to account for other factors which may affect the hotel load, such as the number of people on board (which will affect the internal temperature and the use of other on-board auxiliaries such as power sockets and powered internal doors), the time of day (which may affect the level of interior lighting) and whether the external doors are open. It should also be noted that the range of temperatures observed for the London Midland fleet is limited by the fact that the data were only taken from one month (January 2012). Of the trains in the London Midland fleet, the Class 350s have a higher stationary energy consumption than the others. They are of a newer design, and the implication is that any benefits of better insulation and a more efficient heating system are offset by the presence of air-conditioning and additional on-board electronics.

The energy consumption for the Pendolino appears to be lowest when the temperature is approximately 15°C. This reflects the fact that more heating will be required at lower temperatures, whilst the air-conditioning (not fitted on the Newcastle Metro) has to work harder at higher temperatures — if data were available for the London Midland fleet for the summer months, a similar trend would presumably be observed for the classes of train also fitted with air-conditioning. The stationary energy consumption is much higher for the Pendolino than it is for the London Midland trains; this will be due to the fact that it is a much longer train with more carriages and more on-board amenities (such as a buffet/shop and power sockets for laptops). It is also noticeable that the relative change with temperature is smaller for the Pendolino trains; this will partly be due the extra on-board amenities which are not temperature sensitive and partly because the passenger saloon is much better insulated from the outside (there are no opening windows and the external doors are set away from the seating area behind a set of internal doors).

6.5 Use of temperature data to enhance the estimations of the hotel load for specific journeys

Although the temperature data are crude, they were still useful in enhancing the estimates of the hotel load. For the Virgin Trains data, each service was assigned an estimated value of the hotel load in terms of kWh per minute by matching the mode of the observed temperatures for the service with the overall median kWh per minute calculated for that temperature. For the London Midland fleet, it was possible to make an improved estimate by making use of the fact that each service had a set of stationary energy consumption values associated with it. Each stationary reading was matched with the overall median kWh per minute calculated for that train at that temperature. If it was within the MAD of the median, it was accepted as a valid estimate. If it was outside the MAD of the median, it was assumed to have been influenced by other factors (for example, the train may not have been truly stationary for the whole minute) and was replaced by the median value. The mean of the resulting dataset for each service was then taken as an estimate of the kWh per minute.

Estimates of the hotel load were then calculated as a fraction of the net energy consumption for each given service. The mean hotel load in terms of kWh per minute, kWh per train-km and as a fraction of net energy consumption over all services is given for each train in Table 6.5.

Table 6.5: Estimated mean hotel load for each class of train

Train	321	323	350	390 (9-carriage)	390 (11-carriage)
Estimated mean hotel load [kWh per minute]	0.59	0.69	1.07	2.78	3.17
Estimated mean hotel load [kWh per train-km]	0.45	1.1	0.8	1.37	1.58
Estimated mean hotel load [% of net energy consumption]	6.3	15.7	11.9	10.2	10.3

It can be seen that the hotel load is typically responsible for more than the 5% of net energy consumption suggested by RSSB (2011), but less than the 30% suggested by the UIC 2003 (see Section 3.1.5), although, as the calculations are based on stationary data,

they should only be taken as a guide for the non-traction energy consumption when the train is moving.

Chapter 7 considers how the energy of a train may be modelled, and notes that resistance forces, and hence required traction energy, increase significantly with speed. On the other hand, the hotel load should not be affected as such. Hence it is postulated that the lower running speed of the Class 323 trains is a key reason for the fact that the hotel load makes up a higher proportion of the net energy consumption. The frequent stops, leading to increased use of powered doors and increased changes in airflow and internal temperature, may also be a contributing factor, although it should be noted that no difference is observed between the service types operated by Class 350 trains. It is thought that the relative lack of on-board amenities on the older Class 321, which has a higher running speed than the Class 323, is a reason for the comparatively low size of the hotel load, although the comparatively small number of journeys considered may mean that some of the assumptions made in the calculations aren't appropriate.

6.6 A breakdown of the gross energy consumption of the trains when operating passenger journeys

Having calculated the mean energy recovered by the regenerative braking system (Section 6.2) and estimated the hotel load (Section 6.4), it is possible to consider how the gross energy consumption of a train is broken down across the three main components — the energy used by the traction motors, the energy consumed by auxiliary equipment (the hotel load), and the energy returned to the grid. It is assumed that any braking losses are included in the traction energy component. The mean breakdown of the gross energy consumed by each of the classes of train studied whilst operating passenger services is shown in Figure 6.9.

6.7 The impact of non-revenue running and idling

The operational energy consumption of a train extends beyond that when the train is conveying passengers between stations; it has already been noted (Section 6.4.1) that trains are often left powered-up when stabled to provide cleaning and maintenance staff with heat and light, and to ensure that the carriages are kept at a comfortable internal temperature. Furthermore, trains are often left switched on in stations between services and run empty to/from depots, sometimes over a considerable distance. Because these are necessary aspects of providing a train service, it is argued that they should be taken into account when making comparisons with other modes.

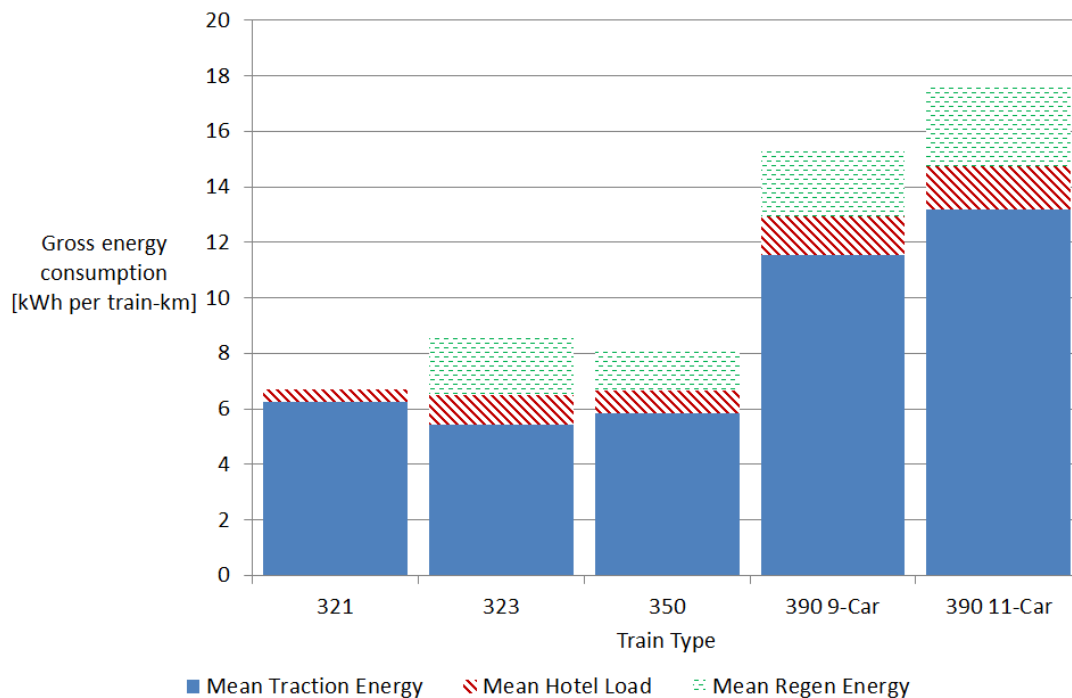


Figure 6.9: A breakdown of the gross energy consumption of the trains when operating passenger journeys

The data provided by Virgin Trains are comprehensive enough to estimate this extra operational energy consumption of the nine-carriage Pendolino fleet and to include it in overall calculations of energy per train-km, based on the distance travelled in passenger service.

For each train in the fleet, the mean daily energy consumption was calculated by summing all the energy readings for each day. The mean daily distance travelled in passenger service was estimated from the supplied service allocation data. It was thus possible to calculate a new figure for net energy consumption per train-km for both the nine and eleven carriage trains, which could be compared with the earlier figure calculated based on the actual passenger services (Chapter 5). The results are given in Table 6.6.

It can be seen that the extra operational energy consumption is significant, and should not be ignored. The large standard deviation is because the operational patterns of a train vary from day to day — some days a train will be running early and late services with little idling over a 24h period, whilst other days there may be gaps between allocations, long distances to travel to the depot and even time out on maintenance. The fact that the eleven carriage trains are observed to have a higher proportion of extra operational energy consumption could be down to the fact that they were being introduced during the period covered by the dataset and were not operating a full set of allocations. In the absence of more detailed analysis of the London Midland data, it is not clear whether the uplift factor for non-revenue running and idling would differ significantly.

Table 6.6: A comparison of total energy consumption with that during passenger service for the Pendolino

Train Length	9 carriages	11 carriages
Total energy consumption [kWh per train-km]	14.33	16.92
Standard deviation	9.25	11.9
Mean net energy consumption when in passenger service [kWh per train-km]	12.93	14.75
% difference between total energy consumption and that when in passenger service	11%	15%

When matching trains to known schedules (Chapter 4), non-revenue journeys (those with a headcode beginning with a “5”) were not easily matched with scheduling data for a variety of reasons. These include the fact that when locating the train to a point on the network it wasn’t always easy to distinguish between the stations and the sidings, and the fact that these journeys can be highly variable and subject to last minute scheduling changes. Nonetheless, it was possible to analyse a small number of non-revenue journeys made by Class 323 units, the results of which are given in Table 6.7.

Table 6.7: Summary energy data for non-revenue journeys operated by Class 323 trains

Estimated mean hotel load [kWh per minute]	0.72
Mean net energy consumption [kWh per train-km]	4.4
Standard deviation	1.02

It can be seen that the mean net energy consumption for these non-revenue runs is over 30% less than the mean net energy consumption for the Class 323 when in passenger service (calculated as 6.49 kWh per train-km in Chapter 5). This will be because there are no intermediate stops en route, leading to a much higher stopping density of 22.5km, and may also be a reflection of lower running speeds. The hotel load appears lower on non-revenue runs (Table 6.7) than that given in Table 6.5, which could be explained by a lack of demand for heating and use of power-doors.

6.8 Conclusions

Having quantified the energy recovered by regenerative braking systems (where fitted), it was found that the empirical data studied here are broadly in line with observations made in published literature. It is clear that regenerative braking systems have significant potential to reduce the net energy consumption, with the systems typically saving 15% of the gross energy on intercity services operated by the Pendolino, rising to over 23% on inner-suburban services operated by the Class 323, where regular periods of braking form a dominant aspect of the service. It was postulated that the observed variation in the energy recovered by the regenerative braking systems on each train could be explained by a similar set of explanatory factors used to explain the variation in net energy consumption overall (Chapter 5), and each factor was explored in turn with a basic linear regression model. It was found that aspects of the route and the driving style dominated, and these are considered in more detail in Chapter 8.

It was more difficult to quantify the hotel load, because traction energy and auxiliary energy are not metered separately. Stationary energy readings were used to make some estimation, but it was found that this was quite prone to error. Distinctions were made between the stationary energy when stabled (i.e. not part of a service) and when running a service. Some of the hotel load estimates were considered to be unrepresentative of the journey as a whole because they were taken whilst the train was stationary at a platform and subject to use of powered external doors and increased airflow. Some variation in hotel load with temperature was observed as a result of the fact that HVAC systems typically make up a large part of the auxiliary systems, but the data were subject to inaccuracies.

Trains can be left partially powered overnight and between services, whilst idling in stations and running empty to/from the depot can all add to the energy consumption, even though these aspects are not directly attributable to a single passenger service. The additional energy costs of non-revenue running and idling were calculated for the Pendolino, where it was found that on average they add a further 11% to the net energy consumption for each passenger service. Chapter 9 considers not just such “inactive” operation but also the other life-cycle energy costs associated with the provision of a transport system.

Chapter 7

Modelling the energy consumption of a train

7.1 Introduction

Because empirical data are sometimes difficult to obtain, simulations are often used to estimate the operational energy consumption of and — by extension — the GHG emissions from a train. This chapter introduces some basic principles of estimating the energy consumption of a train and goes on to describe the RouteMaster tool developed with Arup, which can estimate the traction energy consumed by a train. This was a key aspect of the work for industry which formed part of this research. The tool was validated against some of the empirical data obtained from Virgin Trains, where it was found that the simplistic modelling of the driving style limits its usefulness for accurately predicting variations in energy consumption between routes.

7.2 An overview of the energy consumption of a train

Jong and Chang (2005) suggest that a complete energy estimation model for electric trains includes at least three parts — the energy used by the traction motors, the energy consumed by auxiliary equipment (the hotel load), and the energy produced by regenerative braking systems (and subsequently returned to the grid). Not all trains are fitted with regenerative braking systems, but this broad breakdown seems sensible.

Mathematically, the UIC (2003) suggest the following formula for the net energy consumption of a train:

$$E_{net} = \frac{1}{\chi}(E_{kin+pot} + E_{run} + E_{comfort}) - \chi\beta E_{kin+pot} \quad (7.1)$$

Where:

E_{net} is the net energy intake.

$E_{kin+pot}$ is the sum of the energy required at the wheels to accelerate the train or climb a slope.

E_{run} is the energy required at the wheels to overcome running resistance (mechanical friction and air resistance).

$E_{comfort}$ is the hotel load.

χ is a measure of the energy efficiency of the whole system, and is used to account for losses. It is defined by the UIC as the “energy output divided by the energy intake for a certain period of time.” In this case, the “energy output” includes the hotel load and the total energy required at the wheels.

β is a measure of the share of the braking effort attributed to the motor braking force which in a regenerative braking system converts the kinetic and potential energy of the train back into electricity. It also takes into account the efficiency of the regenerative braking system. If the train is not fitted with a regenerative braking system, β is zero.

This formula can be broken into the three separate components suggested by Jong and Chang (2005) as follows:

$$E_{net} = \frac{1}{\chi}(E_{kin+pot} + E_{run}) + \frac{1}{\chi}(E_{comfort}) - \chi\beta E_{kin+pot} \quad (7.2)$$

Where:

E_{net} = Total net energy consumption.

$\frac{1}{\chi} (E_{kin+pot} + E_{run})$ = Traction energy.

$\frac{1}{\chi} (E_{comfort})$ = Hotel load.

$\chi \beta E_{kin+pot}$ = Energy recovered from regenerative braking

The relative contribution of each of these three components could be expected to vary with the type of train and the type of route, as illustrated in Figure 7.1. In line with the findings in Chapter 6, the total traction energy (required to overcome running resistance, gravitational resistance on a slope and to provide acceleration) appears to be universally dominant compared with the hotel load.

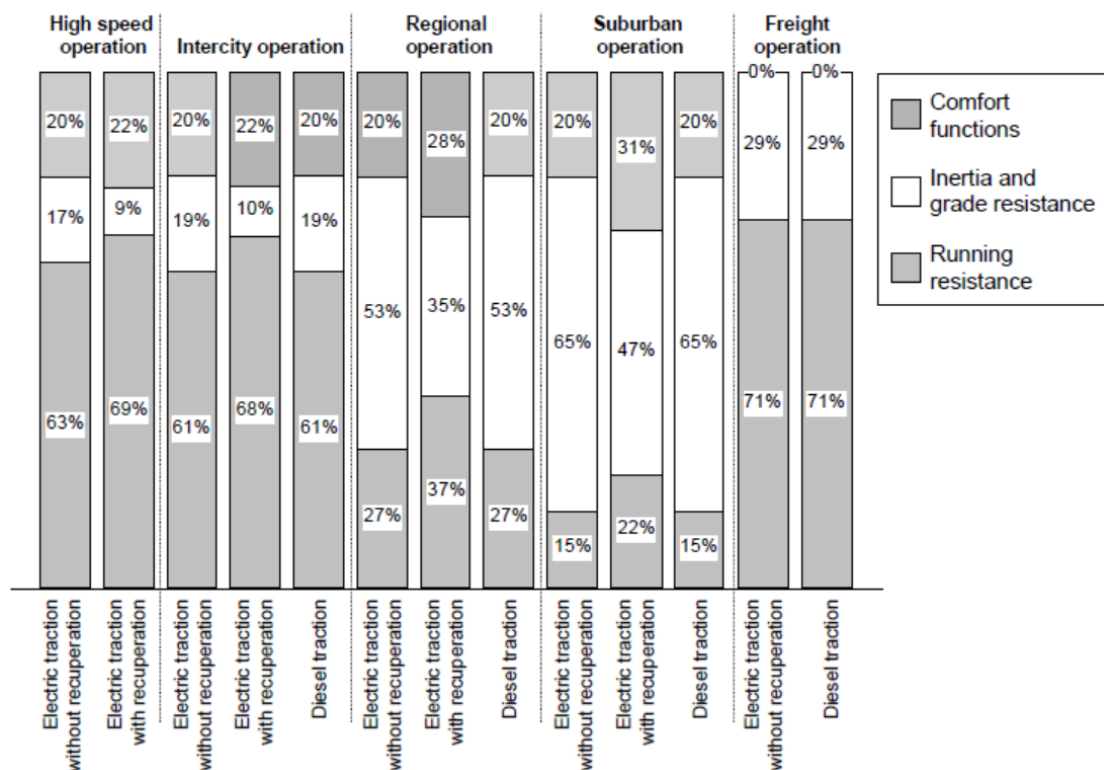


Figure 7.1: Typical composition of energy demand for different operation/traction classes (Taken from: UIC, 2003, Figure 8)

7.3 Modelling the traction energy of a train

It has been seen that a key component of the traction energy of a train is the energy required to overcome resistance due to friction and aerodynamic drag. Modelling this can be challenging. Although it can be calculated theoretically, with the help of computational fluid dynamics (CFD) “the approaches are complex, require knowledge of very many parameters and do not necessarily lead to useable train resistance data” (Rochard and Schmid, 2000, p.186). Rochard and Schmid go on to suggest that the resistance of a train can be “estimated by the application of a sufficiently accurate empirical calculation tool,” several of which are subsequently reviewed in their paper.

One such method of calculating the resistance encountered by a moving train is the widely-used Davis Equation. This is briefly introduced here, followed by a brief discussion of some of the resistance forces it does not model. The concept of calculating the “work done” by the applied tractive forces, leading to overall estimates of traction energy consumption, is then explained.

7.3.1 The Davis Equation

The resistance force experienced by a moving train, R , can be approximated by the Davis Formula (Rochard and Schmid, 2000) — an empirical quadratic function of the train's velocity v , written as:

$$R = A + Bv + Cv^2 \quad (7.3)$$

If R is in Newtons (N) and v is in meters per second (ms^{-1}), then the coefficients A , B and C have units N , Nsm^{-1} and Ns^2m^{-2} respectively, although in this thesis the values are scaled for velocities in terms of km/h . A and B include the mechanical resistances (and are mass related), whilst the third term accounts for the aerodynamic resistance (Rochard and Schmid, 2000). Numerous methods are available for calculating these coefficients (RSSB, 2010b); these may include full-scale empirical testing, results from a wind-tunnel (full-scale or otherwise) or use of other empirical relationships. For example, Armstrong and Swift (cited by Rochard and Schmid, 2000), created empirical relationships to calculate the Davis coefficients for a British Rail EMU. These are used to estimate A , B and C from other known measurements of the train, including the total mass of the power cars, the total mass of the trailer cars, a drag coefficient, the length and cross-sectional area and the intervehicle gap.

Sample values for the Davis coefficients for three different types of train are given in Table 7.1. The standard coefficients for the Suburban and Intercity trains are taken from RSSB (2010b) and are based on the UK Class 357 Electrostar (RSSB Train A) and the Pendolino (RSSB Train D) respectively. The values for the High-Speed train are taken from those attributed to the AGV-11 (SYSTRA, 2011).

Table 7.1: Sample Davis coefficients for different types of train

Train		Suburban Electric	Intercity Electric	High-Speed Electric
Davis Coefficients	A	2158	5311	2500
	B	5.384	21.696	29
	C	0.4158	0.9097	0.45

The resistance curves for each of these trains were generated using the Davis Equation (Equation 7.3) and are plotted in Figure 7.2.

It is well documented — for example by RSSB (2010b) and by Raghunathan, Kim, and Setoguchi (2002) — that the value of C is proportional to both the length of the train and the head and tail drag coefficients. It is therefore likely that train length is a key reason for the fact that the High Speed and Intercity trains (comprising 10 and 9 vehicles respectively) experience a greater resistance force than the Suburban train (comprising

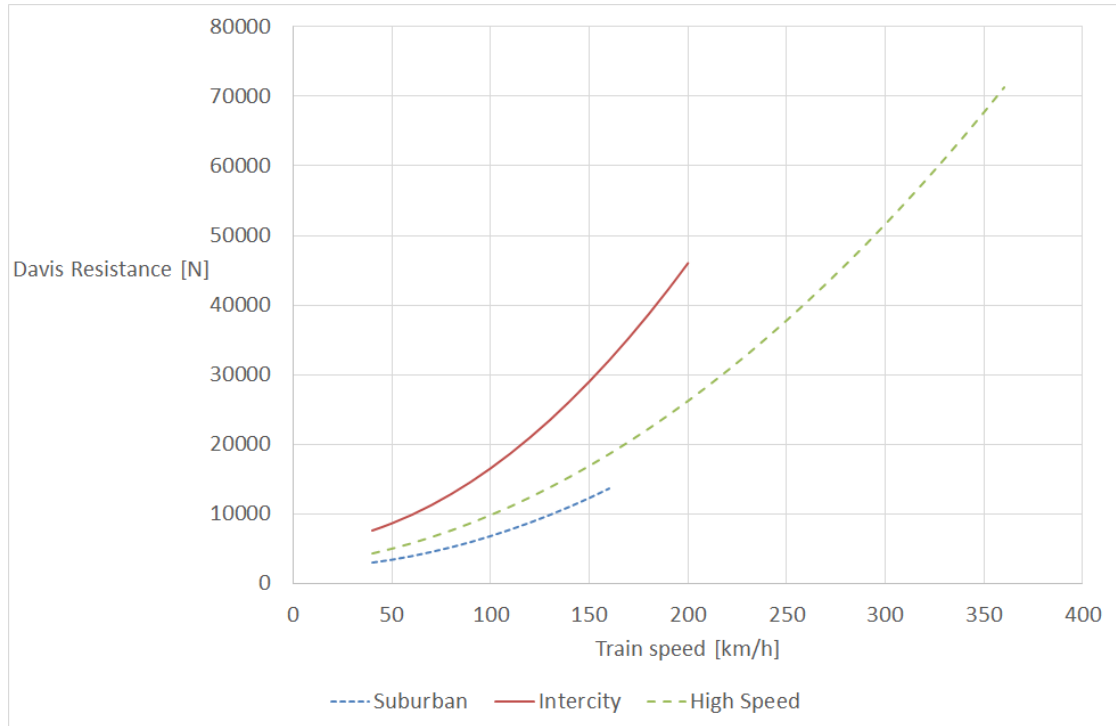


Figure 7.2: Davis Resistance curves for three types of train

just 4 vehicles). The fact that the High-Speed train experiences less resistance than the Intercity train may well be down to reduced head and tail drag coefficients.

7.3.2 Other resistance forces

The Davis Formula (Equation 7.3) only covers inertia and running resistance. Other forces include grade resistance (the additional force required to overcome gradient) and curve resistance (the added resistance experienced by a train operating through a horizontal curve) (AREMA, 2003). The energy required to overcome a gradient is explicitly mentioned in Figure 7.1 and separated from other running resistances in the UIC equation for modelling energy consumption (Equation 7.1), but curve resistance is not explicitly treated in either case. Curve resistance and grade resistance can be neglected if the additional assumption is made that the track is straight and level.

7.3.3 Work done and energy consumption

The work done by a moving train can be calculated by multiplying the applied force by the distance moved. The work done, E , by the train exerting tractive effort T over a distance d is thus estimated by:

$$E = Td \quad (7.4)$$

If T is given in Newtons (N) and d is given in meters (m) then this gives work done in terms of joules (J). One kWh is 3.6 megajoules (MJ). The assumption is that T is constant over the given distance; which is reasonable if d is chosen to be small enough or the velocity and resistance forces both remain constant. On this basis, the work done over a whole route can be estimated by dividing the route into appropriate segments and summing the work done for each one.

In any case, something must be known about the tractive effort, T , in order to model the work done, E . If the train is moving at constant velocity, then T is equal and opposite to the total resistance force, R ; hence the importance of knowing the resistance to motion.

If the train is accelerating, and both the mass of the train m and the rate of acceleration a are known at a given point, then according to Newton's second law:

$$T = ma \quad (7.5)$$

If the rate of acceleration also needs to be determined, further data about the tractive performance of the specific train need to be obtained. When a train is decelerating, no forward force is applied and T is zero on level track.

The actual energy required to move the train will be greater, due to the fact that the traction and transmission systems are not 100% efficient (in one example, RSSB (2007, p.23) assume that the efficiency of the traction system is 85%).

7.3.4 An alternative equation for energy consumption

An alternative equation for energy consumption per vehicle kilometre is given by Schäfer et al. (2009, page 105), assuming movement on a horizontal surface:

$$E = \frac{1}{\eta}(A + D + R) \quad (7.6)$$

Where:

- η is the efficiency of the propulsion system
- A is the acceleration resistance or vehicle inertia
- D is the aerodynamic drag
- R is the rolling resistance

A is defined as $A = ma$ where m is the vehicle mass and a is acceleration.

D is defined as $D = c_D S (\frac{\rho}{2} v^2)$ where C_D is the vehicle's aerodynamic drag coefficient, S is its cross-sectional area, v is its speed and ρ is the density of air.

R is defined as $R = c_R mg$ where c_R is the rolling resistance coefficient and g is the acceleration due to gravity.

Although Schäfer et al. (2009) describe this equation in the context of road vehicles, it is equally applicable to rail vehicles. The quadratic dependence on vehicle speed, and the similarities with the Davis Equation (Equation (7.3)) are evident.

7.4 Introduction to the Arup RouteMaster tool

Arup's RouteMaster tool is a Microsoft Excel Addin, written originally to model predicted running speed and running times for a train over a given route. Work for this thesis included development of the tool so that the outputs now include an estimation of the tractive effort expended and work done by the train. The basic principle follows the concept introduced in Section 7.3.3, of breaking the route down into segments, calculating the work done along each one (Equation 7.4) and summing the results along the whole route. Arup provided some existing train resistance and tractive effort data for a range of UK rolling stock. The data were originally in a standard format used by proprietary software such as RailSys and Dynamis, so they were converted into a more suitable format and the rolling stock library used by RouteMaster was updated accordingly.

As well as the additional functionality to calculate and output tractive effort and work done, enhancements made to the tool include improvements to the User Interface (UI) and the design of the output worksheets. The underlying code was re-written and broken down into modules to aid further development. These developments were necessary to fulfil the aim of making sure that Arup could make good use of the tool.

The model's main input is a route profile, which provides information about a section of railway — including the Static Speed Profile (SSP), gradients and the location of stops. Once the train type has been selected, the model uses resistance and braking performance data to determine a maximum speed profile for the train over the route, taking into account the SSP and braking distances for speed reductions and stops. It then uses tractive effort data to ascertain the actual attainable performance of the train within the limits of the speed profile.

An important aspect of the RouteMaster tool is that it is quite simple, requiring little customisation or specialist knowledge, but it is possible to change various parameters in order to incorporate some aspects of driving style into the model. For example, it is unlikely in reality that a driver will always apply maximum tractive effort or braking

force, so the option is available to cap each of the maximum applied tractive effort and braking force (in percentage terms).

7.5 Validation of the Arup RouteMaster tool

From the empirical energy data provided by Virgin Trains, data for four specific service patterns (outbound and return journeys over each of two routes) were chosen as a basis for validation of the RouteMaster tool. The first route chosen is between London Euston and Wolverhampton, with five stops and a mean distance between them of approximately 35km. It was chosen for its relatively high stopping density (which could lead it to be classified as an “inter-urban” rather than an “intercity” route) and its similarity to a service already studied in some detail by RSSB (2010b). The second is between London Euston and Manchester Piccadilly, with three stops and a much higher mean stop spacing of 73km. The stop spacing is less uniform than that on the chosen Wolverhampton service, and the very long first section, amounting to 235km of non-stop running, makes it an interesting choice for more in-depth study. Both outbound and return journeys were considered in each case. The use of different routes and service patterns also allows some understanding to be gained of why different aspects of the route and service were found to be important explanatory variables in Chapter 5.

Service timings were obtained extracts from the Network Rail TSDB (Network Rail, 2012) and distances were obtained from the RailMiles mileage engine (swlines Ltd. 2012a) as described in Section 3.3.1. Gradient profiles were measured from “British Rail Mainline Gradient Profiles” (Allan, 1966). Line speed data were obtained from Network Rail (2013b) and supplemented by study of the supplied on-train monitoring data from Virgin Trains where data were missing or subject to ambiguity; the Network Rail data showed that there were some differences between the fast and slow lines and did not always appear to contain the higher speed limits, designated Enhanced Permissible Speed (EPS), which are applicable to the Pendolino fleet (they are fitted with tilting technology). For the London Euston to Wolverhampton route, it was possible to compare the gradient and line speed profiles with those given by RSSB (2010b), and a good match was observed.

The majority of services considered departed between 11am and 7pm on a Sunday. This was because it was desirable to ensure that the comparisons made between each route were as fair as possible and most of the matching energy data — especially for the Manchester services with a long non-stop section — corresponded to weekend departures. Although it is acknowledged that Sunday services are more susceptible to delays and alterations due to Engineering Work, care was taken to ensure that only those services matching a particular total journey time and stopping pattern were considered.

7.5.1 London Euston to Wolverhampton

The first route chosen for comparison was the route between London Euston and Wolverhampton, which was included in the studies undertaken by RSSB (2010b). RSSB considered an off-peak service departing from London Euston at 10.23, with five intermediate stops and a total journey time of 106 minutes (Headcode 1G14). Subsequent timetable changes have meant that the number of matching journeys in the energy data supplied by Virgin Trains were limited, and the schedules chosen for analysis here have a total journey time of 108 minutes. The return services (not considered by the RSSB) have a total journey time of 110 minutes.

Summaries of the chosen service patterns are given in Table 7.2 (outbound journey) and Table 7.3 (inbound journey). The route profile, showing the gradient and line speed, limit is illustrated in Figure 7.3.

Table 7.2: A summary of the station calls on the chosen service pattern between Euston and Wolverhampton

Stop	Distance from origin [km]	Typical journey time from origin [min]	Typical dwell time [s]
Watford Junction	28	13	90
Coventry	151.2	61	120
Birmingham International	168.5	72	120
Birmingham New Street	181.7	84	240
Sandwell & Dudley	190.3	96	90
Wolverhampton	202.6	108	(terminates)

Table 7.3: A summary of the station calls on the chosen service pattern between Wolverhampton and Euston

Stop	Distance from origin [km]	Typical journey time from origin [min]	Typical dwell time [sec]
Sandwell & Dudley	12.2	9	90
Birmingham New Street	20.9	20	240
Birmingham International	34.2	32	120
Coventry	51.4	44	120
Watford Junction	174.6	90	90
London Euston	202.6	110	(terminates)

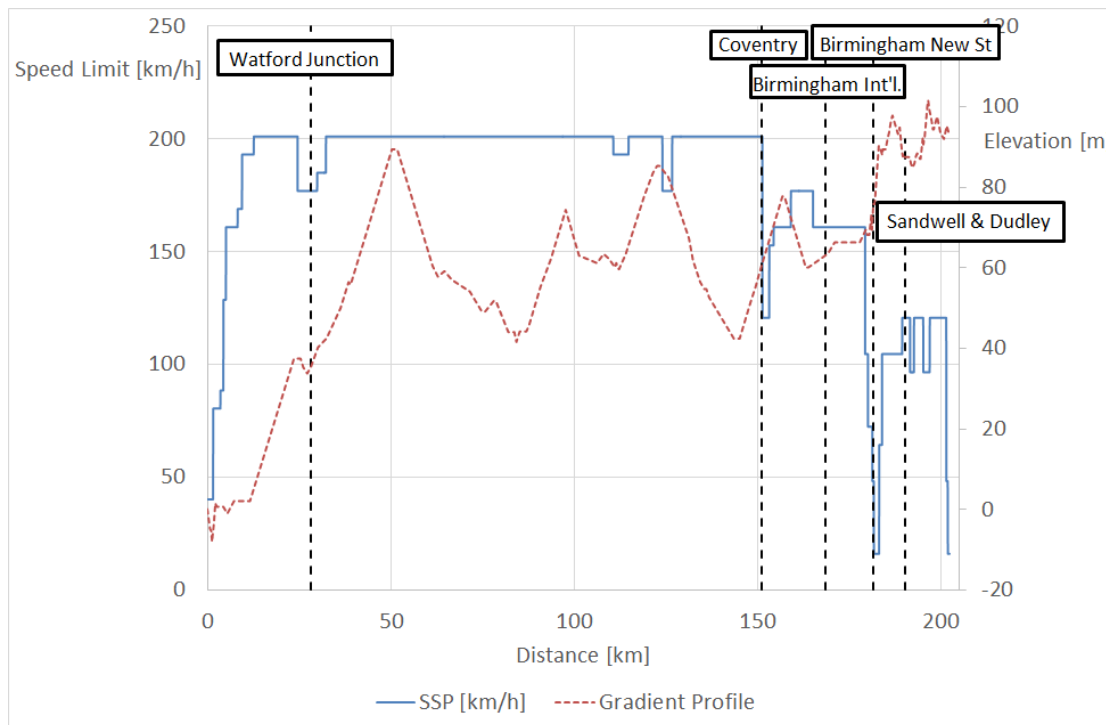


Figure 7.3: Line speed and gradient profiles for the service from Euston to Wolverhampton

7.5.2 London Euston to Manchester Piccadilly (via Stoke-on-Trent)

The second route chosen for analysis was that between London Euston and Manchester Piccadilly, via Stoke-on-Trent. This is a longer journey than the one to Wolverhampton, and the services chosen for analysis ran non-stop between London Euston and Stoke-on-Trent — a distance of 235km.

Summaries of the chosen service patterns are given in Table 7.4 (outbound journey) and Table 7.5 (inbound journey). The route profile, showing the gradient and line speed limit, is illustrated in Figure 7.4.

Table 7.4: A summary of the station calls on the chosen service pattern between Euston and Manchester

Stop	Distance from origin [km]	Typical journey time from origin [min]	Typical dwell time [sec]
Stoke-On-Trent	235	89	120
Macclesfield	267	106	90
Stockport	286	120	90
Manchester Piccadilly	296	131	(terminates)

Table 7.5: A summary of the station calls on the chosen service pattern between Manchester and Euston

Stop	Distance from origin [km]	Typical journey time from origin [min]	Typical dwell time [sec]
Stockport	9	7	120
Macclesfield	28	19	90
Stoke-On-Trent	60	36	90
London Euston	296	131	(terminates)

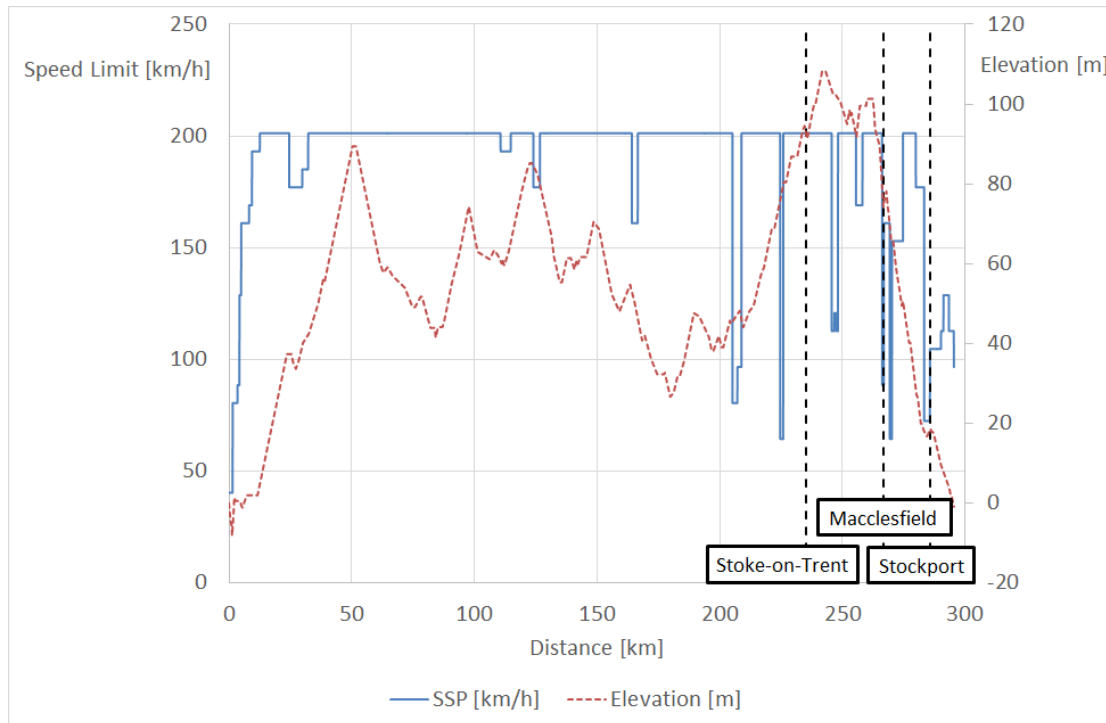


Figure 7.4: Line speed and gradient profiles for the service from Euston to Manchester

7.5.3 Empirical energy data for the selected services

The journeys corresponding to these service patterns were identified in the energy data supplied by Virgin Trains. A summary of the observed energy consumption data for nine-carriage Pendolino trains for each of the four services selected for analysis is given in Table 7.6.

The mean net energy consumption for all four services together is 12.89 kWh per train-km. Table 7.7 compares the mean net energy consumption for each service individually with this overall value, to give some idea of the relative performance of each service. Table 7.7 also defines the relative energy consumption of each service, taking the service with the lowest mean net energy consumption (Wolverhampton to Euston) as 1. This is a useful measure when assessing simulation parameters, because a key aim is to be able to predict how the energy consumption may vary between different types of route even if assumptions made by the simulation preclude the calculation of a completely accurate figure for the net energy consumption.

It can be seen from Table 7.7 that — as was noted in Section 5.4.2 - Down services (away from Euston)¹ use more energy than the mean, and Up services (towards Euston) use less energy than the mean. The gradient is likely to be an important factor here — the route is initially uphill out of Euston in both cases and remains predominantly uphill

¹In line with British practice, services towards London are referred to as “Up” and services away from London are referred to as “Down”.

Table 7.6: Summary of available energy data for selected journeys operated by the nine-carriage Pendolino

Service	Euston to Wolverhampton	Wolverhampton to Euston	Euston to Manchester	Manchester to Euston
Number of journeys sampled	511	523	2804	1161
Mean net energy consumption [kWh per train-km]	13.75	11.98	13.21	12.63
Standard deviation of mean net energy consumption	1.14	1.23	0.92	0.94
Mean fraction of gross energy regenerated [%]	15%	19%	15%	16%
Mean total gross energy consumed per journey [kWh]	3346	3025	4627	4486
Mean total energy regenerated per journey [kWh]	561	596	726	753
Mean total net energy consumed per journey [kWh]	2427	2783	3901	3730
Estimated hotel load per journey based on observation [kWh]	418	303	381	389
Estimated hotel load per journey at 10% of net kWh consumed	243	278	390	373

Table 7.7: Comparison of mean net energy consumption across all four services

Service	Euston - Wolverhampton	Wolverhampton - Euston	Euston - Manchester	Manchester - Euston
Mean net energy consumption [kWh per train-km]	13.75	11.98	13.21	12.63
Difference from overall mean [%]	6.7%	-7.1%	2.5%	-2.0%
Mean net energy consumption relative to Wolverhampton - Euston = 1	1.15	1.00	1.10	1.05

for the service to Wolverhampton (Figure 7.3). The variation either side of the mean is greater for the Wolverhampton services than it is for the Manchester services, and one reason for this could be that the station calls are all on an upward gradient for the Down Wolverhampton services (Figure 7.3) whereas the Manchester services are more balanced; some of the station calls on the Down Manchester services are on a downward gradient (Figure 7.4), reducing the tractive effort required when accelerating from a stop.

It is also noted that the mean energy consumption for the Up and Down Wolverhampton services is marginally higher than the mean energy consumption for the Up and Down Manchester services; the difference in stopping density is likely to be a reason for this.

Timetabling is likely to be another factor — it is noted that the Up Wolverhampton service has an extra two minutes over the Down service, which would allow for a slightly lower running speed and/or more opportunities for coasting. In its current incarnation, RouteMaster does not take these things in to account, but the observed variation in driving style on these services is explored further in Chapter 8.

7.5.4 Finding the input parameters which best match the timetabled performance

Varying the tractive effort and braking force has an impact on the simulated journey timings. For each of the routes studied here, the tractive effort and braking parameters were varied in order to find the combination which best matched the actual service timetable. A load factor of 40%, in accordance with typical observations about intercity services (See Section 10.2.4) was assumed in all cases. Table 7.8 shows the tractive effort and braking combinations which led to the best simulated match in terms of overall journey time. In each case, the discrepancy in terms of total journey time between the service timetable and the RouteMaster simulation was less than 30 seconds.

Table 7.8: The RouteMaster tractive effort and braking parameters which best matched the overall timings for the services

Service	Maximum Tractive Effort [%]	Maximum Braking Force [%]
Euston - Wolverhampton	50	70
Wolverhampton - Euston	50	40
Euston - Manchester	40	40
Manchester - Euston	40	80

Given that more tractive effort is required to accelerate a train than to maintain a constant speed, it is intuitive that the Wolverhampton services require a higher level of tractive effort to maintain the overall timings than the Manchester services, which have fewer stops. The Down Wolverhampton and Up Manchester services require more braking effort than the others. This is likely to be because of the locations of stops and of line speed restrictions, where the need to accelerate and decelerate over a short distance downhill will require a greater braking force.

Figure 7.5 compares the distance-time profile simulated by RouteMaster for the Euston to Wolverhampton service with the actual service timetable. The RouteMaster parameters were the same as those in Table 7.8, and it can be seen that although there is a good match with overall journey time, there is some discrepancy with the intermediate timings en route. The speed-distance profile simulated by RouteMaster is given in Figure 7.6, where the reasons for the discrepancy become apparent — by limiting the maximum tractive effort, the train does not always reach the maximum line speed, and cannot maintain speed on some gradients.

Increasing the maximum applied tractive effort to enable the train to maintain speed on the gradients meant that the overall journey time was reduced and no longer compared favourably with the timetable. This is because RouteMaster assumes that the train will maintain the maximum permitted line speed as far as possible, which may not be the case in reality.

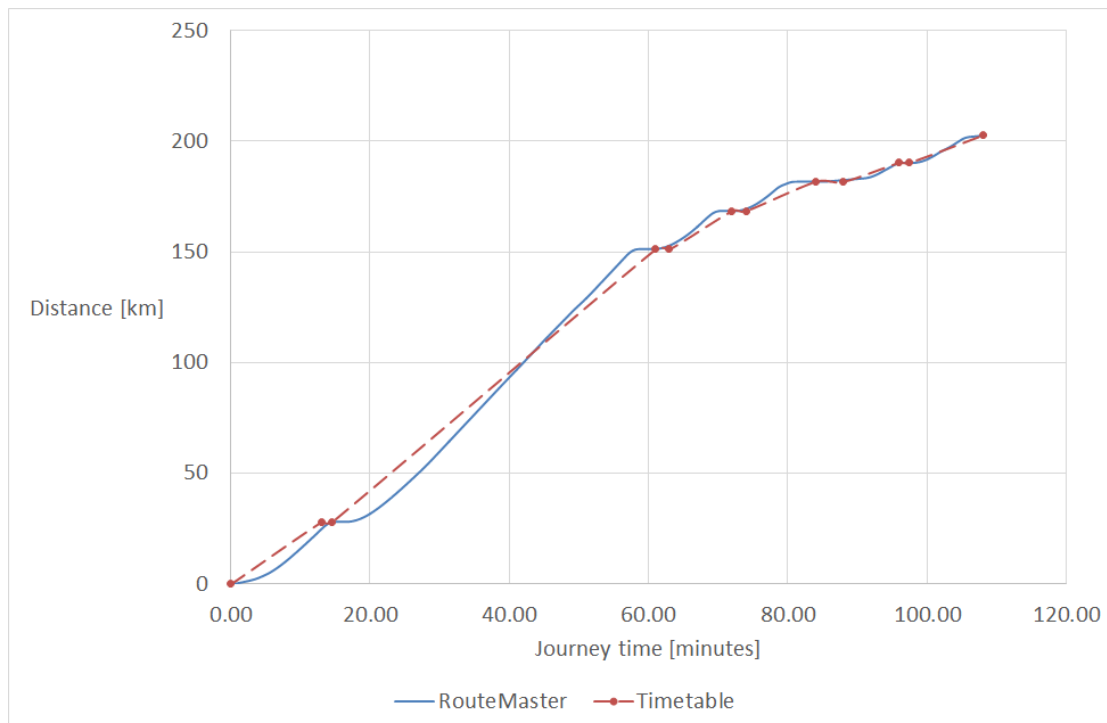


Figure 7.5: Distance time plots for the Euston — Wolverhampton service, comparing the timetable with the output of the RouteMaster tool

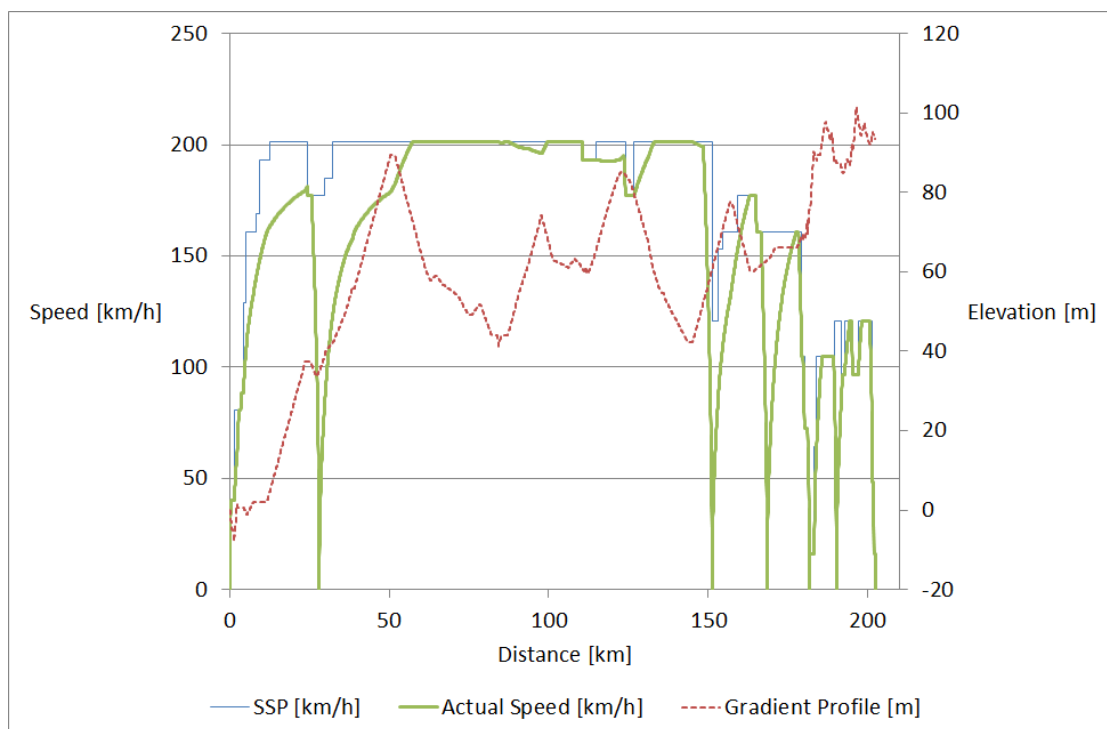


Figure 7.6: Output from RouteMaster for the Euston — Wolverhampton service with a tractive effort cap of 50% and a braking cap of 70%

7.5.5 Using RouteMaster to predict energy consumption

The net traction energy per train-km (taking into account regenerative braking) was calculated for each route according to the parameters in Table 7.8. A powertrain efficiency of 0.85 (RSSB, 2007) was assumed, and the outputs increased accordingly. Similarly, a hotel load equivalent to 10% of the net energy consumption was assumed, and the data were increased again accordingly. These estimations are detailed in Table 7.9.

Table 7.9: Net energy consumption data from RouteMaster assuming parameters given in Table 7.8

Service	Net traction energy consumption estimated by RouteMaster [kWh per train-km]	Traction energy consumption accounting for power train efficiency [kWh per train-km]	Net energy consumption accounting additionally for hotel load [kWh per train-km]
Euston - Wolverhampton	11.07	13.02	14.47
Wolverhampton - Euston	8.77	10.32	11.46
Euston - Manchester	8.9	10.47	11.63
Manchester - Euston	10.03	11.8	13.11

The mean net energy consumption, including powertrain inefficiencies and hotel load, was therefore estimated to be 12.67 kWh per train-km for the four routes considered. This is just 2% less than the observed mean net energy consumption, but it should be acknowledged that assumptions have been made about passenger loading and the hotel load. Furthermore, RouteMaster does not consider some resistance forces, such as those due to track curvature, and it is not clear whether they would have a significant impact (it is, however, noted, that the WCML is highly curved and the Pendolino trains are tilt-enabled as a result).

Table 7.10 compares the estimated energy consumption for each route with this calculated overall mean. It is a direct parallel of the data contained in Table 7.7, which is based on empirical findings — comparing the two tables, it can be seen that RouteMaster does not accurately predict the relative variation between routes with these parameters.

The exercise was repeated assuming a 100% application of tractive effort and braking force in all cases (known as “all out running”), in order to assess whether it had been beneficial to make any assumptions about driving style. The mean net energy consumption, including powertrain inefficiencies and hotel load, was therefore estimated to be 16.23 kWh per train-km for the four routes considered, and the data for each route are summarised in Table 7.11.

Table 7.10: Comparison of mean net energy consumption across all four services using RouteMaster data assuming parameters given in Table 7.8

Service	Euston - Wolverhampton	Wolverhampton - Euston	Euston - Manchester	Manchester - Euston
Mean net energy consumption [kWh per train-km]	14.47	11.46	11.63	13.11
Difference from overall mean [%]	14	-10	-8	3
Mean net energy consumption relative to Wolverhampton - Euston = 1 (RouteMaster)	1.26	1	1.01	1.14
Mean net energy consumption relative to Wolverhampton - Euston = 1 (Empirical Value)	1.15	1	1.1	1.06

Table 7.11: Comparison of mean net energy consumption across all four services using RouteMaster data assuming maximum tractive effort and braking performance

Service	Euston - Wolverhampton	Wolverhampton - Euston	Euston - Manchester	Manchester - Euston
Mean net energy consumption [kWh per train-km]	16.52	15.05	16.8	16.54
Difference from overall mean [%]	2	-7	4	2
Mean net energy consumption relative to Wolverhampton - Euston = 1 (RouteMaster)	1.1	1	1.12	1.1
Mean net energy consumption relative to Wolverhampton - Euston = 1 (Empirical Value)	1.15	1	1.1	1.06

It can be seen that the relative variation between routes becomes less pronounced if maximum braking and tractive effort are assumed. Furthermore, the estimates of regenerative braking were found to be reduced as a result of the increased tractive effort and braking force, and the overall mean for the data in Table 7.11 exceeds the empirical mean by 25%.

7.5.6 The importance of modelling gradient

Although gradient data have been obtained in this instance, it cannot be assumed that it will always be readily available. To assess the importance of including such data, the simulations were re-run with the parameters in Table 7.8 and with the assumption that each route is completely flat. The results are given in Table 7.12. The mean net energy consumption, including power train inefficiencies and hotel load, was estimated to be 12.79 kWh per train-km for the four routes considered, which is within 1% of the empirical mean.

Table 7.12: Comparison of mean net energy consumption across all four services using RouteMaster data assuming parameters given in Table 7.8 and assuming no gradients

Service	Euston - Wolverhampton	Wolverhampton - Euston	Euston - Manchester	Manchester - Euston
Mean net energy consumption [kWh per train-km]	14.08	12.14	13.32	11.62
Difference from overall mean [%]	10	-5	4	-9
Mean net energy consumption relative to Wolverhampton - Euston = 1 (RouteMaster)	1.16	1	1.1	0.96
Mean net energy consumption relative to Wolverhampton - Euston = 1 (Empirical Value)	1.15	1	1.1	1.06

It can be seen that excluding gradient made no significant difference to the overall estimated mean energy consumption, or to the estimated energy recovered by the regenerative braking system. Table 7.12 shows that when gradient data are excluded, the estimated energy consumption relative to the Up Wolverhampton to Euston service

reflects the empirical data for the Down Wolverhampton service and Down Manchester service. This indicates that the locations of stops and of line speed limits may be a key reason for the observed variation, although it would be unwise to conclude much from this table.

In any case, RouteMaster should be able to make good relative comparisons between routes when gradient data are known, and it is clear from Table 7.10 that the use of constant parameters for tractive effort and braking is not adequate.

7.6 Comparisons with other simulation work & plans for future development

Care should be taken when comparing RouteMaster with other simulation work, because different tools have different aims. The aim of the RouteMaster tool is not to accurately model a particular scenario in detail, but to be able to make simple comparisons between different scenarios. On that basis, work by RSSB (2010b) seems the most relevant for comparison. The RSSB simulation is based on similar principles to RouteMaster, but accounts for coasting and makes different assumptions about the traction and braking performance. The “average power level” is given to be $2/3$ of the maximum available, which exceeds the parameters chosen for RouteMaster (Table 7.8). However, it is not clear whether, as with RouteMaster, this is applied constantly. It is assumed that the maximum refers to the maximum for a given speed, given the fact that the maximum tractive effort a train produces decreases with increasing speed. The published results from the RSSB simulation tend to indicate a higher energy consumption than the results from RouteMaster, and from the empirical data collected. This may be as a result of the higher maximum tractive effort assumed.

It is also interesting to note that the RSSB simulation follows industry practice, and rounds up the timings at each station. Furthermore, timing comparisons are made with the Working Timetable (WTT) and consider intermediate timing points and stations rather than just end-to-end journey time.

7.7 Conclusions

This chapter has introduced the principles of modelling the energy consumption of a train, which is typically broken down into traction energy, hotel load and — where applicable — the energy recuperated via a regenerative braking system. Traction energy is the dominant component, and can be estimated by considering the work done to overcome resistance forces encountered by the train. The Davis Equation is widely used to model the resistance forces, although it does not consider everything.

The Arup RouteMaster tool is a simple model used to estimate the performance of a given train over a given route, whose outputs have been expanded to include estimated work done and tractive effort. Four service patterns, comprising return journeys over two routes, were analysed and used to validate the tool. Schedule data from Network Rail's TSDB were used to compare the outputs from RouteMaster with the timetable and adjust the limited input parameters accordingly. It was found that a relatively low tractive effort cap (about 40% of the maximum available) was typically required for the end-to-end journey times from RouteMaster to match the schedule, but it was noted that the use of constant tractive effort and braking caps meant that the predicted performance of the train at intermediate points did not match the schedule.

Having made assumptions about the efficiency of the traction system and the size of the hotel load, the estimated energy consumption output by RouteMaster was compared with empirical energy data from Virgin Trains, which had been matched to known schedules in Chapter 4. When it came to the overall mean, the RouteMaster figure was within 2% of the empirical data. However, RouteMaster did not correctly predict the relative variation in energy consumption between routes. As with the observed discrepancies in timing between RouteMaster and the empirical data, a key reason for this is the use of constant tractive effort and braking caps, and the fact that coasting is not modelled at all. Following consideration of the route profiles, it was postulated that gradient is a key reason for variation in energy consumption. By not allowing for increased tractive effort to keep time uphill or coasting to save energy downhill, RouteMaster cannot model these effects properly. When gradient was not included in the RouteMaster profile, the relative variations between routes were predicted better, suggesting that other factors such as stopping density are indeed important. When "all out running" (maximum tractive effort and braking force) was modelled, the RouteMaster mean net energy consumption was more than 25% above the observed empirical mean — this emphasises the effect which simulation parameters can have and goes some way towards explaining the variation observed in the literature in Section 2.5.

Overall, although RouteMaster can be useful for basic estimations, it must be concluded that driving style needs to be better understood and modelled. For this reason, OTMR data for the four services considered here are analysed in more depth in Chapter 8.

Chapter 8

Taking into account driving style and refining simulation parameters

8.1 Introduction

Analysis of empirical data has shown that there may be significant variation in the net energy consumed (on a per train-km basis) between individual journeys. In Chapter 5, Analysis of Variance was undertaken using simple general linear models, and the dominant causes of variation were found to be driving behaviour (where data were available to identify the fact that different services were operated by different drivers) and aspects of the route and service. Chapter 7 introduced the concepts of modelling the energy consumption of a train, and the Arup RouteMaster model was described and validated against the empirical data. The RouteMaster model makes very simplistic assumptions about the driving style, and it was found that this makes it inadequate for estimating the relative variation in energy consumption between different routes. This chapter explores the observed variation in driving style and makes use of OTMR data to understand how tractive and braking effort might be expected to vary.

Because of the size of the dataset, it was not possible to consider the OTMR data for all journeys. The four services described in Section 7.5 — Up and Down services between Euston and Manchester, and between Euston and Wolverhampton — were therefore chosen for detailed investigation.

8.2 Variations between individual drivers

It has been seen that DriverID is one of the most important explanatory variables for net energy consumption (Chapter 5) and for regenerative braking performance (Chapter 6). Chapter 5 considered the observed variation in mean net energy consumption for different drivers for all the nine-carriage Pendolino journeys which were analysed. Figure 8.1 shows the variation in mean net energy consumption for different drivers when operating the four services under detailed consideration here. To minimise the impact of anomalous journeys, those DriverIDs which appeared fewer than five times in the database for this subset of services were excluded.

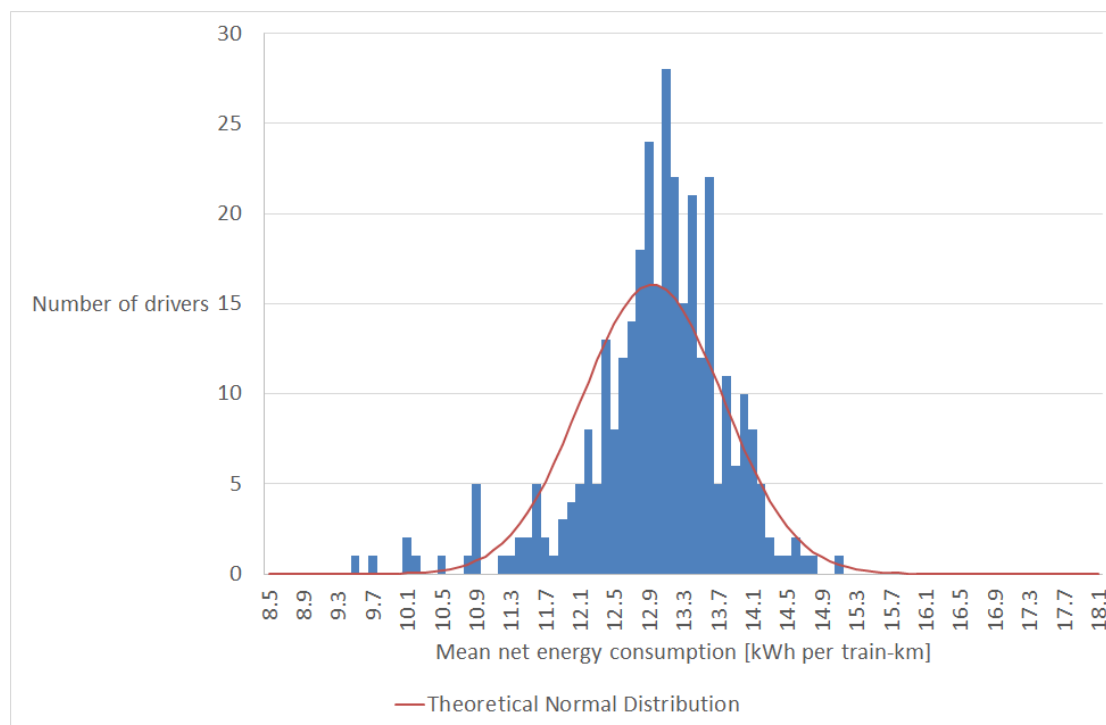


Figure 8.1: Variation in mean net energy consumption of the drivers operating the four services under consideration

Following the pattern in Chapter 5, each DriverID was allocated an efficiency rating based on the mean net energy consumption whilst operating these four services. These efficiency ratings are summarised in Table 8.1.

OTMR data were used to analyse the driving controls for each journey, with the aim of understanding what makes some drivers more efficient than others. In simple terms, the train driver can apply traction (to move the train), apply the brakes (to stop the train) and adjust the amount of tractive effort or braking force used. The OTMR data logged every instance of the traction being enabled or disabled, every instance of the brakes being applied or disengaged and every change in the percentage of power applied.

Table 8.1: Driver efficiency ratings defined for the services studied

Efficiency Rating	Criteria	Range of Mean Energy Consumption [kWh per train-km]
1	Mean energy consumption below the first quartile for all drivers when operating the services studied here.	$E < 12.70$
2	Mean energy consumption between the first quartile and the median for all drivers when operating the services studied here.	$12.70 \leq E < 13.08$
3	Mean energy consumption between the median and the third quartile for all drivers when operating the services studied here.	$13.08 \leq E < 13.46$
4	Mean energy consumption above the third quartile for all drivers when operating the services studied here.	$E \geq 13.46$

8.2.1 Overall comparisons

When considering the overall mean application of tractive effort or braking force for a given service, there did not seem to be any variation with the efficiency ranking of the driver. However, when the tractive effort and braking force were considered in more detail, differences could be seen. Each journey was broken down into time segments, with each segment being assigned a value from -90 (braking with 90% of maximum force) through to +90 (90% of maximum tractive effort applied). Zero represents coasting. Figure 8.2 illustrates the mean levels of traction and braking over time for the four services, and compares the drivers who were ranked as being most efficient (a rating of 1; Table 8.1) with those who were ranked as being least efficient (a rating of 4).

Figure 8.2 shows that the most efficient drivers spend more time coasting than the least efficient drivers. Typically, the applied tractive effort also appears to be lower for the more efficient drivers, although it is noticeable that they spend more time at near maximum tractive effort than the least efficient drivers. This corroborates findings in existing literature (for example, Dongen and Schuit, 1989) which suggests that the optimum running strategy (as far as improving energy efficiency is concerned) involves accelerating the train at as high a rate as possible. Higher rates of acceleration may be correlated with the amount of coasting, as there would be more scope for coasting if the

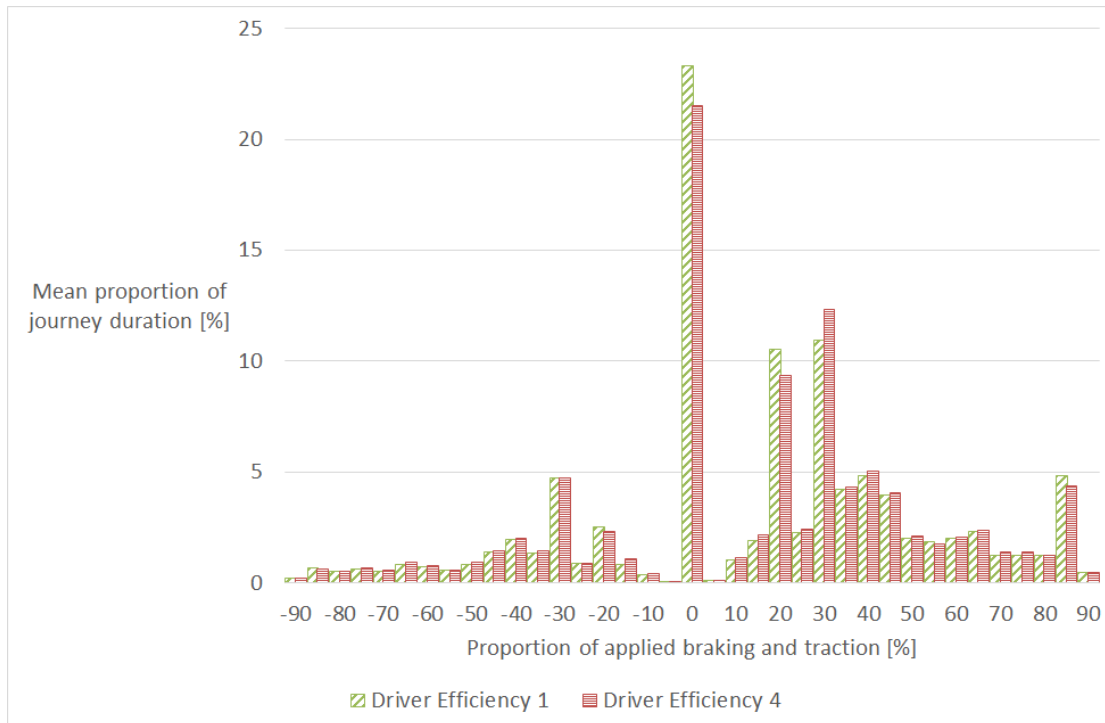


Figure 8.2: Variation in applied braking and traction between the most efficient and the least efficient drivers

line speed were reached more quickly. The least efficient drivers appear to spend more time braking, which would again fit with the relative lack of coasting.

Figure 8.2 shows how the braking patterns differ between the most efficient drivers and the least efficient drivers. As well as being related to the amount of coasting, the braking technique also has a bearing on the amount of energy which may be recovered by the regenerative braking system, as noted in Section 6.3. For braking, Table 8.2 shows how the energy recovered via regenerative braking (in terms of % of gross energy regenerated) varies for each route with driver efficiency. It shows that — in the main — the more efficient drivers make better use of the regenerative braking system. The braking system of a train fitted with regenerative braking has two components — a friction braking force, and a motor braking force. Energy dissipated through the friction braking system is not recoverable. It is therefore likely that the higher levels of regenerative braking arise from the fact that less use needs to be made of the friction component.

In line with the observations in Section 7.5.3 (Table 7.6), the Up services (towards London Euston) have a higher proportion of energy recovery through the regenerative braking system than the Down services (away from Euston). This is partly thought to be because a predominantly downhill gradient allows for a higher level of regenerative braking, and partly thought to be because the Down timetable allows more time for coasting and a lower mean rate of braking, if the train is running to schedule.

Table 8.2: Mean percentage of gross energy regenerated on each route for each driver efficiency ranking

Driver Efficiency Ranking	Euston - Wolverhampton	Wolverhampton - Euston	Euston - Manchester	Manchester - Euston
1	16	20	16	17
2	17	20	16	16
3	16	19	15	16
4	16	18	14	16

Although the range of services considered here in detail is comparatively narrow, some of the variations in route characteristics (discussed in Section 7.5.3) are likely to have an impact on the driving style. This is considered further in Section 8.3, but it is first helpful to consider detailed comparisons between two specific instances of the same service.

8.2.2 A comparison of two specific journeys

Two instances of the same service between London Euston and Manchester Piccadilly were identified in the data as having similar characteristics in terms of punctuality and timing, one of which had a DriverID with an efficiency rating (Table 8.1) of 1 and the other had a DriverID with an efficiency rating of 4. Both journeys correspond to a service which departed London Euston at 15:00 in May 2011, and the data for each journey are summarised in Table 8.3.

Table 8.3: Service details for two individual journeys operated by a nine-carriage Pendolino between London Euston and Manchester Piccadilly

RunID	428342	420150
Headcode	1H32	1H32
Driver Efficiency Ranking	1	4
Punctuality at Origin [minutes]	-1	-1
Punctuality at Destination [minutes]	-1	-1
Net energy consumption [kWh per train-km]	12.39	13.8
Net energy consumption relative to mean for service [%]	-6%	4%

The speed-distance profiles for each of the journeys are shown graphically in Figure 8.3, which can be directly compared with the route profile shown in Figure 7.4. It should be noted that the on-board odometer has a tolerance of $\pm 10\%$, which is why there is some discrepancy between the distances at which the trains are recorded as coming to a stop for the stations towards the end of the journey.

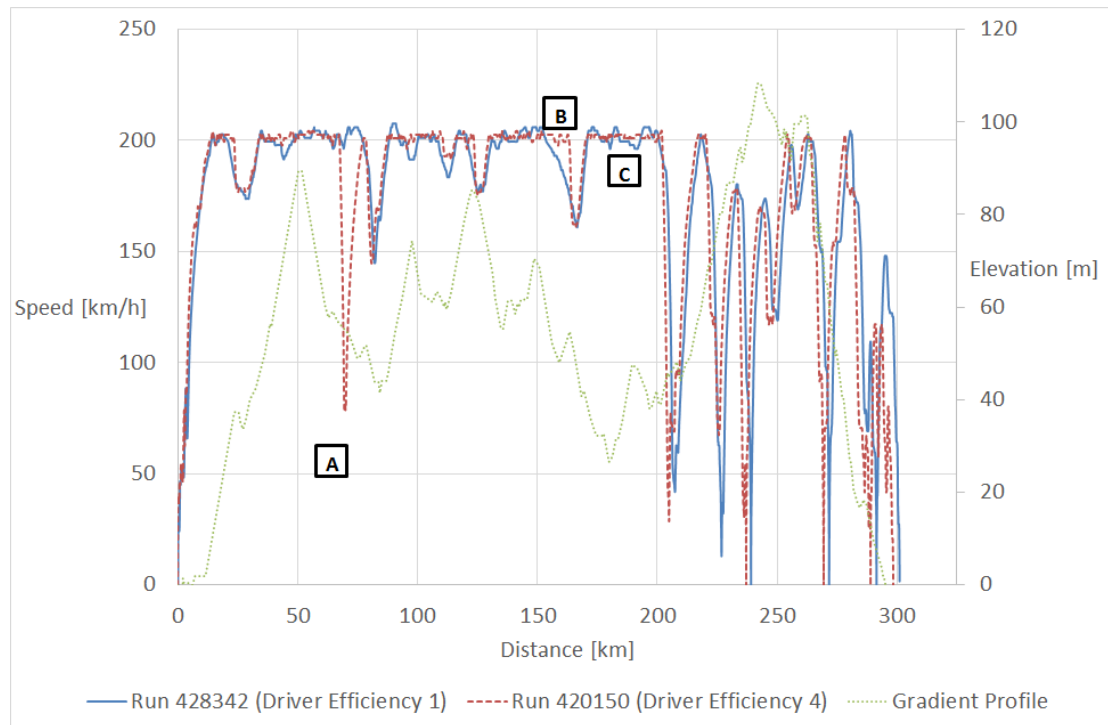


Figure 8.3: Speed distance charts for two individual journeys between Euston and Manchester

It can be seen that on the journey with a poor efficiency rating (of 4), the train was typically driven to maintain the maximum line speed for as much time as possible. In contrast, on the more energy efficient journey, evidence of coasting and gentler rates of braking can be seen — this is particularly evident at Point B on the chart. At Point A, the journey with a poor efficiency rating had a significant reduction in speed below normal line speed. This may have been because of a signal check — perhaps due to a slow moving train or other obstruction ahead — or because of a temporary line speed restriction. In any case, it serves to illustrate the fact that a train journey is subject to external factors beyond the immediate control of the driver.

Figure 8.4 shows the variation in applied braking and traction between the two journeys. It can be compared directly with Figure 8.2, where similar patterns can be seen. The more efficient driver has a higher proportion of coasting (in accordance with the observations above) and typically lower rates of braking and applied traction. The higher proportion of time spent by the more efficient driver at near-maximum tractive effort is particularly pronounced in Figure 8.4. It is postulated that one reason for this is the repeated re-acceleration to line speed after a period of deceleration (assumed to be coasting) seen

in Figure 8.3 — particularly around Point C. In contrast, the more constant maintaining of line speed observed on the relatively inefficient journey (Figure 8.3) may explain the high proportion of time spent with about 30% applied tractive effort shown in Figure 8.4.

Unlike the overall observations shown in Figure 8.2, the individual driver with a high efficiency rating is shown in Figure 8.4 to spend a comparatively high proportion of time at near-maximum braking rates. It is not clear whether this is due to a feature of the route or a perturbation on the particular service, or whether it reflects the fact that more time is made for coasting by short periods of hard braking as the train is brought to a stop.

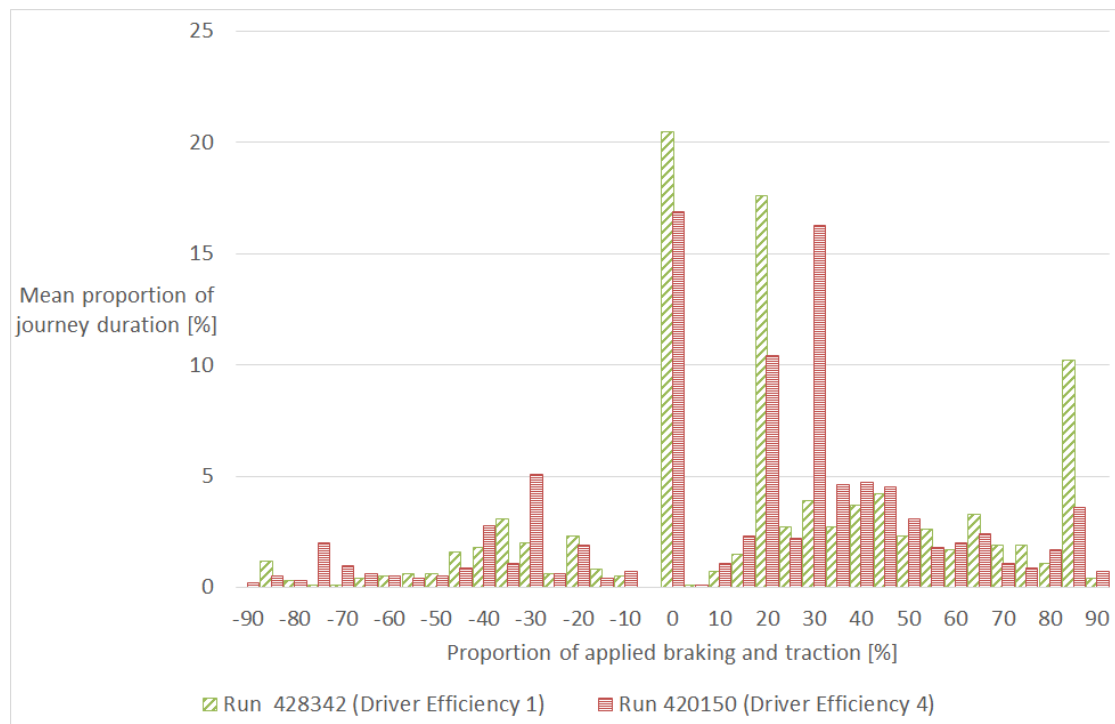


Figure 8.4: Variation in applied braking and traction between the drivers of the two individual journeys studied

8.3 Variations in driving style across the four services

It was noted in Section 8.2 that some of the apparent variations between drivers may be due to variations between the different services (some drivers operate some services more than others). Figure 8.5 shows the mean split (in terms of time) for applied traction, braking, and coasting for each of the routes considered.

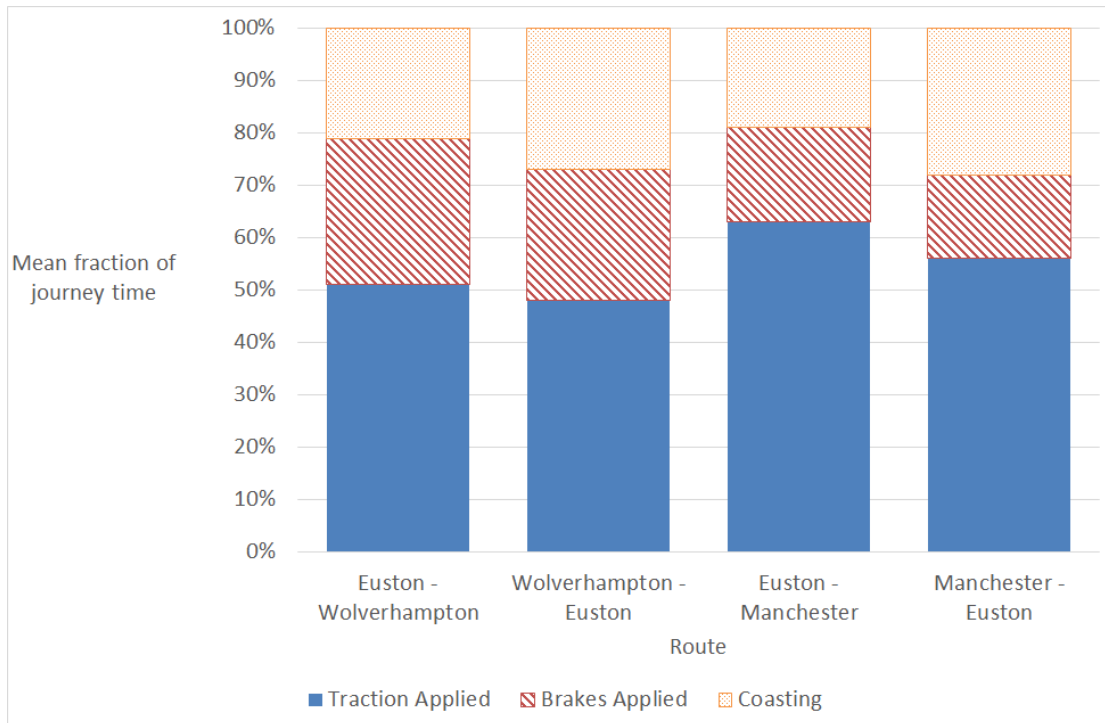


Figure 8.5: Mean proportions of applied traction, braking and coasting for each service

It can be seen that the Wolverhampton route has a higher proportion of braking, in keeping with the fact that the stopping density is much higher. In both cases, the proportion of coasting is higher on the Up journey (to Euston), probably as a combined result of a predominantly downhill gradient and more slack in the timetable, in keeping with the proposition in Section 7.5.3.

The mean percentage of tractive effort applied, and the mean percentage of braking force applied, were calculated for each journey. The mean was then calculated for each of the routes considered, and the results are shown in Table 8.4.

Table 8.4: Mean applied tractive effort and braking force for each service

Service	Mean Tractive Effort Applied [% of maximum]	Mean Brake Force Applied [% of maximum]
Euston - Wolverhampton	42	42
Wolverhampton - Euston	42	42
Euston - Manchester	42	42
Manchester - Euston	42	41

One of the problems with taking single values for tractive effort and braking force is that it ignores the fact that there will necessarily be some variability throughout a journey, as evident from Figure 8.2 and Figure 8.4. This is particularly true in the case of tractive

effort, where accelerating the train takes more effort than maintaining a constant speed. It could be expected that the applied tractive effort is greater at lower speeds, when the train would typically be accelerating towards line speed, and the variation in applied tractive effort with speed was considered. For these reasons, the mean observed values in Table 8.4 do not always compare favourably with the traction and braking caps used in the RouteMaster model (Table 7.8). The variation of mean tractive effort against speed is plotted in Figure 8.6 for the route between London Euston and Wolverhampton and in Figure 8.7 for the route between London Euston and Manchester Piccadilly. It can be seen that applied tractive effort is indeed typically greater at lower speeds.

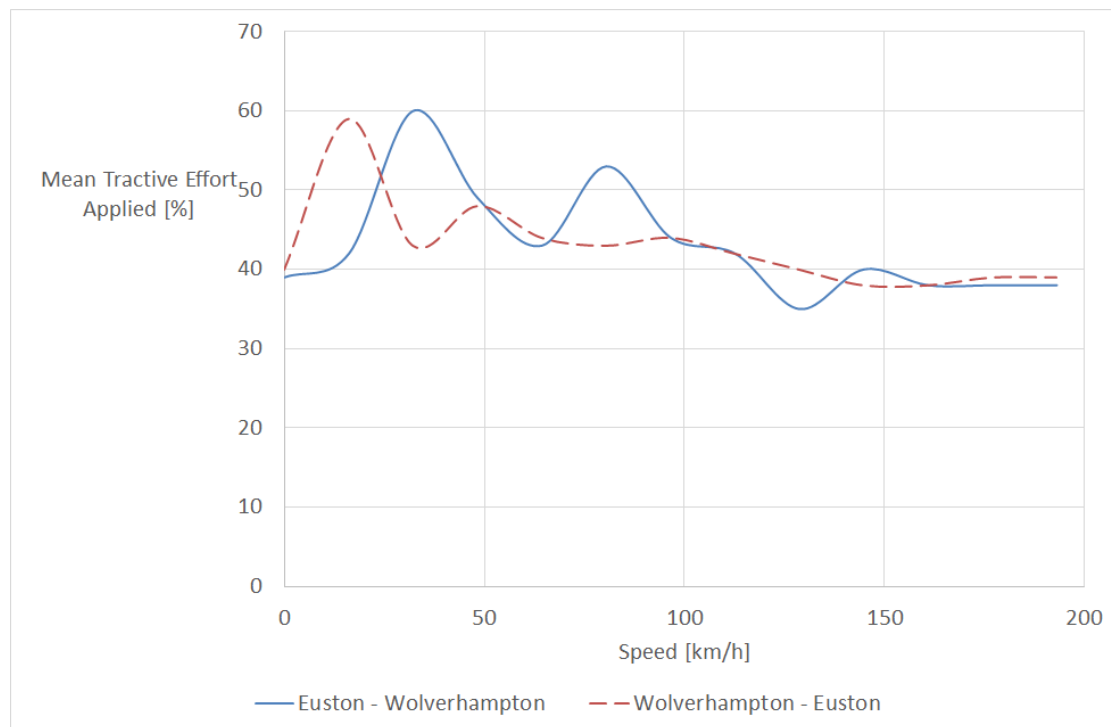


Figure 8.6: Variation in level of applied tractive effort with speed for the route between Euston and Wolverhampton

It can also be seen from Figure 8.6 and Figure 8.7 that the Down services show slightly more variation, and a greater application of tractive effort between 30 and 50 km/h than the Up services in both cases. This is likely to be because the Down services have more acceleration uphill. The services between Euston and Manchester (and return) also appear to have a greater application of tractive effort at lower speeds than those between Euston and Wolverhampton (and return). Consideration of the route profiles (Figure 7.3 and Figure 7.4) suggests that this might be because the line speed limits are lower around the stops on the Wolverhampton route than they are on the Manchester route and therefore a lower rate of acceleration is needed away from each stop to bring the train up to running speed.

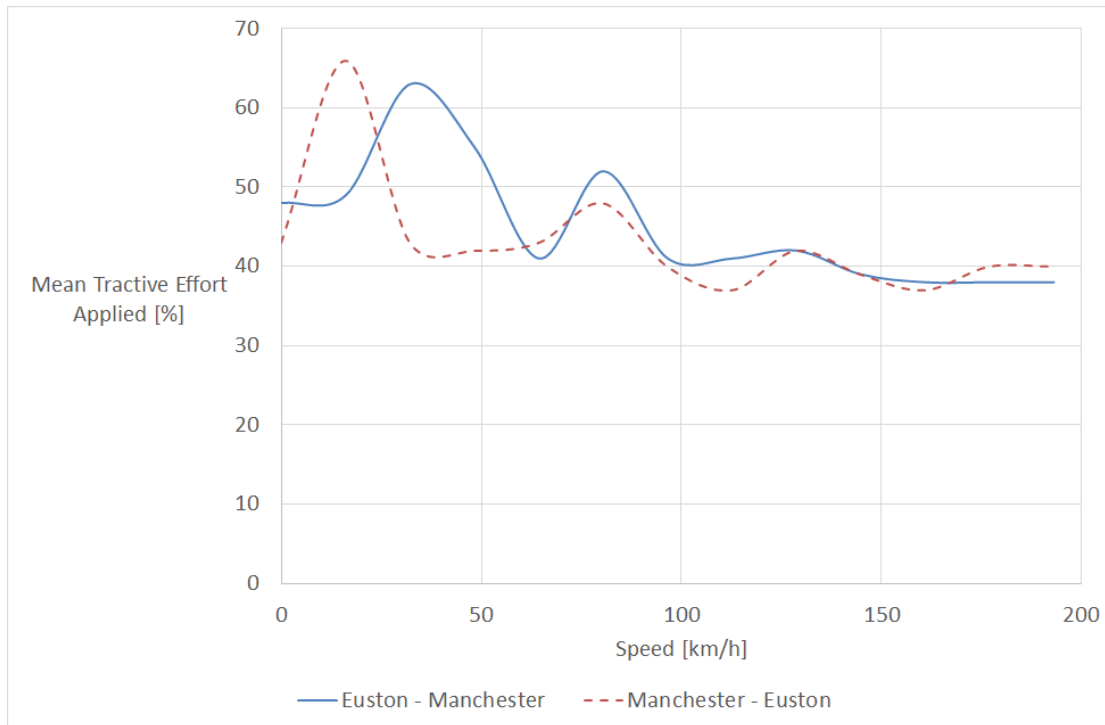


Figure 8.7: Variation in level of applied tractive effort with speed for the route between Euston and Manchester

8.4 Learning from the findings

Despite the claim that “it is debatable whether [driving style] can ever be realistically simulated” (RSSB, 2010b), it is clear from Chapter 7 that the use of constant traction and braking parameters limit the potential usefulness of a simulation tool. RSSB note that it is hard to simulate driving style because “a driver will make numerous choices between power level, braking rate and coasting throughout a journey based on operating conditions and personal preferences,” but it is thought that something could nonetheless be learned from the overall trends observed in this chapter.

A key point is that coasting is an important aspect of the driving profile on all of the routes considered here; Figure 8.5 suggests that a train will be coasting with no applied power or braking for at least 20% of the time on any given journey. One strategy for accounting for coasting in similar simulation tools is to fix coasting points in the route profile; RSSB (2010b) are currently developing an iteration routine for their simulation to decide where coasting points should be placed on the route, based on timetable data. A disadvantage of this is that this leads to an added layer of complexity when loading a new route profile, which should be considered when taking in to account the requirement for RouteMaster to remain relatively simple. It is also not clear whether the fixed coasting points generated in this way would match the general coasting patterns adopted by some drivers, or whether this would make a significant difference to the estimation of energy consumption, and further investigation is recommended.

It is clear that simulations should account for some variation in the applied tractive effort and braking forces, according to features of the route (such as gradient) and features of the service (the timetable may dictate the level of acceleration and braking required at some points). Modelling this may not be straightforward, because it can be seen that different services have different tractive effort characteristics, but Figure 8.6 and Figure 8.7 show that in general that applied tractive effort is higher at lower speeds, and as the speed increases, the variation in applied tractive effort stabilises. Further investigation into the usefulness of a generic tractive effort profile based on those observed here is recommended, although it is noted that its usefulness is likely to be limited if gradient is not taken into account.

As with the modelling of coasting, it is likely that introducing timing points into a simulation could help with the modelling of traction and braking — the applied traction and braking could be adjusted according to whether or not the train is “on time” at a given point. This would be an iterative process, so there would be a trade-off between accuracy of results and simulation performance. There is clearly some variation in real-world driving profiles, as discussed in Section 8.2, but it would be desirable to ensure that the resulting traction and braking profiles were not totally unrealistic.

8.5 Conclusions

The empirical analysis shows that driving style can have a significant effect on the operational energy consumption — and related emissions — of a train journey. It is no surprise, therefore, that Driver Advisory Systems are becoming more commonplace, and are standard fitment on some new trains with a stated aim of reducing energy consumption (Siemens, 2010).

From the four different services studied here, some general conclusions can be drawn. Firstly, analysis of different journeys has shown that a more efficient driving style tends to involve a higher proportion of coasting. Secondly, although more efficient drivers typically apply less tractive effort, they do make more use of (near) maximum tractive effort, which verifies findings in the literature that, during the acceleration phase, the most energy efficient techniques involve accelerating the train as fast as possible. Thirdly, it is clear that the more efficient drivers recuperate more energy via the regenerative braking system, and it is thought that this is due to a combination of overall driving strategy (with more coasting) and more careful application of the brakes to avoid wasting energy through the friction components of the system.

However, the analysis has also shown that aspects of different driving strategies, especially the proportion of coasting, can vary between different routes, probably as a result of the gradient profile and timetabling constraints. Furthermore, the application of tractive effort with speed is not uniform, and the relationship was found to vary between routes

(Figure 8.6 and Figure 8.7). This is why the use of a simplistic tractive effort parameter means that RouteMaster simulation results do not reflect reality, especially for the relative difference between different routes.

This means that care should be taken when considering simulated performance data, such as that published by Network Rail Network Rail (2009a), which assumes maximum “all out running.” If comparisons are being made between different types of train in the same scenario then it might yield useful results, but comparing different service types on this basis may not lead to accurate conclusions. In order to overcome these problems, RouteMaster should be developed to include both coasting and a level of variation in tractive effort applied. Given that the relationship between tractive effort and speed appears to vary between routes, there may be a trade-off between keeping the model simple and easily applicable to any new scenario, and ensuring that the results are accurate for a particular route.

Chapter 9

The importance of life-cycle analysis

9.1 Introduction

The energy consumption of and emissions from the transport sector are not confined to the actual movement of passengers and freight, although this is a significant component. Other sources of energy consumption and emissions which are attributable to the transport sector include the manufacturing, maintenance and disposal of vehicles, and the building, operation, and maintenance of the infrastructure. The study of these wider contributions is known as life-cycle analysis, or life-cycle assessment (both abbreviated to LCA).

The relative size of the additional life-cycle components compared with the operational energy consumption and emissions is dependent on a number of factors, and varies between modes. When making modal comparisons, therefore, it is important that the whole life-cycle has been considered. This is particularly true if changes in transport policy and the encouragement of modal shift to help meet energy and emissions reduction targets require the construction of new infrastructure.

Although Arup (2009) suggested that the available literature concerning the carbon footprint of the rail industry was “very much concerned with operational energy use and emissions, to the almost total neglect of other areas” there is evidence that there has been increased interest in life-cycle analysis in recent years, with Chester and Horvath at the University of California, Berkeley, undertaking some of the more detailed work. This chapter considers the different life-cycle components of a transport system, presents some of the data available and discusses some of the issues involved in making modal comparisons.

9.2 Categorising the different life-cycle components

There are various ways of categorising the many different components of a transport system which consume energy and produce emissions. For example, there are operational components, directly associated with the movement of vehicles, passengers and freight. There are non-operational components such as infrastructure construction and vehicle maintenance. Some components are directly related to the vehicles themselves, whilst others are directly related to the infrastructure. Based on work by Chester and Horvath (2009; 2010), Figure 9.1 illustrates the main categories which will be discussed here.

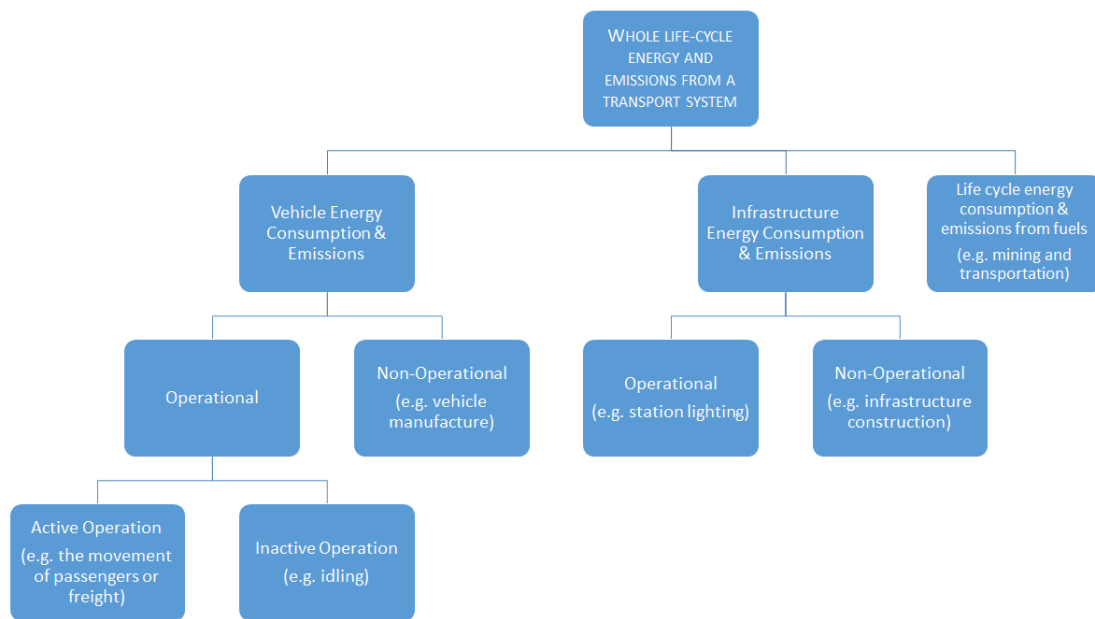


Figure 9.1: An overview of the life-cycle components of a transport system

9.3 Vehicle operation

Vehicle operation has been the main focus of this research, and is concerned with the energy consumption (and related emissions) at the point of use. The operational energy consumption of any given vehicle is directly related to its usage, and is thus typically expressed in terms of vehicle-km.

Although much of the literature considers vehicle operation as a single category, Chester and Horvath (2009) make the distinction between active operation and inactive operation. Active operation covers everything directly related to vehicle running, and inactive operation covers additional energy consumption and emissions from idling and auxiliaries. The distinction is not always clear cut — for example, the start-up phase seems to be allocated to active operation for road transport and inactive operation for aviation. It is also interesting to note that Chester and Horvath explicitly include cold starting as a

significant component of active operation for road vehicles (presumably based on the dominance of the internal combustion engine) but do not mention it for rail vehicles. This is assumed to be because it is not a concern for trains; electric trains do not have an internal combustion engine, whilst diesel trains are often left running between services.

In the case of public transport, in-service running can be treated separately from out-of-service running (for example, buses and trains running empty to/from the depot). This could be desirable, firstly because out-of-service running may exhibit different characteristics from in-service running, and secondly because to some extent out-of-service running could be expected to be a fixed cost, irrespective of further usage of the vehicle. For example, a bus will have to run empty from the depot whether it is then used for a single service from the bus station or a series of services throughout the day. Chester and Horvath do not appear to make this distinction, and this may be because actual out-of-service running (as opposed to idling, which is accounted for) is generally insignificant compared with the distances covered in service.

Based on their analysis of specific systems in the USA, Chester and Horvath suggest a range of values for the relative contribution of vehicle operations to overall life-cycle energy consumption (Chester and Horvath, 2009). These are given in Table 9.1.

Table 9.1: Range of values suggested for vehicle operation as a % of total life-cycle energy

Mode	Car	Bus	Rail	Aviation
% of total life-cycle energy attributable to active vehicle operation	65 - 74 (figure quoted for “on road” transport)		24 - 39	69 - 79
% of total life-cycle energy attributable to inactive vehicle operation	-	3	7 - 21	2 - 14

It can be seen that the relative size of the energy consumption of the operational phases compared with the overall life-cycle is quite variable, especially for rail and air. For rail, this is a reflection of the different services studied by Chester and Horvath — the Caltrain commuter line is diesel powered and has higher emissions at the point of use than the two electric rail systems studied, whilst the relative size of the embedded energy in the infrastructure varies between different systems. For air travel, many of the inactive operational components, which are given to include start-up and taxiing, are fixed regardless of the length of the flight. Hence they will be much more dominant on short-haul flights than they will on long-haul flights. In all cases, the data are subject to assumptions made about usage cycles. The relative contribution of inactive operation

to vehicle operations overall was estimated from the data in Table 9.1 and is shown in Table 9.2, making the assumption that the relative size of the inactive operational energy consumption will be at the lower end of its range when the relative size of the active operational energy consumption is at the upper end of its range, and vice versa.

Table 9.2: Estimated proportions of vehicle operations attributable to inactive operation, based on data from Chester and Horvath (2009)

Mode	Car	Bus	Rail	Aviation
Estimated proportion of vehicle operations attributable to inactive operation [%]	0	4	12 - 68	2 - 20

The ranges shown in Table 9.2 may be broader than the reality, because the calculations did not consider the contributions of the rest of the life-cycle. To some extent, the relative proportions of the operational components would be expected to vary together according to the relative size of the non-operational components. Considering a more detailed breakdown of the different modes studied by Chester and Horvath (shown graphically in Figure 9.2), it can be seen that there is little variation in the relative sizes of the active and inactive operational components.

In Chapter 6, the effects of non-revenue running and idling, and the size of the hotel load (the non-traction energy used to power auxiliaries) for the Pendolino intercity electric train were studied. Excluding non-revenue running and idling, the mean net energy consumption was found to be 12.93 kWh per train-km. Overall, including non-revenue running and idling, the mean net energy consumption was found to be 14.33 kWh per train-km, an increase of about 11%. These figures include the hotel load, which was estimated to be approximately 1.37 kWh per train-km. It can therefore be surmised that “inactive operation” comprising the hotel load and non-revenue running and idling accounted for approximately 19% of the total mean net operational energy consumption. This is towards the lower end of the range implied by Table 9.2, whereas it can be seen from Figure 9.2 that inactive and active operational components are more evenly split for the rail systems studied by Chester and Horvath. One reason for this is that it is dependent on rolling stock utilisation (if a train is less well utilised, the inactive components of idling and empty running will be much larger relative to the active operation components). Another reason for this is that Chester and Horvath have focussed on light rail and commuter rail, which is not directly comparable to the Intercity services operated by the Pendolino. The (active) operational energy consumption would be expected to increase with running speed (Section 7.3.1), as evidenced in Chapter 6, where it was seen that the relative size of the hotel load was higher for suburban trains, which are slower.

For cars, Chester and Horvath appear to assert that “inactive” operation is negligible. This is arguably untrue as cars could be deemed to have a hotel load (heating, air-conditioning and comfort systems) and may be expected to spend time idling either when held in traffic or whilst waiting for someone or something. It has already been noted that the distinction between “active” and “inactive” operations is not that clear cut, but a greater level of consistency would be useful.

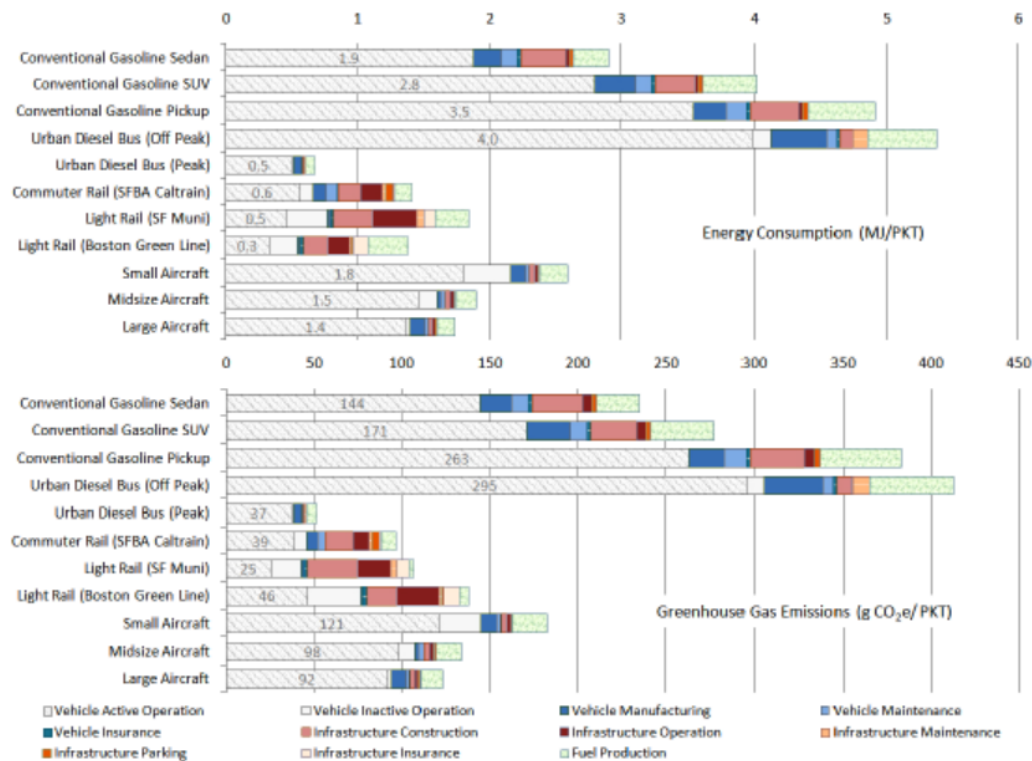


Figure 9.2: Life-cycle energy consumption and GHG emissions for selected modes (Taken from Chester and Horvath, 2009)

It can be seen from Figure 9.2 that, on the whole, the relative contributions of the different life-cycle components are the same for both energy consumption and GHG emissions. However, it should be noted that the GHG emissions from vehicle operation are highly dependent on the fuel or source of electricity used; the positive correlation observed between energy consumption and GHG emissions is because the energy inputs in the scenarios considered are heavily dominated by fossil fuels. The effect of varying the energy source can be seen in Figure 9.2, by comparing the light rail system in Boston with the one in San Francisco (SF). The San Francisco area only generates 49% of its electricity from fossil fuels, and the proportion of GHGs from vehicle operation is less than the proportion of energy consumption attributable to it. In contrast, the Boston area generates 82% of its electricity from fossil fuels and it can be seen that the proportion of GHGs from vehicle operation is accordingly larger.

9.4 Non-operational energy & emissions from vehicles

The construction, maintenance and disposal of vehicles all consume energy and produce GHG emissions, which should be attributed to the transport sector. Rather than focusing on the overall impact of including these activities in the transport sector as a whole, existing literature tends to break it down and consider it on a per vehicle basis. In order for the data to be meaningful it is typically divided over the lifespan of the vehicle to estimate the contribution of these non-operational activities on a per vehicle-km or even a per passenger-km basis. The downside of this is that assumptions about the lifespan and usage cycle of the vehicle in question have to be made.

9.4.1 Non-operational energy & emissions from trains

Ueda, Miyauchi, and Tsujimura (2003) conducted some life-cycle analysis of the Japanese Shinkansen trains. Table 9.3 presents their data for the construction, maintenance and disposal of a Shinkansen carriage.

Table 9.3: Non-operational energy and emissions from Shinkansen trains (Data Source: Ueda, Miyauchi, and Tsujimura, 2003)

Life-cycle Component	Per carriage		Per 16 carriage train		As a proportion of total non-operational components	
	Energy [GJ]	CO ₂ [t]	Energy [GJ]	CO ₂ [t]	Energy	CO ₂
Construction	155	5.8	2,480	92.8	5.30%	5.70%
Maintenance (total; assuming annual maintenance over 20yrs)	2,777	95	44,432	1,520	94.10%	93.70%
Disposal	18	0.62	288	9.92	0.60%	0.60%
Total non-operational components	2,950	101.42	47,200	1,622.72		

Allocated over a lifespan of 20 years and 8,000,000 km, Ueda, Miyauchi, and Tsujimura (2003) suggest that the non-operational components make up about 5% of the total vehicle energy consumption and CO₂ emissions. It is suggested that the operational component was even more dominant for older trains, with the higher speeds of newer designs being more than compensated for by improvements in operational energy efficiency.

Figures for the German ICE published by Tuchschnid (2009, Section 3.2.2) are allocated over a longer lifespan of 30 years and 12,000,000 km. An operational carbon footprint of 9.83kg of CO₂ per train-km is given, whilst the total material input of the rolling stock is given as 0.263kg of CO₂ (assumed to be per train-km). Taking this material input as the total non-operational component of the train, it represents about 2.5% of the carbon footprint of the train as a whole (operational + non-operational components). This is less than the estimate for the Shinkansen trains, but the following points should be noted.

- The assumed lifespan of the ICE trains is 50% longer than that of the Shinkansen trains, and hence the impact of the fixed costs of manufacture and disposal are going to be less on a per train-km basis.
- The operational energy consumption of the ICE is assumed to be different to that of the Shinkansen, although no data are explicitly given for the latter.
- The emissions from electricity production used in the ICE calculations are assumed to be 0.422kg of CO₂ per kWh (Tuchschnid, 2009), compared with 0.392kg of CO₂ used in the Shinkansen calculations (Ueda, Miyauchi, and Tsujimura, 2003).
- It is not clear exactly what has been included when calculating annual emissions from train maintenance. For example, the annual maintenance regime is estimated to produce 76t of CO₂ per train per year for the Shinkansen trains (based on data in Table 1 4), but it is not clear whether this includes “revision” and refurbishment; the “revision” of an ICE train (every four years) is estimated to produce the equivalent of 43t of CO₂ per train per year (Tuchschnid, 2009). Similarly, although Tuchschnid (2009, Figure 3.1) explicitly includes cleaning and maintenance as a separate item, no detailed data are presented.

Whereas it is clear in any case that, for the high-speed trains considered, the operational aspects are by far the most dominant component of a train’s life-cycle, it is also clear that they will vary between specific scenarios and depend on assumptions made about lifespan, usage cycles, maintenance regimes and the carbon intensity of the electricity grid. How the boundaries of the system are defined will also have an impact; for example, the operation of the factory producing the train may be included, but the construction of the factory is typically excluded. This could prove to be quite a significant point. Similarly, for GHG emissions from fuels and electricity, it is not clear which of the different scopes (Section 1.7) have been taken into account.

It should be noted that for “classic” (non high-speed) rail, the non-operational components may represent a slightly higher proportion of the train’s overall life-cycle. It is estimated that the operational energy consumption of an ICE is around 22.5 kWh per train-km (Rozycki, Koeser, and Schwarz, 2003), which is higher than that calculated in Chapter 5

for the Pendolino running on intercity routes in the UK, and significantly higher than that calculated for the suburban trains operated by London Midland. Even when including “inactive” and non-revenue operation, the operational energy consumption of an 11-carriage Pendolino train was calculated to be around 17 kWh per train-km, whilst the suburban trains only consume around 7 kWh per train-km — about a third of the consumption of the ICE. This thought to reflect both the running speed and the size of the train. It is clear that speed is a big factor in the running resistance experienced by a moving train (Chapter 7), and the corresponding energy consumption, so it stands to reason that high-speed trains have higher energy and emissions costs associated with operation. However, the intercity and suburban trains considered in Chapters 3 to 6 are smaller than the 12 carriage ICE and 16 carriage Shinkansen trains (the suburban trains only have three or four carriages). This means that the non-operational components would be expected to vary accordingly, and also highlights the flaw in using train-km as a suitable metric when making comparisons. Longer trains have more seats, and so comparisons should really be made on a per seat-km basis (or, accepting the fact that the number of seats is not always indicative of passenger capacity, some other suitable capacity metric could be used).

In terms of overall split between the operational and non-operational components of a vehicle, Chester & Horvath’s results displayed in Figure 9.2 suggest that the non-operational component might be greater than that for the trains considered here. It is noted, however, that in contrast to the data presented for the Shinkansen trains, maintenance is not such a significant component in their analysis.

9.4.2 Non-operational energy & emissions from cars

The lifespan of a car is typically estimated to be around 14 years (SMMT, 2013), which is much shorter than the 20 to 30 years usually assumed for trains. The usage cycle is also much less intense for cars than for trains, with a lifetime travel distance of between 150,000km to 300,000km typically assumed (Patterson, Alexander, and Gurr, 2011), compared with 400,000km annually for the trains discussed in Section 9.4.1. This means that the non-operational costs overall for a car would be expected to be proportionally higher than those for a train, although the maintenance activities (the highest non-operational component for the Shinkansen trains discussed in Section 9.4.1) would not be expected to be so important.

This is reflected in the data collected by Patterson, Alexander, and Gurr (2011). The data directly from manufacturers suggests that for a car covering 150,000km in its lifespan, the production of a conventional internal combustion engine car would contribute about 20% of overall life-cycle emissions, and disposal about 1%. Maintenance, if considered, is presumed to be included in the “in-use” component of life-cycle emissions, which totals about 80%. Other data collected by Patterson, Alexander, and Gurr varies, with the

operational component of the life-cycle analysis for a conventional car estimated to range between 73% and 87%.

For newer technologies, including EVs and hybrid electric vehicles (HEVs), the data shows a relative decrease in emissions from the operational phase relative to the production phase. As well as producing fewer emissions at the point of use, some of the production costs are thought to be higher; data included from Toyota also suggests that disposal of the Prius Hybrid could account for as much as 3% of life-cycle emissions. This is because the introduction of battery packs, electric motors and power electronics increases the embedded CO₂ emissions associated with production of a vehicle, whilst significantly reducing the tailpipe CO₂ emissions from vehicle operation (Patterson, Alexander, and Gurr, 2011).

It is assumed that the energy consumed during vehicle operation is similar for electric vehicles, and that the reduction in emissions arises from the fact that electricity is assumed to be less carbon intensive than petrol or diesel; Hawkins et al. (2012) concludes that “it is counter productive to promote EVs in regions where electricity is produced from oil, coal and lignite combustion.”

As with the data for trains, the breakdown of the total life-cycle energy consumption of a car is dependent on various assumptions made, including those concerning vehicle lifespan and usage patterns. It is also noted that geographical location (affecting both the transport of materials and the carbon intensity of the electricity grid) and the processes used (especially when recycling or disposing of vehicles) will be a factor.

9.5 Energy & emissions related to infrastructure

9.5.1 Infrastructure operation

The infrastructure of a transport system consumes energy (and produces associated emissions) in day to day operation. On the railway, energy may be consumed by station heating, station lighting, escalators, train control systems and components of the track itself such as points heating (Chester and Horvath, 2009; Network Rail, 2009a). On the roads, street lighting and traffic lights consume electricity, and the fuel consumed by service vehicles, such as gritters, could be counted towards the operational energy consumption of the infrastructure. Terminal buildings, airport lighting (runways and taxiways) and the operation of ground support equipment should be included when assessing the energy consumption and emissions associated with aviation.

Calculating the energy consumption of and emissions from infrastructure operation is fraught with difficulty. In some cases, it can be difficult to know where to assign the boundaries — for example, should a large retail complex in a station or airport be

considered in the transport sector or as part of the retail sector? It is noted that airport terminals themselves do not feature in the list of activities compiled by Chester and Horvath (2009, Table 1), which is arguably a serious omission as they form a significant part of an airport's infrastructure, particularly for operating energy consumption and emissions.

Data for infrastructure operation are generally rare in existing literature. Network Rail (2009a) suggest that infrastructure operation is insignificant compared to the total embedded infrastructure emissions, which does not seem to be reflected in Chester & Horvath's analysis of some rail systems in the USA (Figure 9.2); although they do not publish actual figures in their work (Chester and Horvath, 2009). This might be because the systems analysed in the US are urban systems with a high density of stations. Baron, Martinetti, and Pepion (2011) also contradict Network Rail, suggesting that, for station buildings at least, the emissions from heating and lighting are 10 or 20 times those from the construction phase. However, they do not consider this in their overall analysis and exclude infrastructure operation across all modes.

Transport systems vary considerably and, particularly in the case of railway stations, it can be very difficult to make generalisations. Chester (2008) notes that there are extreme variations in stations from large underground stations with no natural lighting through to small "bus shelter" type stations at street level with only a few lamps on at night. This is reflected in the estimated energy consumption, with lighting at an underground rapid-transit station measured at 2.3 million kWh per year, compared with a small street-level station in Boston having an estimated energy consumption of 2,600 kWh per year. Additionally, there are other station facilities to consider; where present, escalators are estimated to account for 24% of station energy consumption (Chester, 2008).

Another major problem is finding an appropriate metric over which to allocate the energy and emissions associated with infrastructure operation, and there appears to be little consistency in the literature. For example, Chester (2008) considers the energy and emissions from railway stations on a per station per year basis. This is useful when considering the overall energy consumption and emissions from the transport sector, but is less so when making modal comparisons on a per passenger basis. On the other hand, Network Rail (2009a) supplies data for station lighting and heating on a per passenger basis, but it is not clear how that relates to the journeys made and the distance travelled. It also masks the fact that the contribution of infrastructure operation to the overall energy consumption and emissions would be expected to be much lower for journeys made between small rural stations than it would be for journeys made between large urban stations.

Other aspects of rail infrastructure, such as points heating and train control systems are considered in the literature on a per route-km or per route-mileage basis (for example, this

is the way that some train control systems are dealt with by Chester (2008)). This makes sense given that the energy consumption and related emissions will vary with the size of the network, but again it is only useful when considering overall energy and emissions from the transport sector, and is less useful when making modal comparisons. The use of different metrics also means that it is impossible to assess the relative importance of the various different non-operational aspects, although Chester (2008) does at least appear to have quantified the energy consumption of train control systems relative to total station electricity consumption; a figure of up to 17% relative to station electricity consumption is cited, although this will be heavily dependent on the type of system. Urban rail systems tend to have a high density of stations, and it could be assumed that those which are underground have high energy costs due to a constant need for ventilation control, lighting and escalators.

9.5.2 Infrastructure construction

The energy and carbon associated with infrastructure construction is known as the embedded energy and carbon of the infrastructure. It is clear that there are two distinct aspects of estimating embedded energy and carbon in infrastructure; the first is quantifying the materials themselves, and the second concerns the construction processes.

Data are available for the embedded carbon and energy in construction materials, for example in a database compiled at the University of Bath (Hammond and Jones, 2011). This means that it is theoretically possible to estimate the embedded carbon and energy in the materials of a particular infrastructure project, although a detailed knowledge of the quantities and of the types of material are required. In the case of concrete, for example, the embedded energy and carbon can vary significantly, and Hammond and Jones strongly advise against simply using the “general” value they provide.

Some aspects of transport infrastructure, such as the track itself in the case of the railway, are already well documented; for example, details of the most popular track designs are given in an Arup report (Ceney, n.d.) and can be supplemented by details from the manufacturer themselves (for example in the case of the Rheda 2000 Slab Track System (Rail.One GmbH, 2011)). Other aspects of the infrastructure are currently more difficult to quantify — for example, tunnels and bridges tend to be more bespoke — although estimations are available in current literature (Baron, Martinetti, and Pepion, 2011).

It is also worth noting that much of the available data for materials are subject to various assumptions. Stimpson (2011) outlines some of the pitfalls associated with carbon footprint data and cites a recent project which concludes that the University of Bath data for embedded carbon in concrete is inaccurate. In this case, the estimates used by the University of Bath were likely to be overstating reality, which is arguably better than underestimating embedded carbon but is still not ideal.

The construction processes are more difficult to quantify. Some details of construction techniques, plant and labour hours have been documented, and could be expected to vary little from project to project; for example, some details for the different types of track are given in a report by Dunne and Ceney (2005), and some work has been done to gather data for some standard types of machinery. On the other hand, some aspects of a project will be more variable, such as the landscaping required at a particular location and the transport distances of materials to and waste from the construction site. Materials transport can vary significantly, and earthworks for the railway are an example of an area where typical practices have changed and trade-offs may occur. Historically good practice has involved keeping embankment fill areas as close as practicable to the cut locations (Soga et al., 2011), which has the advantage of minimising the distance over which materials need to be transported, and alignments were usually designed with this in mind. There is now a current trend towards lowering road and rail alignments to reduce noise and visual impacts, making it more difficult to balance cut-and-fill volumes and potentially increasing transport costs. Additionally, in some cases, soils cannot be re-used as earthworks fill because they are too wet, which gives rise to the need to balance another trade-off within the context of trying to reduce GHG emissions and energy consumption. Some such soils can be dried out using quicklime (a process called lime modification), which enables them to be used after all, thus reducing transport requirements. However, the embodied energy of the lime, which is produced in a kiln, is comparatively high.

In the literature, embedded carbon and energy are typically allocated per network distance per year, but this again requires assumptions about lifespan to be made. Different components of a transport system have different lifespans; (Baron, Martinetti, and Pepion, 2011) suggest that railway tracks and roads typically have a lifespan of 30 years, whilst bridges, tunnels and buildings typically have a lifespan of 100 years. The choice of lifespan can have a significant impact. Baron, Martinetti, and Pepion compare calculations for the construction of particular lines where the lifespan of tunnels and bridges is 100 years with calculations made for the same lines on the assumption that bridges and tunnels only have a 60 year lifespan. The relative size of the embedded energy and emissions in these components means that the effect on the life-cycle calculations for the whole project was significant in each case.

For new infrastructure, there are several ways in which the lifespan may be estimated. One option is to consider the “payback period” over which operations over the infrastructure are expected to recoup the initial (financial) costs of construction, which may be shorter than the actual life-expectancy of the infrastructure. There may be a “design lifespan” over which the infrastructure is expected to sustain operations (which may differ from the “payback period”), and it is also worth considering historical precedent and looking at the age of existing infrastructure. One advantage of choosing a shorter-time horizon

(as Ademe, SNCF, and RFF (2009) have done) is that it reduces the need to predict long term operational trends and costs when considering the whole picture.

There are also questions about how to account for existing infrastructure. At one end of the scale, it could be argued that when assessing the provision of new transport services over existing infrastructure, the carbon and energy cost of the infrastructure has already been accounted for and has no bearing on the new services. At the other end of the scale, Baron, Martinetti, and Pepion note that construction methods and processes have changed such that using modern standards to assess a tunnel built 20 or 30 years ago could serve to underestimate the embedded energy and carbon. Additionally, transport systems rarely exist in complete isolation, which means that there may be cases where the allocation of infrastructure costs are potentially ambiguous. For example, if construction of a new railway requires construction of a new road bridge, a case could be made to allocate the costs of the bridge to either the railway or the road. Similarly, many large stations include multi-modal interchanges and retail and leisure facilities which may not be wholly attributable to the transport sector. The simplest approach is to rely on historical precedence; in the case of the aforementioned road bridge, if the road existed before the railway, then the new bridge should be attributed entirely to the new railway.

A summary of the carbon dioxide emissions from the construction of a railway are given in Table 9.4. It is assumed that each kilometre of route is double tracked.

The total embedded emissions for a given railway line depends heavily on the design of the line and the number of bridges, tunnels and viaducts. Table 9.5 summarises the estimates made by Baron, Martinetti, and Pepion for two different high-speed projects; the LGV Mediterranée in France and the line between Taipei and Kaohsiung in Taiwan. The latter has an extremely high proportion of tunnels and viaducts, with only 9% of the line being on “normal” track.

Table 9.4: A summary of the carbon-dioxide emissions from the construction of a railway (Data Source: Baron, Martinetti, and Pepion, 2011)

Aspect	Estimated CO ₂ emissions [t/km/year]	Notes
Conception Phase	0.45	Includes office works for planning a high-speed line prior to construction. Based on data for the LGV Mediterranee line
Earthworks	5 to 22	Estimates based on different TGV lines
Track	22.8 (ballasted track) 31.6 (slab track)	The biggest source of emissions is the steel for the rails
Bridges/Viaducts	68 (small bridges) to 183 (large and high viaducts over valleys)	
Tunnels	172 to 243	
Railway Equipment	3.5	
Stations	33 to 82	

Table 9.5: Estimated embedded emissions for two high-speed lines (Data Source: Baron, Martinetti, and Pepion, 2011)

Line	LGV Mediterranee	Taipei - Kaohsiung
Length [km]	250	345
Estimated CO ₂ per year [t]	17,055.5	60,900.75
CO ₂ per year per km [t]	68	176.5

In order to make comparisons, data are typically presented in terms of passenger-km. This requires estimates to be made about the usage of the line, which can introduce further variability. Baron, Martinetti, and Pepion estimate the embedded emissions of the LGV Mediterranée line to equate to 5.7g of CO₂ per passenger-km over its lifetime. In contrast, they estimate the embedded emissions of the Taipei — Kaohsiung line to be as high as 42.7g of CO₂ per passenger-km.

Baron, Martinetti, and Pepion also present similar calculations for the construction of the A7 motorway in France and conclude that the embedded emissions are about 73t of CO₂ per km per year. This is higher than the embedded emissions in the LGV Mediterranée railway line, but the number of passenger journeys made by car along the motorway is estimated to be higher than the number of passenger journeys made by high-speed train; consequently the embedded emissions per passenger-km are given as being just 0.73g of CO₂ (just 13% of those for the LGV Mediterranée line). It should be noted, however, that all of the calculations are based on specific projects and may not be easily generalised.

9.5.3 Infrastructure Maintenance

Infrastructure maintenance is not always considered in detail in the literature, with Network Rail (2009a) citing a lack of information. Baron, Martinetti, and Pepion note that to some extent maintenance can be accounted for by considering the reduced lifespan of some of the key components (such as rails or ballast) compared with others — assuming that the major maintenance of these components entails replacement when they are life-expired, this can be absorbed into the cost of construction. However, a report by Ademe, SNCF, and RFF (2009) suggest that maintenance costs include the transport needed to conduct track inspections (which may include helicopters or cars as well as inspection trains), the energy used by ballasting, tamping, grinding and weeding machinery, and the embedded energy of the various materials (including not just the components of the track which need replacement but other sundries such as weed killer). The emissions from the maintenance of 140 route-km (double track) of the European Eastern LGV line are estimated to amount to 19,900t of CO_{2e} over a 30 year operating period. This amounts to 4.7t of CO_{2e} per km per year. Considering the data in Table 9.4, this amounts to an additional 21% of the embedded emissions from the construction of ballasted track, although the potential discrepancy between CO₂ (Table 9.4) and CO_{2e} (Ademe, SNCF, and RFF, 2009) is noted.

9.6 Life-cycle emissions from fuels

There are a number of activities associated with the supply of fuel and electricity which consume energy and produce GHG emissions. These should be accounted for when considering the whole life-cycle. These activities include the mining or extraction of the raw material, the refining process (in the case of oil and gas) and the transport of the fuel to the point of use. In addition, electricity transmission involves losses which need to be considered.

When considering GHG emissions, life-cycle emissions are classed as Scope 3 emissions (Section 1.7). DEFRA publish estimations of Scope 3 emissions for fuels in the UK, which are summarised for electricity generation in Table 9.6 and for petrol, diesel and aviation fuel in Table 9.7.

Table 9.6: Scope 3 emissions for fuels (Data Source: DEFRA, 2013a)

Fuel	Petrol (avg. biofuel blend)	Diesel (avg. biofuel blend)	Aviation Turbine Fuel
Emissions at point of use [kg CO ₂ e per kWh]	0.23	0.25	0.25
Scope 3 (“Well to Tank”) emissions [kg CO ₂ e per kWh]	0.05	0.05	0.05
Scope 3 emissions as a % of those at use	22	22	22

Table 9.7: Scope 3 emissions for electricity (Data Source: DEFRA, 2013a)

Emissions at point of generation [kg CO ₂ e per kWh]	0.45
Emissions at point of use (including losses) [kg CO ₂ e per kWh]	0.49
Scope 3 emissions	0.07
Scope 3 emissions as a % of those at use	16

It is important to note that the data are for all GHG emissions (CO₂e), with no separate figure for CO₂ alone. It is thought that although CO₂ is by far and away the most prevalent GHG from the transport sector when considering only Scope 1 emissions (the point of use), CO₂ emissions such as CH₄ become more significant when considering the whole life-cycle.

The data do not appear to include other indirect emissions arising from other aspects of the life-cycle of power stations and energy generation systems, such as construction

and maintenance. All electricity generation technologies emit CO₂ at some point in their life-cycle (Baldwin, 2006), and although direct emissions from plant operation are the most significant for fossil fuel plants, non-operational phases can be quite significant for “low carbon” technologies. For example, solar cell production can be quite energy intensive, and apportioning the life-cycle emissions over the operating lifespan leads to estimates of 0.058kg of CO₂e per kWh generated by solar panels in the UK. Elsewhere, where there is more sunlight, leading to a higher number of operating hours and a greater level of energy output, the life-cycle emissions per kWh generated are lower (Baldwin, 2006). Other “low carbon” technologies have lower life-cycle emissions — construction and maintenance of wind turbines leads to estimated emissions of around 0.005kg of CO₂e per kWh generated — but it is clear that completely zero carbon electricity generation is not a realistic prospect.

9.7 Making modal comparisons

Like Chester and Horvath, whose results are shown in Figure 9.2, (Baron, Martinetti, and Pepion, 2011) have estimated the life-cycle CO₂ emissions of car travel, rail travel and air travel on a per passenger-km basis. Their results are shown in Figure 9.3.

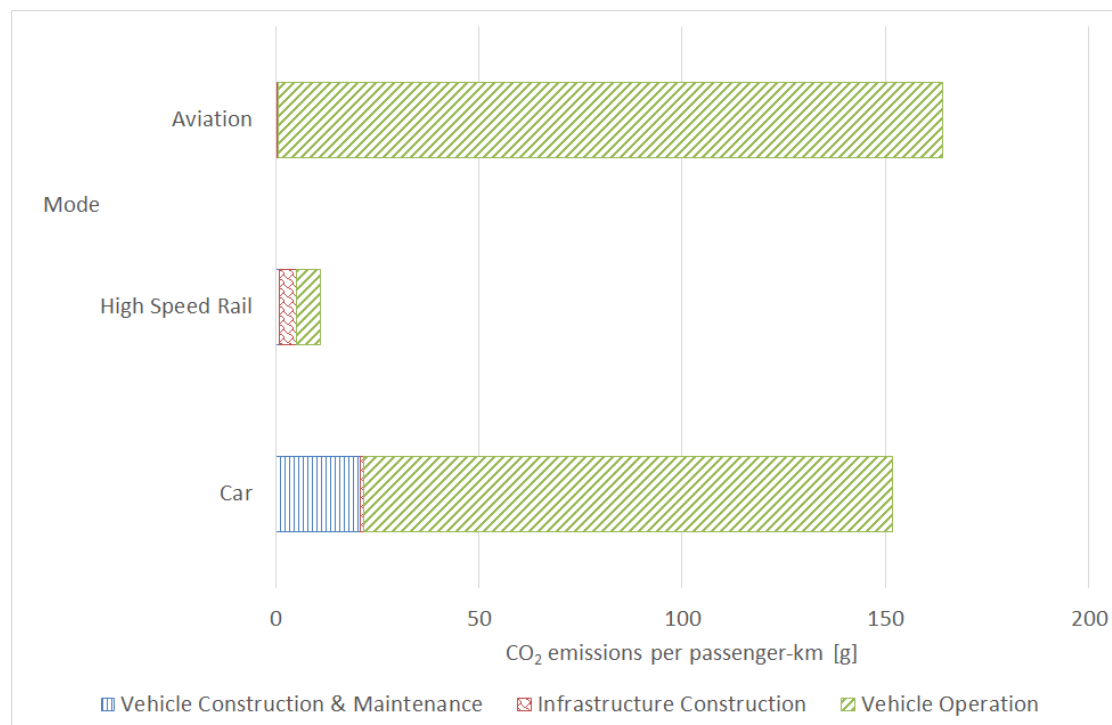


Figure 9.3: Life-cycle emissions of different modes (Data Source: Baron, Martinetti, and Pepion, 2011)

Because of the potential for variation, Chester and Horvath have expressed their findings in terms of ranges. The data presented by Baron, Martinetti, and Pepion are re-cast in percentage terms and presented alongside these ranges in Table 9.8.

Table 9.8: A comparison of data for different life-cycle components

Mode	Road		Rail		Air	
Data Source	Chester and Horvath (2009)	Baron, Martinetti, and Pepion (2011)	Chester and Horvath (2009)	Baron, Martinetti, and Pepion (2011)	Chester and Horvath (2009)	Baron, Martinetti, and Pepion (2011)
Vehicle operations [%]	63 - 71	86	40 - 56	52	77 - 83	0
Vehicle construction and maintenance [%]	29 - 37	14	44 - 60	9	17 - 23	100
Infrastructure construction and maintenance		0		39		0
Other life-cycle components (fuel production, infrastructure operation, inactive vehicle operation)		Not considered		Not considered		Not considered

There are some general trends which are common to the work done by both Chester and Horvath and Baron, Martinetti, and Pepion. For example, the shorter lifespan of a car results in the vehicle construction being proportionally more important than it is for the other modes, whilst infrastructure is a much more significant life-cycle component for rail.

However, for various reasons, caution must be exercised when directly comparing the two datasets. Firstly, the analysis undertaken by Chester and Horvath is more thorough — for example, data about station operations are explicitly included, as are a number of additional operational and maintenance activities, such as road salting or herbicide spraying. Secondly, it is very clear that both the specific scenario selected for analysis and the assumptions made can affect the results. In terms of operational emissions, Chester

and Horvath use a value of 367g of CO₂ per vehicle-km for the saloon car considered (Chester, 2008), whereas Baron, Martinetti, and Pepion use a value of 208g of CO₂ per vehicle-km (130g of CO₂ per passenger-km with an assumed occupancy of 1.6 people). This may be appropriate for the context in each case (Chester & Horvath's analysis is based in America whilst Baron, Martinetti, and Pepion focus on Europe), but it serves to show just how much of a difference there can be. Furthermore, new targets for car emissions mean that operational emissions can be expected to fall significantly further relative to the data in current literature. Similarly, mention has already been made of the importance of the carbon intensity of the electricity grid. It is also worth noting that for rail, Chester and Horvath have considered light rail, which is likely to have a higher density of stations, more underground infrastructure and lower running speeds than the high-speed rail considered elsewhere.

Because the data are given on a per passenger-km basis, the usage patterns and passenger loadings are important variables. Chester and Horvath discuss the sensitivity of their findings to passenger loadings, and this is explored further in Chapter 10.

Table 9.9 presents the life-cycle components not as a proportion of the overall energy consumption and emissions, but as an additional proportion of the operational energy consumption and emissions. This is useful for two reasons — firstly, data for different modes are often confined to the operational phase, and it is helpful to have some idea of what the uplift might be when including some of the other components. Secondly, there are some cases where it might be appropriate to add some life-cycle components to the operational data, but not others. The operation of new rail services over existing infrastructure would be a good example of where some life-cycle data may not need to be added. However, care must be taken — firstly, if the data for existing services include infrastructure construction, it would be inappropriate not to recalculate this fixed component over all services. Secondly, in any case, an increase in passenger traffic will affect how the fixed components are allocated, as well as influencing maintenance and renewal regimes, and this should be considered accordingly.

Table 9.9: Life-cycle emissions as an additional percentage of active operational emissions

Mode	Road	Rail	Air	Notes
Inactive Operation	0	12-68	2-20	See Section 9.4
Scope 3 emissions from fuels	22	16 (electric rail) 22 (diesel rail)	22	See Table 9.6 and Table 9.7; Based on DEFRA data for the UK
Vehicle Construction & Maintenance	20	2.5 - 5	4-9	Car data are European. Rail data are based on high-speed systems (Section 9.4; based on specific studies). Air data are taken from Chester & Horvath's results (Figure 9.2)
Infrastructure Construction & Maintenance (Baron, Martinetti, and Pepion, 2011)	1	75	0	Chester & Horvath's analysis is more comprehensive and the light rail systems studied are potentially more infrastructure intensive than the High Speed lines considered by Baron, Martinetti, and Pepion
Infrastructure Construction & Maintenance (Chester and Horvath, 2009)	11 to 20	81 to 190	3.5 to 4.7	
Total	43 to 62	105.5 to 285	28 to 56	

9.8 Conclusions

It can be seen that when making modal comparisons, additional life-cycle components which consume energy and produce GHG emissions need to be taken into account. This is particularly true for rail, where the infrastructure can contain more embedded energy and carbon than it does for road, especially for routes with many stations, tunnels and bridges. Any operational advantage rail may have in terms of reducing energy consumption and emissions may be reduced once these life-cycle effects are taken into account, although it is questionable whether the construction of existing infrastructure should be included when assessing the impact of new services which rely on it. Estimating the life-cycle components can be difficult due to a lack of data, whilst they can vary significantly between specific transport systems. The lifespan of the vehicles and the infrastructure

components and the assumptions made about vehicle usage and passenger loadings all make a big difference to the appropriate allocation of the fixed costs.

Table 9.9 gives some indication of how the operational energy and emissions data discussed in Chapters 3 to 6 should be modified to take into account life-cycle emissions. It is clear that when considering data on a per passenger-km basis, the data for all life-cycle components are very sensitive to assumptions made about load factor. Such assumptions will be discussed further in Chapter 10.

Chapter 10

The use of passenger-km as a metric & the importance of load factor

10.1 Introduction

As was noted in Section 1.9, comparisons between the energy and emissions of different modes of passenger transport are often made in terms of passenger-km. A key advantage of this as a metric is that it accounts for some of the fundamental differences between modes, such as the fact that public transport vehicles are often much bigger than the private car. A disadvantage of this as a metric is the fact that some knowledge of the load factor is required, which can be highly variable and difficult to estimate accurately. Use of the carbon calculator tools compared in Chapter 2 assumed average load factors for the public transport modes and an occupancy of one (the driver) for journeys made by car. The data reviewed later in Chapter 2 was typically in terms of vehicle-km, avoiding the issue of load factor completely but making it impossible to make direct modal comparisons. Similarly, the analysis of the operational energy consumption of a train in Chapters 3 to 6 presented the data on a per train-km basis.

This chapter presents some estimates of typical load factor data for the different modes, and illustrates the sensitivity of emissions on a per passenger-km basis to the load factor. Emissions data for electric trains are based on the analysis of the net energy consumption undertaken in Chapters 3 to 6, using data about emissions from electricity generation to make appropriate estimations. Emissions data for other modes, including diesel trains, are gathered from other published sources for comparative purposes.

The importance of train design and train length, including some further analysis of empirical energy data, is considered, followed by a discussion on the suitability of passenger-km as a metric on which to base policy and decisions.

10.2 Typical load factor data

10.2.1 Private cars

Occupancy levels of private cars are estimated from travel survey data, and in the UK are found to be in the region of 1.6 people (DfT, 2013c; RSSB, 2007). For a car with five seats, this equates to a load factor of 32%. This has fluctuated slightly from a high of 1.62 in 1990 to a low of 1.57 in 2004 and is slightly higher than the average car occupancy level for Western European countries (1.54) and lower than the average for Eastern European countries (1.74), which has declined in recent years (European Environment Agency, 2010). Data for the USA are similar, with an average car occupancy level of 1.67 in 2009, down from 1.9 in 1977 (Santos et al., 2011)

Car occupancy levels vary according to the purpose of the trip made, with an average occupancy level of 1.12 in the UK in 2012 for business trips and commuting, rising to an average of 2.0 for leisure trips and education (DfT, 2013c). Again, the trends in the USA are observed to be similar (Santos et al., 2011). In keeping with the variation observed according to the purpose of the trip, average car occupancy levels in California were observed to be higher at weekends (1.7) than during the week (1.4) (Metropolitan Transport Commission, 2005, Table 2.2.4).

10.2.2 Buses and coaches

Estimating typical load factors for buses and coaches is more complicated than it is for private cars. The occupancy levels are much more variable for a given journey due to passengers boarding and alighting en route, and average occupancy overall varies between regions and service types as much as it does between countries. For example, in the UK, the average passenger occupancy given for a local bus in London is significantly higher than that of a local bus outside London (DEFRA, 2013b). It is assumed that the data given by DEFRA refers to numbers of passengers rather than load factor in percentage terms. Calculating the load factor in percentage terms is not straightforward because buses can vary significantly in terms of seating capacity, and there is the issue of standing passengers (who might be expected to exceed the number of seated passengers on some urban buses, but are generally not allowed on long-distance coaches).

The European Environment Agency (2010) makes some attempt at comparing load factors in percentage terms across different European countries, but it is difficult to

draw conclusions because urban buses in one country are compared with long distance buses and coaches in another. This may be because in some cases it is difficult to make distinctions between different services; DEFRA, for example, note that their data for coaches are likely to underestimate actual occupancy levels because non-local buses have been included in the calculations.

Coach travel is of most interest in this research because in most cases they provide a more directly comparable alternative to rail services than local buses, and were shown in Chapter 2 to be comparable to rail in terms of GHG emissions. In the UK, load factors for coaches leaving Victoria Coach Station in London have been estimated to be in the region of 60% (RSSB, 2007). Given that this is for services leaving the capital's main coach station this may be higher than the national average, although it does appear to be in the same region as the figures for coaches in Germany (60%) and national buses in Poland (47%) (European Environment Agency, 2010). International bus travel to/from Poland is stated as having a particularly high load factor of 72%. Overall, the European Environment Agency suggest that on long distance buses and coaches, an average of 33% of the seats are occupied.

10.2.3 Domestic aviation

Aviation appears to maintain higher load factors than other modes of transport. This will partly be because airlines have more flexibility to operate single routes according to passenger demand than bus or train operators. As well as the fact that the route an aeroplane takes is not restricted by transport infrastructure in the same way that buses and trains are, it is more common for bus and train operators than it is for airlines to be required to operate particular services, with subsidies provided where passenger demand is otherwise insufficient to make them economically viable.

Across Europe, aviation load factors have risen steadily, from 57% in 1991 to 77% in 2007 (European Environment Agency, 2010). They are thought to be similarly high within the USA; in their analysis of sensitivity to load factor, Chester and Horvath (2009), 50% was taken as the "low" load factor for a domestic flight. In the UK, the average load factor of a domestic flight is currently given as 69.3% (DEFRA, 2013b, Table 24), which is in line with the observation that "aircraft load factors fluctuate around 70%" (RSSB, 2007).

10.2.4 Rail

As with buses and coaches, passenger occupancy levels of trains are quite variable. Factors include the type of service and the time of day. In the UK in 2005/6, the average domestic load factor was found to vary between 25% to 47% (RSSB, 2007). As with buses and coaches, significant variation can also be observed throughout an individual

journey. The example of London (Euston) to Glasgow is cited by RSSB, who claim that it is normal for the train to be standing room only for the first 100km and virtually empty by the end.

Using data from the Office of Rail Regulation for timetabled train-km and passenger-km for each TOC for the year 2010-2011 (ORR, 2011), some estimates of typical train occupancy levels were made. These are summarised in Table 10.1 for a selection of UK train operating companies, whose operations include London commuter services, non-London suburban services and a range of inter-urban and intercity services.

For those operators with a very varied fleet of trains, such as London Midland and Southern, it is difficult to convert the estimated average train occupancy levels into an estimated load factor. For example, 110 passengers on a Southern service operated by a single four-car Class 377 is equivalent to a load factor of 49%. If the service were operated by a 12-carriage train then the load factor would be nearer 15%. The number of trains working in multiple will reflect to the expected passenger demand for the service in many cases, but extremes of passenger load factor may still be borne out in reality on occasion. The long distance operators have a more uniform fleet. The average load factor for Virgin Trains based on the data in Table 10.1 would appear less than that given elsewhere; RSSB (2010b) cite the results of a study by the ATOC suggesting an average load factor of 46.5%, whilst for a nine-carriage Pendolino the data in Table 10.1 equates to an average load factor of 36%.

High-speed rail in Europe has been observed to have higher load factors than intercity rail in the UK, with the TGV from Paris to Strasbourg operating with a typical load factor of 88% in standard class (Network Rail, 2009a). The ICE in Germany has lower load factors of between 40% and 50% (is similar to intercity rail in the UK). This perhaps reflects the fact that the comparatively high service frequencies and shorter distances are similar to the intercity routes in the UK, even though the line speeds are higher. The data gathered by Network Rail (2009a) suggest that load factors on high-speed rail services are generally higher on longer-distance services, perhaps because at such distances the private car is less competitive, and aviation is the main alternative. Network Rail also suggest that there may be a degree of over capacity provided by ICE services compared with high-speed services in other countries.

The nature of railway operations mean that passenger occupancy levels fluctuate significantly around the overall average. This is particularly true for commuter services; Figure 10.1 and Figure 10.2 show how the average load factor (ascertained by dividing the number of passengers by the number of available seats on trains) varies throughout the day for arriving and departing passengers in Birmingham and London.

Table 10.1: Estimates of train occupancy levels for a selection of UK TOCs

TOC	Southern	London Midland	East Coast	Virgin Trains	Cross Country
Type of operator	Suburban with a large section of the London commuter market	Suburban and inter-urban with some London commuter services	Intercity, serving the London to Scotland market	Intercity, serving the London to Scotland market	Intercity and inter-urban. Do not serve London
Annual timetabled train-km (ORR, 2011)	37.5	24.4	19.9	35.6	32
Annual passenger-km (ORR, 2011)	4,132.8	1,852.3	4,771.5	5,698.8	3,078.5
Mean passengers per train	110	76	240	160	96
Typical train	Class 377 'Electrostar'	Class 350 "Desiro"	British Rail Mark 4 set	Pendolino	Class 220 "Voyager"
Typical seating capacity	223 (single 4-carriage train) to 669 (three trains in multiple — 12 carriages) (Govia, 2014)	183 (single 4-carriage Class 350/1) to 840 (three Class 350/2 units in multiple) (The Railway Centre.Com, 2006)	535	439 (nine-carriage train) to 589 (11-carriage train)	208 (4-carriage train)
Notes	Some London "Metro" services are operated with Class 455 trains with 316 seats per train.			Virgin Trains also operate some Class 221 Voyager trains which have 262 seats.	

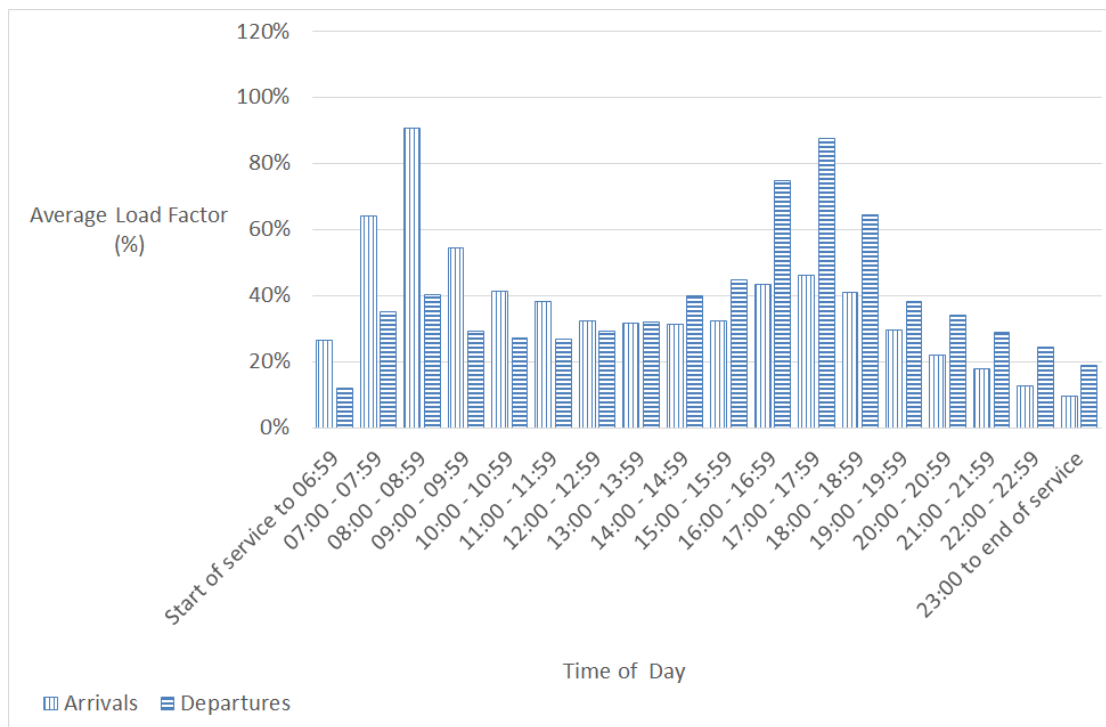


Figure 10.1: Variation in load factor for trains arriving/departing Birmingham (Based on data from ORR, 2011)

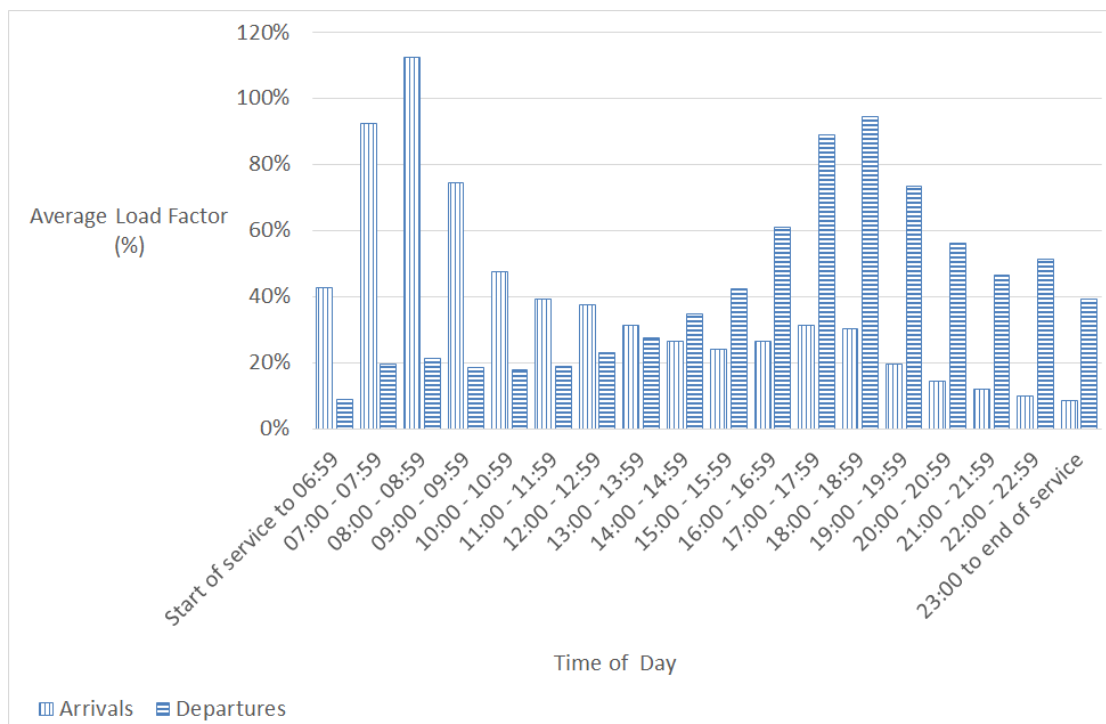


Figure 10.2: Variation in load factor for trains arriving/departing London (Based on data from ORR, 2011)

It can be seen that despite high passenger loadings on trains arriving in urban centres during the morning peak and departing during the evening peak, average load factors are reduced by comparatively low loadings on trains in the opposite direction. The morning peak period is particularly intense, with average arrivals in London having load factors in excess of 100% due to the number of standing passengers. These figures are based on average data over a time period and hide the fact that specific trains can be particularly crowded. Such high load factors are only likely to occur towards one end of a journey, however, and the average load factor for the whole journey will be lower. Variation of load factor with time and day is very much dependent on the type of service — Figure 10.1 and Figure 10.2 are affected by the fact that urban centres such as London and Birmingham attract commuters. RSSB (2007) note that long distance operators typically maintain a more constant load factor than those serving predominantly commuter markets, but in any case, care must be taken when considering the extremes; comparatively empty services may still be a necessary component of the overall service provision, if only to facilitate the trains being in the right place to meet demand later on. On this basis, although the average load factor may not be representative of an individual service, it is still a useful figure when considering the whole picture.

10.3 The sensitivity of emissions data to load factor

Table 10.2 contains emissions data in terms of CO₂ per passenger-km for road and rail transport.

The average UK new car emissions for 2007 and 2011 are taken from the Society of Motor Manufacturers and Traders (SMMT, 2013), and the suggested uplift of 20% to account for real-world effects is in line with the literature reviewed in Section 2.4. The figure for the Chevrolet Volt is the manufacturer's figure, taken from an online "Green Guide to Car CO₂ Emissions" (carpages.co.uk, 2013), where at the time of writing it produces the least emissions of any hybrid car. In line with the literature reviewed in Section 2.4, this is uplifted by 35% to account for real-world effects.

The data for coach travel are based on the calculations for the Megabus undertaken by the RSSB (2007).

The average data for UK rail are provided by DEFRA (2013). Additionally, a number of specific train types are included. The data for electric trains come from the empirical data analysis undertaken in Chapters 3 to 6, assuming a figure of 490g CO₂ per kWh of electricity consumed (DEFRA, 2013a) and include an uplift of 11% to take into account non-revenue running and idling (Section 6.7). The data for diesel trains come from actual fuel consumption data presented by RSSB (2007), using a figure of 26.5g of CO₂ emitted per litre of diesel per 100km. Because the data for diesel rail are based on overall fuel

Table 10.2: CO₂ emissions data for selected road and rail transport

Mode	CO ₂ emissions per seat-km [g]	Typical load factor	CO ₂ emissions per passenger-km at typical load factor [g]	Minimum load factor	Maximum load factor
Chevrolet Volt	9.11	40%	22.78	25%	100%
Coach ('Megabus')	16.7	60%	27.83	10%	100%
Intercity Electric Rail (Pendolino 'Pendolino')	15.84	40%	39.6	10%	110%
Suburban Electric Rail (Class 321)	12.1	30%	40.33	10%	110%
Suburban Electric Rail (Class 323)	12.54	30%	41.8	10%	110%
DEFRA Average Rail			48.8		
Suburban Electric Rail (Class 350/1)	19.69	30%	65.63	10%	110%
Suburban Diesel Rail (Class 170 'Turbostar')	20.88	30%	69.61	10%	110%
Intercity Diesel Rail (Class 221 'Voyager')	31.8	40%	79.5	10%	110%
Average New Car (2011)	33.14	32%	103.58	20%	100%
Average New Car (2007)	39.58	32%	123.68	20%	100%

consumption data, the assumption is made that they take into account the effects of non-revenue running and idling.

Following on from the data reviewed in Section 10.2, the average car occupancy is assumed to be 1.6 people. The average new car is assumed to have five seats and the Chevrolet Volt has 4, so the typical load factors are taken to be 32% and 40% respectively. The minimum car occupancy is 1 (the driver) and the maximum is governed by the number of seats (100% load factor) because (in Europe, at least), it is illegal to carry more passengers than there are seats. It should be noted that the emissions per seat-km for the average car are calculated on the basis of five seats in a car, but some cars on the market have fewer, and a few family cars have more.

For the specific trains, an average load factor of 30% is assumed for suburban rail, rising to 40% for intercity rail. A load factor of 60% is assumed for the coach, accepting the caveat that this may be on the high side. For public transport (coaches and trains), a load factor of 10% is assumed as a typical minimum, although services may run with fewer passengers. For coaches, it is assumed that standing passengers are not allowed, leading to a maximum load factor of 100%. It is typically permissible for trains to carry more passengers than there are seats, and a typical maximum load factor of 110% is assumed (although some crush-laden commuter services may exceed that, as discussed in Section 10.2).

Figure 10.3 compares the average CO₂ emissions per passenger-km for the different modes on the basis of typical load factors. The error bars give some indication of how that might change if the load factor was varied between the minimum and maximum given in Table 10.2; a lower load factor leads to increased emissions per passenger-km, and vice versa.

It can be seen from Figure 10.3 that if the typical load factors suggested in Table 10.2 are indeed representative of the real-world then rail travel typically emits less CO₂ per passenger-km than travelling by private car, and coach travel emits less still. However, particularly as far as the coach is concerned, the assumptions made about typical passenger loadings are crucial; the coach only emits less CO₂ per passenger-km than the Pendolino intercity train if higher load factors are maintained. The variation in CO₂ emissions per passenger-km with load factor shows that, overall, coach travel and intercity rail travel are similar.

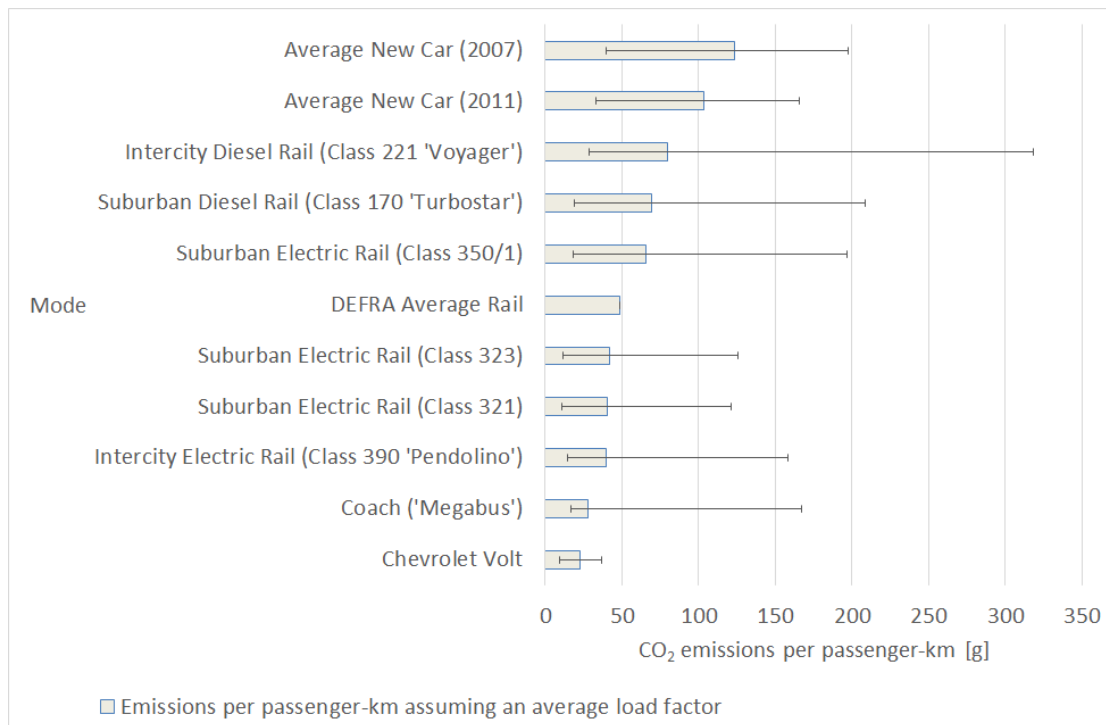


Figure 10.3: Emissions data for selected modes

It can also be seen that if the average car carries more than 1.6 people then it may not actually produce more CO₂ per passenger-km than the train, particularly as far as diesel trains are concerned. The Chevrolet Volt is not (yet) typical of the car fleet in the UK, and even increasing the manufacturer's official emissions figures by 35% may still be optimistic — no account has been taken of any additional emissions arising from electricity consumed to charge the battery, and the benefits of the hybrid system may not be sustained throughout a longer journey. Its inclusion here, however, does serve to illustrate that as cars become more efficient then even a crush-laden train may struggle to compete in terms of lower CO₂ emissions per passenger-km.

Emissions per passenger-km from cars are much more sensitive to changes in passenger numbers than they are from public transport modes because the number of seats in a typical car is much less. Increasing the number of people in a car to four brings the load factor up to 80%, whereas the number of passengers which would be required to increase the load factor of a train to 80% is significantly greater. The importance of the number of seats in a vehicle is explored further in the next section (Section 10.4), whilst the true value of an increased load factor is discussed in Section 10.5.

10.4 The implications of vehicle design

10.4.1 The number of seats

The load factor is typically expressed as a percentage of the number of seats which are occupied, and hence the number of seats is a crucial factor. It has already been highlighted that the relatively small number of seats in a private car means that even a single person can have a significant impact on the load factor. A load factor in percentage terms may not, therefore, tell the full story. For example, some cars on the market — typically sports cars or small city cars — only have two seats. In this case, it only takes one passenger (in addition to the driver) to achieve a load factor of 100%, but the vehicle emissions can only be apportioned across two people. A load factor of 80% in a typical five-seat family car may sound less impressive, but the vehicle emissions would be divided between four people, leading to a much more significant reduction in emissions on a per passenger basis.

Similarly, London Midland operate Class 350 “Desiro” trains with two different seating configurations. The Class 350/1 has two seats either side of the main aisle throughout (a 2+2 layout), giving a total of 183 seats (The Railway Centre.Com, 2006). The Class 350/2 has a 3+2 layout, increasing the total number of seats to around 280. Externally, both trains are the same, with the same number of carriages. The Class 350/1 fleet are generally scheduled to work the longer-distance services, but it is clear from the empirical data analysed in Chapters 3 to 6 that there are some services which are operated by both sub-classes. The upshot of this is that a typical passenger load of 76 people (Table 10.1) equates to a load factor of 42% on a Class 350/1 and just 27% on a Class 350/2, but since the energy consumption was found to be similar for each sub-class, the variation in load factor as a percentage makes no difference to the emissions per passenger overall.

Some metro trains have been designed around standing capacity rather than seating capacity — for example, the Class 378 trains recently introduced on London Overground services have longitudinal seats and wide gangways, giving an estimated passenger capacity (including standing passengers) of 700 per four-carriage train (Railwaygazette.com, 2009). The number of seats is far less than this, such that even a load factor of 110% of the seating capacity would be on the low side. On such Metro services, “crush-loading” is much more acceptable.

The House of Commons Transport Committee (2003) report that there are different ways of calculating the capacity of a train, depending on the type of train and the type of service. Citing the Rail Passenger Council, they suggest that for journeys of more than 20 minutes, the capacity of the train could be defined by the number of Standard Class seats, whilst for journeys of less than 20 minutes the capacity could be defined for “slam-door” trains as the total number of seats plus 10%. For trains with sliding doors, capacity could be defined not in terms of number of seats, but in terms of floor-area; the

report suggests that the capacity threshold is one passenger per 0.45m^2 of floor area, whether there is a seat there or not. It would be fair to raise some questions about these definitions — for example, on outer-suburban and inter-urban services, some passengers will be making journeys of more than 20 minutes, whilst some passengers may only be on the train for a very short time. This means that the capacity of the same train on the same service could be legitimately defined in two separate ways. It is also not clear why first class seating is excluded from the calculations. The age of the report means that the distinction between “slam-door” and “sliding-door” trains is no longer particularly appropriate because most of the “slam-door” trains in the UK have been phased out since the report was written.

The key point, perhaps, is that defining load factor in terms of the number of seats is not necessarily sufficient. For long-distance intercity services, where having a seat is a reasonable expectation, it remains a useful measure, but adoption of an alternative metric (perhaps based on floor area per passenger) would be better for other services. A similar point could be made about buses; whereas long-distance coaches do not allow standing passengers, local buses do to the extent that a load factor of 100% of the number of seats does not reflect the overall passenger capacity at all.

10.4.2 Vehicle design — the onboard environment

Although it may be legally possible for as many passengers to be carried in a vehicle as there are seats (if not more, in the case of some buses and trains), high occupancy levels are not always practical or desirable. The middle seat in the back of a five seat car, for example, is often not comfortable for an adult and hence, although the maximum occupancy level might be achievable for a family outing, it would be reasonable to suggest that car sharing schemes might struggle more to achieve it.

For trains, the type of service plays a role when it comes to the design of the onboard environment and the suitability of a particular seating-density. A dense layout, such as the 3+2 layout in the Class 350/2 may be suitable for short journeys, but there is some evidence to suggest that such high density seating may not always lead to higher passenger occupancy levels. On the direct route between Portsmouth and London, trains with 2+2 seating were replaced with very similar trains to the Class 350/2, with a 3+2 layout, a move which proved unpopular with passengers (Portsmouth City Council, n.d.). The report by Portsmouth City Council claims that some passengers have “started driving instead” whilst others prefer to stand or in the aisle whilst leaving the middle seat of the three unoccupied. The implication is that if the seating density is too high then the maximum load factor may be harder to achieve, except in situations where demand is very high and passengers would be prepared to put up with crowded conditions. This may depend partially on how passengers expect to utilise their travelling time (see Section 1.11.2). It was noted in Section 10.4.1 that it may be better to define the capacity

in terms of floor area rather than the number of seats, and that the suggested capacity (one passenger per 0.45m^2 of floor area) is independent of the number of seats (House of Commons Transport Committee, 2003). It is thought that perceived capacity may vary with seating density — for example, the observed reluctance to occupy the middle of three seats may lead to the train appearing more crowded than it really is in terms of passengers per floor area. If it were possible to directly compare passenger loadings on the same journeys between similar trains with different seating densities (such as the Class 350/1 and Class 350/2) the results could be interesting.

10.5 Train length

A unique feature of trains is that it is possible to lengthen them to provide greater capacity without increasing the seating density and without the need to run additional services. This can either be done by adding extra carriages to a train, as Virgin Trains did with their Pendolino trains or by joining two or more trains together, known as multiple working, which is commonplace on the London Midland network. The extra length and increased mass will have some detrimental effect on energy consumption and the resulting emissions, but it is still preferable overall to running additional trains in isolation. ATOC (2007) suggest that adding carriages to an existing train might be expected to have a carbon impact of about 60% of the un-lengthened train. Although it is not entirely clear what they mean by “carbon impact”, the benefits both for Virgin Trains and London Midland have been quantified, as described below.

10.5.1 Longer trains: the case of the Pendolino

In 2012, Virgin Trains introduced some new 11-carriage Pendolino trains into service, to supplement their existing fleet of nine-carriage trains. Some of the nine-carriage trains were also lengthened to 11-carriages. The two lengths of train were treated separately in the analysis conducted in Chapters 3 to 6, and a summary of the energy consumption data is given in Table 10.3. It can be assumed that CO_2 emissions are directly related to energy consumption.

From this data, it is possible to estimate the marginal net energy consumption of each additional seat in the 11-carriage train. This is given in Table 10.4.

On a per-seat basis, it can be calculated from Table 10.4 that the energy consumption per additional seat in the lengthened (11-carriage) train is only 41% of that of the energy consumption per seat in the un-lengthened (nine-carriage) train.

Table 10.3: A summary of net energy consumption data for the Pendolino

Train Length [carriages]	9	11
Mean net energy consumption per train-km [kWh]	12.93	14.75
Number of seats	439	589
Mean net energy consumption per seat-km [kWh]	0.029	0.025

Table 10.4: The marginal energy consumption per seat of the additional seats when an 11-carriage Pendolino is compared with a nine-carriage Pendolino

Increase in seating capacity	150
Increase in energy consumption [kWh per train-km]	1.82
Additional energy consumption per additional seat-km [kWh]	0.012

10.5.2 Multiple working: the case of the Class 323

In the analysis conducted in Chapters 3 to 6, it was possible to separate the trains running in multiple from the trains running as single units. It was found that care needs to be taken when making direct comparisons, because services operated by trains in multiple can be different from those operated by single units (in contrast, both nine and 11 carriage Pendolino trains operate similar services).

Table 10.5 summarises the energy consumption data for the Class 323 train running as a single four-carriage train and in a pair.

From this data, it is possible to estimate the marginal cost of each additional seat when a second train is added to create a pair. This is given in Table 10.6.

On a per seat basis, the energy consumption per additional seat added when two trains are put together is about 97% of that of a train running on its own, so comparatively little is to be gained by multiple operation in this case. The fact that the mean stop spacing of services operated by trains in multiple is less than that of services operated by individual trains may have inflated the marginal cost of each additional seat slightly, but there is nothing to suggest it should be much lower.

Table 10.5: Energy consumption data for the Class 323 train running as part of a pair compared with running as a single train

Trains operating together	1	2
Number of seats	284	568
Mean stop spacing of services operated [km]	2.57	2.23
Mean energy consumption per whole train-km [kWh]	6.52	12.64
Mean energy consumption per seat-km [kWh]	0.023	0.022

Table 10.6: The marginal energy consumption per seat of the additional seats when two Class 323s are run as a pair, compared with a single train

Increase in seating capacity	284
Increase in energy consumption [kWh per train-km]	6.12
Additional energy consumption per additional seat-km [kWh]	0.022

The marginal cost of the additional seats when two Class 323s are run in multiple appears to be significantly more than the marginal cost of the additional seats when a Pendolino train is lengthened from nine to 11 carriages. The main reason for this is likely to be the fact that when two trains are run together in multiple, both remain powered and everything — including driving cabs, toilets and on-board systems — is duplicated, adding to the mass. In a lengthened (11-carriage) Pendolino, only one of the extra carriages is powered and, although there are some additional on-board systems, the additional mass per seat is considerably less.

10.5.3 Comments about train length

It cannot be assumed that a reduction in energy consumption and emissions on a per seat-km basis brought about by lengthening a train translates into an improvement on a per passenger-km basis, unless the passenger occupancy levels are also increased accordingly. If the net result of lengthening a train is just that the existing passengers have more space, or no longer have to stand then there are no appreciable benefits in terms of energy consumption or emissions, and the extra comfort of the passengers has come at a cost. Despite this, it is clear that crowding can be a real issue. Not only does it limit scope for promoting modal shift to rail, but over-crowding (or the perception

thereof) can lead to increased stress levels amongst passengers; indeed, Cox, Houdmont, and Griffiths (2006) conclude that “crowding should be accepted as a possible threat both to the healthiness of the rail industry and passengers.” It has been shown above that lengthening a train — either by adding additional carriages or by joining trains together — can reduce the energy consumption and, by extension, the emissions per seat-km, and that this approach to increasing capacity is preferable to running extra trains

One of the problems with running a train service which has to cope with fluctuations in demand (Figure 10.1 and Figure 10.2) is that providing enough capacity where it is needed may also mean that the additional overheads of longer trains still apply to less popular services. The advantage of running trains in multiple is that they can be joined and split as required, whereas lengthening trains such as the Pendolino is a more permanent change to make. Theoretically, trains comprising a locomotive and a rake of coaches, as used to be prevalent in the UK, are easier to lengthen or shorten on demand, and have the added advantage that the extra coaches won’t have the mass of extra traction systems if these are all already contained within the locomotive. The downside is that such trains have other practical concerns to contend with, such as the extra time and space needed to run the locomotive round the train every time a change of direction is required, and it is for these reasons that integrated “multiple unit” trains or push-pull formations have become dominant.

10.6 The use of passenger-km as a metric for modal comparison

Mention has been made of the fact that the use of passenger-km as a metric for modal comparison allows some of the fundamental differences between modes to be taken into account. Despite that, making modal comparisons purely on the basis of CO₂ emissions per passenger-km means that some of the other fundamental differences between modes, which lead to other advantages and disadvantages in each case, can be easily overlooked. Such differences can include actual journey distance (flying may be expected to be generally more direct than road or rail), whilst other sustainability goals should also not be ignored. Furthermore, having shown just how sensitive the metric is to passenger occupancy levels, it could be tempting to wrongly conclude that increasing the load factor is always a good thing. This section discusses some of these issues in more detail.

10.6.1 The dangers of an over-inflated load factor

If a particular journey is looked at in isolation then it has been shown that increasing the passenger occupancy levels will reduce the energy consumption and emissions on a per passenger basis. However, if the occupancy levels are increased due to increased demand for travel then there is no net benefit. In many cases, there may even be a negative effect on overall energy consumption and emissions; in the case of a car journey, the mass of an additional passenger (and luggage) can be significant compared with the overall mass of the vehicle, especially as cars become lighter, and this can lead to increased fuel consumption. This is slightly less of a consideration for public transport modes when considering individual passengers, because the vehicle mass is typically much higher than that of a person, although it has been shown that overall passenger mass can have an impact (RSSB, 2010b). The other issue with public transport is that creating demand for an existing service may also lead to journey creation and associated additional emissions elsewhere — for example driving or getting a taxi to/from the station.

Low fares, particularly those booked in advance, are often used to entice people onto public transport and there is a real risk that this leads to demand creation rather than modal shift. For example, RSSB (2007) note that the low cost airline easyJet has seen load factors rising above 80%, but raise the question of whether demand induced by very low fares makes such a high load factor valid for comparison with other modes.

Even if increased load factor comes from modal shift rather than new demand for travel, this may still produce no net benefit — for example, if someone decides to travel by coach rather than by train, it is likely that both the coach and the train journey will still be made anyway, leading to no noticeable change in energy consumption and emissions. This is discussed further in Section 11.7.2.

Unlike public transport modes, where the driver is there for provision of the service and therefore not counted as one of the passengers making the trip, it is usually presumed that the driver of a private car is only doing so in order to make the trip themselves, and should therefore be included in the passenger occupancy count. This assumption is open to question in some cases, however. For example, surveys conducted in the Greater Montreal Area found that 15% of car trips made by more than one person from the same household are made exclusively for one of the passengers and not the driver themselves. Morency (2006) uses the term “family taxi” for such trips, and gives the example of a mother driving her child to/from school; the high average passenger occupancy for education related trips may therefore be misleading. Data for business and commuting trips are unlikely to be skewed in the same way.

10.7 Conclusions

Comparing energy consumption and emissions on a per passenger-km basis can be useful, and for typical passenger occupancy levels, electric rail and intercity coach travel would seem to be the preferred modes if reducing energy consumption and emissions was the main goal. However, many assumptions are made about passenger-loadings, and on public transport modes in particular there may be no such thing as a “typical” load factor. Commuter rail in particular is affected by peaks and troughs in demand, and providing capacity to relieve peak-time crowding can lead to reduced performance overall if the same train then has to run almost empty on off-peak services.

It cannot be assumed that a high load factor is always a good thing because although it may reduce the emissions per passenger for a given journey, it could still be detrimental if high passenger occupancy is as a result of the creation of additional demand for travel. Vehicle design is important, not just in terms of the number of seats (and the resulting load factor in percentage terms) but in terms of how suitable the passenger environment is for the journey and how attractive it can be if modal shift and improved passenger occupancy levels are to be achieved.

Chapter 11

Discussing the findings — making more detailed modal comparisons in the context of this research

11.1 Introduction

Chapter 2 compared three different carbon calculator tools for estimating the carbon emissions produced by different modes for a specified journey. Each of the different tools relied on different assumptions for the emissions per passenger and the distance covered by each mode, leading to varying results for each of the sample journeys considered. In some cases, this gave rise to a level of ambiguity about which mode is the least polluting per passenger (in terms of GHG emissions) for a particular journey. A key aim of this research has been to investigate the factors which affect the calculations of emissions per passenger, particularly for rail travel, in order to validate some of the assumptions made by the carbon calculator tools and to be able to make more informed modal comparisons.

Chapters 3 to 6 contained in-depth analysis of empirical data collected by energy metering systems on electric trains, providing a better understanding of the operational energy consumption and related GHG emissions, including an estimate of the energy consumption from idling and running empty to/from the depot, not directly associated with carrying passengers. Chapter 9 considered some life-cycle analysis of transport systems, showing how taking into account construction and maintenance of the vehicles and infrastructure, and extraction and transportation of fuels can add to overall emissions. Finally, Chapter 10 looked at passenger loadings.

This chapter brings some of the findings together and applies them to the sample journeys considered in Chapter 2. Section 11.2 provides more informed estimates of the operational energy consumption and emissions of a train on each of the journeys and compares them with the estimates made by the carbon calculator tools. Section 11.3 reviews how the modal comparisons might be expected to change if the whole life-cycle were considered. Section 11.4 looks in more detail at the London to Glasgow route, applying some of the findings about life-cycle emissions. Section 11.5 considers how future developments might influence modal comparisons and Section 11.7 considers how such comparisons between modes (in terms of emissions) should be used to influence travel choice and policy.

11.2 Operational emissions from passenger rail — making estimates for specific journeys, based on empirical data analysis

In Chapter 2, three specific journeys were selected for comparing the different carbon calculator tools. The first was the journey between London and Southampton, where the direct rail service has competition from a direct coach service and there are good motorway links. The second journey was that between Swansea and Fishguard Harbour, chosen because it is a journey of similar length but in a much more rural context. The final journey chosen was between London and Glasgow, chosen because it is a longer intercity route, over which domestic aviation is a key competitor. This section reconsiders each journey and uses the earlier empirical analysis of rail's operational energy consumption and emissions to make estimates of the emissions per passenger, which can be compared with the outputs from the carbon calculator tools.

11.2.1 London Waterloo to Southampton Airport Parkway

The route between London Waterloo and Southampton Airport Parkway is typically operated by Class 444 and Class 450 “Desiro” trains. These are very similar to the Class 350 trains operated by London Midland, for which data were analysed in Chapter 5; the Class 450 is almost identical, with four carriages and a predominantly 3+2 seating layout like that on the Class 350/2. The Class 444 is a five-carriage train, with an intercity style layout. Class 444 trains have longer carriages (23m as opposed to 20m) with doors at the end of the carriages rather than at the 1/3 and 2/3 points. The seating layout is less dense than on the 450, with a 2+2 seating layout in standard class and a 2+1 layout in first class. Although electric power along the route to Southampton is provided by a 750V d.c. third rail, as opposed to a 25kV a.c. overhead catenary, all “Desiro” trains are designed to be compatible with either system with minimal modification; some of London Midland's Class 350s are already fully equipped as dual-voltage trains. For these

reasons, it is considered appropriate to use the data for the Class 350 trains as a basis for estimating rail's operational energy consumption and emissions on this route. Table 11.1 summarises the empirical data for the Class 350/2 for outer suburban services (defined as having a mean stop-spacing between 10km and 20km) and for inter-urban services (defined as having a mean stop-spacing of between 20km and 50km). The data for are for all journeys in the dataset for Class 350/2 trains analysed in Chapters 3 to 6, and will be used as the basis for the calculations here. The length of the route between London Waterloo and Southampton Airport Parkway is 120.4km (swlines Ltd. 2012a). Timetable data (Network Rail, 2012) suggests that a typical stopping service may have up to 10 intermediate stops with a mean stop-spacing of about 11km, whilst some fast peak-time services only have one intermediate stop.

Table 11.1: Empirical estimations of the energy consumption of a Class 350/2 “Desiro” train

Mean net energy consumption of Class 350/2 outer suburban services (mean stop spacing between 10 and 20 km) [kWh per train-km]	6.13
Standard deviation of mean net energy consumption for outer suburban services	0.63
Mean net energy consumption of Class 350/2 inter-urban services (mean stop spacing between 20 and 50 km) [kWh per train-km]	5.40
Standard deviation of mean net energy consumption for inter-urban services	0.58

Section 10.5 compared two different lengths of Pendolino train, and found the mean net energy consumption with nine-carriages to be 12.93 kWh per train-km, rising to 14.75 kWh per train-km for the 11-carriage Pendolino. This is an increase in energy consumption of 14% for an increase in train length of about 22%. It is therefore postulated that the net energy consumption for the 5-carriage Class 444 “Desiro” would be expected to be in the region of 15 to 20% greater than that for the 4-carriage Class 450 “Desiro”. Taking all of this into account, the mean (6.13 kWh) +/- two standard deviations would seem to be a sensible range for the estimated net energy consumption per train. Factors which may affect this include the proportion of services operated by each class of train and the proportion of services run by trains in pairs, and if non-revenue running and idling are to be accounted for then Section 6.7 suggests that these figures should be increased by 11%.

Direct trains on the route are operated exclusively by South West Trains. In 2010-11, they ran services totalling 5,524 million train-km with 39.5 million passenger-km (ORR, 2011). This equates to an average of 140 passengers per train. Although South West Trains run a number of different services, the typical loadings on the line from Waterloo to Southampton are assumed to fall somewhere between the heavily used London “metro”

services and lower passenger occupancies towards the edge of the network (for example, between Southampton and Weymouth). However, this figure may still be on the high side because it is for the whole train, which may actually comprise two or more units running in multiple. A single Class 450 unit has 273 seats and a single Class 444 unit has 234 (The Railway Centre.Com, 2006). On a single unit, 140 passengers would correspond to a load factor of 51% on a Class 450 and 60% on a Class 444 — which is much higher than the average load factors suggested by RSSB (2007). It was therefore decided to use a figure of 100 passengers per single unit, which corresponds to a load factors of 37% and 43% for the Class 450 and Class 444 respectively. This is higher than the median of 31% suggested by RSSB, but is justifiable when comparisons are made with the data for other operators given by the ORR (2011). Other operators of similar “Desiro” trains, such as First Transpennine Express and London Midland had, on average, fewer than 100 people per train, and so the assumption that South West Trains has higher load factors than the national average is not unreasonable, especially since the majority of their services serve London.

Throughout this research, a figure of 0.49 kg of CO₂ emitted per kWh of electricity consumed has been used — this is based on the UK generation mix for 2010 (DEFRA, 2012), and includes transmission losses. Table 11.2 estimates the total estimated CO₂ emissions per passenger over the whole 120.4km journey, and summarises the figures used in the calculations.

Table 11.2: Estimated energy and emissions data for the rail journey between London Waterloo and Southampton Airport Parkway

Estimated net energy consumption per train-km [kWh]	4.87 to 7.40 (mean 6.13)
Estimated net energy consumption including “inactive operation” of non-passenger running & idling [kWh per train-km]	5.4 to 8.2 (mean 6.81)
Estimated CO ₂ emissions [kg per train-km]	2.6 to 4.0 (mean 3.34)
Assumed number of passengers on the train	100
Estimated CO ₂ emissions per passenger-km [kg]	0.026 to 0.040 (mean 0.033)
Estimated CO ₂ emissions per passenger-journey (120.4 km) [kg]	3.19 to 4.85 (mean 4.02)

Figure 11.1 compares the estimated CO₂ emissions for the journey based on the empirical data and calculations here with the estimates given by each of the three carbon calculator tools in Chapter 2 — Transport Direct, EcoPassenger and Travel Footprint.

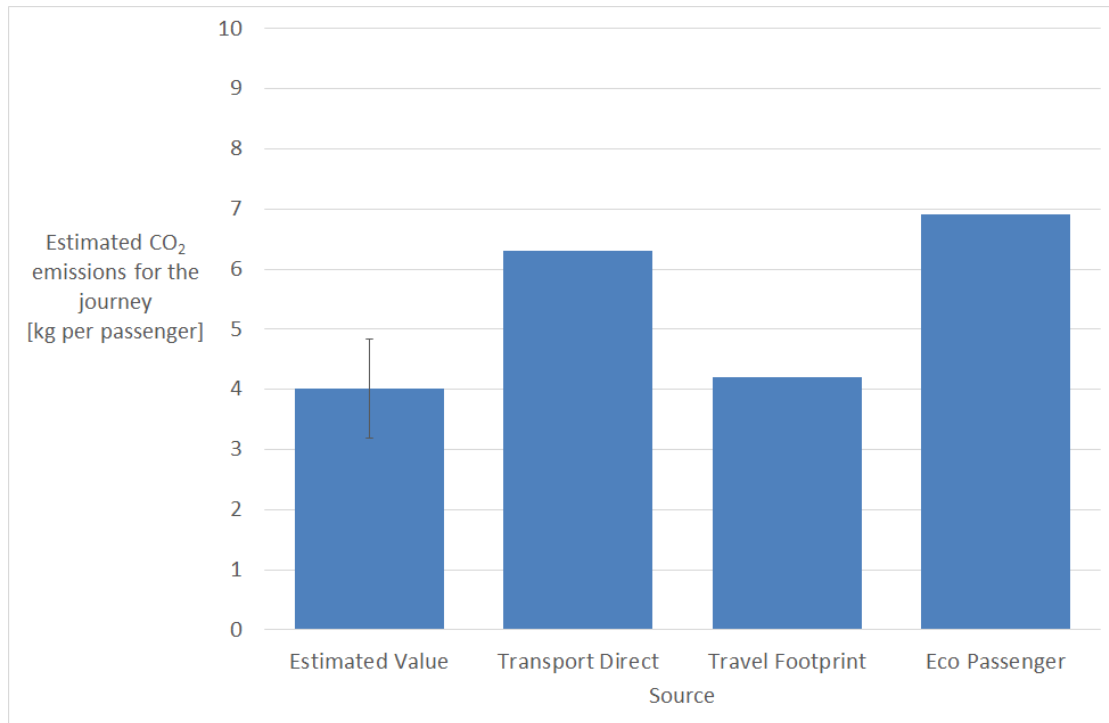


Figure 11.1: A comparison of the calculated emissions estimates with the carbon calculator estimates from Chapter 2 for the rail journey between London Waterloo and Southampton Airport Parkway

The calculations undertaken here match the output from the Travel Footprint tool most closely. This is perhaps unsurprising given that this is the only one of the three tools to allow the user to specify the type of train, and to estimate the distance correctly. Transport Direct (2010b) uses average data from DEFRA which is based on the whole UK network and includes diesel rail. It also marginally underestimates the distance travelled. According to the published methodology (UIC, 2010), EcoPassenger should assume that the train on this route is electric, because it only assumes the use of diesel traction if the route includes a station which can only be reached by diesel trains; however, the details are unclear and it is not obvious whether the assumptions about the train reflect the reality. Exact distance data for EcoPassenger are not provided, but the methodology is based on increasing the straight-line distance between consecutive stations by a fixed percentage to account for curvature, so the accuracy is questionable. The emissions factor for electricity is also subject to variation — for example, EcoPassenger uses a figure of 0.576kg of CO₂ per kWh of electricity supplied for the UK (in 2007), which is significantly higher than the DEFRA figure used in the calculations here.

An electric train was specified for Travel Footprint, although the only option was an “Intercity Electric” based on an “average UK mix.” The options for passenger load factor were limited and the 50% occupancy level chosen might be on the high side, but the results remain comfortably within the range calculated here. It is worth noting that the calculations in this section assume a direct train between London Waterloo and

Southampton Airport Parkway, but it is possible to make the journey with a change at Basingstoke, which could then involve travel on a diesel train for at least one leg. It is also possible to make the journey to London Paddington on a longer route with a change at Reading, and even the direct Waterloo services sometimes deviate from their normal route (for example, in the event of Engineering Work). Any of these variations could involve higher CO₂ emissions per passenger for the journey.

11.2.2 Swansea to Fishguard Harbour

The rural service between Swansea and Fishguard Harbour is operated by Arriva Trains Wales, using diesel trains. As a result, data from the electric trains analysed in this research cannot be applied specifically. Instead, existing data about fuel consumption of diesel trains are used to make some estimations. Arriva Trains Wales, who operate the route, use a mixed fleet of diesel multiple units (Arriva Trains Wales, 2014). Estimated emissions data for most of the trains in the fleet are available from studies undertaken by AEA Technology (Hobson and Smith, 2001). They are summarised in Table 11.3, along with details about seating capacity taken from the Arriva website.

Table 11.3: Seating capacity and emissions data of selected diesel multiple units operated by Arriva Trains Wales

Train Class	Seating Capacity (Arriva Trains Wales, 2014)	Estimated CO ₂ emissions [kg/km] (Hobson and Smith, 2001)
Class 143	106	2.011
Class 150	146	3.202
Class 153	75	1.415
Class 158 (2-carriage)	140	2.793

The mean of the estimated CO₂ emissions for the trains in Table 11.3 is 2.47 kg per train-km. The emissions data appear to be based on idealised journeys with a level gradient and a fixed stopping pattern, and would be expected to vary for each train in reality according to driving style (see Chapter 8). A range of 1.4 to 3.5 kg of CO₂ per train-km is therefore assumed, with the large variation reflecting the fact that the route is not solely operated by one type of train. It is assumed that the work undertaken by AEA Technology (Hobson and Smith, 2001) — reviewed in Section 2.5.1 — does not include non-revenue running and idling, and so an uplift should be applied to take into account this “inactive operation.” In the absence of any more relevant data, an uplift of 11% is assumed, in line with the findings in Section 6.7.

According to the ORR (2011), Arriva Trains Wales operated 23.8 million train-km in 2010-11, with 1,100.9 million passenger-km. This equates to an average of 46 passengers

per train. In percentage terms, this equates to a load factor of 32% for a Class 150, and 61% for a Class 153. This figure is based on the whole Arriva Trains Wales network, and includes services in and around Cardiff, so may be an overestimate of the rural services to Fishguard. On the other hand, some Fishguard services will be bolstered by connections with the ferry to Ireland, and so in the absence of more detailed information, the figure of 46 passengers per train is used.

The journey distance was found to be 116.1 km (swlines Ltd. 2012a). Table 11.4 estimates the total estimated CO₂ emissions per passenger for the whole journey, and summarises the figures used in the calculations. Figure 11.2 compares the result graphically with the output from the three carbon calculator tools.

Table 11.4: Estimated energy and emissions data for the rail journey between Swansea and Fishguard Harbour

Estimated CO ₂ emissions [kg per train-km]	1.4 to 3.5 (mean taken as 2.47)
Estimated net energy consumption including inactive operation of non-passenger running & idling [kWh per train-km]	1.55 to 3.89 (mean 2.7)
Assumed number of passengers on the train	46
Estimated CO ₂ emissions per passenger-km [kg]	0.03 to 0.08 (mean 0.06)
Estimated CO ₂ emissions per passenger-journey (116.1 km) [kg]	3.9 to 9.8 (mean 6.9)

It can be seen that the estimated CO₂ emissions per passenger for this journey are higher than those for the journey between London Waterloo and Southampton, in spite of the fact that the journey length is similar. This reflects the fact that the route is operated by diesel, as opposed to electric, trains, and that passenger loadings are expected to be lower. Again, the Travel Footprint tool is the one whose outputs most closely match the calculations undertaken here, reflecting the fact the distance was correctly estimated, and the choice of train (Diesel Sprinter) was appropriate. Travel Footprint is also the only one of the tools to have explicitly considered the life-cycle emissions of the fuel. The Transport Direct figure is based on an incorrect assumption about the journey length (101.8 km) and should be increased by approximately 20% as a result. The use of average data, including electric trains, means that the Transport Direct figure would still be expected to be lower than the calculations undertaken here. It is assumed that EcoPassenger correctly selected a diesel train, but no details about emissions data or actual distance assumed are given.

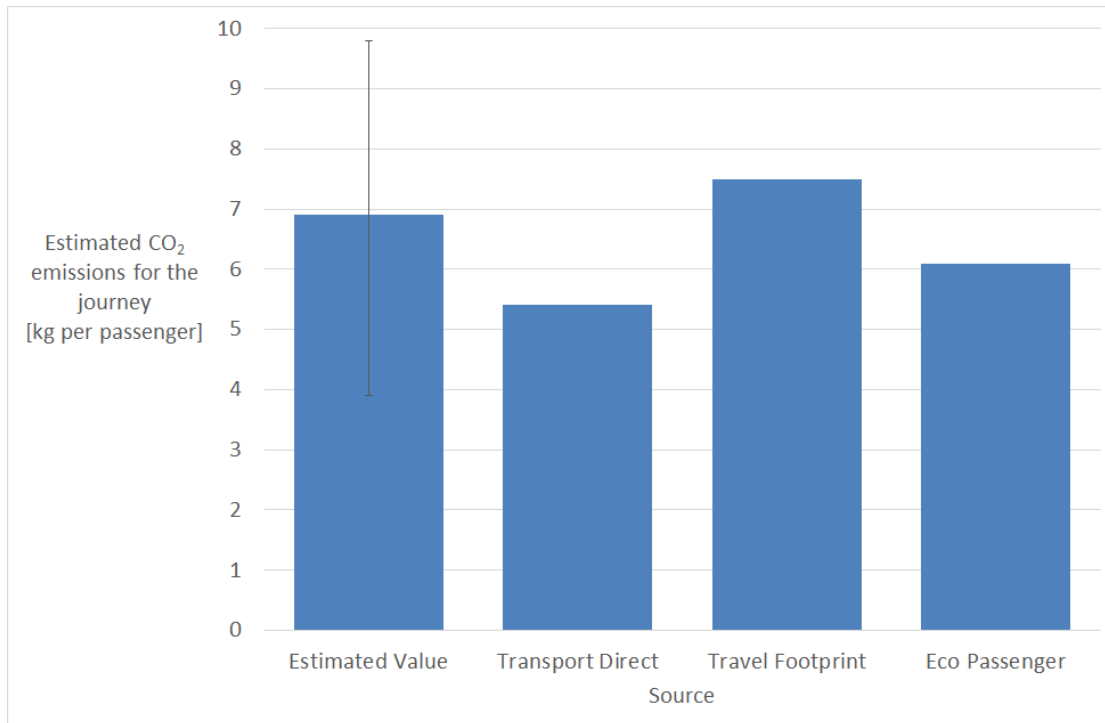


Figure 11.2: A comparison of the calculated emissions estimates with the carbon calculator estimates from Chapter 2 for the rail journey between Swansea and Fishguard Harbour

11.2.3 London Euston to Glasgow Central

The intercity service between London Euston and Glasgow Central is operated by Virgin Trains, using Pendolino trains of the type analysed in Chapters 4 to 6. Specific data for some of Euston to Glasgow services were available for nine-carriage trains, for which the mean net energy consumption was calculated to be 12.25 kWh per train-km (5% below the overall mean for the nine-carriage train of 12.93 kWh per train-km). There were no matching data for 11-carriage trains. Data for nine-carriage trains on the return journey from Glasgow to Euston showed the mean net energy consumption to be 13.42 kWh per train-km, which is 4% above the overall mean. In light of this, and the fact that the number of intermediate stops for typical Glasgow services varies from six to twelve (Network Rail, 2012), it was decided to base the calculations in this section on the overall mean for the train.

For nine-carriage trains, the overall mean net energy consumption was found to be 12.93 kWh per train-km, with a standard deviation of 1.11. For 11-carriage trains, the overall mean net energy consumption was found to be 14.75 kWh per train-km, with a standard deviation of 1.27. Assuming that the route is now operated equally regularly by 11-carriage trains and nine-carriage trains, an average of 13.84 kWh per train-km can be taken. To account for variation, from factors including driving style (Chapter 8) a standard deviation similar to that observed for 11-carriage trains is assumed. Assuming

that the net energy consumption is typically within two standard deviations of the mean, a range between 11.3 kWh per train-km and 16.4 kWh per train-km is suggested. It was also found that to account for “inactive” operation such as non-revenue running and idling, these energy data should be increased by 11% (Section 6.7).

According to the ORR (2011), Virgin Trains operated 35.6 million train-km in 2010-11, with 5,698.8 million passenger-km. This indicates that the average number of passenger per train was 160, equivalent to a load factor of 36% on a nine-carriage train and just 27% on an 11-carriage train. Although this is lower than other estimates for some routes operated by Virgin Trains (for example, RSSB, 2010b), the loading is not constant for this route and can go from “standing room only” for the first 100km to “almost empty” for the last 100km (RSSB, 2007). In the absence of more specific data for this route, the figure of 160 people per train is used. The length of the route was measured as 646km in the dataset supplied by Virgin Trains, and this matches the RailMiles data (swlines Ltd. 2012a). Table 11.5 summarises the data used in the calculations and the resulting estimate of the CO₂ emissions per passenger for the journey. This estimate is compared in Figure 11.3 with the outputs from the carbon calculators.

Table 11.5: Estimated energy and emissions data for the rail journey between London Euston and Glasgow Central

Estimated net energy consumption per train-km [kWh]	11.3 to 16.4 (mean 13.84)
Estimated net energy consumption including inactive operation of non-passenger running & idling [kWh per train-km]	12.5 to 18.2 (mean 15.4)
Estimated CO ₂ emissions [kg per train-km]	6.1 to 8.9 (mean 7.5)
Assumed number of passengers on the train	160
Estimated CO ₂ emissions per passenger-km [kg]	0.04 to 0.06 (mean 0.05)
Estimated CO ₂ emissions per passenger-journey (646 km) [kg]	24.8 to 36.0 (mean 30.4)

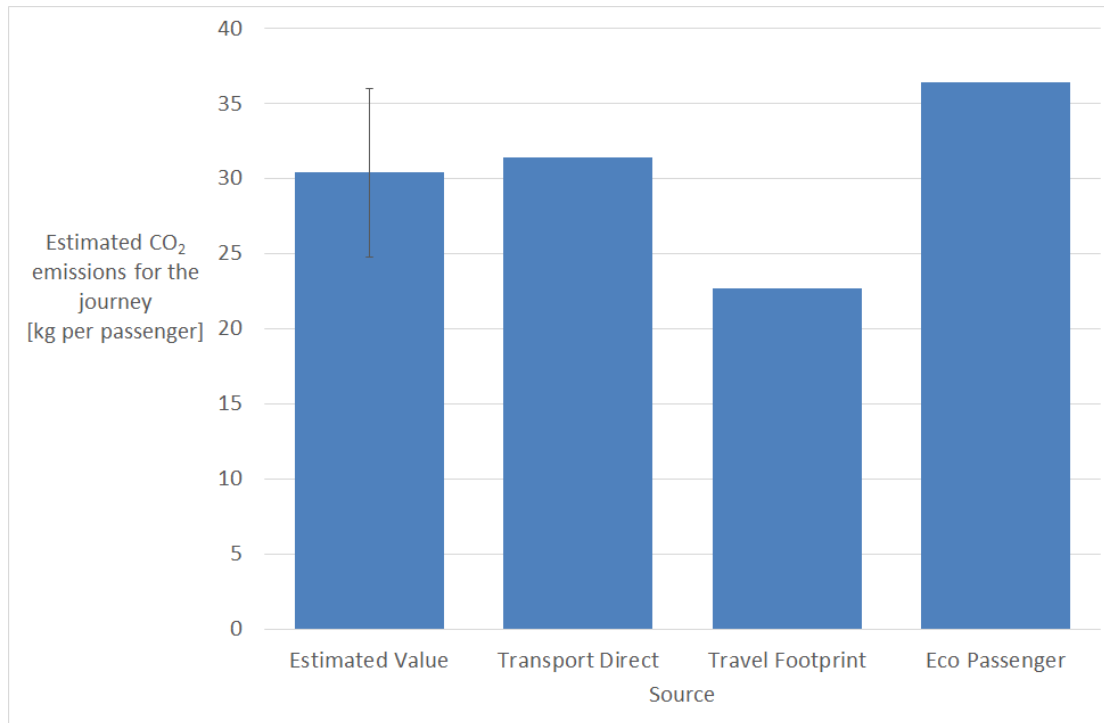


Figure 11.3: A comparison of the calculated emissions estimates with the carbon calculator estimates from Chapter 2 for the rail journey between London Euston and Glasgow Central

In this case, Travel Footprint is not the best match for the calculations made here. The reason for this is probably the assumptions made about passenger load factors — at 50%, it is significantly greater than the figure used in the calculations here. Transport Direct underestimates the distance by about 8% in this case, and so the estimated CO₂ emissions would be expected to be higher still. Again, little is known about the exact data used by EcoPassenger, but the assumption is made that it is based on data for electric rail on this route.

As with the London Waterloo to Southampton Airport Parkway route, there are some plausible alternatives to the direct train, and the route may be subject to variation in the event of maintenance and engineering work. These are not taken into account here.

11.3 Life-cycle considerations

It has been seen (Chapter 9) that considering the whole life-cycle of a transport system, including construction and maintenance of the vehicles and infrastructure, can add a significant amount to the overall greenhouse gas emissions, and may reduce the perceived benefits of one mode over another. Life-cycle analysis is complex and relies on a number of assumptions; Chapter 9 showed how the results from different studies can vary. Key assumptions which have to be made when assigning life-cycle emissions to a particular train journey include:

- The lifespan of the different assets
- The utilisation of the infrastructure
- The utilisation of the rolling stock
- Passenger numbers
- The make-up of the infrastructure in terms of type of track, amount of bridges and tunnels, and the extent of earthworks required.
- The type of train

This section reviews the assumptions made for some of the specific rail projects considered in the literature discussed in Chapter 9 and suggest how they might need to be varied for each of the journeys considered in this chapter.

11.3.1 Assumptions about lifespan

The general consensus in the literature reviewed in Chapter 9 is that railway tracks have a lifespan of around 30 years, although ballast may need replacing more often. In the absence of more specific data, it is reasonable to make the same assumptions about the UK railway network for each of the three journeys considered here; indeed, some track components were recently replaced at London Waterloo, after they “completed their lifespan of three decades” (technology.com, 2013). The lifespan of ballast will vary according to factors including usage of the line and exposure to wind and water, and it is desirable from a sustainability perspective to reduce the quantities of new ballast used (Franklin, 2006).

Although some literature (for example, Ademe, SNCF, and RFF, 2009) assumes a lifespan of 30 years for the whole railway project, the general consensus is that other aspects of the infrastructure have a much greater lifespan, with tunnels and bridges perhaps

having a lifespan of 100 years or more. Again, it seems reasonable to make the same assumptions about the UK railway network.

The assumed lifespan of the high-speed trains reviewed in the literature ranges from 20 years (Ueda, Miyauchi, and Tsujimura, 2003) to 30 years (Baron, Martinetti, and Pepion, 2011). Some of the rolling stock operated by Arriva Trains Wales is already older than this and at the time of writing (Arriva Trains Wales, 2014), 24% of trains on the UK network date from the 1980s and 13% date from the 1970s (ATOC, 2013, Figure 1). Hence a longer lifespan of perhaps 35 years could be assumed for the trains in this case.

11.3.2 Utilisation of the infrastructure

The allocation of the embedded carbon in the infrastructure to a particular journey is dependent on how intensively the infrastructure is used. One such measure of usage is the number of trains per day. The high-speed lines considered in the literature are typically assumed to have between 70 and 90 trains per day over double track (Baron, Martinetti, and Pepion, 2011; Tuchschnid, 2009). Table 11.6 uses data from the ORR (2011) to make an initial estimate of the level of infrastructure utilisation which might be expected for each of the three journeys considered here.

Table 11.6: Estimated infrastructure utilisation for the three main train operators considered here (Data Source: ORR, 2011)

Train Operator	Route-km operated in 2010 - 11	Train-km operated in 2010 — 11 (millions)	Mean number of trains per day over the routes operated
Arriva Trains Wales (Operator of Swansea — Fishguard Harbour services)	1,840.8	23.8	35
South West Trains (Operator of London Waterloo — Southampton Airport Parkway services)	944.7	39.5	115
Virgin Trains (Operator of London Euston — Glasgow Central services)	1,190.9	35.6	82

The data contained in Table 11.6 have limitations. Firstly, the routes operated by each operator overlap with other passenger operators — for example, the line between London Waterloo and Southampton Airport Parkway also carries services operated by Cross

Country, First Great Western and Southern. Secondly, freight services also use the lines. Thirdly, the assumption has been made that each stretch of track is used evenly. Finally, it cannot be assumed that each route-km corresponds to a kilometre of double track, because some of the network has single track (including much of the line between Swansea and Fishguard Harbour) and some of the network has quadruple track (including much of the WCML between London Euston and Glasgow Central, and the South West Mainline between London Waterloo and Basingstoke).

The data in Table 11.6 are consistent with the level of detail used by existing carbon calculators to estimate the amount of passenger traffic on each route. In the same way that other operators provide services on lines predominantly used by the operators listed here, so some of the route-km attributed to each operator will be on lines predominantly run by someone else, and some degree of balance could be assumed. In the case of the WCML, in locations where there is quadruple track, Virgin Trains could be assumed to be the main user of the two fast lines, and other operators (such as London Midland) could be assumed to be the main passenger users of the two slow lines.

Network Rail provide some data about route utilisation which includes freight traffic as well as passenger traffic. Although freight traffic is relatively insignificant in terms of train-km, freight trains are typically longer and heavier than passenger trains, and make a more significant contribution in terms of train-tonne-km. This is a more useful metric, because train mass influences the amount of wear and tear on the infrastructure, and, by extension, may affect the lifespan and level of maintenance. In the Wessex Region, which includes the London Waterloo to Southampton route, the total annual train-tonne-km was given to be 13,585 million in 2010 (Network Rail, 2010a, Figure 3), of which 91% is attributable to passenger traffic, and the remaining 9% to freight traffic. In Wales, it can be surmised that only 56% of the total annual-train-tonne-km is attributable to passenger traffic (Network Rail, 2010b, Figure 3), although this is almost certainly not the case on the route west of Swansea to Fishguard, as Network Rail note that railfreight is mostly concentrated upon the corridor in south-east Wales. On the WCML between London and Glasgow, the proportion of freight traffic is similarly high (Network Rail, 2010c). However, continuing to consider the quadruple track as two sets of double track (fast and slow), it is assumed that the freight traffic is mainly carried on the slow lines, and that the proportion of freight traffic on the same tracks as the Virgin Trains services to Glasgow would be much smaller.

Taking all of this into account, the allocation of embedded carbon in the infrastructure to a number of passenger trains is likely to be of a similar order to the data already found in existing literature for both the route between London Waterloo and Southampton and the route between London Euston and Glasgow. For the route between Swansea and Fishguard, the infrastructure would appear to be less intensively utilised, resulting in a higher proportion of the embedded carbon being allocated to each passenger train.

11.3.3 Utilisation of the rolling stock

The relative importance of the embedded carbon in the rolling stock (arising from construction, maintenance and disposal) is dependent not just on the lifespan of the trains (Section 11.3.1) but on the intensity of operations. From the literature reviewed in Chapter 9, the high-speed trains are assumed to typically travel around 400,000km per year.

By dividing the total number of trains operated by each TOC by the number of train-km operated annually given by the ORR (2011), an estimate of the annual distance covered by each train can be obtained. The data are summarised in Table 11.7.

Table 11.7: Estimated rolling stock utilisation for the three TOCs under consideration

Train Operator	Number of trains in fleet	Train-km operated in 2010 — 11 (millions) (ORR, 2011)	Estimated annual distance covered by each train [km]
Arriva Trains Wales (Operator of Swansea — Fishguard Harbour services)	128	23.8	185,900
South West Trains (Operator of London Waterloo — Southampton Airport Parkway services)	337	39.5	117,200
Virgin Trains (Operator of London Euston — Glasgow Central services)	77	35.6	462,300

The data in Table 11.7 do not take into account the fact that some services, particularly those operated by South West Trains, are operated in multiple, and hence the annual distance covered by an individual train would be expected to be higher. Trains operated by Arriva Trains Wales and South West Trains cover significantly less distance annually than the high-speed trains in the literature because they operate shorter services at a significantly lower running speed. Although the running speed of the Virgin Trains fleet is lower than most high-speed services, the scheduling of services is perhaps more intensive.

11.3.4 Passenger numbers

High-speed services, such as those most prevalent in the literature reviewed in Chapter 9, often have high capacity trains and high passenger load factors. On the routes studied by Baron, Martinetti, and Pepion, the number of passengers per train varies from 385 to 526 (2011, Section 2.3). Even at the lower end, this is more than double the typical number of passengers on the routes studied in Section 11.2. This means that even if the intensity of the train service provided (Section 11.3.2) is comparable, the fixed costs of the infrastructure must be spread over far fewer passengers, meaning that the allocation of these costs to a particular passenger journey is far greater. Similarly, the fixed costs of building, maintaining and disposing of the trains must also be spread over far fewer passengers, even if the usage cycle (Section 11.3.3) is comparable.

11.3.5 Infrastructure design

Baron, Martinetti, and Pepion (2011) show that bridges and viaducts, tunnels and earthworks can significantly add to the embedded carbon in the infrastructure of a given route. Compared with some high-speed routes, the three routes studied in Section 11.2 do not have a significant number of tunnels — for example, using data provided by Network Rail (2013a), it was estimated that less than 1% of the WCML is in tunnels. It could also be argued that even if much of the infrastructure requires renewal as it becomes life-expired, the alignment of the route is already in place (and has been for many years) such that the impact of earthworks on these existing routes can — to some extent — be ignored. Some exceptions to this have been observed in recent years — for example, some junctions have been re-modelled, the alignment in some tunnels has been modified (to cater for bigger containers on freight trains) and landslips have necessitated some rebuilding work. In the main, however, it is suggested that the carbon intensity of the infrastructure for the three routes considered here is at the lower end of the range observed in the literature. This is thought to be particularly true of the infrastructure on the route between Swansea and Fishguard, which does not have electricity supply systems and is not built to carry heavy trains at high-speed. However, it is worth noting that the benefits of less carbon intensive infrastructure are reduced by the relatively low utilisation.

11.3.6 Train design

With the possible exception of the 11-carriage Pendolino, or three “Desiros” in multiple, none of the trains operating the routes considered in Section 11.2 are as long as the high-speed trains reviewed in the literature. Broadly speaking, some of the costs of construction, maintenance and disposal — such as the amount of material — would be expected to fall with decreasing train length, whilst others (such as the operation of maintenance facilities) would be expected to remain broadly fixed. The variation in age and purpose of the trains considered in Section 11.2 means that the mass per seat is also quite variable, but it might be possible to make an estimate of the embedded carbon in the rolling stock by converting values from the literature from a per train or per vehicle basis to a per tonne basis.

11.3.7 Accounting for well-to-tank emissions from fuel

It was noted in Chapter 1 (Section 1.7) and Chapter 9 (Section 9.6) that the supply of fuel and electricity can also result in carbon emissions which should be allocated at the point of use. Based on available data, it was suggested that operational emissions from electric trains should be increased by 16% to account for this, whilst operational emissions from diesel trains, cars (petrol or diesel) and aircraft (aviation fuel) should be increased by 22%.

11.3.8 Life-cycle estimates from Travel Footprint

The only carbon calculator tool reviewed which explicitly includes any life-cycle data is Travel Footprint, whose output is broken down into “tailpipe emissions” and “fuel/vehicle production.” For cars, the “fuel/vehicle production” emissions equated to an additional 37% of the tailpipe emissions. For buses, it was about 23%, and for aircraft it was about 6%. No life-cycle data were given for electric rail, but for diesel rail on the Swansea to Fishguard route, “fuel/vehicle production” emissions equated to about 21% of the tailpipe emissions.

11.4 Further consideration of the route between Euston and Glasgow

Of the sample routes studied, the route between London Euston and Glasgow is the one for which the most detailed data are available. It is operated by the Pendolino, for which comprehensive empirical data about operational energy consumption were provided for analysis, and — of the rolling stock used on the different routes — is the most comparable to the high-speed and intercity trains typically considered in the literature on life-cycle analysis. It is also the one route of the three over which four modes (train, domestic aviation, car and coach) are competitive. For these reasons, it is the most suitable for further consideration in light of the research which has been undertaken.

11.4.1 Quantifying the life-cycle emissions for the train journey

In light of the discussions in Section 11.3, the calculation of life-cycle costs for a German ICE train undertaken by Tuchschnid (2009) is the most suitable for making a quantitative estimate of the additional life-cycle carbon emissions for a train journey between London Euston and Glasgow Central. It is noted that the assumptions about the infrastructure made by Tuchschnid fit the profile of the route operated by Virgin Trains between London and Glasgow, namely the fact that the ICE uses ballasted track (as opposed to slab track) and has a typical utilisation of 80 trains per day (over double track). Like the Pendolino used between London and Glasgow, the ICE is a long-distance intercity train, with a relatively large number of carriages and passenger accommodation over a single deck (as opposed to the double-deck layout on some other high-speed trains). Table 11.8 summarises the figures used in the calculations by Tuchschnid (2009, Section 3.3).

Table 11.8: A summary of embedded carbon estimates (Data Source: Tuchschnid, 2009)

Component	Embedded carbon [kg CO ₂ per train-km]
Ballast	0.034
Track systems	2.3
Rolling stock	0.263
Carbon emissions from rolling stock revision and maintenance	0.108

The embedded carbon in the rolling stock is based on the mass of the ICE train being 782t. An 11-carriage Pendolino has a mass of 567t (Wikipedia, 2014) and so it would be appropriate to scale the carbon estimates accordingly (Section 11.3.6). A revised

estimate for the embedded carbon in the rolling stock on this basis is 0.190 kg of CO₂ per train-km. Similarly, a revised estimate for the carbon emissions from rolling stock maintenance is 0.078 kg of CO₂ per train-km, based on the fact that materials and use of resources (such as water) form the bulk of the emissions, and assuming that any fixed costs can also be scaled. Table 11.9 shows the estimates of the life-cycle emissions for the journey from London to Glasgow on a per passenger-km basis, assuming that there are 160 passengers on a typical train (Section 11.2.3). The total life-cycle emissions for the journey from London to Glasgow (646km) are estimated to be 10.5 kg of CO₂ per passenger.

Table 11.9: Estimated life-cycle emissions per passenger-km for the Pendolino operating on the WCML, assuming 160 passengers per train

Component	Carbon emissions [kg CO ₂ per passenger-km]
Embedded carbon in ballast	0.0002
Embedded carbon in track systems	0.0144
Embedded carbon in rolling stock, adjusted for mass of Pendolino	0.0012
Carbon emissions from rolling stock revision and maintenance, adjusted for mass of Pendolino	0.0005
Total life-cycle emissions from track and rolling stock	0.0163

Table 11.10 shows a breakdown of the estimated total carbon emissions per passenger for the journey between London and Glasgow, which can be compared with the typical ranges estimated from the literature (Chapter 9, Table 10). It should be noted that some literature does not separate active and inactive operation, whilst Chester and Horvath (2009) include the “hotel load” of heating, lighting and other onboard auxiliaries as inactive operation. The estimate for the embedded carbon in the rolling stock is consistent with the ranges suggested in Chapter 9, but higher than the estimated proportion for the ICE (2.5% of the operational energy) on which the calculations are based. This is due to the fact that the Pendolino trains are smaller and have a lower running speed than the ICE trains, such that the energy consumption and related emissions from the operation are also lower. The estimated contribution of the infrastructure is lower than might be expected from the data reviewed in Chapter 9 — this is because tunnels, bridges, earthworks, stations and the preliminary planning phases have not been taken into account. This is arguably a fair assumption in this case (Section 11.3.5), but it remains that the data in Table 11.9 and Table 11.10 are likely to underestimate reality.

Table 11.10: A breakdown of the estimated total carbon emissions per passenger for the journey between London and Glasgow

Emissions Source	CO ₂ per passenger [kg]	Emissions as a proportion of active operational emissions [%]
Active Operation	27.4	-
Inactive Operation	3	11
Infrastructure	10.5	38
Rolling Stock	1.1	4

11.4.2 Estimating the life-cycle emissions from road and air transport

Chapter 9 suggested that the life-cycle emissions from road transport would, overall, be expected to be less than those for rail. The sample calculations done by Baron, Martinetti, and Pepion (2011) are based on a motorway route, and are used as a basis for estimating the life-cycle emissions from the motorway route between London and Glasgow. Table 11.11 summarises the data used by Baron, Martinetti, and Pepion (2011, Section 3.1.2).

Table 11.11: A breakdown of estimated life-cycle emissions for cars (Data Source: Baron, Martinetti, and Pepion, 2011)

Element	Carbon emissions per passenger-km [g]	Emissions as a proportion of active operational emissions [%]	Notes
Operation	130	-	Assumes a petrol car
Vehicle Construction	20.9	16	Vehicle mass 1310kg. Assumes 150,000km covered in vehicle life-time
Infrastructure Construction	0.7	1	Assumes a three-lane motorway with 65.5% of the usage being attributable to freight transport

Baron, Martinetti, and Pepion have assumed a medium-sized petrol car with 1.6 passengers; the outputs from the carbon calculator tools (Chapter 2) assumed a medium-sized diesel car with only one passenger (the driver). However, the percentages in Table 11.11 are generally deemed to be suitable figures pending more detailed analysis. The one exception is perhaps the assumption that nearly two-thirds of the motorway traffic is

freight-based; this seems on the high side (for the UK at least) although it may be that the data have been scaled according to potential wear and tear on the infrastructure (heavy lorries are much more damaging than cars).

Similarly, Table 11.12 summarises the data provided by Baron, Martinetti, and Pepion for an Airbus a320 with a passenger load factor of 65%, which is representative of flights between London and Glasgow. It is noted that the life-cycle proportions are lower than those suggested by other sources (for example, Chester and Horvath, 2009).

Table 11.12: A breakdown of estimated life-cycle emissions for domestic aviation (Data Source: Baron, Martinetti, and Pepion, 2011)

Element	Carbon emissions per passenger-km [g]	Emissions as a proportion of active operational emissions [%]
Operation	163.2	-
Vehicle Construction	0.5	0.3
Infrastructure Construction	0.3	0.2

11.4.3 Comparing road, rail and air

Having considered more detailed data for the trains used on the route between London and Glasgow (Section 11.2.3) and estimated the possible contribution of life-cycle components (Section 11.4.1), comparisons are now made with other modes. For cars, to take into account some variation in route choice and vehicle specification, an average of the outputs from the three carbon calculators for the route (Section 2.3) was used to estimate the operational emissions; the emissions from fuel/vehicle production given by Travel Footprint were excluded. Instead, estimates of the life-cycle emissions for the vehicles and the infrastructure were added, according to the proportions in Table 11.11. For coach travel, operational emissions data for a typical Megabus service (RSSB, 2007) were used, and the life-cycle emissions were estimated using the same proportions as for a car (the basis for this is that the increased number of passengers in a bus compared with a car will be offset to some degree by the fact that the larger size of the bus will also increase the embedded emissions of the vehicle and the wear and tear on the road infrastructure). This may not be entirely fair, given the difference in the proportion of life-cycle emissions suggested by Travel Footprint (Section 11.3.8) but the aim at this stage is to make broad comparisons rather than provide detailed calculations.

For domestic aviation, an average of the values provided by Travel Footprint and EcoPassenger was used, to reflect the fact that different aircraft and different London airports can be used to make the journey. Table 11.12 was used to make some estimation of life-cycle emissions from the vehicles and infrastructure.

For all modes, an estimate of the emissions from the supply of electricity or fuel were made according to the figures discussed in Section 11.3.7. The data are summarised in Table 11.13 and shown graphically in Figure 11.4.

Table 11.13: A breakdown of life-cycle emissions by mode for the journey between London Euston and Glasgow Central

Mode	Emissions [kg CO ₂ per passenger]			
	Train	Car	Coach	Aircraft
Operational Emissions, including “inactive” operation for rail	30.4	110.4	17.97	163.75
Embedded Vehicle Emissions	1.1	17.7	2.9	0.5
Embedded Infrastructure Emissions	9.4	1.1	0.18	0.3
Emissions from supply of fuel	4.9	24.3	4	36
Total Emissions	45.8	153.5	25.1	200.6

It can be seen that the comparisons in Figure 11.4, which include a more detailed examination of data for rail, and some estimates of life-cycle emissions, follow a similar pattern to the outputs from the carbon calculator tools given in Chapter 2 for the same route. Domestic aviation and car travel appear significantly more polluting per passenger than the land-based public transport options of rail and coach travel, and the difference is such that the inherent uncertainties in the calculations are unlikely to affect the overall picture. The exception to this may be when different assumptions are made about passenger load factor; this is briefly considered in the next section.

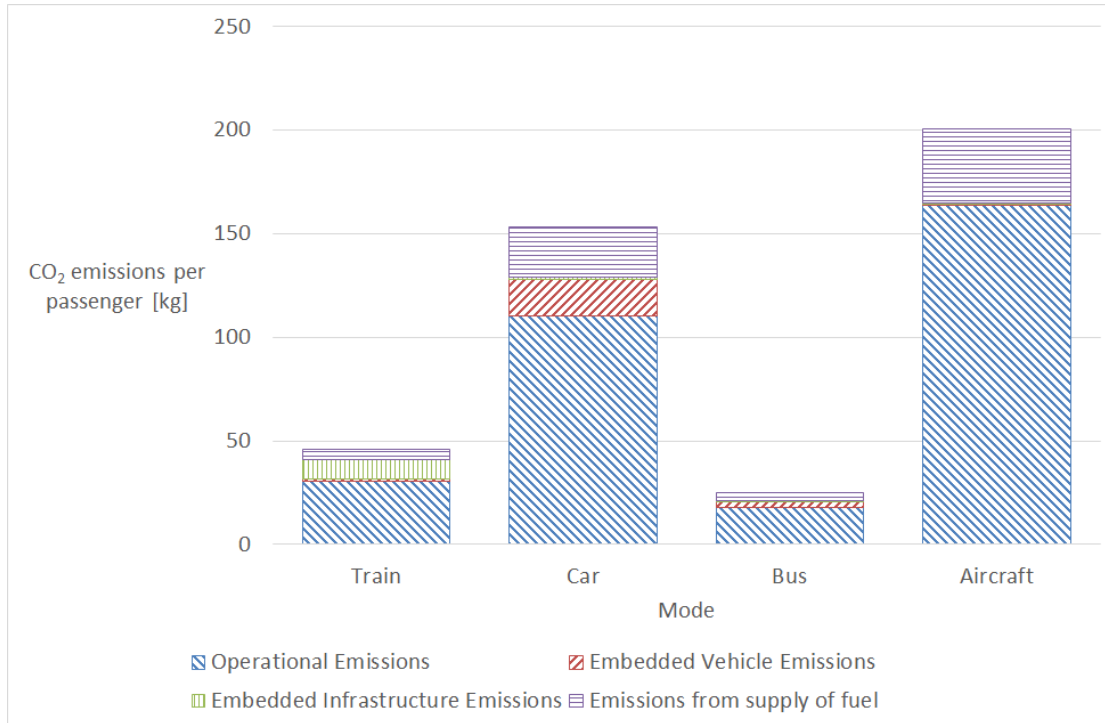


Figure 11.4: A comparison of life-cycle emissions by mode for the journey between London Euston and Glasgow Central

11.4.4 Comparing road, rail and air with 100% load factors

The calculations in this chapter so far have been based around passenger loadings which are deemed to be typical for each mode of transport, with the exception of car travel where single occupancy has been assumed. The rationale for this is that if a user were using the carbon calculator tools as part of planning a journey then it is likely that if they wanted to take the car they would have to plan on driving themselves, whereas all other modes will continue to run whether or not someone chooses to travel. The implications of this are discussed further in Section 11.7.1.

It has been seen (Chapter 10) that emissions data calculated on a per-passenger basis are very sensitive to assumptions made about passenger occupancy levels, and so in some cases it might be more instructive to compare the potential performance of each mode, based on 100% passenger load factors. Table 11.14 summarises the assumptions made about passenger occupancy levels.

The data in Table 11.13 were scaled according to the data in Table 11.14 in order to produce an estimate of emissions per passenger for the journey from London to Glasgow, assuming 100% passenger occupancy levels. The results are shown in Figure 11.5.

For those modes for which a relatively high load factor was already assumed, the difference is not so great. For the passenger car, however, the significant increase in load factor (in percentage terms) is reflected in the fact that the emissions per passenger are now

Table 11.14: Assumptions made about passenger occupancy levels

Mode	Typical passenger occupancy levels assumed	Maximum passenger occupancy level now assumed	Notes
Train	160 people	514 people (average seating capacity of nine- and 11-carriage Pendolino trains)	Average seating capacity chosen because energy calculations assume an even mix of 9- and 11- carriage trains on the route (Section 11.2.3). Standing passengers not considered as this would be unacceptable for the whole journey.
Car	One person	Four people	Fifth seat in most family cars not suitable for adults over long distances such as this.
Coach	60% of available seats	100% of available seats	Exact number of seats depends on vehicle type.
Aircraft	65% of available seats	100% of available seats	Exact number of seats depends on aircraft type, which for some airlines will be varied according to demand.

significantly reduced. A more efficient car than the medium-sized diesel considered here could conceivably be comparable to the bus and train (as demonstrated by consideration of the Chevrolet Volt in Chapter 10). Equally, if one of the other journeys had been considered, such as the one between Swansea and Fishguard Harbour, on which the operational emissions from the diesel trains used are likely to be higher, the gap between road and rail might also be seen to close.

Figure 11.5 also reflects the findings in Chapter 10 about the relative performance of the Megabus and the Pendolino intercity train — namely that they are very comparable in terms of emissions. It is likely that re-assessment of some of the life-cycle analysis — for example, the inclusion of stations and other aspects of the infrastructure for rail could ultimately give a small advantage to the coach.

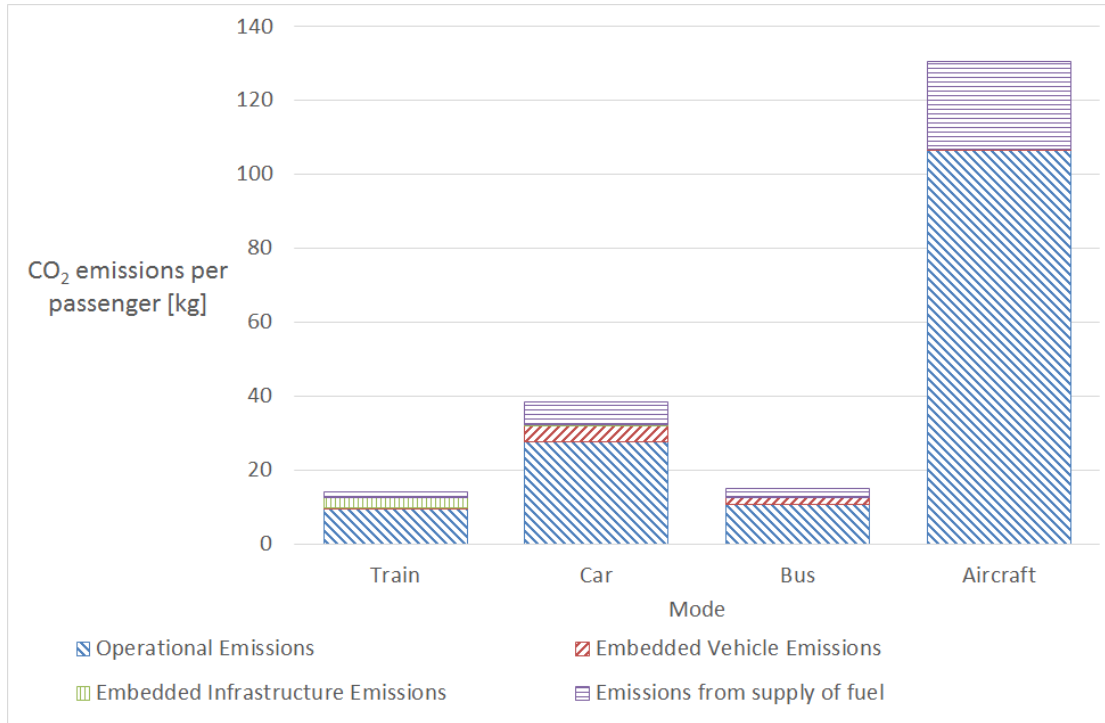


Figure 11.5: A comparison of life-cycle emissions by mode for the journey between London Euston and Glasgow Central, assuming 100% passenger occupancy levels

11.5 The future

The modal comparisons made here are based on current vehicle design and technology, and — in the case of electric rail — assume that electricity is supplied via the current UK generational mix. Improvements in vehicle design and decarbonisation of the electricity grid are likely to lead to a reduction in operational emissions for both road and rail. Improvements in construction, maintenance and other industrial processes may also lead to a reduction in life-cycle emissions. This section focuses on key factors which may reduce operational emissions — the biggest contributor to overall emissions levels — and discusses what impact that might have on comparisons between modes in the future.

11.5.1 New vehicle design

A reduction in energy consumption and emissions has become a key part of vehicle design, driven in part by new legislation and a desire to reduce operating costs. For example, the new Siemens “Desiro City” trains, which will be introduced on the London Thameslink route, have been designed with a number of features to improve energy efficiency. These include a 25% mass reduction compared with existing UK train fleets, intelligent heating, air-conditioning and lighting systems to minimize the auxiliary load, improved aerodynamics and an energy storage system which can use braking energy for re-acceleration (Siemens, 2010). Similarly, car manufacturers have been investing in new

technologies to improve fuel economy and emissions, including stop/start technology (to minimise idling at traffic lights), hybrid technology and mass reduction strategies. The number of electric and alternative-fuel vehicles being bought to market is also increasing. A result of this is that average new car emissions in the UK fell by 26.5% between 2000 and 2012 (SMMT, 2013) and are expected to continue to fall as EU Targets come into force. The fleet average to be achieved by all new cars is 130g of CO₂ per vehicle-km by 2015, according to current EU legislation, and a law setting a target of 95g of CO₂ per vehicle-km by 2021 is awaiting formal publication (European Commission, 2014a). This is shown in Figure 11.6. It is worth bearing in mind that average new vehicle emissions do not reflect the current car fleet, and may be measured from a test-cycle which does not reflect realistic operating conditions (Section 2.4.2).

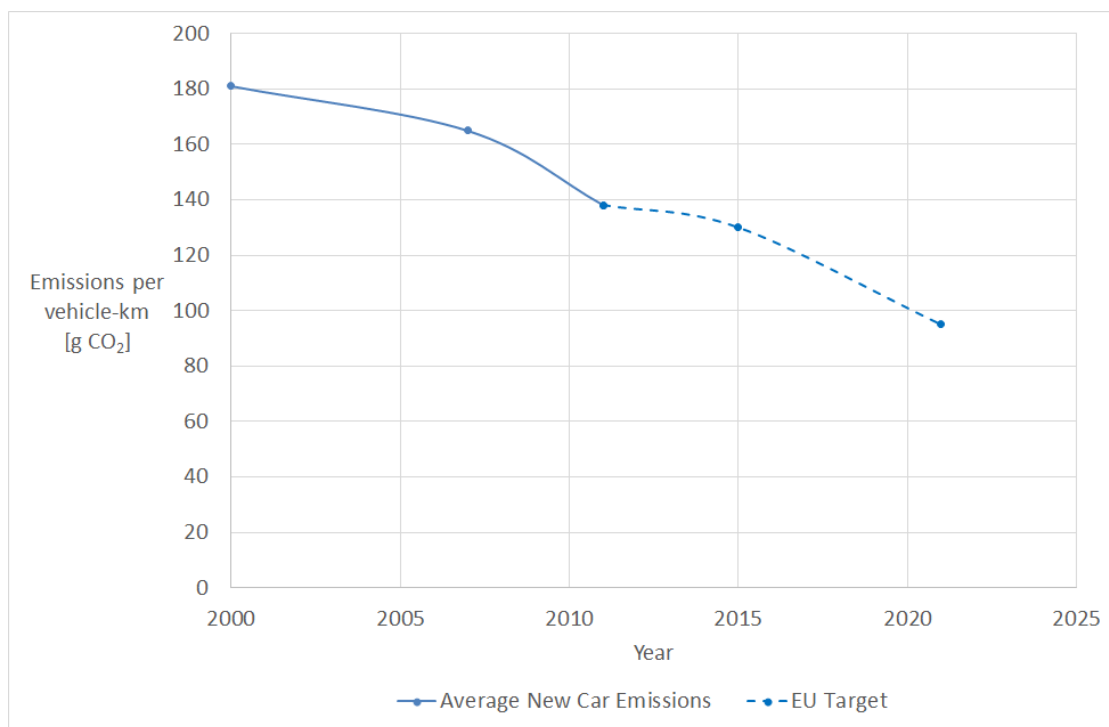


Figure 11.6: Trends in new car emissions (Based on data from: European Commission, 2014a; SMMT, 2013)

In the railway industry in the UK, there is a move towards more widespread electrification, and the total requirement for new trains in coming years will be met entirely by electric, rather than diesel, trains (ATOC, 2012). This is likely to have a significant effect on reducing the overall average operational emissions from rail in the UK, something which will be helped further if the carbon intensity of electricity generation is also reduced.

11.6 Decarbonisation of the electricity grid

A change in the electricity generation mix, including a move towards cleaner technologies, has meant that the carbon intensity of the electricity grid has — on the whole — shown some level of decline in recent years. This is illustrated in Figure 11.7.

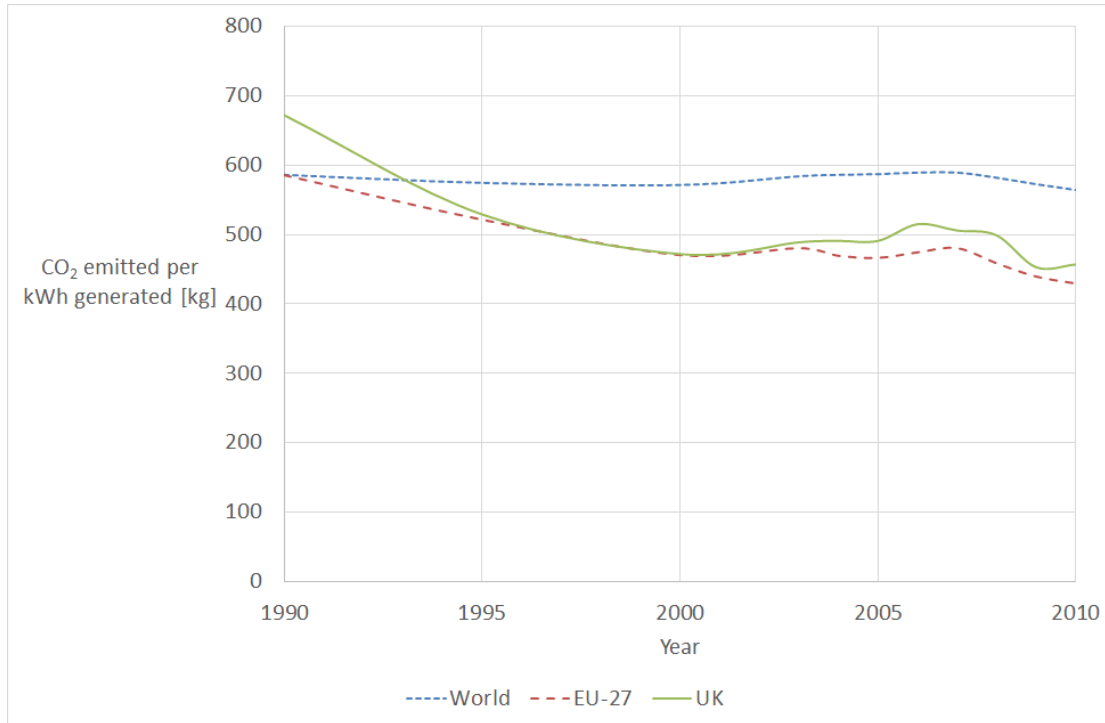


Figure 11.7: CO₂ emissions from electricity generation (Data Source: International Energy Agency, 2012, p. 111)

There has been some fluctuation in the UK in recent years because higher oil and gas prices have encouraged increased use of coal (RSSB, 2007), although the overall trend is still towards reduced emissions. The electricity supply sector is not exempt from the stringent GHG emissions reduction targets set for 2050 and this should drive continued decarbonisation of the electricity grid. In fact, it is suggested that the electricity supply sector should make the biggest proportional reductions, aiming for as much as a 99% reduction in emissions, relative to 1990 levels, by 2050 (Hewicker, Hogan, and Mogren, 2011). The suggested targets for 2005, 2030 and 2050 are given in Table 11.15, along with an estimate of what they should look like in absolute terms of CO₂ per kWh generated. The IEA figure of 0.585kg CO₂ per kWh generated for the EU-27 countries in 1990 is taken as the baseline figure.

Assuming a steady rate of reduction, these targets are broadly similar to others suggested for the UK by 2020 (0.3kg, The Committee on Climate Change, n.d.) and 2022 (0.32kg RSSB, 2007). The target proposed by The Committee on Climate Change for 2030 is a more stringent 0.05kg.

Table 11.15: Reduction targets for GHG emissions from electricity generation
(Data Source: Hewicker, Hogan, and Mogren, 2011)

Year	2005	2030	2050
Reduction Target [Reduction as a % of 1990 Levels]	7 (Actual: 20)	54 to 68	93 to 99
Target Emissions [kg CO ₂ per kWh]	0.544 (Actual: 0.466)	0.267 to 0.187	0.041 to 0.006

The EU target of 95g of CO₂ emitted per vehicle-km for new cars is equivalent to a reduction of 47.5% of emissions with respect to the year 2000. Taking a figure of 0.472 kg CO₂ per kWh of electricity generated for the year 2000 (International Energy Agency, 2012, p. 111), this means that emissions from electricity generation must come down to 0.248 kg CO₂ per kWh if existing electric trains are to maintain their environmental performance relative to the average car. This is within the range of targets set for 2030 (Table 11.15), by which time average new vehicle emissions from 2021 are likely to be more representative of the car fleet as a whole.

Whether these targets are achievable, however, is open to question. The tendency to be over-optimistic when estimating the possible reductions has already been seen in the 2001 AEA report (Hobson and Smith, 2001) reviewed in Section 2.5.1. The Committee on Climate Change suggest that the targets could be achieved by ensuring that by 2020 30% of electricity is generated by renewable sources and that by 2030, 40% comes from renewable sources and 40% comes from nuclear sources, but even if this comes to fruition, it is not clear whether they have taken the aforementioned life-cycle emissions (Section 11.3.7) into account. Furthermore, the continued role of gas as a fuel for power generation is questionable (Hewicker, Hogan, and Mogren, 2011) — it produces significantly less emissions than other fossil fuels (particularly coal), and could be an effective solution for quick emissions reductions. However, beyond 2030, the reduction targets are so stringent that gas can only be a significant part of the generation mix if commercially deployable solutions are developed to eliminate carbon emissions. Carbon Capture & Storage (CCS) is an early-stage technology with significant potential, but also significant challenges which need to be overcome, and it remains uncertain whether it will become commercially viable in time to help meet some of the targets.

Demand reduction is another possible way of reducing overall emissions from the electricity generation sector. Although energy efficiency measures will help with this, this policy is at odds with increased use of electric rail and of the electrification of transport in general. At the moment, the UK Transport sector does not represent a significant portion of electricity demand — of the 376TWh of electricity supplied in the UK in 2013, only 4.1TWh (approximately 1%) was used for transport (DECC, 2013a), although

that represents an increase on previous years. It is important to note that, even if the transport sector could be powered entirely by low carbon or renewable sources, it cannot be separated out from the electricity generation mix as a whole. As RSSB (2007) put it, “were the railway to be closed tomorrow, the [low carbon sources] would continue to operate at their normal power, and some fossil fuelled power stations would be instructed to operate at reduced load.” On the other hand, demand reduction in other sectors could help to reduce reliance on more polluting power stations.

11.7 Interpreting the modal comparisons — implications for policy

As it stands, assuming typical passenger loadings, intercity electric rail and intercity coach travel appear to produce significantly less CO₂ emissions per passenger than car travel or domestic aviation. Section 11.4 focussed particularly on the long-distance route between London and Glasgow, but the use of electric trains and intensive use of the infrastructure on the route between London and Southampton means that rail could be expected to perform similarly well along that corridor. The use of diesel trains, poor passenger loadings and low utilisation of the infrastructure means that the rail route between Swansea and Fishguard (and others like it) may not offer such benefits in terms of emissions, although it is still likely to be preferable to driving. However, there are other things to consider before promoting a policy of modal shift towards rail and/or coach travel. Firstly, the journeys considered here are largely comparable in terms of distance for each mode, but this cannot always be assumed to be the case. Section 11.7.3 explores this further, and also considers the fact that journeys made by public transport are not always point-to-point in the same way that car journeys can be. Section 11.7.4 discusses the fact that minimising CO₂ emissions may not be the only reason to choose a particular mode, even within a remit of promoting “sustainability.”

Finally, although carbon calculator tools are typically geared around helping individuals to make particular travel choices, benefits of modal shift are rarely realised at the individual level. In fact, somewhat counter-intuitively, promoting driving in cases where it would purport to produce the least emissions per passenger can still end up increasing overall emissions if the alternative public transport modes continue to run in addition.

11.7.1 Assumptions about travel demand

An implicit assumption when using carbon calculator tools in the planning of a journey is that the journey will be made regardless, and it is just the choice of mode which might change. This assumption that travel demand is fixed, however, cannot be made when considering policies to encourage modal shift. It was noted in Chapter 10 that policy

instruments such as low fares might artificially enhance passenger occupancy levels by encouraging people to make trips they wouldn't otherwise have made. For these reasons, an illustrative model to consider the overall change in emissions (ΔX) resulting from a new High Speed (HS) railway line was defined as follows (Pritchard, 2011):

$$\Delta X = P_{Generated} \times X_{HSR} - \sum (P_{ModalShift} \times (X_{HSR} - X_{OtherModes})) \quad (11.1)$$

where

- $P_{Generated}$ is the number of new passenger trips on the High Speed railway which wouldn't otherwise have taken place.
- X_{HSR} is the emissions per passenger of the High Speed railway.
- $P_{ModalShift}$ is the number of passenger trips on the High Speed railway resulting from modal shift.
- $(X_{HSR} - X_{OtherModes})$ is the reduction in emissions per passenger as a result of travelling on the High Speed railway rather than an alternative mode.

Similar principles should be followed when considering the benefits of any new transport system or policy intervention. Care should also be taken when assuming that any modal shift automatically results in a reduction in emissions; the next section Section 11.7.2 elaborates on the idea of vehicle trip cancellation, noting that an overall change in emissions may not result from an individual passenger switching modes. It is also worth noting that an increase in demand for one mode (and a corresponding reduction in emissions per passenger) can result in a reduction in demand for another (and a corresponding increase in emissions per remaining passenger).

11.7.2 Vehicle trip cancellation

It may sometimes be assumed that a passenger switching from a more polluting mode (such as driving or flying) to a less polluting mode (such as rail) will directly result in a reduction in emissions. Unfortunately, the reality is somewhat different. Any potential emissions savings tend not to occur at the point one passenger switches modes, but at the point when enough passengers switch to warrant the cancellation of the trip. This is summarised in a 2006 report entitled “High Speed Rail and GHG Emissions in the US” (Center for Clean Air Policy and Center For Neighborhood Technology, 2006). This is not necessarily hugely significant when considering modal shift away from the car, because if the driver chooses an alternative mode of transport then the car journey is not made, although there is the potential for indirect trip generation; if modal shift from

road to rail results in reduced road congestion then some people may choose to make car journeys which were previously unattractive.

Vehicle Trip Cancellation is a more important factor when assessing the overall benefits of modal shift from air to rail. There is evidence to suggest that where high-speed railway lines are built along domestic aviation corridors, enough modal shift does occur to warrant a reduction in the number of flights - French domestic air traffic is said to have declined 7% between 2000 and 2007, largely due to the increased availability of TGV connections (OECD and International Transport Forum, 2009, Footnotes on Page 20). However, Section 5 of the same report notes that the shift from air to rail released scarce capacity. In other words, the airline slots could have been reallocated elsewhere, and a reduction in domestic aviation does not necessarily result in a reduction in aviation overall. In the UK, slots at some of the major airports are so valuable that airlines have been criticised for running empty flights to protect them during periods of low demand (Nugent, 2008). If high-speed rail were to permanently reduce demand on a particular corridor (for example London-Glasgow), airlines may simply use the slots to serve other destinations instead. Without any sort of intervention to prevent this, the environmental benefits of modal shift from air to rail would be substantially weakened.

11.7.3 Assumptions about trip distance

One of the disadvantages of the railway is that the network is fixed and at times quite limited. Although there are examples within the UK of journeys where the railway and main road are more or less parallel (for example, the M4 and the railway between Newbury and Reading), there are plenty of journeys where this is not the case. When travelling between Newbury and Southampton, for example, the most direct driving route is straight down the A34, a distance of around 60 km (Transport Direct, 2012b), whereas travelling by train involves travelling east to Reading before returning south west to Southampton, a distance of nearly 100 km (Transport Direct, 2012b). Any advantages the railway has in terms of operational efficiency are offset by the extra distance travelled, although there will be some cases where the railway takes a less circuitous route than the road.

An additional consideration is the fact that whereas the car can be used for an entire journey between two points, it is very rare for a journey to be made which begins or ends at a railway station. Hence when travelling by rail, a journey will usually comprise more than the actual travelling on the train itself (the “line-haul element”). Transport Watch UK suggest that for journeys whose main mode is rail, the average distance travelled is about 7.5 miles more than the line-haul distance (Transport Watch UK, 2006). Where journeys to and from the station are made on foot, bicycle, or by existing public transport, it would reasonably be expected that the environmental impact would be negligible. At the other end of the scale, the worst-case scenario would perhaps be if

a traveller received a lift in a car to and from the station, which could necessitate an extra return car journey at each end of the trip. Additionally, when considering a new station, the impact of developing a new bus network or other public transport system to provide accessibility should not be underestimated.

The same considerations also apply to other modes of public transport, including flying. The illustrative model therefore needs to be developed to take this into account. Whereas it would be impossible to gather the data to accurately analyse every passenger's entire journey, some concept of travel patterns to/from the station or airport will be essential.

11.7.4 A summary of other aspects of sustainability

Chapter 1 introduced the concept of sustainability, and the notion that it has three facets — economical, environmental and social. This work has focussed particularly on the environmental aspects, and — more specifically — the goals of reducing energy consumption and greenhouse gas emissions, but that doesn't mean to say that other sustainability concerns should be ignored when making travel choices. The limitations of emissions per passenger-km as a metric were discussed in Chapter 10, where other potential benefits of different modes were introduced. Table 11.16 summarises some other sustainability concerns. It is evident that there may be some conflicts between them.

Table 11.16: A summary of other sustainability concerns, besides energy consumption and GHG emissions

Concern	Area(s) of sustainability	Likely best choice of mode	Notes
Travel time	Economic; affects use of time and limits time for other productivity. Social; improved travel time can reduce isolation of some communities and people.	Air (long distance) or Rail (short to medium distance) — provided that access to/from the station is convenient. In some cases, the door-to-door option offered by the car may be preferable.	Assumes that a reduction in travel time is a sustainability goal. Some sustainability benefits, particularly economic ones, can be had from a productive use of the journey itself (Section 1.11.2).
Flexibility	Social; improved connectivity and mobility. Economic; more flexible travel options can allow for better business links	Car	High frequency public transport services can provide necessary flexibility between certain origin and destination pairs. The low frequency of bus and rail services is a big disadvantage on the Swansea to Fishguard route.
Cost	Economic and social; more affordable travel options can improve mobility	Car or bus. Travel concessions (e.g. for the elderly) can make bus travel particularly attractive on this front.	Leisure travellers are typically more price-sensitive than business travellers.
Noise	Environmental (although there may also be an economic benefit to reducing health problems associated with noise pollution).	Electric Rail	High-speed rail can still be quite noisy
Air quality	Environmental (and socio-economic if related health problems are taken into account)	Electric Rail	
Visual Intrusion	Environmental. Economic if land and property values are adversely affected	Air	Visual intrusion near an airport is a concern. Rail infrastructure and motorways tend to be the most visually intrusive along the length of a route.

11.8 Conclusions

The use of empirical data and other findings from the literature has enabled the outputs of the carbon calculator tools considered in Chapter 2 to be verified, and has allowed life-cycle emissions to be considered. It was found that the outputs from Travel Footprint were most representative of reality, provided that the user made appropriate choices about the mode. There was noticeable variation from the average data used by Transport Direct, which typically overestimated emissions from electric rail. The empirical analysis undertaken in Chapter 5, suggests that even when exact details are known about the train, the route and the passenger loadings, operational emissions are still subject to variation, and in addition to this, variation in train-type and passenger numbers is very common — hence it would be preferable if the outputs from carbon calculators indicated a possible range. The use of an absolute value, often to at least one decimal place, is arguably a bit meaningless. Overall, despite the potential for variation, it was found that carbon calculators — especially Travel Footprint — could be used to make a reasonable estimate of operational emissions.

A discussion ensued about life-cycle emissions, and the Euston to Glasgow route was examined in more detail. Although life-cycle emissions were found to be significant, their consideration did not particularly influence whether one mode was typically more polluting than another. However, this may depend on the assumptions made, and a new railway project requiring a significant amount of earthworks, bridges and tunnels may have particularly high life-cycle costs.

As per Chapter 10, it was found that the load factors did have an impact on the relative performance between modes. At high load factors, domestic aviation remained the most polluting, but the gap between other modes, particularly between intercity rail and coach travel narrowed.

For informing policy decisions, comparisons based on carbon emissions per passenger should not be the only factor influencing modal choice, and it was noted that the whole door-to-door journey should be properly considered before assuming that rail or bus travel is always preferable car travel. The issue of vehicle trip cancellation and the effect of individual modal shift means that in the short term the best policy for reducing carbon emissions is to encourage the use of the least polluting mode of public transport (rail or coach), but long term service provision and behavioural change should be considered.

Chapter 12

Concluding remarks & future work

The concept of sustainability was introduced in Chapter 1 as being one of the key challenges of the present age. A very broad topic, it was defined by Brundtland (1987) as “development that meets the needs of the present without compromising the ability of future generations to meet their own needs.” Sustainability has economic, environmental and social facets which must be kept in balance, and may sometimes be in conflict with one another. Sustainability is something to strive for in many areas of life and sectors of activity, and the transport sector stands out both as a sector which should in itself be sustainable and as a key aspect of sustainability in other areas due to the provision of mobility and the support of economic activity.

To move from broad definitions to practical concepts, sustainability goals are often defined. Some key sustainability objectives were introduced in Section 1.4, and it was noted that many such goals can simultaneously support two or more of the three facets. For example, mitigation of the effects of climate change is thought to have economic benefits (compared with the alternative costs of adaptation later on) and social benefits (such as the protection of livelihoods and communities which would otherwise be “at risk”). Focussing particularly on environmental sustainability, there are many noteworthy concerns, including a desire for better land-use management, a reduction in noise and visual issues, better resource management and a reduction in emissions. Given the global challenges associated with concerns about climate change, and the consensus that greenhouse gas (GHG) emissions need to be reduced, the reduction of GHG emissions was chosen as the main focus of the research. Tied in with this was a focus on a reduction in energy consumption, because the two can be directly related and the latter is often more easily understood and quantified.

It was shown that the transport sector is responsible for a significant amount of global GHG emissions. A key reason for this is a strong reliance on the internal combustion

engine, and as such, carbon dioxide (CO₂) is currently the most dominant GHG produced by the transport sector. Although technological improvements have a role to play, continued demand for travel means that other policies will be required if stringent GHG reduction targets are to be met. On the basis that the provision of transport is itself a key sustainability concern, blanket policies to reduce travel demand completely could have undesirable economic and social ramifications. One possible behavioural solution, however, is to encourage shift from those modes which emit more GHGs to those modes which emit less.

In this context, rail transport — which is currently a minority mode, especially compared with car travel — could be a good target for such modal shift, with the bulk movement of passengers and freight on steel rails being comparatively efficient. With a particular focus on passenger transport, this research has set out to investigate whether modal shift from road transport (and, where applicable, domestic aviation) to rail transport does indeed have potential as a policy for reducing GHG emissions.

Chapter 2 reviewed some online carbon calculator tools used for estimating carbon emissions from a given journey, and the results for three different sample journeys were considered. It was found that making a journey by train would be expected to produce less CO₂ emissions per passenger than the same journey by car in each case and — in the case of a long distance journey — it would certainly be less polluting per passenger than flying. The distinction between the train and the bus was less clear, with some carbon calculators suggesting that the bus would be better than the train. Consideration of the underlying methodology in each case, however, made it clear that robust conclusions from the carbon calculator outputs should not be drawn. Carbon calculators rely on assumptions about the type of vehicle, the journey distance (especially for public transport modes) and the typical passenger load factors (which affects how emissions are apportioned on a per-passenger basis). There was a notable reliance on average data, which means that the results may not be applicable to specific journeys.

In order to make more robust comparisons, it was decided to move away from average data where possible, and the second part of Chapter 2 included a review of available data for cars and trains. It was found that emissions from cars (in Europe, at least) are theoretically well understood, due to legislation which requires the publication of fuel consumption and CO₂ emissions data for all models of car on sale in the European Union. In practice, it is noted that the standardised laboratory testing used to obtain official figures may be increasingly unrepresentative of real-world conditions, but there is some understanding of how the manufacturers' figures should be adjusted to take into account real-world driving. It was found that data for trains are much less well understood, and a review of the existing data uncovered a range of methodologies, from simulations with basic assumptions made about the route and the service pattern to empirical data taken from just a handful of isolated journeys. The fact that several sources suggested very

different energy consumption data for the same class of train made it clear that more research was required.

Some Train Operating Companies (TOCs) in the UK have recently fitted their electric train fleets with energy meters, in order to more accurately monitor consumption, and recorded data were obtained from two such TOCs. The basics of energy metering systems, and a summary of the data available were presented in Chapter 3. Data about the physical railway network and train scheduling data were used to calculate energy consumption in terms of kilowatt-hour (kWh) per train-km for a large number of different services (Chapter 4). This metric provided a basis for comparison with other modes, once passenger load factors had been estimated, and allowed different trains and services to be compared. The dataset was much more comprehensive than any of the existing empirical data considered in Chapter 2, and the variation in observed operational energy consumption was explored in Chapter 5. The observed range in energy consumption for each of the trains in the empirical data set studied here is less than the range of estimated values for a given type of train in the literature reviewed in Chapter 2. This is likely to be because of the reliance in the literature on simulations, which can have limited accuracy, and because the data published are not always well defined — for example, it is not always clear whether the published data refer to net energy consumption (taking in to account the energy recuperated if the train is fitted with a regenerative braking system) or whether they include other overheads such as non-revenue running and idling. Nonetheless, significant variation was observed in the empirical data, with aspects of the route and service, the influence of the driver and temporal factors being important explanatory factors.

No driver data were available for the fleet of suburban trains studied, but the route itself was found to be a significant explanatory variable for the observed variation in operational energy consumption. An important characteristic of a given route and schedule is the distance between stops, and trends were observed between the mean stop spacing and the mean net operational energy consumption. RSSB (2010a) suggested ways in which services could be classified according to the mean distance between stops, and the observed energy consumption for outer suburban services operated by Class 350/2 trains was found to be 14% higher than the observed energy consumption for inter-urban services operated by the same trains (Table 11.1). This confirms the claim by RSSB that some of the differences they found for outwardly similar types of train can probably be attributed to variations in the route and service pattern and shows that the type of service must be taken in to account when considering data about the operational energy consumption of a train.

Where (non-personally identifiable) driver data were available, for the fleet of intercity trains studied, the (anonymised) DriverID number was used as an explanatory variable to estimate the influence of the driver on the operational energy consumption. It was found that when using single explanatory variable univariate linear regression models for

the mean net energy consumption, the adjusted R^2 value was higher for DriverID than it was for route as an explanatory variable, although it should be noted that aspects of the route and service appear to be less important for intercity services than for suburban services (see Figures 5.8 to 5.10, for example). Methods for modelling and simulating the operational energy consumption of a train were explored in Chapter 7 where it was found that the use of rudimentary fixed parameters to model driving style were inadequate for accurately modelling the observed energy consumption on four services chosen for more detailed analysis. Furthermore, when maximum application of tractive effort and braking force were assumed (“all out running”), the mean net energy consumption estimated by the Arup RouteMaster tool increased from 2% below the observed mean to 26% above it. It is no wonder, therefore, that the values for a given type of train in the reviewed literature (Section 2.5), which include a mixture of simulated and empirical data, were found to vary so much.

Driver efficiency ratings were devised, which were more suitable for modelling the influence of the driver than an arbitrary DriverID. Chapter 8 studied the empirical On Train Monitoring Recorder (OTMR) data in more detail for the four services selected in Chapter 7. It was found that coasting (running with no applied traction or braking force) is an important part of the overall driving profile, and that those drivers ranked as most efficient made better use of coasting. The variation of applied tractive effort with speed was investigated, and the resulting profiles were found to differ between the different routes. This is likely to be because different routes have different gradients, line speed profiles and stopping patterns, which can all influence the required tractive effort.

It was noted that the operational energy consumption could be divided into three key components — energy used to move the train (the traction energy), energy used for onboard auxiliaries such as heating and lighting (the hotel load) and, where the train is so equipped, energy recovered by regenerative braking systems and returned to the grid. Chapter 6 analysed the regenerative braking performance of the trains which were studied in Chapter 5 and it was found that such systems can indeed offer significant benefits. As with the data for the net energy consumption in Chapter 5, simple analysis of variance was undertaken. Again, the influence of the driver and aspects of the route and service were seen to be important, but there was less temporal variation. It was difficult from the available data to measure the hotel load accurately, but estimates were made by considering energy measurements taken when the trains were stationary. It was found that there was a variation in the hotel load with temperature, which was expected due to the fact that the heating, ventilation and air-conditioning (HVAC) systems are an important component. The hotel load was found to form a larger part of the net energy consumption for suburban services, likely to be due to lower running speeds and more frequent opening of the outer doors, but even for the intercity services it was found to be in the region of 10% of the net energy consumption — this affirms recent decisions taken by some TOCs to fit trains with more energy efficient lighting and auxiliary systems.

Initial modal comparisons in Chapter 1 and Chapter 2 were made on a per-passenger basis, which makes sense because on a per-vehicle basis different types of transport are generally not directly comparable. In order to calculate energy consumption or emissions on a per-passenger basis, passenger occupancy levels must be known. These were explored in Chapter 10 where it was shown that assumptions about passenger occupancy levels can greatly affect the comparisons between modes when considering GHG emissions. For rail, the passenger occupancy levels can be particularly variable — especially on routes used by commuter traffic. It was also found that defining load factor in terms of seating capacity was not always appropriate. For long-distance bus and rail services, it is reasonable to expect all passengers to have a seat, whereas for suburban services there could be a number of standing passengers. It was noted that strategies to increase the occupancy levels of a public transport service, thereby reducing the emissions per passenger, could be counter-productive if they increased travel demand rather than encouraged modal shift.

Although some thought had been given to non-revenue overheads such as running to/from the depot and idling (Section 6.7) most of the comparisons centred around the operational energy consumption and emissions directly associated with the movement of passengers between two points. Chapter 9 provided an overview of some of the wider life-cycle emissions associated with the provision of a transport system, including the construction and maintenance of the vehicles and infrastructure. Data available in the literature are variable, reflecting the level of complexity, the variation between different systems (for example, an urban rail system has very different infrastructure from a long distance one) and the fact that boundaries for what should and should not be considered are sometimes ill-defined. It was found, however, that life-cycle components are significant and should not be ignored — especially for rail systems, which can require more carbon-intensive infrastructure than other modes.

Chapter 11 returned to the carbon calculator comparisons, using the more specific data obtained during this research to make more accurate estimates of the emissions for the three sample journeys. It was found that even when life-cycle considerations were taken into account, the overall trends remained the same — namely that trains generally produce fewer emissions per passenger than cars or aircraft. However, the pitfalls of using average data (as used by the Transport Direct carbon calculator) can be seen in Figures 11.1 to 11.3 — for the routes operated by electric diesel with high load factors, Transport Direct overestimated the emissions compared with the empirical estimates calculated here, whilst for the route between Swansea and Fishguard, which is a rural diesel service, Transport Direct underestimated the emissions.

Looking ahead, it could be concluded that the railway is indeed a suitable target for modal shift if the reduction of energy consumption and emissions remains a key concern. There are, however, questions which need to be answered. Chapter 2 showed how progress is being made in the motor industry and if there continues to be a move towards alternative

fuels and electric cars then the advantage the train has may narrow. Chapter 10 showed how a full hybrid car could provide fewer emissions per passenger than a train, whilst Chapter 11 outlined some of the other advantages of car-sharing schemes. On the other hand, however, the rail industry is also set to benefit from technological improvements and the decarbonisation of the electricity grid.

Within the diverse range of sustainability goals, different modes have different strengths. Although the coach was found to be very competitive compared with intercity rail in terms of emissions, rail remains more attractive in other areas, including speed and use of travel time (in many cases). These factors should not be ignored, and play a role in determining the potential for modal shift. Questions about how to encourage modal shift without encouraging new travel demand need to be answered, whilst an inherent variability in demand for rail services (Chapter 10) mean that making the most efficient use of capacity may not be possible all the time. As it stands, the available rail capacity compared with the available road capacity is small and widespread modal shift may require new infrastructure. In this case, some of the life-cycle concerns, which may be considered less important for existing infrastructure, become more prominent.

Rail should be able to play an important role as part of a wider sustainable transport system, and it has been shown that it can currently provide mass transport with fewer emissions per passenger than a typical journey made by car. However, by making use of a much more comprehensive empirical dataset than has been found in previously published literature, this thesis has confirmed that the operational energy consumption (and related emissions) of rail depend on the context, with some routes and services performing better than others. Comparison of the empirical data analysed with estimates from a simulation tool and with existing data in the literature has shown that assumptions made about route and service or about driving style can make a significant difference, and that some simulation data are not adequate enough for making fair comparisons with other modes. Although not investigated here, it is likely that rail has similar strengths as a mode of freight transport, but in both cases, the discussion of life-cycle analysis has shown that consideration of operational energy consumption and emissions alone are not enough. It has been shown that policy makers wishing to develop the role of rail as part of a sustainable transport system need to have a clear understanding of the data they make use of, so that they can account for the limitations and make sure that it is appropriate for a given context.

There is much scope for future work on the topic. Chapter 5 noted that there are additional factors which may influence the operational energy consumption and emissions of a train. These include train punctuality and passenger loading. The empirical data provided by the two TOCs could be used to undertake further study on non-punctual services, but more data would be required in order to include passenger loading in any analysis. A welcome additional benefit of obtaining passenger loading data is that it

would be possible to verify some of the discussions in Chapter 10 and to begin to better understand where there is most scope for increasing passenger load factors.

It was also noted in Chapter 5 that it would be desirable to better describe features of different routes, in order to improve the accuracy of the models to describe and predict the variation in energy consumption, and to make them more widely applicable. A more detailed understanding of the differences between routes may also help with the development of improved traction and braking profiles to replace the fixed parameters currently used by the Arup RouteMaster tool, as discussed in Chapter 8. In any case, work is ongoing to further develop the RouteMaster tool, and the inclusion of coasting in to the driving profile is seen as a high priority.

Finally, whilst Chapter 8 showed how features of a route (such as gradients) can affect operational energy consumption and emissions, Chapter 9 showed how features of the route (such as tunnels and embankments) can affect life-cycle energy consumption and emissions. A continuation of this research will therefore involve working to understand some of the trade-offs involved in infrastructure design (for example, it may be that something which reduces operational emissions increases embedded emissions). As part of this, work with Arup is ongoing to enhance a database of embedded carbon in railway infrastructure.

Appendix A

Energy consumption data provided for the research

Operational energy consumption data were provided for this research by two UK Train Operating Companies (TOCs), London Midland and Virgin Trains.

A.1 Virgin Trains data

Virgin Trains supplied energy consumption data from their fleet of intercity Class 390 Pendolino trains, as pictured in Figure A.1. Basic details of the fleet are summarised in Table A.1.



Figure A.1: A Pendolino train (Scott, 2004)

Table A.1: Details of Virgin Trains' Pendolino fleet

Train type	Class 390/0	Class 390/1
Number in fleet	53 (until 2012), 22 (after 2012)	35
Number of carriages	9	11
Maximum speed [km/h] (mph)	201 (125)	201 (125)
Train mass [t]	466	567
Seating capacity	439	589
Introduction in to service	2002	2010
Notes	31 of the fleet were originally built as nine-carriage Class 390/0 and later extended	

The energy measurement system on the Pendolino fleet is part of the Train Management System (TMS). The TMS records the energy usage and aggregates it over five-minute segments. At the end of each five-minute dataset, the TMS date/time stamp and GPS position is attached. A ground based server polls each train on a nightly basis and downloads these aggregated readings. Each Pendolino train is made up of a fixed set of either nine or 11 carriages. Although each set is always operated as a whole unit, with one driving cab at each end, the trains are divided into segments, each with its own systems. A nine-carriage train comprises two segments, and an 11-carriage train has three. Each segment measures its own energy usage from three current transducers (CTs) and voltage transducer (VT).

Energy measurements are made in each of the two segments of a nine-carriage Pendolino and in each of the three segments of an 11-carriage Pendolino. At each measurement point, both the gross energy consumed and that returned to the grid via the regenerative braking system is recorded in kilowatt-hour (kWh). Energy data for the whole train can be obtained by combining the data for each segment.

On Train Monitoring Recorder (OTMR) Data are recorded across 159 channels, each one monitoring a different input or variable. Channels include speed, distance, driver inputs and the operation of various train functions. The system is an event recorder, and data are captured every time the input value on any given channel changes. Each such event is assigned two integer IDs — a RunID, which is incremented every time the train is started or begins a new duty, and a TimeSlotID which is unique to each event recorded within a Run.

The data from Virgin Trains were supplied in a Microsoft SQL database. Tables in the database include a table of the energy readings taken every five-minutes, data pertaining to the route allocation of each train, and a comprehensive set of OTMR data.

A summary of the data supplied by Virgin Trains is given in Table A.2.

Table A.2: A summary of the data supplied by Virgin Trains

Data	Period Covered	Notes
Energy Readings	2nd February 2009 to 1st September 2012	20,470,550 records in total, covering the entire Pendolino fleet. Each record includes the date the measurements were taken, the train they were taken from, energy readings from each train segment, the location of the train at the time of measurement and an indication of the quality of the measurements.
Fleet Maintenance Records	29th March 2010 to 6th September 2012	Some records undated.
Fleet Allocation Records	1st April 2009 to 6th September 2012	443,163 records in total. The table includes allocated schedules for each train in the fleet, including departure and arrival times and route mileage.
Train Running Data	1st April 2010 to 5th September 2012	391,543 records in total. Records include actual performance data for each scheduled service, with fields including Punctuality at Origin and Destination (in minutes).
OTMR Data		15 Tables

A.2 London Midland data

London Midland supplied energy consumption data from their fleet of suburban electric trains, comprising Class 321s (Figure A.2), Class 323s (Figure A.3), and Class 350s (Figure A.4). Basic details of the fleet are summarised in Table A.3.

London Midland use separate energy metering systems, provided by Interfleet Technology. In addition to monitoring electricity consumption via a voltage/current transducer in the



Figure A.2: A Class 321 train (Skuce, 2009a)



Figure A.3: A Class 323 train (Wikimedia Commons, 2008)



Figure A.4: A Class 350 train (Skuce, 2009b)

Table A.3: Details of London Midland's electric train fleet

Train type	Class 321	Class 323	Class 350/1	Class 350/2
Number in fleet	7	26	30	37
Number of carriages	4	3	4	4
Maximum speed [km/h] (mph)	161 (100)	145 (90)	161 (100)	161 (100)
Introduction in to service	1989 to 1990	1992 to 1993	2004 to 2005	2008 to 2009
Notes	Since the data for this research were collected they have been upgraded to run at 177 km/h			

train's pantograph well, the meter fitted inside each train undertakes various calculations and records the date/time and GPS position of each energy reading (Interfleet Technology, n.d.). The data are transmitted over the cellular network to Interfleet's servers, where they are processed and analysed. Readings are taken on a minute-by-minute basis (London Midland, 2011).

London Midland arranged for access to the Energyx web portal, through which energy consumption data for their fleet of electric trains could be viewed and downloaded. Because it was not straightforward to download data in bulk, London Midland also provided a data table covering January 2012 for the entire fleet.

In addition, a table containing the route allocations for the fleet over the same period was also provided. The tables were provided in the standard Comma Separated Value (.csv) format, from which a Microsoft SQL database was constructed to facilitate querying and sorting the data.

A summary of the data supplied by London Midland is given in Table A.4.

Table A.4: A summary of the data supplied by London Midland

Data	Period Covered	Notes
Energy Readings	1st January 2012 to 31st January 2012 inclusive	3,933,803 records in total. Each record is assigned a unique integer ID and includes the time the reading was taken and the train it was taken from. Energy measurements are split into gross energy, energy returned to the grid via regenerative braking and net energy — all in kWh. Each record also includes a location field, with a GPS measurement describing the location of the train at the time the reading was taken and integer fields to indicate the reliability of the data. Additional fields include measurement of current and voltage and estimates of CO ₂ emissions.
Fleet Allocation Records	30th December 2011 to 2nd February 2012	Matches energy readings to a scheduled service, defined by an integer “service code”, an alphanumeric “service headcode”, a start time and an end time. 1,739,744 allocated energy readings over 19,477 scheduled services.

Appendix B

A synopsis of the data tables built for analysing London Midland data

To facilitate analysis of the energy data supplied by London Midland, a new Microsoft SQL database was created and populated accordingly. The key data tables are summarised here.

Table B.1: A summary of the data contained in the “EnergyReadings” data table

Field Name	Field Contents
EnergyReadingID	The unique integer supplied with each energy reading
UnitClass	The first four digits of the fleet number of the train. These describe the type of train in question and have been included separately because the energy data is for a non-homogenous fleet of trains and needs to be analysed accordingly.
FleetNumber	The last two digits of the fleet number of the train, identifying a particular train within a UnitClass
TimeStamp	The date/time of the energy reading
Latitude	The GPS data supplied with the energy reading
Longitude	
GrossKwh	The total energy consumed (summed over all metering points)
RegenKwh	The total energy returned to the grid (summed over all metering points)
EnergyQualityRef	An integer recorded to indicate the quality of the energy data
LocationQualityRef	An integer recorded to indicate the quality of the location data

Table B.2: A summary of selected fields in the “EnergyReadingStatus” data table

Field Name	Field Contents
EnergyReadingID	(see Table B.1)
UnitClass	(see Table B.1)
Train	The full six digit identifying number for the train, in the format UnitClass + FleetNumber
TimeStamp	(see Table B.1)
TimePeriod	The time period in which the energy reading was taken.
EnergyStatus	“OK” if the relevant energy quality reference is 127, “N” otherwise

Table B.3: A summary of the data contained in the “AllocationID” data table

Field Name	Field Contents
EnergyReadingID	The unique integer to identify a particular energy reading. Synonymous with IDtblRawEnergyUsage in the tables supplied by London Midland
AllocationID	An integer generated to identify the allocation of a specific train to a specific service
UnitClass	The class of train which has been allocated to the service
FleetNumber	The specific train which has been allocated
ServiceID	An integer generated to identify a specific service
ServiceHeadCode	The alphanumeric code used to identify a particular train service — as provided by London Midland in the allocations table.
ServiceCode	An integer used to identify a particular train service — as provided by London Midland in the allocations table.
ServiceStartDateTime	The date and time at which the service started — as provided by London Midland in the allocations table.
ServiceEndDateTime	The date and time at which the service stopped — as provided by London Midland in the allocations table.

Table B.4: A summary of the data contained in the “AllocationDetails” data table

Field Name	Field Contents
AllocationID	The unique integer ID for the allocation of a particular train to a particular service
UnitClass	The class of train which has been allocated to the service
FleetNumber	The specific train which has been allocated
ServiceID	The integer ID of the service to which the train has been allocated
UnitCount	The number of trains which have been allocated to the service — used to identify services which are operated by trains running in multiple
ServiceHeadcode	The alphanumeric code used to identify a particular train service — as provided by London Midland in the allocations table
ObservedOrigin	The nearest TIPLOC matched to the first energy reading for a given service from the AllocationID table
ObservedDestination	The nearest TIPLOC matched to the last energy reading for a given service from the AllocationID table
ServiceStartDateTime	The date and time at which the service started — as provided by London Midland in the allocations table
ServiceEndDateTime	The date and time at which the service stopped — as provided by London Midland in the allocations table
ServiceMinutes	The number of minutes between the ServiceStartDateTime and the ServiceEndDateTime
TotalReadings	The total number of energy readings linked to a particular allocation
NonStationaryReadings	The number of energy readings corresponding to a period of movement linked to a particular allocation
ValidEnergyReadings	The number of energy readings linked to a particular allocation which are not thought to be erroneous
ValidLocationReadings	The number of energy readings linked to a particular allocation which are thought to have been located correctly

Table B.5: A summary of the data contained in the “MatchedScheduleAllocation” data table

Field Name	Field Contents
AllocationID	The unique integer ID for the allocation of a particular train to a particular service
ScheduleID	The unique integer ID assigned to a particular schedule in the Train Service Database.
DayOfWeek	An integer representing the day of the week on which the service is run, from 1 (Monday) to 7 (Sunday)
OriginPuncuality	The number of minutes between the scheduled departure from the origin and the actual departure from the origin (a negative number indicates a delay)
DestinationPunctuality	The number of minutes between the scheduled arrival at the destination and the actual arrival (a negative number indicates a delay)
OriginEnergyReadingID	The EnergyReadingID corresponding to the train at the origin
DestEnergyReadingID	The EnergyReadingID following arrival at the destination
ScheduleKm	The length of the journey (in km)

Appendix C

A synopsis of the data tables built for analysing Virgin Trains data

To facilitate analysis of the energy data supplied by Virgin Trains, a new Microsoft SQL database was created and populated accordingly. The key data tables are summarised here.

Table C.1: A summary of the data contained in the “ValidEnergyReadings” table

Field Name	Field Contents
ReadingID	A unique integer generated and assigned to each record for ease of referencing later. Analogous to the EnergyReadingID field in the London Midland data but generated as part of the analysis rather than being supplied in the original data.
Train	The fleet number of the train in the format 390xxx
Date	The date/time of the energy reading
GPS	The GPS data supplied with the energy reading
TotalGrossKwh	The total energy consumed (summed over all metering points)
TotalRegenKwh	The total energy returned to the grid (summed over all metering points)

Table C.2: A summary of the data contained in the “ElevenCarUpgrades” table

Field Name	Field Contents
FleetNumber	The last two digits of the train’s fleet number, identifying a specific train in the fleet
IntegrationDate	The “11 Car Integration” date in the maintenance records for the specific train. If more than one such date exists, the first one was taken. If no date exists, this field is left empty (NULL).
FirstElevenCarSchedDept	The first entry in the service allocation data referring to the train as 3901xx rather than 3900xx. If there is no such date, this field is left empty.
FirstEnergyReading	The first energy reading for the train in which the “653” RecordState is “OK” and the recorded consumption is greater than zero. If there is no such reading, this field is left empty.
NineCarExService	The assumed last day in service as a nine-carriage train; the earliest of the integration date and the day before the first 11-carriage energy reading. If there are no relevant dates for the train then the field remains NULL.
ElevenCarInService	The assumed first day in service as an 11-carriage train; if no such service allocation data exists then this is taken as the day of the first 11-carriage energy reading. If there are no relevant dates for the train then the field remains NULL.

Table C.3: A summary of the data contained in the “StopDays” data table

Field Name	Field Contents
FleetNumber	The last two digits of the train’s fleet number
StopDate	The date at which the train was recorded as out of service
OKDate	The “OK” date given in the maintenance records (the date the train was fit for service again)
StopDays	The number of consecutive days the train was out of service for

Table C.4: A summary of the data contained in the “VTEnergyReadingStatus” data table

Field Name	Field Contents
EnergyReadingID	The unique integer identifying the energy reading
Train	The fleet number of the train in the format 390xxx
TrainLength	The number of carriages (9 or 11)
TimeStamp	The date/time of the energy reading
TimePeriod	The time period during which the reading was taken
TrainStatus	Used to identify when the train was in service, at a depot or on maintenance.
AllocatedHeadcode	Refers to the service the train was allocated to at the time the reading was taken.
RunID	Refers to the OTMR RunID at the time the reading was taken.
MatchedScheduleID	Refers to the service the train was allocated to at the time the reading was taken.
RouteName	Refers to the service the train was allocated to at the time the reading was taken.
TempC	Gives an estimate of the temperature at the time the reading was taken

Table C.5: A summary of the data contained in the “RunAllocations” data table

Field Name	Field Contents
RunID	The integer identifying a particular run
FleetNumber	The two digits which identify a particular train in the fleet
DriverID	A unique integer which is tied to a particular driver. No personally identifiable information is held, but this can be used to help assess how energy consumption varies according to driving style
Headcode	The alphanumeric code used to identify a particular train service
ScheduledDeparture	The scheduled departure time of the service
Origin	The origin TIPLOC of the service
Destination	The destination TIPLOC of the service
OriginPunctuality	The difference in minutes between the scheduled departure and the train running data (where available)
DestinationPunctuality	The difference in minutes between the scheduled departure and the train running data (where available)
RouteMiles	The distance (in miles) of the allocated route
RunMiles	The distance (in miles) recorded by the OTMR along the route. It is expected to be within 10% of the allocated data
TrainLength	The number of carriages — either 9 or 11
OTMRInstance	Either 1 or 2. Used to identify the two RunIDs which correspond to the same train on the same run (one from each train half) and to filter the data accordingly so that duplicate data can be excluded

Table C.6: A summary of the data contained in the “MatchedRunSchedule” data table

Field Name	Field Contents
RunID	The integer identifying a particular run
Headcode	The two digits which identify a particular train in the fleet
AllocatedDeparture	The allocated departure time of the service in the data provided by Virgin Trains
ScheduledDeparture	The scheduled departure time of the service in the Train Service Database provided by Network Rail
AllocatedArrival	The allocated arrival time of the service in the data provided by Virgin Trains
ScheduledArrival	The scheduled arrival time of the service in the Train Service Database provided by Network Rail
Origin	The origin TIPLOC of the service
Destination	The destination TIPLOC of the service
ScheduleID	The unique integer ID assigned to a particular schedule in the Train Service Database.

Appendix D

Additional rail network and train schedule details

D.1 Key depots and sidings used by London Midland and Virgin Trains

Table D.1: Key depots and sidings used by London Midland and Virgin Trains

Depot Name	TIPLOC Code	Type	Operator
Soho Light Maintenance Depot	SOHODED	Depot	London Midland
Longsight Traction Maintenance Depot (Electric)	LNGSEMD	Depot	Virgin Trains
Polmadie Carriage Maintenance Depot	PLMDCMD	Depot	Virgin Trains
Wembley Inter City Depot	WMBYICD	Depot	Virgin Trains
Oxley Carriage Maintenance Depot	OXLEYCS	Depot	Virgin Trains
Edge Hill Carriage Maintenance Depot	EDGHCMD	Depot	Virgin Trains
Northampton Electric Maintenance Depot	NMPTEMD	Depot	London Midland
Camden Carriage Servicing Depot	CMDNCSD	Depot	London Midland
Camden Carriage Washing Machine	CMDNCWN	Sidings	London Midland
Bletchley Carriage Sidings	BLTCCS	Sidings	London Midland
Bletchley Carriage Washing Machine	BLTCCWM	Sidings	London Midland
Coventry Yard	COVNYD	Sidings	London Midland
Longbridge Reversing Sidings	LONBRS	Sidings	London Midland
Northampton River Sidings	NMPTNRS	Sidings	London Midland
Wolverhampton Carriage Sidings	WVRMCS	Sidings	London Midland
Crewe Carriage Sidings L&NWR Site	CREWLNW	Sidings	London Midland

D.2 The format of train schedule data

Train scheduling data were obtained from Network Rail’s Train Service Database (TSDB), which adheres to the Common Interface File (CIF) standard. A CIF Extract file is sequential, containing fixed-length 80 character records. There are different types of record, which can be identified by the first two bytes of a record — the record identity.

An individual train schedule comprises the following set of records:

- A basic schedule record (BS)
- A basic schedule extra details record (BX)
- Train specific note records (TN), if present
- An origin location record (LO)
- A sequence of intermediate location records (LI) in journey order, preceded by a change en route record (CI) if present for a given location
- A terminating location record (LT)

Location specific note records (LN) may follow any LO, LI or LT records.

Basic Schedule records (BS and BX) contain a whole set of fields describing aspects of a particular schedule. This includes dates between which the schedule is valid, the days of the week on which the service runs, some details about the type of train used, maximum speed data and a set of fields used to identify the service.

Although it is important to have a defined standard for train scheduling data, the CIF format used by Network Rail is not easily linked with other data, such as train allocation data from the operators. In order to overcome this, Python was used to extract schedule data from the supplied CIF files and produce data tables which could be imported into an SQL database.

A Python module was written to produce two data tables from any given CIF file. The first table is based mainly on the “basic schedule” (BS and BX) records and contains a summary of all the schedules contained within the CIF file. Each schedule is assigned a unique integer ID for easy referencing later, and other fields include the Headcode, the Train Operator (ATOC) code, the origin and destination, departure and arrival times and the days on which the schedule is valid.

The second table is based mainly on the location fields from the CIF file and lists the timings given at each location for a schedule, and identifies each location appropriately as an Origin, Destination, (other) Stop or just a point which is passed (“Pass”). Each record is associated with a schedule in the first table by means of an integer ID.

The Python module also contains a function to ensure that the timings given in the CIF file are properly formatted in standard SQL datetime format, and the output tables are saved in Comma Separated Value (.csv) format, which can be imported into an SQL database. In this research, Microsoft SQL Server was used, because that was the standard adopted by one of the train operators who supplied data. SQL queries could then be written to match train schedule data with data provided by the TOCs.

Appendix E

Mathematical Formulae

E.1 The Haversine Formula

The distance d between two points with latitude and longitude co-ordinates (Φ_1, Λ_1) and (Φ_2, Λ_2) can be calculated by:

$$d = R.c \tag{E.1}$$

where $c = 2.\arcsin(\sqrt{a})$

and $a = \sin^2(\frac{\Delta\Phi}{2}) + \cos(\Phi_1)\cos(\Phi_2)\sin^2(\frac{\Delta\Lambda}{2})$

and R is the radius of the Earth (6,371km)

E.2 The Median Absolute Deviation (MAD)

For a set of values x with median M , the MAD is defined as follows (Leys et al., 2013):

$$MAD = M_i(|x_i - M_j(x_j)|) \tag{E.2}$$

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