

# Nonlinearity Mitigation through Optical Phase Conjugation in a Deployed Fibre Link with Full Bandwidth Utilization

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**Abstract** *We present a trial of nonlinear impairment mitigation of 16-QAM WDM signals through mid-link optical phase conjugation in transmission over an installed fibre link. Signal bandwidth is efficiently reused, avoiding the typical loss of half the spectral band during phase-conjugation.*

## Introduction

Advanced modulation formats such as 16-QAM are promising candidates to meet the demand for high capacity in future long haul optical transmission systems. As compared to less complex modulation formats (BPSK and QPSK), 16-QAM signals require higher launched powers for the same transmission length due to higher OSNR requirements at the receiver. Nevertheless, fibre Kerr nonlinearity limits the maximum power launched into a given fibre link and, thus, the received OSNR<sup>1</sup>. In order to mitigate the fibre nonlinearity, several approaches have been investigated including: digital back propagation<sup>2</sup>, phase sensitive amplification<sup>3</sup>, phase-conjugated twin waves<sup>4</sup>, and optical phase conjugation (OPC)<sup>5-7</sup>. Amongst these, OPC at the middle of the transmission link has gained some momentum in recent years due to the good performance achieved for relatively simple systems, its modulation format transparency and simultaneous compensation capability for WDM signals. However, the demonstrations so far reported require use of twice the bandwidth of the signal band, as space is usually left free for the phase conjugated signals (idlers) generated in the OPC (idler band) to occupy, thus reducing by half the total transmission capacity. Moreover, most OPC demonstrations have been carried out in laboratory environments, where nearly ideal system designs (Raman amplification and properly designed dispersion shifted fibres) could be exploited to achieve optimum nonlinear compensation<sup>5,6</sup>.

In this paper, we experimentally investigate OPC-based fibre nonlinearity mitigation in a field installed, amplified, standard single mode fibre (SMF) link of about 400 km length. To retain use of the full transmission band, we demultiplex two sub-bands (populated with 16-QAM signals), B1 and B2, which lie symmetrically either side of the centre of spectral inversion, and perform polarization insensitive OPC<sup>8</sup> upon them in two

counter-propagating modes of the same highly nonlinear fibre (HNLF) (obviating the need for additional nonlinear media) while using the same two pumps in both directions. The newly formed conjugates (B1\* and B2\*), are re-multiplexed and transmitted onwards, resulting in an effective doubling of spectral efficiency over comparable schemes<sup>9</sup>. We study the performance in terms of signal quality factor (Q-factor) with and without OPC as the number of transmitted signals is increased.

## Experimental setup

Figure 1(a) shows the experimental setup of the installed transmission link (part of the UK's Aurora2 network) and the OPC, set at the middle point of the transmission line. The transmitter, OPC, and receiver were located at Southampton, while the repeaters, including EDFAs and dispersion compensation modules (DCMs) were located at both Southampton and Reading. The field-installed fibre was standard SMF (ITU-T G.652d). The total transmission length was about 400 km, consisting of two round trips, the first 180 km (two x 90 km) long and the second 220 km (two x 110 km) long. The second round trip was 40 km longer than the first, simply due to the fibre link configuration. It is worth noting that while the performance of OPC is maximized under the condition of symmetric transmission length as well as power profile<sup>10</sup>, it might be difficult to set the OPC at the exact mid-point of deployed networks, as was the reality for our specific case.

The two bands, B1 and B2 were each populated with three 10 Gbaud, 16-QAM signals, lying on a 50 GHz grid around centre wavelengths of 1551.72 nm and 1555.75 nm, respectively. The signals are named such that B1 contains signals S1-S3 and B2 contains signals S4-S6. After characterisation of the system with these signals alone, an additional band (with similar contents to B1 and B2) was added, centred around 1553.73 nm, along with

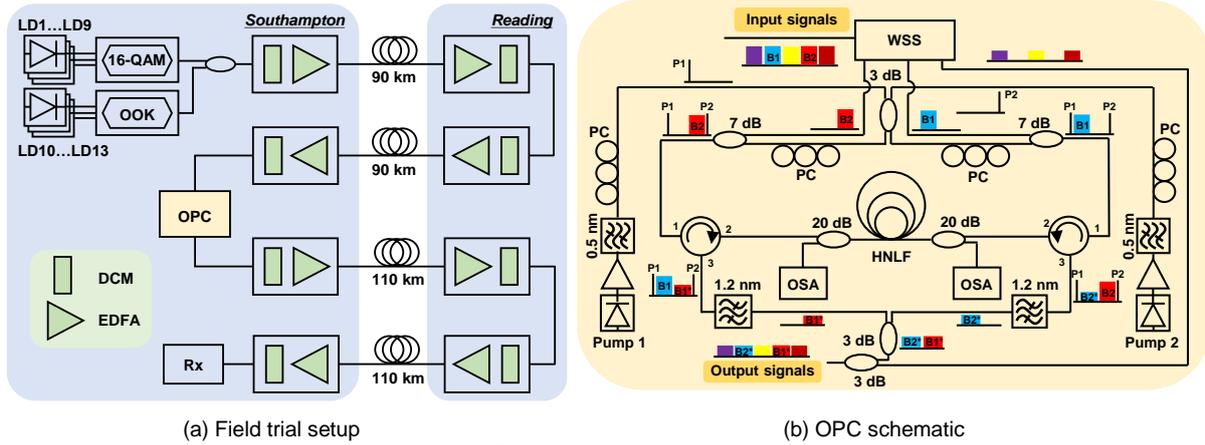


Fig. 1: Experimental setup.

four 10 Gbaud OOK signals at the following wavelengths: 1549.32 nm, 1550.12 nm, 1557.36 nm, and 1558.17 nm, in order to study the impact of additional WDM channels.

Figure 1(b) shows the experimental setup of the polarization insensitive OPC based on two orthogonal pumps. The incoming signal was input to a WSS for splitting B1, B2, and other channels (through signals) to different outputs. The two CW pumps had linewidths of about 100 kHz at the wavelength of 1558.17 nm and 1549.32 nm. These two pumps were each amplified to a power of +22.0 dBm at the HNLF inputs. Optical band-pass filters (OBPFs) of 0.5 nm were used to suppress amplified spontaneous emission (ASE) noise from the EDFAs. Two polarization controllers (PCs) following the OBPFs were used to make the pumps orthogonally polarized. After combining the two pumps, B1 and B2 were also combined with these two pumps using a 7 dB coupler and launched into the two ports of the HNLF via circulators. The 300-m long germanium-doped strained HNLF had a nonlinear coefficient of 11.6 / (W-km), a dispersion of -0.08 ps/(nm-km), a dispersion slope of 0.018 ps/(nm<sup>2</sup>-km), and zero-dispersion wavelength of 1555 nm. The conversion efficiency of the OPC was about -2 dB for both HNLF directions. A typical spectrum of the HNLF output for the B1 band and its corresponding idler (B1\*) is shown in Fig. 2.

The generated idlers (B1\* and B2\* bands) were filtered by tuneable filters with a bandwidth of 1.2 nm and combined with each other and the through signals, as depicted in Fig. 1(b).

At the receiver, the signal was detected by a coherent receiver and a real time scope, using a commercial optical modulation analyser to evaluate the Q-factor. The system was also assessed bypassing the OPC for comparative purposes.

### Experimental results and Discussion

Firstly, we investigated the transmission performance with and without OPC, when only the two B1 and B2 bands were transmitted. Figure 3 shows the Q-factors of the middle channels in each band (S2 and S5, respectively) as a function of launched power per channel for each fibre link after 400 km transmission. Both Q-factors of I2 and I5 (the respective conjugates of S2 and S5) performed better than without OPC for all launch powers, observing a Q-factor improvement of 0.5 dB for both idlers and a 1 dB higher optimum launched power per channel with OPC than without OPC due to the fibre Kerr nonlinearity mitigation. The relatively small improvement may be due to the negative conversion efficiency in the OPC, non-optimum symmetric transmission length and power profile. Similar Q-factor improvements for all remaining channels were measured. This measured performance confirms that our proposed OPC simultaneously mitigates the fibre Kerr nonlinearity for both bands after 400 km installed fibre transmission while providing twice the usable bandwidth when compared to conventional schemes.

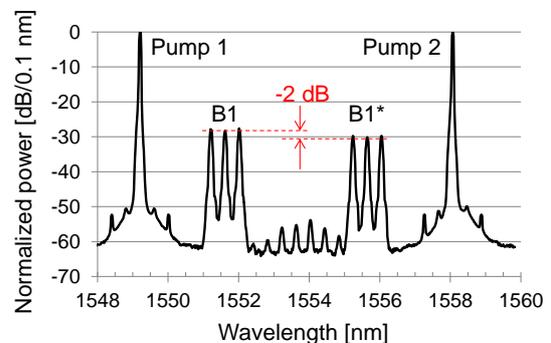
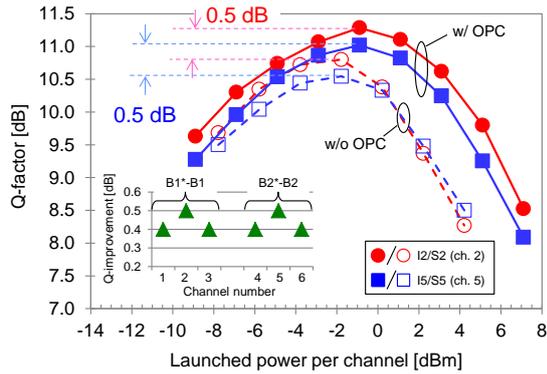


Fig. 2: Typical spectrum (0.1 nm resolution) at the output of the HNLF for B1 and B1\* with a conversion efficiency of -2 dB.



**Fig. 3:** Q-factors of the middle channels of B1 and B2 (S2 and S5) with and without OPC versus launched power per channel and Q-factor improvements for all channels transmitting only B1 and B2 bands.

Furthermore, we investigated the Q-factor improvement as the number of WDM channels was increased. Figure 4 shows the received spectrum after 400 km transmission, where the extra WDM channels were added to increase nonlinear crosstalk. The Q-factors of S2 and I2, taken as an example, with and without OPC are shown in Fig. 5. The maximum Q-factor with OPC was 11.0 dB, achieving a Q-factor improvement of 0.6 dB. As expected, as the number of WDM channels increased, the optimum launched power per channel was reduced to about -4 dBm due to the increased nonlinear phase noise. The constellation maps with and without OPC at the launched powers of about -4 and 0 dBm are also reported in Fig. 5. The reduction in phase noise through the use of OPC is visible for all symbols, but is especially noticeable for the outer symbols of the constellation. The results show that OPC improves the performance further when a larger number of WDM channels is present.

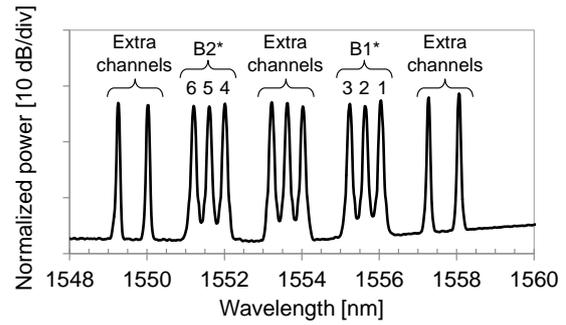
## Conclusions

We have proposed and demonstrated doubling of the transmission capacity of an OPC system located in the middle of a 400 km deployed transmission link. A Q-factor improvement of more than 0.4 dB was measured for all six 10 Gbaud 16-QAM signals when an OPC was located (close to) the middle of the transmission link. This value could be increased up to 0.6 dB as the number of WDM channels was increased to 13, which indicates that OPC may improve the performance further as the number of WDM channels increases even more.

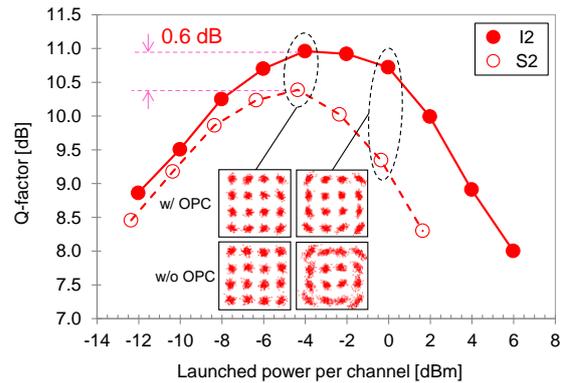
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**Fig. 4:** Received spectrum of idlers including extra WDM channels after 400 km transmission.



**Fig. 5:** Q-factors of S2 and I2 versus launched power per channel with extra WDM channels.

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