

1 **PLASMA AND ERYTHROCYTE UPTAKE OF OMEGA-3 FATTY ACIDS FROM**
2 **AN INTRAVENOUS FISH OIL BASED LIPID EMULSION IN PATIENTS WITH**
3 **ADVANCED OESOPHAGOGASTRIC CANCER**

4

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28

29 **ABSTRACT**

30

31 **Background:** It has been demonstrated that short term intravenous (IV)
32 administration of omega-3 polyunsaturated fatty acids (PUFAs) is more effective
33 than oral supplementation at promoting incorporation of the bioactive omega-3
34 PUFAs eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) into plasma,
35 blood cells and tissues. The effect of repeated short term IV infusion of omega-3
36 PUFAs was investigated in patients with advanced oesophagogastric cancer during
37 palliative chemotherapy.

38

39 **Methods:** Patients with advanced oesophagogastric cancer (n = 21) were recruited
40 into a phase II pilot clinical trial. All patients were scheduled for an intravenous
41 infusion of Omegaven® (fish oil supplement containing EPA and DHA) at a rate of 2
42 ml/kg body weight for 4 hours once a week for up to six months. Blood samples
43 were collected to assess omega-3 PUFA uptake into plasma non-esterified fatty acids
44 (NEFAs) and phosphatidylcholine (PC) and into red blood cell (RBC) membranes.
45 Fatty acid profiles were analysed by gas chromatography.

46

47 **Results:** Twenty patients received at least one Omegaven® treatment and were
48 included in the analysis. Each infusion of omega-3 PUFAs resulted in increased EPA
49 and DHA in plasma NEFAs, but there was little effect on PUFAs within plasma PC
50 during the infusions. However, with repeated weekly infusion of omega-3 PUFAs,
51 the EPA content of plasma PC and of RBC membranes increased.

52

53 **Conclusion:** Repeated weekly omega-3 PUFA infusion is effective in enriching
54 plasma PC and RBC membranes in EPA in patients with advanced oesophagogastric
55 cancer receiving palliative chemotherapy..

56

57 **Key words:** cancer; oesophageal cancer; fish oil; gastric cancer; Omegaven;
58 polyunsaturated fatty acids, parenteral nutrition

59

60 INTRODUCTION

61 As long ago as 1863 Rudolf Virchow, after noting the presence of leukocytes
62 in cancer specimens, proposed a link between inflammation and cancer
63 development ¹⁻⁴. Chronic inflammation leads to release of pro-inflammatory
64 eicosanoids which are metabolites of the omega-6 polyunsaturated fatty acid (PUFA)
65 arachidonic acid (AA). These metabolites, which include prostaglandin E₂ and
66 leukotriene B₄, play key roles in the initiation and propagation of colorectal, prostate,
67 breast and pancreatic cancer ^{2,3,5,6}. In contrast, there is now much evidence that the
68 omega-3 PUFAs, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA)
69 have anti-inflammatory and anti-cancer properties ^{1,7-10}.

70 Fish is the major dietary source of EPA and DHA and they are also found in
71 fish oil supplements. One of the main mechanisms of their anti-inflammatory action
72 involves opposing the production and effects of the AA-derived eicosanoids ⁷. This
73 mechanism of action is linked to the incorporation of EPA and DHA into cell
74 membranes ¹¹. Because of the opposing actions of omega-6 and omega-3 PUFAs,
75 both the content of omega-3 PUFAs and the ratio of omega-6 to omega-3 PUFAs in
76 cell membranes are important determinants of their anti-inflammatory effects ^{12,13}.

77 Omega-3 PUFAs may be administered by oral, enteral or parenteral means ¹⁴⁻
78 ¹⁶. Carpentier *et al.* reported that intravenous (IV) infusion of a blend of 80%
79 medium-chain triacylglycerol and 20% fish oil into healthy volunteers led to an
80 increase in EPA in platelet and white blood cell phospholipids within 60 minutes
81 and that the observed enrichment remained for 48 hours¹⁷. Another study
82 demonstrated incorporation of omega-3 PUFAs from IV fish oil into plasma lipids
83 and red blood cell (RBC) membranes in patients with advanced pancreatic cancer ¹⁸.
84 A study in rats showed that short term IV infusion of omega-3 PUFAs is more
85 effective than oral supplementation at promoting incorporation of the bioactive
86 omega-3 PUFAs EPA and DHA into plasma, blood cells and tissues ¹⁹. Hence, we
87 investigated the effect of once-weekly infusions of a fish oil-based lipid emulsion
88 (Omegaven®) for six months in patients with advanced oesophagogastric cancer

89 receiving palliative chemotherapy. The outcomes were appearance of EPA and DHA
90 in two plasma lipid fractions (i.e., non-esterified fatty acids (NEFAs) and
91 phosphatidylcholine (PC)), and in RBC membranes.

92

93

94 **METHODS**

95 **Study design**

96 This was a prospective, single arm clinical trial, evaluating the effect of using
97 intravenous (IV) omega-3 PUFAs in patients with advanced oesophagogastric cancer
98 receiving conventional platinum-based palliative chemotherapy.

99

100 **Participants and setting**

101 The study recruited adult patients referred to the University Hospitals of Leicester
102 NHS Trust Oesophagogastric Cancer Service, Leicester, United Kingdom with
103 confirmed diagnoses of oesophageal or gastric cancer. Inclusion criteria were,
104 amongst others, patients with inoperable oesophageal, junctional or gastric cancer
105 eligible for palliative platinum-based chemotherapy. Treatment intent along
106 palliative lines was determined after discussion at the weekly multi-disciplinary
107 team meeting by the clinical team.

108

109 **Recruitment**

110 The study received approval from the National Research Ethics Service East
111 Midlands - Nottingham 2 Committee (reference number 11/EM/0412). Eligible
112 participants were offered a participant information sheet at their first oncology clinic
113 visit. A minimum of 24 hours later potential participants were contacted to enquire
114 about trial participation. Participants were recruited between 1 May 2012 and 31 July
115 2013. Participant follow-up was continued for one year from the date of the last
116 treatment, disease progression, or death. All participants provided written informed
117 consent for trial inclusion.

118

119 **Sample size**

120 As this was a pilot and feasibility study, the sample size was selected on pragmatic
121 grounds to make an estimate of recruitment, retention and drug toxicity. Using the
122 Simon two stage model ²⁰, the intention was to recruit 21 participants for the first
123 stage of the study, perform interim analysis and proceed to recruitment of a further
124 24 participants, provided that eleven or more participants achieved a six month

125 progression free survival. Here the findings for the first 21 trial participants are
126 reported.

127

128 **Intervention**

129 Participants received palliative chemotherapy with IV epirubicin (50 mg/m²) and
130 oxaliplatin (130 mg/m²) every 21 days and oral capecitabine (1250 mg/m²) daily for
131 21 days²¹. This is standard practice for care of these patients in the UK. For the trial,
132 this regimen was coupled with IV infusion of omega-3 PUFAs as Omegaven®
133 (FreseniusKabi, Bad Homburg, Germany). Omegaven® was infused once weekly at
134 a rate of 2 ml/kg body weight for 4 hours (i.e., 140 ml over 4 hours in a 70 kg
135 patient). Omegaven® is a 10% fish oil lipid emulsion described by the manufacturer
136 as containing 1.25 to 2.82 g/100 ml EPA and 1.44 to 3.09 g/100 ml DHA. Chemical
137 analysis by gas chromatography revealed the EPA and DHA contents of the batch of
138 Omegaven® used in the current study to be 2.0 and 2.3 g/100 ml, respectively. Thus,
139 patients received 0.04 and 0.046 g EPA and DHA/kg body weight during each 4
140 hour infusion; in a 70 kg patient this would equate to 2.8 g EPA and 3.2 g DHA
141 during each infusion. Omegaven® was administered via a peripheral venous line
142 immediately after the chemotherapy treatment on day 1 of each cycle and then again
143 on days 8 and 15 of the cycle. Blood samples were collected prior to and immediately
144 after each infusion for analysis of PUFAs in plasma NEFAs and plasma PC.

145

146 **Outcome measures**

147 The fatty acid composition of plasma NEFAs, plasma PC and RBC membranes was
148 analysed over the entire treatment period of six months. Blood samples were taken
149 immediately prior to and within 15 minutes of completion of each cycle of
150 Omegaven® infusion (Figure 1). Plasma was prepared from all blood samples while
151 RBCs were prepared only from the pre-infusion blood samples. Blood was collected
152 into EDTA and plasma isolated by centrifugation at 1300 x g for 10 minutes. RBC
153 membranes were isolated from the pellet by addition of serial dilutions of phosphate
154 buffer saline (PBS) and centrifugation after each at 1300 x g for 10 minutes. All

155 samples were stored at -80°C until analysed. Clinical outcomes will be reported
156 separately.

157

158 **Fatty acid analysis by gas chromatography**

159 Total lipid was extracted from plasma and RBC membranes with
160 chloroform:methanol (2:1 vol/vol); butylated hydroxytoluene (50 mg/l) was added
161 as an antioxidant. NEFAs and PC were isolated from the plasma lipid extract by
162 solid phase extraction (SPE) on Bond-Elute cartridges. The lipid extract was loaded
163 onto the SPE cartridge and triacylglycerols and cholesteryl esters were eluted with
164 chloroform and discarded. Next, PC was eluted with chloroform:methanol (60:40,
165 vol/vol) under vacuum suction. Finally, NEFAs were eluted with
166 chloroform:methanol:glacial acetic acid (100:2:2, vol/vol/vol) under vacuum
167 suction. Plasma NEFAs, plasma PC and RBC membrane lipids were dried down
168 under nitrogen at 40°C and then redissolved in 0.5 ml of dry toluene. Then fatty acid
169 methyl esters (FAMES) were formed by reaction with methanol containing 2%
170 (vol/vol) sulphuric acid and heating at 50°C for two hours. After cooling and
171 neutralisation with KHCO₃ and K₂CO₃, FAMES were extracted into hexane.

172

173 FAMES were separated and identified by gas chromatography on a Hewlett Packard
174 6890 gas chromatograph fitted with a BPX-70 column (30 m x 0.22 mm x 0.25 µm).
175 The inlet temperature was 300°C. The oven temperature was initially 115°C and this
176 was maintained for 2 min after injection. The oven temperature was programmed to
177 increase to 200°C at the rate of 10°C/min to hold at 200°C for 16 min and increase to
178 240°C at the rate of 60°C/min to hold at 240°C for 2 min. The total run time was just
179 longer than 29 min. Helium was used as the carrier gas. FAMES were detected by
180 using a flame ionization detector held at a temperature of 300°C. The instrument was
181 controlled by, and data collected, with HPChemStation software (Hewlett-Packard).
182 FAMES were identified by comparison of retention times with those of authentic
183 standards run previously. The following omega-3 and omega-6 PUFAs were
184 identified - omega-3 PUFAs: α-linolenic acid, eicosatetraenoic acid, clupanodonic
185 acid (aka docosapentaenoic acid), EPA and DHA; omega-6 PUFAs: linoleic acid,

186 gamma linolenic acid, eicosadienoic acid, dihomo- γ -linolenic acid, adrenic acid and
187 arachidonic acid.

188

189 **Statistical analysis**

190 As data were not distributed normally, they are shown as median and interquartile
191 range. Data were log transformed prior to analysis using SPSS version 21. A p-value
192 of < 0.05 was considered to be statistically significant.

193

194

195 **RESULTS**

196 Of the 21 patients recruited, 20 received at least one Omegaven® infusion and are
197 included in the intention-to-treat analysis (Table 1). These patients comprised 16
198 men and 4 women diagnosed with advanced oesophagogastric adenocarcinoma.
199 Patients were aged 47 to 80 (median 67) years. Eighty four Omegaven® treatments
200 were administered. As reported elsewhere²², no patient experienced grade 3 or 4
201 hypertriglyceridemia related to Omegaven® infusion. Two patients required
202 cisplatin instead of oxaliplatin chemotherapy due to peripheral neuropathy.

203

204 **Omega-6 and omega-3 PUFAs in plasma NEFAs and plasma PC following a single**
205 **4 hour infusion of Omegaven®**

206 Data for the first Omegaven® infusion are shown in Table 2. There was a significant
207 increase in the content of both EPA and DHA, and also of AA, in plasma NEFAs
208 during the infusion (Table 2). Thus, there was a significant increase in total omega-3
209 PUFAs and a significant decrease in the ratio of omega-6 to omega-3 PUFAs in the
210 NEFA fraction (Table 2). There was a strong trend for EPA content of plasma PC to
211 increase during Omegaven® infusion and there was a small, but significant,
212 decrease in the ratio of omega-6 to omega-3 PUFAs in the PC fraction (Table 2).

213

214 **Repeatability of the increase in EPA, DHA and AA in plasma NEFAs following**
215 **Omegaven® infusion**

216 The increases in EPA, DHA and AA in plasma NEFAs were examined after each of
217 the 24 infusions with Omegaven®; the results are shown in Figure 2. It is evident
218 that the increases in EPA of about 3.5%, in DHA of about 5% and in AA of about
219 0.5% seen with the first infusion (Table 2) are highly repeatable across each of the
220 later infusions (Figure 2).

221

222 **Omega-6 and omega-3 PUFAs in plasma NEFAs and plasma PC over the entire**
223 **period of Omegaven® treatment**

224 Blood samples collected prior to each Omegaven® infusion allowed the change in
225 PUFAs in plasma NEFAs and plasma PC to be determined over the entire treatment

226 period of 6 months. Overall there was limited effect on the fatty acids in NEFAs.
227 However, the content of EPA in plasma PC increased with increasing number of
228 infusions (i.e., with time) ($p < 0.001$), as shown in Figure 3. In contrast, there was no
229 significant change in plasma PC DHA or AA over time (Figure 3). Consequently, the
230 total omega-3 PUFA content of plasma PC increased and the ratio of omega-6 to
231 omega-3 PUFAs decreased with increasing number of infusions, although this did
232 not reach statistical significance (data not shown).

233

234 **Omega-6 and omega-3 PUFAs in RBC membranes over the entire period of**
235 **Omegaven® treatment**

236 Blood samples collected prior to each Omegeven® infusion allowed the change in
237 PUFAs in RBC membranes to be determined over the entire treatment period of 6
238 months. Table 2 compares the data prior to the first and the final infusion. There was
239 a significant increase in the content of EPA, but there were no significant changes in
240 the content of DHA or AA in RBC membranes.

241

242

243 **DISCUSSION**

244 Fish, fatty fish and omega-3 PUFAs may have a role in prevention of some cancers ²³,
245 . ²⁴. Furthermore omega-3 PUFAs may have a role in cancer therapy. For example,
246 DHA supplements taken orally during chemotherapy of breast cancer led to reduced
247 toxicity and improved outcome of chemotherapy and chemosensitized breast
248 tumours ²⁵. A combined EPA and DHA oral supplement increased efficacy of
249 chemotherapy in patients with advanced non-small cell lung cancer which improved
250 the response rate and had other clinical benefits ²⁶. The use of omega-3 PUFAs, either
251 in capsules or as components of oral nutrition supplements, in the palliative
252 management of gastrointestinal cancer has been investigated mainly in colorectal
253 and pancreatic cancers ²⁷⁻³³. In some other studies when omega-3 PUFAs were
254 combined with palliative chemotherapy there was a reduction in chemotherapy
255 related toxicity and better preservation of lean body weight ^{15,16,34}. Fish oil resulted in
256 improved survival in three studies ^{28,30,33}, while improvement in quality of life was
257 seen in four studies. ^{15,28,32,34}

258 In the studies described above, fish oil was provided either as capsules or in
259 oral nutrition supplements to patients with colorectal, breast, lung or prostate
260 cancer, conditions in which swallowing is not compromised. However, the use of
261 capsules or oral supplements would be more challenging for patients with advanced
262 oesophageal cancer due to luminal obstruction and resultant dysphagia. In these
263 patients, IV administration of omega-3 PUFAs (as fish oil) could be advantageous.
264 Not only would this circumvent problems with swallowing, but omega-3 PUFAs
265 were reported to be more easily incorporated into plasma, blood cells and tissues
266 when infused intravenously in rats compared to when given orally ¹⁹. Furthermore
267 higher doses of EPA and DHA can be given intravenously than can be consumed
268 orally and the IV route assures compliance. Non-compliance has been reported to be
269 a problem in some studies of oral supplements in cancer patients ^{35,36}. It was
270 considered that repeated short infusions over a period of several months could be a
271 strategy for supplying omega-3 PUFAs to patients with advanced oesophagogastric
272 cancer to increase their status of EPA and DHA.

273 Omegaven® is a fish oil supplement emulsified with purified egg
274 phosphatidate. The fatty acids in the fish oil are largely present in the form of
275 triacylglycerols i.e., fatty acids esterified to glycerol; EPA and DHA contribute about
276 40 to 45% of the fatty acids present. Upon infusion, the triacylglycerols are
277 hydrolysed in the circulation by lipases releasing NEFAs. During the course of a
278 single infusion we observed a marked increase in EPA and DHA in the NEFA pool,
279 an average of 18.5- and 7-fold increases, respectively. This is consistent with the
280 aforementioned hydrolysis of the triacylglycerol component of the fish oil and is
281 important because the released non-esterified omega-3 PUFAs would be made
282 available to cells and tissues where they could elicit their biological effects. These
283 would include host cells involved in inflammation, immune and metabolic
284 responses but also cancer cells. These cells would take the fatty acids up by general
285 free fatty acid uptake mechanisms ³⁷, but in addition some cells, including
286 inflammatory macrophages, express receptors that have some specificity for omega-
287 3 PUFAs, particularly DHA ³⁸. Thus, this rapid release of non-esterified EPA and
288 DHA would act to facilitate the functional activities of these fatty acids. There was
289 also a 50% increase in non-esterified AA during infusion. This is most likely because
290 Omegaven® contains AA (0.1 to 0.4 g per 100 ml according to the manufacturer)
291 which would also be freed by lipases. Patients received repeated weekly infusions of
292 Omegaven® for up to 6 months. The appearance of EPA, DHA and AA in the NEFA
293 pool was very similar with each infusion. As far as we are aware, this is the first time
294 that fatty acid changes with such a repeated regimen of fish oil infusion have been
295 reported.

296 Plasma PC, EPA, but not DHA, increased by a small amount during infusion.
297 PC acts as a monolayer “coat” on lipoproteins and the small increase in plasma PC
298 EPA during the 4 hour infusion would suggest recycling of the non-esterified EPA
299 that originated in Omegaven® into PC over that period. This most likely occurs in
300 the liver. It is not clear why DHA does not appear in plasma PC during a four hour
301 infusion, but appearance of DHA in plasma PC takes longer than appearance of EPA
302 ³⁹, probably reflecting different metabolic handling of the two omega-3 PUFAs.

303 Arshad *et al.* used a weekly short term (2 hour) infusion of a lipid emulsion
304 providing omega-3 fatty acids in patients with advanced pancreatic cancer or three
305 consecutive weeks followed by a rest week, and assessed pre-infusion fatty acid
306 levels for up to six months. In that study, post-infusion levels were measured only
307 for seven weeks¹⁸. The novelty of the current study is its use of repeated short-term
308 infusions (a single infusion of 4 hours each week) over a long period of time (up to 6
309 months). This regimen resulted in increased EPA in plasma PC and in RBC
310 membranes. These increases were progressive over time, suggesting a gradual
311 accumulation of EPA in these pools. This demonstrates that this approach enables
312 net accumulation of EPA in blood lipid and cell pools and this would be expected to
313 influence cell and tissue function. Oral supply of EPA results in a time-dependent
314 accumulation of EPA in plasma PC and in RBC membranes³⁹. In the current study,
315 DHA did not accumulate in the way that EPA did. It is not clear why this is the case,
316 since DHA accumulates in plasma PC and RBC membranes when taken as a regular
317 oral supplement over a period of time, although accumulation of DHA is slower
318 than that of EPA³⁹. Whatever the reason, the observation suggests that the DHA
319 provided in each infusion is used by the body in a different way than the EPA and
320 that it may not accumulate.

321 The regimen of repeated infusions of fish oil did not result in net
322 accumulation of EPA or DHA in plasma NEFAs assessed prior to each infusion. In
323 this state, most NEFAs would be derived from hydrolysis of triacylglycerols stored
324 in adipose tissue. The absence of any accumulation of EPA or DHA in plasma
325 NEFAs would suggest that there is very limited or no storage of infused EPA and
326 DHA in adipose tissue. It is worth noting that oral supplementation with high doses
327 of EPA and DHA for periods as long as one year results in only very small
328 accumulation of those fatty acids in adipose tissue^{39,40}.

329 The ratio of omega-6 to omega-3 PUFAs in the diet, in blood lipids and in cells
330 and tissues is thought to be important in influencing metabolism and cellular
331 processes, including proliferation of cancer cells¹². In the current study, the changes
332 in the fatty acid content of plasma NEFAs during infusion and in plasma PC

333 following repeated infusions resulted in a lowered ratio of omega-6 to omega-3
334 PUFAs. This would likely be of functional significance.

335 The novelty of its design is a strength of the current study, as is its
336 measurement of the fatty acid composition of two plasma lipid pools and one
337 cellular (RBC) pool. A limitation is its small sample size. A control group not
338 receiving intravenous fish oil was not necessary in the current study because in the
339 absence of an exogenous supply of EPA and DHA, their concentrations in plasma
340 NEFAs, plasma PC and RBC membranes do not change, as shown by previous long
341 term oral supplementation studies ^{39,40} and in short term intravenous infusion
342 studies ^{41,42}

343 In the current study, an omega-3 PUFA containing lipid emulsion was
344 administered IV in patients receiving platinum-based chemotherapy. The aim was to
345 provide the two biologically active omega-3 PUFAs EPA and DHA. Roodhart et al. ⁴³
346 demonstrated that another omega-3 PUFA, 16:4n-3, could be generated in the
347 presence of cisplatin and other platinum compounds and that it could induce
348 resistance to those compounds in some model systems. More recently, Daenen et al.
349 ⁴⁴ reported that 16:4n-3 is present at variable concentrations in many fish oils and
350 that its concentration in human blood plasma is increased following consumption of
351 fish oil supplements. So far it has not been possible to measure 16:4n-3 in
352 Omegaven® or in the human blood plasma samples generated as part of this study.
353 It is important to note that the analysis of 16:4n-3 and other platinum-induced fatty
354 acids is technically challenging; that common techniques for fatty acid analysis, such
355 as gas chromatography used in the current study, lack the sensitivity required to
356 detect the low concentrations of 16:4n-3; and that standards of so-called platinum-
357 induced fatty acids are not yet commercially available. It will be important in future
358 studies to gather information on the 16:4n-3 content of blood and blood cells and to
359 better understand its roles in cancer patients.

360 In conclusion, a 4 hour infusion with Omegaven® enriched plasma NEFAs
361 with EPA and DHA in patients with advanced oesophagogastric cancer receiving
362 palliative chemotherapy, while repeated 4 hour infusions once a week for several
363 months enriched plasma PC and RBC membranes with EPA.

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367 **STATEMENT OF AUTHORSHIP**

368 AM Eltweri, AL Thomas, DJ Bowrey, A Arshad and AR Dennison contributed to the
369 study design and planning. AM Eltweri and DJ Bowrey as lead investigators sought
370 research ethics committee approval for the study and coordinated the study on an
371 ongoing basis. AM Eltweri and AL Thomas recruited trial participants. AM Eltweri
372 and A Arshad supervised all Omegaven infusions and performed all blood
373 sampling. AM Eltweri and HL Fisk conducted all laboratory analyses under the
374 supervision of PC Calder. AM Eltweri conducted the data analysis. AM Eltweri, PC
375 Calder and DJ Bowrey drafted the initial manuscript. AR Dennison, AL Thomas, HL
376 Fisk and A Arshad revised the initial manuscript. All authors have seen and
377 approved the final draft.

378

379 **CONFLICT OF INTEREST**

380 AME, ARD and DJB received departmental grant support for this work from
381 Fresenius-Kabi. PCC and ARD have received speaking honoraria from Fresenius-
382 Kabi. DJB has received departmental grant support for unrelated work from
383 Nutricia. The other authors have no conflicts to declare.

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536 **Table 1: Characteristics of patients included in the trial**

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Characteristic		n=21
Sex	Male	16
	Female	5

Age	Median age in years (range)	67 (47-80)
	Number aged >60 years	16
	Number aged <60 years	5
WHO/ECOG	0	8
Performance	1	9
status	2	4
Baseline	Median weight in kg (range)	76.5 (49.0-110.6)
Weight		
Tumour site	Oesophagus	11
	Gastro-oesophageal junction	5
	Stomach	5
UICC Stage	Stage 3	3
	Stage 4	18
Site of	Local or lymph node metastasis	5
metastasis	One distant organ	11
	Two or more distant organs	5
Total number of chemotherapy cycles delivered (median)		91 (6)
Number of patients completing 4 cycles of chemotherapy (%)		12 (60%)
Number of patients completing 6 cycles of chemotherapy (%)		11 (55%)

538 **ECOG = Eastern Cooperative Oncology Group; UICC = Union for International**
539 **Cancer Control; WHO = World Health Organisation**

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542 **Table 2: Omega-6 and omega-3 PUFAs in plasma NEFAs and plasma PC prior to**
 543 **and at the end of the first Omegaven® infusion**

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Fatty acid	Plasma NEFAs			Plasma PC		
	Pre-Omegaven® infusion	Post-Omegaven® infusion	P	Pre-Omegaven® infusion	Post-Omegaven® infusion	P
EPA	0.2 (0.1-0.6)	3.7 (2.8-4.3)	<0.001	0.9 (0.6-1.1)	0.9 (0.7-1.3)	0.067
DHA	0.9 (0.6-1.2)	6.3 (5.7-8.3)	<0.001	3.4 (2.8-3.8)	3.4 (2.8-3.7)	0.715
AA	1.2 (0.9-2.1)	1.8 (1.4-2.0)	0.035	8.6 (7.6-10.5)	8.5 (7.4-10.7)	0.315
Total omega-6 PUFAs	12.2 (11.1-13.0)	11.0 (9.7-12.6)	0.142	31.6 (30.3-34.4)	31.8 (30.1-33.2)	0.900
Total omega-3 PUFAs	2.4 (1.9-3.5)	12.6 (10.5-14.9)	<0.001	5.6 (4.9-6.3)	5.4 (5.0-6.1)	0.001
Omega-6 to Omega-3 PUFA ratio	3.5 (2.9-4.5)	1.0 (0.9-1.0)	<0.001	5.0 (4.4-5.4)	4.8 (4.5-5.1)	0.046

546 Data are median and interquartile range percentage of total fatty acids (n = 20
 547 patients).

548 P values were calculated using paired sample t-test on log transformed data.

549 AA = arachidonic acid; DHA = docosahexaenoic acid; EPA = eicosapentaenoic acid
 550 (EPA); NEFAs = non-esterified fatty acids; PC = phosphatidylcholine; PUFA =
 551 polyunsaturated fatty acid

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554 **Table 3: Omega-6 and omega-3 PUFAs in RBC membranes prior to the first and**
 555 **last infusion of Omegaven®**

Fatty acid	Prior to first Omegaven® infusion	Prior to final Omegaven® infusion	<i>P</i>
EPA	0.4 (0.4 - 0.6)	0.9 (0.9 - 1.0)	0.027
DHA	3.4 (2.1 - 4.3)	2.5 (1.4 - 3.6)	0.534
AA	12.6 (8.9 - 16.4)	7.1 (3.2 - 10.9)	0.281

556 Data are median and interquartile range percentage of total fatty acids..

557 P values were calculated using paired sample t-test on log transformed data.

558 AA = arachidonic acid; DHA = docosahexaenoic acid; EPA = eicosapentaenoic acid;

559 PUFA = polyunsaturated fatty acid; RBC = red blood cell

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Epirubicin and Oxaliplatin given IV on day 1 of each cycle, Capecitabine orally twice a day for 21 day each cycle																							
◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
cycle 1			cycle 2			cycle 3			cycle 4			cycle 5			cycle 6			cycle 7			cycle 8		
1w	2w	3w	1w	2w	3w	1w	2w	3w	1w	2w	3w	1w	2w	3w	1w	2w	3w	1w	2w	3w	1w	2w	3w
↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑
◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□
Weekly fish oil intravenous 4 hourly infusion																							
◇= Plasma blood sample collection																							
□= RBC blood sample collection																							

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564 **Figure 1:** Overview of timing of Omegaven® infusion and blood sample collection.

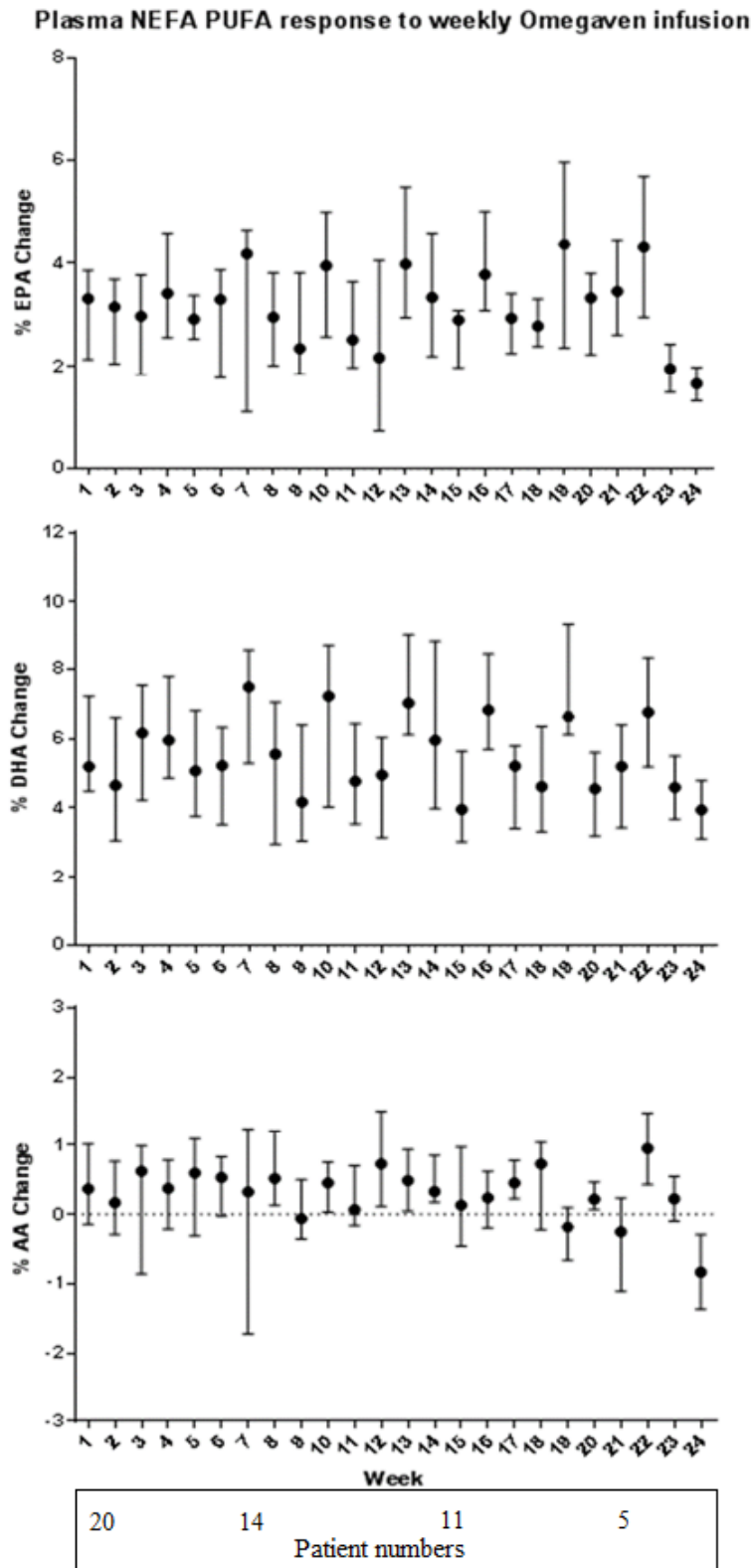
565 Chemotherapy (epirubicin, oxaliplatin, capecitabine) was administered in three

566 weekly cycles, for up to eight cycles. Omegaven® was administered on a weekly

567 basis, for up to 24 cycles.

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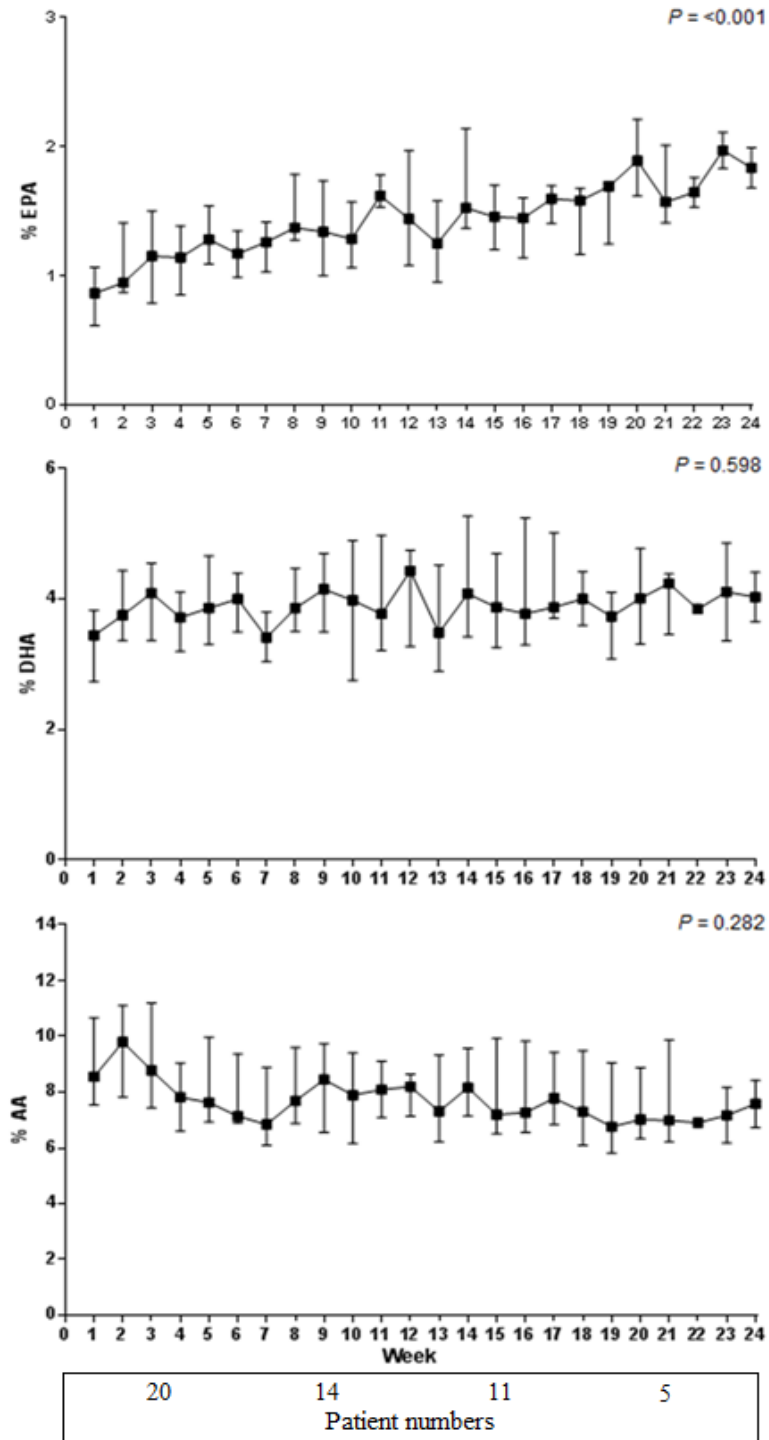
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571 **Figure 2:** Percentage change in EPA, DHA and AA in plasma NEFAs for each
 572 weekly infusion of Omegaven® i.e., comparison of immediate post- with pre-
 573 infusion levels for each cycle. Data are median and interquartile range, and are for
 574 decreasing numbers of patients as the time increases.

Plasma PC PUFA response prior to each infusion of Omegaven over 24 weeks



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576 **Figure 3:** Percentage of EPA, DHA and AA in plasma PC prior to each infusion of
 577 Omegaven® i.e., comparison of each baseline pre-infusion level for up to 24 weeks.

578 Data are median and interquartile range, and are for decreasing numbers of patients

579 as the time increases.