

Is an iris claw IOL a good option for correcting surgically induced aphakia in children? – A review of the literature and illustrative case study.

Ramez Barbara¹, Sohaib Rufai^{1,2}, Nicole Tan², Jay Self^{1,2}

- 1) Southampton Eye Unit, University Hospital Southampton, Southampton, United Kingdom.
- 2) University of Southampton, Southampton, United Kingdom.

The authors declare that they have no conflict of interest.

Corresponding Author:
Ramez Barbara
Southampton Eye Unit,
Southampton General Hospital,
Southampton
Email: Ramezborbara@gmail.com

Abstract:

Refractive correction of aphakia in childhood can be a complex management issue following lensectomy for congenital cataract or ectopia lentis. Some children have inadequate capsular support to allow an 'in the bag' or sulcus fixated intra-ocular lens (IOL). In such cases, options for refractive correction include spectacles, contact lenses or surgically fixed IOLs. Many methods of intra-ocular IOLs fixation have been described and none widely adopted in children. In recent years, the iris fixated Artisan Aphakic IOL (Ophtec BV, Groningen, The Netherlands) has gained popularity but there is still significant concern about the rate of corneal endothelial cell loss and IOL de-enclavation. Here, we review the current literature on the use of iris fixated IOLs in children, the published data on endothelial cell loss and de-enclavation rates. We present a case illustrating the significant improvements in quality of life which can be seen in selected children but also the rate of endothelial cell loss which can be encountered after initial surgery and a re-enclavation event. We make the case that until more data is available on normal endothelial cell decline in early childhood in addition to age specific rates of endothelial cell loss and de-enclavation rates following surgery, the use of iris fixated IOLs in children will continue to be a moot point and is unlikely to be widely adopted.

Introduction:

Ectopia lentis is subluxation of the natural crystalline lens. It can be congenital, developmental or acquired. Hereditary disorders such as homocystinuria, Sulfite oxidase deficiency, hyperlysinemia, Marfan syndrome, Weill-Marchesani syndrome and Ehler-Danlos syndrome are known associations (1). Complications of ectopia lentis include: significant and progressive refractive error, amblyopia and glaucoma. Dislocation of the lens into the anterior or posterior chamber can result in angle closure, pupillary block, damage to the corneal endothelium and retinal detachment (2). Surgery to remove a subluxed lens most commonly includes removal of the crystalline lens in addition to the lens capsule and an anterior vitrectomy leaving the eye aphakic. Options for the correction of the consequent aphakia in children includes conservative refractive correction using contact lenses or spectacles, iris supported intraocular lenses (IOLs) and trans-scleral fixation of posterior chamber intraocular lenses (3,4). Scleral fixation of posterior chamber IOLs in children have not gained significant support due to cases of lens tilt, dislocation, infection and erosion of scleral sutures (5). Newer techniques of scleral fixation using a scleral tunnel have been developed to avoid suture related complications but again, are not widely reported in children (6).

Iris fixated anterior chamber IOLs such as the Artisan Aphakic IOL (Ophtec BV, Groningen, The Netherlands) has gained support in recent years as a suitable alternative. It has been successfully implanted in children with congenital cataract, myopic anisometropic amblyopia and subluxated lenses (1,7,8). However, concerns regarding chronic endothelial cell loss (ECL) and the risk of lens de-enclavation from the iris have continued in part due to lack of data in the literature for these cases. Additionally, a variety of surgical modifications (such as anterior vs posterior iris fixation) have been considered but again, are largely unsupported by significant data in the literature.

Case study:

A 5 year old child was referred to our ophthalmology tertiary referral centre due to bilateral lens subluxation. He described recent difficulties with reading and in navigating his surroundings resulting in frequent minor injuries. He had a pre-existing clinical diagnosis of Marfan syndrome with secondary aortic root dilatation and was under the care of the paediatric cardiology team. His only medication was Atenolol 25 mg daily. There was no other relevant family history.

On examination, his uncorrected distant visual acuity (UDVA) was 6/60 OD and 6/48 OS. Cycloplegic refraction was -8.50D -1.00D x 90 achieving best spectacle corrected visual acuity (BSCVA) of 6/12 and -7.00D -1.00D x 90 achieving 6/12 respectively. His uncorrected near visual acuity was 6/15 OD and 6/20 OS improving to 6/9 and 6/6 with +2.00 add respectively. Anterior segment examination revealed bilateral subluxed lenses, to a greater degree in the left eye; superio-nasal in the right and superio-temporal in the left eye. The rest of the anterior and posterior segment examinations were unremarkable.

He was followed up over the next 3 years and the luxation remained stable, however his degree of myopia increased. Refraction was -9.00 -1.75 x 95 OD and -9.50 -1.25 x 140 achieving BSCVA of 6/9 OU. At that stage it was agreed to proceed with lens extraction and he had right followed by left lensectomy and anterior vitrectomy a week apart, without lens implantation. Surgery was performed through two 23g limbal incisions superiorly and inferiorly, healon, a small capsulorhexis using cystotome and intraocular forceps, lens aspiration and removal of the capsular bag and anterior vitrectomy. The pupil was then miosed and a peripheral iridotomy performed. Corneolimbic wounds were sutured using 10.0 Vicryl.

Refraction was +15.50D -1.00D x 180 OD and +14.00D -1.25D x 100° OS. He was fitted with hard contact lenses in the right and left eye; +18.00 achieving 6/7 vision and +16.00 achieving 6/7 respectively.

At this stage he was fitted with contact lenses to maximize his visual potential, nevertheless, he was intolerant to his contact lenses and refused to wear glasses. This affected his quality of life and his adaptation and performance at school suffered significantly. After discussion with the patient and family, a decision was taken to perform secondary intraocular lens implantation. Six months post lensectomy, an Artisan aphakic IOL (5.4 mm optic – model 205) was implanted with iridotomy in each eye, separated by two weeks. The IOL power was calculated using the manufacturer's formula. Post-operative refraction was +1.50D -2.00D x 50 achieving BSCVA of 6/6- OD and +1.25D -1.50D x 145 achieving BSCVA of 6/6- OS. By adding +2.75 he was able to read to N5. Intraocular pressure was within the normal range at all points in the pre- and post-operative periods.

Surgical technique for Artisan aphakic IOL implantation:

The operation was performed under general anaesthetic. Standard prepping and draping as applied. A 6mm scleral incision 2mm from limbus and two 23G paracenteses were performed. Intracameral Miochol was applied to constrict the pupil. A straight incision using 5.50 micrometer blade and crescent knife was performed through the scleral incision. A 19.5D Artisan aphakia 5/8.5 lens implanted in the right eye and +20D in the left eye and rotated with a lens dialer. Enclavation performed using enclavation hook. This was repeated for both haptics. The scleral wounds were sutured using 10.0 vicryl. Intracameral heparin and cefuroxime were followed by subconjunctival cefuroxime and dexamethasone. (see figure 1A).

Subsequently, the child's problems at school reversed and he was able to function well with no correction for the majority of activities and his family reported a profound improvement to his quality of life.

Six months following Artisan IOL implantation in the left eye, the patient incurred traumatic injury which resulted in unclipping of the nasal haptic (See Figure 1B). There was mild conjunctival injection nasal to the unclipped haptic (Figure 1B

arrow), there were no signs of haemorrhage or uveitis. Repositioning of the Artisan phakic IOL was performed in theatre two days following the injury. During re-enclavation of the nasal haptic it was also necessary to reposition the temporal haptic. Subsequently, the patient's visual function returned swiftly and his refraction was +1.25, -1.50 x 145 achieving BSCVA of 6/6.

Endothelial cell count:

Endothelial cell count (ECC) was performed initially using the Topcon SP-3000P Non-Contact Specular Microscope (Topcon Corporation, Tokyo, Japan) and subsequently using the Nidek CEM-530 (NIDEK Co. Ltd. Japan).

ECC measurements were performed before and after lensectomy and following Artisan IOL implantation and repositioning of the left Artisan IOL. We present 12 month follow up post artisan implantation.

Specular microscopy analysis is displayed in Table 1. SD and CV measurements are not consistent between the 2 machines used as the cells were manually selected in the Topocon specular microscope.

Discussion:

Ectopia lentis occurs in at least 50% of patient with Marfan syndrome (9).

Lensectomy in children with Marfan syndrome invariably includes removal of the capsular bag and support structures in addition to an anterior vitrectomy. In some older patients capsular tension rings may be used when limited zonular dehiscence is present. (10). However, these techniques are rarely employed due to high reported complication rate.

The Artisan IOL was invented by Jan Worst in 1986 and was initially known as the Worst-Fechner claw lens. Its main use was for the phakic high myopia correction (11). The aphakic model is 5.4 mm biconvex (AC 205 model) made of PMMA. It is designed to anchor at the iris mid-periphery which is considered immobile and is not

in contact with the iris except at the fixation point and therefore avoids pigment dispersion. Moreover, it has a vaulted design that provides optimal space between the iris and the Artisan IOL, thereby avoiding interference with aqueous flow (1,12).

Few reports describe the use of Artisan aphakic IOL in the paediatric age group. Worst described its use for congenital, traumatic and developmental cataracts (13). Lifshitz and Gawdat have described Artisan aphakic implantation in paediatric aphakia with insufficient capsular support (1,12). Sminia describes the use of Artisan iris reconstruction using an IOL for aphakia and partial aniridia secondary to perforating ocular trauma (14).

Children have long mean life expectancy, therefore long-term monitoring of endothelial cell loss is important following Artisan IOL implantation. It is reported that the endothelial cell count at birth is 6000 cells/mm² which decreases at a rate of 13% between 5-7 years and a further 12% by the age of 10 years (15,16). ECL is estimated to be 6% post paediatric cataract lensectomy (17,18) but is very likely technique, age and indication specific.

Our case report demonstrates that Artisan IOL implantation resulted in endothelial cell loss and subsequent reduction in endothelial cell count was noted at each follow up visit in the post-operative period. This drop in ECC was regardless of the de-enclavation and the different machines used. Clearly this corresponds to reduction in cell hexagonality and increase in coefficient of variation and standard deviation, especially when comparing measurement performed using the same specular microscope (NIDEK). At one year post artisan implantation, ECL started to stabilise for the left eye and might have been halted for the right eye.

This is similar to other published findings which demonstrate that ECL is higher in the first year post aphakic Artisan IOL implantation, with a further drop noted over the subsequent years to a lesser extent - this seems to stabilise three years post operatively (12,19,20). In a multicentre study of Artisan phakic IOL, ECL was found

to stabilise 3 years post operatively (19). It seems that there are two stages for ECL; the intra-operative stage, where most ECL occurs, and 2-3 years post operatively.

Generally, there are concerns regarding cornea-IOL contact, especially during eye rubbing. In a large case series it was reported that 1.7% of patients had corneal decompensation at 2 years post IOL implantation in adults following penetrating injury (21).

The longest follow up is of two children with Marfan syndrome and bilateral lens dislocation, both who had lensectomy with aphakic Artisan IOL implantation. At 12 years, ECC was similar to eyes without crystalline lens surgery but the coefficient of variation of cell size was higher and hexagonality of cells was lower. These morphological changes are reported in non-operated eyes of Marfan patients, especially with lens dislocation (22).

Our case report demonstrates a further drop in ECC following de-enclavation of the Artisan in the left eye. We believe that this is most likely related directly to the traumatic event in addition to the IOL re-enclavation procedure, rather than the period of IOL malpositioned *per se* as the anterior chamber was very deep in this eye and one haptic was still attached preventing complete free movement of the IOL.

Complications of artisan IOL implantation may require surgical intervention as demonstrate in our case report. Lifshitz reports 40% (2/5) iris claw luxation (14). Gawdat et al reported no spontaneous de-enclavation of IOL (12). De Silva reports iris claw de-enclavaion to be at 6% in adult patients. Early dislocations were attributed to the insertion technique and that later on in their series - these dislocations were reduced attributing that to a learning curve (21).

It is also possible that enclavation of a larger amount of iris tissue may have prevented de-enclavation in our paediatric case. It seems that and the amount of enclavated tissue may be an important consideration when investigation de-

enclavation rates, particularly in children. Traumatic Artisan aphakic IOL dislocations are seldom reported in the literature.

This case reports demonstrates the accelerated ECL in the 1st year post cataract and Artisan IOL implantation which is consistent with other reported results. Artisan Aphakic IOLs are gaining popularity as a means of visual rehabilitation in paediatric patients with insufficient capsular support. Chronic endothelial cell loss appears to occur as a result of the surgery itself and not due to the presence of IOL *per se*, nevertheless, further study is needed.

A weakness in the present case is the use of 2 different instruments to measure endothelial cell count. Although SD and CV were significantly different and not comparable, endothelial cell count was valid.

It is clear that further study is needed to assess the long term outcomes of Artisan lenses in children to include data on rates of de-enclavation in different patient groups, according to technique and age at surgery.

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OD

OS

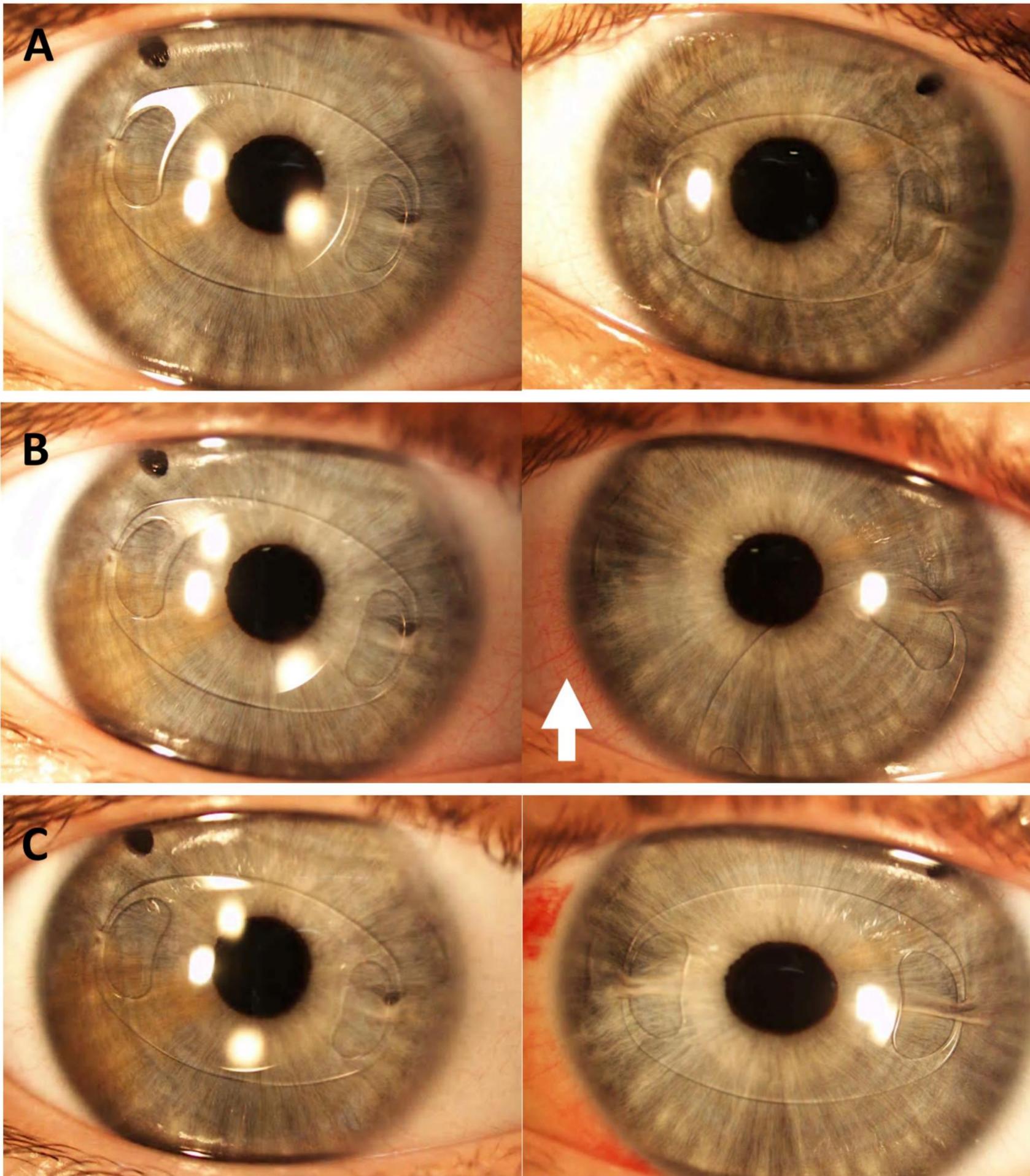


FIGURE 1. Anterior slit lamp images. (A) showing bilateral artisan phakic IOL; (B) OD demonstrating enclavated artisan aphakic IOL, OS demonstrating de-enclavation of the nasal haptic and dislodging of the artisan IOL inferiorly. [arrow indicates nasal conjunctival injection corresponding to the area of trauma]; (C) re-enclavation of the nasal haptic artisan OS IOL.

	OD						OS				
	NUM	AVG (μm^2)	CV (%)	HEX (%)	ECD (cells/mm ²)		NUM	AVG (μm^2)	CV (%)	HEX (%)	ECD (cells/mm ²)
Pre-Artisan ¹	N/A*	N/A*	N/A*	N/A*	3326	Pre-Artisan ¹	N/A*	N/A*	N/A*	N/A*	3274
1 week post Artisan ¹	10	318	14	N/A*	3137	1 week post Artisan ¹	10	341	11	N/A*	2930
1 month post Artisan ¹	10	313	9	N/A*	3192	1 month post Artisan ¹	10	342	11	N/A*	2920
8 months post Artisan ²	209	329	22	72	3038	1 week post Artisan re-enclavation (8 months post Artisan) ²	162	368	23	74	2721
10 months post Artisan ²	218	344	24	70	2908	2 months post Artisan re-enclavation (10 months post Artisan) ²	148	403	25	70	2483
12 months post Artisan ²	203	328	26	72	3053	4 months post Artisan re-enclavation (12 months post Artisan) ²	166	415	26	73	2411

Table 1 showing a full corneal endothelial cell morphology analysis including number of cells detected (NUM), average cell surface area (AVG, μm^2), coefficient of variation (CV, %), hexagonality (HEX, %) and endothelial cell density (ECD, cells/mm²) of patient during pre-implantation of Artisan lens, post-implantation of artisan lens and post Artisan re-enclavation.

¹ Topcon SP-2000P Specular Microscope used

² Nidek CEM-530 Specular Microscope used

* Not available