

1 **Oral administration of linoleic acid induces new vessel formation and**
2 **improves skin wound healing in diabetic rats**

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26 Short Title: Linoleic acid improves wound repair in diabetic rats

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35 | Abstract

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36 **Introduction:** Impaired wound healing has been widely reported in diabetes.
37 Linoleic acid (LA) accelerates the skin wound healing process in non-diabetic rats.
38 However, LA has not been tested in diabetic animals.

39 **Objectives:** We investigated whether oral administration of pure LA improves
40 wound healing in streptozotocin-induced diabetic rats.

41 **Methods:** Dorsal wounds were induced in streptozotocin-induced type-1 diabetic
42 rats treated or not with LA (0.22 g/kg b.w.) for 10 days. Wound closure was daily
43 assessed for two weeks. Wound tissues were collected at specific time-points and
44 used to measure fatty acid composition, and contents of cytokines, growth factors
45 and eicosanoids. Histological and qPCR analyses were employed to examine the
46 dynamics of cell migration during the healing process.

47 **Results:** LA reduced the wound area 14 days after wound induction. LA also
48 increased the concentrations of cytokine-induced neutrophil chemotaxis (CINC-2 α
49 β), tumor necrosis factor- α (TNF- α) and leukotriene B₄ (LTB₄), and reduced the
50 expression of macrophage chemoattractant protein-1 (MCP-1) and macrophage
51 inflammatory protein-1 (MIP-1). These results together with the histological
52 analysis, which showed accumulation of leukocytes in the wound early in the
53 healing process, indicate that LA brought forward the inflammatory phase and
54 improved wound healing in diabetic rats. Angiogenesis was induced by LA through
55 elevation in tissue content of key mediators of this process: vascular-endothelial
56 growth factor (VEGF) and angiopoietin-2 (ANGPT-2).

57 **Conclusions:** Oral administration of LA hastened wound closure in diabetic rats
58 by improving the inflammatory phase and angiogenesis.

59

60 Introduction

61 Wound healing is a physiological and essential process that must initiate as
62 soon as tissue damage occurs. It is divided into 4 phases: 1) the formation of a
63 clot, to stop the bleeding; 2) the inflammatory phase, with the recruitment of
64 immune cells and release of inflammatory mediators; 3) the proliferative phase,
65 with formation of granulation tissue, that plays an important role in new vessel
66 formation; 4) the remodeling phase, when the spatial reorganization of collagen
67 fibers and re-epithelization occur. Various cell types including neutrophils,
68 macrophages, fibroblasts, endothelial cells and keratinocytes, and a great number
69 of mediators (e.g. cytokines, lipid derived molecules, growth factors) orchestrate
70 the wound healing phases. Alterations in duration or intensity of the inflammatory
71 phase modify the onset of the next phase and hence impair the wound healing
72 process [1, 2].

73 Types 1 and 2 diabetes exhibit different etiologies, however, both are
74 associated with hyperglycemia and impairment in wound healing through
75 mechanisms involving exacerbation and chronification of the inflammatory
76 response [2-4]. Hard-to-heal wounds are a well-known diabetic complication [5];
77 25% of diabetic patients had experienced a non-healing ulcer and 28% of them
78 underwent amputation related to poor wound healing [5]. Chronic wounds have an
79 imbalanced production of pro- and anti-inflammatory mediators such as TNF- α ,
80 IL-1 β , VEGF and IL-10 [6-8], hindering proper healing. The sustained expression
81 of pro-inflammatory cytokines and chemokines are associated with increased
82 numbers of neutrophils in late wound tissues and impairment in tissue repair in
83 db/db mice [4]. The recruitment of macrophages is also impaired and there is a
84 predominance of M1 pro-inflammatory macrophage subtype in the harmed area.

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91 The permanence of M1 macrophages in wound tissue increases the production of
92 inflammatory mediators and blocks inflammation resolution. As a consequence, the
93 progression to angiogenesis not occurs [3, 9].

94 Angiogenesis is defined as the formation of new vessels from preexisting
95 vessels [10]. It plays a critical role in wound healing, since it reestablishes the
96 supply of oxygen and nutrients to damaged area as well as promotes the migration
97 of cells that will build up the tissue. Angiogenesis is up regulated by growth factors
98 such as VEGF and ANGPT-2, that will promote the genesis of new vessels by
99 acting on endothelial cells [11]. On the other hand, it is down regulated by
100 angiostatin and TGF- β (tumor growth factor- β) that, not only, reduce the
101 synthesis of pro-angiogenic factors but also antagonize some of their effects [12].
102 Then, both inflammation and angiogenesis play pivotal roles in injured tissue
103 repair. These two processes are impaired in diabetes, resulting in delayed wound
104 healing. Compounds that reestablish inflammation and angiogenesis and then
105 normalize the wound healing process are of great importance for diabetic patients.

106 Skin wounds are popularly treated with natural compounds such as nut oils
107 in developing countries. Although this provides the basis for the pharmaceutical
108 formulations of healing ointments, little is known about how these products act on
109 the wound healing process. We previously reported that oral administration of pure
110 linoleic acid (LA), an abundant fatty acid of nut oils, improves the wound healing
111 process in non-diabetic animals [13]. LA (18:2, ω -6) is an essential fatty acid
112 widely present in the western diet. LA constitutes 40% of the fatty acids in the
113 human skin and plays an important role for its function. However, there is no
114 consensus about the effects of LA on inflammatory response yet. We reported that
115 oral administration of LA has pro- and anti-inflammatory effects in non-diabetic

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121 rats. LA increased the influx of inflammatory cells into the injured tissue, changed
122 neutrophil [14] and macrophage [15] fatty acid composition, and reduced the
123 production of cytokines and reactive oxygen species (ROS).

124 The information above led us to investigate the effects of oral administration
125 of LA on skin repair in diabetic rats. The key steps of wound healing, inflammation
126 and angiogenesis, were assessed. We hypothesized that LA may hasten wound
127 healing by acting on inflammatory response and angiogenesis. To test this
128 hypothesis the experiments were performed *in vivo* in streptozotocin-induced
129 diabetic rats orally supplemented with pure LA.

130

131 **Materials and methods**

132

133 **Animals**

134 Male Wistar rats (from the Institute of Biomedical Sciences, Sao Paulo
135 University, Brazil) were maintained at 23°C under a light: dark cycle of 12:12 h and
136 received food (Nuvital, Curitiba, Brazil, containing 22% of protein, 4,5% of fat,
137 40,8% of carbohydrate and 8% of fiber) and water *ad libitum*. Linoleic acid
138 constitutes 40 % of the fatty acids in the chow. The complete fatty acid composition
139 of chow was previously published [14]. The Animal Care Committee of the Institute
140 of Biomedical Sciences approved the experimental procedure of this study
141 (Protocol number: 86).

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148 | **Induction of diabetes mellitus**

149 | Type I diabetes *mellitus* was induced by streptozotocin injection as
150 | previously reported [16]. This drug destroys pancreatic beta cells resulting in a
151 | marked reduction in insulin release and consequently hyperglycemia. Diabetes
152 | was confirmed three days after induction by blood glucose concentrations above
153 | 250 mg/dL as determined by the Accu-Check Active glucometer (Roche,
154 | Mannheim, Germany). After ten days, diabetic animals were divided into two
155 | groups: untreated diabetic (D) and diabetic that received oral LA supplementation
156 | (DLA) (Fig 1).

158 | **Administration of LA**

159 | Oral administration of pure LA (Sigma-Aldrich Co, St Louis, MO, USA) was
160 | initiated ten days after diabetes induction and maintained daily during the
161 | experimental period. Unesterified LA, at a dose of 0.22 g/kg b.w, was administered
162 | by gavage. The total calories associated with LA dose are low (1.98 cal/day) and
163 | so, we used water administration as control [14]. The D group received water
164 | (same LA volume). Considering the chow FA composition [14] and the food intake
165 | (g/day) of the animals (data not shown), the LA dose used in the present study
166 | represents an increase of 7% in the total ingestion of LA compared with the chow
167 | diet.

169 | **Skin wound induction**

170 | After five days of LA administration, the animals were anesthetized with
171 | xilazine (7 mg/kg b.w.) and ketamine (14 mg/kg b.w.) and an area of 10 mm² in

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177 dorsal region skin was shaved and removed by surgery. Animals were killed by
178 overdose of the anesthetics xilazine (21 mg/kg b.w.) and ketamine (42 mg/kg b.w.),
179 1, 3, 7 or 14 days after the surgery.

180

181 **Determination of wound tissue fatty acid composition**

182 The fatty acid composition of the wounds was determined by gas
183 chromatography (GC) as previously described [17]. Results of individual fatty acids
184 are expressed as percentage of total fatty acids.

185

186 **Skin wound closure assessment**

187 Animals were anesthetized with isoflurane. The wounds were daily
188 photographed using a Sony cyber shot camera (model DSC-S950S 10 mP; 4 x
189 Optical zoom) by the same examiner, as previously described [13]. Wound closure
190 was defined as a reduction of wound area and results are expressed as
191 percentage of the original wound area.

192

193 **Eicosanoid measurements in wound tissue**

194 The concentrations of leukotriene B₄ (LTB₄) and 15 (S)
195 hydroxyeicosatetraenoic acid (15(S)-HETE) were measured in scar tissue
196 homogenates using ELISA kits according to manufacturer's instructions (Cayman
197 Chemical, Ann Arbor, MI, USA).

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203 **Histological examination of the wound tissue**

204 Wound lesions with adjacent normal skin were removed, fixed in Bouin for
205 24 h at room temperature, processed and embedded in Paraplast®. Seven µm
206 sections were stained with hematoxylin/eosin to evaluate the general morphology of
207 the wound.

208 **Morphometric analysis of blood vessels**

209 Digital photomicrographs were obtained using a Leitz Aristoplan optical
210 microscope (Leica) with a 20x objective and a Nikon (DS-R1) camera. The NIS-
211 Elements software was employed for image capturing. Only the dermal wound
212 region, just below the crust, was photographed (2-5 pictures per animal, 3-4
213 animals per group). The Image J public software (NIH, Bethesda, US) was used for
214 morphometric analysis using the grid plugin. A grid of 130 points was used in each
215 photograph and the number of points observed in the interior of small blood
216 vessels was counted and expressed as percentage of the total points, representing
217 the area occupied by vessels.
218

219 **Cytokine contents in wound tissue**

220 Wound lesions removed at 1, 3 and 7 days after lesion induction were
221 wrapped up in aluminium paper, dropped into dry ice and kept frozen (-80° C).
222 CINC-2 α β , IL-1 β , TNF- α , IL-6 and VEGF were assessed by ELISA as
223 previously described [13] using the Duo Set kit (R&D System, Minneapolis, MN,
224 USA) and normalized by protein concentration as measured by the Bradford
225 method [18].
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231 **Real-time polymerase chain reaction**

232 Total RNA was extracted (RNAeasy Mini Kit, Qiagen, Venlo, Netherlands)
233 from wound tissue and reverse-transcribed using the High-Capacity cDNA Reverse
234 Transcription kit (Applied Biosystems, Foster City, CA, USA). Reactions were
235 performed using SYBR-Green PCR master mix (Invitrogen, Carlsbad, CA, USA) in
236 a Rotor Gene Q (Qiagen, Germantown, Maryland, MD, USA). mRNA expression
237 was normalized by the D values in unwounded skin. The sequences of the primers
238 used are described in the S1 Table.

240 **Measurement of NF-KB and AP-1 activation in wound** 241 **tissue**

242 Wound tissue removed at 1 and 24h after lesion was processed as previously
243 described [13, 19]. The blots were analyzed by scanner densitometry (Image
244 Master 1D, Amersham Biosciences) and results expressed as arbitrary units in
245 relation to diabetic animals.

247 **Statistical Analysis**

248 Comparisons between groups were performed using Student's t test. In
249 some experiments (cytokines, skin fatty acid composition and mRNA expression),
250 two-way analysis of variance (ANOVA) and Bonferroni post-test were used. The
251 significance was set at $p < 0.05$.

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258 Results

259 All streptozotocin-induced diabetic animals used in this study had blood
260 glucose levels close to 400 mg/dL. None other plasma measurement (e.g. ketone
261 bodies) was considered for this purpose as also reported by others [16, 20, 21].
262 The diabetes protocol used was established considering the animals lost around
263 10% of their body weight and they would not survive for longer period without
264 insulin administration. The diabetic rats were not treated with insulin due to its
265 direct effects on the wound healing process [20]. The combination of high
266 glycemia, intense weight loss and general catabolic state could compromise the
267 interpretation of results obtained in a condition of prolonged diabetes state. Ten
268 days after streptozotocin-induced diabetes, a full-thickness biopsy was performed
269 and wound closure was assessed over time. The diabetic condition protocol used
270 did delay wound healing as indicated by the analysis of wound closure in control
271 (non-diabetic) and diabetic (non-treated) rats.

272 Pure LA was orally administered to diabetic rats daily for 5 days prior to the
273 full-thickness biopsy and then until wound closure (Fig. 1). The dose (0.22
274 g/kg/day) of LA and the duration of the administration did not induce any change in
275 the nutritional status of the animals (data not shown). The amount of LA given is
276 unlikely to have increased plasma ketone body levels. In fact, the dose of LA given
277 represents an increase of 7% in the total ingestion of LA compared with the chow
278 diet.

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284 **Oral administration of LA changed skin fatty acid**
285 **composition and modulated eicosanoid production in**
286 **wound tissue**

287 We previously reported that the same treatment protocol increases the
288 proportion of LA in neutrophils [14] and macrophages [15]. LA increased
289 eicosadienoic (EDA) percentages on unwounded skin. On the 7th day, LA elevated
290 the adrenic acid (AdA) percentages in wound tissue (Fig. 2a).

291 The concentrations of LTB₄ and 15(S)-HETE, two eicosanoids derived from
292 AA, which can be generated from LA (Fig. 2b) were measured. Concentrations of
293 both eicosanoids were increased in the wound tissue one-day post-wounding and
294 were reduced after 3 and 7 days (15(S)-HETE) or 14 days (LTB₄) in the DLA group
295 (Fig. 2c).

296 **LA improved skin repair in diabetic rats**

298 Fourteen days post-wounding, the original wound area was reduced by over
299 95% in the control group being fully closed by day 18 (Fig. 3a). In comparison,
300 wound closure was much slower in diabetic animals. At the 7th day after wound
301 induction, diabetic animals had a larger wound area (p=0.002) than the control
302 group (D: 56 ± 2% vs. C: 34 ± 3%, mean ± SEM of 5-9 animals per group) (Fig. 3a).
303 The delay in wound healing remained in diabetic animals and wounds were not
304 fully healed up to 18 days after induction.

305 Administration of LA hastened wound closure in diabetic rats (Fig. 3b), an
306 effect that was independent of any change in glycemia (Fig. 3c). The wound area
307 was reduced in the DLA group from the 14th to the 18th day post-wounding in

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318 relation to D animals (Fig. 3b). In order to verify if the effect on wound closure was
319 specific for LA, we performed the same analysis in diabetic rats treated with pure
320 oleic acid (OA), a monounsaturated 18-carbon chain fatty acid (S1 Fig). In contrast
321 to the effect of LA, OA caused a delay in the wound closure of diabetic rats (DOA
322 group) when compared to D animals but did not modify glycemia (S1 Fig). Taking
323 together, these results suggest that the improvement in wound healing is specific
324 for LA treatment.

325

326 **LA induced inflammatory cell migration and increased** 327 **formation of new vessels in wound tissue**

328 Histological analysis of wounds from diabetic rats exhibited inflammation in
329 the dermis on the first day and intense neutrophil influx into the tissue from the 3rd
330 until to the 14th day post-wounding (Fig. 4a). A few vessels were observed in
331 wounds of diabetic rats (Fig. 4a).

332 Wounds were more inflamed in DLA group than in D animals on the first day
333 after wounding. Significant edema and high number of neutrophils were found in
334 the crust (Fig. 4a). On the 3rd day, neutrophils were abundant at the surface of the
335 wound but in lower number than in the D group. There were more newly formed
336 vessels from the 3rd day until the 14th day after wounding in the DLA group in
337 relation to D animals (Figs. 4b and 4c).

338 To explain the increase in vessel number observed in the DLA group, we
339 measured mRNA expression of tissue factors that regulate angiogenesis. Although
340 there was no difference in TGF- β expression, the concentration of VEGF was
341 elevated in DLA rats (Fig. 4d), 7 days after wound induction. Considering this effect

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350 on VEGF, we analysed the expression of other pro-angiogenic factors at the 7th
351 day after tissue injury and observed that DLA increased ANGPT-2 mRNA
352 expression but did not alter eNOS (endothelial nitric oxide synthase) expression
353 (Fig. 4e). These effects of LA were in agreement with the presence of new vessels
354 observed in the histological analysis (Figs 4a, 4b and 4c). Thus, LA induced
355 migration of inflammatory cells and increased the formation of new vessels in
356 wound tissue.

357

358 **LA affected both the early and the late cell recruitment**

359 In order to evaluate the kinetics of inflammatory cell migration into wound
360 tissues, mRNA expression of neutrophil (myeloperoxidase - MPO) and
361 macrophage (F4/80) markers were measured during the wound healing process.
362 MPO activity and chemokine concentrations were also measured at different time
363 points in the wound tissue. LA increased MPO mRNA expression and activity one
364 hour after wound induction. This was followed by elevation in CINC-2 $\alpha\beta$, an
365 important neutrophil chemoattractant agent (Fig. 5). The increase in MPO mRNA
366 expression persisted until the 1st day after wound induction.

367 After neutrophils, the next cell population that migrates into an injured area
368 is macrophage. LA did not change F4/80 (macrophage marker) expression during
369 the inflammatory phase of wound healing (Fig. 6a). However, LA diminished it at 7th
370 day. This result was followed by reduction in the contents of chemoattractant
371 cytokines (MIP-1 and MCP-1) and of iNOS expression (Fig. 6b) that is increased in
372 activated macrophage [22]. So, LA treatment accelerated the early migration of
373 neutrophils through, at least in part, an increase in production of chemoattractants

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380 or neutrophil responsiveness to them. LA also modified migration of macrophages
381 (later) and production of macrophage-related chemoattractants.

382

383 **LA hastened the inflammatory phase**

384 TNF- α concentration was raised in wounds on days 3 and 7 after lesion in
385 the DLA group in comparison to D rats (Fig. 7). We did not observe any change in
386 IL-6 or IL-1 β levels between the experimental groups (Fig. 7). We also evaluated
387 activation of NF- κ B and AP-1 in the wound tissue. No alteration was observed in
388 NF- κ B activation. However, LA inhibited AP-1 activation 1 and 24 hours after
389 wound induction in diabetic animals (Fig. 8).

390 Oral administration of LA hastened wound healing inflammation and
391 angiogenesis steps in diabetic rats by: 1) increasing inflammatory cell influx
392 through chemoattractant agent (CINC-2 $\alpha\beta$) production and LTB₄ generation; 2)
393 regulation in gene expression (MIP, MCP and iNOS), through AP-1 modulation; 3)
394 induction of vessel formation via production of pro-angiogenic factors (ANGPT-2
395 and VEGF).

396

397 **Discussion**

398 The animals herein used had a glycemia around 400 mg/dL (not affected by
399 the treatment with LA or wound process). Despite the short period of diabetes
400 impaired in wound healing was reported, in comparison to non-diabetic animals,
401 which resembles the human condition. Oral administration of LA to diabetic rats
402 hastened the influx of neutrophils (early), reduced macrophage (late) abundance,
403 and modulated the production/release of cytokines (CINC-2 $\alpha\beta$ and TNF- α),

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409 growth factors (VEGF) and eicosanoids (LTB₄ and 15(S)-HETE) that drive the
410 healing process. These modifications in LA treated rats were associated with new
411 vessel formation and improvement of the wound healing process.

412 In order to examine if the effects of LA on wound healing process were due
413 to LA incorporation in the skin, we evaluated skin fatty acid composition by gas
414 chromatography (GC). Although no differences were observed in LA or AA
415 incorporation, oral administration of LA increased eicosadienoic (EDA – 20:2 ω -6)
416 and adrenic acid (AdA - 22:4 ω -6) incorporation (Fig. 2a). EDA is a product of LA
417 elongation that also modifies the inflammatory response, however, in a less
418 intense manner when compared to LA or AA [23]. AdA is an AA elongation
419 product, which can be metabolized to dihomo-eicosanoids or docosanoids [24, 25].
420 A reduction in AdA formation has been described in type 1-diabetes [26].
421 Importantly, AdA reduces AA metabolism and inhibits AA-derived eicosanoid
422 formations [27]. In the present study, LA increased AdA incorporation and reduced
423 15(S)-HETE (Fig. 2c).

424 15-HETE plays a key role in the early phase of wound healing since it
425 controls clot formation through platelet aggregation and thrombin production [28].
426 Long standing release of 15-HETE is positively associated with wound tissue
427 infiltration of neutrophils and macrophages [29]. The presence of 15-HETE in the
428 latter phase of wound healing reflects a persistent influx of inflammatory cells into
429 the tissue and consequently wound chronification.

430 Fatty acids can generate a wide range of bioactive molecules named
431 oxylipins [30]. Oxylipins are products formed by PUFA oxidation and the most well
432 known class is the AA-derived eicosanoids [30]. However, they can also be derived
433 from LA such as 13 hydroxyoctadecadienoic acid (13-HODE) and 9,10-cis epoxide

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444 of linoleic acid (9,10 EpOME). Considering that HODE and EpOME oxilipins can
445 modulate inflammatory responses, a limitation of the present study is the fact we
446 did not measure these molecules during the wound healing process.

447 Diabetes *mellitus* is associated with chronic inflammation and poor wound
448 healing [31]. The inflammatory phase of wound healing in diabetes exhibits
449 accumulation and persistence of primed inflammatory cells in the lesion area [32],
450 resulting in exacerbated production of pro-inflammatory mediators that cause
451 surrounding tissue damage and impairs wound resolution [3, 31, 33].

452 During inflammation, leukocyte recruitment cascade, a sequential adhesive
453 interaction between leukocytes and endothelial cells, takes place [34]. LA
454 administration induced neutrophil infiltration in the first hours after wounding that
455 returned to basal values 3 days latter. The possible mechanisms involved in LA-
456 induced cell migration are: increased adhesion molecule expression in leukocytes
457 [14] and endothelium [35] and release of chemoattractants such as MCP, LTB₄
458 and CINC-2αβ [36]. The earlier expression of CINC-2αβ induced by LA, also
459 reported in the present study (Fig. 5), is associated with an increase in neutrophil
460 influx into damaged tissue and with acceleration of colonic wound healing [37].
461 Once in the injured area, neutrophils phagocyte dead cells and microorganisms
462 and produce cytokines that attract macrophages to wounded site.

463 Macrophages modify their phenotype in response to the wound
464 environment. Due to their plasticity, different states of polarization were described
465 for these cells, in which M1 (pro-inflammatory) and M2 (pro-resolution) are the
466 extremes [38]. In a short time wound healing, the switch of M1 to M2 macrophages
467 hastens the resolution of inflammation enabling the progression to the proliferative
468 phase [39]. On the other hand, in chronic wounds, the persistence of M1

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480 macrophages in the tissue exacerbates the inflammatory response and blocks the
481 progression to wound resolution [3].

482 Considering the importance of macrophages on wound healing, we
483 investigated if LA could influence their recruitment to the wound area. Although we
484 did not analyze M1/M2 markers, we found that LA diminished the expression of a
485 global macrophage marker (F4/80) and reduced the production macrophage
486 derived chemokines (MCP-1 and MIP-1) in the late inflammatory phase (7 days).
487 MCP-1 is a chemokine produced by several cell types including keratinocytes,
488 endothelial cells and resident macrophages, which induces migration of
489 inflammatory cells to injured tissue. Maximum expression of MCP-1 occurs 1-2
490 days after wounding and declines progressively until to the 7th day of the wound
491 healing process in control conditions [40].

492 We have previously demonstrated that LA induces transient AP-1 activation
493 in skin of non-diabetic rat [13], favoring the recruitment and activation of
494 inflammatory cells. The effect was not found herein in diabetic rat. LA reduced AP-
495 1 activation at 1 and 24 hours after wounding. Neub et al. [41] stated that reduction
496 in AP-1 activity is needed to restore normal wound healing and prolonged AP-1
497 activation is described in chronic wounds [42]. The modulation of AP-1 activation in
498 skin is shared by other fatty acids such as docosahexaenoic acid (DHA) and by
499 eicosanoids such as 13-hydroxyoctadecadienoic acid (13-HODE) and 15-
500 hydroxyeicosatrienoic acid (15-HETrE) [43]. These reports together indicate that
501 LA modulates recruitment of cells through inhibition of AP-1 activity and
502 consequent reduction on chemokine production.

503 After recruitment, leukocytes produce a range of inflammatory mediators
504 such as cytokines, ROS, and growth factors to resolve inflammation. IL-6, IL-1 β

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511 and TNF- α play a very important role in this process. IL-6 promotes the migratory
512 response of epithelial cells [44] and wound remodeling [45]. IL-6 deficient mice
513 exhibit impaired angiogenesis, macrophage infiltration and re-epithelization,
514 resulting in delayed wound healing [46]. IL-1 β inhibits type I collagen production
515 and upregulates metalloproteinase-1, which degrades collagen fibers [47].
516 Collagen is the main component of the extracellular matrix and plays an important
517 role in the wound healing remodeling [48]. The reduction in type I collagen induces
518 premature collagen synthesis and poor healing.

519 TNF- α is an important regulator of cell migration. Naaldijk et al. [49]
520 reported that the presence of TNF- α in the medium increases migration of
521 mesenchymal stem cells in a transwell assay. The migratory cell response plays a
522 critical role in the proliferative phase of wound healing. TNF- α also induces
523 angiogenesis *in vivo* [50] and *in vitro* [51] through increased VEGF production.
524 Increased TNF- α and VEGF production in diabetic animals treated with LA
525 explains the augmented number of new vessels and improved healing. Increased
526 VEGF levels and number of new vessels formed support the proposition that LA
527 induces angiogenesis.

528 Angiogenesis is necessary to deliver immune cells, nutrients and oxygen
529 and to remove debris from the damaged tissue. Impairment in formation of new
530 blood vessels retards the healing process and induces ulceration [52]. There is a
531 wide range of growth factors that regulate angiogenesis [52-54]. Diabetes *per se*
532 leads to increased TGF- β expression during tissue repair. High levels of TGF- β
533 increase extracellular matrix deposition that impairs the vascularization process
534 [55, 56]. Geng et al. [55] reported that there is an inverse correlation between TGF-
535 β expression and VEGF concentration in colon tumors. TGF- β reduces VEGF

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548 stability by inducing ubiquitination and degradation of this growth factor, with no
549 effect on VEGF mRNA levels [55].

550 Growth factors and cytokines released during inflammation are involved in
551 the abluminal sprouting and formation of new vessels from an existing vessel [57-
552 59]. Nishioka et al. [60] described that *in vivo* administration of LA induces
553 angiogenesis through angiostatin suppression. Angiostatin is a proteolytic fragment
554 of plasminogen and suppresses angiogenesis by inhibiting endothelial cell
555 proliferation and migration and by inducing endothelial cell apoptosis [61]. In the
556 present study, we did not detect angiostatin mRNA expression seven days after
557 the wound in any group (data not shown). However, LA increased VEGF
558 production and expression of ANGPT-2. This latter protein is induced by growth
559 factors such as VEGF after endothelial cell [11] and/or fibroblast/myofibroblast [62]
560 activation. The presence of ANGPT-2 primes endothelial cells to respond to
561 inflammatory cytokines, resulting in expression of adhesion molecules and
562 transmigration of inflammatory cells [11]. LA increased the production of pro-
563 angiogenic factors, which might be associated with elevation in vascularization.
564 These effects of LA are in agreement with the presence of new vessels observed
565 in the histological analysis (Figs. 4a, 4b and 4c).

566 In summary, oral administration of LA to diabetic animals brought forward
567 the inflammatory response and induced angiogenesis. The pro-healing effects of
568 LA hastened the healing process in diabetic rats.

570 Acknowledgements

571 The authors are indebted to the technical support of José R. Mendonça, Dr. Tatiana
572 C. A. Loureiro, and Dr. Gilson M. Murata.

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582 **Funding sources:** This research was supported by the Fundação de
583 Amparo à Pesquisa do Estado de São Paulo (FAPESP) grants 2012/10653-9 and
584 2013/06810-4, Coordenação de Aperfeiçoamento de Pessoal de Nível Superior
585 (CAPES), Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq
586 - 446562/2014-9), and Guggenheim Foundation. The funders have no role in study
587 design, data collection and analysis, decision to publish, or preparation of the
588 manuscript.
589

590 **Competing interests:** The authors have declared that no competing
591 interests exist.
592

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853 Figure Legends

854 Fig. 1. Experimental protocol.

856 Fig. 2. Fatty acid composition and eicosanoids production during wound
857 healing. (a) Fatty acid composition in wound tissue from diabetic rats (D) and

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867 diabetic rats treated with linoleic acid (DLA). Results are presented as mean \pm SD.
868 D (3 rats) and DLA (7 rats). (*) Indicates significant differences between D and
869 DLA rats ($p < 0.001$). **(b)** Scheme showing LA metabolism and generation of
870 eicosanoids. **(c)** LTB₄ and HETE-15 (S) concentrations in wound tissues from
871 diabetic rats (D) and diabetic rats treated with linoleic acid (DLA). Results are
872 presented as mean \pm SD. D (3 rats) and DLA (5 rats). (*) Indicates significant
873 differences between D and DLA rats (LTB₄ 1d – $p = 0.002$; LTB₄ 14d – $p = 0.02$;
874 HETE-15 (S) 1d – $p = 0.03$; HETE-15 (S) 3d – $p = 0.001$; HETE-15 (S) 7d – $p = 0.04$).
875

876 **Fig. 3. Time course of wound healing and glycemia.** **(a)** Macroscopic and time
877 course of wound closure in control (C) and diabetic rats (D). (*) Indicates significant
878 differences among C versus D ($p = 0.006$) **(b)** Macroscopic and time course of
879 wound closure in diabetic (D) and diabetic rats treated with LA (DLA) (*) Indicates
880 significant differences between D and DLA ($p = 0.02$). Representative photos of the
881 wound tissue obtained during the time-course of 18 days. Results are presented as
882 mean \pm SD. D (5 rats) and DLA (9 rats). **(c)** Glycemia of rats during the wound
883 healing process: (D) diabetic; (DLA) diabetic rats treated with LA. Dashed line
884 indicates the mean of glycemia in control rats.
885

886 **Fig. 4. Histological analysis and angiogenic growth factors expression in**
887 **wound tissue.** **(a)** Samples were isolated from diabetic rats (D) and diabetic rats
888 treated with linoleic acid (DLA) at the 1st, 3rd, 7th and 14th days after wounding. **(b)**
889 Representative new vessel formation in wound tissue from the D and DLA groups.
890 Samples were collected on the 7th day after wounding. **(c)** Vessels quantification.
891 Results are presented as mean \pm SD. D (4 rats) and DLA (5 rats). (*) Indicates

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897 significant difference between D and DLA (p=0.0001). **(d)** TGF- β mRNA
898 expression and VEGF concentration in wound tissues from diabetic rats (D) and
899 diabetic rats treated with linoleic acid (DLA). Results are presented as mean \pm SD.
900 D (9 rats) and DLA (4 rats). (*) Indicates significant difference between D and DLA
901 (VEGF – p<0.01). **(e)** eNOS and ANGPT-2 mRNA expression in wound tissues
902 from diabetic rats (D) and diabetic rats treated with linoleic acid (DLA). Results are
903 presented as mean \pm SD. D (9 rats) and DLA (4 rats). (*) Indicates significant
904 difference between D and DLA (ANGPT-2 – p=0.01). V: vessel. DE: derm.
905 Objective 10X.

907 **Fig. 5. Myeloperoxidase and CINC-2 $\alpha\beta$ contents.** Myeloperoxidase (MPO)
908 activity (1 hour), mRNA expression (1 h, 1, 3 and 7 days) and CINC-2 $\alpha\beta$
909 concentration (1 h) in wound tissue. Results are presented as mean \pm SD. D (6
910 rats) and DLA (6 rats). (*) Indicates significant differences between D and DLA rats
911 (MPO activity – p=0.02; mRNA expression 1h 0.006; mRNA 1 day – p=0.03; CINC-
912 2 $\alpha\beta$ – p=0.04).

913 **Fig. 6. Macrophages cell markers expression.** **(a)** mRNA expression of F4/80 in
914 wound tissue 1 hour and 1-7 days after wounding. Results are presented as mean
915 \pm SD. D (5 rats) and DLA (10 rats). **(b)** mRNA expression of MIP-1, MCP-1 and
916 iNOS in wound tissue from diabetic rats (D) and diabetic rats treated with linoleic
917 acid (DLA). Results are presented mean \pm SD. D (5 animals) and DLA (9 animals).
918 (*) Indicates significant differences between D and DLA rats (p<0.001)

920 **Fig. 7. Cytokines production during wound healing.** CINC-2 $\alpha\beta$, IL-6, IL-1 β
921 and TNF- α concentrations in wound tissue from diabetic rats (D) and diabetic rats

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926 treated with linoleic acid (DLA). Results are presented mean \pm SD. D (5 animals)
927 and DLA (6 animals). (*) Indicates significant differences between D and DLA rats
928 (TNF- α 3d – p<0,05; TNF- α 7d – p<0.01)

929
930 **Fig. 8. Transcription factors activation.** NF-KB and AP-1 activation in wound
931 tissues from diabetic rats (D) and diabetic rats treated with linoleic acid (DLA).
932 Results are presented as mean \pm SD. D (5 animals) and DLA (8 animals). (*)
933 Indicates significant difference between D and DLA rats (AP-1 1 h – p=0.02; AP-1
934 24hs – p=0.001)

936 Supplemental Information

938 **S1 Table. Primer sequences.**

939
940 **S1 Fig. Time course of wound closure in diabetic (D) and diabetic treated**
941 **with oleic acid (DOA) rats.** Results are presented as mean \pm SD of 7 animals in
942 each group. (#) Indicates differences in relation to D (10d – p=0.04; 16d – p=0.03;
943 18d – p=0.03). Glycemia of rats during the wound healing process: (D) diabetic;
944 (DOA) diabetic rats treated with OA. Dashed line indicates the mean of glycemia in
945 control rats.

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