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Abstract: Background: Methylenetetrahydrofolate dehydrogenase (MTHFD1) deficiency has recently been reported to cause a folate responsive syndrome displaying a phenotype that includes megaloblastic anemia and severe combined immunodeficiency (SCID).

Objective: To describe our investigative approach to the molecular diagnosis and evaluation of immune dysfunction in a family with MTHFD1 deficiency.

Methods: Exome sequencing and analysis of variants in genes involved in the folate metabolic pathway in a family with two affected siblings. Routine laboratory and research data were analyzed to gain an in depth understanding of innate, humoral and cell mediated immune function before and after folinic acid supplementation.

Results: Interrogation of exome data for concordant variants between the siblings in the genes involved in folate metabolic pathway identified a heterozygous mutation in exon 3 of the MTHFD1 gene that was shared with their mother.

In view of highly suggestive phenotype, we extended our bioinformatics interrogation for structural variants in the MTHFD1 gene by manual evaluation of the exome data for sequence depth coverage of all the exons. A deletion involving exon 13 that was shared with their father was identified.

Routine laboratory data showed lymphopenia involving all subsets and poor response to vaccines. In-vitro analysis of dendritic cell and lymphocyte function were comparable to healthy volunteers. Treatment with

folinic acid led to immune reconstitution enabling discontinuation of all prophylactic therapies.

Conclusion: Exome sequencing demonstrated MTHFD1 deficiency as a novel cause of a combined immunodeficiency. Folinic acid was established as precision therapy to reverse the clinical and laboratory phenotype of this primary immunodeficiency.

Medicine



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6th July 2016

Dear Deputy Editor,

RE: Precision molecular diagnosis defines specific therapy in combined immunodeficiency with megaloblastic anaemia secondary to *MTHFD1* deficiency.

Many thanks for your kind email and provisional acceptance of our paper.

We have

- a) reinserted lines lines 383-386 back into the manscript.
- b) moved the Online Repository figure legends to the end of the repository text file.

We will email all CoI forms as soon as we have them from all authors but have not delayed this resubmission.

Yours sincerely,

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1	TITLE PAGE
2	Title
3	Precision molecular diagnosis defines specific therapy in combined immunodeficiency with
4	megaloblastic anaemia secondary to MTHFD1 deficiency.
5	
6	Concise title
7	Combined immunodeficiency caused by MTHFD1 deficiency
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42	Key Words
43	Megaloblastic anemia
44	C-1-tetrahydrofolate synthase, cytoplasmic (C1-THF synthase)
45	Folinic acid
46	Combined Immunodeficiency
47	Lymphopenia
48	

49	Abbreviations
50	MTHFD1 – Methylenetetrahydrofolate dehydrogenase 1
51	SCID – Severe combined immunodeficiency
52	PCP - Pneumocystic jirovecii pneumonia
53	TRECs - T-cell receptor excision circles
54	PBMCs - Peripheral blood mononuclear cells
55	TH1 – T helper 1
56	TH17 – T helper 17
57	cDNA – Complementary DNA
58	PCR – Polymerase chain reaction
59	TCR – T cell receptor
60	CD _{XX} – Cluster of differentiation molecule
61	Anti- CD_{XX} – Monoclonal antibody to CD_{XX}
62	IFN γ – Interferon γ
63	IL-17 – Interleukin 17
64	WES – Whole exome sequencing
65	WGS – Whole genome sequencing
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68	Highlights
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69	1.	What is already known about this topic? Recessively inherited MTHFD1 deficiency has
70		previously been described to present with a severe combined immunodeficiency

- 2. What does this article add to our knowledge? Exome sequencing demonstrated MTHFD1 deficiency as a novel cause of a combined immunodeficiency and folinic acid was established as precision therapy to reverse the clinical and laboratory phenotype.
- 3. How does this study impact current management guidelines? Early use of new molecular diagnostic techniques can personalise treatment in managing unexplained immunodeficiencies and in some cases prevent the need for bone marrow transplantation.

78	Abstract
79	
80	Background: Methylenetetrahydrofolate dehydrogenase (<i>MTHFD1</i>) deficiency has recently been
81	reported to cause a folate responsive syndrome displaying a phenotype that includes megaloblastic
82	anemia and severe combined immunodeficiency (SCID).
83	Objective: To describe our investigative approach to the molecular diagnosis and evaluation of
84	immune dysfunction in a family with MTHFD1 deficiency.
85	Methods: Exome sequencing and analysis of variants in genes involved in the folate metabolic
86	pathway in a family with two affected siblings. Routine laboratory and research data were analyzed to
87	gain an in depth understanding of innate, humoral and cell mediated immune function before and after
88	folinic acid supplementation.
89	Results: Interrogation of exome data for concordant variants between the siblings in the genes
90	involved in folate metabolic pathway identified a heterozygous mutation in exon 3 of the MTHFD1
91	gene that was shared with their mother.
92	In view of highly suggestive phenotype, we extended our bioinformatics interrogation for
93	structural variants in the MTHFD1 gene by manual evaluation of the exome data for sequence depth
94	coverage of all the exons. A deletion involving exon 13 that was shared with their father was identified.
95	Routine laboratory data showed lymphopenia involving all subsets and poor response to
96	vaccines. In-vitro analysis of dendritic cell and lymphocyte function were comparable to healthy
97	volunteers. Treatment with folinic acid led to immune reconstitution enabling discontinuation of all
98	prophylactic therapies.
99	Conclusion: Exome sequencing demonstrated MTHFD1 deficiency as a novel cause of a combined
100	immunodeficiency. Folinic acid was established as precision therapy to reverse the clinical and
101	laboratory phenotype of this primary immunodeficiency.
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Introduction

Derivatives of folic acid play a critical role in cellular one carbon metabolism, acting as donors and recipients of one-carbon units involved in synthesis and breakdown of amino acids as well as in the synthesis of thymidine and purines (1). C-1-tetrahydrofolate synthase (C1-THF synthase) is a cytoplasmic tri-functional enzyme essential for processing single carbon folate derivatives, encoded by the gene methylenetetrahydrofolate dehydrogenase (MTHFD1). Mutations in MTHFD1 have previously been reported to cause a syndrome displaying megaloblastic anemia, severe combined immunodeficiency (SCID), mild mental retardation and treatment-refractory epilepsy that was responsive to metabolic supplementation (2, 3). Four further case reports (4), two whom died of overwhelming sepsis have extended the phenotype to include atypical hemolytic uremic syndrome, microangiopathy and retinopathy. We present the long term follow up data of a family with two siblings who carry novel compound heterozygous mutations in the MTHFD1 gene. Specifically, we have characterized the immune function in more detail and documented the response in immune function to folinic acid supplementation.

122	Methods
123	Subjects: Two brothers born to a mother of Southeast Asian and father of Caucasian origin managed in
124	our specialist immunology service for more than a decade. Consent for research investigations was
125	obtained (NHS Research Ethics 09/H502/4).
126	Exome Sequencing: Exome enrichment was performed using the SureSelect Human All Exon V4.0 kit
127	(Agilent), prior to sequencing on the Illumina HiSeq 2000 system. Following sequencing, data
128	processing was performed as previously described (5).
129	PCR amplification: PCR was performed according to manufacturer instruction using a Phusion high-
130	fidelity PCR kit from Thermo Scientific. PCR conditions and primer sequences used for amplification
131	exons 3 and 13 are summarized in table S1 in the online repository.
132	RNA amplification: RNA was extracted from lithium heparin anti-coagulated whole blood using
133	QIAamp RNA Blood Mini Kit (Qiagen Uk). 200 ng of total RNA was reverse transcribed and cDNA
134	amplified using MTHFD1 gene specific primers (cDNAF and cDNAR) as per manufacturer
135	instructions using SuperScript™ III One-Step RT-PCR System (Life technologies).
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137	Flow cytometry: A two step staining process for surface and intracellular antigens was performed
138	according to manufacturer instructions using BD fix-perm kit. Flow cytometry data were acquired on a
139	BD FACS canto II. At least 200,000 events were collected for lymphocyte assays and 500,000 for the
140	dendritic cell assays. Data were analyzed using FACS Diva software and gating strategy is illustrated
141	in the supplementary figures 1 & 2.

Results

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Clinical manifestations

The elder sibling (patient A) presented at 4 months of age with clinical and radiological features consistent with Pneumocystic jirovecii pneumonia (PCP). SCID was diagnosed on the basis of susceptibility to PCP and severe lymphopenia involving all lymphoid subsets. Subsequent investigations found no mutations in the genes known to cause SCID at that time. Patient A remained free of significant infections on immunoglobulin replacement, prophylactic cotrimoxazole and fluconazole. Whilst on follow up, he presented aged 4 with severe macrocytic anemia (hemoglobin level 34 grams/L) requiring transfusion that was confirmed to be megaloblastic on bone marrow examination. Although stem cell transplant was considered in infancy, the lack of molecular diagnosis and clinical stability on prophylactic treatment persuaded the clinicians to delay this procedure indefinitely.

The younger sibling (patient B) was investigated at birth and found to have severe lymphopenia similar to his brother. He was given prophylactic cotrimoxazole and fluconazole. Immunoglobulin replacement was delayed in order to establish a better assessment of humoral immune function by vaccination. B was given the UK immunisation schedule primary course of inactivated vaccines between 2 and 5 months of age. Assessment of vaccine specific immunoglobulin response showed that he responded to protein (tetanus toxoid) but not conjugated polysaccharide (Haemophilus influenzae type B) vaccines (See table S3b in the online repository). Regular antibacterial (azithromycin) prophylaxis was added to his treatment regimen in view of poor humoral response to vaccines. Despite this, he was hospitalised with pneumococcal septic arthritis at 9 months of age after which immunoglobulin replacement was commenced. He remained susceptible to pyogenic bacterial infections, with further hospitalisations at 19 months (pneumonia), 22 months (peri-orbital cellulitis) and 24 months (pneumococcal bacteraemia). He also developed severe episodes of megaloblastic anemia during the course of his hospitalisation with septic arthritis at 9 months and pneumonia at 19 months of age.

Retrospective review of both patients' RBC indices revealed a persistent macrocytosis from young infancy (Fig 1). A detailed chronology of clinical manifestations is presented in the online repository (See case description in the online repository).

Immunological phenotype

Both patients have had severe persistent lymphopenia involving all lymphoid subsets (See tables S2a & S2b in the online repository). Both have had persistently low thymic output of T cells as measured by T-cell receptor excision circles (TRECs) (Fig 1). T lymphocyte subsets and T cell receptor (TCR) repertoire were normally distributed (data not shown). Lymphocyte proliferation to polyclonal (phytohaemagglutinin) and T lymphocyte specific (anti-CD3 & 28) stimuli have repeatedly been comparable to healthy controls (data not shown).

Both patients had low immunoglobulin levels involving all isotypes before immunoglobulin replacement therapy (Fig 1; Also see tables S3a & S3b in the online repository). Patient A did not complete his primary course of vaccines in infancy prior to immunoglobulin replacement therapy. Patient B showed defective response to conjugated polysaccharide vaccines in infancy (See table S3b in the online repository).

Subsequent to establishing the molecular diagnosis, we under took further in-vitro assays to assess T lymphocyte function. These demonstrated normal T lymphocyte activation, cytokine production and terminal differentiation. Taken together, this data suggested that although T lymphocyte numbers were low, T cell function was normal (See Figs S2a, 2b and 2c in the online repository). Additionally, assessments of antigen presenting cells including monocytes, myeloid and plasmacytoid dendritic cells were comparable to healthy controls (See Fig 1b in the online repository).

Response to folinic acid treatment

A presumed diagnosis of a defect in the folate metabolic pathway was made and both siblings were empirically treated with regular folinic acid supplement. As shown in figure 1, the mean corpuscular volume (MCV) normalised within weeks of supplementation. There have been no further episodes of anemia. In the first months of therapy there was a partial reconstitution of the lymphocyte compartment with absolute lymphocyte and all subsets returning to lower limits of normal for age (See tables S2a & S2b in the online repository). The CD4+ TREC count improved 10 fold in both patients (Fig 1). IgM (Fig 1) and IgA levels (See tables S3a & S3b in online repository) also improved to normal levels over months suggesting a reconstitution of the humoral compartment. Immunoglobulin supplements were discontinued and both patients have maintained normal levels of all isotypes during the subsequent four years of follow up (See table S3a & S3b in the online repository). They have both been re-immunised and have responded well to both protein and conjugate vaccines (See table S3a &

201	S3b in the online repository). Both patients have remained free of significant infections without
202	prophylactic antibiotics or immunoglobulin replacement for 8 years since starting folinic acid therapy.
203	Exome Analysis
204	Suspecting a defect in folate metabolism without a single candidate gene, we undertook whole exome
205	sequencing (WES) to analyze multiple gene variants (6). Interrogation of variants within genes
206	involved in folic acid metabolism (GO:0046655(7)) for which the brothers were concordant identified
207	a maternally inherited novel point mutation in exon 3, heterozygous T- to -C transition at c.152
208	position (c.152T>C; NM_005956.3), that would lead to a substitution of a conserved amino acid
209	(p.Leu51Pro). This amino acid is situated within the methylenetetrahydrofolate
210	dehydrogenase/cyclohydrogenase domain of C1-THF synthase and the amino acid substitution is
211	predicted to adversely impact protein function. The base within the Leu-51 residue is well conserved
212	evolutionarily, with a GERP++ score of 3.2(8). Leu-51 is located within a α -helix, with the adjacent
213	Tyr-52 and the proximal Lys-56 involved in substrate binding within the
214	dehydrogenase/cyclohydrolase active site (9). Proline residues are well documented to distort α -helices.
215	The lack of an amide proton, coupled with the conformational rigidity of the cyclic residue canonically
216	results in an approximately 30° bend in the helix (10) and the identified L51P mutation would be
217	expected to distort this α -helix, reducing the affinity of the active site for the substrates.
218	In the previous report of C1-THF synthase deficiency, the heterozygous parents were reported
219	to be asymptomatic (2). Structural variations (SVs) that are also important for Mendelian disease are
220	not easily detected using an exome approach (11). Most exome studies conducted so far on specific
221	diseases focus on single nucleotide variants, rather than SVs such as insertion/deletion variants (12).
222	This is due in part to the fact that insertion/deletion bioinformatics analysis methodologies are still
223	being refined. Read depth and split reads provide a clue to structural variants within exome data (13).
224	Therefore, we extended our bioinformatic interrogation of the MTHFD1 gene by manually examining
225	sequencing depth coverage of the raw alignments in affected brothers compared to an unrelated
226	individual concurrently sequenced. For exons with apparent reduced coverage, read depth was
227	enumerated, normalized according to total aligned reads for the sample and assessed statistically (one
228	tailed t-test) alongside 13 unrelated samples from the same sequencing batch, processed identically
229	(Fig 2b). This process identified a paternally inherited deletion encompassing exon 13, in both brothers
230	(Fig 2c).

Confirmation of mutation by Sanger sequencing

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PCR amplification and Sanger sequencing using primers (Primers EX3F & EX3R; See table S1 in the online repository), confirmed that the novel point mutation in exon 3 was present in both patients and the mother but not the father (Fig 2d).

Identification by traditional sequencing of the breakpoints of exon deletions suspected on the basis of read depth coverage in the exome data can be arduous as the breakpoints are likely to be located in the intronic regions upstream and downstream of the identified exon which may span many thousands of base pairs (bps). However, we noted that in the read pile up of our patients, there were anomalous read pairs spanning over 2000 bps (Fig 2c). Primers were designed (Ex13LF & EX13LR; See table S1 in the online repository) to encompass this region. The predicted PCR product size in the reference template is 2350 bps (See Fig S4a in the online repository). PCR amplification of this region revealed an expected 2350 bps product in the mother but only a product of 600 base pairs in the patients, confirming a deletion involving exon 13 (Fig 2e). We were subsequently able to delineate the breakpoints accurately by Sanger sequencing of the above PCR products from the mother and patients (See Figs S3a & S3b in the online repository). We were also able to confirm the heterozygous state for deletion of exon 13 in the patients by allele specific PCR (See Fig S4a & S4b in the online repository). Further analysis revealed that the deletion boundaries were within homologous positions of flanking, parallel, AluS repeats (See Fig S5a & S5b in the online repository), previously observed as a pathogenic mutational mechanism in other genes, such as in BRCA1 (14). For interested readers, further discussion is provided in the online repository.

Allelic expression at mRNA level

The deletion of exon 13 is predicted to introduce a premature stop codon resulting in a truncated protein of 422 amino acids. The nonsense mediated decay (NMD) pathway exists in eukaryotic cells to ensure fidelity of transcription and prevent translation of truncated proteins with potentially deleterious gain-of-function or dominant-negative activity (17). We hypothesised that the deletion of EX13 would target the mRNA from paternal allele (with a premature stop codon), for NMD. Allelic expression of the *MTHFD1* gene was undertaken using the point mutation in the exon 3 to analyse the relative expression of the maternal and paternal allele (18). *MTHFD1* cDNA was amplified using gene specific primers covering the point mutation in the EX3 (inherited from their

mother). As shown in the Fig 2f, the mRNA from the paternal allele was almost extinct confirming our
 hypothesis.

Discussion

Patients A and B carry compound heterozygous mutations consistent with autosomal recessive inheritance (Fig 2a), L51P inherited from their mother and deletion of exon 13 inherited from their father. *In silico* analysis of mutant L51P predicts an adverse impact on the function of the protein. A mutation in the vicinity (S49F) has recently been shown to be significantly less functional in biochemical studies (4). Allelic expression data is consistent with the deletion of exon 13 producing haploinsufficiency. The partial response to folinic acid therapy is consistent with a residual functioning enzyme as previously described (4).

MTHFD1 mutations cause highly variable clinical phenotypes with megaloblastic anemia being the only consistent feature (3, 4). This is likely the result of variable degree of residual enzyme function, but the limited number of patients currently reported makes it impossible to draw conclusions regarding genotype to phenotype correlation. Clinical manifestations described in smaller proportion of patients include severe immunodeficiency, haemolytic uremic syndrome (HUS), mild mental retardation, epilepsy and retinopathy. Severe immunodeficiency has been reported in 3 out 5 patients and was the most likely cause of mortality in two of the patients. Macrocytosis, lymphopenia involving all subsets and low TREC (Fig 1) were present from infancy in the patients reported here and may be a clue to the need to investigate folate metabolic pathways. MTHFD1 deficiency should be considered in the aetiology of megaloblastic anemia where there are normal levels of vitamin B12 and folate; and in CID where there is macrocytosis..

We have characterized the immune function in our kindred that delineate the immune function in *MTHFD1* deficiency. The antigen presenting cells in the peripheral blood were present in normal numbers and responded to Toll Like Receptor (TLR) ligands in a comparable fashion to controls (data not shown). Both cell mediated and humoral immunity were defective in our patients. The clinical improvement in susceptibility to infections, partial reconstitution of cell numbers and improvement in both overall immunoglobulin levels and vaccine responses suggest that the immunodeficiency cause by this condition can be reversed to a large extent with folinic acid treatment.

The major limitation of exome sequencing is the inability to comprehensively represent genomic structural variations (SVs) such as deletions, inversions or duplications (11). Many groups have designed algorithms that use a read depth or read pair-based approach for predicting structural variation. However, these approaches are not very efficient at identifying SVs with exome data due to

the discontinuous nature of the data, with only ~ 1% of the genome having significant read coverage (19). Our approach was successful in identifying the exon 13 deletion due to strong clinical suspicion. While it may not be possible to detect all forms of structural variations, we have demonstrated the possibility of analysing specific genes using read depth, split reads and read pairs to provide clues to structural variants. Where improved detection of structural variants are required, whole-genome sequencing (WGS) should be used.

The importance of establishing a definitive molecular diagnosis in children with primary immunodeficiency cannot be overemphasized. Both patients were considered to have SCID and were on the bone marrow transplant list for the first few years of life. Knowledge of the specific molecular diagnosis has led to the identification of a precision treatment in the form of life-long folinic acid supplementation. Other prophylactic therapies have been able to be discontinued. The responsiveness of this disorder to folinic acid supplementation emphasizes the importance of precision diagnostics in the diagnosis of primary immunodeficiency prior to the consideration of stem cell transplantation, and to stratify appropriate treatment modalities to reduce risk and improve outcomes. Clinical exome sequencing, even in single families, is a powerful adjunct to the investigation of metabolic pathways that may lead to distinctive immunodeficiency disorders.

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313	Research Facility.
314	
315	Disclaimer
316	The authors declare no competing financial interests.
317	

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from opposing ends of a single contiguous fragment of DNA. Presuming that the DNA fragment
sequenced falls within the expected length range (representative reads pairs can be seen in pileup in
grey), and that the reads are aligned to the reference genome correctly, the extended apparent read pair
span would indicate a deletion within the encompassed genomic region. As such, PCR primers were
designed flanking the anomalous read pair. Upon Sanger sequencing of the resultant amplicon, a 1,745
bps deletion was observed. 2d: Sanger sequencing of MTHFD1 exon3 showing c.T152C:p.L51P which
is present both brothers and mother but not the father. 2e: Sequencing of MTHFD1 gene yielded the
expected PCR product of 2350 bps in the mother (lane 5) and a PCR product of around 600 bps in the
patients and father (lane 2-4). 2f: Sanger sequencing of gDNA and cDNA of the patient A revealed the
presence of the 2 alleles at the genomic level but only expression of the mother's allele at the cDNA
level.

1	TITLE PAGE
2	Title
3	Precision molecular diagnosis defines specific therapy in combined immunodeficiency with
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42	Key Words
43	Megaloblastic anemia
44	C-1-tetrahydrofolate synthase, cytoplasmic (C1-THF synthase)
45	Folinic acid
46	Combined Immunodeficiency
47	Lymphopenia
48	

49	Abbreviations
50	MTHFD1 – Methylenetetrahydrofolate dehydrogenase 1
51	SCID – Severe combined immunodeficiency
52	PCP - Pneumocystic jirovecii pneumonia
53	TRECs - T-cell receptor excision circles
54	PBMCs - Peripheral blood mononuclear cells
55	TH1 – T helper 1
56	TH17 – T helper 17
57	cDNA – Complementary DNA
58	PCR – Polymerase chain reaction
59	TCR – T cell receptor
60	CD _{XX} – Cluster of differentiation molecule
61	Anti- CD_{XX} – Monoclonal antibody to CD_{XX}
62	IFN γ – Interferon γ
63	IL-17 – Interleukin 17
64	WES – Whole exome sequencing
65	WGS – Whole genome sequencing
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1.	What is already known about this topic? Recessively inherited MTHFD1 deficiency has
	previously been described to present with a severe combined immunodeficiency

- 2. What does this article add to our knowledge? Exome sequencing demonstrated MTHFD1 deficiency as a novel cause of a combined immunodeficiency and folinic acid was established as precision therapy to reverse the clinical and laboratory phenotype.
- 3. How does this study impact current management guidelines? Early use of new molecular diagnostic techniques can personalise treatment in managing unexplained immunodeficiencies and in some cases prevent the need for bone marrow transplantation.

78	Abstract
79	
80	Background: Methylenetetrahydrofolate dehydrogenase (MTHFD1) deficiency has recently been
81	reported to cause a folate responsive syndrome displaying a phenotype that includes megaloblastic
82	anemia and severe combined immunodeficiency (SCID).
83	Objective: To describe our investigative approach to the molecular diagnosis and evaluation of
84	immune dysfunction in a family with MTHFD1 deficiency.
85	Methods: Exome sequencing and analysis of variants in genes involved in the folate metabolic
86	pathway in a family with two affected siblings. Routine laboratory and research data were analyzed to
87	gain an in depth understanding of innate, humoral and cell mediated immune function before and after
88	folinic acid supplementation.
89	Results: Interrogation of exome data for concordant variants between the siblings in the genes
90	involved in folate metabolic pathway identified a heterozygous mutation in exon 3 of the MTHFD1
91	gene that was shared with their mother.
92	In view of highly suggestive phenotype, we extended our bioinformatics interrogation for
93	structural variants in the MTHFD1 gene by manual evaluation of the exome data for sequence depth
94	coverage of all the exons. A deletion involving exon 13 that was shared with their father was identified.
95	Routine laboratory data showed lymphopenia involving all subsets and poor response to
96	vaccines. In-vitro analysis of dendritic cell and lymphocyte function were comparable to healthy
97	volunteers. Treatment with folinic acid led to immune reconstitution enabling discontinuation of all
98	prophylactic therapies.
99	Conclusion: Exome sequencing demonstrated MTHFD1 deficiency as a novel cause of a combined
100	immunodeficiency. Folinic acid was established as precision therapy to reverse the clinical and
101	laboratory phenotype of this primary immunodeficiency.
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Introduction

Derivatives of folic acid play a critical role in cellular one carbon metabolism, acting as donors and recipients of one-carbon units involved in synthesis and breakdown of amino acids as well as in the synthesis of thymidine and purines (1). C-1-tetrahydrofolate synthase (C1-THF synthase) is a cytoplasmic tri-functional enzyme essential for processing single carbon folate derivatives, encoded by the gene methylenetetrahydrofolate dehydrogenase (MTHFD1). Mutations in MTHFD1 have previously been reported to cause a syndrome displaying megaloblastic anemia, severe combined immunodeficiency (SCID), mild mental retardation and treatment-refractory epilepsy that was responsive to metabolic supplementation (2, 3). Four further case reports (4), two whom died of overwhelming sepsis have extended the phenotype to include atypical hemolytic uremic syndrome, microangiopathy and retinopathy. We present the long term follow up data of a family with two siblings who carry novel compound heterozygous mutations in the MTHFD1 gene. Specifically, we have characterized the immune function in more detail and documented the response in immune function to folinic acid supplementation.

122	Methods
123	Subjects: Two brothers born to a mother of Southeast Asian and father of Caucasian origin managed in
124	our specialist immunology service for more than a decade. Consent for research investigations was
125	obtained (NHS Research Ethics 09/H502/4).
126	Exome Sequencing: Exome enrichment was performed using the SureSelect Human All Exon V4.0 kit
127	(Agilent), prior to sequencing on the Illumina HiSeq 2000 system. Following sequencing, data
128	processing was performed as previously described (5).
129	PCR amplification: PCR was performed according to manufacturer instruction using a Phusion high-
130	fidelity PCR kit from Thermo Scientific. PCR conditions and primer sequences used for amplification
131	exons 3 and 13 are summarized in table S1 in the online repository.
132	RNA amplification: RNA was extracted from lithium heparin anti-coagulated whole blood using
133	QIAamp RNA Blood Mini Kit (Qiagen Uk). 200 ng of total RNA was reverse transcribed and cDNA
134	amplified using MTHFD1 gene specific primers (cDNAF and cDNAR) as per manufacturer
135	instructions using SuperScript™ III One-Step RT-PCR System (Life technologies).
136	
137	Flow cytometry: A two step staining process for surface and intracellular antigens was performed
138	according to manufacturer instructions using BD fix-perm kit. Flow cytometry data were acquired on a
139	BD FACS canto II. At least 200,000 events were collected for lymphocyte assays and 500,000 for the
140	dendritic cell assays. Data were analyzed using FACS Diva software and gating strategy is illustrated
141	in the supplementary figures 1 & 2.

Results

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Clinical manifestations

The elder sibling (patient A) presented at 4 months of age with clinical and radiological features consistent with Pneumocystic jirovecii pneumonia (PCP). SCID was diagnosed on the basis of susceptibility to PCP and severe lymphopenia involving all lymphoid subsets. Subsequent investigations found no mutations in the genes known to cause SCID at that time. Patient A remained free of significant infections on immunoglobulin replacement, prophylactic cotrimoxazole and fluconazole. Whilst on follow up, he presented aged 4 with severe macrocytic anemia (hemoglobin level 34 grams/L) requiring transfusion that was confirmed to be megaloblastic on bone marrow examination. Although stem cell transplant was considered in infancy, the lack of molecular diagnosis and clinical stability on prophylactic treatment persuaded the clinicians to delay this procedure indefinitely.

The younger sibling (patient B) was investigated at birth and found to have severe lymphopenia similar to his brother. He was given prophylactic cotrimoxazole and fluconazole. Immunoglobulin replacement was delayed in order to establish a better assessment of humoral immune function by vaccination. B was given the UK immunisation schedule primary course of inactivated vaccines between 2 and 5 months of age. Assessment of vaccine specific immunoglobulin response showed that he responded to protein (tetanus toxoid) but not conjugated polysaccharide (Haemophilus influenzae type B) vaccines (See table S3b in the online repository). Regular antibacterial (azithromycin) prophylaxis was added to his treatment regimen in view of poor humoral response to vaccines. Despite this, he was hospitalised with pneumococcal septic arthritis at 9 months of age after which immunoglobulin replacement was commenced. He remained susceptible to pyogenic bacterial infections, with further hospitalisations at 19 months (pneumonia), 22 months (peri-orbital cellulitis) and 24 months (pneumococcal bacteraemia). He also developed severe episodes of megaloblastic anemia during the course of his hospitalisation with septic arthritis at 9 months and pneumonia at 19 months of age.

Retrospective review of both patients' RBC indices revealed a persistent macrocytosis from young infancy (Fig 1). A detailed chronology of clinical manifestations is presented in the online repository (See case description in the online repository).

Immunological phenotype

Both patients have had severe persistent lymphopenia involving all lymphoid subsets (See tables S2a & S2b in the online repository). Both have had persistently low thymic output of T cells as measured by T-cell receptor excision circles (TRECs) (Fig 1). T lymphocyte subsets and T cell receptor (TCR) repertoire were normally distributed (data not shown). Lymphocyte proliferation to polyclonal (phytohaemagglutinin) and T lymphocyte specific (anti-CD3 & 28) stimuli have repeatedly been comparable to healthy controls (data not shown).

Both patients had low immunoglobulin levels involving all isotypes before immunoglobulin replacement therapy (Fig 1; Also see tables S3a & S3b in the online repository). Patient A did not complete his primary course of vaccines in infancy prior to immunoglobulin replacement therapy. Patient B showed defective response to conjugated polysaccharide vaccines in infancy (See table S3b in the online repository).

Subsequent to establishing the molecular diagnosis, we under took further in-vitro assays to assess T lymphocyte function. These demonstrated normal T lymphocyte activation, cytokine production and terminal differentiation. Taken together, this data suggested that although T lymphocyte numbers were low, T cell function was normal (See Figs S2a, 2b and 2c in the online repository). Additionally, assessments of antigen presenting cells including monocytes, myeloid and plasmacytoid dendritic cells were comparable to healthy controls (See Fig 1b in the online repository).

Response to folinic acid treatment

A presumed diagnosis of a defect in the folate metabolic pathway was made and both siblings were empirically treated with regular folinic acid supplement. As shown in figure 1, the mean corpuscular volume (MCV) normalised within weeks of supplementation. There have been no further episodes of anemia. In the first months of therapy there was a partial reconstitution of the lymphocyte compartment with absolute lymphocyte and all subsets returning to lower limits of normal for age (See tables S2a & S2b in the online repository). The CD4+ TREC count improved 10 fold in both patients (Fig 1). IgM (Fig 1) and IgA levels (See tables S3a & S3b in online repository) also improved to normal levels over months suggesting a reconstitution of the humoral compartment. Immunoglobulin supplements were discontinued and both patients have maintained normal levels of all isotypes during the subsequent four years of follow up (See table S3a & S3b in the online repository). They have both been re-immunised and have responded well to both protein and conjugate vaccines (See table S3a &

201	S3b in the online repository). Both patients have remained free of significant infections without
202	prophylactic antibiotics or immunoglobulin replacement for 8 years since starting folinic acid therapy.
203	Exome Analysis
204	Suspecting a defect in folate metabolism without a single candidate gene, we undertook whole exome
205	sequencing (WES) to analyze multiple gene variants (6). Interrogation of variants within genes
206	involved in folic acid metabolism (GO:0046655(7)) for which the brothers were concordant identified
207	a maternally inherited novel point mutation in exon 3, heterozygous T- to -C transition at c.152
208	position (c.152T>C; NM_005956.3), that would lead to a substitution of a conserved amino acid
209	(p.Leu51Pro). This amino acid is situated within the methylenetetrahydrofolate
210	dehydrogenase/cyclohydrogenase domain of C1-THF synthase and the amino acid substitution is
211	predicted to adversely impact protein function. The base within the Leu-51 residue is well conserved
212	evolutionarily, with a GERP++ score of 3.2(8). Leu-51 is located within a α -helix, with the adjacent
213	Tyr-52 and the proximal Lys-56 involved in substrate binding within the
214	dehydrogenase/cyclohydrolase active site (9). Proline residues are well documented to distort α -helices.
215	The lack of an amide proton, coupled with the conformational rigidity of the cyclic residue canonically
216	results in an approximately 30^0 bend in the helix (10) and the identified L51P mutation would be
217	expected to distort this α -helix, reducing the affinity of the active site for the substrates.
218	In the previous report of C1-THF synthase deficiency, the heterozygous parents were reported
219	to be asymptomatic (2). Structural variations (SVs) that are also important for Mendelian disease are
220	not easily detected using an exome approach (11). Most exome studies conducted so far on specific
221	diseases focus on single nucleotide variants, rather than SVs such as insertion/deletion variants (12).
222	This is due in part to the fact that insertion/deletion bioinformatics analysis methodologies are still
223	being refined. Read depth and split reads provide a clue to structural variants within exome data (13).
224	Therefore, we extended our bioinformatic interrogation of the MTHFD1 gene by manually examining
225	sequencing depth coverage of the raw alignments in affected brothers compared to an unrelated
226	individual concurrently sequenced. For exons with apparent reduced coverage, read depth was
227	enumerated, normalized according to total aligned reads for the sample and assessed statistically (one
228	tailed t-test) alongside 13 unrelated samples from the same sequencing batch, processed identically
229	(Fig 2b). This process identified a paternally inherited deletion encompassing exon 13, in both brothers
230	(Fig 2c).

Confirmation of mutation by Sanger sequencing

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PCR amplification and Sanger sequencing using primers (Primers EX3F & EX3R; See table S1 in the online repository), confirmed that the novel point mutation in exon 3 was present in both patients and the mother but not the father (Fig 2d).

Identification by traditional sequencing of the breakpoints of exon deletions suspected on the basis of read depth coverage in the exome data can be arduous as the breakpoints are likely to be located in the intronic regions upstream and downstream of the identified exon which may span many thousands of base pairs (bps). However, we noted that in the read pile up of our patients, there were anomalous read pairs spanning over 2000 bps (Fig 2c). Primers were designed (Ex13LF & EX13LR; See table S1 in the online repository) to encompass this region. The predicted PCR product size in the reference template is 2350 bps (See Fig S4a in the online repository). PCR amplification of this region revealed an expected 2350 bps product in the mother but only a product of 600 base pairs in the patients, confirming a deletion involving exon 13 (Fig 2e). We were subsequently able to delineate the breakpoints accurately by Sanger sequencing of the above PCR products from the mother and patients (See Figs S3a & S3b in the online repository). We were also able to confirm the heterozygous state for deletion of exon 13 in the patients by allele specific PCR (See Fig S4a & S4b in the online repository). Further analysis revealed that the deletion boundaries were within homologous positions of flanking, parallel, AluS repeats (See Fig S5a & S5b in the online repository), previously observed as a pathogenic mutational mechanism in other genes, such as in BRCA1 (14). For interested readers, further discussion is provided in the online repository.

Allelic expression at mRNA level

The deletion of exon 13 is predicted to introduce a premature stop codon resulting in a truncated protein of 422 amino acids. The nonsense mediated decay (NMD) pathway exists in eukaryotic cells to ensure fidelity of transcription and prevent translation of truncated proteins with potentially deleterious gain-of-function or dominant-negative activity (17). We hypothesised that the deletion of EX13 would target the mRNA from paternal allele (with a premature stop codon), for NMD. Allelic expression of the *MTHFD1* gene was undertaken using the point mutation in the exon 3 to analyse the relative expression of the maternal and paternal allele (18). *MTHFD1* cDNA was amplified using gene specific primers covering the point mutation in the EX3 (inherited from their

mother). As shown in the Fig 2f, the mRNA from the paternal allele was almost extinct confirming our
 hypothesis.

Discussion

Patients A and B carry compound heterozygous mutations consistent with autosomal recessive inheritance (Fig 2a), L51P inherited from their mother and deletion of exon 13 inherited from their father. *In silico* analysis of mutant L51P predicts an adverse impact on the function of the protein. A mutation in the vicinity (S49F) has recently been shown to be significantly less functional in biochemical studies (4). Allelic expression data is consistent with the deletion of exon 13 producing haploinsufficiency. The partial response to folinic acid therapy is consistent with a residual functioning enzyme as previously described (4).

MTHFD1 mutations cause highly variable clinical phenotypes with megaloblastic anemia being the only consistent feature (3, 4). This is likely the result of variable degree of residual enzyme function, but the limited number of patients currently reported makes it impossible to draw conclusions regarding genotype to phenotype correlation. Clinical manifestations described in smaller proportion of patients include severe immunodeficiency, haemolytic uremic syndrome (HUS), mild mental retardation, epilepsy and retinopathy. Severe immunodeficiency has been reported in 3 out 5 patients and was the most likely cause of mortality in two of the patients. Macrocytosis, lymphopenia involving all subsets and low TREC (Fig 1) were present from infancy in the patients reported here and may be a clue to the need to investigate folate metabolic pathways. MTHFD1 deficiency should be considered in the aetiology of megaloblastic anemia where there are normal levels of vitamin B12 and folate; and in CID where there is macrocytosis..

We have characterized the immune function in our kindred that delineate the immune function in *MTHFD1* deficiency. The antigen presenting cells in the peripheral blood were present in normal numbers and responded to Toll Like Receptor (TLR) ligands in a comparable fashion to controls (data not shown). Both cell mediated and humoral immunity were defective in our patients. The clinical improvement in susceptibility to infections, partial reconstitution of cell numbers and improvement in both overall immunoglobulin levels and vaccine responses suggest that the immunodeficiency cause by this condition can be reversed to a large extent with folinic acid treatment.

The major limitation of exome sequencing is the inability to comprehensively represent genomic structural variations (SVs) such as deletions, inversions or duplications (11). Many groups have designed algorithms that use a read depth or read pair-based approach for predicting structural variation. However, these approaches are not very efficient at identifying SVs with exome data due to

the discontinuous nature of the data, with only ~ 1% of the genome having significant read coverage (19). Our approach was successful in identifying the exon 13 deletion due to strong clinical suspicion. While it may not be possible to detect all forms of structural variations, we have demonstrated the possibility of analysing specific genes using read depth, split reads and read pairs to provide clues to structural variants. Where improved detection of structural variants are required, whole-genome sequencing (WGS) should be used.

The importance of establishing a definitive molecular diagnosis in children with primary immunodeficiency cannot be overemphasized. Both patients were considered to have SCID and were on the bone marrow transplant list for the first few years of life. Knowledge of the specific molecular diagnosis has led to the identification of a precision treatment in the form of life-long folinic acid supplementation. Other prophylactic therapies have been able to be discontinued. The responsiveness of this disorder to folinic acid supplementation emphasizes the importance of precision diagnostics in the diagnosis of primary immunodeficiency prior to the consideration of stem cell transplantation, and to stratify appropriate treatment modalities to reduce risk and improve outcomes. Clinical exome sequencing, even in single families, is a powerful adjunct to the investigation of metabolic pathways that may lead to distinctive immunodeficiency disorders.

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314	
315	Disclaimer
316	The authors declare no competing financial interests.
317	

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from opposing ends of a single contiguous fragment of DNA. Presuming that the DNA fragment
sequenced falls within the expected length range (representative reads pairs can be seen in pileup in
grey), and that the reads are aligned to the reference genome correctly, the extended apparent read pair
span would indicate a deletion within the encompassed genomic region. As such, PCR primers were
designed flanking the anomalous read pair. Upon Sanger sequencing of the resultant amplicon, a 1,745
bps deletion was observed. 2d: Sanger sequencing of MTHFD1 exon3 showing c.T152C:p.L51P which
is present both brothers and mother but not the father. 2e: Sequencing of MTHFD1 gene yielded the
expected PCR product of 2350 bps in the mother (lane 5) and a PCR product of around 600 bps in the
patients and father (lane 2-4). 2f: Sanger sequencing of gDNA and cDNA of the patient A revealed the
presence of the 2 alleles at the genomic level but only expression of the mother's allele at the cDNA
level.

ON LINE REPOSITORY MATERIAL:

Precision molecular diagnosis defines specific therapy in combined immunodeficiency with megaloblastic anaemia secondary to *MTHFD1* deficiency.

Index:

- 1. Case description: Pages 2-3
- 2. Immunological experiments: Pages 4-5
- 3. Figure legends: Page 6-7
- 4. Methods: Allele specific PCR: Page 85
- 5. Identification of Alu-mediated deletion in MTHFD1: Page 95
- 6. Figure legends: Page 6-7
- 7. References: Page 108

Case Description

The first child (patient A) presented at 4 months of age with a two - week history of breathlessness, poor feeding and weight loss. His chest X-ray was consistent with *Pneumocystis Jirovecii* pneumonia (PCP), which was confirmed on bronchoalveolar lavage. He was suspected to have severe combined immunodeficiency (SCID) on the basis of lymphopenia (0.9x 10⁹/L), which involved all the lymphoid subsets. HIV tests were negative and extensive investigations excluded all known SCID gene defects. Although he had T lymphopenia, he had normal distribution of subsets, T-cell- receptor (TCR) repertoire and his proliferation to phytohaemagglutinin (PHA) was comparable to control. A diagnosis of undefined SCID was made and he was listed for a hematopoietic stem cell transplant (HSCT). After his recovery from PCP, he was discharged home on cotrimoxazole, fluconazole and subcutaneous immunoglobulin (SCIG), awaiting a matched donor. Patient A was born to a South Asian mother and Caucasian father at 36+6 weeks gestation. His elder sister was reported to be healthy and there was no significant family history of immunodeficiency or metabolic disorders. The mother was known to carry hepatitis B virus. At 2 months of age, he was found to be anemic despite apparently thriving normally. Investigation for hemolytic anaemia was negative and symptoms resolved with folate and iron supplements for 2 weeks. HSCT was postponed despite finding a well-matched unrelated donor, as he remained clinically well with an improving immunological picture. Although he did not suffer significant infections, he remained lymphopenic and the evolving hypogammaglobulinemia led to reconsideration of HSCT. In the interim, his mother became pregnant and HSCT was postponed in view of his progress, the lack of ongoing opportunistic infections and a potential for getting a better donor match when the sibling was born.

His brother (patient B) was born when his elder sibling was 18 months old and displayed similar lymphopenia to his elder patient. He was started on fluconazole and cotrimoxazole prophylaxis soon after diagnosis, but IVIG was withheld to try to establish better immunological assessment. He was immunized with inactivated vaccines between 2 and 5 months according to the UK infant immunization programme. His immunoglobulin levels dropped below normal limits by the age of 6 months and although he responded to tetanus he did not respond to conjugated HiB vaccine (table s3b) and he was therefore started on azithromycin prophylaxis at 6 months of age. Subsequently he presented at 9 months of age with septic arthritis of his left hip. Blood culture and joint aspiration pus identified *Streptococcus pneumoniae*. While patient B was still hospitalized, patient A presented with a 1 week history of pallor and was found to be severely anemic (Hb 34 gms/L). Bone marrow examination

showed a marked megaloblastic picture. RBC folate and Vitamin B12 levels were within normal limits, therefore cotrimoxazole was considered to be a potential cause. Patient B also became anemic during the course of his septic arthritis treatment (Hb 6.4 gms/dl). Bone marrow examination performed at this time showed a megaloblastic picture and cotrimoxazole was discontinued. Both boys were treated with a two-week course of parenteral vitamin B12 & calcium folinate. Patient A was started on pentamidine nebulizers for PCP prophylaxis. Due to parental concern regarding medicalization and therapy safety, patient B was not given any PCP prophylaxis. Patient B was started on subcutaneous immunoglobulin therapy at 10 months of age. Despite this, patient B suffered further pyogenic infections that included pneumonia (organism not isolated) at 19 months, peri-orbital cellulitis at 22 months and pneumococcal bacteremia at 24 months. The infection at 19 months of age was accompanied by a further episode of megaloblastic anemia.

Immunological evaluations revealed that both patients were lymphopenic for all subsets throughout their follow up (Table S2a & S2b). Both patients had low IgM levels whilst on immunoglobulin replacement therapy suggestive of antibody deficiency. Patient A was not immunized in infancy whilst patient B was vaccinated with inactive vaccines and showed adequate tetanus titers but did not develop protective HiB titers (Table S3b).

T cell subsets expressed memory markers in a pattern similar to healthy controls (data shown in main article). T cell subsets expressed activation marker CD69 in response to TCR specific stimuli (data shown in main article). T helper subset enumeration showed comparable numbers of TH1 & TH17 development (data shown in main article). Both siblings continued to have normal T cell proliferation, but their T cell receptor excision circle (TREC) counts remained low suggestive of low thymic output. Following the initiation of calcium folinate supplementation both patients have remained free of infections and have mounted protective vaccine responses following the cessation of immunoglobulin replacement therapy (Table S3a & S3b). Both patients are in regular schools with no disabilities identified. Both had normal MRI brain and plasma/CSF folate studies before regular folinic acid supplements were started. Following their successful treatment and identification of the molecular cause the family have been informed that HSCT is no longer a therapeutic consideration.

Immunological experiments

Methods:

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T lymphocytes produced IFN γ comparably to a healthy control on mitogen stimulation (Fig S2c). T cell subsets expressed memory markers in a similar pattern to healthy controls (Fig S2d). Taken together, these data suggest that although T lymphocyte numbers were low, T cell function was normal.

Figure legends:

Figure S1: Gating strategy S1a: Lymphocyte subsets. S2a: Antigen presenting cells. Monocytes: HLA DR+ve CD14+ve; Myeloid DC: HLA DR+ve CD14-ve CD19-ve CD11e+ve CD123-ve; Plasmacytoid DC: HLA DR+ve CD14-ve CD19-ve CD11e-ve CD123+ve.

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Figure S3: Delineation of break points of exon 13 deletion by Sanger sequencing of PCR products. Analysis was performed on the publicly available nucleotide blast program.

(http://www.ncbi.nlm.nih.gov/BLAST/Blast.egi?PAGE_TYPE=BlastSearch&BLAST_SPEC=OGP__9606__95
58)

S3a: The 2350bps PCR product obtained (using primers EX13LF & EX13LR) from the mother aligned a one fragment against the reference sequence of MTHFD1 (arrow). S3b: The 600bps PCR product obtained (using primers EX13LF & EX13LR) from patient A aligned against the reference sequence of MTHFD1 (arrow) with a gap of 1745 bps confirming deletion that involves Exon 13.

Figure S4: Allele specific PCR. S4a: PCR conditions were set to exclude the 2350 bps product from the EX13LF and EX13LR primers. In this conditions PCR amplification of the patients showed two products of approximately 1500 and 600 bps. PCR amplification showed of the mother showed only one product of approximately 1500 bps as expected. S4b: Agarose gel electrophoresis of the allele specific PCR product from the patient A and mother demonstrating the heterozygous state.

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of two AluS elements across the deletion breakpoint. Deleted nucleotides are in red.
Table S1.
Table S2a.
Table S2b.
Table S3a
Table S3b
Supplementary Fig 1
Supplementary Fig 2
Supplementary Fig 3a
Supplementary Fig 3b

Methods: allele specific PCR

In a heterozygous state with one allele carrying a deletion, PCR products of two sizes are anticipated. We were

unable to demonstrate the undeleted allele in the patients with primers EX13LF & EX13LR despite varying

PCR conditions. To demonstrate the heterozygous state in the patients, we used allele specific primer (EX13SF)

that is predicted to anneal to the deleted region. We set the PCR conditions to exclude the longer product (2350

bps) by limiting the extension time. As shown in the supplementary figure 4a the PCR product from the primers

EX13SF and EX13LR is possible only from the undeleted allele and is predicted to be around 1500 bps. With

extension time limited to exclude the 2350 bps product, PCR product (from EX13LF & EX13LR) is only

possible from the allele carrying exon 13 deletion and is expected to be of 600 bps size. As shown in the

supplemental figure s4b, analysis by agarose gel electrophoresis of PCR products from patient A and the mother

shows a heterozygous state for EX13 deletion in the patient.

Supplementary Fig 4a

Supplementary Fig 4b

8

AluS repeats as the mechanism for exon 13 deletion:

Following breakpoint identification, further analysis revealed that the deletion boundaries around exon 13 were within homologous positions of flanking, parallel, AluS repeats (supplementary figure 5a & 5b). Alu elements are short interspersed elements, of approximately 300 bp in length and derive their name from a single recognition site for the restriction enzyme AluI located near the middle of the Alu element. Alu elements have amplified in primate genomes through a RNA dependent mechanism termed retroposition and human chromosomes contain about 1,000,000 Alu copies, which equal 10% of the total genome (3, 4). Alu elements continue to amplify at a rate of 1 in 200 births and insertion of Alu elements contribute to approximately 0.1% of human genetic disorders. In addition to disease caused by insertion of Alu elements, their dispersion throughout the genome provides ample opportunity for unequal homologous recombination that can lead to deletion or insertion mutations and most often occur intrachromosomally (3). As illustrated (Fig S5a & S5b), these nearby low-complexity sequence regions likely permitted replication slippage to occur, excising the 1745 bp region; this has been previously observed as a pathogenic mutational mechanism in other genes, such as in *BRCA1* (6).

Supplementary Fig 5a and 5b

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Table S1.

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Table S2b.

Table S3a

Table S3b

Supplementary Fig 1

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Supplementary Fig 3a

Supplementary Fig 3b

References

- 1. Blimkie D, Fortuno ES, 3rd, Thommai F, Xu L, Fernandes E, Crabtree J, et al. Identification of B cells through negative gating-An example of the MIFlowCyt standard applied. Cytometry Part A: the journal of the International Society for Analytical Cytology. 2010;77(6):546-51.
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ON LINE REPOSITORY MATERIAL:

Precision molecular diagnosis defines specific therapy in combined immunodeficiency with megaloblastic anaemia secondary to *MTHFD1* deficiency.

Index:

- 1. Case description: Pages 2-3
- 2. Immunological experiments: Pages 4
- 3. Methods: Allele specific PCR: Page 5
- 4. Identification of Alu-mediated deletion in MTHFD1: Page 5
- 5. Figure legends: Page 6
- 6. References: Page 8

Case Description

The first child (patient A) presented at 4 months of age with a two - week history of breathlessness, poor feeding and weight loss. His chest X-ray was consistent with *Pneumocystis Jirovecii* pneumonia (PCP), which was confirmed on bronchoalveolar lavage. He was suspected to have severe combined immunodeficiency (SCID) on the basis of lymphopenia (0.9x 10⁹/L), which involved all the lymphoid subsets. HIV tests were negative and extensive investigations excluded all known SCID gene defects. Although he had T lymphopenia, he had normal distribution of subsets, T-cell- receptor (TCR) repertoire and his proliferation to phytohaemagglutinin (PHA) was comparable to control. A diagnosis of undefined SCID was made and he was listed for a hematopoietic stem cell transplant (HSCT). After his recovery from PCP, he was discharged home on cotrimoxazole, fluconazole and subcutaneous immunoglobulin (SCIG), awaiting a matched donor. Patient A was born to a South Asian mother and Caucasian father at 36+6 weeks gestation. His elder sister was reported to be healthy and there was no significant family history of immunodeficiency or metabolic disorders. The mother was known to carry hepatitis B virus. At 2 months of age, he was found to be anemic despite apparently thriving normally. Investigation for hemolytic anaemia was negative and symptoms resolved with folate and iron supplements for 2 weeks. HSCT was postponed despite finding a well-matched unrelated donor, as he remained clinically well with an improving immunological picture. Although he did not suffer significant infections, he remained lymphopenic and the evolving hypogammaglobulinemia led to reconsideration of HSCT. In the interim, his mother became pregnant and HSCT was postponed in view of his progress, the lack of ongoing opportunistic infections and a potential for getting a better donor match when the sibling was born.

His brother (patient B) was born when his elder sibling was 18 months old and displayed similar lymphopenia to his elder patient. He was started on fluconazole and cotrimoxazole prophylaxis soon after diagnosis, but IVIG was withheld to try to establish better immunological assessment. He was immunized with inactivated vaccines between 2 and 5 months according to the UK infant immunization programme. His immunoglobulin levels dropped below normal limits by the age of 6 months and although he responded to tetanus he did not respond to conjugated HiB vaccine (table s3b) and he was therefore started on azithromycin prophylaxis at 6 months of age. Subsequently he presented at 9 months of age with septic arthritis of his left hip. Blood culture and joint aspiration pus identified *Streptococcus pneumoniae*. While patient B was still hospitalized, patient A presented with a 1 week history of pallor and was found to be severely anemic (Hb 34 gms/L). Bone marrow examination

showed a marked megaloblastic picture. RBC folate and Vitamin B12 levels were within normal limits, therefore cotrimoxazole was considered to be a potential cause. Patient B also became anemic during the course of his septic arthritis treatment (Hb 6.4 gms/dl). Bone marrow examination performed at this time showed a megaloblastic picture and cotrimoxazole was discontinued. Both boys were treated with a two-week course of parenteral vitamin B12 & calcium folinate. Patient A was started on pentamidine nebulizers for PCP prophylaxis. Due to parental concern regarding medicalization and therapy safety, patient B was not given any PCP prophylaxis. Patient B was started on subcutaneous immunoglobulin therapy at 10 months of age. Despite this, patient B suffered further pyogenic infections that included pneumonia (organism not isolated) at 19 months, peri-orbital cellulitis at 22 months and pneumococcal bacteremia at 24 months. The infection at 19 months of age was accompanied by a further episode of megaloblastic anemia.

Immunological evaluations revealed that both patients were lymphopenic for all subsets throughout their follow up (Table S2a & S2b). Both patients had low IgM levels whilst on immunoglobulin replacement therapy suggestive of antibody deficiency. Patient A was not immunized in infancy whilst patient B was vaccinated with inactive vaccines and showed adequate tetanus titers but did not develop protective HiB titers (Table S3b).

T cell subsets expressed memory markers in a pattern similar to healthy controls (data shown in main article). T cell subsets expressed activation marker CD69 in response to TCR specific stimuli (data shown in main article). T helper subset enumeration showed comparable numbers of TH1 & TH17 development (data shown in main article). Both siblings continued to have normal T cell proliferation, but their T cell receptor excision circle (TREC) counts remained low suggestive of low thymic output. Following the initiation of calcium folinate supplementation both patients have remained free of infections and have mounted protective vaccine responses following the cessation of immunoglobulin replacement therapy (Table S3a & S3b). Both patients are in regular schools with no disabilities identified. Both had normal MRI brain and plasma/CSF folate studies before regular folinic acid supplements were started. Following their successful treatment and identification of the molecular cause the family have been informed that HSCT is no longer a therapeutic consideration.

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Supplementary Fig 4b

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Table S2b.

Table S3a

Table S3b

Supplementary Fig 1

Supplementary Fig 2

Supplementary Fig 3a

Supplementary Fig 3b

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References

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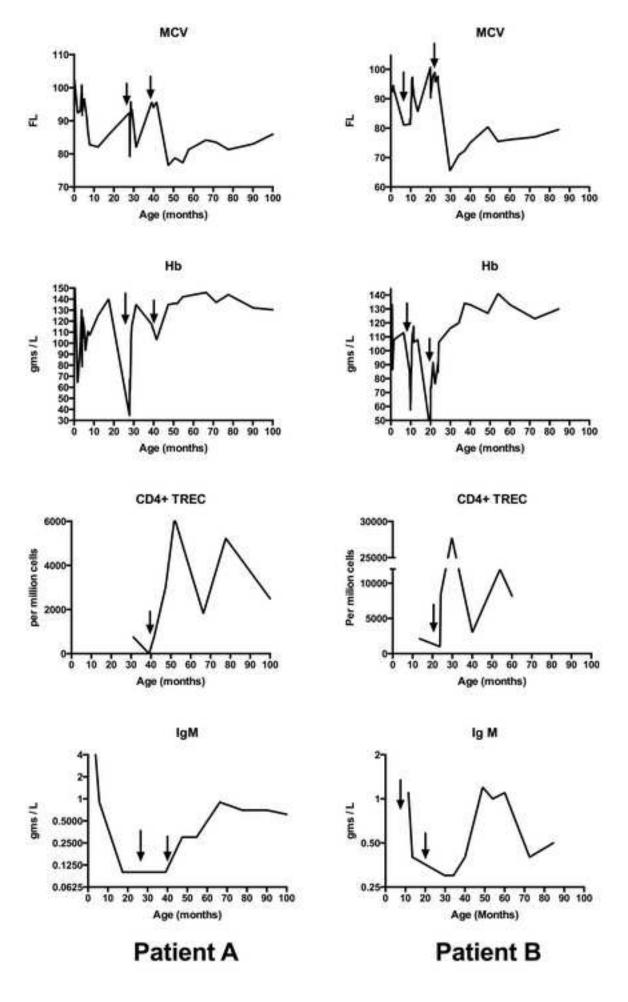


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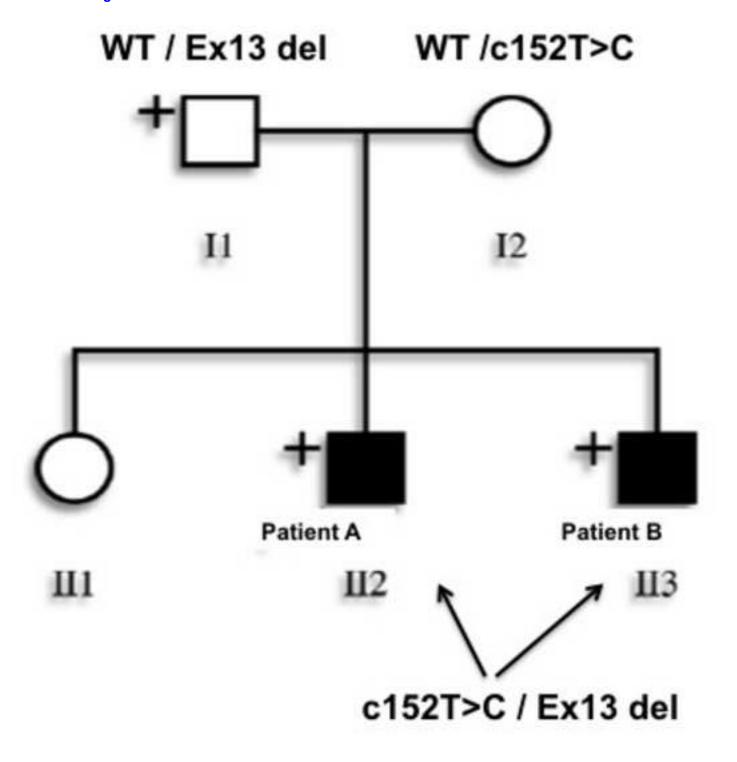


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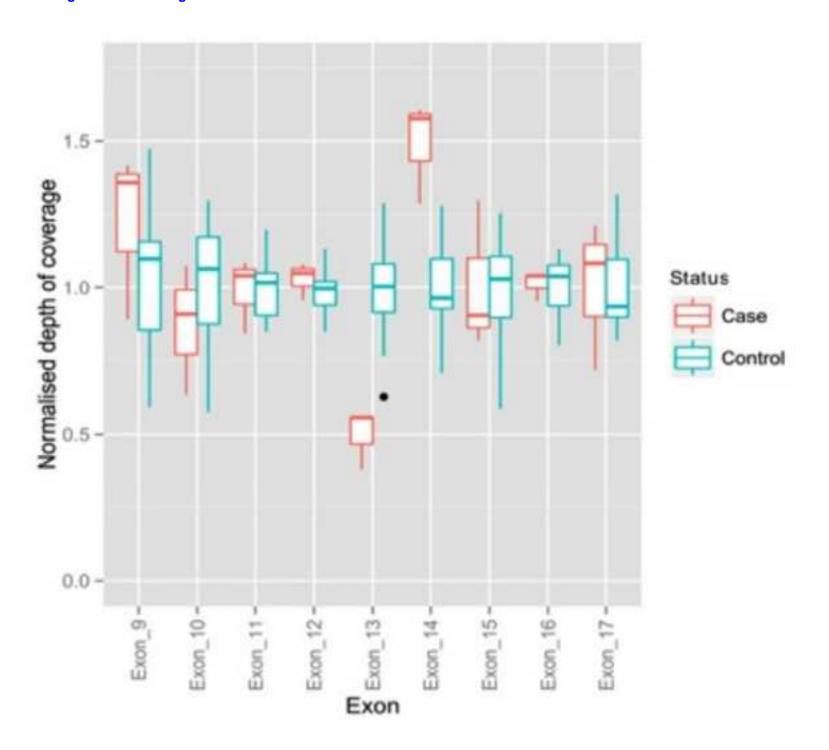


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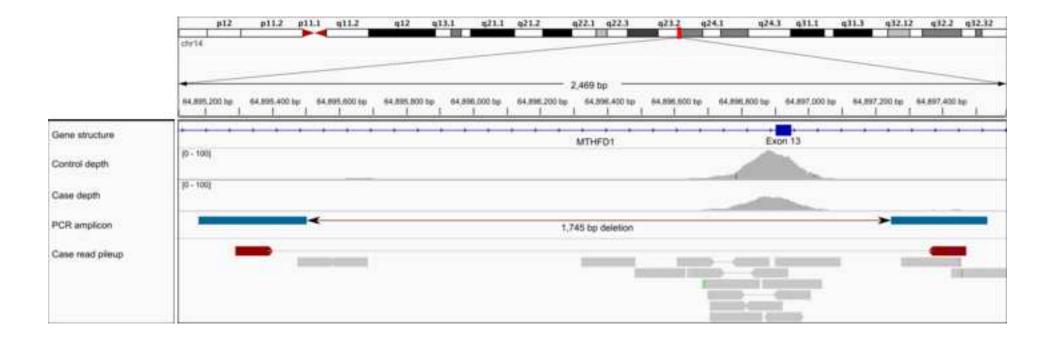


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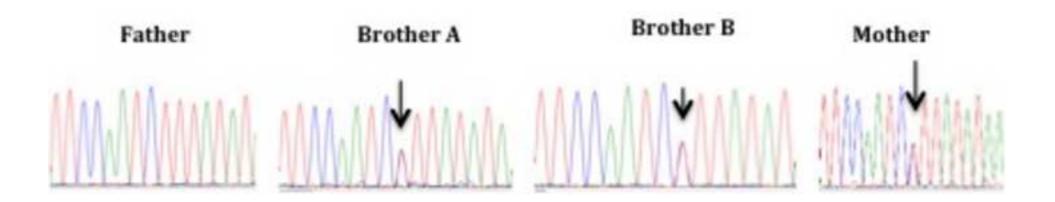
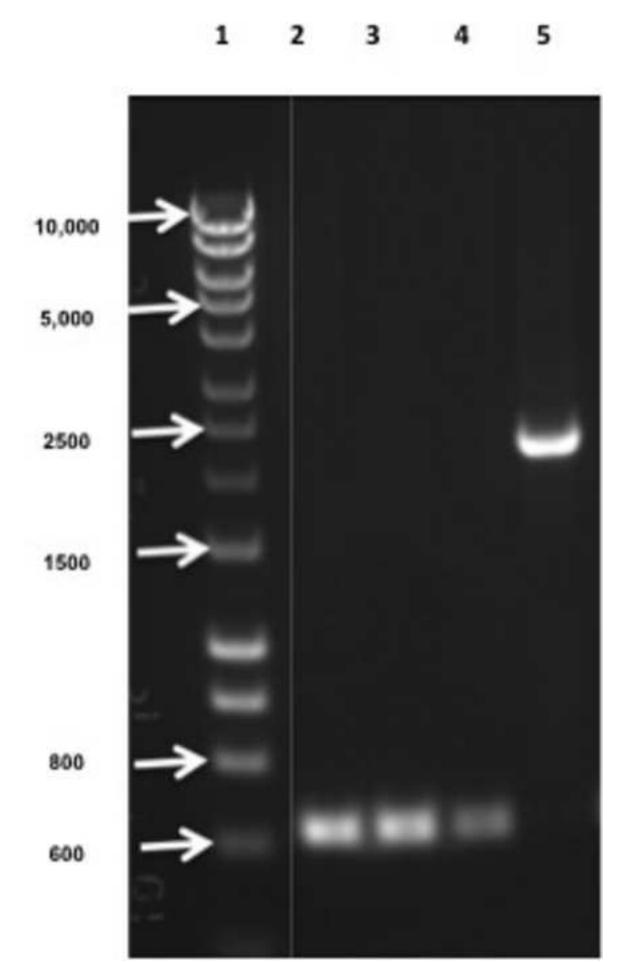
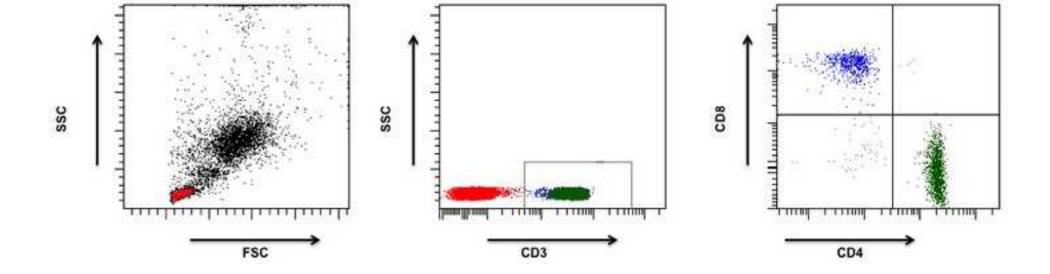
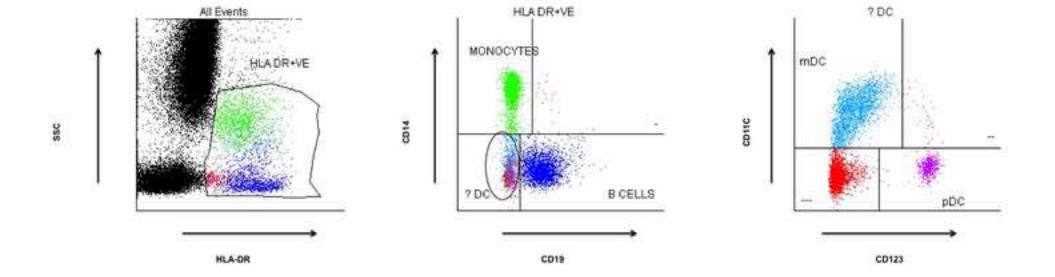
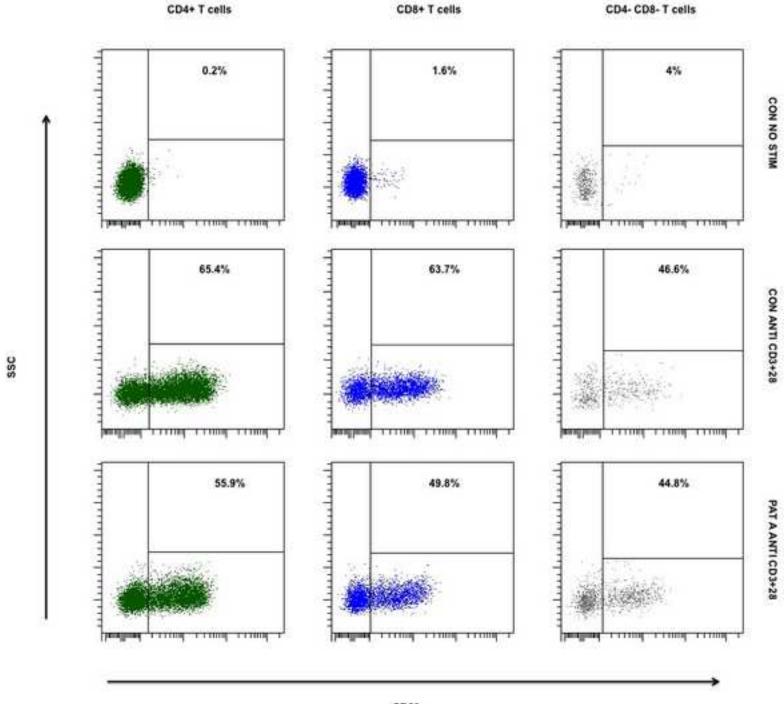


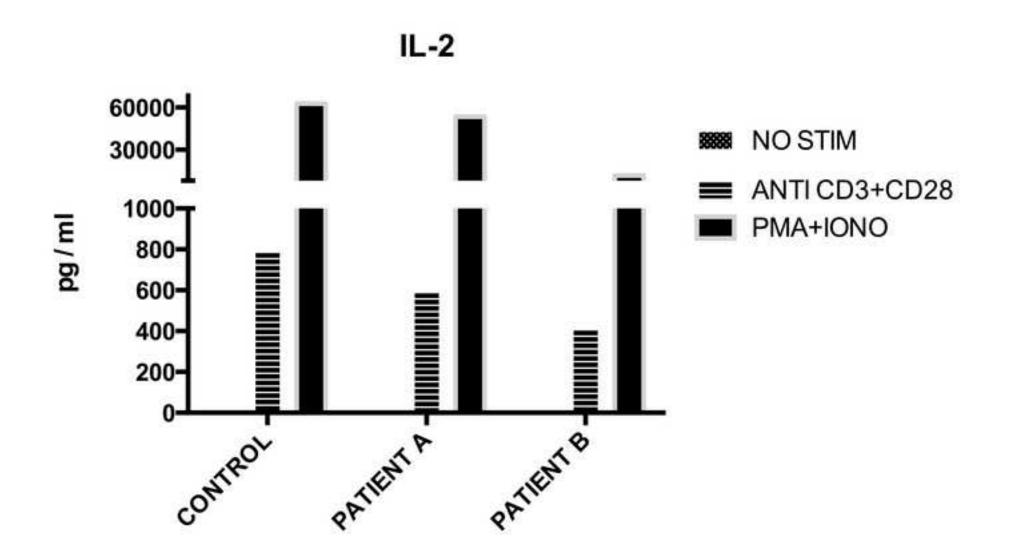
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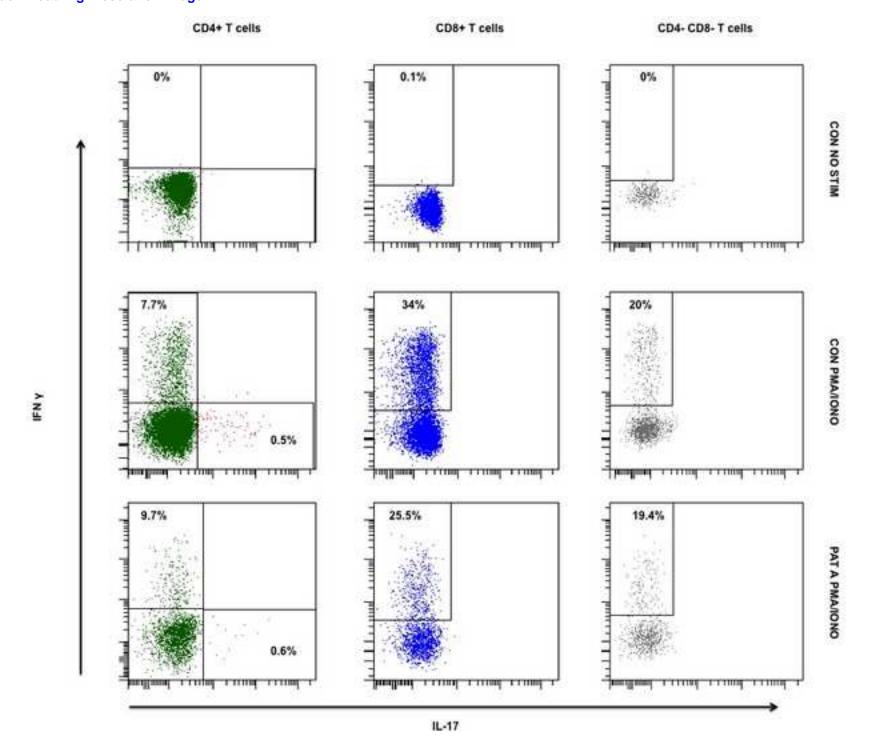


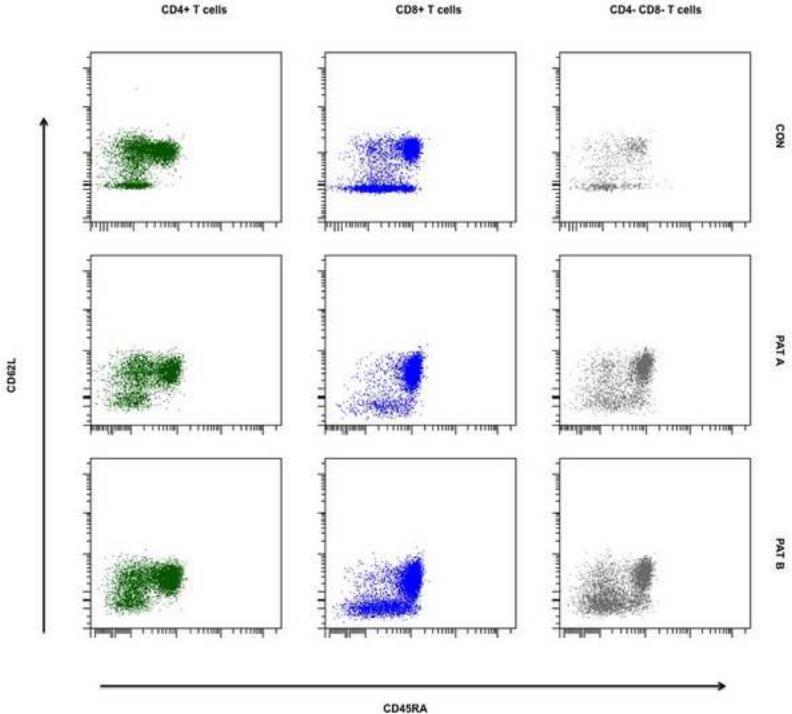












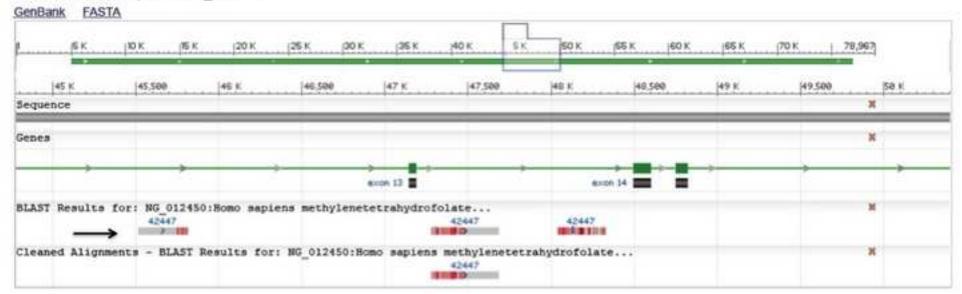
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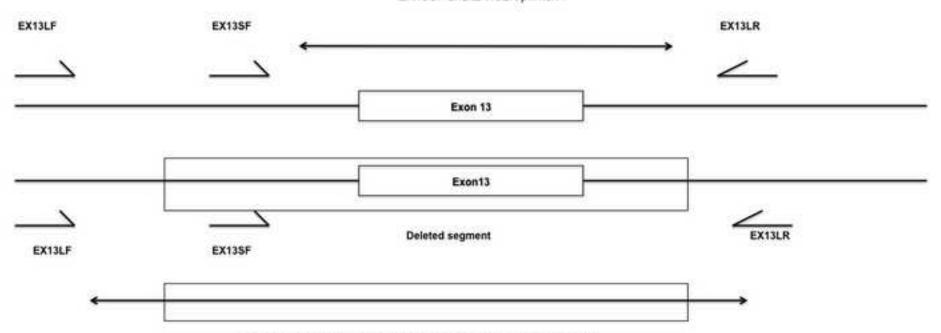


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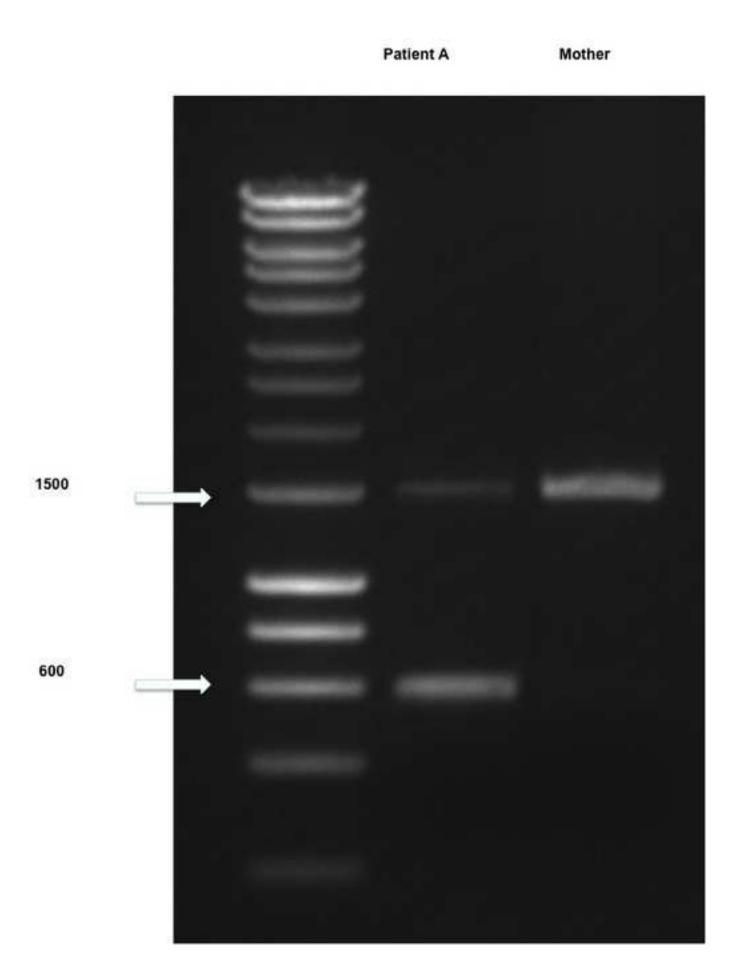
NCBI Reference Sequence: NG_012450.1



PCR product from allele carrying no deletion. 1500 bps product from EX13SF and EX13LR primer.



PCR product from allele carrying deletion. 600 bps product from EX13LF and EX13LR primer.



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В

AluSx4	GGAGACACAGTCTCGCTCTGTTGCCTGG-GCTGGAGTACAGTGGCACGATCTTGGCTCAC	59
AluSg	GACGGAGTCTTGCTCTGTTGCCCAGAGCTGGAGTGCAATGGCGCAATCTCGGCTCAC	57
AluSx4	TGCAACCTCCGCCTCCTGGTTTCAAGCAATTCTCCTGCCTCAGCCTCCCAAGTAGCTGGG	119
AluSg	TGCAACCTCTGCCTCCCAGGTTCAAGCAACTCTCCTGCGTCAGCCTCCCGAGTAGCTGGG	117
	******* ***** * ******* ****** *******	
AluSx4	ACTACAGGTGCGTGCCACCATGCCTGGCTAATTTTTGTGTTTTTAGTAGAGATGGGGTTT	179
AluSg	ATTACAGGCATGCACCACCACGCTCAGCTAATTTT-GTATTTTTAGTAGAGACGGGGTTT	176
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AluSx4	CACTATATTGGCCAGGCTGGTCTTGAACTCCTGACCTTGTGATCTGCCCACCTTGGCCTC	239
AluSg	CACCGTGTTGGCCAAGCTGGTCTTGAACTCCTGACCTCGTGATCCGCCCACCTCGGCCTC	236
700 000 F 186	*** * ****** ************* ***** ******	
AluSx4	CCAATGTGCTGGGATAATAGGCATGAGCCACCGTGCCCAGCC 281	
AluSg	CCAAAGTGCTGGTATTATAGGCGTGAGCCACCGCACCCAGCC 278	
	**** ****** ** ***** ******* ******	

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