



High Frequency Distributed Optical Fibre Dynamic Strain Sensing: A Review

Introduction

The concept of using an optical fibre to map dynamic perturbations along the sensing fibre was first proposed by Taylor *et al.* (Taylor 1993) in 1993 and later demonstrated by his team in 2005 (Juarez 2005). The proposed sensor was only capable of detecting the dynamic perturbations along the sensing fibre by monitoring the changes in the pattern of the backscattered coherent Rayleigh noise (CRN). The volume of research since then has proliferated and has mainly been focused on developing distributed optical fibre dynamic strain sensors capable of fully quantifying the characteristics of perturbations. The main driving force behind the expansion of this field has been the growing demand in areas such as the oil and gas industries, geophysical sciences, and structural health monitoring.

Distributed optical fibre dynamic strain sensors can be broadly divided into two categories: (1) sensing systems based on Brillouin scattering and (2) sensing systems based on Rayleigh scattering. Brillouinbased distributed optical fibre sensors (DOFS) measure the absolute strain and temperature along the fibre using the Brillouin frequency shift (Bernini 2009 and Peled 2011). Although this class of sensors have a higher strain range, their applications as a dynamic strain sensor are limited to short sensing ranges due to the negative trade-off between the frequency and sensing range (Masoudi 2016).

Rayleigh-based Distributed vibration sensors (DVS), on the other hand, have demonstrated a longer sensing range with higher strain resolution. This class of sensors are more suitable in areas such as geophysical sciences and structural health monitoring where the sensor is required to monitor small strain variations over large distances. DVS based on Rayleigh scattering do not provide the absolute strain, but rather the magnitude of the strain fluctuations. The focus of this article is to study this class of sensors.

Principle

The underlying principle of Rayleigh-based DVS is based on *phase optical time domain reflectometry* (φ -OTDR) sensing technique which uses the phase of the Rayleigh backscattered signal to measure vibration. For any given section of the fibre, the phase-difference between the backscattered light from the two ends of that section, $\Delta \phi$, is a function of the length of that section, L (figure 1). For any unperturbed section of the sensing fibre, the length and, consequently, the phase-difference remains



Figure 1 Principle of the dynamic strain sensor using φ *-OTDR. This figure represents the behaviour of two groups of scatterers inside the sensing fibre before and after external perturbation.*





unchanged. Any perturbation which induces a strain ε on any section of the fibre will alter the phasedifference. The changes in the phase-difference as a function of length is given by (Hocker 1979):

$$\Delta \phi = \varepsilon L \left[\beta - \frac{1}{2} \beta n^2 [(1-\mu)p_{12} - \mu p_{11}] \right]$$

where β is the propagation constant of light in the fibre, *n* is the refractive index of the fibre, μ is the Poisson's ratio, and P_{11} and P_{12} are strain-optic coefficients. By monitoring the variation in the phase difference of the backscattered light from any two sections along the sensing fibre, the strain variation of that section can be measured.

φ-OTDR Sensing Techniques

The sensing mechanism of φ -OTDR DVS falls into three categories:

a) **Dual-pulse technique:** This technique is based on sending a pair of pulses temporally separated by ΔT seconds to interrogate the fibre (figure 2(a)). The temporal separation between the pulses results in the backscattered light from the first pulse at location x_1 to be mixed with the backscattered light from the second pulse at location x_2 , with the spatial separation between x_1 and x_2 is given by $\Delta X = \Delta T.c/2n$.

This sensing technique was first proposed by Dakin and Lamb (Dakin 1990) in which they used an acousto-optic modulator (AOM) to simultaneously modulate the CW light to form the probe pulses and shift their frequencies. The combination of the two backscattered traces from the two pulses results in a signal at the photodetector with a beat frequency of $\Delta f = |f_1 - f_2|$. Dakin and Lamb showed that the phase of the beat signal for any given section of the fibre has a linear relationship with the strain of that section. Although, in theory, the proposed concept could provide the phase information along the sensing fibre, in practice, the setup requires an unrealistic control over the timing of the pulse pair and,



Figure 2 The experimental setups of three DVS, the operations of which are based on φ *-OTDR.*





in addition, it may suffer from signal fading. In 2014, Alekseev *et al.* (Alekseev 2014) experimentally demonstrated a modified version of this concept by using a semiconductor optical amplifier to generate 100ns pulses while controlling the relative phase of pulse pair using an electro-optic modulator (EOM). The experimental results showed that this sensing technique is capable of measuring 230Hz periodic perturbations along a 2km long sensing fibre with a spatial resolution of 5m and a strain resolution of $10n\varepsilon$.

b) **Interferometry technique**: In the year 2000, Posey *et al.* (Posey 2000) demonstrated an alternative measurement technique in which the relative phase of the backscattered light between two separate sections was measured using an imbalanced Mach-Zehnder interferometer (MZI) (figure 2(b)). In this technique, the backscattered light from a single pulse is inserted into an imbalanced MZI with two unequal arms to provide two similar traces with temporal shift of $\Delta T = \Delta L.n /c$, where ΔL is the path imbalance of the MZI. To avoid signal fading, the signals from two arms of the IMZI are mixed in a 3×3 coupler to provide three waves with a nominal phase-shift of 120° between them.

A modified version of Posey's proposal was later realized by Masoudi *et al.* (Masoudi 2013) where instead of measuring the vibrations along the sensing fibre one point at a time, the entire length of the sensing fibre was mapped simultaneously. Using this technique, Masoudi *et al.* demonstrated a 1km long distributed vibration sensor with a strain and frequency range of $2\mu\epsilon$ and 4kHz, respectively. The spatial resolution of the sensor was measured to be 1m. Fang *et al.* (Fang 2015) demonstrated an alternative implementation of this technique using an imbalanced Michelson interferometer instead of MZI. More recently, Masoudi and Newson (Masoudi 2017) have proposed a modified the experimental setup and signal processing procedure to improve the sensitivity and spatial resolution of the DVS to $40n\epsilon$ and 50cm, respectively.

c) **Electrical-domain technique**: This technique which first disclosed by Hartog and Kader (Hartog 2012) is based on converting the data from the optical domain to the electrical domain before measuring the phase difference between two sections of the sensing fibre in the electrical domain. In this approach, an acousto-optic modulator (AOM) is used to generate optical pulses with a frequency shift of Δf , relative to the light source. The backscattered light from the fibre is mixed with the light source at a balanced photodetector to generate a beat signal which retains both the amplitude and phase information. The phase information along the fibre is then measured in the electrical domain using a phase detection circuit.

This technique was validated by *Tu et al.* (Tu 2015) and later by Yang *et al.* (Yang 2016). The experimental results published by Yang *et al.* showed that this sensing technique is capable of spatially resolving 1kHz dynamic strains along *30km* of sensing fibre with a spatial and strain resolution of *10m* and *50ne*, respectively.

Discussion & Conclusion

So far, three different sensing techniques have exhibited the capability of measuring high frequency dynamic perturbations over long sensing ranges. All three techniques use the changes in the phase of the backscattered Rayleigh signal to measure dynamic strains along the sensing fibre. The experimental results show that the strain resolution of all three techniques are within the same order of magnitude $(10n\epsilon \sim 50n\epsilon)$ albeit over different gauge length.

The main limitation of the three sensing technique is the linearity of their responses. Since the measured strain at each section of the sensing fibre is measured using the phase-difference between zones at two ends of that section, the intrinsic phases of those zones play an important role in the linearity of the response. If the distribution of the inhomogeneities of those zones are not affected by the perturbation (i.e. local perturbation), the strain between the two zones would have a linear relationship with the phase. Any perturbation where the entire fibre is affected alters the intrinsic phase of the zones where the phase are sensed which, in turn, results in non-linearity in the measured phase.





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