

The World Health Organization fetal growth charts: a multinational longitudinal study of ultrasound biometric measurements and estimated fetal weight

Short title: **WHO fetal growth charts**

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Abbreviations:

AC	Abdominal circumference
BPD	Bi-parietal diameter
BMI	Body mass index
CRL	Crown-rump length
EFW	Estimated fetal weight
FL	Femur length
GA	Gestational age
HC	Head circumference
HL	Humerus length

LMP

Last menstrual period

1 Abstract

2 **Background**

3 Perinatal mortality and morbidity continue to be major global health challenges
4 strongly associated with reduced fetal growth and prematurity, an issue of further
5 interest given the mounting evidence that fetal growth in general is linked to
6 degrees of risk of common non-communicable diseases in adulthood. Against this
7 background WHO made it a high priority to provide the present fetal growth charts
8 for estimated fetal weight (EFW) and common ultrasound biometric measurements
9 intended for worldwide use.

10

11 **Methods and findings**

12 A multinational prospective observational longitudinal study of fetal growth in low-
13 risk singleton pregnancies of women of high or middle socioeconomic status and
14 without known environmental constraints on fetal growth. Ten centers (Argentina,
15 Brazil, D. R. Congo, Denmark, Egypt, France, Germany, India, Norway and Thailand)
16 recruited participants who had reliable information on the last menstrual period and
17 gestational age confirmed by crown-rump length measured between 8-13 weeks of
18 gestation. They had anthropometric and nutritional assessments and seven
19 scheduled ultrasound examinations during pregnancy. Fifty-two participants
20 withdrew consent and 1387 participated in the study.

21

1 *Maternal characteristics:* At study entry median maternal age was 28y (interquartile
2 range [IQ] 25-31), stature 162cm (IQ 157-168), weight 61kg (IQ 55-68), nulliparous
3 58%, and daily caloric intake 1840cal (IQ 1487-2222).

4

5 *Birth outcomes and country variation:* The median pregnancy duration was 39 weeks
6 (IQ 38-40) although there were significant differences between countries, the largest
7 being 12 days (95%CI: 8-16). The median birthweight was 3300g (IQ 2980-3615).

8 There were differences in birthweight between countries, e.g. India had significantly
9 smaller neonates than the other countries, even after adjusting for gestational age.

10 31 women had miscarriage and three fetuses had intrauterine death.

11

12 *Fetal growth:* The 8203 sets of ultrasound measurements were scrutinized for
13 outliers and leverage points and those measurements taken at 14 to 40 weeks were
14 selected for analysis. A total of 7924 sets of ultrasound measurements were
15 analyzed by quantile regression to establish longitudinal reference intervals for fetal
16 head circumference, biparietal diameter, humerus length, abdominal circumference,
17 femur length and its ratio with head size, and EFW. There was asymmetric
18 distribution of growth of EFW, i.e. a slightly wider distribution among the lower
19 percentiles during early weeks shifted to a notably expanded distribution of the
20 higher percentiles in late pregnancy.

21

22 *Covariates:* Male fetuses were larger than female fetuses as measured by EFW, but
23 the disparity was smaller in the lower quantiles of the distribution (3.5%) and larger
24 in the upper quantiles (4.5%). Maternal age and maternal height were associated

with a positive effect on EFW particularly in the lower tail of the distribution of the order of 2% to 3% for each additional 10 years of age of the mother and 1% to 2% for each additional 10 cm of height, respectively. Maternal weight was associated with a small positive effect on EFW especially in the higher tail of the distribution, of the order of 1.0% to 1.5% for each additional 10 kg bodyweight of the mother. Parous women had heavier fetuses than nulliparous women, the disparity being greater in the lower quantiles of the distribution, of the order of 1% to 1.5%, and diminishing in the upper quantiles. There were also significant differences in growth of EFW between countries. In spite of the multinational nature of the study, the sample size is a limiting factor for generalization of the charts.

Conclusions

This study provides WHO fetal growth charts for EFW and common ultrasound biometric measurements, and shows variation between different parts of the world.

Author Summary

Why Was This Study Done?

- Small size at birth is associated with perinatal mortality, child morbidity and adult health risks, all major global health challenges prioritized by the World Health Organization.
- Ultrasound estimation of fetal weight before birth is today very widely used in clinical practice and, while essential for the identification and management

of high risk pregnancies, the current reference ranges used worldwide are largely based on single populations from few high-income countries and therefore of uncertain general applicability.

- WHO therefore requested new fetal growth charts based on multiple populations to be made available for general use, and at the same time provide a foundation for the growing initiative to prevent non-communicable diseases and promote a healthy life course starting before birth.

What Did the Researchers Do and Find?

- 1387 healthy women with low-risk pregnancies and unconstrained nutritional and social background from 10 countries in Africa, Asia, Europe and South-America were included in a longitudinal study of fetal growth.
- During pregnancy, repeated ultrasound measurements were used to establish international fetal growth charts for head and abdominal circumference, length of the thigh bone, and fetal weight, estimated using a combination of the three measurements.
- Fetal growth showed considerable natural variation, differing significantly between countries. Growth was to a small extent influenced by maternal age, height, weight and parity, and by fetal sex.
- Similarly, birthweight varied significantly between countries, even after adjustment for differences in the length of pregnancy.

What Do These Findings Mean?

- 1 ➤ We suggest that these WHO charts for growth in estimated fetal weight are
2 more suitable for international use than those commonly applied today.
3 However, the differences between countries, with maternal factors and
4 with fetal sex mean that these growth charts may need to be adjusted for
5 local clinical use to increase their diagnostic and predictive performance.
- 6 ➤ The considerable variation in fetal growth and birthweight which occurs
7 even under optimal conditions, and which is not explicable in terms of
8 maternal and population factors, may suggest, first, that such natural
9 variation in offspring size is a collective adaptive strategy that has proved
10 extremely successful from an evolutionary point of view; and secondly, that
11 major determinants of variation in human development before birth are still
12 to be determined.
- 13 ➤ Although the present study encompasses 10 countries, it still only represents
14 a small selection when the substantial anthropometric variations existing
15 even within continents are taken into account.

16

17

18 **Keywords:** WHO; fetal growth; ultrasound; estimated fetal weight; birth weight

19

1 Introduction

2

3 Global mortality for infants under age 5 years halved from 90 to 43 deaths per 1,000
4 live births between 1990 and 2015. This is the result of a tremendous global effort to
5 achieve the UN Millennium Development Goals [1] and the UN Secretary-General's
6 Every Woman Every Child initiative [2]. Neonatal mortality in the first 28 days
7 declined (by 47%) from 5 to 2.6 million deaths annually over this period.
8 Unfortunately inequality between countries persists, with 98% of neonatal deaths
9 occurring in low- or middle-income countries [3]. Importantly, more than 60% of
10 such deaths are associated with low birthweight due to intrauterine growth
11 restriction or preterm birth or both [4,5]. Ultrasound imaging has become an
12 essential tool for assuring correct gestational age and fetal size assessment,
13 increasingly so even in societies with restricted resources. Correspondingly,
14 evidence is emerging at population level that use of ultrasound biometry increases
15 the rate of detection of fetal growth restriction and the identification of those at
16 increased risk of neonatal morbidity [6].

17

18 Birthweight, closely linked to fetal growth, is also a marker of risks for non-
19 communicable diseases in adult life with cardiovascular diseases, type II diabetes
20 and obesity being the most prominent [7,8]. Whilst the birthweight gradient across
21 the entire population reflects the distribution of degrees of such risk, it is
22 increasingly evident that it is the developing physiology associated with fetal growth
23 rather than birthweight *per se* that conditions cardiovascular, metabolic, endocrine

1 and neural functions for the life course, and thus long-term health and disease risks
2 [9]. For this reason, fetal growth data and aspects of intra-uterine development need
3 to be included as an important part of an “early life NCD prevention” initiative, as
4 this targets the time when the effect of an intervention is greatest [10].

5

6 A meeting of experts convened by the WHO in 2002 reviewed current knowledge on
7 birthweight as health outcome and identified a need for research to develop fetal
8 growth charts for international use [11]. In 2006, WHO published multicenter WHO
9 Child Growth Standards [12] using a prescriptive concept that assumes that, under
10 optimal socioeconomic and nutritional conditions all children follow one growth
11 standard, regardless of ethnic background. Some support for this concept was drawn
12 from previous studies [13,14]. Although widely adopted, the applicability of these
13 child growth standards has been questioned on the grounds of lack of fit to some
14 populations [15,16] especially for the head circumference standards [17].

15

16 Recently a large multicenter study, Intergrowth-21st [18], applied the same concept
17 and approach to fetal growth. The study presented growth standards using
18 ultrasound biometric measurements although not estimated fetal weight (EFW) even
19 though this is the single most widely used clinical assessment of fetal growth to day.
20 On the other hand, another large recent study, the NICHD Fetal Growth Studies,
21 showed significant differences with ethnicity, and established ethnic-specific growth
22 charts [19]. This contradicts the prescriptive concept that one standard fits all. The
23 study was however restricted to four self-reported ethnic groups of Asian, Hispanic,

1 black and white women in the USA.

2

3 The present study is “the fetal component” of the WHO Multicentre Growth
4 Reference Study, which aimed to establish growth charts for clinical use based on
5 populations recruited from multiple countries [20].

6

7 **Methods**

8 **Design**

9 This was a multi-national observational study approved by WHO Research Project
10 Review Panel (RP2) and WHO Research Ethics Review Committee, and secondly
11 approved by the national or local ethics review committee for each study center, and
12 correspondingly carried out according to the Helsinki declaration on ethical
13 principles for medical research in humans [20,21]. All women had been recruited
14 specifically for this study, gave written informed consent at inclusion, and otherwise
15 followed their conventional antenatal care program separately from study sessions.
16 The study measurements were revealed to the clinician when the information was
17 thought to be of importance for the management of the pregnancy. The study
18 protocol was published previously [20], so here we present a condensed account of
19 the methods. The study selected participating centers from a range of ethnic and
20 geographical settings, and intended to recruit 1400 participants. The sample size
21 calculation procedure was published previously [20].

22 **Setting**

1 The following centers participated in the study based on the proficient use of
2 ultrasonography: Argentina: Centro Rosarino de Estudios Perinatales, Rosario; Brazil:
3 University of Campinas, Campinas; Democratic Republic of Congo: University of
4 Kinshasa, Kinshasa; Denmark: Copenhagen University, Rigshospitalet, Copenhagen;
5 Egypt: Assiut University, Assiut; France: Hôpital Antoine Béchère, Paris; Germany:
6 University Medical Center, Hamburg; India: All India Institute of Medical Sciences,
7 New Delhi; Norway: Haukeland University Hospital, Bergen; and Thailand: Khon Kaen
8 University, Khon Kaen.

9

10 **Participants**

11 Participants without known health, environmental, and/or socio-economic
12 constraints, were invited to participate in the study. Further inclusion criteria were
13 used: living at an altitude lower than 1,500 m and near the study area (intended to
14 promote compliance for the duration of the study and any possible follow-up
15 studies); age ≥ 18 years and ≤ 40 years; BMI 18–30 kg/m²; singleton pregnancy;
16 gestational age at entry between gestational week 8 + 0d and 12 + 6d according to
17 reliable information on last menstrual period and confirmed by ultrasound
18 measurement of the fetal crown-rump length; no history of chronic health problems;
19 no long-term medication (including fertility treatment), no environmental or
20 economic constraints likely to impede fetal growth; not smoking currently or in the
21 previous 6 months; no history of recurrent miscarriages; no previous pre-term
22 delivery (<37 weeks) or birth weight <2,500 g; no evidence in the present pregnancy
23 of congenital disease or fetal anomaly at study entry. Fetal anomalies detected
24 during pregnancy or at birth were noted and verified postnatally. Pregnancies in

1 which small-for-gestation age fetuses were observed or intrauterine growth
2 restriction was suspected were also noted. All mothers recruited were followed-up
3 until the end of the study apart from those withdrawing consent.

4

5 **Study procedures**

6 Women in the first trimester (before week 12 + 6d of gestation) attending antenatal
7 care clinics were approached by members of the study team and asked to
8 participate. They were informed about the study objectives and procedures. Those
9 who signed the consent form were enrolled in the study. After the ultrasound scan
10 to assess agreement between gestational age based on LMP and that based on
11 crown-rump length, they were scheduled for fetal biometry scans at monthly
12 intervals.

13 All infants had an anthropometric assessment after delivery, including measurement
14 of birth weight. All pregnant women in the study were asked for a 24-hour dietary
15 recall at entry into the study (and at 28 and 36 weeks of gestation) [22]. Clinically
16 relevant conditions (e.g. hypertension, preeclampsia and diabetes) occurring during
17 pregnancy and childbirth were noted. Otherwise no further procedures were added
18 to routine antenatal care provided at the study centers.

19

20 **Gestational age assessment**

21 Gestational age was confirmed by measuring the crown-rump length between
22 gestational week 8 +0d and 12 +6d based on last menstrual period and recorded as
23 the average of three measurements. To acquire the crown-rump length, the midline
24 sagittal section of the whole fetus was visualized with the fetus horizontal on the

1 screen at 90 degrees to the angle of insonation. Gestational age was assessed by
2 using the reference charts published by Robinson and Fleming [23]. The woman was
3 eligible for the study provided that gestational age by crown-rump length confirmed
4 last menstrual period based age within 7 days. The last menstrual period -based age
5 was used for the analyses.

6

7 **Ultrasound measurements**

8 The first visit (dating scan) was between 8 + 0 and 12 + 6 weeks, and subsequent
9 visits for fetal biometry were scheduled at approximately 4 weekly (± 1 week)
10 intervals at 14, 18, 24, 28, 32, 36, and 40 weeks. All scanning appointments were
11 arranged at the time of the dating scan and study enrolment. All participants were
12 scanned in the lateral recumbent position.

13

14 The compulsory ultrasound measurements obtained at all visits included the
15 following biometric parameters: biparietal diameter (BPD), head circumference (HC),
16 abdominal circumference (AC), femur length (FL), and humerus length (HL). At each
17 examination, all measurements were obtained three times from three separately
18 generated ultrasound images and uploaded electronically (with the associated
19 images) to the data management system. The median of the three measurements of
20 each parameter was used in the analyses.

21

22 In addition, a full morphological evaluation (anomaly scan) was conducted at 18–24
23 weeks following standard practice at each center. Fetuses diagnosed with any
24 anomaly were managed according to local clinical guidelines. Their ultrasound

1 measurements were included in the study and the possible effect on the percentiles
2 derived was evaluated. The following measurement techniques were used: BPD was
3 measured as the outer-inner distance of the parietal bones in a cross-sectional view
4 of the fetal head at the level of the thalami and cavum septi pellucidi or cerebral
5 peduncles. The cerebellum was not included in the section. The measurement was
6 obtained from an image with the midline echo as close as possible to the horizontal
7 plane, 90 degrees to the ultrasound beam; HC was obtained from the same image as
8 BPD as follows: calipers were placed on the outer borders of the occipital and frontal
9 edges of the bone at the point of the midline of the skull and the ellipse facility being
10 used to follow the outer perimeter of the skull to calculate HC; AC was measured in
11 the transverse section of the fetal abdomen which was as close as possible to
12 circular and including the stomach and the junction of the umbilical vein and portal
13 sinus. The anterior-posterior and transverse diameters were then measured with
14 calipers placed on the outer borders of the body outline. The antero-posterior
15 diameter was measured from the spine to the anterior abdominal wall, and the
16 transverse diameter at a right angle to the antero-posterior diameter. The ellipse
17 facility was used to calculate AC as outlined above; FL was measured from an image
18 of the full femoral shaft in a plane close to 90 degrees to the ultrasound beam. The
19 distal femoral epiphysis was excluded. Similarly, HL was measured from an image of
20 the full humeral shaft in a plane close to 90 degrees to the ultrasound beam.

21

22 The participating centers used identical ultrasound machines during the project
23 (Voluson Expert E8, General Electric Systems, Kretz Ultrasound, Zipf, Austria) equipped
24 with two curvilinear transabdominal transducers (4-8 MHz and 1-5 MHz) and a

transvaginal transducer (6-12 MHz) observing that the energy output was set so that Thermal Index (TI) was <1.0 . The TI was automatically recorded and transmitted to the web-based data management system by the ultrasound machine.

Measurement results were stored electronically with the images together with all information collected from the mother and the perinatal outcomes. EFW was calculated by including HC, AC and FL in Hadlock et al.'s third formula [24]. To facilitate assessment of the relative fetal head size and growth, the ratios HC/FL and BPD/FL were established.

Training and quality assurance

The choice of participating centers had been based on their proficient use of ultrasound by experienced sonographers. The sonographers participating in the study received specific training for the study and were certified as proficient under the supervision of a qualified instructor, according to a standard protocol. All the ultrasound operators had their scans assessed for quality during their early period in the project. Instruments and techniques used in all centers were standardized, i.e. equipment and training was provided to each of the measurement teams.

Maternal anthropometric and nutritional assessment, and birthweight

Weight wearing light clothing was measured using a beam balance with non-detachable weights and recorded to the nearest 0.1 kg. Height of the mother was measured in the standing position using a stadiometer and recorded to the nearest millimeter. If the reading fell between two values, the lower was recorded.

1

2 The 24-hour diet recall assessment was carried out by a specifically trained
3 nutritionist or nurse who asked the study participant about food and beverages
4 consumed during the previous 24-hours [22]. Further details are available elsewhere
5 [20]. Birthweight was assessed at delivery and neonatal morphometry carried out
6 within 24 hours according to the protocol [20].

7

8 **Data management**

9 Data were collected via a web-based data management system developed by Centro
10 Rosarino de Estudios Perinatales, Rosario, Argentina. All data (clinical,
11 anthropometric, nutritional and fetal biometry measurements plus 2D/3D images)
12 were stored in a central GCP compliant server. Data transmission was encrypted to
13 assure data integrity and patient confidentiality. Access to the web system was
14 password protected and only authorized users had access. Data changes were
15 documented by a complete audit trail record kept automatically by the web system
16 (recording when, by whom and why data were changed). Data entered into the web
17 system were checked by the coordinating unit at Centro Rosarino de Estudios
18 Perinatales, Rosario, Argentina for completeness, accuracy, reliability and consistent
19 intended performance. Different kinds of validation procedures were carried out
20 (checking missing values and outliers, cross-checks, cross-time verifications among
21 scanning appointments and protocol compliance). Measurements and 2D/3D images
22 corresponding to fetal biometry had special processing. In collaboration with General
23 Electric Healthcare, Germany, ViewPoint software was installed at all participating
24 centers, allowing a standard interface/procedure for scans and an automatic transfer

1 of fetal biometry measurements/images to the web-based system. Thus, all fetal
2 biometry measurements considered by the protocol were automatically transferred
3 instead of being entered manually (except for D. R. Congo; there a complete
4 checking of values was done by the comparison of images and values entered into
5 the web-based system). The above mentioned web-based system and procedures
6 have been used in 5 previous HRP/WHO multi-center studies and proven to be
7 efficient and compliant with the HRP/WHO Standard Operating Procedures as well as
8 with the 21 CFR Part 11 of the Code of Federal Regulations that deals with the
9 United States Food and Drug Administration (FDA) guidelines on electronic records.

10

11 **Adjustments of analyses compared with the protocol, and justifications**

12 Compared with the original protocol [20] the following aspects of the study were
13 adjusted. A reliable information on LMP (confirmed by a measurement of the crown-
14 rump length) rather than the ultrasound measured crown-rump length alone was
15 used as basis for gestational age calculation for the following reasons: there is no
16 evidence that ultrasound dating more accurately determines gestational age than a
17 reliable LMP confirmed by crown-rump length; reliable LMP is the basis for
18 establishing crown-rump length charts for dating; crown-rump length dating
19 translates natural variation of size into variation of gestational age which is not
20 desirable for a study of growth; LMP, not crown-rump length, is the accessible low-
21 cost method for gestational age assessment for all women in the world, and for the
22 low income areas usually the only one.

23

1 The sample size calculation was based on the assumption of normality for the
2 distribution of ultrasound measurements. However, we used quantile regression
3 which calculates quantiles (i.e. percentiles) directly from the observed
4 measurements without making assumptions about the distribution.

5

6 Maternal and fetal conditions occurring during pregnancy were not excluded from
7 the analysis. The rationale for this was that the reference intervals of this study were
8 intended primarily for clinical use and therefore should reflect the population for
9 which they were intended as closely as possible. Pregnancy conditions (e.g.
10 complications) that the study population experienced are those common to low-risk
11 pregnancies around the world. Likewise, excluding all neonates below 10th
12 percentiles of birthweight, as suggested in the protocol [20], would by definition
13 remove the 10% of the participants at the lower range (the vast majority being
14 healthy in this low-risk cohort) and cause a corresponding distortion of the new
15 growth charts, i.e. a substantial upward shift of all the lowest percentiles (10, 5, 2.5
16 and 1) in the direction of super-normal.

17

18 Given the plethora of measurements, we prioritized clinical usefulness in the
19 analyses and results for the present publication (e.g. EFW and common biometric
20 measurements) and left the following for secondary studies and publications:
21 transverse cerebellar diameter, fetal foot length, 3D ultrasound acquisitions,
22 maternal anthropometric measurements except height and weight, second and third
23 set of dietary 24-hour-recall data, and newborn anthropometric data except
24 birthweight.

1

2 **Data analysis and statistical methods**

3 Descriptive statistics were calculated for the women's characteristics at study entry,
4 for mode of delivery, for birth events and for fetal, neonatal and maternal
5 conditions, by country and overall. Protocol compliance was evaluated by comparing
6 the dates in the windows of gestational age defined in the protocol with the dates of
7 actual measurements.

8

9 The ultrasound measurements were used to estimate reference curves for individual
10 parameters (BPD, HC, AC, FL, HL, FL/HC, FL/BPD) and EFW based on Hadlock's
11 formula 3 [23]. Reference curves were fitted using quantile regression for reference
12 models, as described by Wei et al [25] from the work of Koenker [26,27].

13

14 The development of reference curves has up to now in general used parametric
15 models, based on assumptions about distribution and on transformation of the
16 observations to normal distributions. Advances brought by computer power and by
17 the work of Koenker and others have made it possible to estimate the distributions
18 directly using estimating their quantiles. Quantile regression is now a well-
19 established technique [26,27] and statistical software is available to fit quantile
20 regression models. It fits a function to each chosen quantile, by using linear
21 programming and has the advantage of not imposing any distributional assumption.
22 The asymmetry and kurtosis of the fitted distributions may thus assume any form
23 dictated by the data, even changing with gestational age. In addition, quantile

1 regression is more robust against the influence of outliers in the data. The flexibility
2 of the fitting and the fact that any inference drawn is entirely data-driven led us to
3 choose quantile regression as the method for the construction of reference curves.

4

5 The estimated quantiles were smoothed by polynomial functions of gestational age.
6 Full models fitted a polynomial on gestational age for each country, by including
7 interaction terms between gestational age polynomial and country. Additive terms
8 were included for other covariates.

9

10 The models were checked by the residual analysis produced by the software.
11 Hypotheses on the overall importance of the covariates were formally tested using
12 likelihood ratio or Wald tests. In addition, visual inspection of quantile profilers was
13 used to assess the relevance of each covariate in explaining the variation. To
14 compare the distribution of the different countries with the overall distribution we
15 used quantile-quantile plots. We calculated 95% confidence intervals for the
16 difference between countries EFW percentiles and those global, for particular
17 gestational ages, using the result that the parameter estimates from quantile
18 regression are asymptotically normally distributed [28].

19

20 Logarithms of the ultrasound parameters and EFW were used for the fitting. This was
21 done only to achieve better numerical accuracy and faster convergence of the fitting
22 algorithm. After the fitting, the results were re-transformed to the original scale. To
23 describe growth asymmetry, we used the Bowley coefficient of asymmetry [29],

1 based on differences of semi-quartiles ranges, relative to the quartile range, for the
2 gestational ages 15 and 40 weeks.

3 Data were analyzed in SAS Software version 9.4 (SAS Institute Inc., Cary, NC, USA,
4 2002-2010) and JMP Pro 12 (SAS Institute Inc., Cary, NC, USA, 2015).

5

6 Results

7

8 Participants

9 A total of 1439 women were enrolled between October 2009 and September 2014,
10 data collection being completed with the last childbirth in April 2015. From these 52
11 (3.6%) withdrew consent leaving 1387 women and their fetuses participating in the
12 study. Table 1 shows numbers of women recruited, women withdrawing consent,
13 those lost to follow-up and those having miscarriages or intrauterine deaths, by
14 country. Among women lost to follow-up and with miscarriages or intrauterine
15 deaths, 10 and 15 respectively did not contribute ultrasound information. All women
16 other than those withdrawing consent were included in the growth curve analyses if
17 they contributed with ultrasound information, the number in this analysis being
18 1362.

19

20

21

Table 1. Number of women admitted to the study by country, withdrawals and discontinuations

Country		Excluded		Discontinuation			
		Consent withdrawal		Lost to follow-up		Abortion/Intrauterine death*	
		n	%	n	%	n	%
Argentina	143	0	0.0	2	1.4	1	0.7
Brazil	157	4	2.5	2	1.3	3	1.9
Congo	157	15	9.6	6	3.8	10	6.4
Denmark	142	2	1.4	3	2.1	1	0.7
Egypt	180	25	13.9	11	6.1	9	5.0
France	109	1	0.9	9	8.3	2	1.8
Germany	141	0	0.0	2	1.4	0	0.0
India	146	0	0.0	7	4.8	3	2.1
Norway	140	2	1.4	1	0.7	1	0.7
Thailand	124	3	2.4	3	2.4	4	3.2
Total	1439	52	3.6	46	3.2	34	2.4

*2 medical abortions, 29 miscarriages and 3 intrauterine deaths

Population characteristics

Statistics for participating women's characteristics, their daily caloric intake and ethnicity are presented in Table 2. Median age at study entry was 28 years but varied between 24 (Argentina and Egypt) and 32 years (France). Median maternal stature (in cm) ranged from 155 (India) to 169 cm (Germany), and weight from 54 (Thailand) to 66 kg (Germany). While overall median BMI was 23.1, the median ranged from 21.6 in Thailand to 25.9 in Egypt. Median daily caloric intake in the study group was 1,848 calories according to the 24-hours dietary recall assessment with Thailand having 1,232 and Egypt 2,094 calories. The ethnic distribution of the study group was roughly 20% African (including the peri-Mediterranean Egypt), 20% Asian, and 60% Caucasian.

1 **Table 2. Characteristics of the participating women by country at study entry**

Characteristic of women		Argentina N=143	Brazil N=153	Congo N=142	Denmark N=140	Egypt N=155	France N=108	Germany N=141	India N=146	Norway N=138	Thailand N=121	Total N=1387
Age (yrs)	Missing	0	0	0	0	0	0	0	0	0	0	0
	Q1	20.0	27.0	24.0	28.0	22.0	28.0	28.0	25.0	26.0	26.0	25.0
	Median	24.0	30.0	27.0	30.0	24.0	31.5	31.0	27.0	28.0	29.0	28.0
	Q3	28.0	33.0	31.0	32.5	28.0	34.0	33.0	30.0	30.0	32.0	31.0
Weight (kg)	Missing	0	0	0	1	8	0	0	0	1	1	11
	Q1	52.0	57.0	53.0	58.0	57.0	57.0	60.0	50.0	59.0	50.0	55.0
	Median	58.0	63.0	60.0	62.0	65.0	62.5	66.0	57.0	63.0	54.0	61.0
	Q3	64.0	69.0	66.0	67.0	75.0	68.5	72.0	62.0	71.0	59.5	68.0
Height (cm)	Missing	0	0	0	1	8	0	0	0	1	1	11
	Q1	153.0	160.0	157.0	164.0	155.0	162.0	165.0	152.0	165.0	155.0	157.0
	Median	157.0	163.0	162.0	168.0	159.0	165.0	169.0	155.0	168.0	157.0	163.0
	Q3	162.0	167.0	165.0	171.0	163.0	170.0	174.0	160.0	173.0	161.0	168.0
BMI	Missing	0	0	0	1	8	0	0	0	1	1	11
	Q1	21.2	21.6	20.8	20.8	23.5	21.1	21.1	20.0	20.5	20.0	21.0
	Median	23.3	23.5	22.9	22.2	25.9	22.9	23.2	23.0	22.2	21.6	23.1
	Q3	26.3	25.8	25.6	24.1	29.0	24.5	24.9	25.3	24.9	23.9	25.4
Total calories 24-hour dietary recall	Missing	0	0	0	0	4	10	0	28	1	6	49
	Q1	1666	1441	1460	1584	1747	1489	1674	1514	1558	1004	1487
	Median	1928	1709	2063	1820	2094	1736	1978	1831	1890	1232	1848
	Q3	2189	2148	2605	2053	2525	2053	2285	2194	2314	1534	2222
Ethnicity n(%)	Caucasian	143(100.0)	146(95.4)	0(0.0)	140(100.0)	0(0.0)	100(92.6)	136(96.5)	0(0.0)	137(99.3)	0(0.0)	802(57.8)
	Asian	0(0.0)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	2(1.4)	146(100.0)	1(0.7)	121(100.0)	270(19.5)
	African	0(0.0)	7(4.6)	142(100.0)	0(0.0)	133(85.8)	8(7.4)	3(2.1)	0(0.0)	0(0.0)	0(0.0)	293(21.1)
	Other	0(0.0)	0(0.0)	0(0.0)	0(0.0)	22(14.2)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	22(1.6)
Parity (Nulliparous n)	N	137	153	142	139	57	108	141	138	138	121	1274
	Missing	6	0	0	1	98	0	0	8	67	0	113
	n (%)	64 (46.7)	108 (70.6)	51 (35.9)	86 (61.9)	21 (36.8)	51 (47.2)	104 (73.8)	115 (83.3)	115 (83.3)	72 (59.5)	739 (58.0)

1 **Perinatal outcomes**

2 Table 3 shows delivery information. The overall spontaneous onset of birth was
3 67.3%, with wide ranges: 28.5% in Brazil to 94.5% in D. R. Congo. There was an
4 overall caesarean section rate of 32.1% with a considerable range from 5.5% in D.R.
5 Congo to 70.1% in Brazil. The occurrence of Apgar score <7 at 5 minutes was similar
6 in all countries, i.e. 0-2.2%. Most of the countries had a similar distribution between
7 female and male neonates except for Egypt, Germany and Norway where female
8 neonates were about 40%. The incidence of preterm births varied from 3.6% in
9 Germany to 14.7% in Egypt ($p=0.03$ for differences among countries). It was lowest
10 in D.R. Congo, Denmark, Germany and Norway and highest in Egypt and India.

11

1 **Table 3. Mode of delivery, gestational age at birth and outcomes**

Characteristic		Argentina N=140	Brazil N=150	Congo N=127	Denmark N=137	Egypt N=140	France N=97	Germany N=139	India N=139	Norway N=136	Thailand N=114	All N=1319
Neonatal sex (females)	N	140	148	127	136	132	97	139	137	131	112	1299
	n (%)	68 (48.6)	70 (47.3)	67 (52.8)	75 (55.1)	54 (40.9)	45 (46.4)	56 (40.3)	67 (48.9)	52 (39.7)	54 (48.2)	608 (46.8)
Apgar < 7 at 5 minutes	N	140	147	127	135	136	97	139	138	136	113	1308
	n (%)	1 (0.7)	1 (0.7)	1 (0.8)	1 (0.7)	3 (2.2)	0 (0.0)	1 (0.7)	1 (0.7)	2 (1.5)	0 (0.0)	11 (0.8)
Preterm (gestational age<37 weeks)	N	140	148	127	137	136	97	139	138	136	114	1312
	n (%)	12 (8.6)	11 (7.4)	6 (4.7)	8 (5.8)	20 (14.7)	7 (7.2)	5 (3.6)	15 (10.9)	6 (4.4)	9 (7.9)	99 (7.5)
Birthweight (g)	N	140	148	127	136	117	97	139	137	136	113	1290
	Q1	2990	2910	2850	3133	3000	2965	3100	2656	3348	2980	2980
	Median	3328	3290	3170	3462	3100	3370	3480	2975	3575	3130	3300
	Q3	3620	3608	3500	3790	3500	3600	3820	3200	3900	3400	3615
Gestational age (days)	N	140	148	127	137	139	97	139	138	136	114	1315
	Q1	270	268	270	272	262	273	273	265	276	267	269
	Median	276	273	277	282	271	279	279	270	283	271	276
	Q3	281	278	283	287	280	284	285	277	288	278	282
Mode of delivery n (%)	Spontaneous	91(67.9)	41(28.5)	120(94.5)	105(83.3)	64(45.7)	80(85.1)	82(73.2)	84(64.1)	113(91.1)	58(50.9)	838(67.3)
	Intrapartum CS	30(22.4)	33(22.9)	6(4.7)	7(5.6)	16(11.4)	8(8.5)	24(21.4)	20(15.3)	9(7.3)	26(22.8)	179(14.4)
	Elective CS	13(9.7)	68(47.2)	1(0.8)	13(10.3)	54(38.6)	6(6.4)	6(5.4)	27(20.6)	2(1.6)	30(26.3)	220(17.7)
	Vacuum	0(0.0)	0(0.0)	0(0.0)	11(8.7)	0(0.0)	0(0.0)	25(22.3)	5(3.8)	1(0.8)	0(0.0)	42(3.4)
	Forceps	6(4.5)	6(4.2)	0(0.0)	0(0.0)	0(0.0)	3(3.2)	2(1.8)	3(2.3)	11(8.9)	0(0.0)	31(2.5)
	Unknown	0(0.0)	2(1.4)	0(0.0)	1(0.8)	6(4.3)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	9(0.7)

CS=caesarean section; Q1=first quartile; Q3=third quartile

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Gestational age at birth and birthweight

Gestational age at birth varied between countries from a median of 38 weeks 4 days in India to 40 weeks 3 days in Norway ($p<0.0001$ for differences among countries) (Table 3). Norway had the highest median birth weight (3575g) and Denmark and Germany approximately 100g less, while Argentina, Brazil and France had 200g less. There is a group of countries (Congo, Egypt and Thailand) with a median of 400g less than Norway and lastly India with 500g less. The differences in birthweight between countries were highly significant for all percentiles ($p<0.0001$ for all). When adjusting for gestational age, the differences were still significant for all the percentiles ($p=0.0018$ for the 5th percentile, and $p<0.0001$ for the 10th, 25th, 50th, 75th, 90th and 95th percentiles). The estimated birthweight according to neonatal sex and gestational age is shown in Table 4.

1 **Table 4. Estimated birthweight percentiles for female and male neonates according to completed gestational week**

Birthweight (g)	Female						Male					
Percentile	Gestational age (weeks)						Gestational age (weeks)					
	37	38	39	40	41	42	37	38	39	40	41	42
5	1968	2315	2575	2748	2835	2834	2062	2451	2723	2880	2921	2845
25	2493	2698	2891	3072	3241	3398	2705	2890	3061	3218	3362	3491
50	2786	2990	3173	3336	3479	3601	2919	3153	3354	3519	3650	3747
75	2951	3217	3443	3631	3779	3888	3143	3387	3608	3806	3982	4134
90	3181	3451	3682	3871	4021	4130	3450	3666	3871	4067	4253	4428
95	3238	3593	3867	4060	4171	4200	3584	3813	4036	4251	4459	4659

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1 **Maternal complications and perinatal conditions**

2 Conditions occurring in the mother during pregnancy are shown in Table 5 together
3 with fetal malformations and neonatal conditions. In addition to the globally
4 experienced maternal complications such as preeclampsia and pregnancy induced
5 hypertension, gestational diabetes and anemia, 42 had identified malaria. There was
6 no maternal death. Four small-for-gestational-age fetuses were identified clinically,
7 two were examined using Doppler ultrasound, but none had abnormal recordings in
8 the umbilical artery or middle cerebral artery, and all were kept in the analysis.

9 Neonates were registered when they needed transmission to the neonatal intensive
10 care unit, commonly due to prematurity, respiratory distress syndrome, infections or
11 jaundice. There were three intrauterine deaths and three neonatal deaths
12 representing a perinatal mortality of 4‰.

13

1 **Table 5. Maternal complications, fetal malformations and neonatal conditions by country**

Conditions		Argentina N=143	Brazil N=153	Congo N=142	Denmark N=140	Egypt N=155	France N=108	Germany N=141	India N=146	Norway N=138	Thailand N=121	All N=1387
Fetal malformation[§]	n (%)	4 (2.8)	0 (0.0)	0 (0.0)	0 (0.0)	1 (0.6)	1 (0.9)	1 (0.7)	0 (0.0)	1 (0.7)	0 (0.0)	8 (0.6)
Neonatal conditions	n (%)	19 (13.3)	12 (7.8)	7 (4.9)	10 (7.1)	4 (2.6)	2 (1.9)	9 (6.4)	8 (5.5)	3 (2.2)	9 (7.4)	83 (6.0)
Maternal complications*	n (%)	24 (16.8)	10 (6.5)	42 (29.6)	4 (2.9)	3 (1.9)	8 (7.4)	7 (5.0)	23 (15.8)	6 (4.3)	10 (8.3)	137 (9.9)

2 [§] One malformation was discovered at birth, here counted as fetal malformation. Sacrococcygeal cyst (2), Jarcho-Levin syndrome (1), clubfoot (1), polycystic kidneys (1), cardiac malformations (3), abdominal cyst (1).

3 * Preeclampsia (22), hypertension (16), gestational diabetes (32), malaria (42), anemia (19) and others (16); some participants had more than one diagnosis.

4

1 **Compliance with ultrasound scans**

2 The median number of ultrasound scans (excluding the screening scans) in all women
3 was 6.0 (range 0–7; lower quartile 5.0; upper quartile 6.0). Compliance by gestational
4 age window as defined in the protocol is presented in Supporting Information (Table
5 in S1 Table), by country and for all countries combined ('Total'). Compliance for the
6 total in each gestational age window was between 89.1% and 100%. 72% of the
7 participants had complete sets of all the scheduled scans. In addition, for BPD, HC, AC,
8 FL and HL, at least 98 % of the scans were obtained ≥ 2 times.

9 **Thermal index (TI)**

10 The 8,372 scan sessions in the project had median TI 0.2, and none had $TI \geq 1.0$.

11 **Reference intervals for biometric parameters and estimated fetal weight**

12 Fig 1 presents the overall growth curves for BPD, HC, AC, FL, HL and EFW, and for the
13 ratios FL/HC and FL/BPD based on quantile regression. The corresponding reference
14 values are shown in Tables 6-13 and in csv format in S1 File.

15

16 **Fig 1. Percentiles for fetal biparietal (outer-inner) diameter, head**
17 **circumference, abdominal circumference, femur length, humerus length,**
18 **estimated fetal weight, fetal femur length/head circumference ratio and**
19 **femur length/biparietal diameter ratio during 14-40 weeks of gestation**

20 The percentiles (%) 1st, 5th, 10th, 50th, 90th, 95th, and 99th (smoothed lines) are
21 based on quantile regression and shown with the observed values (grey dots).

22

23

1 **Table 6. Growth chart for fetal outer-inner biparietal diameter (BPD)**

2

BPD (mm)	Percentile								
	2.5	5	10	25	50	75	90	95	97.5
Gestational Age (weeks)									
14	23	24	24	26	27	28	29	30	31
15	26	27	27	29	30	31	32	33	34
16	29	30	30	32	33	35	36	37	38
17	32	33	33	35	36	38	39	40	41
18	35	36	37	38	40	41	43	44	45
19	38	39	40	42	43	45	46	47	48
20	41	42	43	45	47	48	50	51	52
21	44	45	46	48	50	52	53	54	55
22	47	48	50	51	53	55	57	58	59
23	50	52	53	55	57	59	60	61	62
24	53	55	56	58	60	62	64	65	66
25	56	58	59	61	63	65	67	68	69
26	59	60	62	64	66	68	70	71	72
27	62	63	65	67	69	71	73	74	75
28	64	66	67	69	72	74	76	77	78
29	67	68	70	72	74	76	78	80	81
30	69	71	72	74	77	79	81	82	83
31	71	73	74	76	79	81	83	85	86
32	73	75	76	79	81	83	86	87	88
33	75	77	78	81	83	86	88	89	90
34	77	79	80	83	85	88	90	91	92
35	79	80	82	84	87	89	92	93	94
36	80	82	84	86	89	91	93	95	96
37	82	84	85	88	90	93	95	96	97
38	84	85	87	90	92	95	97	98	99
39	85	87	89	92	94	96	99	100	101
40	87	88	90	93	96	98	100	101	102

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1 **Table 7. Growth chart for fetal head circumference (HC)**

2

HC (mm)	Percentile								
	2.5	5	10	25	50	75	90	95	97.5
Gestational Age (weeks)									
14	86	88	91	95	100	104	107	110	112
15	97	99	102	106	111	115	119	122	124
16	108	111	114	118	123	128	132	134	137
17	120	123	126	130	135	140	144	147	149
18	132	135	138	143	148	153	157	160	162
19	145	147	150	155	161	166	170	173	175
20	157	159	163	168	173	179	183	186	188
21	169	172	175	180	186	191	196	199	201
22	181	184	187	193	198	204	209	212	214
23	193	196	199	205	210	216	221	224	227
24	204	207	211	216	222	228	233	236	239
25	215	218	222	227	233	239	245	248	251
26	225	228	232	238	244	250	256	259	262
27	234	238	242	248	254	261	267	270	273
28	243	247	251	257	264	270	277	280	283
29	251	256	260	266	273	280	286	290	293
30	259	264	268	274	281	288	295	299	302
31	266	271	275	282	289	296	303	307	311
32	273	278	282	289	296	304	311	315	318
33	279	284	289	295	303	311	318	322	326
34	285	290	295	302	309	317	324	328	332
35	291	296	300	307	315	323	330	335	338
36	296	301	306	313	321	329	336	340	344
37	302	306	311	318	326	334	341	345	349
38	307	311	315	324	332	339	347	350	354
39	313	316	320	329	337	344	352	355	359
40	319	321	325	334	342	350	357	360	363

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1 **Table 8. Growth chart for fetal abdominal circumference (AC)**

2

AC (mm)	Percentile								
	2.5	5	10	25	50	75	90	95	97.5
Gestational Age (weeks)									
14	69	71	73	77	81	86	89	92	95
15	79	81	83	87	92	96	100	103	106
16	89	91	93	98	103	108	112	115	118
17	99	102	104	109	114	119	124	127	130
18	110	113	116	121	126	131	136	139	142
19	121	124	127	132	138	143	148	152	155
20	132	136	139	144	150	155	161	164	167
21	143	147	150	156	162	168	173	177	180
22	154	159	162	167	173	180	186	189	193
23	165	170	173	179	185	192	198	202	205
24	176	181	184	190	197	203	210	214	217
25	186	191	195	201	208	215	222	226	229
26	196	201	205	212	219	226	233	238	241
27	206	211	215	222	230	237	245	249	253
28	215	220	225	232	240	248	256	260	264
29	224	229	234	242	250	258	266	271	276
30	233	238	243	251	260	269	277	282	287
31	241	246	252	260	269	279	287	292	298
32	249	254	260	269	279	288	298	303	308
33	257	262	269	278	288	298	308	313	319
34	265	270	277	287	298	308	318	324	330
35	273	279	286	297	307	318	329	335	342
36	282	287	294	306	317	329	340	346	353
37	290	296	304	316	328	340	352	358	365
38	299	306	313	326	338	351	364	371	378
39	309	316	324	337	350	363	377	384	392
40	319	327	335	349	363	377	391	399	406

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1 **Table 9. Growth chart for fetal femur length (FL)**

2

FL (mm)	Percentile								
	2.5	5	10	25	50	75	90	95	97.5
Gestational Age (weeks)									
14	10	10	11	12	13	14	15	16	17
15	12	13	14	15	16	17	18	19	20
16	15	16	17	18	19	20	22	22	23
17	19	19	20	21	22	24	25	26	26
18	22	22	23	24	26	27	28	29	30
19	25	26	26	28	29	30	31	32	33
20	28	29	30	31	32	33	35	35	36
21	31	32	33	34	35	36	38	38	39
22	34	35	35	37	38	39	40	41	42
23	36	37	38	39	41	42	43	44	45
24	39	40	41	42	43	45	46	47	47
25	41	42	43	44	46	47	48	49	50
26	43	44	45	46	48	49	51	51	52
27	46	46	47	49	50	52	53	54	55
28	48	48	49	51	52	54	55	56	57
29	50	50	51	53	54	56	57	58	59
30	51	52	53	55	56	58	60	60	61
31	53	54	55	57	59	60	62	63	64
32	55	56	57	59	61	62	64	65	66
33	57	58	60	61	63	65	66	67	68
34	59	60	61	63	65	67	68	69	70
35	61	62	63	65	67	69	70	71	73
36	63	64	65	67	69	70	72	73	75
37	65	66	67	68	70	72	74	75	76
38	66	67	68	70	72	74	75	77	78
39	67	68	69	70	73	75	76	78	79
40	68	68	69	70	73	75	77	78	79

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1 **Table 10. Growth chart for fetal humerus length (HL)**

2

HL (mm)	Percentile								
	2.5	5	10	25	50	75	90	95	97.5
Gestational Age (weeks)									
14	10	11	11	12	14	15	16	16	17
15	13	13	14	15	16	18	19	19	20
16	16	16	17	18	19	21	22	22	23
17	19	19	20	21	23	24	25	25	26
18	22	22	23	24	26	27	28	28	29
19	25	25	26	27	28	30	31	31	32
20	27	28	29	30	31	32	33	34	35
21	30	31	31	33	34	35	36	37	38
22	32	33	34	35	36	37	39	39	40
23	34	35	36	37	38	40	41	42	42
24	36	37	38	39	41	42	43	44	45
25	38	39	40	41	42	44	45	46	47
26	40	41	42	43	44	46	47	48	49
27	42	43	43	45	46	47	49	50	51
28	43	44	45	46	48	49	51	52	52
29	45	46	47	48	49	51	52	53	54
30	46	47	48	50	51	53	54	55	56
31	48	49	50	51	53	54	56	57	58
32	49	50	51	53	54	56	57	59	59
33	51	52	53	54	56	58	59	60	61
34	53	53	54	56	58	59	61	62	63
35	54	55	56	57	59	61	62	63	64
36	55	56	57	59	61	62	64	65	66
37	56	57	58	60	62	64	65	66	67
38	57	58	59	61	63	65	66	67	68
39	58	59	60	62	64	65	67	68	69
40	57	58	60	62	64	66	68	69	69

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1 **Table 11. Growth chart for estimated fetal weight (EFW) regardless fetal sex**

2

EFW (g)	Percentile								
	2.5	5	10	25	50	75	90	95	97.5
Gestational Age (weeks)									
14	70	73	78	83	90	98	104	109	113
15	89	93	99	106	114	124	132	138	144
16	113	117	124	133	144	155	166	174	181
17	141	146	155	166	179	193	207	217	225
18	174	181	192	206	222	239	255	268	278
19	214	223	235	252	272	292	313	328	340
20	260	271	286	307	330	355	380	399	413
21	314	327	345	370	398	428	458	481	497
22	375	392	412	443	476	512	548	575	595
23	445	465	489	525	565	608	650	682	705
24	523	548	576	618	665	715	765	803	830
25	611	641	673	723	778	836	894	938	970
26	707	743	780	838	902	971	1038	1087	1125
27	813	855	898	964	1039	1118	1196	1251	1295
28	929	977	1026	1102	1189	1279	1368	1429	1481
29	1053	1108	1165	1251	1350	1453	1554	1622	1682
30	1185	1247	1313	1410	1523	1640	1753	1828	1897
31	1326	1394	1470	1579	1707	1838	1964	2046	2126
32	1473	1548	1635	1757	1901	2047	2187	2276	2367
33	1626	1708	1807	1942	2103	2266	2419	2516	2619
34	1785	1872	1985	2134	2312	2492	2659	2764	2880
35	1948	2038	2167	2330	2527	2723	2904	3018	3148
36	2113	2205	2352	2531	2745	2959	3153	3277	3422
37	2280	2372	2537	2733	2966	3195	3403	3538	3697
38	2446	2536	2723	2935	3186	3432	3652	3799	3973
39	2612	2696	2905	3135	3403	3664	3897	4058	4247
40	2775	2849	3084	3333	3617	3892	4135	4312	4515

3

4

1 **Table 12. Growth chart for fetal femur length/head circumference ratio (FL/HC)**
2

FL/HC	Percentile								
	2.5	5	10	25	50	75	90	95	97.5
Gestational Age (weeks)									
14	0.50	0.52	0.53	0.54	0.56	0.57	0.59	0.59	0.60
15	0.54	0.55	0.56	0.57	0.59	0.60	0.61	0.62	0.62
16	0.57	0.58	0.59	0.60	0.61	0.62	0.63	0.64	0.64
17	0.60	0.60	0.61	0.62	0.63	0.64	0.65	0.65	0.66
18	0.62	0.62	0.63	0.64	0.65	0.66	0.66	0.67	0.67
19	0.64	0.64	0.65	0.65	0.66	0.67	0.68	0.68	0.68
20	0.65	0.66	0.66	0.67	0.67	0.68	0.69	0.69	0.69
21	0.66	0.67	0.67	0.68	0.68	0.69	0.69	0.70	0.70
22	0.67	0.67	0.68	0.68	0.69	0.69	0.70	0.70	0.71
23	0.68	0.68	0.68	0.69	0.69	0.70	0.70	0.71	0.71
24	0.68	0.69	0.69	0.69	0.70	0.70	0.71	0.71	0.71
25	0.69	0.69	0.69	0.70	0.70	0.71	0.71	0.71	0.72
26	0.69	0.69	0.69	0.70	0.70	0.71	0.71	0.72	0.72
27	0.69	0.69	0.70	0.70	0.71	0.71	0.72	0.72	0.72
28	0.69	0.70	0.70	0.70	0.71	0.71	0.72	0.72	0.72
29	0.70	0.70	0.70	0.71	0.71	0.72	0.72	0.72	0.73
30	0.70	0.70	0.70	0.71	0.71	0.72	0.72	0.73	0.73
31	0.70	0.70	0.71	0.71	0.72	0.72	0.73	0.73	0.73
32	0.70	0.71	0.71	0.72	0.72	0.73	0.73	0.73	0.74
33	0.71	0.71	0.71	0.72	0.72	0.73	0.73	0.74	0.74
34	0.71	0.71	0.72	0.72	0.73	0.73	0.74	0.74	0.74
35	0.71	0.72	0.72	0.73	0.73	0.74	0.74	0.74	0.75
36	0.72	0.72	0.72	0.73	0.73	0.74	0.74	0.75	0.75
37	0.72	0.72	0.73	0.73	0.74	0.74	0.74	0.75	0.75
38	0.72	0.72	0.73	0.73	0.74	0.74	0.75	0.75	0.75
39	0.72	0.72	0.73	0.73	0.74	0.74	0.75	0.75	0.75
40	0.71	0.72	0.72	0.73	0.73	0.74	0.75	0.75	0.75

3
4

1 **Table 13. Growth chart for fetal femur length/biparietal diameter (FL/BPD)**

2

FL/BPD	Percentile								
	2.5	5	10	25	50	75	90	95	97.5
Gestational Age (weeks)									
14	0.71	0.72	0.74	0.76	0.78	0.80	0.82	0.83	0.84
15	0.75	0.76	0.77	0.79	0.81	0.83	0.84	0.85	0.86
16	0.79	0.80	0.81	0.82	0.84	0.85	0.87	0.88	0.88
17	0.82	0.82	0.83	0.85	0.86	0.87	0.89	0.89	0.90
18	0.84	0.85	0.85	0.87	0.88	0.89	0.90	0.91	0.91
19	0.86	0.86	0.87	0.88	0.89	0.90	0.91	0.92	0.92
20	0.87	0.88	0.88	0.89	0.90	0.91	0.92	0.93	0.93
21	0.88	0.89	0.89	0.90	0.91	0.92	0.93	0.93	0.94
22	0.89	0.89	0.90	0.91	0.92	0.92	0.93	0.94	0.94
23	0.89	0.90	0.90	0.91	0.92	0.93	0.94	0.94	0.95
24	0.90	0.90	0.91	0.91	0.92	0.93	0.94	0.94	0.95
25	0.90	0.90	0.91	0.92	0.92	0.93	0.94	0.94	0.95
26	0.90	0.91	0.91	0.92	0.93	0.93	0.94	0.95	0.95
27	0.90	0.91	0.91	0.92	0.93	0.93	0.94	0.95	0.95
28	0.90	0.91	0.91	0.92	0.93	0.94	0.94	0.95	0.95
29	0.90	0.91	0.91	0.92	0.93	0.94	0.94	0.95	0.95
30	0.91	0.91	0.91	0.92	0.93	0.94	0.94	0.95	0.95
31	0.91	0.91	0.92	0.92	0.93	0.94	0.95	0.95	0.95
32	0.91	0.91	0.92	0.93	0.93	0.94	0.95	0.95	0.96
33	0.91	0.92	0.92	0.93	0.94	0.94	0.95	0.96	0.96
34	0.92	0.92	0.92	0.93	0.94	0.95	0.95	0.96	0.96
35	0.92	0.92	0.93	0.93	0.94	0.95	0.95	0.96	0.96
36	0.92	0.93	0.93	0.94	0.94	0.95	0.96	0.96	0.97
37	0.92	0.93	0.93	0.94	0.94	0.95	0.96	0.96	0.97
38	0.92	0.93	0.93	0.94	0.95	0.95	0.96	0.96	0.97
39	0.92	0.92	0.93	0.94	0.94	0.95	0.96	0.96	0.97
40	0.91	0.92	0.92	0.93	0.94	0.95	0.96	0.96	0.97

3

1 **Changing asymmetry of EFW distribution along gestational age**

2 The distributions of EFW starts with a slight asymmetry to the left (i.e. lower
3 percentiles) in early pregnancy and ends with a very noticeable right (i.e. higher
4 percentiles) asymmetry in later pregnancy. The Bowley coefficient of asymmetry
5 [29], based on differences of semi-quartiles ranges, relative to the quartile range,
6 was -0.016 for gestational age 15 weeks and +0.111 for 40 weeks.

8 **Influence of covariates on growth percentiles**

9 **Fetal sex:** male fetuses were larger than female fetuses as measured by EFW, but
10 the disparity was smaller in the lower quantiles of the distribution (3.5%) and larger
11 in the upper quantiles (4.5%) (Fig 2 and Panel B in S1 Fig, without adjusting for
12 country differences). This difference was significant at the 5% level for all
13 percentiles. EFW reference values were also established for female and male fetuses
14 separately (Tables 14 and 15) to allow assessment customized according to fetal sex.
15 For example, at gestational week 37 female median EFW is 84g lower than that of
16 male fetuses.

18 **Fig 2. Female and male growth of estimated fetal weight (EFW) during** 19 **gestational weeks 14-40**

20 The difference in growth for female (F; red) and male (M; blue) fetuses is
21 shown by the 5th, 50th and 95th percentiles for EFW growth. The
22 smoothened lines are based on quantile regression that includes data from
23 all the participating countries.

1 **Table 14. Growth chart for estimated fetal weight (EFW) for female fetuses**

2

Female EFW (g)	Percentile						
	5	10	25	50	75	90	95
Gestational Age (weeks)							
14	73	77	82	89	96	102	107
15	92	97	104	113	121	129	135
16	116	122	131	141	152	162	170
17	145	152	164	176	189	202	211
18	180	188	202	217	233	248	261
19	221	231	248	266	285	304	319
20	269	281	302	322	346	369	387
21	324	339	364	388	417	444	466
22	388	405	435	464	499	530	557
23	461	481	516	551	592	629	660
24	542	567	608	649	697	740	776
25	634	663	710	758	815	865	907
26	735	769	823	880	946	1003	1051
27	846	886	948	1014	1090	1156	1210
28	967	1013	1083	1160	1247	1323	1383
29	1096	1150	1230	1319	1418	1505	1570
30	1234	1296	1386	1489	1601	1699	1770
31	1379	1451	1553	1670	1796	1907	1984
32	1530	1614	1728	1861	2002	2127	2209
33	1687	1783	1911	2060	2217	2358	2445
34	1847	1957	2101	2268	2440	2598	2690
35	2008	2135	2296	2481	2669	2846	2943
36	2169	2314	2494	2698	2902	3099	3201
37	2329	2493	2695	2917	3138	3357	3462
38	2484	2670	2896	3136	3373	3616	3725
39	2633	2843	3096	3354	3605	3875	3988
40	2775	3010	3294	3567	3832	4131	4247

3

4

Table 15. Growth chart for estimated fetal weight (EFW) for male fetuses

Male EFW (g)	Percentile						
	5	10	25	50	75	90	95
Gestational Age (weeks)							
14	75	79	84	92	99	105	109
15	96	100	107	116	126	134	139
16	121	127	136	146	158	169	175
17	152	158	170	183	197	210	219
18	188	196	210	226	243	260	271
19	232	241	258	277	298	320	333
20	282	293	314	337	362	389	405
21	341	354	380	407	436	469	489
22	408	424	454	487	522	561	586
23	484	503	539	578	619	666	695
24	570	592	635	681	730	785	818
25	666	692	742	795	853	917	956
26	772	803	860	923	990	1063	1109
27	888	924	989	1063	1141	1224	1276
28	1014	1055	1129	1215	1305	1399	1458
29	1149	1197	1281	1379	1482	1587	1654
30	1293	1349	1442	1555	1672	1788	1863
31	1445	1509	1613	1741	1874	2000	2085
32	1605	1677	1793	1937	2085	2224	2319
33	1770	1852	1980	2140	2306	2456	2562
34	1941	2032	2174	2350	2534	2694	2814
35	2114	2217	2372	2565	2767	2938	3072
36	2290	2404	2574	2783	3002	3185	3334
37	2466	2591	2777	3001	3238	3432	3598
38	2641	2778	2981	3218	3472	3676	3863
39	2813	2962	3183	3432	3701	3916	4125
40	2981	3142	3382	3639	3923	4149	4383

Countries differed in EFW (Fig 3 and S4 Table). Using country as a covariate in a quantile regression model, including interaction terms with gestational age, showed significance at 5% level for all percentiles 5, 10, 25, 50, 75, 90 and 95 (S2 Table and

1 S3 Table). This variation due to countries was adjusted for maternal characteristics
 2 (mother's age, parity, height, weight, or BMI substituting the latter two) and sex of
 3 the fetus. To assess the relative contribution of these variables to the variation in
 4 EFW, the Wald chi-square statistic in S2 Table and S3 Table is informative: for
 5 example, for the 5th percentile (quantile 0.05, first table in S2 Table), as expected,
 6 most of the variation (Wald chi-square=1797, 1df) is due to gestational age linear, as
 7 the fetus grows, and there is significant curvature (207, 1df). Country variation gives
 8 Wald chi-square 36 with 9df, sex of the fetus 29 (1df), mother's height 26 (1df),
 9 mother's age 22 (1df), while weight is negligible. In the same table the level of
 10 significance is listed for these variables; for example, country has p-value<0.0001,
 11 highly significant. It is clear that variation due to countries also occurs independently
 12 of maternal characteristics and sex of fetus. Fig 3 offers a visualization of country
 13 variation for the 10th, 50th and 90th percentiles for EFW. Country variation in the
 14 other ultrasound parameters for the 10th, 50th and 90th percentiles is demonstrated
 15 in S2 Fig, S3 Fig, S4 Fig, S5 Fig and S6 Fig. Country differences in EFW percentiles with
 16 overall EFW percentiles are presented in S4 Table.

17 **Fig 3. Influence of countries on estimated fetal weight**

18 The 10th, 50th and 90th percentiles for estimated fetal weight (EFW) in grams
 19 for the 10 participating countries with variation due to countries becoming
 20 more obvious towards the end of gestation.

21

22 The clinical relevance of the differences between each country quantiles and the
 23 global quantiles can be assessed in quantile-quantile plots (qq plots) (Fig 4). These
 24 plots are intended to enable the reader to derive the magnitude of differences in

grams for any size and country and percentile. For example, consider the qq-plot for the individual country 0.05 quantile (i.e. the 5th percentile) for EFW versus the global 0.05 quantile: the 5th percentiles at low values of EFW cannot be differentiated because of the relative smallness of EFW at early pregnancy (Fig 4 panel a). However, at the end of gestation (high values of EFW) the 5th percentile for Norway is 3200g, while the overall is 2800g; for France it is 2800g and for Egypt 2700g. In Fig 4 panel b, for example, it can be seen that when the 10th percentile for Norway was 3400g, it was 2700g for India (versus about 3100g for the global 10th percentile) showing that a fetus weighing 3200g would be below the 10th percentile for Norway but well above it for India. The magnitude of differences among countries can also be appreciated in Fig 5 where selected country percentiles are shown with the corresponding global percentile curve.

Fig 4. Quantile-quantile plots comparing countries' distributions with global distribution of estimated fetal weight (EFW)

The 5th, 10th, 25th, 50th, 75th, 90th, 95th percentiles for the distribution of each country (Q05, Q10, Q25, Q50, Q75, Q90 respectively) are plotted versus the same percentiles of the global distribution (Global Q05, Global Q10, Global Q25, Global Q50, Global Q75, Global Q90 respectively).

Fig 5. Country differences in estimated fetal weight (EFW)

Selected percentiles for EFW for the 10 participating countries showing the magnitude of differences (red: 5th percentile; blue: 50th percentile; green: 95th percentile; each dot denotes a country).

1 **Maternal age and maternal height** seem to be associated with a positive effect on
2 EFW especially in the lower tail of the distribution, significant at the 5% level, of the
3 order of 2% to 3% for each additional 10 years of age of the mother and 1% to 2% for
4 each additional 10 cm of height, respectively (Panels D and F in S1 Fig, without
5 adjusting for country differences).

6

7 **Maternal weight** seems to be associated with a small positive effect on EFW
8 especially in the higher tail of the distribution, significant at the 5% level, of the
9 order of 1% to 1.5% for each additional 10 kg of the mother (Panel E in S1 Fig,
10 without adjusting for country differences).

11

12 **Parity** (0 vs. ≥ 1): parous women had heavier fetuses than nulliparous women, the
13 disparity being much higher in the lower quantiles of the distribution, of the order of
14 1% to 3%, significant at the 5% level, and subsiding in the upper quantiles (Panel C in
15 S1 Fig, without adjusting for country differences).

16

17 **Influence of clinical conditions on growth percentiles**

18 Participants for whom clinical conditions occurred during pregnancy and childbirth
19 were retained in the study. We then assessed the effect of excluding them on the
20 parameter estimates of the quantiles. We excluded successively maternal conditions,
21 fetal malformations and neonatal conditions and conducted the fit for EFW
22 percentiles for overall countries and sex of the fetus. The parameter estimates
23 obtained were indistinguishable.

24

1 In order to illustrate variation of the clinically relevant 10th and 90th percentiles for
2 EFW we compiled the values (without any formal comparison) for 24, 28, 32 and 36
3 weeks of gestation from the present study, NICHD Fetal Growth Studies [19], a study
4 from D. R. Congo [30] and another from Norway [31] (Table 16). Since the other
5 existing multinational study, Intergrowth-21st, did not publish EFW but rather AC,
6 which is a major determinant for EFW, we also compiled 10th and 90th percentiles for
7 AC from relevant studies [18,19,30,32-34] (Table 17).

8

9

Table 16. 10th and 90th percentile for estimated fetal weight (EFW) in relation to other relevant reference values.

Percentiles from the present multinational study (**bold**), a recent multiethnic national study in USA, a study from DR Congo and another from Norway are listed according to descending values at 20 weeks, but are not formally compared or ranked.

10th percentile of EFW (g)	gestational week				
	20	24	28	32	36
USA white [¶]	289	583	1045	1686	2432
DR Congo [#]	288	576	1023	1624	2310
WHO	286	576	1026	1635	2352
USA black [¶]	286	559	985	1579	2264
Norway*	283	610	1102	1730	2411
USA Hispanic [¶]	279	555	987	1595	2298
USA Asian [¶]	275	546	978	1574	2262
90th percentile of EFW (g)	gestational week				
	20	24	28	32	36
Norway*	408	833	1472	2304	3230
USA white [¶]	381	771	1391	2276	3368
WHO	380	765	1368	2187	3153
USA Hispanic [¶]	379	755	1353	2209	3245
USA black [¶]	376	742	1317	2135	3115
USA Asian [¶]	373	737	1318	2129	3111
DR Congo [#]	345	700	1277	2083	3032

[¶] Buck Louis et al. [19]; [#]Landis et al. [30]; *Johnsen et al. [31]

Table 17. 10th and 90th percentile for fetal abdominal circumference (AC)
in relation to relevant reference values. Percentiles from the present
multinational study (bold), a recent multinational study (Intergrowth21st), a
recent multiethnic study in USA, and three studies from Norway, Thailand
and United Kingdom, are listed according to descending values at 20 weeks,
but are not formally compared or ranked.

10th percentile AC (mm)	gestational week				
	20	24	28	32	36
USA white [¶]	141	185	227	268	306
WHO	139	184	225	260	294
Norway*	139	182	223	262	299
USA Asian [¶]	139	182	221	260	295
USA Hispanic [¶]	138	181	221	262	299
Intergrowth21st [§]	138	179	219	257	291
USA black [¶]	137	179	217	267	293
Thailand [#]	135	177	217	254	290
UK ^{&}	135	175	213	249	283

90th percentile AC (mm)	gestational week				
	20	24	28	32	36
Norway*	165	213	259	303	346
USA white [¶]	164	212	258	306	353
USA Hispanic [¶]	163	210	255	303	349
WHO	161	210	256	298	340
USA Asian [¶]	161	208	252	299	343
Thailand [#]	159	208	256	301	339
USA black [¶]	159	205	249	295	340
UK ^{&}	158	204	248	290	330
Intergrowth21st [§]	158	203	248	291	335

[¶] Buck Louis et al. [19]; *Johnsen et al. [33]; [§]Papageoghiou et al. [18]; [#]Sunsaneevithayakul et al. [34]; [&]Chitty et al. [32]

1 Discussion

2

3 In this paper we present the WHO fetal growth charts for EFW and common
4 ultrasound biometric measurements intended for international use. They reveal a
5 wide range of variations in human fetal growth across different parts of the world.
6 Significant differences in fetal growth between countries are confirmed by
7 differences in birth weight. Furthermore, the study shows that intrauterine growth is
8 influenced by fetal sex and by maternal age, height, weight and parity, although
9 these influences explain only partially the differences in growth between countries.

10

11 The primary motivation for this study, the fetal component of the WHO Multicentre
12 Growth Reference Study [11], was the need for clinical reference intervals applicable
13 internationally, including for areas of the world where perinatal morbidity and
14 mortality are high, hence the multinational design. Driven by the same motivation,
15 we prioritized ultrasound measurements in common clinical use worldwide, the
16 most prominent being EFW (Fig 1, Table 11). The use of such weight in grams is
17 simple and intelligible, enhancing clinical management, facilitating communication
18 within the health care system and being valuable when counselling patients. In
19 addition to the other common measurements in daily use (BPD, HC, AC, and FL) (Fig
20 1, Tables 6-9), we established reference intervals for the ratios FL/HC and FL/BPD
21 aimed at facilitating the identification and monitoring of disproportionate fetal head
22 development, e.g. hydrocephaly or microcephaly (Fig 1, Tables 12 and 13. The
23 diagnosis in pregnancies complicated by such conditions is often hampered by
24 uncertainty about gestational age since head size (BPD and HC) is also commonly

1 used for the dating of the pregnancy. FL/HC and particularly FL/BPD are less
2 dependent on gestational age after 20 weeks of gestation (Fig 1) and may therefore
3 have diagnostic utility.

4

5 A strength of the new growth charts provided by the study (Table 6-15) is that they
6 are based on multinational data, i.e. 10 countries, and therefore are more likely to
7 be applicable internationally than previously published reference intervals for EFW
8 based on single countries. A recent sizeable study found significant variation in fetal
9 growth between Asian, black, Hispanic and white ethnic groups, the Asian being the
10 smallest and the white the largest, justifying ethnic-specific growth charts [19].

11 However, that study was confined to the USA. Table 8 demonstrates the relation
12 between the studies for the clinically important 10th and 90th percentiles for EFW.

13 The WHO growth chart lies between them. Although the present study was not
14 designed to investigate ethnic differences, a limited record of ethnicity showed a
15 distribution largely according to country (Table 2). Interestingly, there was a
16 significant difference in the growth of EFW between countries that was not
17 explained by maternal factors (Fig 3 and S2 Table). While ethnic differences may play
18 a role in this variation, as for the USA-based study [19], variation could also be due to
19 differences in diet and cultural and socioeconomic factors commonly associated with
20 particular ethnic groups. These may also have played a role in the USA-based study.

21

22 Another recently published multinational study, Intergrowth-21st, presented
23 biometric growth but not EFW data [18]. We therefore used AC, which is closely
24 linked to EFW and is an important predictor of perinatal outcome [6], and present

1 the variation in the commonly used cut-offs, the 10th and 90th percentiles (Table 9).
2 Interestingly, the 10th percentile for the Intergrowth-21st results falls below that of
3 the WHO study although the Intergrowth-21st study was carried out according to a
4 strictly 'prescriptive' concept to establish so-called optimal fetal growth (low-risk
5 pregnancies with no environmental and nutritional constraints, and excluding all
6 conditions during pregnancy and childbirth that may be associated with effects on
7 fetal growth). The WHO study had a similar recruitment but retained in the analysis
8 pregnancies with maternal, fetal and neonatal clinical conditions, based on the
9 principle that reference intervals should reflect as closely as possible the population
10 to which they will be applied. Furthermore, we assessed the effect of removing or
11 retaining such pregnancies in the dataset and found no identifiable effect on the
12 percentiles. As seen from Table 17 it is as if the effect of rigorous selection and
13 exclusions had limited effect but that other uncontrolled factors are responsible for
14 the variation between studies and countries. Apart from random error, systematic
15 error due to differences in ultrasound measurement techniques could influence
16 differences between the studies. However, these studies had well trained ultrasound
17 operators specifically instructed for the research procedure using internationally
18 accepted techniques, and this should minimize such error.

19

20 Another strength of the present WHO study is the use of quantile regression to
21 establish the reference intervals. Quantile regression makes an inference about
22 regression coefficients for the conditional quantiles of a variable without making
23 assumptions about its distribution: there is no need to assume a particular
24 distribution and to estimate its moments. In consequence, it provides a more direct

1 representation of the observed measurements. This is nicely demonstrated in a
2 recent large study establishing population specific fetal growth charts [35]. The
3 technique is especially useful when the quantiles vary differently with a covariate
4 such as, in the present study, gestational age. In addition, the method is robust
5 against the effect of outliers and can capture important features of the data that
6 might be missed by models that average across the conditional distribution [25].
7

8 Quantile regression is particularly useful in studying distribution changes, and shows
9 that fetal growth in the population is not symmetrical with gestation. Starting with a
10 higher distribution towards the lower percentiles, EFW shifts to an expanded
11 distribution among the higher percentiles and ends with a noticeable asymmetry
12 near term. The Bowley coefficient for asymmetry changed from -0.016 to +0.111
13 during that period. We are not sure of the nature of the small negative asymmetry in
14 early pregnancy, but speculate that regulatory functions, such as the process of
15 maternal constraint of fetal growth, change through gestation. I.e. fetuses in the
16 higher percentiles may be exposed to greater influences, which vary with maternal
17 characteristics. This corroborates differential effects of covariates across the
18 percentiles shown in S1 Fig. We believe that studying distribution dynamics may
19 yield more information on the control of fetal growth.
20

21 The study confirmed the biologically interesting facts that fetal sex and maternal
22 height, weight, parity and age significantly influence fetal growth [31,36,37].
23 Together with the country differences, the ethnic differences shown in the USA
24 population [19] and, not least, the substantial variation in birthweight among

1 carefully selected low-risk pregnancies, these findings document a diversity and
2 plasticity in human prenatal growth dynamics which is only partially understood.
3 There is increasing evidence linking fetal development, and proxies of development
4 such as birthweight, to postnatal health and life course risk of disease [7, 9]. This
5 issue is prioritized by the UN and WHO at a time when non-communicable diseases
6 are becoming global epidemics [10,38]. For example, in our study birthweights in the
7 Indian group were significantly lower than in the other groups, and they also had the
8 lowest fetal growth and the shortest mothers. It is known that body composition in
9 Indian newborns contains relatively more fat [39], a pattern that passes across
10 generations [40], and which is linked to increased risk of subsequent type 2 diabetes
11 [41]. It seems clear that the understanding of 'optimal' fetal growth needs to
12 incorporate more than birthweight.

13

14 To have a single fetal growth chart that fits all pregnancies across the world, would
15 require that all had the same genetic background for growth, that this genetic
16 background was reliably expressed in the mother, and that influences such as
17 nutrition, physical activity, stress, toxicants and other environmental conditions have
18 similar effects on the genotype in all embryos and fetuses. This is very unlikely:
19 recent research has revealed a range of interactions between the developmental
20 environment, genetic and epigenetic processes [9]. Even influences on fetal growth
21 classically thought to be primarily genetic such as maternal vs. paternal height are
22 complicated by other environmental factors. Altitude, climate, geography, other
23 environmental conditions, and the challenges of daily life and nutrition vary around
24 the world. Humans adapt across generations to local conditions and fetal

1 development adds an important adaptive refinement for the next generation.
2 Secular changes in birthweight and child growth patterns have been shown to
3 accompany social changes [42,43]. Fetal growth charts may thus need to be adjusted
4 to fit the diversity of individuals and populations if they are to be of the greatest
5 clinical utility.

6

7 While including 10 countries in the present WHO study was a strength compared to
8 previous studies, it still has limitations. The 10 population samples, two in South-East
9 Asia and two in Africa, were included to increase generalizability, but this is still a
10 very limited sample of the global human population. Africa alone has a greater
11 genetic diversity than has the rest of the world [44], and anthropometric variation on
12 that continent is substantial. The present study showed population differences
13 within the pooled dataset, and so the extent to which the results can be
14 extrapolated to other populations, which possibly have other growth dynamics, is at
15 present unknown.

16

17 A limitation of the study is that ultrasound measurements were accompanied by a
18 corresponding gestational age exposed on the screen, which could possibly lead to
19 undue changes in the management of the pregnancy and pregnancy duration.
20 However, it was common practice among the sonographers and midwives doing the
21 examination not to pay attention to this gestational age because the department
22 was using other reference values than the one on screen. On the other hand, part of
23 the ethical commitment was actually to let the mother be informed of any
24 abnormality or deviation of importance discovered, to take it into account for the

1 management of the pregnancy, and refer the case to the managing clinician.

2 However, the reported referrals were few and found not to influence the statistics.

3

4 Pooling data is not ideal in the presence of variation among populations, and a single

5 overall growth chart will only partially reflect the individual populations included.

6 Fig 4 and Fig 5 show the variation of country specific percentiles compared with the

7 corresponding overall percentiles of the study and provide an opportunity to assess

8 the magnitude and clinical relevance. Tables 16 and 17 illustrate a similar pattern

9 when compiling 10th and 90th percentiles for EFW and AC from various relevant high-

10 quality studies available for clinical use. Although no formal statistical comparison

11 was undertaken, they illustrate the distribution that can be found around the world.

12 This gives an impression of a wider spread for the 90th percentile than for the 10th. A

13 similar pattern is found within the WHO study itself: a more obvious diversity

14 between the countries for the 90th percentile than for the 10th percentile (Fig 3). As

15 seen from these figures, variation between countries may increase to several

16 hundred grams towards the end of pregnancy, and may cause misclassifications

17 when using the overall percentile. Secondly, it seems that population variation in

18 growth is more reflected in the 90th percentile than in the extreme low percentiles.

19 Thus, it is possible that the 10th, 5th, and 2.5th percentiles of a pooled study are more

20 universally applicable while the upper percentiles, 90th, 95th, and 97.5th vary more

21 according to population characteristics and accordingly will be more in need of

22 adjustment, i.e. customization for the use at the population level [37].

23

1 It follows that whenever the WHO growth charts, or any reference intervals, are
2 applied to a population, their performance should be checked or tested in order to
3 ensure appropriate use. It is possible to adjust them by changing cut-offs (e.g. from
4 10th to 5th percentile) to fit clinical needs better, and it is possible to customize the
5 percentiles to country, maternal characteristics and fetal sex to improve diagnostic
6 performance [45]. A further refinement would be to introduce conditioning terms
7 when using repeated ultrasound measurements for monitoring growth [46,47], i.e.
8 narrowing the expected reference interval for an assessment by conditioning it using
9 a previous measurement. WHO is working on these methods to make them generally
10 available with the growth chart.

11

12 If such adjustments and refinements do not suffice to make the growth charts fit
13 clinical needs appropriately, then it may be necessary to establish new high-quality
14 reference intervals for a population. For example, the WHO growth charts and many
15 others are based on populations living at altitudes <1500m. However, millions of
16 people live at higher altitudes and their physiological adaptations include pregnancy
17 and fetal development. It might be that specific charts will be needed for such
18 populations.

19

20 The concept of a 'standard', whether international or national, is often used for
21 instruments and methods to make procedures uniform and to reduce random and
22 systematic error, rather than to set a standard for a biological parameter such as
23 height or bodyweight for the population globally. We are inclined to the view that,
24 while methodology to define reference ranges or charts for fetal growth needs to be

1 standardized, fetal growth itself is a biological parameter expected to reflect
2 adaptive processes and to change with development, time, location and
3 environmental conditions. Variation in fetal growth within and between populations
4 should therefore not be ignored.

5

6 To apply any growth chart sensibly requires insight, critical attitude and pragmatism.

7 We believe that the present WHO fetal growth charts can be used internationally,

8 particularly where no local data exists. However, once in use, it will be prudent to

9 test the performance of the charts in a particular setting in case adjustments,

10 customization or replacement with population specific high-quality reference

11 intervals are needed. With the currently varying degrees of resources, health and

12 needs around the world, health care professionals have the responsibility of fitting

13 and refining the use of the fetal growth charts to best serve the population in their

14 care.

15

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24

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2

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Supporting Information

S1 Table. Compliance of ultrasound visits according to protocol, measured by

Observed (Obs) vs. Expected (Exp)

S2 Table. Variation of estimated fetal weight (EFW) quantiles due to countries,

maternal characteristics (age, height, weight, and parity) and sex of the fetus

1 Output from quantile multivariate regression showing Wald tests for gestational age,
2 country, their interaction, sex of the fetus and maternal characteristics.

3

4 **S3 Table. Variation of estimated fetal weight (EFW) quantiles due to countries,**
5 **maternal characteristics (age, BMI, and parity) and sex of the fetus**

6 Output from quantile multivariate regression showing Wald tests for gestational age,
7 country, their interaction, sex of fetus and maternal characteristics.

8

9 **S4 Table. Comparison of countries percentiles with overall percentiles**

10 The 10th, 50th and 90th percentiles for overall estimated weight (EFW) and the 95%
11 confidence intervals for the difference between each country percentiles and the
12 overall percentiles at 20, 24, 28, 32 and 36 weeks of gestational age. The results
13 should be interpreted with caution (the study was not powered for this analysis;
14 multiplicity of inferences imply that the confidence is much lower than 95%).

15

16 **S1 Fig. Influence of covariates on estimated fetal weight (EFW) quantiles**

17 Output of quantile profilers from quantile multivariate regression in the logarithmic
18 scale, the effect of covariates with 95% confidence bands; for binary variables (sex of
19 the fetus and parity), the relative change is between the two categories; for
20 continuous variables the relative change refers to the increment in EFW resulting
21 from a unit increment of the independent variable (year for mother age, kg for
22 mother weight and cm for mother height).

23

1 **S2 Fig. Influence of countries on fetal growth expressed as the ultrasound measure**

2 **BPD**

3 Graphs of the 10th, 50th and 90th percentiles for the ultrasound measures BPD in
4 mm for the 10 participating countries

5

6 **S3 Fig. Influence of countries on fetal growth expressed as the ultrasound measure**

7 **HC**

8 Graphs of the 10th, 50th and 90th percentiles for the ultrasound measure HC in mm
9 for the 10 participating countries.

10 **S4 Fig. Influence of countries on fetal growth expressed as the ultrasound measure**

11 **AC**

12 Graphs of the 10th, 50th and 90th percentiles for the ultrasound measure AC in mm
13 for the 10 participating countries.

14 **S5 Fig. Influence of countries on fetal growth expressed as the ultrasound measure**

15 **FL**

16 Graphs of the 10th, 50th and 90th percentiles for the ultrasound measure FL in mm
17 for the 10 participating.

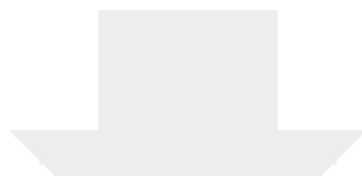
18 **S6 Fig. Influence of countries on fetal growth expressed as the ultrasound measure**

19 **HL**

20 Graphs of the 10th, 50th and 90th percentiles for the ultrasound measure HL in mm
21 for the 10 participating countries.

22

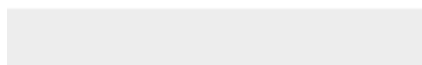
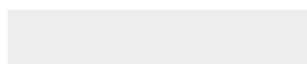
23 **S1 File. Growth charts for the fetal ultrasound measurements BPD, HC, AC, FL, HL,**
24 **for estimated fetal weight (EFW), and for the ratios FL/HC and FL/BPD in one Excel**
25 **file**



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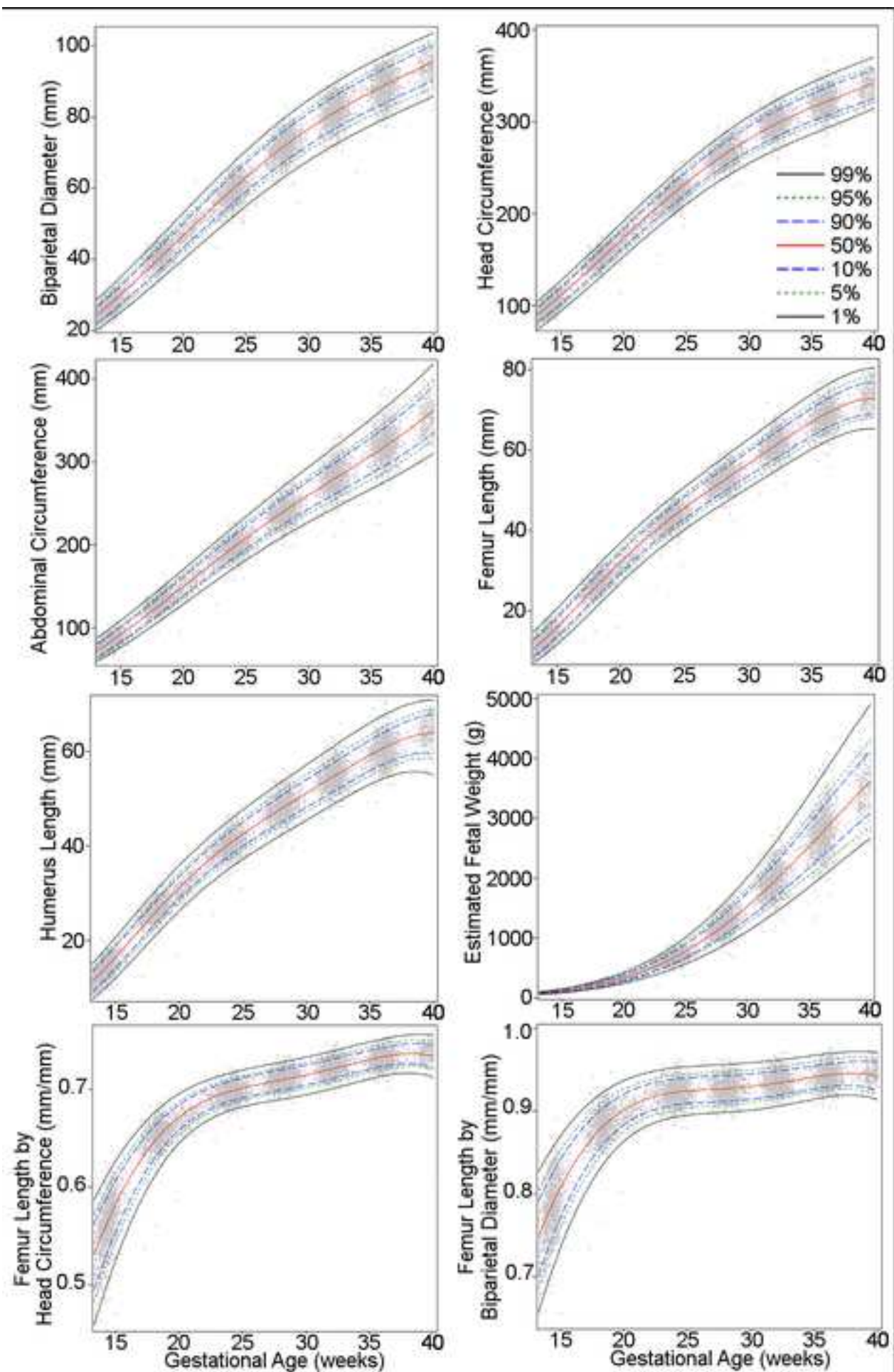
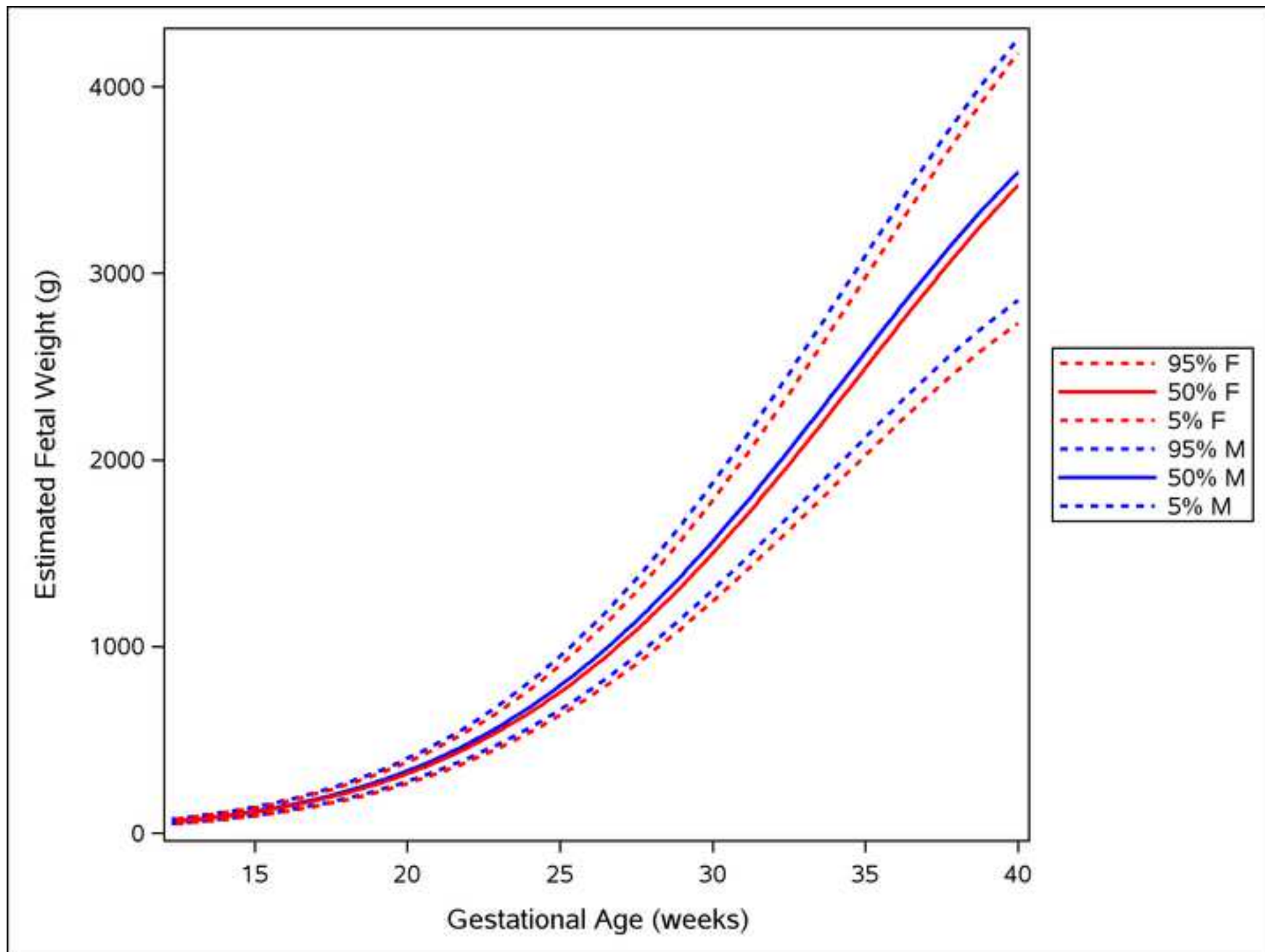


Fig 2



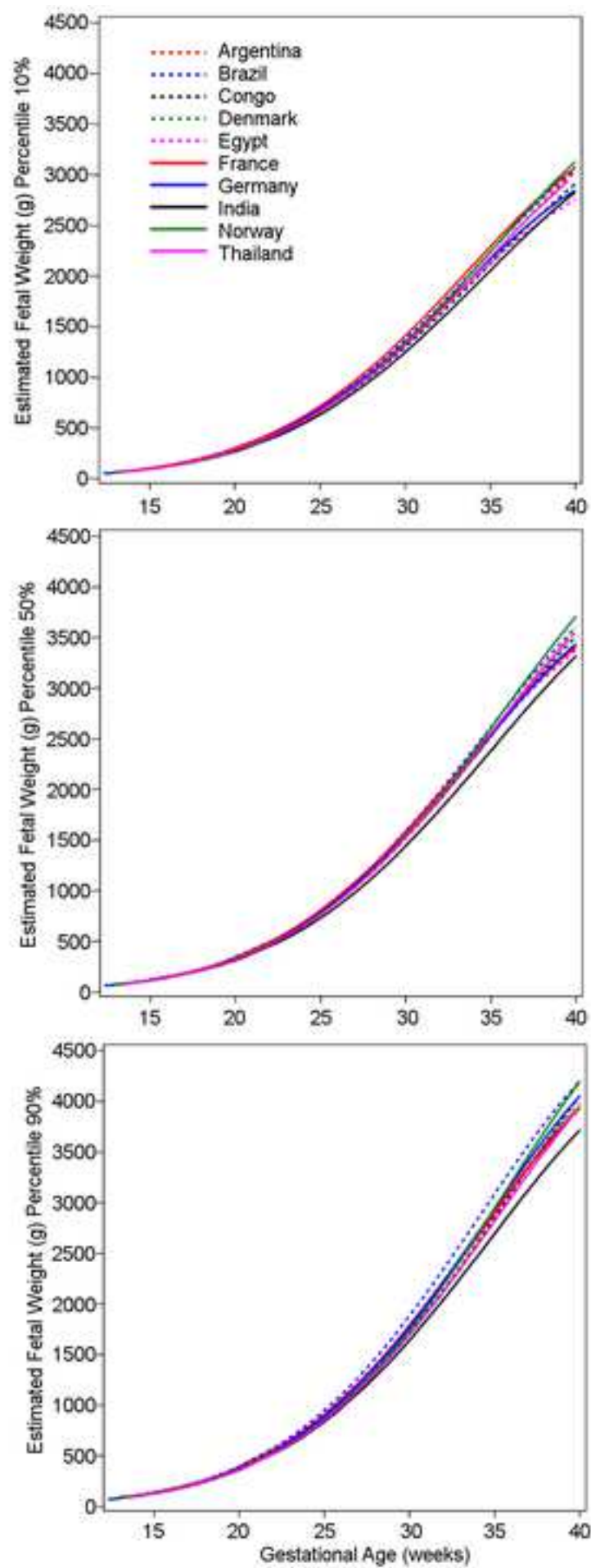


Fig 4

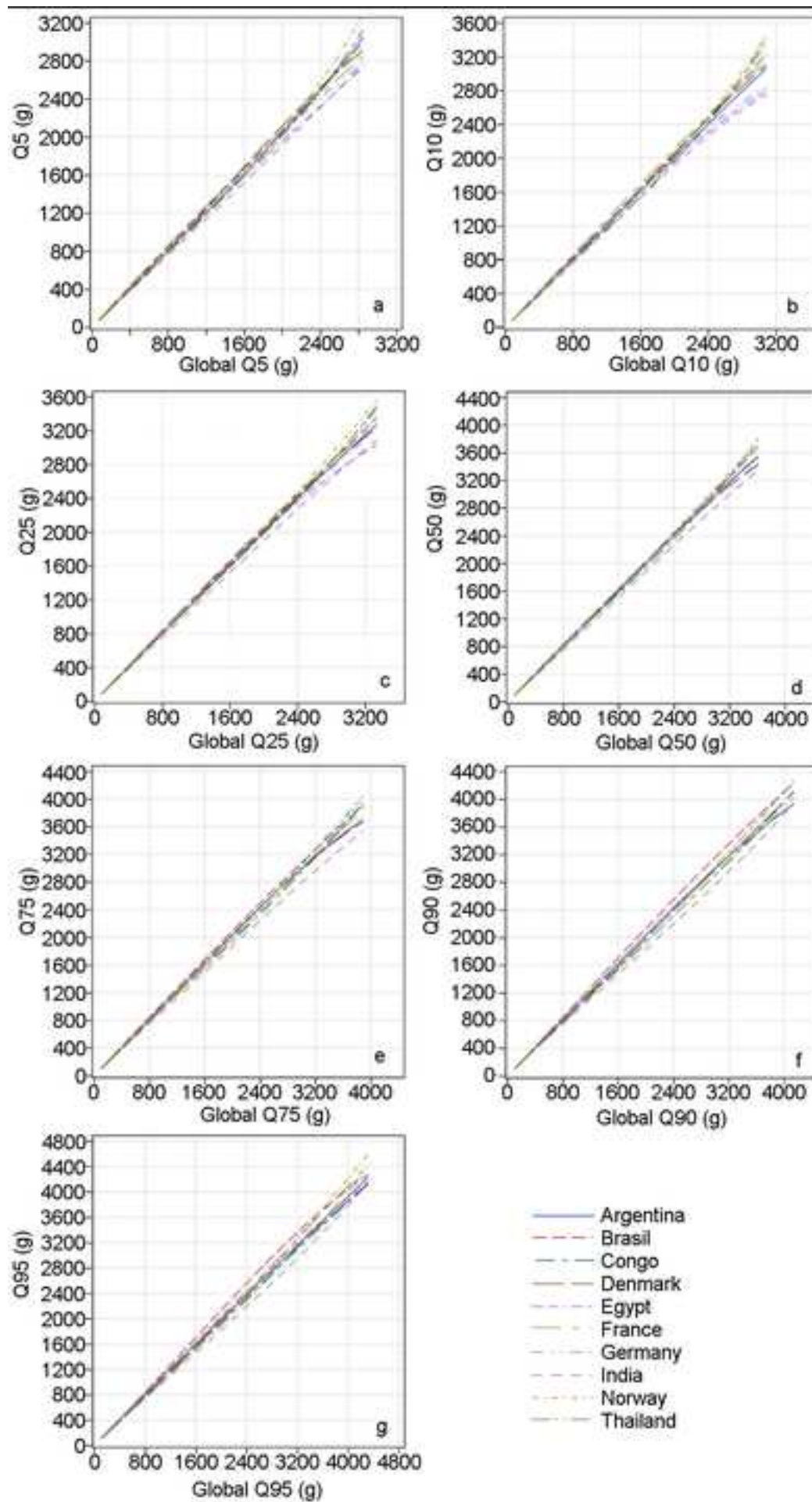
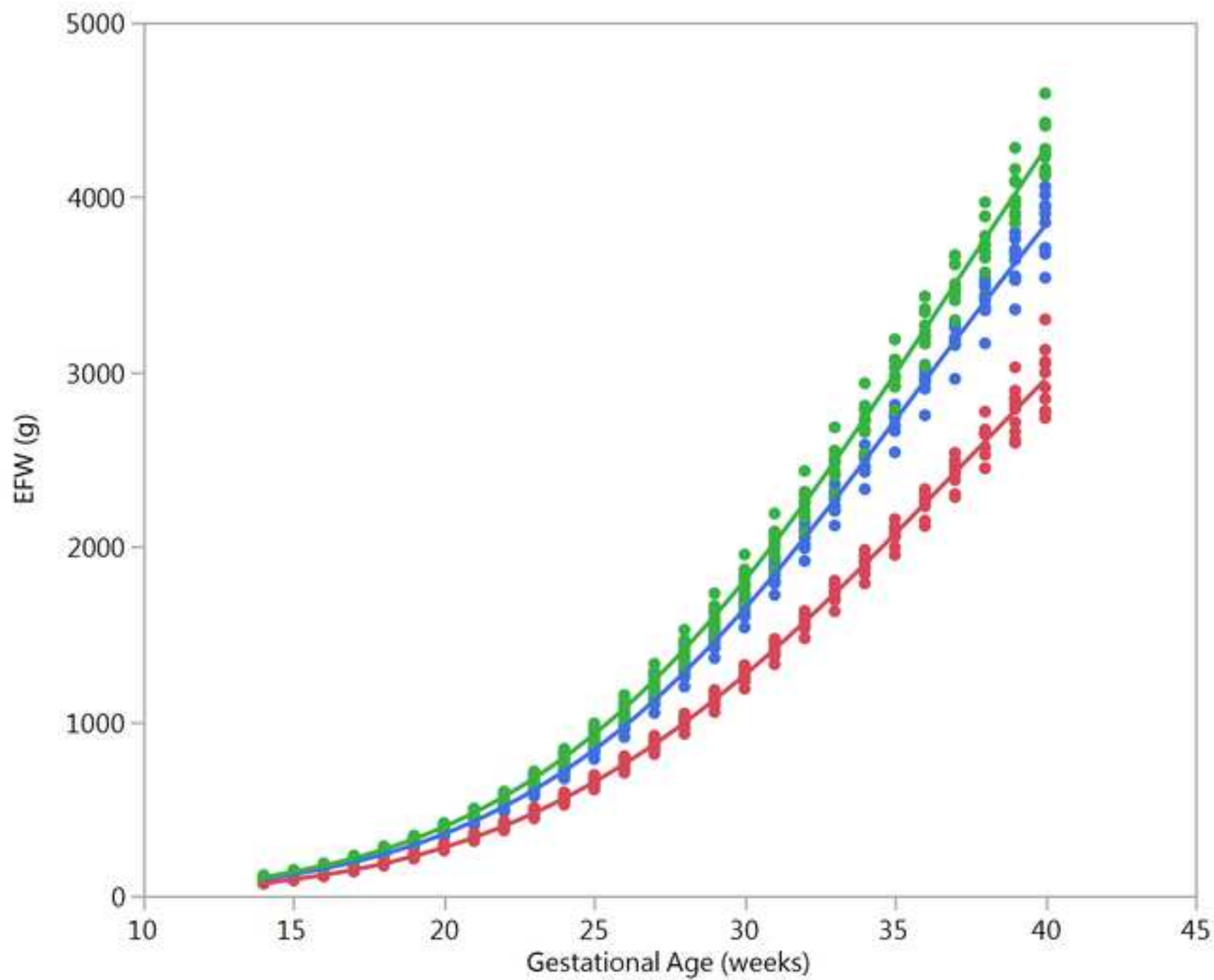



Fig 5






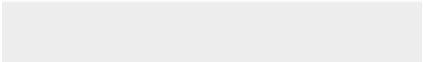

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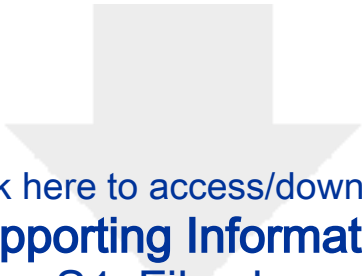


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