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1 Stability of dissolved and soluble Fe(II) in shelf sediment

2 pore waters and release to an oxic water column

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23 Abstract

24 Shelf sediments underlying temperate and oxic waters of the Celtic Sea (NW European
25 Shelf) were found to have shallow oxygen penetrations depths from late spring to late
26 summer (2.2 to 5.8 mm below seafloor) with the shallowest during/after the spring-bloom
27 (mid-April to mid-May) when the organic carbon content was highest. Sediment porewater
28 dissolved iron (dFe, < 0.15 µm) mainly (> 85 %) consisted of reduced Fe(II) and gradually
29 increased from 0.4 to 15 µM at the sediment surface to ~100 to 170 µM at about 6 cm
30 depth. During the late spring this Fe(II) was found to be mainly present as soluble Fe(II) (> 85
31 % sFe, < 0.02 µm). Sub-surface dFe(II) maxima were enriched in light isotopes ($\delta^{56}\text{Fe}$ of -2.0
32 to -1.5 ‰), which is attributed to dissimilatory iron reduction (DIR) during the bacterial

33 decomposition of organic matter. As porewater Fe(II) was oxidised to insoluble Fe(III) in the
34 surface sediment layer, residual Fe(II) was further enriched in lighter isotopes (down to -3.0
35 ‰). Ferrozine-reactive Fe(II) was found in surface porewaters and in overlying core top
36 waters, and was highest in the late spring period. Shipboard experiments showed that
37 depletion of bottom water oxygen in late spring can lead to a substantial release of Fe(II).
38 Reoxygenation of bottom water caused this Fe(II) to be rapidly lost from solution, but
39 residual dFe(II) and dFe(III) remained (12 and 33 nM) after > 7 hours. Iron(II) oxidation
40 experiments in core top and bottom waters also showed removal from solution but at rates
41 up to 5-times slower than predicted from theoretical reaction kinetics. These data imply the
42 presence of ligands capable of complexing Fe(II) and suppressing oxidation rates. The lower
43 oxidation rate allows more time for the diffusion of Fe(II) from the sediments into the
44 overlying water column. Modelling indicates significant diffusive fluxes of Fe(II) (on the
45 order of 23-31 $\mu\text{mol m}^{-2} \text{ d}^{-1}$) are possible during late spring when oxygen penetration depths
46 are shallow, and pore water Fe(II) concentrations are highest. In the water column this
47 stabilised Fe(II) will gradually be oxidised and become part of the dFe(III) pool. Thus oxic
48 continental shelves can supply dFe to the water column, which is enhanced during a small
49 period of the year after phytoplankton bloom events when organic matter is transferred to
50 the seafloor. This input is based on conservative assumptions for solute exchange (diffusion-
51 reaction), whereas (bio)physical advection and resuspension events are likely to accelerate
52 these solute exchanges in shelf-seas.

53 Introduction

54 Whilst iron (Fe) is a major constituent of the solid Earth, dissolved Fe (dFe) concentrations in
55 oxic waters are very low (typically < 1 nM) because of the limited solubility of oxidised forms
56 of the metal. However, this element and its redox cycling have major impacts on the cycling
57 of other elements (e.g., P) in terrestrial waters and during diagenesis in sediments (Raiswell
58 and Canfield 2012). Iron is also an essential micro-nutrient for marine primary producers
59 and is a limiting factor in ~25 % of the open ocean (Boyd and Ellwood 2010), due to its low
60 availability. As marine primary productivity plays a significant role in CO_2 uptake from the
61 atmosphere, Fe is argued to be important in the regulation of the global climate (Sigman

62 and Boyle 2000). It is therefore important to understand how Fe is supplied to the ocean
63 from different sources, and how it is cycled and removed. Typically, Fe concentrations are
64 highest close to sources (atmospheric inputs, hydrothermal vents, rivers and the seafloor).
65 For shallow shelf and slope waters, rivers are anticipated to be only a small source because
66 of extensive removal of Fe in low salinity waters during estuarine mixing (Sholkovitz et al.
67 1978). Atmospheric inputs are most significant where dust inputs are large, and are directly
68 delivered to the photic zone (de Jong et al. 2007). However, sediments underlying shelf and
69 slope waters are argued to be a major source of Fe that can ultimately be transferred to the
70 ocean (Johnson et al. 1999; Elrod et al. 2004; Severmann et al. 2010; Homoky et al. 2012;
71 Conway and John 2014; Dale et al. 2015).

72 Within marine sediments, dissimilatory iron reduction (DIR) by bacteria can produce
73 large inventories of soluble Fe(II) in ferruginous zones of interstitial porewaters during the
74 decomposition of organic matter (Burdige 2006). These Fe(II) maxima carry diagnostically
75 light isotopic signals, typically -2.0 to -1.0 ‰ (Severmann et al. 2006; Homoky et al. 2009;
76 Severmann et al. 2010). It is widely accepted that towards the oxic sediment-water
77 boundary Fe(II) is oxidised to Fe(III), and lost to insoluble Fe(III) oxides. This oxidative trap
78 prevents transfer of most of the sediment sourced dFe to oxic seawater. This process is
79 associated with the removal of heavy Fe isotopes leading to further enrichment of light Fe
80 isotopes in the porewater (Severmann et al. 2006; Homoky et al. 2009). Within more
81 oxidizing sediments, the isotopic signature of dFe is close to crustal compositions, e.g., 0.0
82 to 0.2 ‰ (Homoky et al. 2009; 2013), and the dFe fraction consists mainly of Fe colloids
83 (0.02-0.2 µm), that are argued to originate from “non-reductive” dissolution processes
84 (Radic et al. 2011; Homoky et al. 2011; 2013). The Fe isotopic composition in the water
85 column may serve as a tool to trace benthic Fe fluxes which originate from different
86 dissolution processes and are transported to the ocean interior (Conway and John 2014).

87 The processes involved in the supply of Fe from sediments to shelf seas, and its fate
88 in the water column, are not yet fully understood. Benthic chamber measurements have
89 shown that the largest fluxes of dFe are released from continental margin sediments with
90 high inventories of organic carbon and reactive iron minerals underlying oxygen-depleted
91 waters (Severmann et al. 2010; Dale et al. 2015). However, few studies have examined the

92 Fe cycle in oxic shelf seas, even though they represent a large fraction of the ocean's
93 continental boundaries (Homoky et al. 2016). There are many reports of oxic shelf waters
94 with higher dissolved Fe (dFe) than the open ocean (Charette et al. 2007; Cullen et al. 2009;
95 de Jong et al. 2012; Marsay et al. 2014) and hence they may also be a significant source to
96 the ocean in the global Fe cycle.

97 The mechanisms involved in the supply of Fe from sediments to the overlying water
98 include diffusion of Fe from porewaters, sediment resuspension by bottom boundary
99 currents, or tidal currents and bio-turbation and bio-irrigation. Whilst a geochemical
100 overview exists for the cycling of Fe in marine sediments (e.g., Burdige 2006) details of
101 processes that can lead to transfer of dFe to oxic shelf seas are lacking. From a seasonal
102 perspective in temperate systems, large amounts of organic matter of bloom origin are
103 deposited onto the seafloor during spring. The organic matter gradually decomposes,
104 leading to the release of remineralised nutrients and Fe into porewaters and across the
105 sediment-water interface. However, to date there are no data that document the seasonal
106 changes in porewater Fe in such systems, or the controls on dFe exchange between
107 sediments and the water column. It is crucial to obtain estimates of Fe fluxes from different
108 types of shelf environments to better constrain global supply rates in biogeochemical
109 models that feed into global climate models (Homoky et al. 2016).

110 This study is part of an extensive research programme in the Celtic Sea (Thompson et
111 al. submitted). The Celtic Sea is a temperate, shallow (< 200 m) and oxic shelf sea, which
112 undergoes deep mixing during winter and becomes more stratified in summer (Williams et
113 al. 2013; Thompson et al. submitted). The shelf system has a broad connection to the
114 adjacent North Atlantic Ocean, and provides an ideal setting to study processes controlling
115 the sedimentary dissolution and release of Fe to the overlying water column. Here we
116 present a seasonal study of Fe cycling within cohesive sediments of the Celtic Sea shelf,
117 examining the form and fate of Fe in porewaters, and mechanisms whereby this Fe may be
118 released to overlying waters.

119 **Materials and Methods**

120 Sampling of sediments, porewaters and seawater

121 All laboratory apparatus, filters and sample bottles used for low concentration Fe
122 determinations were cleaned using a rigorous acid washing regime, including different
123 dilutions of HCl (up to 2 M) and ultrapure purified water (Milli-Q, resistivity of 18.2 MΩ·cm).

124 Sediments were collected from cohesive Site A (sandy mud ~51° 12.6754' N, 6°
125 8.0277' W) and Site I (muddy sand ~ 50° 34.5557 N, 7° 6.3161 W) within the Celtic Sea.
126 Sediments from these sites distinguish themselves in mean grain size and porosity (for more
127 details, see Thompson et al. submitted). This study mainly focuses on Site A sediments,
128 while a couple of experiments were run with sediments from Site I. Sediments were
129 collected using pre-drilled clear polycarbonate core tubes (60 cm length, 10 cm diameter)
130 mounted on a Bowers and Connelly Mega Corer, which grants minimal sediment
131 disturbance during collection. The Celtic Sea was revisited twice during 2015, on the RRS
132 *Discovery* cruises DY030 (4th to 25th May, 2015, late spring conditions) and DY034 (6th August
133 to 2nd September, 2015, late summer conditions). The spring bloom started in early April,
134 had fully developed bloom conditions on the 19th of April and lasted until mid-May.
135 Therefore, DY030 captures part of the end of the bloom and post-bloom conditions and
136 DY034 occurred 2 - 3 months after the bloom. On each visit undisturbed sediment cores
137 with clear overlying water were selected and taken into a temperature-controlled
138 laboratory (set to bottom water temperature) on the vessel. Excess core top water was
139 siphoned through Teflon and Tygon tubes into a low-density polyethelyene (LDPE) bottle,
140 and immediately filtered through 0.2 µm filters (Cyclopore, Whatman) in a Nalgene filtration
141 unit. Each filtrate was sub-sampled for dFe, dFe isotope and nutrients into LDPE bottles.
142 After core top water sampling, oxygen depth profiles were measured by microsensors (see
143 below) and the residual core top water was siphoned to waste.

144 With core top water removed, porewaters were extracted from sediments cores at 1
145 to 2 cm depth intervals using Rhizon samplers (Seeberg-Elverfeldt et al. 2005). The MOM-
146 type Rhizon samplers (Rhizosphere Research Products B.V., 50 mm long, 2.5 mm diameter,
147 0.15 µm pore size) were inserted at right angles through PVC tape that covered the pre-

148 drilled holes in the core tube walls, and attached via luer-lock fittings to nitrile-free syringes
149 (20 ml, BD Discardit). At each depth, suction was applied and then, after discarding the first
150 0.5 ml to waste, a porewater sample was collected. This approach allows for the fast
151 extraction and handling of porewater samples (Homoky et al. 2013), and effectively isolates
152 redox sensitive trace metals from oxidation artefacts. Subsample aliquots were immediately
153 fixed with the synthetic Fe(II) ligand ferrozine (3-(2-pyridyl)-5,6-diphenyl-1,2,4-triazine) for
154 ship-board Fe(II) and total Fe analyses (details below). Porewater subsamples for dFe
155 isotopes and dMn were stored in clean LDPE bottles and acidified to pH 1.8 with distilled
156 concentrated HCl. Subsamples for nutrients were taken for ship-board analysis. During
157 cruise DY030, the soluble size fraction (< 0.02 µm, sFe) of porewaters was also collected
158 through a nitrogen gas-purged Anotop25 syringe filter (Whatman), of which subsamples
159 were immediately fixed with ferrozine for ship-board Fe(II) and total Fe analyses, and
160 subsamples stored for sMn.

161 After porewater extraction, the residual sediment of one core from each season was
162 sliced using a polycarbonate sheet at 0.5, 1 and 2 cm depth-intervals, and stored at -20° C in
163 zip-lock bags prior to further analyses.

164 Water column samples were collected using a titanium rosette fitted with 24 x 10 L
165 Ocean Test Equipment (OTE) water samplers adapted for trace metal work and coupled to a
166 conductivity-temperature-depth (CTD) system (Seabird 911+), as well as oxygen,
167 transmissiometer and fluorometer sensors (rosette hereafter called Ti-CTD). All sampling
168 procedures followed GEOTRACES protocols as reported in the *Sampling and Sample -*
169 *handling Protocols for GEOTRACES Cruises* (<http://www.geotrades.org/>).

170 Analytical methods

171 Analytical methods are described in detail in the Supplementary Information document.
172 Oxygen profiles in sediment cores and O₂ monitoring in Fe(II) oxidation experiments were
173 measured with Unisense O₂ micro sensors. The LOD was ≤ 0.3 µM.

174 The concentrations of Fe species - Fe(II) and Fe(II) plus Fe(III) (hereafter total Fe) –
175 were determined in the dissolved and soluble size fractions of porewater samples using the
176 Fe(II)-complexing ferrozine ligand (Sigma-Aldrich) (Stookey 1970; Viollier et al. 2000).

177 Concentrations > 1 μM Fe(II) were measured on a spectrophotometer (ATI Unicam 8625)
178 and concentrations < 1 μM Fe(II) were measured on a 250 cm 3000 Series Liquid Waveguide
179 Capillary Cell (LWCC, World Precision Instruments) (Waterbury et al. 1997). On the
180 spectrophotometer, the limit of detection (LOD, three times the standard deviation of the
181 blank) was 0.3 μM Fe(II) and the blank was 0.25 μM Fe(II). The typical relative standard
182 deviation (obtained by measuring replicates) was 2 % for > 10 μM and up to 5 % below 4
183 μM . For the LWCC, the LOD was 0.7 nM, the blank was 6 ± 4 nM and the typical relative
184 standard deviation was < 5 %.

185 The concentration of dFe(II) in the water column was determined using flow
186 injection chemiluminescence using luminol (Bowie et al. 2002; Ussher et al. 2007). The LOD
187 of this method (defined as three times the standard deviation of the blank) was 15 pM Fe(II)
188 and the blank was 25 pM Fe(II). The average relative standard deviation, obtained from
189 triplicate analyses, for all samples above the LOD was 6.7 %.

190 A $^{57}\text{Fe}/^{58}\text{Fe}$ double spike technique was used to determine the isotopic composition
191 of Fe in porewaters, seawater samples and core-top waters (Lacan et al. 2010; Conway et al.
192 2013). Samples were analysed on a Neptune *Plus* (Thermo Scientific) with an external
193 reproducibility of $\pm 0.04 \text{ ‰}$ (2 SD).

194 Porewater Mn concentrations in soluble and dissolved size fractions were
195 determined in diluted samples on a quadrupole ICP-MS (X-Series, Thermo Scientific). The
196 blank was < 0.8 nM, the LOD was 0.2 nM and the typical relative standard deviation was 2
197 %.

198 In order to examine phase associations of Fe and Mn in solid sediment phases, two
199 leaching schemes were applied to one core per season: (i) an ascorbic acid leach (Raiswell et
200 al. 2010) was applied, to extracts the easily reducible oxide phases, such as amorphous
201 ferrihydrite, but not the more crystalline oxide phases, and (ii) an acetic acid-hydroxylamine-
202 HCl (H-HCl) leach (Berger et al. 2008), to extract other amorphous oxide phases as well as
203 ferrihydrite. Fe and Mn in the leach solutions were determined using an inductively coupled
204 plasma optical emission spectrometer (ICP-OES, iCAP6000 Series, Thermo Scientific). For Fe,
205 the blank was < 0.06 $\mu\text{g/g}$, the LOD was < 4 $\mu\text{g/g}$ and the typical standard deviation was ~20

206 µg/g. For Mn, the blank was < 0.02 µg/g, the LOD was < 0.6 µg/g and the typical standard
207 deviation was 4 µg/g.

208 Nutrient concentrations in water column samples, in sediment porewaters and
209 experiments, were all analysed on board using a Bran and Luebbe segmented flow
210 colorimetric auto-analyser (Woodward and Rees 2001). The typical relative standard
211 deviation was 2-3 %; and the LODs were 0.02, 0.01, and 0.05 µmoles L⁻¹ for “nitrate plus
212 nitrite”, nitrite, and ammonia, respectively. Sulphide was measured using the colorimetric
213 technique of Cline (1969), and the detection limit was 1 µM.

214 Particulate organic carbon (POC) and nitrogen (PON) were determined using a Carlo-
215 Erba CHNOS analyser (Nieuwenhuize et al. 1994). Precision was 6.6 % RSD at 1.5 % POC and
216 2.4 % RSD at 0.13 % PON. Estimated detection limit for C was 3.6 µg and all sample carbon
217 contents were well above this value.

218 Shipboard experiments

219 In order to study conditions that are potentially important for the transfer of dFe across the
220 sediment surface, a series of shipboard micro-cosm experiments were carried out on the
221 late spring and late summer cruises. Experiments were performed in the ship's constant
222 temperature laboratory set to ambient bottom water conditions, and used acid washed (> 1
223 M HCl) equipment and analytical procedures adapted for low concentration Fe analyses
224 described previously.

225 The first experiment was designed to assess the qualitative impact of periodic water
226 column deoxygenation on the diffusive release of dFe and dFe(II) from sediment cores to
227 overlying water, and further to see how rapidly Fe would be lost upon re-oxygenation of the
228 overlying water. The experiment was run on both, late spring and late summer sediment
229 cores and with water samples. One sediment core and its overlying bottom water was
230 sealed from the ambient atmosphere and the depletion of oxygen was induced – due to
231 microbial respiration within the experiment – for about a week in the dark. Then, the sealed
232 core was opened and aerated, while kept in the dark. During aeration the oxygen
233 concentration in overlying water was monitored continuously, and sub-samples of seawater

234 were used to assess dFe(II) and dFe at several time intervals during this re-oxidation
235 processes over a period of ~2 days.

236 The second set of experiments was designed to measure the rates of dFe(II)
237 oxidation in selected bottom waters in the presence and absence of sediments. The
238 experiments were carried out in late summer only, on bottom waters collected with the
239 titanium rosette ~10 m above the seafloor, and on bottom water overlying sediment cores
240 (two replicates) collected at Site I (muddy sand). An Fe(II) standard (diluted from ammonium
241 Fe(II) sulphate hexahydrate, Sigma Aldrich, purum p.a. grade) was added to these water
242 samples for a target concentration of 200 nM Fe(II). The Fe(II) spiked waters were kept in
243 the dark to ensure no photo-reduction of Fe(III) occurred, and the waters were sub-sampled
244 (typically 15 times) over a period of ~4 hours to monitor the rates at which dFe(II) decreased
245 over time.

246 The third experiment (carried out during late summer only) investigated any
247 diffusive flux of dFe(II) and dFe across the sediment water interface, by periodically
248 subsampling core top water overlying sediments, which were collected from Site I. For
249 further details, see supplementary information.

250 Results

251 The shallowest and most variable oxygen penetration depths (OPDs) were observed in late-
252 spring at our study site (Site A), coincident with the end of the spring bloom. OPDs ranged
253 from 2.2 to 5.8 mm during the late spring (average 3.3 ± 1.1 mm, $n = 11$) and from 3.4 to 5.6
254 mm during late summer (average 4.1 ± 0.7 mm, $n = 8$; Figure 2). Based on replicate
255 determinations of OPD, a t-test (0.07) strengthens our view that OPD was significantly (p
256 <0.1) shoaled in late spring compared to late summer. We used a one-dimensional steady-
257 state oxygen diffusion-consumption model to approximate the rates of organic C oxidation
258 by fitting calculated outputs to the observed mean oxygen depth profile from each season.
259 The reduction of squared residuals between modelled and observed values was used to
260 optimize the model fit. The approach follows (Berner 1980), in which a single pool of
261 reactive organic C is attributed to oxygen consumption and the influences of bioturbation,

262 seasonal sediment accumulation and porosity structure are ignored, as described elsewhere
263 (e.g., Papadimitriou et al. 2004; Homoky et al. 2013). Oxygen consumption rates are found
264 to be greatest in the late-spring, corresponding to a proportionally higher rate of organic
265 carbon oxidation in the sediments ($11.9 \text{ mmol m}^{-2} \text{ d}^{-1}$) compared to the late summer season
266 ($8.6 \text{ mmol m}^{-2} \text{ d}^{-1}$; Figure 2).

267 Porewater nitrate maxima were similar in late spring and late summer seasons,
268 between 1 and 7 μM in the surface 0-1 cm (Figure 3). Porewater ammonia increases with
269 depth in both seasons consistent with nitrate conversion to ammonia. Nitrate
270 concentrations were higher in bottom waters ($\sim 8 \mu\text{M}$; Figure 3), whereas ammonia
271 concentrations were lower.

272 Porewater Mn concentrations had similar trends during both seasons, with shallow
273 sub-surface maxima at 1-2 cm (Figure 3). Porewater Mn in the soluble size fraction (sMn)
274 was also measured during the late spring season and had similar concentrations to dissolved
275 Mn (dMn; Figure 4), indicating that dMn was entirely in reduced and soluble forms,
276 consistent with the reductive dissolution of Mn(IV) following nitrate consumption.

277 Porewaters had similar depth-profiles for Fe concentration across all cores in both
278 late spring and late summer (Figure 3; additional profiles are displayed in the supplementary
279 information). Dissolved Fe was low at the surface (0.3 to 13 μM , 0-1 cm), and steadily
280 increased towards large sub-surface maxima (100 to 170 μM , 5-8 cm), before decreasing
281 slightly further down-core ($\sim 80 \mu\text{M}$, 12 cm depth). Generally, porewater total dFe equals
282 dFe(II) within sampling and analytical uncertainty. In addition, soluble Fe species (sFe),
283 which were measured during the late spring conditions only, correspond with dFe
284 concentrations within analytical uncertainty (Figure 4). However, surface and sub-surface
285 dFe(II) concentrations were greatest in the late spring. Sub-surface dFe(II) maxima were $150 \pm 20 \mu\text{M}$ ($n = 3$) in the late spring compared to $110 \pm 10 \mu\text{M}$ ($n = 3$) in late summer
286 conditions. Uppermost surface porewater dFe(II) concentrations were significantly elevated
287 in late spring conditions (5 to 13 μM) compared to late summer conditions (0.3 to 1.2 μM ;
288 Figure 5). Concentrations decreased by 2-5 orders of magnitude in core top waters (14 to 21
289 nM; Figure 3; Table S4), relative to dFe in surface porewater, and decreased further into

291 bottom waters approximately 10 m above the seafloor (5.4 to 10 nM; Figure 3; Table S4;
292 Figure 6; Table S5).

293 The isotopic composition of dFe ($\delta^{56}\text{dFe}$) in porewater depth-profiles was similar in
294 both seasons, ranging from -0.6 ‰ at 10-12 cm, to -3.0 ‰ in uppermost sediments –
295 comparatively lighter than core top water and bottom waters, where $\delta^{56}\text{dFe}$ values ranged
296 from -1.0 to -0.1 ‰ (Figure 3).

297 Porewater sulphide (H_2S) was below the limit of detection (< 1 μM) in our samples.
298 By proxy, the abundance of dFe(II) in our deepest porewaters is also consistent with the
299 absence of any substantial sulphate reduction and production of sulphide, and even trace
300 amounts of H_2S below our detection limit would likely have already been titrated as Fe-
301 sulphide by the excess of dFe(II).

302 Easily leached forms of Fe and Mn were consistently higher in surface sediments
303 above dissolved sub-surface maxima during both seasons (Figure 3), and indicate a
304 significant fraction of porewater Fe and Mn entrapment must be forming these authigenic
305 solid-phases (Figure 3). Ascorbic acid released Fe (Fe_{asc}) was highest in surface sediments
306 (up to 520 $\mu\text{g/g}$) and decreased down-core to ~150 $\mu\text{g/g}$. Trends for ascorbic released Mn
307 (Mn_{asc}) were similar (surface up to ~35 $\mu\text{g/g}$ decreasing to ~5 $\mu\text{g/g}$ at depth). The H-HCl
308 leach performed in the surface 1 cm of sediment resulted in a similar Fe release to that of
309 the ascorbic acid leach. However, the H-HCl leach removed significantly more Mn (up to 120
310 $\mu\text{g/g}$) compared to the ascorbic acid leach.

311 Water column dFe(II) at our study site was also found to increase significantly
312 towards the seafloor from < 15 pM at < 30 m (~75 m above the sea floor, asf) to 280 pM at
313 97 m (10 m asf) when measured between our sampling seasons, in July 2015 (Figure 6).
314 Furthermore, Fe(II) represents ~ 4 % of the total dFe pool in these bottom waters, and is
315 suggestive of a benthic source of dFe(II) and dFe to the water-column.

316 The air-tight incubation of water overlying sediment cores resulted in substantially
317 elevated dFe(II) and dFe concentrations in the late spring (up to 225 and 232 nM,
318 respectively), whilst in late summer much lower concentrations of dFe(II) and dFe were
319 detected (on average 12 and 28 nM, respectively; Figure 7). During the subsequent

320 ventilation of these incubated core top waters in the late spring, dFe(II) concentrations
321 decreased 10-fold after 150 minutes, but after nearly 500 minutes dFe(II) and dFe persisted
322 at elevated concentrations similar to the late summer experiment (12 and 33 nM,
323 respectively). Ventilation of core top water in the late summer produced no impact on
324 dFe(II) or dFe concentrations in core top waters (Figure 7). The pH was monitored during the
325 summer experiment and did not vary significantly (7.73 ± 0.05 , 1SD, $n = 2$).

326 Further, Fe(II) oxidation experiments were designed to compare Fe(II) oxidation
327 kinetics from core top waters in contact with sediments, bottom water isolated from
328 sediments, and theoretical rates (Figure 8). All waters exhibited Fe(II) oxidation rates slower
329 than theoretical predictions based on empirical constraints for seawater (Millero et al.,
330 1987), with core top waters presenting the slowest rates of Fe(II) loss. Measurements of
331 Fe(II) in diffusion experiments in the late summer showed no significant increase of dFe(II)
332 or dFe over a period of 3 days (dFe(II) < 2 nM; dFe < 4 nM, Figure S2), which confirms the
333 absence of significant inputs of Fe due to diffusion or handling in our shipboard
334 experiments. The pH was monitored throughout the experiments and remained at 8.1 ± 0.3
335 (1SD, $n = 5$).

336 Discussion

337 Seasonal redox cycling of dFe and sFe in Celtic Sea shelf sediments
338 Oxygen penetration depths were most varied but, on average, shallowest in late spring
339 (ranging 2.2-5.8 mm, Figure 2), which is consistent with wider spatio-temporal assessments
340 of OPD in the Celtic Sea (Hicks et al. submitted). Most likely, this reflects the enhanced
341 supply of organic carbon to the sediment and metabolic consumption of O₂, combined with
342 enhanced macro benthic faunal activity at our study site. Higher rates of oxygen
343 consumption and organic carbon oxidation are supported by modelled diffusion-
344 consumption of O₂ (Figure 2). In addition, this hypothesis is supported by peak chlorophyll
345 abundance, observed via MODIS satellites two weeks prior to our sediment sampling in late
346 spring (Thompson et al. submitted), and particulate organic carbon concentrations in the

347 surface layers (0-10 cm) that are highest in late spring (1.25 %), and decrease by late
348 summer (1.14 %) as bloom-derived carbon is decomposed (Figure S1).

349 Beneath the sediment surface, dissolved macronutrients (NO_3^- , NH_4^+) and metals (Fe,
350 Mn) in porewaters follow their anticipated biogeochemical depth-distributions during early
351 diagenesis (Froelich et al. 1979; Burdige 2006). Following the consumption of O_2 , NO_3^- is
352 reduced and transformed to NH_4^+ , followed by the reduction of solid Mn and Fe oxides
353 down-core and the release of their soluble reduced forms to porewaters (Figure 2).
354 Assuming simple conversions between NH_4^+ and NO_3^- are a simplification of the true
355 complexity of the benthic N-cycle. Briefly, the remineralisation of organic matter leads to
356 the release of nitrogen in the form of NH_4^+ , which is immediately oxidised to NO_3^- in the
357 presence of oxygen, and which in turn is removed via denitrification and anammox in anoxic
358 sediments below (e.g., Devol et al. 2015).

359 To date, there is little detailed knowledge of the redox state and size distributions of
360 Fe in shelf sediment porewaters. Here we demonstrate that the proportion of porewater
361 dFe as dFe(II) at our study site is > 85 % in the upper 3 cm and ~100 % in the ferruginous
362 zone below (Figure 2). Thus, Fe(II) is supplied to porewater in the sub-surface (from the
363 dFe(II) maxima, between 3 and 8 cm depth) and is prone to oxidative-removal towards the
364 sediment surface, and most likely to sulphide-mineral trapping at deeper depths, resulting
365 in the curvature typical of porewater Fe(II) profiles (Froelich et al., 1979; Severmann et al.
366 2006). Porewater profiles of Fe and Mn and their seasonal variations compare well to those
367 in depositional areas of the southern and eastern North Sea (Slomp et al. 1997). Porewater
368 dFe maxima are isotopically light ($\delta^{56}\text{Fe}$ -1.7 to -0.9 ‰), consistent with supply of dFe(II)
369 from the dissimilatory reduction of Fe(III) oxide by bacteria (Severmann et al. 2006; Homoky
370 et al. 2009; Henkel et al. 2016). In addition, our observations of dFe, $\delta^{56}\text{dFe}$, dMn, nitrate
371 and POC content in the Celtic Sea are similar to observed ranges in sediments from low-
372 oxygen California-Oregon shelves (Severmann et al. 2006; Homoky et al. 2009; 2012) where
373 benthic fluxes of isotopically light dFe to the ocean are observed (Severmann et al. 2010).

374 For the first time we have combined physicochemical Fe observations in porewater
375 with speciation measurements. We show that porewater dFe(II) is almost entirely (> 85 %)
376 in the soluble (< 0.02 μm) size range, and colloidal forms of Fe are largely absent under

377 these conditions (Figure 4). Similarly, porewater dMn(II) is also found in the truly soluble
378 phase (100 % of dMn is < 0.02 um). The sFe forms may be simple ionic species, nano-
379 particulate forms or may contain small ferrozine-reactive Fe(II) organic complexes. This
380 contrasts with findings from deep sea sediments in the Crozet region presented in Homoky
381 et al. (2009; 2011), where on average 80 % of Fe and 61 % of Mn was in the colloidal size
382 fraction (0.02 to 0.2 μ m). Porewater dFe mainly being in the reduced form in the shelf
383 sediments studied here also means that there is no evidence for any significant
384 concentrations of Fe(III) organic complexes as reported for anoxic porewaters in estuarine
385 systems (Jones et al. 2011; Beckler et al. 2015).

386 Dissolved Fe generated in sediments and supplied to porewater will diffuse along its
387 concentration gradient towards regions of reactive consumption or transport loss. Iron(II)
388 oxidation in porewaters may be coupled to O_2 or NO_3^- reduction (Laufer et al. 2016). There
389 are good empirical basis' to understand Fe(II) oxidation kinetics attributed to O_2 (Millero et
390 al. 1987) and in the presence of NO_3^- (e.g., Gonzalez et al. 2010), previously explored in a
391 study of benthic Fe flux (Homoky et al. 2012). However, the impact of enzymatic Fe(II)
392 oxidation via NO_3^- reduction is still unclear. Near-surface gradients in dFe and dMn clearly
393 indicate diffusion towards reaction in the surface oxic-layer, and potentially to the overlying
394 water-column. A concomitant increase in sediment-leachable Fe and Mn is seen towards the
395 sediment-water interface (Figure 3), and accounts for an important fraction of dissolved Fe
396 and Mn removal in surface sediments. A similar inverse correlation between porewater
397 dFe(II) and hydroxylamine-HCl leachable Fe has been observed in surface sediment from the
398 North Sea, where the leachable Fe pool was also suggested to originate from sub-surface
399 DIR (Henkel et al. 2016). The ascorbic acid leach extracts easily reducible ferrihydrite, which
400 is the first amorphous Fe oxyhydroxide phase precipitated due to Fe(II) oxidation (Raiswell
401 et al. 2010). The hydroxylamine-HCl leach extracts other reactive Fe phases that have been
402 argued to be bioavailable, as well as ferrihydrite (Berger et al. 2008). Manganese seems to
403 be trapped preferentially by materials released by the reducing hydroxylamine-HCl leach.

404 No sulphide was detected at any depths in our porewaters, and we observe
405 negligible down-core enrichment of heavy Fe isotopes in porewater that would be indicative
406 of removal to sulphides (Severmann et al. 2006). However, the gradual decrease in dFe(II)

407 below its maximum (Figure 3) most likely reflects downward diffusion as dFe(II) is converted
408 to FeS in an underlying sulphate-reducing zone (Froelich et al. 1979).

409 The near-surface oxidation of Fe(II) to Fe(III) and the subsequent formation of Fe(III)
410 oxides, is understood to preferentially incorporate heavier isotopes into authigenic Fe(III)
411 phases, leaving behind lighter Fe(II) (e.g., Welch et al. 2003). Accordingly, a trend towards
412 lower porewater $\delta^{56}\text{Fe}$ is observed from ~6 cm depth (~ -1.0 ‰) towards the sediment
413 surface (~ -3.0 ‰) during both seasons, indicative of oxidative Fe(II) removal, and recycling
414 during DIR (Severmann et al. 2006; Homoky et al. 2009). A return to higher porewater $\delta^{56}\text{Fe}$
415 in the uppermost sediment layer was observed during late spring and similar trends have
416 been observed in sediment cores collected from shelf-slope sediments in the South East
417 Atlantic (Homoky et al. 2013) and in the North Sea (Henkel et al. 2016). Henkel et al. (2016)
418 reason that oxidative precipitation of Fe preferentially removes light isotopes, as proposed
419 by Staubwasser et al. (2013), due to environmental variances in kinetic and equilibrium
420 isotope fractionation processes compared to experiments (e.g. Welch et al., 2003). Whereas
421 Homoky et al. (2013) reasoned that a transition to higher $\delta^{56}\text{Fe}$ towards the sediment
422 surface resulted from mixing with an isotopically heavier and more stable Fe source, that
423 has a relatively low dFe concentration. In both scenarios, a potential role for organic
424 complexion of Fe exists. If such organic complexes were to stabilise a fraction of dFe across
425 the surface oxidising zone of porewaters, the isotopic composition of the dFe pool might
426 shift towards heavier isotopic compositions, which have been attributed to organic Fe-
427 complexes (Dideriksen et al. 2008; Morgan et al. 2010), and would resist authigenic
428 precipitation. Accordingly, our observed trend towards higher $\delta^{56}\text{Fe}$ extended from surface
429 porewater into oxygenated core-top water and bottom water samples, while dFe
430 concentrations steadily decreased (Figure 3).

431 Porewater dFe(II) was elevated in the surface (0-1 cm) during the late spring (4.5 to
432 13.4 μM , $n = 3$) compared to late summer (0.3 to 1.2 μM , $n = 3$, Figure 5, Table S3),
433 coincident with the shoaling of OPD, linked to the deposition of organic matter during the
434 bloom. Such seasonal variations in dFe and dMn were also reported in the water column of
435 the North Sea and attributed to bloom-promoted release from sediments (Schoemann et al.
436 1998). Unexpectedly, our observed late spring surface porewater dFe(II) values are in the

437 same range as surface sediment dFe concentrations ($\sim 7 \mu\text{M}$) from the high-carbon
438 accumulating and low-oxygen Oregon Shelf (120 m water depth, Homoky et al. 2009),
439 where substantial benthic fluxes of dFe have been measured. Albeit, our reported values
440 remain lower than surface sediments underlying near-anoxic waters (e.g. $\sim 100 \mu\text{M}$ dFe(II)),
441 (Severmann et al. 2006; Severmann et al. 2010). Dissolved Fe concentrations in overlying
442 bottom waters (20 nM, with 15 nM as dFe(II); Table S4) were 1-5 orders of magnitude lower
443 than the upper centimetre of porewater, and even lower in bottom water 10 m above the
444 seafloor (5 to 10 nM; Figure 3). The presence of Fe(II) ranged from $\sim 70 \%$ of dFe in directly
445 overlying bottom water at our study site (Table S4) to $\sim 4 \%$ at 10 m above sea floor (Figure
446 6, Table S5), indicating that a significant fraction of upward diffusing Fe(II) is able to escape
447 the oxidative trap in the surface sediments and enter the water column.

448 Impact of water column oxygen on release of benthic Fe(II)

449 Large benthic fluxes of dFe to the water column are widely reported in oxygen deficient
450 zones and are on the order of $100\text{-}1000 \mu\text{mol m}^{-2} \text{ d}^{-2}$ (Homoky et al. 2016 and references
451 therein). These observations enable an empirical assessment of the impact of oxygen
452 concentration on the release of Fe(II) from seafloor sediments (Dale et al. 2015). Parts of the
453 UK shelf, other than our study site, seasonally undergo modest periods of reduced-oxygen
454 concentration (e.g., $160\text{-}200 \mu\text{mol L}^{-1}$, compared to $280\text{-}310 \mu\text{mol L}^{-1}$ at other times of the
455 year; Greenwood et al. 2010). To examine the likely impact of such changes in bottom water
456 oxygen on the release of dFe from our study site, sediment cores and bottom water were
457 sealed from the atmosphere, so that benthic respiration processes would draw down
458 oxygen from the overlying water into the sediment. This resulted in similarly reduced
459 dissolved oxygen concentrations at $t = 0$ hrs of ~ 150 and $\sim 120 \mu\text{M}$ for late spring and late
460 summer, respectively, but the accumulation of dFe in bottom waters was substantially
461 different (Figure 7). High dFe concentrations (up to 240 nM) were measured in the late
462 spring experiment, while in the late summer dFe concentrations only reached $\sim 25 \text{ nM}$. This
463 indicates that seasonal differences in near surface pore water dFe concentration (Figure 5)
464 and OPD (Figure 2) are important controls on the release of dFe to bottom waters.

465 During the late spring, aeration of the incubated core top water induced rapid
466 oxidation of Fe(II) and removal of dFe from solution (Figure 7). However, for both seasons

467 the residual concentration of dFe is in the range 25-30 nM, of which 30-50 % is present as
468 Fe(II) despite reaching saturated oxygen concentrations – roughly 10 times greater than dFe
469 concentrations reported for bottom waters at this site (5.4 to 10 nM, ~10 m above seafloor;
470 Figure 3; Table S4; Figure 6; Table S5). Seawater Fe(II) oxidation kinetics predict nearly all
471 Fe(II) should be oxidised to Fe(III) in our experiments in just a few minutes (Millero et al.
472 1987) and for this reason it has been generally assumed that oxic shelves are not a
473 significant source of Fe to the overlying water column. However, the observation of Fe(II)
474 present in oxic waters over a period of > 2 days suggests that rapid oxidation and fallout of
475 Fe oxides is inhibited, due to some sort of Fe(II) and Fe(III) stabilisation. It is possible that
476 organic carbon present during the late spring period, not only enhances the release of dFe,
477 but also enhances the formation of organic ligands that are able to bind with Fe(II) and
478 Fe(III) and serve to reduce the oxidative removal of dFe.

479 Fe(II) oxidation kinetics in core-top and water column seawater
480 The oxidation kinetics of Fe(II) were investigated in water column samples and in seawater
481 overlying sediment cores (Figure 8). Oxidation rates in core top water were nearly twice as
482 slow as in bottom waters, which themselves were more than 5 times slower than our
483 empirical predictions (respective [Fe(II)] half-lives were 41, 23 and 3.8 minutes after Millero
484 et al. (1987)). Further, the observed Fe(II) concentrations do not rigorously follow first order
485 kinetics. Such behaviour has been observed in hydrothermal vent plumes, suggesting some
486 stabilisation of the reduced form of Fe, possibly through organic complexation (Statham et
487 al. 2005). Evidence for stabilisation of dFe(II) in marine systems by organic ligands has been
488 observed in estuarine waters (Hopwood et al. 2015), in previous shelf sediment incubation
489 experiments (Homoky et al., 2012), and in bottom waters adjacent to the continental
490 margin (Bundy et al. 2014). Thus, most likely, the complexation of Fe to organic ligands plays
491 an important role in stabilising sediment-derived Fe delivered to the water column.
492 Laboratory studies have shown that a range of simple organic molecules can impact Fe(II)
493 oxidation rates, and whilst some had no effect, others directly or indirectly slowed the net
494 oxidation rate (Santana-Casiano et al. 2000). It is also possible that inorganic complexes
495 such as sulphides could stabilize Fe(II) in solution in the form of Fe sulphide nanoparticles
496 (Yücel et al. 2011), but evidence for this in shelf systems has not been demonstrated.

497 The high residual dFe(II) concentrations at the end of incubation experiments show
498 that something - most likely organic complexation - must routinely inhibit the oxidation of
499 Fe(II) and maintain a fraction of dFe(II) in solution. Core top waters sampled throughout our
500 study had consistently elevated dFe(II) and dFe concentrations (up to 14 and 21 nM,
501 respectively, Table S4). The diffusion experiment in the late summer showed no significant
502 increase or decrease in dFe(II) (0.8 ± 0.5 nM, $n = 6$) or dFe (2.8 ± 0.6 nM, $n = 6$) over a period
503 of 6 days in core-top water (Figure S2). Therefore, elevated dFe(II) and dFe concentrations
504 found in sampled core top waters must reflect an effectively stable form of Fe. Most
505 importantly, dFe(II) concentrations in core top water were substantially higher than dFe
506 concentrations in the overlying water column, indicating dFe(II) most likely originates from
507 the sediments and provides a source of dFe to the water column even in the late summer.

508 Organic complexation is also able to keep Fe(III) in solution above solubility-
509 controlled values, within the available ligand capacity. Evidence for Fe(III) ligand production
510 in sediments has been provided for an estuarine system (Jones et al. 2011). As the Fe(II) in
511 the proposed organic ligands is oxidised, it may remain associated with the ligand complex,
512 converting to Fe(III)-L complexes, which may be much stronger than Fe(II)-L complexes.
513 Alternatively, Fe(II) precipitation to Fe(III)-oxyhydroxide nanoparticles may constitute a
514 colloidal fraction of dFe with or without organic complexes (e.g., Raiswell and Canfield
515 2012).

516 Modelling of Fe(II) fluxes from sediments to an oxic water column
517 Organic complexes could inhibit the oxidative precipitation of dFe(II), and could therefore
518 increase the diffusive flux of dFe(II) across the oxic surface layer of shelf sediments to the
519 overlying water column. We consider the impact of organic complexes using a 1-
520 dimensional, steady-state, transport-reaction model to calculate diffusive fluxes of Fe(II)
521 from porewater to the water column. Our approach follows Raiswell and Anderson (2005),
522 which is used elsewhere to evaluate pore water fluxes of Fe(II) (Homoky et al. 2012;
523 Homoky et al. 2013; Wehrmann et al. 2014). To simulate the presence of organic ligands we
524 simply use a fraction (f) between 0 and 1 of the Fe(II) oxidation rate constant (k), to
525 calculate the diffusive fluxes of Fe(II) based on site A sediment characteristics (Figure 9, see
526 supplementary information).

527 In the absence of any Fe(II)-stabilising ligands ($f_k = 1$) a diffusive flux of 24 μ moles
528 Fe(II) $m^{-2} d^{-1}$ is calculated from site A under late spring conditions, where OPD was 3.3 mm,
529 pH 7.25 and near-surface Fe(II) concentration was 6.1 μ M (averaged at 0.5 cm, $n = 3$). A
530 smaller flux of 3.6 μ moles $m^{-2} d^{-1}$ is calculated for late summer conditions (OPD = 4.1 mm,
531 pH 6.88, Fe(II) = 0.9 μ M, $n = 3$). If Fe(II) oxidation was prevented in the surface sediment (f_k
532 $\rightarrow 0$) these fluxes would increase by 30 and 8 % to 31 and 3.9 μ moles $m^{-2} d^{-1}$, respectively.
533 Although we only have ionic diffusion coefficients available for our treatment of Fe(II)-
534 Ligand complexes, Fe(II)-stabilizing ligands at Site A have a clear potential to impact diffusive
535 fluxes. However, by stabilising dissolved species of Fe, their impact in the overlying water-
536 column will likely be even more significant for benthic inputs. Diffusive fluxes of Fe(II) in the
537 late spring period would provide up to 0.3 nmol $L^{-1} d^{-1}$ throughout an evenly-mixed 110 m
538 water column, compared to < 0.04 nmol $L^{-1} d^{-1}$ in the late summer period. Our theoretical
539 approach considers only diffusive transport, yet transfer of Fe(II) from pore waters could be
540 further enhanced by advective transport due to physical mixing in the water-column, bio-
541 turbation and -irrigation or anthropogenic disturbance to surface sediments.

542 A previous study of benthic Fe cycling in depositional areas of the North Sea found
543 no dFe flux from sediments to overlying water using a steady state reaction-diffusion model,
544 but found 20 to 210 μ moles $m^{-2} d^{-1}$ when calculating diffusive dFe fluxes from measured
545 porewater profiles modelling simple diffusion that ignored Fe(II) oxidation (Slomp et al.
546 1997). We can compare our diffusive Fe(II) fluxes from porewaters with those predicted by a
547 recent global assessment of benthic Fe flux measurements from benthic chambers. Dale et
548 al (2015) describes the dependence of benthic Fe flux on the rate of organic carbon
549 oxidation in sediments and bottom water oxygen concentrations based on a compilation
550 and regression of all known determinations. Where our organic C oxidation rates are
551 calculated to be 8.6 to 11.9 mmol $m^{-2} d^{-1}$ and bottom water oxygen is 267 to 252 μ M,
552 benthic Fe fluxes for our study site are estimated to be 8.0 μ moles $m^{-2} d^{-1}$ in late spring and
553 5.5 μ moles $m^{-2} d^{-1}$ in late summer – slightly higher than our late summer determination of
554 3.6-3.9 μ moles $m^{-2} d^{-1}$, but less than our late spring determination 24-31 μ moles $m^{-2} d^{-1}$. To
555 a first approximation, this is a favourable comparison, and it is not unreasonable that
556 individual study sites will have benthic Fe fluxes that deviate from the averaged

557 relationships described by Dale et al. (2015). However, it is also clear that well-oxygenated
558 ocean margins have been largely absent from the compiled benthic Fe flux data used to
559 parameterise ocean biogeochemical models to date (Homoky et al. 2016), hence there is
560 potential for an underestimated contribution of dFe from oxic ocean margins.

561 Implications of benthic Fe(II) fluxes to an oxic water column

562 The dFe(II) stabilisation outlined above may enhance and maintain dFe(II) fluxes to the
563 overlying water column. A study of the shelf and slope in the Bay of Biscay, south-west off
564 the coast of Brittany found that labile dFe(II) species account for > 8 % of dFe species in
565 bottom waters of the shelf break, and suggested that benthic processes (resuspension and
566 diagenesis) represent important sources of dFe(II) and dFe, increasing the availability of Fe
567 to microorganisms (Ussher et al. 2007). Elevated dFe(II) near the sea floor at Site A was also
568 observed in July 2015 (Figure 6) and represents ~4 % of the dFe pool. The steep increase in
569 dFe(II) concentrations towards the seafloor is consistent with our evaluation of a
570 sedimentary source, although release of dFe(II) from the degradation of organic matter in
571 the water column may also contribute to bottom water dFe(II) maxima.

572 Whilst there appears to be a low background diffusive input of Fe from the
573 sediments throughout the seasons (Figure 9; Figure S2), the deposition of C in biogenic
574 debris from the upper water column after the spring bloom is a major driver for additional
575 inputs of Fe to porewaters, as was previously hypothesised (Schoemann et al. 1998). The
576 degradation and turn-over of this organic material at the seafloor appears to happen within
577 a 2-month period. Following release of Fe in the late spring, sediments gradually reset to
578 pre-bloom conditions. This view of carbon flux to sediments being a major driver for iron
579 release supports predictions from Elrod et al. (2004) and the reevaluations by Dale et al.
580 (2015). It is shown that the Fe flux is dependent on the position of the redoxcline within the
581 sediment and the availability of organic material at the seafloor, with the stabilisation of
582 dFe(II) by ligands acting as a further mechanism to enhance dFe transfer to the water
583 column. The findings discussed here apply to cohesive shelf sediments. However, sandy
584 mud only covers 0.8 % of the seafloor in the Celtic Sea. Sandy sediments, on the other hand,
585 cover a large fraction of the seabed (16.5 %, Thompson et al. submitted) and are also
586 affected by seasonal inputs of organic matter, where organic Fe complexation could

587 mediate benthic exchanges of Fe. This unconsolidated coarse sediment contains less organic
588 carbon, but is much more permeable and so may host important advection-dominated
589 exchange processes for dFe in shelf settings.

590 Based on our findings here, we suggest that temperate shelf seas equivalent to the
591 Celtic Sea need to be more explicitly represented in future ocean biogeochemical models,
592 where ligand-mediated benthic exchanges of Fe occur in response to seasonal
593 phytoplankton blooms. In such environments, Fe flux predictions based on previous benthic
594 chamber studies (e.g., Dale et al. 2015) might underestimate the true magnitude of
595 dissolved Fe input to the shelf seas. Although many sediment types across the Celtic Sea
596 receive seasonal inputs of organic matter, benthic Fe fluxes in cohesive and non-cohesive
597 sediments will be controlled by distinct diffusion-advection regimes for porewater solutes.
598 Animal activity, waves, tides and human-induced disturbances of shelf sediments will all
599 impact transport processes, but they are also ill quantified. An appraisal of exchange
600 processes and rates across coarser and more permeable sediments will support a more
601 rigorous scaling-up of our findings across the Celtic Sea, to quantify the impact of ligand-
602 mediated benthic fluxes to oxic shelf seas. Such a result, once seasonal perturbations to
603 benthic oxygen and to carbon dynamics and ligand-sustained fluxes of Fe are properly
604 accounted for, is likely to reveal that a larger amount of Fe is released from oxic shelf
605 sediments, which are estimated to typify most of the ocean-continent boundary, especially
606 in large areas of the Atlantic, Artic and Southern Oceans (Homoky et al. 2016), than
607 previously assumed.

608 Conclusions

609 Porewater dFe in cohesive sediments underlying an oxic shelf is mainly present as Fe(II) in
610 the soluble size fraction. This implies that porewater Fe(II) is in the ionic form or complexed
611 to ligands in the soluble size fraction. Porewater Fe(II) is produced at ~6 cm below the
612 surface via DIR, and is partially trapped in surface sediments as insoluble Fe(III) oxide phases
613 during upward diffusion, leading to low concentrations of residual dFe(II) in surface
614 porewaters with a characteristically light isotopic composition ($\delta^{56}\text{Fe}$ down to -3 ‰).

615 Even though large amounts of porewater dFe are lost to oxidation, the studies
616 described here provide evidence for a significant release of dFe as Fe(II) from cohesive
617 sediments underlying oxic waters on shelves in temperate systems. Stabilisation of dFe(II) in
618 surface sediment porewaters appears to be an important factor for diffusion across the
619 surface oxidizing layer of sediments, and most especially for the fate of dFe(II) species that
620 are subsequently entrained in the water-column and contribute to elevated dFe
621 concentrations on this oxic shelf. The deposition of phytoplankton debris at the seafloor
622 provides a boost to the release of Fe through the decomposition and remineralisation of
623 organic matter, as well as increased diagenetic release from sediments under changing
624 redox conditions, in line with earlier work on sediment release of dFe(II) in response to
625 carbon inputs (Elrod et al. 2004; Dale et al. 2015).

626 The work reported here provides a mechanistic explanation for the elevated
627 dissolved water column Fe found overlying oxic shelves, relative to the open ocean. Given
628 the global extent of oxic shelves, the work implies a larger shelf source of dFe to the ocean
629 might exist than is predicted from existing compilations of benthic Fe fluxes that do not
630 resolve the influence of organic complexation of Fe originating from shelf settings. Detailed
631 studies of organic stabilisation processes in these and other ocean-sediment settings are
632 required to improve our knowledge of the role and sensitivity of sedimentary sources of Fe
633 linked to marine biogeochemical cycles.

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837 **List of Figures**

838 Figure 1: Location of study site (black star) on a map of surface sediment types for the UK
839 shelf (inset) and Celtic Sea areas using simplified Folk textural classifications from mud (M)
840 through sand (S) to gravel (G), based on surface sediment maps of the British Geological
841 Survey (Folk 1954; Stephens 2015; Stephens and Diesing 2015). Site A is located in an area
842 of sandy mud (sM). Adapted from Thompson et al. (submitted).

843 Figure 2: Oxygen depth-profiles across the sediment-water interface at Site A during late
844 spring and late summer. Symbols show seasonally averaged O₂ measurements, and error
845 bars (2SD, n = 8-11) reflect natural variations down core. Analytical precision of individual
846 measurements is within the width of the symbols. Dashed lines reflect mean O₂ penetration
847 depths (OPDs) and grey bars their variability in each season (2SD, n = 8-11). Diffusive
848 boundary layers overlying the sediment water interface are observed to be 0.6 mm.
849 Modelled fits for oxygen depth-profiles are shown by the solid orange line; modelled
850 seasonally averaged O₂ consumption and proportional rates of seasonally averaged organic
851 C oxidation rates are presented (see text for more details).

852 Figure 3: Distribution of NO₃⁻, NH₄⁺, dMn, dFe, dFe(II), and $\delta^{56}\text{Fe}$ in porewaters and
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855 top water (bottom water sampled from sediment cores) are displayed above the sediment-
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859 dFe concentrations and isotopic compositions from core top water and bottom seawater
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861 water (μM) and bottom water (nM). All error bars (SD) are smaller than the symbols.

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864 Figure 5: Average porewater dFe(II) concentrations during late spring and late summer.
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866 standard deviation of these three measurements, dominantly reflecting natural
867 heterogeneity within the sediment. Between seasons porewater dFe(II) concentrations are
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879 Theoretical predictions (Millero et al. 1987) are displayed for comparison. The first-order
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882 Figure 9: Calculated diffusive fluxes of Fe(II) to bottom water. (a) Benthic fluxes calculated as
883 a function of fractional (f) strength of the Fe(II) oxidation rate constant k . Where $f_k = 1$, k
884 follows empirical dependencies of Fe(II) oxidation rate in seawater (Millero, et al., 1987).
885 Where f_k is <1 , Fe(II) oxidation is inhibited to simulate the presence of Fe(II)-stabilizing
886 ligands. (b) Benthic Fe(II) flux normalized to its calculated value in the absence of any
887 simulated ligands ($f_k = 1$). These theoretical considerations illustrate how benthic Fe(II)
888 fluxes are greatest in late spring, and that ligands may serve to enhance the diffusive flux of
889 dissolved Fe species released from sediments by up to 30 % in late spring and 8% in late
890 summer.

891 Figure 10: Seasonal diffusive Fe(II) fluxes from the Celtic Sea Shelf and the proposed
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894 shading within arrows. Diffusive fluxes of Fe(II) which ignore the influence of ligands are
895 smaller and correspond to minimum flux values described for each season. A shoaling of the
896 oxygen penetration depth (OPD), increase in the surface porewater inventory of dFe(II) and
897 an increase in the diffusive flux of dFe(II) to bottom waters coincides with the enhanced
898 supply and decomposition of phytodetritus at the seafloor in late spring. An apparent 10-20
899 fold reduction in Fe(II) oxidation rates over empirical predictions observed in our study was
900 attributed to the stabilizing influence of Fe(II)-complexing organic ligands at the seafloor.
901 The extent to which ligands may moderate benthic Fe fluxes will further depend on their
902 size, abundance, stability and diffusive properties, which were not determined in this study.
903 Dissolved Fe delivered to bottom water will undergo continued oxidation of Fe(II) to Fe(III)
904 in addition to particle-adsorption and aggregation processes. The true magnitude of
905 dissolved Fe species released to bottom waters, will further reflect the influence of
906 biological and physical disturbances to the sediment-water interface and transport
907 mechanisms within the benthic boundary layer, which may further enhance exchange rates,
908 but are neglected in our assessment.

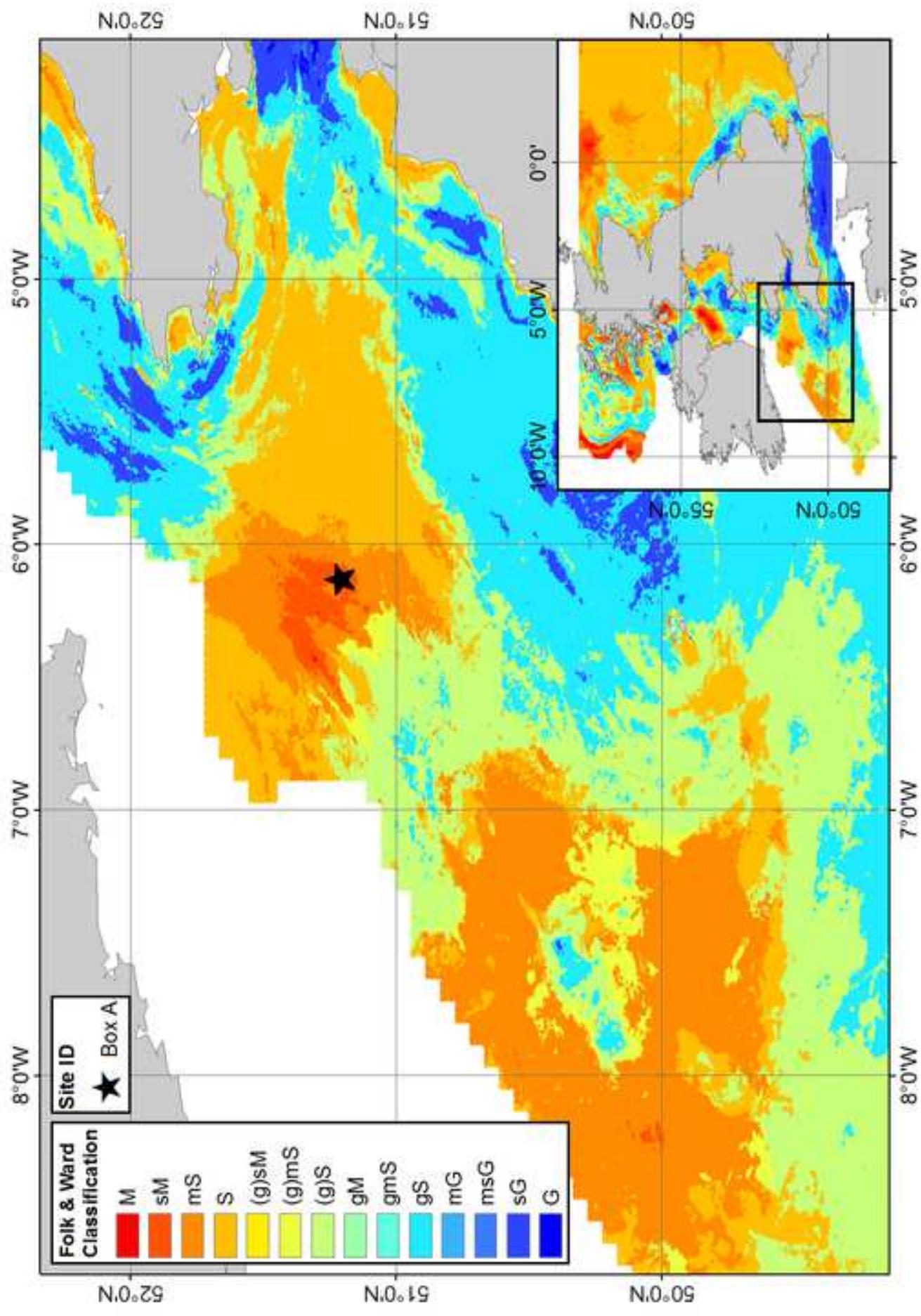


Figure 2

Late spring

[Click here to download LateSpring profile+model_v4.pdf](#)

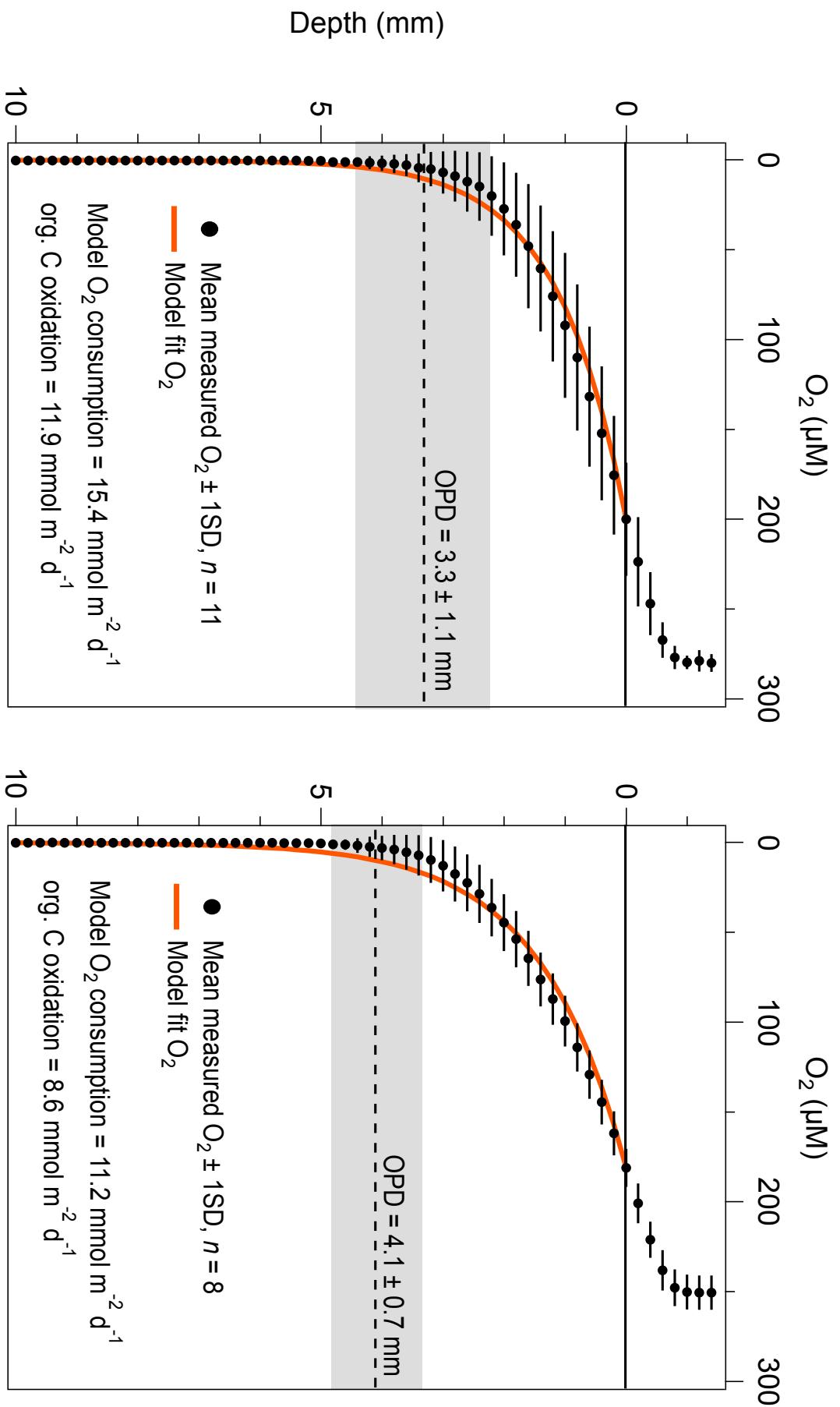


Figure 3

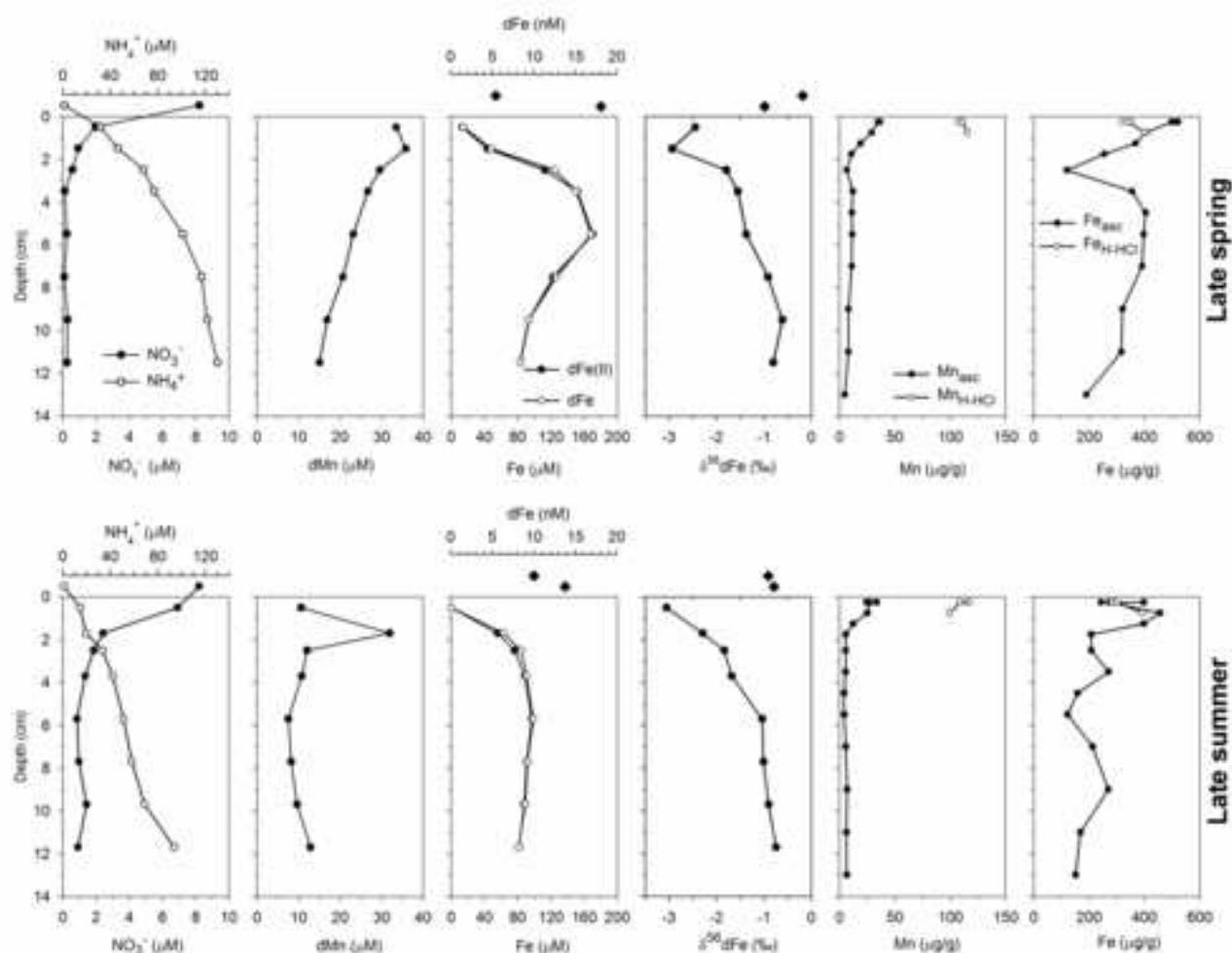
Click here to download Figure Fig 3 Porewater profiles grid.TIF 

Figure 4

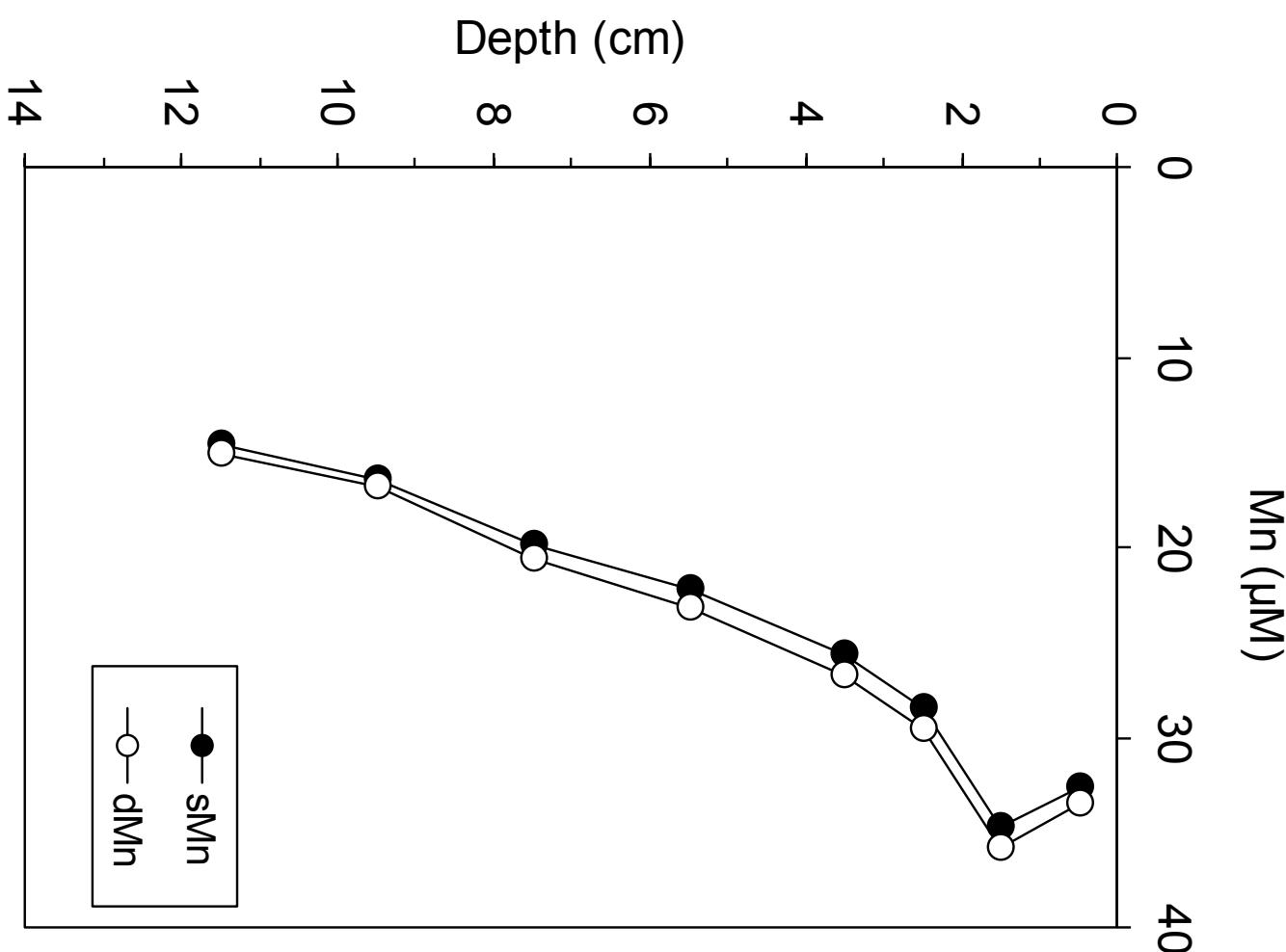
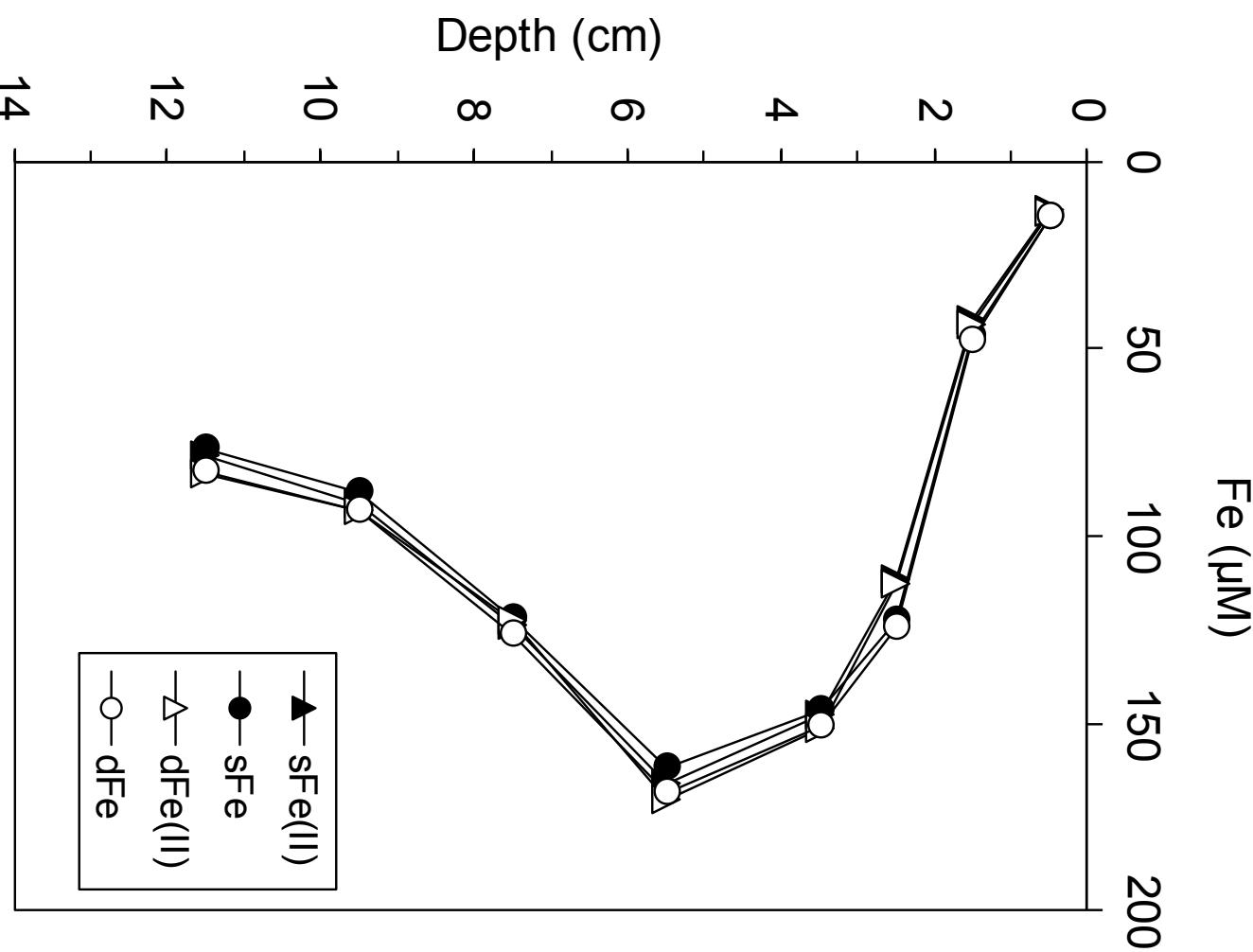
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Figure 5

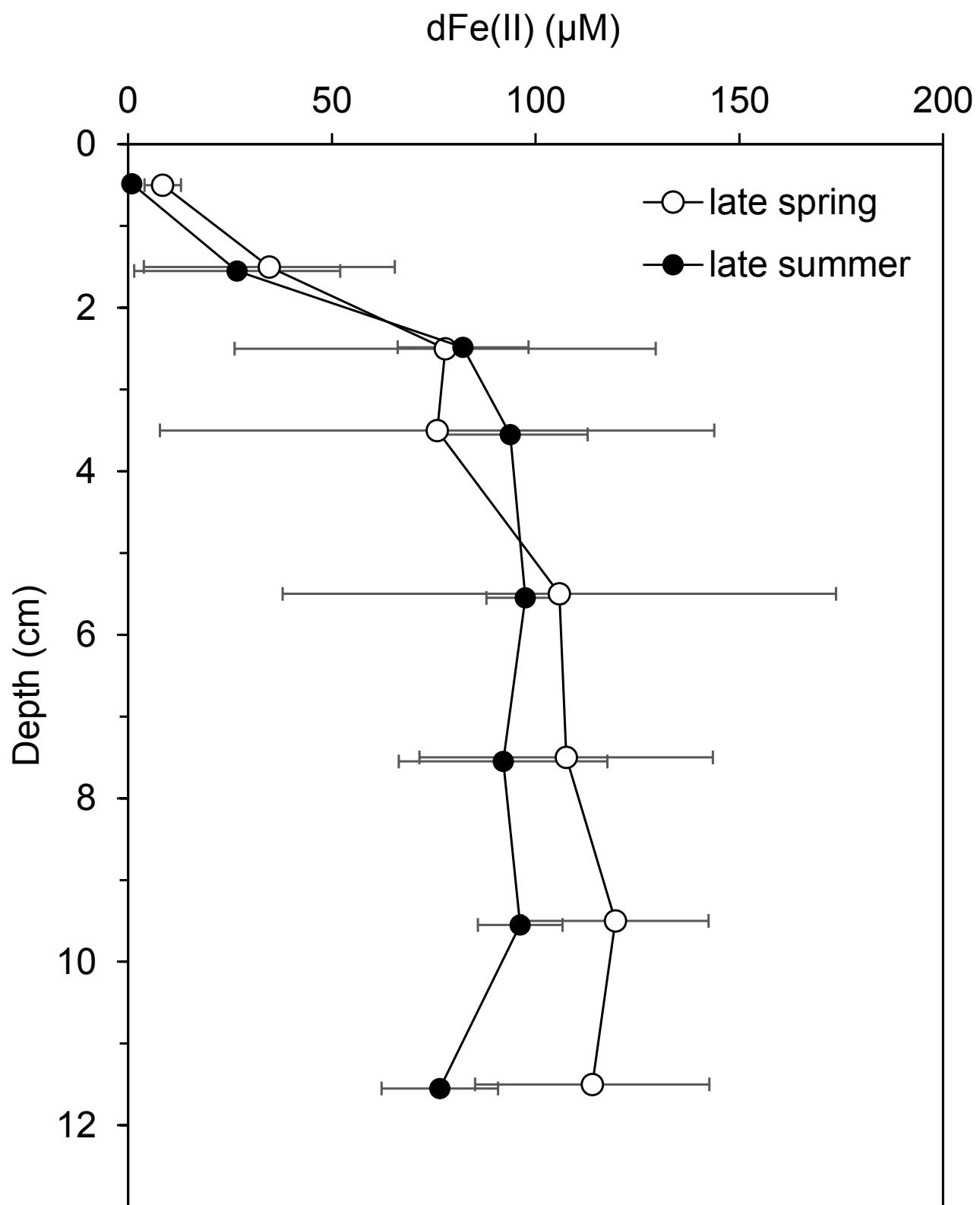
[Click here to download Figure Fig 5 average PW dFe\(II\).pdf](#)

Figure 6

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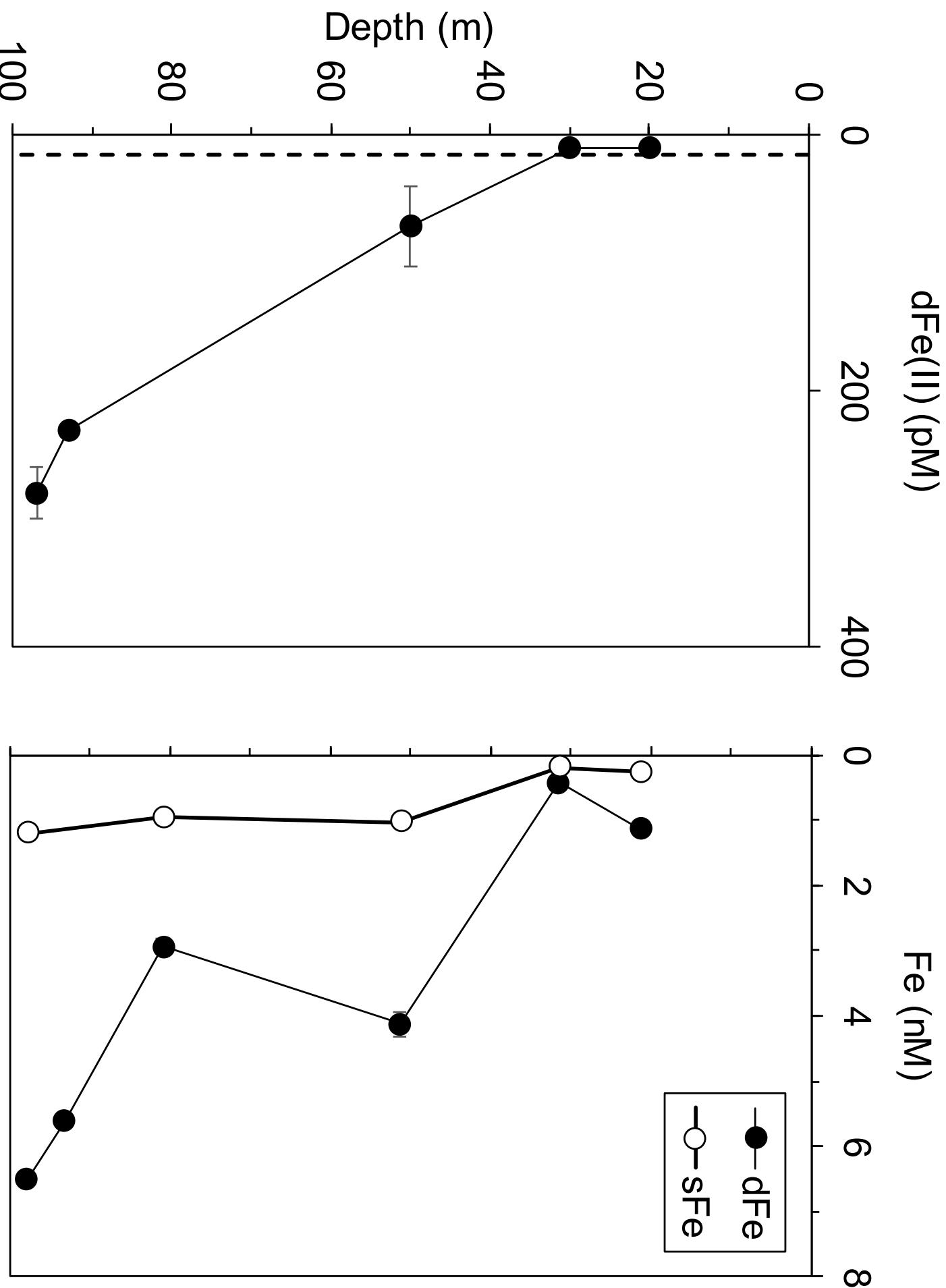


Figure 7

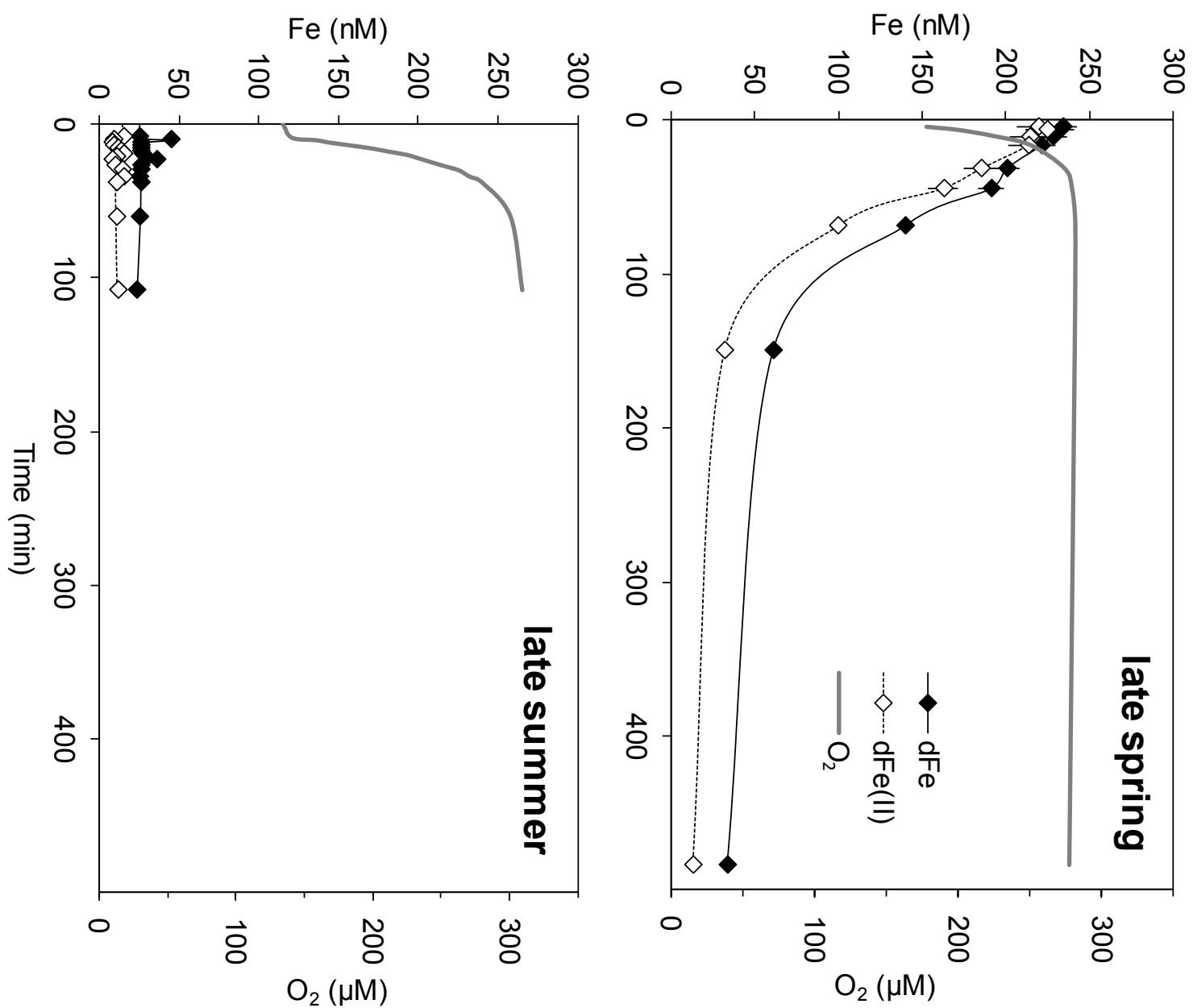


Figure 8

[Click here to download Figure Fig 8 Fe\(II\) oxid exp.pdf](#)

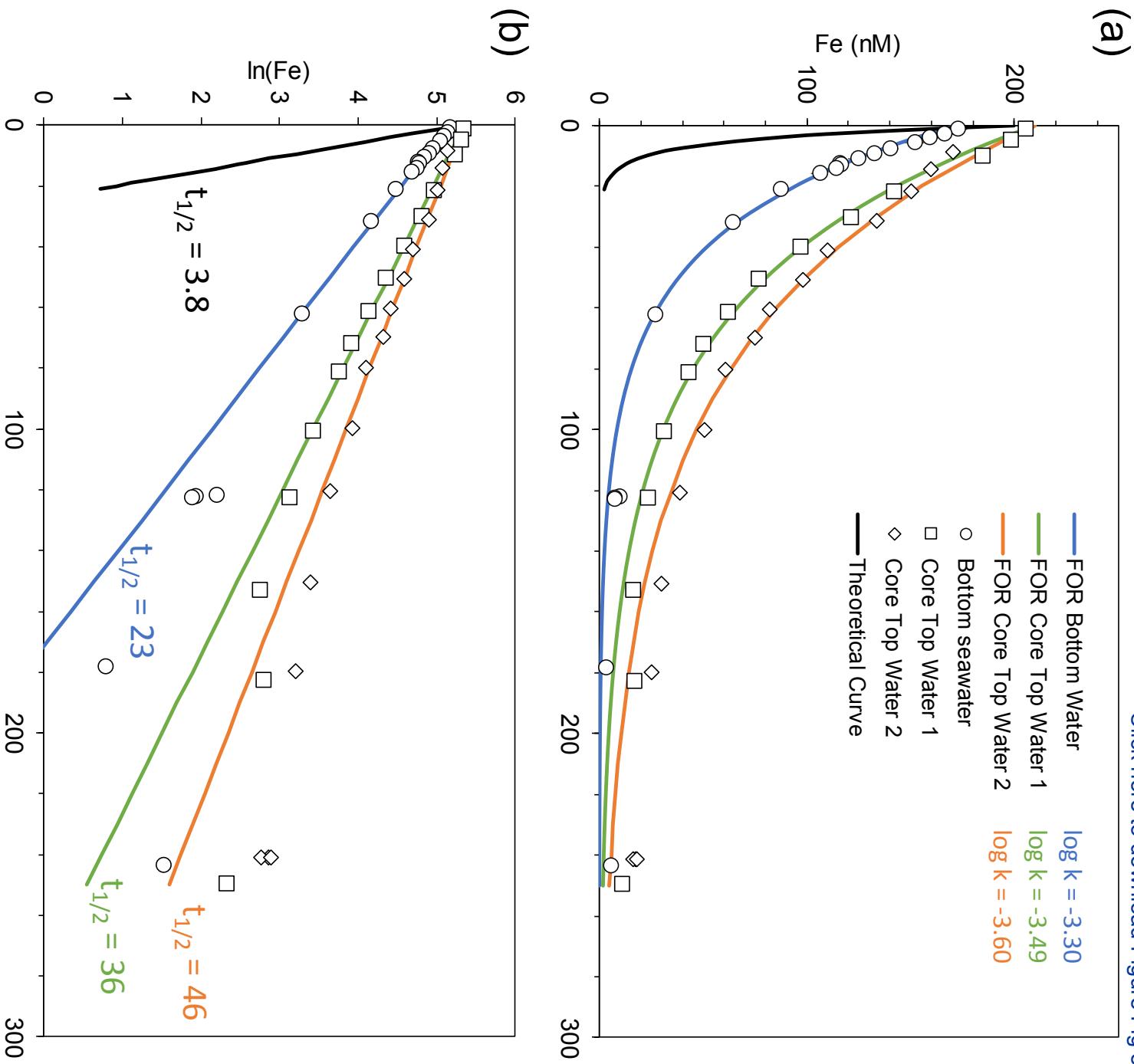
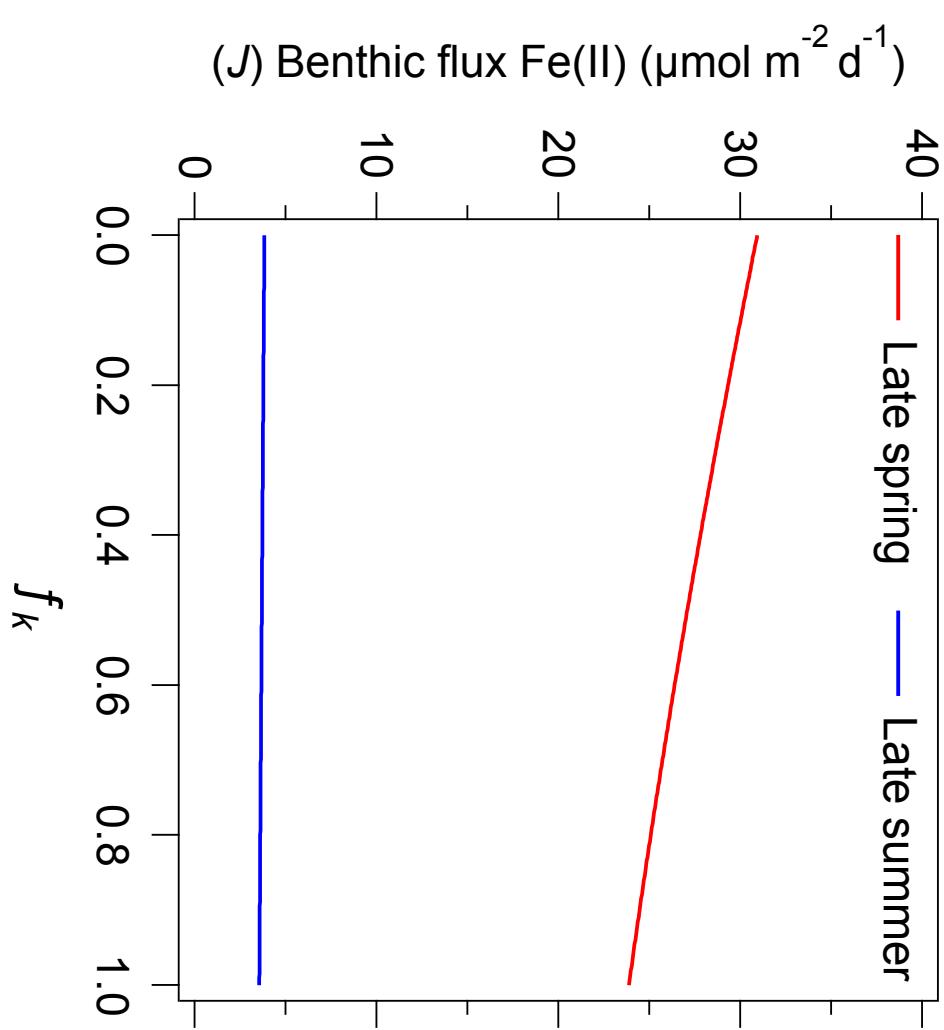
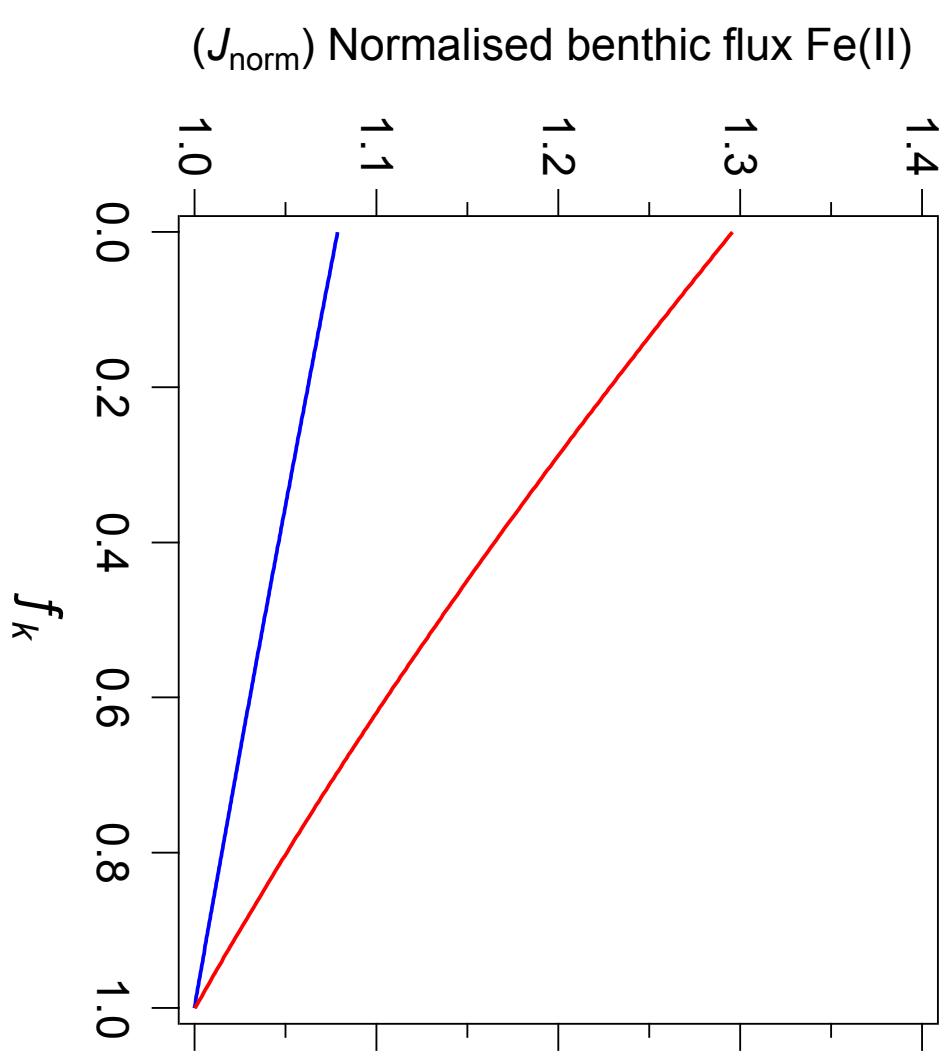


Figure 9

(a)



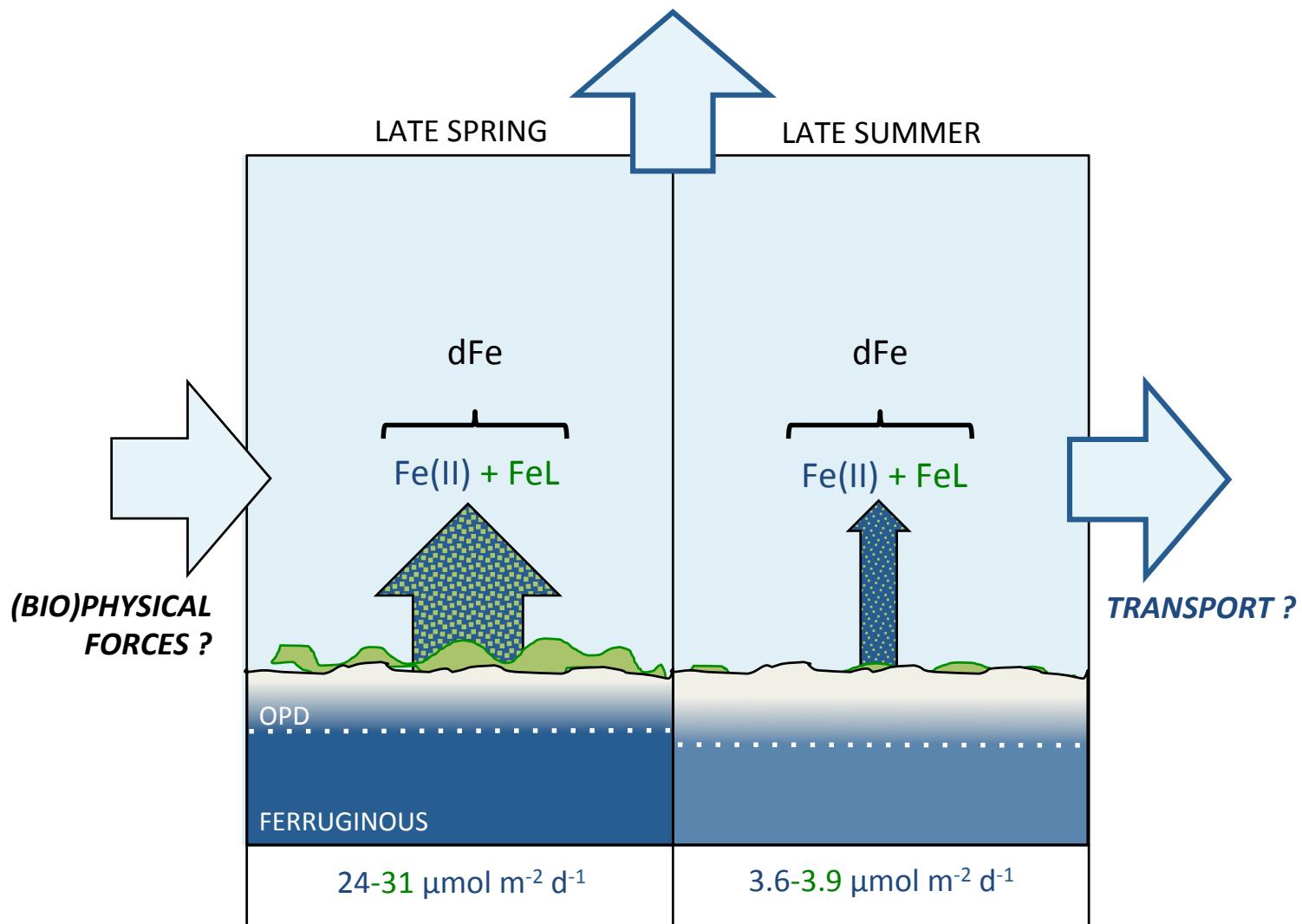
(b)



[Click here to download Figure Fig 9 Fe flux model figure_v6.pdf](#)

Figure 10

[Click here to download Figure Fig 10 Draft final final summary figure.pdf](#)



Supplementary Information

Stability of dissolved and soluble Fe(II) in shelf sediment pore waters and release to an oxic water column

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Analytical methods

Oxygen depth-profiles and time-series

A suite of Unisense O₂ micro sensors was used to measure the concentration of dissolved O₂ at 100-200 µm depth-intervals, and to monitor changes over time during Fe(II) oxidation experiments. Assessments of O₂ penetration depth (OPD, limit of O₂ detection ≤ 0.3 µM) were based on 2-4 profiles from each sediment core of the 3 collected in each season (Homoky et al. 2011; Homoky et al. 2013). Briefly, microsensors were calibrated using two end-point O₂ saturation values: 100 % (air saturated) and 0 % (N₂-flushed/O₂-purged or dithionite) seawater solutions were matched in temperature and salinity to bottom waters. Oxygen saturation was converted to molarity following its empirical dependence on salinity and temperature using SensorTracePro software.

Ship-board Fe(II) and total Fe analyses

The concentrations of Fe species - Fe(II) and Fe(II) plus Fe(III) (hereafter total Fe) – were determined in the dissolved and soluble size fractions of porewater samples using the Fe(II)-complexing ferrozine ligand (Sigma-Aldrich). The absorbance of the Fe(II)-ferrozine complex was measured spectrophotometrically at 562 nm before and after reduction of Fe(III) to Fe(II) by ascorbic acid (Sigma-Aldrich, TraceSELECT®) to determine respective Fe(II) and total Fe concentrations (Stookey 1970; Viollier et al. 2000). For sub-surface porewaters, where Fe concentrations were expected to be $>1 \mu\text{M}$, a 0.5 ml subsample was pipetted into 1.5 ml of 2 mM Ferrozine for Fe(II), and into 1.5 ml of 2 mM Ferrozine plus 0.2 ml of 10 mM ascorbic acid for total Fe. For surface porewaters and incubation experiment samples, where Fe concentrations were expected to be $<1 \mu\text{M}$, a 1 ml subsample was pipetted into 100 μL of 5 mM Ferrozine in 1 M ammonium acetate buffer for Fe(II), and into an equal amount of Ferrozine-buffer plus 100 μL 10 mM ascorbic acid for total Fe. Concentrations $>1 \mu\text{M}$ were analysed in a 1 cm quartz cell on a spectrophotometer (ATI Unicam 8625). Concentrations $<1 \mu\text{M}$ were measured on a 250 cm 3000 Series Liquid Waveguide Capillary Cell (LWCC, World Precision Instruments) coupled to a tungsten LS-1 light source (Ocean Optics) and a USB4000 fibre optic spectrometer (Ocean Optics) (Waterbury et al. 1997). Fe(II) standards were prepared by diluting ammonium iron(II) sulfate hexahydrate (Sigma-Aldrich, purum p.a. grade) to match the concentrations of chemicals in the samples. On the UV-vis spectrophotometer, the limit of detection (LOD, three times the standard deviation of the blank) was 0.3 μM Fe(II) and the blank was 0.25 μM Fe(II). The typical relative standard deviation (obtained by measuring replicates) was 2 % for $>10 \mu\text{M}$ and up to 5 % below 4 μM . For the LWCC, the LOD was 0.7 nM, the blank was $6 \pm 4 \text{ nM}$ and the typical relative standard deviation was $<5 \%$.

Analyses of labile Fe(II) in seawater samples

During cruise DY033 (11th July – 8th August 2015) water column samples were collected with a Ti-CTD. Cast subsamples for labile Fe(II) were transferred into acid-washed and pre-rinsed LDPE vials. The samples were filtered inline by peristaltic pumping directly through a syringe filter (0.2 μm -pore size, PES membrane, Nalgene), that had been flushed (1 hour) with filtered seawater, into a flow injection chemiluminescence (FI-CL) analyzer. Samples were

stored at 4 °C in the dark and analysis took place within 20 minutes of sampling. Labile Fe(II) was determined by inline solid phase preconcentration onto an 8-hydroxyquinoline resin at pH 5.2, followed by acid elution and luminol chemiluminescence detection (Bowie et al. 2002; Ussher et al. 2007). The analyser was preconditioned by multiple analyses of a ‘control’ seawater sample and blank injections.

Calibration was performed by standard additions of Fe(II) to pH adjusted filtered surface seawater (pH 5.2). The limit of detection of this method (defined as three times the standard deviation of the blank) was 15 pM Fe(II) and the blank was 25 pM Fe(II). The average relative standard deviation, obtained from triplicate analyses, for all samples above the LOD was 6.7 %. The measurement was termed “labile Fe(II)” because the exact speciation of the iron complexes is unknown, and the term Fe(II) may imply that only inorganic Fe(II) species were determined.

Fe isotope analyses

For isotopic measurements of Fe in seawater samples and core-top waters a two-step procedure was used (Lacan et al. 2010; Conway et al. 2013). For a target quantity of 200 ng Fe, samples were pre-concentrated using NTA Superflow resin (Quiagen), and then purified by anion exchange chromatography (using AGMP-1 resin, BioRad). Porewater samples contained sufficient Fe such that only the purification step was needed. Samples were then analysed on a Neptune *Plus* multi-collector inductively coupled plasma mass spectrometer (MC-ICP-MS) (Thermo Scientific) in high resolution mode. Mass fractionation was corrected by adding a ⁵⁷Fe/⁵⁸Fe double spike to samples prior to chemical processing. Isotope ratios are expressed in delta notation relative to the average value of the reference material IRMM-014 (Institute for Reference Materials and Measurements) determined during the same analytical session: $\delta^{56}\text{Fe} (\text{\textperthousand}) = [({}^{56}\text{Fe}/{}^{54}\text{Fe})_{\text{sample}}/({}^{56}\text{Fe}/{}^{54}\text{Fe})_{\text{IRMM-14}} - 1] \times 1000$. The procedural blank, determined on an Element 2XR ICP-MS (Thermo Scientific) was 4.3 ng Fe for the preconcentration step and 0.5 ng Fe for the purification step. The blank contributed < 4 % Fe to the sample. The Fe isotopic haematite standard ETH (Eidgenössische Technische Hochschule, Zürich) was analysed regularly during analytical sessions and was $0.52 \pm 0.04 \text{\textperthousand}$ (2 SD, $n = 38$), compared to a consensus value of $0.52 \pm 0.08 \text{\textperthousand}$ (2SD, $n = 80$; Lacan et al.,

2010). The analytical procedure was validated by taking aliquots of ETH reference material through the purification procedure ($0.55 \pm 0.05 \%$, 2 SD, $n = 2$).

Analyses of Mn concentrations in porewaters

Porewater Mn concentrations in soluble and dissolved size fractions were determined in diluted samples (20 to 100 fold in 0.3 M thermally distilled HNO_3) on a quadrupole ICP-MS (X-Series, Thermo Scientific). The blank was $< 0.8 \text{ nM}$, the LOD was 0.2 nM and the typical relative standard deviation was 2 %.

Leachable Fe and Mn phases in sediments

In order to examine phase associations of Fe and Mn in solid sediment phases, two leaching schemes were applied to one core per season. An ascorbic acid leach (Raiswell et al. 2010) was applied, which extracts the easily reducible oxide phase such as amorphous ferrihydrite but not the more crystalline oxide phases. Additionally, an acetic acid-hydroxylamine-HCl (H-HCl) leach (Berger et al. 2008) was also used to extract other amorphous oxide phases as well as ferrihydrite. For detailed method descriptions, the reader is referred to the references cited above. Fe and Mn in the leach solutions were determined using an inductively coupled plasma optical emission spectrometer (ICP-OES, iCAP6000 Series, Thermo Scientific). For Fe, the blank was $< 0.06 \text{ } \mu\text{g/g}$, the LOD was $< 4 \text{ } \mu\text{g/g}$ and the typical standard deviation was $\sim 20 \text{ } \mu\text{g/g}$. For Mn, the blank was $< 0.02 \text{ } \mu\text{g/g}$, the LOD was $< 0.6 \text{ } \mu\text{g/g}$ and the typical standard deviation was $4 \text{ } \mu\text{g/g}$.

Nutrient and sulphide analyses

Nutrient concentrations in water column samples, in sediment porewaters and experiments, were all analysed on board using a Bran and Luebbe segmented flow colorimetric auto-analyser (Woodward and Rees 2001). Sampling and handing techniques were carried out according the International GO-SHIP nutrient manual recommendations (Hydes et al. 2010). Nutrient reference materials (KANSO Japan) were run each day for quality control. The typical relative standard deviation was 2-3 %; and the limits of detection were 0.02, 0.01, and $0.05 \text{ } \mu\text{moles L}^{-1}$ for “nitrate plus nitrite”, nitrite, and ammonia, respectively. Nitrate was obtained by subtracting nitrite from the “nitrate plus nitrite” measurement. Sulphide was

measured using the colorimetric technique of Cline (1969), and the detection limit was 1 μM .

POC & PON in sediments

Particulate organic carbon (POC) and nitrogen (PON) were determined using a Carlo-Erba CHNOS analyser. The procedure followed Nieuwenhuize et al. (1994), in which the carbonate in samples contained in silver cups is removed by acidification with HCl before measuring POC, and inorganic C is given by the difference between a total C value and the POC measured. Precision was 6.6 % RSD at 1.5 % POC and 2.4 % RSD at 0.13 % PON. Estimated detection limit for C was 3.6 μg and all sample carbon contents were well above this value (Figure S1). Elemental Microanalysis Soil was used as a standard and monitored regularly.

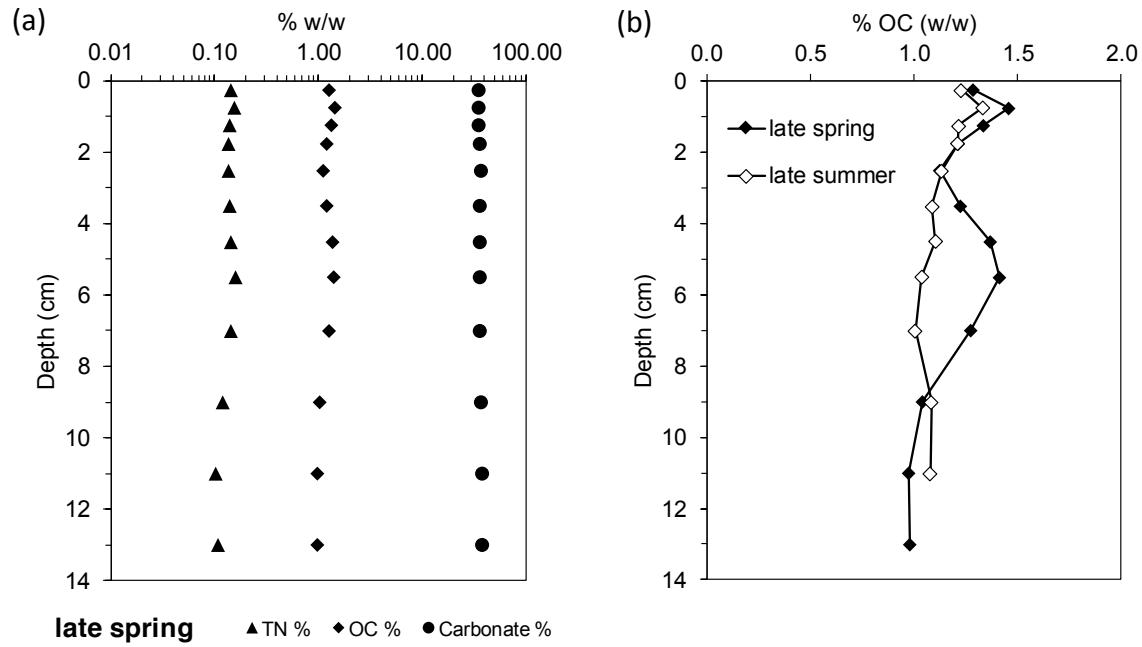


Figure S1: Distributions of total nitrogen (TN), organic carbon (OC) and carbonate during late spring conditions (a); and a seasonal comparison of the distribution of organic carbon (b) in sediments at Site A.

pH measurements in experiments

All pH electrodes were calibrated daily using a Certified Reference Material (TRIS pH buffer in synthetic seawater) supplied by Andrew Dickson, University of California (Nemzer and Dickson 2005; Silburn et al. submitted).

Benthic Fe diffusion experiment

Three replicate cores were collected from site I (muddy sand, $\sim 50^{\circ} 34.5557$ N, $7^{\circ} 6.3161$ W, Thompson et al., submitted). Sediments at this site are characterized by a higher sand content, compared to Site A. A Milli-Q water rinsed control core tube containing no sediment was set up as a control. Original core top water was subsampled before carefully being syphoned off. A known amount (1 L) of clean unfiltered seawater (collected with the Ti-CTD at Site I) was slowly added to each of the 4 cores. This water had ~ 1 nM dFe and dFe(II) below LOD (< 0.7 nM). Core top water was kept oxygenated and in the dark at all times and was subsampled at several time intervals for dFe, dFe(II) and pH using Teflon tubing and a syringe. The experiment was carried out in a temperature-controlled lab at 11.5 to 11.7 °C.

The control core had dFe and dFe(II) concentrations below LOD, most likely due to adsorption onto the walls. Original core top water contained 10 ± 9 nM dFe and 8 ± 9 nM dFe(II) (Figure S2). After the replacement with clean water, dFe and dFe(II) concentrations were significantly lower and did not change significantly over time (average over 6 time points was 2.8 ± 0.6 nM dFe and 0.8 ± 0.5 nM dFe(II); Figure S2). The average water pH was 7.98 ± 0.01 (1SD, $n = 4$).

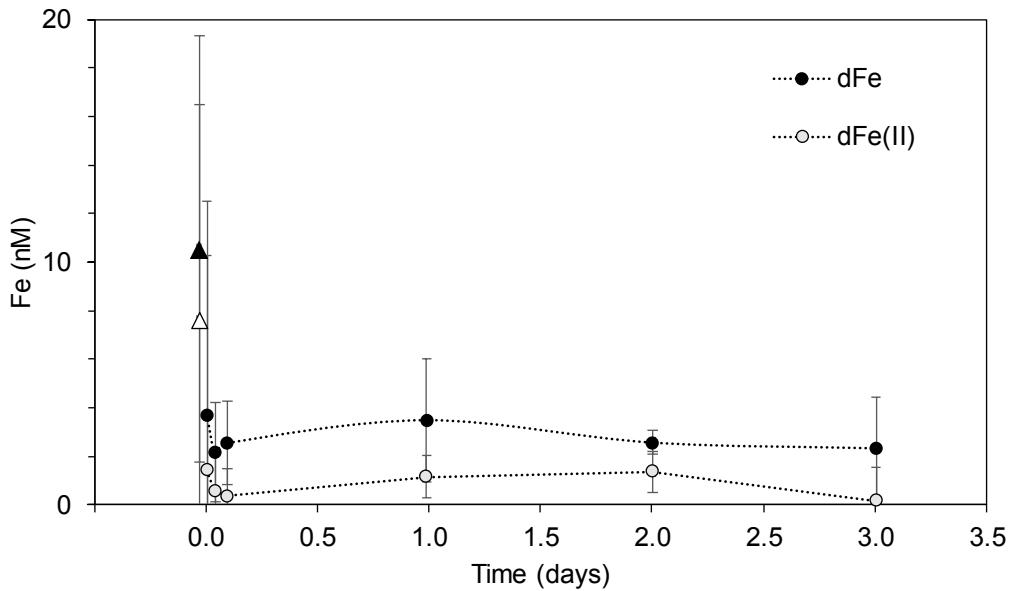


Figure S2: Concentrations of dFe(II) and total dFe in core top water, to mimic the diffusion across the sediment-water interface, carried out at Site I (muddy sand, Thompson et al., submitted) in late summer conditions. Original Core top water (represented by black and empty triangles for dFe and dFe(II), respectively) was exchanged with bottom water at time 0. Error bars represent the standard deviation of three replicate measurements in three replicate experiments.

Calculation of benthic Fe(II) flux from porewaters

We follow Raiswell and Anderson (2005) who describe the flux of Fe(II) to bottom water as a function of vertical diffusion and oxidative-loss in surface sediments beneath an oxygenated water column. This approach has previously been used to calculate the steady-state diffusive flux of dissolved Fe to oxygenated waters from subtropical, temperate and high-latitude ocean margin sediment pore waters (e.g., Homoky et al. 2012; Homoky et al. 2013; Wehrmann et al. 2014). For a consideration of the parameterisation of Fe(II) oxidation rate in these calculations (e.g. due to NO_3^- , pH) and an inter-comparison of the approach to Fe flux determinations by *in situ* benthic chambers, see Homoky et al. (2012). Equation S1 describes the vertical diffusive flux (J) of Fe(II) from sediment pore water to bottom waters in units of $\text{mol cm}^{-2} \text{ s}^{-1}$:

$$J = \frac{\varphi(D_s k_1) 0.5 C_p}{\sinh[(k_1/D_s) 0.5 L]}, \quad (\text{Eq. S1})$$

where φ is sediment porosity (with assumed uniformity), L is the thickness (cm) of the oxygenated surface layer (equal to oxygen penetration depth plus diffusive boundary layer thickness), and C_p is the concentration (g cm^{-3}) of Fe(II) in the pore water beneath L .

The rate constant for Fe(II) oxidation is represented by k_1 (s^{-1} , Equation S2):

$$k_1 = k[\text{O}_2][\text{OH}^-]^2, \quad (\text{Eq. S2})$$

and is a function of bottom water O_2 concentration (mol L^{-1}), pH, and a value k (s^{-1}) derived from the temperature, T , ($^{\circ}\text{K}$) and salinity (I = ionic strength) dependence of Fe(II) oxidation rate in seawater (Equation S3) after Millero et al. (1987):

$$\log k = 21.56 - \frac{1545}{T} - 3.29I^{0.5} + 1.52I, \quad (\text{Eq. S3})$$

We also derive a diffusion coefficient of pore water Fe(II) in muddy shelf sediments after Raiswell and Anderson (2005) in Equation S4, where D_s ($\text{cm}^2 \text{s}^{-1}$) is a function of φ , corrected for tortuosity, and temperature, T ($^{\circ}\text{C}$):

$$D_s = \varphi 1.7(3.31 + 0.15T)10^{-6}. \quad (\text{Eq. S4})$$

Simulated impact of Fe(II)-stabilising ligands on benthic Fe(II) flux

We consider the impact of Fe(II) stabilised by ligands (Fe(II)-L) present in pore water, on the steady-state diffusive fluxes of Fe from shelf sediments. In our assessment we must assume Fe(II)-L has a diffusion coefficient equal to ionic forms of Fe(II) in solution. Such a simplification of reality likely overestimates the true coefficient of Fe(II)-L diffusion. However, even though such properties are not truly known, comparatively large complexes of some other trace elements (e.g. Cu and Pb) are estimated to diffuse just $\sim 25\%$ slower than free ions in solution (Phillips and Ellis 1970; Scally et al. 2006). In the absence of known values, and given that we observe dFe(II) almost entirely in a soluble size fraction, we consider an application of ionic diffusion coefficients in this context to be reasonable.

We simulate the presence of Fe(II)-L by inhibiting Fe(II) oxidation rates. To do so, we use a variable fraction (f) of k_1 from 1 towards 0, so Equation S1 becomes S5:

$$J = \frac{\varphi(D_s f k_1)0.5C_p}{\sinh[(f k_1/D_s)0.5L]}. \quad (\text{Eq. S5})$$

When $f = 1$, calculation of J using Equation S5 is identical to that made by S1. When $f = <1$, k_1 is reduced, inhibiting the rate of Fe(II) oxidation and precipitation from the pore water due to our simulated presence of ligands. When $f \rightarrow 0$, Fe(II) is effectively stable in the pore water for the maximum diffusive length scale we have assessed (0.47 cm/1.8 days). Calculated fluxes (J) are presented in Supplementary Table S1, where $f = 1$ and $f \rightarrow 0$. Refer to main article and Figure 9 for further details.

Supplementary Table S1. Parameterisation of diffusive Fe(II) flux calculations (Equations S1 to S5)

Site	<i>I</i>	<i>T</i>	pH	$[OH^-]$	$[O]_{BW}$	<i>k</i>	<i>L</i>	C_p	<i>k_i</i>	<i>f</i>	D_s	φ	<i>J</i>			
	(°C)	(°K)			mol L ⁻¹	min ⁻¹	cm	μmol L ⁻¹	g cm ⁻³	s ⁻¹	cm ² s ⁻¹	μmol m ⁻² d ⁻¹	J_{norm}			
<i>Late Spring</i>																
DY30_A	0.723	8.9	282	7.25	1.78x10 ⁻⁷	2.5x10 ⁻⁴	2.42x10 ¹⁴	0.39	6.1	5.03x10 ⁻⁷	3.2x10 ⁻⁵	1	2.98x10 ⁻⁶	0.77	23.9	1
DY30_A	0.723	8.9	282	7.25	1.78x10 ⁻⁷	2.5x10 ⁻⁴	2.42x10 ¹⁴	0.39	6.1	5.03x10 ⁻⁷	3.2x10 ⁻⁵	→0	2.98x10 ⁻⁶	0.77	30.0	1.3
<i>Late Summer</i>																
DY34_A	0.723	9.4	282.5	6.88	7.59x10 ⁻⁸	2.7x10 ⁻⁴	2.47x10 ¹⁴	0.47	0.9	5.03x10 ⁻⁸	6.3x10 ⁻⁶	1	3.03x10 ⁻⁶	0.77	3.6	1
DY34_A	0.723	9.4	282.5	6.88	7.59x10 ⁻⁸	2.7x10 ⁻⁴	2.47x10 ¹⁴	0.47	0.9	5.03x10 ⁻⁸	6.3x10 ⁻⁶	→0	3.03x10 ⁻⁶	0.77	3.9	1.08

L is equal to the mean oxygen penetration depth plus a diffusive boundary layer thickness of 0.06 cm.

C_p is the mean value (DY30 $n = 11$, DY34 $n = 8$) of [dFe(II)] beneath *L*.

Where $f \rightarrow 0$, an arbitrarily low value of 10^{-8} was used in calculations.

J is presented in alternative units to those derived by Equation S1.

3 **Data repository (see accompanying data files)**

4 Table S2: Concentrations of Fe and Mn in leachable sediment phases (displayed in Figure 3),
5 and total carbon (total C), particulate organic carbon (POC) and particulate organic nitrogen
6 (PON) contents (displayed in Figure S1) in shelf sediments in the Celtic Sea at Site A during
7 late spring and late summer.

8 Table S3: Parameters in porewaters sampled from shelf sediments in the Celtic Sea at Site A
9 during late spring and late summer, presented in Figure 3.

10 Table S4: Parameters in Core Top Water (bottom water collected on top of sediment cores)
11 and bottom water collected with the titanium rosette in the Celtic Sea at Site A during late
12 spring and late summer, presented in Figure 3.

13 Table S5: Water column dFe(II), sFe and dFe at site A in the Celtic Sea in July 2015 (Cruise
14 DY033), presented in Figure 6. Water depth was 106 m.

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78

Table S2: Concentrations of Fe and Mn in leachable sediment phases (particulate organic carbon (POC) and particulate organic nitrogen (PON)) in shelf sediments in the Celtic Sea at Site A during late spring (cruise DY030) and late summer (cruise DY034).

Depth cm	Fe _{asc} µg/g	Fe _{H-HCl} µg/g	Mn _{asc} µg/g	Mn _{H-HCl} µg/g	Total C % w/w
<i>Late spring (cruise DY030)</i>					
0-0.5	521	351	35.4	111	5.5
	513	321	36.5	107	
	498	340	34.9	111	
0.5-1	406	402	29.0	115	5.7
1-1.5	368		19.1		5.6
1.5-2	255		10.8		5.5
2-3	120		6.54		5.6
3-4	356		12.1		5.5
4-5	405		11.3		5.7
5-6	397		11.6		5.8
6-8	392		11.0		5.6
8-10	321		7.99		5.4
10-12	317		7.99		5.5
12-14	190		4.81		5.5
<i>Late summer (cruise DY034)</i>					
0-0.5	398	283	33.6	116	5.6
	243	300	24.6	117	
	274	301	27.2	109	
0.5-1	457	393	25.2	99	5.6
1-1.5	397		12.5		5.5
1.5-2	208		5.79		5.6
2-3	208		5.56		5.6
3-4	271		5.56		5.4
4-5	158		4.28		5.7
5-6	122		4.26		5.6
6-8	213		5.77		5.6
8-10	270		6.93		5.5
10-12	169		6.38		5.5
12-14	152		6.53		

displayed in Figure 3), and total carbon (total C), oxygen (PON) contents (displayed in Figure S1) in and late summer.

POC	PON
% w/w	% w/w

1.29 0.143

1.46 0.157
1.34 0.139
1.21 0.136
1.13 0.136
1.22 0.141
1.37 0.146
1.42 0.160
1.28 0.146
1.04 0.120
0.98 0.104
0.98 0.108

1.23 0.139

1.33 0.138
1.22 0.136
1.21 0.132
1.13 0.124
1.09 0.121
1.10 0.127
1.04 0.125
1.01 0.116
1.08 0.118
1.08 0.122

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Table S3: Parameters in porewaters sampled from shelf sediments in tr

Depth	NO ₃ ⁻	NH ₄ ⁺	dMn	sMn	sFe(II)
cm	μmol L ⁻¹	μmol L ⁻¹	μmol L ⁻¹	μmol L ⁻¹	μmol L ⁻¹
Late spring (cruise DY030)					
<i>Core E, event 119</i>					
0.5	1.96	31.6	33.5	32.6	13.0
1.5	0.92	46.4	35.8	34.7	42.5
2.5	0.57	68.0	29.5	28.5	111.6
3.5	0.11	76.9	26.7	25.7	147.6
5.5	0.23	101	23.2	22.3	166.1
7.5	0.09	117	20.7	19.9	123.8
9.5	0.28	122	16.9	16.4	91.4
11.5	0.24	130	15.1	14.6	78.4
<i>Core H, event 119</i>					
0.5	2.08	16.3	22.2	-	4.18
1.5	-	-	24.2	-	58.8
2.5	-	-	18.7	-	102
3.5	0.79	54.4	24.5	-	55.3
5.5	-	-	19.0	-	109
7.5	0.52	90.3	18.9	-	130
9.5	0.95	115	22.9	-	130
11.5	0.55	134	23.8	-	113
<i>Core C, event 119</i>					
0.5	1.25	9.4	26.9	-	7.29
1.5	0.71	30.2	32.2	-	0.385
2.5	0.49	24.0	24.4	-	16.9
3.5	0.72	29.3	33.0	-	19.0
5.5	0.58	23.6	9.1	-	32.6
7.5	0.69	45.4	25.3	-	64.6
9.5	-	-	19.4	-	129
11.5	0.15	127	19.0	-	138
Late summer (cruise DY034)					
<i>Core F, event 71</i>					
0.5	6.90	14.6	10.6	-	-
1.7	2.42	19.4	32.0	-	-
2.5	1.85	33.3	12.0	-	-
3.7	1.34	42.1	10.8	-	-
5.7	0.85	51.0	7.5	-	-
7.7	0.96	58.1	8.2	-	-
9.7	1.43	68.9	9.6	-	-
11.7	0.91	93.8	12.8	-	-
<i>Core A, event 71</i>					
0.5	2.87	20.2	39.8	-	-
1.5	1.30	32.0	43.3	-	-
2.5	0.35	53.9	23.9	-	-
3.5	0.79	53.1	26.6	-	-
5.5	0.78	63.6	26.1	-	-
7.5	0.91	74.4	25.4	-	-
9.5	1.15	73.6	13.3	-	-
11.5	2.68	80.4	11.7	-	-
<i>Core G, event 71</i>					
0.45	2.52	10.7	14.3	-	-

1.45	3.32	17.4	23.3	-	-
2.45	1.23	30.0	10.1	-	-
3.45	1.03	37.6	8.1	-	-
5.45	1.47	37.5	6.2	-	-
7.45	0.38	48.4	7.0	-	-
9.45	0.92	62.9	9.0	-	-
11.45	0.33	71.3	9.5	-	-

the Celtic Sea at site A during late spring and late summer, presented in Figure 3.

sFe μmol L ⁻¹	dFe(II) μmol L ⁻¹	dFe μmol L ⁻¹	δ ⁵⁶ dFe ‰	2 SD ‰
14.7	13.4	14.8	-2.45	0.04
46.9	43.5	48.1	-2.93	0.04
123	113	124	-1.79	0.05
147	152	151	-1.55	0.05
162	170	169	-1.37	0.05
122	123	126	-0.92	0.05
88.6	93.2	93.0	-0.61	0.04
76.7	83.1	82.9	-0.80	0.04
4.54	4.56	5.35	-	-
65.1	60.1	66.2	-	-
112	102	115	-	-
53.8	56.2	54.8	-	-
107	112	113	-	-
130	133	134	-	-
128	134	134	-	-
117	118	115	-	-
8.10	7.59	8.44	-	-
0.405	0.411	0.433	-	-
18.5	18.5	20.5	-	-
19.3	19.8	19.8	-	-
32.8	35.0	33.5	-	-
64.7	66.4	65.8	-	-
128	132	131	-	-
137	140	138	-	-
-	0.337	0.358	-3.05	0.04
-	55.8	62.8	-2.29	0.04
-	76.3	84.3	-1.83	0.04
-	88.5	90.5	-1.68	0.04
-	97.1	98.7	-1.04	0.04
-	91.0	91.6	-1.01	0.04
-	87.8	89.1	-0.90	0.04
-	81.4	81.1	-0.74	0.04
-	1.17	1.19	-	-
-	9.5	10.9	-	-
-	100	112	-	-
-	77.9	76.9	-	-
-	107	109	-	-
-	118	119	-	-
-	108	108	-	-
-	60.4	60.5	-	-
-	1.23	1.34	-	-

-	15.1	17.6	-	-
-	70.0	76.8	-	-
-	115	116	-	-
-	88.1	90.6	-	-
-	67.0	67.8	-	-
-	93.1	94.2	-	-
-	87.7	90.1	-	-

Table S4: Parameters in Core Top Water (bottom water collected on top of sediment and bottom water collected with the titanium rosette in the Celtic Sea ϵ

Event	NO_3^- $\mu\text{mol L}^{-1}$	NH_4^+ $\mu\text{mol L}^{-2}$	dFe(II) nmol L^{-3}	dFe nmol L^{-4}	$\delta^{56}\text{dFe}$ \textperthousand	2 SD \textperthousand
<i>Late spring (cruise DY030)</i>						
BW, 12 m asf	84	8.00	0.30	5.44 ^b	-0.22	0.04
CTW, Core E	119	-	-	18.27 ^b	-1.02	0.04
CTW, Core H	119	7.96	1.19	14.6 ^a	19.9 ^a	-
CTW, Core C	119	8.47	0.99	14.2 ^a	21.5 ^a	-
<i>Late summer (cruise DY034)</i>						
BW, 4 m asf	3	8.41	0.39	10.07 ^b	-0.26	0.04
CTW, Core F	71	8.20	1.06	-	13.79 ^b	-0.11
CTW, Core A	71	7.87	0.44	-	-	-
CTW, Core G	71	8.08	0.38	-	-	-

dFe measurements in bottom waters made by isotope dilution during isotopic measurement

BW = bottom water

CTW = core top water

ASF = above seafloor

^ameasurements from separate cores (ferrozine technique)

^bconcentrations determined by isotope dilution on MC-ICPMS

ient cores)
at Site A, presented in Figure 3.

Table S5: Water column dFe(II), sFe and dFe at site A in the C presented in Figure 6. Water depth was 106 m.

Depth m	dFe(II) pmol L ⁻¹	SD pmol L ⁻¹	dFe nmol L ⁻¹	sFe nmol L ⁻¹
21	<15	-	1.12	0.26
31	<15	-	0.41	0.18
51	71	32	4.13	1.02
81	-	-	2.94	0.96
93	231	3	5.62	-
98	280	20	6.50	1.20

eltic Sea in July 2015 (cruise DY033),