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# A pulse sequence for singlet to heteronuclear magnetization transfer: S2hM 

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#### Abstract

We have recently demonstrated, in the context of para-hydrogen induced polarization (PHIP), the conversion of hyperpolarized proton singlet order into heteronuclear magnetisation can be efficiently achieved via a new sequence named S2hM (Singlet to heteronuclear Magnetisation). In this paper we give a detailed theoretical description, supported by an experimental illustration, of S2hM. Theory and experiments on thermally polarized samples demonstrate the proposed method is robust to frequency offset mismatches and radiofrequency field inhomogeneities. The simple implementation, optimisation and the high conversion efficiency, under various regimes of magnetic equivalence, makes S 2 hM an excellent candidate for a widespread use, particularly within the PHIP arena.


Keywords: singlet state, hyperpolarization, polarization transfer, M2S, S2hM

## 1. Introduction

Nuclear magnetic resonance (NMR) offers a privileged observatory for the local chemical environment of nuclear spin species and has been widely used for the characterization of molecules and their dynamics in the liquid state. However, experimental polarisation values in the order of $\sim 10^{-5}$ and relatively short $T_{1}$ decay times (a few tens of seconds at best, for ${ }^{1} \mathrm{H}$ in room temperature solutions) are the two Achilles' heels that many strategies try to overcome.

Hyperpolarisation techniques have been developed to enhance signal strength $[1,2,3,4,5,6,7,8,9]$ and long-lived spin states have been shown to prolong the lifetime of hyperpolarized nuclear spins $[10,11,12,13,7,15,8,16,17,18$, $19,20,21,14,22,23,24]$.

Within the field of hyperpolarisation, the introduction of para-hydrogen induced polarization [2] (PHIP) allowed for dramatically enhanced proton signals, and introduced the challenge of transferring polarization from hyperpolarized proton singlet order, which is the population imbalance between the singlet and the average triplet manifolds [35], to heteronuclei with a longer $T_{1}$.

This problem quickly attracted attention and emerged as a prolific investigation area $[25,26,27]$, and several methods have been developed to perform the task $[28,29,30,26]$.

Singlet order is also the main objective in the research field of LLS (LongLived States). Therefore, it is probably of no surprise that recently the Levitt group showed how the spin-lock induced crossing (SLIC) method [32], originally presented in the LLS context, can be used to achieve polarization transfer by means of weak RF excitation with an amplitude corresponding to the protonproton J coupling [33].

On the same topic, one of us proposed the ADAPT pulse sequence [34], a hard-pulse version of SLIC based on the repeated alternation of RF pulses and delays. ADAPT is convenient because it accomplishes the singlet to heteronuclear order transformation with good efficiency, under a broad range of magnetic equivalence conditions, and faster than any previous hard-pulse based method. A major disadvantage, common to other techniques widely used in PHIP research $[29,31,30,26]$, is that it is dependent on the radiofrequency offset.

Our previous contribution [33] also introduced a novel sequence, named S2hM (singlet to heteronuclear magnetization), that is capable of accomplishing singlet to heteronuclear order transfer under near magnetic equivalence conditions and, importantly, in an offset-independent manner.

In this paper, using the single transition operator formalism, we elucidate the theory behind S2hM, stressing the robustness of the method to RF offset mismatches and radiofrequency field inhomogeneities. Despite the apparent similarities with S2M (the sequence developed to convert singlet order into longitudinal magnetization in homonuclear systems [11, 12, 24]), this method runs entirely on the heteronuclear channel and performs a different quantum mechanical evolution in the spin space detailed below. In the following analysis, we assume a near magnetic equivalent three-spin- $1 / 2$ system comprising two chemically equivalent spins- $1 / 2$ coupled to a third spin- $1 / 2$. The symmetry of the system is broken by a difference in the heteronuclear J couplings.

In the experimental session, we generate thermally polarised singlet order via the M2S sequence [24], described in detail in section 3.2.

This paper deals with a 3 spin- $1 / 2$ system sketched in Fig. 1. Two spin-1/2 of the same kind (I-spins) make up a singlet pair; these two spins are assumed chemically equivalent, i.e. they have the same chemical shift frequency. A third spin is coupled to the singlet pair but belongs to a different nuclear species (Sspin). The scalar coupling frequency between the two spins in the singlet pair, $\left|J_{12}\right|$ is assumed bigger than the absolute difference between the two heteronuclear couplings, $\left|J_{13}-J_{23}\right|$ : the two I-spins form a spin system that is classified as chemically-equivalent but magnetically-inequivalent [34]. A difference between heteronuclear scalar couplings is a condition to promote polarization transfer from singlet order.


Figure 1: A three-spin system formed by two chemically equivalent homonuclear spins (1 and 2 ), and a heteronuclear spin (3). The system is assumed in near equivalence regime, i.e. for $\left|J_{13}-J_{23}\right|<J_{12}$ with $J_{13} \neq J_{23}$.

## 2. Pulse Sequence

The scheme for the storage of polarisation as singlet order and the subsequent detection through a heteronucleus is reported in Fig. 2. The core of the pulse sequence is the S2hM block which converts the singlet order of I-spins into transverse order of the S-spin. When compared to an S2M sequence [11, 12, $35,24]$, S2hM shows the following features: the sequence is run entirely on the heteronuclear channel and the length of the echo train is different, reflecting different spin dynamics.

The optimal values for the sequence parameters, under the assumed near magnetic equivalence regime, are:

$$
\begin{align*}
& \tau=\pi /\left(2 \sqrt{\left(\omega_{J}^{12}\right)^{2}+\left(\omega_{J}^{\Delta}\right)^{2}}\right)  \tag{1}\\
& n=\operatorname{round}\left[\pi /\left(4 \operatorname{ArcTan}\left(\omega_{J}^{\Delta} / \omega_{J}^{12}\right)\right)\right]
\end{align*}
$$

where $\omega_{J}^{12}$ and $\omega_{J}^{\Delta}$ are the homonuclear and heteronuclear imbalance in J couplings respectively, introduced later in eq. 3. To generate the singlet order we used a modified version of the M2S pulse sequence (a variant of the M2S sequence for two-spins- $1 / 2$, described in Ref. $[11,12,24]$ and of the one used for four-spins-1/2, presented in Ref. [13]) where the echo delay and the number of echoes have been adjusted to $\tau$ (same as in S2hM), $n_{1}=2 n$ and $n_{2}=n$, following the theory described below. These modifications are necessary because the I-spins are chemically-equivalent. The M2S block is followed by a $\mathrm{T}_{00^{-}}$ filter $[12,24]$ that suppresses all NMR signals not passing through I-spin singlet order. An optional storage delay, $\tau_{s t}$, follows and can be made variable with the purpose of measuring the singlet order decay time, $\mathrm{T}_{S}$ through detection on the heteronuclear channel.

As demonstrated below, the overall effect of the method in Fig. 2 is to convert longitudinal order of the I-spins into singlet order of the same spins (M2S) and then convert this latter into transverse order of the S-spin (S2hM).


Figure 2: Pulse sequence to prepare singlet order (M2S) and convert it into heteronuclear magnetisation (S2hM). The conversion block, S 2 hM is the core of the paper. The $\mathrm{T}_{00}$ block filters out any signals not passing through I-spins singlet order [12, 24]. The * indicates that the 180 degrees pulse is a $90 y 180 x 90 y$ composite pulse whose overall phase has been cycled as $\phi=\{x, x, y, y, y, x, x, y, y, y, x, x, x, y, y, x\}$ during the n-repetitions of the echo. The state of the system at the point $i$ in the pulse sequence is described by the density operator $\rho_{i}$.
 Eq. 3). The time interval $\tau_{s t}$ has been introduced as a singlet storage delay with the intent of measuring the singlet decay rate via detection on the heteronucleus.

$$
\begin{align*}
\omega_{J}^{12} & =2 \pi J_{12} \\
\omega_{J}^{\Sigma} & =\pi\left(J_{13}+J_{23}\right)  \tag{3}\\
\omega_{J}^{\Delta} & =\pi\left(J_{13}-J_{23}\right)
\end{align*}
$$

and where chemical shifts terms have been ignored implying that either the two I-spins are chemically equivalent or that any inequivalence is small enough to be ignored.

### 3.2. I-spins M2S

In this subsection we describe the singlet order preparation step (M2S, Fig. 2).

### 3.2.1. Bases Functions

To define a convenient basis for the spin system above we start defining the singlet and triplet sub-basis of spin-1 and spin-2 as:

$$
\begin{equation*}
\mathbb{S} \mathbb{T}^{12}=\left\{\left|S_{0}^{12}\right\rangle,\left|T_{0}^{12}\right\rangle,\left|T_{1}^{12}\right\rangle,\left|T_{-1}^{12}\right\rangle\right\} \tag{4}
\end{equation*}
$$

with

$$
\begin{align*}
\left|S_{0}^{12}\right\rangle & =\frac{1}{\sqrt{2}}\left(\left|\alpha_{1} \beta_{2}\right\rangle-\left|\beta_{1} \alpha_{2}\right\rangle\right) \\
\left|T_{0}^{12}\right\rangle & =\frac{1}{\sqrt{2}}\left(\left|\alpha_{1} \beta_{2}\right\rangle+\left|\beta_{1} \alpha_{2}\right\rangle\right)  \tag{5}\\
\left|T_{1}^{12}\right\rangle & =\left|\alpha_{1} \alpha_{2}\right\rangle \\
\left|T_{-1}^{12}\right\rangle & =\left|\beta_{1} \beta_{2}\right\rangle
\end{align*}
$$

0 and the Zeeman sub-basis for spin-3 as:

$$
\begin{equation*}
\mathbb{Z}^{3}=\left\{\alpha_{3}, \beta_{3}\right\} \tag{6}
\end{equation*}
$$

We then take the direct product between the two sub-bases to obtain:

$$
\begin{align*}
\mathscr{S} \mathbb{Z} & =\mathbb{S} \mathbb{T}^{12} \otimes \mathbb{Z}^{3} \\
& =\left\{\begin{array}{cc}
\left|S_{0}^{12} \alpha_{3}\right\rangle,\left|T_{0}^{12} \alpha_{3}\right\rangle,\left|S_{0}^{12} \beta_{3}\right\rangle,\left|T_{0}^{12} \beta_{3}\right\rangle,\left|T_{1}^{12} \alpha_{3}\right\rangle,\left|T_{-1}^{12} \alpha_{3}\right\rangle,\left|T_{1}^{12} \beta_{3}\right\rangle,\left|T_{-1}^{12} \beta_{3}\right\rangle \\
\text { (1) (3) (4) }
\end{array}\right\} \tag{7}
\end{align*}
$$

with the basis re-arranged for convenience.

### 3.2.2. Spin Hamiltonian in single-transition spin operator formalism

The matrix representation of the Hamiltonian in Eq. 2 expressed in the $\mathbb{S} \mathbb{Z} \mathbb{Z}$ basis is:

|  |  | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\left(-\frac{3 \omega_{J}^{12}}{4}\right.$ | $\frac{\omega_{J}^{\Delta}}{2}$ | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | $\frac{\omega_{J}^{\Delta}}{2}$ | $\frac{\omega_{J}^{12}}{4}$ | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0 | 0 | $-\frac{3 \omega_{J}^{12}}{4}$ | $-\frac{\omega_{J}^{\Delta}}{2}$ | 0 | 0 | 0 | 0 |
| $[H]_{\text {STZ }}=$ |  | 0 | 0 | $-\frac{\omega_{J}^{\Delta}}{2}$ | $\frac{\omega_{J}^{12}}{4}$ | 0 | 0 | 0 | 0 |
|  |  | 0 | 0 | 0 | 0 | $\frac{1}{4}\left(\omega_{J}^{12}+2 \omega_{J}^{\Sigma}\right)$ | 0 | 0 | 0 |
|  |  | 0 | 0 | 0 | 0 | 0 | $\frac{1}{4}\left(\omega_{J}^{12}-2 \omega_{J}^{\Sigma}\right)$ | 0 | 0 |
|  | (7) | 0 | 0 | 0 | 0 | 0 | 0 | $\frac{1}{4}\left(\omega_{J}^{12}-2 \omega_{J}^{\Sigma}\right)$ | 0 |
|  | (8) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | $\frac{1}{4}\left(\omega_{J}^{12}+2 \omega_{J}^{\Sigma}\right)$ ) |

and therefore the Hamiltonian can be decomposed into the direct sum of 4 orthogonal bi-dimensional subspaces according to:

$$
\begin{equation*}
H=H^{12} \oplus H^{34} \oplus H^{56} \oplus H^{78} \tag{9}
\end{equation*}
$$

with:

$$
\begin{align*}
& H^{12}=-\omega_{J}^{12} \mathbf{I}_{z}^{12}+\omega_{J}^{\Delta} \mathbf{I}_{x}^{12}-\frac{\omega_{J}^{12}}{4} \mathbf{1}^{12} \\
& H^{34}=-\omega_{J}^{12} \mathbf{I}_{z}^{34}-\omega_{J}^{\Delta} \mathbf{I}_{x}^{34}-\frac{\omega_{J}^{12}}{4} \mathbf{1}^{34}  \tag{10}\\
& H^{56}=\omega_{J}^{\Sigma} \mathbf{I}_{z}^{56}+\frac{\omega_{J}^{12}}{4} \mathbf{1}^{56} \\
& H^{78}=-\omega_{J}^{\Sigma} \mathbf{I}_{z}^{78}+\frac{\omega_{J}^{12}}{4} \mathbf{1}^{78}
\end{align*}
$$

where the superscript $r s(r, s \in\{1,2, \ldots, 8\})$ indicates the subspace spanned by the $r$-th and $s$-th functions in the $\mathbb{S} \mathbb{Z} \mathbb{Z}$ basis and $\mathbf{I}_{k}^{r s}$ is the single-transition spin operator $[36,37]$ along the $k$-axis for the $r s$ subspace defined as:

$$
\begin{align*}
\mathbf{I}_{x}^{r s} & =\frac{1}{2}(|r\rangle\langle s|+|s\rangle\langle r|) \\
\mathbf{I}_{y}^{r s} & =\frac{1}{2 i}(|r\rangle\langle s|-|s\rangle\langle r|)  \tag{11}\\
\mathbf{I}_{z}^{r s} & =\frac{1}{2}(|r\rangle\langle r|-|s\rangle\langle s|) \\
\mathbf{1}^{r s} & =(|r\rangle\langle r|+|s\rangle\langle s|)
\end{align*}
$$

$$
\left[\mathbf{I}_{x}^{\alpha}, \mathbf{I}_{y}^{\beta}\right]=\left\{\begin{array}{lll}
0 & \text { if } \alpha \neq \beta  \tag{12}\\
-i \mathbf{I}_{z}^{\alpha} & (\text { cyclic }) & \text { if } \alpha=\beta
\end{array}\right.
$$

Furthermore, by introducing:

$$
\begin{align*}
\theta & =\arctan \left(\frac{\omega_{J}^{\Delta}}{\omega_{J}^{12}}\right)  \tag{13}\\
\omega_{e} & =\sqrt{\left(\omega_{J}^{12}\right)^{2}+\left(\omega_{J}^{\Delta}\right)^{2}} \tag{14}
\end{align*}
$$

the Hamiltonian operators for the subspaces spanned by kets 1,2 and 3,4 can be rearranged as:

$$
\begin{align*}
& H^{12}=\omega_{e} \hat{R}_{y}^{12}(\pi-\theta) \mathbf{I}_{z}^{12}-\frac{\omega_{J}^{12}}{4} \mathbf{1}^{12} \\
& H^{34}=\omega_{e} \hat{R}_{y}^{34}(\pi+\theta) \mathbf{I}_{z}^{34}-\frac{\omega_{J}^{12}}{4} \mathbf{1}^{34} \tag{15}
\end{align*}
$$

with $\hat{R}_{k}^{r s}(\theta)$ being the rotation superoperator that rotates an operator by the angle $\theta$ about the k-axis of the subspace spanned by kets $r$ and $s$.
The total Hamiltonian of Eq. 2 in this single transition spin operator formalism is finally given by:

$$
\begin{equation*}
H=\omega_{e}\left[\hat{R}_{y}^{12}(\pi-\theta) \mathbf{I}_{z}^{12}+\hat{R}_{y}^{34}(\pi+\theta) \mathbf{I}_{z}^{34}\right]+\omega_{J}^{5}\left(\mathbf{I}_{z}^{56}-\mathbf{I}_{z}^{78}\right)-\frac{\omega_{J}^{12}}{4}\left(\mathbf{1}^{12}+\mathbf{1}^{34}-\mathbf{1}^{56}-\mathbf{1}^{78}\right) \tag{16}
\end{equation*}
$$

### 3.2.3. Evolution in single-transition spin operator formalism

Because the Hamiltonian in Eq. 16 appears as a direct sum of Hamiltonians defined within independent subspaces, the associated propagator results as the product of 4 propagators acting, independently, in each subspace, i.e.:

$$
\begin{equation*}
\hat{U}(\tau)=\hat{U}^{12}(\tau) \hat{U}^{34}(\tau) \hat{U}^{56}(\tau) \hat{U}^{78}(\tau) \tag{17}
\end{equation*}
$$

with

$$
\begin{equation*}
\hat{U}^{r s}(\tau)=e^{-i H^{r s} \tau} \tag{18}
\end{equation*}
$$

The propagator in each subspace is written as:

$$
\begin{align*}
& \hat{U}^{12}(\tau)=\hat{R}_{y}^{12}(\pi-\theta) \hat{R}_{z}^{12}\left(\omega_{e} \tau\right) \hat{R}_{y}^{12}(-\pi+\theta) \hat{\Phi}^{12}\left(-\frac{\omega_{J}^{12}}{4} \tau\right) \\
& \hat{U}^{34}(\tau)=\hat{R}_{y}^{34}(\pi+\theta) \hat{R}_{z}^{34}\left(\omega_{e} \tau\right) \hat{R}_{y}^{34}(-\pi-\theta) \hat{\Phi}^{34}\left(-\frac{\omega_{J}^{12}}{4} \tau\right) \\
& \hat{U}^{56}(\tau)=\hat{R}_{z}^{56}\left(\omega_{J}^{\Sigma} \tau\right) \hat{\Phi}^{56}\left(\frac{\omega_{J}^{12}}{4} \tau\right) \\
& \hat{U}^{78}(\tau)=\hat{R}_{z}^{78}\left(-\omega_{J}^{\Sigma} \tau\right) \hat{\Phi}^{78}\left(\frac{\omega_{J}^{12}}{4} \tau\right) \tag{19}
\end{align*}
$$

with

$$
\begin{equation*}
\hat{\Phi}^{r s}(\phi)=e^{-i \phi \mathbf{1}^{r s}} \tag{20}
\end{equation*}
$$

All $\hat{\Phi}^{r s}(\phi)$ terms and the propagators $\hat{U}^{56}(\tau)$ and $\hat{U}^{78}(\tau)$ contribute only to the signal phase and can be ignored in the following, for the sake of simplicity. The relevant propagator for the free evolution during a time interval $\tau$ and for $\theta \ll 1$ can then be approximated by [24]:

$$
\begin{align*}
\hat{U}_{f r e e}^{M 2 S}(\tau) & =\hat{R}_{y}^{12}(\pi-\theta) \hat{R}_{z}^{12}\left(\omega_{e} \tau\right) \hat{R}_{y}^{12}(-\pi+\theta) \hat{R}_{y}^{34}(\pi+\theta) \hat{R}_{z}^{34}\left(\omega_{e} \tau\right) \hat{R}_{y}^{34}(-\pi-\theta) \\
& \approx \hat{R}_{z}^{12}\left(\omega_{e} \tau\right) \hat{R}_{z}^{34}\left(\omega_{e} \tau\right) \tag{21}
\end{align*}
$$

and, for $\tau=\pi /\left(2 \omega_{e}\right)$ reduces to:

$$
\begin{equation*}
\hat{U}_{\text {free }}^{M 2 S}\left(\frac{\pi}{2 \omega_{e}}\right) \approx \hat{R}_{z}^{12}\left(\frac{\pi}{2}\right) \hat{R}_{z}^{34}\left(\frac{\pi}{2}\right) \tag{22}
\end{equation*}
$$

Within the same approximations, the propagator that describes the evolution during an echo block of the kind $\tau-180_{x}-\tau$ with $\tau=\pi /\left(2 \omega_{e}\right)$ can be approximated as [24]:

$$
\begin{equation*}
\hat{U}_{e c h o}^{M 2 S}\left(\frac{\pi}{2 \omega_{e}}\right) \approx \hat{R}_{x}^{12}(2 \theta) \hat{R}_{x}^{34}(-2 \theta) \tag{23}
\end{equation*}
$$

The approximation $\theta \ll 1$ is valid under the assumption of near magnetic equivalence (see eq. 13).

### 3.2.4. M2S pulse sequence description

The initial thermal equilibrium state of the I-spins is represented by the density operator [33]:

$$
\begin{equation*}
\rho_{0}^{M 2 S}=\frac{1}{8} \mathbf{1}+\frac{1}{4} p_{I z}^{e q}\left(\mathbf{I}_{1 z}+\mathbf{I}_{2 z}\right) \tag{24}
\end{equation*}
$$

with

$$
\begin{equation*}
p_{I z}^{e q} \simeq \frac{\hbar \gamma_{I} B_{0}}{2 k_{B} T} \tag{25}
\end{equation*}
$$

where $\hbar$ is the reduced Plank constant, $k_{B}$ is the Boltzmann constant, $T$ is the temperature, $B_{0}$ is the static magnetic field and $\gamma_{I}$ is the gyromagnetic ratio of I-spins (valid at high temperature regimes, i.e. for $k_{B} T \gg\left|\hbar \gamma_{I} B_{0}\right|$ ). The unity operator does not participate to the evolution and is therefore ignored in all successive calculations. The first $90 y$ radiofrequency pulse rotates the initial state by $90^{\circ}$ about the y -axis to give:

$$
\begin{align*}
& \rho_{1}^{M 2 S}=\frac{1}{4} p_{I z}^{e q}\left(\mathbf{I}_{1 x}+\mathbf{I}_{2 x}\right) \\
& =\frac{1}{4 \sqrt{2}} p_{I z}^{e q}\left[\left(\left|T_{1}^{12} \alpha_{3}\right\rangle+\left|T_{-1}^{12} \alpha_{3}\right\rangle\right)\left\langle T_{0}^{12} \alpha_{3}\right|+\left(\left|T_{1}^{12} \beta_{3}\right\rangle+\left|T_{-1}^{12} \beta_{3}\right\rangle\right)\left\langle T_{0}^{12} \beta_{3}\right|\right. \\
& \left.\quad+\left|T_{0}^{12} \alpha_{3}\right\rangle\left(\left\langle T_{1}^{12} \alpha_{3}\right|+\left\langle T_{-1}^{12} \alpha_{3}\right|\right)+\left|T_{0}^{12} \beta_{3}\right\rangle\left(\left\langle T_{1}^{12} \beta_{3}\right|+\left\langle T_{-1}^{12} \beta_{3}\right|\right)\right] \tag{26}
\end{align*}
$$

$$
\begin{align*}
\rho_{3}^{M 2 S} & =\frac{1}{4} e_{I z}^{e q}\left[\left|T_{0}^{12} \alpha_{3}\right\rangle\left\langle S_{0}^{12} \alpha_{3}\right|-\left|T_{0}^{12} \beta_{3}\right\rangle\left\langle S_{0}^{12} \beta_{3}\right|+\left|S_{0}^{12} \alpha_{3}\right\rangle\left\langle T_{0}^{12} \alpha_{3}\right|-\left|S_{0}^{12} \beta_{3}\right\rangle\left\langle T_{0}^{12} \beta_{3}\right|\right] \\
& =\frac{1}{2} p_{I z}^{e q}\left(\mathbf{I}_{x}^{12}-\mathbf{I}_{x}^{34}\right) \tag{29}
\end{align*}
$$

Successively, the system is left to evolve under the internal Hamiltonian for the time interval $\tau=\pi /\left(2 \omega_{e}\right)$. The related propagator is given in Eq. 22 and corresponds to a $90^{\circ}$ rotation about the z-axis of the 1,2 and 3,4 sub-spaces that leads to:

$$
\begin{equation*}
\rho_{4}^{M 2 S}=\frac{1}{2} p_{I z}^{e q}\left(\mathbf{I}_{y}^{12}-\mathbf{I}_{y}^{34}\right) \tag{30}
\end{equation*}
$$

Finally, a series of $n_{2}=\frac{\pi}{4 \theta}$ echo blocks of the form $\tau-180_{x}-\tau$ with $\tau=\pi /\left(2 \omega_{e}\right)$ is applied, corresponding to a rotation of $90^{\circ}$ about the $x$-axis of the 1,2 subspace and of $-90^{\circ}$ about the $x$-axis of the 3,4 sub-space (see Eq. 23 and Eq. 27) and leading to:

$$
\begin{align*}
\rho_{5}^{M 2 S} & =\frac{1}{2} p_{I z}^{e q}\left(\mathbf{I}_{z}^{12}+\mathbf{I}_{z}^{34}\right)  \tag{31}\\
& =-\frac{1}{4} p_{I z}^{e q}\left(\mathbf{I}_{1}^{+} \mathbf{I}_{2}^{-}+\mathbf{I}_{1}^{-} \mathbf{I}_{2}^{+}\right)
\end{align*}
$$

corresponding to a population imbalance of the kind:

$$
\begin{equation*}
\rho_{5}^{M 2 S}=-\frac{1}{4} p_{I z}^{e q}\left(\left|S_{0}^{12} \alpha_{3}\right\rangle\left\langle S_{0}^{12} \alpha_{3}\right|-\left|T_{0}^{12} \alpha_{3}\right\rangle\left\langle T_{0}^{12} \alpha_{3}\right|+\left|S_{0}^{12} \beta_{3}\right\rangle\left\langle S_{0}^{12} \beta_{3}\right|-\left|T_{0}^{12} \beta_{3}\right\rangle\left\langle T_{0}^{12} \beta_{3}\right|\right) \tag{32}
\end{equation*}
$$

The operator amplitude $\langle A \rightarrow B\rangle$ given by:

$$
\begin{equation*}
\langle A \rightarrow B\rangle=\frac{\langle B \mid A\rangle}{\langle B \mid B\rangle} \tag{33}
\end{equation*}
$$

with

$$
\begin{equation*}
\langle B \mid A\rangle=\operatorname{Tr}\left\{B^{\dagger} A\right\} \tag{34}
\end{equation*}
$$

extracts the coefficient of the operator $B$ contained in operator $A$ [33]. The Zeeman polarisation of spins 1 and 2 along the x-axis (corresponding to the polarisation level operator after the first $90 y$ pulse in the M2S pulse sequence) is therefore derived as:

$$
\begin{equation*}
p_{x}=\left\langle\rho \rightarrow P_{1 x}+P_{2 x}\right\rangle \tag{35}
\end{equation*}
$$

with

$$
\begin{equation*}
P_{j x}=2^{1-N} \mathbf{I}_{j x} \tag{36}
\end{equation*}
$$

being the Zeeman polarisation level operator along the $x$-axis. The singlet polarisation level operator for a spin pair $\mathrm{j}, \mathrm{k}$ in a spin system made by N spins is given by:

$$
\begin{equation*}
P_{s}^{j, k}=-2^{2-N} \mathbf{I}_{j} \cdot \mathbf{I}_{k} \tag{37}
\end{equation*}
$$

Therefore, the operator amplitude:

$$
\begin{equation*}
p_{s}^{j, k}=\left\langle\rho \rightarrow P_{s}^{j, k}\right\rangle \tag{38}
\end{equation*}
$$

extracts the amount of singlet polarisation, $p_{s}^{j, k}$, contained in the generic density operator $\rho$. For the three spin system discussed in this paper the singlet polarisation level operator is therefore:

$$
\begin{equation*}
P_{s}^{1,2}=-\frac{1}{2} \mathbf{I}_{1} \cdot \mathbf{I}_{2} \tag{39}
\end{equation*}
$$

and we can use Eq. 38 to figure out the theoretical efficiency of the I-spins M2S as:

$$
\begin{equation*}
p_{s}^{1,2}(M 2 S)=\left\langle\rho_{5}^{M 2 S} \rightarrow P_{s}^{1,2}\right\rangle=\frac{2}{3} p_{I z}^{e q} \tag{40}
\end{equation*}
$$

The value of $2 / 3$ coincide with the maximum transformation amplitude for the conversion of Zeeman order into singlet order under unitary transformations [24]. Fig. 3 shows the trajectories of $P_{1 x}+P_{2 x}$ (gray) and $P_{s}^{1,2}$ (black) versus time for the M2S pulse sequence with $\tau=64 \mathrm{~ms}, n_{1}=8$ and $n_{2}=4$.

### 3.3. S-spin S2hM

In this subsection we describe the S2hM pulse sequence for the conversion of singlet order into heteronuclear magnetisation (S2hM, Fig. 2).

### 3.3.1. Basis Functions

When discussing the S 2 hM sequence it is convenient to use a slightly different basis than the one used above for the M2S block. Following the convention adopted in Ref. [34], we use the basis built as the direct product between the $S \mathbb{T}^{12}$ basis of Eq. 4 and the eigenbasis of the operator $\mathbf{I}_{3 x}$ written as:

$$
\begin{equation*}
\mathbb{X}^{3}=\left\{\left|\Delta_{\alpha \beta}^{3}\right\rangle,\left|\Sigma_{\alpha \beta}^{3}\right\rangle\right\} \tag{41}
\end{equation*}
$$



Figure 3: Trajectories of the polarization level operators $P_{1 x}+P_{2 x}$ (gray) and $P_{s}^{1,2}$ (black) versus time for the M2S pulse sequence with $\tau=64 \mathrm{~ms}, n_{1}=8$ and $n_{2}=4$.

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$$
\begin{align*}
\left|\Delta_{\alpha \beta}^{3}\right\rangle & =\frac{1}{\sqrt{2}}\left(\left|\beta_{3}\right\rangle-\left|\alpha_{3}\right\rangle\right) \\
\left|\Sigma_{\alpha \beta}^{3}\right\rangle & =\frac{1}{\sqrt{2}}\left(\left|\beta_{3}\right\rangle+\left|\alpha_{3}\right\rangle\right) \tag{42}
\end{align*}
$$

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The resulting $\mathbb{S} \mathbb{X}$ basis is therefore:

$$
\begin{aligned}
& S \mathbb{T} \mathbb{K}=S \mathbb{T}^{12} \otimes \mathbb{K}^{3} \\
& \left.\left.S_{0}^{12} \Delta_{\alpha \beta}^{3}\right\rangle,\left|T_{0}^{12} \Sigma_{\alpha \beta}^{3}\right\rangle,\left|T_{0}^{12} \Delta_{\alpha \beta}^{3}\right\rangle,\left|S_{0}^{12} \Sigma_{\alpha \beta}^{3}\right\rangle,\left|T_{1}^{12} \Delta_{\alpha \beta}^{3}\right\rangle,\left|T_{1}^{12} \Sigma_{\alpha \beta}^{3}\right\rangle,\left|T_{-1}^{12} \Delta_{\alpha \beta}^{3}\right\rangle,\left|T_{-1}^{12} \Sigma_{\alpha \beta}^{3}\right\rangle\right\} \\
& \text { (1) } \\
& \text { (2) } \\
& \text { (3) } \\
& \text { (4) } \\
& \text { (5) } \\
& \text { (6) } \\
& \text { (43) }
\end{aligned}
$$

where the basis functions have been re-arranged for convenience.

Using the same definitions for $\theta$ and $\omega_{e}$ given in Eq. 13 the Hamiltonians for the subspaces spanned by kets 1,2 and 3,4 can be rearranged as:

$$
\begin{align*}
H^{12} & =\omega_{e} \hat{R}_{y}^{12}(\pi-\theta) \mathbf{I}_{z}^{12}-\frac{\omega_{J}^{12}}{4} \mathbf{1}^{12}=-\omega_{e} \hat{R}_{y}^{12}(-\theta) \mathbf{I}_{z}^{12}-\frac{\omega_{J}^{12}}{4} \mathbf{1}^{12} \\
H^{34} & =\omega_{e} \hat{R}_{y}^{34}(\theta) \mathbf{I}_{z}^{34}-\frac{\omega_{J}^{12}}{4} \mathbf{1}^{34} \tag{47}
\end{align*}
$$

and the total Hamiltonian of Eq. 2 in this new basis and within the single transition spin operator formalism is finally given by:

$$
\begin{equation*}
H=\omega_{e}\left[\hat{R}_{y}^{34}(\theta) \mathbf{I}_{z}^{34}-\hat{R}_{y}^{12}(-\theta) \mathbf{I}_{z}^{12}\right]+\omega_{J}^{\Sigma}\left(\mathbf{I}_{x}^{56}-\mathbf{I}_{x}^{78}\right)+\frac{\omega_{J}^{12}}{4}\left(\mathbf{1}^{56}+\mathbf{1}^{78}-\mathbf{1}^{12}-\mathbf{1}^{34}\right) \tag{48}
\end{equation*}
$$

### 3.3.3. Evolution in single-transition spin operator formalism

As above, the evolution under the Hamiltonian in Eq. 48 during the time interval $\tau$ can be expressed as the product of the evolution in the 4 individual subspaces:

$$
\begin{equation*}
\hat{U}(\tau)=\hat{U}^{12}(\tau) \hat{U}^{34}(\tau) \hat{U}^{56}(\tau) \hat{U}^{78}(\tau) \tag{49}
\end{equation*}
$$

with:

$$
\begin{align*}
\hat{U}^{12}(\tau) & =\hat{R}_{y}^{12}(-\theta) \hat{R}_{z}^{12}\left(-\omega_{e} \tau\right) \hat{R}_{y}^{12}(\theta) \hat{\Phi}^{12}\left(-\frac{\omega_{J}^{12}}{4} \tau\right) \\
\hat{U}^{34}(\tau) & =\hat{R}_{y}^{34}(\theta) \hat{R}_{z}^{34}\left(\omega_{e} \tau\right) \hat{R}_{y}^{34}(-\theta) \hat{\Phi}^{34}\left(-\frac{\omega_{J}^{12}}{4} \tau\right) \\
\hat{U}^{56}(\tau) & =\hat{R}_{x}^{56}\left(\omega_{J}^{\Sigma} \tau\right) \hat{\Phi}^{56}\left(\frac{\omega_{J}^{12}}{4} \tau\right) \\
\hat{U}^{78}(\tau) & =\hat{R}_{x}^{78}\left(-\omega_{J}^{\Sigma} \tau\right) \hat{\Phi}^{78}\left(\frac{\omega_{J}^{12}}{4} \tau\right) \tag{50}
\end{align*}
$$

The propagators $\hat{U}^{56}(\tau)$ and $\hat{U}^{78}(\tau)$ can be ignored since this sequence operates on singlet order which is confined within the subspaces spanned by the spin functions 1,2 and 3,4 (see Eq. 31). The superoperators $\hat{\Phi}^{r s}(\phi)$ can also be ignored for the sake of simplicity since they only contribute to the phase of the signal. The final form of the propagator for the free evolution during a time interval $\tau$ and for $\theta \ll 1$ can therefore be approximated as [24]:

$$
\begin{align*}
\hat{U}_{f r e e}^{S 2 h M}(\tau) & =\hat{R}_{y}^{12}(-\theta) \hat{R}_{z}^{12}\left(-\omega_{e} \tau\right) \hat{R}_{y}^{12}(\theta) \hat{R}_{y}^{34}(\theta) \hat{R}_{z}^{34}\left(\omega_{e} \tau\right) \hat{R}_{y}^{34}(-\theta) \\
& \approx \hat{R}_{z}^{12}\left(-\omega_{e} \tau\right) \hat{R}_{z}^{34}\left(\omega_{e} \tau\right) \tag{51}
\end{align*}
$$

and, for $\tau=\pi /\left(2 \omega_{e}\right)$ reduces to:

$$
\begin{equation*}
\hat{U}_{f r e e}^{S 2 h M}\left(\frac{\pi}{2 \omega_{e}}\right) \approx \hat{R}_{z}^{12}\left(-\frac{\pi}{2}\right) \hat{R}_{z}^{34}\left(\frac{\pi}{2}\right) \tag{52}
\end{equation*}
$$

Within the same approximations, the evolution during a echo block $\tau-$ $180_{x}-\tau$ with $\tau=\pi /\left(2 \omega_{e}\right)$ can be approximated [24] as:

$$
\begin{equation*}
\hat{U}_{\text {echo }}^{S 2 h M}\left(\frac{\pi}{2 \omega_{e}}\right) \approx \hat{R}_{x}^{12}(2 \theta) \hat{R}_{x}^{34}(2 \theta) \tag{53}
\end{equation*}
$$

### 3.3.4. S2hM pulse sequence description

The starting density operator at the beginning of S2hM is generally equal to:

$$
\begin{equation*}
\rho_{1}^{S 2 h M}=-\frac{1}{2} p_{S}^{I} \mathbf{I}_{1} \cdot \mathbf{I}_{2} \tag{54}
\end{equation*}
$$

with $p_{S}^{I}$ representing the I-spin singlet polarisation which, in the case it is generated by the M2S sequence described above, is equal, at best, to $(2 / 3) p_{I z}^{e q}$ (see

Eq. 40) and, in the case it is generated by an ideal reaction with pure parahydrogen, is 1 instead. This can be rewritten in terms of single transition spin operators as:

$$
\begin{equation*}
\rho_{1}^{S 2 h M}=\frac{1}{2} p_{I z}^{e q}\left(\mathbf{I}_{z}^{12}-\mathbf{I}_{z}^{34}\right)+\frac{1}{8} p_{I z}^{e q}\left(\mathbf{1}^{12}+\mathbf{1}^{34}-\mathbf{1}^{56}-\mathbf{1}^{78}\right) \tag{55}
\end{equation*}
$$

with all unity operators neglected in the following as they do not participate in the evolution.

The first event in the S 2 hM is a series of $n=\frac{\pi}{4 \theta}$ echo blocks of the form $\tau-180_{x}-\tau$ with $\tau=\pi /\left(2 \omega_{e}\right)$. The propagator for the event is derived from Eq. 53 , in the limit $\theta \ll 1$, as:

$$
\begin{equation*}
\left[\hat{U}_{\text {echo }}^{S 2 h M}\left(\frac{\pi}{2 \omega_{e}}\right)\right]^{n} \approx \hat{R}_{x}^{12}\left(\frac{\pi}{2}\right) \hat{R}_{x}^{34}\left(\frac{\pi}{2}\right) \tag{56}
\end{equation*}
$$

corresponding to a rotation of $90^{\circ}$ about the x -axis of the 1,2 and 3,4 sub-spaces. The density operator after this event is:

$$
\begin{equation*}
\rho_{2}^{S 2 h M}=\frac{1}{2} p_{I z}^{e q}\left(-\mathbf{I}_{y}^{12}+\mathbf{I}_{y}^{34}\right) \tag{57}
\end{equation*}
$$

This density operator evolves for a time interval $\tau=\pi /\left(2 \omega_{e}\right)$ under the propagator in Eq. 52 to become:

$$
\begin{equation*}
\rho_{3}^{S 2 h M}=\frac{1}{2} p_{I z}^{e q}\left(-\mathbf{I}_{x}^{12}-\mathbf{I}_{x}^{34}\right) \tag{58}
\end{equation*}
$$

The propagator for the successive 90 x pulse, written in this basis and within the single-transition operators formalism, is $\hat{R}_{z}^{12}(-\pi / 2) \hat{R}_{z}^{34}(-\pi / 2)$. When applied to $\rho_{3}^{S 2 h M}$ it generates:

$$
\begin{equation*}
\rho_{4}^{S 2 h M}=\frac{1}{2} p_{I z}^{e q}\left(\mathbf{I}_{y}^{12}+\mathbf{I}_{y}^{34}\right) \tag{59}
\end{equation*}
$$

Finally, a second echo train of $n=\frac{\pi}{4 \theta}$ blocks of the form $\tau-180_{x}-\tau$ with $\tau=\pi /\left(2 \omega_{e}\right)$ produces a final rotation of $90^{\circ}$ about the x-axis of the 1,2 and 3,4 sub-spaces (Eq. 56) yielding:

$$
\begin{align*}
\rho_{5}^{S 2 h M} & =\frac{1}{2} p_{I z}^{e q}\left(\mathbf{I}_{z}^{12}+\mathbf{I}_{z}^{34}\right) \\
& =-\frac{1}{4} p_{I z}^{e q}\left(\mathbf{I}_{3 x}-4 \mathbf{I}_{1 z} \mathbf{I}_{2 z} \mathbf{I}_{3 x}\right) \tag{60}
\end{align*}
$$

corresponding to a single peak centred at the chemical shift of the S-spin plus an out-of-phase term giving rise to an out-of-phase multiplet signal also centred at the chemical shift of the S-spin and spaced by $\omega_{J}^{\Sigma}$. To extract the amount of transverse order contained into $\rho_{5}^{S 2 h M}$ we use the same technique as above consisting in evaluating the following operator amplitude:

$$
\begin{equation*}
p_{3 x}(S 2 h M)=\left\langle\rho_{5}^{S 2 h M} \rightarrow P_{3 x}\right\rangle=-p_{S}^{I} \tag{61}
\end{equation*}
$$

with

$$
\begin{equation*}
P_{3 x}=2^{1-N} \mathbf{I}_{3 x}=\frac{1}{4} \mathbf{I}_{3 x} \tag{62}
\end{equation*}
$$

meaning that the transfer between singlet order of spin-1 and 2 into heteronuclear transverse magnetisation of spin-3 operated by a S2hM pulse sequence has a theoretical maximum efficiency of 1.

Fig. 4 shows the trajectories of $P_{s}^{1,2}$ (gray) and $P_{3 x}$ (black) versus time for the S2hM pulse sequence with $\tau=64 \mathrm{~ms}$ and $n=4$.


Figure 4: Trajectories of the polarization level operators $P_{s}^{1,2}$ (gray) and $P_{3 x}$ (black) versus time for the S 2 hM pulse sequence with $\tau=64 \mathrm{~ms}$ and $n=4$.

### 3.4. Robustness

Fig. 5 shows the result of a numerical simulation aimed at calculating the amplitude of the singlet to heteronuclear polarization transfer implemented by the $S 2 h M$ pulse sequence as a function of the ${ }^{13} \mathrm{C}$ frequency offset and considering a $\pm 10 \% \mathrm{~B}_{1}$ inhomogeneity. The simulation uses the parameters for 2,5-thiophenedicarboxylic acid reported in Fig. 6. The error on the $\mathrm{B}_{1}$ offset is assumed to be systematic and equal on every cycle of the echo train. The conversion is particularly robust to frequency offset mismatch as opposed to SLIC and ADAPT [34] while more sensitive to $\mathrm{B}_{1}$ inhomogeneities (Fig. 5a). However, the incidence of $\mathrm{B}_{1}$ errors is removed by implementing composite $180^{\circ}$ pulses (Fig. 5b).

Table 1 reports the results of numerical simulations on a variety of chemical systems (typically used in parahydrogen experiments [26, 34]) with the intent to compare S2hM with other singlet to heteronuclear order conversion methodologies. The table is meant to demonstrate that although the analysis of the


Figure 5: Simulated conversion efficiency for the S2hM pulse sequence in Fig. 2 in the case of 2,5 -thiophenedicarboxylic acid and plotted as a function of the resonance offset and pulse imperfection; a) using a single hard $180^{\circ}$ pulse in the echo trains and b) using $180^{\circ}$ pulses replaced by composite pulses of the kind $90 y 180 \mathrm{x} 90 \mathrm{y}$.

S2hM pulse sequence presented above is done in the near equivalence limit, the method can still be applied outside this regime with good performances. Despite taking longer than other methods, S2hM achieves a significant polarization transfer under diverse conditions of magnetic equivalence. This flexibility, together with the robustness with respect to frequency offset mismatches and $\mathrm{B}_{1}$ inhomogeneities, makes the method applicable in a variety of real systems.

## 4. Results and Discussion

To test the methodology we used a sample of 2,5 -thiophenedicarboxylic acid (Fig. 6) where the two protons on the thiophene ring make up the I-spins and the natural abundant carbonyl- ${ }^{13} \mathrm{C}$ spin (abundance $\sim 2 \%$ ) is the S -spin. The compound was purchased from Sigma-Aldrich and used without further purification in a 0.4 M solution in DMSO- $\mathrm{d}_{6}$, degassed by $\mathrm{N}_{2}$-bubbling to remove dissolved oxygen. The molecule was chosen to stress some advantages of S2hM over the SLIC method: SLIC requires continuous irradiation for some hundreds of milliseconds at a nutation frequency that matches $J_{12}$, which for this systems corresponds to such a low power that the instrument is unable to supply with the required stability.

In near-magnetic-equivalence conditions, the single quantum ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}$ NMR spectra only contain information on the proton-proton coupling, $\omega_{J}^{12} / 2 \pi$ $=3.9 \mathrm{~Hz}$ and the mean of the two heteronuclear couplings, $\omega_{J}^{\Sigma} / 2 \pi=1.7 \mathrm{~Hz}$. The optimal values for $\tau, n_{1}, n_{2}$ and $n$ (requiring individual values of the heteronuclear couplings) were experimentally determined by running a $90 y-\mathrm{M} 2 \mathrm{~S}-$ $\mathrm{T}_{00}$ filter-S2hM experiment (Fig. 2) at variable values of $n$ with $n_{1}=2 n, n_{2}=n$ and $\tau$ fixed within a range of expected values (Fig. 7a shows the case $\tau=63$

| Molecule | $\left(J_{12}, J_{13}, J_{23}\right)(\mathrm{Hz})$ | $\theta\left({ }^{\circ}\right)$ | sequence | timings (ms) | loops | duration (ms) | P |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| TMVS | (14.6,15.3,6.5) | 16.8 | S2hM | 17.50 | 2 | 157.5 | 94\% |
|  |  |  | $\mathrm{ADAPT}_{90}$ | 16.84 | 8 | 134.0 | 99\% |
|  |  |  | Kadlecek2b | $(22.42,36.45,32.79,8.42)$ | 1 | 200.0 | 97\% |
|  |  |  | Goldman | (32.79,18.10,30.76,32.79,32.79) | $(2,6)$ | 344.0 | 96\% |
| TIFBU | $(12.5,8.4,0.8)$ | 16.9 | S2hM | 20.00 | 2 | 180.0 | 93\% |
|  |  |  | $\mathrm{ADAPT}_{90}$ | 19.67 | 8 | 157.4 | 98\% |
|  |  |  | Kadlecek2b | (25.37,42.79,38.27,9.83) | 1 | 232.0 | 97\% |
|  |  |  | Goldman | $(38.27,20.88,36.18,38.27,38.27)$ | 2,6) | 401.5 | 96\% |
| MEPA1 | (12.6,10.0,-1.8) | 25.1 | S2hM | 15.00 | 3 | 195.0 | 94\% |
|  |  |  | $\mathrm{ADAPT}_{45}$ | 9.81 | 8 | 78.5 | 98\% |
|  |  |  | Kadlecek2a | (29.81,29.01) | - | 117.6 | 100\% |
|  |  |  | Goldman | (29.81) | - | 196.3 | 96\% |
| MEPA2 | $(12.6,15.8,-2.5)$ | 36.0 | S2hM | 13.50 | 2 | 121.5 | 90\% |
|  |  |  | $\mathrm{ADAPT}_{90}$ | 17.00 | 4 | 68.0 | 92\% |
|  |  |  | Kadlecek2a | (12.90,29.80) | - | 85.5 | 100\% |
|  |  |  | Goldman | (20.80,21.71,32.11) | - | 74.6 | 95\% |
| SUC | (6.6,4.2,-6.6) | 39.2 | S2hM | $\bigcirc 25.00$ | 2 | 225.0 | 91\% |
|  |  |  | $\mathrm{ADAPT}_{9}$ | 3.77 | 22 | 83.0 | 93\% |
|  |  |  | Kadlecek2a | (20.10,54.06) | - | 148.0 | 100\% |
|  |  |  | Goldman | (33.96,41.53,58.51) | - | 134.0 | 98\% |
| HEP | (7.6,7.2,-5.6) | 40.3 | S2hM | 22.00 | 9 | 198.0 | 91\% |
|  |  |  | $\mathrm{ADAPT}_{12}$ | 4.75 | 15 | 71.2 | 95\% |
|  |  |  | Kadlecek2a | $(16.34,46.33)$ | - | 125.0 | 100\% |
|  |  |  | Goldman | (28.28,36.20,50.34) | - | 114.8 | 99\% |
| BIMAC | (12.0,24.0,-2.5) | 47.8 | S2hM | 13.00 | 9 | 481.0 | 82\% |
|  |  |  | $\mathrm{ADAPT}_{9}$ | 2.1 | 18 | 37.8 | 100\% |
|  |  |  | Kadlecek2a | (5.72,24.13) | - | 59.7 | 100\% |
|  |  |  | Goldman | $(13.18,21.38,27.97)$ | - | 62.5 | 100\% |

Table 1: Numerical simulations testing S2hM versus ADAPT, Goldman and Kadlecek pulse sequences. In particular the delays, number of loops, total duration, and achieved heteronuclear polarization (P) are indicated for TMVS (trimethylvinylsilane), TIFBU (trifluoro but-2-enoate), MEPA1/MEPA2 ([2-(2-Methoxyethoxy)ethyl]ethyl acrylate), SUC (succinic acid), HEP (hydroxyethylpropionate) and BIMAC (2-(2-methoxyethoxy)ethyl acrylate). The J coupling values in Hz taken from Ref. [26] and the angle $\theta$, defined in equation 13, are indicated. The ADAPT parameters are taken from Ref. [34]. Timings: $\tau$ for S2hM, $\Delta_{x}$ for $\mathrm{ADAPT}_{x}$, $\left(\mathrm{t}_{1}^{K x}, \mathrm{t}_{2}^{K x}, \ldots\right)$ for Kadlecek2x and $\left(\mathrm{t}_{0}^{G}, \mathrm{t}_{1}^{G}, \ldots\right)$ for Goldman. Loops: $n$ for S2hM, $m$ for $\mathrm{ADAPT}_{x}, n_{3}$ for Kadlecek2b and ( $n_{1}, n_{2}, \ldots$ ) for Goldman.


Figure 6: Molecular structure ( ${ }^{13} \mathrm{C}$-isotopomer) and ${ }^{13} \mathrm{C}$-NMR pulse-acquire spectrum of a 0.4 M sample of 2,5 -thiophenedicarboxylic acid in DMSO- $\mathrm{d}_{6}$.
ms , black points) and, successively, fixing $n=4$ (best value in the optimisation above) and varying $\tau$ to find its optimal value to be $\tau=64 \mathrm{~ms}$ (see Fig. 7b, black points). Using the analytical expressions for $\tau$ and $n$ a value of $\omega_{J}^{\Delta} / 2 \pi=$ 0.8 Hz is found. The individual value of the two heteronuclear couplings is then found by solving the system of equation $\omega_{J}^{\Delta} / 2 \pi=0.8 \mathrm{~Hz}$ and $\omega_{J}^{\Sigma} / 2 \pi=1.7 \mathrm{~Hz}$ giving $J_{13}=2.5 \mathrm{~Hz}$ and $J_{23}=0.9 \mathrm{~Hz}$ and $\theta=11.6^{\circ}$ (see Eq. 13)
Fig. 7 shows a plot of the area under the signal resulting after the pulse sequence in Fig. 2 versus (a) $n$ and (b) $\tau$. Experimental values are represented by black circles whereas simulated values are indicated by grey squares . Experimental points have been scaled using the procedure reported in Ref. [33] and detailed in the Appendix. This procedure captures the individual efficiencies of M2S and S2hM. The experimental maximum transfer amplitude between the singlet order of spins-1 and 2 into heteronuclear transverse magnetisation of spin-3 is 0.5 (see Appendix). We have obtained similar experimental efficiencies on other systems with SLIC, Goldman and Kadlecek methods [33]. The simulated transfer amplitude for the same transformation is 0.9 . The discrepancy between experiments and simulation is attributed to relaxation phenomena and experimental imperfections which where not included into the simulations for the sake of simplicity. The experimental efficiency of the M2S on the I-spins was found to be 0.32 against a simulated value of 0.59 .

In a final experiment, the pulse sequence in Fig. 2 was run with the optimal


Figure 7: Experimental (black circles) and simulated (grey squares) conversion efficiencies for the S2hM sequence plotted versus (a) $n$ and (b) $\tau$ and obtained using the pulse sequence in Fig. 2. Experimental points have been scaled using the procedure reported in Ref. [33] and detailed in the Appendix.
values of $\tau=64 \mathrm{~ms}, n_{1}=8, n_{2}=4$ and $n=4$ varying the time delay $\tau_{s t}$ in order to measure the lifetime of the proton singlet order via detection on the carbon channel. The area under the NMR signal acquired on the ${ }^{13} \mathrm{C}$-channel is plotted against $\tau_{s t}$ in Fig. 8. The experimental points (black circles) were fitted to a single exponential to find the decay time constant of the singlet order $T_{S}=18.0 \pm 0.7 \mathrm{~s}$. The values of the longitudinal order decay constant for ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}$ were measured using saturation recovery experiments and were found to be $T_{1}^{H}=2.5 \pm 0.1 \mathrm{~s}$ and $T_{1}^{C}=5.0 \pm 0.1 \mathrm{~s}$, respectively.


Figure 8: Normalised ${ }^{13}$ C-signal area plotted versus $\tau_{s t}$ as obtained using the pulse sequence in Fig. 2 for a 0.4 M sample of 2,5 -thiophenedicarboxylic acid in DMSO- $\mathrm{d}_{6}$. The experimental points (black circles) are fitted to a single exponential function (solid grey curve) to yield the value of the singlet order decay time $T_{S}=18.0 \pm 0.7 \mathrm{~s}$.

## 5. Conclusion

In conclusion, we have presented and described a pulse sequence that accomplishes the task of converting two spins- $1 / 2$ homonuclear singlet order into heteronuclear magnetization. A theoretical description and experimental validation have been provided in the near equivalence regime. Only two parameters ( $n$ and $\tau$ ) need to be optimized experimentally, and the sequence performs with significant conversion yields even far from magnetic equivalence. The robustness of the pulse sequence with respect the frequency offset mismatches and field inhomogeneities makes S2hM it a good candidate for widespread use within the PHIP arena. At high values of $\theta$ the sequence duration is longer than all other proposed methods which may be a drawback for some application.

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## Appendix A.

To measure the efficiency of the ${ }^{13} \mathrm{C} S 2 \mathrm{hM}$ conversion step $\left(\left\langle P_{S}^{I} \xrightarrow{\mathrm{~S} 2 \mathrm{hM}} P_{z}^{S}\right\rangle\right)$, we employed the calibration scheme shown in Figure A.9. A more detailed description can be found in reference [33].
We determine the efficiency of the conversion from $I$-spin Zeeman polarization $\left(P_{z}^{I}\right)$ to $S$-spin Zeeman polarization $\left(P_{z}^{S}\right)$ by calibrating the integrated signal amplitude from experiment $1\left(a_{A}\right)$ against a pulse-acquire carbon signal in experiment $2\left(a_{B}\right)$ (for experiments numbers refer to Fig A.9).

$$
\begin{equation*}
a_{A}=f p_{I z}^{\mathrm{eq}}\left\langle P_{z}^{I} \xrightarrow{\mathrm{M} 2 \mathrm{~S}} P_{S}^{I}\right\rangle\left\langle P_{S}^{I} \xrightarrow{\mathrm{~S} 2 \mathrm{hM}} P_{z}^{S}\right\rangle \tag{A.1}
\end{equation*}
$$

$$
\begin{equation*}
a_{B}=f p_{S z}^{\mathrm{eq}} \tag{A.2}
\end{equation*}
$$

where $f$ is an instrumental factor common to all experiments. From this we deduce

$$
\begin{equation*}
\left\langle P_{z}^{I} \xrightarrow{\mathrm{M} 2 S} P_{S}^{I}\right\rangle\left\langle P_{S}^{I} \xrightarrow{\mathrm{~S} 2 \mathrm{hM}} P_{z}^{S}\right\rangle=\frac{p_{S z}^{\mathrm{eq}}}{p_{I z}^{\mathrm{eq}}} \frac{a_{A}}{a_{B}}=\frac{\gamma_{S}}{\gamma_{I}} \frac{a_{A}}{a_{B}} \tag{A.3}
\end{equation*}
$$

To eliminate the loss in efficiency due to the step $\left\langle P_{z}^{I} \xrightarrow{\mathrm{M} 2 \mathrm{~S}} P_{S}^{I}\right\rangle$, we introduce experiments 3 and 4 (see Fig. A.9). The corresponding signal amplitudes are as follows:

$$
\begin{equation*}
a_{C}=f p_{I z}^{\mathrm{eq}}\left\langle P_{z}^{I} \xrightarrow{\text { INEPT }} P_{z}^{S}\right\rangle \tag{A.4}
\end{equation*}
$$

$$
\begin{equation*}
a_{D}=\frac{3}{2} f p_{I z}^{\mathrm{eq}}\left\langle P_{z}^{I} \xrightarrow{\mathrm{M} 2 \mathrm{~S}} P_{S}^{I}\right\rangle\left\langle P_{S}^{I} \xrightarrow{\mathrm{S2M}} P_{z}^{I}\right\rangle\left\langle P_{z}^{I} \xrightarrow{\mathrm{INEPT}} P_{z}^{S}\right\rangle \tag{A.5}
\end{equation*}
$$

There is a unitary bound on the conversion from thermal Zeeman polarization between two spins to singlet order between the same spins. At the low polarization level of a thermally polarized system, this transformation has a maximum amplitude of $2 / 3$, and this factor is included in Equation 5.
We approximate the oscillation between Zeeman polarization and singlet order on the $I$-spins as having an efficiency symmetric with respect to time reversal, and can therefore say:

$$
\begin{equation*}
\left\langle P_{z}^{I} \xrightarrow{\mathrm{M} 2 \mathrm{~S}} P_{S}^{I}\right\rangle \simeq \sqrt{\frac{3}{2} \frac{a_{D}}{a_{C}}} \tag{A.6}
\end{equation*}
$$

Figure A.9: Pulse sequences for calibration of the conversion efficiency of the S2hM sequence.
The experimental value of the quantity in Eq. A. 6 is 0.31 for the 2,5-thiophenedicarboxylic acid sample used in the main paper. The efficiency of the ${ }^{13} \mathrm{C}$ S2hM conversion is then given by

$$
\begin{equation*}
\left\langle P_{S}^{I} \xrightarrow{\mathrm{~S} 2 \mathrm{hM}} P_{z}^{S}\right\rangle \simeq \sqrt{\frac{3}{2}} \frac{\gamma_{S}}{\gamma_{I}} \frac{a_{A}}{a_{B}} \sqrt{\frac{a_{C}}{a_{D}}} \tag{A.7}
\end{equation*}
$$

where a factor of $\sqrt{\frac{3}{2}}$ is reintroduced to account for the maximum possible efficiency of the $I$-spin M2S. The experimental value of the quantity in Eq. A. 7 is 0.50 for the 2,5 -thiophenedicarboxylic acid sample used in the main paper.

${ }^{1} \mathrm{H}$
B $\xrightarrow{\text { Dec }}$


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## Highlights

1. The S2hM pulse sequence converts singlet order into heteronuclear magnetisation
2. S 2 hM is designed to be robust to applied RF field offset and inhomogeneities
3. S2hM works for long-range transfer, and is tested here on thermally polarized samples
