

# Transverse Mode Instability Analysis in Fibre Amplifiers

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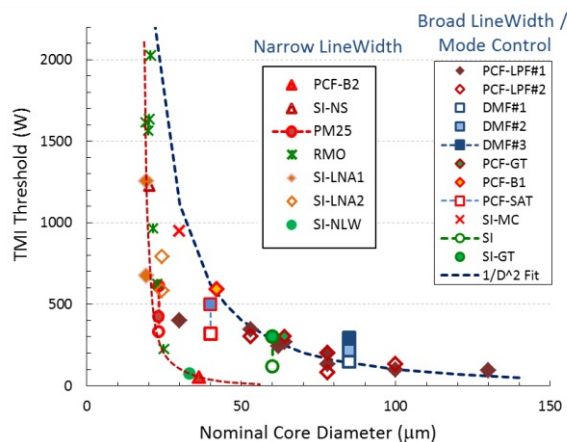
## ABSTRACT

Mode instabilities in fiber amplifiers are analyzed by a new approach, considering the stability of the steady state FM amplification in the presence of transverse amplitude and/or phase perturbations, taking into account the effects of population inversion and thermal loading due to quantum-defect heating. Population inversion contribution to instability is shown to be dominant at low powers and high inversion. Under high powers and low inversion (high amplifier saturation) the thermal effects dominate the instability behavior. A simple and easy to interpret TMI power threshold formula is derived for the first time.

**Keywords:** transverse mode instabilities, fiber amplifiers, fiber lasers, high power lasers, high power amplifiers.

## 1. INTRODUCTION

Power scaling in single-mode fiber lasers and amplifiers has been hindered by transverse modal instability (TMI) [1],[2]. TMI amounts to a threshold-like onset of transverse spatial mode competition that degrades the output beam quality [2]. TMI has been observed experimentally in a large variety of Yb<sup>3+</sup>-doped optical fibers under different pumping and seeding conditions (see [1] and references therein). In the case of broad linewidth operation ( $\Delta\nu > \sim 25\text{GHz}$ ), when plotted against the active fiber core diameter, the high power fiber amplifier TMI threshold appears to be largely inversely proportional to the core area (i.e.  $\propto D^{-2}$ ), regardless of the type of fiber used (see Fig. 1; top data set and blue dashed line). However, in the case of narrow linewidth operation ( $\Delta\nu < \sim 25\text{GHz}$ ), the dependence of the TMI threshold on the core diameters appears to be much more severe (see Fig. 1; lower data set – red dashed line), demonstrating that the seed linewidth has a strong effect on the TMI threshold [3]-[6].



**Fig. 1:** High power fiber amplifier TMI threshold as a function of core diameter in the case of broad linewidth ( $\Delta\nu > \sim 25\text{GHz}$  – top data set – blue dashed line), and narrow linewidth ( $\Delta\nu < \sim 25\text{GHz}$  – lower data set – red dashed line).

In high power operation, the origin of this effect is considered to be predominantly the core thermally-induced refractive index changes and a number of theoretical models have been introduced to investigate the TMI characteristics. In this case, the combined core thermal load due to pump/signal quantum defect and photodarkening is considered to be the TMI driving force. However, there are big discrepancies in the quoted thermal load values at the TMI threshold, varying from 34W/m [7], down to 15W/m [8] and even 0.3-3W/m [9],[10] in the case of narrow linewidth operation. This clearly indicates that there are other contributions to the observed effects. In another study, it has been argued that under narrow-

linewidth and lower power operation, the inversion related refractive index changes are responsible for the observed TMI effects [9].

All theoretical models so far consider the interaction of two propagating modes and study the power exchange between these modes and TMI threshold either through Stimulated Thermal Rayleigh Scattering (STRS) static or dynamic mode interactions [11]-[19]. In this work, we consider the propagation of a single mode, i.e. the fundamental mode, and study the stability of the mode in the presence of a small perturbation. This approach provides a simple physical picture for the TMI process and results in a TMI threshold condition.

## 2. MODEL OUTLINE

### 2.1. Paraxial Wave Approximation

We consider the electric field of the fundamental mode (FM)  $E = E_s(r, \varphi, z; t) \exp[i(\beta_s z - \omega_0 t)]$ . The paraxial wave equation under the slowly-varying envelope approximation, accounting for the effects of both the inversion and thermal load on the fiber refractive index, takes the form:

$$\frac{\partial E_s}{\partial z} + \frac{1}{v_g} \frac{\partial E_s}{\partial t} - \frac{i}{2\beta_s} \left\{ \nabla_T^2 + [n_0^2 k_0^2 - \beta_s^2] \right\} E_s = \frac{i}{2\beta_s} \omega_0^2 \mu_0 P_{NL} \quad (1)$$

where  $P_{NL} = \epsilon_0 \Delta \epsilon_{NL} E_s$  is the nonlinear material polarization and  $\Delta \epsilon_{NL} \approx 2n_0 \Delta n_{NL}$ .  $\nabla_T^2$  is the transverse Laplacian operator. The nonlinear refractive index  $\Delta n_{NL}$  is given by  $\Delta n_{NL} = \Delta n_T + \Delta n_N$  with the thermally- and inversion-induced refractive-index changes given by:

$$\Delta n_T(r, \varphi, z; t) = \left( \frac{dn}{dT} \right) \Delta T(r, \varphi, z; t) \quad (2)$$

$$\Delta n_N(r, \varphi, z; t) = -\frac{i}{2k_0} \left[ (\sigma_{es} + \sigma_{as})(1 + ia) N_2(r, \varphi, z; t) - \sigma_{as} N_0(r, \varphi, z; t) \right] \quad (3)$$

respectively, where  $\Delta T$  is the core temperature change,  $(dn/dT)$  is the thermo-optic coefficient,  $N_2$  is the excited-state population of  $\text{Yb}^{3+}$ ,  $N_0$  is the total  $\text{Yb}^{3+}$  concentration,  $\sigma_{es}$  ( $\sigma_{as}$ ) is the signal emission (absorption) cross-section and  $a$  is the ratio of the real and imaginary parts of susceptibility [20].

The variations of excited state population  $N_2$  are given by:

$$\frac{dN_2}{dt} = -\frac{N_2}{\tau} - \left[ (\sigma_{ap} + \sigma_{ep}) N_2 - \sigma_{ap} N_0 \right] \Phi_p - \left[ (\sigma_{as} + \sigma_{es}) N_2 - \sigma_{as} N_0 \right] \Phi_s \quad (4)$$

where  $\Phi_p = I_p / (h\nu_p)$  and  $\Phi_s = I_s / (h\nu_s)$  are the total pump and signal photon fluencies, and  $\tau$  is the excited state lifetime, and  $I_{p(s)}$  is the pump (signal) intensity. The temperature change  $\Delta T$  is given by the heat equation:

$$\rho_0 C_0 \frac{d\Delta T}{dt} - \kappa_0 \nabla_T^2 (\Delta T) = Q_T \quad (5)$$

where  $\rho_0$ ,  $C_0$ ,  $\kappa_0$  are the density, the specific heat capacity, and the thermal conductivity of the fiber material, respectively, and  $Q_T$  is the heat power density given by:

$$Q_r = q_D \frac{dI_s}{dz} + \alpha_s I_s \quad (6)$$

where  $q_D = (\lambda_s/\lambda_p - 1)$  is the quantum defect and  $\alpha_s$  the signal background loss.

## 2.2. Linear Stability Analysis

A TMI condition is derived by first linearizing Equations (1), (4) and (5). The electric field, inversion and thermal distributions are perturbed from their steady-state values:

$$\begin{aligned} E_s &= E_{ss} + \varepsilon(r, \varphi, z; t) \\ N_2 &= N_2^{ss} + \delta n_2(r, \varphi, z; t) \\ \Delta T &= \Delta T_{ss} + \delta T(r, \varphi, z; t) \end{aligned} \quad (7)$$

where  $E_{ss}, N_2^{ss}, \Delta T^{ss}$  are the steady-state values for the electric field, excited-state population and core temperature, respectively, while  $\varepsilon, \delta n_2, \delta T$  are the corresponding transverse perturbations. It is assumed that  $\varepsilon \ll E_{ss}, \delta n_2 \ll N_2^{ss}, \delta T \ll \Delta T^{ss}$ . The stability of the transverse perturbations is studied, using standard perturbation techniques. For this, we use the ansatz that transverse perturbations in cylindrical coordinates are proportional to

$$\begin{aligned} \varepsilon(r, \varphi, z; t) &= (\varepsilon_1 + i\varepsilon_2) J_m(u_\varepsilon r) e^{im\varphi} e^{i(K_z z - \Omega t)} \\ \delta n_2(r, \varphi, z; t) &= \delta n_{20} J_m(u_\varepsilon r) e^{im\varphi} e^{i(K_z z - \Omega t)} \\ \delta T(r, \varphi, z; t) &= \delta T_0 J_m(u_\varepsilon r) e^{im\varphi} e^{i(K_z z - \Omega t)} \end{aligned} \quad (8)$$

where  $J_m(u_\varepsilon r) \exp(im\varphi)$  describes the transverse dependence,  $K_z$  is the longitudinal propagation constant and  $\Omega$  is the frequency of the perturbation.

By substituting Eqn. (8) into the linearized equations, we obtain an algebraic system of two equations for  $\varepsilon_1$  and  $\varepsilon_2$ , for which the requirement for non-trivial solutions results in the following dispersion relation:

$$X^2 - iP_{10}X - Y(Y - P_{20}) = 0 \quad (9)$$

where:

$$X = K_z - \frac{\Omega}{v_g} \quad (10)$$

$$Y = \frac{u_T^2}{2\beta_s}; \quad u_T^2 = u_\varepsilon^2 - u_s^2 \quad (11)$$

$$P_{10} = G + 2k_0 \left( \frac{\partial n}{\partial T} \right) NI_s; \quad P_{20} = -Ga_{eff} + 2k_0 \left( \frac{\partial n}{\partial T} \right) MI_s \quad (12)$$

The other parameters are given by:

$$g_s = (\sigma_{as} + \sigma_{es}) N_2^{ss} - \sigma_a N_0; \quad (13)$$

$$G = g_s \left( \frac{I_s}{I_s^{sat}} \right) \frac{A - a\Omega\tau}{A^2 + (\Omega\tau)^2}; \quad a_{eff} = \frac{aA + \Omega\tau}{A - a\Omega\tau} \quad (14)$$

$$A = 1 + \frac{I_p}{I_p^{sat}} + \frac{I_s}{I_s^{sat}}; \quad B = \left( \frac{g_s}{\sigma_{as} + \sigma_{es}} \right) \quad (15)$$

$$C = \frac{AB(1/I_s^{sat})}{A^2 + (\Omega\tau)^2}; \quad D = \frac{\Omega\tau B(1/I_s^{sat})}{A^2 + (\Omega\tau)^2} \quad (16)$$

$$E = q_D(\sigma_{as} + \sigma_{es})I_s; \quad F = (q_D g_s + \alpha_s) \quad (17)$$

$$M = \frac{(F - EC)\kappa u_\epsilon^2 + DE(\Omega\rho_0 C_0)}{(\kappa u_\epsilon^2)^2 + (\Omega\rho_0 C_0)^2}; \quad N = \frac{(F - EC)(\Omega\rho_0 C_0) - DE\kappa u_\epsilon^2}{(\kappa u_\epsilon^2)^2 + (\Omega\rho_0 C_0)^2} \quad (18)$$

$I_s^{sat} = h\nu_s / [\tau(\sigma_{as} + \sigma_{es})]$  and  $I_p^{sat} = h\nu_p / [\tau(\sigma_{ap} + \sigma_{ep})]$  are the signal and pump saturation intensities.

From Eqn. (9) we obtain for the effective propagation constant of the perturbation:

$$X_\pm = (+iP_{10} \pm \sqrt{4Y(Y - P_{20}) - P_{10}^2})/2 \quad (19)$$

The parameters  $Y$ ,  $P_{10}$ , and  $P_{20}$  contain contributions from both the inversion and the thermal loading. The perturbation power gain is given by the imaginary part of  $X_\pm$ , namely,  $g_\epsilon = -2\text{Im}(K_z)$ . The instability gain coefficient is then given by:

$$g_{TMI} = \text{Re} \left[ \sqrt{P_{10}^2 - 4Y(Y - P_{20})} \right] - P_{10} \quad (20)$$

Eqn. (20) provides the local TMI gain coefficient as a function of the local steady-state signal intensity  $I_s$  and excited-state population  $N_2^{ss}$ . In an amplifier, however, these parameters and, therefore, the TMI gain coefficient vary along the amplifier length. The total instability gain is then obtained by integrating  $g_{TMI}$  along the entire amplifier length  $L$ , namely:

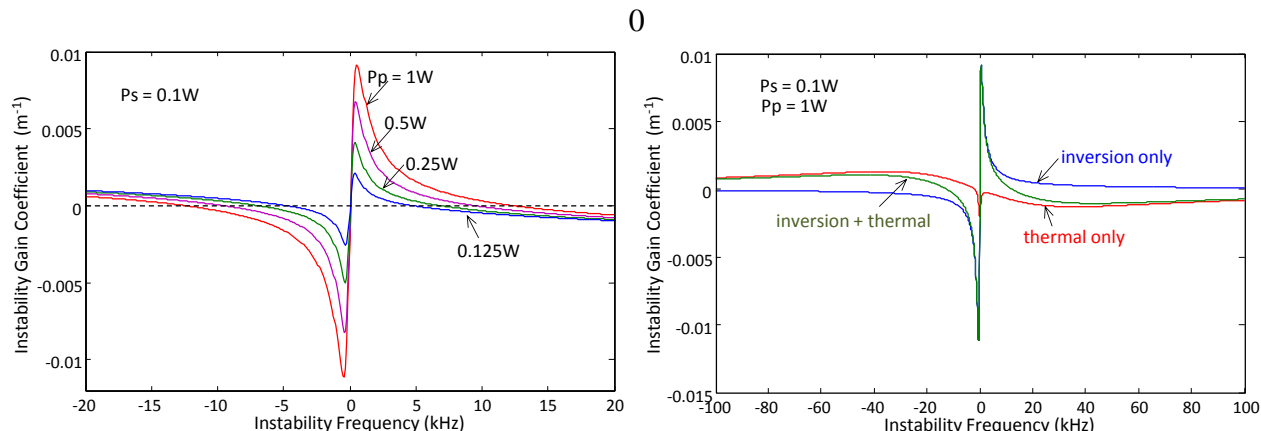
$$G_{TMI} = \int_0^L g_{TMI}(z) dz \quad (21)$$

### 3. RESULTS

#### 3.1. TMI gain coefficient under constant power, inversion and temperature

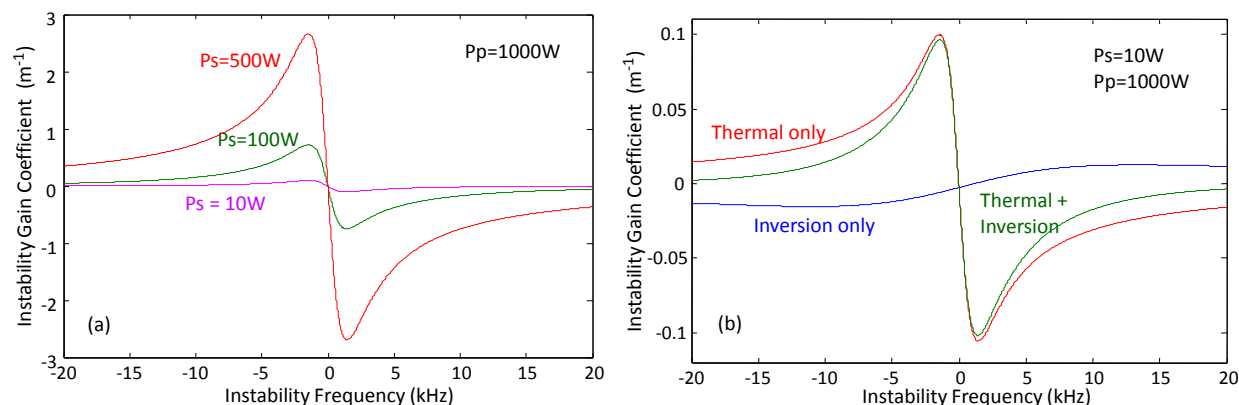
Significant physical insight and understanding of the interplay between signal and pump intensities, inversion and thermal load and their contribution of TMI gain can be obtained by considering these parameters as constants. Fig. 1(a) plots the instability gain coefficient as a function of the instability frequency ( $\Omega$ ) for fibre core/cladding diameters of 10 $\mu\text{m}$ /125 $\mu\text{m}$ . The signal power ( $P_s$ ) is 0.1W and the pump power ( $P_p$ ) varies from 0.125W to 1W. It is shown that the instability gain coefficient increases with pump power. Fig. 1(b) plots the instability gain coefficient as function of the instability frequency ( $\Omega$ ) for  $P_s = 0.1\text{W}$  and  $P_p = 1\text{W}$  when inversion only, thermal only and combined inversion & thermal effects

are considered. In the case of small core diameter and low signal regime, the instability is dominated by inversion related refractive index changes, and the instability gain peak is obtained for  $\Omega > 0$ , in close agreement with Ref. [9].



**Fig. 1:** Instability gain coefficient versus instability frequency ( $\Omega$ ) for (a) different pump powers and  $P_s = 0.1W$ , (b) for  $P_s = 0.1W$  and  $P_p = 1W$  when inversion only, thermal only and combined inversion & thermal effects are considered ( $D_c/D_{cl} = 10\mu m/125\mu m$ ).

A different response develops when the signal/pump power and core diameter are increased. Fig. 2(a) plots the instability gain coefficient for  $D_c/D_{cl} = 50\mu m/500\mu m$  and  $P_p = 1kW$  for different signal powers. It is shown that in high power operation instability gain peak appears for  $\Omega < 0$ . Fig. 2(b) plots the instability gain as a function of the instability frequency, for  $P_p = 1000W$  and  $P_s = 10W$  when inversion only, thermal only and combined inversion & thermal effects are considered. It is shown that in this regime of operation TMI is predominantly due to thermal effects. In contrast with the low power regime, in this case TMI gain is observed for  $\Omega < 0$  (Stokes shift) and frequency shifts of a few kHz, in agreement with previous analyses [12].

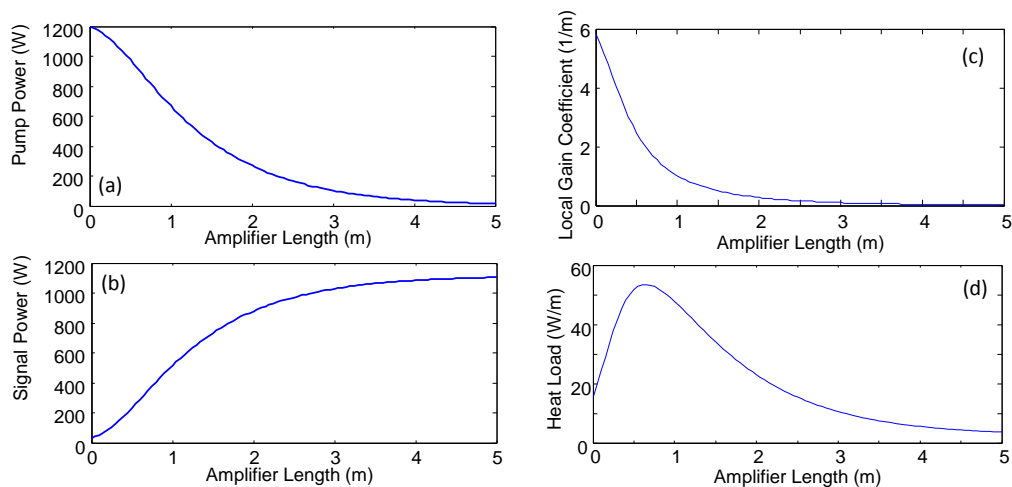


**Fig. 2:** Instability gain coefficient versus instability frequency ( $\Omega$ ) for (a)  $P_p = 1000W$  and different signal powers; (b) for  $P_s = 10W$  and  $P_p = 1kW$  when inversion only, thermal only and combined inversion & thermal effects are considered ( $D_c/D_{cl} = 50\mu m/500\mu m$ ).

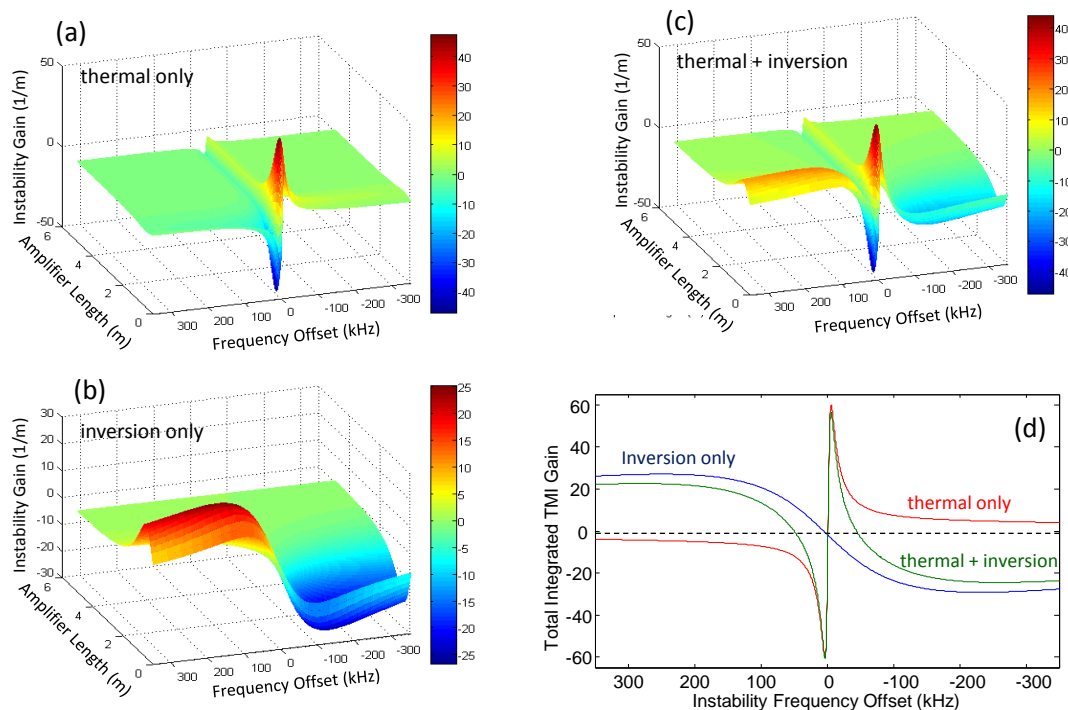
### 3.2. TMI Gain Distribution - Comparison with Literature

We next compare our TMI gain calculations with other STRS gain calculations and published data [12]. Fig. 3(a) and (b) show the pump power and signal distribution along the fiber amplifier length, while Fig. 3(c) and (d) show the local gain and heat load distributions, respectively. Fig. 4(a) and (b) show the instability gain coefficient (Eqn. (20)) as a function of amplifier length and instability frequency offset in the case of thermal and inversion only contributions, respectively. It is shown that the thermal-only contribution to the TMI gain peaks close to the amplifier input, where the heat load is maximum, for Stokes shifts ( $\Omega < 0$ ) of a few kHz. The inversion-only contribution peaks again close to the amplifier input,

where the inversion is maximum, but for anti-Stokes shifts ( $\Omega > 0$ ) of a few 100's kHz. Fig. 4(c) shows the combined thermal and inversion related contributions to the TMI gain coefficient distribution. It should be mentioned that the gain coefficient in all cases is highly localized.



**Fig. 3:** (a) pump power distribution (b) signal power, (c) local gain coefficient and (d) heat load as a function of amplifier length (data from [12])



**Fig. 4:** (a) pump power distribution (b) signal power, (c) local gain coefficient and (d) heat load as a function of amplifier length (data from [12])

Fig. 4(d) shows the corresponding TMI gain, given by Eqn. (21). It is shown that the total gain/loss spectrum (thermal + inversion) is reduced due to the fact that the individual contributions have opposite signs. However, the TMI gain peak is dominated by the thermal effects, due to the fact that the inversion-only contributions are very small for small frequency offsets. The peak gain is  $\sim 60$  for  $\Omega \sim 5$  kHz, in close agreement with [12].

#### 4. TMI POWER THRESHOLD

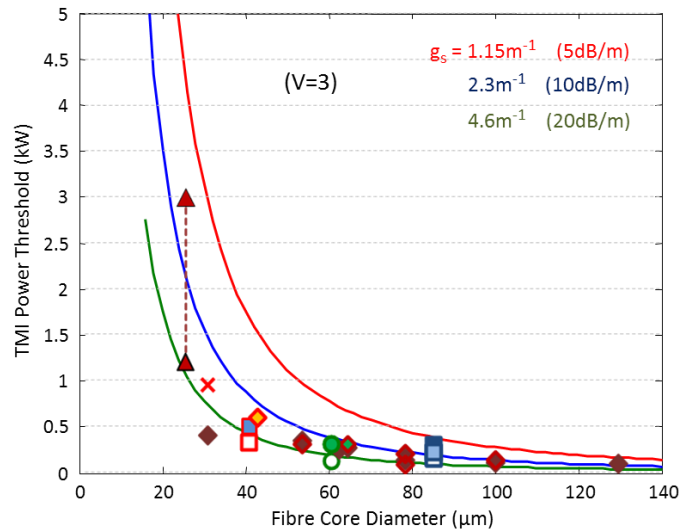
The instability threshold is obtained from Eqn. (19) when the following *instability condition* is fulfilled:

$$4Y(Y - P_{20}) - P_{10}^2 \leq 0 \quad (22)$$

where  $Y$ ,  $P_{10}$  and  $P_{20}$  are given by Eqn.s (11) and (12). In the case of high power and high saturation (low inversion) operation, where thermal effects dominate, the instability condition (22) leads to a simplified *TMI Power Threshold* [21]:

$$P_{TMI}^{thr} = \frac{\kappa_0 U_\varepsilon^2 (U_\varepsilon^2 - U_s^2)}{4\pi n_{eff} \left(\frac{\partial n}{\partial T}\right) \alpha'_s} \left(\frac{\lambda_s}{D_0}\right)^2 \quad (23)$$

Where in the high power regime  $\alpha'_s$  is approximated as  $\alpha'_s \cong \alpha_s + 0.5 q_D g_s$ .  $U_\varepsilon$  and  $U_s$  are the transverse wavenumbers of the perturbation and fundamental mode (FM), respectively,  $\kappa_0$  is the glass thermal conductivity,  $n_{eff}$  is the FM effective index,  $q_D$  is the quantum defect,  $g_s$  is the FM saturated gain coefficient, while  $\alpha_s$  is the background loss coefficient (including photodarkening).  $\lambda_s$  is the signal wavelength and  $D_0$  is the core diameter. For  $P \geq P_{th}$  small transverse amplitude and/or phase perturbations grow exponentially, scatter light into HOMs and lead to TMI. For  $P < P_{th}$  they die out and the FM amplification is stable.  $P_{th}$  is inversely proportional to the quantum defect and the saturated amplifier gain.  $P_{th}$  is inversely proportional to the quantum defect ( $q_D$ ) and the saturated amplifier gain ( $g_s$ ). It is proportional to  $(\lambda_0/D_0)^2$ , in good agreement with experimental data (as shown in Fig. 5) and Ref. [23].



**Fig. 5:** TMI threshold ( $P_{thr}$ ) versus  $D_0$  for different FM gain coefficients ( $g_s$ ) (Fibre V=3) (included are experimental data from literature, see Ref. [1] and references therein. Red triangle data: from Ref. [6]).

Fig. 5 plots the TMI threshold as a function of fibre core diameter, for different gain coefficients. The step-index fibre V-number in all cases is assumed equal to 3 and the transverse perturbation corresponds to  $LP_{11}$ . The pump and signal wavelengths are 1060nm and 976nm, respectively. It is shown that for the same output power, shorter amplifier lengths (larger gain coefficients) result in lower TMI thresholds compared to longer amplifier lengths (lower gain coefficient). In a fiber amplifier, local gain coefficient and heat load vary significantly along the length (see Fig. 3(c) & (d)). Given that the main contribution to the total TMI gain comes from a highly localised region (see Fig. 4(c)), saturated gain  $g_s$  in Eqn. (23) reflects the local gain coefficient, rather than its average value.

#### 5. SUMMARY

Mode instabilities in fiber amplifiers are analyzed by a new approach, considering the stability of the steady state FM amplification in the presence of transverse amplitude and/or phase perturbations, taking into account the effects of

population inversion and thermal loading due to quantum-defect heating. We observe that population inversion contribution to instability gain is dominant at low powers and high inversion. Under high powers and low inversion (high amplifier saturation) the thermal effects dominate the instability behavior. A simple and easy to interpret TMI power threshold formula is derived for the first time.

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