Supplementary table 1. Associations of the mode of breastfeeding at 3 months post-delivery on the risk of terminating any and full breastfeeding, with further adjustment for the reasons for breast milk expression.

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | Terminating any breastfeeding | Terminating full breastfeeding |
|  |  | Adjusted1 | Adjusted1 |
|  | *n* | HR (95% CI) | HR (95% CI) |
| All mothers breastfeeding at 3 months post-delivery | | | |
| Direct breastfeeding | 217 | Reference |  |
| Mixed feeding | 198 | 1.22 (0.74, 2.03) |  |
| Expressed breast milk only | 82 | 1.85 (1.05, 3.28) |  |
| Mothers fully breastfeeding at 3 months post-delivery | | | |
| Direct breastfeeding | 72 | Reference | Reference | |
| Mixed feeding | 76 | 1.00 (0.43, 2.28) | 1.18 (0.65, 2.16) | |
| Expressed breast milk only | 11 | 1.66 (0.52, 5.34) | 1.28 (0.52, 3.18) | |

1Full model included adjustments for maternal age (continuous), ethnicity (Chinese, Malay, Indian), maternal education (secondary education or below, technical college/pre-university, university), parity (primipara, multipara), pre-pregnancy BMI (continuous), birth weight category (SGA, AGA, LGA), child’s sex (male, female), working during 1st trimester pregnancy (no, yes) and reasons for breast milk expression (has excess breast milk/ to store for future use or for work, all other reasons).