**Table 4: Carer and patient demographic and clinical data**

|  |  |  |
| --- | --- | --- |
|  | **Intervention group** | **Control group** |
| Female (carer) | 5 (100%) | 3 (75%) |
| Female (patient) | 2 (40%) | 1 (25%) |
| Age (mean) |  |  |
|  Carer | 54.6 years | 57.5 years |
|  Patient | 72 years | 69.5 years |
| Carer ethnicity |  |  |
|  White British | 5 (100%) | 4 (100%) |
| Carer educational qualifications |  |  |
|  No qualifications | 3 (60%) | 1 (25%) |
|  Qualifications below University level | - | - |
|  Qualifications at University level | 2 (40%) | 3 (75%) |
| Carer relationship to patient |  |  |
|  Spouse | 1 (20%) | 4 (100%) |
|  Daughter | 3 (60%) | - |
|  Sister | 1 (20%) | - |
| Cancer site |  |  |
|  Metastatic bone | 4 (80%) |  |
|  Oesophagus | 1 (20%) |  |
|  Spinal cord |  | 1 (25%) |
|  Lung and liver |  | 1 (25%) |
|  Bowel |  | 1 (25%) |
|  Missing |  | 1 (25%) |