**Table 1 One-month prevalence and severity of different categories of neck/shoulder pain**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Category of pain** |  | **Definition** |  | **Number of casesa** | **Prevalence per cent**  **(95%CI)** | **Proportion per cent (95%CI) of cases in which pain** | | | |
| **was present for >14 days in past month** | **was disabling in past month** | **led to medical consultation in past 12 months** | **caused absence from work in past 12 months** |
|  |  |  |  |  |  |  |  |  |  |
| Localised neck pain |  | Pain in neck in past month, no pain elsewhere in past 12 months |  | 302 | 2.5  (2.2, 2.8) | 18.5  (14.3, 23.4) | 23.8  (19.1, 29.1) | 35.1  (29.7, 40.8) | 10.9  (7.6, 15.0) |
|  |  |  |  |  |  |  |  |  |  |
| Localised shoulder pain |  | Pain in one or both shoulders in past month, no pain elsewhere in past 12 months |  | 152 | 1.2  (1.1, 1.5) | 22.4  (16.0, 29.8) | 48.0  (39.9, 56.3) | 28.9  (21.9, 36.8) | 12.5  (7.8, 18.8) |
|  |  |  |  |  |  |  |  |  |  |
| Localised neck/shoulder pain |  | Pain in neck and/or shoulder(s) in past month, no pain elsewhere in past 12 months |  | 680 | 5.6  (5.2, 6.0) | 24.0  (20.8, 27.4) | 35.6  (32.0, 39.3) | 38.2  (34.6, 42.0) | 11.3  (9.0, 13.9) |
|  |  |  |  |  |  |  |  |  |  |
| Generalised pain involving neck/shoulder |  | Pain in neck and/or shoulders in past month, with pain at other sites in past 12 months |  | 4282 | 35.1  (34.3, 36.0) | 30.5  (29.1, 31.9) | 56.9  (55.4, 58.4) | 49.1  (47.6, 50.6) | 20.3  (19.1, 21.6) |

aIn addition, 5,344 participants had no neck or shoulder pain in the past 12 months, and 1,889 had neck and/or shoulder pain in the past 12 months, but not in the past month.