Day 1 - 29/07 (Friday)
Day 2 - 30/07 (Saturday)
Day 3 - 31/07 (Sunday)
Day 4 - 01/08 (Monday)
Day 5 - 02/08 (Tuesday)
Day 6 - 03/08 (Wednesday)
Day 7 - 04/08 (Thursday)
Day 8 - 05/08 (Friday)
Day 9 - 06/08 (Saturday)
Day 10 - 07/08 (Sunday)
Day 11 - 08/08 (Monday)
Day 12 - 09/08 (Tuesday)
Day 13 - 10/08 (Wednesday)
Day 14 - 11/08 (Thursday)
Day 1 - 29/07 (Friday)

Devouring one peeled plum from our new produce!
[removed photo to anonymise]
Day 2 - 30/07 (Saturday)

Made a lovely ratatouille using aubergine, marrow, courgette and onion from the box!

For the ratatouille I also added these ingredients of my own: garlic, tomatoes, tomato paste, olive oil, salt, pepper, mixed herbs, sugar and red pepper. All from ocado.
Day 3 - 31/07 (Sunday)

Used half a cucumber for a salad made for the kids, using olive oil, vinegar and salt from ocado. And two more plums sliced up for their dessert!

Day 4 - 01/08 (Monday)

Forgot to mention that I made cucumber water this morning with the produce, adding my own lemon juice.

The kids shared one pear from the produce. And I made a salad for lunch using the tomatoes and the cucumbers from the produce. I had to throw away about 5 baby tomatoes.
cause they were mouldy. I also added tuna, olives, feta, lettuce and herbs (from my garden) and olive oil, vinegar and salt.

Day 5 - 02/08 (Tuesday)
Hi, I made a fruit salad this morning out of bananas, plums and pears from the produce, adding my own mango (given by my mom) and fruit juice from ocado. Sorry, I forgot to take a pic.

Also served cucumbers for lunch to the kids - I have finished one of the cucumbers, still have another to use up.
Roast dinner:
Made with parsnips and potatoes from the produce (used all up) as well as chicken from marks and Spencer's and carrots from ocado, plus seasonings...
Day 6 - 03/08 (Wednesday)

Sorry, forgot to send last night [this night]. I've been ill so my aunt came over last night [this night] and made us a lentil stew using one whole courgette and two onions from the produce. The onions are now all used up. She also added lentils she brought from Portugal and from my ocado products, added garlic, olive oil, cauliflower, peppers and spices.

I also have my baby avocado and pear purée for breakfast- the pear was from the produce, the avocado was from marks and Spencer's.

Day 7 - 04/08 (Thursday)

Brought to mom's place - Courgettes, Marrows, sweet potatos (own + produce) roasted
Dip with parsley with fetta and roasted walnuts (not usual, pressuring)
Sea bass BP potatos + cooked vegetables +produce
Cabbage, kale, fridge, tomatoes
Gluten free muffins corquette ocado other stuff

Day 8 (05/08) – 14 (11/08)

--No reports as person was in hospital, but described to us how the items were used in the interview--