

# Easy-to-perform and cost-effective fabrication of continuous-flow reactors and their application for nanomaterials synthesis

*Domenico Andrea Cristaldi <sup>a,c</sup>, Fatih Yanar <sup>a</sup>, Ali Mosayyebi <sup>a</sup>, Pablo García-Manrique <sup>b</sup>, Eugen Stulz <sup>c,\*</sup>, Dario Carugo <sup>d,\*</sup>, Xunli Zhang <sup>a,\*</sup>*

<sup>a</sup> *Bioengineering Group, Faculty of Engineering and the Environment, University of Southampton, UK*

<sup>b</sup> *Departments of Physical and Analytical Chemistry, and Chemical Engineering and Environmental Technology, University of Oviedo, Spain.*

<sup>c</sup> *School of Chemistry & Institute for Life Sciences, University of Southampton, Highfield, Southampton, UK.*

<sup>d</sup> *Mechatronics and Bioengineering Science Research Groups, Faculty of Engineering and the Environment, Institute for Life Sciences (IfLS), University of Southampton, UK.*

## **Keywords:**

*3D printing, lab-on-a-chip, soft lithography, nanoparticles, liposomes, continuous-flow reactors.*

---

## Abstract

The translation of continuous-flow microreactor technology to the industrial environment has been limited by cost and complexity of the fabrication procedures, and the requirement for specialised infrastructure. In the present study, we have developed a significantly cost-effective and easy-to-perform fabrication method for the generation of optically transparent, continuous-flow reactors. The method combines 3D printing of master moulds with sealing of the PDMS channels' replica using a pressure-sensitive adhesive tape. Morphological characterisation of the 3D printed moulds was performed, and reactors were fabricated with an approximately square-shaped cross-section of 1 mm<sup>2</sup>. Notably, they were tested for operation over a wide range of volumetric flow rates, up to 20 ml/min. Moreover, the fabrication time (i.e., from design to the finished product) was <1 day, at an average material cost of ~£5. The flow reactors have been applied to the production of both inorganic nanoparticles (silver nanospheres) and organic vesicular systems (liposomes), and their performance compared with reactors produced using more expensive and laborious fabrication methods. Numerical simulations were performed to characterise the transport of fluids and chemical species within the devices. The developed fabrication method is suitable for scaled-up fabrication of continuous-flow reactors, with potential for application in biotechnology and nanomedicine.

---

## Introduction

Photolithography has been widely used to manufacture continuous-flow reactors at high spatial resolution, in terms of both size and shape of the channels [1]. However, this process involves numerous steps and generally requires specialised cleanroom facilities, and expensive materials and instrumentation. Additionally, the whole process (i.e., from the design of the device architecture to the end product) is highly time-consuming. The combination of these factors has hindered the widespread adoption of this technology by industries and researchers, particularly in the non-specialised or less resourced laboratories.

In the last decade, efforts have been made to develop more cost-effective and user friendly manufacturing approaches [2]. For instance, the micromilling-replica moulding ( $\mu$ Mi-REM) technique recently developed by Carugo *et al.* [3] involves the fabrication of positive epoxy masters obtained from negative micromilled moulds (made of polymethyl methacrylate, PMMA). This procedure does not require the fabrication of photomasks *via* photolithography, which is typically performed in a cleanroom environment. The method however requires the use of micromilling machines, as well as oxygen plasma bonding for the sealing of the polydimethylsiloxane (PDMS) channels onto a glass layer. Alternatively, positive moulds can be fabricated in a single step using high-resolution 3D printing (with channel width down to 50  $\mu$ m), as demonstrated by Comina *et al.* [4] Similarly, three-dimensional (3D) PDMS microfluidic reactors can be fabricated via UV-activated 3D printing, as described by Chan *et al.* [5]. Although 3D printing of resin moulds may be less complex to perform compared to  $\mu$ Mi-REM, it requires specific treatments of the moulds prior to PDMS casting, due to the inhibition effect of the resin on the PDMS cross-linker [6,4]. In addition, both methods rely on the use of oxygen plasma during the bonding process. Alternatively, microfluidic devices could be entirely 3D printed, as demonstrated by Kitson *et al.* [7]. This method is cost-effective and easy-to-perform; however, devices are not optically transparent, thus limiting the ability to optically monitor flow and mixing processes. The optical transparency of 3D printed channels was recently improved by Gaal *et al.* [8], using a custom built 3D printer to create polylactic acid/polydimethylsiloxane (PLA/PDMS) architectures. However, careful adjustments of the 3D printer settings were needed during the fabrication process, and the cross-section of the produced channels differed significantly from the original computer-aided design (CAD).

Developments have also been made in terms of the microchannel dimensions obtainable using 3D printing, with recent studies researching novel resin formulations for stereolithography (SL)

and 3D printing with Digital Light Processing (DLP) [9]. With this technique, Gong *et al.* demonstrated the generation of remarkably small microchannels (i.e., down to  $18 \times 20 \mu\text{m}$ ) [10]. Significant efforts have also been devoted to the development of simple bonding techniques for microfluidic architectures. For example, Serra *et al.* [11] recently demonstrated the use of a commercially available sealing tape (Thermalseal RTS<sup>TM</sup>) for bonding of various substrates. The PDMS channel architectures in this study were fabricated from micromilled brass masters.

In the present study, we developed a fast, cost-effective and facile manufacturing process to fabricate optically transparent flow reactors, with milli- or sub-millimetre scale flow channels (i.e., with 0.5-1.0 mm channel width). A combination of techniques was employed including 3D printing of positive moulds followed by PDMS casting (3D printed mould casting, 3DPM-C), and direct sealing of the PDMS layer using a pressure-sensitive adhesive tape. The 3D printed moulds were characterized in terms of surface roughness and cross-sectional shape, and the reactors were tested over a wide range of operational conditions. To demonstrate the usability of the developed fabrication technique, reactors were applied to the production of silver nanospheres (SNSs) and liposomes, as examples of inorganic and organic synthesis, respectively.

Silver nanospheres (SNSs) have been employed in many research fields ranging from photocatalysis [12] to optoelectronics [13], but also for biological applications due to their antibacterial properties [14]. SNSs synthesis typically needs a carefully balanced stoichiometry, in order to obtain the desired particle size and/or shape [15]. Recently, Barber *et al.* demonstrated a coaxial glass reactor for continuous-flow production of SNSs [16], with superior control over the fluidic environment and the properties of the produced SNSs, when compared to bulk methods. Liposomes, which are spherical vesicles comprising an aqueous core surrounded by a lipid bilayer, are employed as vehicles for transporting and administering pharmaceutical actives [17]. Production of liposomes *via* solvent exchange mechanism in continuous-flow reactors has emerged as a promising technique, offering an higher degree of control over the physical and dimensional properties of the end product, compared to batch methods.

In this study, we demonstrate continuous-flow production of both types of nanoscale particles using cost-effective and easy-to-operate reactors.

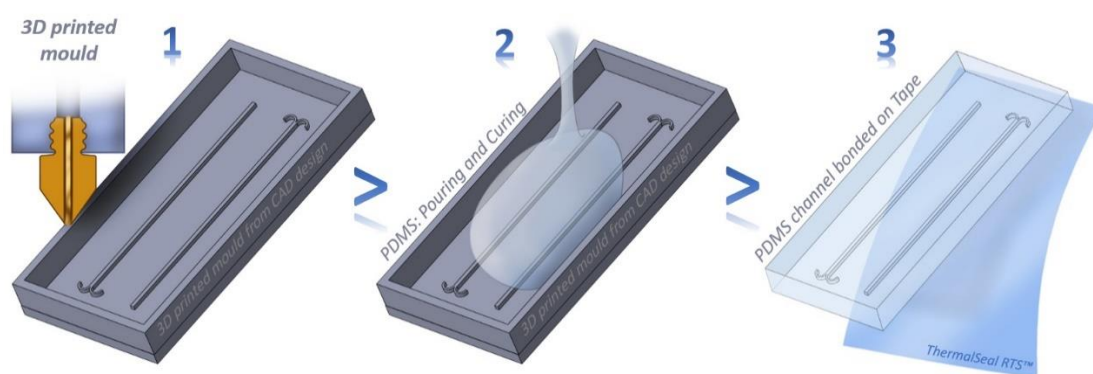
## Materials and Methods

### *Design, fabrication and morphological characterization of flow reactors*

Fabrication of the 3D printed mould casting (3DPM-C) channels is illustrated in Scheme 1. Solidworks® CAD 2016 software was used for designing the master mould. The flow reactor architecture has two semi-circular inlet channels of 0.50 mm × 1.00 mm (width × height) and 1.50 mm radius. Inlets converge in to a straight channel of 1.00 mm × 1.00 mm × 60.00 mm (width × height × length). The channel architecture was positioned at the bottom surface of a box structure having a 7.00 mm high edge, which acted as a container for uncured PDMS (see Step 1 in Scheme 1). The Ultimaker 2+ 3D printer, loaded with PLA filaments, was employed as a representative fused deposition modelling (FDM) tool for the production of the master moulds. The following printing settings were adopted: bottom/top thickness = 0.5 mm, fill density = 100%, print speed = 50 mm/s, and nozzle size = 0.4 mm. PDMS replicas were prepared by pouring a 10.2/0.8 (w/w) ratio of degassed PDMS precursor and curing agent mixture (Sylgard® 184, Dow Corning Corporation, Michigan, USA) over the mould (Scheme 1, Step 2). Degassing was carried out by centrifugation at 3000 rpm for 15 min, using the Eppendorf Centrifuge 5804 and Corning Centristar™ tubes (50 ml). After pouring, the liquid PDMS was left at room temperature for 4 h and any formed gas bubble removed using a sharp tool (every 1 hour). This step could be significantly accelerated by placing the mould under vacuum. PDMS curing was performed in the oven at 40 °C overnight. The cured PDMS replica channel was peeled off from the master mould, and a 1.5 mm diameter biopsy punch with plunger (Miltex®, Fischer Scientific, UK) was used for creating inlets/outlets. Sealing of the PDMS layer was performed on ThermalSeal RT™ tape purchased from Excel Scientific (USA) (Scheme 1, Step 3). To characterise the morphology of the 3D printed moulds, a non-contact Alicona Infinite Focus 3D optical profilometer was employed (5× magnification lens, vertical resolution: 410 nm, lateral resolution: 6.59 μm). In order to evaluate the method's repeatability, three identical devices were printed and two-dimensional (2D) images (at 2.5× magnification) were acquired to measure (i) the width of the mixing channel at five equidistant locations along the channel (separation distance between measurements = 2 mm) starting from the junction, and (ii) the radius of curvature of both inlet channels. Measurements were performed using Image-J software (NIH, USA).

The manufacturing of  $\mu$ Mi-REM devices was performed following a protocol previously reported in the literature [3]. The PVA-TePla 300 plasma cleaner was employed to assist the bonding of the PDMS layer with a  $50 \times 70$  mm glass sheet (Corning® microscope slides, Sigma Aldrich, Gillingham, UK).

The two fabrication methods employed in this study are herein defined as 3DPM-C/Tape and  $\mu$ Mi-REM\*Glass, where ‘/’ and ‘\*’ indicate adhesive tape and plasma bonding procedures, respectively.



*Scheme 1: Graphical representation of the manufacturing steps for the 3DPM-C/Tape reactor: 1) Low-cost 3D printing of the positive mould; 2) PDMS casting; and 3) sealing of the cured PDMS layer onto adhesive tape.*

### *Synthesis of inorganic and organic nanoparticles*

The same experimental set-up was used for the production of both silver nanospheres and liposomes. Syringe pumps (AL-1010) were purchased from World Precision Instruments (UK). Luer Lock syringes (20ml) (BD Plastipak) were purchased from BD (Becton, Dickinson and Company, UK). Polytetrafluoroethylene (PTFE) tubing and connectors (Cole-Palmer, UK) were employed for interfacing the device inlets and outlet with syringes and collection vials, respectively. The length of the tube from the outlet to the collection vial was 26.70 cm.

Silver nanoparticles were synthesized using silver nitrate 99.9999% ( $\text{AgNO}_3$ ), tri sodium citrate dihydrate  $\geq 99.0\%$  (TSCD), polyvinylpyrrolidone (PVP), and sodium borohydride 99% ( $\text{NaBH}_4$ ), which were purchased from Sigma Aldrich UK (Gillingham, UK). Propan-2-ol (or isopropyl alcohol, IPA) laboratory reagent grade was purchased from Fisher Chemical (UK). Milli-Q water was collected using the Q-Gard purification filter, connected to the Milli-Q Gradient A10 system (Merck Millipore, USA).

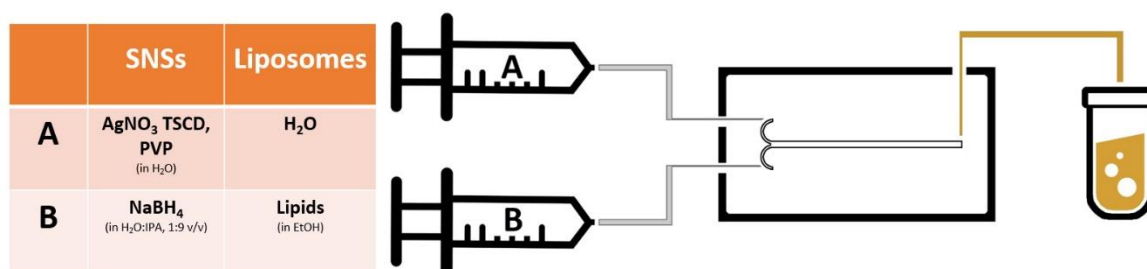
Scheme 2 shows the experimental set-up employed for the synthesis of both silver nanoparticles and liposomes. Syringes were spatially arranged in a way that allowed performing the same experiment for both 3DPM-C/Tape and  $\mu$ Mi-REM\*Glass devices, by simply changing the reactor.

For SNSs production, a 20 ml syringe was primed with a Milli-Q water solution containing  $\text{AgNO}_3$  (1.02 mM), TSCD (15.02 mM), and PVP (0.45 M). The second syringe was primed with 15 ml of an IPA/Milli-Q solution (9:1 v/v) of  $\text{NaBH}_4$  (5.28 mM). The total flow rate ( $\text{TFR} = \text{FR}_A + \text{FR}_B$ ) was kept at the constant value of 1 ml/min, whereas the flow rate ratio ( $\text{FRR} = \text{FR}_A / \text{FR}_B$ ) was varied (5, 7, 9 and 11). Each sample was separately collected in a 1.5 ml Eppendorf tube, and 1.5 ml were collected in a waste vial in between each experimental run. In order to evaluate the robustness of the reaction, experiments were repeated in triplicate at selected TFR and FRR values.

For the synthesis of liposomes, Phospholipon® 90G (lipids) and purified phosphatidylcholine from soybean lecithin, were kindly provided by Lipoid GmbH (Germany). Pure ethanol (99.9%) was purchased from Sigma-Aldrich Company Ltd. (UK).

A 100 mM lipid solution in ethanol was prepared, and the lipid concentration selected to produce liposomes of a clinically relevant size and mass [18-20]. Milli-Q water was injected into one inlet (Syringe A) and ethanol-containing lipids was injected into a second inlet (Syringe B), for each reactor (Scheme 2).

Experiments were carried out maintaining a constant FRR of 25, at varying TFRs of 1, 3 and 6 ml/min to demonstrate devices' usability for producing liposomes at high-throughput. Three samples were collected, at each TFR and for each device tested.



Scheme 2: Schematic of the experimental set-up and list of chemicals injected through syringes A and B for the production of SNSs and liposomes, respectively.

### Characterisation of nanoparticles

The UV-Visible characterization of silver nanospheres (SNSs) was carried out using a Varian Cary300Bio UV-Visible Spectrophotometer. All measurements were performed in the 200-800 nm range, with an increment step of 0.5 nm. 1 ml of each sample was collected from the flow reactors, and diluted to 3 ml with Milli-Q water into a quartz cuvette for the spectrophotometric characterization. The baseline was subtracted from each experimental condition (i.e., considering the specific Milli-Q/IPA volume ratio).

Moreover, transmission electron microscopy (TEM) characterization of SNSs was performed. Images were acquired using the TEM Hitachi HT7700. Silver nanoparticles were prepared by drop-casting of the colloidal synthesis solution (5  $\mu\text{L}$ ), on carbon and Formvar coated Cu/Pd 200 mesh grids, and left to dry under atmospheric conditions at room temperature.

A dynamic light scattering (DLS) technique was instead used to measure the mean diameter (z-average), the polydispersity index (PDI), and zeta potential of all liposomal formulations, produced with both 3DPM-C/Tape and  $\mu\text{Mi-REM}^*\text{Glass}$  reactors. Liposome dimensional stability was assessed by measuring the mean diameter of samples stored at both 4°C and 25°C, every 5 days for a total 30 days. All measurements were performed using the Zetasizer Nano ZS Malvern, UK.

## Results and Discussion

### *Characterisation of the 3D printed moulds and PDMS channels*

The morphology and roughness of the flat base of the 3D printed master are important characteristics affecting spatial uniformity and durability of the sealing. From the morphological examination, diagonal grooves can be observed due to the oblique motion of the nozzle in the  $x$ - $y$  plane during printing (see Figure 1a). The average roughness ( $R_a$ ) value of the master mould is 6.56  $\mu\text{m}$  (Figure 1a), and a maximum peak-to-valley ( $R_z$ ) value of 85.13  $\mu\text{m}$  is detected in proximity to the diagonal features over the base surface (representative cross sectional profiles are shown in Figure SI-1a). Notably, we observed that grooves could promote fluid leakage at flow rates greater than 5 ml/min.

In order to overcome this limitation, the PDMS mixture (monomer/curing agent) was prepared using 8% curing agent (instead of the commonly used 10% by mass), to reduce the PDMS stiffness. Notably, a softer PDMS could be deformed more easily by applying external pressure during sealing. Manual compression using a plastic spatula was initially performed (at an



estimated pressure of 1 bar), followed by compression at  $\sim 0.5$  bar for 1 hr. In this way, no leakages were observed even at a total flow rate of 20 ml/min (see supporting information video, at <https://youtu.be/EpmnLZDXtBo>), confirming the effectiveness of the sealing procedure for continuous-flow synthesis at high-throughput.

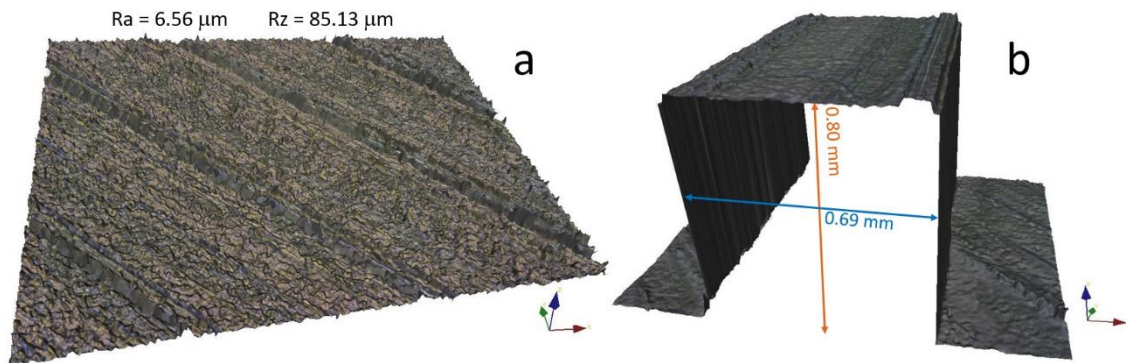


Figure 1: Morphology and cross-sectional shape of the 3D printed moulds. a) Morphological characterisation of the 3D printed base, including average roughness ( $R_a$ ) and maximum peak-to-valley value ( $R_z$ ). b) Cross section of a representative channel design of  $0.60 \times 0.80$  mm (width  $\times$  height), obtained from optical profilometry.

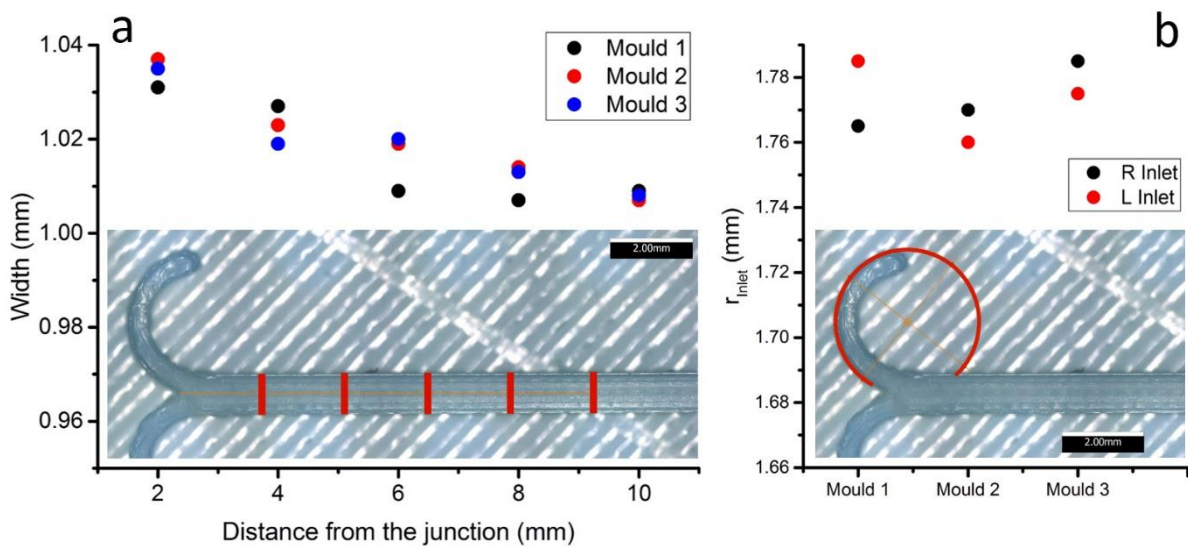
Accurate reproduction of the designed (i.e., nominal) channel size and shape should ideally be achieved by the 3D printing process. In this respect, the high resolution (HR) resin 3D printer (Object Connex 350) was tested against the Ultimaker 2+ by printing channels of different cross-sectional dimension, as illustrated in Figure SI-1b. The HR 3D printer was able to create smaller and smoother channels; however, reproduction of the cross sectional shape was less accurate, even for the relatively large channel dimension of  $1.00 \times 1.00$  mm (see cross section in Figure SI-1c obtained from profilometry). Thus, the Ultimaker 2+ was selected to generate the master moulds in the remaining experiments.

Two additional test channels were printed having different size but the same aspect ratio of 1.33, using the Ultimaker 2+. The mean experimental values obtained with the optical profilometer (representative test Channel 1 in Figure 1b) are compared with the nominal dimensions of both channels in Table 1. The channel height is accurately reproduced, whereas the width is affected by a 0.09 mm difference for both test channels 1 and 2 (a 3D cross section of test Channel 2 is shown in Figure SI-1c). This is due to the orientation angle ( $90^\circ$ ) of the side walls of the channels with respect to the light source of the profilometer. This effect is clearly visible in Figure 1b in which the side walls of the channel are represented as the projection of the edge of the channel roof towards the base, causing overestimation of the measured width.

*Table 1: Size comparison between the CAD design and the 3D printed channels.*

Design-Morphology Comparisons	Width × Height (mm)	Width × Height (mm)
	Test Channel 1	Test Channel 2
CAD Design	0.60 × 0.80	0.80 × 1.33
3D Printed mould profile (mean values)	0.69 × 0.80	0.89 × 1.33

Nonetheless, in order to assess repeatability of the reactor’s fabrication method, three replicas of the 3D printed moulds were manufactured using the Ultimaker 2+ (Figure 2). The width of the mixing channel (measured at five separate and equidistant locations along the channel) and the radius of curvature of the inlet channels were measured, and results are plotted in Figure 2a and 2b respectively. Insets illustrate the positions at which measurements were taken.



*Figure 2: a) Width of the mixing channel at 2, 4, 6, 8, and 10 mm from the junction between inlets, for three different 3D printed moulds. An image of a representative channel (at 2.5× magnification) showing the measurement lines (red lines) is reported in the inset. b) Radius of curvature of both right (R) and left (L) inlet channels, for three different 3D printed moulds. A graphical representation of the measurement method is reported in the inset, for the right inlet channel.*

The width of the mixing channel is comparable between the three different moulds, as illustrated in Figure 2a. The maximum difference is at 6 mm from the junction, between mould

n.1 and n.3, and is equal to 0.0011 mm only. All moulds had a slightly larger channel width in proximity to the junction, which gradually reduced along the channel and reached a plateau value at about 8-10 mm from the junction (see Figure 2a). The radius of curvature of the inlet channels was also very comparable between different moulds (mean value =  $1.770 \pm 0.012$  mm), and only slightly differed from the nominal value of 1.75 mm (see Figure 2b).

#### *Synthesis of silver nanospheres and liposomes via 3DPM-C/Tape & $\mu$ Mi-REM\*Glass reactors.*

Nanoparticle synthesis via 3DPM-C/Tape reactor was performed in parallel with the already established  $\mu$ Mi-REM\*Glass technique. In order to compare the performance of the two fabrication methods, the physical properties of the produced nanomaterials were measured and evaluated at varying fluid dynamic boundary conditions.

#### *Synthesis of silver nanospheres.*

Silver nanospheres (SNSs) were synthesized using the chemical reduction method [15], which was adapted for usage in a continuous-flow reactor. Specifically,  $\text{NaBH}_4$  solution was prepared initially by dissolving the solid in 1.5 ml of Milli-Q water, followed by dilution to 15 ml with IPA. The use of IPA was to minimise the generation of  $\text{H}_2$ , produced from the degradation of  $\text{NaBH}_4$  in water [21]. This drastically reduces the formation of gas bubbles within the channels, which may significantly alter the flow field or cause clogging. This effect may however be less problematic in millimetre-scale channels. An alternative approach may involve the generation of a strong basic condition ( $\text{NaOH}$ , 14 M) in water, as described by Barber *et al.* [16]. However, with the protocol described in this study, we were able to produce SNSs at all FRRs investigated, obtaining the maximum absorbance ( $A_{max}$ ) of  $2.9 \pm 0.2$  nm after 1:3 dilution with Milli-Q water. Nevertheless, the stoichiometry played a critical role in SNSs synthesis, and although the numerical results (see Figure SI-2b) show a marginal increase in mixing efficiency at  $\text{FRR} = 11$ , the SNSs production performance was more effective at  $\text{FRR} = 7$ .

Figure 3a reports the UV-vis spectra of SNSs prepared using the 3DPM-C/Tape and the  $\mu$ Mi-REM\*Glass reactors, applying the same operational conditions in both devices ( $\text{TFR} = 1$  ml/min;  $\text{FRR} = 7$ ). In order to assess the reproducibility of the reaction, samples were produced in triplicate under the same conditions for both devices.

The typical absorption spectra, due to SNSs surface plasmon resonance (SPR) [22], are observed. Notably, the SNSs spectra obtained using the two different fabrication methods are almost overlapping across the whole wavelength spectrum. The mean value of maximum

absorbance ( $A_{max}$ ) is equal to  $3.252 \pm 0.050$  and  $3.236 \pm 0.068$  for the Tape and Glass reactors, respectively (see Figure 3a and inset). More importantly, in both types of reactor the maximum absorption value of 398.0 nm is obtained, further indicating a comparable performance between them. The absorbance value is also related to the particle size [23], which ranged from 10 to 20 nm as shown in the TEM images (Figure 3b).

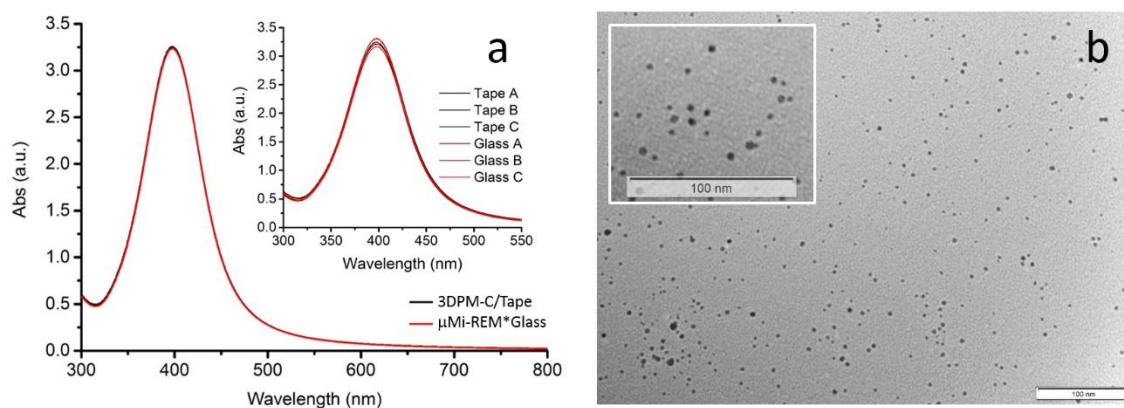


Figure 3: a) UV-vis characterization of SNSs prepared using the 3DPM-C/Tape (black) and the  $\mu$ Mi-REM\*Glass (red) reactors. Spectra are shown as the mean of triplicate samples prepared using both types of reactor, at the same operating conditions (TFR = 1 ml/min; FRR = 7) (individual spectra are shown in the inset). b) Representative TEM image of the SNSs prepared with the 3DPM-C/Tape (TFR = 1 ml/min; FRR = 7); with a magnified view shown in the inset.

### Synthesis of liposomes.

Having demonstrated that flow reactors fabricated with different methods have comparable performance when employed to produce silver nanoparticles, they were also tested for continuous-flow synthesis of liposomes. Devices were operated at total flow rates which were significantly higher than those typically used in microfluidic reactors [20], to demonstrate their potential utility for scaled-up synthesis.

Figure 4 shows the size (z-average) and polydispersity index (PDI) of liposomes produced at varying TFR values (1, 3, 6 ml/min) and a fixed FRR of 25. A representative intensity-based liposome size distribution (at TFR = 1 ml/min and FRR = 25) is also shown in Figure SI-3a, for the  $\mu$ Mi-REM\*Glass reactor. Notably, liposome size and dispersity are not significantly different across different devices, for all the hydrodynamic conditions investigated. For instance, liposomes produced with the 3DPM-C/Tape and  $\mu$ Mi-REM\*Glass reactors at TFR = 1 ml/min and FRR = 25, have a diameter of  $188.61 \pm 1.62$  nm and  $191.37 \pm 3.19$  nm, respectively. Moreover, by increasing the TFR from 1 to 6 ml/min caused only a slight increase

in liposome diameter in both devices, which is consistent with the numerical simulations showing a relatively small difference in the mixing index at the different flow regimes investigated (see Figure SI-2b). Figure 4b shows that liposomes have a relatively small dispersity, and that PDI slightly increased with increasing the TFR from 1 to 6 ml/min. Liposomes produced by the 3DPM-C/Tape reactor had a larger mean dispersity at the higher flow rates investigated, which could be potentially attributed to the surface roughness of the PDMS channels. Further investigations will be performed to better understand the effect of surface properties on the transport of fluids and chemical species in these devices.

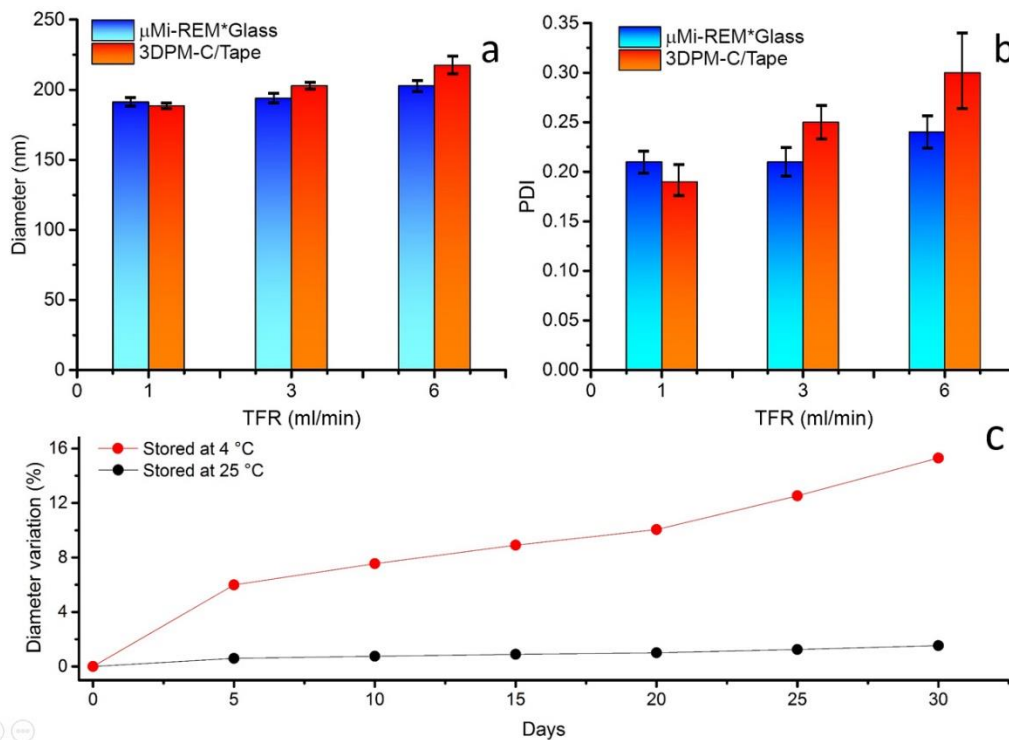


Figure 4: Comparison of liposome size and dispersity. Size (z-average) (a) and dispersity (PDI) (b) of liposomal formulations produced by  $\mu$ Mi-REM\*Glass and 3DPM-C/Tape reactors. Each experiment was performed at TFR of 1 ml/min, 3 ml/min and 6 ml/min, at a fixed FRR of 25. Data are reported as the mean of three independent samples, with the corresponding standard deviation. c) Size stability of liposomal formulations produced by 3DPM-C/Tape reactor, at FRR of 25 and TFR of 1 ml/min. Liposome size was measured every 5 days and up to 30 days, at storage temperatures of both 4°C and 25°C.

In addition, the diameter of liposomes produced by 3DPM-C/Tape reactor (at FRR of 25 and TFR of 1ml/min) was measured up to 30 days from production, at two different storage temperatures (4°C and 25°C), as shown in Figure 4c. The size of liposomes stored at 4°C increased over time, and reached a maximum % increase of approximately 15% after 30 days. These results are comparable with the ones previously reported in the literature [24], although they refer to different Phospholipon90G-based liposomal formulations. The increase in vesicle

diameter could be attributed to sterical hindrance of bilayer stability [25] or aggregation, which may result in liposome coalescence [26]. Conversely, the size of liposomes stored at 25°C was almost unchanged over time. Moreover, the zeta potential of liposomes produced using the 3DPM-C/Tape reactor (at FRR of 25 and TFR of 1 ml/min) was -15.06 mV, which is coherent with the literature [27].

## Conclusions

We have developed an easy-to-perform and cost-effective method for the fabrication of PDMS based continuous-flow reactors, through 3D printed mould casting (3DPM-C). In this method, the positive mould was “printed” using a desktop 3D printer, followed by PDMS casting to produce replica channels of millimetre or sub-millimetre width and height. Channels on the PDMS replica were then sealed using a commercially available pressure-sensitive adhesive tape. It was also demonstrated that the whole fabrication process can be completed within 24 h from the CAD design of the channel architecture, at an average cost of £5 per reactor. Simple modifications to the conventional PDMS curing process were also implemented, in order to overcome limitations associated with the use of a relatively low-cost 3D printer. The fabricated reactors were further applied to the production of both inorganic nanoparticles (silver nanospheres) and organic vesicular systems (liposomes). They exhibited comparable performance to reactors fabricated using more laborious and expensive fabrication methods. The manufacturing technique presented in this study is therefore potentially suitable for scaling-up, as devices can be fabricated at low-cost, and without resorting to sophisticated instrumentation and time-consuming multistep procedures. Moreover, devices produced with this technique can be operated at relatively high total flow rates (>20 ml/min), which is a desirable characteristic for application in continuous-flow chemical synthesis.

## Glossary

<b>3DPM-C/Tape</b>	3D printed mould casting bonded on tape (the symbol “ / ” is used for the simple adhesion on tape)
<b>AgNO<sub>3</sub></b>	Silver nitrate
<b>A<sub>max</sub></b>	Maximum Absorbance
<b>CFD</b>	Computational Fluid Dynamics
<b>DLP</b>	Digital Light Processing
<b>DLS</b>	Dynamic Light Scattering,
<b>FRR</b>	Flow Rate Ratio
<b>HR</b>	High resolution
<b>IPA</b>	Propan-2-ol or isopropyl alcohol
<b>ml/min</b>	Milliliter per minute
<b>NaBH<sub>4</sub></b>	Sodium borohydride
<b>PDI</b>	Polydispersity Index, Indication of the width of the overall distribution
<b>PDMS</b>	Polydimethylsiloxane
<b>Phospholipon® 90G</b>	Lipids, Purified phosphatidylcholine from soybean lecithin, 3,4-dihydro-2,5,7,8-tetramethyl-2-4,8,12-trimethyltridecyl-2Hbenzopyran-6-ol
<b>PLA</b>	Polylactic acid
<b>PTFE</b>	Polytetrafluoroethylene
<b>PVP</b>	Polyvinylpyrrolidone
<b>Ra</b>	Average roughness
<b>Rz</b>	Maximum peak-to-valley value (refers to the Z axes)
<b>SNSs</b>	Silver nanospheres
<b>SPR</b>	Surface plasmon resonance
<b>TEM</b>	Transmission Electron Microscopy
<b>TFR</b>	Total Flow Rate
<b>TSCD</b>	Tri sodium citrate dihydrate
<b>z-average</b>	Average diameter or radius, intensity-based overall average size
<b>μMi-REM</b>	Micromilling-replica moulding technique μmi-REM
<b>μMi-REM*Glass</b>	Micromilled replica moulding bonded on glass by oxygen plasma (the symbol “ * ” refers to the oxygen plasma treatment)

## Acknowledgments

Authors would like to thank the University of Southampton for supporting the research through a PhD studentship.

## Appendices

See supporting information.

## Figure Captions

**Scheme 1:** Graphical representation of the manufacturing steps for the 3DPM-C/Tape reactor: 1) Low-cost 3D printing of the positive mould; 2) PDMS casting; and 3) sealing of the cured PDMS layer onto adhesive tape.

**Scheme 2:** Schematic of the experimental set-up and list of chemicals injected through syringes A and B for the production of SNSs and liposomes, respectively.

**Figure 1:** Morphology and cross-sectional shape of the 3D printed moulds. a) Morphological characterisation of the 3D printed base, including average roughness (Ra) and maximum peak-to-valley value (Rz). b) Cross section of a representative channel design of  $0.60 \times 0.80$  mm (width  $\times$  height), obtained from optical profilometry.

**Table 1:** Size comparison between the CAD design and the 3D printed channels.

**Figure 2:** a) Width of the mixing channel at 2, 4, 6, 8, and 10 mm from the junction between inlets, for three different 3D printed moulds. An image of a representative channel (at  $2.5\times$  magnification) showing the measurement lines (red lines) is reported in the inset. b) Radius of curvature of both right (R) and left (L) inlet channels, for three different 3D printed moulds. A graphical representation of the measurement method is reported in the inset, for the right inlet channel.

**Figure 3:** Figure 3: a) UV-vis characterization of SNSs prepared using the 3DPM-C/Tape (black) and the  $\mu$ Mi-REM\*Glass (red) reactors. Spectra are shown as the mean of triplicate samples prepared using both types of reactor, at the same operating conditions (TFR = 1 ml/min; FRR = 7) (individual spectra are shown in the inset). b) Representative TEM image of the SNSs prepared with the 3DPM-C/Tape (TFR = 1 ml/min; FRR = 7); with a magnified view shown in the inset.

**Figure 4:** Comparison of liposome size and dispersity. Size (z-average) (a) and dispersity (PDI) (b) of liposomal formulations produced by  $\mu$ Mi-REM\*Glass and 3DPM-C/Tape reactors. Each experiment was performed at TFR of 1 ml/min, 3 ml/min and 6 ml/min, at a fixed FRR of 25. Data are reported as the mean of three independent samples, with the corresponding standard deviation. c) Size stability of liposomal formulations produced by 3DPM-C/Tape reactor, at FRR of 25 and TFR of 1 ml/min. Liposome size was measured every 5 days and up to 30 days, at storage temperatures of both  $4^{\circ}\text{C}$  and  $25^{\circ}\text{C}$ .



## Bibliography

1. Dong, J., Liu, J., Kang, G., Xie, J. & Wang, Y. Pushing the resolution of photolithography down to 15nm by surface plasmon interference. *Sci. Rep.* **4**, 5618 (2014).
2. Hood, R. R., Wyderko, T. & DeVoe, D. L. Programmable digital droplet microfluidics using a multibarrel capillary bundle. *Sensors Actuators B Chem.* **220**, 992–999 (2015).
3. Carugo, D., Lee, J. Y., Pora, A., Browning, R. J., Capretto, L. *et al.* Facile and cost-effective production of microscale PDMS architectures using a combined micromilling-replica moulding ( $\mu$  Mi-REM) technique. 1–10 (2016). doi:10.1007/s10544-015-0027-x
4. Comina, G., Suska, A. & Filippini, D. PDMS lab-on-a-chip fabrication using 3D printed templates. *Lab Chip* **14**, 424–30 (2014).
5. Chan, H. N., Chen, Y., Shu, Y., Chen, Y., Tian, Q., & Wu, H. Direct, one-step molding of 3D-printed structures for convenient fabrication of truly 3D PDMS microfluidic chips. *Microfluid. Nanofluidics* **19**, 9–18 (2015).
6. Hassan, S.-U., Nightingale, A. M. & Niu, X. Continuous measurement of enzymatic kinetics in droplet flow for point-of-care monitoring. *Analyst* **141**, 3266–73 (2016).
7. Kitson, P. J., Rosnes, M. H., Sans, V., Dragone, V. & Cronin, L. Configurable 3D-Printed millifluidic and microfluidic ‘lab on a chip’ reactionware devices. *Lab Chip* **12**, 3267 (2012).
8. Gaal, G., Mendesa, M., de Almeida, T. P., Piazzetta, M. H.O., Gobbi, Â. L. *et al.* Simplified fabrication of integrated microfluidic devices using fused deposition modeling 3D printing. *Sensors Actuators B Chem.* **242**, 35–40 (2017).
9. Gong, H., Beauchamp, M., Perry, S., Woolley, A. T. & Nordin, G. P. Optical approach to resin formulation for 3D printed microfluidics. *RSC Adv.* **5**, 3627–3637 (2015).
10. Gong, H., Bickham, B., Woolley, A. T. & Nordin, G. P. Custom 3D printer and resin for  $18 \mu\text{m} \times 20 \mu\text{m}$  microfluidic flow channels. *Lab Chip* (2017). doi:10.1039/C7LC00644F
11. Serra, M., Pereiro, I., Yamada, A., Viovy, J.-L., Descroix, S., & Ferraro, D. A simple and low-cost chip bonding solution for high pressure, high temperature and biological applications. *Lab Chip* **17**, 629–634 (2017).
12. Navjot, Tovstolytkin, A. & Lotey, G. S. Plasmonic Enhanced Photocatalytic Activity of Ag Nanospheres Decorated BiFeO<sub>3</sub> Nanoparticles. *Catal. Letters* **147**, 1640–1645 (2017).
13. Wang, L., Chen, R., Ren, Z.-F., Ge, C.-W., Liu, Z.-X. *et al.* Plasmonic silver nanosphere enhanced ZnSe nanoribbon / Si heterojunction optoelectronic devices. *Nanotechnology.* **27**, 215202 (2016).
14. Le Ouay, B. & Stellacci, F. Antibacterial activity of silver nanoparticles: A surface science insight. *Nano Today* **10**, 339–354 (2015).
15. Griffith, M., Udekwu, K. I., Gkotsis, S., Mah, T. & Alarcon, E. I. *Silver Nanoparticle Applications. Silver Nanoparticle Applications* (2015). doi:10.1007/978-3-319-11262-6
16. Baber, R., Mazzei, L., Thanh, N. T. K. & Gavriilidis, A. Synthesis of silver nanoparticles in a microfluidic coaxial flow reactor. *RSC Adv.* **5**, 95585–95591 (2015).
17. Akbarzadeh, A., Rezaei-sadabady, R., Davaran, S., Joo, S. W. & Zarghami, N. Liposome : classification , preparation , and applications. 1–9 (2013). doi:10.1186/1556-276X-8-102
18. Swaay, D. van & deMello, A. Microfluidic methods for forming liposomes. *Lab Chip* **13**, 752–767 (2013).

19. Jahn, A., Vreeland, W. N., Gaitan, M. & Locascio, L. E. Controlled Vesicle Self-Assembly in Microfluidic Channels with Hydrodynamic Focusing. *J. Am. Chem. Soc.* **126**, 2674–2675 (2004).
20. Carugo, D., Bottaro, E., Owen, J., Stride, E. & Nastruzzi, C. Liposome production by microfluidics: potential and limiting factors. *Sci. Rep.* **6**, 25876 (2016).
21. Carboni, M., Capretto, L., Carugo, D., Stulz, E. & Zhang, X. Microfluidics-based continuous flow formation of triangular silver nanoprisms with tuneable surface plasmon resonance. *J. Mater. Chem. C* **1**, 7540 (2013).
22. Amendola, V., Bakr, O. M. & Stellacci, F. A study of the surface plasmon resonance of silver nanoparticles by the discrete dipole approximation method: Effect of shape, size, structure, and assembly. *Plasmonics* **5**, 85–97 (2010).
23. Paramelle, D., Sadovoy, A., Gorelik, S., Free, P., Hogley, J., & Fernig D. G. A rapid method to estimate the concentration of citrate capped silver nanoparticles from UV-visible light spectra. *Analyst* **139**, 4855–61 (2014).
24. Briuglia, M.-L., Rotella, C., McFarlane, A. & Lamprou, D. A. Influence of cholesterol on liposome stability and on in vitro drug release. *Drug Deliv. Transl. Res.* **5**, 231–242 (2015).
25. Thoma, K. & Jocham, U. E. in *Liposome Dermatics* 150–166 (Springer Berlin Heidelberg, 1992). doi:10.1007/978-3-642-48391-2\_15
26. Takeuchi, H., Yamamoto, H., Toyoda, T., Toyobuku, H., Hino, T., & Kawashima, Y. Physical stability of size controlled small unilamellar liposomes coated with a modified polyvinyl alcohol. *Int. J. Pharm.* **164**, 103–111 (1998).
27. Mahmud, M., Piwoni, A., Filiczak, N., Janicka, M. & Gubernator, J. Long-Circulating Curcumin-Loaded Liposome Formulations with High Incorporation Efficiency, Stability and Anticancer Activity towards Pancreatic Adenocarcinoma Cell Lines In Vitro. *PLoS One* **11**, e0167787 (2016).