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5 **The long and the short of it: A perspective on peptidergic regulation of circuits**
6 **and behaviour**

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8 Running title: Peptidergic regulation of behaviour

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26 **Summary**

27 Neuropeptides are the largest class of neuromodulators in nervous systems. Here we review the
28 general principles and mechanistic insights that have emerged from studies of various animal
29 models and discuss some of the outstanding major challenges.

30

31 **Abstract**

32 Neuropeptides are the most diverse class of chemical modulators in nervous systems. They
33 contribute to extensive modulation of circuit activity and have profound influences on animal
34 physiology. Studies on invertebrate "model" organisms including the fruit fly *Drosophila*
35 *melanogaster* and the nematode *Caenorhabditis elegans* have enabled the genetic manipulation
36 of peptidergic signalling, contributing to an understanding of how neuropeptides pattern the
37 output of neural circuits to underpin behavioural adaptation. Electrophysiological and
38 pharmacological analyses of well-defined microcircuits, such as the crustacean stomatogastric
39 ganglion, have provided detailed insights into neuropeptide functions at a cellular and circuit
40 level. These approaches can be increasingly applied in the mammalian brain by focusing on
41 circuits with a defined and identifiable sub-population of neurons. Functional analyses of
42 neuropeptide systems have been underpinned by systematic studies to map peptidergic networks.
43 Here we review the general principles and mechanistic insights that have emerged from these
44 studies. We also highlight some of the outstanding challenges that remain for furthering our
45 understanding of the functional relevance of peptidergic modulation.

46

47 **Introduction**

48 Neuropeptides are a diverse family of signalling molecules with significant roles in animal
49 physiology and behaviour. They are short chain length peptides that are synthesised by the

50 enzymatic cleavage of larger polypeptide precursors (Elphick et al., 2017). Peptidergic
51 communication was first recognised in the context of peptide hormones secreted from endocrine
52 glands (Bayliss and Starling, 1902) with the later discovery that peptides may also be
53 synthesised in, and secreted from neurons (Knowles and Bern, 1966)(Olivecrona,
54 1954)(Worthington, 1966) (Johnson, 1962; Knowles, 1951) along with 'classical' small-molecule
55 neurotransmitters (Hökfelt et al., 1980). Since then it has become increasingly clear that
56 neuropeptides add a level of complexity and finesse to neuronal communication that is of key
57 importance for behavioural plasticity (Koh et al., 2003; Stein et al., 2007; Taghert and Nitabach,
58 2012; van den Pol, 2012).

59 The aim of this review is to discuss a selection of recent examples of peptidergic regulation of
60 behaviour from across the animal phyla. Two accompanying review articles focus on other core
61 aspects of neuropeptides: The first focuses on structurally-related neuropeptides families, the
62 evolutionary conservation of genes that encode them and their processing from large polypeptide
63 precursors (Elphick et al., 2017). The second provides an update on experimental approaches and
64 emerging techniques that are being deployed to dissect the organisation of peptidergic networks,
65 the neuropeptides and their receptors (DeLaney et al., 2017). Further informative reviews on the
66 topic relating to specific neuropeptide families are available elsewhere e.g. (Beets et al., 2013;
67 Walker et al., 2009).

68

69 **Complexity of peptidergic signalling in animal nervous systems**

70 *Neuropeptide diversity*

71 The genomes of bilaterian animals, on average, encode over a hundred neuropeptide precursors
72 and receptors (Caers et al., 2012; Civelli et al., 2013; Conzelmann et al., 2013b; Frooninckx et
73 al., 2012; Mirabeau and Joly, 2013; Zhang et al., 2012). Diversity is further increased by the

74 presence of multiple copies of the same neuropeptide or different types of neuropeptides within
75 one precursor sequence e.g. the myoinhibitory peptide precursor in the silkworm *Bombyx mori*
76 contains eight different versions of the peptide (Figure 1A). Similarly, mammalian pro-
77 opiomelanocortin (POMC) gives rise to adrenocorticotrophic hormone as well as opioid,
78 melanotropin and other peptides (Cawley et al., 2016; Wallis, 2010)(Figure 1B). A single
79 proneuropeptide gene can also generate different isoforms through alternative splicing, producing
80 different peptides that are expressed differentially, as observed for *Drosophila* orcokinin (Figure
81 1C), mammalian calcitonin and other peptides (Amara et al., 1982; Chen et al., 2015; Li et al.,
82 2008). Furthermore, the level of post-translational processing can also be modulated in a state-
83 dependent manner. For example, the melanocortin peptide alpha-MSH derived from POMC
84 regulates body weight: It accumulates during fasting through an increased rate of post-
85 translational processing of POMC, likely underpinned by altered expression of prohormone
86 convertases (Perello et al., 2007; Tung et al., 2006).

87 ***Neuropeptide receptor diversity***

88 Most neuropeptides signal through seven-transmembrane G-protein-coupled receptors (GPCRs),
89 but they can act through several other classes of receptors. For example, insulin-related peptides
90 signal through insulin receptors that are receptor tyrosine kinases. The receptors for growth
91 hormone and prolactin are single-pass transmembrane proteins that define a separate family
92 (Boutin et al., 1988). In addition there are RFamide peptide-gated channels belonging to the
93 degenerin (DEG)/epithelial Na⁽⁺⁾ channel (ENaC) family (Cottrell et al., 1990; Lingueglia et al.,
94 1995) (Assmann et al., 2014; Dürrnagel et al., 2010; Golubovic et al., 2007)(Furukawa et al.,
95 2006; Lingueglia et al., 2006).

96 ***Complex regulation***

97 Differential regulation is possible along every step of the path, from transcription of genes

98 encoding peptides and receptors to the binding and activation of the receptors by their cognate
99 peptide ligands and the resulting downstream effects (Figure 1D) allowing for regulation that is
100 either immediate and transient, or sustained.

101 One such sustained effect is provided by the state-dependent transcription of genes encoding
102 neuropeptides and their receptors (Amir-Zilberstein et al., 2012; Fukuchi et al., 2004; Knight et
103 al., 2012; MacArthur and Eiden, 1996; Rojo Romanos et al., 2017; Sonnenberg et al., 1989). For
104 example, fasting increases the expression of agouti-related peptide (AgRP) in the hypothalamus,
105 but decreases pro-opiomelanocortin (POMC) expression in the pituitary, two prohormones that
106 regulate homeostasis and have orexigenic and anorexigenic effects, respectively (Varela and
107 Horvath, 2012). In addition, several peptide transcripts have been shown to fluctuate with the
108 circadian clock or the oestrous cycle in the female mouse *Mus musculus* to drive associated
109 behaviours (Aton et al., 2005; Dey et al., 2015; Reghunandanan et al., 1993).

110 ***Intricate processing and sorting***

111 Processing of proneuropeptides involves many distinct enzymes localised to the secretory
112 pathway, with occasional tissue-specific variation (Bicknell, 2008). Following signal peptide
113 cleavage, proneuropeptides are cleaved at mono- or di-basic sites by two types of proteases,
114 cathepsin L and the subtilisin-like prohormone convertases. Further processing of peptide
115 intermediates by amino- or carboxypeptidases removes the remaining N- or C-terminal basic
116 residues (Funkelstein et al., 2010; Hook et al., 2008; Yasothornsrikul et al., 2003). The peptides
117 often undergo amidation, during which dedicated enzymes convert a C-terminal Gly residue to an
118 α -amide group ($-\text{CONH}_2$) (Eipper et al., 1992)(Figure 1D).

119 Mature neuropeptides are sorted and stored in dense core vesicles (DCVs) which are larger in
120 diameter (100 nm or, for large dense core vesicles, 180-200 nm) than the small clear vesicles
121 (SCV; 40 to 60 nm) that contain classical small molecule neurotransmitters. Differential sorting

122 of peptides can also contribute to the fine-tuning of signalling (Sossin et al., 1990). Studies are
123 revealing the detailed mechanisms involved in the allocation of peptides to their designate
124 secretory vesicles; for reviews on sorting see (Dikeakos and Reudelhuber, 2007; Zhang et al.,
125 2010). Different neuropeptides expressed in the same cell are often found to co-localize in single
126 DCVs. However there is evidence that neuropeptides can be sorted into different vesicles, even if
127 they derive from the same precursor (Landry et al., 2003; Perello et al., 2008). The N- and C-
128 terminal-derived peptides from the thyrotropin-releasing hormone (TRH) precursor, for example,
129 are sorted into different secretory vesicles (Perello et al., 2008). Whether and how differential
130 sorting might be regulated in a state-dependent manner and influence synergistic actions of
131 peptides is an outstanding question.

132 ***Regulation of release***

133 Release of neuropeptides can be either from local projections in the proximity of the neuronal
134 soma or from the terminals of long-range projections that project to regions distant from the
135 neuronal soma, or by volume transmission in the nervous system (see glossary (Agnati et al.,
136 2010)), or by neurosecretory release into the blood stream. The regulation of the timing and site
137 of peptide release opens additional opportunities for activity-dependent regulation of peptide
138 action (Figure 2). Bursts of action potentials (Bicknell and Leng, 1981) or direct neuropeptide
139 actions can lead to prolonged increases in Ca^{2+} levels at axon terminals (Iremonger et al., 2017)
140 to stimulate neuropeptide release. Oxytocin demonstrates an interesting case where axonal and
141 dendritic release can be regulated differentially by action potentials and release of Ca^{2+} from
142 intracellular stores (Ludwig et al., 2002).

143 ***Receptor-mediated responses on different timescales***

144 Neuropeptide signalling through GPCRs can regulate gene transcription leading to
145 reprogramming of neuronal metabolism and responsiveness. In addition, suppression of GPCR

146 signalling for up to several hours can be mediated by beta-arrestin dependent desensitisation and
147 internalisation of receptors; reviewed in (Kovacs et al., 2009). Thus peptidergic networks are
148 regulated by the history of their own activation. The opioid system is a classic example of
149 differential downstream effects as well as long-term changes that lead to tolerance and addiction
150 to opioids; reviewed in (Christie, 2008). Morphine and the endogenous ligand enkephalin
151 differentially affect ubiquitination of μ -opiate receptors through the recruitment of distinct
152 isoforms of beta-arrestin with morphine recruiting beta-arrestin-2 whilst enkephalin engages both
153 beta-arrestin-1 and 2 (Groer et al., 2011). This beta-arrestin-mediated desensitisation underlies
154 the development of tolerance in the use of morphine for pain relief (Bohn et al., 1999).

155 *Distinct synaptic and neuropeptidergic actions*

156 In many cases, peptide receptors are expressed on cell types that are distinct from, or at least only
157 partially overlap with, those that are directly synaptically targeted by a given peptidergic neuron
158 (Figure 2). For example, vasoactive intestinal peptide (VIP)-expressing neurons in the cerebral
159 cortex of mice do not connect synaptically with pyramidal cells, whereas VIP receptors are
160 widely distributed on different cell types, including pyramidal cells (Pi et al., 2013; Tasic et al.,
161 2016). This uncoupling has important ramifications for the application of conventional
162 ‘connectomics’ techniques to map peptidergic connections, but see (Schlegel et al., 2016; Shahidi
163 et al., 2015).

164

165 **Mapping neuropeptide signalling networks**

166 *Nematode and annelid networks*

167 The nervous systems of invertebrates that consist of a relatively small number of identifiable
168 neurons (White et al., 1986), or similarly microcircuits comprising a small number of neurons
169 within exceptionally well-defined systems (Nusbaum et al., 2017), are accessible to the cellular-

170 level mapping of both extra-synaptic and synaptic peptidergic networks.

171 This has been played out to great effect in the nematode *C. elegans*. The synaptic connectome of
172 the 302 neurons of hermaphrodites has been completely mapped at the level of electron
173 microscopy and can easily be integrated with gene expression information owing to the
174 stereotypical anatomy of the nematode nervous system (White et al., 1986). A comprehensive
175 analysis of published ligand–receptor interactions and gene expression data recently revealed a
176 draft connectome of monoamine signalling in *C. elegans*, as well as a partial network of
177 neuropeptide signalling (Bentley et al., 2016)(Figure 3A). A remarkably high fraction of
178 signalling in these modulatory networks seems to be extrasynaptic (Bargmann, 2012; Ludwig and
179 Leng, 2006; Marder, 2012).

180 The larval nervous system of the marine annelid *Platynereis dumerilii* also provides an excellent
181 platform for revealing peptidergic networks. This has been achieved through large-scale
182 approaches to analyse gene expression by whole-mount *in situ* hybridisation and single-cell
183 transcriptomics to facilitate the localisation of neuropeptide and receptor gene expression and
184 thereby provide insight into the neurons which harbour the corresponding neuropeptides and
185 receptor proteins (Achim et al., 2015; Asadulina et al., 2012). In addition, serial-section electron
186 microscopy allows the reconstruction of full-body neural circuits in the small *Platynereis* larva
187 (Randel et al., 2015). The use of serial immunogold labelling with antibodies to neuropeptides led
188 to the direct mapping of several neuropeptides onto the synaptic connectome (Shahidi et al.,
189 2015). These resources facilitate the reconstruction of peptidergic connectivity networks between
190 neurons, where peptide-producing cells represent the source cells, and neurons expressing the
191 corresponding receptor represent the target cells (Williams et al., 2017). Interestingly, the highest
192 expression of neuropeptides and receptors mapped to the anterior neurosecretory region of the
193 larva, known as the ‘apical organ’. Single peptidergic neurons coexpressed up to 20 distinct

194 neuropeptide precursor genes. Parallel mapping of the synaptic connectome of this
195 neurosecretory area by serial-section electron microscopy revealed the paucity of chemical
196 synapses in this region of the brain (Figure 3B). This finding suggests that the apical
197 neurosecretory centre functions as a 'chemical brain', where neuronal communication is defined
198 by peptide and receptor expression, and not by synaptic wiring. In the *Platynereis* larval brain,
199 individual peptide–receptor pathways can be very specific, connecting only a small fraction of all
200 the neurons (Figure 3B). The majority of neuropeptide receptors in this neurosecretory centre of
201 the larval brain are activated by only one or two related peptides, and, on average, the individual
202 pathways signal between 1% of the neurons in this region (Williams et al., 2017).

203 A principle that emerges from these mapping studies is the low degree of overlap between
204 peptidergic and synaptic connectomes. Nevertheless, there are crucial interaction points where
205 communication clearly occurs between the different layers of a multiplex neural network, as
206 recently illustrated in the *Platynereis* larval brain, *C. elegans* and *Drosophila* (Bentley et al.,
207 2016; Schlegel et al., 2016; Williams et al., 2017). The neuropeptide and synaptic connectivity
208 maps of these small invertebrate circuits provide a basis to study the role of specific
209 neuropeptides in microcircuits with known connectivity and represent prototypes for
210 understanding how neuropeptides interact with wired circuitry in larger nervous systems. Single-
211 cell transcriptome datasets of neural tissue represent a rich source of information for the
212 reconstruction of peptidergic signalling networks in the brain. If these datasets are of sufficient
213 quality and depth, they have the potential to reveal the entire neuropeptidome of a neuron, as well
214 as the complement of neuropeptide receptors (Campbell et al., 2017; Romanov et al., 2017; Tasic
215 et al., 2016).

216 ***Murine networks***

217 To understand the function of peptidergic connectomes, it is of great importance to supplement

218 the knowledge of putative peptidergic connections between neurons with functional analysis. For
219 example, oxytocin neurons in the mammalian hypothalamus project to several distant brain areas,
220 including the cerebellar cortex, where they exert their actions through oxytocin receptors that are
221 enriched in relatively small subpopulations of interneurons (Li et al., 2016; Tasic et al., 2016).
222 Other examples for ascending long-range peptidergic systems in the rodent brain are relaxin and
223 orexin, peptides that are synthesized in a small number of cells in the hypothalamus and brain
224 stem, respectively, but send long-range projections throughout the whole brain (for reviews, see
225 (Ebrahim et al., 2002; Smith et al., 2014)). Characterisation of these pathways has been pursued
226 using optogenetic activation of defined subsets of peptidergic cells and the study of their
227 postsynaptic effects as illustrated by the characterisation of the extensive axon networks and
228 postsynaptic partners of hypothalamic oxytocin neurons throughout the brain and in the amygdala
229 (Knobloch et al., 2012). Alternatively, the Cre-recombinase-dependent expression of
230 channelrhodopsin allows the specific activation of peptidergic neurons in combination with
231 different Cre-expressing mouse lines (e.g., Somatostatin-Cre, Oxytocin-Cre, Vip-Cre etc.)
232 (Melzer et al., 2012; Sutton et al., 2014; Taniguchi et al., 2011). One caveat of this system is that
233 optogenetic activation can fail to trigger the release of some peptides (Steuer Costa et al., 2017).
234 Specific Cre-driver lines can also be used to express calcium-dependent fluorescent proteins
235 enabling the study of the activity of peptidergic neurons or their putative postsynaptic partners
236 (Nakai et al., 2001) or to use optogenetic tagging in electrophysiological recordings (Lima et al.,
237 2009)(Figure 4A).

238 Microdialysis and tissue extraction followed by analysis of peptide content through mass
239 spectrometry, ELISA or radiolabelling was used to track the context-dependent release of
240 neuropeptides (Figure 4B). Novel techniques allow the visualisation of neuromodulator release *in*
241 *vivo*: Cell-based neurotransmitter fluorescent engineered reporters (CNiFERS) are receptor-

242 overexpressing cultured cells that track neuromodulator release and binding through increases in
243 calcium-dependent fluorescence (Nguyen et al., 2010)(Figure 4C). Overexpression of modified
244 versions of GPCRs and beta-arrestin result in activation of a reporter gene upon ligand binding
245 and beta-arrestin recruitment (Inagaki et al., 2012; Kono et al., 2014). Reporter activation can
246 also be rendered light-dependent (iTango), enabling the analysis of certain behavioural states
247 (Lee et al., 2017)(Figure 4D). Together, these systems present promising tools for the mapping of
248 neuropeptide networks in different animals.

249 **Organisation of multi-channel neuropeptide signalling**

250 *Organisational motifs*

251 Besides highly specific neuropeptide–receptor pathways, several examples illustrate the existence
252 of complex multichannel signalling networks, cascades, and crosstalk among neuropeptides and
253 their receptors. These organisational motifs can provide mechanisms for feedback, coordination
254 or sensory integration to fine-tune the output of neuronal circuits (Komuniecki et al.,
255 2014)(Figure 2). Several network motifs are possible. For example, a single neuropeptide, or
256 peptides from the same precursor, can act on multiple, distinct receptors. Thus, the response to
257 the neuropeptide will be dependent on the receptor with which it interacts, which in turn can be
258 regulated by differential receptor expression. Indeed, a typical feature of peptidergic signalling is
259 the presence of multiple, distinct subtypes of GPCR for the same neuropeptide which often
260 couple to different signal transduction cascades, are expressed in different tissues and are
261 characterized by distinct pharmacology (Alexander et al., 2015).

262 *Divergent and convergent neuropeptide signalling*

263 A good example of divergent signalling is provided by the neuropeptide vasopressin (VP), also
264 known as antidiuretic hormone (ADH). In mammals, VP is released from the posterior pituitary
265 to maintain blood pressure, through a pressor effect mediated by V1 receptors on resistance blood

266 vessels, and blood volume, through an antidiuretic effect requiring V2 receptors in the kidney
267 cells. V1 receptor subtypes are also expressed in the brain and mediate effects on social
268 behaviour (McCall and Singer, 2012; Park and Kwon, 2015; Stoop, 2012). This multifaceted
269 physiological role of VP in mammals resonates with recent studies in *C. elegans*. Here, a
270 vasopressin homolog, nematocin (Elphick and Rowe, 2009), has been shown to regulate
271 reproductive behaviour and behavioural plasticity through distinct receptors (Figure 5). On the
272 one hand, nematocin promotes gustatory associative learning by activating the nematocin
273 receptor NTR-1 in gustatory neurons (Beets et al., 2012). On the other, it drives male mating
274 through NTR-1 and a second receptor NTR-2 that each modulates partly overlapping aspects of
275 the mating behaviour (Garrison et al., 2012).

276 The divergent signalling described above, in which a single neuropeptide exerts a repertoire of
277 responses by acting in different tissues expressing distinct receptor subtypes, is paralleled with
278 the occurrence of convergent signalling in which multiple neuropeptides converge on the same
279 neuron (Li and Kim, 2008; van den Pol, 2012; Williams et al., 2017). For example, in the sea
280 hare *Aplysia*, a cholinergic command-like neuron for feeding contains two neuropeptides, feeding
281 circuit activating peptide (FCAP) and cerebral peptide 2 (CP2). The two peptides are co-released
282 and act synergistically to increase the postsynaptic potential in the same downstream neuron:
283 FCAP increases the quantal size and CP2 the quantal content of excitatory postsynaptic potentials
284 (Koh et al., 2003).

285 ***Multi-channel signalling and crosstalk***

286 The same peptidergic neuron can co-express multiple distinct neuropeptides that can act on
287 different targets. Such 'multi-channel wiring' is not characteristic of synaptic networks and
288 represents a distinct organisational principle for neuropeptides. In the stomatogastric ganglion of
289 the lobster *Homarus americanus*, red pigment-concentrating hormone and tachykinin are co-

290 localized and co-released, but act on different neurons (Thirumalai and Marder, 2002). The same
291 neuropeptide released from different cells can also have different effects on the same motor
292 circuit, depending on the mixture of co-transmitters (Blitz et al., 1999; Wood et al., 2000). How
293 many of the peptides can be co-released at any one time is unknown, but transcriptome data
294 suggest that multichannel signalling could be a common theme in highly peptidergic,
295 neurosecretory brain areas (Campbell et al., 2017; Williams et al., 2017).

296 Peptide-expressing cells also often express peptide receptors, and they are thus both sources and
297 targets of neuromodulators. There are numerous examples of such peptidergic cascades of
298 intercellular communication in vertebrates, which typically involve homeostatic feedback from
299 a peripheral tissue to regulate release of a neurohormone. An interesting example is the ‘hunger
300 hormone’ ghrelin that derives from cells in the gastrointestinal tract and directly activates
301 hypothalamic neurons to trigger the release of growth hormone-releasing hormone
302 (somatoliberin) in a synaptic-transmission-independent manner. This peptidergic multi-neuronal
303 communication is regulated by food deprivation and directly controls energy consumption and
304 body weight (Osterstock et al., 2010).

305 Neuropeptides derived from different precursors can also crosstalk by acting on the same cognate
306 receptor. Significant evidence for this has come from GPCR de-orphanization and functional
307 characterization in *C. elegans*. In *C. elegans* hermaphrodites, egg-laying behaviour is regulated
308 by RFamide neuropeptides (FLPs) from FLP-10 and FLP-17 precursors that all activate a single
309 neuropeptide receptor, EGL-6, in the hermaphrodite-specific neurons (HSNs) of the egg-laying
310 circuit (Ringstad and Horvitz, 2008). Peptides encoded by FLP-17 are expressed in a pair of CO₂
311 sensory neurons, whereas FLP-10 peptides are synthesized in several other neuronal and non-
312 neuronal tissues. Genetic and neural ablation experiments support a simple model in which
313 relevant sensory cues control FLP-10 and FLP-17 secretion, and thereby directly modulate the

314 activity of the egg-laying motor neurons to suppress egg laying in unfavourable conditions
315 (Ringstad and Horvitz, 2008). In this model, crosstalk of neuropeptides acting on the same
316 receptor integrates multiple inputs in the modulation of behaviours. There is also increasing
317 evidence for crosstalk of RFamide neuropeptides in mammals (Liu and Herbison, 2016; Ma et al.,
318 2009; Oishi et al., 2011). For example, neuropeptide FF receptors (NPFFR1 and NPFFR2) were
319 recently shown to bind kisspeptin and other mammalian RFamide neuropeptides and likely
320 mediate the modulatory effects of these peptides in nociceptive circuits (Elhabazi et al., 2013;
321 Lyubimov et al., 2010; Oishi et al., 2011).

322

323 **Organisation of multi-peptide signalling networks at the circuit level**

324 *Peptidergic circuits in *Caenorhabditis elegans* and *Drosophila melanogaster**

325 Genetic studies in model organisms are starting to uncover the functional relevance of interacting
326 neuropeptide pathways. For example, in *C. elegans*, a neuropeptide-mediated sensorimotor
327 feedback loop dampens the odour-evoked activity of the olfactory amphid wing 'C' (AWC)
328 neurons (Chalasani et al., 2010). When odour is sensed, AWC neurons release buccalin-related
329 NLP-1 neuropeptides, which activate a neuropeptide receptor (NPR-11) on downstream
330 interneurons to modulate secretion of the insulin-like peptide INS-1. Closing the feedback loop,
331 INS-1 modulates the responsiveness of AWC neurons to olfactory stimuli. In *Drosophila*, the
332 coordination of the stereotypic ecdysis behaviour also depends on crosstalk of multiple
333 neuropeptides (Mena et al., 2016). The behavioural state is initiated by the release of ecdysis
334 triggering hormone (ETH) (Zitnan and Adams, 2012; Zitnan et al., 1996). Neurons expressing the
335 crustacean cardioactive peptide (CCAP) are one of the key targets of ETH that control the timing
336 and behaviour of the moulting. While the activity of CCAP neurons is directly regulated by ETH,
337 it also depends on the actions of other neuropeptides downstream of ETH, such as bursicon and

338 eclosion hormone (Mena et al., 2016).

339 ***Crustacean stomatogastric circuit***

340 The stomatogastric ganglion (STG) is a small central-pattern-generating circuit consisting of 26–
341 30 neurons that is responsible for generating the rhythmic patterns of muscle movements in the
342 crustacean stomach (Figure 6). The extensive work on this system has recently been reviewed
343 (Nusbaum et al., 2017) and shows that the effects of neuropeptides and monoamines on the STG
344 are different. While dopamine and serotonin modulate many different membrane currents (Kiehn
345 and Harris-Warrick, 1992; Kloppenburg et al., 1999; Krenz et al., 2013; Krenz et al., 2015; Peck
346 et al., 2001; Peck et al., 2006; Rodgers et al., 2013; Zhang and Harris-Warrick, 1994; Zhang and
347 Harris-Warrick, 1995), many neuropeptides converge to activate the same voltage-dependent
348 current (Golowasch and Marder, 1992; Swensen and Marder, 2000; Swensen and Marder, 2001).
349 This current, aptly named the ‘modulatory inward current’ (I_{MI}), is a voltage-dependent current
350 with characteristics that make it ideally suited to activate rhythmic networks. I_{MI} is a small,
351 depolarizing, mixed-cation current with similarities to the glutamatergic NMDA current
352 (Golowasch and Marder, 1992; Swensen and Marder, 2000). The result of activating I_{MI} is an
353 increase in the so-called ‘burstiness’ of a neuron, often resulting in more spikes per burst. In the
354 circuit that generates the pyloric rhythm in the STG, comprised of bursting neurons connected
355 with reciprocally inhibitory graded synapses, activating I_{MI} can result in more-prominent bursting
356 of all neurons in the network. This arises from neurons in the network rebounding proportionately
357 with the strength of incoming inhibition.

358 ***Endowing a circuit with robustness***

359 The convergence of multiple peptide modulators, each acting through their own specific receptors
360 on I_{MI} , represents one of the examples of degeneracy in the circuit and a mechanism that protects
361 the circuit from over modulation. The maximal conductance of I_{MI} is an intrinsic property of the

362 neuron and will not be exceeded even in the presence of additional ligands (Swensen and Marder,
363 2000). In a recent study, modulatory substances were applied exogenously in the absence of all
364 other modulatory input to investigate how neuromodulators affect the pyloric rhythm across
365 different temperatures (Haddad and Marder, 2017)(Figure 6). The neuropeptide proctolin or the
366 muscarinic-cholinergic agonist oxotremorine, both of which activate I_{MI} (Swensen and Marder,
367 2000), protected the networks from temperature perturbation. In contrast, serotonin, which
368 activates multiple conductances on multiple cell types (Kiehn and Harris-Warrick, 1992; Krenz et
369 al., 2015; Zhang and Harris-Warrick, 1994), made the networks more temperature sensitive than
370 in the complete absence of modulators, and each animal produced different patterns of abnormal
371 activity at high temperature (Haddad and Marder, 2017). Other mechanisms that protect the
372 circuit from over-modulation include a balance of modulatory substances that act on opposing
373 properties, and of modulators that act at various sites, such as on motor neurons and muscles
374 (Marder, 2012).

375

376 **Organization of peptidergic networks to provide context dependence**

377 *Approaches for studying context-dependence*

378 An important challenge is to bridge the cellular to whole-organism level to understand how
379 neuropeptides contribute to the behavioural flexibility of animals. This can be studied by
380 measuring the effects of increased or decreased levels of peptidergic signalling in a whole-
381 organism context (Figure 7)(Bargmann and Marder, 2013). Based on work in different model
382 systems, a picture has emerged suggesting that neuropeptides act on many levels of a neural
383 network and can influence sensory perceptions even at the earliest processing level in the brain or
384 periphery. Therefore, peptidergic modulation can impact on cognitive functions by regulating the
385 strength and type of sensory information that passes into the relevant higher brain areas.

386 ***Food context and behavioural choice***

387 Several neuropeptides regulate appetite, feeding and food preferences. For example, injection of
388 oxytocin markedly reduces food intake, in particular of sweet foods, in humans (Ott et al., 2013)
389 and oxytocin knockout mice display an increase in sweet and carbohydrate preference, suggesting
390 that oxytocin modulates sweet gustatory perception and/or sweet taste predicting reward signals
391 in the central brain (Billings et al., 2006). Although it remains unresolved whether oxytocin
392 modulates gustatory neurons, there is evidence for a role of oxytocin in odour perception e.g.
393 social odour (Wacker and Ludwig, 2012). Whether the same is true for food odours is not well
394 understood. In addition, oxytocin receptors (OXTR) are highly expressed in parts of the olfactory
395 system including the anterior olfactory nucleus (AON). A recent study found that oxytocin in rats
396 modulates early olfactory processing through a top-down neuromodulation of OXTR-expressing
397 AON fibres, which increases glutamatergic synaptic input to interneurons in the olfactory bulb.
398 Removal of OXTR specifically in the AON reduced olfactory exploration and recognition of
399 social odours of conspecifics leading to differences in the animal's behaviour (Oetl et al., 2016).
400 Recent work in *Drosophila* highlights the role of neuropeptides in behavioural choice involving
401 food (Itskov and Ribeiro, 2013; Leinwand and Chalasani, 2011; Wang, 2012). Starved flies show
402 higher attraction to food odours and less avoidance of aversive cues. While this behaviour is
403 controlled in part by the higher brain centre of the fly, the mushroom body (Lewis et al., 2015), it
404 is also modulated by neuropeptides acting directly on attractive and repulsive food-odour-
405 detecting chemosensory neurons (Ignell et al., 2009; Root et al., 2011). Short neuropeptide F
406 (sNPF) released by attraction-mediating olfactory sensory neurons enhances their response,
407 whereas tachykinin reduces the response of avoidance-mediating olfactory neurons; in both
408 cases, this occurs through GPCRs expressed directly in the olfactory sensory neurons (Ko et al.,
409 2015)(Figure 7A). An analogous mechanism regulates the strategy of the female fly to find and

410 evaluate egg-laying and feeding sites for her offspring (Hussain et al., 2016a). Mating increases
411 the attraction of females to important and reproductive-success-boosting nutrients, the
412 polyamines (Hussain et al., 2016b), through an increase in the expression of the GPCR sex
413 peptide receptor (SPR) in polyamine-sensing olfactory and gustatory neurons. In this case,
414 myoinhibitory peptides (MIPs) and not the better known ligand of SPR sex peptide (SP), mediate
415 SPR signalling in olfactory and gustatory neurons (Figure 7B). Interestingly, this function of MIP
416 is female specific and does not regulate the attraction of males to polyamines (Hussain et al.,
417 2016a). In both these cases, overexpression of the sNPF receptor or the MIP receptor SPR,
418 respectively, exclusively in peripheral chemosensory neurons is sufficient to switch the fly
419 behavioural or internal state, emphasizing the important role of peripheral modulation in state-
420 dependent behaviour (Leinwand and Chalasani, 2011).

421 It is likely that MIPs regulate feeding behaviour through additional mechanisms, given their
422 broad expression in the brain as well as in the gut (Veenstra et al., 2008). For instance, a small
423 cluster of MIP-expressing neurons in the CNS suppresses feeding and thereby regulates body
424 weight in male and female flies (Min et al., 2016).

425 ***Circadian context***

426 This has been the subject of many studies spanning several phyla which provide evidence for a
427 key role for different neuropeptides. MIPs and SPR have been implicated in the control of sleep
428 in *D. melanogaster* (Oh et al., 2014). Another interesting sleep-regulatory peptide in *D.*
429 *melanogaster* is the so-called pigment-dispersing factor (PDF). PDF-expressing neurons increase
430 arousal during wake states (Sehgal and Mignot, 2011). PDF also regulates arousal and
431 exploratory behaviour in *C. elegans*. In the nematode, PDF and serotonin function as mutual
432 inhibitors in a neural network that appears to overlay the motor-behaviour-controlling network,
433 acting via an overlapping but not identical circuit, to regulate behavioural state in a slower and

434 potentially more homeostatic manner than that controlling basal locomotor movements (Flavell et
435 al., 2013). In mammals, at least four unrelated neuropeptides, orexin, prokineticin-2,
436 neuropeptide S and vasoactive intestinal peptide (VIP), have similar roles in stimulating arousal
437 in a light-dependent manner (Chemelli et al., 1999; Cheng et al., 2002; Vosko et al., 2007; Xu et
438 al., 2004).

439 ***Social and reproductive context***

440 Neuropeptides also have important roles in complex social, emotional and reproductive
441 behaviours. Interestingly, oxytocin functions in a gender-dependent manner. It is increasingly
442 appreciated that male and female brains differ in certain aspects and that this is not limited to
443 reproductive control. Differences in cortical oxytocin signalling might explain why men and
444 women show differences in some emotional states and disorders such as anxiety (Li et al., 2016).
445 Specifically, one study demonstrated that certain OXTR interneurons in male mice regulate
446 anxiety by expressing an antagonist of the stress hormone corticotropin-releasing hormone
447 (CRH), called corticotropin-releasing-hormone-binding protein (CRHBP). CRHBP blocks the
448 CRH-induced potentiation of pyramidal neurons in layer 2/3 of the medial prefrontal cortex
449 selectively in males but not females. This block reduces anxiety in males but not in females.
450 Conversely, the same OXTR interneurons in females modulate social interactions with male mice
451 during the sexually responsive phase of the oestrus cycle (Nakajima et al., 2014).

452

453 **Inter-organismal neuropeptide signalling**

454 Peptides can have an allohormonal function (Koene and ter Maat, 2001) e.g. accessory gland
455 products that are transferred from one individual to another during the transfer of gametes
456 (Zizzari et al., 2014) and influence the behaviour of the recipient, a classic example being the
457 *Drosophila* sex peptide (Perry et al., 2013). Other species in which this phenomenon has been

458 investigated include species with separate sexes, such as Pletodontid salamanders, seed beetles
459 (e.g., *Callosobruchus maculatus*) but also hermaphroditic species such as flatworms (e.g.,
460 *Macrostomum lignano*), land snails (e.g., *Cornu aspersum*) and pond snails (e.g., *Lymnaea*
461 *stagnalis*) (Yamane et al., 2015) (Arbore et al., 2015) (Stewart et al., 2016) (Watts et al., 2004)
462 (Koene et al., 2010). Some of the identified accessory gland products are neuropeptides,
463 including the ‘love dart’ allohormone, a buccalin-like peptide, identified from the common
464 garden snail *Cornu aspersum* (Stewart et al., 2016).

465 The type of sexual system can have important implications for the evolution of such substances.
466 For example, simultaneously hermaphroditic species (which use both genders at the same time or
467 in sequence over their lifetime) need to regulate and coordinate their male and female
468 reproductive processes in a largely non-overlapping manner. Hence, the neurobiological wiring
469 and neuroendocrine substances in simultaneous hermaphrodites need to remain separated
470 between the two sexual functions. The performance of conflicting processes or behaviours is
471 avoided by complex excitatory and inhibitory crosstalk between the male and female processes.
472 During mating, the appropriate motor-output needs to be initiated, whereas the motor patterns of
473 the opposite sexual role need to be suppressed, that is, when donating sperm to a partner, egg
474 laying should not be initiated at the same time.

475 This situation in simultaneous hermaphrodites is accompanied by interesting evolutionary
476 processes that do not occur in separate-sexed animals. Recent research has revealed that
477 accessory gland products can target the male function of the recipient. In *Lymnaea stagnalis*, two
478 accessory gland proteins were identified that cause a snail to transfer half the amount of sperm to
479 its next partner, lowering the paternity of that donor (Nakadera et al., 2014). Thus, in
480 hermaphrodites, a sperm donor not only affects female physiology (Koene et al., 2010), but also
481 male physiology of the recipient (Nakadera et al., 2014)(Figure 8).

482 Interestingly, different areas of the central nervous system in hermaphrodites control the
483 execution of male and female reproduction, expressing different neuropeptides (Koene, 2010;
484 Koene et al., 2000). However, the neuroendocrine mechanisms that prevent male and female
485 behaviours from being executed at the same time remain to be identified (Koene et al., 2000).
486 Identifying these mechanisms will help to understand how accessory gland products hijack the
487 reproductive neuroendocrine system of the sperm recipient. The evolutionary importance of these
488 interactions is evidenced by the various injection devices that evolved for the transfer of
489 accessory gland products (Zizzari et al., 2014). These include the love darts of land snails that
490 inject accessory gland products into the body cavity (Lodi and Koene, 2017), and the stylets of
491 some *Siphopteron* sea slugs that inject their products into the head of the partner and might
492 directly target the central nervous system of their partner (Anthes and Michiels, 2007; Lange et
493 al., 2014).

494 In future, the pharmacological characterization of receptor systems for accessory gland products
495 could reveal whether these substances are mimics of female regulatory hormones and how these
496 signalling systems evolve. For example, does the female system evolve to counter the effect of
497 accessory gland products (Lodi and Koene, 2017)?

498

499 **Emerging themes**

500 A common theme for all animals in which peptidergic signalling has been investigated is its
501 remarkable complexity. Why do neural networks deploy such a plethora of neuropeptide
502 transmitters and modulators? Does this reflect a high level of functional redundancy? Or does it
503 reflect the animal's requirement for multiple routes to behavioural flexibility in the face of a
504 challenging environment or life style? The most likely answer is a combination of the two. Some
505 evidence suggests that signals can be encoded in the mix of neuropeptides rather than in single

506 molecules (Jones et al., 2016; Papaioannou et al., 2005) but precisely how widespread this
507 phenomenon is remains to be determined.

508 A further notable observation is the apparent dominance of 'wireless' peptide signalling. In the
509 case of the annelid *Platynereis*, there is a distinct lack of synaptic connections in the
510 neuropeptide-rich region of the brain. It could be that this is a specialization of an anatomically
511 simple system that endows a higher level of complexity within the network that could otherwise
512 be achieved using 'hard-wiring' alone. However, it is equally possible that current knowledge of
513 neuropeptide networks in higher animals is still too limited for us to appreciate the extent of non-
514 synaptic communication in mammalian brains.

515 Another striking aspect of peptidergic signalling that has been reinforced repeatedly in recent
516 years is the number of examples in different model organisms in which evolutionarily related
517 neuropeptides act through their cognate receptor(s) to regulate a similar aspect of animal
518 behaviour across these species (Beets et al., 2012; Garrison et al., 2012; Lockard et al., 2017;
519 Scott et al., 2017; Tian et al., 2016; Van Sinay et al., 2017). Thus comparative investigations
520 between simpler and more complex animals have the potential to inform more global
521 understanding of fundamental, conserved aspects of peptidergic neural networks and their roles in
522 behavioural plasticity.

523 Overall, the capability of neuropeptides to modulate the output of circuits by sensitization or
524 inhibition of target neurons is a common theme to emerge from these studies (Chalasanani et al.,
525 2010). A neuropeptide can endow a circuit with flexibility by modulating the response profile of
526 discrete neurons (Chen et al., 2017; Vollmer et al., 2016). Such a mechanism can provide an
527 explanation of how an animal can exhibit two divergent behavioural responses to the same
528 sensory stimulus depending on the context in which the stimulus is perceived.

529

530 **Future perspectives**

531 There is undoubtedly a continuing important contribution to be made from a neuropeptidomic
532 approach (DeLaney et al., 2017) which will systematically identify the complement of
533 neuropeptides and receptors in a neural system, facilitate pairing of ligands with their cognate
534 receptors (Bauknecht and Jékely, 2015) and provide the framework for functional interrogation of
535 peptidergic networks, for example through electrophysiology, imaging and optogenetics. Future
536 studies should also consider how differential sorting of distinct neuropeptide complements within
537 a given neuron can be regulated in a state-dependent manner, and how this might influence co-
538 release and synergistic actions of peptides. Ultimately this has the power to provide insight into
539 the role of specific peptidergic networks in behaviour.

540 The benefit from understanding peptidergic signalling is under-realized: Whilst the success of the
541 opioid analgesics exemplifies the clinical importance of neuropeptides in nociception and pain
542 there are many other clinical situations where neuropeptides have a role and have yet to be
543 adequately exploited. It also has the potential to provide new mechanisms of pest and parasite
544 control (Holden-Dye and Walker, 2014; McVeigh et al., 2012; Terhzaz et al., 2017).

545 The investigations described here, just a subset of the many investigations into peptidergic
546 signalling, show that neuropeptides are intimately involved in the capability of animals to exhibit
547 behavioural flexibility. This is characterized by multi-channel convergent and divergent
548 signalling, across both long and short distances, in a transient or sustained manner. These themes
549 appear to be played out across the animal phyla, from the simplest to the most complex.

550

551 **Glossary**

552 Allohormonal- The transfer of a substance from one individual to another member of the same
553 species. The allohormone induces a physiological effect that is typically related to some aspect of

554 sexual selection or reproductive function.

555 Antidiuretic – An antidiuretic substance is one that reduces the loss of water in the urine by
556 increasing water resorption in the kidney. In mammals, antidiuretic hormone (ADH) is released
557 in response to a drop in blood volume or increase in blood osmolarity.

558 Axon – a cable-like process that extends from the cell body of a neuron towards its target cell.

559 This may be another neuron or a target tissue e.g. a muscle cell.

560 Burstiness – A term used to describe a particular pattern of neuronal activity in which the neuron
561 exhibits short periods of rapid activity in the form of action potentials that are interspersed with
562 periods of quiescence.

563 Connectomics – This refers to the detailed anatomical mapping of neural networks in which the
564 synaptic connectivity between each and every neuron, a map called the connectome, is defined.

565 Dendrite – A process that extends from the cell body of a neuron and which typically is the main
566 region for synaptic input from other neurons. Many classes of neurons are characterised by an
567 extensive dendritic tree with each dendrite conveying incoming neural signals to the cell body.

568 De-orphanization – An orphan receptor is a receptor for which the endogenous, cognate ligand is
569 unknown. A vast number of these have been identified by bioinformatic screening of animal
570 genomes. De-orphanization is the process by which the receptor is paired with its ligand and is an
571 important route to understanding the functional role of orphan receptors.

572 FLPs- FMRFamide-like peptide Precursors: These are a large family of prepropeptide
573 neuropeptide precursors encoded by *C. elegans flp* genes that give rise to C-terminally amidated
574 neuropeptides (Li and Kim, 2014).

575 NLPs- Neuropeptide-like peptide Precursors: These are a large family of prepropeptide
576 neuropeptide precursors encoded by *C. elegans nlp* genes (Nathoo et al., 2001).

577 Nociceptive circuit – Nociception is the detection of a noxious, harmful, potentially tissue

578 damaging stimulus. A nociceptive circuit is a neural pathway that mediates the sensory detection
579 of the stimulus. It is typically a component of the behavioural, affective response of the animal to
580 a harmful stimulus i.e. pain. However, pain e.g. neuropathic pain, can occur in the absence of
581 nociception.

582 Opioid- A drug that binds to opiate receptors e.g. morphine.

583 Orexigenic/Anorexigenic – An orexigenic substance is one that stimulates appetite whilst an
584 anorexigenic substance decreases appetite. The neuropeptide orexin was named because of its
585 appetite stimulating action. As with many neuropeptides, its name does not convey its breadth of
586 physiological roles. Orexin is also a key regulator of wakefulness and a lack of orexin signalling
587 in the brain is a cause of narcolepsy.

588 Perikarya – The cell bodies of neurons.

589 Phasic release – This refers to neurotransmitter or neuromodulator release that occurs in a phasic
590 manner i.e. short periods of release interspersed with periods of quiescence.

591 Pleiotropic- The capability to elicit multiple effects from a single gene.

592 Pressor effect – A pressor substance is one that leads to an elevation in blood pressure.

593 RFamide neuropeptide – This is a family of neuropeptides that are characterized by a common
594 carboxy-terminal sequence consisting of arginine followed by phenylalanine which is amidated at
595 the C terminus.

596 Stomatogastric ganglion – This is a cluster of neurons that are part of the stomatogastric nervous
597 system in arthropods. It has been extensively studied in decapod crustaceans where it controls
598 the activity of the stomach muscles and regulates feeding.

599 Tonic release – This refers to neurotransmitter or neuromodulator release that occurs in a tonic
600 manner i.e. sustained release at a constant level.

601 Volume transmission- This is a mechanism whereby a neurotransmitter is released from a neuron

602 into the extracellular space, diluted in the extracellular fluid volume and diffuses to receptors at a
603 distance from the release site. This form of communication may be limited by the stability of the
604 neurotransmitter in the presence of extracellular enzymes and typically the cognate receptor has a
605 high affinity for the neurotransmitter due to the low concentrations that may diffuse to the target
606 site.

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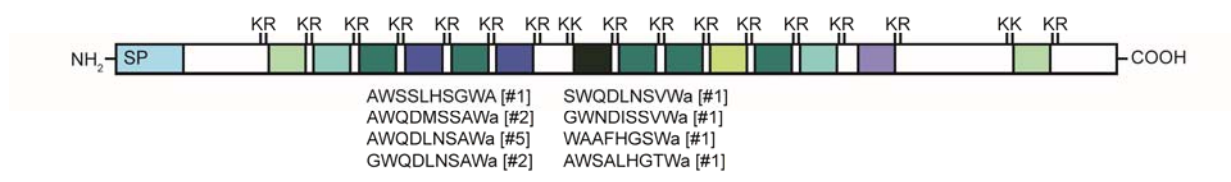
1143 **Figure 1.** Proneuropeptides and processing. (A) Structure of the myoinhibitory peptide precursor
1144 in *Bombyx mori*. ‘SP’, signal peptide, ‘KR’, dibasic cleavage sites. The precursor generates eight
1145 neuropeptides listed below. The number in brackets after each peptide indicates the number of
1146 copies produced from one precursor molecule. (B) Tissue-specific processing of the bovine
1147 proopiomelanocortin, POMC, precursor. At the top the organisation of the peptide precursor
1148 molecule with SP and dibasic cleavage sites is shown. Two panels underneath show processing in
1149 the anterior lobe of the mammalian pituitary and in the intermediate lobe and hypothalamus which
1150 generates neuropeptides as indicated. (C) Alternative splicing generates two isoforms with tissue-
1151 specific expression in *Drosophila* orcokinin. (D) Generalised summary of the steps of
1152 proneuropeptide processing.

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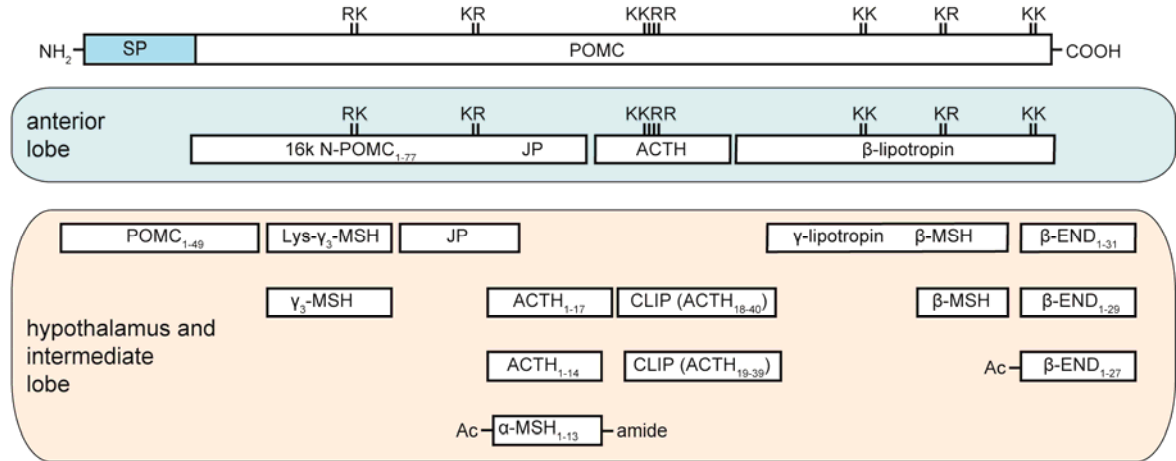
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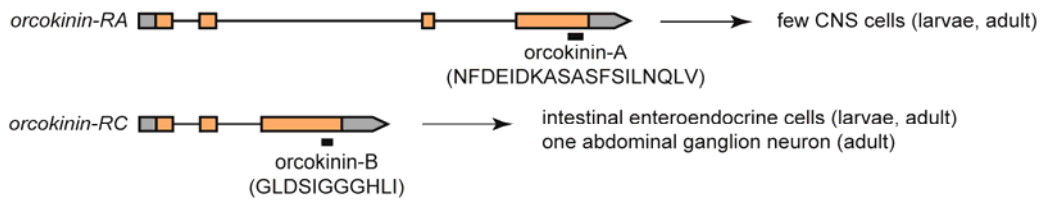
A Bombyx myoinhibitory/prothoracicostatic peptide



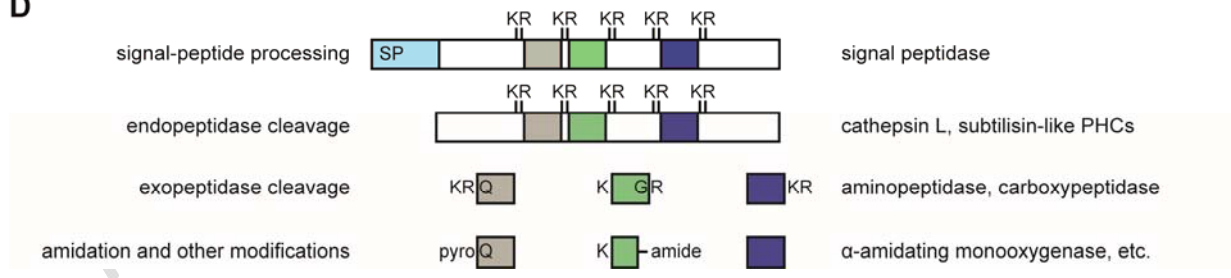
B Bovine POMC



C Drosophila orcokinin



D

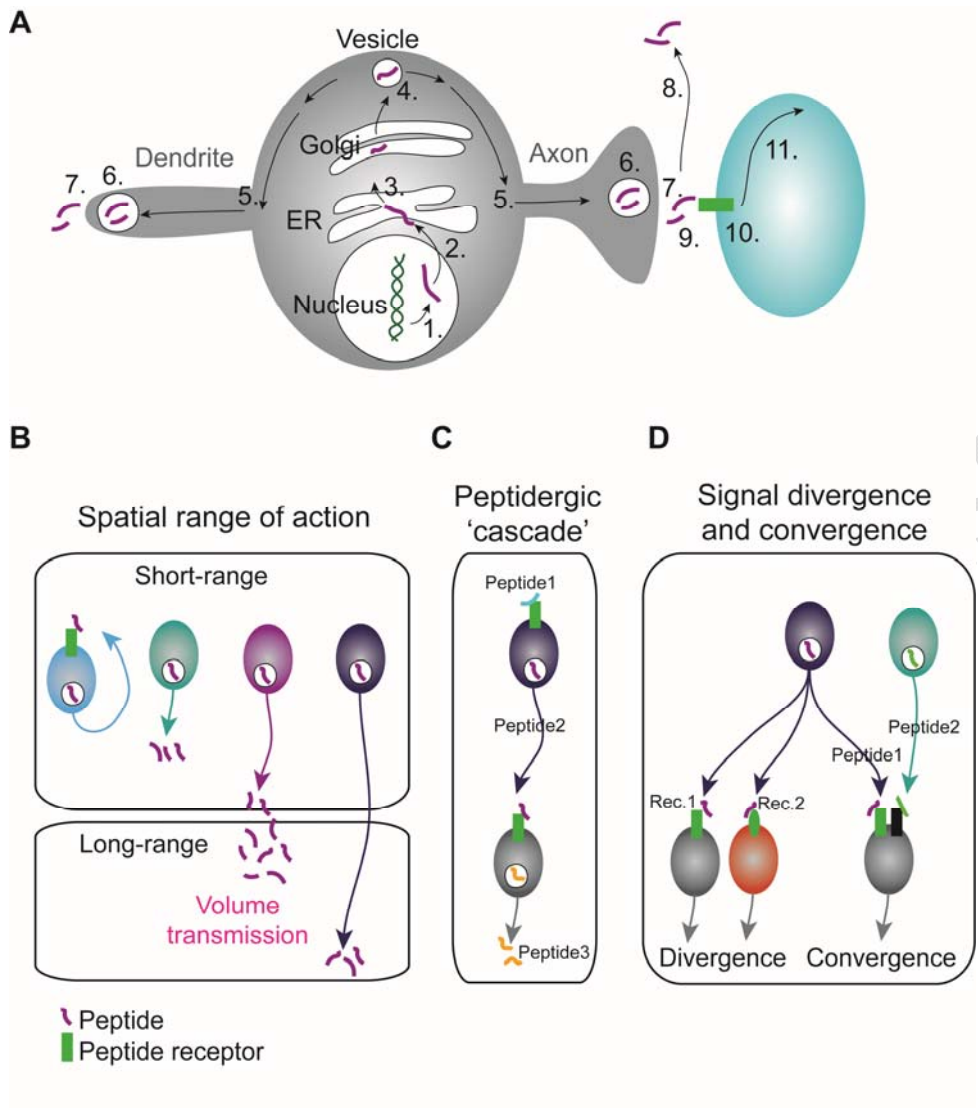


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1157 **Figure 2.** Regulation of peptidergic signalling. **(A)** Release and reception of neuropeptide signals
1158 can be regulated at (1) transcription of the proneuropeptide gene (2) translation into a
1159 proneuropeptide, (3) post-translational processing in the endoplasmic reticulum (ER), (4) sorting
1160 into Golgi vesicles (5) vesicular transport, (6) localization to readily releasable pool/priming, (7)
1161 release, (8) diffusion and degradation, (9) binding to receptors (10) expression and regulation of
1162 receptors and (11) regulation of ensuing signalling cascade. **(B)** Neuropeptides can signal across
1163 different ranges. Two short-range examples are shown enabling signalling to self (auto) or
1164 neighbouring cells, plus two long range through non-synaptic volume transmission. **(C)**
1165 Neuropeptide signalling can be organized into neuropeptide cascades. **(D)** Neuropeptide signals
1166 can be divergent, in which the same peptide activates different receptors (Rec.1 etc.) on the same
1167 or different target cells, leading to different signalling responses, or convergent, in which a number
1168 of different peptides must be present to activate associated receptors on the same cell, leading to a
1169 single signalling response.

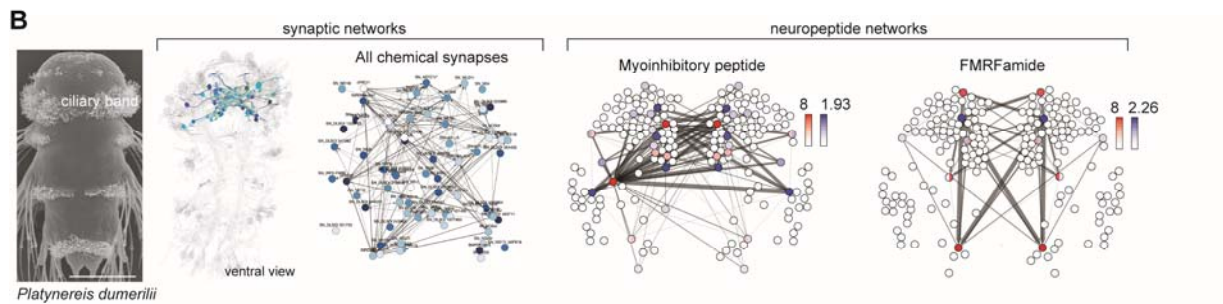
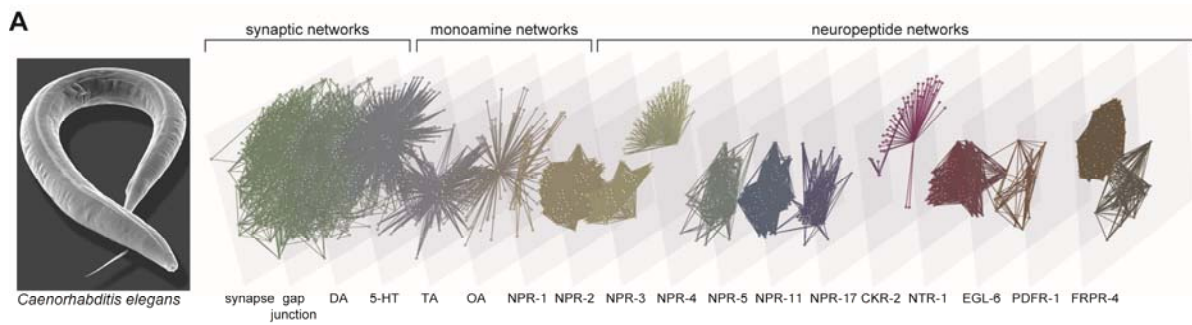
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1173 **Figure 3.** Analysis of global neuropeptide connectivity in small nervous systems. (A) Multilayer
1174 representation of synaptic (chemical synapses and gap junctions), monoamine, and neuropeptide
1175 networks in the nematode *Caenorhabditis elegans*. Nodes correspond to individual cells. (B)
1176 Mapping neuropeptidergic connections in the larval nervous system of the marine annelid
1177 *Platynereis dumerilii*. All neuroendocrine cells in the anterior brain and their synaptic connectome
1178 were reconstructed by serial electron microscopy (EM). Neuropeptidergic networks can be mapped
1179 from single-cell transcriptomic data. Images reproduced from (Bentley et al., 2016) and (Williams
1180 et al., 2017). Scanning EM images courtesy of Jürgen Berger. FMRFamide; Phe-Met-Arg-Phe
1181 neuropeptide, DA, dopamine; 5-HT, 5-hydroxytryptamine (serotonin); TA, tyramine; OA,
1182 octopamine; CKR2, cholecystokinin; NTR-1, oxytocin/vasopressin; NPR-1/2/5/11, neuropeptide
1183 F/Y receptors.
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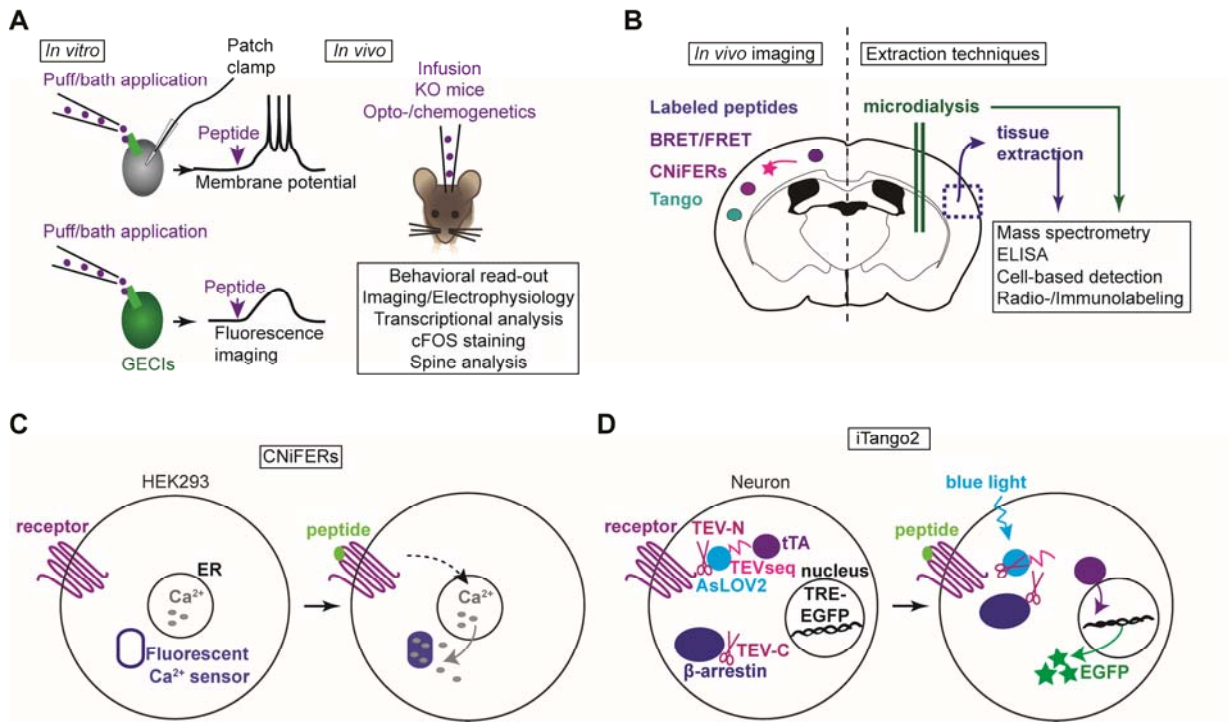
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1187 **Figure 4.** Methods to study neuropeptide signalling and release in mouse. **(A)** Bath application of
1188 neuropeptides combined with patch-clamp recording or calcium imaging with genetically encoded
1189 calcium indicators (GECIs). **(B)** The binding of labelled peptides or the release of endogenous
1190 peptides can be studied by imaging methods. Released peptides can be recovered by microdialysis
1191 followed by mass spectrometric or ELISA analysis. **(C)** Schematic of CNiFER to study
1192 neuropeptide release: Engineered cells express a receptor and fluoresce upon ligand binding. **(D)**
1193 iTango2 to study neuropeptide release: A reporter is activated by a light stimulus allowing more
1194 precise temporal and spatial analysis.

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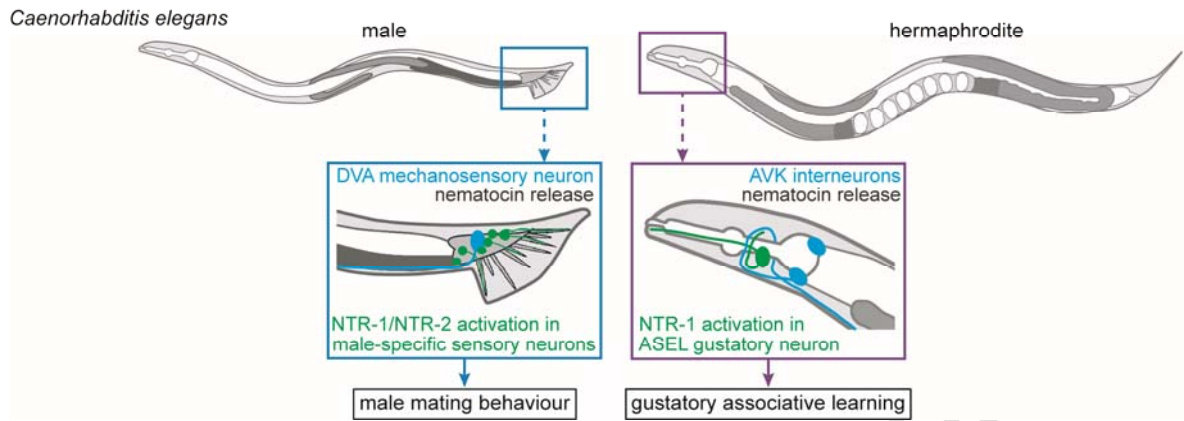
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1198 **Figure 5.** Studying the role of neuropeptide signalling in *Caenorhabditis elegans*. The vasopressin
1199 homolog nematocin signals in distinct cellular contexts to effect mating behaviour in males and
1200 gustatory associative learning in hermaphrodites. The male nematocin neurons are shown in blue
1201 and the neurons expressing the receptors, NTR-1 and NTR-2, are shown in green.
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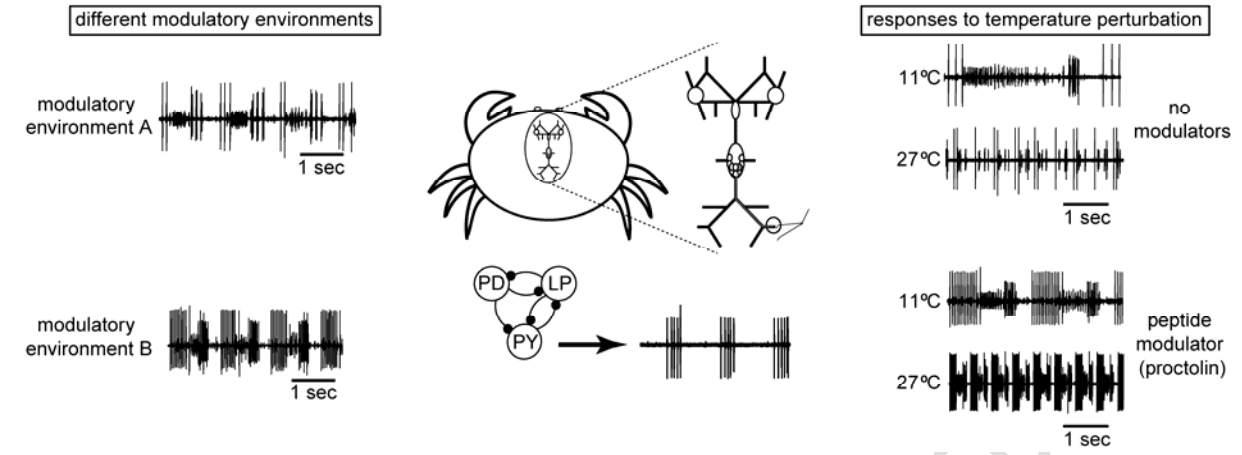
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1205 **Figure 6.** Studying neuromodulation and circuit robustness in the stomatogastric ganglion of
1206 *Cancer borealis*. (A) The stomatogastric ganglion (STG) is modulated by tens of substances,
1207 including peptides, hormonally through the hemolymph and from descending modulatory neural
1208 inputs. (B) Different modulatory environments allow for the same structural network (displayed by
1209 a simplified wiring diagram of three neurons connected with reciprocal inhibition) to produce
1210 multiple behavioural outputs. (C) Peptide neuromodulators can increase the robustness of network
1211 output in response to temperature perturbation. The rhythm is altered at 27°C when no modulators
1212 are present. The characteristic rhythm is robust to temperature increase in the presence of a peptide
1213 modulatory substance.
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Cancer borealis

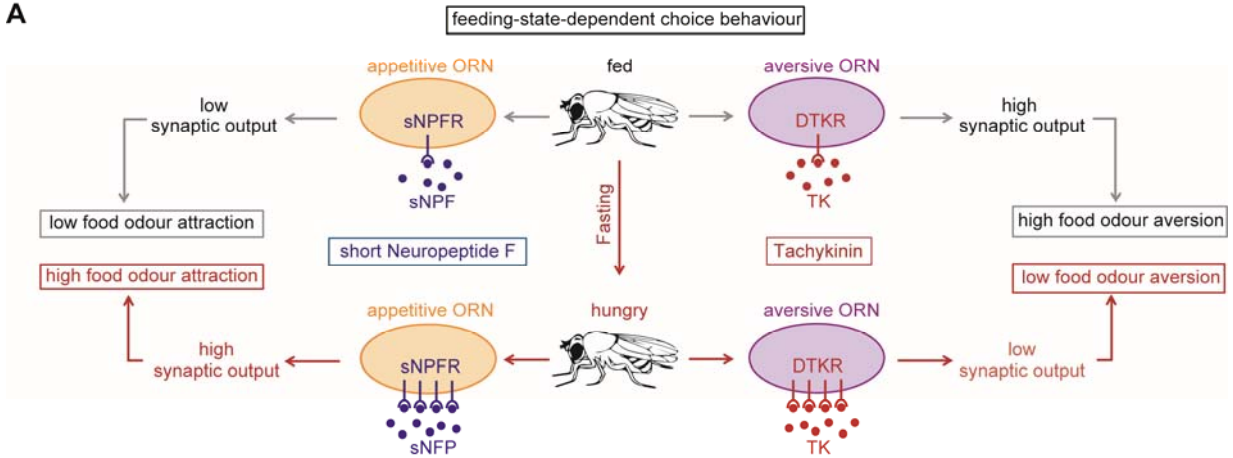
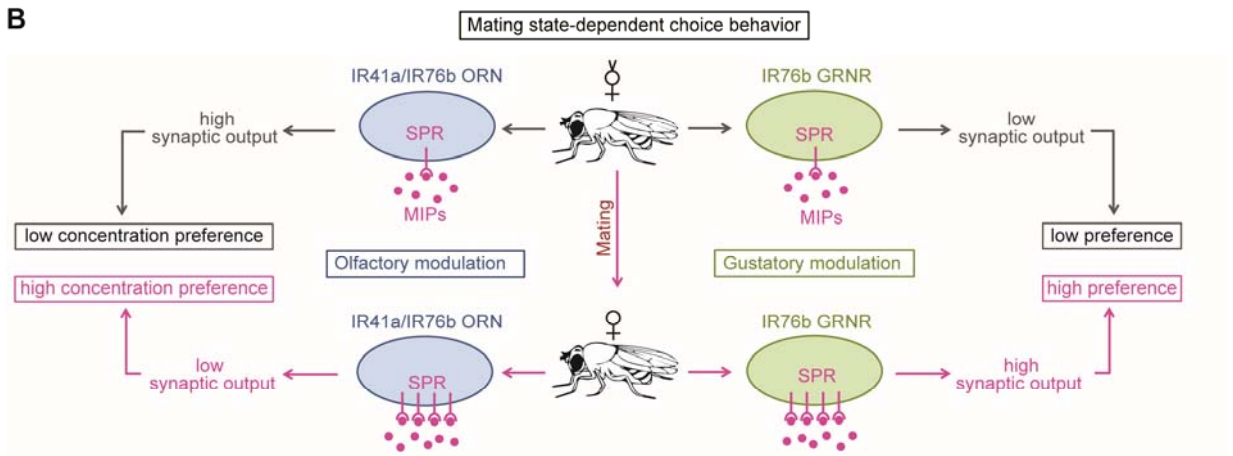


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1217 **Figure 7.** Studying neuropeptide effects in the fruit fly. **(A)** Short neuropeptide F (sNPF) and
1218 tachykinin (TK) modulate food odor preference in a feeding-state-dependent manner. Left:
1219 Starvation upregulates expression of the sNPF receptor in food attraction mediating olfactory
1220 receptor neurons downstream of insulin. sNPF, released from the same neurons, activates the
1221 receptor and triggers facilitation at the synapse between the olfactory sensory neuron and the
1222 secondary projection neurons. Right: In parallel to sNPF, the TK receptor DTRK is activated in
1223 aversion triggering ORNs by TK, released by local interneurons. This triggers inhibition at ORN-
1224 PN synapses. Together these mechanisms increase attraction to food odors in starved flies. **(B)**
1225 Myoinhibitory peptides (MIPs) regulate mating-state dependent food and oviposition site choice
1226 through the sex-peptide receptor in polyamine-sensing olfactory and gustatory neurons. SPR is
1227 upregulated in ORNs and gustatory neurons upon mating. MIPs activate SPR signalling and inhibit
1228 and activate release from the ORN or GRN, respectively. These modulations induce mated fly-like
1229 choice behaviour in virgin females. These examples demonstrate neuropeptidergic modulation at
1230 the first level of sensory processing and suggest that internal states lead to information filtering
1231 before it can be detected by higher cognitive centres in the brain. DTKR, tachykinin-like peptides
1232 receptor; ORN, olfactory receptor neuron; GRNR, gustatory receptor neuron; sNPFR,
1233 sNPF receptor; SPR, sex-peptide receptor.
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A**B**

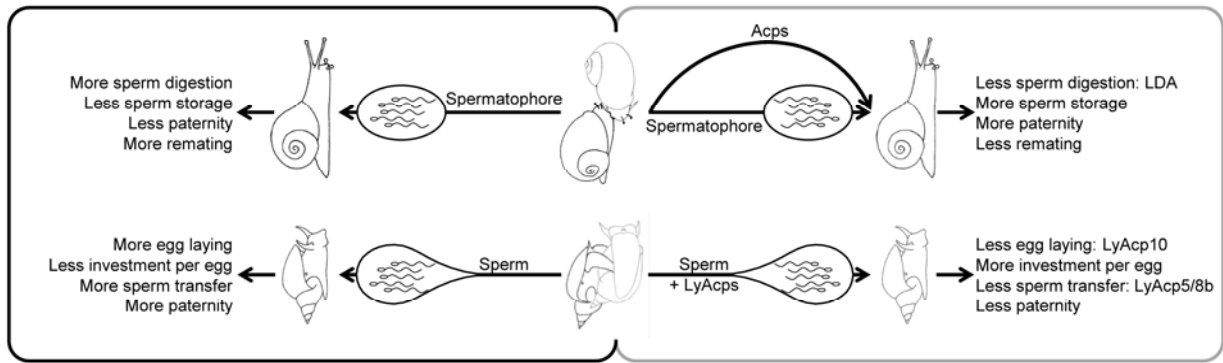
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1237 **Figure 8.** Modulation of reproductive processes in simultaneous hermaphrodites by accessory
1238 gland proteins. Accessory gland proteins (Acps) are transferred during mating in gastropods. Two
1239 species are shown, the land snail *Cornu aspersum* and below the fresh water snail *Lymnaea*
1240 *stagnalis*. On the right the effects of Acps on the recipient (in gray) are shown. For *C. aspersum*,
1241 Acps are transported via the love dart separate from the sperm package (spermatophore; depicted
1242 as an oval with sperm inside); for *L. stagnalis* the Acps are transferred via seminal fluid (depicted
1243 as a drop shape containing sperm). The identified proteins are indicated along with their
1244 demonstrated effect (i.e. LDA, LyAcp). The left side indicates what would happen in the absence
1245 of these Acps.
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