Poor dentition
Swallowing difficulty
Sensory impairment

Cognitive impairment

Fewer, smaller meals
Limited food choices

Reduced nutrient intake

Impaired immunity, greater infection and slower recovery

Nutrition, Health and Ageing

DISEASE RISK PROFILE

Genes

Maternal diet
Infant feeding
Dietary quality
Epigenome
Infections
Microbiota
Weight gain
Education
Obesity
Socioeconomic factors
Drug use
HIV exposure
Physical activity
Ethnicity
Microbiota
Pregnancy and breastfeeding
Occupational exposures
Alcohol consumption
Pollution
Cigarette smoking

Sex

Psychological stressors
Epigenetic drift
Dietary quality
Poverty
Menopause
Inflammation
Chronic conditions
Dentition
Sarcopenia
Obesity
Cognitive function
Medication and polypharmacy
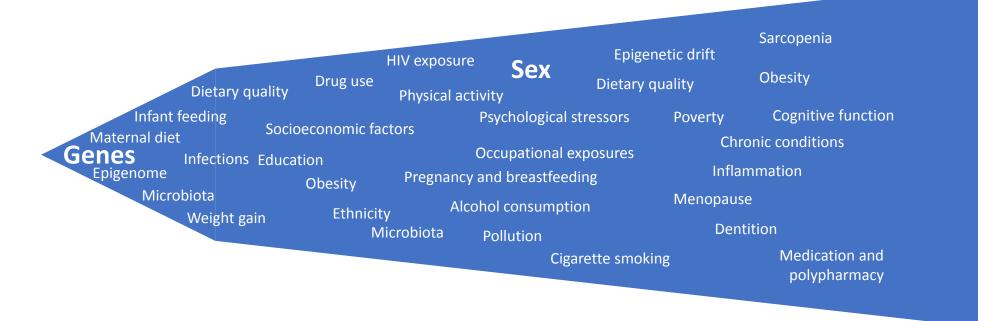
Fetus   Infant   Child   Adolescent   Adulthood