Records identified through database searching: PubMed, Web of Science and Scopus "from January 2000 to 20 November 2017" (n = 546)Records after duplicates removed (n = 341)Records screened Records excluded for reasons specified in (n = 341)the Methods section (n = 322)Full-text articles excluded (n= 8) for the Full-text articles assessed following main reasons: for eligibility unsatisfactory study design (n= 6) (n = 19)unsatisfactory outcome measure (n= 2) Studies included in qualitative synthesis (n = 11)Studies included in quantitative synthesis (meta-analysis, n = 11)n = 8 cross-sectional studies n = 3 longitudinal studies