**Figure 1. PRISMA Flow Diagram**

Additional records identified through other sources  
(n = 1412)

Full-text articles assessed for eligibility  
(n = 925)

Records excluded  
(n = 15244)

Abstracts screened  
(n = 16169)

Titles screened

(n=22450)

## Identification

## Eligibility

## Included

## Screening

Records identified through database searching  
(n = 21038)

Studies included in qualitative synthesis  
(n =214 trials reported across 311 papers)

Full-text articles excluded, with reasons  
(n = 523);

Studies awaiting assessment (n=18);

Ongoing studies (n=83)