Data Resource Profile: Cohort & Longitudinal Studies Enhancement Resources (CLOSER)

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Longitudinal studies, data discoverability, data harmonisation, data linkage, cross-study

# Data Resource Basics

## Context & Challenges

The United Kingdom (UK) has a long history of longitudinal research. The first national birth cohort study was set up in 19461, and by 2014, one in 30 UK residents were participants in a cohort study2. The first UK household panel study commenced in 1991. As the number of longitudinal studies has increased, the utility of cross-study research has become ever more apparent. In isolation, longitudinal studies can help assess trends and changes amongst the same individuals over time, but the collation and comparison of data from across studies can also allow researchers to track, quantify and validate changing characteristics at the population level and across generations. Such collation also provides scope for the replication of analyses and, through increased statistical power, helps researchers to investigate rare events and detect smaller associations. Linkage with administrative datasets can similarly produce new research possibilities. Effective collection, integration and use of longitudinal study data does face challenges however, such as:

1. divergences in the construct definitions and measurement approaches used over time, between studies and across disciplines;
2. gaps in data coverage, due either to the periodic nature of study sweeps (i.e. data collection waves) or to incomplete responses and participant attrition;
3. increased volume of data, potentially making discoverability of specific variables, and particularly longitudinally equivalent variables, more difficult;
4. data harmonisation and linkage work being undertaken in isolation or anew, potentially duplicating effort and increasing the risk that unintended variations emerge.

Addressing these challenges requires collaborative effort. Drawing together expertise from different disciplines can equip us to identify new learning opportunities and to establish effective tools and standards for facilitating and improving longitudinal research both within and across individual studies. It also provides a basis on which to build new inter- and cross-disciplinary partnerships, enabling the exchange of both knowledge and skills.

## The Origins & Aims of CLOSER

The Cohort & Longitudinal Studies Enhancement Resources (CLOSER) consortium was established in October 2012, under the leadership of Professor Jane Elliott, and subsequently Professor Alison Park. The consortium was founded in response to the growing need to foster the integration, enhancement and use of longitudinal data. CLOSER is based at the UCL Institute of Education, UK, and its partners include eight UK longitudinal studies, chosen to reflect a range of longitudinal studies across the biomedical and social sciences domains. Oversight and support for the work undertaken by CLOSER is provided by both a five-member Executive Group and a consortium-wide Leadership Team.

The studies within the consortium are listed below, along with their participant numbers at the initial wave of data collection:

* The **Hertfordshire Cohort Study** (HCS)3, a cohort of 3,225 men and women born between 1931 and 1939 in the UK county of Hertfordshire, who have been studied across 8 sweeps of data collection to date, with the first sweep occurring when participants were at a mean age of 66;
* The **Medical Research Council** (MRC) **National Survey of Health and Development** (NSHD)1,4,5, a nationally representative birth cohort comprising 5,362 men and women born in Britain (England, Scotland or Wales) in 1946, with 25 sweeps of data collection completed to date including an initial sweep at birth;
* The **1958 National Child Development Study** (NCDS)6, a birth cohort comprising 17,415 men and women born in Britain during a single week in 1958, with 11 data collection sweeps completed to date including an initial sweep at birth;
* The **1970 British Cohort Study** (BCS70)7, a birth cohort comprising 17,198 people born in Britain during a single week in 1970, with the first sweep occurring at birth followed by a further 9 sweeps to date;
* The **Avon Longitudinal Study of Parents and Children** (ALSPAC)8,9 comprises 14,500 men and women born in the former UK county of Avon in 1991-1992, as well as their parents and own children; they have undergone 32 data sweeps, whilst their parents have undergone 23 sweeps and the next generation of children have undergone 24 sweeps to date;
* The **Southampton Women’s Survey** (SWS)10, a birth cohort comprising 3,158 children born to a sample of 12,583 women who had been recruited prior to conception (at ages 20-34 years) between 1998 and 2002 in Southampton, England, with 4 sweeps of data collection pre-birth, 8 completed from birth onwards, and a further sweep currently underway with completion expected in 2020;
* The **Millennium Cohort Study** (MCS)11,12, a nationally representative birth cohort comprising 19,517 children born in the UK (Britain and Northern Ireland) during 2000-2002 who have been assessed across 6 sweeps to date with the first sweep occurring at 9 months and a further 7th sweep being undertaken currently with completion expected in early 2019;
* **Understanding Society: The UK Household Longitudinal Study** (UKHLS)13, a panel survey comprising 39,802 households across the UK whose members have been interviewed annually since 2009-2010, with 8 sweeps completed to date. All members of the household are part of the sample, with parents responding on behalf of any participants aged under 10. This study incorporates 8,000 households from the British Household Panel Survey, which began in 1991 and comprised 18 data collection sweeps.

The consortium additionally includes the UK Data Service and the British Library.

CLOSER has five areas of work:

1. **Data discoverability** – Given the breadth of social and biomedical data that has been collected over the past 75 years by UK longitudinal studies, finding specific variables and information about their mode of collection can be challenging due to the volume of data involved and changing data collection practices. CLOSER works to ensure such information is more easily indexed and searchable across studies as well as across time.
2. **Data harmonisation** - CLOSER works to extend the comparability and compatibility of data across longitudinal studies through a series of work packages that, in addition to addressing specific scientific questions, are tasked with systematically identifying equivalent measurements across studies. The work culminates in the creation and dissemination of harmonised datasets for continued research usage.
3. **Data linkage** - CLOSER aims to further extend the quality and scope of longitudinal study data by developing resources to facilitate the linkage of administrative datasets to these study data.
4. **Impact** - CLOSER undertakes a range of activities to improve the visibility of longitudinal data and evidence among practitioners, policy makers, parliamentarians, and third sector organisations. CLOSER also draws upon the strength of its members to advocate for a more conducive landscape for longitudinal research. These efforts particularly aim to help drive the development of legislation that facilitates research, or involve working with regulators and key stakeholders to help promote understanding and effective implementation of existing legislation.
5. **Training and knowledge exchange** - CLOSER draws upon its experience and that of its study partners to develop resources focused on building professional and research capacity and skills in the management, conduct and analysis of longitudinal studies.

Underpinning these five branches of work is CLOSER’s intention to encourage best practice in longitudinal research through the development and dissemination of guidance on effective cross-study research strategies (including through harmonisation and linkage work packages, more details of which are provided below), the fostering of interdisciplinary research work and networking activities, and the provision of diverse resources and opportunities for professional development and capacity building. CLOSER’s five areas of work align with the research priorities identified in the Economic and Social Research Council’s (ESRC) recent Longitudinal Studies Strategic Review14, which identifies CLOSER as an important resource for longitudinal studies in the UK.

# Data Collected

## Measures and Data Enhancements

The data which form the basis of CLOSER’s work come from over 80,000 participants in seven UK birth cohort studies and approximately 100,000 members of almost 40,000 households partaking in a UK panel survey. These data have been collected using self-report questionnaires, interviews, and clinical assessments, capturing participants’ characteristics throughout their life-course and across multiple generations. These data and detailed information on their collection have been sourced by CLOSER and used in the development of new and enhanced resources, as outlined in Figure 1 and discussed in the following sections.

[Please insert Figure 1 here]

#### Metadata Collation and Enhancement

Metadata, which has widely been defined as ‘data about data’15, is any information that describes the provenance, format, and meaning of data. The completeness and accuracy of metadata documentation is key in encouraging data reuse and study reproducibility16 and the interpretation of research findings. Without appropriate documentation, cross-study data integration efforts are also greatly limited.

CLOSER has collated and enhanced metadata from each of its partner studies to help researchers identify relevant variables across these different sources and to provide comprehensive contextual information to facilitate their use. These metadata have been catalogued in detail according to the Data Documentation Initiative Lifecycle (DDI-L) standard for the documentation of observational measurements17. This provides advantages in terms of enabling cross-cohort comparisons, improving efficiencies in software development through the adoption of an existing data specification framework, and the potential to transform these formatted metadata efficiently to other standards.

The metadata comprise three distinct elements: 1) descriptive metadata for each of the studies; 2) a CLOSER harmonised ontology which enables the grouping of data/metadata into topic areas; and 3) the structural metadata with associated intra- and inter-study cross-referencing of comparable measures.

The assembled metadata are made publicly and freely available via an online repository, called CLOSER Discovery, that enables users to locate and explore study questions and variables via text search and filter functions. The repository provides descriptive statistics on the available data for each variable, as well as information on its lineage (such as the study, sweep and questionnaire/data file sources). Figure 2 illustrates the hierarchical process by which the metadata are collated.

Currently, Discovery comprises information sourced from 93 sweeps of the 8 CLOSER partner studies, with 79,412 study variables documented to date. These metadata are categorised according to the period of life they cover and the research topics to which they apply (also illustrated in Figure 2). The repository continues to expand as studies conduct new sweeps, and studies outside the CLOSER consortium are also now being added. The first of these is the Whitehall II occupational cohort, a study of 10,308 British civil servants which commenced in 198518. CLOSER has also recently published a catalogue of the extensive biomarker data collected by CLOSER’s partner studies19, supplementing the utility of Discovery. This provides additional guidance on definition, measurement and interpretation of biomarkers drawn from blood, urine and saliva samples. An overview of the genetic data available from the CLOSER studies is available on the CLOSER website.

CLOSER’s comprehensive documentation of the diverse information collected by UK longitudinal studies helps researchers to effectively locate, use and interpret the large volumes of participant data available. The detailed archiving can assist study coordinators seeking to ensure backward equivalence is achieved in future study sweeps. Similarly, given the detailed cross-study coverage of variables and the data they include that is offered by CLOSER’s metadata resources, these resources are of particular relevance to data harmonisation and linkage efforts.

[Please insert Figure 2 here]

#### Harmonised Variables/Datasets

Whilst multiple techniques are available for the joint analysis of data from different studies, such as aggregate data meta-analysis, identifying equivalence in individual-level data further increases the data’s utility and analytic possibility20. However, this is made complex by the considerable differences in topic coverage and assessment tools that exist both between and within studies, reflecting developments in understanding and assessment practices over time. These variations require recognition and accommodation in any retrospective data harmonisation attempt. Harmonisation strategies themselves can differ between research groups, and there is consequently a need to better coordinate the standardisation and integration of participant data across studies21. Once retrospective harmonisation has been carried out, this can help provide clarity regarding concepts and instruments and thus encourage prospective harmonisation in future sweeps of data collection.

The CLOSER consortium is addressing the challenges of retrospective harmonisation by developing harmonisation guides and datasets for wider research usage. Nine separate work packages, covering a broad array of applied topics and using a selection of the different CLOSER studies, have been completed to date (see Figure 3). The work packages have each documented the decision-making process involved in the harmonisation, including sample selection, data cleaning, and potential limitations. This information is provided in user guides that accompany all harmonised dataset releases. Before release, pseudonymisation of the datasets is performed to ensure participant confidentiality across the data management and sharing process. Two sets of harmonised data have been made available via the UK Data Service with more releases forthcoming. These datasets cover more than six decades of assessment, and enable researchers to examine how diverse biomedical and social characteristics of the UK population have changed across this period. Additional detail on these harmonisation work packages, including information on the harmonisation approaches used and descriptions of the variables derived, is available in the supplementary materials.

Eight more harmonisation work packages are in progress. These cover additional research areas, including dietary data, physical activity measures, and DNA methylation data (see Figure 3). Upon completion, datasets and other resources produced from this work will be made available by CLOSER.

[Please insert Figure 3 here]

#### Data Linkage

Linking data held within administrative systems to the data collected by longitudinal studies can enhance the analytic potential of both forms of data, by allowing analysts to combine the rich and varied data collected by longitudinal studies and with the detail offered by administrative data22. Linkage can potentially reduce the data collection load on study participants in certain areas of study23 and help further clarify the relevance of research outputs to decisions on policy and service provision24. Linkage can also enable the cross-validation of self-reported and administrative data25,26 and help address data incompleteness and sampling biases27,28. However there are a number of practical obstacles to data linkage within the UK, reflecting a range of legal, ethical and social constraints29, with different data sources having different access requirements and restrictions23. Identifying and adopting appropriate strategies for obtaining consent and approval is key30,31.

CLOSER has coordinated a series of work packages to help improve access to such linked data and promote good practice in this area. These have examined and undertaken the linkage of administrative datasets to longitudinal studies, covering a range of research areas (see Figure 4) and complementing other linkage work being undertaken by the individual CLOSER studies. An awareness of the risk and impact of linkage error and bias has informed this work.

Studies seeking to link centralised healthcare records to longitudinal research data face several challenges. In recognition of this, CLOSER has worked in tandem with its study partners to develop resources documenting mechanisms by which approval for such linkage can be achieved32.

CLOSER has reviewed the scope and potential of geographical variables which could be linked to UK longitudinal data33. It has also expanded the number of studies with geo-coded participant address data (geo-coding to location at a postcode level) in order to facilitate linkage to associated contextual identifiers such as electoral, health and census geographies. This improves researchers’ ability to conduct multi-level modelling, to evaluate changes in geographical characteristics across different time periods and to link additional natural and social environmental data to study data (e.g. pollution exposures, green space provision, neighbourhood quality indices). Further information on the diverse outputs from CLOSER’s data linkage work packages, including information on the linkage methodologies used, is available in the supplementary materials.

Two new data linkage work packages are also now planned, looking at linkage of primary care electronic patient records and social media data (see Figure 4). Their outputs will also be released via the CLOSER website. CLOSER is also continuing to augment its work on improving linkage practice through engagement with data owners and key stakeholders in the UK.

[Please insert Figure 4 here]

#### Training and Knowledge Exchange

CLOSER develops a range of resources for training, capacity building and knowledge exchange. These focus particularly on building professional and research capacity and skills in the management, conduct and analysis of longitudinal studies. They typically take the form of workshops and/or resource reports, with relevant examples including a workshop and report on developments in new technology for health-related data capture in longitudinal studies34 and a report on NHS Numbers (patient identifiers) and key features of their use with regard to longitudinal studies35. CLOSER has recently run a workshop on the opportunities and challenges of creating and using harmonised datasets, including examples of research undertaken with the CLOSER harmonised datasets described above and the constraints they encountered in producing comparable data using different data sources36. To help disseminate the learning from such events and encourage wider knowledge exchange, the materials from these workshops are made available for access and reference via the CLOSER website.

CLOSER has also produced a data resource for educational use. Using NCDS data, CLOSER has derived a cleaned and pseudonymised training dataset for students and educators. This dataset comprises 89 variables assessed across eight study waves from 1958 through to 2008. Information on the dataset is available via the CLOSER Learning Hub, an educational platform developed by the consortium. This platform provides training materials for students and educators that introduce the fundamentals of longitudinal research. Using actual data and published study outputs, the Learning Hub offers instruction on terminology, design issues and analytic methods. The platform has evidence sections dedicated to reviewing specific research areas and papers in detail. The site also provides teaching exercises specific to the training dataset, with answer sheets provided that enable learners to appraise their work.

## Ethical clearance

The work undertaken by CLOSER received ethical approval from the UCL Institute of Education (FPS-447-CLOSER).

## Funding sources

The CLOSER consortium is supported by funding from the Economic and Social Research Council (ESRC) and the Medical Research Council (MRC). An initial grant for this work was awarded to CLOSER in 2012 and extended in 2017 (award reference: ES/K000357/1).

# Data Resource Use

## Harmonised Anthropometric and Socio-Economic Measures

CLOSER’s data resources have been used in several research projects to date, with more forthcoming as the current work packages conclude. An example is the cross-study research that has been undertaken on body size and composition measures, part of CLOSER’s data harmonisation efforts. This harmonisation involved the integration of data from 56,425 participants across five cohort studies within the CLOSER consortium. The resultant datasets provide participant weight, height and body-mass index (BMI) variables, alongside information on measurement method (self-report or directly assessed), units used (imperial or metric), and measurement precision. The datasets also include a cohort study identifier, a pseudonymised participant code, and demographic details. Table 1 summarises the data available for the key harmonised variables, with the number of waves and counts provided for each of the source studies. These datasets have recently been used together in an investigation of obesity trajectories across the lifecourse and whether these differ between older and younger generations of UK residents37.

[Please insert Table 1 here]

These data have also been linked to a second set of CLOSER’s data outputs in which longitudinal measures of socioeconomic position (based on occupational social class) were harmonised across four of the CLOSER partner studies. The variables, studies and participant counts are outlined in Table 2. These socio-economic data have been used alongside the harmonised anthropometric data in two recent studies evaluating lifecourse changes and generational differences in the association between body size and socioeconomic inequality38,39.

[Please insert Table 2 here]

The socioeconomic data will be extended in the near future. Data on income collected at a greater number of study waves than that shown in Table 2 has been harmonised and will be made available to researchers via the CLOSER series’ page on the UK Data Service website, as described in the ‘Data Resource Access’ section.

## CLOSER Discovery

CLOSER Discovery’s interface and search functionality are designed to encourage exploration of the variables collected by participating longitudinal studies and to then provide comprehensive detail on any relevant variables identified. Specific metadata can be retrieved via the Discovery website’s search engine. This tool allows researchers to enter any character string as a search query (e.g. “asthma”), and to restrict the search to the study and/or life stage of interest. Alternatively, this information can be accessed by browsing the thematic groupings of the variables as listed on the site’s ‘Explore’ tab. Once researchers locate a variable of interest, the Discovery site provides a detailed metadata summary describing data values, counts and missingness. An example Discovery search process, including the search result, is illustrated in Figure 5. Discovery allows researchers to collate variable lists for future retrieval, and these are retainable across sessions through the creation of a site account. Researchers can also export these variable lists (and their associated metadata) in either a print-ready PDF format or as a DDI XML file for use with external software and to facilitate efficient data extraction in the study repositories.

[Please insert Figure 5 here]

CLOSER is currently working to establish equivalency between variables to improve the ease with which researchers can identify related variables across multiple sweeps of a study and between studies. To date, these ‘Concordance Variables’ have been identified and made available via Discovery for the ALSPAC study. Future work will document concordance variables for all studies listed on the repository.

In addition to aiding data discoverability and guiding researchers in their engagement with study metadata, Discovery is also being used to assess and develop standards for data documentation. CLOSER is actively involved in the DDI Alliance, and work on this resource has been presented at a number of international conferences on metadata management40,41.

# Strengths and Weaknesses

By bringing together existing longitudinal studies and sponsoring new research projects that use these data, CLOSER is equipped to identify best practice in longitudinal research and to document solutions to the hurdles faced in the use of such studies’ data. The principal benefits of CLOSER’s work include: (i) the broad, cross-study focus that facilitates collaborative, inter-disciplinary endeavours, including support for networking, knowledge/skill exchange, stakeholder engagement (particularly with regard to the policy-making community), and advocacy work; (ii) the centralised access to detailed information on the many variables collected across multiple sweeps by different longitudinal studies; (iii) the widened perspective on patterns of generational change offered by the harmonised datasets created by CLOSER and its collaborators; (iv) the increased breadth of insight and potential for improved data validity offered by linking administrative datasets to the CLOSER partner studies; and (v) the sourcing of diverse expertise to generate free-to-access outputs, as well as training tools and workshops. The benefits of CLOSER’s work in these areas were clearly acknowledged in the ESRC’s recent review of the longitudinal study landscape14. CLOSER Discovery in particular is identified in the report as an important aid to researchers seeking information on available study data.

The production of CLOSER’s resources has included challenges however. CLOSER has worked to integrate data, establish learning tools and improve research impact from across diverse studies, but these studies also have different aims and objectives, which have influenced their designs and can make their comparisons challenging. The scale of the work undertaken by CLOSER means that its focus has to date primarily been on data collected by its study partners, but efforts are now being made to expand this coverage to new studies. Even as harmonisation practices improve, there will continue to be limitations to the extent to which harmonisation can be performed for all variables. Where there are sizable differences in the operationalisation of variables or calibration of measurement instruments, it may not be feasible to attempt harmonisation. CLOSER is undertaking work in this area however to assess the scope and impact of such calibration issues42. All longitudinal study data are vulnerable to participant attrition and data missingness. Linking administrative data to longitudinal studies can address some gaps in coverage, but the data resources that CLOSER generates will still always require consideration of the presence and impact of missing data. Finally, there will always be challenges in securing administrative data linkage, as licencing agreements can vary, information governance policies are subject to change and access negotiation can be time- and resource-intensive process. Recognising this, CLOSER is documenting the challenges faced in data linkage efforts and is publishing guidance for other researchers on how to navigate such difficulties.

# Data Resource Access

The CLOSER Discovery metadata and data enhancement programme is hosted on the CLOSER website (https://discovery.closer.ac.uk/). The website includes the detailed filter and search functionality outlined above. Training materials for researchers interested in Discovery are available on the CLOSER site. The data management software that has been developed by CLOSER during the creation of CLOSER Discovery are hosted on the consortium’s GitHub site (<https://github.com/CLOSER-Cohorts>).

To assist researchers undertaking data integration work such as harmonisation or linkage, CLOSER has published resource reports and guidance documents on its website (https://www.closer.ac.uk/resources/). The site also includes slides and recordings from workshop presentations on these topics. The harmonised datasets produced by CLOSER are made available via the consortium’s series record on the UK Data Service (<https://discover.ukdataservice.ac.uk/series/?sn=2000111>). Currently this includes three datasets comprising height, weight, and BMI measures from five UK longitudinal cohort studies (NCDS, BCS70, MCS, NSHD, and ALSPAC) and four additional datasets providing harmonised socio-economic data for four of these studies (BCS70, MCS, NCDS, and NSHD). Data sourced from NCDS, BCS70 and MCS are available under UK Data Service’s End User Licence requiring researchers to complete user and project registration to access the data. For data sourced from ALSPAC and NSHD, Special Licence usage terms apply and, in addition to the requirements of the End User Licence, researchers are required to submit a detailed research application for review prior to data release. Guidance on accessing the original data from the CLOSER partner studies is provided, alongside details on genetic data availability, on CLOSER’s main website (<https://www.closer.ac.uk/how-to-access-the-data>).

CLOSER’s training materials can also be accessed via CLOSER’s website, with a specific section dedicated to the CLOSER Learning Hub (<https://learning.closer.ac.uk>). This includes links to the CLOSER training dataset which is hosted by the UK Data Service. Materials from CLOSER’s previous training events are also made available on the CLOSER website, including content from CLOSER’s recent workshop on cross-study data harmonisation (<https://www.closer.ac.uk/news-opinion/blog/crossstudy-research-overcoming-obstacles-uncovering-opportunity/>).

Further datasets from CLOSER’s harmonisation work will also be made available via CLOSER’ series page on the UK Data Service. The geographical identifier data developed as part of CLOSER’s data linkage work are also available from the UK Data Service. Researchers who use CLOSER data resources, including the harmonised datasets, are requested to appropriately cite them in research outputs. Citation guidance is provided with all data downloads.

# Profile in a Nutshell

* CLOSER is a collaboration of multiple British longitudinal studies, as well as the UK Data Service and British Library. This consortium has been established to encourage improvements in the quality of longitudinal research, the data collected in such research, and the impact of its findings.
* Drawing upon questionnaire and clinical sample data from seven UK or Britain-based birth cohorts and one UK household panel study, CLOSER has developed a range of resources and tools to help facilitate the work of epidemiological and other researchers.
* CLOSER has developed a searchable metadata repository that offers detailed documentation on the data collected across these longitudinal studies, aiding data discoverability (<https://discovery.closer.ac.uk/>).
* CLOSER has also coordinated a series of work packages on the harmonisation and linkage of longitudinal study data, covering a range of demographic, socioeconomic, educational, and health domains. Datasets and learning tools have been developed as part of this work, and these resources are made available to researchers and practitioners via the CLOSER website (<https://www.closer.ac.uk/>) and the UK Data Service (https://discover.ukdataservice.ac.uk/series/?sn=2000111).

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# Table Titles

#### Table 1

CLOSER Harmonised Height, Weight & BMI Variables: Data Summary

#### Table 2

CLOSER Harmonised Socioeconomic Position (SEP) Variables: Data Summary

# Figure Titles

#### Figure 1

CLOSER’s Process of Data Resource Development

#### Figure 2

CLOSER Discovery: Current Coverage & Content

#### Figure 3

Complete CLOSER Data Harmonisation Work Packages

#### Figure 4

Complete CLOSER Data Linkage Work Packages

#### Figure 5

Example of CLOSER Discovery Variable Search: Current Asthma Status amongst UKHLS Participants with Prior Asthma Diagnosis