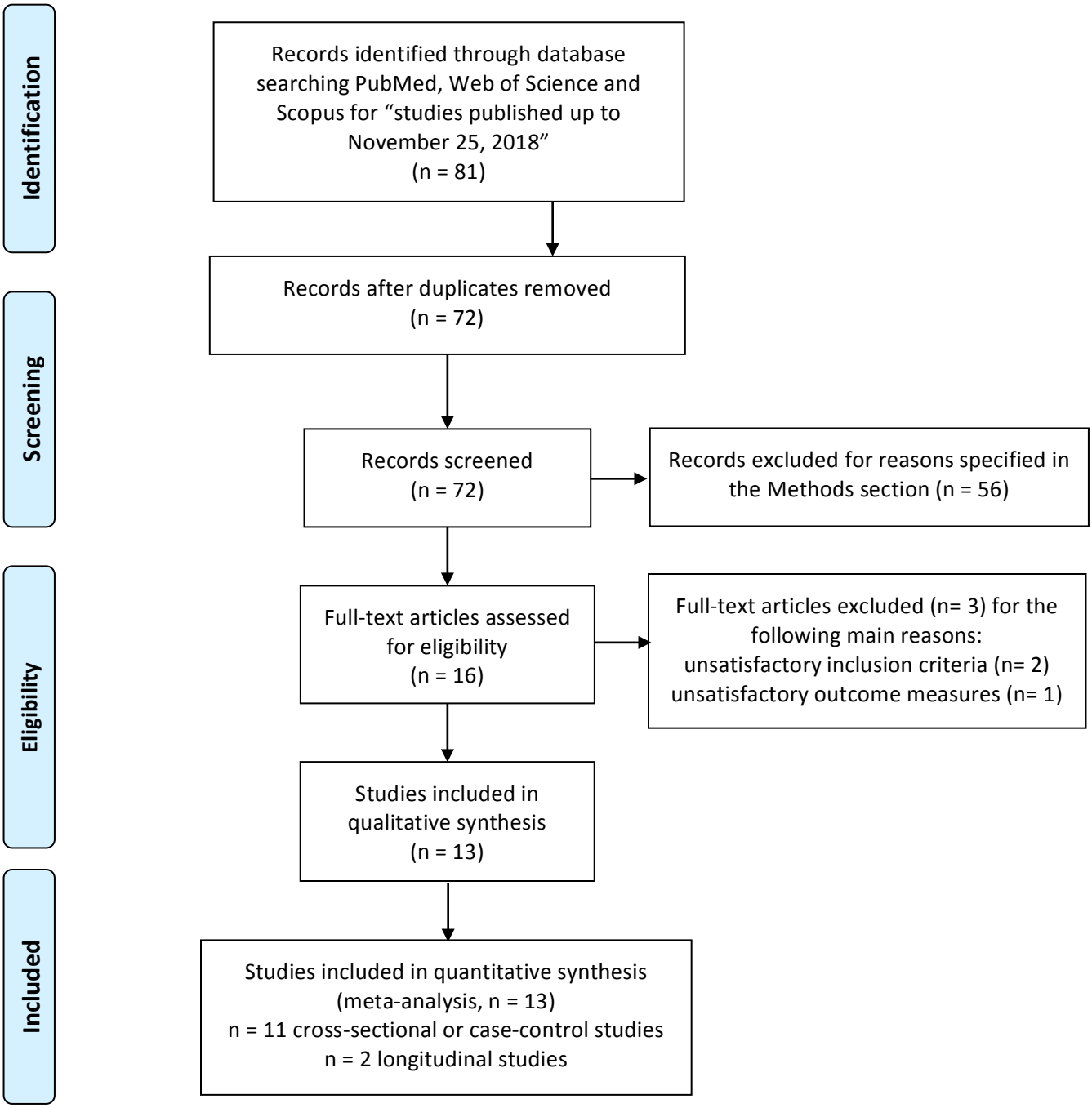
Identification
Screening
Eligibility
Included
Records identified through database searching PubMed, Web of Science and Scopus for "studies published up to November 25, 2018" (n = 81)
Records after duplicates removed (n = 72)
Records screened (n = 72)
Records excluded for reasons specified in the Methods section (n = 56)
Full-text articles assessed for eligibility (n = 16)
Full-text articles excluded (n= 3) for the following main reasons:
unsatisfactory inclusion criteria (n= 2)
unsatisfactory outcome measures (n= 1)
Studies included in qualitative synthesis (n = 13)
Studies included in quantitative synthesis (meta-analysis, n = 13)
n = 11 cross-sectional or case-control studies
n = 2 longitudinal studies