

Dynamic cerebral autoregulation reproducibility is affected by physiological variability

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58 **ABSTRACT**

59 Parameters describing dynamic cerebral autoregulation (DCA) have limited reproducibility.
60 In an international, multi-centre study, we evaluated the influence of multiple analytical
61 methods on the reproducibility of DCA. Fourteen participating centers analyzed repeated
62 measurements from 75 healthy subjects, consisting of five minutes of spontaneous
63 fluctuations in blood pressure (BP) and cerebral blood flow velocity (CBFv) signals, based on
64 their usual methods of analysis. DCA- methods were grouped into three broad categories,
65 depending on output types: 1. Transfer function analysis (TFA); 2. Autoregulation index
66 (ARI); and 3. correlation coefficient. Only TFA gain in the low frequency (LF) band showed
67 good reproducibility in approximately half of the estimates of gain, defined as an intraclass
68 correlation coefficient (ICC) of > 0.6 . None of the other DCA metrics had good
69 reproducibility. For TFA-like and ARI-like methods, ICCs were lower than values obtained
70 with surrogate data ($p < 0.05$). For TFA-like methods, ICCs were lower for the very low
71 frequency (VLF) band (gain 0.38 ± 0.057 , phase 0.17 ± 0.13) than for LF band (gain $0.59 \pm$
72 0.078 , phase 0.39 ± 0.11 , $p \leq 0.001$ for both gain and phase). For ARI-like methods, the mean
73 ICC was 0.30 ± 0.12 and for the correlation methods 0.24 ± 0.23 . Based on comparisons with
74 ICC estimates obtained from surrogate data, we conclude that physiological variability or
75 non-stationarity is likely to be the main reason for the poor reproducibility of DCA
76 parameters.

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81 **KEYWORDS**

82 ARI index

83 Cerebral blood flow

84 Cerebral hemodynamics

85 Transcranial Doppler

86 Transfer function analysis

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89 INTRODUCTION

90 The importance of cerebral autoregulation (CA) has been clearly established, as a cerebro-
91 protective mechanism to alterations in blood pressure (BP) by keeping cerebral blood flow
92 (CBF) relatively constant (van Beek, Claassen et al. 2008). Dynamic cerebral autoregulation
93 (DCA) is the transient cerebrovascular response to rapid changes in BP (Aaslid, Lindegaard et
94 al. 1989). Compared to the more classical modality of ‘static’ autoregulation, that often
95 requires the use of pharmacological agents to induce steady-state changes in BP (Tiecks, Lam
96 et al. 1995), DCA has benefitted from recent developments in non-invasive techniques to
97 record CBF and BP, and it is now the preferred approach for assessment of CA in
98 physiological and clinical studies.

99 Despite its many advantages, protocols to reliably assess DCA remain the object of
100 considerable debate (Simpson and Claassen 2018, Simpson and Claassen 2018, Tzeng and
101 Panerai 2018, Tzeng and Panerai 2018). On one hand, maneuvers that induce relatively large
102 and rapid changes in BP, such as the sudden release of compressed thigh cuffs (Aaslid,
103 Lindegaard et al. 1989), lead to recordings with better signal-to-noise ratio and the possibility
104 of visualizing and quantifying the DCA response with measurements as short as 30 seconds.
105 On the other hand, using the spontaneous fluctuations in BP and CBF, that can be observed in
106 most individuals, allows estimation of DCA parameters at rest, without the need for a
107 physiological disturbance or challenge. This can lead to better acceptance and feasibility in
108 most clinical conditions.

109 Which road to take? The answer to this fundamental question is not straightforward as it is
110 unlikely that a single protocol will be suitable for all different scenarios of patient care and
111 physiological intervention (Simpson and Claassen 2018, Simpson and Claassen 2018, Tzeng
112 and Panerai 2018, Tzeng and Panerai 2018).

113 A definition of an optimal protocol could be one which, combined with robust modeling
114 techniques (Panerai 2008), leads to the best sensitivity and specificity performance for
115 detection of CA disturbances, as well as predictive accuracy for patient prognosis.

116 Before reaching this stage though, it is essential that measurement reproducibility is
117 demonstrated as a key property of any method of assessment. This target is at the forefront of
118 the collaborative initiatives promulgated by the International Cerebral Autoregulation
119 Network (CARNet) as part of the effort to identify potential sources of methodological
120 disparity (Meel-van den Abeelen, Simpson et al. 2014) and encourage technical
121 standardization (Claassen, Meel-van den Abeelen et al. 2016). The most recent stage of this
122 pathway is described in this article and involves an international, multi-centre assessment of
123 the reproducibility of the main parameters that are currently available to assess DCA based on
124 spontaneous fluctuations of BP and CBF.

125 Examining the reproducibility of DCA parameters, obtained from spontaneous fluctuations at
126 rest, is important due to the widespread use of this approach for both physiological and
127 clinical studies. Early assessments of the reproducibility of the spontaneous fluctuations
128 approach were not encouraging (Brodie, Atkins et al. 2009, Gommer, Shijaku et al. 2010,
129 Smirl, Hoffman et al. 2015), but were not regarded as the definitive answer, only as indicative
130 of a single method, handled by a single centre. This limitation was addressed in the current
131 multi-centre study. An initial report (Sanders, Claassen et al. 2018), described the influence of
132 different methods of analysis on the reproducibility of synthetic data, where surrogate time-
133 series of CBF velocity (CBFv) were generated based on real measurements of BP, coupled
134 with a realistic signal-to-noise ratio. These generated CBFv data were based on a linear
135 model. Thus, compared to real CBFv data, these generated data are free of any physiological
136 influences on the BP-CBFv relationship. Such physiological influences could include non-
137 stationary behavior of autoregulatory function (i.e. variations in function over time), and

138 factors known to influence CBFv (e.g. PaCO₂, cognitive activity, autonomic nervous activity,
139 temperature, breathing pattern).

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141 The present communication therefore had as aim to provide a much broader description of the
142 reproducibility of ‘real’ estimates of DCA from fourteen leading international centers, using a
143 diversity of analytical methods. In particular, this study addressed two main objectives 1) to
144 compare the reproducibility of DCA parameters from these real physiological measurements
145 to that of surrogate data, and 2) to establish the influence of different analytical methods used
146 by a variety of research centers worldwide on the reproducibility of DCA metrics.

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149 **MATERIALS AND METHODS**

150 **Subjects**

151 A database was created from available datasets of cerebral hemodynamic measurements from
152 participating centers (Table S1). Included were healthy adults > 18 years of age. Exclusion
153 criteria were uncontrolled hypertension, smoking, cardiovascular disease, diabetes, irregular
154 heart rhythm, TIA/stroke or significant pulmonary disease. The study has been carried out in
155 accordance with the Code of Ethics of the World Medical Association (Declaration of
156 Helsinki). Written informed consent was obtained from all subjects.

157 **Description of datasets**

158 Six of a total of 14 centers (Table S1) provided datasets that consisted of two measurements
159 from 10-15 healthy volunteers in each centre, resulting in a total of 75 healthy subjects. Time
160 between the two measurements varied between centers, from minutes to a maximum of three
161 months. Data sets consisted of five minutes of beat-to-beat artifact free mean CBFv
162 (transcranial Doppler ultrasound, TCD), mean BP (digital artery volume clamping) and end-
163 tidal CO₂ (EtCO₂, capnography) measurements at rest. Beat-to-beat parameters were re-
164 sampled at 10 Hz. In 22 subjects, the TCD data were unilateral. The dataset was as follows:
165 N=55 left side signals, N=71 right side signals.

166 **DCA Analysis**

167 Data analyses were performed by 14 participating centers. The following DCA analysis
168 methods were used: TFA (Panerai, Rennie et al. 1998, Zhang, Zuckerman et al. 1998, Mitsis,
169 Zhang et al. 2002, Muller, Bianchi et al. 2003, Reinhard, Muller et al. 2003, Liu, Simpson et
170 al. 2005, Gommer, Shijaku et al. 2010, van Beek, Olde Rikkert et al. 2010, Meel-van den
171 Abeelen, Simpson et al. 2014, Muller and Osterreich 2014, Panerai 2014), Laguerre
172 expansion of 1st-order Volterra kernels or finite impulse response models (Marmarelis 2004,
173 Mitsis, Poulin et al. 2004, Mitsis, Zhang et al. 2009, Marmarelis, Shin et al. 2013,
174 Marmarelis, Shin et al. 2014, Marmarelis, Shin et al. 2014), wavelet analysis (Torrence and
175 Webster 1999, Grinsted, Moore et al. 2004, Peng, Rowley et al. 2010), parametric finite-
176 impulse response filter based methods (Panerai, Simpson et al. 2000, Simpson, Panerai et al.
177 2001), ARI analysis (Panerai, White et al. 1998), autoregressive moving average (ARMA)
178 based ARI methods and variant ARI methods (Panerai, Eames et al. 2003), autoregressive
179 with exogenous input (ARX) methods (Liu and Allen 2002, Liu, Birch et al. 2003, Panerai,
180 Eames et al. 2003) and correlation coefficient-like indices (Heskamp, Meel-van den Abeelen
181 et al. 2013, Caicedo, Varon et al. 2016). A summary of the methods and corresponding
182 references are given in Table 2.

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184

Reproducibility of DCA metrics

185 For the reproducibility and variability analysis of the DCA parameters, DCA- methods were
186 grouped into three broad categories: 1. TFA-like output; 2. ARI-like output and 3. correlation
187 coefficient-like outputs. These categories were created from the perspective of similar output
188 parameters, not because of similarity on mathematical grounds. In general, all centers were
189 free to use their own settings to cover the standard frequency range between 0-0.5 Hz. In the
190 majority of cases though, for the TFA-like output methods, the settings for TFA were similar
191 to what was later proposed in the CARNet White Paper (Claassen, Meel-van den Abeelen et
192 al. 2016). In summary, this involved spectral estimates using the Welch method with multiple
193 segments of data of at least 100 s, 50% superposition and cosine windowing to reduce spectral
194 leakage. Individual method settings are listed in Table S4. Estimates of gain and phase were
195 averaged for different frequency bands, very-low frequency (VLF) and low frequency (LF)
196 bands (Table S4) (Claassen, Meel-van den Abeelen et al. 2016).
197 The ARI-like output methods consisted of time domain estimates of the impulse or step
198 response, using the inverse Fourier transform of gain and phase, or ARMA models (Panerai,
199 White et al. 1998, Liu and Allen 2002, Liu, Birch et al. 2003, Panerai, Eames et al. 2003).
200 Finally, the correlation coefficient-like outputs consisted of a single parameter, obtained by
201 linear regression or similar methods (Heskamp, Meel-van den Abeelen et al. 2013, Caicedo,
202 Varon et al. 2016).

Statistical analysis

204 We assessed reproducibility as follows: To quantify the level of agreement between first and
205 second measurement, we applied the Bland-Altman method to obtain mean difference (or
206 bias) and to determine limits of agreement (LOA). This was done for the methods in the TFA-
207 like, ARI-like and correlation-like category. A non-parametric Wilcoxon signed rank test was
208 used to check if there were significant differences between left and right side results. Left and
209 right output results were averaged for further analyses. To correct for abnormal data
210 distributions, Box-Cox transformations were performed, which is a power transformation with
211 different power levels (Box and Cox 1964). Within one analysis method, the same
212 transformation was applied to both the first and second measurement, but different
213 transformations may be used for different methods and different variables.

214 Further quantification of agreement between the repeated measurements for all DCA analysis
215 methods was determined by one way intraclass correlation coefficient analysis (ICC). ICC
216 results of TFA-like methods combined for the parameters gain and phase were compared for
217 VLF and LF. Furthermore, the differences between the ICC results of previously obtained
218 surrogate data (Sanders, Claassen et al. 2018) and physiological data were analyzed for the
219 methods combined in parameters gain VLF, gain LF, phase VLF, phase LF, ARI and
220 correlation. These differences between ICC parameter values were tested with the paired
221 Wilcoxon signed rank test, considering that most parameters, such as TFA estimates, are not
222 normally distributed. SPSS 22 was used for all analyses, a value of $p < 0.05$ was adopted to
223 indicate statistical significance.

224 Interpretation of the absolute and maximal values of ICC were based on often quoted
225 guidelines : Poor ($ICC < 0.40$); Fair (0.40 to 0.59); Good (0.60 to 0.74); Excellent (0.75 to
226 1.00).(Cicchetti 1994)

227

228 RESULTS

229 Subject characteristics are listed in Table 1. No significant differences were found for MAP,
230 CBFv and EtCO₂ for the two measurements (T1 and T2).

231 The scatterplots of Figure 1(a) show examples of TFA- like metrics of the estimated LF gain
232 and Figure 1(b) of the ARI-like results of the repeated measurements for both physiological
233 and surrogate data. The figures show a difference in distribution of the data between Figure
234 1(a) and 1(b), with a higher correlation between the repeated measurements for lower gain
235 values only in the TFA like results. Despite the lower number of cases in the surrogate results,
236 it is clearly shown that there is less variability in the surrogate data (bottom) compared to
237 physiological data (top) for all TFA-like methods (Figure 1(a)) and the ARI an IR-filter
238 methods (Figure 1(b)).

239 Comparing different autoregulation metrics with Bland Altman analysis, we see a difference
240 between gain variables and all the other variables (Figure 2). Both gain VLF and LF show a
241 strong increase in the difference between two measurements on the y-axis for higher values of
242 mean gain on the x-axis. For the smallest values of gain, where the DCA is considered most
243 effective, the agreement is the strongest. Results for T1, T2, bias (T1-T2) and the LOA of the
244 different method categories per method group are listed in Table 3. Each method group
245 corresponds to results of several methods combined (Table 2, Table S3(a-c)).

246 Left and right ICC results were not different. ICC analysis of physiological data is shown in
247 Figure 3. Despite minor differences in ICC values between methods, 12 methods qualified as
248 having good reproducibility (ICC >0.6). TFA-like and ARI-like methods scored significantly
249 higher ICC for surrogate data compared to physiological data, combined for centres using the
250 same methods, for gain VLF (p<0.001), gain LF (p<0.001), phase VLF (p<0.001), phase LF
251 (p<0.001) and ARI (p=0.018) (Sanders, Claassen et al. 2018). Only the correlation like
252 methods did not score higher ICC values for surrogate data compared to physiological data
253 (p=0.18). ICC results of the surrogate data are presented in Table S5.

254
255 For the TFA-like methods, ICC gain VLF (mean (SD)) was lower than ICC gain LF,
256 respectively 0.38 (0.057) and 0.59 (0.078), p<0.001. Also for phase, the corresponding ICC
257 values were lower for VLF than for LF, 0.17 (0.13) and 0.39 (0.11) respectively, p=0.001. For
258 ARI-like methods the mean (SD) ICC results were 0.30 (0.12) and for the correlation-like
259 0.24 (0.21).

260

261 DISCUSSION

262 With this multi-center, multi-method study we aimed to provide an internationally
263 representative and broader evaluation of the reproducibility of many DCA assessment
264 methods. By comparing real physiological measurements with those where physiological
265 variability was reduced by use of surrogate data, we have been able to assess the contribution
266 of physiological non-stationary to the reproducibility of DCA parameters. For surrogate data,
267 with realistic CBFv signals generated from measured BP data, we had demonstrated good to
268 excellent reproducibility for most DCA methods. We now hypothesized that in real recordings
269 of BP and CBF, non-stationarity in the BP-CBF relationship would reduce reproducibility for
270 these DCA methods.

271 We asked researchers from various centers with expertise in DCA to apply their DCA
272 method(s) to a common dataset with repeated physiological measurements of BP and CBFv.
273 Participating centers, and respective analytical methods, are representative of the literature on

274 DCA assessment (Panerai, Rennie et al. 1998, Panerai, White et al. 1998, Zhang, Zuckerman
275 et al. 1998, Torrence and Webster 1999, Panerai, Simpson et al. 2000, Simpson, Panerai et al.
276 2001, Liu and Allen 2002, Mitsis, Zhang et al. 2002, Liu, Birch et al. 2003, Muller, Bianchi et
277 al. 2003, Panerai, Eames et al. 2003, Reinhard, Muller et al. 2003, Grinsted, Moore et al.
278 2004, Marmarelis 2004, Mitsis, Poulin et al. 2004, Liu, Simpson et al. 2005, Mitsis, Zhang et
279 al. 2009, Gommer, Shijaku et al. 2010, Peng, Rowley et al. 2010, van Beek, Olde Rikkert et
280 al. 2010, Heskamp, Meel-van den Abeelen et al. 2013, Marmarelis, Shin et al. 2013,
281 Marmarelis, Shin et al. 2014, Marmarelis, Shin et al. 2014, Meel-van den Abeelen, Simpson
282 et al. 2014, Muller and Osterreich 2014, Panerai 2014, Caicedo, Varon et al. 2016).

284 **Main findings**

285 Two main outstanding findings came out of the study: i) the reproducibility of most DCA
286 metrics, independently of the analytical approach adopted, should be regarded as ‘poor’, given
287 the prevailing values of $ICC < 0.4$, (Cicchetti 1994); and ii) physiological variability is likely to
288 be the main reason for the degradation in reproducibility, when compared to results obtained
289 from surrogate data (Sanders, Claassen et al. 2018).

290 Strictly speaking, these results indicate that, at this moment, most DCA metrics do not meet
291 criteria for individual and clinical use for diagnostic and/or monitoring purposes. Despite the
292 high variability across DCA parameters, only TFA and ARX scored ICC results that could be
293 categorized as ‘good’ ($ICC > 0.6$, Figure 3) for approximately half of the gain metrics in the LF
294 band (Cicchetti 1994). As discussed in more detail below though, these findings need to be
295 placed into perspective, taking into account methodological issues and current knowledge of
296 the wider application of DCA assessment metrics.

297 **Methodological considerations**

298 Although indicative of the deterioration of DCA metrics, from what was obtained with
299 surrogate data, to the case of ‘real’ physiological measurements, the ICC can be misleading
300 when estimated using only healthy subjects. Differently from the intra-subject standard error,
301 the ICC takes into account both intra- and inter-subject variability. Given that healthy subjects
302 would be expected to cluster around values indicative of a good working DCA, this would
303 reduce inter-subject variability, in comparison with intra-subject variance, thus putting a bias
304 towards reduced values of ICC. However, as can be observed in Figure 1, there was wide
305 inter-subject variability, indicating that this alone cannot explain the low ICC results.
306 Nonetheless, despite the indication that most DCA metrics have limited reproducibility, it
307 would be premature to use our findings to put a halt on their use in physiological and clinical
308 studies, before further research is conducted, ideally assessing the ICC for much larger
309 cohorts of both patients and healthy individuals.

310 The analysis of physiological data presents large within and between subject variability,
311 similar to what has been reported before in patient data (Gommer, Shijaku et al. 2010, van
312 Beek, Olde Rikkert et al. 2010, Elting, Aries et al. 2014, Smirl, Hoffman et al. 2015). Non-
313 Gaussian distributions were corrected by the Box-Cox transformations (Box and Cox 1964).
314 The ICC values were much lower than what was found when these same methods were
315 applied to analyze surrogate data (Sanders, Claassen et al. 2018). In that study, physiological
316 variability was reduced to only the BP signal, because the CBF signal was software-generated
317 using the repeated BP signals as input. Even though realistic levels of noise were added to the
318 generated CBF signal, all DCA methods demonstrated good to excellent reproducibility (ICC
319 0.6-1.00) on those surrogate data, whereas the majority of these same methods had poor

320 reproducibility (ICC <0.4) for the current dataset where both BP and CBF signals represented
321 physiological data. One interpretation of these results is that the poor reproducibility of DCA
322 is not solely explained because the methods provide poor accuracy or poor precision. With
323 surrogate data, all methods showed accuracy and precision, leading to good reproducibility.

324 Comparable with results of Smirl et al.(Smirl, Hoffman et al. 2015), the highest ICC results
325 were obtained with gain LF parameters, although Figure 2 shows that reproducibility differs
326 for different gain values, with highest reproducibility for lower gain values. This is a
327 proportional increase in variability, recognizable by the arrowhead shape in Figure 2. ICC for
328 gain and phase parameters are decreased in VLF compared to LF, and may be explained by
329 the lower coherence between BP and CBFv in VLF oscillations, resulting in wider confidence
330 limits for VLF and lower ICC values. Comparing gain ICC results with phase, one can see
331 decreased reproducibility in the phase results over both frequency bands. This does not
332 immediately favor gain parameters as more suitable DCA metrics, since a lower ICC value for
333 phase can be expected purely based on the definition and dependence between the two
334 parameters (Bendat and Piersol 1986). This explains that confidence limits will automatically
335 be wider for phase compared to gain. We recommend to routinely plot confidence limits when
336 creating TFA results.

337 To improve reproducibility, it may be beneficial to use measurement conditions where the
338 DCA regulatory system is maximally activated, for example in sit-to-stand measurements
339 (Simpson and Claassen 2018) or squat-stand measurements (Smirl, Hoffman et al. 2015). This
340 may result in minimal gain values in the LF band and improve reproducibility. However, it
341 remains an ongoing debate whether TFA gain is the most suitable parameter to reflect state of
342 DCA, or if phase may be more physiologically relevant.

343 **Clinical implications**

344 Given the limited reproducibility shown by most indices of DCA, to what extent should we
345 trust their use in clinical studies? This is a crucial question given the stage of research on
346 DCA, with many centers advocating the use of DCA metrics in clinical decision-making and
347 patient management. In this context, the results of this study might be a watershed. Until
348 recently, the prevailing view has been that, amongst a plethora of DCA metrics, there could
349 be one that could become a ‘gold standard’ based on its reproducibility, as well as its
350 sensitivity and specificity, to detect changes in DCA, either due to disease or physiological
351 status. What this study is showing though, is that none of the methods in use could fulfill this
352 role, at least not as reproducibility is concerned. Furthermore, the comparison between
353 physiological and surrogate data, also suggests that it is unlikely that other current or future
354 methods will have an outstanding reproducibility either. The reason for this somber
355 perspective lies with the growing awareness that regulation of CBF, not only in response to
356 BP changes, but also due to changes in CO₂ or neural stimulation, is a highly non-stationary
357 phenomenon, thus requiring an entirely different conceptual paradigm to ascertain their
358 clinical usefulness (Panerai 2014). On the other hand, it is not all gloom and doom. Looking
359 back into a vast literature, too extensive to be enumerated here, reporting on clinical
360 applications of most of the DCA metrics included in this study, there is plenty of evidence to
361 suggest their sensitivity to detect worsening DCA in a range of cerebrovascular and,
362 increasingly, also systemic conditions. To study reproducibility in the presence of disease is a
363 major challenge though, as patient conditions are either worsening or improving on a daily
364 basis. Nevertheless, several follow up studies have been able to use diverse indices of DCA to
365 describe the natural history of conditions like severe head injury (Czosnyka, Smielewski et al.
366 1997), ischemic stroke (Salinet, Panerai et al. 2014) or intracerebral hemorrhage (Ma, Guo et

367 al. 2016) which is also reassuring. Certainly much more research is needed, mainly to
368 understand the nature of DCA non-stationarity and how this is affected by, and manifested in,
369 clinical conditions, to improve the reliability and usefulness of DCA assessment for patient
370 care.

371 **Limitations and future directions**

372 Only methods that could be applied to short data segments (5 min) were evaluated, therefore
373 the correlation-like methods were underrepresented, The correlation-like methods clearly
374 showed reduced reproducibility compared to the other categories (Figure 3) under these
375 conditions.

376 It is difficult to select a suitable method to assess reproducibility of DCA analysis parameters.
377 We selected ICC, although this method being sensitive to outliers. This has probably affected
378 phase VLF results the strongest in a negative way, since high variability and outliers were
379 most present in phase VLF.

380 The time interval differences between repeated measurements were not considered in the
381 analysis. A dataset consisting of rest measurements was used, with limited BP fluctuations,
382 resulting in a low power of BP and CBFv oscillations. At rest, cerebral perfusion is usually
383 well maintained and DCA may not be activated, while during a physical challenge, when
384 sufficient DCA functioning is crucial, will give more meaningful results (Simpson and
385 Claassen 2018, Simpson and Claassen 2018, Tzeng and Panerai 2018, Tzeng and Panerai
386 2018). Moreover, it will be relevant to add clinical data to the healthy controls to have a
387 greater spread of inter-subject variability.

388 It could not yet be answered what the precise reason is for low reproducibility of DCA
389 assessment in physiological data. It is necessary to study physiological variation in DCA
390 function within individuals in repeated measurements. From a theoretical perspective, the
391 variability in DCA results can be reduced in two ways: Increase the coherence or increase the
392 number of averages (Bendat and Piersol 1986, Halliday, Rosenberg et al. 1995). To increase
393 the coherence, oscillations could be induced and included in the measurement protocol.
394 Increased coherence could also be achieved by selection of the data used for DCA analysis
395 based on the power of BP oscillations. This line of investigation will be pursued as part of this
396 wider project. To increase the number of averages, more or longer measurement protocols
397 should be used, although duration of recordings is usually limited in most clinical settings.

398 Selecting the most promising DCA parameter is complex, since the most reproducible
399 parameter is not necessarily the best parameter to reflect DCA status. Although there was not
400 a single method that outperformed others both linear and non-linear, there are inter-method
401 differences that are worth investigating. In particular, future studies could look to the
402 influence of measurement length or increased oscillations in the measurement protocol or data
403 selection (Simpson and Claassen 2018).

404 Furthermore, the question to answer is to what extent does reproducibility depend on
405 autoregulation status. Are DCA parameters less reproducible in case of worse DCA status and
406 functioning? One interesting and relatively easy next step could be to perform repeated
407 measurements in hypercapnic data (Katsogridakis, Bush et al. 2013), as a model for impaired
408 DCA, and compare these with repeated measurements in normocapnia to assess differences in
409 reproducibility.

410

411 **CONCLUSION**

412 The physiological nature of these measurements strongly reduced reproducibility of DCA
413 when assessed in short data recordings in healthy subjects. This conclusion is not affected by
414 the choice of analytical method used to derive different DCA metrics, or by local procedures
415 in multiple international centres which participated in this study. Further investigation is
416 needed to improve our understanding of how physiological variability affects DCA
417 reproducibility in health and disease.

418

419

420 **AUTHOR CONTRIBUTIONS**

421 MS, JWE, RBP, JC developed the idea for the study and drafted the manuscript . All authors
422 performed data analyses,. participated in revising the manuscript and have approved the final
423 version of this paper prior to submission.

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432

433 **DECLARATION OF CONFLICTING INTERESTS**

434 The authors declared no potential conflict of interest.

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577

578

579 **Figure legends**

580

581 **Figure 1(a).** Gain LF results of TFA-like methods for repeated measurements. Top row:
582 physiological data, bottom row: surrogate data. For each method group (TFA, Laguerre,
583 Wavelet, IR-filter, ARX) the results of similar methods are combined (Table 2). TFA: black
584 dots are 10 methods (cm/s/mmHg), grey dots are 3 methods (%/% or %/mmHg); Laguerre: 4
585 methods (cm/s/mmHg); Wavelet: 1 method (cm/s/mmHg); IR-filter: 2 methods (%/%); ARX:
586 2 methods (cm/s/mmHg). See Figure S1-S3 for Phase VLF/LF and Gain VLF.

587

588 **Figure 1(b).** ARI-like results of different methods for repeated measurements. Top row:
589 physiological data, bottom row: surrogate data. For each method group (ARI/ARMA, ARX,
590 IR-filter, correlation) the results of similar methods are combined (Table 2). ARI: black dots
591 are 3 methods (ARI 0-9 arbitrary units); grey dots are 2 methods (ARMA-ARI 0-9 arbitrary
592 units); ARX: 1 method (ARX coefficient); IR-filter: 1 method (arbitrary units); Correlation: 2
593 methods.

594

595 **Figure 2.** Bland-Altman plot of TFA like parameters: gain VLF (top left), gain LF (top right),
596 phase VLF (middle left) and phase LF (middle right); ARI-like parameters (bottom left);
597 correlation-like parameters (bottom right). Units are similar to Figure 1A and B.

598

599 **Figure 3.** ICC values for methods using TFA or similar approaches with gain VLF and LF
600 (top), phase VLF or LF (middle) and ARI or correlation-like methods (bottom). Results are
601 shown per method (Table 2). ICC values less than 0.40: Poor, between 0.40 and 0.59: Fair,
602 between 0.60 and 0.74: Good, between 0.75 and 1.00: Excellent (Cicchetti 1994).

603

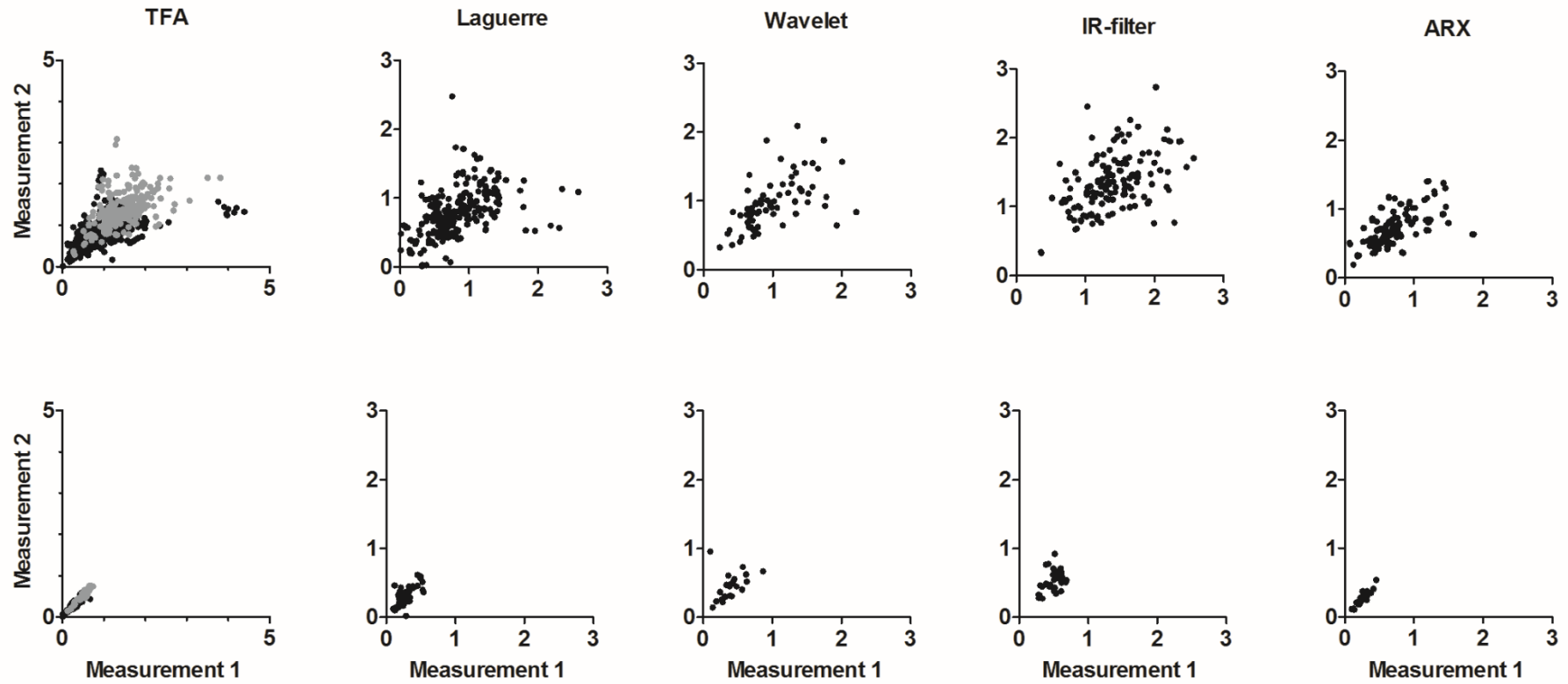


Figure 1(a)

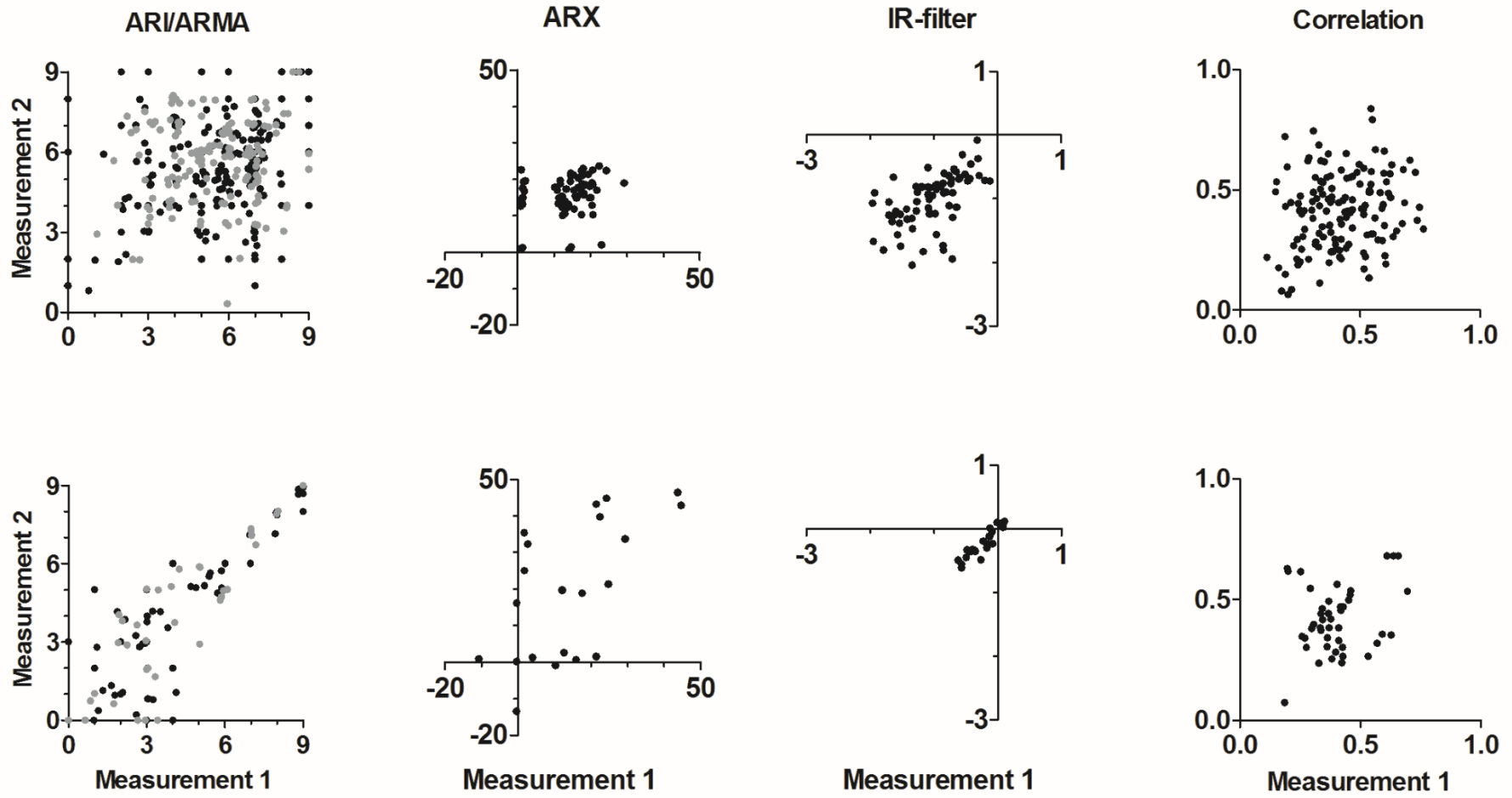


Figure 1 (b)

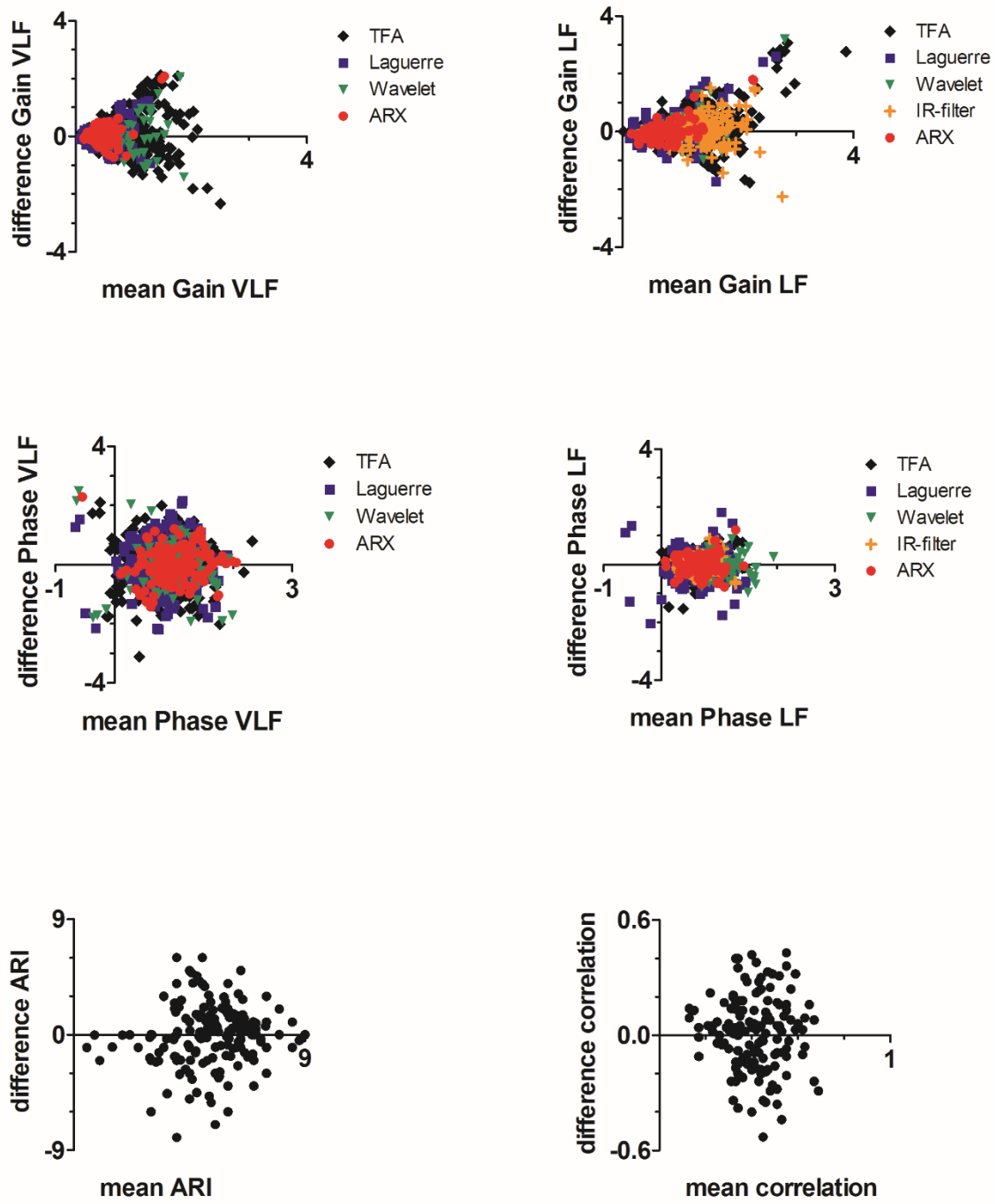


Figure 2

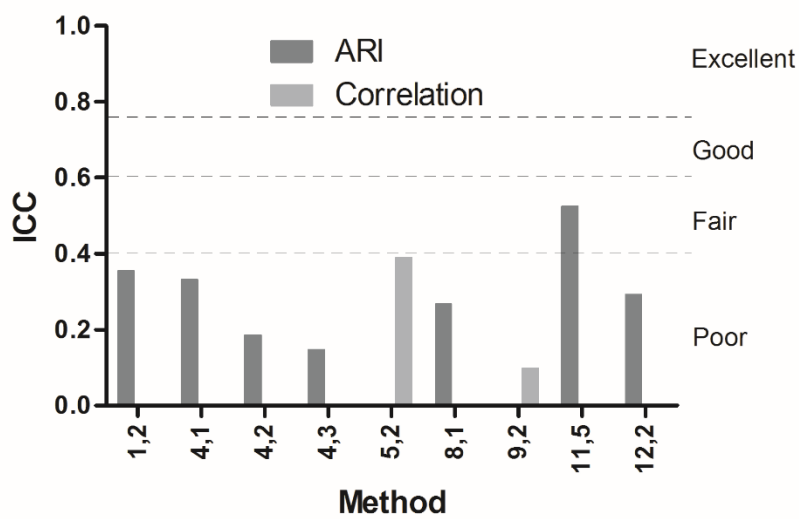
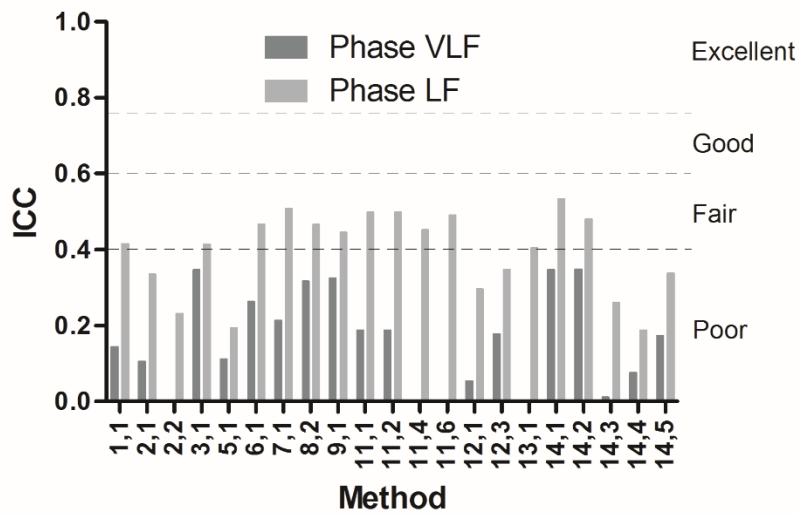
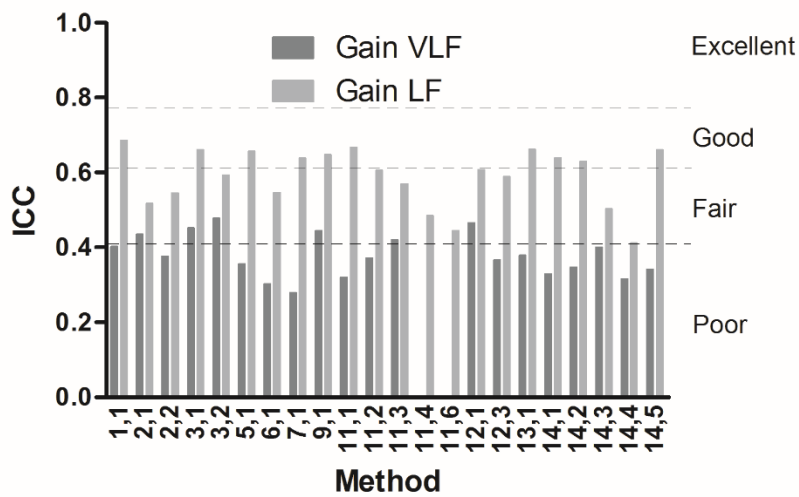


Figure 3

Tables

Table 1. Subject characteristics and hemodynamic parameters

n	75	
Age, years	47.8 ± 18.6	
Female, n (%)	33 (44)	
Use of AHD, n (%)	5 (6.7)	
Use of NSAID, n (%)	4 (5.3)	
MCI, n (%)	4 (5.3)	
	T1	T2
MAP, mmHg	90.1 ± 14.9	87.6 ± 14.8
MCBFv, cm/s	56.3 ± 13.4	56.2 ± 12.5
EtCO₂, kPA	5.0 ± 0.5	5.0 ± 0.5

Values are presented as mean ± SD or n (%). AHD, antihypertensive drugs; NSAID, nonsteroidal anti-inflammatory drug; MCI, mild cognitive impairment; MAP, mean arterial pressure; MCBFv, mean blood flow velocity; EtCO₂, end-tidal CO₂ of measurement 1 (T1) and measurement 2 (T2).

Table 2. Methods with corresponding output variables per centre

Center number	Method	Output Variables	Category	Method group	References
1	1.1 Transfer Function Analysis 1.2 Autoregulation index	Coherence, Gain (cm/s/mmHg) and Phase (rad) in VLF, LF ARI	1 2	1 6	(Zhang, Zuckerman et al. 1998) (Panerai, White et al. 1998)
2	2.1 Laguerre expansion of 1 st -order Volterra kernels, single input (BP) 2.2 Laguerre expansion of 1 st -order Volterra kernels, dual input (BP, CO ₂)	Gain (cm/s/mmHg) and Phase (rad) in VLF, LF Gain (cm/s/mmHg) and Phase (rad) in VLF, LF	1 1	2 2	(Marmarelis 2004, Marmarelis, Shin et al. 2013, Marmarelis, Shin et al. 2014, Marmarelis, Shin et al. 2014)
3	3.1 Transfer Function Analysis 3.2 Transfer Function Analysis	Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF Coherence, Gain (%/%) in VLF, LF	1 1	1 1	(Zhang, Zuckerman et al. 1998)
4	4.1 Autoregulation index (FFT) 4.2 Autoregulation index (Moving Average 1) 4.3 Autoregulation index (Moving Average 2)	ARI ARI ARI	2 2 2	6 7 7	(Panerai, White et al. 1998, Panerai, Eames et al. 2003)
5	5.1 Transfer Function Analysis 5.2 Oblique and Orthogonal Subspace Projections	Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF Subspace Ratio's	1 3	1 10	(Zhang, Zuckerman et al. 1998) (Caicedo, Varon et al. 2016)
6	6.1 Transfer Function Analysis	Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF	1	1	(Muller, Bianchi et al. 2003, Muller and Osterreich 2014)
7	7.2 Transfer Function Analysis	Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF	1	1	(Gommer, Shijaku et al. 2010)
8	8.1 ARX 8.2 Wavelet Analysis	ARX Coefficient (3rd) Synchronization index, Phase (rad) in VLF,LF	2 1	7 3	(Liu and Allen 2002, Liu, Birch et al. 2003, Panerai, Eames et al. 2003) (Peng, Rowley et al. 2010)
9	9.1 Transfer Function Analysis 9.2 Convergent cross mapping	Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF CCM correlation coefficient	1 3	1 10	(van Beek, Olde Rikkert et

					al. 2010, van Beek, Lagro et al. 2012) (Heskamp, Meel-van den Abeelen et al. 2013)
11	11.1 Transfer Function Analysis, 11.2 Transfer Function Analysis 11.3 Transfer Function Analysis 11.4 Univariate Transfer Function Analysis (parametric method) 11.5 Univariate Impulse Response (parametric method) 11.6 Multivariate Transfer Function Analysis (parametric method)	Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF Coherence, Gain (%/mmHg), Phase (rad) in VLF, LF Coherence, Gain (%/%) in VLF, LF Coherence, Gain (%/%), Phase (rad) in LF The second filter coefficient (h_1) of the estimated FIR Gain (%/%) and Phase (rad) for LF band	1 1 1 1 2 1	1 1 1 4 9 4	(Panerai, Simpson et al. 2000, Simpson, Panerai et al. 2001)
12	12.1 Transfer Function Analysis 12.2 Autoregulation index 12.3 Wavelet Coherence Analysis	Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF ARI Gain (cm/s/mmHg) and Phase (rad) in VLF, LF	1 2 1	1 6 3	(Zhang, Zuckerman et al. 1998) (Panerai, White et al. 1998) (Torrence and Webster 1999, Grinsted, Moore et al. 2004)
13	13.1 Transfer Function Analysis	Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF	1	1	(Panerai, Rennie et al. 1998)
14	14.1 ARX models: 1 input 14.2 ARX models: 2 inputs 14.3 Laguerre expansion FIR models, single input (BP) 14.4 Laguerre expansion FIR models, dual input (BP, CO ₂) 14.5 Transfer function analysis	Gain (cm/s/mmHg), Phase (rad) in VLF, LF Gain (cm/s/mmHg), Phase (rad) in VLF, LF Gain (cm/s/mmHg), Phase (rad) in VLF, LF Gain (cm/s/mmHg), Phase (rad) in VLF, LF Coherence, Gain (cm/s/mmHg), Phase (rad) in VLF, LF	1 1 1 1 1	5 5 2 2 1	(Mitsis, Zhang et al. 2002, Mitsis, Zhang et al. 2009) (Mitsis, Poulin et al. 2004, Kostoglou, Debert et al. 2014) (Meel-van den Abeelen, Simpson et al. 2014)

Category: 1= TFA-like methods, 2= ARI-like methods, 3= correlation-like methods, Method group: 1=TFA, 2=Laguerre expansions, 3=Wavelets, 4=IR-filter, 5=ARX, 6=ARI, 7=ARMA-ARI/ARX, 9=IR-filter, 10=correlation coefficient; VLF: very low frequency; LF: low frequency; BP: blood pressure; FFT: fast Fourier transform; ARI: autoregulation index; ARX: autoregressive model with exogenous input; Center names are listed in Table S1, individual method settings are listed in Table S4.

Table 3. Bland Altman results for each method sub category and variable.

Method groups	Variable	Left						Right					
		T1	T2	bias	INT	LLOA	ULOA	T1	T2	bias	INT	LLOA	ULOA
TFA-like													
TFA	Gain VLF	0.68 ± 0.43	0.59 ± 0.30	0.09 ± 0.40	0.78	-0.69	0.87	0.68 ± 0.46	0.60 ± 0.31	0.07 ± 0.42	0.82	-0.75	0.88
	Gain LF	1.02 ± 0.58	0.94 ± 0.46	0.08 ± 0.45	0.89	-0.81	0.97	1.02 ± 0.66	0.92 ± 0.46	0.10 ± 0.50	0.98	-0.88	1.08
	Phase VLF	0.87 ± 0.44	0.86 ± 0.50	0.01 ± 0.58	1.14	-1.13	1.15	0.87 ± 0.46	0.89 ± 0.52	-0.02 ± 0.65	1.27	-1.29	1.25
	Phase LF	0.68 ± 0.25	0.69 ± 0.23	-0.01 ± 0.24	0.46	-0.47	0.45	0.69 ± 0.27	0.69 ± 0.24	0.01 ± 0.26	0.52	-0.51	0.52
Laguerre	Gain VLF	0.50 ± 0.29	0.43 ± 0.18	0.07 ± 0.29	0.57	-0.50	0.65	0.49 ± 0.29	0.43 ± 0.19	0.06 ± 0.27	0.54	-0.48	0.60
	Gain LF	0.86 ± 0.44	0.77 ± 0.31	0.09 ± 0.40	0.78	-0.69	0.88	0.86 ± 0.51	0.77 ± 0.30	0.10 ± 0.42	0.83	-0.74	0.93
	Phase VLF	0.81 ± 0.51	0.89 ± 0.51	-0.08 ± 0.70	1.37	-1.45	1.29	0.81 ± 0.52	0.94 ± 0.52	-0.13 ± 0.72	1.42	-1.55	1.29
	Phase LF	0.65 ± 0.30	0.65 ± 0.31	0.00 ± 0.39	0.77	-0.77	0.77	0.64 ± 0.32	0.69 ± 0.34	-0.05 ± 0.41	0.79	-0.84	0.75
Wavelet	Gain VLF	0.91 ± 0.47	0.79 ± 0.36	0.11 ± 0.54	1.05	-0.94	1.16	0.89 ± 0.49	0.83 ± 0.36	0.05 ± 0.53	1.04	-1.00	1.09
	Gain LF	1.04 ± 0.51	0.97 ± 0.37	0.08 ± 0.47	0.93	-0.85	1.00	1.06 ± 0.63	0.95 ± 0.37	0.11 ± 0.55	1.08	-0.97	1.19
	Phase VLF	0.89 ± 0.62	1.05 ± 0.55	-0.12 ± 0.70	1.38	-1.49	1.26	0.96 ± 0.49	1.06 ± 0.66	-0.10 ± 0.70	1.36	-1.46	1.27
	Phase LF	0.91 ± 0.32	0.95 ± 0.30	-0.05 ± 0.30	0.58	-0.63	0.54	0.94 ± 0.31	0.97 ± 0.32	-0.03 ± 0.30	0.58	-0.61	0.55
IR-filter	Gain LF	1.46 ± 0.55	1.28 ± 0.40	0.18 ± 0.18	0.35	-0.17	0.52	1.40 ± 0.55	1.27 ± 0.40	0.12 ± 0.46	0.90	-0.77	1.02
	Phase LF	0.59 ± 0.20	0.63 ± 0.18	-0.04 ± -0.04	-0.08	0.04	-0.12	0.61 ± 0.21	0.63 ± 0.23	-0.02 ± 0.25	0.50	-0.52	0.47
ARX	Gain VLF	0.48 ± 0.29	0.42 ± 0.17	0.06 ± 0.29	0.58	-0.52	0.64	0.48 ± 0.36	0.42 ± 0.18	0.06 ± 0.34	0.67	-0.61	0.74
	Gain LF	0.81 ± 0.39	0.74 ± 0.27	0.07 ± 0.30	0.58	-0.51	0.66	0.81 ± 0.50	0.73 ± 0.27	0.08 ± 0.38	0.74	-0.65	0.82
	Phase VLF	1.05 ± 0.47	1.07 ± 0.43	-0.02 ± 0.50	0.99	-1.01	0.97	1.07 ± 0.47	1.05 ± 0.50	0.01 ± 0.58	1.14	-1.13	1.16
	Phase LF	0.73 ± 0.30	0.74 ± 0.25	-0.01 ± 0.32	0.62	-0.63	0.61	0.73 ± 0.32	0.73 ± 0.26	0.00 ± 0.32	0.62	-0.62	0.62
ARI-like													
ARI		5.48 ± 1.92	5.74 ± 1.62	-0.26 ± 2.12	4.15	-4.40	3.89	5.72 ± 1.89	5.74 ± 1.58	-0.03 ± 2.36	4.63	-4.66	4.60
ARMA-ARI/ARX		8.38 ± 5.32	8.38 ± 5.30	0.00 ± 4.74	9.30	-9.30	9.30	8.27 ± 5.91	9.15 ± 5.92	-0.88 ± 4.49	8.80	-9.68	7.92
IR-filter		-1.07 ± 0.56	-1.02 ± 0.47	-0.06 ± 0.56	1.10	-1.15	1.04	-1.06 ± 0.53	-0.99 ± 0.42	-0.07 ± 0.50	0.98	-1.05	0.92
Correlation-like													
Correlation		0.45 ± 0.14	0.42 ± 0.15	0.03 ± 0.19	0.37	-0.33	0.40	0.44 ± 0.14	0.42 ± 0.15	0.02 ± 0.19	0.38	-0.35	0.40

For each method group the results of similar methods are combined. Methods and units are listed in Table 2. T1: measurement 1; T2: measurement 2; bias: T1-T2; INT: interval ($=1.96*SD_{\text{bias}}$); LLOA: upper limit of agreement ($=\text{mean}_{\text{bias}}-\text{interval}$); ULOA: lower limit of agreement ($=\text{mean}_{\text{bias}}+\text{interval}$); TFA: transfer function analysis; IR-filter: impulse response filter; ARX: autoregressive model with exogenous input; ARI: autoregulation index; VLF: very low frequency; LF: low frequency;