

1 **The Association of *S. aureus* colonization with Food Allergy Occurs Independent of**
2 **Eczema Severity**

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37 **Abbreviations**

38 CI – Confidence interval

39 LEAP Study – Learning Early About Peanut Allergy Study

40 LEAP-On Study – 12 month extension of LEAP Study: Persistence of Oral Tolerance to Peanut

41 OR – Odds Ratio

42 SCORAD – SCORing Atopic Dermatitis

43 *S. aureus* - *Staphylococcus aureus*

44 SEB – staphylococcal enterotoxin B

45 SPT – Skin prick test
46 sIgE – specific Immunoglobulin E

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57 study.

58

59 **Abstract**

60

61 **Background:** *S. aureus* has been implicated in the pathophysiology of eczema, allergic rhinitis,
62 asthma, and food allergy. *S. aureus* is a marker of more severe eczema which is a risk factor for
63 food sensitization/allergy. It may therefore be that the association between *S. aureus* and food
64 allergy in eczematous patients is related to eczema severity.

65

66 **Objective:** To investigate the association of *S. aureus* colonization with specific IgE (sIgE)
67 production to common food allergens and allergies in early childhood independent of eczema
68 severity. We additionally determined the association of *S. aureus* colonization with eczema
69 severity and persistence.

70

71 **Methods:** In LEAP participants, eczema severity was assessed and skin/nasal swabs cultured
72 for *S. aureus*. Sensitization was identified by sIgE. Peanut allergy was determined by oral food
73 challenge and persistent egg allergy by skin prick test.

74

75 **Results:** Skin *S. aureus* colonization was significantly associated with eczema severity across
76 LEAP while at 12 and 60 months of age it was related to subsequent eczema deterioration. Skin
77 *S. aureus* colonization at any time-point was associated with increased levels of hen's egg white
78 and peanut sIgE, independent of eczema severity. Participants with *S. aureus* were more likely
79 to have persistent egg allergy and peanut allergy at 60 and 72 months of age, independent of
80 eczema severity. All but one of the 9 LEAP consumers who developed peanut allergy (9/312)
81 were colonized at least once with *S. aureus*.

82

83 **Conclusion:** *S. aureus*, independent of eczema severity, is associated with food sensitization
84 and allergy and may impair tolerance to foods. This could be an important consideration in
85 future interventions aimed at inducing and maintaining tolerance to food allergens in
86 eczematous infants.

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90 **Clinical Implications:**
91 There may be a role for *S. aureus* eradication in interventions aimed at inducing and
92 maintaining tolerance to foods in eczematous infants.

93
94

95 **Capsule Summary:**
96 *S. aureus* colonization, independent of eczema severity, is associated with hen's egg and
97 peanut sensitization and allergy. *S. aureus* colonization may impair tolerance to foods.

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99

100 **10 Keywords:**
101 Food Sensitization. Food Allergy. Peanut Allergy. Egg allergy. Eczema. Atopic Dermatitis. *S.*
102 *aureus*. Prevention. LEAP. Microbiome

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109 **INTRODUCTION**

110 There are many studies that implicate *Staphylococcus aureus* (*S. aureus*) in the
111 pathophysiology of eczema and other atopic outcomes. Epicutaneous sensitization with
112 staphylococcal enterotoxin B (SEB) elicits local cutaneous inflammation consistent with eczema
113 in mice (1) and subjects with normal and atopic skin (2). Prospective population-based birth
114 cohorts report that skin (3) or nasal (4) colonization by *S. aureus* precedes the clinical diagnosis
115 of eczema in infancy. Patients with eczema are more likely to be colonized with *S. aureus* than
116 healthy controls and disease severity is associated with *S. aureus* colonization on the lesional
117 skin (5). Additionally, patients with allergic rhinitis are more frequently colonized with nasal *S.*
118 *aureus* (6, 7) or sensitized to *S. aureus* enterotoxins (8) than healthy controls, and those that
119 are *S. aureus* positive have more severe allergic rhinitis than the *S. aureus* negative (6, 7).
120 Furthermore, *S. aureus* enterotoxins trigger airway inflammation and increased airway
121 responsiveness (9) and SEB facilitates allergic sensitization in murine asthma models (10).
122 Clinically, nasal *S. aureus* or serum IgE to *S. aureus* toxins is associated with wheeze and/or
123 asthma in children and adults (11-13). Finally, the presence of *S. aureus* or IgE to *S. aureus*
124 toxins is related to asthma severity (12-14), poor asthma control (15) and higher prevalence of
125 aeroallergen sensitization (14). Therefore, there are indications that *S. aureus* is associated with
126 the development and/or severity of these atopic outcomes.

127
128 Interestingly, *S. aureus* colonization has also been associated with food sensitization and
129 allergy. Jones et al retrospectively analysed skin culture results from eczematous children, aged
130 0-18 years, and report that those with skin *S. aureus* had peanut, egg, and milk specific IgE
131 (sIgE) levels that correlated to a greater than 95% positive predictive value of oral food
132 challenge reactions to the respective allergen (16). As eczema and eczema severity are risk
133 factors for food sensitization and allergy (17, 18) and *S. aureus* is a marker of more severe
134 eczema, it may be that the association between *S. aureus* and food allergy in patients with
135 eczema is related to eczema severity.

136
137 In the Learning Early About Peanut Allergy (LEAP) Study, we sequentially recorded eczema
138 severity and tested for *S. aureus* colonization at 4 different time points in 640 children (19). This
139 design provides a unique opportunity for the detailed investigation of the relationship between *S.*
140 *aureus* and food allergy. In an exploratory secondary analysis, we aimed to investigate the
141 association of *S. aureus* colonization with sIgE production to common food allergens and food
142 allergy in early childhood independent of eczema severity. In addition, we sought to determine
143 the association of *S. aureus* colonization with eczema severity and persistence.

144
145

146 **METHODS**

147 **Study population, design and procedures**

148 This is a secondary analysis of LEAP and LEAP-On (20) outcomes that includes all participants
149 recruited to these studies. Full study details have been previously published (19, 20). The LEAP
150 Study enrolled infants aged ≥ 4 to < 11 months with severe eczema and/or egg allergy.
151 Participants were randomly assigned to avoid (LEAP avoiders) or consume peanut (LEAP
152 consumers). Assessments were undertaken at baseline (age 4-11 months) visit and at age 12,
153 30 and 60 months. They included eczema clinical evaluation, acquisition and culture of skin and
154 nasal swabs, food allergen SPT and sIgE as well as total IgE. The LEAP-On Study
155 assessments were undertaken at 72 months of age, after 12 months of peanut avoidance in
156 both groups. Concurrent and past medication use was recorded at all LEAP and LEAP-On study
157 visits.

158 **Clinical assessment of eczema severity**

159 Eczema was clinically evaluated by a pediatric allergist at baseline, and at 12, 30, 60 and 72
160 months of age; eczema severity was determined according to the SCORAD (SCORing Atopic
161 Dermatitis) index. Mild, moderate and severe eczema was defined as SCORAD values < 15 ,
162 $> 15-40$, and > 40 respectively. Persistent eczema was defined as eczema where the severity did
163 not decrease over sequential time points.
164

165 **Skin and nasal swabs and *S. aureus* assessment**

166 Skin and nasal swabs were obtained at baseline, and at 12, 30, and 60 months of age. Samples
167 were taken using sterile, cotton tipped transport swabs suitable for isolating aerobes and
168 anaerobes. A skin swab was obtained from the most severe eczema lesion or - in the absence
169 of eczema - the knee flexure. If the skin was dry, a drop of sterile water was placed on the skin
170 prior to the swab being taken. The skin swab was then placed in medium. The nasal swab was
171 inserted into one anterior nostril, and was then slowly withdrawn with a rotating motion and
172 subsequently placed in medium (Amies Medium used for both samples). Swabs were incubated
173 overnight and plated directly onto Columbia Blood Agar, CLED or MacConkey Agar (aerobic
174 incubation) and Chocolate Agar (CO₂). Sensitivity was reported using BSAC (British Society for
175 Antimicrobial Chemotherapy) or via BioMerieux analyser Vitek2.
176

177 **SPTs, sIgE and total IgE measurement**

178 SPTs and allergen sIgEs were conducted at baseline, 12, 30, 60 and 72 months of age. Total
179 IgE was measured at all visits except for 12 months. Test methodologies and SPT materials
180 have been published previously (19-21).
181

182 **Definitions of egg allergy**

183 At baseline, egg allergy was defined as an SPT ≥ 6 mm to raw hen's egg white and no history of
184 previous egg tolerance, or an SPT ≥ 3 mm to pasteurized hen's egg white and allergic symptoms
185 related to exposure to hen's egg. At 60 and 72 months of age we defined persistent egg allergy
186 as SPT ≥ 6 mm to raw or pasteurized hen's egg in the participants diagnosed as egg allergic at
187 baseline.
188

189

190 **Statistical analysis**

191 Statistical analyses were performed on all LEAP and LEAP-On Study participants for whom an
192 outcome measurement was obtained. No imputation for missing data was conducted. Two
193 separate repeated measures longitudinal models were used to assess if Skin or Nasal *S.*
194 *aureus* (independent variable) was associated with concurrent eczema severity as assessed by
195 SCORAD (dependent variable). Analogously another two separate repeated measures
196 longitudinal models were used to assess if Skin or Nasal *S. aureus* at the immediately
197 preceding visit was associated with eczema persistence. Average Peanut and Egg sIgE levels
198 (dependent variables) were compared between those who ever had Skin *S. aureus* to those
199 who never had Skin *S. aureus* (independent variable) via longitudinal repeated measures
200 models (one for peanut and one for egg respectively) which also included a covariate for
201 SCORAD. All repeated measures longitudinal models utilized an unstructured covariance
202 structure to model the correlation among time points within each subject, treated time as
203 categorical and also included covariates for time and the interaction between time and *S.*
204 *aureus* colonization status. Bootstrap sampling of 1,000 replicates within each time point was
205 utilized to assess where (or if) a divergence existed in the relative distribution of IgE production
206 to Egg, Peanut and Milk sIgEs and Total IgE comparing those who ever had Skin *S. aureus* to
207 those who never had Skin *S. aureus*. As peanut and egg allergy (independent variables) were
208 only assessed at 60 and 72 months, four (peanut allergy at 60 and 72 months, egg allergy at 60
209 and 72 months) separate logistic regression models were constructed for each *S. aureus*
210 colonization location (skin, nose, and combination of skin or nose – dependent variables).
211 These logistic regression models included covariates for SCORAD (collected at 60 or 72
212 months respectively), LEAP treatment assignment, and the interaction between LEAP treatment
213 assignment and *S. aureus* colonization status. As there were a small number of subjects with
214 peanut allergy and complete separation occurred, the Firth penalized likelihood method was
215 used only for the peanut allergy models. These were secondary analyses on study outcomes,
216 and no adjustments have been made for multiple comparisons. All analyses were performed at
217 the 0.05 level of significance using SAS software version 9.4 or JMP version 12. Datasets for
218 the analyses are available through TrialShare, a public Web site managed by the Immune
219 Tolerance Network (https://www.itntrialshare.org/LEAP_JACI_2018.url)

220

221

222

223 RESULTS

224

225 Participants

226 The characteristics of participants screened and enrolled in the LEAP and LEAP-On Studies
227 have been previously published (19, 20).

228

229 Characteristics of *S. aureus* colonization in the LEAP Study with no differences noted in 230 *S. aureus* colonization between intervention groups.

231 Approximately half (48.8%) of the participants had some form of *S. aureus* colonization (32.2%
232 skin and 32.3% nasal) on at least one LEAP study visit (Table 1), and the majority of these
233 participants tested positive only once (Online Repository Table E1). The highest rates of
234 colonization were recorded at 4-11 months of age (18% for skin and 15% for nose); these
235 decreased up to 30 months of age with a small increase observed at 60 months of age (Table
236 1). With the exception of the results at 60 months, the skin was more commonly the sole
237 colonized location compared to the nose (Table 1). No significant differences in terms of
238 frequency and persistence in all forms of *S. aureus* colonization were noted between the LEAP
239 avoiders and consumers (Online Repository Table E1). There was a small but significant
240 association between *S. aureus* colonization in the nose and on the skin, but concordance at any
241 particular time was slight (Online Repository Table E2).

242 Very few of the total *S. aureus* positive swab samples were identified as methicillin resistant
243 [skin 7/263 (2.7%); nose 2/257 (0.8%)].

244 We additionally performed an exploratory analysis to investigate the relationship between skin
245 *S. aureus* colonization at baseline and oral or topical antibiotic/steroid medication use at
246 baseline. We did not find a statistically significant difference ($p=0.695$) in terms of skin *S. aureus*
247 colonization when comparing subjects that were reported at baseline to have received these
248 medications versus those that did not (data not shown).

249

250 *S. aureus* colonization affected eczema severity and resolution

251 I). Eczema Severity

252 *S. aureus* colonization was significantly associated with concurrent eczema severity (measured
253 by SCORAD mean (SD) and SCORAD severity classification) across all study time points.
254 Participants with skin *S. aureus* had higher SCORAD values compared to those who did not
255 have skin *S. aureus* (Table 2). The majority of the subjects that were skin *S. aureus* colonized
256 had concurrent moderate and severe eczema at all time points (Online Repository Figure E1).
257 Those with nasal *S. aureus* colonization also had higher SCORAD values compared to those
258 who did not have nasal *S. aureus*; however the association was less strong than that observed
259 between skin *S. aureus* and eczema severity (Table 2).

260

261 II). Eczema persistence and deterioration

262 As previously published, eczema severity decreased over time, and there was no significant
263 difference in eczema severity between the two LEAP intervention groups (21). Although
264 SCORAD generally decreased over time, this was not the case for participants who were skin
265 colonized with *S. aureus* at certain visits (Figure 1). Indeed, considering the 12-30 and 60-72

266 month time intervals, eczema significantly worsened in participants with immediately preceding
267 skin *S. aureus* colonization relative to those without.
268 Preceding nasal *S. aureus* colonization was not associated with eczema persistence or
269 deterioration (Online Repository Figure E2).

270
271

272 ***S. aureus* colonization was associated with food sIgE and total IgE production**

273 Hen's egg white and peanut sIgE production at each LEAP and LEAP-On study visit was
274 significantly associated with skin *S. aureus* positivity at any time point in the interval from
275 baseline to 60 months (Online Repository Figure E3 and Figure 2 respectively). Importantly,
276 these associations were corrected for eczema severity at each time point.

277

278 Notably, high levels of hen's egg white and peanut sIgE production at each visit were also
279 associated with skin *S. aureus* positivity at any time point in the interval from baseline to 60
280 months ($p < 0.05$) (Figure 3). In Figure 3, the divergence in the distribution at each time point
281 demonstrates that high level hen's egg white and peanut sIgE values were disproportionately
282 represented in those participants who were skin colonized with *S. aureus* compared to those
283 who were not. For peanut sIgE, this association was most apparent at 30 months but remained
284 subsequently. In contrast, the association for hen's egg white sIgE became stronger over time
285 with *S. aureus* positive participants comprising over half of the upper tail of the relative
286 distribution of sIgE despite only representing a third of the overall sample. Furthermore, we
287 investigated the relationship between skin *S. aureus* and high level sIgE production to cow's
288 milk, and found a similar relationship with that observed for egg white and peanut. Indeed, at
289 30, 60, and 72 months, high levels of cow's milk sIgE were associated with skin *S. aureus*
290 colonization at any time point in the interval from baseline to 60 months (Online Repository
291 Figure E4). Finally, high levels of total IgE at all assessments, were associated with any skin *S.*
292 *aureus* positivity (Online Repository Figure E4).

293

294 In order to assess if the observed associations between *S. aureus* colonization and high sIgE
295 production to foods were food specific or confounded by total IgE, we examined the correlation
296 between total IgE and each of the three food sIgEs (cow's milk, egg white, and peanut). The
297 three pairwise correlations between each food and total IgE were moderate and consistent over
298 the 4 study visits (Online Repository Figure E5). Using multivariate logistic regression models,
299 egg white and peanut sIgE levels at 60 months were significantly associated with skin *S. aureus*
300 positivity after adjusting for total IgE at 60 months (Online Repository Figure E6). This
301 association was less strong for cow's milk sIgE. In contrast, after adjustment with each food
302 sIgE, total IgE levels were no longer significantly associated with skin *S. aureus* positivity
303 (Online Repository Figure E6).

304

305 ***S. aureus* colonization was related to persistence and development of food allergy**

306 I). Persistence of egg allergy

307 Of the 408 subjects with protocol defined egg allergy at baseline, 42.7% and 38.1% had
308 persistent egg allergy at 60 and 72 months respectively.

309 Overall, participants that had skin and/or nasal *S. aureus* colonization in the interval from
310 baseline to 60 months were 1.57 (95% CI, 1.02-2.42; p=0.042) times as likely to have persistent
311 egg allergy at 60 months of age as opposed to those that did not (Table 3). This association
312 was slightly stronger for nasal (OR 1.61; 95% CI, 1.03-2.52; p=0.036) as opposed to skin (OR
313 1.39; 95% CI, 0.88-2.19; p=0.160) *S. aureus* colonization. Skin *S. aureus* colonization prior to
314 72 months of age was the only colonization pattern significantly associated with the likelihood
315 (OR 1.77; 95% CI, 1.09-2.89; p=0.022) of egg allergy persisting until that age. There was a non-
316 significant trend for preceding nasal (OR 1.54; 95% CI, 0.95-2.49; p=0.079) as well as skin
317 and/or nasal (OR 1.59; 95% CI, 0.99-2.55; p=0.055) colonization and egg allergy persisting at
318 72 months. When comparing the LEAP intervention groups, no association was noted between
319 persistent egg allergy and *S. aureus* colonization. All odds ratios were corrected for eczema
320 severity at 60 or 72 months accordingly (Table 3).

321

322 II). Development of peanut allergy

323 Overall, participants that had skin and those that had nasal *S. aureus* colonization in the interval
324 from baseline to 60 months were 2.94 (95% CI, 1.11, 7.76; p=0.029) and 2.41 (95% CI, 1.04,
325 5.59; p=0.04) times as likely to have a positive peanut challenge at 60 months respectively as
326 opposed to those that were not colonized. In addition, any preceding form of *S. aureus*
327 colonization was significantly associated with peanut allergy at 72 months of age. All odds ratios
328 were corrected for eczema severity at 60 or 72 months accordingly (Table 4).

329

330 Within the peanut consumption group, subjects that were skin *S. aureus* colonized at any study
331 point through LEAP were 7.13 (95% CI, 1.14, 44.47; p=0.035) and 3.87 (95% CI, 1.02, 14.65;
332 p=0.047) times as likely to develop peanut allergy diagnosed by challenge at 60 and 72 months
333 of age respectively compared with participants that were never skin *S. aureus* colonized (Table
334 4 and Figure 4). With regards to nasal or 'skin and/or nasal' colonization at both time points, this
335 association was statistically significant only when it concerned nasal *S. aureus* and peanut
336 allergy at 60 months of age (Table 4 and Online Repository Figures E7 & E8). These odds
337 ratios are based on a small number of subjects who developed peanut allergy within the LEAP
338 consumers group. Specifically, there were only 9 (6 by 60 months and an additional 3 by 72
339 months) LEAP consumers who did not have peanut allergy at baseline and failed the peanut
340 challenge at 60 and/or 72 months. All but one of these 9 LEAP consumers (9/312) had *S.*
341 *aureus* colonization at one or more time points (Online Repository Fig E9). The 6 LEAP
342 consumers who had a positive peanut challenge at both 60 and 72 months stopped
343 consumption well before 60 months of age due to suspected allergic reactions following peanut
344 consumption. In addition, there were 7 individuals in the consumption group who were allergic at
345 baseline. Of these, 6 had some form of *S. aureus* colonization at some point during the study
346 (data not shown). Within the avoidance group, there was no higher risk for peanut allergy at 60
347 or at 72 months in the subjects with any *S. aureus* colonization (Table 4).

348

349 The increased risk of peanut allergy at 60 or 72 months of age among the peanut avoiders
350 compared to the consumers was less marked in those who had any *S. aureus* compared to
351 those without *S. aureus* (Table 4, Panel B in Fig 4 and Online Repository Fig E7 & E8).

352

353 **DISCUSSION**

354 Previous findings that *S. aureus* colonization in eczema is associated with food sensitization
355 and allergy (17, 18) may be confounded by eczema severity. In the LEAP and LEAP-On Studies
356 we aimed to elucidate the relationship between *S. aureus* and food sensitization/allergy by
357 correcting our analyses for eczema severity.

358
359 In the LEAP Study cohort, approximately half of the participants were found to be colonized by
360 *S. aureus*. (Table 1 and Discussion in Online Repository). We demonstrate that skin
361 colonization with *S. aureus* was related to eczema severity, persistence and deterioration.
362 (Table 2, Fig 2 and Discussion in Online Repository).

363
364 In addition, we demonstrate that - even after correcting for eczema severity - hen's egg white
365 and peanut sIgE values at each visit in LEAP and LEAP-On were significantly associated with
366 skin *S. aureus* positivity at any LEAP study time point (Online Repository Fig E3 and Fig 2). This
367 relationship was even stronger when we looked into high-level hen's egg white and peanut sIgE
368 production (Fig 3). Similar findings are noted for cow's milk, where high level sIgE production to
369 milk at 30, 60 and 72 months of age was related with any skin *S. aureus* colonization (Online
370 Repository Figure E4). Together these data suggest that *S. aureus* is associated with hen's egg,
371 peanut and cow's milk allergy.

372
373 Moreover, high levels of total IgE production were significantly associated with any skin *S.*
374 *aureus* colonization (Online Repository Figure E4) which is consistent with literature reporting
375 that *S. aureus* can promote a polyclonal IgE response [12]. In order to investigate whether sIgE
376 to foods in subjects with *S. aureus* colonization is explained by total IgE production, we explored
377 the relationship between total IgE levels and food sIgE levels to cow's milk, hen's egg white,
378 and peanut and found a significant but moderate correlation (Online Repository Figure E5).
379 Furthermore, we found that the association between egg white or peanut sIgE at 60 months and
380 *S. aureus* colonization was not explained by total IgE (Online Repository Figure E6). However,
381 the association between total IgE levels and skin *S. aureus* was not significant when we
382 adjusted our analysis for each food sIgE (milk, egg white, peanut) (Online Repository Figure
383 E6). Overall these results indicate that in our study population high polyclonal IgE production in
384 the subjects with *S. aureus* colonization could only partly account for the association between
385 skin *S. aureus* colonization and high levels of egg white and peanut sIgE.

386
387 Allergy to hen's egg typically resolves during early childhood (22). However, in LEAP and LEAP-
388 On, 42.7% and 38.1% of the baseline egg allergic participants had persistent egg allergy at 60
389 and 72 months of age respectively. Our results demonstrate that any *S. aureus* positivity
390 increased the odds of hen's egg allergy persisting at 60 (OR 1.57, $p=0.042$) or 72 (OR 1.59,
391 $p=0.055$) months of age independent of eczema severity (Table 3) suggesting that *S. aureus*
392 may prevent the acquisition of natural tolerance to hen's egg.

393
394 In the LEAP Study, peanut consumption was successful in preventing peanut allergy at 60
395 months of age. Interestingly, LEAP consumers with *S. aureus* skin colonization were 7.13
396 ($p=0.035$) and 3.87 ($p=0.047$) times more likely to develop peanut allergy confirmed by peanut

397 challenge at 60 or 72 months of age respectively (Table 4, Fig 4). Whilst these associations are
398 based on only 9 (6 by 60 months and an additional 3 by 72 months) LEAP consumers who did
399 not have peanut allergy at baseline and failed the peanut challenge at 60 and/or 72 months, it is
400 worth noting that all but one of these participants were colonized with *S. aureus* at one or more
401 LEAP visits (Online Repository Fig E9). The 6 subjects that developed peanut allergy by 60
402 months of age stopped consuming peanut well before 60 months of age. It could therefore be
403 argued that the reason for failing to acquire oral tolerance was inadequate consumption rather
404 than the immunological effect of *S. aureus*. However, all these 6 subjects stopped eating peanut
405 during the course of the study because of strongly suspected symptoms of peanut allergy. This
406 suggests that the reduced duration of peanut consumption was the consequence of an
407 accelerated development of peanut allergy rather than the reverse. More specifically, there are
408 two possible explanations for the development of peanut allergy despite previous peanut
409 consumption in these subjects: A) they developed an accelerated form of peanut allergy
410 potentiated by *S. aureus*, and/or B) *S. aureus* may have inhibited tolerance mechanisms related
411 to peanut consumption. The fact that *S. aureus* was associated with a higher risk of peanut
412 allergy among peanut consumers but not avoiders (Table 4, Panel B in Fig 4 and Online
413 Repository Fig E7 & E8) further suggests that peanut consumption was less effective in the
414 prevention of peanut allergy among participants with *S. aureus* compared to those with no *S.*
415 *aureus*.

416
417 *S. aureus* has been implicated in the development and severity of atopic diseases such as
418 eczema, allergic rhinitis and asthma. With regards to food allergy, an epidemiological clinical
419 study indicates an association between skin *S. aureus* and milk, egg or peanut allergy in
420 children with eczema (16). There are murine studies that support a biological explanation
421 between *S. aureus* and food allergy. Indeed, SEB co-applied on the skin with ovalbumin or
422 peanut extract increases the systemic production of ovalbumin sIgE (23) and enhances peanut
423 specific CD4⁺ Th2 responses on subsequent exposure to peanut extract alone (24) respectively.
424 Additionally, SEB administered orally with antigen (ovalbumin or peanut) results in highly Th2
425 polarized immune responses to the antigen, while subsequent oral challenge with the respective
426 antigen triggers anaphylaxis (25). In all three studies, the antigen specific immune responses
427 were not observed with SEB or the antigen alone suggesting that *S. aureus* might be acting as
428 adjuvant. Our results show an association between skin *S. aureus* and high sIgE production to
429 hen's egg white, peanut and cow's milk as well as to high total IgE levels. However, we
430 demonstrated that the relationship between *S. aureus* and sIgE production to egg white and
431 peanut was primarily explained by the corresponding food allergen sIgE and not total IgE levels.
432 *S. aureus* has been associated with more severe forms of atopic diseases, and our data extend
433 these observations in food allergy.

434
435 Study strengths include the longitudinal design of the LEAP Study with detailed clinical
436 assessments and colonization results obtained at four scheduled study intervals. As our results
437 are corrected for eczema severity, we are able to confirm that the association between *S.*
438 *aureus* carriage and egg/peanut sIgE production or allergy occurred independent of eczema
439 severity.

440

441 There are limitations to the colonization results reported as use was made of less sensitive
442 bacteriological culture techniques and not DNA-based testing. Nevertheless, cultures allow for
443 the detection of live microorganisms and not remnant, nonviable genetic material from prior
444 infection. As we did not genotype the isolated strains, it is not possible to match organisms over
445 time and between skin and nasal swabs. Swabs were collected on only 4 occasions in LEAP
446 and were not collected in LEAP-On. Diagnostic food challenges were undertaken to peanut but
447 not hen's egg. A major limitation is related to the interpretation of the association between *S.*
448 *aureus* and peanut allergy in the consumers, which, although significant, is based on the very
449 small numbers of LEAP consumers who became peanut allergic as it is reflected in the wide
450 confidence intervals around the odds ratios. Larger numbers of participants who become peanut
451 allergic - despite being fed peanut in infancy/early childhood - would be required to assess if
452 these findings do indeed demonstrate that *S. aureus* colonization interferes with oral tolerance
453 induction. Finally, even after adjusting for eczema severity, we cannot rule out that the observed
454 association between colonization and food allergy could be due to other confounding factors.

455

456 *S. aureus* has been implicated in the development and severity of atopic diseases namely
457 eczema, allergic rhinitis and asthma; our findings extend these observations to the development
458 of food allergy, independent of eczema severity. The role of *S. aureus* as a potential
459 environmental factor should be considered in future interventions aimed at inducing and
460 maintaining tolerance to food allergens in eczematous infants. Further prospective longitudinal
461 studies measuring *S. aureus* with more advanced techniques and interventional studies
462 eradicating *S. aureus* in early infancy will help elucidate its role in the development of eczema or
463 food allergy.

464

465

466

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487
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500

501

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503

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- 580

581 **Display Legends**

582

583 **Table 1.** Skin and Nasal *S. aureus* Colonization Prevalence Over Time in LEAP

584

	4-11 (mo)	12 (mo)	30 (mo)	60 (mo)	Ever Colonized 4-11(mo) – 60(mo)
Skin <i>S. aureus</i>					
N	640	626	618	630	640
<i>S. aureus</i>	115 (18.0%)	63 (10.1%)	40 (6.5%)	45 (7.1%)	206 (32.2%)
No <i>S. aureus</i>	525 (82.0%)	563 (89.9%)	578 (93.5%)	585 (92.9%)	434 (67.8%)
Nasal <i>S. aureus</i>					
N	640	626	618	630	640
<i>S. aureus</i>	96 (15.0%)	35 (5.6%)	32 (5.2%)	94 (14.9%)	207 (32.3%)
No <i>S. aureus</i>	544 (85.0%)	591 (94.4%)	586 (94.8%)	536 (85.1%)	433 (67.7%)
Skin and/or Nasal <i>S. aureus</i>					
N	640	626	618	630	640
<i>S. aureus</i>	166 (25.9%)	87 (13.9%)	66 (10.7%)	125 (19.8%)	312 (48.8%)
No <i>S. aureus</i>	474 (74.1%)	539 (86.1%)	552 (89.3%)	505 (80.2%)	328 (51.3%)
Skin and Nasal <i>S. aureus</i> Combination					
N	640	626	618	630	
Nasal Only	51 (8.0%)	24 (3.8%)	26 (4.2%)	80 (12.7%)	
Skin Only	70 (10.9%)	52 (8.3%)	34 (5.5%)	31 (4.9%)	
Skin and Nasal	45 (7.0%)	11 (1.8%)	6 (1.0%)	14 (2.2%)	
Neither	474 (74.1%)	539 (86.1%)	552 (89.3%)	505 (80.2%)	

585

586

587 The prevalence of skin, nasal, skin or nasal, and the combination of skin and nasal *S. aureus* colonization for all subjects enrolled in LEAP at
588 baseline (4-11 months), 12 months, 30 months, and 60 months are shown. If a subject has at least one instance of *S. aureus* colonization at any of
589 the 4 LEAP visits (4-11 mo to 60 mo) then that subject is summarized as '*S. aureus*' in the 'Ever Colonized' column. Analogously, if a subject

S. aureus and food allergy in LEAP/LEAP-On

590 never has *S. aureus* at any of the 4 LEAP visits (4-11 mo to 60 mo) then that subject is summarized as 'No *S. aureus*' in the 'Ever Colonized'
591 column. This definition of 'Ever Colonized' is utilized in subsequent analyses.
592

593 **Table 2.** Concurrent Skin and Nasal *S. aureus* Colonization and Eczema Severity
 594

	Skin <i>S. aureus</i>											
	4-11 (mo)			12 (mo)			30 (mo)			60 (mo)		
	No <i>S. aureus</i>	<i>S. aureus</i>	p-value	No <i>S. aureus</i>	<i>S. aureus</i>	p-value	No <i>S. aureus</i>	<i>S. aureus</i>	p-value	No <i>S. aureus</i>	<i>S. aureus</i>	p-value
SCORAD			<.001			<.001			<.001			<.001
N	525	115		563	63		576	40		583	45	
Mean (SD)	32.6 (18.5)	42.3 (18.6)		20.5 (14.1)	31.6 (16.5)		15.1 (12.9)	33.1 (16.8)		5.9 (9.9)	22.1 (15.3)	
LS Means (SE)	33.1 (0.8)	40.1 (1.6)		21.0 (0.6)	27.5 (1.5)		15.4 (0.5)	28.4 (1.8)		6.3 (0.4)	17.1 (1.3)	
Diff LS Means (<i>S. aureus</i> - No <i>S. aureus</i>)			6.9 (3.6, 10.2)			6.5 (3.3, 9.6)			13.0 (9.4, 16.6)			10.8 (8.1, 13.5)

	Nasal <i>S. aureus</i>											
	4-11 (mo)			12 (mo)			30 (mo)			60 (mo)		
	No <i>S. aureus</i>	<i>S. aureus</i>	p-value	No <i>S. aureus</i>	<i>S. aureus</i>	p-value	No <i>S. aureus</i>	<i>S. aureus</i>	p-value	No <i>S. aureus</i>	<i>S. aureus</i>	p-value
SCORAD			0.009			0.015			0.024			0.005
N	544	96		591	35		584	32		534	94	
Mean (SD)	33.5 (18.9)	39.6 (17.8)		21.4 (14.7)	26.5 (14.1)		16.0 (13.6)	21.7 (17.5)		6.5 (10.3)	10.6 (14.6)	
LS Means (SE)	33.7 (0.8)	38.5 (1.7)		21.4 (0.6)	26.4 (2.0)		16.0 (0.6)	20.6 (2.0)		6.6 (0.5)	9.5 (1.0)	
Diff LS Means (<i>S. aureus</i> - No <i>S. aureus</i>)			4.8 (1.2, 8.3)			5.0 (1.0, 9.1)			4.6 (0.6, 8.7)			2.9 (0.9, 4.9)

595
 596 Data is presented for Eczema severity defined by SCORAD for all participants who were in LEAP with available data for each time point divided
 597 into groups based on whether a subject had *S. aureus* at the concurrent visit or did not have *S. aureus* at the concurrent visit. P-values are from a
 598 longitudinal repeated measures model comparing the difference in least squares means in SCORAD between subjects without *S. aureus*
 599 colonization to those with *S. aureus* colonization.
 600

601 **Table 3.** Persistent Egg Allergy in Relation to *S. aureus* Colonization and Treatment Assignment
 602

<i>S. aureus</i> Colonization (Baseline to 60 Months)	LEAP N=363			LEAP-On N=318		
	Odds Ratio	95% CI	p-value	Odds Ratio	95% CI	p-value
Overall (<i>S. aureus</i> vs No <i>S. aureus</i>)						
Skin <i>S. aureus</i>	1.39	{0.88, 2.19}	0.160	1.77	{1.09, 2.89}	0.022
Nasal <i>S. aureus</i>	1.61	{1.03, 2.52}	0.036	1.54	{0.95, 2.49}	0.079
Skin and/or Nasal <i>S. aureus</i>	1.57	{1.02, 2.42}	0.042	1.59	{0.99, 2.55}	0.055
Within Peanut Consumption Group (<i>S. aureus</i> vs No <i>S. aureus</i>)						
Skin <i>S. aureus</i>	1.37	{0.73, 2.58}	0.326	1.68	{0.85, 3.35}	0.139
Nasal <i>S. aureus</i>	1.42	{0.76, 2.67}	0.276	1.65	{0.83, 3.26}	0.154
Skin and/or Nasal <i>S. aureus</i>	1.65	{0.89, 3.03}	0.108	1.88	{0.96, 3.70}	0.066
Within Peanut Avoidance Group (<i>S. aureus</i> vs No <i>S. aureus</i>)						
Skin <i>S. aureus</i>	1.39	{0.74, 2.64}	0.300	1.86	{0.95, 3.67}	0.072
Nasal <i>S. aureus</i>	1.83	{0.98, 3.43}	0.059	1.44	{0.73, 2.86}	0.295
Skin and/or Nasal <i>S. aureus</i>	1.49	{0.81, 2.73}	0.196	1.34	{0.69, 2.58}	0.385
Within Those With <i>S. aureus</i> (Avoidance vs. Consumption)						
Skin <i>S. aureus</i>	0.88	{0.44, 1.77}	0.717	0.94	{0.44, 1.99}	0.869
Nasal <i>S. aureus</i>	1.02	{0.49, 2.09}	0.955	0.81	{0.37, 1.77}	0.600
Skin and/or Nasal <i>S. aureus</i>	0.85	{0.47, 1.52}	0.573	0.78	{0.41, 1.47}	0.440
Within Those Without <i>S. aureus</i> (Avoidance vs. Consumption)						
No Skin <i>S. aureus</i>	0.86	{0.51, 1.47}	0.583	0.85	{0.47, 1.54}	0.587
No Nasal <i>S. aureus</i>	0.79	{0.47, 1.34}	0.386	0.93	{0.52, 1.66}	0.799
No Skin and/or Nasal <i>S. aureus</i>	0.93	{0.50, 1.74}	0.829	1.09	{0.55, 2.18}	0.797

603
 604 This table displays the odds ratios, 95% confidence intervals, and p-values from multiple multivariate logistic regression models. One set of models was
 605 fit for the 60 month data (outcome of interest being persistent egg allergy as assessed by raw and pasteurized egg skin prick test wheal cut-offs at 60
 606 months), and another set of models was fit for the 72 month data (outcome of interest being persistent egg allergy as assessed by raw and pasteurized egg
 607 skin prick test wheal cut-offs at 72 months) with *S. aureus* colonization status (one model each for skin, nasal, and skin and/or nasal) adjusted for
 608 SCORAD (at 60 and 72 months respectively), LEAP treatment assignment, and the interaction between *S. aureus* status and treatment assignment. Those
 609 who do not have protocol-defined egg allergy at baseline are not included in this analysis.

610
S. aureus and food allergy in LEAP/LEAP-On

611 **Table 4.** Peanut Allergy in Relation to *S. aureus* Colonization and Treatment Assignment
 612

<i>S. aureus</i> Colonization (Baseline to 60 Months)	LEAP N=619			LEAP-On N=538		
	Odds Ratio	95% CI	p-value	Odds Ratio	95% CI	p-value
Overall (<i>S. aureus</i> vs No <i>S. aureus</i>)						
Skin <i>S. aureus</i>	2.94	{1.11, 7.76}	0.029	2.19	{1.04, 4.61}	0.039
Nasal <i>S. aureus</i>	2.41	{1.04, 5.59}	0.040	2.18	{1.05, 4.56}	0.037
Skin and/or Nasal <i>S. aureus</i>	4.24	{0.97, 18.59}	0.055	2.78	{1.09, 7.07}	0.031
Within Peanut Consumption Group (<i>S. aureus</i> vs No <i>S. aureus</i>)						
Skin <i>S. aureus</i>	7.13	{1.14, 44.47}	0.035	3.87	{1.02, 14.65}	0.047
Nasal <i>S. aureus</i>	3.78	{0.79, 18.11}	0.096	3.88	{1.03, 14.61}	0.045
Skin and/or Nasal <i>S. aureus</i>	12.26	{0.68, 220.56}	0.089	5.57	{0.96, 32.26}	0.055
Within Peanut Avoidance Group (<i>S. aureus</i> vs No <i>S. aureus</i>)						
Skin <i>S. aureus</i>	1.21	{0.65, 2.25}	0.545	1.24	{0.65, 2.37}	0.508
Nasal <i>S. aureus</i>	1.54	{0.84, 2.82}	0.162	1.23	{0.65, 2.32}	0.519
Skin and/or Nasal <i>S. aureus</i>	1.47	{0.81, 2.67}	0.208	1.39	{0.75, 2.58}	0.293
Within Those With <i>S. aureus</i> (Avoidance vs. Consumption)						
Skin <i>S. aureus</i>	4.29	{1.60, 11.51}	0.004	3.27	{1.27, 8.43}	0.014
Nasal <i>S. aureus</i>	5.78	{2.01, 16.65}	0.001	3.23	{1.25, 8.34}	0.015
Skin and/or Nasal <i>S. aureus</i>	5.86	{2.43, 14.14}	<0.001	3.97	{1.77, 8.95}	0.001
Within Those Without <i>S. aureus</i> (Avoidance vs. Consumption)						
No Skin <i>S. aureus</i>	25.26	{4.86, 131.35}	<0.001	10.18	{3.31, 31.35}	<0.001
No Nasal <i>S. aureus</i>	14.19	{3.86, 52.21}	<0.001	10.19	{3.31, 31.33}	<0.001
No Skin and/or Nasal <i>S. aureus</i>	48.89	{2.93, 815.20}	0.007	15.90	{2.98, 84.66}	0.001

613
 614 This table displays the odds ratios, 95% confidence intervals, and p-values from multiple multivariate logistic regression models using the Firth penalized
 615 likelihood method. One set of models was fit for the 60 month data (outcome of interest being peanut allergy as assessed by oral food challenge at 60 months),
 616 and another set of models was fit for the 72 month data (outcome of interest being peanut allergy as assessed by oral food challenge at 72 months). Predictors of
 617 interest included *S. aureus* colonization status (one model each for skin, nasal, and skin and/or nasal) adjusted for SCORAD (at 60 and 72 months respectively),
 618 LEAP treatment assignment, and the interaction between *S. aureus* status and treatment assignment. Infants randomly assigned to consumption underwent a
 619 baseline, open-label food challenge; the 7 subjects who reacted to that challenge are not included in this analysis. Interpret results with caution as a small number
 620 of subjects with peanut allergy (especially in the Peanut Consumption arm) contribute to these analyses.

S. aureus and food allergy in LEAP/LEAP-On

621 **Figure 1.** Eczema Severity by Skin *S. aureus* Colonization at the Preceding Visit
622 Data is presented for all participants who were in LEAP and LEAP-On with available SCORAD
623 data for each study assessment time point divided into groups based on whether subjects had skin
624 *S. aureus* at the previous visit (in red) or did not have skin *S. aureus* at the previous visit (in
625 blue). Black diamonds represent model predicted means, boxes represent 25th and 75th centiles,
626 error bars represent 2.5th and 97.5th centiles, and the middle line of the box represents the
627 median. The total number of subjects contributing to the analysis at each time point, p-values,
628 mean differences and 95% confidence intervals around that difference directly above each
629 assessment time point refer to the least squares mean difference (*S. aureus* – no *S. aureus*) and
630 p-value comparison between those who had skin *S. aureus* at the previous visit and those who
631 did not have skin *S. aureus* at the previous visit using a longitudinal repeated measures model
632 adjusted for SCORAD at the previous visit, time, *S. aureus* status at the previous visit, and the
633 interaction between *S. aureus* status at the previous visit and time.

634
635 **Figure 2.** Peanut sIgE Over Time by Skin *S. aureus* Colonization Status
636 Data is presented for all participants who were in LEAP and LEAP-On with available Peanut
637 Specific IgE data for each study assessment time point divided into groups based on whether
638 subjects ever had skin *S. aureus* from baseline to 60 months (in red) or never had skin *S. aureus*
639 from baseline to 60 months (in blue). Black diamonds represent model predicted means, boxes
640 represent 25th and 75th centiles, error bars represent 2.5th and 97.5th centiles, and the middle line
641 of the box represented the median. The total number of subjects contributing to the analysis at
642 each time point, p-values, mean differences and 95% confidence intervals around that mean
643 difference directly above each assessment time point refer to the comparison between those who
644 never have *S. aureus* and those who ever have *S. aureus* groups using a longitudinal repeated
645 measures model adjusted for SCORAD, time, *S. aureus* status, and the interaction between *S.*
646 *aureus* status and time. Average SCORAD values at each time point are annotated directly
647 below the box plots for those who ever had skin *S. aureus* (red) and those who never had skin *S.*
648 *aureus* (blue).

649
650 **Figure 3.** Relative Distribution of Hen's Egg White and Peanut sIgE Over Time by Skin *S.*
651 *aureus* Colonization Status
652 These figures show the relative distribution of hen's egg white-specific IgE and peanut-specific
653 IgE between those who ever have skin *S. aureus* (shown in red) from 4-11 months to 60 months
654 and those who never have skin *S. aureus* (shown in blue). The vertical reference lines indicate
655 where the distribution begins to significantly differ ($p < 0.05$) between the two groups using
656 bootstrap sampling of 1000 replicates of the upper percentiles indicating that those with *S.*
657 *aureus* colonization are over represented in the higher end of the distribution of sIgE (which is
658 more indicative of allergy).

659 A reference panel is included to illustrate the 67.8% of the trial participants who never had skin
660 *S. aureus* and the 32.2% who ever had skin *S. aureus* and what a pattern with no association of
661 skin *S. aureus* with sIgE levels would look like.

662

663 **Figure 4.** Peanut Allergy in Relation to Skin *S. aureus* Colonization and Treatment Assignment
664 Percents (from raw data), odds ratios and 95% confidence intervals from multiple multivariate
665 logistic regression models using the Firth penalized likelihood method are displayed. One model
666 was fit for the 60 month data (outcome of interest being peanut allergy as assessed by oral food
667 challenge at 60 months), and another model was fit for the 72 month data (outcome of interest
668 being peanut allergy as assessed by oral food challenge at 72 months). Predictors of interest
669 included skin *S. aureus* colonization status adjusted for SCORAD (at 60 and 72 months
670 respectively), LEAP treatment assignment, and the interaction between skin *S. aureus* status and
671 treatment assignment. Panel A for the plot summarize the relationship between peanut allergy
672 and skin *S. aureus* colonization status (overall, within consumers, and within avoiders). In the
673 ‘Percent’ panel, the numerators refer to the number of subjects with peanut allergy while the
674 denominator refers to the number of subjects with skin *S. aureus* (in red) and those without skin
675 *S. aureus* (blue). Panel B of the plot summarize the relationship between peanut allergy and
676 peanut consumption (overall, within those with skin *S. aureus*, within those without skin *S.*
677 *aureus*). In the ‘Percent’ panel, the numerators refer to the number of subjects with peanut
678 allergy while the denominator refers to the number of subjects in the avoidance group (in grey)
679 and those in the consumption group (green). Interpret results with caution as a small number of
680 subjects with peanut allergy (especially in the Peanut Consumption arm) contribute to these
681 analyses.

Figure 1 - Eczema Severity by Skin *S. aureus* Colonization at the Preceding Visit

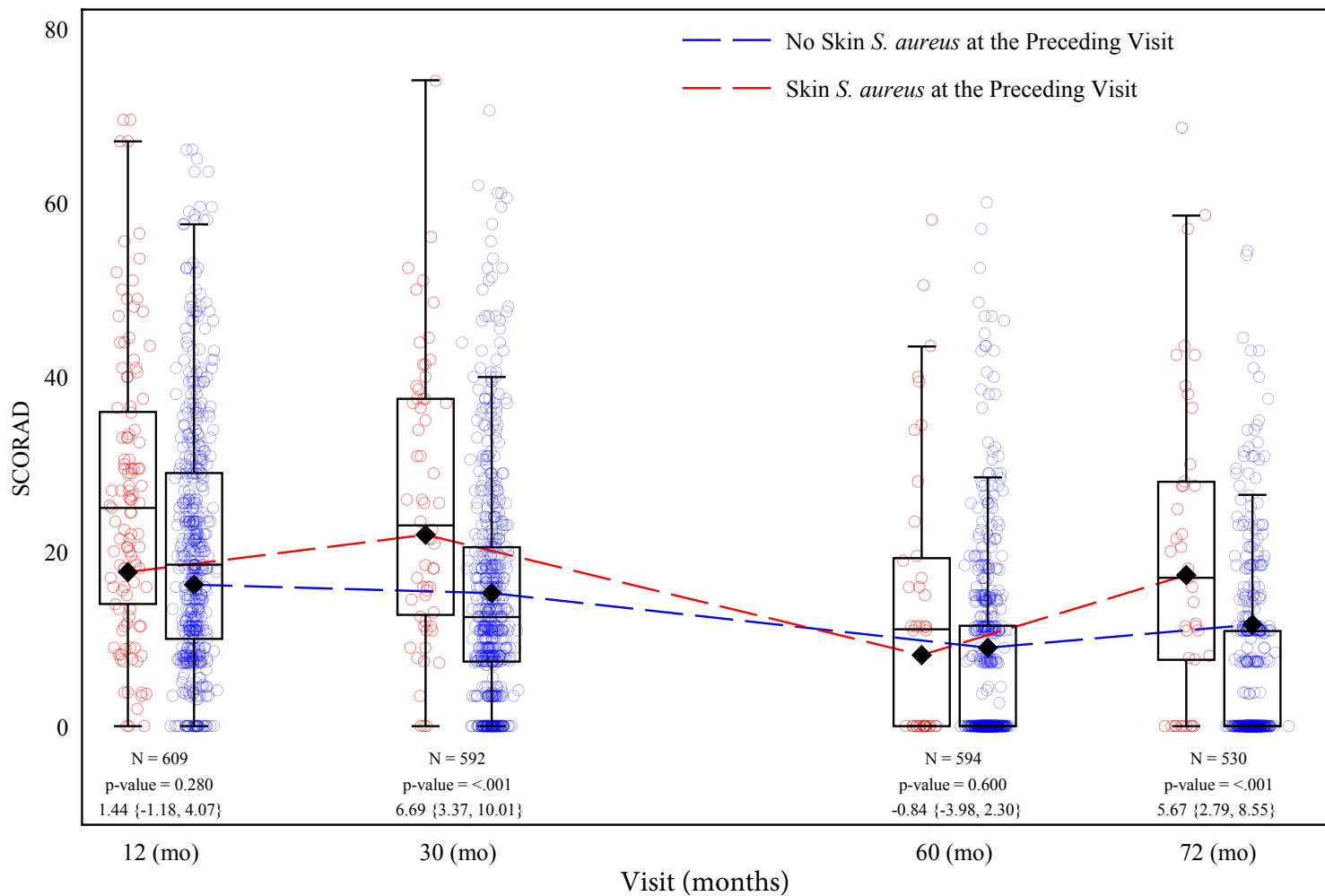


Figure 2 - Peanut sIgE Over Time by Skin *S. aureus* Colonization Status

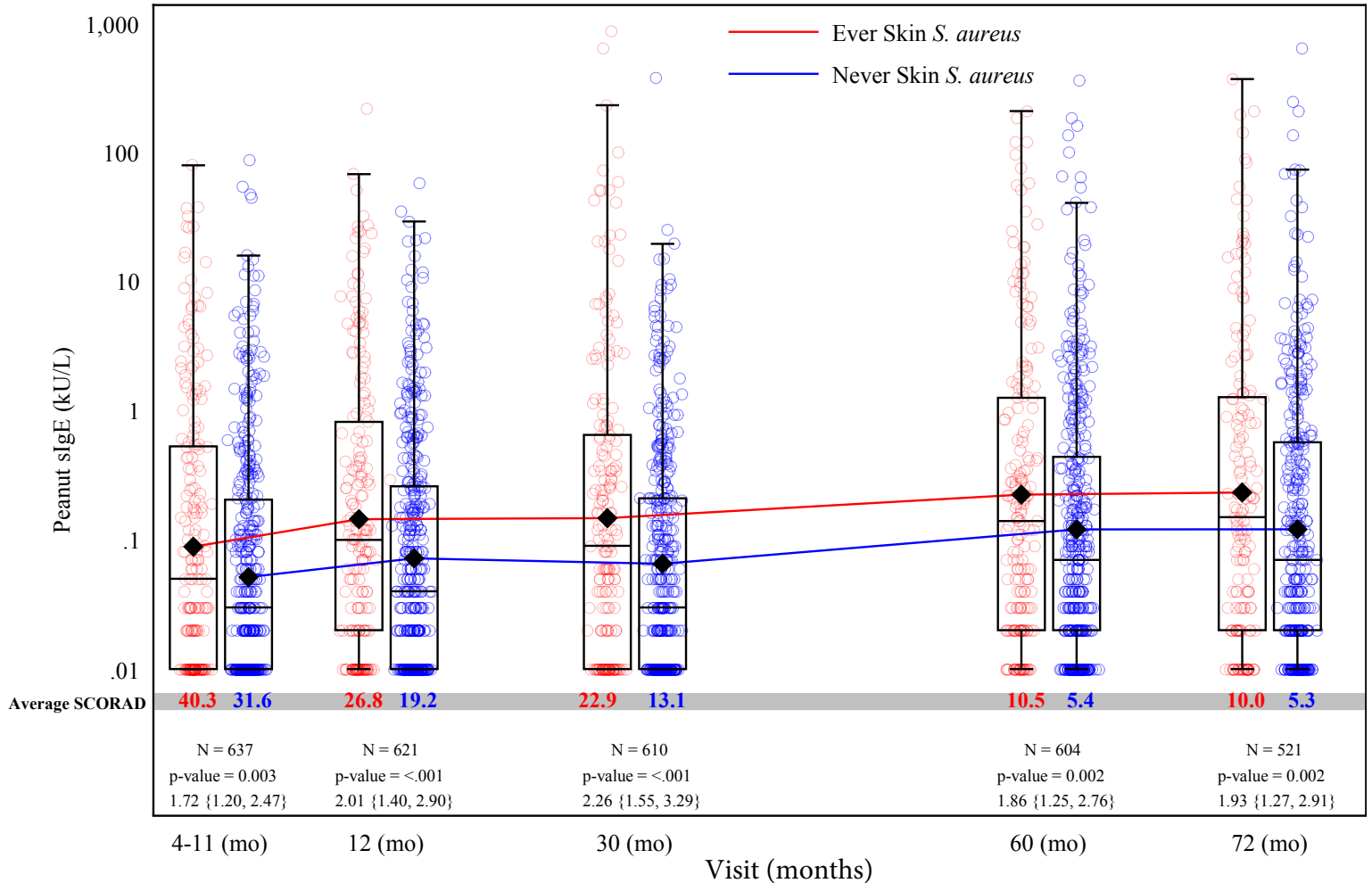


Figure 3 - Relative Distribution of Hen's Egg White and Peanut sIgE Over Time by Skin *S. aureus* Colonization

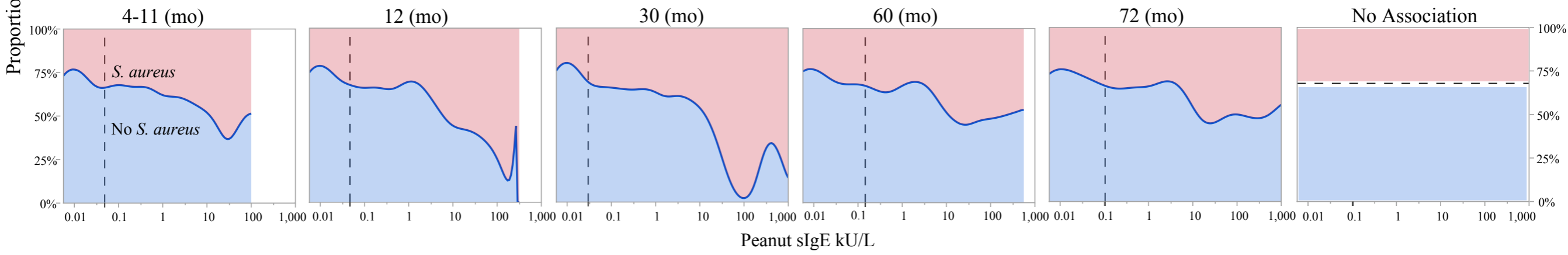
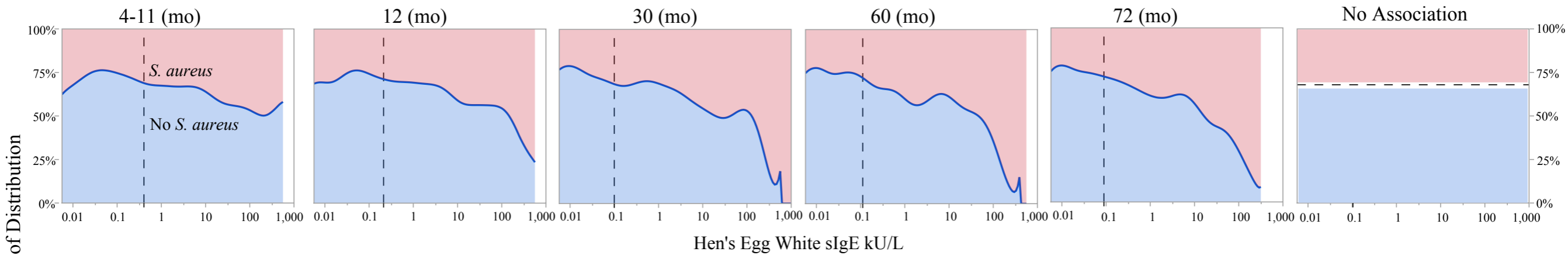
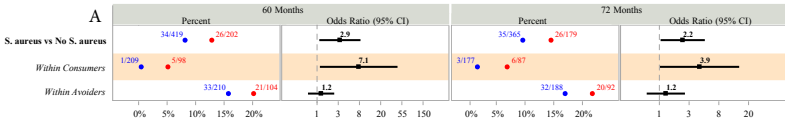


Figure 4 - Peanut Allergy in Relation to Skin *S. aureus* Colonization and Treatment Assignment

A



B

