

## Manuscript Details

<b>Manuscript number</b>	BBAGRM_2019_88_R1
<b>Title</b>	Splicing in the pathogenesis, diagnosis and treatment of ciliopathies
<b>Article type</b>	Review Article

### Abstract

Primary cilia are essential signalling organelles found on the apical surface of epithelial cells, where they coordinate chemosensation, mechanosensation and light sensation. Motile cilia play a central role in establishing fluid flow in the respiratory tract, reproductive tract, brain ventricles and ear. Genetic defects affecting the structure or function of cilia can lead to a broad range of developmental and degenerative diseases known as ciliopathies. Splicing is of fundamental importance to the pathogenesis, diagnosis and treatment of ciliopathies. Tissue-specific splicing is particularly important in the highly specialised ciliated cells of the retina, the photoreceptor cells. Ciliopathies can arise both as a result of genetic variants in spliceosomal proteins, or as a result of variants affecting splicing of specific cilia genes. Here we discuss the opportunities and challenges in diagnosing ciliopathies using RNA sequence analysis and the potential for treating ciliopathies in a relatively mutation-neutral way by targeting splicing.

<b>Keywords</b>	ciliopathies; splicing; diagnosis
<b>Taxonomy</b>	Molecular Biology, Genetics
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## Submission Files Included in this PDF

### File Name [File Type]

Response to Editor and Reviewer Comments.docx [Response to Reviewers]  
Splicing in ciliopathies\_FINAL.docx [Revised Manuscript with Changes Marked]  
highlights.docx [Highlights]  
Splicing ciliopathies\_responsetorevs\_FINAL.clean.docx [Manuscript File]  
Fig 1 Cilia copy.pdf [Figure]  
Figure 2 phenotypes.pdf [Figure]  
Figure 3.pdf [Figure]  
Figure 4.pdf [Figure]  
coi\_disclosure JL.pdf [Conflict of Interest]  
coi\_disclosure GW.pdf [Conflict of Interest]  
coi\_disclosure.db.pdf [Conflict of Interest]

## Submission Files Not Included in this PDF

### File Name [File Type]

Table 1.xlsx [Supporting File]  
Table 2.xlsx [Supporting File]  
Table 3.xlsx [Supporting File]

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## **Editor and Reviewer Comments:**

### **-Reviewer 1**

- This is a timely and interesting review article that draws attention to the importance of dysregulated pre-mRNA splicing in the pathogenesis of several ciliopathies, providing opportunities for better diagnosis and potentially offering avenues for the development of new therapies. There have been a plethora of review articles on alternative splicing in disease but one focused on ciliopathies is original, and very welcome at this time.

It is a topical, interesting, well researched and well written review; however I feel it could be improved through a series of mostly minor alterations, as indicated in the following list. In general I feel that some topics and points need to be explained in a little more detail.

1. On a general stylistic point, I notice quite a lot of rather short, even one-sentence paragraphs. You might want to consider amalgamating paragraphs or filling out paragraphs that could do with additional detail.

We have addressed this issue by both amalgamating some paragraphs and extending some paragraphs to include additional detail.

2. Lines 29-33 as this is a key point of interest to the reader, can you elaborate by providing more detail about how motile cilia play a role in development.

We have provided more information here (lines 31 – 34)

3. Lines 43-48 this list of ciliopathies could do with being presented in a suitably formatted table.

We have added this information in a new table, now Table 1.

4. 66-71, please clarify, are these all worldwide incidences?

This has been clarified in lines 66 – 76.

5. 74, rather than referring to an OMIM webpage that could change, could you refer to some explicit literature?

We have replaced the OMIM page with a reference, now on line 72.

6. 90-91 can you expand here and explain in more detail the findings of reference [13].

More detail has been added here, now in lines 100 – 111, 113 – 115 and 117 – 122.

7. 93, granted the human retina displays extensive transcript diversity. This connects to the final paragraph of the section 124-127 "...aberrations of splicing may be more likely to have a physiological impact on retinal photoreceptor cells". I don't feel that this claim is sufficiently justified here - yes I appreciate that reference [14] is pointing to a plethora of alternative splicing events, but how does transcript diversity in the retina compare to that in other tissues? so perhaps you could elaborate here to strengthen the point.

We have expanded on this section, now in lines 125 – 141.

8. 98-107 when describing these splice isoforms can you be more precise and explain the exact nature of each splice isoform - the specific mode needs to be stated; eg cassette exon, alternative 3' splice site etc. This list of isoforms could perhaps also benefit from being summarised in a table too.

We have added more detailed information and added additional examples, in lines 147 – 160.

9.156-159, this section on DDX59 is rather short - there seems to be some interesting recent literature on DDX59, so could you perhaps elaborate.

We have provided additional detail here, from lines 204 – 225.

9. 173 please explain exactly how exons 9 and 12 are incorrectly spliced.

We have provided additional detail, lines 306 – 309.

10. 180-213 most of this section seems to be interested on the challenges associated with characterising splicing mutations. This is a fair enough point, but perhaps this section (on splicing in ciliopathies etc) could be re-balanced, with less emphasis on the challenges of splicing mutations in general, and more detail on the ciliopathy associated splicing mutations.

We have added more detail on ciliopathy-associated mutations (lines 243 – 273, 280 – 287, 289 – 304 and 335 – 341) to balance this section.

12.224-227 avoid one-sentence paragraphs.

We have amalgamated several shorter paragraphs into one.

13. 261-307 this section on the technical challenges of interpreting RNASeq data is very interesting but its pertinence to the main topic (splicing in ciliopathies) really does need to be strengthened. Could additional details about the NPHP3 gene and its faulty splicing in relation to ciliopathies be provided. Perhaps additional examples could also be provided, relating the technical challenges of RNASeq data to the splicing of cilia-associated genes.

We have added more ciliopathy-specific detail (lines 361 – 374, 390 – 405 and 407 – 408 and 413 – 434)

14. 312-3019 are these weblinks to a specific clinical trial an appropriate reference? (more on the next page).

We have replaced these with shorter URLs.

15. 338 add some text to explain how Eteplirsen works, to strengthen the point.

We have added additional detail here (lines 515 – 527)

16. 356-359 another one-sentence paragraph. Please provide more details on the USH2A trial.

We have amalgamated several shorter paragraphs into one, and added details on the USH2A trial (lines 548 – 553).

17. 368 please explain the mechanism; how does the ASO rescue the splicing defect in CEP290? (presumably with reference to Figure 5?).

We have added detail here (lines 558 – 564) and referred to figure 4 (renumbered from Figure 5).

18. 402-404 please provide more details on how the approach detailed in reference [76] works.

Additional detail has been added here (lines 600 – 610).

19. 417-440 conclusion, too many one-sentence paragraphs in this final section.

We have amalgamated several shorter paragraphs into one.

20. A general point: are all of the figures referred to in the text?

Yes.

21. Figure 3 I find this figure a little underwhelming; could it be augmented, even with some simple labeling, making its relevance to ciliopathies clearer to the reader.

We have removed this figure as we agree that it added little to the paper.

22. Figure 4, I am not sure that showing different ASO chemistries is really necessary in this review. A better figure would be one that summarises how different ASOs have been used to tackle splicing defects in ciliopathies.

This figure (now figure 3) has been revised

Reviewer 2

Dr. Baralle and colleagues present a very interesting overview of current knowledge on the impact of splicing on ciliopathies. The review starts with a description of cilia and how non-functional cilia cause inherited diseases called ciliopathies. This is followed by a brief discussion of alternative splicing during human development and a description of alternative splicing isoforms detected in the retina. Next, authors discuss how mutations in genes that encode components of the splicing machinery are associated with pathology of the retina. Then, authors address the impact of genetic variants that may alter splicing regulation and the identification by RNA seq of these variants in genes associated with ciliopathies. Finally, recent advances in gene therapy for retinal diseases are described, and the potential of targeting splicing for future therapies is discussed.

The following issues should be addressed in a revised version of the manuscript.

1. In the abstract, the sentence “splicing is of fundamental importance to the pathogenesis, diagnosis and treatment of ciliopathies” is clearly an overstatement that needs correction. As discussed in more detail below, the experimental data available raises some possibilities, but the actual mechanism underlying the importance of splicing is not yet demonstrated for particular ciliopathies. Also the sentence “tissue-specific splicing is particularly important in the highly specialized ciliated cells of the retina” is not correct. Tissue-specific splicing is highly important in any specialized cell of the human body.

We have made these corrections in the abstract and main text.

2. Section “The importance of alternative splicing in ciliated cells”. This section should start with a more elaborate description of the splicing mechanism, and what is the physiological relevance of tissue-specific alternative splicing. Several recent reviews have covered this topic and should be cited. The sentence “splicing is particularly important for regulation of the splicing process itself,” must be explained giving mechanistic detail and appropriate references. Also the sentence “and for regulation of connecting cilium and outer segment biogenesis, which occur from 12-18 weeks post conception” needs to be better explained, mentioning specific experimental data reported in reference 13. It is important to know that the human retina displays multiple splicing isoforms, but what is their physiological relevance? What experimental models can be used for functional studies? These are current knowledge gaps that could be discussed. Again, the sentence “Thus, aberrations of splicing may be more likely to have a physiological impact on retinal photoreceptor cells than other cell types of the body” is flawed, there is no functional data to support such statement.

We have added a description of the mechanism of splicing and the physiological relevance of tissue-specific splicing (lines 79 – 87 and 89 - 96)

We have added detail to lines 100 – 122 to explain “splicing is particularly important for regulation of the splicing process itself,” and “and for regulation of connecting cilium and outer segment biogenesis, which occur from 12-18 weeks post conception”

We have discussed retinal isoforms, their physiological relevance and studying them in more detail in lines 125 – 141.

The sentence “Thus, aberrations of splicing may be more likely to have a physiological impact on retinal photoreceptor cells than other cell types of the body” has been removed.

3. Section “retinal ciliopathies associated with spliceosomal proteins”. The findings reported in ref 27 raise the possibility that the mutant proteins play a role in ciliogenesis independent of their function in splicing. This argues against the general statement in the Abstract that “splicing is of fundamental importance to the pathogenesis... of ciliopathies”.

The statement “splicing is of fundamental importance to the pathogenesis... of ciliopathies” has been edited in the abstract.

4. Section “splice variants in ciliopathy genes”. It would be useful for the non-specialist reader to start this section with an overview of splicing regulation and explaining how splice mutations may interfere with normal splicing regulation, highlighting that this process is distinct from alternative splicing. It is also important to mention that splice variants occur in any gene, therefore there is nothing special about splicing in ciliopathies.

We have added a general overview of splicing regulation and splicing mutations (lines 227 – 239)

5. Section “Treating ciliopathies by targeting splicing”. A reference to Nusinersen<sup>TM</sup> (approved for treatment of Spinal muscular atrophy) should be included.

We have added information regarding nusinersen at lines 514 – 527.

# Splicing in the pathogenesis, diagnosis and treatment of ciliopathies

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## Abstract

Primary cilia are essential signalling organelles found on the apical surface of epithelial cells, where they coordinate chemosensation, mechanosensation and light sensation. Motile cilia play a central role in establishing fluid flow in the respiratory tract, reproductive tract, brain ventricles and ear. Genetic defects affecting the structure or function of cilia can lead to a broad range of developmental and degenerative diseases known as ciliopathies.

Splicing contributes to the pathogenesis, diagnosis and treatment of ciliopathies. Tissue-specific alternative splicing contributes to the tissue-specific manifestation of ciliopathy phenotypes, for example the retinal-specific effects of some genetic defects, due to specific transcript expression in the highly specialised ciliated cells of the retina, the photoreceptor cells. Ciliopathies can arise both as a result of genetic variants in spliceosomal proteins, or as a result of variants affecting splicing of specific cilia genes. Here we discuss the opportunities and challenges in diagnosing ciliopathies using RNA sequence analysis and the potential for treating ciliopathies in a relatively mutation-neutral way by targeting splicing.

## The cilium in inherited human disease

The primary cilium (**Figure 1a,b**) is the cell's central signalling organelle and is fundamentally important for normal development and physiology [1]. Cilia are found throughout the body on the apical surface of most epithelial cells, where they play roles in mechanosensation and chemosensation. A highly specialised primary cilium, the photoreceptor cilium (**Figure 1c,d**), is found on the photoreceptor cell of the retina. This photoreceptor cilium contains proteins which coordinate light sensation [2]. Motile cilia (**Figure 1e,f**), which have a different ultrastructure from primary cilia allowing them to beat and establish fluid flow, also play an essential role in development, in the establishment of left-right body asymmetry. **At the embryonic node in early development, a mixed population of motile and non-motile cilia are found. The motile cilia establish leftward flow to move left-specific morphogens to the left-hand side of the developing embryo, defining this as the left. In developed mammals, motile** cilia play a crucial role in movement of mucus in the respiratory tract, ova along the Fallopian tubes, cerebrospinal fluid in the ventricles of the brain, and fluid in the middle ear [3].

When cilia do not form or function properly, a range of inherited conditions called 'ciliopathies' arise [4]. These are separated into the non-motile and motile ciliopathies. Due to the widespread importance of the primary cilium across multiple tissues, the non-motile ciliopathies tend to be syndromic conditions, affecting multiple organs. Common features of syndromic non-motile ciliopathies are neurodevelopmental defects (**Figure 2a-c**), skeletal defects (**Figure 2d,e**), obesity (**Figure 2f**), cystic kidney disease (**Figure 2g,h**), and inner ear problems leading to sensorineural hearing loss. Polydactyly (**Figure 2i,j**) and retinal dystrophy (**Figure 2k,l**) are particularly common across syndromic ciliopathies. The non-motile ciliopathies can be broadly classified into the



46 neurodevelopmental ciliopathies, such as Joubert (JBTS) and Meckel-Gruber syndrome (MKS); the  
47 kidney ciliopathies such as polycystic kidney disease (PKD) and nephronophthisis (NPHP); the skeletal  
48 ciliopathies such as short-rib thoracic dystrophies (SRTD) and orofacioidigital syndrome (OFD); the  
49 obesity ciliopathies such as Bardet-Biedl syndrome (BBS) and Alstrom syndrome (ALMS) and the  
50 isolated retinal ciliopathies, including subtypes of retinitis pigmentosa (RP), Leber congenital  
51 amaurosis (LCA) and cone-rod dystrophy (CORD) (Table 1). Defects in motile cilia lead to a group of  
52 disorders termed primary ciliary dyskinesia (PCD) (Table 1). PCD is a clinically heterogeneous group of  
53 disorders which may include recurrent respiratory infections, progressive upper respiratory problems  
54 and loss of lung function, subfertility, infrequent hydrocephalus, situs defects (which may be linked to  
55 heart disease) and hearing problems (Figure 2m-p) [5].

56  
57 The ciliopathies are widely genetically heterogeneous (Table 2). The vast majority of these conditions  
58 are inherited in an autosomal recessive manner, but there are also examples of X-linked inheritance  
59 such as X-linked JBTS and X-linked oro-facio-digital syndrome (OFD) associated with *OFD1* mutations.  
60 However, the single most common ciliopathy is autosomal dominant PKD (AD-PKD), 85% of which is  
61 caused by mutations in *PKD1* [6] (Table 3). AD-PKD is the most common cause of end-stage renal  
62 failure, and affects between 1:1000 and 1:4000 individuals in the EU, making it one of the most  
63 common genetic diseases in humans, and the most common cause of end-stage renal failure [7]. Non-  
64 syndromic retinal ciliopathies are also relatively common. Retinal dystrophies collectively affect  
65 around 1:3000 people worldwide [8]. The most common of these is RP, which affects around 1:3500  
66 people worldwide [9]. LCA affects around 1:50,000 people and CORD affects around 1:40,000 people  
67 worldwide. Around one third of the genetic causes of retinal dystrophy encode proteins of the  
68 photoreceptor cilium [10]; Table 2), so non-syndromic retinal ciliopathies can be estimated to affect  
69 1:6000 individuals in the general population worldwide (Table 3). The recessive ciliopathies are  
70 individually much rarer but collectively common, with an incidence rate from 1 in 15-30,000 (USH) to  
71 1 in 100,000 (JBTS, BBS, MKS and ALMS) worldwide (Table 3). PCD affects around 1 in 10,000 people  
72 worldwide (Table 3) and is genetically heterogeneous, with 38 known genetic causes [11] (Table 2).  
73 As with non-motile ciliopathies, the majority of genetic subtypes of PCD are inherited in an autosomal  
74 recessive manner, but X-linked forms caused by mutations in the *RPGR* or *PIH1D3* genes have been  
75 reported. Collectively, ciliopathies can be estimated to affect between roughly 1:700 and 1:2000  
76 people in the general population worldwide [12] (Table 3).

77

## 78 The importance of alternative splicing in ciliated cells

79 The vast majority of human genes contain more than one exon, divided by introns, and splicing is the  
80 process by which introns are removed from a pre-mRNA and exons joined to make a mature mRNA.  
81 This process is catalysed by a large protein and RNA complex known as the spliceosome [13]. The  
82 spliceosome is composed of 5 small nuclear RNAs (snRNAs), U1-U5, and many proteins, together  
83 making 5 snRNPs. In the process of splicing, U1snRNP recognises and binds the splice donor site (the  
84 5' splice site), and promotes the binding of U2snRNP to the branch site. Independently of this, the  
85 U4/U6.U5 tri-snRNP forms in the cell, and is recruited to the pre-mRNA, where U6snRNP replaces  
86 U1snRNP. This forms the catalytically active spliceosome, which excises the intron and joins the exons  
87 through two transesterification reactions [13]. Alternative splicing is a process central to the  
88 functioning of all human cells, with around 95% of multiexon genes undergoing alternative splicing  
89 [14, 15]. Alternative splicing involves differential use of 5' (splice donor) and 3' (splice acceptor) splice  
90 sites, differential inclusion or exclusion of exons (including mutually exclusive exons) and differential

91 intron retention/exclusion [15]. Alternative splicing controls fundamental cell processes including  
92 protein transport across membranes [16, 17]. Differential transcript expression and alternative  
93 splicing is highly tissue-specific. Indeed, patterns are more similar between the same tissues of  
94 different species than they are between different tissues of the same organism [18]. Such differential  
95 splicing drives different developmental processes across different organs and tissues [19] and  
96 contributes to the specific functions of mature cells such as neurons [20, 21]. Ciliated cells are not  
97 different from other cells in this regard. However, one particular ciliated tissue deserves special  
98 consideration here, for the complexity of its splicing profile; the retina.

99  
100 Gene expression is extremely heterogeneous early in eye development, which begins at 3.5 weeks  
101 post conception (PCW) and continues until 5 months after birth [22]. According to gene expression  
102 patterns, there are 3 broad phases of eye development; developing eyes from 4.6-7.2 PCW;  
103 developing retinae from 7.7-10 PCW; and developing retinae from 12-18 PCW [22]. Peak expression  
104 of genes involved in connecting cilium and photoreceptor outer segment biogenesis occur from 12-18  
105 PCW [22]. The photoreceptor cells in particular display a 'switch-like' splicing pattern, which involves  
106 a high rate of inclusion of exons which are not included in transcripts in any other cell type of the body  
107 [23]. Whilst photoreceptor cells are sensory neurons, their splicing pattern is not controlled by typical  
108 sensory neuron splicing factors, but rather by Musashi 1 (MSI1) protein [23]. Before photoreceptor  
109 outer segment development, there is a high rate of specific splicing of primary cilia genes, suggesting  
110 that the splicing of these directs the development of the outer segment from a regular primary cilium  
111 [23]. Patterns of splicing are highly dynamic through eye development, with variable rates of retained  
112 introns, skipped exons, alternative 3' splice sites, alternative 5' splice sites and mutually exclusive  
113 exons seen in transcripts at different stages of eye development. At 12-18 PCW, significantly different  
114 splicing of ciliary genes and genes involved in the RNA splicing process itself is seen in retina, compared  
115 to 7.7-10 PCW [22]. This suggests that alternative splicing is particularly important for regulation of  
116 the splicing process itself from 7.7-10 PCW, and for regulation of connecting cilium and outer segment  
117 biogenesis, from 12-18 PCW. The observation that genes involved in pre-mRNA splicing are  
118 significantly differentially spliced at 7.7-10 PCW was confirmed in analysis of similar expression data  
119 deposited by an independent group [24]. The authors of this paper suggest that this window of retinal  
120 development (7.7-10 PCW) is the stage at which a new specific splicing programme is being established  
121 for the next developmental stage, and this explains the enrichment of differentially spliced pre-mRNA  
122 splicing genes at this stage of retinal development [22]. The adult human retina also displays extensive  
123 transcript diversity. Deep RNA sequencing (300 million reads per samples) of three human retinae  
124 identified 79,915 novel alternative splicing events, including 29,887 novel exons, 21,757 3' and 5'  
125 alternative splice sites, and 28,271 exon skipping events, and 116 potential novel genes [25]. A large  
126 expression study of 50 human retinae confirms the finding that around 50% of transcripts in the retina  
127 differ from the GENCODE reference transcriptome, including from 206 putative novel genes [26].  
128 Transcript expression varies across anatomical locations in the retina, both in different cell types [27,  
129 28], and different regions (nasal/temporal and central retina/peripheral) [29]. In particular, there is  
130 greater transcript diversity in the neural retina, with around 15,000 alternative splice events are seen  
131 in the neural retina, compared to around 10,000 in the retinal pigment epithelium (RPE), choroid and  
132 sclera [28]. This is in keeping with the general observation that neural tissues (and testes) exhibit  
133 higher transcriptome complexity than other tissues [30-32]. However, it is difficult to make a direct  
134 comparison of splicing complexity in the retina compared to other tissues, because the retina has  
135 historically been neglected from large expression studies such as GTEx [33] due to difficulty in

136 obtaining high quality human retinal samples. The physiological relevance of novel retinal genes and  
137 isoforms remains to be fully understood, but analysis of novel genes co-expressed with rhodopsin  
138 (*RHO*), followed by gene ontology enrichment analysis suggests roles in visual perception,  
139 photoreceptor outer segment membrane function, cilium structure and function [26]. Advances in  
140 human stem-cell derived retinal organoid culture (discussed later) provide a valuable experimental  
141 model for further studies into the function of specific retinal transcripts.

142  
143 Many genes linked to human retinal disease are known to have retinal-specific isoforms. These genes  
144 are alternatively spliced in developing and mature retina, showing different patterns of splicing at  
145 different points of development [22]. *ARL6* (*BBS3*), which can be associated with BBS and non-  
146 syndromic retinal dystrophy, has a retina-specific splice variant *BBS3L* which includes an extra 13bp  
147 coding exon near the 3' end (cassette exon). This shifts the reading frame, removes 7 amino acids from  
148 the C-terminus of the protein and adds 15 novel amino acids in their place [34]. *MAK* encodes a  
149 transcript which includes exon 12 (cassette exon) which is only expressed in the retina and *CEP78* has  
150 three retinal isoforms, which include cassette exons 15 and 17 [35]. *RPGRIP1* has a novel retinal  
151 transcript which uses an alternative 5' splice site for exon 13 and skips 33 nucleotides from the 5' end  
152 of canonical exon 13. This isoform including exon 13d is also expressed at a low level in liver, pancreas  
153 and placenta [36]. *TTC8*, which is mutated in BBS type 8, has a retina-specific isoform which includes  
154 a cassette exon, named exon 2a, which was not identified until studies were undertaken in patients  
155 with RP, who were found to have -2 splice acceptor site mutation in intron 1 of *BBS8* causing their  
156 disease [37]. Studies have confirmed that this splicing mutation, which specifically causes exon  
157 skipping of the retina-specific cassette exon 2a, causes RP due to tissue-specific expression of this  
158 transcript exclusively in photoreceptor cells [38]. *BBS5*, which is mutated in BBS, has a retina specific  
159 isoform in most vertebrates. In the mouse, this is formed from the use of cryptic splice sites in intron  
160 7, producing a transcript which produces a truncated protein with a novel C-terminal end [39]. Of  
161 particular relevance to human disease is *RPGR*. Mutations in *RPGR* account for 70-90% of XL-RP cases,  
162 and 10-20% of all RP cases [40]. There are at least twelve different isoforms of *RPGR*, including two  
163 major retinal protein isoforms of *RPGR*; *RPGR*(1-19) and *RPGR*(1-ORF15) [41]. *RPGR*(1-ORF15) is a  
164 retina-specific protein isoform which includes a large 3' terminal exon (ORF15). The retina-specific  
165 terminal exon ORF15 is mutated in 60% of XL-RP patients [42]. Most mutations are small deletions or  
166 nonsense mutations leading to premature termination of translation and truncation of the protein,  
167 but some affect splicing [42, 43]. Outside of ORF15, splicing mutations are more common than  
168 changes in the coding sequence [44, 45]. A +1G>T splice site mutation in intron 5 of *RPGR* has been  
169 reported in a family with RP and recurrent respiratory infections [46]. G>T transversion at nucleotide  
170 1164 of intron 15 which may create donor splice site has been reported in one family with atrophic  
171 macular degeneration [47]. At the time of writing, 11 splice site variants in *RPGR* are deposited in the  
172 clinical variant database ClinVar [48], but only 1 is annotated as 'pathogenic'. This suggests that there  
173 is current difficulty in assigning pathogenic status to variants potentially affecting splicing, and splice  
174 variants in *RPGR* may be a more common cause of disease than is currently appreciated.

175

### 176 **Splicing in the pathogenesis of ciliopathies - retinal ciliopathies associated with spliceosomal** 177 **proteins**

178 Mutations in genes encoding proteins involved in pre-mRNA splicing, including *PRPF3*, *PRPF4*, *PRPF6*,  
179 *PRPF8*, *PRPF31*, *SNRNP200*, *DHX38*, *CWC27* and *RP9*, are the second most common cause of autosomal  
180 dominant RP and a minor cause of autosomal recessive RP. 17 years since the identification of *PRPF8*

181 as a cause of RP, it remains unclear why mutations in pre-mRNA splicing factors cause a phenotype  
182 restricted to the retina. A whole genome siRNA knockdown screen for ciliogenesis regulators in a  
183 ciliated kidney cell line identified a novel specific role of pre-mRNA splicing factors *PRPF6*, *PRPF8* and  
184 *PRPF31* in ciliogenesis [49]. The same observation was made in an independent reverse genetic screen  
185 [50]. Further investigation showed that these proteins localise to the base of the photoreceptor cilium,  
186 suggesting that these proteins have a role beyond splicing, and classifying these conditions as retinal  
187 ciliopathies [49].

188 Further study in retinal organoids and RPE derived from iPSCs from patients with *PRPF31* mutations  
189 show decreased efficiency of splicing in an E1A minigene reporter assay [51]. RPE from patient iPSCs  
190 also show a substantial downregulation of SART1, a U5 snRNP protein important for the formation  
191 of the pre-catalytic spliceosomal B complex, but no changes in the expression of the U5 protein  
192 *PRPF8* or the U4/U6 protein *PRPF4*. Retinal organoids from patients showed differential expression  
193 of actin cytoskeleton, ciliary membrane, primary cilium, photoreceptor inner and outer segment,  
194 axon terminal and phototransduction proteins. In terms of differential splicing, retinal organoids  
195 from patients with *PRPF31* mutations showed an enrichment of mis-spliced centriole and  
196 microtubule organisation genes, with skipped exons, retained introns, alternative 5' and 3' splice  
197 sites, and mutually exclusive exons. In both RPE and retinal organoids derived from *PRPF31*<sup>-/-</sup>  
198 patients, the most significantly mis-spliced genes were genes involved in pre-mRNA and alternative  
199 mRNA splicing via the spliceosome. This suggests that ciliogenesis, cilium function, and pre-mRNA  
200 splicing are all regulated by alternative splicing in the retina, and this is defective in patients  
201 carrying *PRPF* mutations [51].  
202

203 Other ciliopathy genes have been linked to RNA metabolism, such as *DDX59*, mutated in OFD [52-54].  
204 *DDX59* is a DEAD-box RNA helicase, of which there are more than 40 in humans [55]. DEAD-box RNA  
205 helicases can unwind short segments of double stranded RNA [56] and are involved in remodeling  
206 RNPs [57] for pre-mRNA splicing, RNA nuclear export, and ribosomal biogenesis [58]. Homozygous  
207 deleterious missense variants in the helicase ATP binding domain or helicase C terminus of *DDX59* are  
208 associated with OFD [52]. These pathogenic variants in *DDX59* in OFD patients are associated with  
209 normal *DDX59* cellular localisation, in a punctate distribution across the nucleus and cytoplasm, and  
210 normal ciliogenesis but abnormal ciliary signaling [52]. In *DDX59*<sup>-/-</sup> patient fibroblasts, cilia grew  
211 normally but did not respond appropriately to Hedgehog pathway stimulation, measured by Gli1  
212 expression levels after treatment with Smoothed agonist (SAG) [52]. Variants causing loss of the  
213 stop codon in *DDX59* are also associated with OFD, with additional features [53]. Null variants in  
214 *DDX59* are associated with a more severe phenotype of OFD with complex neurological involvement,  
215 including structural brain anomalies, seizures and global developmental delay [54]. The structural  
216 brain abnormalities are similar to those seen in CADASIL syndrome, caused by mutations in the  
217 *NOTCH3* gene, leading to speculation that *DDX59*, through regulation of the primary cilium, plays a  
218 role in notch signalling regulation [54]. Loss-of-function *Drosophila* mutants of the homologue of  
219 *DDX59* display severe neurodevelopmental defects including gross disorganisation of the peripheral  
220 nervous system during development, loss or incomplete ventral nerve cord and shortened lifespan  
221 [54]. The data on *DDX59* would seem to suggest that this protein, with roles across multiple processes  
222 in RNA metabolism, is crucially important for normal embryonic development, in particular, formation  
223 of midline structures. The exact molecular mechanism of the role of *DDX59* in ciliary function remains

224 unclear and requires further study but supports the hypothesis that RNA processing is of core  
225 importance to ciliary function.

## 226 Splicing in the pathogenesis of ciliopathies – splice variants in ciliopathy genes

227 Normal pre-mRNA splicing and alternative splicing confer healthy diversity and complexity to a range  
228 of cellular functions. Splicing is a tightly regulated process, controlled by a range of protein and RNA  
229 splicing regulators [59]. Recognition of splice sites depends on conserved sequences around splice  
230 sites, and in introns and exons [60]. At each splice site a consensus sequence at the DNA level defines  
231 the intron/exon boundary, and the branch site in the intron defines the location of binding of the 5'  
232 splice site to the intronic sequence to form the lariat before intron removal [61, 62]. As well as the  
233 consensus splice site sequences and the branch point, sequence-specific exonic splice enhancers  
234 (ESEs) and intronic splice enhancers (ISEs)[63] promote splicing, and sequence-specific exonic splice  
235 silencers (ESSs)[64] and intronic splice silencers (ISSs) [65] inhibit splicing. In spite of tight regulation  
236 of the splicing process, specific inherited genetic variants which disrupt the consensus splice site,  
237 branchpoint, ESE, ISE, ESS or ISS can lead to aberrant splicing. Such aberrant splicing may constitute  
238 the abnormal use of 3' or 5' splice sites, aberrant inclusion of introns or exon skipping and contributes  
239 to abnormal cell functions and a range of human diseases [66, 67].

240  
241 At least 188 different genes can cause a syndromic or non-syndromic ciliopathy phenotype (**Table 2**).  
242 Pathogenic splice variants have been reported in more than half (103/188 i.e. 54.79%) of the known  
243 ciliopathy genes (**Table 2**). Pathogenic splice variants are particularly common in certain genes. For  
244 example, 25% of all published disease-causing variants in *MKS1* affect splicing, and 44.4% of published  
245 disease-causing variants in *RSPH1* affect splicing (**Table 2**) [68, 69]. In the case of these two genes,  
246 splicing variants are more commonly associated with disease because they cause a loss-of-function,  
247 and such loss-of-function variants are sufficient to cause disease whilst missense variants tend to be  
248 tolerated and do not cause disease, or cause a less severe disease. Null variants in *MKS1* are a common  
249 cause of MKS [70], whilst null variants in *RSPH1* cause a mild form of PCD [71]. Missense variants in  
250 *MKS1* have been reported as a very rare cause of BBS [72], but missense variants in *RSPH1* have not  
251 been reported as a cause of disease. Similarly to *RSPH1*, loss-of-function variants (but not missense  
252 variants) in *CCDC114* cause PCD, and pathogenic loss-of-function splice variants in this gene are  
253 common [73]. There are several other ciliopathy disease genes where splice variants are slightly more  
254 common because only loss-of-function variants cause disease and missense variants have not been  
255 reported as causing disease. These tend to be associated with the severe ciliopathies, and include;  
256 *CEP104* and *TMEM237* which cause JBTS [74, 75]; *CSPP1* which causes MKS and JBTS with occasional  
257 features of SRPS [76-78]; *CCDC39*, *CCDC40*, *HYDIN* and *DNAI2* which cause PCD [79-81]. Occasionally,  
258 pathogenic splice variants cause less severe disease than nonsense or frameshift mutations, because  
259 the transcript produced by the splice variant remains in-frame. For example, study of the spectrum of  
260 mutations in *OFD1* shows that missense and particular splice site mutation (c.2260 + 2 T > G at splice  
261 donor site of intron 16, leading to 513bp in-frame deletion) are associated with OFD in males [82],  
262 whereas this X-linked condition is usually associated with male lethality in the case of null mutations,  
263 including splicing mutations causing frameshifts [83]. A splice site mutation in *TCTN3* which causes in-  
264 frame skipping of exon 7 causes JBTS, whereas nonsense or frameshift mutations cause MKS [84].  
265 Pathogenic splice variants are also common in *C8orf37*, which causes BBS, CORD and RP. Particular  
266 splice mutations in this gene, such as c.156-2A>G are associated with polydactyly along with CORD  
267 [85-89]. It has been postulated that splicing variants impact the transcriptional profile of disease genes

268 in a more highly variable manner than other types of genetic variant, and due to tissue-specific  
269 transcript expression, this could partly account for the broad phenotypic variability observed in  
270 ciliopathies, even within families, such as MKS associated with *MKS1* variants [68]. This could help to  
271 explain the very broad phenotypic spectrum of conditions from fetal encephalocele to Joubert-related  
272 syndrome to OFD, associated with variants in *C2CD3*, which are frequently splice-altering variants  
273 which cause frameshifts in the transcript(s) [90]. Around 20% of cases of Joubert syndrome are caused  
274 by variants in *AHI1*, of which around 15% are splice site mutations [91]. *BBS1*, the most common cause  
275 of BBS (in around 40% of cases) can be associated with mutations at splice donor site in exon 4  
276 (432+1G>A) [92]. The mechanism underlying the higher frequency of splicing variants in certain genes  
277 than others remains unclear. Individual splicing changes are also common in certain genes, such as  
278 *CEP290*, with the same variant observed repeatedly in many individuals with disease. A deep intronic  
279 *CEP290* variant (c.2991+1655A>G), which creates a strong splice-donor site and inserts a cryptic exon  
280 in the *CEP290* messenger RNA, is detected in 21% of all LCA patients [93]. 60 -90% of LCA patients with  
281 *CEP290* mutations have at least one c.2991+1655A>G allele [94-96]. Similarly, a deep intronic variant  
282 in *USH2A* (c.7595-2144A>G) which introduces a novel splice donor site in intron 40, leading to  
283 insertion of a pseudoexon, PE40, [97] is the second most common cause of USH type 2A, with a  
284 frequency of 4% [98]. Three other deep intronic variants in *USH2A* have been reported as causes of  
285 USH type 2A, but these are less common [99]. Variants in *USH2A* are one of the most common causes  
286 of ARRP, but whilst splice-site variants in *USH2A* have been reported as a cause of RP, to date no deep  
287 intronic variants in *USH2A* have been reported in autosomal recessive RP (AR-RP) patients [100, 101].  
288 A founder mutation, a 29-bp deletion in intron 15 of *MKS1*, is a common cause of MKS in European  
289 (and especially the Finnish) populations (the so-called 'Finn-major mutation') [70]. This particular  
290 splice mutation is associated with a form of MKS involving skeletal defects, which are rarer in other  
291 forms of MKS [102]. The most common genetic cause of MKS, *TMEM67*, has two splice founder  
292 mutations in the Pakistani population, (c.1546 + 1 G > A and c.870-2A > G)[103]. A +3 splice donor site  
293 mutation at exon 11 of *BBS1*, leading to use of an alternative cryptic donor site within the exon, is a  
294 common cause of BBS in the Faroe Islands due to a founder effect [104]. This variant is associated with  
295 severe, early onset retinal dystrophy, earlier than that seen in patients with different *BBS1* mutations  
296 [104]. In type 2 BBS, a c.472-2A>G splice acceptor site mutation in *BBS2* is a common disease variant  
297 in the Hutterite population [105]. The c.742G>A variant, abolishing the consensus splice donor site of  
298 exon 7, in *CCDC114* is a PCD founder mutation in the Dutch Volendam population [73] and an intron  
299 2 c.921+3\_6delAAGT splice donor mutation in *RSPH4A* is a common cause of PCD in individuals of  
300 Hispanic descent due to a founder effect [106]. A 3bp insertion at the exon 1/intron 1 splice donor site  
301 in *DNAI1* is a common variant in the Caucasian population, accounting for up to 55% of *DNAI1*-  
302 associated cases of PCD in white Europeans, with up to 82% of PCD patients having at least one of  
303 these alleles [107]. As *DNAI1* mutations account for up to 9% of PCD cases, this particular variant is  
304 significant in terms of its contribution to disease in this population [107]. There have also been reports  
305 of common exonic variants affecting splicing. A common Jewish founder mutation in *MAK*, caused by  
306 an Alu insertion in exon 9, leads to exon skipping of exons 9 and 12 from the final processed transcript.  
307 Exon 12 is a retina-specific exon which is important for specific protein function in the retina, and loss  
308 of this exon in patients carrying this Alu insertion leads to RP [108]. A non-synonymous exonic variant  
309 in *NPHP3* has also been shown to cause ciliopathy NPHP through aberrant splicing. The synonymous  
310 variant c.2154C>T; p.Phe718=, 18 base pairs from the exon-intron boundary within exon 15  
311 of *NPHP3* causes skipping of exon 15 [109].  
312

313 Genetic diagnosis of ciliopathies is largely achieved using gene panel or targeted exome sequencing.  
314 In less genetically diverse cohorts, diagnostic yields of up to 85% can be achieved [110]. However,  
315 typical diagnostic yields of 42.4% to 67.6% are achieved for motile ciliopathy patients [111, 112] and  
316 55 to 62% for non-motile ciliopathies [113, 114]. It is likely that underestimation of the contribution  
317 of splice defects to the pathogenesis of ciliopathies contributes to limited diagnostic yields. Early  
318 estimates suggested that around 15% of pathogenic variants affect splicing [115]. However, intronic  
319 variants affecting splicing are often overlooked due to perceived technical difficulties in proving the  
320 pathogenicity of these variants. Indeed, when we reviewed pathogenic splice variants in ciliopathy  
321 genes reported in the literature (as collated in HGMD), [116] we found that on average around 17.5%  
322 of variants affect splicing. However, when we compared this to variants in clinical variant  
323 interpretation database ClinVar [48], only 6% of pathogenic variants affected splicing (**Table 2**). Many  
324 more variants affecting splicing were assigned 'uncertain significance' status. It seems clear that there  
325 remains uncertainty when assigning pathogenic status to splice variants, and this remains a barrier to  
326 increasing diagnostic yields in genetic testing. At this point in time, few diagnostic clinical genetics  
327 laboratories in the UK perform any splicing analysis at the level of RNA, and there are no clear  
328 guidelines on how to interpret genomic variants potentially affecting splicing.

329  
330 In addition to lack of confidence in classifying intronic variants as altering splicing, it is likely that many  
331 exonic variants affecting splicing are misclassified as missense or non-pathogenic synonymous  
332 changes. An estimated 22-25% of exonic variants classified as missense or nonsense actually affect  
333 splicing [117, 118]. For example, compound heterozygous variants in *LZTFL1* (BBS17) predicted to  
334 introduce missense changes were actually found to produce truncated protein (35kDa instead of  
335 30kDa), suggesting that these variants actually impact on splicing [119]. **A predicted missense variant  
336 at the end of exon 9 of *CSPP1*, a gene which is associated with a range of severe ciliopathies, was found  
337 to abolish normal splicing, leading to inclusion of an additional 10bp of sequence, shifting the reading  
338 frame and introducing a premature stop codon [78]. A predicted missense variant at the end of exon  
339 4 of *TMEM231* was also shown to be affecting splicing and causing disease in MKS [120]. A single base  
340 pair substitution at the start of exon 16 in *DNAI1*, predicted to cause a missense amino acid change,  
341 was also shown to affect splicing, leading to skipping of exons 15 and 16 in patients with PCD [107].**

342  
343 It remains challenging to accurately predict the pathogenicity of variants potentially affecting splicing.  
344 The best optimisation of *in silico* splice prediction tools to date (using a combination of MaxEntScan  
345 with a 15% cut-off value and the PWM model with a 5% cut-off value in a study of *BRCA1* and *BRCA2*  
346 variants) achieved a sensitivity of 96% and specificity of 83% [121]. In practice, the accuracy of *in silico*  
347 splice prediction tools is often significantly lower. The contribution of coding sequence variants  
348 affecting splicing (such as synonymous mutations affecting exonic splicing enhancers) and deep  
349 intronic changes affecting splicing are particularly likely to be underestimated as they are often filtered  
350 out in genetic analysis pipelines which focus on non-synonymous coding and splice site variants.  
351 Furthermore, exome sequencing and gene panel sequencing often do not provide sequencing  
352 coverage of intronic variants further than 10-20bp from the intron/exon junction. As whole genome  
353 sequencing is more routinely used for disease diagnostics, thanks in part to the UK's 100,000 Genomes  
354 Project, more deep intronic variants are being revealed as causes of disease. For example, four new  
355 deep intronic variants in *USH2A* have been described in recent years [122, 123].

356  
357 **Diagnosing ciliopathies using RNA sequence analysis**

358 Whilst *in silico* tools can be used to predict the effect of genomic DNA sequence variants on splicing,  
359 the most reliable method for identifying splicing changes is through direct RNA sequence analysis.  
360 Traditionally this has involved targeted RT-PCR of regions identified as potentially pathogenic from  
361 genomic DNA analysis, using RNA from relevant patient tissues or using minigene assays. There are  
362 many examples where RT-PCR of patient RNA has been employed to diagnose ciliopathies across the  
363 phenotypic spectrum including, but not limited to ; a deep intronic mutation in *OFD1* as a cause of XL-  
364 RP [124]; an intron 3/exon 4 splice acceptor site mutation in *BBS2* as a cause of BBS [105]; c.505+2T>C  
365 in *B9D1* as a cause of MKS [125]; two different splice-altering variants in *CEP78* as a cause of USH  
366 [126]; three different splice-altering mutations in *DNAI1* as a cause of PCD and; a splice acceptor site  
367 mutation in *TCTN3* as a cause of JBTS [84]. Minigene assays have been used to confirm splicing defects  
368 as causes of disease in various ciliopathies, including; various splice mutations in *BBS2*, *BBS3*, *BBS4*  
369 and *ALMS1* causing BBS [127] and; c.3112-5T>A in *IFT127* in patients with isolated RP [128]. However,  
370 whilst minigene assays give some insight into the effect of mutations on splicing, they may not be truly  
371 representative of the exact splicing defect *in vivo*. In the case of this variant in *IFT172*, the minigene  
372 assay showed that this genetic variant led to intron 28 retention, whereas RNA extracted from patient  
373 lymphoblastoid cell lines showed differential usage of the 3' splice site rather than complete intron  
374 retention [128]. Massively parallel whole transcriptome RNA sequencing (RNAseq) is a powerful  
375 technology which has the potential to revolutionise splice analysis, either in combination with  
376 genomic DNA sequence analysis, or as a standalone method. It has the potential to enhance diagnostic  
377 yields through direct detection of splicing aberrations caused by pathogenic variants, without the  
378 requisite prior knowledge for targeting RT-PCR. As a relatively new technology, there is little consensus  
379 on usage, interpretation, reliability or best practices for transcript-level analysis in RNAseq datasets,  
380 particularly for the purposes of novel transcript or novel splicing event identification, which is critical  
381 for the successful application of RNAseq to disease diagnostics.

382

383 One of the major fundamental challenges of analysing RNAseq data is accurately assembling long  
384 transcripts from short reads of sequence. Furthermore, estimation of isoform abundance from short  
385 sequence reads is statistically challenging, as each read samples only a small part of the transcript,  
386 and alternative transcripts often have substantial overlap. Mapping of reads to exons can also be  
387 challenging when there is differential 3' and 5' splice site usage. In the case of detecting novel splice  
388 events, particularly rare, disease specific events, or those which may be undergoing nonsense  
389 mediated decay (NMD), managing the balance between sensitivity and specificity is vital, to avoid  
390 overlooking disease causing events or having true events be swamped by false positives. This presents  
391 a major challenge for diagnosis of ciliopathies associated with genes with large transcript diversity,  
392 such as *IFT122*, associated with a form of SRPS. *IFT122* has at least four differentially spliced  
393 transcripts. One reported exon 6/intron 6 splice donor site mutation c.502+5G>A in *IFT122*, which  
394 causes exon 6 skipping, has been shown to only affect transcript isoform 3 (which includes exon 6),  
395 but not transcript isoform 4 (which does not include exon 6) [129]. Difficulty in differentiating between  
396 different transcripts using RNAseq could compromise the ability to detect pathogenic mutations such  
397 as this. In a separate case, amplification of cDNA from RNA from a parent carrying a splice-site variant  
398 in *TMEM231* was shown to display complete loss of heterozygosity of the disease allele, due to  
399 complete NMD of the aberrant transcript [120]. This highlights the potential challenges of capturing  
400 and identifying disease-associated RNA transcripts for the purposes of ciliopathy diagnostics. A further  
401 challenge stems from the tissue-specific nature of the expression and splicing of many ciliopathy



402 genes, in tissues which are not easily accessible and/or frequently biopsied during the course of care  
403 (e.g. blood, fibroblasts, muscle tissue). For example, only two of the recognised transcript isoforms of  
404 *IFT122* are expressed in blood, and any splice variant affecting other transcripts would not be detected  
405 by RNAseq performed on whole blood [129]. To address this issue, studies are increasingly expanding  
406 to extract RNA from more diverse patient materials, including skin biopsies/fibroblasts and urine-  
407 derived renal epithelial cells (URECs), which provides ciliated patient cells in a non-invasive manner  
408 [130]. This has been successfully applied in identifying variants causing exon 15 skipping in *NPHP3* in  
409 URECs. RT-PCR revealed wild-type (WT) mRNA from URECs harboured only transcripts containing  
410 exon 15, while heterozygous variant-carrying URECs from the patient's father showed an additional  
411 transcript with this exon being spliced out. In mRNA from blood, exon 15 is spliced out in healthy  
412 controls, which would likely have masked the variant's effect had this been the tissue of choice  
413 [109]. However, the success of this approach depends on robust transcriptional data from these  
414 tissues from healthy controls, and this data is lacking for many disease-relevant tissues. For  
415 example, in the study and diagnosis of PCD, multiciliated airway cells are obtained from patients  
416 through nasal brushings, which can be sampled fresh or grown at air-liquid interface (ALI) to  
417 generate a larger bank of patient material [131], although ALI cultures show different phenotypes  
418 from fresh samples [132]. These samples are currently used for diagnostic imaging, but work is  
419 ongoing by our groups and others to characterise the transcriptome of control samples in order to  
420 permit RNA sequencing of patient samples to enhance genetic diagnosis of PCD. The issue of tissue-  
421 specific transcript expression is a particular challenge in diagnosis of retinal ciliopathies. As previously  
422 discussed, the retina, and photoreceptor cells in particular, exhibit highly tissue-specific  
423 transcriptional profiles, with many ciliopathy genes producing exclusively photoreceptor-specific  
424 isoforms which are specifically affected by disease-causing splice mutations which cannot be  
425 confirmed by RNA analysis from other tissues. Advances in retinal organoid culture techniques from  
426 induced pluripotent stem cells derived from patient fibroblasts have provided one solution to this  
427 problem, but this is an extremely laborious and time-consuming process, taking several months for  
428 retinal organoid cultures to develop mature photoreceptors [133]. Culture techniques are being  
429 accelerated [134], refined towards a standardised approach, and the transcriptional profile of these  
430 organoids being defined [135], including using single cell RNAseq to understand the transcriptional  
431 profile of different cell types of these retinal organoids [136]. As a result, retinal organoids are  
432 providing useful models for studying mechanisms of retinal disease [51] and effectiveness of novel  
433 molecular therapies [137] and diagnostics; they have recently been used to characterise the effect of  
434 a novel splice acceptor site variant in *USH2A* as a cause of RP [138].

435  
436 Dozens of computational methods for RNAseq analysis have been developed, each with their own  
437 individual strengths and limitations. A comprehensive discussion of all available computational  
438 approaches is beyond the scope of this paper (see e.g. [139-141]), and we will focus only on a basic  
439 discussion of those that have been applied to splicing analysis for rare disease diagnostics to date.  
440 Four recent papers have been published exploring the application of RNAseq for diagnostic purposes  
441 in various Mendelian diseases. Cummings *et al.* and Gonorazky *et al.* both focussed on neuromuscular  
442 disorders, obtaining diagnostic yields of 35-36% from RNAseq on biopsied muscle tissue [142, 143].  
443 The methodology utilised involved alignment using STAR's two-pass method [144], followed by  
444 filtering and prioritisation of splice junctions of potential diagnostic relevance using code developed  
445 by Cummings *et al.*, along with investigating allelic imbalance in expression. Kremer *et al.*'s focus was  
446 mitochondrial disorders, with RNAseq performed on patient derived fibroblasts [145]. Again, STAR

447 was the alignment method of choice, coupled with LeafCutter[146] for detection and prioritisation of  
448 aberrant splicing events, and investigation of aberrant and monoallelic expression was done, achieving  
449 a diagnostic result in 10% of patients. Finally, Frésard *et al.* used RNAseq on blood mRNA in the  
450 diagnosis of a cohort of patients with a diverse range of rare diseases spanning 11 categories, including  
451 neurology, hematology and ophthalmology [147]. Using a combination of techniques including  
452 detection of expression and splicing outliers, a diagnostic rate of 8.5% was obtained. Candidate  
453 diagnoses were also identified for several other patients, including those with neurological  
454 phenotypes, for whom blood would not be an obvious tissue of interest, demonstrating the potential  
455 for wider applicability, albeit with a lower diagnostic yield.

456 Common themes in the analysis strategies in the above papers include the use of STAR for alignment,  
457 and the leveraging of publically available RNAseq data (e.g. GTEx <https://gtexportal.org/>) as controls.  
458 Despite many different alignment tools being available, STAR appears to be emerging as a front-runner  
459 for RNAseq, likely due to its speed and ease of use, clear documentation and active support. STAR in  
460 two-pass mode utilises known splice junctions from a provided transcriptome, identifying potential  
461 novel junctions well supported by split reads (those spanning a splice junction) in the data on the first  
462 pass, then re-traverses the data to provide read counts for all junctions[144]. Utilising publically  
463 available RNAseq data, which most of the above papers do, is a powerful strategy for reducing noise  
464 and removing from analysis splice junctions that are present in non-diseased individuals and are thus  
465 unlikely to be the aberrant splicing events responsible for disease in the patient in question. Careful  
466 matching of tissue type and study design, and reprocessing of control data alongside cases can help  
467 ensure maximum consistency between different datasets.

468  
469 A further issue to resolve to optimise the use of transcriptomics for rare disease diagnostics is the  
470 depth of sequencing required to achieve robust detection of rare splice forms. At low sequencing  
471 depth, RNA sequencing experiments likely fail to detect the majority of low-abundance transcripts,  
472 which only become apparent through deep RNA sequencing. Typical differential gene expression  
473 analysis studies sequence to a depth of 20 million reads per sample. In the retina, only approximately  
474 50% of exons will be covered with sequencing at this depth [25]. For splicing analysis, read depths of  
475 50-100 million reads per sample have typically been employed [142, 143], as greater depths are  
476 required to detect rare, patient specific splicing events, and those that may be undergoing **NMD**.

477  
478 As more research is undertaken using RNAseq diagnostically, larger and more diverse datasets will  
479 facilitate the development of optimal methods both in terms of study design and analytical practice.  
480 Responsible sharing of data will be crucial in maximising both broad scientific and diagnostic benefit.  
481 In the UK, the NIHR have recently funded a program of research into clinical diagnostic uplift in a range  
482 of genetic disorders, including PCD, where best practice guidelines for the effective utilisation of  
483 RNAseq in a diagnostic setting will be explored.

484  
485

#### 486 **Treating ciliopathies by targeting splicing**

487 Ciliopathies have long been considered untreatable and incurable conditions. Recent advances in gene  
488 therapy have challenged this view. Early efforts have focussed on gene delivery by viral vectors for  
489 treatment of the most common causes of recessive retinal ciliopathies. This has led to two

490 independent clinical trials for treatment of the RP phenotype in USH patients carrying *MYO7A*  
491 mutations (<https://clinicaltrials.gov/ct2/show/NCT02065011>;  
492 <https://clinicaltrials.gov/ct2/show/NCT01505062>), and two independent Phase1/2 clinical trials for  
493 treatment of XL-RP associated with mutations in *RPGR*  
494 (<https://clinicaltrials.gov/ct2/show/NCT03316560>;  
495 <https://clinicaltrials.gov/ct2/show/NCT03252847?cond=Retinitis+Pigmentosa&rank=38>). Excitingly,  
496 a third *RPGR* gene augmentation trial is now recruiting for Phase2/3  
497 (<https://clinicaltrials.gov/ct2/show/NCT03116113>). *RPGR* mutations are responsible for 70-90% of XL-  
498 RP cases, and 10-20% of all RP cases [40]. Mutations in *MYO7A* account for around 20% of USH cases  
499 [148]. However, some of the most common genetic causes of ciliopathies are very large genes which  
500 cannot be delivered by viral vectors. Adeno-associated virus serotype 2 (AAV2), the commonly used  
501 viral vector, is limited to delivery of around 3.5kb of genetic material, including promoter and  
502 polyadenylation sequence [149]. *USH2A*, which accounts for 10 to 15% of cases of AR-RP and 50% of  
503 USH cases, has a 12kb coding sequence. The most common genetic cause of ciliopathy, *PKD1*, which  
504 accounts for 85% of cases of ADPKD, has a coding region of almost 13kb.

505  
506 As a result, alternative approaches are now under investigation, many of which focus on altering  
507 splicing. Antisense oligonucleotides (ASOs) are one technology which can be used to modulate  
508 splicing. ASOs are short, single-stranded synthetic oligodeoxynucleotides which are designed to target  
509 specific regions of mRNA to modulate splicing to correct genetic defects causing disease. They can be  
510 used to promote retention of exons that are otherwise skipped in affected patients, and skip  
511 pseudoexons which are otherwise retained in affected patients [150]. ASOs can also be used to induce  
512 skipping of exons carrying premature stop codons or insertions/deletions causing a frameshift, to  
513 restore the reading frame and restore protein production. Indeed, this approach has led to the first  
514 FDA-approved ASO for treatment of Duchenne Muscular Dystrophy (DMD), eteplirsen [151] and the  
515 first FDA-approved ASO for treatment of Spinal Muscular Atrophy (SMA), nusinersen [152]. Eteplirsen  
516 is an ASO designed to induce exon 51 skipping of *DMD* pre-mRNA, which encodes dystrophin, which  
517 is mutated in patients with DMD [153]. Eteplirsen causes exon 51 skipping which restores the reading  
518 frame of *DMD* in *DMD* patients with out-of-frame deletions in the *DMD* gene, restoring dystrophin  
519 protein production [154, 155]. The protein produced is truncated, but this is sufficient to reduce the  
520 severity of patient phenotype, slowing respiratory decline [156] and extending the number of years a  
521 patient remains ambulatory compared to untreated identical twin patients [157]. Nusinersen is an  
522 ASO designed to promote exon 7 inclusion in mature *SMN2* mRNA through blocking the binding site  
523 of hnRNP in intron 7 of *SMN2* pre-mRNA [158, 159]. This hnRNP binding site acts as a splicing silencer  
524 in patients with SMA, resulting in exclusion of exon 7 and truncated protein production. Nusinersen  
525 restores full-length protein production and improves motor function and probability of survival in  
526 treated early-onset SMA patients compared to sham control [152, 160]. It is also successful in  
527 improving motor function in later-onset SMA patients [161].

528  
529 ASO technology has improved in recent years to reduce off-target effects and toxicity, improve  
530 nuclease resistance and target-binding affinity [162]. This has been achieved through modification of  
531 the ASO backbone such as 2' ribose modifications e.g. 2'-O-methylation (OMe), 2'-O-methoxy-  
532 ethylation (MOE), and locked nucleic acid (LNA), and P backbone modifications such as  
533 phosphorothioate and morpholino [163, 164] (Figure 3). Conjugation of the backbone to a carrier or  
534 ligand, such as lipids, peptides, carbohydrates or antibodies, has helped to improve bioavailability and

535 delivery across membranes, and tissue-specific delivery [165, 166]. These improvements are making  
536 successful clinical applications more likely. For example, FDA-approved eteplirsen is a  
537 phosphorodiamidate morpholino oligonucleotide [151, 153, 154] and nusinersen is a 2'-O-(2-  
538 methoxyethyl) modified ASO.

539

540 The ASO treatment approach is particularly useful in conditions associated with a common mutation  
541 which affects splicing. There are several common founder mutations in *USH2A*, including deep intronic  
542 c.7595-2144A>G and which introduces a novel splice donor site in intron 40, leading to inclusion of a  
543 novel exon (PE40) in the mature transcript [123]. A recent study showed successful specific induction  
544 of exon skipping of this PE40 in patient fibroblasts and in a minigene assay [98]. A first-in-man study  
545 of the safety and tolerability of RNA ASO therapy for RP and USH patients with mutations in exon 13  
546 of *USH2A* is currently underway, coordinated by the University of Michigan Kellogg Eye Centre and  
547 Retina Foundation of the Southwest, Dallas (<https://clinicaltrials.gov/ct2/show/NCT03780257>). This  
548 study is testing QR-421a, which targets exon 13 to induce exon 13 skipping in patients with nonsense  
549 or frame-shift mutations in exon 13 of *USH2A*, including the common c.2299delG and the c.2276G>T  
550 mutations (<https://databases.lovd.nl/shared/variants/USH2A/>). This aims to restore the reading from  
551 of *USH2A* mRNA and restore functional usherin protein production in the retina of patients to prevent  
552 retinal degeneration and vision loss. Another common mutation which affects splicing in ciliopathy  
553 patients, is the deep intronic variant c.2991+1655A>G (sometimes called IVS26) in *CEP290* which  
554 accounts for 20-25% of cases of LCA [93]. The change introduces a novel splice donor site and insertion  
555 of a novel cryptic exon, exon X, in the transcript, creating a premature truncation codon p.(Cys998\*),  
556 probably subjecting the transcript to NMD (Figure 5a). A proof-of-principle study in 2012 showed  
557 the efficacy of an ASO approach in correcting *CEP290* splicing in human patient fibroblasts by blocking  
558 exon X to exclude it from the final transcript and restore WT transcript production [167]. A recent  
559 study has shown success of clinical drug candidate ASO QR-110, a single-stranded, fully  
560 phosphorothioated, and 2' O-methyl-modified RNA oligonucleotide (Figure 3), in rescuing the *CEP290*  
561 splicing defect by blocking exon X splicing to restore WT *CEP20* mRNA production in pre-clinical models  
562 including human patient-derived retinal organoids [137]. QR-110 was the most successful of 29 ASOs  
563 designed to target the region of exon X using an 'oligo-walk' approach [137]. This led to a phase 1/2  
564 clinical trial of intravitreal injection of QR-110, (<https://clinicaltrials.gov/ct2/show/NCT03140969>)  
565 which showed safety and tolerability, and an exceptional improvement in vision in one patient [168].  
566 This is now entering phase 2/3 clinical trials (<https://clinicaltrials.gov/ct2/show/NCT03913143>).

567

568 Whilst initial efforts have focussed on treating the retina, as it is a relatively small area to treat and  
569 relatively minor improvements in cell functionality can lead to significant clinical outcomes for  
570 patients, work is now expanding into exploring systemic treatment of syndromic ciliopathies. In the  
571 first study of its kind worldwide, Prof John Sayer and colleagues showed effectiveness of ASO-induced  
572 splicing of a mutated exon (41, G1890\*) of *CEP290* restoring *CEP290* protein expression in kidney cells  
573 of JBTS patients. In treated cells, protein localises correctly to cilia and restores normal cilium length,  
574 whereas patient cilia overgrow in length. Systemic treatment in a *Cep290* mouse model led to reduced  
575 cystic burden in the kidney [169].

576

577 Gene editing approaches are also being trialled as methods for correcting pathogenic splice variants  
578 in ciliopathy patients. This has the advantage of stably and permanently correcting the genome of  
579 patients. A recent study reported successful editing of the common intronic mutation in *CEP290* in

580 humanised CEP290 mutant mice. Adeno associated virus 5 (AAV5) was used to deliver two guide RNAs  
581 and *Staphylococcus aureus* Cas9 to delete or invert the region of exon 15 containing the common  
582 intronic mutation in CEP290 [170]. Sub-retinal injection of this therapeutic, named EDIT-101, into  
583 humanised CEP290 mutant mice resulted in efficient and specific CEP290 gene editing, but it is unclear  
584 whether this led to clinically significant improvements in visual function. EDIT-101 is now entering  
585 phase 1/2 clinical trials (<https://clinicaltrials.gov/ct2/show/NCT03872479>).

586  
587 Spliceosome-mediated RNA *Trans*-splicing (SMaRT) [171, 172] is an alternative approach to rescuing  
588 splicing defects in ciliopathy patients. This is a modified gene delivery approach which involves  
589 delivering a partial coding DNA sequence (a 'pre-mRNA trans-splicing molecule' or PTM) designed  
590 to *trans*-splice to endogenous pre-mRNA. A single PTM is delivered by a viral vector to target  
591 endogenous pre-mRNA transcripts to yield a hybrid exogenous-endogenous mRNA which either  
592 excludes a pathogenic cryptic exon, an exon carrying a stop or frameshift mutation, or includes a  
593 skipped exon. This represents a safer approach than gene delivery which can result in toxic levels of  
594 overexpressed protein, or gene editing with dangers of off-target nuclease activity. A further  
595 advantage is that this approach can correct a larger range of mutations with one single therapeutic,  
596 which may be particularly helpful for patients with compound heterozygous mutations. A recent study  
597 has shown the effectiveness of this approach in correcting the mis-splicing caused by CEP290  
598 c.2991+1655A>G *in vitro* and *in vivo* in a mouse minigene model of CEP290 intron 26-27 (Figure 4)  
599 [173]. In this study, the PTM includes a CMV promoter, a codon optimised partial coding sequence  
600 (PCDS) of CEP290 cDNA from position 1 (A of ATG) to 2991, a 5' splice site and a sequence  
601 complementary to intron 26-27 of CEP290, upstream of c.2991+1655A>G, and a polyA tail to aid entry  
602 into the spliceosome. When transfected into cells, this minigene is expressed to produce an RNA  
603 molecule consisting of the PCDS and a binding domain which complementarily binds to endogenous  
604 CEP290 pre-mRNA upstream of the c.2991+1655A>G mutation (Figure 4b). The RNA product from the  
605 minigene and the endogenous CEP290 pre-mRNA then undergo *trans*-splicing in the spliceosome to  
606 produce a hybrid CEP290 mRNA which includes minigene-derived PCDS sequence from exons 1-26  
607 and endogenous sequence from exon 27-54, with exon X excluded (bottom schematic in Figure 4c)  
608 which encodes full-length wild-type CEP290 protein. Thus, *trans*-splicing bypasses the effect of the  
609 c.2991+1655A>G mutation and restores full-length wild-type CEP290 protein production [173].

610  
611 Delivery of modified U1 snRNA to cells affected by a pathogenic splicing change can also be used to  
612 correct splice defects. U1 snRNA binds the splice donor site to initiate exon recognition during splicing,  
613 and delivery of a U1 snRNA optimised with increased binding affinity to a mutant splice donor site can  
614 repair splicing. Aberrant splicing of exon 5 of *BBS1*, associated with a splice donor site mutation, was  
615 partially corrected in patient fibroblasts by lentiviral delivery of a sequence-modified synthetic U1  
616 snRNA in a dose-dependent manner [174]. Similarly, this therapeutic U1 snRNA approach has been  
617 used to correct mis-splicing of *RPGR* in patient fibroblasts with point mutation in exon 10 [174, 175].  
618 This is a promising strategy for treatment of patients with splice mutations in *BBS1* or *RPGR*, the most  
619 common genetic cause of BBS and XL- RP respectively. However, these have not progressed towards  
620 gene therapy as of yet.

## 621 622 **Conclusion and future perspective**

623 Splicing contributes significantly to the pathogenesis, diagnosis and future treatment strategies of  
624 ciliopathies. Pathogenic splice variants have been reported in more than half of the known ciliopathy

625 genes (**Table 1**), and there is probably an underestimate of the contribution of splicing defects to  
626 ciliopathies due to difficulty in deciding whether a 'splice variant' is pathogenic. When we reviewed  
627 pathogenic splice variants in ciliopathy genes reported in the literature (as collated in HGMD, Stenson  
628 et al., 2003) we found that on average around 17.5% of variants affect splicing. However, when we  
629 compared this to variants in clinical variant interpretation database ClinVar (Landrum et al., 2014),  
630 only 6% of pathogenic variants affected splicing (**Table 1**). Many more variants affecting splicing were  
631 assigned 'uncertain significance' status. It seems clear that there remains uncertainty when assigning  
632 pathogenic status to splice variants, and this remains a barrier to increasing diagnostic yields in genetic  
633 testing. At this point in time, few diagnostic clinical genetics laboratories in the UK perform any splicing  
634 analysis at the level of RNA, with no commissioned clinical service and no clear guidelines on how to  
635 interpret genomic variants potentially affecting splicing. At this critical time, and with the advent of  
636 the integration of next generation sequencing into clinical practice, it is important to incorporate  
637 clinical RNA analyses to maximise diagnostic uplift for patient benefit. Indeed for some disorders this  
638 may mean RNA first and DNA second. For ciliopathies in particular we can achieve this by building a  
639 robust body of knowledge of the control of the transcriptome and how this changes in disease - a form  
640 of 'biomarker'. Development of both the transcriptome methods and pipelines of analyses as well as  
641 clear guidelines for interpretation will be essential. Finally, as we improve our understanding of how  
642 sequence changes affecting splicing cause disease, we will better understand the complex mechanism  
643 of splicing, facilitating development of innovative methods for manipulation of the splicing process,  
644 revealing future therapeutic targets.

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1254  
1255  
1256  
1257 Figure and Table legends  
1258

1259 **Figure 1: Schematic representation of primary cilium, motile cilia and photoreceptor cilium**

1260 (a) Schematic figure of a typical epithelial cell with single apical non-motile primary cilium. Cilium  
1261 membrane in orange, microtubule doublet axoneme and triplet basal body in red. (b) Cross-section of  
1262 axoneme of non-motile primary cilium showing radial arrangement of microtubule doublets in red. (c)  
1263 Schematic figure of a rod photoreceptor cell with highly modified cilium. Cilium membrane in orange,  
1264 microtubule doublet axoneme and triplet basal body in red, membrane stacks with rhodopsin  
1265 molecules as purple dots. (d) Cross-section of axoneme of photoreceptor cilium showing radial  
1266 arrangement of microtubule doublets in red. (e) Schematic figure of a typical epithelial cell with  
1267 multiple apical motile cilia. Cilium membrane in orange, microtubule doublet axoneme in red. (f)  
1268 Cross-section of axoneme of non-motile primary cilium showing radial arrangement of microtubule  
1269 doublets plus central pair of microtubules in red, nexin links in navy, radial spokes in purple, and inner  
1270 and outer dynein arms in green.

1271 **Figure 2: Typical clinical features of ciliopathies**

1272 (a-c) Brain MRI findings for an individual with Joubert syndrome, showing the molar tooth sign with  
1273 moderate vermis hypoplasia, elevated and thickened superior cerebellar peduncles (arrowhead), and  
1274 superior cerebellar dysplasia (arrow) indicated. Reproduced from Wheway et al., 2015. (d, e) Clinical  
1275 features of individuals with a short-rib thoracic dystrophy, including narrow and deformed thorax.  
1276 Reproduced from Wheway et al., 2015. (f) Clinical pictures of a male Alstrom syndrome patient at age  
1277 6 years 8 months, presenting with truncal obesity. Note characteristic face and prominent ears.  
1278 Reproduced from Marshall et al., 2011 under the terms of the Creative Commons Attribution License  
1279 CC BY. (g) Massive swelling of the abdomen of a foetus at gestation age 18+/40 with Meckel-Gruber

1280 syndrome due to grossly enlarged, cystic kidneys. Reproduced from Hartill et al., 2017 under the terms  
1281 of the Creative Commons Attribution License CC BY. **(h)** Cystic dysplasia of the kidneys comprising  
1282 large, fluid-filled cysts, small cysts and cystic swelling of the proximal tubules and glomeruli, with  
1283 absence of normal renal parenchyma in MKS. Reproduced from Hartill et al., 2017 under the terms of  
1284 the Creative Commons Attribution License CC BY. **(i, j)** postaxial polydactyly on both hands of a patient  
1285 with orofacioidigital syndrome. Reproduced with permission from Bonnard et al., 2018. **(k, l)** Examples  
1286 of funduscopy images revealing mild pigmentary depositions and some mottling in syndromic  
1287 ciliopathy patients with retinal dystrophy. Reproduced from Wheway et al., 2015. **(m)** coronal  
1288 computed tomography (CT) scan of a 17-year-old PCD patient showing diffuse sinusitis with mucosal  
1289 thickening and polyposis. **(n)** Endoscopic view showing nasal polyp in a PCD patient **(o)** Chest X-ray of  
1290 a 6-year-old PCD individual with middle lobe atelectasis. Silhouetting of the right heart border is  
1291 present. **(p)** Chest CT scan of a 6-year-old individual with *situs inversus totalis*. The left-sided middle  
1292 lobe shows extensive bronchiectasis with volume loss (white arrowhead). In addition, consolidations  
1293 and mucous impaction are present in the right upper lobe. Reproduced from Werner et al., 2015 under  
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### 1295 **Figure 3. Oligonucleotide backbones for antisense oligonucleotide therapeutics**

1296 The figure shows basic chemical structure of an unmodified DNA or RNA molecule, and modified  
1297 structures (with modification highlighted with pink circle) used for antisense oligonucleotide  
1298 therapeutic treatment of ciliopathies.

1299

### 1300 **Figure 5. Strategy to rescue aberrant [CEP290](#) splicing through spliceosome-mediated 5' Pre-** 1301 **mRNA trans-splicing**

1302 **(a)** Diagram of the most prevalent mutation in Leber congenital amaurosis type 10 c.2991+1655A>G,  
1303 which introduces a new intronic canonical 5' splice site (5' SS). The novel splice site leads to inclusion  
1304 of a cryptic [exon](#), exon X. This cryptic exon encodes a premature [stop codon](#) (black octagon) leading  
1305 to a truncated protein. **(b)** Schematic of an approach to utilize a 5' pre-mRNA trans-splicing molecule  
1306 (PTM) to rescue mutations in *CEP290* that are located 5' to intron X-27. The PTM transcript consists of  
1307 the partial coding DNA sequence (PCDS) encoding *CEP290* exons 1-26, the novel 5' SS, a spacer and a  
1308 'putative [binding domain](#)', which is reverse complementary to the target sequence in intron X-27. **(c)**  
1309 Three potential splicing outcomes with *CEP290* c.2991+1655A>G following introduction of a 5' PTM:  
1310 (1) joining of exon 26 to exon 27 from *cis*-splicing for the [wild-type](#) junction; (2) inclusion of exon X  
1311 from *cis*-splicing (predominant mRNA species with c.2991+1655A>G present); (3) joining of the 5'  
1312 PCDS to exon 27 from *trans*-splicing. Both outcomes 1 and 3 would result in full-length *CEP290* peptide  
1313 (because the PCDS is designed such that it encodes exons 1-26). Reproduced with modification from  
1314 Dooley et al., 2018 under the terms of the Creative Commons Attribution License CC-BY.

1315

1316

### 1317 **Table 1. Class, OMIM phenotype number, disease genes and hallmark clinical features of major** 1318 **ciliopathies**

1319 Major ciliopathies, grouped into non-motile and motile, subdivided into neurodevelopmental,  
1320 skeletal, obesity, sensorineural, retinal and respiratory. Names, abbreviations and OMIM  
1321 phenotypes are given for each, alongside a list on currently known disease genes associated with  
1322 each condition, and hallmark clinical features.

1323

### 1324 **Table 2. Detailed phenotypes and types of mutation reported in known ciliopathy genes**

1325 List of known ciliopathy genes, OMIM gene number, ciliopathy(s) associated with this gene, types of  
1326 mutation reported, and percentage of reported mutations which affect splicing according to HGMD  
1327 (Stenson et al., 2003) and ClinVar. Half of all ciliopathy genes (104/188) have at least one reported  
1328 splicing variant associated with disease. Of the genes in which splicing variants have been reported  
1329 in the literature these account for on average 17% of total reported variants. Clinical interpretation  
1330 of splicing variants would seem to underestimate the pathogenicity of such variants.

1331

1332 **Table 3. Ciliopathy abbreviations, full names and incidence rates per 100,000 in the general**  
1333 **population**

1334 Abbreviation of ciliopathy, full name and estimated prevalence, from OMIM, Orphanet Rare Disease  
1335 or published literature

1336

Primary cilia are essential signalling organelles found on the apical surface of epithelial cells, where they coordinate chemosensation, mechanosensation and light sensation. Motile cilia play a central role in establishing fluid flow in the respiratory tract, reproductive tract, brain ventricles and ear. Genetic defects affecting the structure or function of cilia can lead to a broad range of developmental and degenerative diseases known as ciliopathies.

Splicing contributes to the pathogenesis, diagnosis and treatment of ciliopathies. Tissue-specific alternative splicing contributes to the tissue-specific manifestation of ciliopathy phenotypes, for example the retinal-specific effects of some genetic defects, due to specific transcript expression in the highly specialised ciliated cells of the retina, the photoreceptor cells. Ciliopathies can arise both as a result of genetic variants in spliceosomal proteins, or as a result of variants affecting splicing of specific cilia genes. Here we discuss the opportunities and challenges in diagnosing ciliopathies using RNA sequence analysis and the potential for treating ciliopathies in a relatively mutation-neutral way by targeting splicing.

# 1 Splicing in the pathogenesis, diagnosis and treatment of ciliopathies

2  
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## 7 8 **Abstract**

9 Primary cilia are essential signalling organelles found on the apical surface of epithelial cells, where  
10 they coordinate chemosensation, mechanosensation and light sensation. Motile cilia play a central  
11 role in establishing fluid flow in the respiratory tract, reproductive tract, brain ventricles and ear.  
12 Genetic defects affecting the structure or function of cilia can lead to a broad range of developmental  
13 and degenerative diseases known as ciliopathies.

14 Splicing contributes to the pathogenesis, diagnosis and treatment of ciliopathies. Tissue-specific  
15 alternative splicing contributes to the tissue-specific manifestation of ciliopathy phenotypes, for  
16 example the retinal-specific effects of some genetic defects, due to specific transcript expression in  
17 the highly specialised ciliated cells of the retina, the photoreceptor cells. Ciliopathies can arise both as  
18 a result of genetic variants in spliceosomal proteins, or as a result of variants affecting splicing of  
19 specific cilia genes. Here we discuss the opportunities and challenges in diagnosing ciliopathies using  
20 RNA sequence analysis and the potential for treating ciliopathies in a relatively mutation-neutral way  
21 by targeting splicing.

## 22 23 **The cilium in inherited human disease**

24 The primary cilium (**Figure 1a,b**) is the cell's central signalling organelle and is fundamentally  
25 important for normal development and physiology [1]. Cilia are found throughout the body on the  
26 apical surface of most epithelial cells, where they play roles in mechanosensation and  
27 chemosensation. A highly specialised primary cilium, the photoreceptor cilium (**Figure 1c,d**), is found  
28 on the photoreceptor cell of the retina. This photoreceptor cilium contains proteins which coordinate  
29 light sensation [2]. Motile cilia (**Figure 1e,f**), which have a different ultrastructure from primary cilia  
30 allowing them to beat and establish fluid flow, also play an essential role in development, in the  
31 establishment of left-right body asymmetry. At the embryonic node in early development, a mixed  
32 population of motile and non-motile cilia are found. The motile cilia establish leftward flow to move  
33 left-specific morphogens to the left-hand side of the developing embryo, defining this as the left. In  
34 developed mammals, motile cilia play a crucial role in movement of mucus in the respiratory tract,  
35 ova along the Fallopian tubes, cerebrospinal fluid in the ventricles of the brain, and fluid in the middle  
36 ear [3].

37  
38 When cilia do not form or function properly, a range of inherited conditions called 'ciliopathies' arise  
39 [4]. These are separated into the non-motile and motile ciliopathies. Due to the widespread  
40 importance of the primary cilium across multiple tissues, the non-motile ciliopathies tend to be  
41 syndromic conditions, affecting multiple organs. Common features of syndromic non-motile  
42 ciliopathies are neurodevelopmental defects (**Figure 2a-c**), skeletal defects (**Figure 2d,e**), obesity  
43 (**Figure 2f**), cystic kidney disease (**Figure 2g,h**), and inner ear problems leading to sensorineural hearing  
44 loss. Polydactyly (**Figure 2i,j**) and retinal dystrophy (**Figure 2k,l**) are particularly common across  
45 syndromic ciliopathies. The non-motile ciliopathies can be broadly classified into the

46 neurodevelopmental ciliopathies, such as Joubert (JBTS) and Meckel-Gruber syndrome (MKS); the  
47 kidney ciliopathies such as polycystic kidney disease (PKD) and nephronophthisis (NPHP); the skeletal  
48 ciliopathies such as short-rib thoracic dystrophies (SRTD) and orofacioidigital syndrome (OFD); the  
49 obesity ciliopathies such as Bardet-Biedl syndrome (BBS) and Alstrom syndrome (ALMS) and the  
50 isolated retinal ciliopathies, including subtypes of retinitis pigmentosa (RP), Leber congenital  
51 amaurosis (LCA) and cone-rod dystrophy (CORD) (**Table 1**). Defects in motile cilia lead to a group of  
52 disorders termed primary ciliary dyskinesia (PCD) (**Table 1**). PCD is a clinically heterogeneous group of  
53 disorders which may include recurrent respiratory infections, progressive upper respiratory problems  
54 and loss of lung function, subfertility, infrequent hydrocephalus, situs defects (which may be linked to  
55 heart disease) and hearing problems (**Figure 2m-p**) [5].

56  
57 The ciliopathies are widely genetically heterogeneous (**Table 2**). The vast majority of these conditions  
58 are inherited in an autosomal recessive manner, but there are also examples of X-linked inheritance  
59 such as X-linked JBTS and X-linked oro-facio-digital syndrome (OFD) associated with *OFD1* mutations.  
60 However, the single most common ciliopathy is autosomal dominant PKD (AD-PKD), 85% of which is  
61 caused by mutations in *PKD1* [6] (**Table 3**). AD-PKD is the most common cause of end-stage renal  
62 failure, and affects between 1:1000 and 1:4000 individuals in the EU, making it one of the most  
63 common genetic diseases in humans, and the most common cause of end-stage renal failure [7]. Non-  
64 syndromic retinal ciliopathies are also relatively common. Retinal dystrophies collectively affect  
65 around 1:3000 people worldwide [8]. The most common of these is RP, which affects around 1:3500  
66 people worldwide [9]. LCA affects around 1:50,000 people and CORD affects around 1:40,000 people  
67 worldwide. Around one third of the genetic causes of retinal dystrophy encode proteins of the  
68 photoreceptor cilium [10]; (**Table 2**), so non-syndromic retinal ciliopathies can be estimated to affect  
69 1:6000 individuals in the general population worldwide (**Table 3**). The recessive ciliopathies are  
70 individually much rarer but collectively common, with an incidence rate from 1 in 15-30,000 (USH) to  
71 1 in 100,000 (JBTS, BBS, MKS and ALMS) worldwide (**Table 3**). PCD affects around 1 in 10,000 people  
72 worldwide (**Table 3**) and is genetically heterogeneous, with 38 known genetic causes [11] (**Table 2**).  
73 As with non-motile ciliopathies, the majority of genetic subtypes of PCD are inherited in an autosomal  
74 recessive manner, but X-linked forms caused by mutations in the *RPGR* or *PIH1D3* genes have been  
75 reported. Collectively, ciliopathies can be estimated to affect between roughly 1:700 and 1:2000  
76 people in the general population worldwide [12] (**Table 3**).

77

### 78 **The importance of alternative splicing in ciliated cells**

79 The vast majority of human genes contain more than one exon, divided by introns, and splicing is the  
80 process by which introns are removed from a pre-mRNA and exons joined to make a mature mRNA.  
81 This process is catalysed by a large protein and RNA complex known as the spliceosome [13]. The  
82 spliceosome is composed of 5 small nuclear RNAs (snRNAs), U1-U5, and many proteins, together  
83 making 5 snRNPs. In the process of splicing, U1snRNP recognises and binds the splice donor site (the  
84 5' splice site), and promotes the binding of U2snRNP to the branch site. Independently of this, the  
85 U4/U6.U5 tri-snRNP forms in the cell, and is recruited to the pre-mRNA, where U6snRNP replaces  
86 U1snRNP. This forms the catalytically active spliceosome, which excises the intron and joins the exons  
87 through two transesterification reactions [13]. Alternative splicing is a process central to the  
88 functioning of all human cells, with around 95% of multiexon genes undergoing alternative splicing  
89 [14, 15]. Alternative splicing involves differential use of 5' (splice donor) and 3' (splice acceptor) splice  
90 sites, differential inclusion or exclusion of exons (including mutually exclusive exons) and differential

91 intron retention/exclusion [15]. Alternative splicing controls fundamental cell processes including  
92 protein transport across membranes [16, 17]. Differential transcript expression and alternative  
93 splicing is highly tissue-specific. Indeed, patterns are more similar between the same tissues of  
94 different species than they are between different tissues of the same organism [18]. Such differential  
95 splicing drives different developmental processes across different organs and tissues [19] and  
96 contributes to the specific functions of mature cells such as neurons [20, 21]. Ciliated cells are no  
97 different from other cells in this regard. However, one particular ciliated tissue deserves special  
98 consideration here, for the complexity of its splicing profile; the retina.

99

100 Gene expression is extremely heterogeneous early in eye development, which begins at 3.5 weeks  
101 post conception (PCW) and continues until 5 months after birth [22]. According to gene expression  
102 patterns, there are 3 broad phases of eye development; developing eyes from 4.6-7.2 PCW;  
103 developing retinae from 7.7-10 PCW; and developing retinae from 12-18 PCW [22]. Peak expression  
104 of genes involved in connecting cilium and photoreceptor outer segment biogenesis occur from 12-18  
105 PCW [22]. The photoreceptor cells in particular display a 'switch-like' splicing pattern, which involves  
106 a high rate of inclusion of exons which are not included in transcripts in any other cell type of the body  
107 [23]. Whilst photoreceptor cells are sensory neurons, their splicing pattern is not controlled by typical  
108 sensory neuron splicing factors, but rather by Musashi 1 (MSI1) protein [23]. Before photoreceptor  
109 outer segment development, there is a high rate of specific splicing of primary cilia genes, suggesting  
110 that the splicing of these directs the development of the outer segment from a regular primary cilium  
111 [23]. Patterns of splicing are highly dynamic through eye development, with variable rates of retained  
112 introns, skipped exons, alternative 3' splice sites, alternative 5' splice sites and mutually exclusive  
113 exons seen in transcripts at different stages of eye development. At 12-18 PCW, significantly different  
114 splicing of ciliary genes and genes involved in the RNA splicing process itself is seen in retina, compared  
115 to 7.7-10 PCW [22]. This suggests that alternative splicing is particularly important for regulation of  
116 the splicing process itself from 7.7-10 PCW, and for regulation of connecting cilium and outer segment  
117 biogenesis, from 12-18 PCW. The observation that genes involved in pre-mRNA splicing are  
118 significantly differentially spliced at 7.7-10 PCW was confirmed in analysis of similar expression data  
119 deposited by an independent group [24]. The authors of this paper suggest that this window of retinal  
120 development (7.7-10 PCW) is the stage at which a new specific splicing programme is being established  
121 for the next developmental stage, and this explains the enrichment of differentially spliced pre-mRNA  
122 splicing genes at this stage of retinal development [22]. The adult human retina also displays extensive  
123 transcript diversity. Deep RNA sequencing (300 million reads per samples) of three human retinae  
124 identified 79,915 novel alternative splicing events, including 29,887 novel exons, 21,757 3' and 5'  
125 alternative splice sites, and 28,271 exon skipping events, and 116 potential novel genes [25]. A large  
126 expression study of 50 human retinae confirms the finding that around 50% of transcripts in the retina  
127 differ from the GENCODE reference transcriptome, including from 206 putative novel genes [26].  
128 Transcript expression varies across anatomical locations in the retina, both in different cell types [27,  
129 28], and different regions (nasal/temporal and central retina/peripheral) [29]. In particular, there is  
130 greater transcript diversity in the neural retina, with around 15,000 alternative splice events are seen  
131 in the neural retina, compared to around 10,000 in the retinal pigment epithelium (RPE), choroid and  
132 sclera [28]. This is in keeping with the general observation that neural tissues (and testes) exhibit  
133 higher transcriptome complexity than other tissues [30-32]. However, it is difficult to make a direct  
134 comparison of splicing complexity in the retina compared to other tissues, because the retina has  
135 historically been neglected from large expression studies such as GTEx [33] due to difficulty in



136 obtaining high quality human retinal samples. The physiological relevance of novel retinal genes and  
137 isoforms remains to be fully understood, but analysis of novel genes co-expressed with rhodopsin  
138 (*RHO*), followed by gene ontology enrichment analysis suggests roles in visual perception,  
139 photoreceptor outer segment membrane function, cilium structure and function [26]. Advances in  
140 human stem-cell derived retinal organoid culture (discussed later) provide a valuable experimental  
141 model for further studies into the function of specific retinal transcripts.

142  
143 Many genes linked to human retinal disease are known to have retinal-specific isoforms. These genes  
144 are alternatively spliced in developing and mature retina, showing different patterns of splicing at  
145 different points of development [22]. *ARL6* (*BBS3*), which can be associated with BBS and non-  
146 syndromic retinal dystrophy, has a retina-specific splice variant *BBS3L* which includes an extra 13bp  
147 coding exon near the 3' end (cassette exon). This shifts the reading frame, removes 7 amino acids from  
148 the C-terminus of the protein and adds 15 novel amino acids in their place [34]. *MAK* encodes a  
149 transcript which includes exon 12 (cassette exon) which is only expressed in the retina and *CEP78* has  
150 three retinal isoforms, which include cassette exons 15 and 17 [35]. *RPGRIP1* has a novel retinal  
151 transcript which uses an alternative 5' splice site for exon 13 and skips 33 nucleotides from the 5' end  
152 of canonical exon 13. This isoform including exon 13d is also expressed at a low level in liver, pancreas  
153 and placenta [36]. *TTC8*, which is mutated in BBS type 8, has a retinal-specific isoform which includes  
154 a cassette exon, named exon 2a, which was not identified until studies were undertaken in patients  
155 with RP, who were found to have -2 splice acceptor site mutation in intron 1 of *BBS8* causing their  
156 disease [37]. Studies have confirmed that this splicing mutation, which specifically causes exon  
157 skipping of the retinal-specific cassette exon 2a, causes RP due to tissue-specific expression of this  
158 transcript exclusively in photoreceptor cells [38]. *BBS5*, which is mutated in BBS, has a retinal specific  
159 isoform in most vertebrates. In the mouse, this is formed from the use of cryptic splice sites in intron  
160 7, producing a transcript which produces a truncated protein with a novel C-terminal end [39]. Of  
161 particular relevance to human disease is *RPGR*. Mutations in *RPGR* account for 70-90% of XL-RP cases,  
162 and 10-20% of all RP cases [40]. There are at least twelve different isoforms of *RPGR*, including two  
163 major retinal protein isoforms of *RPGR*; *RPGR*(1-19) and *RPGR*(1-ORF15) [41]. *RPGR*(1-ORF15) is a  
164 retina-specific protein isoform which includes a large 3' terminal exon (ORF15). The retina-specific  
165 terminal exon ORF15 is mutated in 60% of XL-RP patients [42]. Most mutations are small deletions or  
166 nonsense mutations leading to premature termination of translation and truncation of the protein,  
167 but some affect splicing [42, 43]. Outside of ORF15, splicing mutations are more common than  
168 changes in the coding sequence [44, 45]. A +1G>T splice site mutation in intron 5 of *RPGR* has been  
169 reported in a family with RP and recurrent respiratory infections [46]. G>T transversion at nucleotide  
170 1164 of intron 15 which may create donor splice site has been reported in one family with atrophic  
171 macular degeneration [47]. At the time of writing, 11 splice site variants in *RPGR* are deposited in the  
172 clinical variant database ClinVar [48], but only 1 is annotated as 'pathogenic'. This suggests that there  
173 is current difficulty in assigning pathogenic status to variants potentially affecting splicing, and splice  
174 variants in *RPGR* may be a more common cause of disease than is currently appreciated.

### 175 176 **Splicing in the pathogenesis of ciliopathies - retinal ciliopathies associated with spliceosomal** 177 **proteins**

178 Mutations in genes encoding proteins involved in pre-mRNA splicing, including *PRPF3*, *PRPF4*, *PRPF6*,  
179 *PRPF8*, *PRPF31*, *SNRNP200*, *DHX38*, *CWC27* and *RP9*, are the second most common cause of autosomal  
180 dominant RP and a minor cause of autosomal recessive RP. 17 years since the identification of *PRPF8*

181 as a cause of RP, it remains unclear why mutations in pre-mRNA splicing factors cause a phenotype  
182 restricted to the retina. A whole genome siRNA knockdown screen for ciliogenesis regulators in a  
183 ciliated kidney cell line identified a novel specific role of pre-mRNA splicing factors *PRPF6*, *PRPF8* and  
184 *PRPF31* in ciliogenesis [49]. The same observation was made in an independent reverse genetic screen  
185 [50]. Further investigation showed that these proteins localise to the base of the photoreceptor cilium,  
186 suggesting that these proteins have a role beyond splicing, and classifying these conditions as retinal  
187 ciliopathies [49].

188 Further study in retinal organoids and RPE derived from iPSCs from patients with *PRPF31* mutations  
189 show decreased efficiency of splicing in an E1A minigene reporter assay [51]. RPE from patient iPSCs  
190 also show a substantial downregulation of SART1, a U5 snRNP protein important for the formation  
191 of the pre-catalytic spliceosomal B complex, but no changes in the expression of the U5 protein  
192 *PRPF8* or the U4/U6 protein *PRPF4*. Retinal organoids from patients showed differential expression  
193 of actin cytoskeleton, ciliary membrane, primary cilium, photoreceptor inner and outer segment,  
194 axon terminal and phototransduction proteins. In terms of differential splicing, retinal organoids  
195 from patients with *PRPF31* mutations showed an enrichment of mis-spliced centriole and  
196 microtubule organisation genes, with skipped exons, retained introns, alternative 5' and 3' splice  
197 sites, and mutually exclusive exons. In both RPE and retinal organoids derived from *PRPF31*<sup>-/-</sup>  
198 patients, the most significantly mis-spliced genes were genes involved in pre-mRNA and alternative  
199 mRNA splicing via the spliceosome. This suggests that ciliogenesis, cilium function, and pre-mRNA  
200 splicing are all regulated by alternative splicing in the retina, and this is defective in patients  
201 carrying *PRPF* mutations [51].

202  
203 Other ciliopathy genes have been linked to RNA metabolism, such as *DDX59*, mutated in OFD [52-54].  
204 *DDX59* is a DEAD-box RNA helicase, of which there are more than 40 in humans [55]. DEAD-box RNA  
205 helicases can unwind short segments of double stranded RNA [56] and are involved in remodeling  
206 RNPs [57] for pre-mRNA splicing, RNA nuclear export, and ribosomal biogenesis [58]. Homozygous  
207 deleterious missense variants in the helicase ATP binding domain or helicase C terminus of *DDX59* are  
208 associated with OFD [52]. These pathogenic variants in *DDX59* in OFD patients are associated with  
209 normal *DDX59* cellular localisation, in a punctate distribution across the nucleus and cytoplasm, and  
210 normal ciliogenesis but abnormal ciliary signaling [52]. In *DDX59*<sup>-/-</sup> patient fibroblasts, cilia grew  
211 normally but did not respond appropriately to Hedgehog pathway stimulation, measured by Gli1  
212 expression levels after treatment with Smoothed agonist (SAG) [52]. Variants causing loss of the  
213 stop codon in *DDX59* are also associated with OFD, with additional features [53]. Null variants in  
214 *DDX59* are associated with a more severe phenotype of OFD with complex neurological involvement,  
215 including structural brain anomalies, seizures and global developmental delay [54]. The structural  
216 brain abnormalities are similar to those seen in CADASIL syndrome, caused by mutations in the  
217 *NOTCH3* gene, leading to speculation that *DDX59*, through regulation of the primary cilium, plays a  
218 role in notch signalling regulation [54]. Loss-of-function *Drosophila* mutants of the homologue of  
219 *DDX59* display severe neurodevelopmental defects including gross disorganisation of the peripheral  
220 nervous system during development, loss or incomplete ventral nerve cord and shortened lifespan  
221 [54]. The data on *DDX59* would seem to suggest that this protein, with roles across multiple processes  
222 in RNA metabolism, is crucially important for normal embryonic development, in particular, formation  
223 of midline structures. The exact molecular mechanism of the role of *DDX59* in ciliary function remains

224 unclear and requires further study but supports the hypothesis that RNA processing is of core  
225 importance to ciliary function.

### 226 **Splicing in the pathogenesis of ciliopathies – splice variants in ciliopathy genes**

227 Normal pre-mRNA splicing and alternative splicing confer healthy diversity and complexity to a range  
228 of cellular functions. Splicing is a tightly regulated process, controlled by a range of protein and RNA  
229 splicing regulators [59]. Recognition of splice sites depends on conserved sequences around splice  
230 sites, and in introns and exons [60]. At each splice site a consensus sequence at the DNA level defines  
231 the intron/exon boundary, and the branch site in the intron defines the location of binding of the 5'  
232 splice site to the intronic sequence to form the lariat before intron removal [61, 62]. As well as the  
233 consensus splice site sequences and the branch point, sequence-specific exonic splice enhancers  
234 (ESEs) and intronic splice enhancers (ISEs)[63] promote splicing, and sequence-specific exonic splice  
235 silencers (ESSs)[64] and intronic splice silencers (ISSs) [65] inhibit splicing. In spite of tight regulation  
236 of the splicing process, specific inherited genetic variants which disrupt the consensus splice site,  
237 branchpoint, ESE, ISE, ESS or ISS can lead to aberrant splicing. Such aberrant splicing may constitute  
238 the abnormal use of 3' or 5' splice sites, aberrant inclusion of introns or exon skipping and contributes  
239 to abnormal cell functions and a range of human diseases [66, 67].

240

241 At least 188 different genes can cause a syndromic or non-syndromic ciliopathy phenotype (**Table 2**).  
242 Pathogenic splice variants have been reported in more than half (103/188 i.e. 54.79%) of the known  
243 ciliopathy genes (**Table 2**). Pathogenic splice variants are particularly common in certain genes. For  
244 example, 25% of all published disease-causing variants in *MKS1* affect splicing, and 44.4% of published  
245 disease-causing variants in *RSPH1* affect splicing (**Table 2**) [68, 69]. In the case of these two genes,  
246 splicing variants are more commonly associated with disease because they cause a loss-of-function,  
247 and such loss-of-function variants are sufficient to cause disease whilst missense variants tend to be  
248 tolerated and do not cause disease, or cause a less severe disease. Null variants in *MKS1* are a common  
249 cause of MKS [70], whilst null variants in *RSPH1* cause a mild form of PCD [71]. Missense variants in  
250 *MKS1* have been reported as a very rare cause of BBS [72], but missense variants in *RSPH1* have not  
251 been reported as a cause of disease. Similarly to *RSPH1*, loss-of-function variants (but not missense  
252 variants) in *CCDC114* cause PCD, and pathogenic loss-of-function splice variants in this gene are  
253 common [73]. There are several other ciliopathy disease genes where splice variants are slightly more  
254 common because only loss-of-function variants cause disease and missense variants have not been  
255 reported as causing disease. These tend to be associated with the severe ciliopathies, and include;  
256 *CEP104* and *TMEM237* which cause JBTS [74, 75]; *CSPP1* which causes MKS and JBTS with occasional  
257 features of SRPS [76-78]; *CCDC39*, *CCDC40*, *HYDIN* and *DNAI2* which cause PCD [79-81]. Occasionally,  
258 pathogenic splice variants cause less severe disease than nonsense or frameshift mutations, because  
259 the transcript produced by the splice variant remains in-frame. For example, study of the spectrum of  
260 mutations in *OFD1* shows that missense and particular splice site mutation (c.2260 + 2 T > G at splice  
261 donor site of intron 16, leading to 513bp in-frame deletion) are associated with OFD in males [82],  
262 whereas this X-linked condition is usually associated with male lethality in the case of null mutations,  
263 including splicing mutations causing frameshifts [83]. A splice site mutation in *TCTN3* which causes in-  
264 frame skipping of exon 7 causes JBTS, whereas nonsense or frameshift mutations cause MKS [84].  
265 Pathogenic splice variants are also common in *C8orf37*, which causes BBS, CORD and RP. Particular  
266 splice mutations in this gene, such as c.156-2A>G are associated with polydactyly along with CORD  
267 [85-89]. It has been postulated that splicing variants impact the transcriptional profile of disease genes

268 in a more highly variable manner than other types of genetic variant, and due to tissue-specific  
269 transcript expression, this could partly account for the broad phenotypic variability observed in  
270 ciliopathies, even within families, such as MKS associated with *MKS1* variants [68]. This could help to  
271 explain the very broad phenotypic spectrum of conditions from fetal encephalocele to Joubert-related  
272 syndrome to OFD, associated with variants in *C2CD3*, which are frequently splice-altering variants  
273 which cause frameshifts in the transcript(s) [90]. Around 20% of cases of Joubert syndrome are caused  
274 by variants in *AHI1*, of which around 15% are splice site mutations [91]. *BBS1*, the most common cause  
275 of BBS (in around 40% of cases) can be associated with mutations at splice donor site in exon 4  
276 (432+1G>A) [92]. The mechanism underlying the higher frequency of splicing variants in certain genes  
277 than others remains unclear. Individual splicing changes are also common in certain genes, such as  
278 *CEP290*, with the same variant observed repeatedly in many individuals with disease. A deep intronic  
279 *CEP290* variant (c.2991+1655A>G), which creates a strong splice-donor site and inserts a cryptic exon  
280 in the *CEP290* messenger RNA, is detected in 21% of all LCA patients [93]. 60 -90% of LCA patients with  
281 *CEP290* mutations have at least one c.2991+1655A>G allele [94-96]. Similarly, a deep intronic variant  
282 in *USH2A* (c.7595-2144A>G) which introduces a novel splice donor site in intron 40, leading to  
283 insertion of a pseudoexon, PE40, [97] is the second most common cause of USH type 2A, with a  
284 frequency of 4% [98]. Three other deep intronic variants in *USH2A* have been reported as causes of  
285 USH type 2A, but these are less common [99]. Variants in *USH2A* are one of the most common causes  
286 of ARRP, but whilst splice-site variants in *USH2A* have been reported as a cause of RP, to date no deep  
287 intronic variants in *USH2A* have been reported in autosomal recessive RP (AR-RP) patients [100, 101].  
288 A founder mutation, a 29-bp deletion in intron 15 of *MKS1*, is a common cause of MKS in European  
289 (and especially the Finnish) populations (the so-called 'Finn-major mutation') [70]. This particular  
290 splice mutation is associated with a form of MKS involving skeletal defects, which are rarer in other  
291 forms of MKS [102]. The most common genetic cause of MKS, *TMEM67*, has two splice founder  
292 mutations in the Pakistani population, (c.1546 + 1 G > A and c.870-2A > G)[103]. A +3 splice donor site  
293 mutation at exon 11 of *BBS1*, leading to use of an alternative cryptic donor site within the exon, is a  
294 common cause of BBS in the Faroe Islands due to a founder effect [104]. This variant is associated with  
295 severe, early onset retinal dystrophy, earlier than that seen in patients with different *BBS1* mutations  
296 [104]. In type 2 BBS, a c.472-2A>G splice acceptor site mutation in *BBS2* is a common disease variant  
297 in the Hutterite population [105]. The c.742G>A variant, abolishing the consensus splice donor site of  
298 exon 7, in *CCDC114* is a PCD founder mutation in the Dutch Volendam population [73] and an intron  
299 2 c.921+3\_6delAAGT splice donor mutation in *RSPH4A* is a common cause of PCD in individuals of  
300 Hispanic descent due to a founder effect [106]. A 3bp insertion at the exon 1/intron 1 splice donor site  
301 in *DNAI1* is a common variant in the Caucasian population, accounting for up to 55% of *DNAI1*-  
302 associated cases of PCD in white Europeans, with up to 82% of PCD patients having at least one of  
303 these alleles [107]. As *DNAI1* mutations account for up to 9% of PCD cases, this particular variant is  
304 significant in terms of its contribution to disease in this population [107]. There have also been reports  
305 of common exonic variants affecting splicing. A common Jewish founder mutation in *MAK*, caused by  
306 an Alu insertion in exon 9, leads to exon skipping of exons 9 and 12 from the final processed transcript.  
307 Exon 12 is a retina-specific exon which is important for specific protein function in the retina, and loss  
308 of this exon in patients carrying this Alu insertion leads to RP [108]. A non-synonymous exonic variant  
309 in *NPHP3* has also been shown to cause ciliopathy NPHP through aberrant splicing. The synonymous  
310 variant c.2154C>T; p.Phe718=, 18 base pairs from the exon-intron boundary within exon 15  
311 of *NPHP3* causes skipping of exon 15 [109].

312

313 Genetic diagnosis of ciliopathies is largely achieved using gene panel or targeted exome sequencing.  
314 In less genetically diverse cohorts, diagnostic yields of up to 85% can be achieved [110]. However,  
315 typical diagnostic yields of 42.4% to 67.6% are achieved for motile ciliopathy patients [111, 112] and  
316 55 to 62% for non-motile ciliopathies [113, 114]. It is likely that underestimation of the contribution  
317 of splice defects to the pathogenesis of ciliopathies contributes to limited diagnostic yields. Early  
318 estimates suggested that around 15% of pathogenic variants affect splicing [115]. However, intronic  
319 variants affecting splicing are often overlooked due to perceived technical difficulties in proving the  
320 pathogenicity of these variants. Indeed, when we reviewed pathogenic splice variants in ciliopathy  
321 genes reported in the literature (as collated in HGMD), [116] we found that on average around 17.5%  
322 of variants affect splicing. However, when we compared this to variants in clinical variant  
323 interpretation database ClinVar [48], only 6% of pathogenic variants affected splicing (**Table 2**). Many  
324 more variants affecting splicing were assigned 'uncertain significance' status. It seems clear that there  
325 remains uncertainty when assigning pathogenic status to splice variants, and this remains a barrier to  
326 increasing diagnostic yields in genetic testing. At this point in time, few diagnostic clinical genetics  
327 laboratories in the UK perform any splicing analysis at the level of RNA, and there are no clear  
328 guidelines on how to interpret genomic variants potentially affecting splicing.

329  
330 In addition to lack of confidence in classifying intronic variants as altering splicing, it is likely that many  
331 exonic variants affecting splicing are misclassified as missense or non-pathogenic synonymous  
332 changes. An estimated 22-25% of exonic variants classified as missense or nonsense actually affect  
333 splicing [117, 118]. For example, compound heterozygous variants in *LZTFL1* (BBS17) predicted to  
334 introduce missense changes were actually found to produce truncated protein (35kDa instead of  
335 30kDa), suggesting that these variants actually impact on splicing [119]. A predicted missense variant  
336 at the end of exon 9 of *CSPP1*, a gene which is associated with a range of severe ciliopathies, was found  
337 to abolish normal splicing, leading to inclusion of an additional 10bp of sequence, shifting the reading  
338 frame and introducing a premature stop codon [78]. A predicted missense variant at the end of exon  
339 4 of *TMEM231* was also shown to be affecting splicing and causing disease in MKS [120]. A single base  
340 pair substitution at the start of exon 16 in *DNAI1*, predicted to cause a missense amino acid change,  
341 was also shown to affect splicing, leading to skipping of exons 15 and 16 in patients with PCD [107].

342  
343 It remains challenging to accurately predict the pathogenicity of variants potentially affecting splicing.  
344 The best optimisation of *in silico* splice prediction tools to date (using a combination of MaxEntScan  
345 with a 15% cut-off value and the PWM model with a 5% cut-off value in a study of *BRCA1* and *BRCA2*  
346 variants) achieved a sensitivity of 96% and specificity of 83% [121]. In practice, the accuracy of *in silico*  
347 splice prediction tools is often significantly lower. The contribution of coding sequence variants  
348 affecting splicing (such as synonymous mutations affecting exonic splicing enhancers) and deep  
349 intronic changes affecting splicing are particularly likely to be underestimated as they are often filtered  
350 out in genetic analysis pipelines which focus on non-synonymous coding and splice site variants.  
351 Furthermore, exome sequencing and gene panel sequencing often do not provide sequencing  
352 coverage of intronic variants further than 10-20bp from the intron/exon junction. As whole genome  
353 sequencing is more routinely used for disease diagnostics, thanks in part to the UK's 100,000 Genomes  
354 Project, more deep intronic variants are being revealed as causes of disease. For example, four new  
355 deep intronic variants in *USH2A* have been described in recent years [122, 123].

356  
357 **Diagnosing ciliopathies using RNA sequence analysis**

358 Whilst *in silico* tools can be used to predict the effect of genomic DNA sequence variants on splicing,  
359 the most reliable method for identifying splicing changes is through direct RNA sequence analysis.  
360 Traditionally this has involved targeted RT-PCR of regions identified as potentially pathogenic from  
361 genomic DNA analysis, using RNA from relevant patient tissues or using minigene assays. There are  
362 many examples where RT-PCR of patient RNA has been employed to diagnose ciliopathies across the  
363 phenotypic spectrum including, but not limited to ; a deep intronic mutation in *OFD1* as a cause of XL-  
364 RP [124]; an intron 3/exon 4 splice acceptor site mutation in *BBS2* as a cause of BBS [105]; c.505+2T>C  
365 in *B9D1* as a cause of MKS [125]; two different splice-altering variants in *CEP78* as a cause of USH  
366 [126]; three different splice-altering mutations in *DNAI1* as a cause of PCD and; a splice acceptor site  
367 mutation in *TCTN3* as a cause of JBTS [84]. Minigene assays have been used to confirm splicing defects  
368 as causes of disease in various ciliopathies, including; various splice mutations in *BBS2*, *BBS3*, *BBS4*  
369 and *ALMS1* causing BBS [127] and; c.3112-5T>A in *IFT127* in patients with isolated RP [128]. However,  
370 whilst minigene assays give some insight into the effect of mutations on splicing, they may not be truly  
371 representative of the exact splicing defect *in vivo*. In the case of this variant in *IFT172*, the minigene  
372 assay showed that this genetic variant led to intron 28 retention, whereas RNA extracted from patient  
373 lymphoblastoid cell lines showed differential usage of the 3' splice site rather than complete intron  
374 retention [128]. Massively parallel whole transcriptome RNA sequencing (RNAseq) is a powerful  
375 technology which has the potential to revolutionise splice analysis, either in combination with  
376 genomic DNA sequence analysis, or as a standalone method. It has the potential to enhance diagnostic  
377 yields through direct detection of splicing aberrations caused by pathogenic variants, without the  
378 requisite prior knowledge for targeting RT-PCR. As a relatively new technology, there is little consensus  
379 on usage, interpretation, reliability or best practices for transcript-level analysis in RNAseq datasets,  
380 particularly for the purposes of novel transcript or novel splicing event identification, which is critical  
381 for the successful application of RNAseq to disease diagnostics.

382

383 One of the major fundamental challenges of analysing RNAseq data is accurately assembling long  
384 transcripts from short reads of sequence. Furthermore, estimation of isoform abundance from short  
385 sequence reads is statistically challenging, as each read samples only a small part of the transcript,  
386 and alternative transcripts often have substantial overlap. Mapping of reads to exons can also be  
387 challenging when there is differential 3' and 5' splice site usage. In the case of detecting novel splice  
388 events, particularly rare, disease specific events, or those which may be undergoing nonsense  
389 mediated decay (NMD), managing the balance between sensitivity and specificity is vital, to avoid  
390 overlooking disease causing events or having true events be swamped by false positives. This presents  
391 a major challenge for diagnosis of ciliopathies associated with genes with large transcript diversity,  
392 such as *IFT122*, associated with a form of SRPS. *IFT122* has at least four differentially spliced  
393 transcripts. One reported exon 6/intron 6 splice donor site mutation c.502+5G>A in *IFT122*, which  
394 causes exon 6 skipping, has been shown to only affect transcript isoform 3 (which includes exon 6),  
395 but not transcript isoform 4 (which does not include exon 6) [129]. Difficulty in differentiating between  
396 different transcripts using RNAseq could compromise the ability to detect pathogenic mutations such  
397 as this. In a separate case, amplification of cDNA from RNA from a parent carrying a splice-site variant  
398 in *TMEM231* was shown to display complete loss of heterozygosity of the disease allele, due to  
399 complete NMD of the aberrant transcript [120]. This highlights the potential challenges of capturing  
400 and identifying disease-associated RNA transcripts for the purposes of ciliopathy diagnostics. A further  
401 challenge stems from the tissue-specific nature of the expression and splicing of many ciliopathy

402 genes, in tissues which are not easily accessible and/or frequently biopsied during the course of care  
403 (e.g. blood, fibroblasts, muscle tissue). For example, only two of the recognised transcript isoforms of  
404 *IFT122* are expressed in blood, and any splice variant affecting other transcripts would not be detected  
405 by RNAseq performed on whole blood [129]. To address this issue, studies are increasingly expanding  
406 to extract RNA from more diverse patient materials, including skin biopsies/fibroblasts and urine-  
407 derived renal epithelial cells (URECs), which provides ciliated patient cells in a non-invasive manner  
408 [130]. This has been successfully applied in identifying variants causing exon 15 skipping in *NPHP3* in  
409 URECs. RT-PCR revealed wild-type (WT) mRNA from URECs harboured only transcripts containing  
410 exon 15, while heterozygous variant-carrying URECs from the patient's father showed an additional  
411 transcript with this exon being spliced out. In mRNA from blood, exon 15 is spliced out in healthy  
412 controls, which would likely have masked the variant's effect had this been the tissue of choice  
413 [109]. However, the success of this approach depends on robust transcriptional data from these  
414 tissues from healthy controls, and this data is lacking for many disease-relevant tissues. For  
415 example, in the study and diagnosis of PCD, multiciliated airway cells are obtained from patients  
416 through nasal brushings, which can be sampled fresh or grown at air-liquid interface (ALI) to  
417 generate a larger bank of patient material [131], although ALI cultures show different phenotypes  
418 from fresh samples [132]. These samples are currently used for diagnostic imaging, but work is  
419 ongoing by our groups and others to characterise the transcriptome of control samples in order to  
420 permit RNA sequencing of patient samples to enhance genetic diagnosis of PCD. The issue of tissue-  
421 specific transcript expression is a particular challenge in diagnosis of retinal ciliopathies. As previously  
422 discussed, the retina, and photoreceptor cells in particular, exhibit highly tissue-specific  
423 transcriptional profiles, with many ciliopathy genes producing exclusively photoreceptor-specific  
424 isoforms which are specifically affected by disease-causing splice mutations which cannot be  
425 confirmed by RNA analysis from other tissues. Advances in retinal organoid culture techniques from  
426 induced pluripotent stem cells derived from patient fibroblasts have provided one solution to this  
427 problem, but this is an extremely laborious and time-consuming process, taking several months for  
428 retinal organoid cultures to develop mature photoreceptors [133]. Culture techniques are being  
429 accelerated [134], refined towards a standardised approach, and the transcriptional profile of these  
430 organoids being defined [135], including using single cell RNAseq to understand the transcriptional  
431 profile of different cell types of these retinal organoids [136]. As a result, retinal organoids are  
432 providing useful models for studying mechanisms of retinal disease [51] and effectiveness of novel  
433 molecular therapies [137] and diagnostics; they have recently been used to characterise the effect of  
434 a novel splice acceptor site variant in *USH2A* as a cause of RP [138].

435  
436 Dozens of computational methods for RNAseq analysis have been developed, each with their own  
437 individual strengths and limitations. A comprehensive discussion of all available computational  
438 approaches is beyond the scope of this paper (see e.g. [139-141]), and we will focus only on a basic  
439 discussion of those that have been applied to splicing analysis for rare disease diagnostics to date.  
440 Four recent papers have been published exploring the application of RNAseq for diagnostic purposes  
441 in various Mendelian diseases. Cummings *et al.* and Gonorazky *et al.* both focussed on neuromuscular  
442 disorders, obtaining diagnostic yields of 35-36% from RNAseq on biopsied muscle tissue [142, 143].  
443 The methodology utilised involved alignment using STAR's two-pass method [144], followed by  
444 filtering and prioritisation of splice junctions of potential diagnostic relevance using code developed  
445 by Cummings *et al.*, along with investigating allelic imbalance in expression. Kremer *et al.*'s focus was  
446 mitochondrial disorders, with RNAseq performed on patient derived fibroblasts [145]. Again, STAR

447 was the alignment method of choice, coupled with LeafCutter[146] for detection and prioritisation of  
448 aberrant splicing events, and investigation of aberrant and monoallelic expression was done, achieving  
449 a diagnostic result in 10% of patients. Finally, Frésard *et al.* used RNAseq on blood mRNA in the  
450 diagnosis of a cohort of patients with a diverse range of rare diseases spanning 11 categories, including  
451 neurology, hematology and ophthalmology [147]. Using a combination of techniques including  
452 detection of expression and splicing outliers, a diagnostic rate of 8.5% was obtained. Candidate  
453 diagnoses were also identified for several other patients, including those with neurological  
454 phenotypes, for whom blood would not be an obvious tissue of interest, demonstrating the potential  
455 for wider applicability, albeit with a lower diagnostic yield.

456 Common themes in the analysis strategies in the above papers include the use of STAR for alignment,  
457 and the leveraging of publically available RNAseq data (e.g. GTEx <https://gtexportal.org/>) as controls.  
458 Despite many different alignment tools being available, STAR appears to be emerging as a front-runner  
459 for RNAseq, likely due to its speed and ease of use, clear documentation and active support. STAR in  
460 two-pass mode utilises known splice junctions from a provided transcriptome, identifying potential  
461 novel junctions well supported by split reads (those spanning a splice junction) in the data on the first  
462 pass, then re-traverses the data to provide read counts for all junctions[144]. Utilising publically  
463 available RNAseq data, which most of the above papers do, is a powerful strategy for reducing noise  
464 and removing from analysis splice junctions that are present in non-diseased individuals and are thus  
465 unlikely to be the aberrant splicing events responsible for disease in the patient in question. Careful  
466 matching of tissue type and study design, and reprocessing of control data alongside cases can help  
467 ensure maximum consistency between different datasets.

468  
469 A further issue to resolve to optimise the use of transcriptomics for rare disease diagnostics is the  
470 depth of sequencing required to achieve robust detection of rare splice forms. At low sequencing  
471 depth, RNA sequencing experiments likely fail to detect the majority of low-abundance transcripts,  
472 which only become apparent through deep RNA sequencing. Typical differential gene expression  
473 analysis studies sequence to a depth of 20 million reads per sample. In the retina, only approximately  
474 50% of exons will be covered with sequencing at this depth [25]. For splicing analysis, read depths of  
475 50-100 million reads per sample have typically been employed [142, 143], as greater depths are  
476 required to detect rare, patient specific splicing events, and those that may be undergoing NMD.

477  
478 As more research is undertaken using RNAseq diagnostically, larger and more diverse datasets will  
479 facilitate the development of optimal methods both in terms of study design and analytical practice.  
480 Responsible sharing of data will be crucial in maximising both broad scientific and diagnostic benefit.  
481 In the UK, the NIHR have recently funded a program of research into clinical diagnostic uplift in a range  
482 of genetic disorders, including PCD, where best practice guidelines for the effective utilisation of  
483 RNAseq in a diagnostic setting will be explored.

484  
485

#### 486 **Treating ciliopathies by targeting splicing**

487 Ciliopathies have long been considered untreatable and incurable conditions. Recent advances in gene  
488 therapy have challenged this view. Early efforts have focussed on gene delivery by viral vectors for  
489 treatment of the most common causes of recessive retinal ciliopathies. This has led to two



490 independent clinical trials for treatment of the RP phenotype in USH patients carrying *MYO7A*  
491 mutations (<https://clinicaltrials.gov/ct2/show/NCT02065011>;  
492 <https://clinicaltrials.gov/ct2/show/NCT01505062>), and two independent Phase1/2 clinical trials for  
493 treatment of XL-RP associated with mutations in *RPGR*  
494 (<https://clinicaltrials.gov/ct2/show/NCT03316560>;  
495 <https://clinicaltrials.gov/ct2/show/NCT03252847?cond=Retinitis+Pigmentosa&rank=38>). Excitingly,  
496 a third *RPGR* gene augmentation trial is now recruiting for Phase2/3  
497 (<https://clinicaltrials.gov/ct2/show/NCT03116113>). *RPGR* mutations are responsible for 70-90% of XL-  
498 RP cases, and 10-20% of all RP cases [40]. Mutations in *MYO7A* account for around 20% of USH cases  
499 [148]. However, some of the most common genetic causes of ciliopathies are very large genes which  
500 cannot be delivered by viral vectors. Adeno-associated virus serotype 2 (AAV2), the commonly used  
501 viral vector, is limited to delivery of around 3.5kb of genetic material, including promoter and  
502 polyadenylation sequence [149]. *USH2A*, which accounts for 10 to 15% of cases of AR-RP and 50% of  
503 USH cases, has a 12kb coding sequence. The most common genetic cause of ciliopathy, *PKD1*, which  
504 accounts for 85% of cases of ADPKD, has a coding region of almost 13kb.

505  
506 As a result, alternative approaches are now under investigation, many of which focus on altering  
507 splicing. Antisense oligonucleotides (ASOs) are one technology which can be used to modulate  
508 splicing. ASOs are short, single-stranded synthetic oligodeoxynucleotides which are designed to target  
509 specific regions of mRNA to modulate splicing to correct genetic defects causing disease. They can be  
510 used to promote retention of exons that are otherwise skipped in affected patients, and skip  
511 pseudoexons which are otherwise retained in affected patients [150]. ASOs can also be used to induce  
512 skipping of exons carrying premature stop codons or insertions/deletions causing a frameshift, to  
513 restore the reading frame and restore protein production. Indeed, this approach has led to the first  
514 FDA-approved ASO for treatment of Duchenne Muscular Dystrophy (DMD), eteplirsen [151] and the  
515 first FDA-approved ASO for treatment of Spinal Muscular Atrophy (SMA), nusinersen [152]. Eteplirsen  
516 is an ASO designed to induce exon 51 skipping of *DMD* pre-mRNA, which encodes dystrophin, which  
517 is mutated in patients with DMD [153]. Eteplirsen causes exon 51 skipping which restores the reading  
518 frame of *DMD* in DMD patients with out-of-frame deletions in the *DMD* gene, restoring dystrophin  
519 protein production [154, 155]. The protein produced is truncated, but this is sufficient to reduce the  
520 severity of patient phenotype, slowing respiratory decline [156] and extending the number of years a  
521 patient remains ambulatory compared to untreated identical twin patients [157]. Nusinersen is an  
522 ASO designed to promote exon 7 inclusion in mature *SMN2* mRNA through blocking the binding site  
523 of hnRNP in intron 7 of *SMN2* pre-mRNA [158, 159]. This hnRNP binding site acts as a splicing silencer  
524 in patients with SMA, resulting in exclusion of exon 7 and truncated protein production. Nusinersen  
525 restores full-length protein production and improves motor function and probability of survival in  
526 treated early-onset SMA patients compared to sham control [152, 160]. It is also successful in  
527 improving motor function in later-onset SMA patients [161].

528  
529 ASO technology has improved in recent years to reduce off-target effects and toxicity, improve  
530 nuclease resistance and target-binding affinity [162]. This has been achieved through modification of  
531 the ASO backbone such as 2' ribose modifications e.g. 2'-O-methylation (OMe), 2'-O-methoxy-  
532 ethylation (MOE), and locked nucleic acid (LNA), and P backbone modifications such as  
533 phosphorothioate and morpholino [163, 164] (**Figure 3**). Conjugation of the backbone to a carrier or  
534 ligand, such as lipids, peptides, carbohydrates or antibodies, has helped to improve bioavailability and

535 delivery across membranes, and tissue-specific delivery [165, 166]. These improvements are making  
536 successful clinical applications more likely. For example, FDA-approved eteplirsen is a  
537 phosphorodiamidate morpholino oligonucleotide [151, 153, 154] and nusinersen is a 2'-O-(2-  
538 methoxyethyl) modified ASO.

539

540 The ASO treatment approach is particularly useful in conditions associated with a common mutation  
541 which affects splicing. There are several common founder mutations in *USH2A*, including deep intronic  
542 c.7595-2144A>G and which introduces a novel splice donor site in intron 40, leading to inclusion of a  
543 novel exon (PE40) in the mature transcript [123]. A recent study showed successful specific induction  
544 of exon skipping of this PE40 in patient fibroblasts and in a minigene assay [98]. A first-in-man study  
545 of the safety and tolerability of RNA ASO therapy for RP and USH patients with mutations in exon 13  
546 of *USH2A* is currently underway, coordinated by the University of Michigan Kellogg Eye Centre and  
547 Retina Foundation of the Southwest, Dallas (<https://clinicaltrials.gov/ct2/show/NCT03780257>). This  
548 study is testing QR-421a, which targets exon 13 to induce exon 13 skipping in patients with nonsense  
549 or frame-shift mutations in exon 13 of *USH2A*, including the common c.2299delG and the c.2276G>T  
550 mutations (<https://databases.lovd.nl/shared/variants/USH2A/>). This aims to restore the reading from  
551 of *USH2A* mRNA and restore functional usherin protein production in the retina of patients to prevent  
552 retinal degeneration and vision loss. Another common mutation which affects splicing in ciliopathy  
553 patients, is the deep intronic variant c.2991+1655A>G (sometimes called IVS26) in *CEP290* which  
554 accounts for 20-25% of cases of LCA [93]. The change introduces a novel splice donor site and insertion  
555 of a novel cryptic exon, exon X, in the transcript, creating a premature truncation codon p.(Cys998\*),  
556 probably subjecting the transcript to NMD (**Figure 5a**). A proof-of-principle study in 2012 showed  
557 the efficacy of an ASO approach in correcting *CEP290* splicing in human patient fibroblasts by blocking  
558 exon X to exclude it from the final transcript and restore WT transcript production [167]. A recent  
559 study has shown success of clinical drug candidate ASO QR-110, a single-stranded, fully  
560 phosphorothioated, and 2' O-methyl-modified RNA oligonucleotide (**Figure 3**), in rescuing the *CEP290*  
561 splicing defect by blocking exon X splicing to restore WT *CEP20* mRNA production in pre-clinical models  
562 including human patient-derived retinal organoids [137]. QR-110 was the most successful of 29 ASOs  
563 designed to target the region of exon X using an 'oligo-walk' approach [137]. This led to a phase 1/2  
564 clinical trial of intravitreal injection of QR-110, (<https://clinicaltrials.gov/ct2/show/NCT03140969>)  
565 which showed safety and tolerability, and an exceptional improvement in vision in one patient [168].  
566 This is now entering phase 2/3 clinical trials (<https://clinicaltrials.gov/ct2/show/NCT03913143>).

567

568 Whilst initial efforts have focussed on treating the retina, as it is a relatively small area to treat and  
569 relatively minor improvements in cell functionality can lead to significant clinical outcomes for  
570 patients, work is now expanding into exploring systemic treatment of syndromic ciliopathies. In the  
571 first study of its kind worldwide, Prof John Sayer and colleagues showed effectiveness of ASO-induced  
572 splicing of a mutated exon (41, G1890\*) of *CEP290* restoring *CEP290* protein expression in kidney cells  
573 of JBTS patients. In treated cells, protein localises correctly to cilia and restores normal cilium length,  
574 whereas patient cilia overgrow in length. Systemic treatment in a *Cep290* mouse model led to reduced  
575 cystic burden in the kidney [169].

576

577 Gene editing approaches are also being trialled as methods for correcting pathogenic splice variants  
578 in ciliopathy patients. This has the advantage of stably and permanently correcting the genome of  
579 patients. A recent study reported successful editing of the common intronic mutation in *CEP290* in

580 humanised CEP290 mutant mice. Adeno associated virus 5 (AAV5) was used to deliver two guide RNAs  
581 and *Staphylococcus aureus* Cas9 to delete or invert the region of exon 15 containing the common  
582 intronic mutation in CEP290 [170]. Sub-retinal injection of this therapeutic, named EDIT-101, into  
583 humanised CEP290 mutant mice resulted in efficient and specific CEP290 gene editing, but it is unclear  
584 whether this led to clinically significant improvements in visual function. EDIT-101 is now entering  
585 phase 1/2 clinical trials (<https://clinicaltrials.gov/ct2/show/NCT03872479>).

586  
587 Spliceosome-mediated RNA *Trans*-splicing (SMaRT) [171, 172] is an alternative approach to rescuing  
588 splicing defects in ciliopathy patients. This is a modified gene delivery approach which involves  
589 delivering a partial coding DNA sequence (a 'pre-mRNA trans-splicing molecule' or PTM) designed  
590 to *trans*-splice to endogenous pre-mRNA. A single PTM is delivered by a viral vector to target  
591 endogenous pre-mRNA transcripts to yield a hybrid exogenous-endogenous mRNA which either  
592 excludes a pathogenic cryptic exon, an exon carrying a stop or frameshift mutation, or includes a  
593 skipped exon. This represents a safer approach than gene delivery which can result in toxic levels of  
594 overexpressed protein, or gene editing with dangers of off-target nuclease activity. A further  
595 advantage is that this approach can correct a larger range of mutations with one single therapeutic,  
596 which may be particularly helpful for patients with compound heterozygous mutations. A recent study  
597 has shown the effectiveness of this approach in correcting the mis-splicing caused by CEP290  
598 c.2991+1655A>G *in vitro* and *in vivo* in a mouse minigene model of CEP290 intron 26-27 (**Figure 4**)  
599 [173]. In this study, the PTM includes a CMV promoter, a codon optimised partial coding sequence  
600 (PCDS) of CEP290 cDNA from position 1 (A of ATG) to 2991, a 5' splice site and a sequence  
601 complementary to intron 26-27 of CEP290, upstream of c.2991+1655A>G, and a polyA tail to aid entry  
602 into the spliceosome. When transfected into cells, this minigene is expressed to produce an RNA  
603 molecule consisting of the PCDS and a binding domain which complementarily binds to endogenous  
604 CEP290 pre-mRNA upstream of the c.2991+1655A>G mutation (**Figure 4b**). The RNA product from the  
605 minigene and the endogenous CEP290 pre-mRNA then undergo *trans*-splicing in the spliceosome to  
606 produce a hybrid CEP290 mRNA which includes minigene-derived PCDS sequence from exons 1-26  
607 and endogenous sequence from exon 27-54, with exon X excluded (bottom schematic in **Figure 4c**)  
608 which encodes full-length wild-type CEP290 protein. Thus, *trans*-splicing bypasses the effect of the  
609 c.2991+1655A>G mutation and restores full-length wild-type CEP290 protein production [173].

610  
611 Delivery of modified U1 snRNA to cells affected by a pathogenic splicing change can also be used to  
612 correct splice defects. U1 snRNA binds the splice donor site to initiate exon recognition during splicing,  
613 and delivery of a U1 snRNA optimised with increased binding affinity to a mutant splice donor site can  
614 repair splicing. Aberrant splicing of exon 5 of *BBS1*, associated with a splice donor site mutation, was  
615 partially corrected in patient fibroblasts by lentiviral delivery of a sequence-modified synthetic U1  
616 snRNA in a dose-dependent manner [174]. Similarly, this therapeutic U1 snRNA approach has been  
617 used to correct mis-splicing of *RPGR* in patient fibroblasts with point mutation in exon 10 [174, 175].  
618 This is a promising strategy for treatment of patients with splice mutations in *BBS1* or *RPGR*, the most  
619 common genetic cause of BBS and XL- RP respectively. However, these have not progressed towards  
620 gene therapy as of yet.

## 621 622 **Conclusion and future perspective**

623 Splicing contributes significantly to the pathogenesis, diagnosis and future treatment strategies of  
624 ciliopathies. Pathogenic splice variants have been reported in more than half of the known ciliopathy

625 genes (**Table 1**), and there is probably an underestimate of the contribution of splicing defects to  
626 ciliopathies due to difficulty in deciding whether a 'splice variant' is pathogenic. When we reviewed  
627 pathogenic splice variants in ciliopathy genes reported in the literature (as collated in HGMD, Stenson  
628 et al., 2003) we found that on average around 17.5% of variants affect splicing. However, when we  
629 compared this to variants in clinical variant interpretation database ClinVar (Landrum et al., 2014),  
630 only 6% of pathogenic variants affected splicing (**Table 1**). Many more variants affecting splicing were  
631 assigned 'uncertain significance' status. It seems clear that there remains uncertainty when assigning  
632 pathogenic status to splice variants, and this remains a barrier to increasing diagnostic yields in genetic  
633 testing. At this point in time, few diagnostic clinical genetics laboratories in the UK perform any splicing  
634 analysis at the level of RNA, with no commissioned clinical service and no clear guidelines on how to  
635 interpret genomic variants potentially affecting splicing. At this critical time, and with the advent of  
636 the integration of next generation sequencing into clinical practice, it is important to incorporate  
637 clinical RNA analyses to maximise diagnostic uplift for patient benefit. Indeed for some disorders this  
638 may mean RNA first and DNA second. For ciliopathies in particular we can achieve this by building a  
639 robust body of knowledge of the control of the transcriptome and how this changes in disease - a form  
640 of 'biomarker'. Development of both the transcriptome methods and pipelines of analyses as well as  
641 clear guidelines for interpretation will be essential. Finally, as we improve our understanding of how  
642 sequence changes affecting splicing cause disease, we will better understand the complex mechanism  
643 of splicing, facilitating development of innovative methods for manipulation of the splicing process,  
644 revealing future therapeutic targets.

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1256  
1257 Figure and Table legends  
1258

1259 **Figure 1: Schematic representation of primary cilium, motile cilia and photoreceptor cilium**

1260 (a) Schematic figure of a typical epithelial cell with single apical non-motile primary cilium. Cilium  
1261 membrane in orange, microtubule doublet axoneme and triplet basal body in red. (b) Cross-section of  
1262 axoneme of non-motile primary cilium showing radial arrangement of microtubule doublets in red. (c)  
1263 Schematic figure of a rod photoreceptor cell with highly modified cilium. Cilium membrane in orange,  
1264 microtubule doublet axoneme and triplet basal body in red, membrane stacks with rhodopsin  
1265 molecules as purple dots. (d) Cross-section of axoneme of photoreceptor cilium showing radial  
1266 arrangement of microtubule doublets in red. (e) Schematic figure of a typical epithelial cell with  
1267 multiple apical motile cilia. Cilium membrane in orange, microtubule doublet axoneme in red. (f)  
1268 Cross-section of axoneme of non-motile primary cilium showing radial arrangement of microtubule  
1269 doublets plus central pair of microtubules in red, nexin links in navy, radial spokes in purple, and inner  
1270 and outer dynein arms in green.

1271 **Figure 2: Typical clinical features of ciliopathies**

1272 (a-c) Brain MRI findings for an individual with Joubert syndrome, showing the molar tooth sign with  
1273 moderate vermis hypoplasia, elevated and thickened superior cerebellar peduncles (arrowhead), and  
1274 superior cerebellar dysplasia (arrow) indicated. Reproduced from Wheway et al., 2015. (d, e) Clinical  
1275 features of individuals with a short-rib thoracic dystrophy, including narrow and deformed thorax.  
1276 Reproduced from Wheway et al., 2015. (f) Clinical pictures of a male Alstrom syndrome patient at age  
1277 6 years 8 months, presenting with truncal obesity. Note characteristic face and prominent ears.  
1278 Reproduced from Marshall et al., 2011 under the terms of the Creative Commons Attribution License  
1279 CC BY. (g) Massive swelling of the abdomen of a foetus at gestation age 18+/40 with Meckel-Gruber



1280 syndrome due to grossly enlarged, cystic kidneys. Reproduced from Hartill et al., 2017 under the terms  
1281 of the Creative Commons Attribution License CC BY. **(h)** Cystic dysplasia of the kidneys comprising  
1282 large, fluid-filled cysts, small cysts and cystic swelling of the proximal tubules and glomeruli, with  
1283 absence of normal renal parenchyma in MKS. Reproduced from Hartill et al., 2017 under the terms of  
1284 the Creative Commons Attribution License CC BY. **(i, j)** postaxial polydactyly on both hands of a patient  
1285 with orofacioidigital syndrome. Reproduced with permission from Bonnard et al., 2018. **(k, l)** Examples  
1286 of funduscopy images revealing mild pigmentary depositions and some mottling in syndromic  
1287 ciliopathy patients with retinal dystrophy. Reproduced from Wheway et al., 2015. **(m)** coronal  
1288 computed tomography (CT) scan of a 17-year-old PCD patient showing diffuse sinusitis with mucosal  
1289 thickening and polyposis. **(n)** Endoscopic view showing nasal polyp in a PCD patient **(o)** Chest X-ray of  
1290 a 6-year-old PCD individual with middle lobe atelectasis. Silhouetting of the right heart border is  
1291 present. **(p)** Chest CT scan of a 6-year-old individual with *situs inversus totalis*. The left-sided middle  
1292 lobe shows extensive bronchiectasis with volume loss (white arrowhead). In addition, consolidations  
1293 and mucous impaction are present in the right upper lobe. Reproduced from Werner et al., 2015 under  
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### 1295 **Figure 3. Oligonucleotide backbones for antisense oligonucleotide therapeutics**

1296 The figure shows basic chemical structure of an unmodified DNA or RNA molecule, and modified  
1297 structures (with modification highlighted with pink circle) used for antisense oligonucleotide  
1298 therapeutic treatment of ciliopathies.

1299

### 1300 **Figure 5. Strategy to rescue aberrant [CEP290](#) splicing through spliceosome-mediated 5' Pre-** 1301 **mRNA trans-splicing**

1302 **(a)** Diagram of the most prevalent mutation in Leber congenital amaurosis type 10 c.2991+1655A>G,  
1303 which introduces a new intronic canonical 5' splice site (5' SS). The novel splice site leads to inclusion  
1304 of a cryptic [exon](#), exon X. This cryptic exon encodes a premature [stop codon](#) (black octagon) leading  
1305 to a truncated protein. **(b)** Schematic of an approach to utilize a 5' pre-mRNA trans-splicing molecule  
1306 (PTM) to rescue mutations in *CEP290* that are located 5' to intron X-27. The PTM transcript consists of  
1307 the partial coding DNA sequence (PCDS) encoding *CEP290* exons 1-26, the novel 5' SS, a spacer and a  
1308 'putative [binding domain](#)', which is reverse complementary to the target sequence in intron X-27. **(c)**  
1309 Three potential splicing outcomes with *CEP290* c.2991+1655A>G following introduction of a 5' PTM:  
1310 (1) joining of exon 26 to exon 27 from *cis*-splicing for the [wild-type](#) junction; (2) inclusion of exon X  
1311 from *cis*-splicing (predominant mRNA species with c.2991+1655A>G present); (3) joining of the 5'  
1312 PCDS to exon 27 from *trans*-splicing. Both outcomes 1 and 3 would result in full-length *CEP290* peptide  
1313 (because the PCDS is designed such that it encodes exons 1-26). Reproduced with modification from  
1314 Dooley et al., 2018 under the terms of the Creative Commons Attribution License CC-BY.

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### 1317 **Table 1. Class, OMIM phenotype number, disease genes and hallmark clinical features of major** 1318 **ciliopathies**

1319 Major ciliopathies, grouped into non-motile and motile, subdivided into neurodevelopmental,  
1320 skeletal, obesity, sensorineural, retinal and respiratory. Names, abbreviations and OMIM  
1321 phenotypes are given for each, alongside a list on currently known disease genes associated with  
1322 each condition, and hallmark clinical features.

1323

### 1324 **Table 2. Detailed phenotypes and types of mutation reported in known ciliopathy genes**

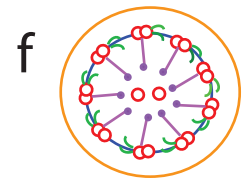
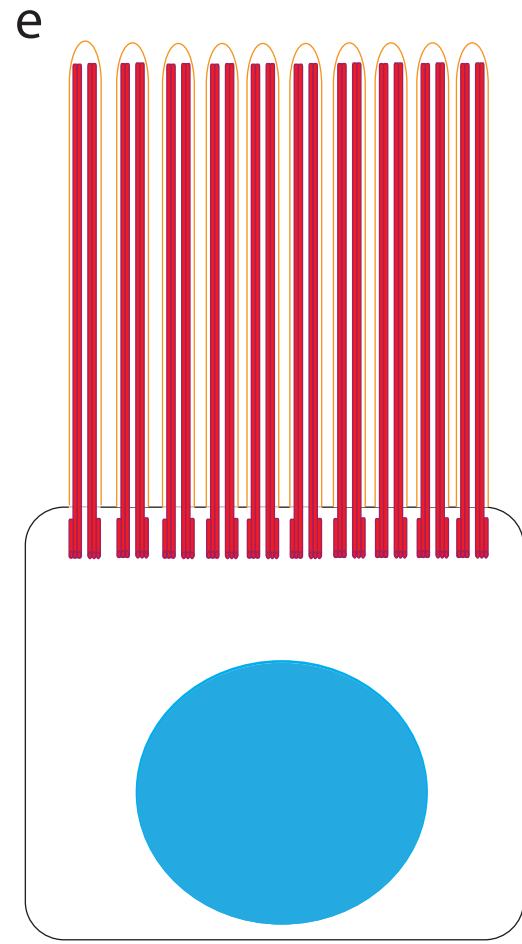
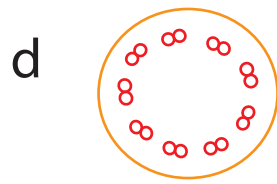
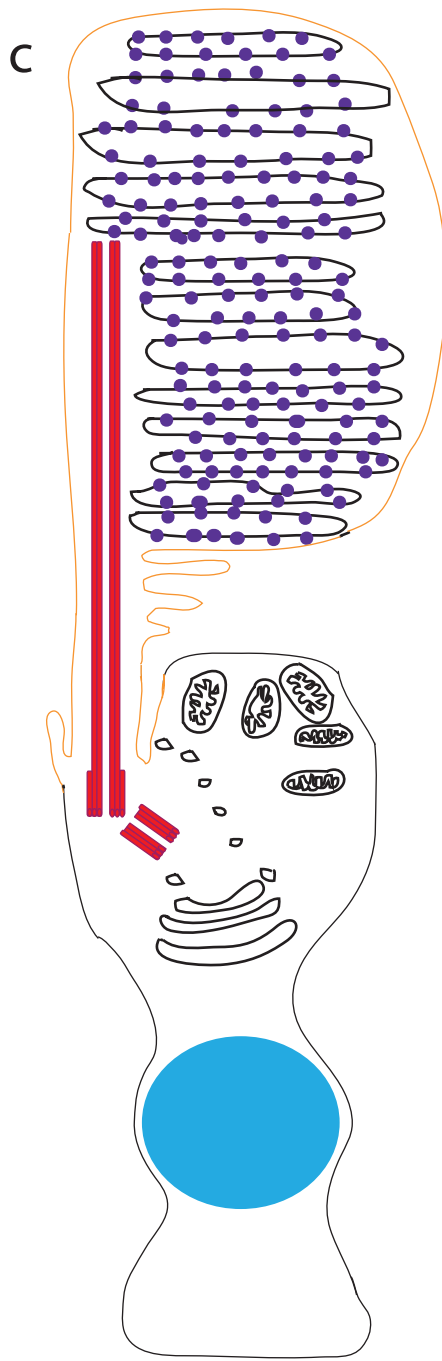
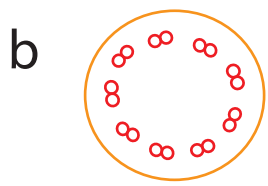
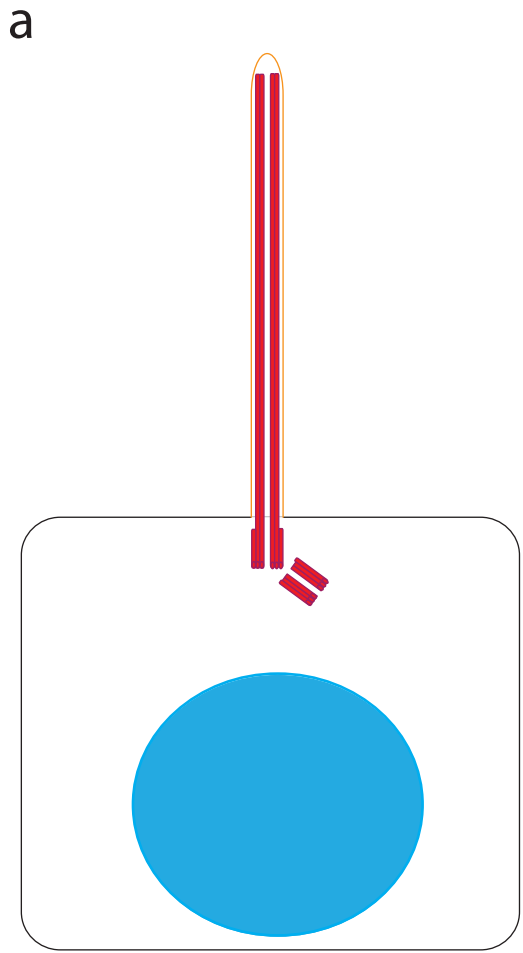
1325 List of known ciliopathy genes, OMIM gene number, ciliopathy(s) associated with this gene, types of  
1326 mutation reported, and percentage of reported mutations which affect splicing according to HGMD  
1327 (Stenson et al., 2003) and ClinVar. Half of all ciliopathy genes (104/188) have at least one reported  
1328 splicing variant associated with disease. Of the genes in which splicing variants have been reported  
1329 in the literature these account for on average 17% of total reported variants. Clinical interpretation  
1330 of splicing variants would seem to underestimate the pathogenicity of such variants.

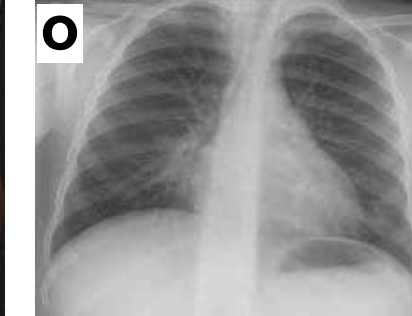
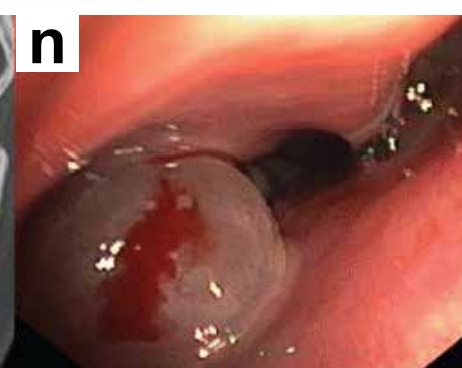
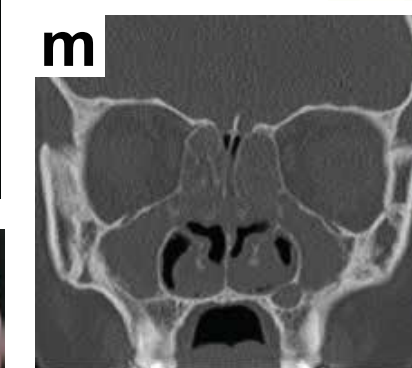
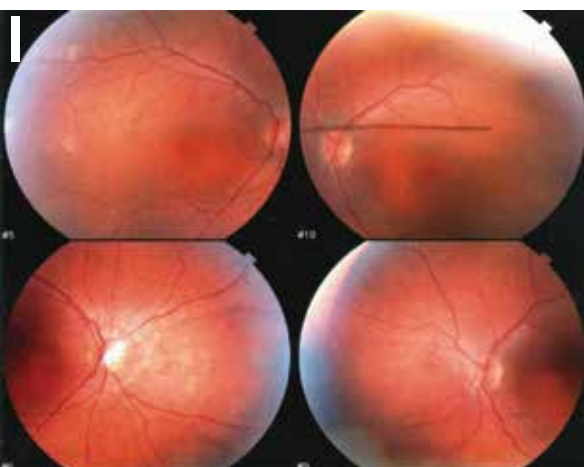
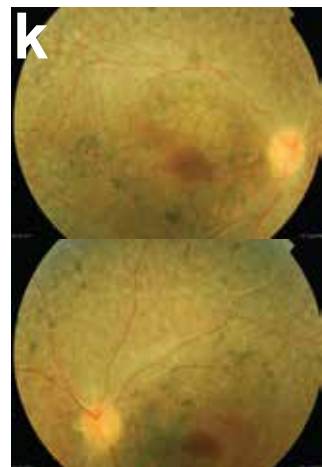
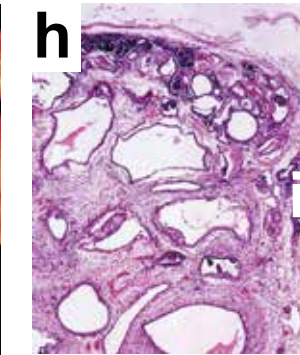
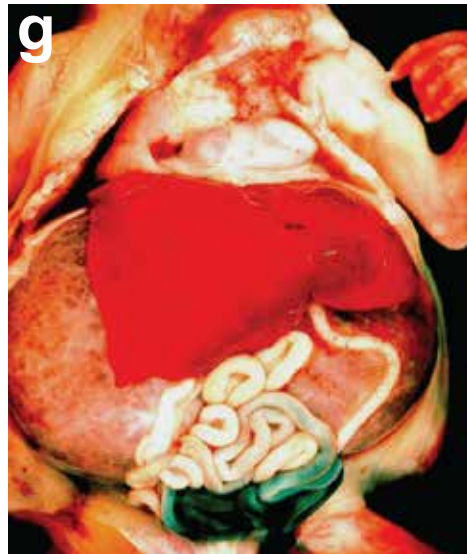
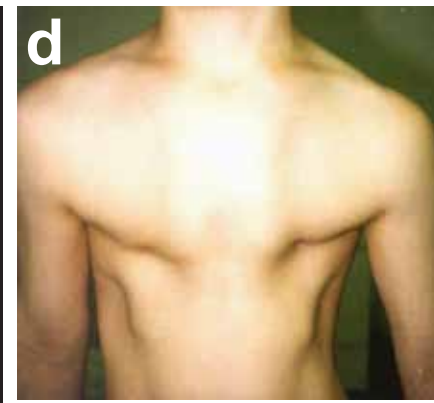
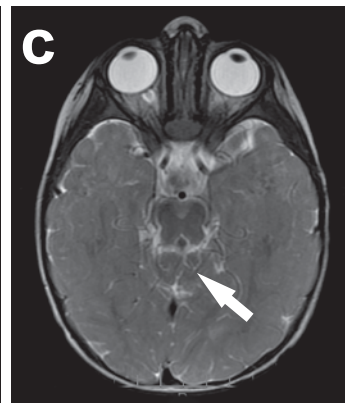
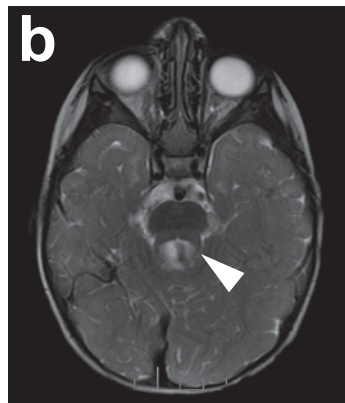
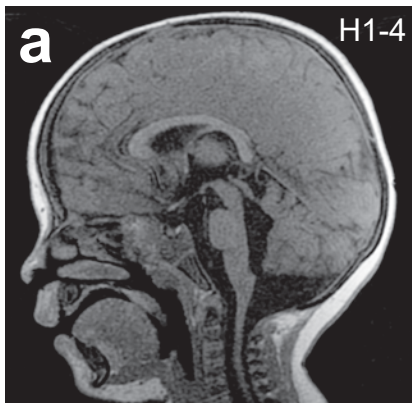
1331

1332 **Table 3. Ciliopathy abbreviations, full names and incidence rates per 100,000 in the general**  
1333 **population**

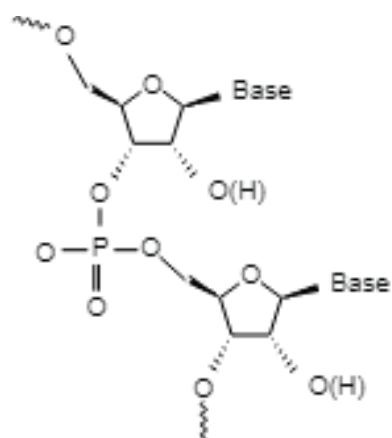
1334 Abbreviation of ciliopathy, full name and estimated prevalence, from OMIM, Orphanet Rare Disease  
1335 or published literature

1336

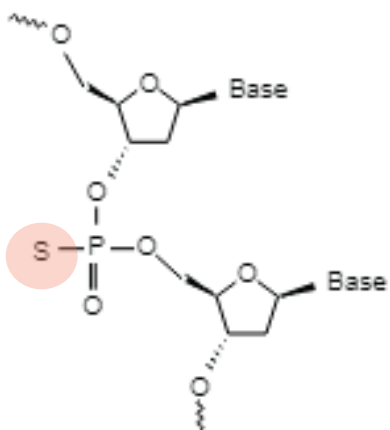




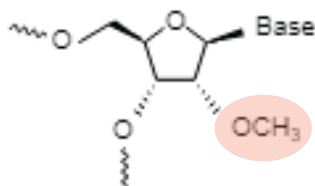
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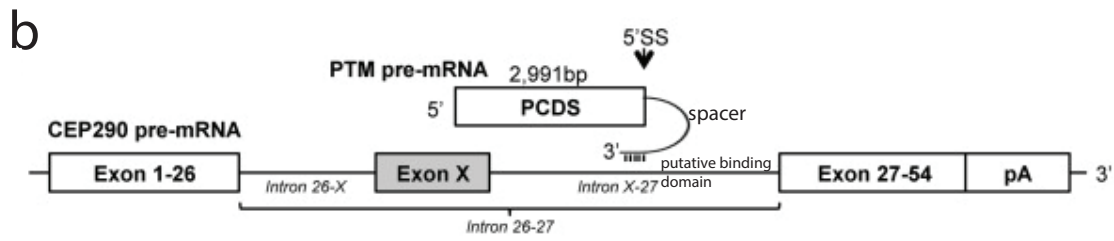
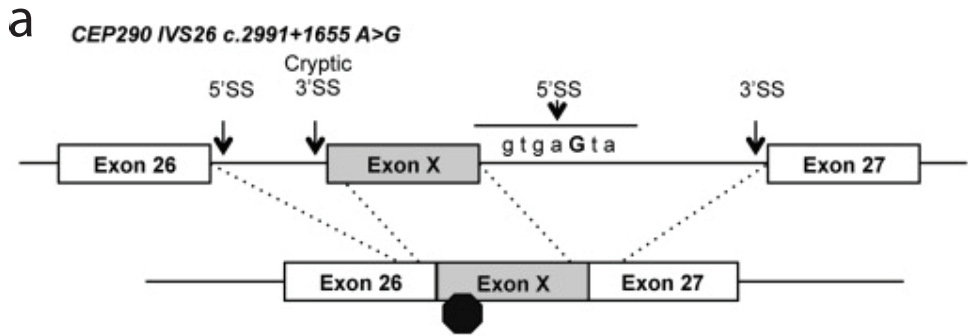


Phosphorothioated



2'-O-methylated (OMe)





**c** Potential mRNA Outcomes of RNA Editing

Exon 1-26	Exon 27-54	AAAA	<i>cis</i> -wild-type	290.4 kDa CEP290
Exon 1-26	Exon X	Exon 27-54	AAAA	<i>cis</i> -mutant
PCDS	Exon 27-54	AAAA	<i>trans</i> -hybrid	290.4 kDa CEP290



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	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		X

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# ICMJE Form for Disclosure of Potential Conflicts of Interest

## Instructions

The purpose of this form is to help you identify and disclose any potential conflicts of interest that may influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

### Identifying information.

#### The work under consideration for publication.

This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking "No" means that you did the work without receiving any financial support from any third party -- that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check "Yes"

- 1.
- 2.

#### Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

- 3.

Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

### Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

#### Relationships not covered above.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

### Definitions.

- 4.
- 5.

**Entity:** government agency, foundation, commercial sponsor, academic institution, etc.  
**Grant:** A grant from an entity, generally [but not always] paid to your organization  
**Personal Fees:** Monies paid to you for services rendered, generally honoraria, royalties, or fees for consulting, lectures, speakers bureaus, expert testimony, employment, or other affiliations  
**Non-Financial Support:** Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

**Other:** Anything not covered under the previous three boxes  
**Pending:** The patent has been filed but not issued  
**Issued:** The patent has been issued by the agency  
**Licensed:** The patent has been licensed to an entity, whether earning royalties or not  
**Royalties:** Funds are coming in to you or your institution due to your patent



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### Section 1. Identifying Information

1. Given Name (First Name) \_\_\_\_\_ 2. Surname (Last Name) \_\_\_\_\_ 3. Date \_\_\_\_\_

4. Are you the corresponding author?  Yes  No

5. Manuscript Title \_\_\_\_\_

6. Manuscript Identifying Number (if you know it) \_\_\_\_\_

### Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  Yes  No

ADD

### Section 3. Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were **present during the 36 months prior to publication.**

Are there any relevant conflicts of interest?  Yes  No

ADD

### Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?  Yes  No

### Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

- Yes, the following relationships/conditions/circumstances are present (explain below):
- No other relationships/conditions/circumstances that present a potential conflict of interest



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At the time of manuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements. On occasion, journals may ask authors to disclose further information about reported relationships.

### Section 6. Disclosure Statement

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

**Generate Disclosure Statement**

### Evaluation and Feedback

Please visit <http://www.icmje.org/cgi-bin/feedback> to provide feedback on your experience with completing this form.