

The vertical structure of open-ocean submesoscale variability during a full seasonal cycle

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ABSTRACT

16 Submesoscale dynamics are typically intensified at boundaries and assumed
17 to weaken below the mixed layer in the open ocean. Here, we assess both
18 the seasonality and the vertical distribution of submesoscale motions in an
19 open ocean region of the northeast Atlantic. Second-order structure func-
20 tions, or variance in properties separated by distance, are calculated from
21 submesoscale-resolving ocean glider and mooring observations, as well as
22 a $1/48^\circ$ numerical ocean model. This data set combines a temporal cover-
23 age that extends through a full seasonal cycle, a horizontal resolution that
24 captures spatial scales as small as 1 km, and vertical sampling that provides
25 near-continuous coverage over the upper 1000 m. While kinetic and poten-
26 tial energies undergo a seasonal cycle, being largest during the winter, struc-
27 ture function slopes, influenced by dynamical characteristics, do not exhibit
28 a strong seasonality. Furthermore, structure function slopes show weak ver-
29 tical variations; there is not a strong change in properties across the base of
30 the mixed layer. Additionally, we compare the observations to output from
31 a high-resolution numerical model. The model does not represent variability
32 associated with superinertial motions and does not capture an observed reduc-
33 tion in submesoscale kinetic energy that occurs throughout the water column
34 in spring. Overall, these results suggest that the transfer of mixed layer sub-
35 mesoscale variability down to depths below the traditionally-defined mixed
36 layer is important throughout the weakly stratified subpolar mode waters.

37 1. Introduction

38 Most of the energy in the ocean resides at scales of hundreds of kilometers (the mesoscale),
39 where the ocean is primarily in geostrophic balance (Ferrari and Wunsch 2009). However, much
40 of the vertical transport of oceanic tracers such as heat, carbon, and nutrients is thought to be
41 accomplished at scales of hundreds of meters to kilometers (the submesoscale), where rotation and
42 advection components of the momentum budget can be of equal importance (Lévy et al. 2012).
43 Submesoscale motions are largely catalyzed by the transfer of energy from the mesoscale through
44 mixed layer instabilities (McWilliams 2016; Callies et al. 2016). Spatial and temporal patterns of
45 submesoscale phenomena, and their impact on large-scale distributions of passive tracers, remains
46 an active area of research. However, the vertical structure of submesoscale motions has remained
47 particularly elusive because of the challenges in maintaining persistent *in situ* observations at the
48 requisite spatial scales.

49 A key finding of recent observational studies is that submesoscale dynamics typically exhibit
50 seasonality driven by annual variations in mixed layer depth (MLD) (Callies et al. 2015; Thompson
51 et al. 2016; Buckingham et al. 2016; Erickson and Thompson 2018). Deep mixed layers contain
52 high potential energy (PE) that can be released through instabilities that tend to restratify the
53 mixed layer (Haine and Marshall 1998; Fox-Kemper et al. 2008). Modeling studies also show
54 increased submesoscale activity during winter, largely diagnosed in terms of changes in energetic
55 characteristics (Capet et al. 2008; Mensa et al. 2013; Su et al. 2018). Brannigan et al. (2015)
56 find an enhancement in surface kinetic energy (KE) in the northeast Atlantic at submesoscales as
57 model resolution is increased due to sharper fronts, stronger mixed layer baroclinic instabilities,
58 and more frequent instances of symmetric instability. Sasaki et al. (2014) also find an increase
59 in submesoscale activity in winter in the north Pacific, characterized by a flattening of the KE

60 spectral slope from k^{-3} during summer to k^{-2} in winter. Following winter, energy is transferred to
61 larger scales, resulting in a temporal shift of about 100 days between the maximum KE at scales
62 of 200–300 km compared with scales of 10–100 km.

63 The depth to which this seasonality is evident is less clear. A limiting case is a mixed layer
64 bounded by a strong pycnocline: submesoscale motions are isolated within the mixed layer and
65 do not penetrate into the interior (Boccaletti et al. 2007; Fox-Kemper et al. 2008). Discussion of
66 submesoscale dynamics in the literature has largely been confined to mixed layer properties and as-
67 sumed to be negligible deeper in the water column (Klein et al. 2008), although recent studies have
68 challenged this paradigm (Siegelman et al. 2019; Yu et al. 2019a). In wintertime conditions, how-
69 ever, many regions of the ocean have a weak pycnocline at the base of the mixed layer; in these
70 locations submesoscale instabilities and submesoscale advection have been proposed to extend
71 beyond the depth of a traditionally-defined mixed layer (Erickson and Thompson 2018). Addi-
72 tionally, features within the ocean interior, such as subthermocline eddies (McWilliams 1985), can
73 also induce significant small-scale features at depth (Hua et al. 2013). Balwada et al. (2018) found
74 that submesoscale fluxes across the base of the mixed layer increased with finer horizontal model
75 resolution even though the vertical stratification at the base of the mixed layer also increased,
76 pointing to the increase of vertical velocities at the submesoscale.

77 In this study, we address the vertical structure of submesoscale dynamics using the framework
78 of spatial tracer distributions that can be related to turbulent stirring properties. Quasigeostrophic
79 (QG) theory predicts that the spectral slope of KE should scale as k^{-3} , where k is an isotropic
80 wavenumber, far from boundaries and potential vorticity discontinuities (Charney 1971). For tur-
81 bulent flow, a KE spectrum that conforms to a power-law k^{-n} can be used to predict that a passive
82 tracer distribution will have a spectral slope of $k^{(n-5)/2}$, for $1 < k < 3$ (Vallis 2006). This rela-
83 tionship, then, implies a passive tracer spectral slope of k^{-1} in the interior ocean from QG theory.

84 Near boundaries, sharp gradients in passive tracers can emerge, leading to steeper slopes of k^{-2}
85 (Klein et al. 1998). Therefore, passive tracer slopes are predicted to have a vertical structure that
86 flattens from k^{-2} near the surface to k^{-1} at depth.

87 While these theoretical predictions are obeyed in QG models (Smith and Ferrari 2009), they
88 are seldom borne out in field studies. Specifically, a flattening of the slope of tracer variance
89 spectra is rarely seen. Cole and Rudnick (2012) found a k^{-2} structure of spice variability with
90 minimal seasonality throughout the upper 1000 m of the water column in the subtropical North
91 Pacific ocean. In the northern Pacific, Schönau and Rudnick (2015) found a k^{-2} structure of
92 spice variability irrespective of depth. Salinity gradient spectra along isopycnals in the California
93 Current System were found to obey k^0 , or k^{-2} for salinity variance, irrespective of season (Itoh
94 and Rudnick 2017). Kunze et al. (2015) also found a k^0 passive tracer gradient slope down to 100
95 m, and suggested non-QG stirring and internal wave/horizontal strain as possible mechanisms.
96 Klymak et al. (2015) found an agreement with QG theory between the flow field and passive tracers
97 near the surface, but a reddening (steepening) of passive tracer spectra with depth in the Gulf of
98 Alaska (near Station Papa), inconsistent with a surface-intensified frontal structure — however,
99 this reddening with depth was not seen in more open-ocean areas of the northern subtropical
100 Pacific Ocean. Long probability-distribution-function tails of spice indicated sharp spice contrasts
101 in both the Gulf of Alaska and the North Pacific subtropical open ocean down to 350 m depth. As
102 shown below, relatively weak changes in tracer spectral slope in the vertical exist also in the north
103 Atlantic, despite a significant seasonal cycle in upper ocean KE and PE.

104 The mechanisms that cause passive tracer spectral slopes to steepen to k^{-2} in more quiescent
105 open ocean regions remain unclear (Callies and Ferrari 2013), although they are indicative of
106 submesoscale activity not predicted by standard theories (Kunze et al. 2015). It also remains
107 undetermined as to whether differences in KE/PE and tracer spectra across different studies can be

108 explained by regional flow characteristics, temporal variability, or even measurement technique.
109 Therefore, observational studies spanning at least a full year are important to understand these
110 phenomena.

111 We use glider and mooring observations from one such observational campaign, the Ocean Sur-
112 face Mixing, Ocean Submesoscale Interaction Study (OSMOSIS), to consider the seasonality of
113 variance in horizontal velocity (KE), buoyancy (PE), and spice (a passive tracer), and compare our
114 results to data from a high-resolution numerical model. The studies mentioned above have largely
115 relied on repeat hydrographic sections to calculate spectral properties of the flow field. Here,
116 we take advantage of the multiple observational platforms that comprised the OSMOSIS study to
117 characterize turbulent properties of the OSMOSIS region using second order structure functions,
118 or variance in properties binned by separation distance. As many ocean data sets, especially from
119 quasi-Lagrangian instruments, are unstructured, this technique is a particularly useful method for
120 extending regional analyses of submesoscale turbulence (e.g., Balwada et al. (2016)).

121 The manuscript is organized as follows. The observations and modeling output are introduced
122 in Section 2, where we also give an overview of the region. Section 3 describes the structure
123 function technique. The results of our structure function analysis are presented in Section 4, and
124 in Section 5 we discuss differences between the model and observations, the effects of internal
125 waves, theoretical models of ocean mixing, seasonality, and implications for tracer fluxes out of
126 the surface mixed layer.

2. Data

a. Glider observations

Five Seagliders (gliders) were deployed in a 20×20 km region of the northeast Atlantic Ocean over a full year as part of the OSMOSIS project (Figure 1a,b) (Thompson et al. 2016; Damerell et al. 2016; Buckingham et al. 2016). Staggered glider deployments ensured that the region was always sampled by at least two gliders, although sensor complications on one glider during November–December 2012 rendered some of the data unusable (Figure 1c). Glider data processing, including thermal lag and salinity corrections, is described by Damerell et al. (2016). Glider CTD (conductivity-temperature-depth) measurements were made at approximately 1 m depth intervals, with a precision of 0.0003 S m^{-1} , $0.001 \text{ }^{\circ}\text{C}$, and 0.001 g kg^{-1} for conductivity, temperature, and salinity (derived from conductivity and temperature), respectively. CTDs were calibrated with ship measurements made during deployment and recovery of each glider. A subsequent filter that removed any profile with an average salinity of less than 35.1 PSU or temperature less than 9°C was also found necessary to remove erroneous measurements.

The gliders were piloted in bowtie patterns, with approximately five dives per leg, within the OSMOSIS region (Figure 1b). Each ‘V’-shaped dive lasted approximately 5 hours and the horizontal spacing between dives was generally 2–4 km; each leg of the bowtie pattern lasted approximately one day. The glider location is transmitted before and after each dive, and the horizontal glider position during the dive is linearly interpolated with respect to time between these two points. Location error produced by this interpolation is estimated using the model developed in Frajka-Williams et al. (2011) (see also the UEA Seaglider Toolbox; <http://www.byqueste.com/toolbox.html>) to be on average less than 1 km at the bottom of each dive. We have also completed the analysis in this paper using the glider locations given by the Frajka-Williams et al. (2011) model and found

no significant differences, lending confidence to our results (not shown). Occasionally the gliders were advected out of the area shown in Figure 1b; these data were not used in our analysis.

b. Mooring observations

In addition to gliders, nine moorings were arrayed in two concentric quadrilaterals with side lengths of 2–3 and ~ 13 km around a central mooring (Figure 1b). The moorings were instrumented with CTDs and Acoustic Current Meters (ACMs) at 20 to 200 m intervals within the upper 600 m (Figure 1d; see Buckingham et al. (2016) or Yu et al. (2019a) for more details). ACMs recorded velocity data at 10 minute intervals and CTDs at 5 minute intervals; for this study CTD data were sub-sampled to ACM temporal resolution. Nine moorings resolve 36 different separation distances, which range from 1.2 to 18.8 km (Figure 1e, open circles).

The moorings were subject to currents in the area, and pressure sensors on each CTD and ACM recorded deviations in depth of up to 150 m. These vertical deviations introduce error into the horizontal distance between moorings; however, in a separate analysis, Buckingham et al. (2016) found that the buoyancy applied to the mooring cables restricts their lateral movement and creates an effective pivot point near 600 m depth; stochastic modeling predicted horizontal displacements rarely exceeding 500 m. As we expect these motions to be part of a larger-scale field acting upon all of the moorings, the change in separation distance between each combination of moorings is likely to be considerably smaller than 500 m.

c. High-resolution model

For comparison with the *in situ* observations, we analyze a region of the llc4320 model, a high-resolution $1/48^\circ$ global MITgcm simulation. The model is initialized from ECCO2 (Estimating the Circulation & Climate of the Ocean, Phase II) output (Menemenlis et al. 2008), after which

the resolution is increased sequentially to $1/12^\circ$, $1/24^\circ$, and finally $1/48^\circ$ (Wang et al. 2018; Torres et al. 2018). The name represents the domain configuration (Latitude-Longitude-polar Cap) and the number of grid cells in the polar cap (4320×4320). The llc4320 is forced by the ECMWF Operational Model Analysis atmospheric parameters and 16 tidal components. The ECMWF forcing is interpolated from its native 0.14 degree and 6-hourly resolution to the higher llc4320 spatial and temporal grid using linear interpolation in time and bi-linear interpolation in space (bicubic for winds; D. Menemenlis, personal communication). Here we use one year (10 September 2011 to 09 September 2012) of model output from an approximately 120×120 km box centered on the OSMOSIS location (Figure 1a, dotted outline) and extending from the surface to 1 km depth. The model has a horizontal resolution of approximately 1.5 km and 52 vertical levels ranging in thickness from 1 m at the surface to almost 50 meters at 1 km depth. The model timestep is 25 seconds, and data are saved as snapshots every hour. The effective spatial resolution can be estimated as four times the grid spacing, or approximately 6 km.

The llc4320 output has previously been compared with Argo data in the Kuroshio extension, and showed reasonable vertical density stratification and seasonal variability (Rocha et al. 2016). Globally, Qiu et al. (2018) found consistent surface eddy KE distributions between those inferred from AVISO and llc4320 sea surface height after the latter was coarse-grained to AVISO resolution. Comparisons with submesoscale-permitting observations are limited, but Viglione et al. (2018) found instances of surface instabilities at submesoscales that were temporally and spatially consistent with glider observations in Drake Passage.

Although previous work has validated a number of aspects of this model, care must be taken in making a comparison to *in situ* data. The model does not assimilate data, and in particular, does not reproduce discrete events such as the occurrence of an eddy within a domain at a specific time. While the external forcing is from re-analysis data, the llc4320 output (Sep 2011–Sep 2012)

196 does not match the timeframe of the *in situ* data (Sep 2012–Sep 2013), and without observational
197 constraints the model would decorrelate from reality even if forced by the same time period. How-
198 ever, statistics of ocean properties calculated over suitably large time intervals still permit a useful
199 comparison between *in situ* observations and model results.

200 *d. Site characterization*

201 The OSMOSIS site was chosen because of the lack of major bathymetric features or mean
202 geostrophic currents; the eddy PE and KE are moderate (Roullet et al. 2014; Rieck et al. 2015),
203 and this study therefore provides a complement to recent experiments concerning submesoscale
204 dynamics in more active boundary current regions (Rocha et al. 2016; Thomas et al. 2016). The
205 site experiences a strong seasonal cycle, which is primarily seen in annual variation of the MLD
206 (Thompson et al. 2016; Damerell et al. 2016; Erickson and Thompson 2018), calculated from
207 gliders and model output as the depth at which the potential density reaches 0.03 kg m^{-3} above the
208 potential density at 10 m (Figure 2a) (de Boyer Montégut et al. 2004). This density threshold was
209 previously found to agree with expected MLDs from optical glider measurements of chlorophyll
210 fluorescence and backscatter in the OSMOSIS dataset (Erickson and Thompson 2018). During
211 autumn (October–December) the MLD steadily increases, with highly variable wintertime MLDs
212 (January–March) reaching 400 m. These seasonally deep mixed layers lead to the production of
213 subpolar mode water in this region (McCartney and Talley 1982). The model accurately captures
214 the autumnal deepening, wintertime variability (note that only domain-averaged values are shown),
215 and shallow summertime values, but with a deeper mean depth during winter.

216 Both potential density and vertical stratification profiles show seasonality near the surface (Fig-
217 ure 2b,c), with a sharp pycnocline in the summer (green) absent during winter (blue). The main
218 pycnocline, characterized by $N^2 \sim 10^{-5} \text{ s}^{-2}$, is located at about 800 m. We note that the model is

219 lighter than the observations throughout the year, but this does not influence the structure function
220 results below. The model also does not fully capture the strength of the summertime pycnocline
221 (inset to Figure 2b).

222 We treat spice (Π), the component of temperature and salinity that does not contribute to density
223 (Veronis 1972; Munk 1981), as a passive tracer. This approximation is valid in the absence of
224 non-linearities in the equation of state of seawater, which are small in this region (Damerell et al.
225 2016). Spice is calculated using the algorithm from McDougall and Krzysik (2015), and in the
226 given region of temperature-salinity space has an estimated precision of 0.001 kg m^{-3} . Time
227 series of spice during the winter–spring transition from glider measurements show remarkable
228 small-scale features extending to the deepest glider measurements at 1000 m (Figure 3a,b). Here
229 we eliminate the heaving effects of internal waves by considering spice along potential density
230 rather than pressure surfaces. These features are consistent over many dives (roughly five per
231 day) and over a range of potential density surfaces. The model also shows high spice variability
232 at depth in coherent subductive events, such as one seen in day 115–118 (panel b; note that the
233 alignment with an observed subductive event is coincidental). Submesoscale spice variance is
234 pervasive throughout the year during the OSMOSIS time series, even though only a short period
235 is displayed in Figure 3.

236 Snapshots of spice at potential densities of 27.03 , 27.07 , and 27.31 kg m^{-3} , corresponding to
237 average depths of 200, 400, and 800 m, respectively, showcase the processes captured by the
238 model (Figure 4). A low-spice, mesoscale eddy in the north-west corner of the domain stirs water
239 masses into filaments. A larger, anticyclonic eddy to the south-east of the domain has a high spice
240 anomaly, and T-S characteristics suggest it is sourced from Mediterranean water outflow. A fila-
241 ment stretches from this eddy into the center of the region studied here (dotted black boxes). The
242 solid black boxes represent the size of the observational OSMOSIS domain (Figure 1b). The high-

spice anomaly associated with this filament is strongest at depth. However, although the filament width is narrow compared with the size of the eddy, it is large compared with the OSMOSIS domain and the separations resolved by glider and mooring measurements. The exceptionally sharp features in the glider data are therefore not captured in the model.

Tidal influences, and especially the M2 tide, are pronounced in this region, as seen in the sharp peak at the M2 frequency in KE, PE, and spice power spectral density (Figure 5). The sub-inertial component of these variables agrees well between the moorings and the model; however, the model is missing considerable energy in the superinertial range of the spectra. In the mooring data, the superinertial range closely follows the Garrett and Munk (1975) (GM) spectrum for internal waves.

3. Methods

Wavenumber spectra are traditionally used to assess tracer variance as a function of scale. However, not all datasets are amenable to spectral decomposition. Structure functions (SFs), defined below, are a useful technique when observations, such as from surface drifters (Balwada et al. 2016) or Argo floats (McCaffrey et al. 2015), do not follow defined transects.

The n th-order SF of a scalar tracer θ is

$$D_{\theta}^n(\mathbf{s}) = \overline{[\theta(\mathbf{x}) - \theta(\mathbf{x} + \mathbf{s})]^n}, \quad (1)$$

where \mathbf{x} is a position, \mathbf{s} a separation distance, and boldface variables are vectors. In general \mathbf{x} and \mathbf{s} can be multi-dimensional, but for this study \mathbf{x} represents a latitude/longitude position, $s \equiv |\mathbf{s}|$ denotes a horizontal distance and an implied temporal constraint on time differences between measurements (see below), and the overbar is an average over all \mathbf{x} in a given time window.

SFs provide information on how variance (or skewness, kurtosis, etc. for $n > 2$) changes as a function of separation distance, without requiring that all regions be uniformly sampled in a

grid, as may be the case for power spectra decompositions. The second-order SF is related to the variance spectrum $E_\theta(k)$ as (Webb 1964; Babiano et al. 1985)

$$D_\theta^2(s) = 2 \int_0^\infty E_\theta(k) [1 - \cos(ks)] dk. \quad (2)$$

Assuming $E_\theta(k)$ is represented by $ak^{-\lambda}$, for $1 < \lambda < 3$ the associated shape of $D_\theta^2(s)$ is $a's^\gamma$, where (McCaffrey et al. 2015)

$$\gamma = \lambda - 1. \quad (3)$$

In analogy to spectra of KE and PE, we define

$$D_{KE} = \frac{1}{2} (D_u^2 + D_v^2) \text{ and} \quad (4a)$$

$$D_{PE} = \frac{D_b^2}{2b_z}, \quad (4b)$$

where b is buoyancy, u, v are the velocities in the x, y direction, and the z subscript denotes partial differentiation in the vertical. Although horizontal velocities from gliders can be estimated using depth-average current calculations and assumptions of thermal wind shear, there is no reliable way to estimate the vertical structure of along-track velocities. We therefore do not attempt a calculation of D_{KE} using glider data. D_{KE} and D_{PE} are calculated on constant-depth surfaces, whereas because of the influence of isopycnal heaving on the spice field, D_Π is appropriately calculated on isopycnal surfaces. D_{KE} was also calculated on isopycnal surfaces, with only negligible differences. By definition, $D_b \equiv 0$ when calculated along an isopycnal surface.

Applying the SF framework to varied datasets in a consistent way is challenging due to differences in temporal and spatial sampling patterns between gliders, moorings, and the numerical model. In particular, a decision must be made concerning how to average measurement pairings in terms of horizontal separation distance, temporal separation between measurements, and vertical coordinate resolution. For this manuscript, we average measurement pairings using logarithmically spaced bins for s , and we make the following choices for each dataset:

Gliders — Consider temporal separations up to 3 hours as contemporaneous; calculate properties vertically every 25 m (b) or 0.01 kg m^{-3} (Π); do not calculate D_u or D_v ;

Moorings — Allow only near-simultaneous (< 5 minutes) measurements when the pressure sensor is within 10 m of one of 6 target depths (see Figure 1d) for u , v , and b ; do not calculate D_Π ; and

Model — Calculate simultaneous differences between 750 randomly-generated points (over 500,000 pairings) within an 80×80 pixel (40 million possible pairings) domain; calculate u , v , b , σ (density), and Π at each modeled depth, and vertically interpolate Π to every 0.025 kg m^{-3} .

We also calculate super-inertial SFs from the mooring and model datasets. This is achieved by first filtering out signals less than a cut-off frequency, which is set to the local inertial period of 16 hours. We tested the resilience of this filtering method by applying a cut-off of twice the inertial period to account for the width of the inertial peak; the qualitative results were not significantly affected.

We note that in our methodology, the pressure criterion for the mooring may cause mooring-based SFs to undersample knockdown periods, which strongly correlate with high kinetic energy. However, time periods of mooring knockdown are correlated among the different moorings, suggesting that knockdown is a function of larger-scale ocean currents that are unlikely to affect the small-scale structure that is the focus of this study.

The SFs can generally be well-summarized by the power law

$$D_\Pi^2 = \alpha(s - s_0)^\gamma, \quad (5)$$

where α is the variance at a separation of $s_0 = 20 \text{ km}$. We fit the SFs to Equation (5) using a Levenberg-Marquardt minimization algorithm, with weights for the in situ calculations as inverse

standard deviations, estimated as the spread of the 90% confidence interval divided by 3.29 (i.e., assuming Gaussian distributions). For the gliders, we smooth the final α and γ results vertically with a Gaussian window with a standard deviation of 75 m. For fits to modeled data we use only SF calculations for s between 4 and 20 km, as this s -domain has relatively uniform slope.

4. Results

We construct SFs of KE (D_{KE} ; Equation 4a), PE (D_{PE} ; Equation 4b), and spice ($\frac{1}{2}D_{\Pi}^2$; Equation 1) from the gliders, moorings, and model during winter and summer. Representative calculations for winter at 525 m depth are shown in Figure 6 (blue lines). Slopes for D_{KE} and D_{PE} for *in situ* data (solid and dashed) are between 1/2 and 1, corresponding to a spectral slope of $k^{-1.5}$ to k^{-2} . The passive tracer SF, D_{Π}^2 , is somewhat shallower, at a slope of close to 1/2, or $k^{-1.5}$. SF slopes of KE and PE show good agreement between the model (dotted) and *in situ* measurements at scales of 4–20 km (Figure 6a,b). At scales smaller than about 4 km, the *in situ* measurements from gliders and moorings are both considerably flatter than the model. Spice SFs are significantly larger in magnitude in the observations than the model results, indicating larger spice variance especially at small scales (as seen also in Figures 3 and 5). At larger scales, the model slope decreases, representing a saturation of variance at scales approaching 100 km.

The mooring super-inertial SFs (grey dashed lines) are spectrally flat, and can even be dominant over the sub-inertial component for D_{KE} at scales less than 5 km (sub-inertial results not shown, but are equivalent to the sub-inertial SFs subtracted from the full SF). The model results, in contrast, show little variance associated with super-inertial motions (grey dotted lines), meaning the sub-inertial SFs are similar to the full SF at all scales. This is an important result from this *in situ* dataset, as theoretical and numerical models of stirring in the ocean do not typically account for super-inertial motions (e.g., Smith and Ferrari (2009)).

SFs can be calculated at any depth to provide a full vertical structure of variance for a given property. An example for wintertime spice variance from gliders is shown in Figure 7a. This calculation reveals larger spice variance with increasing depth and increasing separation.

It is convenient to approximate the resulting SFs as a power law (Equation 5; example of the fit is shown in Figure 7b). The best-fit slopes (γ) for winter and summer are shown in Figure 8. Shading and error-bars give the standard deviation on the fit; however, this is an incomplete description of the full uncertainty. In some instances slopes (and magnitudes, discussed below) can vary depending on the precise time range chosen for winter and summer, and since we only have one year of data, de-convolving seasonal effects with either inter-annual oscillations or chance occurrences in one year, such as an eddy drifting into the region, is not possible.

The slopes for D_{KE} using mooring data reveal little seasonal variance, and are approximately constant with depth, at about 0.7 (Figure 8a). The model, in contrast, shows a striking seasonality, with slopes increasing dramatically, indicating less variance at small scales, during the summer. For D_{PE} , the slope varies with depth in the upper 200 m in the summer, being small (greater variance at small scales) near the surface and increasing throughout the summertime pycnocline (Figure 8b). The slopes in spice variance are more difficult to interpret, and seasonal differences below 600 m probably rely more on the presence of eddies and small-scale filaments moving through the region (Figure 8c). However, the model shows an increased slope with respect to the observational results, indicating less variance at small scales. During the winter, evidence of a transition across the base of the mixed layer (~ 300 m) in either D_{KE} , D_{PE} , or D_{Π} slopes is muted or non-existent.

Observational D_{KE} magnitudes (α ; Figure 9) show a seasonal cycle in the mooring measurements, with higher variance in the winter (Figure 9a). Modeled results show a slight increase at depths greater than 350 m in summer; however, if values from the beginning of the model run (the

previous summer) are included, this relationship reverses itself. This seasonal difference is likely due to the model not being sufficiently “spun up” to its current horizontal resolution.

The seasonality and vertical dependence in the magnitudes for D_{PE} (Figure 9b) largely follow changes in the vertical stratification b_z . However, both the observational and model results show seasonality in the D_{PE} magnitude below the base of the diagnosed wintertime mixed layer, and indeed down to the permanent thermocline below 800 m, despite a lack of significant seasonality in b_z below about 400 m (Figure 2c). The magnitudes of spice variance show little seasonality for the observational data, but significantly decrease during winter in the model output. Together with the increase in summertime SF slope, this indicates a significant loss of spice variance in the simulation of the OSMOSIS region, which is inconsistent with both the glider and mooring data.

Super-inertial slopes and magnitudes for D_{KE} and D_{PE} calculated from the moorings (Figures 8 and 9, light dots) are relatively uniform with respect to depth and season when compared with the full results (solid colors), although there is an indication that the super-inertial magnitudes increase during winter within the wintertime mixed layer. This suggests a constant super-inertial field reminiscent of the universal GM spectrum for internal waves, although we emphasize again that this technique is not able to decompose internal waves from balanced submesoscale motions.

Calculating best-fit magnitudes for the SFs at various time periods throughout the year reveals differences in seasonality between observational and model results (Figure 10; differences in slopes throughout the year are not significant and are not shown here). KE in the model peaks roughly a month later than the observational data; the model peaks in the spring while the mooring time series has KE maximum in winter. For PE, each of the three datasets – gliders, moorings, and model results – peak in early winter at 50 m and later in winter for deeper depths. However, the model also has a two-fold increase in the PE magnitude at 20 km in late spring which is not present in the observations. The cause of this increase is unclear, but is likely related to the dynamics of

the spring restratification, which involves small-scale instabilities such as baroclinic mixed layer and symmetric instabilities (Erickson and Thompson 2018) that will not be fully represented in the model. However, this difference between the model and *in situ* data may also be due to differences in surface forcing from different years.

5. Discussion

a. Comparison between observations and high-resolution model

Because of their applicability across a wide range of datasets, it is important to assess the fidelity of modeled SFs with respect to observations, even though spectra can be directly computed from the model output. For all of the SFs analyzed in this study (KE, PE, and spice variance), the model output had steeper slopes as compared to SFs constructed from the observations. The SF magnitudes at 20 km, however, are more comparable, indicating that this increase in slope for the modeled output represents too little variance at small scales. This is an expected characteristic of models, for which variance on scales smaller than about 4-5 model grid spacings (about 6 km here) is expected to be artificially low, and can also be seen in spectral decompositions (e.g., Figure 5).

We suggest that the lack of high-frequency, super-inertial motions in the model, excepting tidal frequencies that operate at larger scales, is responsible for the lack of variance at small scales (Figure 6). Although the numerical time-step of the model, at 25 seconds, is sufficiently fine to resolve these motions, the model is forced with 6-hourly reanalysis winds, which do not input energy at sufficiently high frequencies. Recent work has suggested that models that are subject to surface forcing at super-inertial frequencies develop greater variance at super-inertial frequencies, which from Figure 6 we suggest will translate into more realistic properties at small spatial scales (Rimac et al. 2013).

398 *b. Submesoscale motions and internal waves*

399 Internal waves can affect the structure function slopes and magnitudes presented here. The effect
400 of these waves is suppressed when calculating spice along isopycnals rather than depth surfaces,
401 but will still be present for velocity and buoyancy calculations. The super-inertial component of
402 the velocity and buoyancy variance (D_{KE} and D_{PE}) was found to have a universally shallower
403 spectrum and to be comparable or larger in magnitude than the sub-inertial component at scales
404 less than about 5 km. This is, however, an imperfect method of disentangling the internal wave
405 signal from the submesoscale dynamics, since balanced submesoscale motions may extend into
406 super-inertial frequencies (Torres et al. 2018). It is beyond the scope of this study to attempt a more
407 sophisticated filtering of the internal waves and balanced submesoscale portion of the velocity or
408 buoyancy signal.

409 *c. Implications for theoretical models of vertical structure of passive tracers*

410 As reviewed in the Introduction, there exists considerable uncertainty over the slopes of KE,
411 PE, and passive tracer (spice) variance in the ocean interior. In particular, frontogenesis can lead
412 to passive tracer slopes of k^{-2} at the surface. Under QG theory, far from the surface, KE and PE
413 spectra are predicted to have slopes similar to k^{-3} , which predicts passive tracers slopes that flatten
414 from k^{-2} to k^{-1} . A spice SF slope of 0.5, as observed in this study, corresponds to a KE spectral
415 slope of $k^{-1.5}$, which is shallower than that shown in previous studies in other parts of the ocean
416 (Cole and Rudnick 2012; Schönau and Rudnick 2015; Itoh and Rudnick 2017; Kunze et al. 2015).
417 Some of these other studies are in regions with significant frontal structures, such as the Pacific
418 Ocean North Equatorial Current (Schönau and Rudnick 2015) or the California Current System
419 (Itoh and Rudnick 2017). In contrast, the OSMOSIS site is in a region of moderate eddy kinetic
420 energy without a large sustained mean flow. The Kunze et al. (2015) study spanned scales from 5 m

421 to 50 km. At scales that match our observations they could not distinguish between a spice gradient
 422 slope of k^0 and $k^{1/3}$; this latter corresponds to a SF slope of $2/3$, which is close to our estimated
 423 value. Cole and Rudnick (2012) interpolate their glider data in the horizontal to find passive tracer
 424 slopes of k^{-2} . This interpolation, though required to perform horizontal wavenumber spectral
 425 decompositions, can significantly steepen calculated slopes (Callies and Ferrari 2013; Klymak
 426 et al. 2015). Finally, Klymak et al. (2015) found spice spectral slopes of $k^{-1.5}$, which is similar to
 427 our results, near the surface, but these became significantly steeper with depth, unlike the uniform
 428 slope we find here. Summarizing these results, there appears to be a tendency for the k^{-2} slope
 429 in passive tracer spectra to occur in regions with strong frontal structure, at least at scales of 1–
 430 20 km. Our results further show that the spectral slopes in the OSMOSIS region, which lacks the
 431 strong frontal nature of many of the previous studies, do not exhibit significant vertical structure.
 432 Adaption of SFs to other data sets may help to further explore the regional variability of tracer
 433 distributions and the mechanisms that give rise to them.

434 In the context of structure functions, for a KE SF slope of n the predicted passive tracer SF slope
 435 is $1 - n/2$. *KE* and *PE* slopes estimated from observational data at the OSMOSIS site are generally
 436 between 0.6 and 1, which implies a passive tracer slope of around 0.5, close to the slopes found
 437 here. However, this theoretical prediction is not expected to hold for high-frequency motions such
 438 as internal waves, which were shown to be important here (Figure 6).

439 *d. Seasonality in submesoscale variance*

440 As is typical in the extratropics, the OSMOSIS region exhibits pronounced seasonality in MLD
 441 and the strength of the pycnocline at the base of the mixed layer (Figure 2; see also Erickson and
 442 Thompson (2018)). Our SF observations show that this seasonality entails a seasonal cycle in sub-
 443 mesoscale energy levels, diagnosed as a wintertime increase in KE and PE magnitude (Figure 9).

444 While the seasonal cycle in MLD is faithfully reproduced in the model, the seasonality of the up-
445 per ocean energetics differs: the model submesoscale KE (α) peaks in spring rather than winter,
446 and it remains high even into summer (Figure 10a).

447 A key feature of the winter-to-spring transition is the restratification of the upper ocean, which
448 can be caused by direct surface forcing but also via baroclinic mixed layer instabilities (Haine and
449 Marshall 1998; Fox-Kemper et al. 2008; Mahadevan et al. 2012; du Plessis et al. 2017). These in-
450 stabilities occur at scales of 1–20 km and are therefore only marginally resolved in the model. This
451 may partially explain the delay in spring restratification in the model, as compared with the ob-
452 servations (Figure 2a). However, resolution issues are unlikely to explain the late and pronounced
453 peak in modeled submesoscale KE—if anything, damped mixed-layer instabilities should lead to
454 a more muted seasonality.

455 If the difference between the model and the observations cannot be attributed to interannual vari-
456 ability, it suggests that the model is missing a sink of submesoscale energy. One possibility is that
457 interactions between mixed-layer turbulence and submesoscale eddies are misrepresented by the
458 K-Profile Parameterization (KPP) (Large et al. 1994) used in the model (Menemenlis et al. 2008).
459 Another possibility is that internal waves drain a significant amount of energy from submesoscale
460 balanced flow (e.g. Taylor and Straub (2016); Barkan et al. (2017); Xie and Vanneste (2015);
461 Rocha et al. (2018)), an effect that would be underestimated in the model because the internal-
462 wave field—particularly the near-inertial component—is unrealistically weak (Figures 5, 6), prob-
463 ably as a result from the relatively coarse (6 hour) wind variability (Yu et al. 2019b; Flexas et al.
464 2019).

465 No pronounced seasonality is evident in the SF slopes estimated from the observations (Fig-
466 ure 8). If anything, KE and PE slopes tend to be somewhat smaller in summer than in winter, in
467 apparent conflict with previous shipboard ADCP observations from the western subtropical North

468 Atlantic that showed a steeping of submesoscale wavenumber spectra in summer (Callies et al.
469 2015). It should be remembered, however, that the slopes considered in this study are related to
470 scales smaller than those where Callies et al. (2015) observed steepening, and that high-frequency
471 motion contributes significantly to the small-scale end of the observations (Figure 6a,b). Similar
472 to the western subtropical North Atlantic, relatively flat SFs across an entire year might emerge
473 due to different processes in winter and summer; namely, energetic balanced submesoscales in
474 winter and internal waves in summer. This highlights a limitation of the SF (or spectral) slopes
475 approach, which is often insufficient to discriminate different dynamical regions when employed
476 in isolation.

477 The model, in contrast to the observations, shows much steeper structure functions in summer
478 than in winter (Figure 8a,b). We attribute this to the weakness of the internal-wave field in the
479 model, which fails to provide enough small-scale variance to maintain flat SFs in summer.

480 *e. Submesoscale tracer fluxes out of the surface mixed layer*

481 If submesoscale motions were largely confined to the mixed layer, a transition in passive tracer
482 properties, such as the SF magnitudes and slopes calculated from Equation 5, might be expected
483 to occur at the base of the mixed layer in response to differences in stirring across the pycnocline.
484 In fact, there is a slight change in properties associated with the shallow summertime pycnocline,
485 but very little change across the base of the wintertime mixed layer for SFs calculated from the
486 observational data. The model, however, shows a stronger change across the wintertime mixed
487 layer base, which is most apparent in the changes of slope of D_{PE} (Figure 8b).

488 The effect of model resolution can be seen in a series of recent simulations performed by Bal-
489 wada et al. (2018), where an idealized MITgcm was run at horizontal resolutions between 20 and
490 1 km. As the resolution increased to finer scales, stratification at the base of the mixed layer also

491 increased, but so did the vertical transport of tracers across the mixed layer base. The authors
492 attributed this increase in vertical transport to increased strength of baroclinic mixed layer insta-
493 bilities at higher resolution. However, even at horizontal resolution of 1 km, vertical transport
494 estimates did not converge, implying that scales less than about 5 km (the effective resolution
495 being 4–5 times the grid scale resolution) play an important role in transporting water properties
496 across the mixed layer base.

497 The high spatial resolution of horizontal velocities by the mooring array also allows a calculation
498 of the vertical velocity through the density conservation equation. Yu et al. (2019a) used this
499 technique to estimate strong vertical velocities, of up to 100 m day^{-1} , extending 200 m below
500 the mixed layer during winter and spring. Vertical velocities from the llc4320 also support this
501 observation (see Yu et al. (2019a), Appendix D). These vertical velocities can lead to injection of
502 mixed layer water with small passive tracer variance below the mixed layer, as seen in the lack of
503 vertical structure in the winter to depths exceeding the mixed layer depth.

504 In this study, we used spice as a passive tracer, and found that there is not a clear sign of spice
505 variance changing across the base of the mixed layer during winter, either in slope or magnitude.
506 Other passive tracers, such as oxygen, nutrients, and dissolved organic carbon, can also be trans-
507 ported across the base of the wintertime mixed layer in a similar fashion. Erickson and Thompson
508 (2018) found evidence of rapid downward transport of high-oxygen waters below the wintertime
509 mixed layer using OSMOSIS glider data, and attributed this downward flux to intermittent subme-
510 soscale instabilities, with a particular focus on symmetric instability. These instabilities provide
511 a mechanism both for upward transport of nutrients as well as downward transport of neutrally
512 buoyant carbon, especially during winter.

6. Conclusions

The OSMOSIS project provides a useful testing ground to consider seasonality in submesoscale dynamics. Second-order structure functions (SFs) of spice, buoyancy, and horizontal velocities give similar information to spectral decompositions but are better suited to data from arrays of moorings and gliders that are not aligned in a single transect.

This observational dataset is the first to enable a statistical description of turbulence properties down to scales of 1 km over a full seasonal cycle to 1 km depth. Thus we were able to probe scales that would be expected to be only marginally resolved even in relatively high-resolution global models, for example the 1/48° ILC4320 analyzed in this study.

We find a difference between the observational and model results at small scales; the model output contains less variance than the observations. This is expected, as the effective model resolution is approximately a factor of four larger than the grid scale resolution. However, the model did compare well with the mooring data using only the sub-inertial components of velocity, buoyancy, and spice variables, even down to very small separations (2 km). This points to the lack of high-frequency motions, potentially related to the low-frequency surface forcing (Rimac et al. 2013), as being a crucial factor for missing small-scale variance in the model simulation.

The model SFs agree more closely with the observational results during winter than in summer. This is likely to occur because the model more accurately resolves mixed layer instabilities in the winter than the summer, as surface-enhanced submesoscale motions are larger in size when the mixed layer is deeper. In particular, the model retains a high level of submesoscale KE throughout spring and into summer, suggesting that suppressing the resolution of submesoscale motions leads to an inefficient transfer of energy to dissipative scales.

535 We observe a seasonality of submesoscale energy, with higher KE and PE in winter than in
536 summer. Despite strong seasonality in KE and PE, the statistical representation of submesoscale
537 motions with the SFs does not exhibit a significant seasonality. This suggests either that the physi-
538 cal processes that are shaping the SF slope are insensitive to the partitioning of KE and PE, or that
539 similar SF slopes can arise from different physical processes. This behavior has been highlighted
540 previously when analyzing spectral slopes of submesoscale turbulence (Callies and Ferrari 2013).

541 Many previous studies have found, as in this study, that the spectral slope of tracers is relatively
542 uniform with depth in the upper ocean. However, most of these results have reported spectral
543 slopes of k^{-2} , steeper than QG theory. Here we find a uniform slope that is closer to $k^{-3/2}$, and
544 present this dataset as a counterexample to other studies suggesting a universal k^{-2} passive tracer
545 spectral slope at depth. The passive tracer slopes we find are still far from the k^{-1} expected by
546 QG theory. However, we note that our observations to 1000 m have not penetrated below the
547 permanent pycnocline starting near 800 m.

548 The observed tracer variance in the ocean's upper 1000 m in this and other studies suggest the
549 importance of motions that can remove tracer variance below the base of the mixed layer or can
550 generate smaller-scale stirring than is typically associated with the interior ocean. The dynamics
551 supporting these tracer distributions will be especially important for biological properties such as
552 particulate or dissolved carbon, where vertical exchange across the mixed layer base may lead to
553 sequestration and carbon export on long time scales. Our observations suggest that the boundary
554 between the ocean-atmosphere interface and the ocean interior — the pycnocline at the base of the
555 mixed layer — is not well-developed during the wintertime, meaning the conventional distinction
556 between well-mixed surface waters and an ocean interior out of contact with the atmosphere may
557 not apply during all seasons.

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- Fig. 1.** (a) Bathymetry from ETOPO in the northeast Atlantic. OSMOSIS region is shown in the white box at 16.2°W, 48.7°N. Larger region from the model is shown as the dotted white box. (b) Highlight on the OSMOSIS region, showing a histogram of glider surface locations (colors) and the positions of the nine moorings (x's). (c) Periods of time in which the gliders were active. (d) Depth placement of the ACMs (x's) and CTDs (-'s) for each mooring. Dotted horizontal lines denote the depths over which mooring structure functions were calculated. (e) Histogram of structure function pairings from glider measurements at 200, 400, and 800 m depth. Bins are equally spaced logarithmically. Circle markings at the top axis show the separations between moorings. 35
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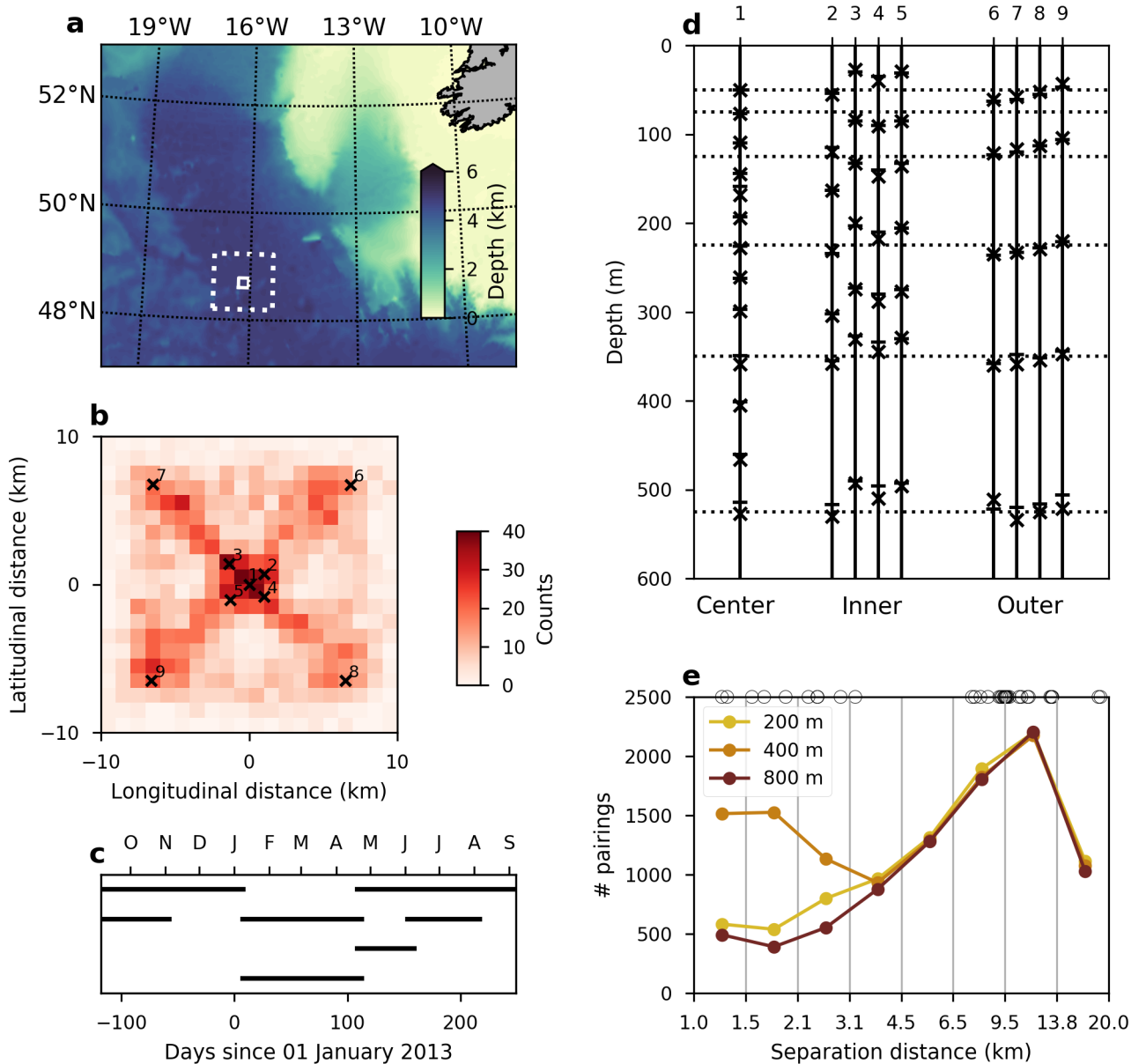


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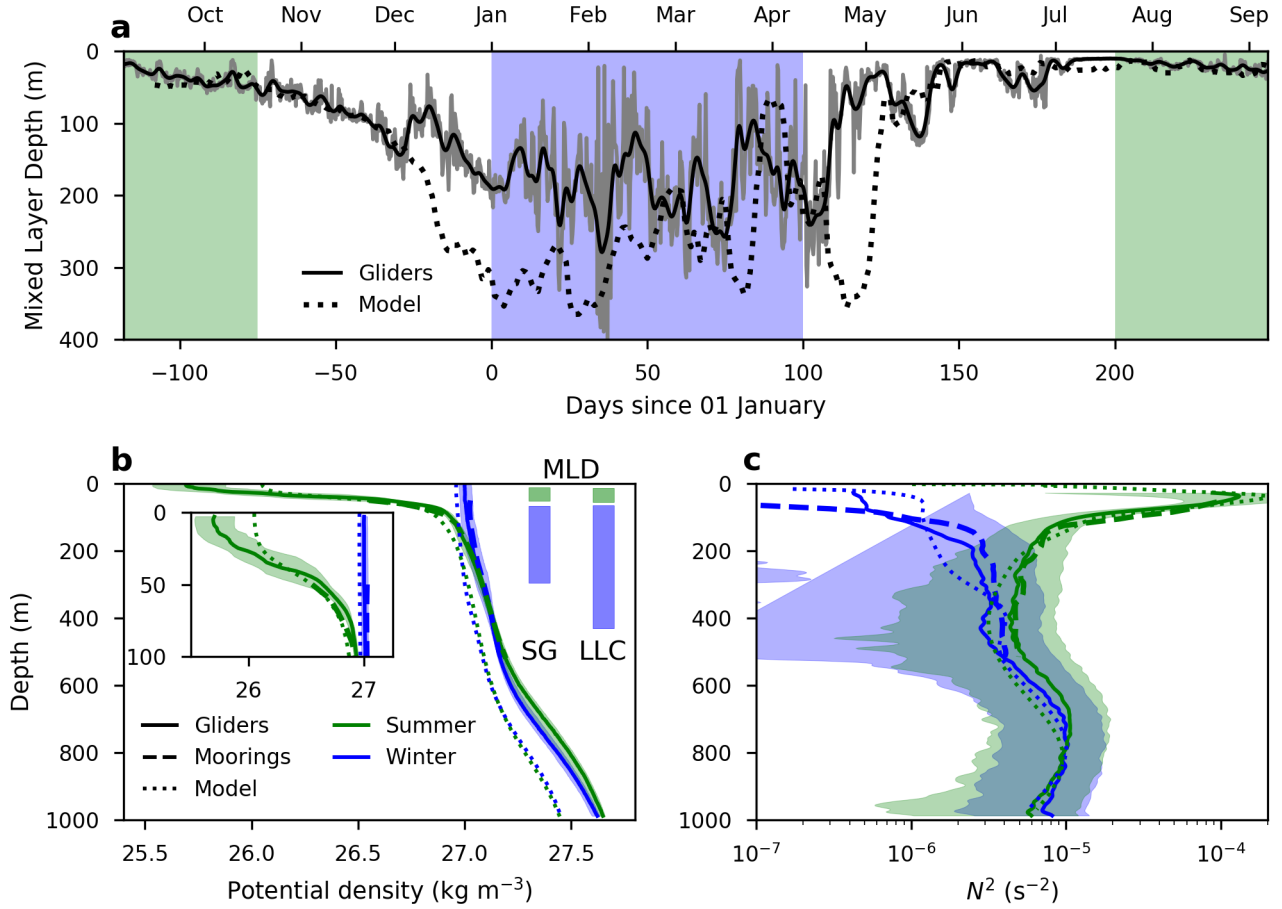
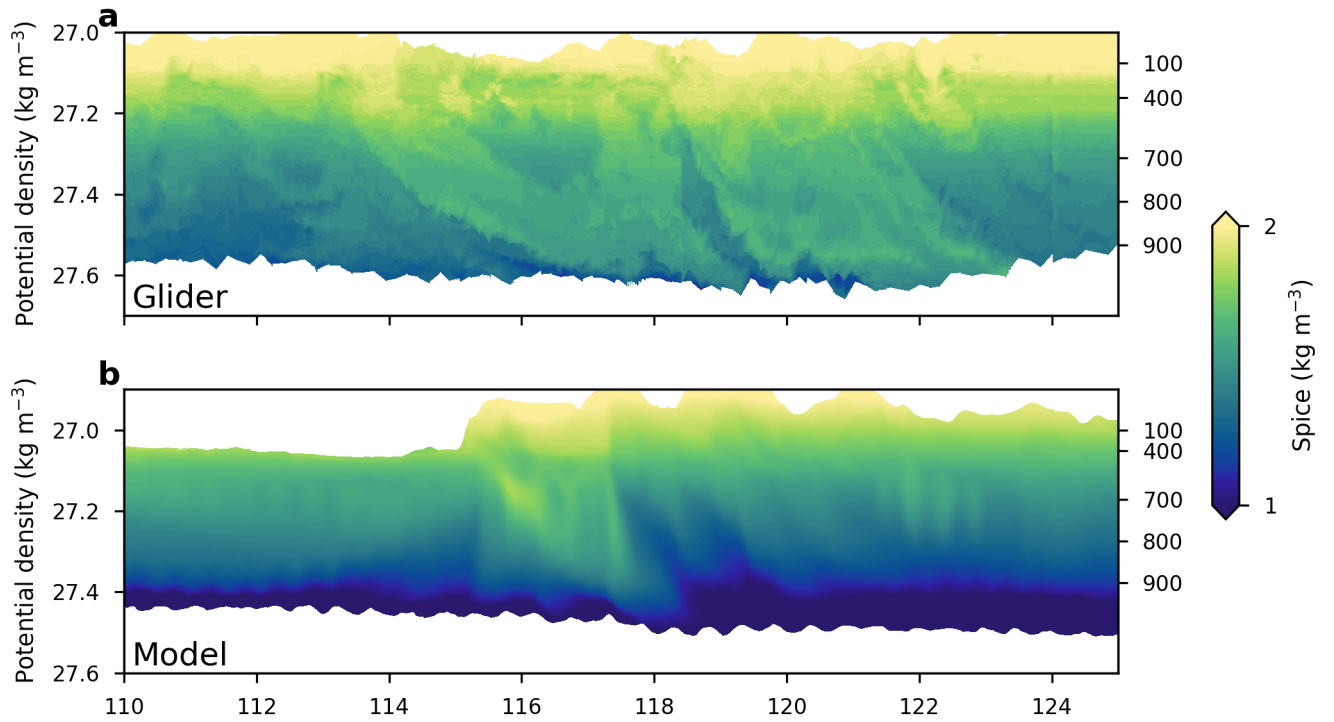
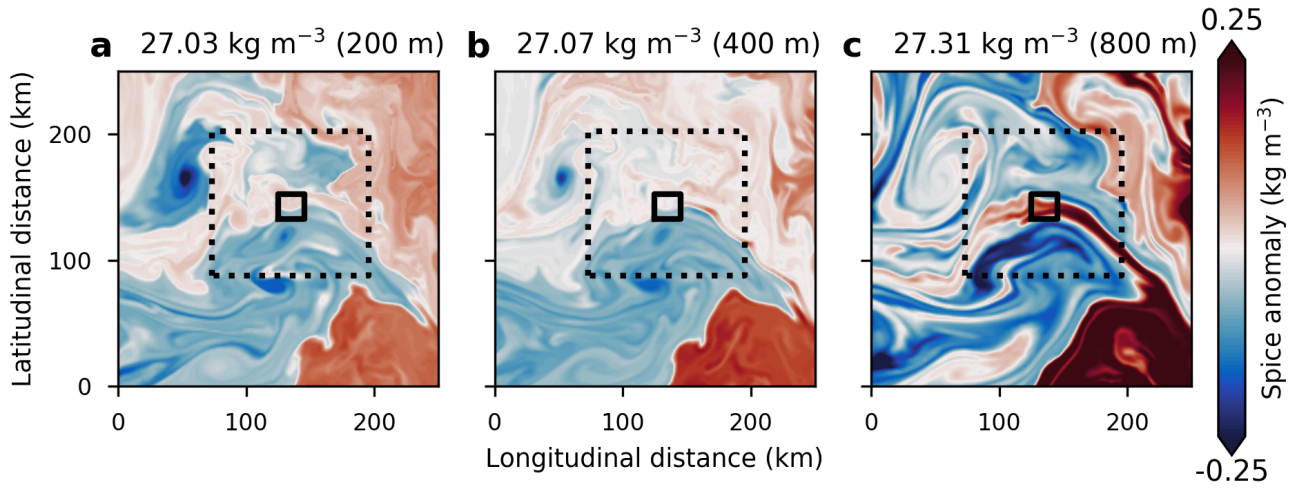


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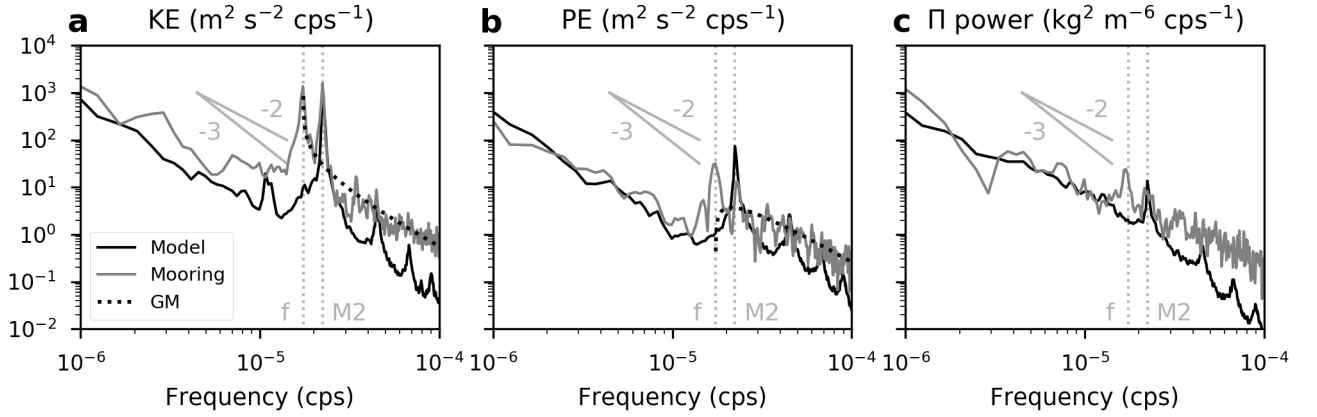


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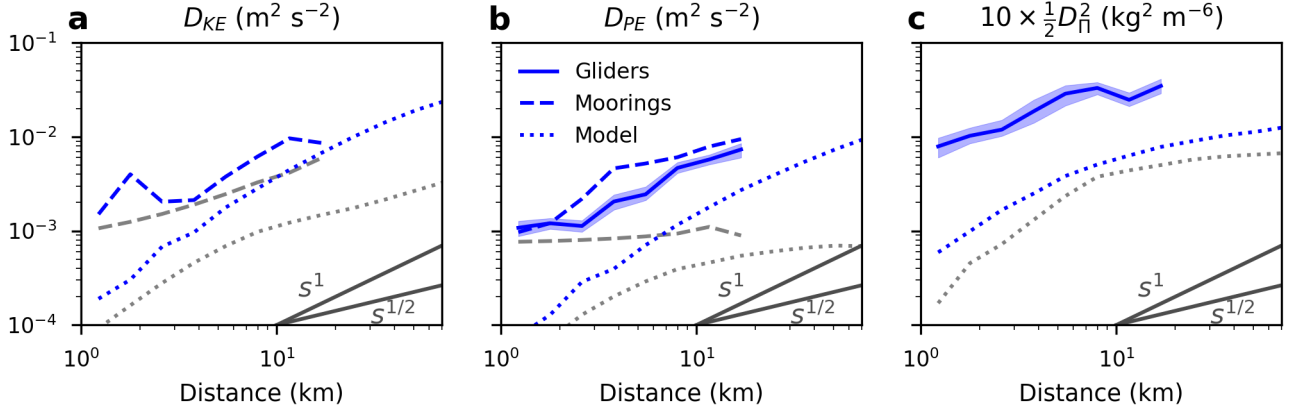


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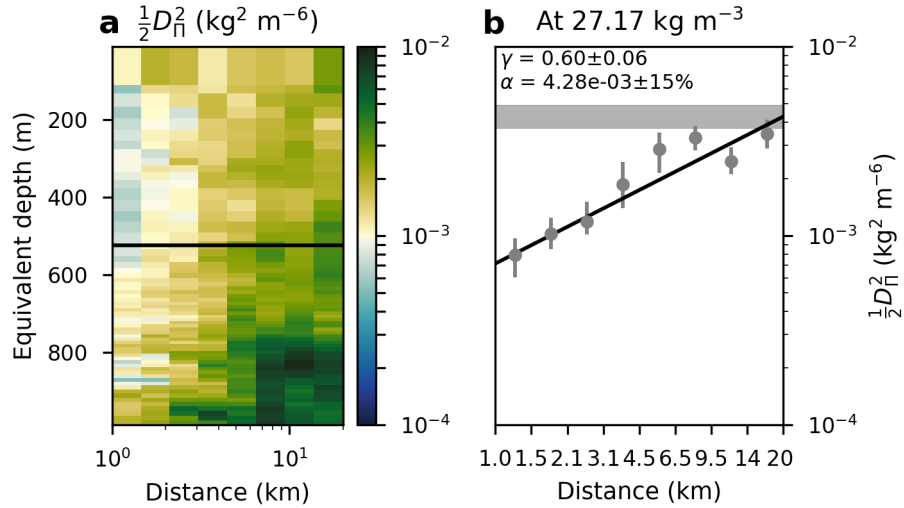


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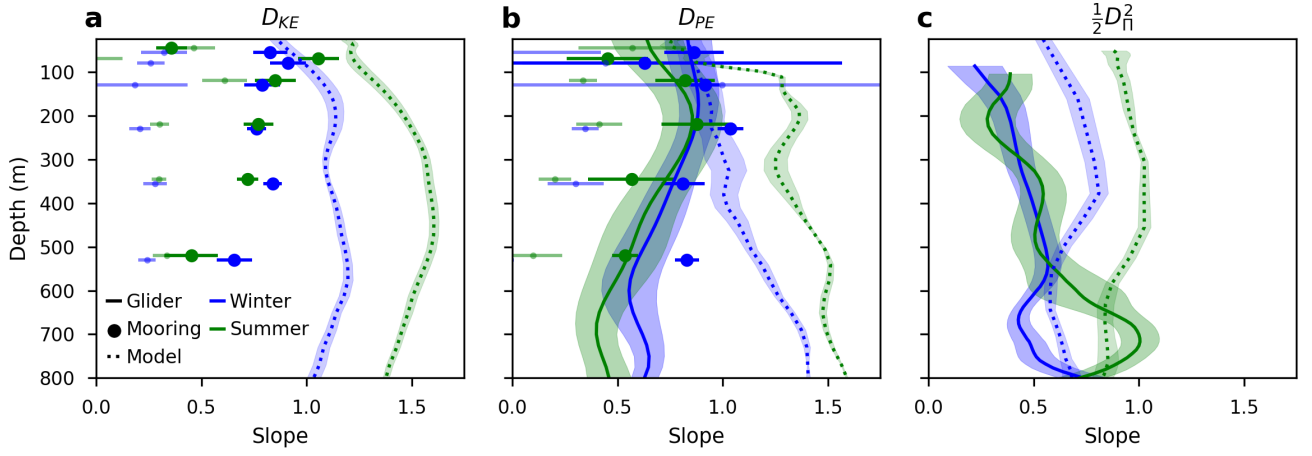


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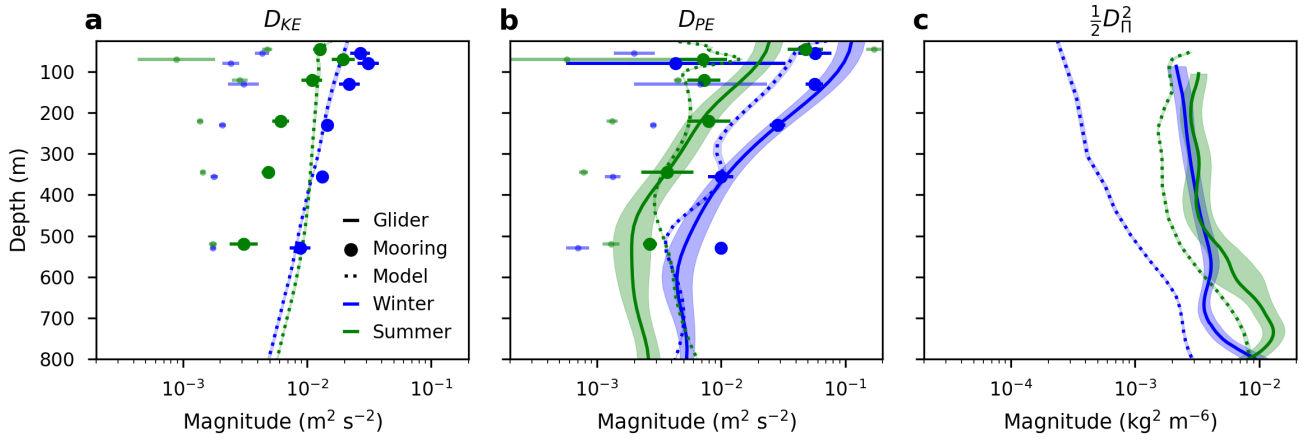


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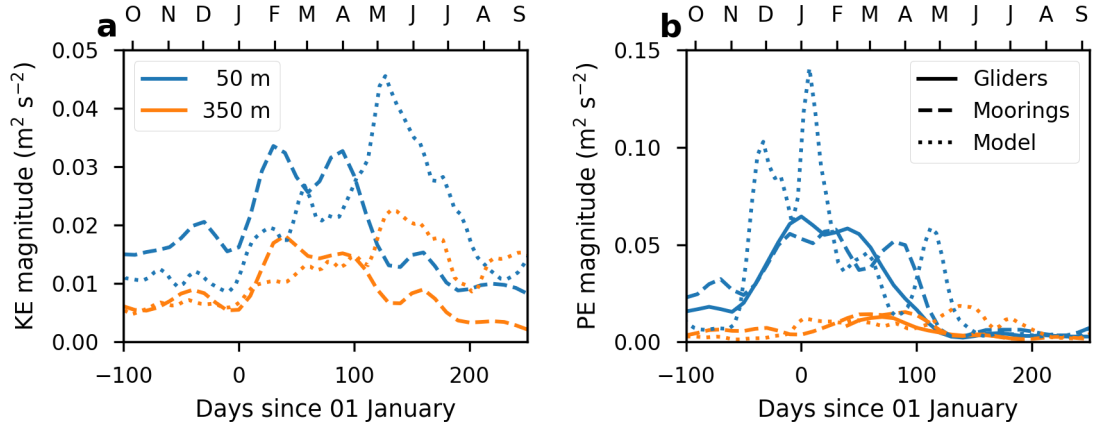


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