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| **Table 1**. Baseline characteristics of participants. | |
| Characteristics |  |
| Patient, no. | 497 |
| **Clinical parameters** |  |
| Age (years) | 44 [18] |
| Male sex, n (%) | 376 (75.7%) |
| BMI, kg/m2 | 26.6 [4.7] |
| Diabetes mellitus, n (%) | 133 (26.8%) |
| Hypertension, n (%) | 144 (29.0%) |
| Excessive alcohol drinking, n (%)\* | 62 (12.5%) |
| **Laboratory parameters** |  |
| ALT (IU/L) | 48 [50.5] |
| AST (IU/L) | 33 [28] |
| GGT (IU/L) | 55 [57] |
| Triglyceride (mmol/L) | 1.9 [1.4] |
| LDL cholesterol (mmol/L) | 3.0 [12] |
| HDL cholesterol (mmol/L) | 1.0 [0.3] |
| Total cholesterol (mmol/L) | 5.1 [1.4] |
| Albumin (g/L) | 46 [5.1] |
| Fasting glucose (mmol/L) | 5.3 [1.5] |
| Platelet count (×109/L) | 240 [77.5] |
| **Fibrotouch® parameters** |  |
| LSM (kPa) | 8.6 [4.3] |
| UAP (dB/m) | 308 [27] |
| **Liver histological features** |  |
| Steatosis grade |  |
| S0 | 49 (9.9%) |
| S1 | 207 (41.6%) |
| S2 | 168 (33.8%) |
| S3 | 73 (14.7%) |
| Ballooning grade |  |
| B0 | 80 (16.1%) |
| B1 | 269 (54.1%) |
| B2 | 148 (29.8%) |
| Lobular inflammation grade |  |
| L0 | 68 (13.7%) |
| L1 | 286 (57.5%) |
| L2 | 136 (27.4%) |
| L3 | 7 (1.4%) |
| Fibrosis stage |  |
| F0 | 186 (37.4%) |
| F1 | 203 (40.8%) |
| F2 | 88 (17.7%) |
| F3 | 12 (2.4%) |
| F4 | 8 (1.6%) |
| Continuous and categorical variables are expressed as median [interquartile range] or number (percentage). | |
| \*Excessive alcohol consumption was defined as daily alcohol consumption ≥ 20 g/day in women and ≥ 30 g/day in men, respectively. | |
| *Abbreviations*: BMI, body mass index; ALT, alanine aminotransferase; AST, aspartate aminotransferase; GGT, gamma-glutamyltransferase; LDL, low-density lipoprotein; HDL, high-density lipoprotein; UAP, ultrasound attenuation parameter; LSM, liver stiffness measurement. | |