

1 **Last Glacial Maximum environmental conditions at Andøya,**  
2 **northern Norway; evidence for a northern ice-edge ecological**  
3 **“hotspot”**

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6 Inger G. Alsos<sup>1</sup>, Per Sjögren<sup>1</sup>, Antony G. Brown<sup>1,2</sup>, Ludovic Gielly<sup>3</sup>, Marie Kristine Føreid  
7 Merkel<sup>1</sup>, Aage Paus<sup>4,5</sup>, Youri Lammers<sup>1</sup>, Mary E. Edwards<sup>1,2</sup>, Torbjørn Alm<sup>1</sup>, Melanie Leng<sup>6</sup>,  
8 Tomasz Goslar<sup>7</sup>, Catherine T. Langdon<sup>2</sup>, Jostein Bakke<sup>5,8</sup>, Willem G.M. van der Bilt<sup>5,8</sup>

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10 1) UiT – The Arctic University of Norway, Tromsø Museum, N-9037 Tromsø, Norway  
11 2) University of Southampton, Geography and Environmental Science, Southampton, SO17 1BJ, UK  
12 3) Laboratoire d'Ecologie Alpine (LECA), Université Grenoble Alpes, C2 40700 38058, Grenoble, Cedex 9,  
13 France  
14 4) University of Bergen, Department of Biological Science, N-5020 Bergen Norway  
15 5) The Bjerknes Centre for Climate Research, Bergen, Norway  
16 6) British Geological Survey, Centre for Environmental Geochemistry, Nottingham, NG12 5GG, UK  
17 7) Faculty of Physics, Adam Mickiewicz University, Poznan, Poland  
18 8) University of Bergen, Department of Earth Science, N-5020 Bergen, Norway

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21 **Highlights**

- 22 • High organic content of Last Glacial Maximum sediments from a northern refugium.  
23 • Isotopes and bones indicate birds roosted near the ice edge.  
24 • Conifer DNA found in sediments, but frequency not significantly above background  
25 contamination.  
26 • Review of all Andøya LGM studies reveals presence of boreal and arctic taxa.  
27 • Environmental reconstruction does not preclude intermittent growth conditions for  
28 trees.  
29 • Currently a non-analogue situation but could presage future conditions further north.

30

31 **Abstract**

32 Andøya on the NW coast of Norway is a key site for understanding the Last Glacial  
33 Maximum (LGM) in northern Europe. Controversy has arisen concerning the local conditions,  
34 especially about the timing and extent of local glacial cover, maximum July temperatures and  
35 whether pine and/or spruce could have grown there. We reviewed all existing data and add  
36 newly analysed ancient sedimentary DNA (*sedDNA*), pollen, macrofossils, geochemistry  
37 and stable isotopes from three lake sediment cores from Øvre Æråsvatnet. A total of 23 new  
38 dates and age-depth modelling suggests the lake has been ice-free since GI2 (<22.8 cal. ka  
39 BP) and possibly GS3 (<27.4 cal. ka BP). *Pinus* and *Picea* *sedDNA* was found in all three  
40 cores but at such low frequencies that it could not be distinguished from background  
41 contamination. LGM samples have an exceptionally high organic matter content, with  
42 isotopic values indicating that carbon and nitrogen derive from a marine source. Along with  
43 finds of bones of the little auk (*Alle alle*), this indicates that the lake received guano from an  
44 adjacent bird colony. *SedaDNA*, pollen and macrofossil assemblages were dominated by  
45 Poaceae, Brassicaceae and *Papaver*, but scattered occurrence of species currently restricted to  
46 the Low Arctic Tundra Zone (July temperature of 8-9°C) such as Apiaceae (*sedDNA*, 8-  
47 9°C), and *Alchemilla alpina* (macrofossil, 8-9°C) were also recorded. The review of >14.7  
48 cal. ka BP data recorded 94 vascular plant taxa, of which 38% have a northern limit in Shrub  
49 Tundra or more southern vegetation zones. This unusual assemblage likely stems from a  
50 combination of proximity to ice-free water in summer, geographical isolation linked with  
51 stochastic long-distance dispersal events, and the presence of bird-fertilized habitats. The  
52 environmental reconstruction based on all records from the area does not preclude local  
53 growth of tree species, as the local climate combined with high nutrient input may have led to  
54 periodically suitable environmental 'hotspot' conditions.

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57 Key words: ancient DNA (*aDNA*), Andøya, climate variability, environmental conditions,  
58 glacial survival, last glacial maximum, late Weichselian, MIS2, micro-refugia, sedimentary  
59 DNA (*sedDNA*)

60

## 61        **1. Introduction**

62 Evidence for cryptic glacial-age refugia, or micro-refugia, in the northern hemisphere has  
63 long been sought but remains elusive (Birks and Willis, 2008; Brochmann et al., 2003;  
64 Stewart and Lister, 2001; Tzedakis et al., 2013), despite the fact that phylogenetic data  
65 strongly suggest they may have existed (Anderson et al., 2006; Napier et al. 2020;  
66 Westergaard et al., 2019). It is likely that late-glacial tundra zones supported small  
67 populations of boreal trees in Alaska (Brubaker et al., 2005), Yukon (Zazula et al., 2006),  
68 Siberia (Binney et al., 2009; Tarasov et al., 2009), and Estonia (Heikkilä et al., 2009). It  
69 remains highly controversial, however, whether tree taxa grew within the maximum limits of  
70 the Scandinavian ice sheet (Birks et al., 2005; Kullman, 2005), as is indicated by megafossils  
71 of spruce and pine in the Scandinavian mountains (Kullman, 2002), and sedimentary ancient  
72 DNA (*sedaDNA*) in lake sediments from a glacial refugium at Andøya (Birks et al., 2012;  
73 Parducci et al., 2012a; Parducci et al., 2012b). As all proxies for reconstructing past flora and  
74 environmental conditions have some uncertainties, a multi-proxy study may provide more  
75 robust conclusions. Environmental reconstructions are often focused on temperature (Birks  
76 and Birks, 2014; Trondman et al., 2015), but temperature may interact with other key drivers,  
77 such as nutrient cycling: high nutrient levels may compensate for low temperature, as seen,  
78 for example, at high-latitude bird cliffs (González-Bergonzoni et al., 2017). Thus, estimation  
79 of nutrient availability and trophic status may further elucidate the environmental conditions  
80 in refugia and may be critical for micro-refugia.

81  
82 The northern Norwegian island of Andøya is a key locality for understanding LGM  
83 environments (here defined as the 26-18 cal. ka BP interval) on the North Atlantic margin  
84 (Vorren, 1978), and it has been extensively studied. Andøya is situated where the Norwegian  
85 continental shelf is at its narrowest (under 10 km). Due to calving into the deep ocean, there  
86 was no possibility of thick ice build-up, and the area became deglaciated early (Hughes et al.,  
87 2016; Patton et al., 2017). While higher elevations on northern parts of Andøya remained ice-  
88 free throughout the LGM (Nesje et al., 2007), it is less clear whether the lowland was  
89 continuously ice-free from ca. 26 ca. ka BP (Alm, 1993; Vorren and Plassen, 2002; Vorren et  
90 al., 2013, 2015).

91  
92 Palaeobotanical investigations have been carried out on three lakes on the northern ice-free tip  
93 of Andøya (Fig. 1): Endletvatn (Alm and Elverland, 2012; Elverland, 2012; Elverland and

94 Alm, 2012; Parducci et al., 2012b; Vorren, 1978; Vorren and Alm, 1999, Vorren et al., 2013),  
95 Nedre Æråsvatnet (Alm and Birks, 1991; Vorren et al., 1988) and Øvre Æråsvatnet (Alm,  
96 1993). The late-glacial vegetation recorded as pollen and plant macrofossils, combined with  
97 slow minerogenic sedimentation, has been assumed to typify cold and dry polar desert  
98 conditions (*sensu lato*). There may, however, have been interruptions: warmer periods when  
99 mean July temperatures reached up to 10°C, as indicated by features such as high  
100 concentrations/accumulation rates of pollen and/or macrofossils and the occasional presence  
101 of more thermophilous plant taxa (Alm, 1993; Alm and Birks, 1991; Elverland and Alm,  
102 2012; Vorren, 1978). Recently, *sedaDNA* of pine and spruce of LGM age was found  
103 (Parducci et al., 2012b). The discovery of conifer *sedaDNA* on Andøya was unexpected, and  
104 it was debated as to whether the origin was due to contamination, long-distance pollen,  
105 driftwood, re-sedimentation, or possibly in-situ growth (Birks et al., 2012; Parducci et al.,  
106 2012a; Parducci et al., 2012b). The debate was further stirred by Vorren *et al.* (2013) who,  
107 based on both new and re-interpreted data, concluded that LGM mean July temperatures  
108 never exceeded 3°C. This interpretation would preclude any tree growth during the LGM on  
109 Andøya, but it is primarily based on the inference that the combination of the dominant moss  
110 species *Syntrichia ruralis* and *Aulacomnium turgidum* found as macrofossils represent Polar  
111 Desert vegetation, and it contradicts previous palaeoecological interpretations of past climatic  
112 conditions (Alm, 1993; Alm and Birks, 1991; Elverland and Alm, 2012; Parducci et al.,  
113 2012a; Parducci et al., 2012b; Vorren, 1978). It follows that the chronology, environmental  
114 conditions and palaeoecology of N Andøya warrant further clarification.

115

116 This study seeks to capitalize on recent advances in both the methodology (laboratory  
117 procedures, bioinformatics pipeline) and understanding of sedimentary ancient DNA to: **1)**  
118 more precisely date the ice-free period, **2)** evaluate the pine and spruce *sedaDNA* results from  
119 Parducci et al. (2012b) by investigating a second lake on Andøya using improved methods; **3)**  
120 assess the local LGM palaeoenvironment based on additional proxy records, including stable  
121 isotopes, and **4)** review previous investigations, with special emphasis on environmental  
122 conditions and the potential for tree growth on Andøya during the LGM.

123

## 124 **2. Regional setting**

125 At Andøya (Fig. 1), the proximity of the continental shelf to abyssal depths (6.1 km from the  
126 coast to the top of the Andøya Canyon; (Laberg et al., 2000) limited the vertical extent of

127 glaciers during the Weichselian glaciation, and therefore the island was deglaciated early  
128 compared with other sites along the western seaboard (Vorren et al., 2015). This is in line  
129 with recent work on continental glaciation that suggests that topography/trough geometry had  
130 an overriding effect on glacial extent and recession rates (Small et al., 2018). The tip of  
131 Andøya is also crossed by ice-marginal deposits which Vorren and Plassen (2002) associated  
132 with the Egga I and Egga II deposits at the shelf edge; the Egga II dates to 23-22.2 cal. ka BP  
133 (Vorren et al., 2015).

134

135 Andøya's northern tip is an important site for LGM palaeoenvironmental studies because its  
136 lakes received sediment input at this time. This study targets Øvre Æråsvatnet (69°15'22''N;  
137 16°02'03''E). The basin sits at 43 m a.s.l, a few meters above the local LGM marine limit.  
138 The lake has inlets to the W and SW and an outlet to the NE (Fig. 1). The July mean  
139 temperature is 11°C, and the February mean is -2.2°C; average annual precipitation is 1060  
140 mm (Norwegian Metrological Institute; eKlima 2016; 1961–1990). The lake covers 20.4 ha,  
141 similar to the areas of two adjacent lakes, Nedre Æråsvatnet (20.6 ha, 34 m a.s.l.) and  
142 Endletvatn (28.6 ha, 35 m a.s.l.; Fig. 1). The lake is surrounded by birch forest and mires and  
143 there is planted spruce and pine, especially on the south-facing slope of Store Æråsen. The  
144 bedrock is entirely non-calcareous (amphibolites, hornblende and mica-gneisses, Norwegian  
145 Geological Survey Database), and the catchment size is 3.6 km<sup>2</sup>.

146

### 147 **3. Material and methods**

148

#### 149 **3.1. Field work**

150 Lake Øvre Æråsvatnet was chosen because, in contrast to Endletvatn, where conifer  
151 *seda*DNA was previously detected (Parducci et al., 2012), it is above the marine limit and  
152 therefore less likely to have received driftwood. Fieldwork was conducted early in March  
153 2014 when the lake was covered by ice. A north-south transect across the lake was test-cored  
154 using a Hiller sampler (And1-And7 and And9, Fig. 2). The laminated gyttja of expected LGM  
155 age (Alm, 1993) was only found in samples from the shallower, south-central part of the lake.  
156 To further assess sediment distribution and water depth, we surveyed the basin with Ground  
157 Penetrating Radar (GPR). For this purpose, we used a Malå GPR setup fitted with an  
158 unshielded 50 MHz antenna. The rough terrain antenna was dragged behind a snow scooter at  
159 constant speed (10 km/h) while traversing the lake in semi-regular grids. Following

160 acquisition, all data were processed in version 1.4 of the RadExplorer software package with a  
161 set of prescribed band-pass filtering, DC removal and time-zero adjustment routines. We then  
162 traced the interfaces between water, sediment and bedrock based on these optimized GPR  
163 reflections. Finally, all data were exported to ArcMap 10.4 to construct maps and models.  
164 Coring was conducted with a Geonor piston corer (110 mm diameter) and a modified Nesje  
165 corer (110 mm; (Nesje, 1992; Paus et al., 2015)). Only the deepest part of the lake-sediment  
166 package was collected. A 3.46-m continuous core was retrieved with the modified Nesje-corer  
167 (And-11, 69.25579°N, 16.03517°E; 3.15 m water, total depth 11.88 m; subsequently divided  
168 in three parts). Two shorter cores taken with the Geonor corer (And-8, 3.15 m water, total  
169 depth 11.98 m, core length 1.14 m; And-10, 69.25552°N, 16.03516°E, 2.9 m water, total  
170 depth 10.16 m, core length 1.16 m) were collected 5 m west and 30 m south, respectively,  
171 from And-11 (Fig. 2).

172

### 173 **3.2. Radiocarbon dating**

174 The radiocarbon ages of 23 identified plant macrofossils were determined using Accelerator  
175 Mass Spectrometry at Poznan Radiocarbon Laboratory (Poz; Table 1). The bulk of the dated  
176 material consisted of bryophytes (moss stems), but seeds and leaf fragments of vascular plants  
177 were included when available. Low mass ( $\text{TOC} \leq 0.2$  mg) of many samples led to relatively  
178 large uncertainties, but this was preferred to combining more material. The values for  $\delta^{13}\text{C}$  are  
179 given in Table 1 but are inaccurate due to having been measured with the AMS, and the  
180 unusually low  $\delta^{13}\text{C}$  values reported for the smallest samples, were related to the extremely  
181 small amounts of carbon available for analysis. It is noticeable that all the  $\delta^{13}\text{C}$  values are  
182 under -19. If the samples were contaminated with old C, or marine C, the values would be  
183 expected to be higher. The  $^{14}\text{C}$  ages were calibrated with OxCal 4.2 (Bronk Ramsey, 2009)  
184 using IntCal13 (Reimer et al., 2013), and age-depth modelling was undertaken using Bacon v.  
185 2.3.9.1 (Blaauw and Christen, 2011).

186

### 187 **3.3. Geochemical analyses**

188 Colour line-scan images with a resolution of approximately 70  $\mu\text{m}$  were acquired using a Jai  
189 L-107CC 3 CCD RGB Line Scan Camera fitted on an Avaatech XRF core scanner (Fig. 3).  
190 Qualitative element-geochemical analyses were carried out with the XRF core scanner. The  
191 measurements were carried out at continuous 10-mm steps. Instrument settings were 10 kV,  
192 1000  $\mu\text{A}$ , 10 seconds count time, and no filter. Data processing was performed using WinAxil  
193 version 4.5.6. To minimize the influence of water and matrix effects (Tjallingii et al., 2007;

194 Weltje and Tjallingii, 2008), the results are presented as ratios of selected elements divided by  
195 the sum of the 7 most abundant elements (Ca, Cl, Fe, K, S, Si and Ti; Rhodium (Rh) not  
196 included as it is induced by the equipment). Loss-on-ignition (LOI) was analysed every 4 cm.  
197 About 10 g of sediment was dried overnight at 105°C, weighed, and then burned for four  
198 hours at 550°C. LOI was calculated as the percent dry-weight loss after burning.

199  
200 Thirty samples were selected from the And-11 core for  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  analysis and  
201 determination of %C and %N. The isotope analyses were conducted in the Stable Isotope  
202 Facility at the British Geological Survey, UK. Samples for carbon isotopes were decarbonated  
203 in 5% HCl prior to analysis while a separate aliquot for nitrogen isotopes was run without pre-  
204 treatment.  $\delta^{13}\text{C}$  analyses were performed by combustion in a Costech ECS4010 Elemental  
205 Analyser (EA) on-line to a VG TripleTrap (plus secondary cryogenic trap) and Optima dual-  
206 inlet mass spectrometer, with  $\delta^{13}\text{C}$  values calculated to the VPDB scale using a within-run  
207 laboratory standard (BROC2) calibrated against external standards NBS-19 and NBS-22.  
208 Replicate analysis of well-mixed samples indicate an analytical precision of  $\pm <0.1\text{‰}$  (1  
209 SD). Percent C and N analyses were run at the same time, and calibrated against an  
210 Acetanilide standard.  $\delta^{15}\text{N}$  analyses were performed by combustion in a Thermo Finnigan  
211 Flash EA (1112 series) on-line to a Delta Plus XL mass spectrometer.  $\delta^{15}\text{N}$  was calculated to  
212 the  $\delta^{15}\text{N}$  value of air using the internal BROC2 standard calibrated against UGS40 and  
213 UGS41. Replicate analysis of well mixed samples indicated a precision of  $\pm <0.2\text{‰}$  (1 SD).

214

### 215 **3.4 *seda*DNA analysis**

216 The DNA analyses of these sediments proved challenging, and we repeated the whole process  
217 three times. For the first extraction, we followed the phosphate buffer extraction protocol of  
218 (Taberlet et al., 2012). While this works well for modern soil samples, we had poor results (as  
219 with other ancient samples). We then tried the PowerMax extraction kit (MO BIO  
220 Laboratories, Carlsbad, CA, USA), a method that has worked well for other sediments (Alsos  
221 et al., 2016; Clarke et al., 2019). Here, the results were also poor. We suspect that the main  
222 problem was the high organic content of the lower part of core And-11 and all of And-8 and  
223 And-10, as we have experienced similar problems with other highly organic sediments  
224 (Clarke et al., 2018). The uppermost, less organic part of core And-11 yielded reasonable  
225 results in all three analyses. For the third extraction, we used sterile plastic tools for taking 74  
226 samples from the three cores. We extracted *seda*DNA using an adapted version of  
227 Zimmermann et al. (2017), in which we downscaled the input volume to ~0.3 g, substituted

228 the Qiagen PowerMax kit for the PowerSoil PowerLyzer kit, and incorporated a bead beating  
229 step following Alsos et al. (2016). We included negative controls during sampling (n=2),  
230 extraction (n=4), transferring extract from tubes to plates (n=2), PCR setup (n=2), and post-  
231 PCR (n=2), as well as a synthetic positive control (n=2), in total 14 controls. Here we only  
232 present data from the third extraction.

233

234 During this study, the dedicated ancient DNA laboratory of the Tromsø museum was moved  
235 twice between buildings and all reagents were replaced; the three runs exhibited different  
236 background contamination levels. We did detect pine (*Pinus*) and spruce (*Picea*) in all three  
237 runs, both in samples and in negative controls, but there were inconsistencies within samples.

238

239 For all three runs, the short and variable P6 loop region of the chloroplast trnL (UAA) intron  
240 (Taberlet et al., 2007) was used as diagnostic marker, following the same analysis protocol  
241 (Alsos et al., 2016; Sjögren et al., 2017), and running 8 PCR replicates on each DNA extract.  
242 The PCR replicates were pooled, cleaned and quantified with Qubit (Invitrogen™ Quant-iT™  
243 and Qubit™ dsDNA HS Assay Kit, Thermofisher). The pools were converted into DNA  
244 libraries using a Truseq DNA PCR-free low throughout library prep kit (Illumina). The library  
245 was quantified by qPCR using the KAPA Library Quantification Kit for Illumina sequencing  
246 platforms (Roche) and a Prism 7500 Real Time PCR System (Life Technologies, Fisheries  
247 faculty, UiT). The library was normalised to a working concentration of 10 nM using the  
248 molarity calculated from qPCR adjusted for fragment size. Sequencing was on an  
249 Illumina HiSeq 2000 platform (2x150 bp, mid-output mode, dual indexing) at the Genomics  
250 Support Centre Tromsø (UiT).

251

252 All next-generation sequence data were aligned, filtered and trimmed using the OBITools  
253 software package (Boyer et al., 2016) using similar criteria as Alsos et al. (2016) and Sjögren  
254 et al. (2017). Resulting barcodes were assigned to taxa using the *ecotag* program (Yoccoz,  
255 2012) and two independent reference datasets. One reference contained regional arctic and  
256 boreal sequences (Soininen et al., 2015; Sønstebo et al., 2010; Willerslev et al., 2014) and the  
257 other the NCBI nucleotide database (January 2018 release). The resulting identifications were  
258 merged and filtered, retaining barcode sequences if they: 1) were identified to 100% in either  
259 reference set; 2) were present in at least 3 PCR replicates from the same sample (hereafter  
260 referred to as PCR repeats); and 3) had at least 10 reads across the entire dataset. We removed  
261 the likely false positives relating to common PCR errors and food contaminants, based on



262 experience from the analyses of 15 other sediment cores in Tromsø Museum, as well as taxa  
263 identified above family level (Supplementary Table 1). For the last step of filtering, we  
264 looked at frequency of PCR repeats in samples compared to negative controls. There is no  
265 clear way to set the cut-off (Alsos et al., 2018; Sjögren et al., 2017), so we chose a  
266 conservative value, keeping only sequences that had an overall frequency of PCR repeats in  
267 samples at least twice as high as in that in negative controls. We present the data semi-  
268 quantitatively as the proportion of PCR repeats, excluding replicates that had no DNA.

269

### 270 **3.5. Pollen and macrofossils**

271 Pollen analysis was attempted on 19 samples from the And-11 core in the depth range 910-  
272 1182 cm. Residual material from *sedaDNA* extraction 1 was used. As we resampled the core  
273 for *sedaDNA* extraction 3, minor stratigraphic differences between pollen and *sedaDNA*  
274 samples are possible. Every second or third level analysed for *sedaDNA* in extraction 3  
275 corresponds to a pollen sample, except 1038 cm, which was only analysed for pollen. Pollen  
276 samples (1 cm<sup>3</sup>) were prepared (Palaeoecological laboratory, University of Southampton )  
277 using conventional methods (Berglund and Ralska-Jasiewiczowa, 1986) and mounted in  
278 silicon oil. Counting was undertaken by CL and AP. Identifications were based on (Fægri and  
279 Iversen, 1989) and (Moore et al., 1991), in combination with reference collections of modern  
280 material. In the two uppermost levels (910, 918 cm), the dryland pollen sums were 260 and  
281 134; otherwise pollen sums were <100 grains, and often very low. In four samples the pollen  
282 sum was <10. However, we retained them to prevent imposing false negatives and because  
283 two of the records contained pine pollen which is a theoretical source of pine DNA.

284

285 Macrofossils were collected from 44 levels from core And-11 across the depth range 884-  
286 1181 cm. Slices ~2-cm thick were sampled every 8 cm (from half the core width, ca. 50 ml  
287 volume), and thus often between samples for *sedaDNA*/pollen. If necessary, the samples were  
288 soaked in 10% sodium hydroxide (NaOH) to disperse organic material and/or sodium  
289 pyrophosphate (Na<sub>4</sub>P<sub>2</sub>O<sub>7</sub> \* 10H<sub>2</sub>O) to disaggregate clay particles. The macrofossils were  
290 retrieved by gently sieving the sample using a 250-µm mesh. The herbarium and the  
291 macrofossil reference collection at Tromsø Museum were used to aid identification.

292

### 293 **3.6 *sedaDNA*, pollen and macrofossil data analyses**

294 Initial diagrams were plotted in R studio version 1.2.5 using the rioja, vegan and ggplot2  
295 packages. We explored zonation for three proxies using constrained incremental sum of

296 squares (CONISS) as implemented in ggplot2 version 3.2.1. Final diagrams were constructed  
297 using Tilia v.2.6.1 (<https://www.tiliat.com/>).

298

### 299 **3.7 Review of botanical records and reconstruction of minimum July temperature**

300 We used an indicator-species approach to estimating minimum July temperature based on a  
301 compilation of all published palaeo-records of taxa from Andøya for the period 26.7-14.7 cal.  
302 ka BP. The northern limits of vascular plants and vegetation types are closely linked to  
303 summer temperature (Karlsen and Elvebakk, 2003; Karlsen et al., 2005), and the Arctic is  
304 divided into bioclimatic zones representing mean July temperatures (Walker et al., 2005). We  
305 used the Pan-Arctic flora checklist (Elven et al., 2011) to assign species to the northernmost  
306 bioclimatic zones where they were (1) present or (2) frequent. If the palaeo-records were not  
307 determined to species level, the northernmost potential species in that taxon was used. Some  
308 taxa only identified to a higher taxonomic level were not classified, as ranges can be global  
309 (for example Poaceae). The choice of classification inevitably introduces bias, and our  
310 choices here lead to opposing biases regarding the kind of environment we reconstruct. First,  
311 at their northern limits most species have small population sizes and pollen production is  
312 typically low (Lamb and Edwards, 1988). Thus, a rare taxon has a low chance of occurring in  
313 palaeo records, whereas frequent species are more likely to be recorded (Schenk et al., 2020).  
314 Alternative (1) represents a conservative (cold) estimate of the minimum temperature (results  
315 given in Supplementary Table S2), whereas alternative (2) represents a mid-range estimate  
316 (results in main text) equivalent to “common northern distribution limit” (Schenk et al. 2020).  
317 Second, choice of the northernmost potential species in a group causes a strong bias towards  
318 more northerly, colder zones. For example, *Puccinellia* and *Ranunculus* occur in the polar  
319 desert zone although the majority of species in these genera do not reach the High Arctic  
320 (Elven et al., 2011); this classification in turn biases both alternatives towards colder  
321 environments.

322

323

## 324 **4. Results**

### 325 **4.1. Bathymetry, chronology, lithostratigraphy and geochemical analysis**

326 The updated bathymetry of lake Øvre Æråsen (Fig. 2) shows an irregular basin morphology  
327 with thick sediments across the shallow centre of the lake, and thin sediments in the deepest  
328 part. Given that the deepest sediments occur in a generally shallow area (an inversion of

329 normal sedimentation pattern), it is unlikely that sediments have been deposited by erosion  
330 and more likely that either there has been erosional incision or that this has resulted from ice  
331 in the lake and a coarse boulder-dominated moraine. Whether a moraine or not, the altitude of  
332 the basin, and its basal irregularity suggests disturbance of the basin in its early history. This  
333 is also suggested by the disturbed/tilted laminations in the basal sediments of Alm's (1993)  
334 core C.

335  
336 Three new cores were taken and the most complete core (And-11, Fig. 3) is divided into 5  
337 units, labelled U1 to U5, based on lithology (Table 2). As can be seen in Table 2, the basal  
338 unit is a silty-sandy diamicton capped by a thin sand unit (U1), as is typical for basal  
339 sediments. Above this are laminated gyttjas (U2 olive green, U3a rusty brown, and U3b olive  
340 green), which are markedly different from typical glacial clays expected for this period. Then  
341 follows a unit of light olive grey to white laminated silts (U4a), a moss layer (U4b), and then  
342 above olive brown to dark brown gyttjas (U5a and U5b). The unit U4a (olive grey to white  
343 with laminated silts) is unusual, but it is not a simple carbonate as shown by no acid reaction  
344 (discussed further in the results section). The moss layer above it of *Warnstorfia fluitans*  
345 (U4b, 985–995 cm) is also interesting as this suggests erosion into the lake of the surface or  
346 the edge of an acidic mire. From the stratigraphy there is a clear hiatus at between U2 and  
347 U3a (1089 cm), and two other potential hiatuses at 1178cm (in And11 but not And8), and  
348 possibly 995 cm (Fig. 3). The most parsimonious correlation based on the dates, LOI and the  
349 lithology is that the shorter core And-8 covers only part of U1-U3, while And-10 covers only  
350 U2 (Fig. 3). Unless otherwise stated, the results are coherent for the three cores.

351  
352 The 23 <sup>14</sup>C dates, which are all on identified plant macrofossils, range from ca. 8 cal. ka BP to  
353 26.7 cal. ka BP (Table 1). Several of the dates were acquired from small (<0.2 mg) samples,  
354 and some of these have stratigraphically inverted ages (too old: Poz-77610; or anomalously  
355 young: Poz-104684). Although the small sample quantities affected the date precision there is  
356 no correlation between date precision and age (correlation coefficient 0.35) suggesting age is  
357 not a causative factor. We constructed an age-depth model for And-11 *with and without*  
358 specifying the upper two hiatuses (the lowest hiatus had only one date below making  
359 modelling impossible)). When modelling the hiatus at 1089 cm depth in Bacon, 88% of the  
360 dates fell within the 95% range of the model, compared to 75% of the dates without the  
361 hiatus. The hiatus is estimated to cover the period ca. 17.2-16.2 cal. ka BP. Based on the  
362 combined dates of And-11 and And-8 the age interval of unit U2 can be estimated as ca. 23.2-

363 17.2 cal. ka BP. The addition of another hiatus at 995 cm was found not to improve or  
364 significantly alter the model. Thus, the model including a single hiatus at 1089 cm was  
365 preferred (Fig. 3). The modelled basal range and median were similar for the models, both  
366 with one hiatus (21,880-26,780, median 23,446 cal. ka BP) and without (21,828-26,732,  
367 median 23,366 yr BP). However, there are good reasons to assume that the basal date (Poz-  
368 77656, median 26.7 cal. ka BP) is accurate as it is in accordance with two bulk dates obtained  
369 by Alm (1993; T-8029A and T-8029B: 27,068-25,282 cal. yr BP and 26,069-25,541 cal. yr  
370 BP (at  $2\sigma$ )). Our date on moss suggests that, contrary to Vorren et al's (2015) opinion, Alm's  
371 pre-22.0 cal. ka BP dates cannot be dismissed just because they were bulk dates based on  
372 gyttja samples. This strongly suggests that a lake existed and the basin was (partially)  
373 deglaciaded in the later part of GS-3, from ca. 26.7 cal. ka BP; the oldest sediments, however,  
374 have been disturbed.

375

376 Below the stratigraphically identified and modelled hiatus at 1089 cm, we see a scatter of  
377 dates based on moss fragments. This may be related to local reworking. Local reworking  
378 would still require a local terrestrial source, which implies a lack of glacial cover somewhere  
379 in the basin at an early date. The scattered ages, basal bathymetry, sediment depths and  
380 stratigraphic disturbance could indicate that the basin was partially covered by glacial ice  
381 from the cirque above it or possibly a palsa during GS3-GS2 (27.5-17.2 cal. ka BP), both of  
382 which are possible given the location of the site adjacent to the postulated ice marginal limits  
383 (Vorren et al., 2015). However, on balance we accept the U1 and U2 dates as reflecting  
384 largely ice free conditions through the last of the Weichselian glacial expansions (MIS3-2) on  
385 three principal grounds:

386

387 1. All except three samples used both terrestrial fragments (mostly seeds) and mosses.  
388 The mosses dated were all terrestrial or *Warnstorfia fluitans* which although semi-  
389 aquatic (mires) is not submerged and takes up C from terrestrial respiration on acidic  
390 mires. Thus the mosses will not have a hard-water error and cannot have skewed the  
391 radiocarbon ages.

392

393 2. Due to the geology (entirely non-calcareous - amphibolites, hornblende and mica-  
394 gneisses) the lake is acidic and the high  $\delta^{13}\text{C}$  in the gyttja is not due to carbonate but  
395 due to micro-particulate guano (apatite and digestive derivatives/urea/lipids; see  
396 below) so the lake water would not have been high in calcium bicarbonate.

397

398 The dates agree with cosmogenic exposure dates, three of which are from the bird cliff (Store  
399 Ærasen), 270m from the edge of the lake. These are 37 ka BP, 37 Ka BP and 45 ka BP, and  
400 slightly further way (1.57 km) at Murdalen, 54 ka BP. Dates are also in line with the whole  
401 reconstruction of the Andøya -Skånland glacial transect by Nesje et al. (2007). Taken  
402 together, all these dates and the glacial reconstructions suggest that the north tip of Andøya  
403 was not ice-covered during the last glacial advance of the Weichselian.

404

405 Geochemical analyses (C, N,  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$  and XRF) were carried out on the And-11 core; LOI  
406 measurements were performed on all three cores. The most striking feature is the  
407 exceptionally high organic content in these MIS2 sediments from ca. 23.2 cal. ka BP onwards  
408 (Figs. 2 and 4). The geochemical analyses reveal four trends (Fig. 4). First, the organic  
409 content and associated elements (LOI, C%, N%, C/N,  $\delta^{13}\text{C}$ ,  $\delta^{15}\text{N}$ , S, Cl and Ca) reach high  
410 values in unit U2 and U3 (Fig. 4). Second, all values, with exception of C/N and  $\delta^{13}\text{C}$ , show a  
411 distinct drop in the lower half of U3, i.e., U3a: LOI 60-70%, Figs. 2, 4, and C ~50%, Fig. 4),  
412 but organic content values remain unusually high for MIS2 sediments. Third, S, Cl and Ca co-  
413 vary with the LOI and C%, with the exception of an increase in Ca in unit U5b and a  
414 contrasting trend in K, Ti and Fe. In U1 to U4, these elements are negatively correlated with  
415 the organic content, and they are interpreted as representing material eroded from the  
416 catchment. The fourth trend is in Si. This element is also negatively correlated with the  
417 organic content, but in contrast to K, Ti and Fe, it increases markedly in U5. This likely  
418 signifies erosion of base-depleted soils (Boyle, 2007). Low LOI, and high K, Ti and Fe in  
419 U3–U4, indicate mineral soil depletion, suggesting temperatures above 0°C, at least  
420 seasonally, and some soil formation and erosion.

421

422 The unusually high  $\delta^{13}\text{C}$  (-16 to -11) and  $\delta^{15}\text{N}$  (18 to 22) values in units U2 and U3b (Fig. 5)  
423 indicate that the organic material is derived from a high trophic level. It is well outside the  
424 normal values for temperate, boreal or arctic lakes (Gąsiorowski and Sienkiewicz, 2013;  
425 Osburn et al., 2019; Thompson et al., 2018). Almost certainly, much of organic material is  
426 derived from sea-bird faeces (guano) and associated algal production, a suggestion originally  
427 made by Alm (1993). The C/N ratio is interpreted as reflecting preservation of this organic  
428 matter with moderately high N, prior to the Late Glacial and early Holocene.

429

430 **4.3 Ancient DNA record**

431 From 74 samples we obtained in total 22,888,821 raw reads, of which 1,707,668 reads of 45  
432 sequences passed the initial filtering criteria of our pipeline (Supplementary Table S3). Two  
433 sequences matching *Vaccinium myrtillus/vitis-idaea* and three matching *Ranunculus reptans*  
434 were assumed homopolymer variants, and only the most frequent sequence was kept. Also  
435 two sequences matching pine (*Pinus*) were found. *Pinus1* was found in 19 samples (3.1% of  
436 the repeats of all samples) whereas *Pinus2* was only found in six PCR repeats at 894 cm depth  
437 in core And-11. The following taxa were found in negative controls after the filtering  
438 pipeline: spruce (*Picea*, one repeat in each of three negative controls from sampling and  
439 extraction), and one repeat of each of *Betula*, *Pinus1*, Poaceae and Brassicaceae. The  
440 frequency of PCR repeats of these taxa was lower in samples than in negative controls for  
441 *Picea* (0.83) and Brassicaceae (0.26), and these taxa were therefore excluded, whereas the  
442 frequency of *Pinus1* and *Betula* were 2.7 and 4.6 times higher in samples than in negative  
443 controls, respectively, and therefore kept in the dataset (Table S4). All 39 taxa, including  
444 negative controls, are presented in Supplementary Table S4, whereas the 37 assumed true  
445 positive taxa are included in Figs. 7-8. All taxa were found in core And-11. Cores And-8 and  
446 And-10 contained each eight taxa (Supplementary Table S4). The majority of the taxa were  
447 identified to a taxonomic level that allowed classification according to bioclimatic zones  
448 (Supplementary Table S5).

449

450 Taxonomic diversity was generally low in samples older than 12.7 cal. ka BP, with 0-5 taxa  
451 per sample, but it increased to 13-22 taxa in more recent samples. The highest read  
452 abundances were found for *Pinus*, *Ceratophyllum demersum*, *Myriophyllum alterniflorum*,  
453 Poaceae, and algae (*Nannochloropsis* spp.) (all > 90,000 reads). However, a more  
454 conservative estimate of DNA quantity is the number of PCR replicates, and here  
455 *Nannochloropsis gaditana* and *Nannochloropsis* sp. were by far the most dominant with 307  
456 and 301 replicates, respectively, compared to 41 of *Caltha palustris*, 40 *Myriophyllum*  
457 *alterniflorum*, 39 Poaceae, and 37 PCR replicates of *Betula*.

458

#### 459 **4.4 Pollen record**

460 In total, 60 pollen and spore types were identified in 19 samples (Supplementary Table S6).  
461 No pollen or spores were found in the basal diamicton; four samples in the basal zone (> 14.2  
462 cal. ka BP) were essentially barren with dry-land pollen sums <5. The three youngest samples  
463 yielded >100 grains of pollen and spores. All total dry-land pollen spore concentration values  
464 were below 4000 grains per cm<sup>-3</sup> except the two youngest, which had values of 8000 and

465 12,500 grains cm<sup>-3</sup>. Less than 5 taxa (including ferns and fern allies) occurred in the lower  
466 zone, but up to 29 taxa occur in samples in the youngest zone. Most frequent grains/spores  
467 were Pteropsida (monoete spores, total count 496), Poaceae (303), *Betula*-tree type (mainly  
468 in Holocene samples, 165), and *Gymnocarpium dryopteris* (also in Holocene samples, 120).  
469 The only consistent and relatively abundant pollen taxon prior to 14.2 cal. ka BP was  
470 Poaceae. There was a clear increase in taxon richness from oldest to youngest sediments,  
471 whereas except for the two youngest samples, there was no clear pattern in concentration  
472 (Supplementary Table S6). In total, 46 of the 60 pollen and spore types could be classified to  
473 bioclimatic zones (Supplementary Table S5, Supplementary Fig. S1).

474

#### 475 **4.5 Macrofossil record**

476 The 44 macrofossil samples included 503 records of 19 taxa/types of vascular plants,  
477 bryophytes, insect fragments, *Daphnia* ephippia and *Chara* oospores, with taxa mostly  
478 identified to species or genus level (raw counts in Supplementary Table S7). For the majority  
479 of samples, 0-3 taxa of vascular plants were found, with 4-6 taxa for the three youngest  
480 samples. Bryophytes were found in all samples (typically <50 fragments) and insect remains  
481 in most samples (typically >1000). Other abundant macrofossils were Poaceae (148 seeds),  
482 *Papaver* (110 seeds), and Brassicaceae (*Draba*-type; 15 seeds). There was a clear turnover in  
483 the macrofossil record from a dominance of *Papaver*, Poaceae and Brassicaceae to *Salix* and  
484 *Saxifraga* around 14.2 cal. ka BP, and subsequently to *Betula* and aquatics from 10.5 cal. ka  
485 BP onwards (Supplementary Fig. S2).

486

#### 487 **4.6 Combined vegetation zones**

488 The CONISS analyses suggested five periods for each of *sedadNA*, pollen and macrofossils,  
489 but zone boundaries differed in age/depth (Supplementary Fig. S3). The only boundary  
490 identified in all three proxies, and also in the lithology, was at ca. 1018 cm depth (14.2 cal. ka  
491 BP, range 13.9-14.6 cal. ka BP). This is close to what is generally seen as the end of GS-2.1a  
492 (14.7 cal. ka BP, (Rasmussen et al., 2014), so we use this as a major boundary. Zonation  
493 before 14.2 cal. BP is based on few taxa in each of the records and thus not robust. Therefore,  
494 we keep this as one zone. After 14.2 cal. ka BP, there is a step-wise zonation with first a  
495 boundary in macrofossils around 12.8, pollen at 10.8 and 10.6, and then *sedadNA* at 9.6 cal.  
496 ka BP (Fig. 7). Below, we discuss the two major zones and their minor zonation. Cores And-8  
497 and And-10 are both within zone 1.

498

499 **4.7 Zone 1: 24.0-14.2 cal. ka BP (1182-1018 cm)**

500 Taxon numbers per sample are low for all proxies (*sedaDNA* 1-4, pollen 1-4, and  
501 macrofossils 2-6; Fig. 8). Of taxa present, most frequent are Poaceae, *Papaver* and  
502 Brassicaceae. Poaceae is a consistent taxon in all three proxies with relatively high  
503 concentrations of pollen and macrofossils. *Papaver* is recorded mostly as macrofossils (Fig.  
504 7), occurring in all samples with up to 11 seeds per sample (Supplementary Table S7).  
505 Poaceae and *Papaver* are also present in And-8 and And-10 (Supplementary Tables S4).  
506 Brassicaceae (*Draba* type) occurs in ~50% of pollen and macrofossil samples, whereas the  
507 one *sedaDNA* record was filtered out (see above and Supplementary Table S4). While  
508 ubiquitous as macrofossils, *sedaDNA* of bryophytes were not found in this zone. This may be  
509 due to “swamping” of the *sedaDNA* by algae (*Nannochloropsis* sp., *N. gaditana*, and for one  
510 sample in And-8 also *N. granulata*).

511  
512 Other forbs present as *sedaDNA* are Apiaceae (most likely *Angelica archangelica*), found in  
513 all three cores (few PCR repeats) and *Potamogeton* cf. *grammineus/alpinus*. Also present as  
514 single records are *Aster* sect. *Aster* (pollen), *Potentilla* (pollen), and cf. *Alchemilla alpina*  
515 (macrofossil; Fig. 7, Supplementary Tables S4, S6, and S7). Of the woody taxa, *Pinus*  
516 *sedaDNA* occurs in three And-11 samples (Fig. 8) and in one and two samples in And-8 and  
517 And-10, respectively (Supplementary Table S4). It was also found as single grains in each of  
518 two pollen samples (Supplementary Table S6), but not the same ones as the *sedaDNA* (Fig.  
519 7). *Salix* occurs in a single *sedaDNA* sample (And-10, Supplementary Table S4) and as a  
520 single pollen grain (Fig. 8) but not as macrofossils (Supplementary Table S7). Other woody  
521 taxa recorded were *Betula*-tree type (single grain), *Quercus* (single grain in two samples), and  
522 *Sorbus* *sedaDNA* samples (one sample at about 14.4 cal. ka BP).

523  
524 Insect fragments occur in all except the lowermost samples, increasing in abundance from  
525 around 15.5 cal. ka BP. From ca. 15.0 cal. ka BP, *Daphnia* ephippia rapidly become abundant  
526 (Fig. 7). Although generally eurythermal, most *Daphnia* species require a minimum water  
527 temperature of 10°C (Clare, 2018). A bone attributed to little auk (*Alle alle*) was found at  
528 1178 cm in And-8 (ca. 22.2-21.0 cal. ka BP), and a similar bird bone was found at 1004 cm in  
529 And-10. The number of *Nannochloropsis* repeats drops between 16.2-15.2 cal. ka BP, which  
530 is also when the sediments show a drop in LOI, C and N isotopes (Fig. 5-6).

531

532



533 **4.10 Zone 2 *sed*aDNA, pollen and macrofossils 14.2-8.2 cal. ka BP (1018- 850 cm)**

534 *Pinus* is scattered in the *sed*aDNA and pollen records, sometimes present in the same samples  
535 (Fig. 8a). *Salix* macrofossils appear from around 14.2 cal. ka BP, followed by *Salix* pollen and  
536 *sed*aDNA (Fig. 8a). There are no samples analysed for pollen and macrofossils in the  
537 youngest sediments, but *Salix* remains frequent in the *sed*aDNA record. Poaceae is present as  
538 *sed*aDNA and pollen, but it almost disappears as a macrofossil (only single seeds in two  
539 samples after 14.2 cal. ka BP). *Papaver* and Brassicaceae (*Draba* type) almost disappear, but  
540 new forbs appear, e.g. *Artemisia*, *Oxyria*, *Ranunculus glacialis* (all as pollen), and *Saxifraga*  
541 spp. (pollen and macrofossils) (Fig. 8b). *Salix* was not identified to species, but given the  
542 other species in the assemblage, it likely represents dwarf shrubs such as *S. herbacea*, *S.*  
543 *polaris*, and/or *S. reticulata*. *Salix* is rare in bioclimatic zone A, the Polar Desert Zone  
544 (Walker et al., 2005), so conditions must have been warmer than that. Except for pine, no  
545 boreal species are recorded until 13.2 cal. ka BP, suggesting an arctic tundra until then.

546

547 From around 13.2 cal. ka BP, the pollen spectra include a few boreal forbs, such as *Rumex*  
548 and *Ranunculus acris*, and *Artemisia* is still present (common in low-arctic tundra but pollen  
549 potentially extra-regional, 1-4 grains per sample, Table S6) possibly suggesting an increase in  
550 temperature. In three samples dating to 12.9-12.7 cal. ka BP there is a short-lived appearance  
551 of several *sed*aDNA bryophyte taxa, reflected also in higher abundance of bryophyte  
552 macrofossils (Fig. 8c) and a bryophyte band in the lithology (U4b; Fig. 3). Just above that, in  
553 U4a, there is a mixture of cold-adapted species such as *Potentilla*, *Oxyria*, and *Saxifraga* and  
554 boreal species such as *Rumex*, *Chenopodium* and *Galium*.

555

556 Soon after, at around 12.0 cal. ka BP, Apiaceae re-appears along with new taxa that have  
557 distributions north to the Low Arctic Tundra Zone: *Thalictrum*, Caryophyllaceae (*Arenaria*  
558 type), *Betula nana* and *Gentianella*. These changes suggest a transition to Low Arctic Tundra  
559 Zone or Shrub Tundra Zone, although we note that dwarf shrubs do not appear until around  
560 11.5 cal. ka BP (scattered pollen) and are more common from 10.8 cal. ka BP.

561 *Nannochloropsis* taxa show a clear drop from 14.2 cal. ka BP, with only scattered occurrences  
562 subsequently, whereas *Chara* oospores occur in every macrofossil sample from 12.2 cal. ka  
563 BP upwards, suggesting increasing water temperatures and some leaching of minerals from  
564 the bedrock.

565

566 The onset of the Holocene (11.7 cal. ka BP, green line in Fig. 8) is not very pronounced in the  
567 record as only a few new taxa occur (e.g. *Valeriana*, *Sedum*, scattered ferns) and diversity is  
568 still low in all three proxies. The largest increase in number of taxa is at around 10.8-10.6 cal.  
569 ka BP with a sudden jump from around 20 to 28-29 taxa in the pollen record, from 3-4 to 13-  
570 18 taxa in the *sedaDNA* record, and from 1-2 to 5-6 taxa in the macrofossil record  
571 (Supplementary Table S4). *Betula* becomes common in all three proxies, with pollen  
572 attributed to *Betula* tree type and macrofossils identified as *B. pubescens*.. At the same time,  
573 *Filipendula ulmaria* appears in all three proxies, and ferns are abundant. The assemblage  
574 suggests a tall-herb birch forest. Aquatic floristic diversity increases with the appearance of  
575 *Caltha palustris*, *Isoetes*, *Menyanthes trifoliata*, *Myriophyllum alterniflorum*, *Potamogeton*  
576 spp., *Sparganium* and *Subularia aquatica* (Fig. 8c). *Pinus* is found scattered in both pollen  
577 and *sedaDNA*, with the highest concentration around 12.1 to 10.0 cal. ka BP (Fig. 8a). *Picea*  
578 is also found in a total of 7 of the 23 *sedaDNA* samples in the period after 14.2 cal. ka BP  
579 (Supplementary Table S4), but note that we suspect *Picea* to be false positives.

580

#### 581 **4.13 Synthesis of Andøya plant and animal record >14.7 cal. ka BP**

582 In total, 94 vascular plant taxa have been recorded from pollen (77 taxa), macrofossil (19) and  
583 aDNA (9) studies. A megafossil of *Betula pubescens* was recorded from nearby Stavadalen (ca.  
584 20.4 cal. ka BP, Kullman, 2006) (Supplementary Table S2, S8). The most abundant taxa, both  
585 in this and previous studies, are Poaceae, Brassicaceae and *Papaver*. Poaceae may potentially  
586 include *Bromus*, *Festuca*, *Phippsia algida* and *Puccinellia*. Brassicaceae may include *Braya*-  
587 type, *Cardamine nymannii*, *Cochlearia*, and *Draba*-type. Vorren (1978) notes that the pollen  
588 indicates two different taxa of *Papaver*, whereas Alm and Birks (1991) note that the variation  
589 within *Papaver* seeds falls within *P. radicum* s.lat. While over one third of recorded taxa  
590 have a northern limit in Shrub Tundra Zone (July temperatures 10-12°C) or more southern  
591 zones, the majority of these are found only as occasional pollen types that may derive from  
592 long-distance transport. A few of these, however, occur as macrofossils and/or in *sedaDNA*  
593 (Table 3, Supplementary Table S2) and are likely to have grown in-situ.

594

595 Further taxa identified during the LGM and early late glacial include caddisflies and  
596 chironomids (23.5 cal. ka BP, Øvre Æråsvatnet, (Solem and Alm, 1994), Nedre Ærsåvatn –  
597 mainly 16.9 cal. ka BP onwards (Alm and Willassen, 1993) and Endletvatn, 22-14.7 cal. ka  
598 BP (Elverland and Alm 2012), and the beetle *Diernerella filum* (ca. 18-17 and 15.5 cal. ka  
599 BP, Endletvatn, Elverland and Alm 2012). The records of taxa indicating warmer conditions

600 largely coincide with periods of higher pollen and macrofossil concentrations (Alm, 1993;  
601 Parducci et al., 2012a). The caddisfly *Apatania zonella* is a continental species with a  
602 distribution extending east of the LGM limit to the Urals (Fauna Europaea), although it could  
603 have survived the LGM at Andøya (Solem and Alm, 1994). *Dienerella* is cosmopolitan genus,  
604 with its current Norwegian distribution restricted to a few sites in the south and one in the  
605 north. It is associated with rotting wood and musty fruit bodies of soil fungi, but it is also  
606 found in arctic tundra (Elverland and Alm, 2012, <https://www.artsdatabanken.no/>).  
607 Furthermore, there are records of little auk dated ca. 20-15 cal. ka BP (Alm and Elverland,  
608 2012), eider duck (*Somateria* sp.) ca. 17.3 cal. ka BP (Vorren et al., 1988), and stoat (*Mustela*  
609 *erminea*) ca. 20.1-21.4 cal. ka BP (Endletvatn, (Fjellberg, 1978), re-dated by (Vorren et al.,  
610 2013).

611

612

## 613 **5. Discussion**

614

### 615 **5.1 The LGM and Glaciation of Andøya**

616 Our new date > 26 cal. ka BP strongly supports the interpretation that the northern tip of  
617 Andøya including Øvre Æråsvannet was ice-free from ca. 26 cal. ka BP. The earliest period of  
618 sedimentation, corresponding to the later part of GS-3, is disturbed, probably due to ice and  
619 the lake's location at the glacial margin. This finding aligns with three cosmogenic dates from  
620 the adjacent ridge, Store Æråsen (105 m a.s.l., 36-45 cal. ka BP, Nesje et al., 2007; Fig. 1).  
621 Vorren et al. (2013) cite the cosmogenic data; they argue that the possibility of non-erosive,  
622 cold-based glacial ice cannot be excluded. However, our new data indicate an open lake  
623 surrounded by vegetation with a nearby bird cliff. Vorren et al. (2013) also regard the earlier  
624 pre-20 cal. ka BP dates of Alm (1993) as possibly reflecting reworking. Given our new  
625 radiocarbon dates, seven of which pre-date 20 cal. ka BP and all of which are based on  
626 macrofossils, reworking also seems unlikely. The complex bathymetry combined with  
627 disturbance of the basal sediments in Øvre Æråsvatnet prior to 16 cal. ka BP suggest ice melt  
628 within the lake, as has been observed on the floor of glaciated lakes in southern Norway  
629 (Eilertsen et al., 2016) or paraglacial disturbance (Ballantyne, 2002). A very similar pattern of  
630 scattered early dates has been observed further north at Hammerfest (Birks et al. 2012). Our  
631 dates constrain the ice at the LGM on the northern tip of Andøya to a brief period after the  
632 Ålesund Interstadial (38-35 cal. ka BP; (Mangerud et al., 1981) to 26 cal. ka BP.

633 Alternatively, as suggested by (Mangerud, 2003), an unglaciated refugium that included  
634 Røyken and adjacent peaks on northern Andøya persisted throughout the last glacial cycle.  
635 This also has implications for the local glacial sequence. Either the outermost Egga I moraine  
636 is earlier than ca. 26 cal. ka BP, as originally argued by Vorren and Plassen (2002), or it  
637 represents a terminal moraine of a glacier in Andfjorden, the surface of which was just below  
638 Øvre Æråsvatnet. This is possible, as the Egga I moraine lies at -240 to -250 m b.s.l. and  
639 cannot be linked to an outer moraine further to the south, due to the presence of the Andøya  
640 canyon. However, it also follows that ice depositing Egga 2 cannot have covered the lake, and  
641 the only correlative moraines on the tip of Andøya (Kjølhaug, Endleten, and off shore Bleik)  
642 are all to the east and below Øvre Æråsvatnet (Fig. 1). It therefore appears that during the  
643 LGM, a very small area of Andøya, including Øvre Æråsvatnet, was an ice-free area bounded  
644 to the north by ocean (ice or water depending on season), to the east by the edge of the ice  
645 sheet, and protected to the south and west by mountains.

646

647 Given the finds in the Sunnmøre caves of little auk, other seabirds, fox and reindeer (Larsen et  
648 al., 1987), the data now available suggest that periodically an ice-free corridor existed along  
649 the outer islands of Norway, with most areas being overrun during the LGM after 26 cal. ka  
650 BP, except a small part of northern Andøya. In addition to the proximity of the continental  
651 shelf edge, our data suggest that a large sea bird population was present; this was possibly  
652 favoured by a local polynya, as has been suggested for an apparent MIS 2 ice-free area off  
653 Svalbard (van der Bilt and Lane, 2019).

654

## 655 **5.2 Does DNA of pine and spruce derive from locally growing trees?**

656 As in the study of nearby lake Endletvatn (Parducci et al., 2012b), we recorded DNA of pine  
657 and spruce. For the conifer DNA in Endletvatn, local growth was suggested, but alternative  
658 sources such as driftwood, reworked older material, DNA leaching, or a pollen origin were  
659 also discussed (Birks et al., 2012; Parducci et al., 2012a; Parducci et al., 2012b). Later studies  
660 indicate that DNA leaching is not a problem (Clarke et al., 2019; Sjögren et al., 2017). This is  
661 supported by the Øvre Æråsvatnet data, where virtually none of the many taxa observed in  
662 Holocene levels was recorded in samples older than 14.2 cal. ka BP (Fig. 8). Similarly, pollen  
663 is an unlikely source of chloroplast *sed*aDNA (Niemeyer et al., 2017; Parducci et al., 2017;  
664 Sjögren et al., 2017), but there is less empirical evidence showing this for gymnosperms,  
665 which have paternally inherited chloroplasts. As only a few pine pollen grains were found,  
666 and these occurred in *sed*aDNA samples in which no pine pollen was identified, pollen is not

667 a likely source of pine and spruce DNA. The likelihood of driftwood is low at Øvre  
668 Æråsvatnet, as it sits above the local marine limit. Furthermore, if driftwood were a source of  
669 *seda*DNA, we would expect to see a higher frequency of conifer DNA around 20.5 cal. ka BP,  
670 when the nearby Endletvatn was transgressed by sea for a short period (Vorren et al., 2013;  
671 Vorren et al., 1988). In line with previous interpretation (Alm, 1993), our new dates and  
672 palaeo-record do not indicate any signs of reworked material. Thus, of all the suggested  
673 sources, we think we can rule out driftwood, pollen, leaching and reworked material. This  
674 leaves contamination or local growth as explanations.

675

676 Previously, contamination was not thought to be a source of the *seda*DNA because the result  
677 had been repeated in two sediment cores and three independent laboratories (Parducci et al.,  
678 2012a; Parducci et al., 2012b). Methodology has advanced, and we have improved all parts of  
679 the methodology (extraction protocol, negative controls at all steps, running eight rather than  
680 one PCR, unique tagging to minimize tag jumps, sequencing, and bioinformatics).

681 Nevertheless, for low-frequency sequences, it is often impossible to distinguish between true  
682 and false positives (Alsos et al., 2018; Ficetola et al., 2015; Zinger et al., 2019). When  
683 comparing modern *seda*DNA with local vegetation, a trade-off exists between retaining the  
684 true positive (i.e., true, according to the vegetation surveys) and removal of the false positives.  
685 In a recent such study, strict cut-off levels that removed the majority of false positives also  
686 removed 33% of the true positives (Alsos et al., 2018).

687

688 For ancient DNA studies, the issue of true and false positives is more challenging as  
689 independent proxies are needed for their identification. In other studies, scattered *seda*DNA  
690 records have been confirmed by macrofossils, for example, *Arabis alpina* in Svalbard (Alsos  
691 et al., 2016). We tried authentication of ancient DNA via ancient damage patterns, but  
692 shotgun sequencing of two samples from Lake Øvre Æråsvatnet did not identify sufficient  
693 pine and spruce for ancient DNA damage pattern analysis (Lammers et al. 2020).

694

695 Pine and spruce DNA are especially challenging, as they, like common food plants, can  
696 potentially be part of background contamination, due to the presence of wood or paper labels  
697 where the reagents are produced (Boessenkool et al., 2014; Clarke et al., 2018). In our  
698 laboratory at Tromsø Museum, pine and spruce were detected in 1.62% (SD=1.08, range 0-  
699 2.50%) and 1.99% (SD=2.52, range 0-6.25), respectively, of the negative control PCR repeats  
700 (n=1360 PCR repeats of 170 negative control samples), for samples processed during the

701 same period as this study. Thus, the frequency of pine (3.3%) is marginally above the range of  
702 background contamination in our lab, whereas the frequency of spruce (3.1%) in the three  
703 Øvre Ærås vannet samples is within that range. It is possible that even low frequencies of  
704 conifer DNA may represent true positives. Recently identified *seda*DNA in samples from the  
705 Polar Urals (ca. 21.0 and 18.0 cal. ka BP; (Clarke et al., 2019) aligns with finds of two *Picea*  
706 *abies* stomata dated to ca. 20.4 and 18.8 cal. ka BP (Anne Bjune pers. comm. 2019).  
707 Nevertheless, as the pine and spruce DNA record of Øvre Æråsen were not confirmed by  
708 independent proxies, and as they are within or only marginally above the background  
709 contamination, we cannot conclude anything about local presence.

710

711 As for the spruce DNA record dated to 10.3-6.3 cal. ka BP at Lake Rundtjørna, about 700 km  
712 further south (Parducci et al., 2012b), no new samples have been analysed from that region.  
713 As that study was focused on sediments that were considerably younger and closer in age to  
714 finds of megafossils in that region, there is currently no strong reason to reject the Rundtjørna  
715 spruce record.

716

### 717 **5.3 The LGM and Late Glacial environment: a productivity hotspot?**

718 The stable  $\delta^{13}\text{C} / \delta^{15}\text{N}$  values from the lower units of And-11 (U2-U3b) are highly unusual for  
719 lake sediments and indicate a marine nutrient source and high trophic level. Little auk bones  
720 were found within the enriched sediments and also at Endletvatn (ca. 20-15 cal. ka BP,  
721 Elverland and Alm 2012), along with bones of eider duck (*Somateria* sp.) at ca. 17.3 cal. ka  
722 BP (Vorren et al., 1988). The presence of ground-nesting birds is further supported by the  
723 discovery of bones of stoat (*Mustela erminea*) at Endletvatn in the interval 20.1-21.4 cal. ka  
724 BP (Fjellberg, 1978, re-dated by Vorren et al., 2013). Profundal sediments from high-arctic  
725 lakes in NW Greenland affected by marine-derived nutrients from little auk colonies show a  
726 10-fold increase in  $\delta^{15}\text{N}$  values over other sites ( $\delta^{15}\text{N} 20.7 \pm 2.4$  SD), together with values for  
727 aquatic moss of  $17.3 \pm 5.8$  and benthic algae of  $17.9 \pm 8.8$  (González-Bergonzoni et al.,  
728 2017); these are similar to the  $\delta^{15}\text{N}$  values of unit U2 (23.2-17.2 cal. ka BP.) and unit U3b  
729 (15.1-14.2 cal. ka BP) at Øvre Ærås vatnet. The Andøya data strongly suggest presence of a  
730 substantial sea-bird colony, and it is likely the lake and its surroundings were heavily  
731 manured. Furthermore, the bryophyte *Syntrichia ruralis* prefers alkaline substrates and high  
732 nitrogen (Vorren et al., 2013, <http://www.arcticatlas.org>). It has been estimated that marine-  
733 derived nutrients from little auk colonies underpin more than 85% of terrestrial and aquatic  
734 biomass in affected areas (González-Bergonzoni et al., 2017). Such an increase in nutrient

735 input would also greatly increase primary production, which fits with the unusually high  
736 organic content of the sediments for LGM and the dominance of the algae *Nannochloropsis* in  
737 the *sedaDNA* record.

738

739 Our *sedaDNA*, pollen and macrofossil record for the period 24-14.2 cal. ka BP is relatively  
740 species-poor and dominated by very few taxa (Poaceae, Brassicaceae, and *Papaver*). Neither  
741 fossil pollen assemblages nor modern plant communities provide close analogues. The  
742 modern Arctic vegetation unit B1 (cryptogam-herb barren) of the Circumpolar Arctic  
743 vegetation map (Walker et al., 2005) is most similar, but fossil pollen, *sedaDNA* and  
744 macrofossil records from the northernmost bioclimatic zones show a diversity in the flora  
745 rather than dominance by these three taxa (e.g. (Alsos et al., 2016; Bennike, 1999; Bennike  
746 and Hedenäs, 1995; Birks, 1991; Hyvärinen, 1970). In our records, the high abundance of  
747 *Papaver* probably reflects a lack of competition (Modin, 2016) combined with the availability  
748 of favourable habitats, such as screes and gravel bed channels. In the modern Arctic, high  
749 values of Brassicaceae pollen are found in association with bird-manured soils (Rozema et al.,  
750 2006; van der Knaap, 1988). Given convincing evidence of a bird colony, bird-manured  
751 arctic vegetation, combined with disturbed ground habitats in other parts of the catchment,  
752 maybe the best descriptor to the LGM vegetation on Andøya.

753

754 The four phases of warmer temperature that have been observed in previous studies (Table 3,  
755 (Alm, 1993; Alm and Birks, 1991; Elverland and Alm, 2012; Vorren et al., 2013; Vorren et  
756 al., 1988), are not pronounced in the current record (Fig. 7). The lack of signal may relate to  
757 the unusual situation of the lake. The high percentages of algal *sedaDNA* likely masked DNA  
758 of terrestrial taxa, as has been inferred from modern studies (Alsos et al., 2018). Pollen  
759 abundance in many LGM records was so low that extended counting would have yielded little  
760 information; pollen is extremely diluted by the high lacustrine productivity, and this problem  
761 applies to macrofossil counts also.

762

763 If we assume that the DNA records of *Picea* and *Pinus* are due to contamination and that  
764 pollen of *Betula* and *Quercus* is exotic, the only thermophilic species prior to 16 cal. ka BP in  
765 the current record is Apiaceae. The sequence has 100% match to several species of *Angelica*  
766 and *Heracleum*, as well as *Conioselinum tataricum* and *Podistera macounii*. Based on current  
767 biogeography and northern limits of these taxa, the sequence most likely represents *Angelica*  
768 *archangelica*, a species that can reach high abundances along bird cliffs today (Grønlie, 1948)

769 and that has its current northernmost limit in the Low Arctic Tundra (8-9°C July temperature)  
770 where it is frequent (Elven et al., 2011). The occurrence of Apiaceae is within the Andøya  
771 thermomer 2 (22–20 cal. ka BP; Table 3), concurrent with the Endletvatn *seada*DNA record  
772 (Parducci et al., 2012b), and within the period of high nitrogen and carbon isotope values  
773 (Figs. 4-5). This interval provides the strongest evidence of climate amelioration: the  
774 occurrence of several macrofossils with thermal limit at around 8°C (Elverland and Alm,  
775 2012; Kullman, 2006; Vorren, 1978) plus *Urtica dioica*, which is rare in the Shrub Tundra  
776 (10-12°C) and common in the Boreal Zone (Elven et al., 2011; Parducci et al., 2012b).

777

778 A few more thermophilic taxa occur in our record from 15.8-14.2 cal. ka BP. We note that  
779 these are species that are either common beneath bird cliffs (e.g. *Alchemilla alpina*, *Angelica*  
780 *archangelica*) and/or easily dispersed by birds (*Potamogeton*, *Sorbus aucuparia*). They occur  
781 in lithological unit U3b, which is rich in nitrogen and carbon (Figs. 4-5). Both *Sorbus*  
782 *aucuparia* and *Potamogeton* are common north to the boreal zone (>12°C) and have scattered  
783 occurrence in Shrub Tundra (10-12°C). For this period, Vorren (1978) inferred an oceanic  
784 climate with a temperature above 10° based on macrofossils of *Sphagnum papillosum* and  
785 pollen of Apiaceae and cf. *Melampyrium*, an observation he later disregarded as likely  
786 contamination or reworked material (Vorren et al., 2013). A cold period ca 16.6-17.5 cal. ka  
787 BP, in which Vorren et al. (2013) recorded high frequencies of the arctic/alpine bryophyte  
788 *Aulacomnium turgidum*, falls within the hiatus in our core. Our core may therefore not cover  
789 the coldest period. However, the earlier record of Apiaceae pollen (Vorren, 1978) was  
790 confirmed by our Apiaceae *seada*DNA. Overall, our data and review of previous records  
791 strongly suggest at least shorter periods with July temperatures up to 10°C.

792

793 High nutrient input from birds may compensate for low temperatures (González-Bergonzoni  
794 et al., 2017). In addition, the southeast-facing slope of Store Æråsen, which is the closest  
795 likely site for such a bird cliff (Fig. 2), could have provided favourable microclimate, as  
796 south-facing slopes maximize sun exposure in the Arctic (Armbruster et al., 2007). Many bird  
797 cliffs in the Arctic today are south-facing, highly productive environments with rare species  
798 (svalbardflora.no). In addition, birds may also facilitate long-distance dispersal (Alsos et al.,  
799 2015). Thus, the combination of south-facing slope, nutrient input, and bird dispersal may  
800 have facilitated the presence of unusual (azonal) plant assemblages and allowed plants to  
801 grow beyond their normal temperature limit.

802



803 *Picea* and *Pinus* are currently scattered and rare, respectively, in Shrub Tundra (10-12°C)  
804 (Elven et al., 2011). *Picea abies* has been reported to survive and occasionally even to  
805 produce viable seeds at mean July-August temperatures down to 5°C (Kullman, 2002) and  
806 seeds of both *Pinus sylvestris* and *Picea abies* germinate, and may even have increased  
807 seedling survival, above the current treeline (Bougnounou et al., 2018). Recent studies have  
808 shown that nutrient availability interacts with temperature to enhance *Picea glauca* growth at  
809 the treeline in Alaska (Sullivan, 2016) and at a micro-scale to favour germination (Sullivan  
810 and Sveinbjörnsson, 2010). Thus, nutrient-rich, south-facing slopes, cliffs providing wind  
811 protection, and enhanced summer degree-day sums related to local topography, could have  
812 been relatively favourable localities for tree establishment and growth, at least during the  
813 warmest phases of LGM. Therefore, the environmental conditions based on all available  
814 evidence do not exclude local growth of *Picea* and *Pinus*, at least during short warm phases,  
815 whereas *in situ* survival during the entire LGM seems unlikely (except potentially as seeds in  
816 frozen ground).

817

#### 818 **5.4 Enrichment of the flora from 14.2 cal. ka BP**

819 A change in flora around 14.2 cal. ka BP, with an increase in taxa as e.g. *Oxyria*, has also  
820 been observed in records from the neighbouring lakes (Vorren, 1978; Vorren et al., 1988; Alm  
821 and Birks 1991) and is associated with a change from high arctic to middle or low arctic  
822 condition (Alm 1993 and references therein).

823

824 We observed only a minor change at the onset of the Holocene (11.7 cal. ka BP), whereas the  
825 flora indicate major warming from 10.8-10.6. While Øvre Æråsen and neighbouring lakes  
826 have been intensively studied for the Full and Late Glacial period, they barely include the  
827 Holocene and sample sizes/age-depth models are poor for the transition period. Also, the  
828 nearby lake Lusvatn to the south has contaminated sediments at the transition to Holocene  
829 (Aarnes et al., 2012; Birks et al., 2014), so it is difficult to make detailed comparison.  
830 Nevertheless, the chemostratigraphic data of lake Endletvatnet indicate that the major  
831 transition was at 10.5 cal. ka BP (Vorren and Alm, 1999), corresponding to our transition for  
832 U5a to U5b at 10.6 cal. ka BP. Also, available records indicate a transition to birch forest with  
833 tall forbs and ferns (Vorren 1978; Alm 1993; Birks et al., 2014). The *sedDNA* record is  
834 especially rich in aquatic macrophytes and spore plants, including taxa not recorded in  
835 previous pollen or macrofossil records. Moreover, while some taxa appear at about the same  
836 time in all proxies e.g. *Filipendula* and *Potamogeton*, we note that they suggest slightly

837 different first arrival time for some key taxa such as *Salix*, *Betula* and *Vaccinium*,  
838 emphasising the advantage of using several proxies for past species distribution.

839

## 840 **5.5 Glacial survival of plant taxa on Andøya**

841 The presence of a *Papaver* seed in the lowermost sampled diamicton (ca. 26.7 cal. ka BP)  
842 indicates that *Papaver* may have survived the last glaciation *in situ*, supporting the conclusion  
843 of Alm and Birks (1991) for *Papaver radicum*. This is a genetically diverse genus, and the  
844 existence of a separate genetic group of *P. radicum* in northern Norway (Solstad, 2009) also  
845 supports the glacial survival hypothesis (Brochmann et al., 2003). That hardy taxa such as  
846 *Papaver* could have persisted through both cold and warmer phases of the last glacial period  
847 on Andøya is not particularly controversial. Other arctic or low arctic species may have  
848 survived dormant as seeds or other propagules frozen in the ground, which is also a form of  
849 survival. The scattered record of more thermophilous plant species both in this and in  
850 previous records, may indicate short-term presence, which seems more likely now that we  
851 understand the high nutrient conditions supplied by the bird cliff.

852

853

## 854 **6. Conclusions**

855 New records from three cores in Øvre Æråsvatnet confirm that northern Andøya was ice-free  
856 from at least 23.4 cal. ka BP and probably earlier (26.7 cal. ka BP), as previously suggested  
857 by Alm (1993). Local conditions were ideal for populations of cliff-nesting seabirds. This is  
858 reflected in the Øvre Æråsvatnet stratigraphy and most clearly in stable isotope values, along  
859 with further discoveries of auk bones. The presence of thermophilous taxa in *seda*DNA and  
860 macrofossils indicate at least short periods of Low Arctic Tundra conditions (July mean up to  
861 8-9°C) and possibly Shrub Tundra conditions (July mean 10-12°C) in the period 24-14.2 cal.  
862 ka BP. We did record *Pinus* and *Picea* DNA, but the frequency was so low that it could not be  
863 distinguished from background contamination. Several recorded species have climate limits  
864 similar to those of *Pinus* and *Picea*. Based on this, and the local high-nutrient input, we  
865 conclude that environmental conditions, at least temporarily, would not exclude growth of  
866 pine and spruce, but we can provide no firm evidence for this. It is clear that in northern  
867 Andøya a combination of proximity to warm oceanic water, coastal nunataks and a sea-bird  
868 colony produced an environmental ‘hotspot’ and micro-refugia, at the edge of the Eurasian  
869 Ice sheet. This hotspot is unlikely to have been unique. While such environmental analogues

870 do not occur today near the edge of ice sheets, these conditions may be realized in the near  
871 future with rapid ice-sheet retreat, ecological range changes and human-aided plant dispersal.

872

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881

### 882 **Author contributions**

883 IGA, MEE and TA planned and designed the research; IGA, AP, LG and PS carried out the  
884 coring; JB and WGMB did the bathymetry; LG, IGA, MKFM and PS performed the  
885 *sedaDNA* analysis; YL performed the bioinformatics analyses; AP and CTL performed the  
886 pollen analysis; PS performed the macrofossil analysis; PS, ML, and AGB performed the  
887 geochemical analyses; TG performed the AMS dating; IGA and AGB did the age-depth  
888 modelling; IGA, PS and TA carried out the review; IGA, AGB and PS organized the data and  
889 wrote the manuscript with input from all co-authors.

890

### 891 **Conflict of Interest**

892 Ludovic Gielly is one of the co-inventors of patents related to g-h primers and the subsequent  
893 use of the P6 loop of the chloroplast *trnL* (UAA) intron for plant identification using degraded  
894 template DNA. These patents only restrict commercial applications and have no impact on the  
895 use of this locus by academic researchers

896

### 897 **Data availability**

898 Raw DNA reads are uploaded at Dryad (doi:10.5061/dryad.zw3r2285q). The data obtained  
899 after filtering and taxonomic assignment are available in Supplementary Table S4.

900

901

### 902 **Figures**

903 **Fig. 1. A:** Map of northern Eurasia with LGM ice limits (white line) and trough-mouth fans  
904 (brown fields) after Hughes et al. (2016). The location of Andøya is highlighted with a red  
905 star. **B:** The northern part of the island Andøya with surrounding region (modified from  
906 norgeskart.no). Glacial stages discussed in the text are highlighted by stippled and dashed  
907 lines. **C:** Close-up of Lake Øvre Æråsvatnet and the surrounding lakes, as well as local  
908 moraines and coastal landforms discussed in the text. Numbers mark previous investigations:  
909 1) Alm, 1993; 2) Vorren et al., 1988; Alm and Birks, 1991; 3) Vorren, 1978; Vorren and Alm,  
910 1999; Alm and Elverland, 2012; Elverland, 2012; Elverland and Alm, 2012; Parducci et al.,  
911 2012b; Vorren et al., 2013; Vorren and Alm 1999.

912  
913 **Fig. 2.** Bathymetry and sediment thickness map of Lake Øvre Æråsvatnet showing also the  
914 test cores (And5-7, And9) and sediment cores (And-8, and-10 and And11).

915  
916 **Fig. 3.** Correlations between core And-11 (main core) and the shorter cores, And-8 and And-  
917 10. The alignment is based on lithological correlation and LOI. The dates given are median  
918 cal. years BP.

919  
920 **Fig. 4.** Age-depth model for core And-11 from Øvre Æråsvatnet, Andøya, Norway. The  
921 calibrated  $^{14}\text{C}$  age ranges are shown in blue. The red lines show the statistically best model  
922 based on average of the mean, and the stippled lines show the 95% confidence interval. The  
923 horizontal stippled line shows hiatus at 1089 cm depth.

924  
925 **Fig. 5.** Sediment properties of the core And-11 from Øvre Æråsvatnet, Andøya, Norway.  
926 Lithostratigraphic units U1-U5 are marked. The data are shown on a depth scale, with the age  
927 shown for unit boundaries. Selected elements of XRF analyses are shown as a ratio with Ti  
928 except Ti which is shown as ratio to the sum of all elements. Values above the mean are  
929 shown in black. The dates given are median cal. ka BP.

930  
931 **Fig. 6.** A bi-plot of stable isotopes of nitrogen  $\delta^{15}\text{N}$  and carbon  $\delta^{13}\text{C}$  in core And-11, Øvre  
932 Æråsvatnet, Andøya, Norway. The lithological units U1-U5 are marked. Note that the age of  
933 the units spans the period 24 cal. ka BP (U1) to 8 cal. ka BP (U5). Stippled line indicate age  
934 from oldest (U1) to youngest (U6) sediments.

935  
936

937 **Fig. 7.** Ancient sediment DNA (*sedaDNA*), pollen and macrofossils recorded in core And-11  
938 from Øvre Æråsvatnet (Andøya, Norway) from 23.5 cal. ka BP to 14.2 cal. ka BP. *SedaDNA*  
939 data are presented as proportion out of 8 PCR repeats, macrofossils as seeds per 50 cm<sup>-3</sup> and  
940 pollen and spores as grains per cm<sup>3</sup>. Note that the x-axes are scaled according to occurrence  
941 within each taxa and proxy; *sedaDNA* data are all scaled to 1. Colour codes are according to  
942 northernmost bioclimatic subzone where the taxa is frequent (see methods). The stippled lines  
943 shows lithological units (see Fig. 3).

944

945 **Fig. 8.** Ancient sediment DNA (*sedaDNA*), pollen and macrofossils recorded in core And-11  
946 from Øvre Æråsvatnet (Andøya, Norway) from 16 cal. ka BP to 8 cal. ka BP. *SedaDNA* data  
947 are presented as proportion out of 8 PCR repeats, macrofossils as seeds per 50 cm<sup>-3</sup> and pollen  
948 and spores as grains per cm<sup>3</sup>. Note that the x-axes are scaled according to occurrence within  
949 each taxa and proxy; *sedaDNA* data are all scaled to 1. Colour codes indicate northernmost  
950 bioclimatic subzone where the taxa is frequent (see methods). The stippled lines shows  
951 lithological units (see Fig. 3). Note that the youngest pollen and macrofossil counts were  
952 10570 and 9540 cal. ka BP, respectively. a) Trees, shrubs, dwarf shrubs and graminoids, b)  
953 forbs, and c) bryophytes, club mosses, horsetails, ferns, aquatic, algae, and others.

954

### 955 **Supplementary Figures**

956 **Fig. S1.** Pollen diagram for And-11. Taxa only occurring in the top two samples are not  
957 included to improve readability. Pollen sum and pollen concentrations refers to total dry land  
958 pollen and spore sum and concentration per cm<sup>3</sup>, respectively.

959

960 **Fig. S2.** Macrofossil diagram for And-11. Macrofossils are given as concentration if not  
961 otherwise noted. Macrofossil of leaf fragments of *Salix* and *Betula* which are given as  
962 presence/absence. Insects, *Daphnia*, *Chara* and bryophytes are given as 1=few (1-50  
963 fragments), 2=common (50-1000 fragments) and 3=abundant (>1000 fragments).

964

965 **Fig. S3.** Correlation between lithological units (Figs. 3 and 4) and zones in *sedaDNA*, pollen  
966 and macrofossils according to CONISS analyses. Note that especially for the period 23.5-14.2  
967 cal. ka BP, there are few proxy counts and therefore the ordination is not robust. The number  
968 of samples analysed in each zone are given in brackets and main taxa for each proxy and  
969 period are indicated.

970



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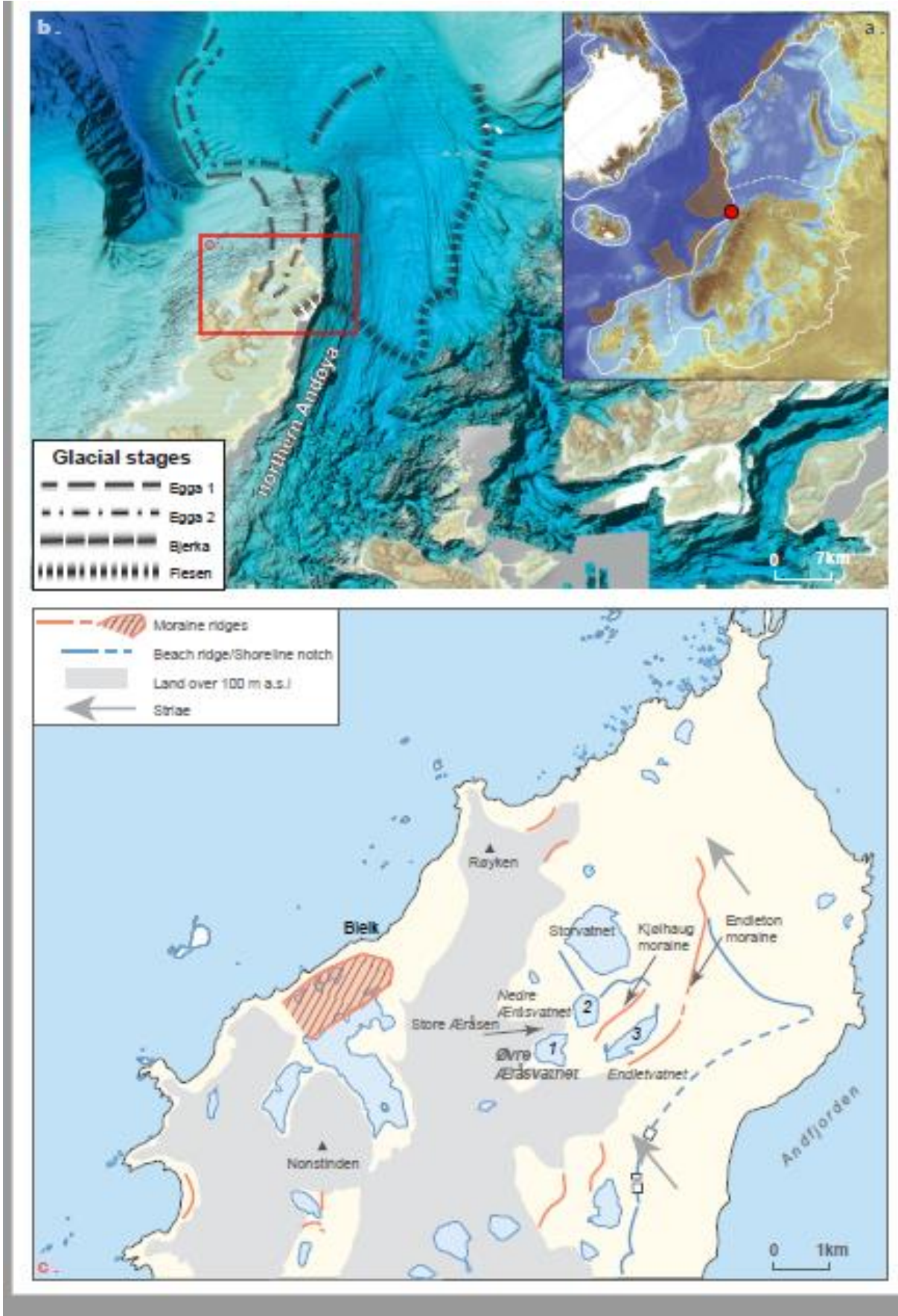
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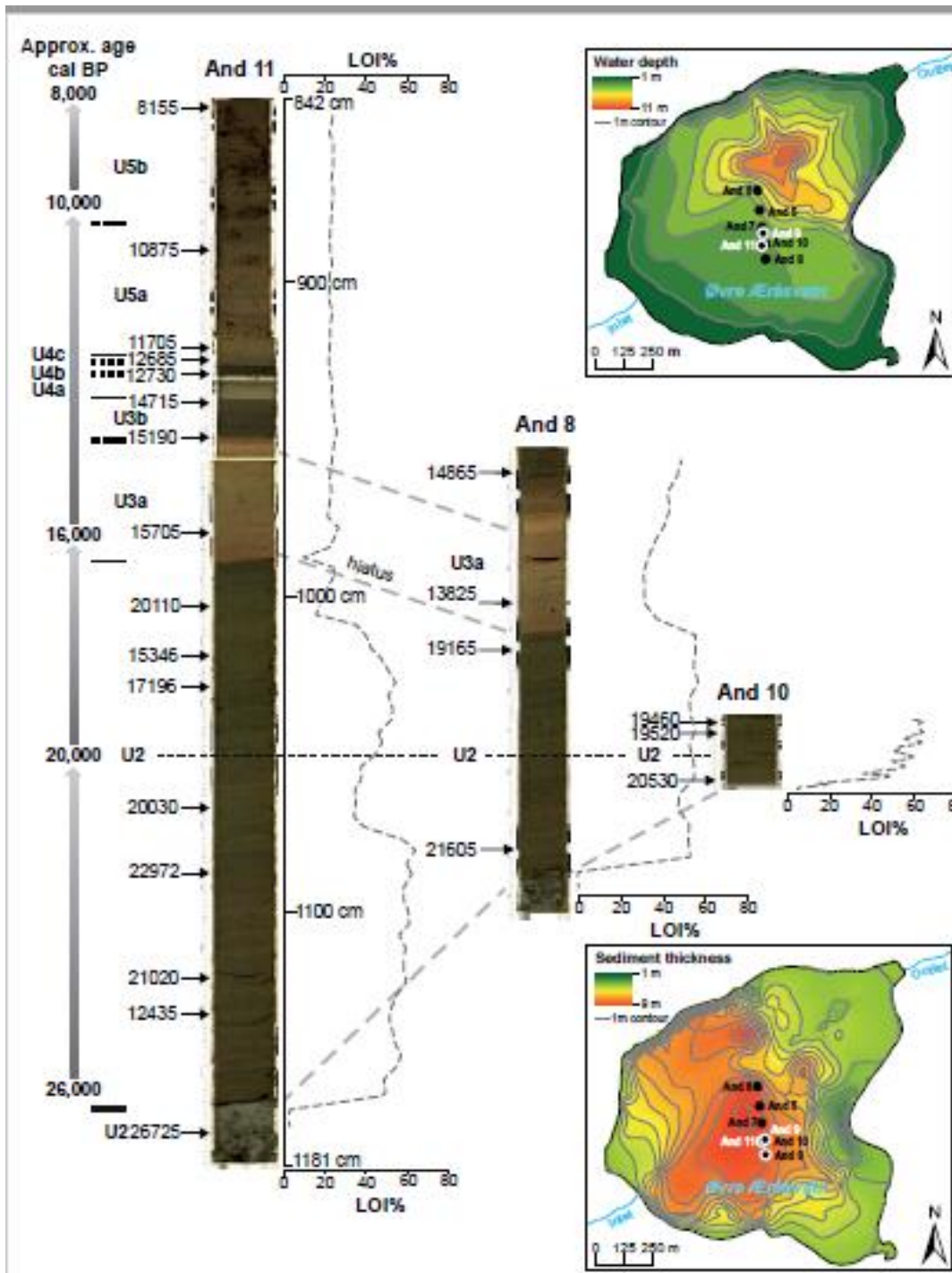
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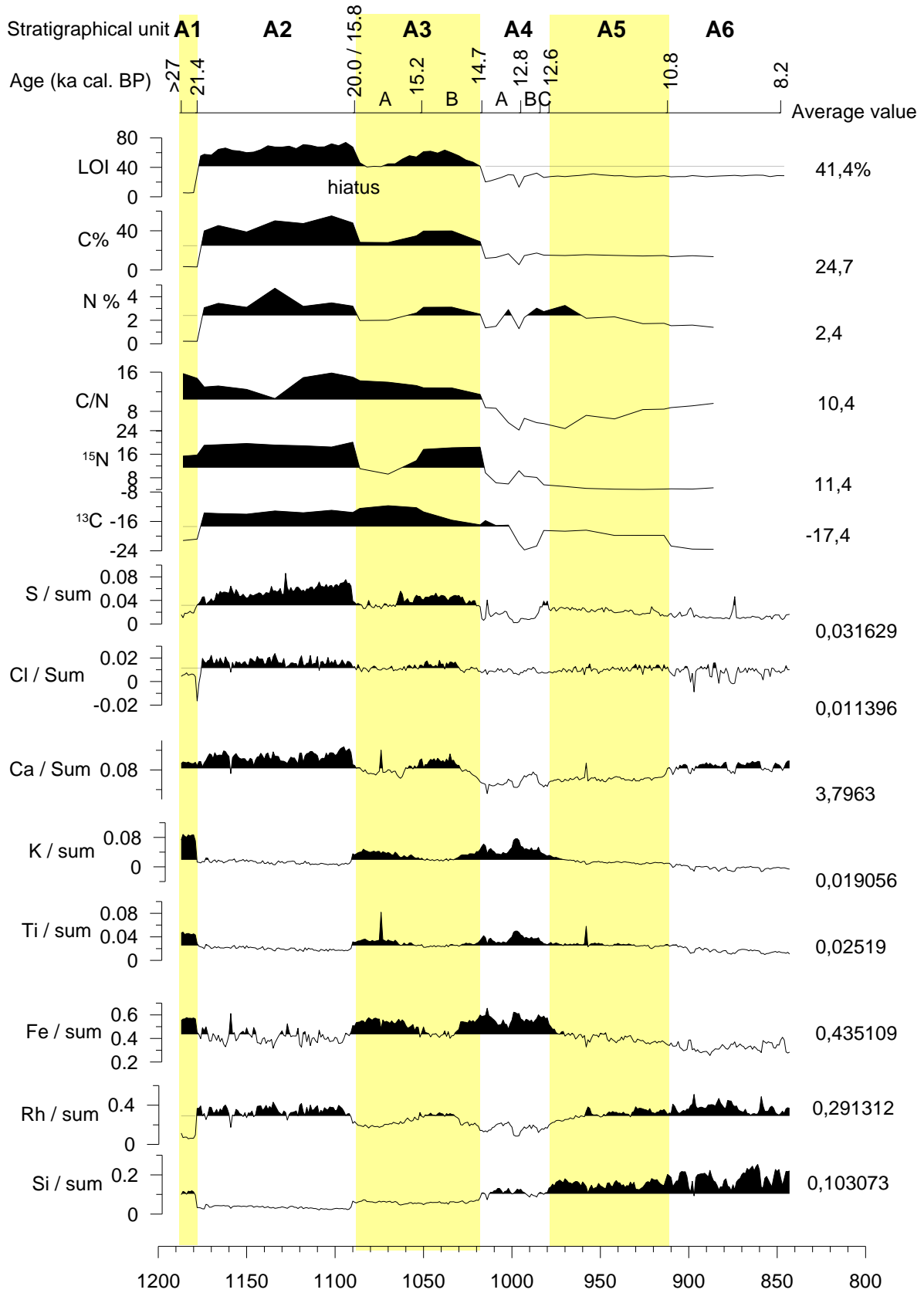






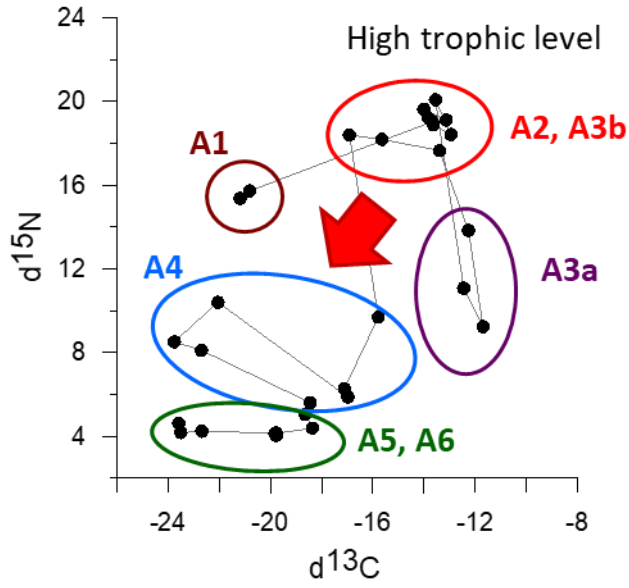
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# And 11 Geoproxies





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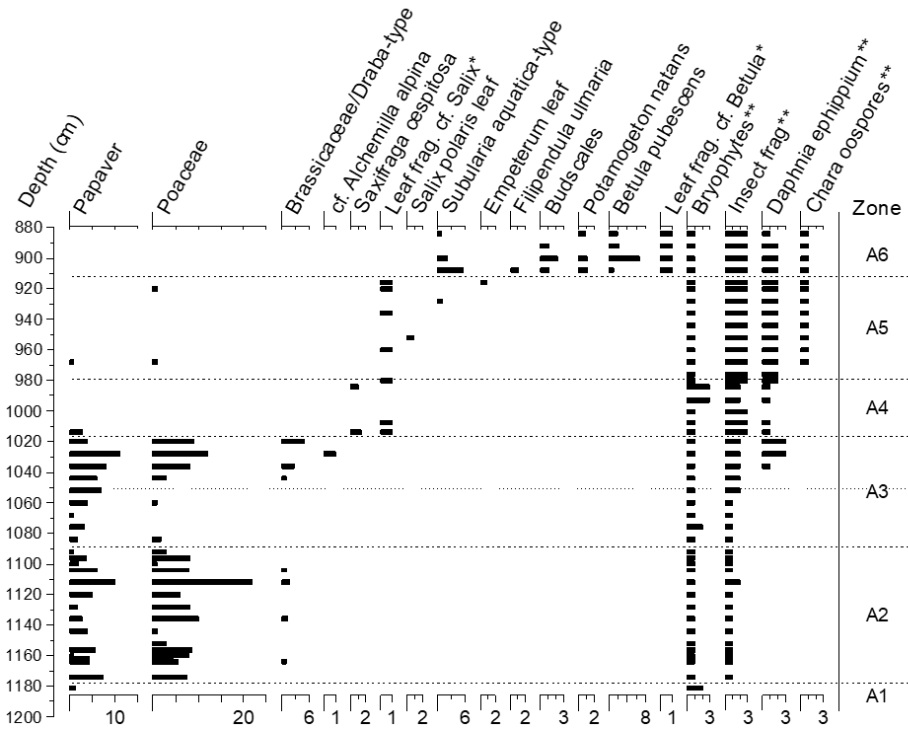
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Øvre Æråsvatnet, Andøya, Norway

Macrofossil concentration diagram (seeds / 50 cc)

Analyst: Per Sjøgren, 2016



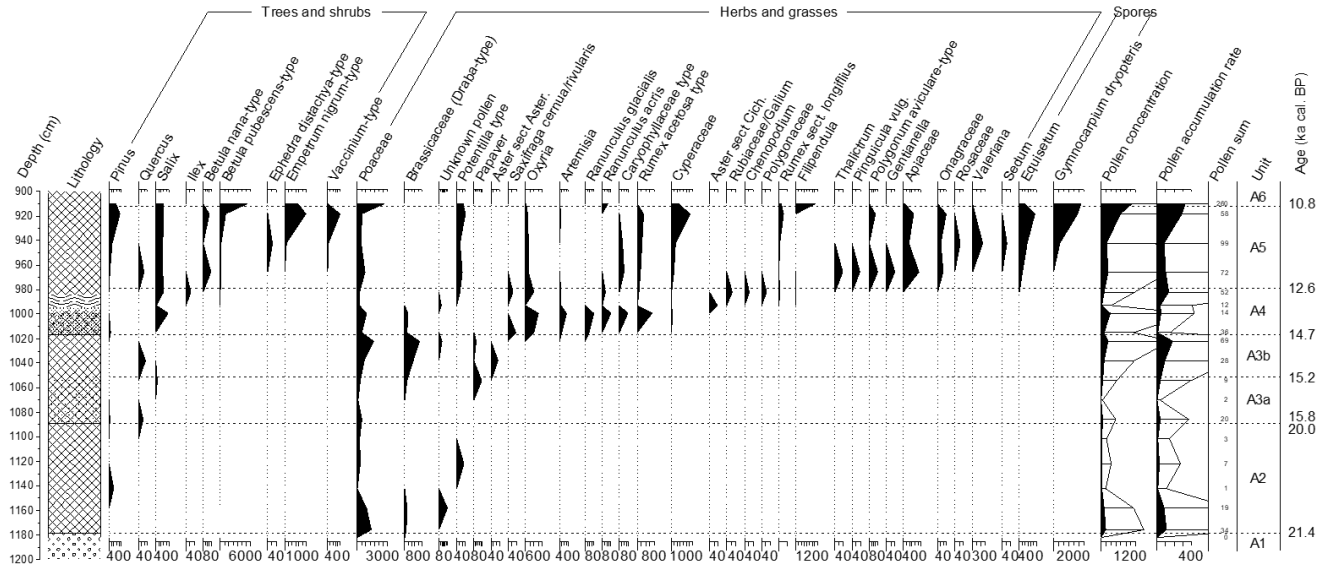
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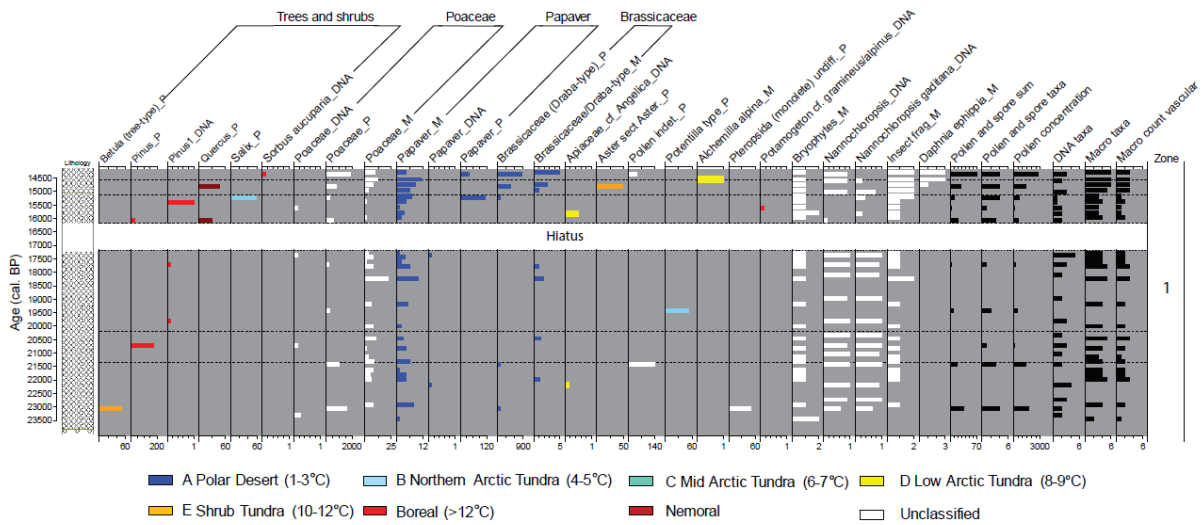
Øvre Æråsvatnet, Andøya, Norway

Pollen concentration diagram (grains / cc)  
Taxa only occurring in top two samples not included



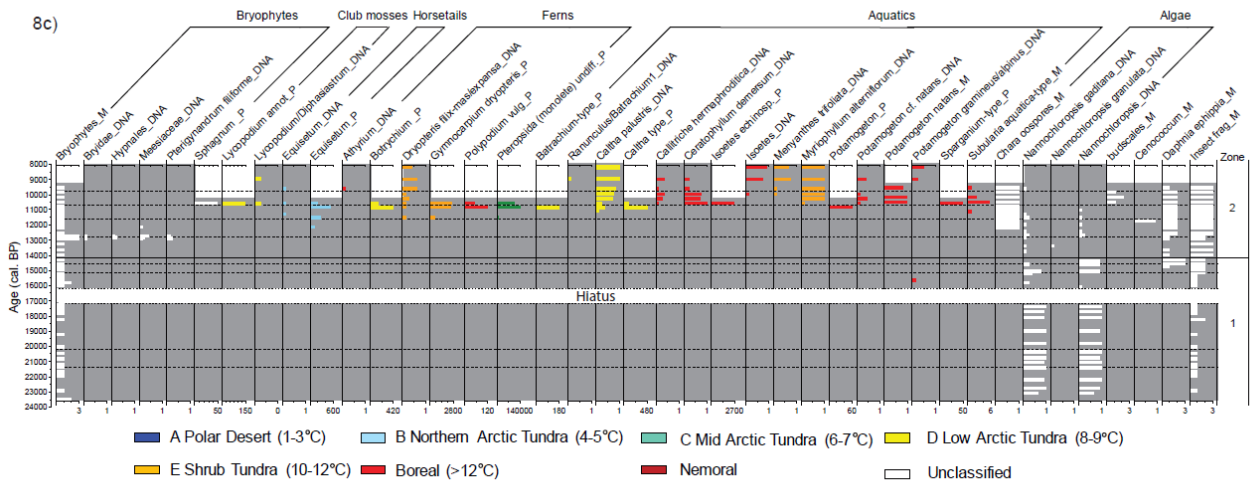
Analysts: Aage Paus, Catherine Langdon

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