

Supplementary Table 1. Composition of intervention oils

		Fish Oil	Corn Oil
Saturated fatty acids (g)	16:00	0.04	0.11
	18:00	0.04	0.02
	<b>Total SFA</b>	<b>0.08</b>	<b>0.12</b>
Monounsaturated (g)	16:1n-7	0.01	0.00
	18:1n-7	0.03	0.01
	<b>Total n-7</b>	<b>0.04</b>	<b>0.01</b>
	18:1n-9	0.08	0.27
	20:1n-9	0.02	0.00
	<b>Total n-9</b>	<b>0.10</b>	<b>0.27</b>
	<b>Total MUFA</b>	<b>0.14</b>	<b>0.28</b>
Polyunsaturated (g)	18:2n-6	0.01	0.55
	20:4n-6	0.02	0.00
	<b>Total n-6 PUFA</b>	<b>0.03</b>	<b>0.55</b>
	18:3n-3	0.02	0.01
	20:4n-3	0.02	0.00
	20:5n-3	0.36	0.00
	22:5n-3	0.05	0.00
	22:6n-3	0.26	0.00
	<b>Total n-3 PUFA</b>	<b>0.71</b>	<b>0.00</b>
	<b>Total PUFA</b>	<b>0.77</b>	<b>0.56</b>
<b>Total FA</b>	<b>0.98</b>	<b>0.98</b>	

g of fatty / g of oil