**Table 2**. Baseline participants’ characteristics by social isolation.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Non-isolated | | | Isolated\* | | |  |
|  | **N** | **Mean** | **SD** | **N** | **Mean** | **SD** | **p-value** |
| Age (yrs) | 217 | 75.5 | 2.6 | 152 | 75.8 | 2.5 | 0.289 |
| Prudent diet score | 216 | 0.33 | 1.57 | 152 | -0.12 | 1.45 | 0.005 |
| Height (cm) | 215 | 166.2 | 9.0 | 150 | 165.7 | 10.2 | 0.631 |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **N** | **Median** | **IQR** | **N** | **Median** | **IQR** | **p-value** |
| Weight (kg) | 217 | 77.1 | 69.1 - 87.5 | 151 | 76.3 | 67.7 - 85.4 | 0.543 |
| BMI (kg/m2) | 215 | 28.1 | 25.6 - 30.6 | 150 | 27.3 | 24.5 - 31.0 | 0.549 |
| Activity time in last 2 weeks (min/day) | 206 | 189 | 132 - 268 | 141 | 197 | 111 - 286 | 0.778 |
| Daily dietary calcium intake (mg)1 | 217 | 1170 | 1003 - 1350 | 152 | 1147 | 925 - 1361 | 0.324 |
| Alcohol consumption (units/week) | 217 | 3.1 | 0.3 - 9.0 | 152 | 1.4 | 0.1 - 7.7 | 0.094 |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **Total N** | **N** | **%** | **Total N** | **N** | **%** | **p-value** |
| Sex | 217 |  |  | 152 |  |  | 0.641 |
| Male |  | 111 | 51.2 |  | 74 | 48.7 |  |
| Female |  | 106 | 48.8 |  | 78 | 51.3 |  |
|  |  |  |  |  |  |  |  |
| Smoker status | 217 |  |  | 152 |  |  | 0.980 |
| Never |  | 112 | 51.6 |  | 80 | 52.6 |  |
| Ex |  | 98 | 45.2 |  | 67 | 44.1 |  |
| Current |  | 7 | 3.2 |  | 5 | 3.3 |  |
|  |  |  |  |  |  |  |  |
| Social class1 | 212 |  |  | 148 |  |  | 0.962 |
| I-IIINM |  | 94 | 44.3 |  | 66 | 44.6 |  |
| IIIM-V |  | 118 | 55.7 |  | 82 | 55.4 |  |

\* Social isolation defined as LSNS-6 score <12 or ≤ the median of the MSPP scores

1 Data obtained from the first pass of the HCS study (1998)