Editors' Note and Special Communication: Research Priorities in Child and Adolescent Mental Health Emerging From the COVID-19 Pandemic

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Over the last year, the coronavirus disease 2019 (COVID-19) pandemic has resulted in profound disruptions across the globe, with school closures, social isolation, job loss, illness, and death affecting the lives of children and families in myriad ways. In an Editor's Note in our June 2020 issue,¹ our senior editorial team described this *Journal's* role in advancing knowledge in child and adolescent mental health during the pandemic and outlined areas we identified as important for science and practice in our field. Since then, the *Journal* has published articles on the impacts of the pandemic on child and adolescent mental health and service systems,²⁻⁵ which are available in a special collection accessible through the Journal's website.⁶ Alongside many opinion papers, the pace of publication of empirical research in this area is rapidly expanding, covering important issues such as increased frequency of mental health symptoms among children and adolescents^{3,5,7-10} and changes in patterns of clinical service utilization such as emergency department visits.¹¹⁻¹⁴

As the Senior Editors prepared that *Editors' Note*, they were acutely aware that the priorities they identified were broad and generated by only a small group of scientists and clinicians. Although this had the advantage of enabling us to get this information out to readers quickly, we decided that a more systematic approach to developing recommendations for research priorities would be of greater long-term value. We were particularly influenced by the efforts of the partnership between the UK Academy of Medical Scientists and a UK mental health research charity (MQ: Transforming Mental Health) to detail COVID-19-related research priorities for "Mental Health Science" that was published online by Holmes *et al.* in The *Lancet Psychiatry* in April 2020.¹⁵ Consistent with its focus on mental health research across the lifespan, several recommendations highlighted child development and children's mental health. However, a more detailed assessment of research priorities related to child and adolescent mental health was beyond the scope of that paper. Furthermore, the publication of that position paper preceded the death of George Floyd at the hands of Minneapolis police on May 25, 2020, which re-energized efforts to acknowledge and address racism and healthcare disparities in the United States and many other countries.

To build upon the *JAACAP* Editors' Note¹ and the work of Holmes *et al.*,¹⁵ we conducted an international survey of professionals - practitioners and researchers - working on child and adolescent development and pediatric mental health to identify concerns about the impact of the pandemic on

children, adolescents, and their families, what is helping families navigate these impacts, and the specific research topics that are of greatest importance.

METHOD

Between June 30 and July 26, 2020, participants were recruited through outreach to professional societies, including the American Academy of Child and Adolescent Psychiatry, Royal Australian and New Zealand College of Psychiatry, and social media groups of child development and mental health professionals (eg, The International Association for Child and Adolescent Psychiatry and Allied Professions) across the world to complete a brief online survey. Three open-ended questions covered domains comparable to the community survey included in Holmes *et al.*'s position paper:¹⁵ 1) what are you most concerned about in terms of the impacts of the COVID-19 pandemic on health, child development, families, and child and adolescent mental health?; 2) what do you think has been most helpful to children, adolescents, and families during the course of the pandemic?; and 3) what are the top 3 research questions you believe we need to address regarding the pandemic and the mental health of children, adolescents, and their families? The survey also included demographic questions such as age group, gender identity, race, ethnicity, and area of residence. The full survey is included in Supplement 1, available online.. This study was determined to be exempt from human subjects regulations by the Colorado Multiple Institutional Review Board.

Responses to the open-ended questions were analyzed using two methods. First, we used a commonly-utilized natural language analysis technique, latent Dirichlet allocation based topic modeling¹⁶ to identify the most common themes for each of the 3 open-ended questions. For the question focused on research priorities, this unsupervised machine learning approach complemented the labor-intensive approach of verifying the most common concerns of our respondents, described below. For each open-ended question, *perplexity*, a traditional statistic for evaluating topic models, informed the choice of a number of topics, D. Lower values of perplexity represent a better fit when comparing two values of D. The *topics* are latent themes that the model estimates best explain all responses to a question. Only topics with a large representation across all responses are reported. For each question, topics are assigned a probability value. This is the likelihood that the topic is represented in responses relative to other topics over the entire response set to a question. All probability values for topics sum to 1, so a probability value for a topic is only meaningful in comparison to all the other topics in the set. For reference, many topics have a probability value near zero (eg, median values ~.01). Topic modeling was done in MATLAB¹⁷ version R2020b using standard procedures in the Text Analytics Toolbox. Code is posted at joelStod/COVIDIda (github.com).

Second, for the open-ended question on research priorities, we identified 7 *a priori* domains of research (measurement; genetics and epigenetics; biomarkers; neuroscience; prevention, treatment, and service delivery; social determinants of health; epidemiology). For each of these 7 domains, two or more authors conducted a thematic analysis of the open-ended responses to identify specific topics within each domain of research.¹⁸⁻²⁰ Authors independently coded 50 responses at a time which they then compared and discussed, building a codebook for each research domain and addressing coding discrepancies. During this coding process, social determinants of health were combined with epidemiology research domain because of the substantial overlap of identified themes. Biomarkers,

genetics, epigenetics, and neuroscience areas were similarly combined. Once agreement was established between coders, the remaining responses were divided across authors, again working in groups of two or more to assure continued discussion and agreement on codes, and coding was completed. There were no responses directly related to measurement.

For both the natural language and thematic analyses, individual participant responses could contribute to more than one topic and/or theme. Findings from both analytic approaches are summarized below and include illustrative quotes from survey participants.

RESULTS

Six hundred and eighty-one participants provided answers to at least one of the 3 open-ended questions. Their characteristics are summarized in Table 1. The majority of participants were between 25-50 years old (54%), female (59%), resided in the United States (69%) and in urban areas (54%), and reported they were completing the survey from the perspective of a mental health care provider (68%). Participant race and ethnicity were queried as open-ended questions given the international scope of the survey. The majority of participants chose not to respond to the question (65%). Among those who responded, the majority were White (59%).

[Table 1 About Here]

Table 2 summarizes the results of the natural language analyses for the open-ended questions regarding greatest concerns for children, adolescents, and families, and what has been most helpful for them, respectively. Word clouds for each of these topic areas are reported in Figures S1 and S2, available online. As reflected in the high \mathbb{C} 's, we expected and discovered high diversity of themes. For the question regarding greatest concerns, \mathbb{D} =100, with the 5 most probable topics representing 23% of the topic probability and the remaining 77% of topic probability distributed over 95 topics. For the question two regarding what has been most helpful, \mathbb{D} =50, with the 5 most probable topics also accounting for 23% of the topic probability and the remaining 77% of topic probability distributed over 45 topics.

[Table 2 About Here]

What are you most concerned about in terms of the impacts of the COVID-19 pandemic on health, child development, families, and child and adolescent mental health? - Natural Language Analysis

The leading topic was concerns about *increased stress in families* with a topic probability of 5.8% (Quote [Q] 1A: *The effect on the economy, leading to stress in families, leading to worsening child mental health;* Q1B: *For families, the lack of childcare is disproportionately impacting women, who are unable to work, and leading to increased financial and emotional stress within the home;* Q1C: *The impact of parents' increased stress - this pandemic has stretched everyone's reserve of resilience, energy and motivation. As parent stress increases, children and youth are increasingly stressed*). This was followed by concerns about the *effects of the pandemic on children* (topic probability of 5.2%; Q1D: *My*

major concern is the further deterioration of children and families in rural areas which are pathetically under-served by C&A Psychiatrists. Included in this group is foster children and adolescents. Many of these children do not have enough nutritious food, basic medical care, or resources for in-home schooling. The devastation to them and their families is very clear; I have significant concerns about children and adolescents with special needs being unable to succeed academically using online schooling; Q1E: Impact of quarantine and ACES [adverse childhood experiences] for children and developmental outcomes), concerns about **increased rates of abuse and domestic violence** (topic probability of 5.1%; Q1F: More reports of child abuse/domestic violence; Increased exposure to domestic violence due to lockdown) concerns about the **impact of the pandemic on child development, especially social development**, (topic probability of 4.5%; Q1G: The long-term psychological, social, and academic impacts remote and reduced in-person learning will have on child development; Q1H: The impact of social isolation on peer relationships/social development), and **impacts on child and adolescent mental health** (topic probability of 2.8%; Q1I: The increase in anxiety that the COVID-19 pandemic has caused which has exacerbated the mental health issues of those already suffering and created new symptoms in those that have not had mental illness).

What do you think has been most helpful to children, adolescents, and families during the course of the pandemic? - Natural Language Analysis

The most commonly endorsed topic was *material support for families* with a topic probability of 5.7% (Q2A: Direct financial support to parents. Direct food aid to families who need assistance; Q2B: Government unemployment assistance, school food programs; emotional and financial support for families). This was followed by **parents and children learning more about each other** (topic probability of 5.4%; Q2C: more personal time with parents, parents learning more about what their children are learning; more time at home with parents and siblings. Parents are getting to see their children in new light - their strengths and wecknesses in the context of completing school work. Similarly children are getting to see their parents work, which was the case for human history during agricultural period, and this can increase bidirectional understanding), access to health care (topic probability of 4.6%; Q2D: Reliable access to appropriate services in education, health - including mental health, and social care; Q2E: ability to access MH [mental health] care through telemedicine), flexibility to spend time with family (topic probability of 4.1%; Q2F: Increased time at home for families {eg, caretakers working from home}; When parental employment has been flexible enough to allow parents to be away from work and either facilitate remote learning or just be with their kids, without panic over making ends meet. Too rare, though!), and more quality time for children and their families (topic probability of 3.6%; Q2G: Families who are solid have spent more time together. But families who were struggling do not always benefit from more together time).

Research Priorities - What are the top 3 research questions you believe we need to address regarding the pandemic and the mental health of children, adolescents, and their families?

Thematic Analyses

Results of the thematic analyses are summarized here, with illustrative quotes, and are reported in Table 3. The most common research priorities were related to epidemiology and social determinants of health, with 80% of participants describing at least one such theme followed by research related to prevention, treatment, and service system response (59%) and research related to biomarkers and neuroscience (30%).

[Table 3 About Here]

Epidemiology and Social Determinants of Health. Priorities in this area of research grouped into the following major areas: 1) exposures during the pandemic that might affect children, 2) effects of the pandemic on children and their outcomes, and 3) risk modifiers (both social determinants of health and resilience).

The most common exposure-related themes included the *closure of schools and virtual/online schooling* (17% of participants; Q3A: 1) *Impact of isolation on social/emotional development? 2) Impact of virtual schooling in cognitive development in younger children?, 3) Effect of schools being closed on depression and anxiety?*), *social isolation* (16% of participants; Q3B: *How has social isolation impacted children and do the effects differ based on socioeconomic factors?, The impact of social isolation on normal developmental milestones ie, toddlers, school age, middle school/high school age and college age young adults*), and the *effects of the pandem c on relationships within families* (12% of participants; Q3C: *What symptoms are most likely occur in children and youth in relation to the level of caretaker and family stress during this epidemic?, Have family attachments improved due to being shut down together?*).

Priorities related to the *effects of the COVID-19 pandemic on child and adolescent mental health* were the most common outcome-related themes (53% of participants; Q3D: Determining rates of depression, anxiety and PTSD across different SE and ethnic groups. Clarifying steps that best correlate with resilience and (+) outcomes—ie, returning to school, government \$ support?). Other outcomerelated themes included effects on child development, including social emotional development (13% of participants; Q3E: impact on normal development, especially socialization?, How does isolation impact their social development?), learning and academic achievement (13% of participants; Q3F: how much educational ground do kids lose from online schooling?, Is the education loss recovered in the following school year or will we face lower scores and abilities?), and effects on social skills and damage to peer relationships (9% of participants; Q3G: To what extent has isolation related to the pandemic negatively impacted social and academic skills?).

The most priorities related to risk modification highlighted *social determinants of health for children and adolescents who had mental health problems prior to the pandemic* (19% of participants; Q3H: *impact of COVID on symptom levels among youth with pre-existing mental health conditions?, Impact of loss of schedule/routine on children with ASD/IDD - rates of hospitalization, respite care use, medication changes?*). Statements related to **other social determinants of health such as discrimination and minoritized groups** were less common (5% and 3%, Q3I: *experience of Black children and adolescents with the double stressor of the pandemic and George Floyd's murder*). Thirteen percent of participants included a focus on *resilience, both of the child and the family* (13% of participants; Q3J: *What makes some at-risk children resilient to the impacts of the pandemic, but not others?*).

Prevention, Treatment, and Service Systems. Priorities in this area grouped into two major areas: service system surveillance and interventions to improve services during the pandemic.

In terms of service system surveillance, the most common themes related to *access to clinical services in an equitable manner* (24% of participants; Q4A: *Effectiveness of virtual assessment and intervention with emphasis on those who do not benefit, considering equity, diversity and inclusion factors*) and *outcomes of clinical care during the pandemic* (14% of participants; Q4B: *Looking at providing telehealth on a broad scale to compare to care as usual prior to the pandemic. With less regulation and oversight, how did our profession do at taking good care of children/adolescents?*).

The most common priorities regarding interventions focused on prevention and community interventions (31% of participants), including strategies to increase coping, wellness, and resilience (11%; Q4C: What are concrete ways to increase resiliency in children and adolescents?), strategies to mitigate the effects of the pandemic and societal responses on children (7%; Q4D: What strategies can be effectively used to mitigate some of the traumatizing nature of learning about the pandemic in the home?), and efforts to prioritize service for vulnerable populations (6%; Q4E: What to prioritize - how to comprehensively organize care for vulnerable families incl aspects that affect overall ability to deal w adverse events - how to adapt to virtual care / make accessible for all?). Responses of 10% of participants focused on interventions to and for schools (15% of responses), including interventions to support the education of children with mental health problems (5%; Q4F: How to get remote learning right for kids with ADHD and/or ASD?). Clinical and service system research priorities (20% of participants) most commonly focused on providing effective assessment and treatment services via telemental health (13%; Q4G: To test new ways of delivering care, digital care). Other themes included interventions for specific clinical issues such as obsessive-compulsive disorder (5%) and interventions to the service system to improve the equity of access to and quality of mental health care (6%; Q4H: Ways child psychiatrists can reach underserved minority families during a pandemic. How can we improve access to mental health support to all--these are more accessible to affluent people at this time?).

Biomarkers and Neuroscience. Thirty percent of participants identified priorities related to biomarkers and neuroscience in their responses. The most common theme was related to concerns regarding the *effect of the pandemic on child and adolescent cognition and cognitive development* (21% of participants; Q5A: *What impact does a global pandemic or other global event/crisis have [on] a child's neurological development?*; Q5B: *The effect of the solitary use of computer-based learning on achievement and brain development, including the development of oral language skills/social communication {pragmatics, etc.}, auditory skills {field/ground, etc.}*) and the *direct impact of the SARS-Cov-2 virus on the brain* (7% of participants; Q5C: *What are the long term inflammatory, neurological, and psychological effects on children who have been infected with the virus, if any?*).

Natural Language Analysis

Table 2 and Figure S3, available online, summarizes the results of the natural language analyses for the open-ended question regarding COVID-19 pandemic-related research priorities. As with questions 1 and 2, we expected and discovered high diversity of themes (2=150). Despite the diversity of

respondents and our prompt to offer 3 recommendations, there was a remarkable convergence of topics. For example, the top 10 most probable topics represented 25% of topic probability (with the remaining 75% probability distributed over 140 topics). The findings supported the thematic analyses, as indicated by the most probable 10 topics displayed in Table 2. Finally, we used each illustrative quote provided above to query the model for topics that were most represented by that quote. The findings of this crosswalk are summarized in Table S1, available online. Quotes matched well with topics identified in this analysis.

DISCUSSION

The responses of participants of this survey, conducted in June and July of 2020 and to our knowledge the first large-scale survey of this type, appear prescient as the pandemic has continued to affect children, adolescents, and their families. Although the scholarly literature is still developing, media across the globe continue to document the ways societies have responded to the pandemic to reduce the spread of COVID-19 and how the related morbidity and mortality have affected children and their families.^{4,5,9,10,21-24} Participants in the present survey emphasized the importance of documenting these effects through research as well as developing and testing interventions to reduce them. Many of the research questions raised by participants, such as the longitudinal effects of the pandemic on vulnerable populations, as well as adjustments to preventive and clinical services, will require ongoing surveillance. The full scope of the developmental and mental health effects of the COVID-19 pandemic will be an important area of research for many years.

The most frequently described research priorities are consistent with participants' concerns regarding the impact of the pandemic as well as what they identified as most helpful to families and is summarized in Figure 1. Given the rationale for the survey and the background of the participants, it is not surprising that the effects of the COVID-19 pandemic on the mental health of children and adolescents was a research priority described by a majority of participants (53%) and was one of the 5 most common topics from participant responses regarding the impacts of the pandemic. Similarly, preventive and community interventions, service access, and equity were the most commonly endorsed services and treatment priorities (31% and 24%, respectively) and material support for families and access to health care were among the 5 most common topics regarding what was proving helpful for children and families. Finally, the impacts of the pandemic on cognitive development was the most common biomarker and neuroscience research priority (21%), which was captured by 2 of the 5 most commonly endorsed topics regarding the impacts of the pandemic, specifically impacts on children and impacts on social development.

[Figure 1 About Here]

For thematic analysis, the topics that included biomarkers, genetics, epigenetics, and neuroscience domains were combined for the purpose of analysis, and responses related to these topics were relatively rare. In particular, there were no responses that directly mentioned genetics or epigenetics, though genetics and epigenetics could potentially be included in research studies of biomarkers and neuroscience, and topics outside of the biomarkers and neuroscience category (social determinants of health, risk and resilience factors, various aspects of mental health) could potentially be influenced by genetics, epigenetics and gene-environment interplay.

While respondents did not directly raise questions regarding research methods and measures, their responses do have implications for the conduct of research regarding the mental health effects of the COVID-19 pandemic on children and adolescents. First, we need reliable and valid measures that are able to capture the unique challenges that the COVID-19 pandemic has created, such as stress, social isolation, and trauma, as well as the mental health effects of the virus itself on infected children.

The research questions raised by survey participants span a wide variety of important topics, including adherence to public health recommendations, reactions to public health measures, rationale for individual/family behavior, effects of uncertainty around the pandemic itself (eg, when it will end, what behaviors and situations raise the risk of infection, whether the gains of in-person education outweigh the risks of exposure to others infected with COVID-19), the effects of the political environment during the pandemic, and the effects of the pandemic on child/adolescent worldview. Developing new research in these areas will necessitate the development of measures that capture these novel aspects of the pandemic and its effects. In areas where baseline and ongoing measures have already been and continue to be collected, it will be important to scrutinize the ability to capture the experiences of children and families during the pandemic, including social isolation, child development, family cohesion, unemployment, financial stressors, and resilience. Identification and analysis of the effects of the COVID-19 pandemic on vulnerable populations, including children from minoritized groups, who live in poverty, have existing mental health problems, or experienced loss of special education services, will also need careful scrutiny.

In addition, because the pandemic reduces contact between children and mandated reporters of child abuse, new methods are needed to detect incidents of abuse and neglect. Finally, although research examining the delivery of child and adolescent telemental health includes well-established procedures,²⁵⁻²⁷ some aspects of service delivery, such as telemental health directly into homes, are not well studied and likely require the development of new methods and measures. In sum, studies that assess the psychometric properties of these much-needed measures are foundational for ongoing and future COVID-19-focused research.

This survey and these analyses have a number of limitations. The participants predominantly resided in the United States in urban and suburban areas, even though 31% resided in other countries and 9% in rural areas. This survey focused on recruiting participants in the mental health professions. A survey that captures the perspectives of children and families is also warranted. Although almost two-thirds of participants did not report their race/ethnicity, among those that did the majority (59%) were White. Only 43 participants identified as Asian, 23 participants identified as Hispanic, 10 as Black, 7 as Multiracial, 3 as Indigenous, 1 as Arab, making it highly likely that we did not capture the perspectives of our Black, Indigenous, and People of Color (BIPOC) colleagues during a time of increased awareness of COVID-19 specific racial disparities, increased racial tensions, civil unrest, and enhanced global awareness of systemic racism. The heterogeneity of the open-ended responses created challenges for both the natural language analysis and the thematic analyses. For the topic modeling, the dataset of 681 participants was relatively small, specifically fitting to brief responses representing a diverse set of topics. This is particularly the case for the item querying research preferences, which prompted 3 ideas per response. In contrast, for the thematic analyses, the dataset was relatively large, making the

development of a codebook representative of the diverse themes raised by participants particularly challenging. Furthermore, *JAACAP*'s June-July 2020 survey preceded the COVID-19 vaccine development and approval of multiple vaccines beginning in December 2020. As the pandemic unfolds and hopefully subsides, vaccine distribution and equity issues and the uncertainty of when and how to return to more in-person activities will affect the mental health of youth and their families. Finally, the survey did not address the effect of the pandemic on research itself, and the challenges in conducting research that is rigorous, reliable, and valid while trying to capture new phenomena and limiting the risk to participants and research staff.

As we write this almost a year after the WHO declared the COVID-19 outbreak a global pandemic, we, as members of the Editorial Board of *JAACAP*, renew our commitment to maintain our high editorial standards, such that the articles we publish regarding this pandemic *are well designed*, *carefully conducted*, *and properly interpreted and*... [*are*] *situated within and expand the existing knowledge base*.²⁸ We hope this survey helps guide the ongoing investigation and analyses of the events that have - and will - change the developmental trajectory and mental health of many children and adolescents, and support our work to provide the extraordinary prevention and treatment they need and deserve.

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	Hispanic			3.4%
	Multiracial			1.0%
	Arab			0.1%
	Not provided			64.9%
Region of Residence				
-	North America			73.9%
		United		
		States		69.0%
			Midwest	12.9%
			South	9.7%
			South West	4.1%
			Intermountain West	2.2%
			West Coast	12.2%
			East Coast	27.5%
			Alaska, Puerto Rico, Hawaii	0.4%
		Canada		3.4%
		Mexico		1.3%
		Central		0.40/
	-	America		0.1%
	Europe		Fratras	10.3%
			Eastern	0.3%
			Northern	1.0%
			Southern	2.5%
			Western (including UK)	5.7%
	Australasia, New Zealand, Indonesia			8.1%
	Asia			3.8%
	South America			2.9%
	Africa			1.0%
	Middle East			0.7%
Urban-Rural)			
	Urban			53.6%
	Suburban			36.0%
	Rural			8.7%
When Completing Survey				
	Mental health care provider			67.7%
	A researcher focused on child mental			
	illness			10.3%
	Health care provider			9.0%
	A leader in an organization/foundation			2.6%
	A member of the public with in interest			2.0% 1.8%
	A member of the public with in interest			1.070

	in child mental health	
	A person with a family member with a mental illness	0.9%
	A person involved in child education	0.9%
	A parent of a child with a mental illness A decision maker for an organization/foundation involved in funding for research focused on child	0.9%
	mental health	0.4%
	A person involved in political decision making	0.4%
	A person with lived experience of mental illness	0.3%
	A member of a support group or network or organization focused on child mental illness	0.3%
	A person involved in child protection/child welfare/child	
	mairreatment services	0.1%
COVID 19 Pandomic	Other	2.1%
Status in Community of		
Residence		
	Almost none or no cases daily	9.5%
	Increasing rates of new cases daily	48.5%
	About the same number of new cases	
	daily	19.1%
	Decreasing rates of new cases daily	19.4%
	Don't know	1.0%
Note:		Includes participants who answered at least one of the key survey questions Not all categories total 100% due to missing values Race/Ethnicity question was

answered at least one of the key survey questions Not all categories total 100% due to missing values Race/Ethnicity question was open ended given that the survey was international

Table 2. Results of Natural Language Analysis (n=681)

Question/Topic		Probability*
Concerns About the Impacts of the Pandemic on Children		
	Increased stress in families	.058
	Effects of the pandemic on children	.052
	Increased rates of abuse/domestic violence	.051
	Impact of the pandemic on child development, especially social development	.045
	Impacts on child and adolescent mental health	.028
What is helping children during the pandemic	<u>s</u>	
	Material support for families	.057
	Parents and children learning more about each other	.054
	Access to health care	.046
	Flexibility to spend time with family	.041
	More quality time for children and their families	.036
Top 3 research questions we need to		
address		
	Mental health (vulnerability)	.042
	Families and childhood	.032
	Service delivery/support	.028
	Social isolation	.028
0	Children & adolescents	.026
	Impact on education	.020
	Developmental effects	.020
	Depression & anxiety	.018
	School policy	.017
	Pandemic effects	.017

Note. *Probability is really the concentration of the topic's representation relative to all the other topics in the whole body of responses for that specific question (also called the "corpus"). In other words, it is the normalized probability that you'll see the topic in reading anything from all of the responses together. For each question, all topic probabilities sum to one.

Table 3. Endorsement of Research Priority Themes (n=643)

Area/Theme				%
EPIDEMIOLOGY/SOCI AL DETERMINANTS OF				
HEALTH				
Exposures During the Pandemic (Factors				54 4
Affecting Child)				۰.4 %
	Fear of			
	pandemic/contag	io		
	n			1.4%
	Public health	X		25.2
	measures			%
		school		16.6
		schooling		10.0
		closure of public		70
		spaces		0.8%
		social distancing		3.6%
	Screen time	5		5.4%
		social media		2.3%
		video games		0.8%
		5		15.6
	Social isolation			%
	Parents and			28.9
	families			%
		parental mental		0 10/
		nealth doath of family		8.1%
		member/loved		
		one		2.6%
		family relations		
		(including stress		12.0
		and conflict)		%
		family financial		
		stresses	a sus a tal	4.2%
			parentai unemployment	1.6%
		child	unemployment	1.070
		abuse/neglect		7.8%
		family/domestic		
		violence		3.6%
	Other traumatic			
	experience			4.7%
Impacts on Child (Child				64.9
Outcomes)				%

	Mental health		52.7
	effects on child		%
		suicidality	4.7%
		substance use	1.2%
			12.8
		anxiety	%
			13.4
	Child development		%
		social emotional	
		development	8.2%
	Adaptive		4.20/
	functioning		1.2%
	Learning/academic		13.1
	achievement	C	%
	Diminished view of		1 20/
	the future		1.2%
	LOSS OF SOCIAL		
	skills/udilidge to		8 9%
Pick Modifiers - Social	peer relationships		20 1
Determinants of Health			25.1 %
	Prior mental health		19.1
	problems		%
	Vulnerable		
	populations		4.0%
	Minoritized groups		3.3%
		Black	
		people/people of	
		color	1.1%
	Discrimination		5.0%
	Poverty		2.0%
		homelessness	0.8%
			12.9
Risk Modifiers - Resilience			%
	Resilience of		11.5
	Child/Youth		%
	Resilience of Family	/	3.6%
ANY EPIDEMIOLOGIC			79.8
THEME ENDORSED			%
PREVENTION,			

TREATMENT, AND SERVICE SYSTEMS

Service System			32.5
Surveillance			%
	Clinical Service		24.0
	Access/Equity		%
		access to mental	
		health services	9.0%

		during the		
		pandemic		
		impact of		
		programmatic		
		changes in		
		inpatient, partial		
		hospitalization,		
		and residential		
		care on quality of		
		services		1.6%
		chanaes in mental	,	
		health services to		
		address increased		15.1
		need		%
	Clinical Service			
	Quality and	X		137
	Outcomes			10.7 %
	outcomes	affactivanass of		,0
		tolomontal hoalth		2 20/
		telementui neutii		2.270
Interventions to Improve				
Services During the				44.8
Pandemic				%
	Prevention &			
	Community			30.9
	Interventions			%
		Direct support to		
	×	families (e.g.,		
		financial, rent		
		support, food)		4.8%
		Strategies to		
		mitigate impacts		
		of pandemic and		
		societal responses		
		on children		7.2%
			use of electronic	
			means (social	
			media, gaming,	
			videoconferencin	
J			g) to maintain	
			social	
			connections and	
			reduce impacts of	
			pandemic on	
			mood	1.1%
		Strategies to		
		mitigate the		
		impacts of COVID-		
		19 directly upon		
		neurodevelopme		
		nt		3.1%
		Strategies to		11.2
		0		

		increase coping.		%
		wellness and		,.
		resiliency		
		Prioritizing		
		convicos for		
		services for		
		vuillerable		C 40/
		populations		6.4%
		Services to		
		support parents		
		such as social		
		work and		
		parenting skill		
		development		3.1%
		Interventions to		
		assure the ability		
		of health,		
		education, and		
		human service		
		professionals to		
		identify children		
		at risk		
		for/experiencing		
		child		
		abuse/neglect		3.1%
	Interventions			
	in/for Schools			9.6%
		Intonyontions to		5.670
		improvo oplino		
		aducational		
		euucational		
		effectiveness		2 20/
		laterneticest		2.5%
		Interventions to		
		support the		
		education of		
		children with		
		mental health		
		problems		4.7%
		Interventions to		
J		bring children		
		back to in-person		
		school safely		2.5%
	Clinical and Service	?		
	System			19.9
	Interventions			%
		Telemental		10.6
		Health Services		%
			interventions to	
			assure quality	
			and accessibility	
			of telemental	
			health services	4.8%

			use of health	
			information	
			technology for	
			engagement in	
			mental health	
			treatment	0.9%
			interventions to	
			support valid	
			assessments and	
			evaluations	2 00/
			(IIVIH)	2.0%
			adapting	
			delivery by	
			telemental health	3.9%
		Interventions for		
		specific clinical		
		issues		6.8%
			prevention and	
			treatment of OCD	5.3%
			interventions to	
			address impacts	
			of trauma on	
		•	child mental	
			health	1.4%
			proper use of	
			medication	
			nandemic	0 9%
		Developing	pundenne	0.570
		changes to the		
		service system to		
		improve the		
		equity of access		
		to and quality of		
		mental health		
		services		5.8%
			policy changes	
			that support the	
			aelivery of quality	
			services III UII equitable manner	
			(TMH)	1.9%
	ANY PREVENTION.		. /	
	TREATMENT, OR SERVICE			59.4
	SYSTEM THEME ENDORSED			%
BIOMARKERS AND				
NEUROSCIENCE	Cognition 9 compiting			20 7
	cognition & cognitive			/ 2U.
	SARS-CoV-2 infection			/0 7 00/
				1.070

CE THEME ENDORSED	%
BIOMARKER/NEUROSCIEN	29.7
ANY	
Nutritional markers	0.8%
Allostatic load/cortisol	0.8%
Immune system function	1.6%
Brain function	1.6%
Circadian rhythm [sleep physiology]	1.7%

Note: Themes listed here were endorsed by 5 or more participants

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