

1 **Title: Machine learning algorithm outperforms fibrosis markers in**
2 **predicting significant fibrosis in biopsy-confirmed NAFLD**

3

4 **Short Title:** Liver fibrosis severity assessment

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17 **Abbreviation list**

18 A/G = albumin/globulin, ALT = alanine aminotransferase, AST = aspartate

1 aminotransferase, APRI = AST-to-platelet ratio index, AUROC = area under the
2 receiver operator characteristic curve, BMI = body mass index, CK-18 M30 =
3 cytokeratine-18 neoepitope M30, DCA = decision curve analysis, FIB-4 = fibrosis-4
4 index, GGT = γ -glutamyltransferase, HbA1c = glycated hemoglobin, HOMA-IR =
5 homeostasis model assessment of insulin resistance, IV-C = type IV collagen, LASSO
6 = least absolute shrinkage and selection operator, LRM =logistic regression model,
7 MLA = machine learning algorithm, NAFL = nonalcoholic fatty liver, NAFLD =
8 non-alcoholic fatty liver disease, NAS = NAFLD activity score, NASH =
9 non-alcoholic steatohepatitis, NFS = NAFLD fibrosis score, NPV = negative
10 predictive value, OR = odds ratio, PC-III = procollagen type III, PPV = positive
11 predictive value, PLT = platelet count, T2DM = type 2 diabetes, WHR = waist-to-hip
12 ratio.

13

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5

6 **Conflicts of interest**

7 All authors: nothing to declare.

8

1 **ABSTRACT**

2 **Background:** The presence of significant liver fibrosis is a key determinant of
3 long-term prognosis in non-alcoholic fatty liver disease (NAFLD). We aimed to
4 develop a novel machine learning algorithm (MLA) to predict fibrosis severity in
5 NAFLD and compared it with the most widely used non-invasive fibrosis biomarkers.

6 **Methods:** We used a cohort of 553 adults with biopsy-proven NAFLD, who were
7 randomly divided into a training cohort (n=278) for the development of both logistic
8 regression model (LRM) and MLA, and a validation cohort (n=275). Significant
9 fibrosis was defined as fibrosis stage $F \geq 2$. MLA and LRM were derived from
10 variables that were selected using a least absolute shrinkage and selection operator
11 (LASSO) logistic regression algorithm.

12 **Results:** In the training cohort, the variables selected by LASSO algorithm were body
13 mass index, pro-collagen type III, collagen type IV, aspartate aminotransferase and
14 albumin-to-globulin ratio. The diagnostic accuracy of MLA showed the highest values
15 of area under the receiver operator characteristic curve (AUROC: 0.902, 95%CI
16 0.869–0.904) for identifying fibrosis $F \geq 2$. The LRM AUROC was 0.764, 95%CI
17 0.710-0.816) and significantly better than the AST-to-Platelet ratio (AUROC 0.684,
18 95%CI 0.605-0.762), FIB-4 score (AUROC 0.594, 95%CI 0.503-0.685) and NAFLD
19 Fibrosis Score (AUROC 0.557, 95%CI 0.470-0.644). In the validation cohort, MLA
20 also showed the highest AUROC (0.893, 95%CI 0.864–0.901). The diagnostic
21 accuracy of MLA outperformed that of LRM in all subgroups considered.

1 **Conclusions:** Our newly developed MLA algorithm has excellent diagnostic
2 performance for predicting fibrosis $F \geq 2$ in patients with biopsy-confirmed NAFLD.

3

4 **Keywords:** Fibrosis, NAFLD, Machine learning algorithm, Diagnosis, Liver biopsy

5

6 **Key Summary**

- 7 ● Fibrosis stage is a key determinant of adverse liver-related outcomes in NAFLD.
- 8 ● The diagnostic accuracy of the machine learning algorithm (MLA) had the
9 highest AUROC in predicting significant fibrosis in NAFLD and outperformed
10 non-invasive biomarker scores.
- 11 ● The MLA showed excellent diagnostic accuracy for potential clinical use.

12

13

14

1 INTRODUCTION

2 Non-alcoholic fatty liver disease (NAFLD) is the leading cause of chronic liver
3 diseases around the world. Individuals with NAFLD may develop liver fibrosis of
4 varying degrees, with an annual fibrosis progression rate of nearly 10%, while
5 individuals with advanced fibrosis have a 10-year survival rate of nearly 80%.(1, 2)
6 Previous studies have shown that fibrosis stage is one of the strongest predictors of
7 liver-related morbidity and mortality in NAFLD.(3, 4) Therefore, accurate assessment
8 of liver fibrosis is required for a better stratification and personalized management of
9 patients with NAFLD.

10

11 To date, liver biopsy remains the ‘gold standard’ for staging fibrosis in NAFLD.
12 However, liver biopsy is an invasive technique that is not free from complications.(2)
13 Consequently, there is a need for non-invasive tests to stage the severity of liver
14 fibrosis in NAFLD. In clinical practice, the most widely used non-invasive tests for
15 staging advanced fibrosis are the aspartate aminotransferase (AST) to platelet ratio
16 index (APRI), the NAFLD fibrosis score (NFS), and the fibrosis-4 (FIB-4) index.
17 While the diagnostic performance of these non-invasive tests is satisfactory for ruling
18 out advanced fibrosis, their performance is not adequate for diagnosing clinically
19 significant liver fibrosis.(5, 6) A recent meta-analysis showed that even low levels of
20 liver fibrosis are associated with overall and liver-specific mortality, and these data
21 are supported by the results of a large biopsy study with a mean of 20 years follow-up

1 showing that advanced fibrosis was associated with liver-specific morbidity and
2 overall mortality.(3) Additionally, distinguishing between NAFLD with or without
3 significant fibrosis is clinically important for determining the clinical prognosis of
4 these patients.(7)

5

6 Machine learning refers to uploading large amounts of data into a computer program
7 and choosing a model to "fit" the data so that the computer can make predictions. The
8 way the computer creates the model is via the use of algorithms, which include both
9 simple equations (such as linear equations) and very complex logic/mathematical
10 systems, with the aim of developing the best prediction model (**Supplementary**
11 **Figure 1**). Machine learning algorithms (MLAs) are a type of artificial intelligence
12 formerly used to extrapolate multifactorial events and behaviors, which have
13 substantial advantages over conventional statistical methods; and MLAs have been
14 implemented with some success in cancer research.(8, 9) Therefore, the aim of our
15 study was to establish a novel prediction model for non-invasively identifying the
16 presence of significant fibrosis (defined by $F \geq 2$ fibrosis on histology), by using MLA,
17 in a well-characterized cohort of patients, in whom NAFLD severity has been
18 assessed with histology. We first screened for important variables, then used these
19 variables to construct traditional regression models and MLA, respectively, and
20 compared the diagnostic effectiveness of MLA and other models.

21

1 MATERIALS AND METHODS

2 *Patient population*

3 The current analysis was embedded within the well-characterized Prospective
4 Epidemic Research Specifically Of NASH (PERSONS) cohort study.(5) For the
5 purpose of the current analysis, we included a cohort of 553 adult patients with
6 biopsy-proven NAFLD, who were consecutively recruited at the First Affiliated
7 Hospital of Wenzhou Medical University in Wenzhou, China, from December 2016 to
8 December 2018. Subsequently, we randomly subdivided this cohort of 553 patients
9 into a training set (n=278) for logistic regression model (LRM) and MLA
10 development, and a validation set (n=275). Participants were eligible for this study if
11 they met the following inclusion criteria: (1) patients aged 18–75 years; (2) fatty
12 liver diagnosed by imaging and/or abnormal liver function; (3) participants were
13 willing to provide written informed consent. Individuals with significant alcohol
14 intake (≥ 140 g/week in men or ≥ 70 g/week in women); use of potentially hepatotoxic
15 drugs, presence of viral hepatitis, autoimmune hepatitis or other known chronic liver
16 diseases; or those with incomplete data were excluded from the study (see details
17 reported in the Results section). The flow chart of the study population is shown in
18 Supplementary Figure 1. The study protocol was approved by the ethics committee of
19 the First Affiliated Hospital of Wenzhou Medical University (2016-246, 1 December
20 2016). Written informed consent was obtained from each participant.

21

1 ***Clinical and laboratory data***

2 In all participants, demographic data, anthropometry, clinical parameters, as well as
3 concomitant diseases were recorded by standard methods, as reported previously.(6,
4 10) Hypertension was diagnosed by blood pressure $\geq 140/90$ mmHg and/or use of any
5 antihypertensive drugs. Homeostatic model assessment for insulin resistance
6 (HOMA-IR) was used for assessing insulin resistance. Type 2 diabetes mellitus
7 (T2DM) was diagnosed with at least one of the following criteria: self-reported
8 history of diabetes, use of any hypoglycemic agents, fasting glucose levels ≥ 7.0
9 mmol/L or hemoglobin A1c $\geq 6.5\%$. Hyperlipidemia was defined as presence of total
10 cholesterol (TC) ≥ 6.2 mmol/L, low-density lipoprotein (LDL-C) ≥ 4.1 mmol/L,
11 triglycerides (TG) ≥ 2.3 mmol/L or use of any lipid-lowering agents. Patients with a
12 body mass index (BMI) ≥ 25 kg/m² were considered as obese. All routine blood tests,
13 including also the circulating values of procollagen III (PC-III), type-IV collagen
14 (IV-C), aspartate aminotransferase (AST) and the ratio of albumin/globulin (A/G),
15 were performed in the Central laboratory of our hospital and were performed using
16 standard laboratory methods. Plasma cytokeratin-18 M30 (CK-18 M30) level was
17 measured using a commercially available ELISA kit from Herui Biomed Company
18 Limited, Suzhou, China. Assays were performed according to the operator's manual.
19 All the tests were double blind and the coefficients of variability were $< 15\%$.

20

21 ***Liver histology***

1 Under the guidance of ultrasound, percutaneous biopsy samples were obtained by
2 16-gauge hepafix needle. Biopsy samples were stained with hematoxylin, Masson's
3 trichrome as well as eosin and subsequently assessed by an experienced liver
4 pathologist, who was blind to patients' clinical and laboratory data. Liver biopsies
5 were required to be greater than 1 cm and the number of portal areas greater than 6.
6 Grading of NAFLD histology was determined by NAFLD activity score (NAS)
7 according the NASH Clinical Research Network scoring system.(11) The NAS score
8 included three histologic features including the presence of steatosis, lobular
9 inflammation, as well as balloon-like hepatocytes. Liver fibrosis was staged from zero
10 to 4 as follows: 0=no fibrosis, 1=perisinusoidal or portal fibrosis; 2=perisinusoidal
11 and portal/periportal fibrosis; 3=bridging fibrosis; and 4=highly suspicious or definite
12 cirrhosis, respectively.(12, 13) Significant fibrosis was defined as fibrosis stage \geq F2,
13 which is clinically important for determining prognosis,(7, 14) and advanced fibrosis
14 as \geq F3. Other non-invasive fibrosis scores that have been used to diagnose advanced
15 fibrosis (i.e., the APRI, NFS, and FIB-4 scores) were calculated based upon published
16 studies.

17

18 ***Development of LRM Model***

19 We developed a logistic regression model (LRM) that was predictive for the
20 development of fibrosis \geq F2 using the training set (n=278). The least absolute
21 shrinkage and selection operator (LASSO) method was used to identify the variables

1 significantly associated with the presence of fibrosis \geq F2 that were used to build the
2 final LRM. The LASSO logistic regression model was used with penalty parameter
3 tuning that was conducted by 10-fold cross-validation based on minimum criteria.
4 LASSO is suitable for the regression of high-dimensional data, to select significant
5 fibrosis features with non-zero coefficients from among the 23 demographic,
6 anthropometric measurements, concomitant diseases, and laboratory parameters.(15)
7 A formula was generated using a linear combination of selected features that were
8 weighted by their respective LASSO coefficients; the formula was then used to
9 calculate an individual risk score for each patient to reflect the risk of having
10 significant liver fibrosis. The predictive accuracy of LRM was quantified by the area
11 under the receiver-operator characteristic curve (AUROC) in both training and
12 validation sets.

13

14 ***Development of MLA model***

15 Random forest analysis was used, which is a machine learning algorithm that can
16 build classification prediction models. This random forest approach divides the initial
17 training set into two groups – “in-bag” and “out-of-bag” samples. The “in-bag”
18 sample is developed using random sampling with replacement from the initial training
19 set, creating a sample equivalent in size to the initial training set. The “out-of-bag”
20 sample is composed of the unsampled data from the initial training set, and comprises
21 about 30% of the initial cohort. This process is repeated 500 times to create multiple

1 pairings of “in-bag” and “out-of-bag” samples. For each pairing, a decision tree is
2 then constructed using the “in-bag” sample, using a random set of potential predictor
3 variables for each split, and then validated using the “out-of-bag” sample. As each
4 tree is built, only a random subset of the predictor variables is considered as possible
5 splitters for each binary partitioning. The predictions from each tree are used as
6 “votes”, and the outcome with the most votes is considered the dichotomous outcome
7 prediction for that sample. Using this method, multiple decision trees are constructed
8 to create the final classification prediction model and to determine the overall variable
9 importance. Accuracies and error rates are computed for each observation using the
10 “out-of-bag” predictions, and then averaged over all observations. Because the
11 “out-of-bag” observations were not used in the fitting of the trees, the “out-of-bag”
12 estimates serve as cross-validated accuracy estimates.(16) Variable importance
13 identifies the most important variables based on their contribution to the predictive
14 accuracy of the model. The most important variables are identified as those that most
15 frequently result in early splitting of the decision trees.

16

17 *Statistical analyses*

18 Continuous variables were expressed as means \pm SD or medians and inter-quartile
19 ranges (IQR), categorical variables were expressed as numbers and percentages.
20 Differences in main clinical, biochemical and histological liver features between the
21 training and validation cohorts were tested by the unpaired Student’s *t*-test and the

1 Mann-Whitney U-test (for either normally or not normally distributed continuous
2 variables) or the chi-square test for categorical variables. The LASSO method was
3 used to identify the variables associated with presence of fibrosis \geq F2, which were
4 used to build both MLA and LRM using the random forest method, and logistic
5 regression, respectively. LRM was calibrated by repeated sampling and assessed by
6 the area under the receiver operator characteristic curve (AUROC) for performance.
7 The diagnostic accuracy of both models was evaluated utilizing the AUROC. After
8 establishing and verifying the diagnostic efficacy of MLA for significant fibrosis, we
9 explored the diagnostic value of MLA for advanced fibrosis in NAFLD. Analytical
10 software used consisted of SPSS version 22.0 (SPSS, Chicago, IL, USA), and R3.3.1
11 (R Advancement Core Group, <http://www.r-project.org>).

12

13 **RESULTS**

14 *Patient characteristics*

15 Of the 596 adults with suspected NAFLD, who were initially enrolled in the study, we
16 excluded 43 persons for the following reasons: 15 for alcoholic fatty liver, 6 for
17 autoimmune hepatitis, 3 for drug-induced liver injury and 19 for missing data. As a
18 consequence, 553 adults with biopsy-proven NAFLD were included in the final
19 analysis. These patients were randomly assigned to a training set (n=278) and a
20 validation set (n=275). **Table 1** summarizes the main clinical, laboratory and
21 histological characteristics of participants. As expected due to the randomization,

1 there were no significant differences in any of these variables between the training
2 and validation sets.

3

4 *Selection of main predictors of significant fibrosis*

5 Among the 23 demographic, anthropometric measurements, concomitant diseases,
6 and laboratory parameters, five significant predictors of significant fibrosis were
7 selected in the training set (**Figure 1A and B**). These predictors were BMI, serum
8 procollagen type III (PC-III), type IV collagen (IV-C), AST and A/G ratio.

9

10 *Development of LRM*

11 In LASSO regression algorithm, a LRM formula was generated using a linear
12 combination of selected features that were weighted by their respective LASSO
13 coefficients. The following LRM formula ($0.00265 * \text{AST} + 0.00426 * \text{PC-III} +$
14 $0.00669 * \text{IV-C} + 0.01893 * \text{BMI} - 0.53322 * \text{A/G}$) was used to calculate an
15 individual risk score (defined as the LAM score) for each patient to reflect the risk of
16 significant fibrosis. The LRM for the prediction of significant fibrosis, which included
17 the five aforementioned variables, showed excellent diagnostic accuracy in the
18 training set (as shown in **Supplementary Figure 2**).

19

1 ***Comparison of the diagnostic performance of LRM and non-invasive fibrosis***

2 ***markers in the training set***

3 **Supplementary Figure 3A** shows the AUROCs of the LRM, NFS, FIB-4 and APRI
4 scores for identifying significant fibrosis. **Table 2** shows the diagnostic performance
5 of all of these predictive models in the training set (n=278). LRM showed the highest
6 AUROC (0.764, 95%CI 0.710-0.816) in predicting significant fibrosis compared with
7 APRI (0.684, 95%CI 0.605-0.762, P = 0.047 vs. LRM's AUROC), NFS (0.557,
8 95%CI 0.470-0.664, P < 0.001), and FIB-4 (0.594, 95%CI 0.503-0.685, P <0.001),
9 respectively. The overall sensitivity, specificity, positive predictive value (PPV), and
10 negative predictive value (NPV) of LRM for significant fibrosis were 75.1%, 80.1%,
11 66.4%, and 90.3%, respectively. In contrast, the overall sensitivity, specificity, PPV,
12 and NPV for: a) APRI, b) NFS and c) FIB-4 scores were: a) 69.8%, 60.0%, 29.1%,
13 79.4%; b) 74.3%, 38.7%, 23.3%, 85.8%; and c) 32.1%, 79.9%, 44.7%, 85.0%,
14 respectively.

15

16 ***Validation of LRM***

17 **Supplementary Figure 3B** shows the ROC curves for the LRM, NFS, FIB-4 and
18 APRI scores. **Table 2** shows the performances of all these predictive models in the
19 validation set (n=275). LRM showed the highest AUROC (0.786, 95%CI 0.719-0.852)
20 in predicting significant fibrosis compared with APRI (0.615, 95%CI 0.532-0.698,
21 P=0.031 vs. LRM's AUROC), NFS (0.575, 95% CI 0.486-0.664, P<0.001), and FIB-4

1 (0.578, 95%CI 0.498-0.659, P<0.001), respectively. The overall sensitivity, specificity,
2 PPV, and NPV of LRM for predicting significant fibrosis were 72.6%, 82.5%, 71.1%,
3 and 85.4%, respectively. The overall sensitivity, specificity, PPV, and NPV for: a)
4 APRI, b) NFS, and c) FIB-4 scores were: a) 38.9%, 80.1%, 33.9%, 80.4%, b) 38.9%,
5 79.1%, 31.3%, 84.1%; and c) 87.0%, 32.1%, 23.9%, 82.5%, respectively. As shown in
6 **Table 3**, subgroup analyses performed among NAFLD patients stratified by obesity,
7 T2DM or serum ALT levels confirmed that the diagnostic performance of LRM was
8 good in both training and validation sets.

9

10 ***Development of MLA model***

11 We developed a MLA model that included the following five variables (BMI, PC-III,
12 IV-C, AST and A/G ratio), which were found to be strongly predictive of significant
13 fibrosis in the validation set. The relative importance of the above-mentioned
14 variables in MLA were 100% for PC-III, 87% for IV-C, 78% for BMI, 68% for AST
15 and 60% for A/G ratio, respectively.

16

17 ***Comparison of the diagnostic performance of LRM and MLA in the training and*** 18 ***validation sets***

19 In the training set, the diagnostic accuracy of MLA (AUROC 0.902, 95%CI
20 0.869-0.904) for identifying significant fibrosis was much better than that of LRM

1 (AUROC 0.764, 95%CI 0.710-0.816) ($p < 0.05$, **Figure 2A**). Similarly, in the
2 validation set, the diagnostic accuracy of MLA (AUROC 0.893, 95%CI 0.864-0.901)
3 was also superior to LRM (AUROC 0.786, 95%CI 0.719-0.852; $p < 0.05$, **Figure 2B**).
4 As shown in **Table 4**, subgroup analyses stratifying NAFLD patients by obesity,
5 T2DM or serum ALT levels confirmed that the diagnostic performance of MLA was
6 better than that of LRM in both training and validation sets.

7

8 *Diagnostic performance of MLA for predicting advanced fibrosis and cirrhosis*

9 Of the 553 patients included, 22 had advanced fibrosis ($F \geq 3$ stage). We also tested the
10 diagnostic performance of MLA for predicting advanced fibrosis. These preliminary
11 data showed that MLA showed excellent performance (AUROC 0.996, 95%CI
12 0.967-0.998) for predicting the presence of advanced fibrosis (**Figure 3**). Furthermore,
13 we also tested the diagnostic performance of MLA for predicting cirrhosis in NAFLD.
14 These data showed that MLA had excellent performance (AUROC 0.989, 95%CI
15 0.977-0.996) for predicting the presence of cirrhosis.

16

17 **DISCUSSION**

18 Our data shows that the newly developed MLA algorithm had excellent diagnostic
19 performance for predicting fibrosis $F \geq 2$ in patients with biopsy-confirmed NAFLD.
20 To our knowledge, this is the first observational study that used MLA for developing a

1 prediction model (involving clinical parameters and serum biomarkers) for identifying
2 non-invasively the presence of significant fibrosis in a large cohort of Chinese adults
3 with biopsy-proven NAFLD.

4
5 Through the LASSO regression analysis, we showed that BMI, PC-III, IV-C, AST
6 and A/G ratio were the five strongest predictors of significant fibrosis in our cohort of
7 NAFLD patients. PC-III is a byproduct of type III collagen synthesis, which occurs
8 during hepatocellular injury repair by extracellular matrix remodeling. In addition,
9 several reports have shown a close association between severity of liver fibrosis and
10 increasing serum levels of PC-III.(17-20) Similarly, IV-C is a marker of enhanced
11 basement membrane synthesis during accelerated extracellular matrix remodeling in
12 liver fibrosis and has been demonstrated to be indicative of liver fibrotic injury.(21-23)
13 BMI is a known risk factor for the development and progression of NAFLD. AST is
14 also known to closely correlate to advanced fibrosis and is considered to be an
15 important factor in other widely used non-invasive tests of advanced fibrosis,
16 including the FIB-4, APRI, NFS and BARD scores. By combining PC-III, IV-C, BMI,
17 AST and A/G, we developed a MLA for predicting significant fibrosis and our newly
18 developed prediction model resulted in remarkably better diagnostic performance,
19 compared to that of LRM, FIB-4, APRI and NFS scores.

20
21 In the training set, we compared the performances of LRM, FIB-4, APRI, and NFS

1 scores in identifying the presence of significant fibrosis and found that these scores
2 were moderately accurate in our patient cohort, as compared to other previously
3 published studies;(5, 24, 25) although this finding could be partly affected by
4 differences in the prevalence of significant fibrosis between the studied populations.
5 Similar findings were also noted in the validation set where the diagnostic
6 performances in identifying significant fibrosis were, respectively, 0.786 (95%CI
7 0.719-0.852) for LRM; 0.578 (95%CI 0.498-0.659) for FIB-4; 0.615 (95%CI
8 0.532-0.698) for APRI; and 0.575 (95%CI 0.486-0.664) for the NFS score. Notably,
9 MLA performed much better than LRM with an AUROC of 0.902 (95%CI
10 0.869-0.904) in the training set and an AUROC of 0.893 (95%CI 0.864-0.901) in the
11 validation set, respectively.

12

13 Patients with NAFLD are likely to be obese and to have coexisting metabolic diseases
14 such as T2DM. Elevated ALT levels remain the most widely used laboratory
15 parameter in primary clinics for referral to hepatologists of those with suspected
16 NAFLD. However, patients with NAFLD and normal ALT levels are often neglected
17 from further assessment of their liver disease. Therefore, we compared the diagnostic
18 performance of MLA and LRM in subgroups stratified by obesity, T2DM and serum
19 ALT levels. Interestingly, MLA performed better in patients who are non-obese,
20 non-diabetic or having serum ALT <40 U/L compared to their counterparts with
21 obesity, T2DM or elevated ALT levels in both training and validation sets. However,

1 in training and validation sets, MLA outperformed LRM in every subgroup of patients.
2 There are many reasons why the prediction efficiency of random forest model is better
3 than other models. For example, in various current data sets, the random forest has a
4 great advantage over other algorithms. The introduction of two randomness makes the
5 random forest have a good anti-noise capability. Random forest may process data of
6 high dimensions without feature selection, and it has a strong adaptability to data sets.
7 It may process both discrete data and continuous data, and data sets need not be
8 normalized.

9

10 In other machine learning studies, subjects were either from animal models or
11 non-liver biopsy patients with NAFLD, or the sample size of liver biopsy patients
12 with NAFLD of previous studies was smaller than that of our study and the results
13 lacked validation.(26-29) In addition, previous MLA studies have mostly focused on
14 NASH, while few have focused on liver fibrosis. It should be noted that the degree of
15 fibrosis is the most important risk factor of the prognosis of NAFLD patients.

16

17 Our study has some important limitations that should be mentioned. Firstly, our data
18 are derived from a single-center study that includes patients with baseline
19 characteristics that may differ compared with other cohorts. Additionally, our results
20 require further verification in other cohorts and in other ethnic groups. The
21 heterogeneity between studies may contribute to differing diagnostic performances of

1 existing non-invasive tests for fibrosis (i.e. FIB-4, APRI and NFS scores) when
2 comparing results from our cohort and other studies. Secondly, our patients are of
3 Chinese Han ethnicity and, therefore, may not be generalizable to other ethnic groups.
4 Thirdly, the lack of adequate comparators such as the ELF test or elastographic
5 methods and the relatively few patients (n=22) with advanced fibrosis ($F \geq 3$ stage)
6 are another limitation. The study cohort predominantly comprised of patients with the
7 early stages of liver fibrosis. There were few patients with advanced fibrosis ($F \geq 3$
8 stage) because liver biopsy is less frequently required as a diagnostic method in this
9 patient group. Therefore, there may be a degree of selection bias affecting our study
10 results towards patients with lower levels of liver fibrosis. The lack of a suitable
11 comparison object may to some extent expand the diagnostic effectiveness of MLA.
12 Thus, with this small number of patients, we were able only to perform exploratory
13 analyses for testing the diagnostic ability of the MLA for predicting advanced
14 fibrosis and cirrhosis.

15

16 In conclusion, our newly developed MLA algorithm showed excellent performance
17 for predicting fibrosis $F \geq 2$ in adults with biopsy-confirmed NAFLD. The MLA may
18 aid clinicians identify patients with a high probability of significant liver fibrosis who
19 need further management and advice.

20

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TABLE LEGENDS

Table 1. Baseline characteristics of adult patients with biopsy-proven NAFLD.

Table 2. Diagnostic performances of LRM, FIB-4, APRI, and NFS scores in identifying the presence of significant liver fibrosis.

Table 3. Diagnostic performance of LRM in identifying the presence of significant liver fibrosis different in subgroups of patients.

Table 4. Diagnostic performances of the machine learning algorithm (MLA) and LRM in identifying the presence of significant liver fibrosis different in subgroups of patients.

FIGURE LEGENDS

Figure 1. Texture feature selection using the LASSO model.

(A) Selection of the tuning parameter (λ) in the LASSO model via 10-fold cross-validation based on minimum criteria. Binomial deviance from the LASSO regression cross-validation procedure were plotted as a function of $\log(\lambda)$. The y-axis indicates binomial deviance. The x-axis indicates the $\log(\lambda)$. Numbers along the upper x-axis represent the average number of predictors. Red dots indicate average deviance values for each model with a given λ , and vertical bars through the red dots show the upper and lower values of the deviance. The vertical black lines define the optimal values of λ , where the model provides its best fit to the data. The optimal λ value of 0.057 with $\log(\lambda) = -2.87$ was selected.

(B) The LASSO coefficient profiles of clinical features. The dotted vertical line was plotted at the value selected using 10-fold cross-validation in A. The five resulting features with non-zero coefficients are indicated in the plot.

Figure 2. Diagnostic performances of machine learning algorithm (marked as “a”) and LRM (marked as “b”) for identifying the presence of significant liver fibrosis both in the training set (A) and the validation set (B).

Figure 3. Diagnostic performances of the machine learning algorithm for identifying

the presence of advanced liver fibrosis in the whole cohort.

Supplementary Figure 1. A simpler schematic for machine learning

Supplementary Figure 2. Study flow chart.

From an initial sample of 966 individuals with suspected NAFLD (based on imaging techniques and/or elevated serum liver enzyme levels), we subsequently excluded 413 subjects for the following reasons: (1) alcohol consumption in excess of 140 g per week for men and 70 g per week for women (n = 108); (2) viral hepatitis (n = 196); (3) drug induced hepatitis (n=3), autoimmune hepatitis (n = 17) or liver cancers and other extra-hepatic tumors (n = 10); (4) missing biochemical data (n = 14); (5) refuse liver biopsy (n = 26); (6) hepatic steatosis < 5% on liver histology (n = 39).

Supplementary Figure 3. (A) Receiver operating characteristics (ROC) curve of LRM for predicting significant fibrosis. (B) Calibration curves for LRM. The calibration curve of the LRM to identify the presence of significant fibrosis showed good agreement with the predicted presence of significant fibrosis. An ideal model would result in a plot where the actual and predicted probabilities fall along the 45 degree line.

Supplementary Figure 4. Diagnostic performances of LRM, FIB-4, APRI, and NFS scores for identifying the presence of significant liver fibrosis both in the training set (A) and validation set (B).