Figures

Plan the process

**Dynamic**

Involve stakeholders

Bring together a team

**Iterative**

Involve stakeholders

Draw on existing theories

**Creative**

Articulate programme theory

Undertake primary data collection

**Open to change**

Understand context

Attend to future implementation

**Looking towards evaluation**

Design and refine

**Principles**

**Actions to consider**

**Outputs**

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Manual or document describing intervention and training

Publication of development process

Figure 1 Principles and actions to consider in the development phase of a complex intervention- adapted from the logic model published by O'Cathain et al 2019 [12].



Figure 2- The Behaviour Change Wheel [14]



Figure 3- Intervention Mapping [15]