Table 1 Baseline characteristics

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| *Continuous variables* | Mean (±SD) |
| Age (yrs) | 47.76 (11.11) |
| G-SAS baseline | 31.51 (6.42) |
| G-SAS final | 19.28 (10.78) |
| HAM-A baseline | 7.03 (4.37) |
| HAM-D baseline | 7.11 (4.08) |
| Weeks completed | 10.89 (5.15) |
| Grant et al., 2003 | 13.47 (4.30) |
| Grant and Potenza, 2006 | 8.80 (3.05) |
| Grant et al., 2007 | 7.77 (4.02) |
| Grant et al., 2008a | 13.21 (6.06) |
| Grant et al., 2010a | 9.78 (1.15) |
| Grant et al., 2014 | 6.00 (0.00) |
| *Categorical variables* | *N* (%) |
| Females | 122 (52.0) |
| Caucasians | 193 (86.0) |
| Previous gambling treatment | 67 (42.0) |
| Psychiatric co-morbidity present | 89 (51.0) |
| Strategic gambling | 27 (12.0) |
| Education  High school graduate or less  Some college  College graduate or more | 48 (21.0)89 (40.0)  87 (39.0) |
| Abbreviations: SD, standard deviation; G-SAS, Gambling Symptom Assessment Scale; HAM-A, Hamilton Rating Scale for Anxiety; HAM-D, Hamilton Rating Scale for Depression | |