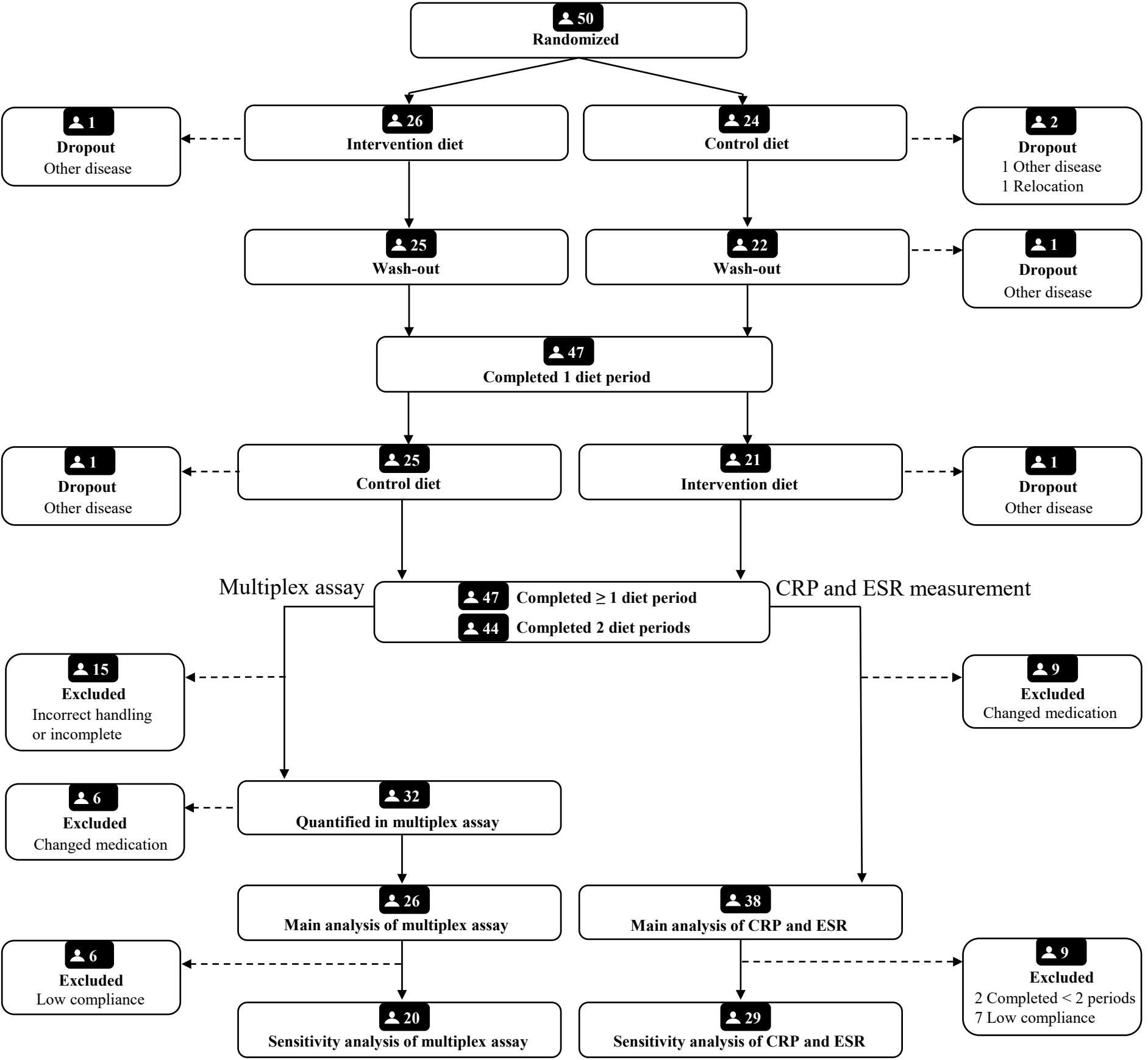
50
Randomized
26
Intervention diet
24
Control diet
1
Dropout
Other disease
2
Dropout
1 Other disease
1 Relocation
25
Wash-out
22
Wash-out
1
Dropout
Other disease
47
Completed 1 diet period
25
Control diet
21
Intervention diet
1
Dropout
Other disease
1
Dropout
Other disease
Multiplex assay
47 Completed ≥ 1 diet period
44 Completed 2 diet periods
CRP and ESR measurement
15
Excluded
Incorrect handling
or incomplete
9
Excluded
Changed medication
6
Excluded
Changed medication
32
Quantified in multiplex assay
26
Main analysis of multiplex assay
38
Main analysis of CRP and ESR
6
Excluded
Low compliance
9
Excluded
2 Completed < 2 periods
7 Low compliance
20
Sensitivity analysis of multiplex assay
29
Sensitivity analysis of CRP and ESR