

Immersed Boundary Simulations of Flows Driven by Moving Thin Membranes

Marin Lauber^{a,*}, Gabriel D. Weymouth^{a,b}, Georges Limbert^{a,c}

^a*Faculty of Engineering and Physical Sciences, University of Southampton, UK*

^b*Data-Centric Engineering Programme, Alan Turing Institute, UK*

^c*Faculty of Health Sciences, University of Cape Town, South Africa.*

Abstract

Immersed boundary methods are extensively used for simulations of dynamic solid objects interacting with fluids due to their computational efficiency and modelling flexibility compared to body-fitted grid methods. However, thin geometries, such as shells and membranes, cause a violation of the boundary conditions across the surface for many immersed boundary projection algorithms. Using a one-dimensional analytical derivation and multi-dimensional numerical simulations, this manuscript shows that adjustment of the Poisson matrix itself is required to avoid large velocity, pressure, and force prediction errors when the pressure jump across the interface is substantial and that these errors increase with Reynolds number. A new minimal thickness modification is developed for the Boundary Data Immersion Method (BDIM- σ), which avoids these issues while still enabling the use of efficient projection algorithms for high-speed immersed surface simulations.

Keywords:

Immersed boundary method, Direct-forcing, Cartesian grid, Shell,

*Corresponding author

Email address: `M.Lauber@soton.ac.uk` (Marin Lauber)

1 **1. Introduction**

2 Immersed boundary methods are a commonly used approach in computa-
3 tional fluid dynamics to simulate flow in complex domains or with moving or
4 deforming boundaries [1, 2]. By solving the governing equations on a static
5 Cartesian grid, mesh updates and/or re-meshing are completely avoided, ren-
6 dering those methods highly efficient, at least from a computational point of
7 view. However, imposing the correct boundary condition is less trivial than
8 in body-fitted methods. Numerous methods have been developed to impose
9 those boundary conditions on the body (see [3] for a thorough review), and
10 in the following, we will use the term *immersed boundary method* to refer to
11 these methods in general. The original Immersed Boundary method (IB) [4]
12 uses a regularized Dirac delta function forcing to spread the reaction force
13 of the body (obtained from a constitutive law) from the Lagrangian points
14 onto the fluid. While this approach has been successful at simulating fluid-
15 structure interaction cases consisting of a flexible body dominated by the
16 flow advection [5], the method can lead to poor mass conservation near the
17 body [6], resulting in a fluid leak across the interface [7]. This leakage was
18 identified as being the result of a divergent interpolated velocity field that
19 drives the Lagrangian points. Ways of improving this volume conservation
20 by constructing divergence-free interpolated velocity field have been derived,
21 see Bao et al. [8].

22 The immersed boundary can also be considered in a purely discretized
23 setting, where it is explicitly defined to enforce the appropriate boundary

24 condition onto the body, as in the Direct-forcing method [9, 10]. The schemes
25 that are used to reconstruct the velocity field in the vicinity of the immersed
26 body are key to the accuracy of this method. For example, Fadlun et al.
27 [10] showed that volume-averaged forcing only results in 1st-order conver-
28 gence of the velocity field, while linear interpolation improves the results with
29 2nd-order convergence. In addition to the velocity field adjustment, Balaras
30 [11] shows that Direct-forcing interpolation on a stationary body *implicitly*
31 imposes a consistent homogeneous Neumann boundary condition onto the
32 pressure-correction. However, immersed boundary methods are typically ap-
33 plied to moving geometries and unsteady simulations where the equations are
34 solved using a fractional step algorithm [12], and in this case, the projection
35 step introduces a slip error onto the velocity field [10, 13, 14, 15]. In the case
36 of thin shells, this error is significant [16] and methods have been derived to
37 reduce it, however, they are not able to completely remove it.

38 Another class of immersed boundary methods adjust the pressure equa-
39 tion in addition to the velocity field during the fractional step update. The
40 Boundary Data Immersion Method (BDIM) [17, 18] explicitly adjusts the
41 Poisson matrix such that the Neumann boundary condition on the pressure is
42 respected on the immersed body. The resulting Poisson system has spatially
43 varying coefficients, but it is otherwise unchanged. In these cases, standard
44 linear algebra methods can be used to determine the pressure efficiently. Al-
45 ternatively, the influence of the immersed boundary on the pressure field can
46 be treated as an additional Lagrange multiplier as in the Immersed Boundary
47 Projection Method (IBPM)[13, 19]. Including this additional constraint into
48 the Poisson equation results in an augmented system whose solution ensures

49 imposition of the correct boundary condition on the velocity and pressure
50 fields at the cost of solving a non-standard coupled Poisson problem.

51 In this work, we will show that when the immersed body is thin and dy-
52 namic, as is the case in many fluid-structure interaction problems (parachutes,
53 insects wing, sail, heart valves, etc.), the lack of explicit boundary conditions
54 on the pressure results in violation of both the pressure and velocity bound-
55 ary conditions and therefore produces an erroneous solution. In cases where
56 the pressure jump across the thin body is the dominant contribution to the
57 overall force experienced by the body, the error is significant, and leads to
58 large force prediction errors. Section 2 will use a simple one-dimensional
59 (1D) example to illustrate that correcting this error requires explicit mod-
60 ification of the Poisson projection step. This careful analysis allows us to
61 specify a set of mandatory numerical conditions for any Immersed Boundary
62 method to successfully simulate problems involving thin dynamic surfaces.
63 Section 3 will generalize this finding to 2D and 3D simulations of the Navier-
64 Stokes equations, showing that the error increases with Reynolds number.
65 In Section 3.3 we develop a modified approach termed BDIM- σ that allows
66 for an efficient and accurate treatment of thin dynamic surfaces. Sections 4,
67 5 and 6 verify and validate the new approach and compare against existing
68 Immersed Boundary methods for 2D and 3D flows generated by thin mem-
69 branes including an oscillating thin shell, an impulsively accelerated circular
70 disk, and a flapping insect wing.

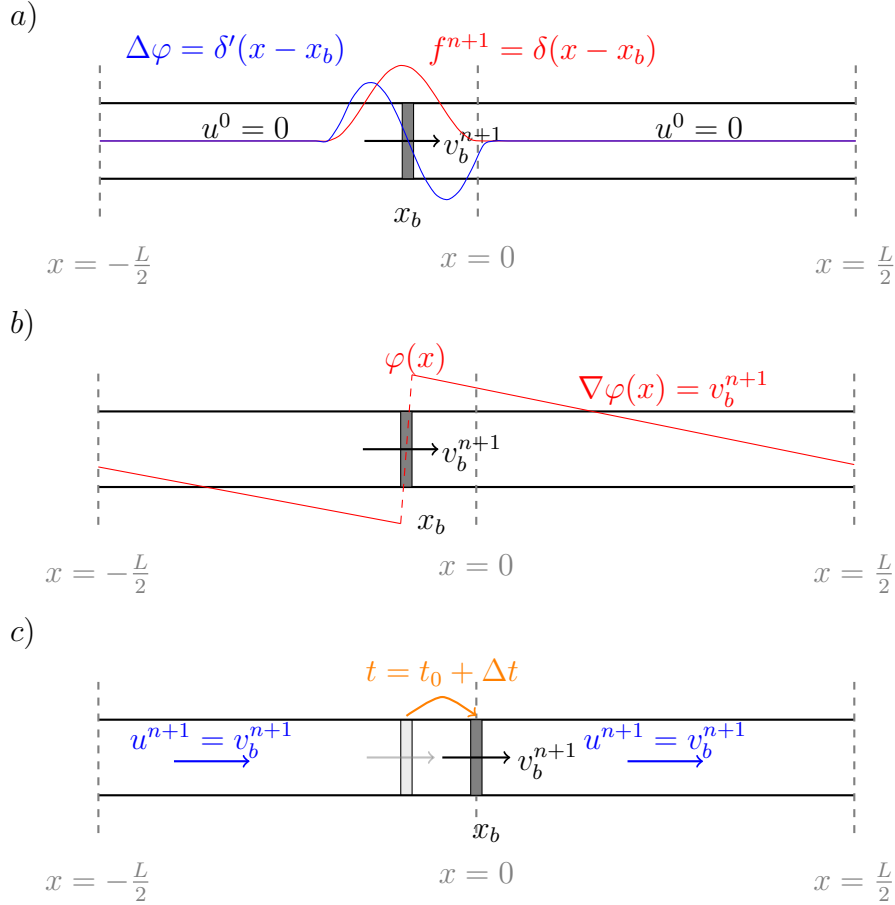


Figure 1: Schematic of the 1D periodic pipe with piston problem. The problem is periodic such that any quantity θ respects $\theta(x = -L/2) = \theta(x = L/2)$. The thin wall piston is initially located at $x = x_b$. The immersed forces f^{n+1} is added to the initial quiescent fluid field in a). This immersed forcing generated a dipole source term for the pressure Poisson equation a). The resulting pressure field after successful inversion of the Poisson equation with the correct f_p in b). The final velocity field with the piston in its new position in c).

71 2. Illustrative one-dimensional model

72 We start by demonstrating the errors introduced by incorrect pressure
73 treatment in immersed boundary methods using a simple unsteady 1D-piston
74 problem with an analytical solution. This is a simplification of the full 3D
75 flow, which ignores the cross-section variation to focus on the driving impulse
76 of the piston on the fluid. This simple system will allow us to directly compare
77 the performance of a variety of immersed boundary methods.

78 2.1. Problem definition

79 We consider the flow inside a periodic 1D domain, in which a thin-wall
80 piston is immersed, Figure 1. The flow and the piston inside the domain are
81 initially quiescent, and the piston body has unsteady velocity $v_b(t)$ where
82 $v_b(0) = 0$. The flow is assumed to be incompressible and viscous effects with
83 the wall are omitted. The momentum equation in the direction of motion x
84 is then simply

$$\frac{\partial u}{\partial t} = -\frac{1}{\rho} \frac{\partial p}{\partial x}, \quad (1)$$

85 where u, p are the 1D velocity and pressure fields and ρ is the constant fluid
86 density. Velocity continuity is simply

$$\frac{\partial u}{\partial x} = 0. \quad (2)$$

This is complemented with adequate boundary conditions on the velocity
and pressure fields at the piston location x_b

$$u(x_b, t) = v_b(t), \quad (3a)$$

$$\left. \frac{dp}{dx} \right|_{x_b} = -\rho \frac{dv_b}{dt}. \quad (3b)$$

87 The solution at time t must be $u(x, t) = v_b(t)$ in order to satisfy continuity
 88 (2) and the velocity boundary condition (3a).

89 *2.2. Immersed boundary formulation and solution*

We demonstrate the necessity to correctly impose (3b) to solve this simple problem. Immersed boundary algorithms generally re-write equation (1, 2) in the form of a momentum update and pressure Poisson equation to obtain the solution at $t^{n+1} = t^n + \Delta t$ from the solution at t^n

$$u^{n+1} = u^n + r_{\Delta t}(u^n) - \frac{\Delta t}{\rho} \nabla p^{n+1} + f^{n+1} \quad (4a)$$

$$\nabla \cdot \left(\frac{\Delta t}{\rho} \nabla p^{n+1} \right) = \nabla \cdot (u^n + r_{\Delta t}(u^n) + f^{n+1}) \quad (4b)$$

90 where the term $r_{\Delta t}$ contains all the convective and viscous terms (which do
 91 not appear in this 1D example). The time level of the pressure term has been
 92 discussed in [20, 21, 22].

93 The forcing f^{n+1} in equations (4a,4b) enforces the velocity and pressure
 94 boundary conditions (3a,3b) from time t^n to t^{n+1} . In general, this forcing
 95 term can be a function of both the body velocity v_b and the fluid state u, p .
 96 This forcing is constrained to be local to the body, the piston position x_b in
 97 this case, using a Dirac delta function

$$f^{n+1} = \delta(x - x_b)C(v_b, u, p) \quad (5)$$

98 for some function $C(v_b, u, p)$ that imposes the boundary conditions, see Fig-
 99 ure 1a. Since the fluid is initially still and letting $\varphi = \Delta t p^{n+1} / \rho$, we seek a
 100 solution to

$$\nabla^2 \varphi = \nabla \cdot f^{n+1} = \nabla \cdot \delta(x - x_b)C(v_b, u, p). \quad (6)$$

101 Because the Poisson equation is linear, we can split the function C in two
 102 functions, one for the velocity boundary condition $f_u = f_u(v_b, u)$ and one for
 103 the pressure boundary condition $f_p = f_p(v_b, p)$.

$$\nabla^2 \varphi = \delta'(x - x_b) f_u + \delta'(x - x_b) f_p + \delta(x - x_b) f'_p, \quad (7)$$

104 where the last term appears due to the spatial dependency of the pressure
 105 boundary condition. Using the definition of the Dirac delta function as the
 106 derivative of the Heaviside function $\nabla H(x - x_b) = \delta(x - x_b)$, the solution to
 107 (7) is

$$\varphi = H(x - x_b)(f_u + f_p) + \nabla^{-2} \delta(x - x_b) f'_p, \quad (8)$$

108 where ∇^{-2} is the inverse Laplacian. This solution is illustrated in Figure 1b,
 109 which shows the jump in the pressure across the piston body due to the
 110 Heaviside function, while the pressure boundary condition imposes the con-
 111 stant pressure gradient in the rest of the periodic domain.

112 The velocity field is simply

$$u^{n+1} = f^{n+1} - \nabla \varphi = -\nabla \nabla^{-2} \delta(x - x_b) f'_p, \quad (9)$$

113 where the f^{n+1} terms cancel, revealing that the solution depends *only* on
 114 the treatment of the pressure boundary condition for this canonical problem.
 115 Note that the final velocity field satisfies condition (3a) as long as the pres-
 116 sure condition (3b) is met, since substituting (3b) into the time integrated
 117 governing equation (1) gives (3a).

118 2.3. Forcing terms with and without a pressure boundary condition

119 Table 1 summarizes six immersed boundary approaches and their accu-
 120 racy when applied to this canonical test case (found online at [24]). The pre-
 121 vious section showed that the forcing f^{n+1} must explicitly contain a term that

Table 1: Classification of the different immersed boundary methods and associated error on the 1D problem for zero thickness body. Error is quantified as $L_\infty(u^{n+1}/v_b^{n+1} - 1)$.

Method	Reference	Error
IB	[4]	0.9375
cIBM	[23]	0.9717
Direct-forcing	[10]	0.9375
BDIM	[18]	0.7239
IBPM	[19]	1.483×10^{-11}
BDIM- σ	-	3.306×10^{-10}

122 deals with the pressure boundary condition for problems which are pressure-
 123 driven, such as this piston flow. As such, the methods which do not include
 124 p^{n+1} in f^{n+1} (IB, cIBM, and Direct-forcing) show approximately 100% error
 125 in their solution.

126 BDIM and the new BDIM- σ approach presented in this manuscript use
 127 an update of the form

$$f^{n+1} = (1 - \mu^0) \left[v_b^{n+1} - u^n - r_{\Delta t}(u^n) + \frac{\Delta t}{\rho} \nabla p^{n+1} \right] \quad (10)$$

128 where $1 - \mu^0 \sim \delta(x - x_b)$ is a kernel function centered on the body. The
 129 first term imposes (3a) on the body, while the second and third terms adjust
 130 the convection/diffusion and pressure forcing applied to the fluid close to the
 131 body. With the piston initially at rest, the pressure equation becomes

$$\nabla \cdot \frac{\mu^0 \Delta t}{\rho} \nabla p^{n+1} = \nabla \cdot (1 - \mu^0) v_b^{n+1}. \quad (11)$$

132 where we can see that the addition of the pressure term in f^{n+1} has re-
 133 sulted in a Poisson equation with variable coefficients. If these coefficients

134 are properly developed, they enforce the pressure boundary condition and
 135 allow a jump in pressure across the interface, leading to the correct solution.
 136 As detailed in the next section, this requires a modification to BDIM for
 137 very thin geometries, which we call BDIM- σ . The error is reduced to ma-
 138 chine precision using this approach.

139 The IBPM method also obtains good results on this problem but it re-
 140 quires a coupled momentum/pressure equation

$$\nabla^2 \lambda = \nabla \cdot r_1, \quad (12)$$

141 where $\lambda \equiv [\frac{\Delta t}{\rho} p^{n+1}, f_u]^\top$ and $r_1 = [0, v_b^{n+1}]^\top$, such that the pressure and the
 142 velocity forcing are determined simultaneously to enforce both the no-slip and
 143 the divergence-free constraint. The primary methodological contribution of
 144 this manuscript is that BDIM- σ achieves this high level of accuracy while
 145 using a standard Poisson equation.

146 **3. A minimal thickness Boundary Data Immersion Method**

147 The previous section illustrates that the projection step must explicitly
 148 impose the boundary condition on the pressure for the results to be accu-
 149 rate. This section generalizes that result for immersed surface simulations
 150 of the two and three dimensional Navier-Stokes equation. In particular, we
 151 demonstrate the requirement of a finite body thickness for the Boundary
 152 Data Immersion Method (BDIM) and develop a new approach to simulate
 153 the flow past thin surfaces.

As detailed in [18] BDIM solves a *meta*-equation for the velocity field \vec{u} developed from a convolution of the Navier-Stokes equations in the fluid

domain Ω_f with the prescribed velocity in the body domain Ω_b . First we write the fluid equation in the form of an update over a time step $\Delta t = t^{n+1} - t^n$

$$\vec{u}(t^{n+1}, \vec{x}) = \vec{u}(t^n, \vec{x}) + \vec{r}_{\Delta t}(\vec{u}(t, \vec{x})) - \vec{\nabla} p_{\Delta t}(\vec{x}), \quad \forall \vec{x} \in \Omega_f, \quad (13a)$$

$$\vec{r}(\vec{u}) = \frac{1}{Re} \nabla^2 \vec{u} - \vec{u} \cdot \vec{\nabla} \vec{u}, \quad (13b)$$

154 where we use the notation $f_{\Delta t} = \int_{t^n}^{t^{n+1}} f dt$ for the impulse of f across the time
 155 step, $\vec{\nabla} p_{\Delta t}$ is the pressure impulse with $p \equiv P/\rho U^2$ the non-dimensionnal
 156 pressure (U is a velocity length-scale), $\vec{r}_{\Delta t}$ is the impulse of all non-pressure
 157 terms and Re is the Reynolds number. The body velocity update is simply:

$$\vec{u}(t^{n+1}, \vec{x}) = \vec{v}_b(t^{n+1}, \vec{x}), \quad \forall \vec{x} \in \Omega_b. \quad (14)$$

158 We can extend the domain of application of the fluid and the solid governing
 159 equations onto the full domain $\vec{x} \in \Omega = \Omega_f \cup \Omega_b$ by convolution of the
 160 equations using a kernel with support ϵ

$$\phi_\epsilon(|x - x'|) = \begin{cases} \frac{1}{2\epsilon} \left(1 + \cos \left(\frac{|x-x'|\pi}{\epsilon} \right) \right) & \text{if } |x - x'| < \epsilon \\ 0 & \text{else.} \end{cases} \quad (15)$$

161 Evaluation of this convolution using a Taylor series expansion up to second
 162 order and assuming that the boundary can be approximated by its local
 163 tangential plane we obtain an equation for the convolved velocity field \vec{u}_ϵ
 164 valid throughout the domain

$$\begin{aligned} \vec{u}_\epsilon^{n+1} = \mu^0 \left(\vec{u}_\epsilon^n + \vec{r}_{\Delta t}(\vec{u}_\epsilon^n) - \vec{\nabla} p_{\Delta t} \right) + (1 - \mu^0) \vec{v}_b \\ + \mu^1 \frac{\partial}{\partial n} \left(\vec{u}_\epsilon^n + \vec{r}_{\Delta t}(\vec{u}_\epsilon^n) - \vec{v}_b - \vec{\nabla} p_{\Delta t} \right), \end{aligned} \quad (16)$$

165 where we define $\mu^k(s) = \int_{-\epsilon}^s \phi_\epsilon(x) x^k dx$ as the moments of the kernel and
 166 $s(\vec{x}, t)$ is the signed distance function to the boundary $\partial\Omega_b$. See [18] for a

167 full derivation. The key properties of this meta-equation are (i) the kernel
 168 moments *smoothly* ramp between the fluid and solid governing equations, and
 169 (ii) this transition is applied not only to the velocity and convection/diffusion
 170 impulse ($u_\epsilon, v_b, r_{\Delta t}$) but *also* to the pressure impulse.

Equation 16 is solved using the fractional step method, where the pressure is determined by requiring that the final velocity field be divergence-free. Heun's method is use to integrate the equation form $\vec{u}^n = \vec{u}_\epsilon(t^n)$ to find $\vec{u}^{n+1} = \vec{u}_\epsilon(t^{n+1})$ in two steps, first an explicit Euler step is performed using $\vec{v}_b = \vec{v}_b(t^{n+1})$

$$\vec{u}^* = \mu^0 (\vec{u}^n + \vec{r}_{\Delta t}(\vec{u}^n)) + (1 - \mu^0)\vec{v}_b + \mu^1 \frac{\partial}{\partial n} (\vec{u}_\epsilon^n + \vec{r}_{\Delta t}(\vec{u}^n) - \vec{v}_b), \quad (17a)$$

$$\Delta t \vec{\nabla} \cdot (\mu^0 \vec{\nabla} p_0) = \vec{\nabla} \cdot \vec{u}^*, \quad (17b)$$

$$\vec{u}_1 = \vec{u}^* - \Delta t \mu^0 \vec{\nabla} p_0, \quad (17c)$$

followed by Heun's corrector step

$$\vec{u}_1^* = \mu^0 (\vec{u}^n + \vec{r}_{\Delta t}(\vec{u}_1)) + (1 - \mu^0)\vec{v}_b + \mu^1 \frac{\partial}{\partial n} (\vec{u}_0 + \vec{r}_{\Delta t}(\vec{u}_1) - \vec{v}_b), \quad (18a)$$

$$\Delta t \vec{\nabla} \cdot (\mu^0 \vec{\nabla} p_2) = \vec{\nabla} \cdot \vec{u}_1^*, \quad (18b)$$

$$\vec{u}_2 = \vec{u}_1^* - \Delta t \mu^0 \vec{\nabla} p_2, \quad (18c)$$

$$\vec{u}^{n+1} = \frac{1}{2}(\vec{u}_1 + \vec{u}_2), \quad (18d)$$

171 where all the impulses are approximated using explicit methods.

172 3.1. Pressure boundary condition enforcement

173 At a non-slip wall, the pressure can be shown to satisfy the condition

$$\frac{\partial p}{\partial n} = \hat{n} \cdot \left[-\rho \frac{D\vec{v}_b}{Dt} + \mu \nabla^2 \vec{u} \right]. \quad (19)$$

174 where $D\vec{v}_b/Dt$ is the acceleration of the moving wall. In this section we will
 175 show that this condition can only be imposed by explicit modification of the
 176 coefficients of the Poisson equation. We will use our 1D case to show that
 177 in the limit of vanishing kernel width, our method imposes this boundary
 178 condition on the pressure field implicitly. This argument extends to higher
 179 dimensions.

180 The pressure is determined through the solution of the Poisson equation
 181 in 17b. As opposed to other immersed methods, BDIM uses a *variable* coef-
 182 ficient Poisson equation due to the kernel moment μ^0 . A distance $\pm\epsilon$ from
 183 the surface, the kernel moment ranges from $\mu^0(s \geq \epsilon) = 1$ outside the body
 184 to $\mu^0(s \leq -\epsilon) = 0$ within the body. The influence of the pressure gradient
 185 is removed when $\mu^0 = 0$, turning off the pressure sensitivity across the body
 186 and enforcing the Neumann pressure condition.

187 We demonstrate this using the 1D example of the previous section since
 188 the argument generalizes directly to the 2D and 3D cases. On a 1D uniform
 189 grid, a finite volume integration over cell $\Delta\Omega_i$ and central difference of a
 190 derivative at cell face $i + \frac{1}{2}$ gives

$$\int_{i-\frac{1}{2}}^{i+\frac{1}{2}} \frac{d\phi}{dx} dx = \phi_{i+\frac{1}{2}} - \phi_{i-\frac{1}{2}} \quad \text{and} \quad \left. \frac{dp}{dx} \right|_{i+\frac{1}{2}} = \frac{p_{i+1} - p_i}{\Delta x}, \quad (20)$$

191 where Δx is the uniform spacing. Substitution into Equation 17b gives the
 192 discrete Poisson equation

$$\mu_{i+\frac{1}{2}}^0 (p_{i+1} - p_i) - \mu_{i-\frac{1}{2}}^0 (p_i - p_{i-1}) = \frac{\Delta x}{\Delta t} (u_{i+\frac{1}{2}}^* - u_{i-\frac{1}{2}}^*). \quad (21)$$

193 Now, consider when the boundary $\partial\Omega_b$ is located at $i + \frac{1}{2}$. Letting the
 194 support of the kernel $\epsilon \rightarrow 0$ such that $\mu_{i+\frac{1}{2}}^0 = \mu_{i\pm\frac{1}{2}}^1 = 0$ while $\mu_{i-\frac{1}{2}}^0 = 1$ gives

195 a pressure Poisson equation

$$-(p_i - p_{i-1}) = \frac{\Delta x}{\Delta t} \left(v_b^{n+1} - u_{i-\frac{1}{2}}^* \right), \quad (22)$$

196 where $u_{i+\frac{1}{2}}^* = v_b^{n+1}$ from Equation 17a. This is *exactly* the Poisson equa-
197 tion we would obtain by substituting the velocity and pressure boundary
198 condition (3a),(3b) into a constant coefficient ($\mu^0 = 1$ everywhere) Poisson
199 equation at this boundary point. This is a 1D discretization of (19) where
200 the viscous term has vanished due to the unidimensionality of the problem.
201 This same argument applies to 2D and 3D Poisson equations as well; the
202 pressure condition (19) is automatically applied to all immersed surfaces as
203 $\mu^0 \rightarrow 0$ in the body. The zeros in the Poisson matrix ensure that condition
204 (19) is imposed as we approach the body and that pressure jumps across the
205 interface do not influence the fluid momentum on either side, which would
206 result in an leakage of fluid across the body. The resulting linear system can
207 still be solved with standard iterative methods (relaxation, Krylov subspace,
208 Multi-Grid, etc), unlike IBPM which requires careful construction of the
209 augmented system to ensure that it is positive-definite and well-conditioned
210 [13].

211 3.2. Acceleration and Reynolds number dependence

212 We note that the error introduced by the lack of explicit boundary con-
213 dition on the pressure field is dependent on the strength of the r.h.s of equa-
214 tion 17b. The major contributor to the magnitude of this source term in
215 the Poisson equation is the local body acceleration (through the v_b^{n+1} term).
216 However, the Reynolds number of the flow will also influence the strength of
217 this source term. Low Reynolds number flow is characterized by a relatively

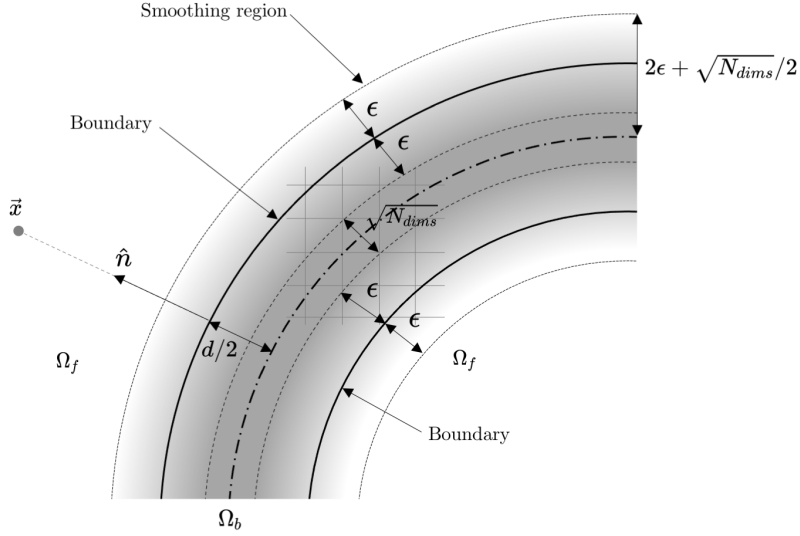


Figure 2: Schematic of the BDIM smoothing for a general thin 2D body. The smoothing occurs in a region ϵ away from the boundary, represented here by the gray gradient area. A schematic of a 2D grid is also depicted to show the minimum width of the core of the body (where $\mu^0 = 0$) that ensure the Neumann condition is respected.

218 smooth velocity gradient near walls compared to high Reynolds number flow,
 219 therefore reducing the contribution of $r_{\Delta t}$ to the source term. This means
 220 that the errors in immersed boundary methods which do not enforce the
 221 Neumann condition in the project step will be more severe as the Reynolds
 222 number increases, which may explain why this issue is not referenced more
 223 commonly in the literature of low Re immersed boundary simulations. We
 224 will demonstrate the magnitude and increasing severity of these errors with
 225 Re in Section 5.

226 3.3. *BDIM- σ*

227 We have shown that the Neumann condition is imposed for boundary cells
 228 if $\mu^0 = 0$ within the body. With a kernel support of $\epsilon = 2\Delta x$, as suggested in
 229 [18], the smoothing region on each side of a 1D body has a width of $4\Delta x$. If
 230 the center of the body is aligned with a grid point, we would satisfy $\mu^0 = 0$ for
 231 this point. In general, however, the body will not be aligned with a grid point
 232 and we must increase the width of the central region of the μ^0 kernel moment
 233 to ensure that this is true regardless of the position of the body. Therefore,
 234 in 1D we must increase the body thickness to $5\Delta x$ to satisfy the requirement
 235 and in N_{dims} we find that the minimum body thickness is $(4 + \sqrt{N_{dims}})\Delta x$,
 236 Figure 2. This means that accurate predictions around very thin bodies in
 237 3D space requires decreasing Δx at the cost of significantly more expensive
 238 simulations.

239 In this section, we present *BDIM- σ* , a simple adjustment to the classic
 240 *BDIM* method which enables the accurate simulation of thin bodies and
 241 even \mathbb{R}^2 bodies (plates, shells, membranes) immersed in a \mathbb{R}^3 fluid domain. In
 242 particular, we follow the common *slender body* formulation that parametrizes
 243 a thin 3D body by a mid-plane surface σ and a local thickness d , see [25, 26].
 244 In other words, the points on the body surface are defined as

$$\vec{x} \in \partial\Omega_b = \vec{\sigma}(\vec{\xi}) \pm \frac{1}{2}d(\vec{\xi})\hat{n}(\vec{\xi}) \quad (23)$$

245 where $\vec{\xi}$ are the curvilinear coordinates of the mid-surface and \hat{n} is the unit
 246 normal.

247 Our aim is to produce a zeroth kernel moment μ^0 which behaves similarly
 248 to a top-hat function; rapidly but smoothly transitioning from 1 to 0 to 1

249 as we travel through an immersed geometry of any thickness, Figure 2. To
 250 achieve this, we first minimize the size of the smoothing region by setting
 251 $\epsilon = \Delta x/2$. This makes the meta-function transition more abrupt, but the
 252 following sections demonstrate that the results are still numerically stable
 253 and accurate. Second, we adjust the signed distance function to ensure that
 254 the flat $\mu^0 = 0$ section is always present, regardless of the body thickness d

$$s(\vec{x}, t) = s_\sigma(\vec{x}, t) - \max(\frac{1}{2}d(\vec{x}, t), C_1\Delta x), \quad (24)$$

255 where s_σ the signed distance to the surface σ , $d(\vec{x}, t)$ is the local thickness
 256 at the normal projection point of \vec{x} , see Figure 2, and $C_1 = \frac{1}{2} + \frac{1}{2}\sqrt{N_{\text{dims}}}$ is
 257 the minimum thickness coefficient which depends on the number of spatial
 258 dimensions N_{dims} . This new adjusted signed distance function ensures the
 259 proper boundary condition will be applied, even in the limit of a vanishing
 260 thickness, i.e. a \mathbb{R}^2 surface in \mathbb{R}^3 space. As $d \rightarrow 0$, the $\mu^0 = 0$ section
 261 extends outside the body the minimum amount required to maintain the
 262 modified Poisson equation.

263 4. Convergence Study: Oscillating Thin Shell

264 In this section we verify the numerical convergence of our implementation
 265 of BDIM- σ using the 2D test case of an oscillating circular shell in quiescent
 266 fluid, equivalent to the test used in [10] and presented in [27]. A thin shell of
 267 diameter D and thickness $d = D/16$ is placed in the center of a box of size
 268 $H = 8D$ filled with incompressible viscous fluid at rest. The inside of the
 269 shell also contains incompressible viscous fluid at rest, Figure 3b. Fluid flow
 270 is obtained by prescribed motion of the shell

$$x(t) = x_0 + A(1 - \cos(2\pi ft)), \quad y(t) = y_0, \quad (25)$$

271 where the amplitude of motion is $A = 0.125D$, the frequency $f = 1 \text{ Hz}$, and
272 $\vec{x}_0 = \vec{x}(t = 0)$ is the initial position of the shell. The Reynolds Number of
273 the flow is $Re = UD/\nu = 200$, where the reference velocity is $U = 2\pi fA$.

274 The simulations are performed using an in-house code, Lotus, that has
275 been validated for a wide range of flows at intermediate Reynolds numbers,
276 with and without immersed bodies [18, 28, 29, 30]. The governing equations
277 are solved on a Cartesian finite-volume mesh. The convective term is approx-
278 imated using a flux-limited Quadratic Upstream Interpolation for Convective
279 Kinematics (QUICK) [31] scheme for stability, and central difference is used
280 for the diffusive terms. Turbulence is modelled using implicit Large Eddy
281 Simulation (iLES) model that uses flux limiting to model the energy loss due
282 to sub-grid stress. The solution to the Poisson equation are obtained using
283 a multi-grid method. We use adaptive time-steps based on the convective
284 and diffusive Courant velocities. The second-order spatial and temporal con-
285 vergence of the flow solver without immersed boundaries is demonstrated on
286 the 2D Taylor-Green vortex in appendix Appendix A.

287 Simulations for the 2D oscillating shell problem are produce using four
288 uniform meshes of size $D/\Delta x \in [32, 64, 128, 256]$. Figure 3b shows a snap-
289 shot of the solution. The results show the expected internal and external
290 flow pattern and pressure field, including the discontinuous jump in pressure
291 across the thin shell wall. Quantitatively, the internal flow is captured per-
292 fectly, without any variations between mesh size, as the velocity field solution
293 is constant and the pressure is linear. As the motion amplitude is finite, a
294 closed-form solution for the external flow does not exist. As such, we use the

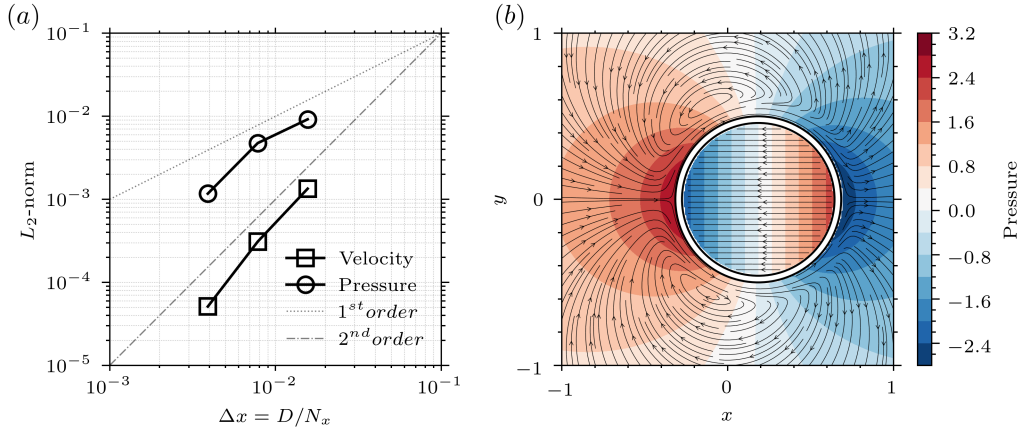


Figure 3: (a) Convergence in the L_2 -norm of the pressure and velocity field. (b) pressure contour and velocity streamlines for the external and internal flow at $t = 0.5$. The internal flow follows rigid body motion.

295 results of the finest mesh to define the L_2 -norm of the error for a variable φ

$$L_2^N(\varphi) = \left[\frac{1}{N^2} \sum_{i=1}^{N^2} |\varphi_i^N - \varphi_i^e|^2 \right]^{1/2}. \quad (26)$$

296 Figure 3a shows the second order-convergence (dashed-line) for the pressure
 297 ($p = 2.0$) and velocity ($p = 2.0$) field in the L_2 -norm, verifying the numerical
 298 accuracy of the proposed BDIM- σ method.

299 5. Application: Accelerating Thin Disk

300 In this section we validate the performance of the new BDIM- σ approach
 301 compared to other immersed boundary methods on the pressure-driven flow
 302 around an impulsively accelerated thin circular disk. Following the exper-
 303 imental and numerical study presented in [29], an initially static circular
 304 disk with diameter D is accelerated from rest with constant acceleration a

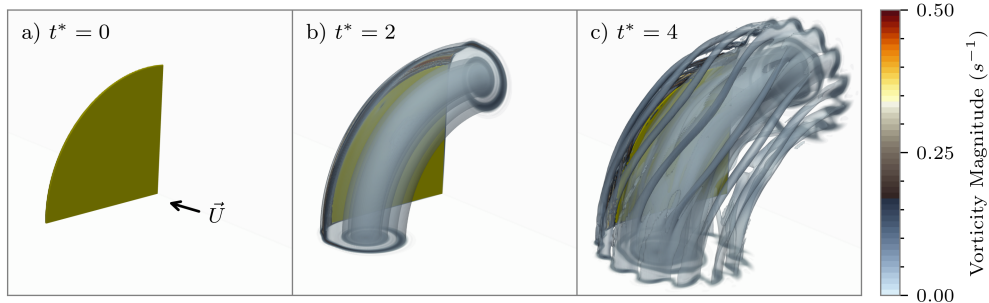


Figure 4: Time snapshot of the disk and the vortex structure visualized using the iso-surface of $\lambda_2 U^2 / D^2 = -32$, coloured with vorticity magnitude $|\omega|U/D$. Disk and vortex core shown at initial impulse, end of acceleration phase, and in the steady phase. Only 1/4 of the disk and vortex core are shown. Animation of this figure is provided as supplementary material.

305 in a quiescent fluid up to a terminal velocity U , after which the velocity
 306 is held steady. Figure 4 visualizes the resulting flow for non-dimensional
 307 acceleration $a^* = aD/U^2 = 0.5$ at $t^* = tU/D = 0$, $t^* = 2$ (the end of ac-
 308 celeration), and $t^* = 4$. The Reynolds number at the terminal velocity is
 309 $Re = UD/\nu = 1.25 \times 10^5$.

310 We compare three different immersed boundary methods, a Direct-forcing
 311 method that uses linear velocity reconstruction [10], classic BDIM [18], and
 312 the new BDIM- σ developed above. As we are focused on the early develop-
 313 ment of the flow, we make use of the double symmetry of the geometry and
 314 wake to reduce the mesh count by simulating the flow over 1/4 of the disk.
 315 (The wake breaks symmetry only after $t^* > 20$ even at high Re [29].) The
 316 no-slip boundary condition is applied on the disk. A zero normal flux condi-
 317 tion is applied at the exterior domain boundaries. A uniform grid region of
 318 $[1.25 \times 1.25 \times 1.25]$ disk radius is used to properly capture the vortex roll-up

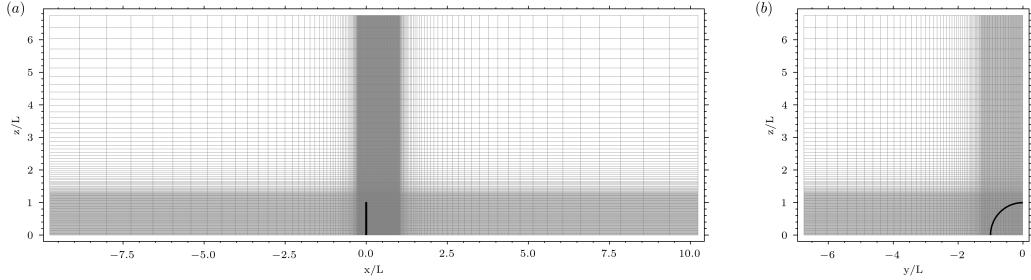


Figure 5: Profile and front view of the finest grid used for the thin circular disk case. The top view is identical to the profile view. For clarity every two cells are shown in each direction.

319 and the wake of the disk, see Figure 5. Grid stretching is used to fill the rest
 320 of the domain until it reaches the total size of $[20 \times 6.66 \times 6.66]$ disk radius.
 321 Instead of accelerating the disk itself, we accelerate the fluid inside the do-
 322 main. This ensures that the wake is always located in the uniform region of
 323 the grid. Inlet boundary conditions are prescribed as $\vec{u} = [V(t), 0, 0]$, where
 324 $V(t) = at$ for $0 < t < U/a$ and $V(t) = U$ for $t \geq U/a$. A convective condition
 325 is applied at the domain exit plane downstream of the body.

326 We perform two convergence studies for the disk case; in the first one, we
 327 only vary the spatial resolution, and in the second one, we also vary the thick-
 328 ness of the body. Convergence is assessed by comparing the pressure impulse
 329 $I \equiv \int_0^T F/\rho D^2 dt^*$ where we have taken $T = 4t^*$ for all cases. Richardson
 330 extrapolation is used to obtain the extrapolated value and apparent order of
 331 convergence.

332 We obtain the expected 2^{nd} -order convergence rate ($p = 1.82$) in the case
 333 where only the numerical parameter Δx is varied, with relative errors close
 334 to 0.15% for the finest mesh, see Figure 6. Unsurprisingly, the convergence

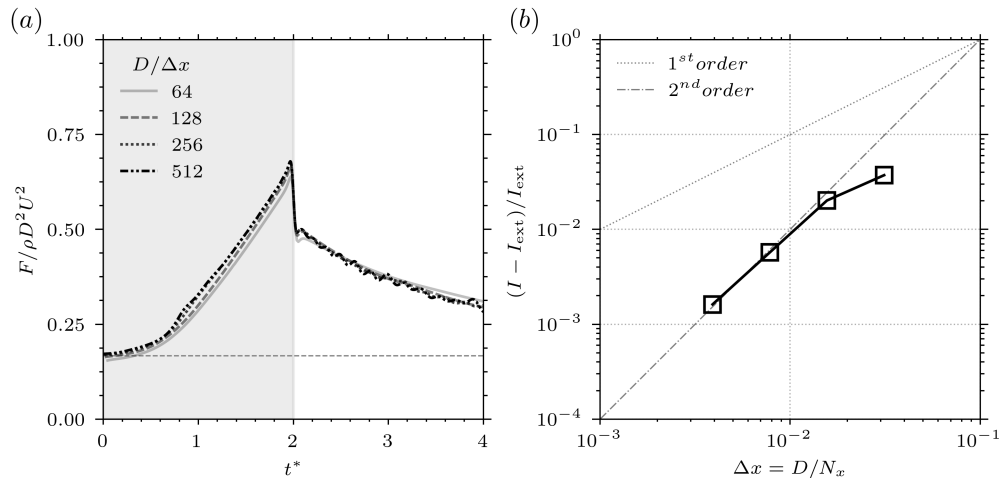


Figure 6: Convergence of the pressure impulse for the thin circular disk with constant thickness ratio $D/d = 32$ and varying resolution. (a) Normalized pressure force acting on the disk for varying resolution and (b) relative error in the pressure impulse to the Richardson extrapolated value.

335 behaviour changes when the body thickness is simultaneously reduced with
 336 the grid size, see Figure 7. However, the fine mesh results presented are still
 337 within 2% of the Richardson extrapolated value for $d \rightarrow 0$. We use the fine
 338 mesh for all the simulations presented hereafter.

339 5.1. Results

340 Our results focus on a single disk acceleration, $a^* = 0.5$, as the change in
 341 fluid response as a function of a^* is documented in the study by Fernando
 342 et al. [29]. In addition to testing the three immersed boundary methods,
 343 we also vary the disk thickness d for the BDIM and BDIM- σ methods to
 344 test the performance for very thin bodies. We use a constant $d/\Delta x = 4$ for
 345 the Direct-forcing method as the pressure BC is not enforced regardless of
 346 thickness.

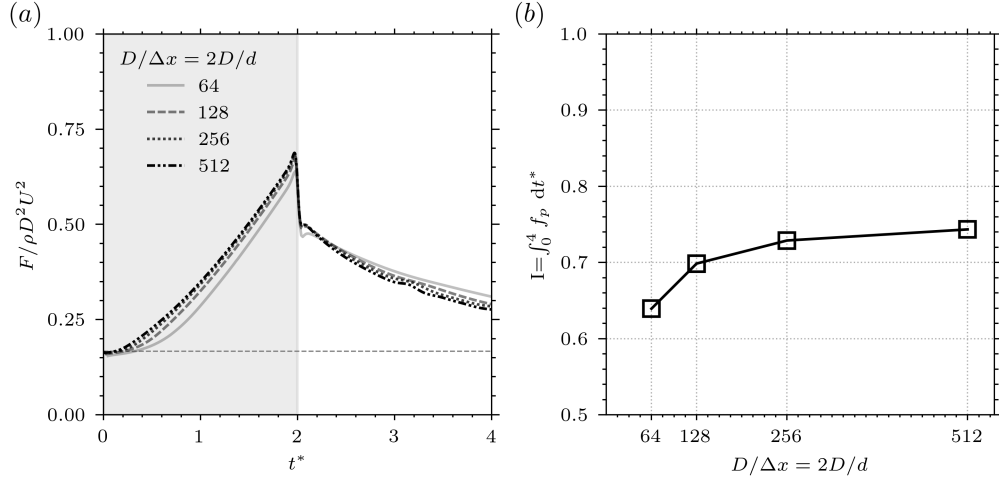


Figure 7: Thickness study for the thin circular disk with the thickness reduced simultaneously with the grid spacing, maintaining a minimal $d = 2\Delta x$ at each resolution. (a) normalized pressure force on the disk at various resolution, (b) variation of the pressure impulse for varying resolution and thicknesses.

347 Axial velocity profiles through the center-plane of the disk near the edge
 348 are shown on Figure 8. The profiles are taken at $t^* = 4$, which is during the
 349 steady motion phase. The solutions for Direct-forcing (with $d/\Delta x = 4$) and
 350 BDIM (when $d/\Delta x < 4$) are both seen to leak through the disk, violating the
 351 normal velocity condition. In contrast, BDIM- σ always enforces the velocity
 352 BC, letting us study the influence of changing disk thickness on the flow
 353 without this modelling error. We observe differences in the velocity profiles
 354 resulting in a different shear-layer behaviour, depending on the disk thickness.
 355 Thicker disks result in separation from the front corner in addition to the
 356 back, leading to a more complex velocity profile.

357 The resulting time history of the normalized pressure force acting on the
 358 disk can be seen on Figure 9. The initial added-mass force is compared to

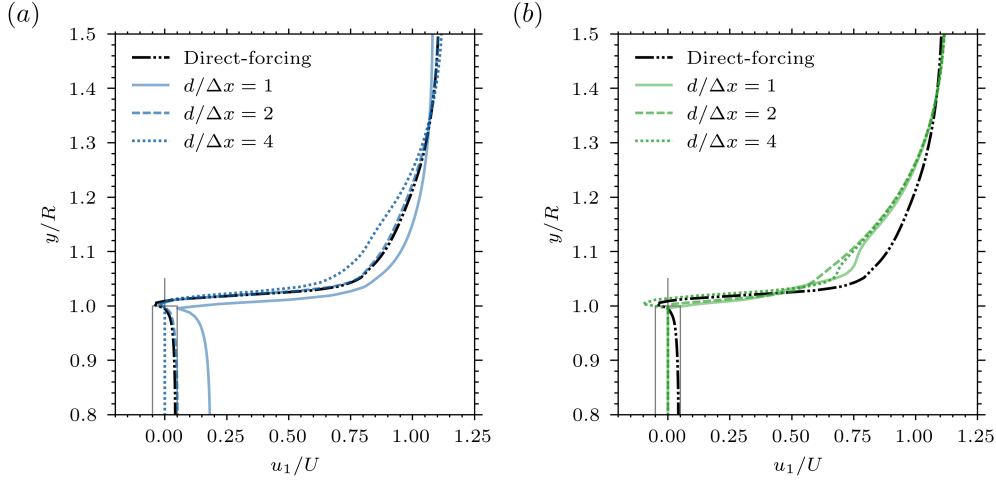


Figure 8: Axial (u_1) velocity profile on the top of the accelerated thin disk at a non-dimensional time $t^* = 4$ for (a) BDIM and Direct-forcing and (b) BDIM- σ and Direct-forcing. The thickness of the disk is exaggerated for visualisation purpose.

359 the analytical expression for the added-mass coefficient

$$C_a = \frac{F}{\rho D^3 a} = \left(\frac{F}{\rho D^2 U^2} \right) \frac{1}{a^*} = \frac{1}{3}, \quad (27)$$

360 from potential flow theory for a thin circular disk, see Brennen [32]. This
 361 value is shown as a horizontal dashed line in Figure 9 and the initial force
 362 predictions for each method are summarized in Table 2. The Direct-forcing
 363 method completely misses this initial added-mass force, while BDIM is able to
 364 capture the force accurately, provided the body is sufficiently thick ($d/\Delta x \geq$
 365 4). The new BDIM- σ method ensures the correct pressure boundary condi-
 366 tion is always applied and so the initial force is always captured.

367 In addition to validating the initial impulse force with potential flow the-
 368 ory, we validate the force peak (F_{peak}) using published experimental data
 369 [29, 33]. The results are presented in Table 2. The experimental values are

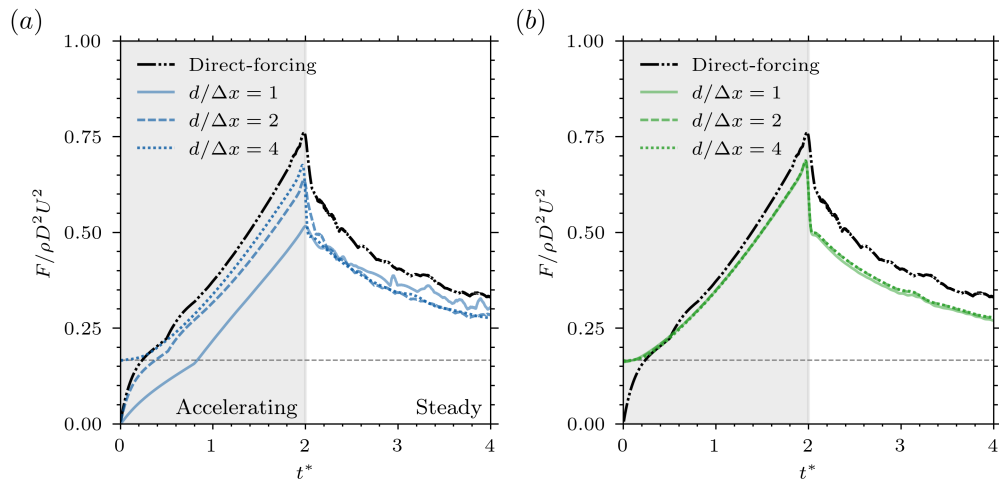


Figure 9: Normalized pressure force acting on an impulsively started disk (a) BDIM and Direct-forcing, (b) BDIM- σ and Direct-forcing for $a^* = 0.5$. Results are presented with various disk thicknesses (in terms of FV mesh spacing). The horizontal dashed line ($F/\rho D^2 U^2 = a^*/3$) represents the theoretical added-mass coefficient (only valid for the initial impulse). The accelerating ($v_b = at$) and steady phase ($v_b = U$) are represented by the gray and white shaded areas, respectively.

Table 2: Normalized initial and peak force at $U/U_{max} = 0$ and $U/U_{max} = 1$ for the different numerical methods and the experimental data. Numerical results are shown for the finest mesh with various thickness to diameter ratios d/D . The Direct-forcing results use $d/D = 4/512$. The relative error compared to the reference solution is also shown.

Method	d/D	F_{init}	%Error	F_{peak}	%Error
Direct-forcing [10]		0.012	96.4	1.52	14.4
BDIM	1/512	0.001	99.6	1.032	22.4
	2/512	0.010	97.1	1.272	4.36
	4/512	0.333	0.06	1.351	1.61
BDIM- σ	1/512	0.332	0.36	1.369	2.96
	2/512	0.332	0.26	1.375	3.42
	4/512	0.333	0.08	1.373	3.20
Reference	Analytical	1/3.	-	-	-
	Experimental [29, 33]	-	-	1.33 ± 0.02	-

370 obtained for the same acceleration, but with $Re = 50 \times 10^3$. This difference
 371 in Re is not significant as Fernando et al. [29] shows the peak forces are very
 372 weakly sensitive to the Reynolds number and we confirm this in Figure 10.
 373 The experimental peak force is obtained from an average of the peak forces
 374 from 125 measurements with a disk of $d/D = 0.01$. The standard deviation of
 375 1.3% is used as an estimate of the experimental uncertainty in this value. As
 376 before, Direct-forcing method has the largest error, although now the lack of
 377 pressure boundary condition has resulted in an *over*-estimate of the pressure
 378 force which continues through the steady velocity phase ($t^* > 2$). Table 2
 379 shows the classic BDIM method approaches (and overshoots) the peak ex-
 380 perimental drag as the thickness is increased. However, classic BDIM cannot
 381 enforce the pressure boundary condition exactly when $d/D = 1/512$ (corre-
 382 sponding to $d = 2\Delta x$) which results in more than 20% error. In contrast,
 383 BDIM- σ always enforces the pressure boundary condition and therefore gives
 384 an essentially constant force prediction within around 3% of the experiments
 385 even as $d \rightarrow 0$.

386 Finally, we verify the arguments in Section 3 and show the increased
 387 importance of the pressure boundary condition with increased Re (Figure 10).
 388 The BDIM and BDIM- σ solution using $d/D = 4/512$ are indistinguishable
 389 and show very little change in the force profile as the Reynolds number is
 390 increased from $Re = 100$ to 1250 to 125000, especially during the acceleration
 391 phase ($t^* < 2$), in agreement with the experimental findings [29, 33]. In
 392 contrast, the Direct-forcing results only match BDIM and BDIM- σ for $Re =$
 393 100, with large force errors at higher Re . The leakage observed and incorrect
 394 force predictions are purely due to the pressure field being computed without

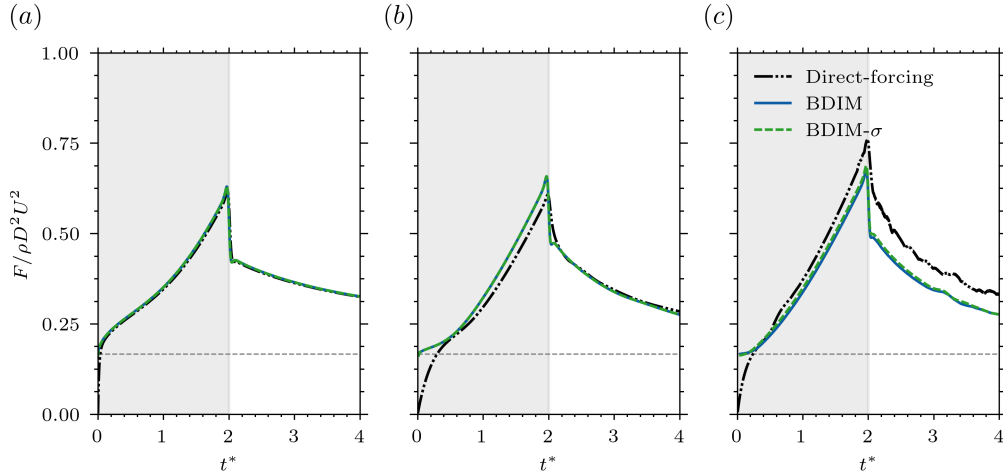


Figure 10: Normalized pressure force acting on an impulsively started disk for the BDIM, BDIM- σ , and Direct-forcing method using $d/D = 4/512$ at Reynolds number, (a) 100, (b) 1250 and (c) 125×10^3 for $a^* = 0.5$. The horizontal dashed line ($F/\rho D^2 U^2 = a^*/3$) represents the theoretical added-mass coefficient (only valid for the initial impulse).

395 proper boundary conditions on the body. This results in a non-zero pressure
 396 flux across the disk during the projection step, and this error is exaggerated
 397 as the flow gradients near the boundary increase, i.e. at higher Re . The only
 398 way to avoid this issue for all Re is to adjust the Poisson equation for the
 399 pressure such that the Neumann boundary condition is imposed explicitly.

400 6. Application: Flapping Insect Wing

401 As a final example, we consider the flow induced by a flapping insect wing,
 402 demonstrating the performance of immersed boundary methods when mod-
 403 elling moving three-dimensional thin structures. The geometry is a simplified
 404 representation of a *drosophila* wing (a common fly), commonly modeled as

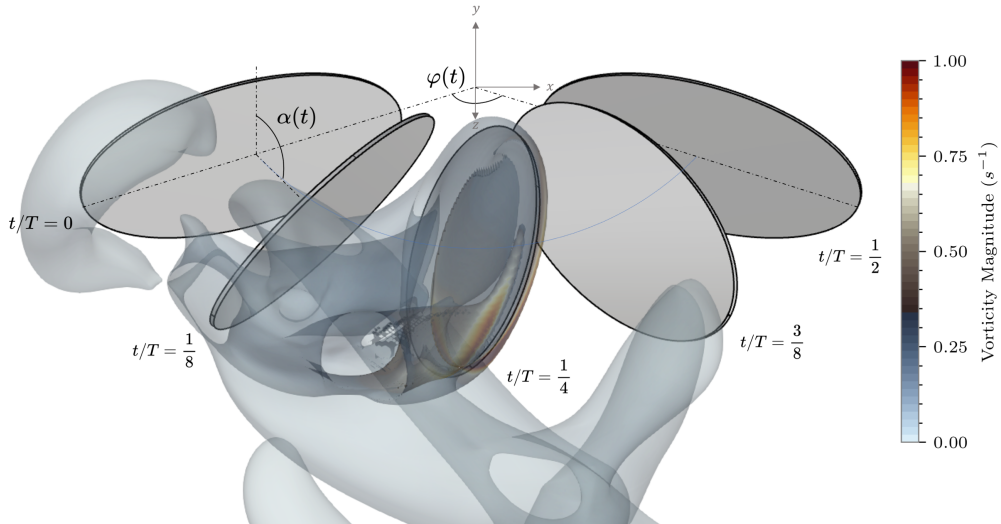


Figure 11: Elliptical plate wing at different time during an oscillatory period. Motion kinematics are: $f_r = 0.5$, $A_\theta = 0$, $A_\varphi = 0.35\pi$ and $A_\alpha = \pi/4$. The blue line represents the motion of the center of the wing. The vortical structures are shown as iso-surface of λ_2 -criterion ($\lambda_2 U^2 / D^2 = -8$) colored with vorticity magnitude ($\omega U / D$), shown only for $t/T = 1/4$. Animations of the above figure are provided as supplementary material.

405 an ellipsoid [34, 35, 36, 37, 38] defined by the following equation:

$$\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} = 1, \quad (28)$$

406 where $a = 0.5$, $b = 0.05$ and $c = 1$. However, to highlight the ability of
 407 BDIM- σ to approach the true wing's geometry, we model the wing as an
 408 elliptically-shaped and initially flat shell (*i.e.* a plate) with constant minimal
 409 thickness d . Of course, the two representations match in the limit of $b \rightarrow 0$
 410 and $d \rightarrow 0$, as the wing becomes an ellipsoidal flat plate.

The wing's motion is completely described by the three following Euler

angles

$$\varphi(t) = A_\varphi \cos(2\pi f_r t), \quad (29a)$$

$$\theta(t) = A_\theta \sin(2\pi f_\theta t), \quad (29b)$$

$$\alpha(t) = \frac{\pi}{2} - A_\alpha \sin(2\pi f_r t + \xi). \quad (29c)$$

411 We set the flapping amplitude to $A_\varphi = 0.35\pi$ and the angle of attack ampli-
 412 tude to $A_\alpha = \pi/4$, see Figure 11, to replicate the numerical results presented
 413 in [37]. The deviation amplitude, A_θ is set to zero such that the flapping
 414 motion is constrained to the $x - z$ plane. The flapping and angle of attack
 415 frequencies are taken as $f_r = 0.5 Hz$. The deviation of the angle of attack
 416 to the flapping angle is set to zero $\xi = 0$. These kinematics result in a Rosby
 417 number of $Ro \equiv R_{tip}/\bar{c} = 3.2$ and a Reynolds number of $Re \equiv \bar{c}U/\nu = 100$,
 418 where R_{tip} is the distance from the instantaneous center of motion (in this
 419 case, the origin) to the tip of the wing and \bar{c} is the mean chord of the wing.
 420 The reference velocity is defined as $U = f_r R_g \int_0^{1/f_r} \sqrt{\dot{\varphi}^2 + \dot{\theta}^2} dt$, and the
 421 radius of gyration $R_g = \sqrt{\frac{1}{S} \int_0^R cr^2 dr}$.

422 6.1. Numerical Method

423 A uniform grid region of $[2.6 \times 1.7 \times 1.8]$ wing span is used to properly
 424 capture the unsteady flow structures around the wing, see Figure 12. Grid
 425 stretching is used to fill the rest of the domain until it reaches the total size
 426 of $[8 \times 5.5 \times 5]$ wing span. A zero normal flux condition is applied on all
 427 exterior boundary of the domain. The no-slip boundary condition is applied
 428 to the immersed body.

429 Convergence is assessed using the mean lift coefficient over the last four
 430 periods (good periodicity is found for the last four period of motion of our

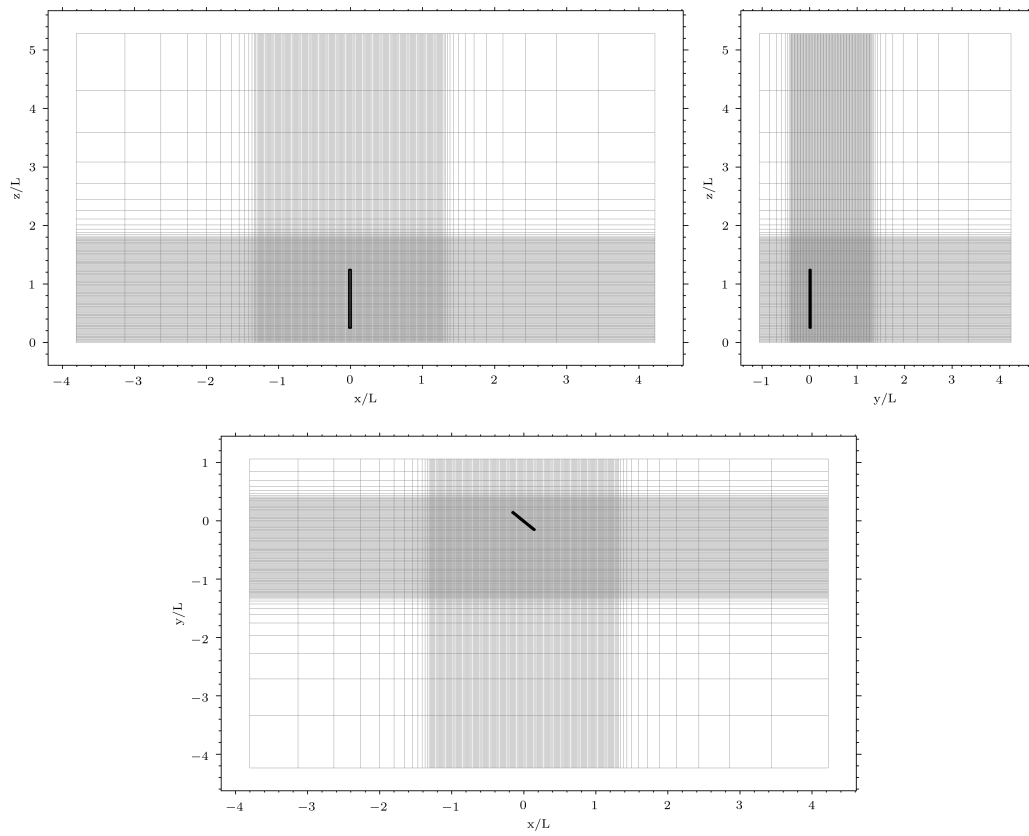


Figure 12: First-angle projection of the finest grid used for the ellipsoidal wing case. The wing is shown at $t/T = 0.25$. For clarity every two cells are shown in each direction.

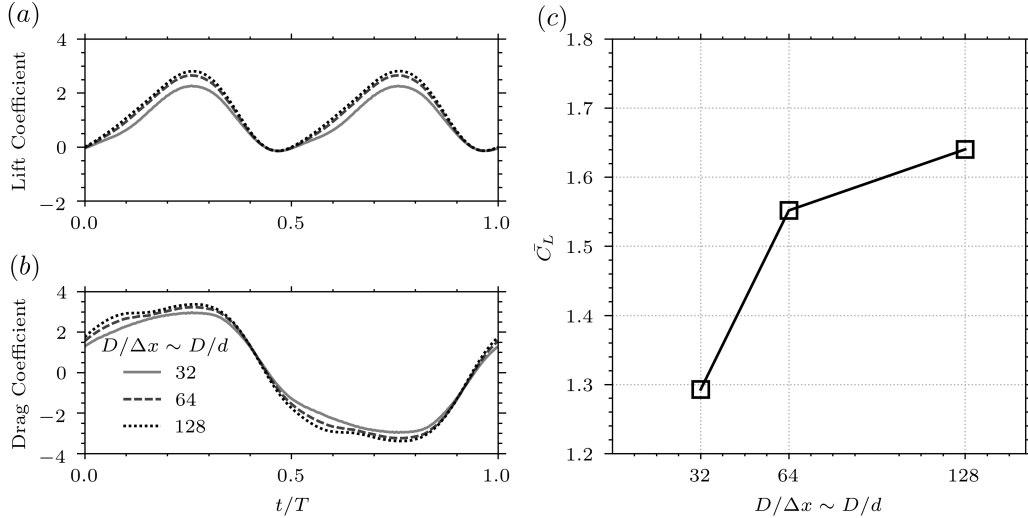


Figure 13: Geometrical sensitivity study of the (a) lift and (b) drag coefficient for the wing with the minimum body thickness $d = (1 + \sqrt{3})\Delta x$. (c) convergence of the mean lift coefficient for varying resolution and thicknesses.

431 system, see Figure 15d). We vary the resolution while using the thinnest possible
 432 body. The convergence rate with thickness is found to be $O((d/D)^{1.55})$
 433 with relative error to the Richardson extrapolated value of 2.7% for the finest
 434 mesh, and so this is the mesh used in the results. As with the accelerating
 435 disk case, the convergence rate is less than 2 because the thickness is simul-
 436 taneously reducing with Δx .

437 6.2. Results

438 Results are presented in terms of time dependent lift and drag coefficients

$$C_L = \frac{F_y}{\frac{1}{2}\rho U^2 S}, \quad C_D = \frac{F_x \cos(\varphi) - F_z \sin(\varphi)}{\frac{1}{2}\rho U^2 S}, \quad (30)$$

439 where S is the surface area of the ellipsoidal wing and F_i is the i^{th} component
 440 of the instantaneous force acting on the wing. We model the wing with the

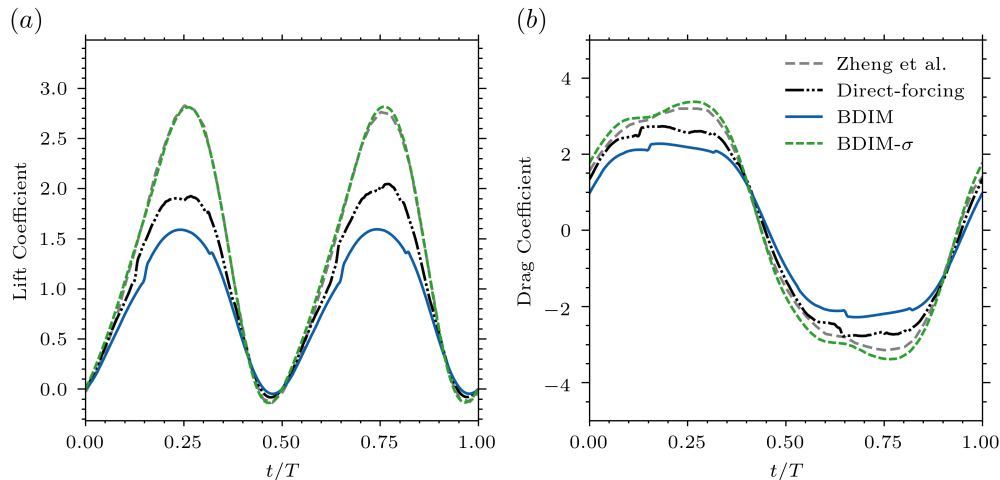


Figure 14: Time history of the (a) lift and (b) drag coefficient for the wing. Results are presented for a single period after the motion become independent of the initial conditions.

441 same thickness $d = (1 + \sqrt{3})$ for all the Immersed Boundary methods.

442 We include additional numerical results of the flow around an ellipsoidal
 443 wing obtained in Zheng et al. [37]. Despite the fact that [37] models the wing
 444 as a thin ellipsoid instead of an elliptical plate the lift and drag coefficient re-
 445 sults are very comparable to BDIM- σ . The Direct-forcing and BDIM results
 446 shows a large under-prediction of the forces. Figure 15a-c shows that this
 447 large under-prediction is due to a different pressure field around the body. In
 448 the Direct-forcing method this pressure field is the result of the non-existent
 449 pressure boundary condition applied to the Poisson equation. Because the
 450 body is very thin, the standard BDIM method does not properly impose the
 451 pressure boundary condition either, which results in a leakage of fluid across
 452 the interface. This issue is resolved with our new method which allows the
 453 simulation of very thin membrane wings, bringing our simulation closer to
 454 real-life insects wings than the simplified ellipsoidal wing used in previous

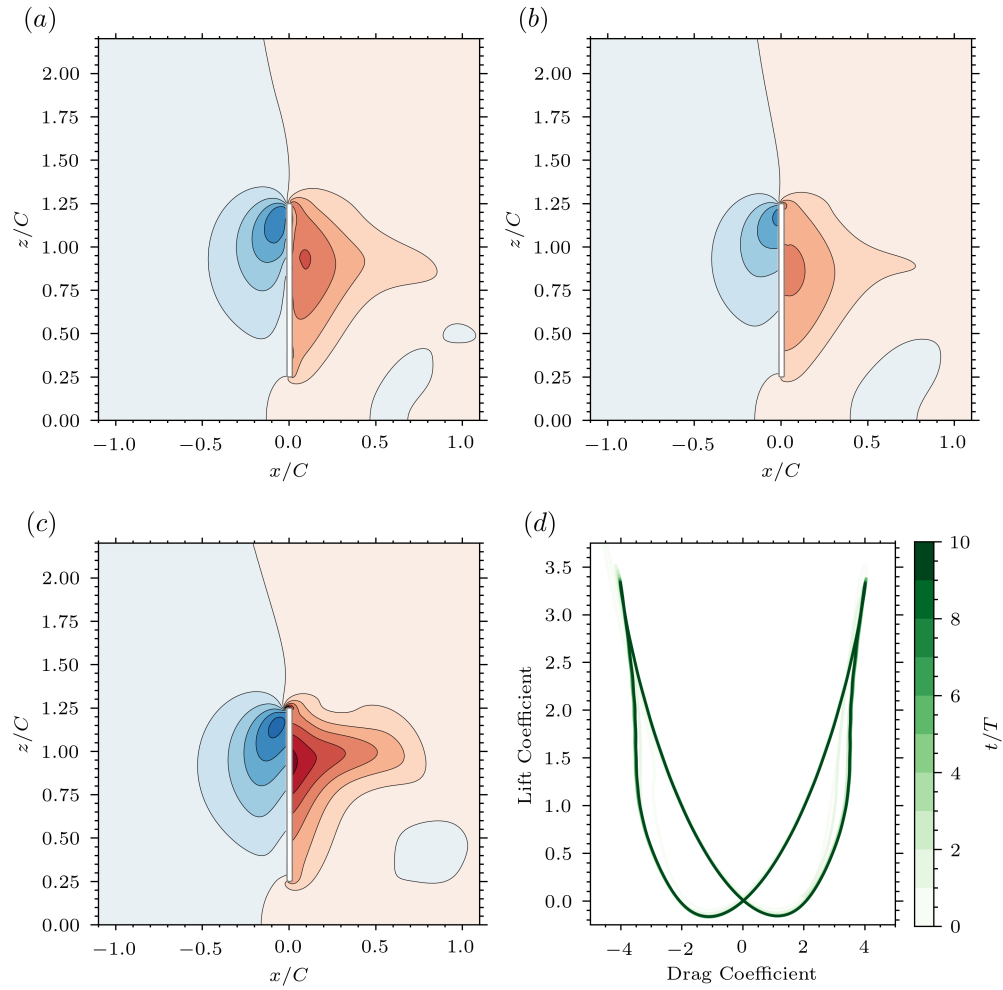


Figure 15: Pressure contour at $t/T = 0.25$ for the ellipsoidal wing with a thickness $(1 + \sqrt{3})\Delta x$ for (a) the Direct-forcing method (b) BDIM and (c) BDIM- σ . The 15 contour levels are evenly spaced between $c_p = \pm 7.0$. (d) Phase portrait of the wing forces for the BDIM- σ method. Clear periodicity is found for $t/T > 6$.

455 studies. As detailed in Appendix B, the reduced smoothing width ϵ used
 456 in BDIM- σ induces a small high-frequency numerical noise in the pressure
 457 force’s temporal-spectra. However, the magnitude of the noise is still less
 458 than the Direct-forcing method, six orders of magnitude smaller than the
 459 low frequency physical signal, and does not corrupt the spatial pressure field,
 460 see Figure 15c.

461 Because the normal pressure gradient close to the immersed body doesn’t
 462 match the local body acceleration, the Direct-forcing method and BDIM
 463 results in an error in the fluid velocity inside the body. We measure the error
 464 in the momentum flux of fluid through the wing’s mid-plane, defined as

$$\text{error}_u \equiv \oint_{\sigma} (\vec{u} - \vec{v}_b) \cdot \vec{v}_b dx_B, \quad (31)$$

465 where \vec{v}_b is the body velocity, and σ is the surface representing the mid-plane
 466 of the ellipsoidal wing. We approximate this surface integral numerically by
 467 integrating over all cells that are located on the mid-plane of the body. In
 468 Direct-forcing methods, this error is only introduced in the projection step,
 469 and is not present in the intermediate velocity field, whereas it is already
 470 present in the intermediate velocity field in BDIM. The time variation of this
 471 error is shown on Figure 16. The large negative error observed represents a
 472 deficit in the local fluid velocity inside the body. This means that the forcing
 473 generated by the immersed surface is not properly radiated onto the fluid
 474 field, in agreement with the under-predicted lift and drag forces discussed
 475 above. A reversal of the sign of the error is observed just before the wing
 476 reaches the maximum flapping amplitude ($t/T = 0.5$ or $t/T = 1$).

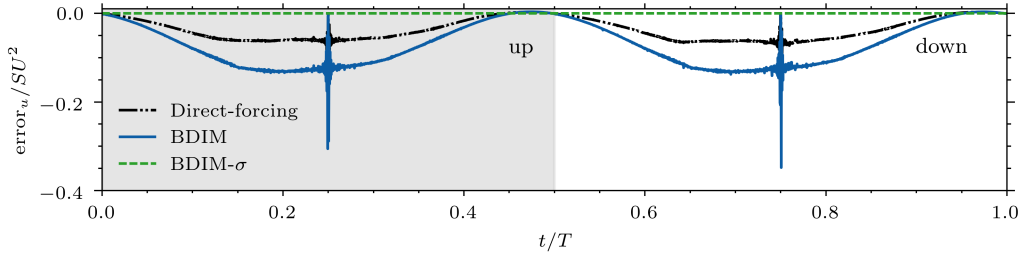


Figure 16: Time variation of the velocity error in Direct-forcing method, BDIM and the BDIM- σ for a single motion period. The gray in white shaded areas represent the up and down stroke, respectively. The surface integral over the mid-plane of the wing is normalized by the product of wing area and velocity magnitude squared SU^2 . The L_∞ -norm of the velocity error for the BDIM- σ for the period shown is 2.261×10^{-7} .

477 7. Conclusions

478 This manuscript provides analytical and numerical demonstration that
 479 most immersed boundary methods violate the pressure boundary condition
 480 for thin dynamic surfaces, resulting in a violation of the velocity boundary
 481 condition and erroneous flow fields and pressures forces. With the help of
 482 an illustrative one-dimensional problem, we show that the treatment of the
 483 pressure boundary condition in immersed boundary method is closely linked
 484 to the accuracy of the final velocity field, and that the magnitude of this error
 485 increases with Reynolds number. An analysis of the discretized pressure Pois-
 486 son equation shows that in order to enforce the pressure boundary condition
 487 correctly the immersed boundary method must either solve an augmented
 488 system or modify the Poisson matrix coefficients such that the solution may
 489 be discontinuous across the boundary.

490 This analysis allows us to specify an extension of the original BDIM
 491 method to thin dynamic surface called BDIM- σ . This new method adjusts

492 the signed distance function to maintain a minimal body thickness that
493 ensures proper imposition of the Neumann condition onto the body. The
494 method relies on the slender-body notation to describe the mid-plane of the
495 body with prescribed thickness. We note that this notation is commonly
496 used to describe the kinematic of thin shells (see [25, 26], for examples) and
497 therefore provides a link for possible use of this modified method for fluid-
498 structure interaction problems involving thin flexible structures.

499 Challenging three-dimensional test cases demonstrate that the new BDIM-
500 σ approach outperforms the Direct-forcing method and the original BDIM
501 approach when dealing with thin dynamic bodies dominated by pressure
502 forces, as is typical in many intermediate and high Reynolds number fluid-
503 structure interaction problems. In particular, BDIM- σ always enforces the
504 velocity and pressure boundary conditions on the surfaces regardless of res-
505 olution, ensuring accurate flow and force predictions compared to analytic
506 solutions, previous high-resolution numerical studies, and experimental re-
507 sults.

508 The ability of the new BDIM- σ approach to deal with thin dynamic sur-
509 faces opens a wide range of exciting fluid-structure interaction applications
510 such as sails, flexible insect wings, swimming fins, inflatable structures and
511 many others. We believe that this approach will allow accurate and efficient
512 flow simulations around highly dynamic non-linear shells and membranes.

513 **8. Acknowledgements**

514 The authors would like to acknowledge financial support from the EPSRC
515 Centre for Doctoral Training in Next Generation Computational Modelling

516 grant EP/L015382/1, and the use of the IRIDIS High Performance Comput-
 517 ing Facility and associated support services at the University of Southamp-
 518 ton. The authors gratefully acknowledge Bernat Font and Artur K. Lidtke
 519 for their helpful comments on an early version of this manuscript. Finally,
 520 we would like to acknowledge the reviewers that made excellent comments
 521 and suggestions that, we believe, helped greatly improve this manuscript.

522 **Appendix A. Taylor-Green Vortex**

We demonstrate the accuracy of the flow solver *without* an immersed body by simulating the decay of a periodic vortex array on a domain $x, y \in [0, 1]$. The decay of the velocity and pressure field is governed by

$$u(x, y, t) = \sin(k_x x) \cos(k_y y) e^{-(k_x^2 + k_y^2) \nu t} \quad (\text{A.1a})$$

$$v(x, y, t) = -\cos(k_x x) \sin(k_y y) e^{-(k_x^2 + k_y^2) \nu t} \quad (\text{A.1b})$$

$$p(x, y, t) = \frac{1}{4} (\cos(2k_x x) + \cos(2k_y y)) e^{-(k_x^2 + k_y^2) \nu t} \quad (\text{A.1c})$$

523 with $k_x = k_y = 2\pi$ and $\nu = 0.001$. This analytical solution to the Navier-
 524 Stokes equation serves as initial condition for the simulations and exact solu-
 525 tion from which we measure the error using the L_2 norm (see Equation 26).
 526 We use four distinct mesh of size N^2 with $N \in [64, 128, 256, 512]$ and com-
 527 pute the error at $t = 1s$ and compared to the analytical solution, results are
 528 presented on Figure A.17a. Higher-than second-order convergence is found
 529 for both the pressure and velocity field, demonstrating the spatial accuracy of
 530 our solver. The temporal convergence is assessed using the finest mesh (512^2)
 531 to keep spatial discretization error to a minimum and by gradually halving
 532 the time-step/CFL ratio with $\Delta t/CFL \in [2, 4, 8, 16]$. Although the spatial

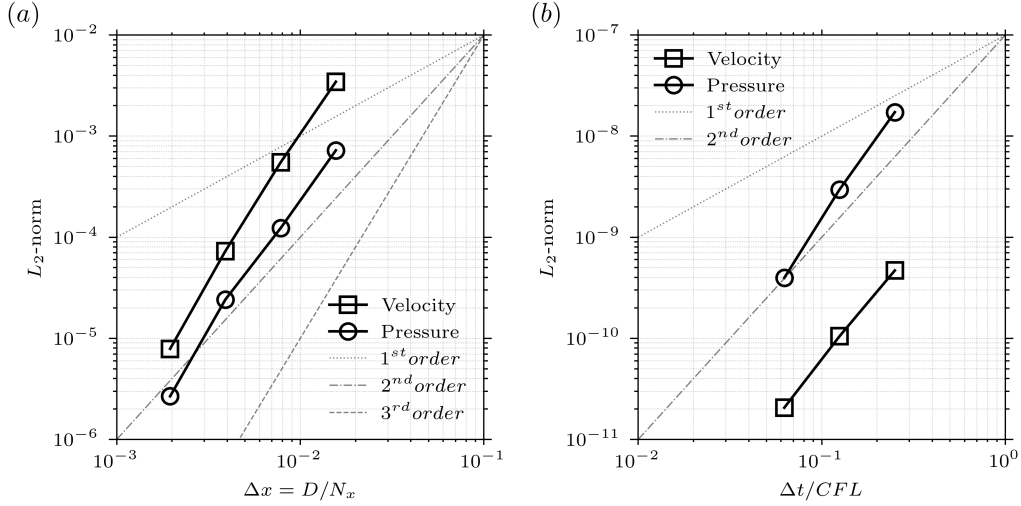


Figure A.17: (a) Spatial and (b) Temporal convergence of the flow solver on the 2D Taylor-Green vortex.

533 truncation error is small at this resolution (10^{-5}), it is orders of magnitude
 534 larger than the temporal truncation error. This does not allow to compare the
 535 solution obtained with various time-steps to the analytical solution. As such,
 536 we use the numerical simulation obtained with $\Delta t/CFL = 1/16$ as the *exact*
 537 solution and compute the error with reference to this result. Second-order
 538 convergence is found for the velocity field, with higher-than second-order
 539 convergence in the pressure field, see Figure A.17b.

540 Appendix B. Force Spectra

541 The spectral content of the lift and drag coefficient for the different meth-
 542 ods are shown in Figure B.18. To remove the temporal noise in the force
 543 integral over the surface of the body, we use a high-frequency filter with a
 544 cutoff frequency of 100 *Hz*.

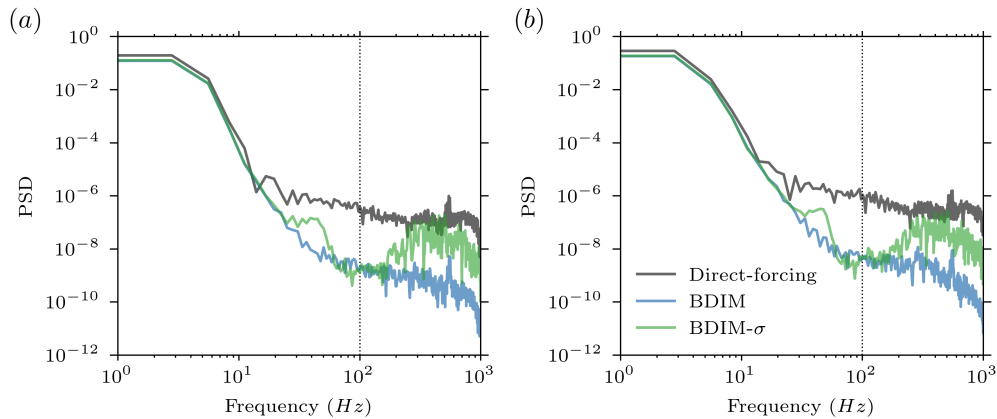


Figure B.18: Spectral density of the time-dependent lift (a) and drag (b) coefficient. We use a simple high-frequency filter to remove the noise above 100 Hz .

$$\tilde{C}_L(f) = \begin{cases} \tilde{C}_L(f) & \text{if } f < f_{\text{cutoff}}, \\ 0. & \text{else.} \end{cases} \quad (\text{B.1})$$

545 **References**

- 546 [1] W. Kim, H. Choi, Immersed boundary methods for fluid-structure inter-
547 action: A review, *International Journal of Heat and Fluid Flow* 75 (2019)
548 301–309. doi:<https://doi.org/10.1016/j.ijheatfluidflow.2019.01.010>.
- 549 [2] B. E. Griffith, N. A. Patankar, Immersed Methods for Fluid – Struc-
550 ture Interaction, *Annual Review of Fluid Mechanics* (2020) 421–448.
551 doi:<https://doi.org/10.1146/annurev-fluid-010719-060228>.
- 552 [3] R. Mittal, G. Iaccarino, Immersed Boundary Methods,
553 *Annual Review of Fluid Mechanics* 37 (2005) 239–261.
554 doi:<https://doi.org/10.1146/annurev.fluid.37.061903.175743>.

- 555 [4] C. S. Peskin, Flow patterns around heart valves: a numeri-
556 cal method, *Journal of computational physics* 10 (1972) 252–271.
557 doi:[https://doi.org/10.1016/0021-9991\(72\)90065-4](https://doi.org/10.1016/0021-9991(72)90065-4).
- 558 [5] L. Zhu, C. S. Peskin, Simulation of a flapping flexible
559 filament in a flowing soap film by the immersed boundary
560 method, *Journal of Computational Physics* 179 (2002) 452–468.
561 doi:<https://doi.org/10.1006/jcph.2002.7066>.
- 562 [6] C. S. Peskin, B. Feller Printz, Improved Volume Conserva-
563 tion in the Computation of Flows with Immersed Elastic Bound-
564 aries, *Journal of Computational Physics* 105 (1993) 33–46.
565 doi:<https://doi.org/10.1006/jcph.1993.1051>.
- 566 [7] B. E. Griffith, On the volume conservation of the immersed boundary
567 method, *Communications in Computational Physics* 12 (2012) 401–432.
568 doi:<https://doi.org/10.4208/cicp.120111.300911s>.
- 569 [8] Y. Bao, A. Donev, B. E. Griffith, D. M. McQueen, C. S. Peskin, An
570 Immersed Boundary method with divergence-free velocity interpolation
571 and force spreading, *Journal of Computational Physics* 347 (2017) 183–
572 206. doi:<http://doi.org/10.1016/j.jcp.2017.06.041>.
- 573 [9] J. Mohd-Yusof, Combined immersed-boundary/b-spline meth-
574 ods for simulations of flow in complex geometries, *Center for
575 Turbulence Research - Annual Research Briefs* (1997).
576 doi:<https://doi.org/10.1006/jcph.2000.6484>.

- 577 [10] E. A. Fadlun, R. Verzicco, P. Orlandi, J. Mohd-Yusof, Combined
578 Immersed-Boundary Finite-Difference Methods for Three-Dimensional
579 Complex Flow Simulations, *Journal of Computational Physics* 161
580 (2000) 35–60. doi:<https://doi.org/10.1006/jcph.2000.6484>.
- 581 [11] E. Balaras, Modeling complex boundaries using an external force field on
582 fixed Cartesian grids in large-eddy simulations, *Computers and Fluids*
583 33 (2004) 375–404. doi:[https://doi.org/10.1016/S0045-7930\(03\)00058-6](https://doi.org/10.1016/S0045-7930(03)00058-6).
- 584 [12] A. J. Chorin, The numerical solution of the Navier-Stokes equations for
585 an incompressible fluid, *Bulletin of the American Mathematical Society*
586 73 (1967) 928–931. doi:[https://doi.org/10.1016/0045-7930\(73\)90010-8](https://doi.org/10.1016/0045-7930(73)90010-8).
- 587 [13] K. Taira, T. Colonius, The immersed boundary method: A projection
588 approach, *Journal of Computational Physics* 225 (2007) 2118–2137.
589 doi:<https://doi.org/10.1016/j.jcp.2007.03.005>.
- 590 [14] R. D. Guy, D. A. Hartenstine, On the accuracy of di-
591 rect forcing immersed boundary methods with projection meth-
592 ods, *Journal of Computational Physics* 229 (2010) 2479–2496.
593 doi:<https://doi.org/10.1016/j.jcp.2009.10.027>.
- 594 [15] T. Kempe, J. Fröhlich, An improved immersed boundary
595 method with direct forcing for the simulation of particle laden
596 flows, *Journal of Computational Physics* 231 (2012) 3663–3684.
597 doi:<https://doi.org/10.1016/J.JCP.2012.01.021>.
- 598 [16] S. Gsell, J. Favier, Direct-forcing immersed-boundary
599 method: A simple correction preventing boundary slip er-

- ror, *Journal of Computational Physics* 435 (2021) 110265.
doi:<https://doi.org/10.1016/J.JCP.2021.110265>.
- [17] G. D. Weymouth, D. K. P. Yue, Boundary data immersion method for Cartesian-grid simulations of fluid-body interaction problems, *Journal of Computational Physics* 230 (2011) 6233–6247. doi:<https://doi.org/10.1016/j.jcp.2011.04.022>.
- [18] A. P. Maertens, G. D. Weymouth, Accurate Cartesian-grid simulations of near-body flows at intermediate Reynolds numbers, *Computer Methods in Applied Mechanics and Engineering* 283 (2015) 106–129. doi:<https://doi.org/10.1016/j.cma.2014.09.007>.
- [19] T. Colonius, K. Taira, A fast immersed boundary method using a nullspace approach and multi-domain far-field boundary conditions, *Computer Methods in Applied Mechanics and Engineering* 197 (2008) 2131–2146. doi:<https://doi.org/10.1016/j.cma.2007.08.014>.
- [20] J. Blair Perot, An Analysis of the Fractional Step Method, *Journal of Computational Physics* 108 (1993) 51–58. doi:[10.1006/JCPH.1993.1162](https://doi.org/10.1006/JCPH.1993.1162).
- [21] J. C. Strikwerda, Y. S. Lee, The Accuracy of the Fractional Step Method, *SIAM Journal on Numerical Analysis* 37 (1999) 37–47. doi:<https://doi.org/10.1137/S0036142997326938>.
- [22] D. L. Brown, R. Cortez, M. L. Minion, Accurate Projection Methods for the Incompressible Navier–Stokes Equations, *Journal of Computational Physics* 168 (2001) 464–499. doi:[10.1006/JCPH.2001.6715](https://doi.org/10.1006/JCPH.2001.6715).

- 622 [23] R. Bale, N. A. Patankar, N. Jansson, K. Onishi, M. Tsub-
623 okura, Stencil Penalty approach based constraint immersed
624 boundary method, *Computers & Fluids* (2020) 104457.
625 doi:<https://doi.org/10.1016/j.compfluid.2020.104457>.
- 626 [24] M. Lauber, 1d-piston, <https://github.com/marinlauber/Flexible-Sheets/tree/master/>
627 2020.
- 628 [25] L. Chen, N. Nguyen-Thanh, H. Nguyen-Xuan, T. Rabczuk, S. P. A.
629 Bordas, G. Limbert, Explicit finite deformation analysis of isogeometric
630 membranes, *Computer Methods in Applied Mechanics and Engineering*
631 277 (2014) 104–130. doi:<https://doi.org/10.1016/j.cma.2014.04.015>.
- 632 [26] T. X. Duong, F. Roohbakhshan, R. A. Sauer, A new
633 rotation-free isogeometric thin shell formulation and a correspond-
634 ing continuity constraint for patch boundaries, *Computer Meth-
635 ods in Applied Mechanics and Engineering* 316 (2017) 43–83.
636 doi:<https://doi.org/10.1016/j.cma.2016.04.008>.
- 637 [27] A. Gilmanov, F. Sotiropoulos, A hybrid Cartesian/immersed bound-
638 ary method for simulating flows with 3D, geometrically complex, mov-
639 ing bodies, *Journal of Computational Physics* 207 (2005) 457–492.
640 doi:[10.1016/j.jcp.2005.01.020](https://doi.org/10.1016/j.jcp.2005.01.020).
- 641 [28] B. F. Garcia, G. D. Weymouth, V.-t. Nguyen, Span effect on the turbu-
642 lence nature of flow past a circular cylinder, *Journal of Fluid Mechanics*
643 878 (2019) 306–323. doi:<https://doi.org/10.1017/jfm.2019.637>.

- 644 [29] J. N. Fernando, G. D. Weymouth, D. E. Rival, On the lim-
645 its of added-mass theory in separated flows and with varying ini-
646 tial conditions, *Journal of Fluids and Structures* 93 (2020) 102835.
647 doi:<https://doi.org/10.1016/j.jfluidstructs.2019.102835>.
- 648 [30] A. N. Zurman-Nasution, B. Ganapathisubramani, G. D. Weymouth, In-
649 fluence of three-dimensionality on propulsive flapping, *Journal of Fluid*
650 *Mechanics* 886 (2020) A25. doi:<https://doi.org/10.1017/jfm.2019.1078>.
- 651 [31] B. Leonard, A stable and accurate convective modelling pro-
652 cedure based on quadratic upstream interpolation, *Computer*
653 *Methods in Applied Mechanics and Engineering* 19 (1979) 59–98.
654 doi:[https://doi.org/10.1016/0045-7825\(79\)90034-3](https://doi.org/10.1016/0045-7825(79)90034-3).
- 655 [32] C. E. Brennen, A review of added mass and fluid inertial forces, BREN-
656 NEN (CE) SIERRA MADRE CA (1982).
- 657 [33] F. Kaiser, J. Kriegseis, D. E. Rival, The influence of edge undulation
658 on vortex formation for low-aspect-ratio propulsors, *Journal of Fluid*
659 *Mechanics* 883 (2020) A55. doi:<https://doi.org/10.1017/jfm.2019.908>.
- 660 [34] Z. J. Wang, J. M. Birch, M. H. Dickinson, Unsteady forces and flows in
661 low Reynolds number hovering flight: Two-dimensional computations vs
662 robotic wing experiments, *Journal of Experimental Biology* 207 (2004)
663 449–460. doi:<https://doi.org/10.1242/jeb.00739>.
- 664 [35] S. P. Sane, M. H. Dickinson, The control of flight force by a flapping
665 wing: Lift and drag production, *Journal of Experimental Biology* 204
666 (2001) 2607–2626.

- 667 [36] F. M. Bos, B. W. van Oudheusden, H. Bijl, Wing per-
668 formance and 3-D vortical structure formation in flapping
669 flight, *Journal of Fluids and Structures* 42 (2013) 130–151.
670 doi:<https://doi.org/10.1016/j.jfluidstructs.2013.04.002>.
- 671 [37] H. Zheng, F. Xie, T. Ji, Y. Zheng, Kinematic parameter optimiza-
672 tion of a flapping ellipsoid wing based on the data-informed self-
673 adaptive quasi-steady model, *Physics of Fluids* 32 (2020) 041904.
674 doi:<https://doi.org/10.1063/1.5144642>.
- 675 [38] F. M. Bos, D. Lentink, B. W. Van oudheusden, H. Bijl, In-
676 fluence of wing kinematics on aerodynamic performance in hover-
677 ing insect flight, *Journal of Fluid Mechanics* 594 (2008) 341–368.
678 doi:<https://doi.org/10.1017/S0022112007009172>.