

Orbital forcing of ice sheets during snowball Earth

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ABSTRACT

The snowball Earth hypothesis—that a runaway ice-albedo feedback can cause global glaciation—seeks to explain low-latitude glacial deposits, as well as geological anomalies including the re-emergence of banded iron formation and “cap” carbonates. One of the most significant challenges to

20 snowball Earth has been sedimentological cyclicity that has been taken to imply more climate
21 dynamics than expected when the ocean is completely covered in ice. However, recent
22 climate models suggest that as atmospheric CO₂ accumulates, the snowball climate system becomes
23 sensitive to orbital forcing. Here we show the presence of nearly all Milankovitch (orbital) cycles
24 preserved in stratified banded iron formation deposited during the Sturtian snowball Earth. These
25 results provide evidence for orbitally forced cyclicity of global ice sheets that resulted in periodic
26 oxidation of ferrous iron. Orbital glacial advance and retreat cycles provide a simple mechanism to
27 reconcile both the sedimentary dynamics and the enigmatic survival of multicellular life during
28 snowball Earth.

29

30 INTRODUCTION

31 Astronomical “Milankovitch” cycles¹, related to changes in Earth’s orbit around the sun, exert a
32 fundamental control on climate variability over tens to hundreds of thousands of years (kyr), with
33 modulations in hundreds of kyr and even millions of years (Myr). Orbital forcing has presumably
34 operated throughout Earth history with evidence found as old as ca. 2480 Myr ago¹⁻⁴, and may have
35 influenced the course of severe “snowball Earth” glaciations^{5,6}, notably during the Cryogenian Period,
36 about 720 to 635 Myr ago. Under snowball conditions, astronomical-induced variations in insolation
37 due to Earth’s precession, obliquity, and eccentricity should be ongoing, but the range of associated
38 climate variability and mechanisms in an ice-covered ocean are poorly understood. Recent ice sheet and
39 atmospheric modeling results indicate that orbital forcing should be a viable climate driver under a wide

40 range of atmospheric concentrations of CO₂ between 0.1 and 200 mbar, and therefore was likely to have
41 modulated ice sheet volume throughout much of the Cryogenian Period⁵.

42

43 While evidence for orbital forcing has been suggested in Cryogenian glacial successions⁵, evidence for
44 multiple, internally consistent timescales of orbital forcing has not been demonstrated. This is likely
45 because most glacial deposition occurs irregularly⁷, forming glacial diamictites (that is, lithified
46 sediments comprising chaotic mixtures of a wide range of clast- and grain-size distribution) only rarely
47 preserving stratification. One notable exception is the deglacial succession of the Elatina Formation with
48 its tidal rhythmites⁸. Cyclostratigraphy—the study of orbital forcing in sedimentary successions—
49 usually operates under the assumption of constant sediment accumulation (e.g., as expected in pelagic
50 and hemi-pelagic facies¹), so its application is hindered in sequences that do not preserve stratification
51 (e.g., diamictite) or are characterized by frequent and abrupt changes in sediment accumulation rates
52 (e.g., as in a delta front).

53

54 Here we show that banded iron formation (BIF)^{9,10}—well-stratified sedimentary rock containing
55 abundant iron oxide—is ideally suited to cyclostratigraphic analysis because it is closely associated with
56 glacial diamictites⁹⁻¹², and deposited at a relatively constant rate when averaged over multiple
57 depositional cycles as evidenced by the rhythmic banding^{13,14} on decimetre and centimetre (Fig. 1d;
58 **Supplementary Fig. 1d**) and millimetre scales (**Supplementary Fig. 2**). Precambrian BIF has also been
59 demonstrated to be both susceptible to orbital forcing and amenable to recording a clear orbital signal⁴.

60 The occurrence of BIF in Neoproterozoic glacial deposits was initially conceived as a “last gasp” for
61 global glaciation¹⁵ and thought to represent oxidation of hydrothermal iron accumulated within a
62 snowball ocean after the re-emergence of open ocean conditions^{6,15}. However, this concept cannot
63 readily explain how BIF in some cases is overlain or interbedded with glacial diamictites¹¹. Most recently,
64 BIF deposited during snowball Earth have been interpreted as the product of hydrothermally-derived
65 iron mixing with oxidized subglacial meltwater¹⁶.

66

67 RESULTS

68 Stratigraphy and magnetic susceptibility

69 We studied BIF sequences and their associated glacial deposits¹¹ from the Sturtian glaciation in the
70 Flinders Ranges of South Australia (Fig. 1; Supplementary Fig. 3). We performed time series analysis
71 (Methods) that requires both adequate sampling resolution to detect high-frequency (short-wavelength)
72 signals and long records for detecting low-frequency (long-wavelength) signals. To satisfy these
73 requirements, we sampled Oraparinna Station (Figs. 1b and 2 and Supplementary Figs. 3-6;
74 Supplementary Table 1) at 1-metre (m) intervals, allowing us to capture cycles with periods of several
75 metres. A stratigraphic section at Holowilena, approximately 75 km south of Oraparinna (Fig. 1b;
76 Supplementary Fig. 3), provided continuous exposure over a shorter interval and was sampled at 25 cm
77 intervals to determine cycles with periods > 50 cm (Fig. 1b and Supplementary Figs. 3 and 7;
78 Supplementary Table 2). Therefore, our sampling at Holowilena targeted high-frequency Milankovitch
79 cycles (precession, obliquity, and short eccentricity) and at Oraparinna targeted low-frequency

80 Milankovitch modulations (long eccentricity as well as ~1.2-Myr and ~2.4-Myr modulations of obliquity
81 and eccentricity, respectively). This sampling strategy was designed around the outcrop conditions,
82 where the river cut bank at Holowilena provides complete exposure over a short stratigraphic interval
83 and the mountainside draw (or re-entrant) at Oraparinna provides incomplete but relatively consistent
84 exposure over the entire BIF stratigraphy. The overall thicknesses and the lithofacies of the Holowilena
85 BIF at both sections are strikingly comparable and nearly identical¹⁰. Given the proximity of Holowilena
86 and Oraparinna and their near-matching stratigraphies, and that the eccentricity band spans target
87 cycles at both localities, matching their short and long eccentricity are expected to yield comparable
88 sediment accumulation rates. Faulting occurs ~1 km away from the Holowilena section¹⁷; nonetheless,
89 we can confirm that the contact between the Holowilena BIF and the underlying Pualco Tillite is not
90 faulted (Supplementary Fig. 3) and no significant faults were observed during detailed mapping of the
91 ~18-m-thick section at Holowilena Creek, either in this study or in earlier investigations^{10,11}.

92
93 Magnetic susceptibility—the measure of magnetizable minerals in a rock layer—was used as our
94 cyclostratigraphic proxy for the BIF (Methods; Supplementary Fig. 8). Magnetic susceptibility is one of
95 the more successful proxies used in astrochronology¹⁸, and our utilization is also motivated by our rock
96 magnetic experiments, which indicate that the Holowilena BIF is highly variable in its hematite and
97 magnetite content (Methods). Cyclostratigraphy has previously been applied to the Cryogenian
98 interglacial (i.e., the ~10 Myr period between the Sturtian and Marinoan [~650–635 Myr ago]
99 glaciations), yielding an astronomical interglacial chronology^{2,19}. Cycles in magnetic susceptibility of

100 Cryogenian BIF, if present, could be the result of either orbital forcing (i.e., allocyclic) or more autocyclic
101 processes (e.g., glacial surges related to ice dynamics producing an equivalent sedimentary response).
102 Therefore, it is critical to conduct rigorous time series analysis (Methods).

103

104 **Time series analysis**

105 Our magnetic susceptibility data exhibit multiple statistically significant cycles at both sites (Fig. 3). At
106 Holowilena, two cycles (periods of ~4 m and ~1 m) rise above the 95% confidence level (Fig. 3a and b).
107 At Oraparinna, three cycles (periods of ~18 m, ~32 m, and ~53 m) rise above the 95% confidence level
108 (Fig. 3c and d). The five bands identified (Fig. 3) can be compared with target astronomical cycles of
109 Neoproterozoic age (Supplementary Fig. 9) by assuming a sediment accumulation rate (Supplementary
110 Table 3). Beyond our measured section, the synglacial Sturtian stratigraphy at Oraparinna is complicated
111 by local tectonics and salt diapirism²⁰, so a regional sediment accumulation rate is inferred from the
112 stratigraphic thicknesses at Holowilena.

113

114 Here, the syn-glacial Yudnamutana Subgroup, comprising the Pualco Tillite, Holowilena Ironstone, and
115 Wilyerpa Formation (Fig. 1c), ranges in thickness along strike from 2068 to 2470 m (ref. ²¹). A high-
116 precision zircon U-Pb age of 663.03 ± 0.11 Myr (2σ) was recently reported from a tuffaceous bed in this
117 region (Copley, SA), roughly 80 m down sequence from the contact with the Wilyerpa Formation²²,
118 where lithofacies associations are comparable to those at Holowilena¹¹. Assuming the accepted Sturtian
119 onset age of 717 Myr²² and taking the well-constrained syn-glacial age of ~663 Myr for this area, we

120 assume a net sediment accumulation rate for the Yudnamutana Subgroup of 3.7 to 4.4 cm kyr⁻¹, a firm
121 starting point for matching observed cycles to putative matches with astronomical cycles. Using this
122 range as an initial guide, we selected the rate for each stratigraphic section that minimizes the net misfit
123 between all observed cycles and their respective targets cycles. We found that sediment accumulation
124 rates inferred for both BIF sections, when matching observed cycles to astronomical targets (~4.2 cm
125 kyr⁻¹; [Supplementary Table 3](#)), are self-consistent and within the plausible range of sediment
126 accumulation rates for the Yudnamutana Subgroup. Intervals of stratified diamictite at Oraparinna ([Fig.](#)
127 [2](#)) appear to exhibit similar relatively constant sediment accumulation rates ([Fig. 3d](#)).

128

129 At Holowilena, the shortest cycle identified (~1 m) yields an inferred ~23 kyr period consistent with
130 orbital precession, the highest-frequency astronomical cycle. The longest cycles detected at Holowilena
131 are in the ~100 kyr band: (i) amplitude modulation of the presumed precession signal yields an envelope
132 reminiscent of short ~95-125 kyr eccentricity (see below), and (ii) a narrow and unmodulated cycle at
133 ~97 kyr that most likely represents the strong 95-kyr component of the 4-component short eccentricity
134 signal. At Oraparinna, the shortest cycle represents ~405 kyr long eccentricity, Earth's "metronome"²³,
135 considered the most stable astronomical period through time^{1,24}. Thus, the short eccentricity signal is
136 identified in the high-resolution section and long eccentricity is identified in the longer section,
137 providing an overlap of the results in the eccentricity bandwidth. The longest, high-confidence cycle
138 identified at Oraparinna (53 m) translates to a period of ~1.2 Myr, close to that of the long-term,
139 modulation of obliquity¹ or the ~1 Myr modulation of precession²⁵. Additionally, amplitude modulation

140 of the presumed long eccentricity signal of Oraparinna yields an envelope with a period of ~2.5 Myr,
141 close to the ~2.4 Myr modulation of eccentricity¹. The ratios of the cycles identified at the two sections of
142 Holowilena BIF are thus internally consistent with each other when interpreted as the hierarchy of all
143 known Milankovitch cycles and modulations (Fig. 3). The exclusive absence of a high-frequency
144 obliquity signal at ~30 kyr could be explained by Australia's low palaeolatitude during deposition of the
145 Holowilena BIF (Fig. 1a).

146

147 The magnetic susceptibility data from Holowilena pass one of the most diagnostic tests for orbital
148 forcing: eccentricity extracted from precession. Due to its effect on Earth's equinoxes, eccentricity
149 primarily affects insolation due to its amplitude modulation of precession^{1,26}. Thus, in Phanerozoic
150 cyclostratigraphy, the eccentricity signal is usually extracted from that of precession¹. Using the Hilbert
151 transform for the extraction (Methods), the envelope of the putative precession signal (~23 kyr) is
152 systematically amplitude-modulated in bundles of ~5 cycles, consistent with precession modulated by
153 eccentricity (Fig. 3b). Spectral analysis of the ~23 kyr Hilbert transform yields power in the short
154 eccentricity band (Fig. 4), confirming that an eccentricity signal can be extracted from precession.

155

156 It should be noted that with ~5 precession cycles per short eccentricity cycle (Figs. 3b and 4), our results
157 for the middle of the Sturtian glaciation imply anomalously slow precession compared to astronomical
158 models²⁷⁻²⁹ that estimate ~6.5 precession cycles per short eccentricity cycle at this age. There are several
159 possible explanations to consider. Firstly, it is possible that available astronomical models^{27,28}, although

generally in agreement with each other, are inaccurate by this age. However, cyclostratigraphic data as old as 1.4 Gyr ago appear to support the long-term astronomical model trajectories²⁹. Secondly, it is possible that missing precession cycles per short eccentricity cycle in minor unconformities or cyclic changes in sedimentation rate related to precession amplitude may distort the observed ratio with eccentricity. However, there are no unconformities in either of the studied sections and the strong evidence of eccentricity-modulated precession suggests that we have resolved the relative ratio of eccentricity and precession at this age. Ruling out problems with either the models or the data, we offer a third, albeit more speculative, option. It is feasible that this anomaly is related to the conversion of large volumes of seawater into extremely thick sea ice and continental ice sheets during the Cryogenian. Such a transfer of mass away from Earth's spin axis would reduce the moment of inertia and, in order to conserve angular momentum, have temporarily slowed Earth's rate of rotation. As precession is related to rotation rate but eccentricity is not, this mechanism might explain the unexpected bundling observed by us for this age. Then, upon snowball deglaciation, Earth's rotation would have resumed its previously fast rate of rotation. Importantly, such an effect on rotation has been modeled for Pleistocene glaciations³⁰ and would presumably have been much more substantial on snowball Earth. Garnering corroborating evidence and testing such a possibility with modeling is beyond the scope of this study and warrants further investigation.

177

In summary, we find that the origin of magnetic susceptibility cycles in the Holowilena Ironstone (Fig. 3) are best explained by orbital forcing based on (i) the close matches with all Milankovitch cycles and

modulations when assuming sediment accumulation rates constrained by independent geochronology;
(ii) the reasonable and consistent implied sediment accumulation rates; and (iii) the striking evidence for
eccentricity-modulated precession. If cycles in magnetic susceptibility in the Holowilena BIF were not
orbital but autocyclic in origin, all observations would have to be regarded as coincidental.

184

DISCUSSION

Assuming orbital forcing controls variability in magnetic susceptibility in the BIF, the question then
becomes by what mechanism the signal is recorded. Rock magnetic experiments of our ironstone
samples (Methods) demonstrate that magnetic susceptibility varies due to Fe-oxide mineralogy,
specifically, the relative proportions of hematite and magnetite. For a sample that yields one of the
highest susceptibility values at Oraparinna (~71 m; Fig. 2), thermal magnetic experiments suggest that
the magnetic phase comprises almost purely hematite with minor magnetite (Fig. 5; Supplementary Fig.
10). This result is surprising as the susceptibility of magnetite is two orders of magnitudes stronger than
that of hematite, implying a dominance of hematite in the Holowilena Ironstone. Fe-oxide mineralogy
varies more over the ~15 m stratigraphic interval than it does over the ~5 m interval (Fig. 2; Fig. 5a),
consistent with variability in susceptibility driven predominantly by long (405 kyr) and short (~100 kyr)
eccentricity cycles, respectively (Fig. 3). Samples collected at the base and the top of the Holowilena
section that exhibits an upsection increase in susceptibility (Supplementary Fig. 8) yield magnetite- and
hematite-dominated thermal susceptibility signatures, respectively (Fig. 5b). This confirms that
susceptibility in the Holowilena BIF is dominantly controlled by pure (high susceptibility) or

subordinate (low susceptibility) proportions of hematite, just as we observed at Oraparinna (Fig. 5a). Samples in which magnetite dominates, consistent with petrographic observations (Supplementary Fig. 2), exhibit irreversible thermal susceptibility experiments (BIF0100 and BIF006 in Figure 5), suggesting the presence of clays that convert to magnetite upon cooling³¹; as clays are paramagnetic and would contribute little to susceptibility compared with ferromagnetic minerals, their presence in such samples is consistent with the observation that hematite-poor and magnetite-rich lithologies have low susceptibility.

Hematite in the Holowilena BIF is interpreted as the product of the oxidation of dissolved Fe^{2+} due to free O_2 (ref. ¹³). Detailed petrography of a high susceptibility, hematite-pure sample from Holowilena (HOL-1) reveals pore-filling euhedral hematite laths that suggest the hematite is authigenic and precipitated out of the snowball ocean due to oxidation (Fig. 6). Two possible sources of oxygen must be considered. According to a “hard” snowball scenario where temperatures are so low that surface melting is absent and ablation is controlled by sublimation¹², a viable mechanism for orbitally paced oxygenation of a snowball ocean would be meltwater injection when an ice sheet margin reached tidewater during times of ice advance. In this case, meltwater discharge occurs when the ice margin advances to the coast, but not when it retreats inland³². Alternatively, according to a “soft” or more dynamic snowball scenario, air-sea gas exchange would allow for the oxidation of the dissolved Fe^{2+} pool during periods of glacial retreat if ice-free regions of sea ice (i.e., polynyas) open up¹¹. These two models thus make testable,

219 opposite predictions, with oxygenation of the snowball ocean occurring during glacial advance
220 (tidewater model) and retreat (polynya model).

221

222 Depending on whether the hematite>magnetite (high magnetic susceptibility) phase of each orbital cycle
223 correlates with glacial advance or retreat can potentially test between the tidewater and polynya models
224 and their respective oxidizing agents (glacial meltwater and the atmosphere, respectively). In addition to
225 Fe-oxide mineralogy, magnetic susceptibility also varies consistently with $\delta^{56}\text{Fe}$ isotope variations¹⁰ (Fig.
226 2), which are redox-sensitive and have been interpreted in terms of glacioeustasy¹⁰ and subglacial
227 meltwater oxygenation¹⁶. The increase in $\delta^{56}\text{Fe}$ values in the lower-to-middle Holowilena BIF
228 corresponds with a sedimentological change from ice-proximal (diamictite/dropstone-dominated) to
229 ice-distal (mudstone with rare dropstones) facies (Fig. 2). This trend towards such uniquely positive
230 $\delta^{56}\text{Fe}$ values has been interpreted as due to either a decrease in oxidized meltwater discharge causing a
231 return to anoxia¹⁶ or the shoaling of the Fe chemocline¹⁰; both interpretations are consistent with glacial-
232 retreat/sea-level-rise and the observed facies changes. This increasing isotopic trend corresponds with
233 increasing susceptibility, which is attributable to a rising abundance of hematite as constrained by rock
234 magnetic experiments (Fig. 5) and petrography (Fig. 6). As hematite appears to increase during periods
235 of glacial retreat and not glacial advance, this may preliminarily indicate that the O_2 is dominantly
236 supplied from polynyas during glacial minima and not meltwater discharges into tidewater during
237 glacial maxima. It should be noted, however, that assigning glacial phase relationships to orbitally forced
238 lithologic variations is difficult even for Phanerozoic climate records²⁶ and since both oxygenation

239 models are viable, further detailed and interdisciplinary work is required to test between their
240 contrasting climatic predictions. Either way, this strong redox gradient observed in Cryogenian BIF
241 requires both glacial advance and retreat to explain the cycles. Evidence for such dynamic, significant,
242 and sustained eustasy and/or redox variability carries several important implications for snowball Earth
243 climatology.

244

245 The observed orbital forcing reported here during the Sturtian glaciation helps resolve two fundamental
246 enigmas about snowball Earth. Firstly, widespread sedimentological variations within Cryogenian
247 diamictites were difficult to reconcile without a hydrological cycle. These features have been interpreted
248 by some as evidence against a “hard” snowball, inspiring alternative models that involved partially open
249 ocean conditions³³⁻³⁶. Documenting orbital cycles corroborates models that suggest snowball Earth ice
250 sheets were sensitive to orbital forcing⁵ and accounts for well-documented Cryogenian sedimentological
251 variations and cycles^{5,37} with or without partially open-ocean conditions. Secondly, molecular
252 phylogenetic clocks estimate a Sturtian origin for several crown-group metazoans³⁸, prompting the
253 question of how life survived snowball Earth^{6,39}. Multiple refugia have been proposed¹², but the operation
254 of orbital forcing provides previously unrecognized and globally available refugia in which diversifying
255 eukaryotes could endure severe, protracted, and repeated snowball glaciations. We conclude that BIF
256 deposition during snowball glaciation and its associated episodic oxygenation of marine environments
257 were controlled by orbitally-induced advance and retreat of global ice sheets.

258

259 **METHODS**

260 **Magnetic susceptibility**

261 Magnetic susceptibility was measured on surface exposures of the Holowilena Ironstone using a
262 standard-calibrated KT-10 field susceptibility metre. Cycles extracted from time series generated with
263 such a field meter and lab-based measurements via a Kappabridge instrument have been shown to be
264 consistent with each other⁴⁰. Measurements were made on unique facets of a single stratigraphic horizon.
265 Typically, ≥ 4 measurements were averaged at each stratigraphic level, above which precision became
266 saturated. Field-based measurements of magnetic susceptibility allowed multiple measurements to be
267 acquired along discrete stratigraphic layers, thereby both reducing analytical uncertainty and allowing
268 the natural variance to be constrained. In preparation for time series analysis, long-term trends in
269 magnetic susceptibility for each section were removed including a linear regression for Holowilena and a
270 degree-2 polynomial for Oraparinna (Supplementary Fig. 8).

271

272 **Grayscale image analysis of thin sections**

273 Two large format (5 cm) thin sections from Holowilena were made and imaged under plane-polarized
274 light (Supplementary Figs. 2 and 11). Photomicrographs were stitched together using the GigaPan©
275 Software. Grayscale data were generated using the 'Plot Profile' function of the freely available ImageJ
276 software (Supplementary Fig. 11). Pixel values were converted into stratigraphic thickness (mm)
277 according to the length of the record selected along the thin section. In preparation for time series
278 analysis, BIF1 (top in Supplementary Figure 11) was converted to log-scale and did not require

279 detrending, and BIF3 (bottom in [Supplementary Figure 11](#)) was detrended with a degree-3 polynomial
280 fit, which likely represents a millennial-scale cycle.

281

282 **Time series analysis**

283 We conducted time series analysis using the Fast-Fourier transform (FFT)⁴¹ to test for the presence of
284 any significant magnetic susceptibility cycles. Spectral analyses were conducted in the stratigraphic
285 domain, which yielded a set of spectral peaks representing cycles per stratigraphic metre. For the FFT,
286 the spectral power used is the complex conjugate of the Fourier coefficients, normalized to unit mean
287 power⁴¹. We evaluated the significance of the FFT spectral peaks using a Monte Carlo routine to simulate
288 noise⁴¹. FFTs were performed on each of these 1000 randomly generated time series; a 95% confidence
289 level was approximated for each frequency by calculating three times the mean power⁴¹. We interpret
290 spectral peaks rising above this 95% confidence level as statistically significant, a commonly used
291 statistical threshold for identifying non-random occurrences. Based on the FFT results, we ran bandpass
292 filters with Gaussian windows to encapsulate the significant peaks identified. Amplitude modulation of a
293 bandpass, if present, was analyzed using the approach of [Grippo et al.](#)⁴² in which a Hilbert transform is
294 used to find the enveloping curve of a bandpass signal (in the time domain); an FFT was performed on
295 the enveloping curve to identify the cycles of amplitude modulation of the shorter-wavelength signal.
296 Since eccentricity is rectified as climate change by its amplitude modulation of precession¹, the Hilbert
297 transform can test for evidence of such diagnostic spectral behavior.

298

299 Observed cycles in the stratigraphic domain were converted into the time domain by assuming a
300 sediment accumulation rate considered reasonable for Cryogenian strata in the Flinders Ranges (see
301 main text). Resulting observed cycle periods were then compared to target cycle periods based on
302 models of solar system evolution. Due to decelerating rotation and increasing Earth-moon distance,
303 respectively, both precession and obliquity are expected to systematically lengthen over geologic time²⁷
304 (Supplementary Fig. 9; Supplementary Table 3). On the other hand, the periods for short (95 and 124
305 kyr) and long (405 kyr) eccentricity are considered constant “metronomes”^{1,23}. After using the inferred
306 range of feasible sediment accumulation rates of 3.7 to 4.4 cm kyr⁻¹ as an initial guideline (see main text),
307 we selected the sediment accumulation rate for each stratigraphic section that yielded the minimum net
308 misfit⁴³ between all observed cycles and their respective targets cycles (Supplementary Table 3).

309

310 **Rock magnetic experiments**

311 Selected samples from Oraparinna and Holowilena were ground to a fine powder. Magnetic
312 susceptibility of the samples was monitored on heating from room temperature to 700°C and subsequent
313 cooling to room temperature (at heating and cooling rates of ~11°C min⁻¹) using an AGICO KLY-4S
314 Kappabridge Susceptibility instrument. A portion of these samples were also used for room temperature
315 isothermal remanent magnetization (IRM) acquisition and hysteresis loop experiments on a Princeton
316 Measurements Corp. Model 3900 Vibrating Sample Magnetometer (VSM). IRM of the samples were
317 acquired and measured at sixty field steps on a logarithmic scale ranging from 1 mT to 1 T. Hysteresis
318 loops of the samples were measured at 5-mT field steps, with the applied field ranging between -1 T and

319 +1 T. Thermal susceptibility results are shown in **Figure 5**. All other rock magnetic experiments are
320 summarized in **Supplementary Figure 10**. Oraparinna rock magnetic samples come from: BIF080, 76 m
321 level (**Fig. 2; Fig. 5a**); BIF085, 71 m level (**Fig. 2; Fig. 5a**); BIF100, 56 m level (**Fig. 2; Fig. 5a**). Holowilena
322 rock magnetic samples come from (-31.987226, 138.849969): BIF006, lower 5 metres of BIF in
323 Holowilena logged section (**Supplementary Figs. 1 and 8; Fig. 5b**); HOL-1, upper 5 metres of BIF in
324 Holowilena logged section (**Supplementary Fig. 8; Fig. 5b**).

325

326 **Data availability**

327 All magnetic susceptibility data are provided in **Supplementary Tables 1 and 2**.

328

329 **Code availability**

330 Matlab scripts used for time series analysis are available from the authors upon reasonable request.

331

332

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440 **AUTHOR CONTRIBUTIONS**

441 R.N.M. conceived the study. R.N.M., T.M.G., G.M.C., and A.R.N. conducted the fieldwork. R.N.M. and
442 U.K. conducted the time series analysis. Y.L. and C.X. conducted the rock magnetic experiments.
443 R.N.M., T.M.G., X.L., and X.H., conducted the petrographic analyses. All authors contributed to the
444 manuscript preparation, interpretation, discussion, and writing, led by R.N.M.

445

446 **COMPETING INTERESTS**

447 The authors declare no competing interests.

448

449 **FIGURES**

450 **Fig. 1. Spatial and temporal distribution of banded iron formation.** **a** Palaeogeographic
451 reconstruction ca. 700 Myr ago (updated from ref. ⁴⁴) showing the locations of Cryogenian banded iron
452 formation⁹ (BIF), and hypothesized cryoconite pans (gray) where cyanobacteria and eukaryotes may
453 have taken refuge during snowball glaciation¹². **b** Lithologic map of the two study locations at
454 Oraparinna and Holowilena, South Australia (updated from ref. ²¹). **c** Simplified lithostratigraphy of the
455 Sturtian glaciation in the Flinders Ranges, South Australia. **d** Fine-scale rhythmic banding observed in
456 the Holowilena Ironstone at Holowilena.

457

458 **Fig. 2. Stratigraphy, magnetic susceptibility, and $\delta^{56}\text{Fe}$ isotope geochemistry at Oraparinna.** (Left)
459 Stratigraphic log featuring the key sedimentological facies of BIF. Lower-case letters refer to outcrop

460 photographs (Supplementary Fig. 4). The colors shown, extracted from photographs, are accurate
461 representations of the rock sequence variability. The lower faulted contact is at -12 m (see
462 Supplementary Figure 5 for additional field data). (Right) Magnetic susceptibility with 2σ uncertainty
463 (black; Supplementary Table 1). $\delta^{56}\text{Fe}$ isotope variability from two sections at Oraparinna: light red is the
464 same section as ours¹⁰, and dark red is the section of ref. ¹⁶ ~6 km along strike (Supplementary Fig. 6);
465 slightly less positive values at our section likely indicate relative proximity to the ice grounding line,
466 consistent with more stratified diamictite than in the section of ref. ¹⁶. Best-fit degree-2 polynomials for
467 each dataset (dashed lines). Note peak values for both trends occur in the middle of the succession. Rock
468 magnetic experiments were performed on samples between 51–76 metres (Fig. 5 and Supplementary Fig.
469 10).

470

471 **Fig. 3. Time series analysis of iron formation. a** Fast-Fourier transform (FFT) of magnetic
472 susceptibility at Holowilena. Red spectra are FFT recomputed after subtracting the strongest signal (~4
473 m; ~97 kyr). Two distinct signals in the ~100 kyr bandwidth are shown as two overlapping transparent
474 dark blue bands. **b** Bandpass filters of significant cycles identified with FFT at Holowilena. Raw magnetic
475 susceptibility data are shown in gray. **c** FFT of magnetic susceptibility at Oraparinna. **d** Bandpass filters
476 of significant cycles identified with FFT at Oraparinna. Envelopes of bandpass filters exhibiting
477 amplitude modulation characterized using the Hilbert transform (Methods). Raw detrended data are
478 shown as the gray line.

479

480 **Fig. 4. Hilbert transform of putative precession signal in order to extract putative eccentricity signal.**

481 **a** Hilbert transform (red) extracted from precession bandpass filter (blue; Fig. 3b). **b** Fast-Fourier
482 transform (FFT) of the Hilbert transform, indicating power in the eccentricity band (compare to Figure
483 3a and b in the main paper), as expected.

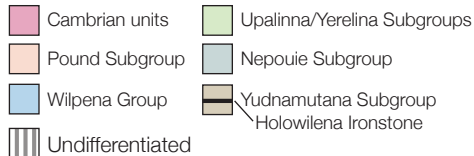
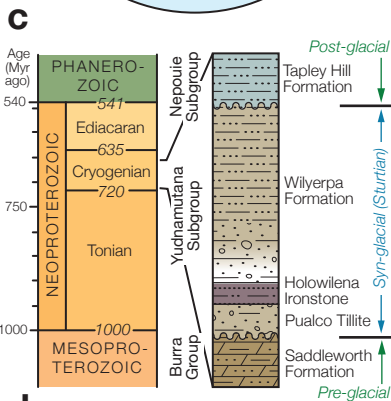
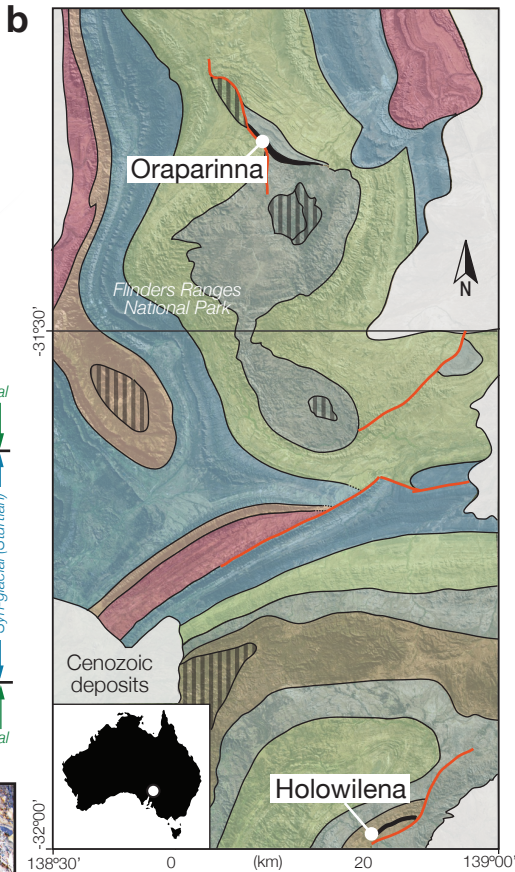
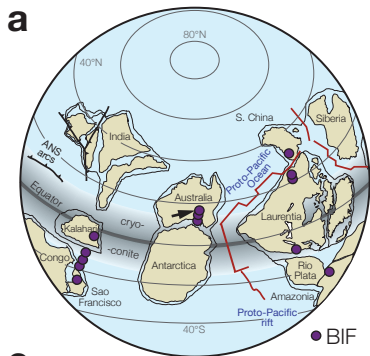
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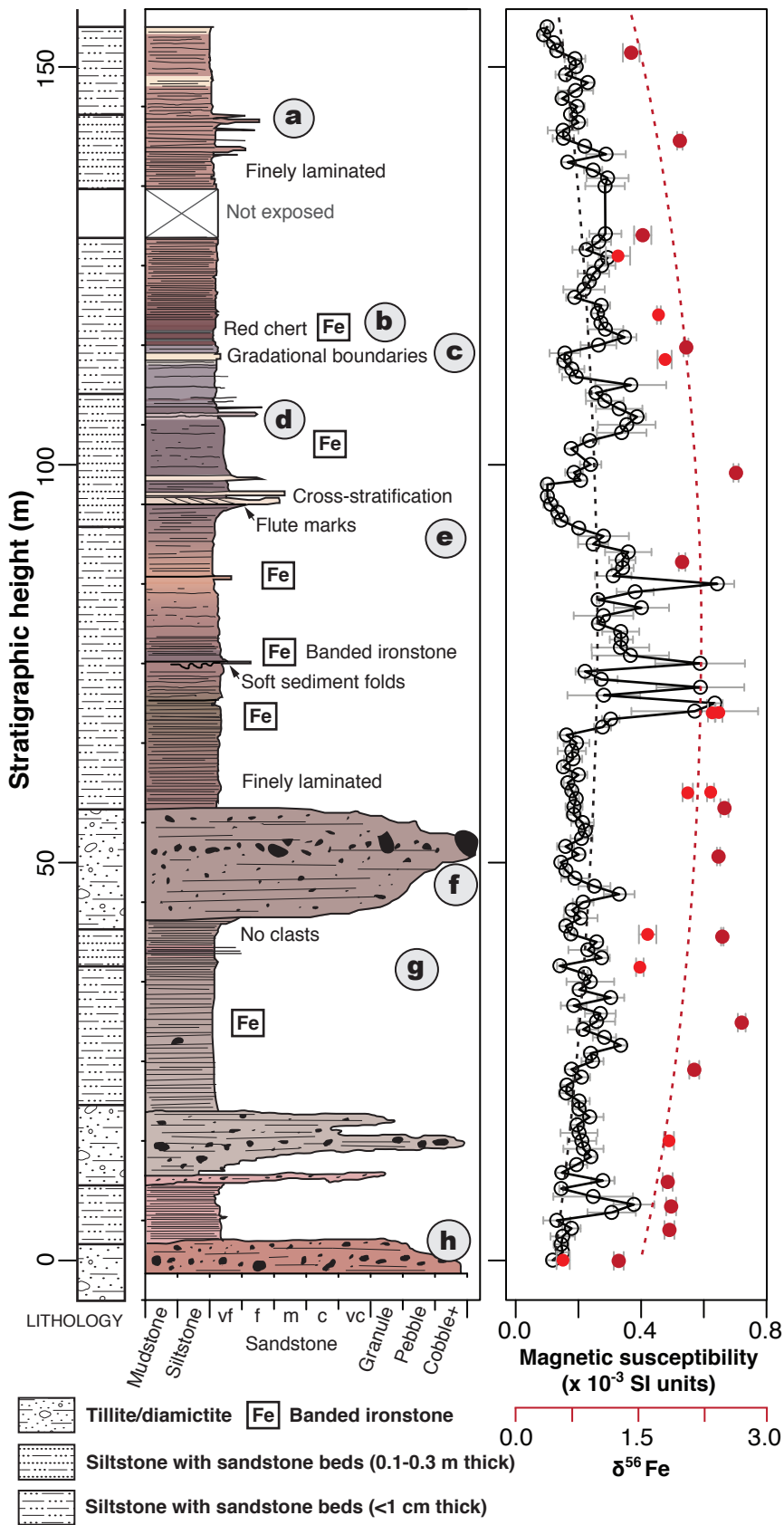
485 **Fig. 5. Thermal susceptibility experiments. a** Oraparinna. Thermal susceptibility comparison between
486 samples across a short eccentricity cycle (~100 kyr; left) and a long eccentricity cycle (~400 kyr; right).
487 Stratigraphic heights relate to the Oraparinna section (Fig. 2). Unblocking temperatures near ~675°C
488 and ~585°C indicates the presence of hematite and magnetite, respectively. Note hematite is dominant,
489 but magnetite content is variable. Hematite-pure lithologies yield high magnetic susceptibilities and
490 hematite-poor lithologies yield low susceptibilities. **b** Holowilena. Sample BIF006 from the lower 5
491 metres of the section (Supplementary Fig. 1) exhibits a dominant magnetite peak and subordinate
492 hematite peak, whereas sample HOL-1 from the upper 5 metres contains pure hematite. Supplementary
493 Figure 10 shows the results of other, corroborating rock magnetic experiments. Purple and red vertical
494 bands in the background show typical ranges of (titano-)magnetite and hematite, respectively.

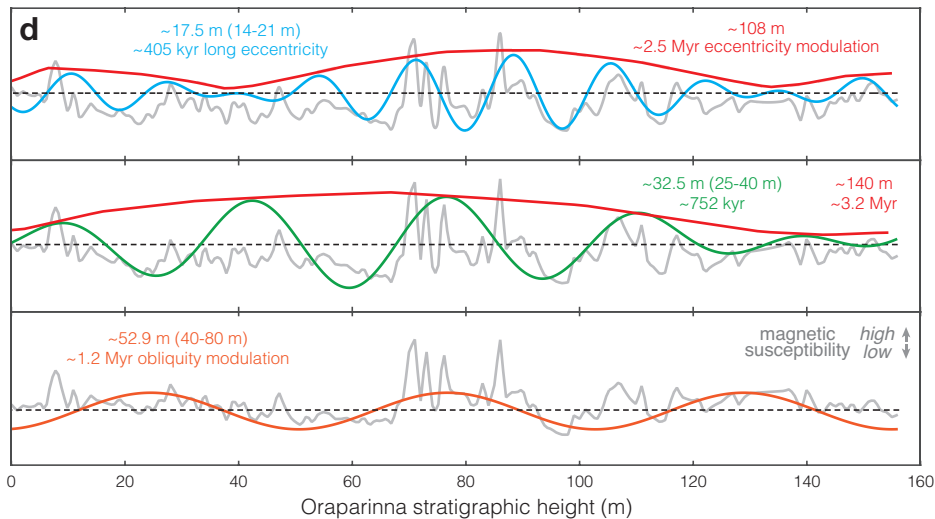
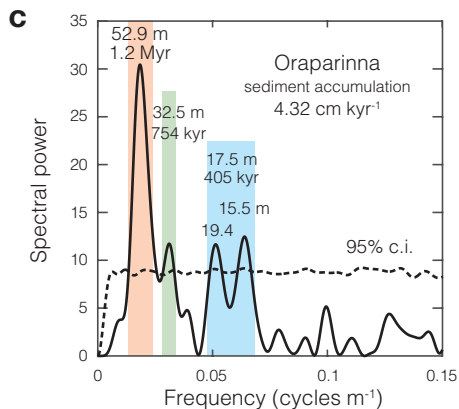
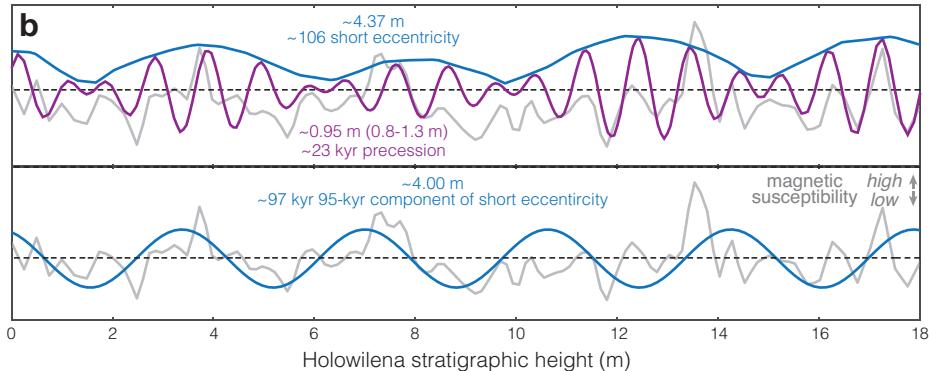
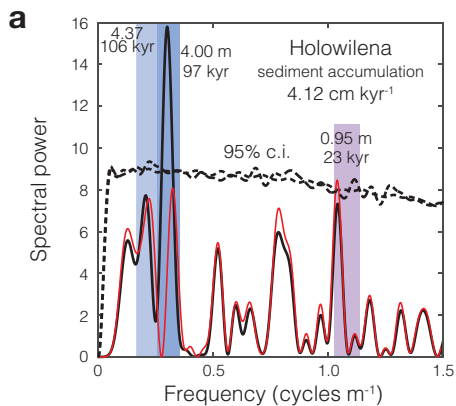
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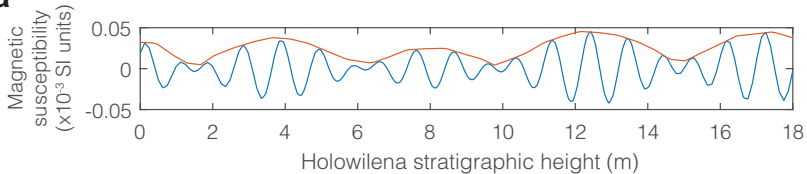
496 **Fig. 6. Petrography of iron formation. a** High susceptibility, hematite-pure hand sample (HOL-1) from
497 Holowilena (Fig. 5b). Note red jasper is laterally discontinuous and interpreted to be chemically
498 precipitated. **b** Photomicrographs under reflected light show randomly oriented euhedral hematite laths
499 (white) in a quartz, chert, and clay matrix (gray). Note large gray intraclast at the bottom, also

500 containing hematite laths. **c** SEM images of polished thin section (top) and rock chip (bottom)
501 exhibiting randomly oriented hematite laths in two and three dimensions, respectively. The textures
502 strongly suggest that the hematite is authigenic (i.e., chemically precipitated) and not detrital.







a**b**