	1 Micro porous layer (MPL)-based anode for microbial				
	2 fuel cells				
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18	HIGHLIGHTS				
19	• MPL modified anodes outperformed unmodified anodes in terms of power and stability.				
20	• Urine was successfully used as the fuel for electricity generation.				
21	• Microbial growth rates were higher when MPL was used as the anode material.				
22	• PTFE loadings need to be optimized for better anode performance.				
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25	Abstract – Two different anode materials, carbon veil (CV) and carbon cloth (CC), were modified with a micro-porous				
26	layer (MPL) in microbial fuel cells (MFCs). When the biofilm on the anodes was mature, the maximum power output of				
27	MPL modified carbon veil (CV20-MPL) and carbon cloth (CC-MPL) was 304.3 μ W (60.7 mW/m ²) and 253.9 μ W (50.6				
28	mW/m^2). This was 2.2 and 1.8 times higher than unmodified CV and CC, respectively. The 7-month operational tests				
29	indicated that the long term stability of the MFCs was enhanced with the modified MPL anodes, which increased the				
30	anode surface roughness and provided higher surface area. Higher bacterial population was observed in the MFCs with				
31 32	the MPL anodes, which confirms the power generation results. This is the first time that the MPL has been used as efficient anode material in MFCs.				

34 *Keywords:* microbial fuel cells (MFCs), anode modification, micro-porous layer (MPL), energy from waste, urine

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36 I. INTRODUCTION

Despite the universal efforts for improvements in the global energy issue, all of the currently available renewable 37 energy sources (wind, hydro-, photovoltaic and biomass) have their limitations; it thus becomes clear that more 38 39 technological innovations through research need to be achieved. In this respect, energy from organic waste can be a very 40 attractive option. The useable form of energy from waste can include electricity, gas as well as heat and the most common method of implementation, is incineration of waste. For the last few decades, the system efficiency and unwanted gas 41 emissions have been considerably improved, however this only has value when the waste is sufficiently dry; energy 42 cannot be gained without additional energy input if the water content of waste is above 30 % [1]. Thus different 43 44 approaches are required for recovering energy from 'wet waste' such as wastewater.

45 With this respect, microbial fuel cells (MFCs) that generate electricity by the break-down of organic matter (e.g. wastewater) have a great potential for future energy and environmental challenges. MFCs have numerous merits; firstly 46 47 electricity is generated directly from organic matter, which results in a high efficiency of energy conversion. Secondly, MFCs can operate at ambient temperature conditions or even below 20 °C, and at low substrate concentration levels [2]-48 [4]. In terms of substrate variety, more recently, urine has been shown to be directly utilised for electricity generation, 49 with promising results [5], [6]. Although the organic carbon is low in urine compared to other organic substrates [6], it 50 seems to be performing better in terms of power output [7]. This requires further investigation. Although the MFC 51 technology has achieved remarkable improvements in terms of power output over the last two decades, practical 52 53 applications of the MFC technology, at larger scales, have yet to be implemented due to the low levels of power generation and relatively high costs. 54

55 Anode materials play an important role in the performance of MFCs by affecting the performance and cost of MFCs significantly. Carbon based materials such as carbon cloth [8], carbon fibre [9], [10], graphite felt [11], [12] and carbon 56 paper [13] are the most common materials in MFCs due to their inertness toward bacteria and relatively low cost. Besides 57 using these, diverse modifications have been made in order to enhance the anode performance. This includes ammonia 58 59 treatment of anode surface [14], [15], acid treatment [16], [17] and adding nano-structured materials [18]–[20]. In general, 60 a suitable MFC anode material requires large surface area for bacterial attachment and high electrical conductivity for the 61 charge transfer, as well as good current collection capability. Since the anodes become biotic, they should be non-toxic to 62 microorganisms, as well as inert to biochemical reactions, in order to prevent or minimise fouling; thus the structure of anodes needs to be carefully chosen. Also they should be robust for long-term operation and economical, in terms of cost 63 64 of production.

Micro-porous layer (MPL) have been widely used as cathodes of hydrogen fuel cells [21]–[23] and more recently, microbial fuel cells [8], [24]. In a cathode, MPL is usually placed between the gas diffusion layer (GDL) and the catalyst 67 layer (CL). The function of MPL in this structure is to provide sufficient porosity and hydrophobicity to allow a better 68 transport of oxygen and water, as well as reduce the electrical contact resistance between the GDL and the adjacent CL. 69 Hydrophobicity is not normally considered appropriate for anodes of MFCs but high porosity with good electrical 69 conductivity are in fact desired properties in anodic materials. Therefore a hypothesis was formulated that the MPL could 70 also work for MFC anodes.

In this study, carbon fibre veil (CV) and carbon cloth (CC) electrodes were modified with carbon powder, in order to introduce a micro-porous layer (MPL) of improved surface area and conductivity. The main objectives of the study were to test electrode modification with MPL, in order to evaluate its performance as an anode and investigate the feasibility of using MPL modified anodes in terms of power production, surface morphology, biocompatibility, electrical conductivity, long term stability and production cost.

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78 II. MATERIALS AND METHODS

79 A. Anode Preparation

Three different carbon fibre veil (CV) electrodes and two carbon cloth (CC) electrodes were tested in triplicates in this 80 study. Plain carbon fibre veil electrodes (PRF Composite Materials Poole, Dorset, UK) with different amounts of carbon 81 loading (20 g/m² and 30 g/m²) and untreated (non-wet proofed) carbon cloth (FuelCellEarth, Massachusetts, USA) were 82 compared, under identical conditions. The MPL was a mixture of carbon black (Vulcan XC-72, main component) and 83 PTFE (60 % emulsion, Sigma-Aldrich, binder) and the preparation of this MPL material has been previously described 84 [25]. The additional carbon loading from the MPL modification was approximately 18 g/m². The five types of anode 85 electrodes (three unmodified and two modified) were made of 12 layers of 4.18 cm² (width: 2.2 cm, length: 1.9 cm) of 86 electrode material, resulting in a total macro-surface area of 50.16 cm². Details of each electrode are presented in Table 1. 87

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Table 1 Details of experimental conditions employed in the study

Abbraviation	Composition	Original carbon content	Total carbon content
Abbreviation	Composition	(g/m^2)	(g/m^2)
CV20	Unmodified carbon veil	20	20
CV30	Unmodified carbon veil	30	30
CV20-MPL	Modified carbon veil with MPL	20	38
CC	Unmodified carbon cloth	115	115
CC-MPL	Modified carbon cloth with MPL	115	133

92 B. MFC Design and Operation

The MFCs consisted of 6.25 mL anode chambers and open-to-air cathodes. The anode compartments had inlets and outlets (d=4 mm) on the bottom and the top, respectively for continuous feeding (Figure 1a). A cation exchange membrane (CMI-7000, Membrane International), 25 mm diameter, was sandwiched between the anode and cathode frames. The cathode electrodes, which were identical for all 15 MFCs, were made of hot-pressed activated carbon onto untreated carbon cloth and had a total macro surface area of 4.9 cm². Titanium (0.45 mm thickness) wire was used for connection and current collection (Figure 1b).

Activated sewage sludge supplied from the Wessex Water Scientific Laboratory (Saltford, UK) was used as the 99 inoculum. Sludge was mixed with 0.1 M acetate prior to use, resulting in an initial pH level of 7.2; the same mixture was 100 used as the initial feedstock. Following the inoculation of the MFCs and the maturing of the biofilm communities on the 101 anodes for a week, untreated human urine was used as the sole energy source. Urine was donated from male and female 102 healthy individuals, on a normal diet and without any medical conditions, and was pooled together prior to use. 103 Continuous flow of the anolyte was maintained using a 16-channel peristaltic pump (205U, Watson Marlow, Falmouth, 104 UK) with a flow rate of 11.5 mL/h. For maximising power output in the temporal long term, different external resistance 105 106 values, which matched the internal resistance values of MFCs for the different anode materials, were applied throughout the work. Power output of the MFCs was monitored in real time in volts (V) against time using an ADC-24 Channel Data 107 108 Logger (Pico Technology ltd., Cambridgeshire, UK). Each experimental condition was tested in triplicate and all experiments were carried out in a temperature controlled laboratory, with 22 ± 2 °C. 109



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112 Figure 1. (a) MFC experimental set-up; (b) 3D CAD assembly of the single chamber MFC

- 113
- 114 C. Analysis

115 Scanning electron microscopy (SEM)

Scanning electron microscopy (model name-XL30, Philips) was used to examine the shapes and structures of the unmodified/modified anode material surfaces. Samples of 0.5 cm² area of each material were cut and fixed on aluminium mounts using contact adhesive. Samples were prepared for microscopy by sputter coating in gold using an Emscope SC500 sputter coating unit, prior to microscopy and observation.

120 Direct cell counting

For the hemocytometric cell number measurements, 0.1 mm deep Neubauer-improved hemocytometers were used (Marienfeld-superior, Germany). The two independent consecutive measurements were performed using the two different sides of each hemocytometer. The raw effluent was diluted 10-20 times with phosphate buffered saline. The bacterial cell population was determined by counting individual cells using a grid-field.

125 Four-wire resistance measurement

In order to measure electrical conductivity of the tested anode materials, 4-wire resistance measurement was carried out with a digital multimeter (M-3850D, METEX, Korea) and bench power supply (PSM-3004, GW INSTEK, Taiwan). A small piece of each material (15 mm x 15 mm) was placed between two clamps. Voltage drop between the two points was measured when constant current was supplied to the material from the power supply. This method is considered more accurate than the 2-wire method for low resistance measurements since it reduces the effect of test lead resistance.

131 Principal component analysis (PCA)

PCA was used in order to process large sets of data and find distinctive patterns. PCA is a statistical tool that simplifies the visualisation of the variables accountable for relations among the different samples by generating uncorrelated components named as principal components. The two principal components, orthogonal one to the other, represent the largest possible variance (PC-1) and the largest possible inertia (PC-2) respectively [26]. In the current study, power (density, absolute, specific, initial, middle and final), resistivity and material cost were used as variables in the PCA matrix. Auto-scaling PCA (PLS_Toolbox 3.54 in Matlab, Eigenvector Research Inc., USA) was applied to this dataset.

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139 D. Polarisation Measurement and Power Output Calculations

Polarisation experiments were performed periodically by connecting a DR07 decade variable resistor box (ELC, France), between the anode and cathode electrodes. Polarisation data were generated by varying the external resistance from 30 k Ω to 10 Ω at time intervals of 5 minutes after the MFCs had established a steady-state open circuit voltage.

143 The current (I) in amperes (A) was determined using Ohm's law, I = V/R, where V is the measured voltage in volts (V) 144 and R is the known value of the external resistor expressed in ohms (Ω). Power (P) in watts (W) was calculated by 145 multiplying voltage with current; $P = I \times V$. Power density (P_D) was calculated according to the electrode total macro surface area; $P_D = P/\alpha$, where α is the total electrode macro surface area in square metres (m²). Internal resistance was calculated from Kirchoff's voltage law: $R_{INT} = (V_{O/C}/I_L) - R_L$, where $V_{O/C}$ is the open-circuit of the MFC, I_L is the current under a load and R_L is the value of the load resistor. The value of R_{INT} was also validated from the V/I curves of the polarisation experiments.

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151 **III. RESULTS AND DISCUSSION**

- 152 A. Performance of the MPL modified anodes
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155 Figure 2. Power curves of different anode materials

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The MPL modification improved the MFC performance significantly when compared with the unmodified anode 157 materials as shown in Fig 2. From the beginning, the MPL modified anodes showed higher power performance than the 158 159 plain ones, which was consistent throughout the entire work. During the middle stage, when the biofilm on the anodes was considered to be mature, the MFCs performed their best. The best performing anode material, CV20-MPL, produced a 160 maximum power of 304.3 μ W (60.7 mW/m² normalised to the anode total macro surface area, mean value 290 μ W ± 13), 161 which was 1.2 fold higher than the second best performing anode material, CC-MPL with a maximum power of 253.9 µW 162 (50.6 mW/m², mean value 249 μ W ± 8). The maximum power produced by unmodified electrodes, CV20, CV30 and CC, 163 was 140.0 μ W (27.9 mW/m², mean value 130 μ W ± 10), 180.7 μ W (36.0 mW/m², mean value 171 μ W ± 10) and 143.4 164 μ W (28.6 mW/m², mean value 137 μ W ± 6) respectively. This demonstrates that the MPL modification can result in 165 significant anode improvements. 166

The resulting 2.2 and 1.8 fold higher power was achieved by modifying the plain CV with 20 g/m² of carbon loading 167 and CC carbon materials, which is also supported by the improved performance from the manufacturer higher-loading 168 carbon (30 g/m²), compared to the unmodified electrodes. It is therefore valid to assume that the higher carbon content 169 from the MPL modification contributed - to a degree - to the higher power generation of MFCs. Although this was 170 expected, it could not have been the only reason for the improved anode performance. The maximum power output of 171 each anode material during the middle stage was compared (Table 2). For the specific power density, presented as the 172 173 power output per 1 g of anode carbon, the same amount of carbon did not result in the same level of increase in the output, 174 especially for the CC based materials, where specific power density was far lower than the CV based materials.

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Electrode	Absolute power (µW)	Power density (mW/m ²)	Specific power density (mW/g)
CV20	140.0	27.9	1.40
CV30	180.7	36.0	1.20
CV20-MPL	304.3	60.7	1.60
CC	143.4	28.6	0.25
CC-MPL	253.9	50.6	0.38

Table 2 Maximum power output of MFCs during the middle stage with different anode materials

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178 B. Surface morphology

Another possible explanation for the performance enhancement with MPL modification may be its surface characteristics. The SEM images of the clean CV and CC anodes (Figures 3a-3c) showed that the MPL covered the anode surface as well as the gaps between carbon fibres (Fig. 3d and 3e). With higher magnification, the MPL surface seems uneven and more porous, which could result in better and higher surface area for bacterial attachment (Fig. 3f).





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Figure 3. SEM images of anode electrodes; (a) CV20; (b) CV30; (c) CC; (d) CV20-MPL; (e) CC-MPL; (f) MPL structure on CC-MPL

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The SEM images could explain why CC based materials did not perform as well as CV based materials even though they had higher carbon content. Carbon fibres of the CC were densely woven (Fig. 3c), so that even though bacteria could penetrate deep into the strata, fuel supply from percolation, would have been uneven at those inner layers, which is not the case for the less dense CV. Uneven and decreasing concentrations of fuel, would have inevitably resulted in an eroding inner CC biofilm core.

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- 194 C. Biocompatibility

Figure 4. Bacterial production rate from the effluent of MFCs with different anode materials. Inset shows the regressionanalysis of the data with 95 % CI.

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In order to address whether the increased anode surface through MPL modification was beneficial for the growth of anodophilic bacteria, the bacterial production rate from the effluent of all MFCs was measured over a 2-month operational period, which allowed MFCs to run in various conditions.

With the direct cell counting method, all the suspended cells in the anolyte, both living and dead, were non-selectively counted (including non electro-active species). Nevertheless, a relationship between bacterial cell production and power output could be drawn from the results shown in Fig. 4. Although the relation between the two was not directly proportional, higher bacterial populations tended to contribute to higher power output. Therefore a conclusion could be drawn that higher surface area of the anodes, through MPL modification, had positive influence on bacterial growth on the anodes, increasing the anodic load of attached cells from which daughter cells are derived or by the attached layers growing at a higher growth rate, and thereby producing higher numbers of shed daughter cells in the perfusate.

The relationship between bacterial cell production rate and power output might indicate that the portion of nonanodophiles constituting the whole microcosm population was larger in the MFCs with modified anodes due to the change brought about by the anode modification. In this case, it may be assumed that MPL modification is selective to anodophiles. In-depth bacterial analysis would need to be carried out to investigate this.

Cathodic MPL modification is traditionally performed with PTFE (polytetrafluoroethylene), which is used for making 214 the layer hydrophobic as well as binding carbon powder and current collection (e.g. CV or CC). This hydrophobic 215 characteristic appeared in the modified anodes. When MPL modification was completed, the water-uptake element of the 216 MPL modified anodes was low. However this did not seem to have a significant negative effect on bacterial growth, at 217 least over the long term. The mixed number of attachment points with different surface hydrophilic/hydrophobic 218 properties (carbon or PTFE) may result in greater diversity of surfaces and therefore greater diversity of types of bacteria 219 that can attach. Actually, bacteria can colonise pure PTFE surfaces, which is problematic in protecting medical equipment 220 from bacterial contamination [27], [28], and the results derived from bacterial population counting is consistent with this. 221 It showed that the MPL modified anodes (with PTFE) were biocompatible. 222

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224 D. Electrical conductivity

Another possible downside predicted for using PFTE in anodic materials, was the decrease in the anodic electrical conductivity. According to the manufacturer of PFTE, volume resistivity of PTFE at 20 °C is more than $10^{18} \Omega \cdot m$ [29]. Thus PTFE could work as an insulator in the modified materials due to its high resistivity.

Electrical conductivity of anodes is an essential feature since it greatly affects ohmic losses in MFC systems. Electrical conductivity is the reciprocal of electrical resistivity, and thus measuring the anode resistivity also represents its conductivity. Electrical resistivity (volume resistivity) of each anode material was measured at room temperature (22 ± 2 °C) (Fig. 5).

Figure 5. Electrical resistivity of each anode material

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Although all the tested anode materials consisted of the same carbon base, the resistivity varied due to the particle size, aggregate structure and porosity [30]. As a result, electrical resistivity slightly increased both in CV and CC through the MPL modification, which might be the result of the PTFE addition. In this particular case, and even though the differences in resistivity were small, it is clear that the PTFE loading was counteracting the increase in surface area, achieved from the MPL modification. Since micro-structure and characteristics of MPL changes with different PTFE loadings [31], [32], the amount of PTFE needs to be carefully selected for an optimum modification.

It should be noted that resistivity is an intrinsic property, unlike resistance. Resistance of the anodes used in the test could vary based on their shape and size. In this study, the same macro surface size was used for all materials but the volume of anodes was different, due to different thickness of anode material.

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246 E. Long term operation

Durability is critical for long-term MFC operation. The MPL modified anodes were operated for 7 months to investigate the long-term stability. Good MFC anodes are expected to have a low level of fouling, however meeting this requirement is not trivial since a high void volume consisting of fine spaces for sustaining the microbial growth and

multiplication, is essential. In an ideal continuous-fed system with the optimum flow rate, this could be avoided or 250 251 minimised since clogging is a result of slow flow and poor hydrodynamic control. Even though the MFC systems were under continuous flow conditions, anode chamber clogging – due to urine precipitation – was observed, which would have 252 been accompanied by membrane ageing. During the 7-month operational period, MFCs were opened 3 times, in order to 253 254 clear the precipitation that was accumulating on the membranes and anode chambers. There might have also been an element of an accumulating biofilm on the anode electrodes, but this is a parameter that will be more closely monitored in 255 the next stages of this study. After cleaning the MFCs, performance of all units dropped but then quickly recovered to 256 their previous performance levels. 257

Figure 6 shows the power generating performance profile of tested anode materials in different stages of the experiment 258 operation period. All MFCs showed a similar pattern: performance increased in the early stages and then decreased in the 259 later stages. In the 2nd week, power output increased gradually as MFC anodes were matured. After 1 month (referred to 260 as middle stage), the power output of all MFCs improved significantly, which implied that biofilms on the anodes were 261 fully established. After nearly 7 months, power output declined. However, the extent of performance decline differed for 262 each anode material. Over 50 % of the decline in performance occurred in unmodified CV30, CV20 and CC (50.4 ± 6 %, 263 54.1 ± 3 %, and 55.6 ± 1 %, respectively), whereas only 36.0 ± 5 % (CV20-MPL) and 41.2 ± 4 % (CC-MPL) of 264 performance reduced in the MPL modified anodes. Their power performance change can also be found in the polarisation 265 curves (Fig. 2). In the case of maximum power output, only 20.7 % and 18.5 % decreased in CV20-MPL and CC-MPL 266 respectively, whilst 53.2 %, 43.9 % and 51.5 % reduction was recorded for CV30, CV20 and CC between the middle 267 stage and late stage. Therefore, this result indicated that MPL modification improves anode durability for long term 268 269 operation.

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Figure 6. Power production from MFCs with different anode materials in different stages of the work; temporal profile

Another factor to consider when to select anode materials for a MFC system is substrate. Urine which was used as a substrate in this work tends to form precipitation naturally. If a defined substrate with less insoluble matters is used, a different size of anode cavities or surface morphology may be more desirable.

278 F. Economic evaluation

279 So far the MPL modified anodes were compared with the unmodified anodes in terms of power production, surface 280 morphology, biocompatibility, electrical conductivity and long-term durability. The economical aspect should not be overlooked even though the majority of MFC research is still at laboratory level. When economical aspect is considered 281 for a MFC system, various elements need to be taken into account. The costs of the anode materials tested were compared 282 (Table 3), with respect to the material cost only, and cost for fabrication of the MPL modification was not included. The 283 modification of 1 m² of anode materials, required approximately 40USD. This additional cost gave 220 % and 180 % of 284 performance improvement than unmodified CV and CC anodes, respectively and also enhanced the stability of the MFC 285 systems. This cost could be reduced significantly for mass production. Although it is too early to justify that MPL 286 modification is affordable or competitive in terms of cost, this consideration is important. 287

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Table 3 Anode material cost spent in this study and other factors to consider

Anode material	Anode material cost	Power per cost	Performance decline after
Anoue material	(USD/m^2)	(mW/USD)	7 months of operation (%)
CV20	12.3	2.27	54.1 ± 3
CV30	16.2	2.22	50.4 ± 6
CV20-MPL	52.1	1.17	36.0 ± 5
CC	588.4	0.05	55.6 ± 1
CC-MPL	628.2	0.08	41.2 ± 4

Although many researchers studying fuel cells including hydrogen based fuel cells claim environmental friendly aspect of the technology, sustainability in manufacturing, operating, and discarding of fuel cell systems is often forgotten. Especially for the MFC technology, which is believed to have green energy merits for the future, this aspect is very important. Although a direct comparison of MPL modified anodes to other anode materials is difficult in terms of environmental impact, it is reasonable to guess that the extent of pollution did not increase much by the modification since no toxic chemical or heavy metal was used.

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298 G. Principle component analysis (PCA) and general analysis

All the data obtained were used as input in PCA analysis. Power (density, absolute, specific, initial, middle, final and 299 per unit cost), resistivity, carbon loading, anode production rate and material cost for all the samples (CV20, CV30, 300 CV20-MPL, CC and CC-MPL) were used as variables in the PCA matrix (Figure 7). Three different zones in the PCA can 301 be identified: i) CV20-MPL showed the best performances (initial, middle, final, specific and density) and highest anode 302 production rate; ii) CC and CC MPL showed the highest material cost, highest conductivity (inversely proportional to the 303 304 resistivity) and carbon loading; iii) CV20 and CV30 showed the best power per unit cost but also higher decline in long term operation. CV generally had a lower cost so it seems to be an appropriate candidate as anode material. CC (with and 305 without MPL) were not suitable for anode in MFC mainly due to their high cost and also poor durability despite their best 306 conductivity properties. The MPL addition on the CV increases the cost of production slightly, however showed the 307 highest power output and material durability. Therefore it was concluded that CV20-MPL was the best anode material 308 among the five different materials tested in this study. 309

312 Figure 7. Principal components analysis biplot for the different anodes investigated

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314 IV. CONCLUSIONS

Carbon based anode materials (CV and CC) were modified with MPL and their performance was evaluated as MFC anodes. The results showed that MPL modification of anodes increased power performance, bacterial production rate of anode and MFC stability. Since PTFE caused higher resistivity and hydrophobicity, optimisation of its use in terms of concentration or heating temperature during the MPL making process, or finding an alternative binder that could replace PTFE, need to be further investigated. The evaluation of feasibility indicated that MPL modification for anode is desirable. This was the first study that the MPL was used as a good anode electrode in MFCs.

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322 ACKNOWLEDGMENT

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