

1 **Materials and methods for droplet microfluidic device fabrication**

2 *Katherine S. Elvira,^a Fabrice Gielen,^b Scott S. H. Tsai,^{cde} Adrian M. Nightingale^{f,g*}*

3 ^a*Department of Chemistry, Faculty of Science, University of Victoria, BC, Canada.*

4 ^b*Living Systems Institute, College of Engineering, Physics and Mathematics, University of*
5 *Exeter, Exeter, EX4 4QD, United Kingdom.*

6 ^c*Department of Mechanical and Industrial Engineering, Ryerson University, ON, Canada.*

7 ^d*Institute for Biomedical Engineering, Science, and Technology (iBEST)—a partnership*
8 *between Ryerson University and St. Michael's Hospital, ON, Canada*

9 ^e*Keenan Research Centre for Biomedical Science, St. Michael's Hospital, ON, Canada*

10 ^f*Mechanical Engineering, Faculty of Engineering and Physical Sciences, University of*
11 *Southampton, Southampton, SO17 1BJ, United Kingdom.*

12 ^g*Centre of Excellence for Continuous Digital Chemical Engineering Science, Faculty of*
13 *Engineering and Physical Sciences, University of Southampton, Southampton, SO17 1BJ,*
14 *United Kingdom.*

15 * *a.nightingale@southampton.ac.uk*

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17 **ABSTRACT:**

18 Since the first reports two decades ago, droplet-based systems have emerged as a compelling
19 tool for microbiological and (bio)chemical science, with droplet flow providing multiple
20 advantages over standard single-phase microfluidics such as removal of Taylor dispersion,
21 enhanced mixing, isolation of droplet contents from surfaces, and the ability to contain and
22 address individual cells or biomolecules. Typically, a droplet microfluidic device is designed to
23 produce droplets with well-defined sizes and compositions that flow through the device without
24 interacting with channel walls. Successful droplet flow is fundamentally dependent on the
25 microfluidic device – not only its geometry but moreover how the channel surfaces interact
26 with the fluids. Here we summarise the materials and fabrication techniques required to make
27 microfluidic devices that deliver controlled uniform droplet flow, looking not just at physical
28 fabrication methods, but moreover how to select and modify surfaces to yield the required
29 surface/fluid interactions. We describe the various materials, surface modification techniques,
30 and channel geometry approaches that can be used, and give examples of the decision
31 process when determining which material or method to use by describing the design process
32 for five different devices with applications ranging from field-deployable chemical analysers to
33 water-in-water droplet creation. Finally we consider how droplet microfluidic device fabrication
34 is changing and will change in the future, and what challenges remain to be addressed in the
35 field.

36 1. Introduction

37 Droplet microfluidic devices are used for the generation, manipulation, and analysis of discrete
38 liquid droplets within a secondary immiscible liquid phase flowing through channels with
39 dimensions preferentially below 500 μm .^{1, 2} Compared to standard single-phase flow, flowing
40 a liquid as a sequence of sub- μL droplets has several practical advantages, such as the
41 removal of Taylor dispersion,³ the encapsulation of viscous or fouling species away from
42 channel walls,^{4, 5} and the segregation of single cells or molecules so that they can be assayed
43 or analysed individually in high throughput.⁶ Because of these advantages droplet
44 microfluidics is becoming increasingly important within the microfluidic field as a whole, as
45 shown in the bibliographic record: While the total number of both microfluidic and droplet
46 microfluidic publications have steadily increased over time, the proportion of microfluidic
47 publications concerning droplets has significantly increased, with droplet microfluidics
48 currently making up ~15% of all microfluidic papers, up from ~5% fifteen years ago (shown in
49 more detail later). This reflects the increasing interest in droplet microfluidics and its
50 importance within the microfluidics community.

51 Droplet flow is typically generated by bringing two immiscible liquids together at a microfluidic
52 junction. Where the two flows meet, the balance of interfacial tension and shear forces
53 (determined by flow rates, channel geometry, fluid composition and viscosity) causes the fluids
54 to break up⁷ with the resulting droplet size and generation frequency determined by the fluid
55 mechanics of the system.⁸ Which fluid becomes the “disperse” phase (droplets) and which the
56 “continuous” or “carrier” phase (encapsulating the droplets) is chiefly determined by the
57 relative affinity of each fluid for the channel wall; for example a hydrophobic fluid will
58 preferentially wet a hydrophobic surface. Hence an oil/water fluid pair flowing within
59 hydrophobic channels will flow as a succession of water droplets carried within the continuous
60 oil phase. This is, however, dependent on the channels being uniformly hydrophobic over both
61 space and time. If the surface changes over the length of the channel, or over time, then
62 droplets will stick to the walls, causing a range of problems such as inter-droplet transfer of
63 contents, increase in droplet polydispersity, and analyte adsorption to the channel walls.^{9, 10}
64 Consequently the surface properties of the channels, which determine how the fluids interact
65 with the channel walls, are paramount to ensuring reliable droplet flow - not only during
66 generation, but also through all subsequent operations such as merging, separation, storage,
67 and analysis.

68 This review summarises how microfluidic devices can be fabricated to control those
69 interactions and hence deliver reliable stable droplet flow. There are several comprehensive
70 reviews that describe materials and fabrication techniques for microfluidic devices in
71 general,¹¹⁻¹³ focusing on the range of available materials, their properties, and how they can
72 be physically micropatterned. They pay little attention, however, to the surface chemistry, fluid
73 wetting and other considerations that are fundamental to the successful operation of a droplet
74 microfluidic device. This review aims to address this gap in the literature by providing readers
75 with a holistic guide to material choice and fabrication techniques for droplet microfluidic
76 devices. Our focus will specifically be on channel-based microfluidic devices for flowing
77 droplets rather than digital microfluidic (traditionally electrowetting-on-dielectric) devices, or
78 indeed devices for generating free droplets in gaseous environment (e.g. inkjet printing).
79 Readers interested in these areas are directed to one of the many authoritative reviews.¹⁴⁻¹⁷

80 This review will be especially useful to those new to the field but may also be of use to
81 established researchers considering materials they have not used before. It will cover what
82 materials can be used to make droplet microfluidic devices, describe the range of ways that
83 the surface/fluid interactions can be controlled by surface functionalisation or spatial control of
84 fluids, and then provide concrete examples of the thought process when choosing a material
85 and fabrication method by discussing five examples from our own research groups. We end
86 the review by highlighting areas where we consider innovations in materials and fabrication
87 methods will significantly impact droplet microfluidics in the future.

88 **2. Device materials and physical fabrication**

89 To begin we will summarise what materials can be used to make microfluidic devices in
90 general, and what techniques can be used to *physically* fabricate them (including patterning
91 and bonding) before paying more attention in the next section to surface/fluid interactions and
92 methods to *chemically* modify the device, a common part of the fabrication process for droplet
93 microfluidic devices. Various fabrication methods are available¹⁸⁻²⁰ (summarised in Table 1),
94 with a general trade off between ease/cost of manufacture and the minimum attainable feature
95 sizes. A range of different materials can be used for microfluidic devices, each with different
96 properties and possible physical fabrication methods, as summarised in Table 2. These are
97 described in detail in several good reviews¹¹⁻¹³ hence here we will provide a brief summary of
98 the main material options which comprise the three main classes of materials: inorganic
99 materials (chiefly silicon or glass, but also including ceramics), elastomers, and
100 thermoplastics.¹³

101 Inorganic materials have the advantage of broad solvent compatibility, mechanical rigidity and,
102 for glass, exceptional optical clarity at ultraviolet/visible wavelengths. They are expensive
103 and difficult to fabricate, however, with the manufacturing process difficult to scale up.
104 Monolithic microfluidic devices (i.e. those made exclusively from a single material with no
105 observable joins once fabricated) made from glass or silicon are typically patterned by a
106 combination of photolithography and wet-etching techniques followed by hot pressing above
107 the glass transition temperature. While this is an expensive and manually intensive fabrication
108 method, glass devices can be washed and reused, which is highly useful if device geometries
109 are already established. As a cheaper alternative, off-the-shelf components can also be used;
110 for example glass capillaries are often used as microfluidic devices with their tips tapered to
111 small diameters using capillary pullers.²¹

112 Elastomers, such as the ubiquitous poly(dimethylsiloxane) (PDMS), are a low cost and easy-
113 to-manufacture alternative to silicon and glass. These are typically patterned by moulding to
114 masters created using other fabrication methods.²² While the techniques used to make the
115 masters (most usually photolithography) can be time-consuming, the masters can be used
116 repeatedly to mould many devices, with excellent reproducibility and sufficient scalability for
117 academic requirements. Sealed channels are typically formed by covalent bonding of the
118 patterned elastomer substrate to a glass surface *via* surface activation by a plasma. PDMS
119 devices can also be reversibly sealed to another piece of PDMS, glass, or other substrates by
120 simple contact between the surfaces, creating hybrid devices with hybrid surface properties,²³
121 though this necessitates the use of low fluid pressures and hence low flow rates.

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	<i>Minimum feature size (μm)</i>	<i>Fabrication time</i>	<i>Manual interaction</i>	<i>Equipment costs</i>	<i>Running costs</i>	<i>Materials</i>	<i>Additional notes</i>
Photolithography ²⁴	<1	High	High	High	Medium	Photoresists, photocurable polymers	Clean room required
Micromachining ²⁵	50	Medium	Medium	High	Medium	Inorganic, plastics	Typically produces rough surfaces. High aspect-ratio channels possible.
Moulding / casting ²⁶⁻²⁸	Variable*	Low [†]	Low [†]	Low [†]	Low [†]	Elastomers, thermoplastics	
Laser ablation ^{29, 30}	1	Low	Low	High	Low	Inorganic, plastics	
3D printing ^{31, 32}	100 [‡]	Medium	Low	Low	Low	Thermoplastics,	
Chemical etching ³³	<1	High	High	Low	Medium	Inorganics	Requires use of hazardous chemicals

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*Feature size dependent on feature resolution on mould. [†]Does not include the time, cost, and effort for mould manufacture. [‡]Feature size given for common commercially available systems (e.g. fused deposition modelling, stereolithographic addition printers). Much higher resolutions are possible using more advanced systems (e.g. two-photon polymerisation³⁴⁻³⁶ can give resolutions in the order of 100 nm).

Table 1: A summary of the common fabrication methods for physical patterning of microfluidic structures.

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	<i>Rigidity</i>	<i>Chemical compatibility</i>	<i>Thermal stability</i>	<i>Gas permeability</i>	<i>Surface hydrophilicity</i>	<i>Physical patterning</i>	<i>Bonding methods</i>
Inorganic materials (e.g. glass, silicon)	Rigid	High	High	Typically poor	Hydrophilic	Laser ablation, micromachining, chemical etching	Thermal bonding, adhesives
Elastomers (e.g. PDMS)	Soft	Moderate	Moderate to good	Good	Typically hydrophobic	Casting, 3D printing	Adhesives, covalent bonding, conformal bonding
Thermoplastics (e.g. PMMA, PTFE)	Moderate to rigid	Variable	Variable	Variable	Typically hydrophobic	Micromachining, moulding, laser ablation, 3D printing	Thermal bonding, adhesives

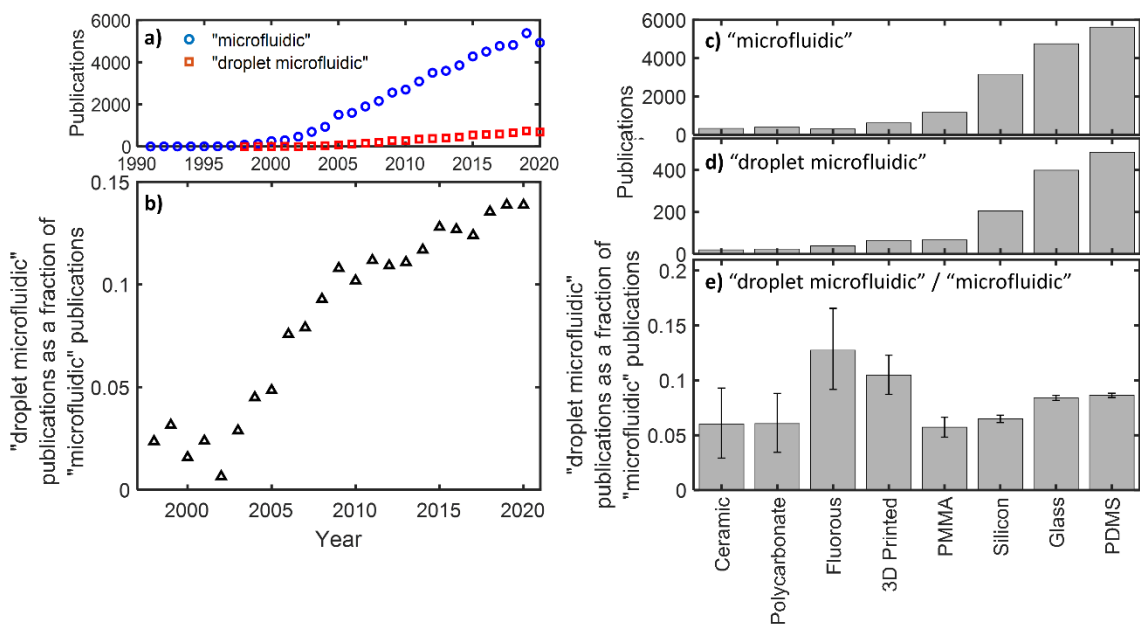
131

132 **Table 2:** A summary of common properties and fabrication methods for the three main classes of microfluidic device materials.

133 Thermoplastics include polymethylmethacrylate (PMMA), polycarbonate (PC), polystyrene
134 (PS), polyvinylchloride (PVC), and cyclic olefin co-polymer (COC) as well as most common
135 fluoropolymers.³⁷⁻³⁹ They have the major advantage that they can be large-scale manufactured
136 using injection moulding or hot embossing, however smaller scale manufacture is more
137 difficult, relying on micromachining (i.e. micromilling and other mechanical fabrication
138 methods) which involves costly machinery and tooling and moreover has much lower feature
139 resolution (100s of microns) compared to most lithography methods. Bonding is typically
140 achieved by either thermal bonding of the substrates or by using adhesive tapes. Various
141 thermoplastics and elastomers can also be 3D printed, but typically at lower resolutions. While
142 high end two photon polymerisation printers can give resolutions in the order of 100 nm,³⁴⁻³⁶
143 most commercially available printing methods (fused deposition modelling, stereolithographic
144 addition) produce channels 100 μm or larger.³¹

145 When considering how material choice impacts on droplet microfluidic devices in particular it
146 is useful to examine what materials have been historically used. As previously mentioned,
147 droplet microfluidics publications make up an increasing proportion of the microfluidics
148 publications in general (Figs. 1a,b). If we look at the trends seen for several common device
149 materials (Figs. 1c-e), we see that PDMS is associated with the greatest number of
150 publications for both microfluidics in general (Fig. 1c) and droplet microfluidics in particular
151 (Fig. 1d), consistent with its ease of use for small volume manufacturing and suitability for
152 academic research. Glass and silicon also score highly, in part because they have been used
153 from the very beginning of the field of microfluidics. While material popularity shows the same
154 overall trend for droplet microfluidics (Fig. 1d) and microfluidics in general (Fig. 1c), if we look
155 at the droplet microfluidics results as a proportion of the corresponding microfluidics
156 publications (Fig. 1e), there are a few materials that appear to be disproportionately favoured
157 for droplet microfluidics. While most materials are used in the range 6-9% of the droplet
158 publications, there are outliers, with fluoropolymer materials (13%) and, to a lesser extent, 3D
159 printed materials (11%) being particularly favoured for the fabrication of droplet microfluidic
160 devices. Fluoropolymers are known for their superhydrophobic surface properties which, as
161 later discussed, means that the hydrophobic continuous phases typically used in droplet flow
162 will easily wet the surfaces without need of any surface modification procedures. 3D printed
163 materials also score slightly higher than other materials but this may not be due to any inherent
164 advantage that makes them better suited to droplet microfluidics, but rather due to trends in
165 research focus; The recent use of 3D printing for microfluidics (since 2012 - fourteen years
166 later than the first PDMS and fluoropolymer reports for example) has coincided with the
167 increasing emphasis on droplet microfluidics publications (Fig. 1b), meaning we would expect
168 a higher baseline compared to longstanding materials with similar suitability for droplet flow.

169 While this bibliographic analysis should be treated as indicative, it shows how a wide range of
170 materials have been used for droplet microfluidic devices, and that there is no "right" material
171 for droplet-based devices with ease of fabrication, access to facilities, cost, as well as the
172 application requirements themselves, playing significant roles in material choice. Nonetheless,
173 the relatively disproportionate prevalence of fluoropolymers, illustrates how droplet flow places
174 additional considerations on surface/fluid interactions and hence device material choices. In
175 the next section we look in more detail at these interactions and how they can be controlled.



176

177 **Figure. 1:** Bibliographic analysis of droplet microfluidics publications recorded in Web of
 178 Science. a) Comparison of microfluidics (blue circles) and droplet microfluidics (red squares)
 179 publications by year since 1990. b) Graph showing that the proportion of droplet microfluidics
 180 papers compared to microfluidics papers has increased steadily over time. c) and d) Bar charts
 181 showing the number of publications by material for “microfluidic” and “droplet microfluidic”
 182 search terms respectively. e) Bar chart showing droplet microfluidics publications for selected
 183 materials as a proportion of total microfluidics publications. Error bars correspond to an
 184 absolute error of ± 10 publications for each bibliometric search. All searches were conducted
 185 via Web of Science on the 10th and 12th of March 2021 and looked at all possible search
 186 fields. Searches combined the following terms: 1) “droplet microfluidic” or “microfluidic”, 2)
 187 “NOT electrowet*” to exclude digital microfluidic devices, and 3) for c)-e), a material. For
 188 fluorous materials, “teflon” or “PTFE” or “PFA” or “FEP” or “fluoropolymer” were used as search
 189 terms. For 3D printed materials, “3d print” or “3d-print” or “3d printed” or “3d-printed” were used
 190 as search terms.

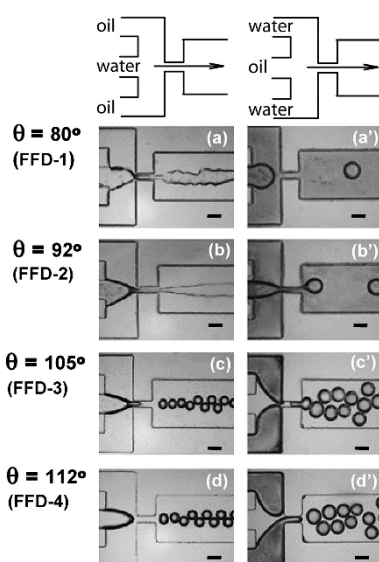
191 3. Ensuring channel surfaces are preferentially wetted by the continuous phase

192 The interactions between fluids and the channel surface are key to determining which fluid
 193 becomes the dispersed phase and which the continuous. With the small channel sizes in
 194 microfluidic devices, and the accompanying high surface area to volume ratios, the
 195 channel/fluid interface dominates fluid behaviour. There are several ways to control the
 196 surface/fluid interactions, either by choosing a material with the correct surface properties,
 197 modifying a surface (either permanently or temporarily), or by careful spatial control at the
 198 point of droplet generation. Here we will examine each in turn.

199 3a. Native material surfaces

200 The simplest way to control which fluid becomes the continuous phase is to make sure the
 201 device is fabricated from material with similar chemical properties to the desired continuous
 202 phase, which will lead to that fluid preferentially wetting the channel surface. “Wetting” refers

203 to the preference of a material to be in contact with one fluid rather than another. For instance,
 204 in a competition between an aqueous fluid and a hydrocarbon oil, a hydrophilic surface will be
 205 preferentially wetted by the aqueous fluid. A key parameter that describes this effect and can
 206 be used to predict good droplet formation is the advancing (maximal) contact angle – the angle
 207 between the fluid/fluid interface and the wall. For the example of a simple water/oil flow, if the
 208 contact angle for water exceeds a critical value (92° in the example shown in Fig. 2) water-in-
 209 oil droplets will be generated. Below that value oil-in-water droplets will be generated.⁴⁰ It is
 210 important to note that droplet generation dynamics (droplet size, generation frequency) are
 211 independent of wetting assuming the contact angle is above/below the critical angle⁴⁰ and also
 212 that for long term operation it is essential that the contact angle is maintained over time and
 213 space. If the angle crosses the critical value at a specific time and position in the channel, the
 214 disperse phase will then wet the channel walls leading to droplet pinning, cross contamination
 215 and other failure modes.¹⁰ Stable channel surfaces, reliably preferentially wetted by the
 216 continuous phase, are therefore an essential consideration when designing a droplet
 217 microfluidic device. It is preferable to make the device from a material with the required surface
 218 characteristics but this is not always possible, hence surface modification is often required as
 219 an additional fabrication step. We now describe in more detail the native surface chemistry of
 220 different device materials and the implications for fluid wetting.



221
 222 **Figure 2:** Generation of water-in-oil (left) and oil-in-water (right) droplets in a flow-focusing
 223 microfluidic device with different surface characteristics. The pristine PDMS surface (flow -
 224 focusing device 4, FFD-4, bottom) is increasingly functionalized to make it hydrophilic (FFD-3
 225 to FFD-1), as can be seen by the decreasing contact angle. Water-in-oil droplets can be
 226 formed when the contact angle exceeds 92° . Phase inversion is visible in c' and d' when the
 227 oil phase wets the channels even though it is intended to be used as a dispersed phase. The
 228 scale bar is $100\ \mu\text{m}$ in all cases.⁴⁰ Reprinted (adapted) with permission from Li et al.⁴⁰
 229 Copyright 2007 American Chemical Society.

230 Glass is naturally hydrophilic making it typically suitable for generating oil-in-water droplets,
 231 however its natural wettability by water can vary depending on several parameters including
 232 cleaning and drying protocols, and atmospheric conditions.⁴¹ Surface modifications for glass
 233 that are compatible with both water-in-oil and oil-in-water droplet generation are well
 234 established, as described below. The most commonly used elastomer, PDMS, features a

235 contact angle for water of 112-120° when pristine,⁴² signifying a hydrophobic surface suitable
236 for generating water-in-oil droplets without modification. Contact angles vary significantly
237 however, depending on the preparation method and surface treatment, contact time with
238 water, and velocity of the advancing contact line.⁴³ As a result, pristine PDMS is commonly
239 surface-treated to maintain surface properties and hence promote device longevity.

240 Most thermoplastics used to fabricate microfluidic devices are hydrophobic in nature, although
241 the contact angles of water on their surface ranges from 80° to over 100°.⁴⁴ Native PMMA, for
242 example, has been used to create devices for stable monodisperse water-in-oil droplets with
243 mineral oil as continuous phase and Span 80/Abil Em90 as surfactants.⁴⁵ Surface modification
244 is often needed for robust operation however,⁴⁵ or for the generation of oil-in-water droplets.
245 Fluoropolymers are special thermoplastics containing a large proportion of fluorine atoms and
246 characteristically exhibiting highly useful properties such as high chemical resistance, good
247 solvent compatibility compared to other thermoplastics, and low absorption of small molecules.
248 It is their superhydrophobic surfaces that are of most interest for droplet microfluidics. Water
249 contact angle for native smooth polytetrafluoroethylene (PTFE) is ~125° and therefore does
250 not usually need to be functionalized for the generation of water-in-oil droplets. Common
251 fluoropolymers such as polytetrafluoroethylene (PTFE),⁴⁶ perfluoroalkoxy alkane (PFA),^{47, 48}
252 and fluorinated ethylene-propylene (FEP),^{48, 49} have been used to make droplet devices. They
253 are typically difficult to fabricate as they have high glass transition temperatures and their
254 softness makes them poorly suited to direct machining. Hence terpolymers of
255 tetrafluoroethylene, hexafluoropropylene and vinylidene fluoride (THV) have recently attracted
256 attention as they offer similar properties but are easier to fabricate as the lower melting points
257 (<200°C) are highly suitable for melt-processing.^{50, 51} Speciality fluoroelastomers^{52, 53} are also
258 available but at higher cost than standard fluoropolymers.

259 **3b. Surface modification of channel surfaces**

260 If the material cannot be chosen to match the required continuous phase, surfaces can be
261 altered after the devices have been physically formed to obtain a desired surface chemistry.
262 Chemical surface modification of glass and PDMS microfluidic devices have been routinely
263 performed since the early days of the field.^{54, 55} Compared to simply choosing a material with
264 appropriate surface chemistry, surface modification not only allows researchers to almost
265 arbitrarily specify the nature of the surface, but also means a device fabricated from a single
266 material can have separate sections with different surface types. This can be exploited, for
267 example, to make devices for generating complex droplets-within-droplets.⁵⁶ Surface
268 modification does, however, come at the expense of additional fabrication steps which
269 increase fabrication time, cost, and introduces additional potential failure modes. Here we
270 describe some of the most common techniques for surface treatment, from the simplest to the
271 most complex.

272 Plasma treatment is used to activate PDMS surfaces for device bonding but, as it creates Si-
273 OH groups on the surface of PDMS, can also be used as a method to render the surface
274 hydrophilic. The hydrophilic surface is transient, however, and plasma treating can form cracks
275 on the surface⁵⁷ that can exacerbate unwanted molecular diffusion into the PDMS.⁵⁸ Hence,
276 plasma treatment is typically used as a method of enhancing capillary action to fill microfluidic
277 channels with aqueous fluids,⁵⁹ or as the first step for further surface modification. Similar
278 treatments include corona discharge and UV light.⁶⁰

279 Silanisation is a common method to modify PDMS, glass or silicon surfaces.^{61, 62} Silanisation
280 is usually performed in two steps, firstly the activation of the surface by oxygen plasma
281 treatment to yield a hydroxy-rich surface, and then immediate introduction of a silane molecule
282 which spontaneously covalently bonds to the device surface. The choice of silane determines
283 the resulting surface characteristics, for example 1H,1H,2H,2H-perfluorooctyltrichlorosilane
284 (PFOS) for hydrophobic surface modification and 3-aminopropyltriethoxysilane (APTES) for
285 hydrophilic surface modification.⁶³ Both silanes can be used in the same microfluidic device to
286 create both hydrophobic and hydrophilic regions which can be used, for example, for forming
287 multiple emulsions.⁵⁶ If superhydrophobic surfaces are required, a similar effect can be
288 achieved at lower cost by flowing fluorosilane-based automotive screen rain repellent
289 treatments through the channels.^{64, 65} While silanisation is the most common method of surface
290 treatment, it should not be considered a permanent change in surface properties (especially
291 for PDMS), but rather one with a finite life span,⁴² and we note the lack of fundamental
292 research on the longevity of chemical surface treatments and behaviour under real-use
293 conditions.

294 Polymer coatings can also be used to modify the surfaces of microfluidic devices. The most
295 common example is the use of fluoropolymers^{66, 67} to make PDMS channels
296 superhydrophobic. In this case, the fluoropolymer forms a layer on the surface of the PDMS,
297 though, again, the longevity of the coating is affected by the nature of the underlying material.
298 Nanostructuring is a more complicated method of surface modification. Nature provides
299 numerous examples of surface properties being modified by surface structure, such as the
300 superhydrophobic surfaces of the leaves of certain plants which allow water droplets to easily
301 roll off, cleaning the leaves in the process (the so-called “lotus effect”).⁶⁸ The
302 superhydrophobicity of these leaves directly results from the nanostructured surface which
303 reduces the contact area between the droplet and the leaf surface. Microfluidic researchers
304 have used bioinspired nanostructuring approaches to make both hydrophobic and hydrophilic
305 surfaces with recent reviews summarising the different applications and fabrication
306 methods.^{69, 70} While this approach has not been widely applied to droplet flow, likely due to the
307 extra fabrication steps involved, one group in particular has used it to render PMMA microchips
308 superhydrophobic,⁷¹ with this method chosen as PMMA is difficult to functionalise using other
309 techniques. In this case, channel surfaces were modified by depositing silica nanoparticles
310 (generating a nanotextured hydrophilic surface) which were subsequently rendered
311 hydrophobic using n-dodecyltrichlorosilane to yield the final superhydrophobic surface. This
312 technique has been utilised in several different devices for droplet-based microbial toxicity
313 assays.⁷¹⁻⁷³

314 **3c. Use of surfactants**

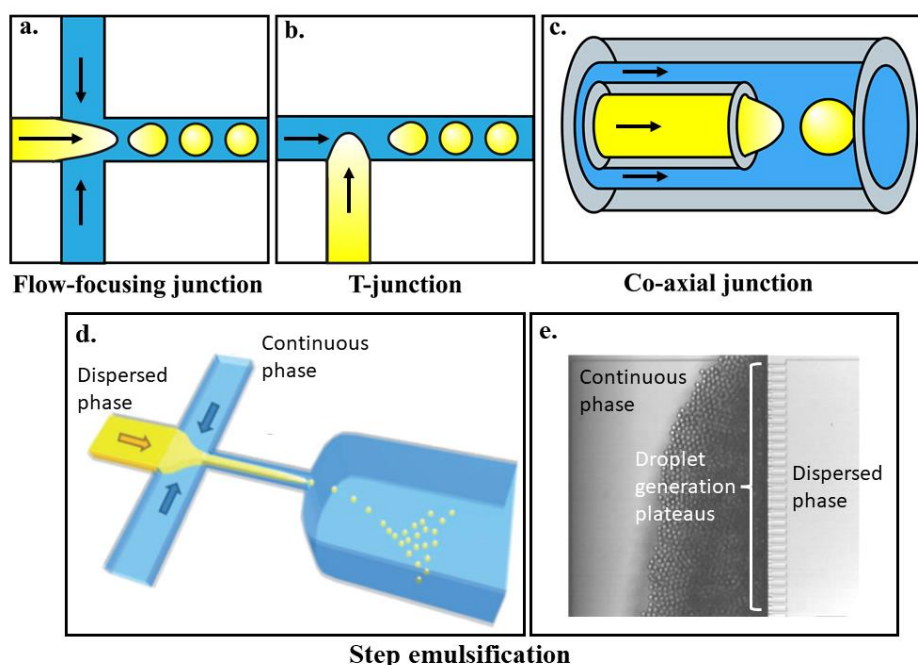
315 As an alternative to permanent functionalisation of the channel surface, channel surfaces can
316 be non-covalently altered by utilising a continuous phase containing a surfactant. Surfactants
317 (also referred to as emulsifiers or stabilisers) are amphiphilic molecules that are primarily used
318 to stabilise the fluid/fluid interface, however they can also interact with channel surfaces⁷⁴ and
319 as such be used as a temporary form of surface modification. The ability of surfactants to
320 radically change the surface chemistry of the channels has been shown in previous studies
321 where both water-in-oil or oil-in-water droplets could be formed in the same device by simply
322 changing the surfactant, without any further modification of the channel surfaces.⁷⁵

323 There are several commercial surfactants available that are made specifically for droplet
324 microfluidics such as QX100 by Bio Rad, PicoSurf by Sphere Fluidics, and the more recently
325 available FluoSurf by Emulseo. However it is also possible to use common detergents used
326 in biological research such as sodium dodecyl sulfate (SDS), Span80 or polyethylene glycol
327 (PEG).⁷⁴ When using a surfactant, one must decide whether to introduce it *via* the disperse or
328 continuous phase. If the surfactant is dosed in the disperse phase, it is contained away from
329 the channel walls, however if dosed in the continuous phase, surfactant molecules are free to
330 migrate to the channel/fluid interface.^{75, 76} In this case an equilibrium exists between the
331 surfactant molecules in solution in the continuous phase, those that self-assemble at the
332 droplet surface, and those that reversibly adhere to the channel walls. To ensure that the
333 surface of the channels is coated with the surfactant, in practice devices are often first
334 “primed”, whereby the continuous phase is first flowed through the device for several minutes
335 before the disperse phase is introduced.

336 Prior work by Elvira and co-workers shows how, when using surfactants as a temporary
337 surface modification, stable droplet formation is dependent on a certain proportion of the
338 surfactants being present on the channel wall.¹⁰ They showed both through modelling and
339 experimental work how addition of droplets to an continuous phase disrupts this equilibrium,
340 with each additional droplet effectively being a “surfactant sink” that draws surfactant away
341 from the walls of the device. This can in certain circumstances lead to droplet failure modes
342 such as dripping, where the droplet does not form cleanly at a T-junction due to wetting of the
343 junction walls. For a guide in choosing surfactants for each aqueous/oil phase combination
344 and the droplet failure modes that may occur in PDMS devices, a flow chart is provided in the
345 Supporting Information of Debon *et al.*'s 2015 paper.¹⁰

346 **3d. Geometries to control wall interactions during droplet generation**

347 As well as the interfacial tensions at the surface/fluid interface, the spatial relation between
348 the fluids and the surface can also have an effect on obtaining reliable droplet flow. Droplets
349 are generated at a junction where the dispersed and continuous fluid phases meet and the
350 dispersed phase is broken up into discrete droplets. The shape of the microfluidic geometry
351 dictates the spatial arrangement by which the two phases meet, which in turn, influences the
352 mode of droplet generation as well as whether and what surface treatments are necessary.
353 Here we briefly describe the most commonly used microfluidic designs for making droplets
354 and how careful design, used in conjunction with the surface modifications described
355 previously, can ensure that only the continuous phase wets the channel walls.



356

357 **Figure 3:** Commonly used geometries for microfluidic droplet generation include a) flow-
 358 focusing, b) T-junction, and c) co-axial geometries. Each of these microfluidic designs enable
 359 the dispersed and continuous phases to meet at a junction and generate droplets of the
 360 dispersed phase downstream of the junction. Images provided by Kaitlyn Ramsay. d) Step
 361 emulsification and its subset, e) Edge-based Droplet GEneration (EDGE) devices enable
 362 controlled monodisperse droplet generation, and the potential for massive scale-up. Images
 363 reproduced from Z. Li et al.⁷⁷ with permission from the Royal Society of Chemistry and S. ten
 364 Klooster et al.⁷⁸ under a CC BY 4.0 licence.

365 **Flow-focusing and T-junction geometries.** The most common type of microfluidic geometry
 366 used for droplet generation is planar, including both flow-focusing and T-junction geometries.
 367 In flow-focusing and T-junction geometries the dispersed phase enters the junction *via* a
 368 microchannel and meets the continuous phase entering through one (T-junction) or two (flow
 369 focusing) adjacent microchannels. Once the two phases meet, the dispersed phase
 370 spontaneously breaks up into droplets, and both the droplets and the continuous phase exit
 371 the junction *via* the downstream microchannel.⁷⁹

372 In both flow-focusing and T-junction setups, whether droplets form and *via* what mechanism
 373 depends on the ratio of the dispersed and continuous phase volumetric flow rates, as well as
 374 the dimensionless capillary number, which is the ratio of continuous phase viscosity and
 375 velocity to the liquid-liquid interfacial tension between the two phases. Droplet generation
 376 regimes transition between the well-studied squeezing, dripping, and jetting regimes, with
 377 changes to the capillary number.^{8, 80} The popularity of these geometries is likely due to their
 378 ease-of-manufacture, featuring planar designs with uniform channel heights, and are typically
 379 made from PDMS following classical soft lithography protocols.²² Consequently flow focusing
 380 and T-junction geometries have been used in a wide range of microfluidic applications and the
 381 fluid mechanics behind their droplet generation regimes have been well studied and are well
 382 understood.⁸

383 One consequence of using planar geometries is that both the dispersed and continuous phase
384 fluids are in contact with the “ceiling” and “floor” of the channels when the fluids first meet.
385 This presents a challenge to droplet generation. As the disperse phase is already in contact
386 with the channel walls, there is a strict requirement that the continuous phase must
387 preferentially wet the channel walls. This is the primary reason why, in devices that generate
388 water-in-oil droplets using flow focusing or T-junctions, the microchannels must be made using
389 hydrophobic materials or treated with hydrophobic coatings, as described earlier.

390 **Co-axial geometry.** The issue of the disperse phase wetting channel walls is somewhat
391 avoided in co-axial geometry droplet generators, where the disperse phase enters into the
392 microfluidic junction without making any contact with the outer channel (Fig. 3c). Commonly
393 in this geometry, a tapered inner glass capillary is inserted into an outer glass capillary,⁸¹ with
394 the inner capillary carrying the disperse phase, and the outer capillary carrying the continuous
395 phase. An alternative method to creating a coaxial geometry is to make a hybrid device that
396 combines a glass capillary or needle for the dispersed phase, with a conventional PDMS-
397 based rectangular cross section microchannel for the continuous phase. Such a system has
398 the advantage of co-axial geometries without the manufacturing complexity of tapering glass
399 capillaries and fitting multiple capillaries together. This approach was used to achieve the
400 generation of water-in-water droplets, with aqueous two phase system (ATPS) fluids, without
401 needing to chemically treat either the dispersed phase or continuous phase channel
402 surfaces.⁸²⁻⁸⁴ As an alternative to capillaries, similar geometries can be also generated by
403 careful design of junctions in PDMS with different channel heights.⁸⁵

404 Where co-axial geometries are used functionalisation is often not required,^{21, 86} however this
405 is not true in all cases.⁸⁵ Even in cases where functionalisation has been necessary however,
406 spatial separation of the dispersed phase from the channel walls means that surface chemistry
407 requirements are less stringent, making the devices more robust and expanding the possible
408 fluid/material options.⁸⁷

409 **Step-based geometry.** Another 3-dimensional approach is to use a step-based microfluidic
410 geometry. These droplet generation junctions feature a co-laminar two-phase flow in a shallow
411 microchannel that expands abruptly at a “step” into a deep and wide reservoir. The sudden
412 expansion of the channel forces the disperse phase away from the channel ceiling and floor
413 and causes droplets to form from the disperse phase (Fig. 3d). Step-based geometries are
414 particularly advantageous for high throughput production of monodisperse droplets as the
415 structures are easily parallelised by use of a single shared reservoir. An example of such
416 parallelisation of step emulsification is an edge-based droplet generation (EDGE) device
417 (Fig. 3e). Where high throughput is not needed step-based systems are less common, in part
418 due to fabrication complexity; to achieve the necessary high aspect ratio “step”, two separate
419 substrates (typically made of glass or silicon) have to be etched and bonded with careful
420 alignment,⁸⁸ or alternatively multi-layer alignment and assembly of PDMS slabs is required.⁷⁷
421 Additionally, compared to geometries that do not require an expansion in channel size
422 (Fig.s 3a-c), droplet sizes are only approximately controlled by the final channel geometry and
423 the deep wide reservoir makes further control, processing or analysis of individual droplets
424 difficult.⁸⁹

425 **4. Examples of design rationale in five different applications**

426 With so many possible routes to control surface/fluid interactions and deliver successful
427 droplet devices, how does a researcher choose the best option when first deciding to make a
428 microfluidic device? In practice, this is done on a case-by-case basis driven by individual
429 experimental requirements, available resources within the laboratory, and fabrication
430 complexity - if there are multiple routes to a similarly performing device, the route that has
431 fewer fabrication steps, and hence fewer potential failure points, should be chosen. To provide
432 concrete practical examples of how these choices are made in practice, here we describe five
433 separate examples of device fabrication. In each case we focus on the experimental
434 requirements on the microfluidic device and how that led to the material and fabrication choice.
435 For further descriptions of droplet microfluidics applications, interested readers are directed to
436 several more application-focussed reviews.⁹⁰⁻⁹²

437 **4a. Single-cell encapsulation for growing clonal stem cell colonies**

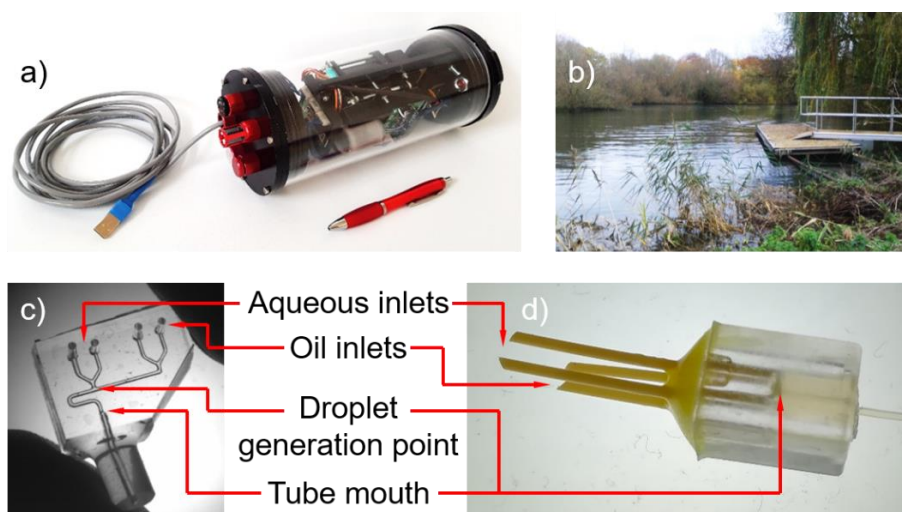
438 Single cell assays are a historically important application of droplet microfluidics, allowing -
439 omics and phenotypic studies across thousands or more cells at a time.⁹³ Culturing individual
440 cells long-term and understanding the fate of single cells is crucial to developmental biology.
441 The Gielen lab, in collaboration with others, has developed a microfluidic method that enables
442 optical interrogation of single mouse embryonic stem cells cultured over days, enabling a
443 better understanding of cellular heterogeneity and differentiation processes.⁹⁴ Although cells
444 can survive and stay functional for days within water-in-oil emulsions, an increasingly popular
445 method is to encapsulate single cells into hydrogels acting as 3D scaffolds in which cells can
446 proliferate and form cellular aggregates.⁹⁵ This approach enables complete removal of the oil
447 phase following polymerization of the gel. Two distinct devices were used in this work: one for
448 single-cell encapsulation into hydrogel (agarose) and a second one for hydrogel bead
449 trapping. Key considerations were high cell survival rates during encapsulation and incubation
450 within microfluidic devices, and high optical transparency for transmitted light and fluorescence
451 imaging. Resultantly, we fabricated both devices in PDMS covalently bonded onto thin
452 borosilicate glass coverslips. PDMS was chosen because of its compatibility with cell culturing
453 conditions (especially good gas exchange and optical clarity), easy access to facilities to
454 fabricate master moulds, and overall low cost and turnaround times. The thin coverslip
455 substrate allows for high-resolution imaging using inverted epifluorescence microscopes. The
456 microfluidic chip was rendered superhydrophobic by treating with 1% (v/v)
457 trichloro(1H,1H,2H,2H perfluorooctyl)silane (PFOTS) dissolved in HFE-7500 fluorocarbon oil
458 directly after plasma bonding, making all surfaces fluorophilic. Excess PFOTS molecules were
459 thoroughly washed away with pure HFE oil before use to ensure high cell viability when
460 transiting through the device and during the incubation phase in gels. Glass and PDMS both
461 coated with the fluorosilane molecules provide for robust droplet generation required to form
462 highly monodisperse gels. Overall, long-term cell viability relied on keeping surfaces sterile,
463 careful selection of the gel polymerization conditions and cell handling protocols. Other
464 biocompatible materials such as thermoplastics could have alternatively been used for the
465 droplet generation device but would have required more expensive and longer fabrication.⁹⁶

466 **4b. Robust field-deployable droplet microfluidics using PTFE capillary tubing**

467 Measurement of chemical levels in rivers, lakes and oceans is important, both in the short
468 term for monitoring pollutant levels, and more generally for learning more about the basic
469 biogeochemical processes that govern life on earth. Recently Nightingale and co-workers

470 reported a droplet-based sensor for *in situ* monitoring of nitrate and nitrite levels in rivers
471 (Fig. 4a) and its field testing in a tidal river (Fig. 4b) over three weeks.⁹⁷ The system works by
472 continuously taking water samples, performing a colorimetric assay in droplets and recording
473 the result using onboard optics and electronics. The use of droplet flow is important for
474 removing Taylor dispersion and hence increasing temporal resolution (seconds vs minutes)
475 and decreasing the consumption rate of assay reagents when compared to the existing state
476 of the art single phase systems.⁹⁸

477 One of the foremost requirements for a field-deployable droplet flow system is robustness –
478 we need to be sure that despite changes in ambient conditions (most notably temperature)
479 droplet generation is reproducible and non-drifting (i.e. constant generation rate, droplet
480 volume and droplet composition), and that there will be no droplet pinning or other unwanted
481 surface interactions that will compromise droplet integrity and hence measurement quality. To
482 ensure reproducible droplet generation dynamics irrespective of ambient changes, an anti-
483 phase pulsatile pumping method was chosen, with droplet size and frequency hard-coded into
484 the pump design,⁹⁹ however, maintaining the droplet integrity was directly dependent on
485 correct material choice.



486

487 **Figure 4:** a) Droplet based nitrite sensor which was deployed for 3 weeks in the River Itchen
488 in Southampton (b).⁹⁷ c) PDMS chip for generating droplets and introducing them into PTFE
489 tubing¹⁰⁰ similar to that used in early sensor prototypes. d) 3D-printed device for droplet
490 generation at the mouth of a PTFE tube as used in the final sensor. Images reproduced from
491 A. M. Nightingale et al.⁹⁷, copyright 2019 American Chemical Society, and A. M. Nightingale
492 et al.¹⁰⁰ under a CC BY 4.0 licence.

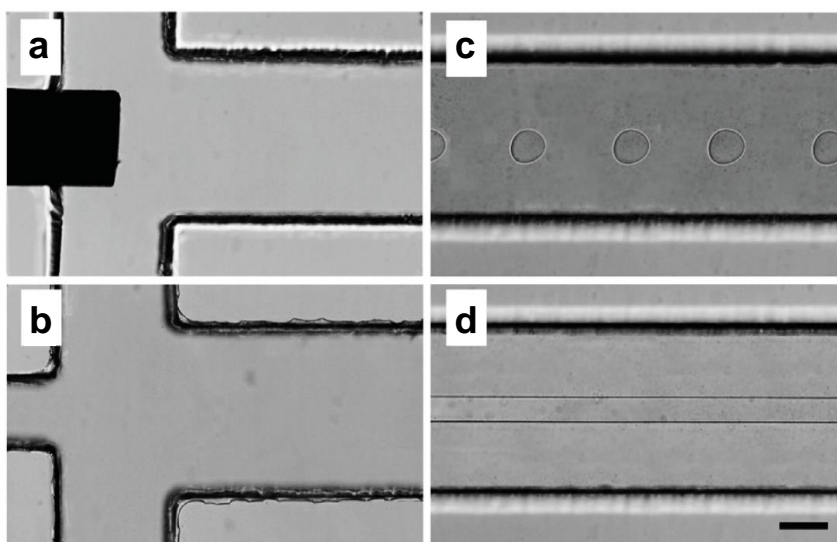
493 In development, the team initially used PDMS T-junctions to generate the droplets which were
494 then subsequently fed into PTFE capillary tubing (Fig. 4c) for droplet incubation and optical
495 analysis.¹⁰¹ The use of a PDMS chip meant that droplet generation could be controlled by
496 changing geometries if required and the PTFE tubing offered a simpler means to retain the
497 droplets during incubation. The PDMS droplet generation junctions were formed from 3D
498 printed moulds made using a Objet500 Connex3 polyjet printer. PDMS was chosen for its
499 transparency and easy manufacture, with 3D printing used to generate the moulds as it
500 allowed channels of the required size (~300 μm in the smallest dimension) to be generated
501 much quicker and easier compared to traditional cleanroom methods. A fluorocarbon

502 continuous phase (Fluorinert FC-40) was used to encapsulate the aqueous droplets to ensure
503 maximum interfacial tension and hence droplet integrity. While PTFE tubing is naturally wetted
504 by the oil and hence supports good water-in-oil droplet flow, the PDMS needed to be
505 functionalised to render it superhydrophobic. This was achieved using a commercially
506 available fluoroalkylsilane normally marketed for automotive screens (Aquapel, PPG
507 industries) however in practical testing the surface coating had a finite lifespan of days to
508 weeks (exact time dependent on batch-to-batch variation) with surface deterioration leading
509 to droplet pinning and polydisperse droplet sizes. Rather than working to improve the surface
510 functionalisation of the PDMS chip, the team decided to remove the problem completely by
511 generating droplets directly at the PTFE tubing entrance and thus removing the need for a
512 chip. An alternative would be to make the chip out of a fluoropolymer, however this route was
513 simpler. To generate the droplets at the tubing mouth a 3D printed manifold was used to
514 converge the oil and aqueous streams at the tubing mouth so that the droplets formed as the
515 fluids entered the tubing (Fig. 4d). As the droplet flow did not contact any material except
516 PTFE, which has a naturally superhydrophobic surface which will not deteriorate over time,
517 there was minimal risk of droplets pinning or breaking up. In practice this was found to be the
518 case with continuous droplet flow in a river over three weeks.

519 It is worth noting that while tubing-based systems⁴⁹ such as this are advantageous for their
520 simplicity and robustness and were the right choice here, they have some notable
521 disadvantages compared to microfluidic chips. Most notably, channels cannot be arbitrarily
522 designed for specific applications in the same way that they can in microfluidic chips. Hence
523 the group have more recently looked towards exploring routes to bespoke fabricated
524 fluoropolymer devices where more complicated channel architectures are required.⁵¹

525 **4c. Microfluidic geometry for water-in-water droplet generation without surface** 526 **modification**

527 Droplet microfluidics typically involves a water/oil fluid pair, however, there is an emerging
528 class of droplet microfluidics that generates water-surrounded-by-water (water-in-water)
529 droplets, which have advantages in terms of biocompatibility¹⁰² and powerful selective
530 partitioning ability to separate biological particles such as cells, proteins, and viruses.¹⁰³ Water-
531 in-water droplets are generated using a set of fluids called aqueous two phase systems
532 (ATPS) of which the most studied uses dextran-rich (DEX) and polyethylene glycol-rich (PEG)
533 phases. While there is sufficient surface tension between the two aqueous phases to render
534 them immiscible, the differences in the hydrophilicity of each phase are only slight. This means
535 droplet breakup often needs external stimulus^{104, 105} and while DEX-in-PEG droplets have
536 been commonly reported it is particularly difficult to tune channel surfaces to generate PEG-
537 in-DEX droplets.¹⁰⁴⁻¹⁰⁷



538

539 **Figure 5:** Microscopy images of microchannels a) with and b) without an inserted needle.
 540 c) The PEG-in-DEX water-in-water droplets are formed when the dispersed phase enters via
 541 the needle. d) Without the needle, the dispersed PEG phase enters the channel in contact
 542 with the “ceiling” and “floor” of the channel, and forms a long thread that does not break into
 543 monodisperse droplets. Scale bar represents 100 μm . Reprinted from M. Jeyhani et al.⁸³,
 544 copyright 2019, with permission from Elsevier.

545 It is here that microfluidic geometry design is very important. The Tsai Group recently showed
 546 how flowing the PEG phase as the dispersed phase in a typical planar flow-focusing
 547 microchannel results in a long PEG thread that attaches to the “ceiling” and “floor” of the
 548 microchannel, but flowing the same PEG phase into a needle that is inserted into a rectangular
 549 microchannel, such that the dispersed phase enters the channel without contact with the main
 550 channel “ceiling” and “floor”, enables robust PEG phase water-in-water droplet formation
 551 (Fig. 5).⁸³

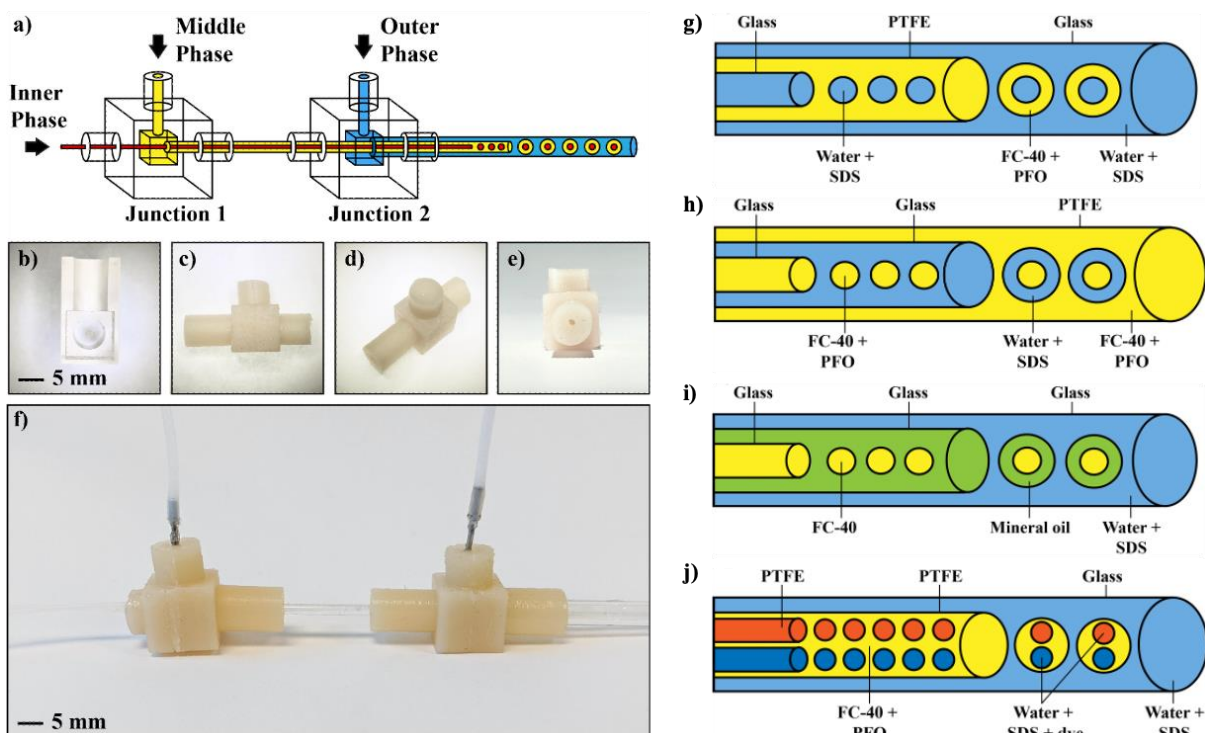
552 Water-in-water droplet microfluidics is still an emerging topic in microfluidics, with only a few
 553 dozen papers in the literature, and this hybrid needle-PDMS approach reported in 2019. While
 554 there are currently no general design rules for the required distance between the needle and
 555 the “floor” or “ceiling” of the microchannel, the main principle is clear: Successful droplet
 556 generation is enabled by the spatial organisation of the fluids as they enter the cross junction.
 557 The design enables the dispersed phase, which can be either the PEG or DEX phases, to be
 558 sufficiently separated from the “ceiling” and “floor” of the downstream microchannel, such that
 559 any interfacial interaction forces between the dispersed phase and the channel surface can
 560 be overcome by spatial separation. Flowing the PEG phase through a needle creates a
 561 coaxial-like flow, whereby the dispersed PEG phase is surrounded by the continuous DEX
 562 phase as soon as the PEG phase enters the microchannel. In the context of fluid pairs with
 563 similar wettability, where channel surface modifications have minimal impact, this design is
 564 essential to ensuring reliable droplet breakup. A similar approach, whereby a microneedle and
 565 glass capillaries are embedded into a PDMS microfluidic channel, can be also used to create
 566 ATPS water-in-water-in-water double emulsions.⁸²

567 **4d. Democratising microfluidic technologies using 3D printing and off-the-shelf tubing**

568 Microfluidic technologies are commonly promoted as tools to enable new scientific
569 discoveries, however their use is mostly confined to academic laboratories with specialist
570 microfluidic expertise. For microfluidic systems to make the most scientific impact, they need
571 to be used widely, however the required infrastructure (cleanroom), instrumentation (high-
572 speed cameras, pumps, microscopes), and knowhow (photolithography, soft-lithography,
573 device design) typically required create a barrier to uptake of microfluidic technologies as a
574 commonplace tool. While the development of new microfluidic techniques and devices is
575 probably always going to be confined to specialist research laboratories,¹⁰⁸ there are many
576 examples in the literature where overly complicated designs are used for simple on-chip
577 operations. Devices tend to be custom-made for each new application and it is rare indeed
578 that a single microfluidic platform is reused even within the same research group. The balance
579 of innovation and utility needs to be equilibrated such that simple microfluidic devices are
580 easily accessible for use in non-specialised laboratories. As described above, 3D printing can
581 be used to make the microfluidic devices themselves. However, 3D printing can also be used
582 to fabricate moulds for casting elastomeric devices, which is much simpler, cheaper and easier
583 than traditional photolithographic mould fabrication.”

584 The Elvira Group has recently developed a plug-and-play microcapillary platform for the
585 creation of multicompartmental double emulsions that simply requires an inexpensive
586 consumer-grade bench-top 3D printer for mould fabrication and syringe pumps for
587 operation.¹⁰⁹ This is the type of microfluidic device that can be mailed to collaborators so that
588 they can make droplets in their own laboratory. There were several design parameters they
589 considered when developing this microfluidic platform. Firstly, they wanted to limit the
590 fabrication techniques required to those readily available. Hence, they used a 3D printer that
591 can be purchased for under 200 USD to make the mould, rather than relying on access to a
592 cleanroom. Secondly, they wanted to remove the need for surface treatment while not limiting
593 the types of droplets that could be made. Hence, they used off-the-shelf PTFE tubing (for
594 hydrophobic surfaces) and glass capillaries (for hydrophilic surfaces). And lastly, they wanted
595 to ensure that no microfluidic expertise was required to fabricate this device. Hence, the tubing
596 and capillaries are simply inserted into “junction boxes” made from 3D printed moulds using a
597 flexible polymer that also prevents leakage (Fig. 6 a-f). The 3D printed mould was made from
598 the standard resin supplied by the printer manufacturer to keep costs low and ensure that
599 printing was straightforward. The junction boxes themselves were cast from polyurethane
600 resin because this flexible material creates a seal around the tubing and capillaries inserted
601 into the junction boxes, removing the need for gaskets or other sealants.

602 To demonstrate the versatility of their platform, they showed water-in-oil-in-water, oil-in-water-
603 in-oil and oil-in-oil-in-water multicompartmental double emulsions with between 1 and 10 inner
604 droplets. The junction boxes are designed to hold glass capillaries and PTFE tubing in place
605 and hence there is no need to manually align or glue the capillaries as with other microcapillary
606 platforms.^{81, 110} In all cases, inexpensive off-the-shelf surfactants such as SDS to stabilise the
607 water phases, and 1H,1H,2H,2H-perfluoro-1-octanol (PFO) to stabilise the oil phases are used
608 to create the multiple emulsions. They also show the formation of binary water-in-oil-in-water
609 multicompartmental double emulsions with predetermined combinations of two different types
610 of inner droplets (Fig. 6 g-j). This means that with this microcapillary platform complex
611 multicompartmental droplet emulsions can be built using readily available components that do
612 not require expertise to assemble and operate.



613

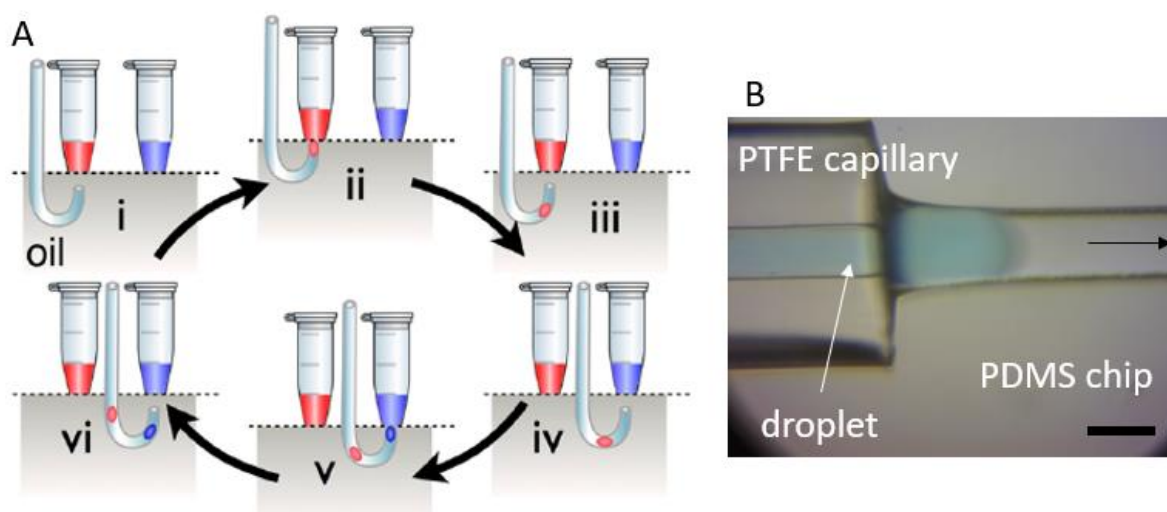
614 **Figure 6:** A microcapillary platform for the formation of multicompartmental double emulsions.
 615 a) Schematic showing the overall design of the junction boxes that hold the capillaries in the
 616 correct configuration for droplet formation. b) 3D printed mold to cast the junction boxes and
 617 c-e) images of the flexible junction boxes used to hold the capillaries in place and seal them.
 618 f) Image of the assembled platform. g) Formation of water-in-oil-in-water multicompartmental
 619 double emulsions using a glass capillary to make the inner aqueous droplets (water stabilised
 620 with SDS), PTFE tubing to encapsulate them in oil (FC-40), and a glass capillary to form the
 621 double emulsions in a surrounding aqueous phase (water stabilised with SDS). h) Formation
 622 of oil-in-water-in-oil multicompartmental double emulsions using a glass capillary to make the
 623 inner oil droplets (FC-40 stabilised with PFO), a glass capillary to encapsulate them in an
 624 aqueous phase (water stabilised with SDS), and a glass capillary to form the double emulsions
 625 in oil (FC-40 stabilised with PFO). i) Formation of oil-in-oil-in-water multicompartmental double
 626 emulsions using a glass capillary to make the inner oil droplets (FC-40), a second glass
 627 capillary to encapsulate them in another oil (mineral oil), and a third glass capillary to form the
 628 double emulsions in a surrounding aqueous phase (water stabilised with SDS). j) Formation
 629 of binary water-in-oil-in-water multicompartmental double emulsions using two pieces of PTFE
 630 tubing to make the inner aqueous droplets (water stabilised with SDS), a second PTFE tubing
 631 to encapsulate them in oil (FC-40 stabilised with PFO), and a glass capillary to form the double
 632 emulsions in a surrounding aqueous phase (water stabilised with SDS). Reproduced from
 633 S. Farley et al.¹⁰⁹ with permission from the Royal Society of Chemistry.

634 4e. Interfacing microwells with nanolitre droplets for library screening applications

635 A key advantage often cited for droplet microfluidics is the possibility to perform reactions in a
 636 massively parallel format. Traditional droplet formation such as flow-focusing devices allow
 637 the generation of very large numbers of droplets at high rates, however, such large numbers
 638 of droplets are less useful for experiments in which small libraries (e.g. drug compounds),
 639 typically stored in microtiter plates, are to be screened individually. In these instances, droplet-

640 on-demand platforms have been developed to provide a low-throughput alternative whereby
641 droplets can be sampled from multiple wells in sequence. The Gielen group is developing
642 similar interfaces that permit rapid screening of small compound libraries (i.e. kept in 96 or
643 384 well plates), in an individual or combinatorial manner, combining the on-demand access
644 of different samples with the droplet-based advantages of low reagent consumption and
645 statistical averaging from multiple droplets.

646 Gielen and co-workers previously developed an unsupervised platform to screen enzyme
647 substrates and inhibitors kept in microwells ($\sim 20 \mu\text{L}$) that yielded high-quality dose-response
648 curves from up to 24 individual compounds.¹¹¹ Their strategy was to compartmentalise
649 enzymes, substrates and inhibitors in droplets kept in sequence, relying on spatial encoding
650 for droplet identification. In practice this was achieved using a two-stage process comprised
651 of a tubing-based platform to generate the droplets and a chip to process the droplets. Droplets
652 were produced by aspiration (Fig. 7a) using a tubing inlet that moved alternately between oil
653 and sample while connected to a negative pressure source. This is a convenient way to
654 achieve controlled, stable production albeit at low throughputs ($<10 \text{ Hz}$)⁴⁶ and results in the
655 generation of a confined drop every cycle.⁴⁶ There were several requirements for the tubing
656 material: Firstly the continuous phase (FC-40) had to preferentially wet the tubing to avoid any
657 contamination between aqueous samples. Secondly, as a UV-Vis absorbance-based method
658 was used to analyse the droplets, the tubing needed to be optically transparent. Thirdly it had
659 to be mechanically resilient enough to allow being squeezed and pulled through a hook-
660 shaped stainless steel guide tube that held the PTFE tube and moved it vertically.
661 Consequently, they settled on a microbore Teflon tubing which had the required
662 superhydrophobic surface, had walls thin enough to be effectively transparent, and was soft
663 enough to be threaded through the stainless steel guide.



664

665 **Figure 7:** a) Capillary-based droplet generation by aspiration. During all steps of operation,
666 the PTFE tubing is aspirating liquid at a constant rate. (i) The tip of the tubing is aligned with
667 a given sample. (ii) The tip is lifted so that it sits in the aqueous phase of sample 1 (red). (iii)
668 The tip returns to the oil phase. The change from aqueous to oil phase creates a
669 microcompartment containing a controlled quantity of sample 1 (red). (iv) The tip is aligned
670 below a second sample. (v) The tip is lifted analogously to step (i), but now sample 2 (blue) is
671 taken up. (vi) The tip comes back to the carrier fluid. As a result of this process, a sequence
672 of microdroplets with defined contents (sample 1, red; sample 2, blue) emerges in the tubing

673 *in a pre-planned order. Reproduced from F. Gielen et al.⁴⁶ under a CC BY 4.0 licence. b)*
674 *Interfacing with PDMS devices. A custom-made side channel allows capillary insertion and*
675 *transitioning to a microchannel. The scalebar represents 200 μm .*

676 While production of arbitrary sequences of droplets is not easily done on-chip, chips are much
677 better suited to complex, sequential droplet operations which require complex channel
678 architectures. To enable one-to-one droplet fusion and serial droplet dilution, the droplet-
679 containing tubing was therefore connected to specially designed PDMS microfluidic chips
680 (Fig. 7b). The chips were fabricated using stereolithography, bonded to thin PDMS layers *via*
681 oxygen plasma and then the channels were surface modified using a fluorosilane dissolved in
682 fluorinated oil. PDMS was used as the chip material as it had the required deformability that
683 allowed easy insertion and sealing of PTFE tubing. The chips were designed with a side-port
684 in which the tubing could be inserted until contact with the end of a pre-designed channel. The
685 side connection is essential to preserve the spatial arrangement of droplets and provides a
686 convenient way to monitor transfer between tubing and the device (Fig. 7b). The PDMS-
687 capillary interface was made permanent using silicone sealants which solidified to create a
688 mechanically solid seal. Thanks to this connection, they could demonstrate added functionality
689 such as droplet dilution and fusion, expanding the capabilities and analytical throughput of the
690 platform.

691 **5. Future perspectives**

692 We end by highlighting several areas where changes in material usage and development of
693 new techniques are anticipated to lead to changes in the way researchers fabricate droplet
694 microfluidic devices in the future.

695 **5a. 3D printed microfluidic devices**

696 As noted above, 3D printed microfluidic devices feature highly in recent microfluidic
697 publications. While resolution limits mean 3D printing is unlikely to become the go-to
698 fabrication method for most researchers (at least not in the short to medium term), it is likely
699 to continue to be a highly popular fabrication method. The maturity of printing technologies
700 has led to decreasing costs and widespread adoption. This increasing popular uptake has a
701 reciprocal effect in further developing the technology and the wider commercial industry
702 behind it. Accordingly, it is likely that 3D printing will continue to be a popular fabrication
703 method, driven by the ease and low cost of manufacture which, as highlighted earlier, has the
704 potential to democratise microfluidics by allowing a wider pool of researchers to fabricate
705 microfluidic devices.

706 For 3D printed fabrication to have maximum utility for droplet microfluidics, we would hope
707 that in future cost improvements are also accompanied by technical improvements that allow
708 more material choices with good feature sizes. Of the two most popular and accessible
709 methods, fused deposition modelling (FDM) and stereolithography (SL), FDM offers a broad
710 range of commercially available materials, including fluoropolymers, but most standard FDM
711 printers struggle to reliably produce channels below 500 μm . SL conversely offers channel
712 sizes down to $\sim 100 \mu\text{m}$,¹¹² but suffers from a much narrower range of potential materials. As
713 reliably defined channel sizes and channel surface chemistries are both paramount to droplet
714 microfluidics, the use of 3D printing is likely to continue to increase, but will become truly

715 valuable when low feature sizes and a wide range of materials can be combined within an
716 affordable printer.

717 **5b. Restriction of PFAs (per/poly-fluoroalkyl substances)**

718 Droplet microfluidics makes routine use of fluorinated substances, be it in fluorocarbon carrier
719 fluids, fluoroalkylsilane-derived surface coatings, surfactants, and/or fluoropolymer device
720 materials. The environmental persistence of per/poly-fluoroalkyl substances (PFAS) have
721 become increasingly apparent over recent years. Consequently there has been a legislative
722 push to restrict their use^{113, 114} with legislation already addressing PFAS in fire extinguishing
723 foams, and food contact paper and cardboard, for example.^{115, 116} While legal moves to restrict
724 PFAS will focus on applications with the greatest usage and highest environmental impact, it
725 seems unlikely that microfluidics will be immediately affected by legislation. However the long-
726 term direction of travel is clear and should be a consideration for those wishing to
727 commercialise microfluidic technology. It also raises the question whether the microfluidic
728 community should be devoting more effort to investigating alternative materials that provide
729 similar performance with less environmental impact.

730 **5c. Standard microfluidic modules**

731 Microfluidic devices should ideally be tools that any laboratory could use without needing to
732 have access to specialist fabrication techniques or knowledge, so that more scientists can
733 make use of the technique. This would be aided if standard microfluidic modules for set
734 operations (such as droplet generation, incubation, dosing, optical analysis etc) were easily
735 available and could be combined as required for a given application. Standardisation would
736 promote availability as it would aid mass production¹¹⁷ however for this to happen the
737 microfluidic devices would also need to be made from materials with the required material and
738 surface properties for the targeted application and suitable for simple large scale production.

739 A recent example of an approach to address standardisation is the work of Owens and Hart,¹¹⁸
740 who used micromilling to pattern store-bought LEGO bricks (made by standard injection
741 moulding) to create LEGO-like blocks that contain microchannels. Each type of block could
742 achieve different functions, such as fluid mixing and droplet generation, and could be
743 reconfigurably fitted together for different sequential fluid operations. Such an approach to
744 standardisation is innovative with injection moulding as a fabrication technique having the
745 advantage that it can be used to pattern the microfluidic channels, works with a wide variety
746 of polymers (such as PS and acrylonitrile butadiene styrene), is suitable for mass-production,
747 and results in smooth surfaces and small tolerances. One potential disadvantage is that these
748 materials, like other thermoplastics, are generally incompatible with organic solvents but could
749 be rectified by coating with a resistant material like Parylene-C, as the authors demonstrated.

750 3D printing (as described in the previous section) offers a different potential approach to
751 achieving standardisation, whereby set designs can be shared easily, 3D printed and
752 combined as required. Other approaches to standardisation are also being proposed by
753 researchers, however more innovations from the microfluidics community will be needed to
754 truly achieve useful standardisation.

755 **5d. Surfactant innovation**

756 In one of the example applications above we touched on how droplet microfluidics would
757 benefit by being available to a wider range of researchers. One such area where this is an
758 issue is in the surfactants which are typically used. Currently, the most reliable surfactants are
759 commercially produced, but they are expensive, and suppliers do not provide detailed
760 information on what exactly is in the bottle. This limits how easily researchers in resource-
761 limited settings can use them and provides a barrier to the development of new droplet-based
762 assays. A significant advance in this field would be the development of a range of inexpensive
763 surfactants designed specifically for specific applications, from cell culture to chemical
764 synthesis.

765 Surfactants also have potential in terms of providing extra functionality in a droplet-based
766 system, if surfactants could be used as active surfaces to enhance the application rather than
767 just to stabilise the droplets. For example, surfactants could be synthesized to include
768 catalysts or reporter molecules for reactions taking place within the droplet, or to immobilise
769 cells on the droplet surface.

770 **5e. Hybrid material devices**

771 Incorporation of functional materials within the chip allows fabrication of hybrid devices that
772 can perform complex functions. For example, indium tin oxide coated glass is frequently used
773 for patterning planar electrodes inducing dielectrophoretic forces,¹¹⁹ while piezoelectric
774 substrates¹²⁰ (e.g. LiNbO₃) are used for generating surface acoustic waves. As new functional
775 materials are developed there is significant scope to create new and innovative devices. Light-
776 sensitive polymers appear especially promising as they can display reversible
777 hydrophobicity/hydrophilicity¹²¹ so that one could imagine on-demand patterning of chip areas
778 with precisely controlled surface energy and unlock novel applications such as the creation of
779 multiple emulsions (e.g. more than three) in a single device, generating hydrophilic spots for
780 creating detachable sessile droplets, or configurable droplet extraction to liquid phase without
781 the need for electrodes. Likewise, the recent trend in liquid-metal based microfluidics using
782 low-melting point metals¹²² is likely to apply to the droplet field to create electro-fluidic devices.
783 These allow creation of devices made entirely with flexible materials but also can be used to
784 design components such as pumps, heaters, or valves, adding a range of low power functions
785 to create fully embedded systems.

786 **6. Conclusion**

787 With various different potential native surfaces, surface modification techniques, and channel
788 geometry options, there are a range of strategies to deliver microfluidic devices that provide
789 reliable droplet flow. While there are often several potential different fabrication routes to a
790 device that fulfils the required performance criteria, it is important to think holistically; ultimately
791 the fabrication route chosen should also take account of the complexity and reproducibility of
792 the fabrication process. Indeed, a consistent theme of the example devices given above is
793 that devices should only be as complex as they need to be, with fewer and simpler fabrication
794 steps reducing failure modes, time, and cost. The range of possible fabrication options will
795 continue to increase over time. New techniques, such as the growth of 3D printing offer new
796 routes to successful devices and mean that microfluidic devices are becoming, and will
797 hopefully continue to become, more accessible to a wider range of researchers. As a
798 consequence, we expect the popularity of droplet microfluidics to be sustained into the future

799 and newcomers to the field to catalyse droplet-based research in new and unexpected
800 directions.

801

802 Conflicts of Interest

803 There are no conflicts to declare.

804 Acknowledgements

805 KSE's position is funded by the Canada Research Chairs program and the Michael Smith
806 Foundation for Health Research in partnership with the Pacific Alzheimer Research
807 Foundation. FG has received funding from the Biotechnology and Biological Sciences
808 Research Council (grant BB/T011777/1) and the European Union's Horizon 2020 research
809 and innovation programme (grant agreement No 101000560). SSHT is thankful for support
810 from Government of Canada's Natural Sciences and Engineering Research Council (NSERC),
811 Discovery Grants program (RGPIN-2019-04618). AMN is supported by the Natural
812 Environment Research Council via an Industrial Innovation Fellowship (NE/R013578/1) and
813 the Signals in the Soil program (NE/T010584/1).

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1035 **Author biographies:**



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1037 Dr Katherine Elvira received her undergraduate Master's degree and PhD from Imperial
1038 College London. She then moved to ETH Zürich for her postdoctoral work. Since 2017, Dr
1039 Elvira is a Canada Research Chair and an Assistant Professor in the Department of Chemistry
1040 at the University of Victoria, Canada. The Elvira Lab develops microfluidic technologies to
1041 build bespoke artificial cells and tissues for drug discovery applications. In 2020, Dr Elvira was
1042 named a Michael Smith Foundation for Health Research Scholar in partnership with the Pacific
1043 Alzheimer Research Foundation. Find out more about her research on Twitter
1044 (@TheElviraLab).



1045

1046 Dr Fabrice Gielen is Lecturer in Physics at the University of Exeter. He holds an M.Eng. degree
1047 in Electrical Engineering from Phelma (Grenoble, France), Politecnico di Torino (Turin, Italy)
1048 and EPFL (Lausanne, Switzerland), an M.Res. in Protein and Membrane Chemical Biology
1049 and a Ph.D. in Chemistry both from Imperial College London. He conducted postdoctoral
1050 research at the University of Cambridge with Professor Hollfelder between 2011 and 2016.
1051 His laboratory, hosted at the Living Systems Institute at the University of Exeter, focusses on
1052 advancing droplet microfluidic platforms for single cell research, especially in the fields of drug
1053 screening and directed evolution.



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1055 Dr Scott Tsai is the Director of the Graduate Program in Biomedical Engineering and an
1056 Associate Professor at Ryerson University. His undergraduate training in Mechanical
1057 Engineering is from the University of Toronto, and his masters and PhD degrees in

1058 Engineering Sciences are from Harvard University. Dr. Tsai's laboratory specializes in droplet
1059 and bubble microfluidics. His group collaborates with hospital researchers to implement these
1060 technologies in applications related to kidney disease and prostate cancer. Dr. Tsai is a
1061 recipient of the United States' Fulbright Visiting Research Chair Award, Government of
1062 Ontario's Early Career Researcher Award, and Ryerson University's Deans' Teaching Award.



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1064 Dr Adrian Nightingale is a Lecturer in Microfluidics and Sensor Design in the Mechanical
1065 Engineering department at the University of Southampton. He received his undergraduate
1066 degree in chemistry from the University of Oxford and postgraduate masters degree and PhD
1067 from Imperial College London. He was awarded an Industrial Innovation Fellowship by the
1068 UK's Natural Environment Research Council in 2018. His research specialises in microfluidic-
1069 based chemical sensors and other chemical applications of microfluidic technology, working
1070 at the interface with medicine, chemistry, and environmental science.