Superior Efficacy of Midostaurin Over Cladribine in Advanced Systemic Mastocytosis: A Registry-Based Analysis

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PURPOSE On the basis of data from the German Registry on Disorders of Eosinophils and Mast Cells, we compared the efficacy of midostaurin and cladribine in patients with advanced systemic mastocytosis (AdvSM).

PATIENTS AND METHODS Patients with AdvSM (n = 139) were treated with midostaurin only (n = 63, 45%), cladribine only (n = 23, 17%), or sequentially (midostaurin-cladribine, n = 30, 57%; cladribine-midostaurin, n = 23, 43%). Prognosis was assessed through the Mutation-Adjusted Risk Score (MARS). Besides the comparison of efficacy between midostaurin and cladribine on response (eg, organ dysfunction, bone marrow mast cell [MC] infiltration, and tryptase), overall survival (OS), and leukemia-free survival, we focused on the impact of treatment on involved non-MC lineages, for example, monocytes or eosinophils, and the *KIT* D816V expressed allele burden.

RESULTS Midostaurin only was superior to cladribine only with effects from responses on MC and non-MC lineages conferring on a significantly improved OS (median 4.2 v 1.9 years, P = .033) and leukemia-free survival (2.7 v 1.3 years, P = .044) on the basis of a propensity score–weighted analysis of parameters included in MARS. Midostaurin compensated the inferior efficacy of cladribine in first- and second-line treatment. On midostaurin in any line, response of eosinophilia did not improve its baseline adverse prognostic impact, whereas response of monocytosis proved to be a positive on-treatment parameter. Multivariable analysis allowed to establish three risk categories (low/intermediate/high) through the combination of MARS and the reduction of the *KIT* D816V expressed allele burden of \geq 25% at month 6 (median OS not reached v 3.0 years v 1.0 year; P < .001).

CONCLUSION In this registry-based analysis, midostaurin revealed superior efficacy over cladribine in patients with AdvSM. In midostaurin-treated patients, the combination of baseline MARS and molecular response provided a compelling three-tier risk categorization (MARSv2.0) for OS.

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INTRODUCTION

Systemic mastocytosis (SM) is a rare hematologic neoplasm characterized by multifocal accumulation of neoplastic mast cells (MCs) in the bone marrow (BM), skin, and visceral organ systems.¹⁻⁴ Advanced SM (AdvSM) comprises SM with an associated hematologic neoplasm (SM-AHN), aggressive SM (ASM), and MC leukemia (MCL), and median survival is < 3-4 years.⁵⁻¹⁰ A common feature of AdvSM is the heterogeneous multilineage involvement (> 70%-80%) of the canonical *KIT* D816V mutation in both MC and diverse non-MC lineages, for example, neutrophils, monocytes, and eosinophils,¹¹⁻¹⁴ morphologically diagnosed as chronic myelomonocytic leukemia, chronic eosinophilic leukemia, acute myeloid leukemia (AML), and others.^{5,6,9}

On the basis of a phase-II-trial,^{15,16} the multikinaseinhibitor midostaurin received approval for frontline treatment of AdvSM by the US Food and Drug Administration in 2016 and the European Medicines Agency in 2017. The purine analog cladribine has been widely used off-label in AdvSM on the basis of several retrospective analyses with limited number of patients.¹⁷⁻²⁰ *KIT* D816V independent somatic mutations, for example, in *SRSF2*, *ASXL1*, and *RUNX1* (*S/A/R* gene panel), and cytogenetic aberrations are frequently identified in AdvSM and confer an inferior response to treatment, more rapid disease progression, for example, into secondary MCL or secondary AML, and reduced overall survival (OS).^{6,21-27}

Established response criteria are predominantly anchored to SM-related parameters (BM MC burden and serum tryptase levels) and improvement or normalization of organ damage (C-findings).^{15,22,28} A more granular response assessment also taking into account the AHN compartment, for example, monocytosis and eosinophilia, has not yet been established.

ASSOCIATED CONTENT

Data Supplement

Author affiliations and support information (if applicable) appear at the end of this article. Accepted on February 2, 2022 and

published at ascopubs.org/journal/ jco on March 2, 2022: D01 https://doi.org/10. 1200/JC0.21.01849



Journal of Clinical Oncology®

CONTEXT

Key Objective

Advanced systemic mastocytosis is characterized by frequent multilineage involvement and presence of *KIT* D816V in > 90% of patients. In a registry-based analysis, we sought to compare the impact of the multikinase/KIT inhibitor midostaurin and the purine analog cladribine on response of mast cell (MC) and non-MC lineages, overall disease progression, and survival. Moreover, clinical and genetic variables should be identified for early prediction of long-term outcome.

Knowledge Generated

With the exception of response rates, midostaurin is superior to cladribine in first- and second-line treatment on all other criteria including response of non-MC lineages, molecular response, leukemia-free survival, and overall survival. A new dynamic prognostic score (MARSv2.0) was generated through combination of prognostic baseline parameters (Mutation-Adjusted Risk Score) and molecular response at 6 months.

Relevance

This first cross-assessment, to our knowledge, of midostaurin versus cladribine and the MARSv2.0 will substantially affect the treatment algorithms in advanced systemic mastocytosis.

On the basis of registry data, we here analyzed the impact of monotherapy with midostaurin and cladribine and sequential treatment of these agents on baseline and on-treatment parameters associated with the MC compartment, the non-MC compartment, the *KIT* D816V expressed allele burden (EAB), OS, leukemia-free survival (LFS), and event-free survival (EFS).

PATIENTS AND METHODS

Study Population

On the basis of data from the German Registry on Disorders of Eosinophils and Mast Cells, a total of 139 patients with AdvSM were included (recruitment time 2003-2020). Diagnosis and subtyping of AdvSM were established according to the revised WHO 2017 classification (Data Supplement, online only).^{1,4,29} Treatment cohorts included patients receiving (1) midostaurin only (mido^{only}, n = 63, 45%), (2) cladribine only (clad^{only}, n = 23, 17%) and (3) sequential treatment (n = 53, 38%; midostaurin-cladribine, mido^{clad}, n = 30, 57%; cladribine-midostaurin, clad^{mido}, n = 23, 43%; Fig 1). The study design adhered to the tenets of the Declaration of Helsinki and was approved by the institutional review board of the Medical Faculty of Mannheim, Heidelberg University. Written informed consent was provided by all patients.

Diagnostic Evaluations and Follow-Up Studies

All BM biopsies were evaluated by reference pathologists of the European Competence Network on Mastocytosis (ECNM).³⁰ Distinct peripheral blood counts were defined as monocytosis (> 1.0×10^{9} /L), mild eosinophilia (0.5- 1.5×10^{9} /L), and hypereosinophilia (> 1.5×10^{9} /L). Mutational analyses on *KIT* D816V EAB by allele-specific quantitative real-time polymerase chain reaction (sensitivity 0.01%-0.1%) and identification of additional somatic

mutations by next-generation deep amplicon sequencing were performed as previously reported.^{6,11}

Evaluation of Response

Response according to modified Valent criteria. Response assessment included regular monitoring of C-findings, serum tryptase, and a BM biopsy around month 6 on midostaurin or within 2 months after the last cladribine course.^{15,19} The main reason for not using the more recently established International Working Group-Myeloproliferative Neoplasms Research and Treatment & ECNM (IWG-MRT-ECNM) consensus response criteria was that the combined retrospective/prospective collection of data did not allow to adequately address the complex IWG-MRT-ECNM criteria.

Reduction of KIT D816V EAB (molecular response). Serial monitoring of the *KIT* D816V EAB for midostaurin (reduction $\ge 25\%$ at month 6, defined as prognostically relevant molecular response) and cladribine (within 2 months after the last course).²²

Response of monocytosis and/or eosinophilia. Response of monocytosis/eosinophilia was defined for monocytes as $< 1.0 \times 10^{9}$ /L and/or an individual relative reduction of $\geq 50\%$ and for eosinophils as $< 0.5 \times 10^{9}$ /L and/or an individual relative reduction of $\geq 50\%$. A normalization was defined as monocytes $< 1.0 \times 10^{9}$ /L or eosinophils $< 0.5 \times 10^{9}$ /L (Fig 1).

Statistical Analyses

OS was defined as time from diagnosis/treatment initiation to death or date of last follow-up (if alive). LFS was defined as time from diagnosis/treatment initiation to date of progression to secondary MCL or secondary AML/death or date of last follow-up (if leukemia-free). EFS was defined as the time from diagnosis/treatment initiation to date of any new event defined as disease progression by modified Valent

Patients with AdvSM who received treatment with midostaurin and/or cladribine		
Excluded patients because of missing outcome data On midostaurin On cladribine On sequential treatment	(n = 5) (n = 3) (n = 4)	
Assessment of OS, LFS, and EFS On midostaurin First-line Midostaurin only Second-line Availability of MARS (n = 106) and IPSM On cladribine First-line Cladribine only Second-line Sequential treatment Midostaurin-cladribine Cladribine-midostaurin	$\begin{array}{c} (n=139)\\ (n=116)\\ (n=93)\\ (n=63)\\ (n=23)\\ (n=114)\\ (n=76)\\ (n=46)\\ (n=23)\\ (n=30)\\ (n=53)\\ (n=30)\\ (n=23) \end{array}$	
Response assessment according to modified Valent criteria on midostaurin (n = 66), midostaurin only on cladribine (n = 43), cladribine only	(n = 33) (n = 10)	
Excluded patients on midostaurin (n = 50), midostaurin only lost to follow-up before response assessment death before response assessment on cladribine (n = 34), cladribine only, lost to follow-up before response assessment death before response assessment	(n = 29) (n = 35) (n = 15) (n = 13) (n = 26) (n = 8)	
Response assessment according to molecular response on midostaurin (n = 62), midostaurin only on cladribine (n = 33), cladribine only	(n = 36) (n = 7)	
Excluded patients on midostaurin (n = 54), midostaurin only lost to follow-up before response assessment death before response assessment on cladribine (n = 43), cladribine only lost to follow-up before response assessment death before response assessment	(n = 27) (n = 41) (n = 13) (n = 16) (n = 34) (n = 9)	
Patients with initial monocytosis and/or eosinophilia on midostaurin (n = 71), midostaurin only on cladribine (n = 48), cladribine only	(n = 38) (n = 15)	
Response assessment on monocytosis on midostaurin (n = 30), midostaurin only on cladribine (n = 20), cladribine only	(n = 15) (n = 5)	
Excluded patients on midostaurin (n = 10), midostaurin only lost to follow-up before response assessment death before response assessment on cladribine (n = 12), cladribine only lost to follow-up before response assessment death before response assessment	(n = 4) (n = 7) (n = 3) (n = 6) (n = 10) (n = 2)	
Response assessment on eosinophilia on midostaurin (n = 31), midostaurin only on cladribine (n = 16), cladribine only	(n = 19) (n = 4)	
Excluded patients on midostaurin (n = 17), midostaurin only lost to follow-up before response assessment death before response assessment on cladribine(n = 17), cladribine only lost to follow-up before response assessment death before response assessment	(n = 7) (n = 11) (n = 6) (n = 7) (n = 13) (n = 4)	

FIG 1. Study profile. Patients were selected from the German Registry on Eosinophils and Mast Cells. AdvSM, advanced systemic mastocytosis; EFS, event-free survival; IPSM, International Prognostic Scoring System for Systemic Mastocytosis; LFS, leukemia-free survival; MARS, Mutation-Adjusted Risk Score; OS, overall survival.

criteria^{15,19}/death/or date of last follow-up (if event-free). The Kaplan-Meier method with log-rank test was used for group comparisons. To account for differences in demographic and disease characteristics between patients who received midostaurin versus cladribine, propensity score analysis including the variables age, hemoglobin, platelets, and S/A/R-positivity (variables of the Mutation-Adjusted Risk Score [MARS]⁶) was performed. For the estimation of hazard ratios and multivariable analysis, the cox proportional-hazard regression model was used. The Mann-Whitney U-test was used to compare continuous variables and medians of distributions. For categorical variables, Fisher's exact test was used. All tests were twosided, with P < .050 considered as statistically significant. Statistical analyses were performed with SPSS (version 20.0; IBM-Corporation, Armonk, NY), GraphPad Prism (version 8; GraphPad, San Diego, CA), and SAS (version 9; SAS-Institute, Cary, NC).

RESULTS

Dose and Duration of Treatment

The starting dose of midostaurin was 100 mg twice a day, and the median dose during follow-up was 150 mg/d in both first- and second-line treatment. During follow-up, the dose was modified according to efficacy and toxicity, with nausea/vomiting and thrombocytopenia being the most relevant adverse events for dose adjustments. Median duration of first-line (n = 93) or second-line (n = 23)midostaurin was 0.8 years (range: 0.0-10.1 years) or 0.5 years (range: 0.0-10.4 years), respectively. The dose of cladribine was 0.14 mg/kg/d subcutaneously or intravenously from day 1-5 of a 28-day course. Median 3 cycles (range: 1-8 cycles) were applied at a median interval between cycles of 1.1 months (range: 0.7-7.8 months). There was no difference between first- and second-line treatment. The main reason for dose reduction, for example, application only on days 1-3, or extension of intervals, was prolonged myelosuppression.

The median time between cladribine and second-line midostaurin was 0.6 years (range: 0.0-7.7 years) and between midostaurin and second-line cladribine 0.5 years (range: 0.0-2.4 years), respectively (P = .220). Main reasons for physician-decision-based switch from midostaurin to cladribine were resistance/progression with or without intolerance in 26/30 (87%) or intolerance only in 4/30 (13%) patients, respectively, whereas respective numbers as reasons for the switch from cladribine to midostaurin were 17/23 (74%) and 6/23 (26%).

OS, LFS, and EFS

Median survival of the entire cohort from diagnosis was 3.8 years (ASM, n = 22, not reached; SM-AHN, n = 92, 3.7 years; MCL \pm AHN, n = 25; 2.0 years). The median OS from start of midostaurin or cladribine in first-line was 3.1 or 1.6 years, respectively. On mido^{only}, median OS, LFS, and

EFS was 4.2, 2.7, and 1.6 years, and on clad^{only} 1.9, 1.3, and 1.0 years, respectively (P = .033, P = .044, and P = .047, respectively). The significantly better OS and LFS of midostaurin over cladribine were still evident when the respective analyses were performed from the time of diagnosis (Data Supplement). Patients on midoonly or cladonly revealed no significant differences upon prognostically relevant baseline characteristics nor upon other major disease-specific features (Data Supplement). The mean propensity score for midostaurin and cladribine was estimated with 0.739 (0.668-0.829) and 0.734 (0.689-0.796). respectively (difference of means 0.005; 95% CI, -0.010 to 0.021; P = .504). OS and LFS of sequential treatment with mido^{clad} or clad^{mido} were not different because superior OS on first- and second-line midostaurin (3.5 and 1.5 years, respectively) compensated for the inferior OS on first- and second-line cladribine (1.9 and 1.2 years, respectively; Figs 2A-2D).

Response According to Modified Valent Criteria and Monitoring of *KIT* D816V EAB

In evaluable midostaurin-treated patients in any line, the overall response rate (ORR) according to modified Valent criteria^{15,19} was 35% (23/66) and OS was significantly better in responders than in nonresponders (7.9 v 3.1 years, P = .031). A molecular response was achieved in 42/62 (68%) patients and OS was significantly better in responders than in nonresponders (median OS 4.8 v 1.0 years, P < .001; Data Supplement). In evaluable cladribine-treated patients in any line, ORR was 40% (17/ 43) and also significantly better in responders than in nonresponders (median OS 3.4 v 1.5 years, P = .025). A molecular response occurred in 15/33 (45%) patients, which was not associated with a favorable median OS (3.1 v 1.5 years, P = .367; Data Supplement). Although the ORR according to modified Valent criteria was similar, the proportion of patients with molecular response was significantly higher on midostaurin. These differences were even more pronounced in midoonly versus cladonly patients (P = .006 v P = .224 for relative KIT D816 EAB reduction and 74% [n = 23] v 29% [n = 2], P = .022 for the proportion of KIT responders; Data Supplement).

Prognostic Impact of Presence and Response of Monocytosis and Eosinophilia

Independent of treatment, monocytosis at baseline was not associated with adverse survival. On midostaurin in any line, absolute numbers of monocytes decreased from median 2.2×10^{9} /L (range: 1.0-7.1) to 1.0×10^{9} /L (range: 0.2-7.6; P = .007; Data Supplement). Responders (overall response, n = 22/30, 73%; complete normalization, n = 16/30, 53%) revealed a lower frequency of mutations in *SRSF2* (88% *v* 55%), *ASXL1* (50% *v* 18%), and *RUNX1* (25% *v* 18%), and a better OS (median 4.2 *v* 2.2 years, P = .002; Figs 3A-3C; Data Supplement). In contrast to monocytosis, hypereosinophilia at baseline was associated with an inferior

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FIG 2. Kaplan-Meier estimates of (A) OS and (B) LFS in patients treated with midostaurin or cladribine only. Kaplan-Meier estimates of OS in patients treated with (C) midostaurin or cladribine first-line and (D) midostaurin or cladribine second-line. LFS, leukemia-free survival; OS, overall survival.

survival (median OS 0.8 v 3.5 years; P = .009; Data Supplement). Absolute numbers of eosinophils declined from median 1.3×10^{9} /L (range: 0.5-13.2) to median 0.2×10^{9} /L (range: 0.0-2.5; P < .001; Data Supplement). The frequently occurring overall response (26/31, 84%; complete normalization 20/31, 65%) did not improve OS.

On cladribine in any line, overall response was observed in 5/20 (25%; complete normalization, 5/20, 25%) patients with monocytosis and in 10/16 (63%; complete normalization, 9/20, 56%) patients with eosinophilia. A significant decrease of absolute cell counts could not be observed (Data Supplement). In conclusion, response of eosinophilia

and monocytosis was observed on both drugs but only the response of monocytosis on midostaurin conferred into improved OS.

Validation of the Risk Scoring Systems MARS and International Prognostic Scoring System in Mastocytosis

On midostaurin in any line, median OS according to MARS (n = 106) was not reached in low- (n = 27, 25%), 3.3 years in intermediate- (n = 17, 16%), and 1.2 years in high-risk patients (n = 62, 59%, P < .001). According to International Prognostic Scoring System in Mastocytosis (IPSM, n = 114), median OS was not reached in AdvSM-1/-2



FIG 3. (A) Alignment of response status, mutational profile, and diagnosis in patients with monocytosis (n = 30) and eosinophilia (n = 31). Each column represents an individual patient. Bright, medium, and dark orange for diagnosis of aggressive systemic mastocytosis, systemic mastocytosis with an AHN, and mast cell leukemia with/without an AHN, respectively. Teal for responders. ^a*KIT* variants D816N and D816H identified, and no myeloid gene panel analysis available. ^b*KIT* variant D816Y identified. (B) Number of mutations in *SRSF2, ASXL1,* and *RUNX1* in patients with monocytosis: responders versus nonresponders. (C) Kaplan-Meier estimates of OS in patients depending on response status of monocytosis. AHN, associated hematologic neoplasm; EAB, expressed allele burden; OS, overall survival.

(n = 24, 21%), 5.1 years in AdvSM-3 (n = 61, 54%), and 1.3 years in AdvSM-4 (n = 29, 25%) patients (P = .001; Figs 4A and 4B).

A Dynamic Prognostic Score Derived From Baseline Prognostic Status (MARS and IPSM) and On-Treatment Molecular Response to Midostaurin

In multivariable analysis, molecular response was the only independent on-treatment risk parameter (Table 1).

Assignment of one point to MARS high-risk or IPSM AdvSM-3/4 and one point to lack of molecular response allowed the generation of two new dynamic scores on the basis of three risk categories (low-, intermediate-, and high-risk; Figs 4C and 4D). In the intermediate-risk group of both scores, patients at high-risk with molecular response had a better OS than patients at low-/intermediate-risk without molecular response (P = .018 and P = .003, respectively; data not shown).



FIG 4. (A) MARS and (B) IPSM for up-front treatment stratification with midostaurin. (C and D) Kaplan-Meier estimates of OS of midostaurin-treated patients on the basis of a new dynamic on-treatment score with 0, 1, or 2 points (1 point each for MARS high risk or AdvSM3-4 and KIT nonresponse status at the time of response assessment). AdvSM, advanced systemic mastocytosis; IPSM, International Prognostic Scoring System in Mastocytosis; MARS, Mutation-Adjusted Risk Score; NE, not evaluable; NR, not reached; OS, overall survival; P, points.

DISCUSSION

AdvSM has an aggressive clinical course with a median survival of < 3-4 years. Smaller series from single institutions^{7,18-20,31-33} and a national registry¹⁷ reported achievement of partial responses and clinical improvements on the purine analog cladribine. In the absence of other effective therapies, cladribine was elevated to a status of first-line treatment option, although its impact on long-term outcomes such as progression and OS is limited. This changed with approval of the multikinaseinhibitor midostaurin by the US Food and Drug Administration in 2016 and the European Medicines Agency in 2017 following a phase-II-trial reporting an ORR of 60% according to modified Valent criteria and 28% according to IWG-MRT-ECNM criteria.^{15,16,28,34} In subsequent reports, distinct baseline, for example, additional somatic mutations, and on-treatment parameters, for example, molecular response, have been identified as prognostic variables on midostaurin but have not yet been evaluated on cladribine.²²

Because AdvSM is a rare hematologic neoplasm, there is no expectation of a head-to-head comparison of midostaurin

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TABLE 1.	Jnivariate and Multivariable Overall Survival Analyses Regarding the Prognostic Impact of Several On-Treatment Parameters for Midostaurin-Tre	ated
Patients		

	Univariate		Multivariable	
Characteristic	HR (95% CI)	Р	HR (95% CI)	Р
MC in BM section (%): reduction $< 50 v \ge 50$ (n = 40)	0.8 (0.3 to 1.8)	NS		
Serum tryptase (%): reduction $< 50 \ v \ge 50^{a}$ (n = 66)	1.7 (0.7 to 4.0)	NS		
Hb/Plt normalization ^b : no or progression v yes (n = 52)	1.8 (0.7 to 4.4)	NS		
Albumin normalization: no or progression v yes (n = 35)	3.3 (1.3 to 8.6)	.012	0.5 (0.1 to 4.1)	NS
AP (%): reduction $< 50 \ v \ge 50^{a}$ (n = 49)	1.3 (0.6 to 2.8)	NS		
Vitamin B12 (%): reduction $< 50 \ v \ge 50^{a}$ (n = 23)	2.9 (0.7 to 13.3)	NS		
Monocytosis response: no or progression v yes (n = 30)	2.2 (1.1 to 4.4)	.032	1.1 (0.3 to 4.8)	NS
Eosinophilia response: no or progression v yes (n = 31)	0.5 (0.6 to 3.4)	NS		
Modified Valent response: no v yes (n = 66)	2.8 (1.1 to 7.2)	.039	4.9 (0.5 to 44.8)	NS
KIT response (%): reduction $< 25 \ v \ge 25$ (n = 62)	5.0 (2.2 to 11.2)	< .001	17.8 (1.8 to 179.1)	.008

Abbreviations: AP, alkaline phosphatase; BM, bone marrow; Hb, hemoglobin; HR, hazard ratio; MC, mast cell; NS, not significant; Plt, platelets. ^aOr normalization.

^bCheson criteria for transfusion were considered, if necessary.

versus cladribine.^{9,35} Statistically optimized comparisons between data from clinical trials and registry-based data therefore remain the second-best option, for example, similar to the approval process of blinatumomab in refractory adult B-cell acute lymphoblastic leukemia.³⁶ Compared with the strict design of randomized trials, primary limitations of registry-based data sets include (1) patient selection, (2) the variable adherence to treatment itself and clinical and laboratory controls at certain time points, and (3) the incomplete documentation of data across different centers. By contrast, registry-based data are closer to real life and observation time can be indefinitely extended. This allows reporting of longterm data and also the outcome of sequential treatment strategies.

The reliability and validity of our registry data has been demonstrated individually^{6,7,9,21-25,27,37-39} and also in relation to several projects of the ECNM.^{5,6,40-45} For the current analyses, salient strengths include (1) a comprehensive data set of clinical and molecular parameters from baseline and on-treatment from a high number of patients of whom > 70% were repeatedly seen at the same institution, (2) evaluation of almost all BM biopsies by ECNM reference pathologists,^{9,30} and (3) the use of widely acknowledged statistical methodologies through propensity score analyses as an optimal approach for comparing outcomes across cohorts with balanced distributions and the best possible approximation of a randomized trial.⁴⁶⁻⁴⁸

The ORR according to modified Valent criteria was not different between midostaurin and cladribine but midostaurin was superior regarding the response of the AHN (monocytes/eosinophils), *KIT* D816V EAB, LFS, EFS, and OS. Midostaurin apparently compensated the inferior efficacy of cladribine in first- and second-line settings. A response according to modified Valent criteria to either

midostaurin or cladribine resulted in a significantly improved survival. The reasons why similar response rates resulted in statistically different LFS, EFS, and OS are manifold: (1) MARS and IPSM were predictive for LFS, EFS, and OS with midostaurin- but not in cladribine-treated patients (data for cladribine-treated patients not shown). (2) In midostaurin-treated patients, statistical analyses revealed a strong association between LFS/EFS/OS and molecular response, which is not included in the modified Valent criteria, but was shown to be the only independent on-treatment risk factor in a multivariable analysis. (3) The significantly better EFS of midostaurin over cladribine highlights that the durability of response is more important than the achievement of a distinct response at a certain time point. The reasons for drug selection in first- and second-line were mainly on the basis of variable drug availability at referring centers and the limited possibility for inclusion of patients into the clinical trial (Data Supplement).

Regarding the complex topic of response assessment, major under-rated aspects of AdvSM involve the heterogeneity of phenotype and genetics. In at least 60%-80% of patients with AdvSM, presence of an AHN reflects a multimutated stem-cell neoplasm rather than a pure MC neoplasm. *KIT* D816V-positive MC and tryptase represent the MC compartment, whereas *KIT* D816V-positive neutrophils, monocytes, or eosinophils belong to the non-MC compartment. A clear attribution of hematologic (eg, anemia and thrombocytopenia) and gastrointestinal (eg, portal hypertension, splenomegaly, and ascites) C-findings but also of the *KIT* D816V EAB to SM versus AHN is difficult as patients are variably affected by involvement of both disease components. On midostaurin in any line, a complete normalization of eosinophilia was observed in almost



FIG 5. Algorithm for treatment of AdvSM. ^aAdvSM without C-findings and without significant progression over months: consider careful watch-and-wait, interferon-alpha, or hydroxyurea. blmatinib: although imatinib was the first approved TKI for treatment of ASM, it must be emphasized that KIT D816V (> 90% of patients) confers primary resistance to imatinib. The efficacy may be most promising in patients with a welldifferentiated SM morphology: CD25 negative/low, CD30-positive, and KIT D816Vnegative. Some patients exhibit mutations in the juxtamembrane region of KIT. °On the basis of results from EXPLORER⁴⁹ and PATHFINDER⁵⁰ trials. Before and during treatment with avapritinib, the platelet count should be $> 50 \times 10^{9}$ /L to mitigate the potential for intracranial bleeding. If $< 50 \times 10^{9}$ /L, consider second-line treatment. Alternative first-line options should be considered in patients with KIT D816V-negative AdvSM. ^dThe second-line efficacy of midostaurin after avapritinib has not yet been evaluated in clinical trials. eIn eligible patients, an allogeneic HSCT should be considered for patients (1) with a significant and durable response to treatment with TKI, and (2) with resistance to TKI and rapidly progressing AHN component, which is generally considered to require an allogeneic HSCT, for example, AML, MDS, MDS/MPNu, or CEL, with or without previous CT (poly-CT with or without cladribine or hypomethylating agents with or without venetoclax). ^fSM-directed CT, for example, cladribine alone or poly-CT \pm cladribine. ^gAHN-directed CT (see e), on the basis of disease component requiring more immediate therapy, for example, AML, MDS, MDS/MPNu, or CEL. ^hConsider off-label use or compassionate use of midostaurin or avapritinib. ⁱSupportive/palliative care \pm steroids \pm hydroxyurea. 1L, first-line; 2L, second-line; AdvSM, advanced systemic mastocytosis; AHN, associated hematologic neoplasm; AML, acute myeloid leukemia; ASM, aggressive systemic mastocytosis; CEL, chronic eosinophilic leukemia; CT, chemotherapy; MDS, myelodysplastic syndrome; MDS/MPNu, myelodysplastic/myeloproliferative neoplasm, unclassifiable; SM, systemic mastocytosis; TKI, tyrosine kinase inhibitor.

all patients but responses did not translate into improved OS. We therefore conclude that in these patients, the strong adverse prognostic impact of eosinophilia⁴⁹ could not be overcome by midostaurin treatment. By contrast, a response of monocytosis on midostaurin resulted in a significantly improved OS/LFS.

The serial measurement of (minimal/measurable) residual disease through high-sensitivity assays such as quantitative real-time polymerase chain reaction or digital-droplet polymerase chain reaction and reported either as relative reduction of the allele burden at certain time points or as absence (below detection level) of the mutation in terms of

complete molecular remission may become as relevant and recommendable as it is already in practice in many other hematologic neoplasms. Within the phase-I trial (EXPLORER, NCT02561988⁵⁰) and an interim analysis of the phase-II clinical trial (PATHFINDER, NCT03580655⁵¹), avapritinib, a highly selective KIT inhibitor, produced an ORR of approximately 75% according to IWG-MRT-ECNM criteria including marked responses in BM MC burden, serum tryptase, and splenomegaly. In addition, molecular remissions with *KIT* D816V variant allele frequency < 1% were reported in 30% (in BM) and 35% (in peripheral blood) of patients with AdvSM, respectively. In our series, we primarily confirmed that the > 25% reduction of the *KIT* D816V EAB at month 6 as an independent marker for OS. The significantly better OS of patients with the combination high-risk patients (MARS/IPSM)^{6,22} with molecular response versus low-/intermediate-risk (MARS/IPSM) patients without molecular response further supports the importance of achievement of a molecular response. Highrisk patients according to the new dynamic score should be seen as candidates for early switch to potentially more effective second-line treatment, for which avapritinib is currently the most promising agent.³⁹ Eligible patients should be considered for allogeneic hematopoietic stemcell transplantation.^{52,53} The complex concept of first- and second-line treatment of AdvSM depending on the variable approval status of midostaurin and avapritinib is provided in Figure 5.

Furthermore, it could be confirmed that a higher proportion of nonresponders were positive for additional somatic mutations in S/A/R, suggesting a major impact of additional somatic mutations on primary resistance and progression.^{6,22,23,39} Recent data on single-cell–derived myeloid progenitor cells using granulocyte macrophage colony-forming units revealed that neither midostaurin nor

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PRIOR PRESENTATION

Presented in part at the Deutsche Gesellschaft für Hämatologie und Medizinische Onkologie Congress, October 9-12, 2020, Basel, Germany.

avapritinib had an inhibitory effect on multimutated *KIT* D816V-negative clones.³⁹ The reported molecular or even complete molecular responses on midostaurin or avapritinib may therefore not prevent from selection and outgrowth of one or more *KIT* D816V-negative subclones as basis of a progressive AHN, necessitating alternative therapeutic strategies against the *KIT* D816V-negative subclone.

We conclude that in AdvSM: (1) Midostaurin is superior to cladribine in first- and second-line treatment and compensates for the inferior efficacy of cladribine in the sequential setting. (2) Midostaurin in any line is superior against monocytosis/eosinophilia but a response does not compensate for the poor prognosis of eosinophilia. (3) Not monocytosis per se, but the lack of response is associated with poor prognosis. (4) MARS and IPSM are predictive for OS on midostaurin in any line but not on cladribine. (5) On treatment, the sequential assessment of the *KIT* D816V allele burden at the RNA or DNA level is strongly recommended. (6) The combination of MARS or IPSM with molecular response provides a three-tier risk categorization (MARSv2.0) for OS potentially conferring on treatment modifications.

SUPPORT

Supported by the Deutsche José Carreras Leukämie-Stiftung (Grant No. DJCLS 08R/2020). P.V. was supported by the Austrian Science Fund (FWF) Grant No. F4704-B20.

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Disclosures provided by the authors are available with this article at DOI https://doi.org/10.1200/JC0.21.01849.

DATA SHARING STATEMENT

The data sets used and/or analyzed during the current study are available from the corresponding author (A.R.) on reasonable request.

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Superior Efficacy of Midostaurin Over Cladribine in Advanced Systemic Mastocytosis: A Registry-Based Analysis

The following represents disclosure information provided by authors of this manuscript. All relationships are considered compensated unless otherwise noted. Relationships are self-held unless noted. I = Immediate Family Member, Inst = My Institution. Relationships may not relate to the subject matter of this manuscript. For more information about ASCO's conflict of interest policy, please refer to www.asco.org/rwc or ascopubs.org/jco/authors/author-center.

Open Payments is a public database containing information reported by companies about payments made to US-licensed physicians (Open Payments).

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Research Funding: Blueprint Medicines (Inst), Deciphera (Inst), Incyte (Inst), Kartos Therapeutics (Inst), Promedior (Inst), CTI BioPharma Corp (Inst), Gilead Sciences (Inst), Seattle Genetics (Inst), Novartis (Inst), Celgene (Inst) Travel, Accommodations, Expenses: Blueprint Medicines

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No other potential conflicts of interest were reported.