A patient with multi-locus imprinting disturbance involving hypomethylation at 11p15 and 14q32, and phenotypic features of Beckwith-Wiedemann and Temple syndrome.

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ABSTRACT

Beckwith-Wiedemann syndrome and Temple syndrome are classical imprinting disorders with non-confluent clinical features. We report here on a patient with clinical features of both syndromes, in whom epimutations were found at the BWS and TS imprinted regions, consistent with multi-locus imprinting disturbance (MLID). This is the first case report of a patient with clinical features of both conditions who was found to have loss of methylation (LOM) of *KCNQ10T1*: TSS-DMR (ICR2) in the 11p15 imprinted region associated with BWS, and LOM of *MEG3*:TSS – DMR in the 14q32 imprinted region associated with Temple syndrome. The report draws attention to the importance of testing for MLID as a cause of atypical clinical presentations of patients with imprinting disorders.

KEYWORDS

Beckwith-Wiedemann, Temple, Silver-Russell, imprinting, multi-locus imprinting disorder.

INTRODUCTION

Imprinting is a phenomenon by which epigenetic markers such as DNA methylation are maintained from one generation to another, ensuring parent of origin-specific monoallelic expression of genes critical for growth, development, and metabolism (D. J. G. Mackay & Temple, 2017; Monk, Mackay, Eggermann, Maher, & Riccio, 2019). Disturbances to this process are associated with deleterious developmental effects in pregnancy and beyond, including disturbance of pre- and postnatal growth, development, metabolism and behaviour. Imprinting disorders (IDs) may be caused by *cis*-acting genetic (CNV, UPD, chromosomal rearrangement) or epigenetic errors of disease-associated loci. However, a subset of affected individuals has methylation abnormalities at multiple imprinted loci (multi-locus imprinting disorders, or MLID). In MLID, cis-acting genetic changes are not found (Elbracht, Mackay, Begemann, Kagan, & Eggermann, 2020). Implicated instead are environmental, iatrogenic and *trans*-acting genetic factors affecting oocyte development or early developmental epigenetic reprogramming, including trans-acting mutations found either in the affected person or their mother (Begemann et al., 2018; D. J. Mackay, Callway JL, Marks SM, White HE, 2008; Sanchez-Delgado et al., 2016).

Determining the prevalence of MLID across imprinting disorders is challenging. Firstly, it is almost always mosaic, which complicates clinical diagnosis; secondly, its heterogeneous phenotype means that patients may not meet the clinical criteria for molecular testing, thus escaping diagnosis; thirdly, comprehensive epigenomic analysis is not routinely performed in individuals with molecular imprinting disturbance, so MLID may be missed. It is therefore probable that cases of MLID, whether or not associated with classical phenotypes, are going undetected. There is currently no standardized protocol for MLID diagnosis, nor has the

impact of a positive diagnosis on clinical management been formally defined (Eggermann et al., 2014).

There is some evidence that individuals with MLID may exhibit a more diverse phenotype than cases with isolated imprinting errors (Poole et al., 2013). Testing a more extensive number of imprinted loci therefore may blur the boundaries between individual imprinting disorders which may have overlapping phenotypes. The concept of a network of imprinted genes that interact with each other further undermines any notion that molecular or clinical findings can be neatly compartmentalised (Arima et al., 2005).

Here we report on a patient with imprinting disturbances at loci associated with two distinct

classical imprinting disorders: one at chromosome 11p15 in the imprinted region associated with Beckwith-Wiedemann syndrome (BWS: OMIM #130650), and one at chromosome 14q32, in the imprinted region associated with Temple syndrome (TS: OMIM #616222).

BWS is clinically characterized by macrosomia, macroglossia, visceromegaly, hyperinsulinism, exomphalos, and elevated risk of paediatric tumours; its incidence is estimated as 1:10,500 live births (Mussa et al., 2013). 50% of affected individuals have *KCNQ10T1*: TSS-DMR LOM, of whom 30% have MLID (Brioude et al., 2018; Elbracht et al., 2020). Temple syndrome is characterized by low birth weight, hypotonia, feeding difficulties, early puberty and short stature (Gillessen-Kaesbach et al., 2018); it has phenotypic overlap with Silver-Russell syndrome (SRS) but is rarer than SRS, with unknown incidence and no agreed clinical scoring system. Only around 12% of cases of TS are due to imprinting error (Ioannides, Lokulo-Sodipe, Mackay, Davies, & Temple, 2014; Kagami et al., 2017), and MLID has rarely been reported in individuals clinically characterised with TS.

While several individuals have been described with MLID involving numerous loci, including KCNQ10T1 and MEG3, (Caliebe *et al.*, 2014, Begemann *et al.*, 2017, Cubellis et

al., 2020) to date only one case has been reported where the only disease-associated loci involved were *KCNQ10T1* and MEG3 (Bens et al., 2016), for which no clinical data was provided.

CLINICAL CASE REPORT

The child was the first born to non-consanguineous parents. He was conceived naturally when his mother was 37 years of age, one month after she had undergone a fallopian tube cannulation following several years of infertility. The pregnancy was complicated by cholestasis but growth *in utero* was normal. Following an emergency caesarean section for foetal distress he was born at 39 weeks' gestation, weighing 2.73 kg (-1.54 SDS). Concerns were raised regarding his head size; his OFC was not recorded at birth, but in his first year was consistently >98th centile (Figure 1a).

At 8 months of age, he was referred because of macrocephaly, facial and body asymmetry, and naevus flammeus. His right side appeared smaller than his left, but both sides were functionally normal, so it was unclear which was the abnormal side. In addition to facial asymmetry, he was noted to have a prominent forehead, broad nasal tip, and flat nasal bridge (see Figure 2). No macroglossia, exomphalos, or organomegaly were identified. Hands and feet were of normal size.

There was no formal history of feeding difficulties, though his mother described him as a "fussy eater". Despite this, his weight was disproportionate to his height at 15 months (height SDS -1.39, weight SDS +1.22, OFC SDS +3.78 SDS) and 2 years of age (height SDS -0.89, weight SDS +1.66, OFC SDS +3.71 SDS) (Figure 1b).

He sat at 6 months of age and walked independently at 17 months. Mild speech and language delay was evident at age 2.

There was no family history of obvious significance. The mother's sibling had four children, all of whom were healthy. The index case's father had two healthy children from a previous relationship.

The initial differential included hypochondroplasia, Noonan's syndrome and PTEN related disorders. Plain radiographs of the pelvis and leg were normal, as were parathyroid, calcium and phosphate levels. Head ultrasound scan showed no evidence of hydrocephalus.

In view of the macrocephaly, body asymmetry and naevus flammeus, BWS was also suspected, although his BWS score was <4 (Table 1). He exhibited some features atypical of BWS, such as relatively small stature in comparison to most cases with the syndrome, protruding forehead, and relative macrocephaly in infancy; these features are more consistent with other imprinting disorders such as Silver-Russell syndrome. His pre-and postnatal growth were not consistent with SRS, though he scored 3/6 using the Netchine-Harbison scoring system (see Table 1, and assuming head size at birth on similar centiles to those recorded through the first year of life). His relatively short stature and disproportionately high weight were more suggestive of Temple syndrome. Clinical features were assessed using Face2Gene analysis (https://www.face2gene.com): this assessment placed Temple syndrome in the top 4 potential syndromes (Figure 2). As his phenotype did not align clearly with a single imprinting disorder, he was tested for MLID at 2 years of age.

MATERIALS AND METHODS

Editorial Policies and Ethical Considerations

The patient was recruited into the research study "Imprinting disorders – finding out why" (IDFOW: Southampton and South West Hampshire Research Ethics approval 07/H0502/85) through the UK Comprehensive Local Research network (www.southampton.ac.uk/geneticimprinting/informationpatients/imprintingfindingoutwhy.pa ge). Written consent was obtained from the parents of the proband, including consent to access medical records and for the publication of patient images.

Initial determination of DNA methylation was performed on blood-derived DNA by

Molecular studies

methylation-specific MLPA (MRC-Holland b.v.) according to the manufacturer's specification, using kits for: Beckwith-Wiedemann / Silver-Russell syndrome (ME030-C3); *GRB10*, *MEST*, *PLAGL1* and *MEG3* (ME032-A1); Prader-Willi / Angelman syndrome (ME028-C1); Pseudohypoparathyroidism (ME031-B2), and MLID (ME034-C1).

Methylation-specific PCR analysis was performed using previously described primers and protocol (Poole et al, 2013): loci analysed were *DIRAS3* Ex2 DMR (DIRAS3, 1p31); *PLAGL1* TSS alt-DMR (PLAGL1, 6q24); *IGF2R* Int2 DMR (IGF2R, 6q27); *GRB10* alt-TSS DMR (*GRB10*, 7q32); *MEST* alt-TSS DMR (MEST, 7q32); H19 TSS DMR (H19, 11p15.5); *IGF2* DMR0 (11p15.5); *KCNQ10T1* TSS DMR (KCNQ10T1 or IC2, chr11); *MEG3* TSS DMR (*DLK1* or *MEG3*, 14q32); *SNRPN* alt-TSS DMR (*SNRPN*, 15q11); *IGF1R* Int2 DMR (IGF1R, 15q26); *PEG3* TSS DMR (*PEG3*, 19q32); *GNAS*-AS1 TSS DMR (*NESPAS/GNAS*, 20q13); *WRB* alt-TSS DMR (*WRB/GET1*, 21q22); *SNU13* alt-TSS DMR (*SNU13/NHP2L1*, 22q13).

Array CGH reported a karyotype 46:XY with benign CNVs only. *PTEN* testing by gene panel and MLPA analysis, and Noonan syndrome testing by gene panel analysis, reported no pathogenic variants. Results of imprinting analysis are shown in Table 2. MS-MLPA detected partial loss of DNA methylation at the *KCNQ10T1* TSS DMR and *MEG3* TSS DMR, with no copy number change at either locus. MS-PCR confirmed these results, and additionally detected partial hypomethylation of DIRAS3 Ex2 DMR, *IGF2R* Int2 DMR and *WRB* alt-TSS DMR (*WRB/GET1*), as well as complete hypomethylation of *SNU13* alt-TSS DMR. These results were consistent with a diagnosis of MLID.

DISCUSSION

Previous studies of cohorts found to have hypomethylation affecting multiple loci suggest that clinical phenotypes of patients with MLID do not map neatly onto a single clinical disorder, and the involvement of additional loci may alter the extent or severity of the phenotype (Poole et al., 2013). There is some evidence that the dominant phenotype may be determined by the locus with the most severe methylation abnormality, or its prevalence in a target organ where mosaicism occurs (Azzi et al., 2014). Epigenotypes conferring clinically opposing effects could theoretically "balance" each other in the resultant phenotype, but this has not been proven, and can only be deduced from epigenotype-phenotype correlations. This is the first clinical case report of an individual with clinical features of two imprinting disorders, BWS and TS, and MLID involving the loci associated with these disorders: KCNQ10T1: TSS-DMR (ICR2) and MEG3:TSS-DMR. Although LOM at these two loci has been described previously (Caliebe et al., 2013, Begemann et al., 2017, Cubellis et al., 2020), the affected patients had MLID involving loci of numerous imprinting disorders, and therefore the contribution of each locus to the phenotype was unclear. Furthermore, clinical features reported were minimal. In the patient reported here, the only disease-associated loci are ICR2 and MEG3 and the role, if any, of the other epimutations remains to be found. The proband has phenotypic features of both BWS and TS (Figure 2, Table 1). Relative macrocephaly is seen in both TS and BWS, which could explain the patient's excessive head circumference. His BMI was over the 99th centile at age 2: this may be the consequence of BWS in a person with relatively short stature, or conversely, it could reflect excessive food intake for someone with TS. He had umbilical hernia and naevus flammeus, minor signs of BWS (Table 1), but few of the signs of overgrowth classically seen in BWS (for example no

macroglossia, and a normal birth weight). His facial features were more typical of TS than BWS, but his hands and feet were not as small as typically found in TS.

The idea that different phenotypic features could "offset" each other raises intriguing questions about whether the resultant phenotype might not meet clinical scoring criteria, and thereby elude diagnosis. Furthermore, the involvement of additional epigenetic mutations at loci with no known phenotype may contribute to the overall clinical presentation. As an example, our patient walked at 17 months, arguably on the cusp of mild developmental delay, and had confirmed speech and language delay. While this is insufficient to be considered unambiguous evidence of learning difficulties, it is interesting given that a previous cohort of patients with BWS in combination with MLID were more likely to have developmental delay than those with "isolated" BWS (Poole et al., 2013).

There was no evidence of a *cis*-acting genetic defect underlying any of the epimutations detected. The fact that there had been no prior pregnancies, and several years of infertility, raises the possibility that oocyte quality was compromised, either through maternal mutations or environmental factors. Notably, the epigenetic features of the patient suggested that the imprinting errors occurred post-zygotically: both maternally- and paternally methylated germline DMRs were affected, ruling out a developmental defect specific to either the oocyte or sperm, while the patient's mosaicism was inconsistent with an imprinting error present in the germline or the one-cell zygote. These features have been described in cases of MLID associated with maternal-effect mutations (eg Begemann 2017, Caliebe 2014, Cubellis 2020) As the core set of tested loci expands and more data are gathered regarding epigenotype-phenotype correlations, the conventional paradigm of a clinical diagnosis confirmed with a molecular test may no longer be the best way to capture patients whose clinical features are nuanced or conflicting. This case illustrates how a molecular diagnosis of MLID can alter the

clinical outcome and inform the health surveillance required for the patient. Clinical features such as excessive weight gain and small stature appear to counterbalance each other, and the patient will be managed for both BWS and TS. Continued surveillance of individuals with MLID will determine whether the affected loci influence their phenotype over the long term. In summary, we describe a patient with clinical and epigenetic features of both TS and BWS, who illustrates how the clinical phenotype of MLID may depend on the imprinted loci involved. We contend that patients whose emergent phenotype is not associated with classical phenotypes may escape diagnosis, and suggest that such patients may benefit from molecular testing of multiple loci, agnostic to clinical definitions of classical imprinting disorders.

CONFLICT OF INTEREST

The authors state that no conflict of interest exists.

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DATA AVAILABILITY

Data available on request from the authors.

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Figure legends

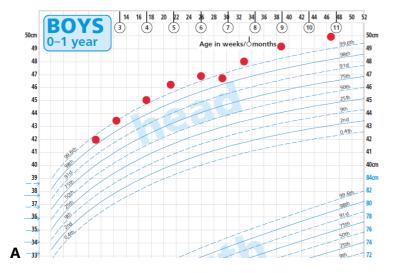
Figure 1

A: Head circumference chart at 2 - 11 months. B: Growth chart (height and weight) at 15 months and 24 months.

Figure 2

A, B. Clinical images of the proband aged two years, demonstrating facial asymmetry, protruding forehead and macrocephaly. C: clinical features included in Face2Gene analysis, and suggested syndrome outputs.

Figure 1



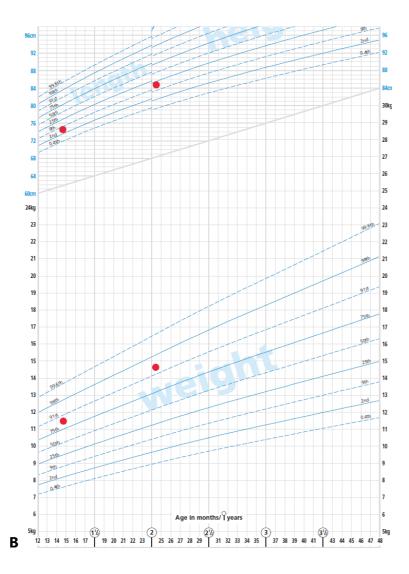




Figure 2C

Clinical feature input to Face2Gene	Suggested syndrome output
Delayed speech and language development	Barth Syndrome
Depressed nasal bridge	Mental Retardation and Autistic features
Broad nasal tip	3-methylglutaconic Aciduria
Macrocephaly	Temple Syndrome
Frontal bossing	Megalencephaly-capillary malformation-
Prominent forehead	polymicrogyria syndrome (MCAP)
	Atkin-Flaitz Syndrome
	Noonan Syndrome
	Clark-Baraitser Syndrome
	Lubs-type X-linked syndromic intellectual
	developmental disorder (MRXSL)
	Craniofacialfrontodigital syndrome
	Pallister-Killian Syndrome
	Coffin-Siris Syndrome
	Silver-Russell Syndrome