

1 **LEARN algorithm: a novel option for predicting non-alcoholic**
2 **steatohepatitis**

3 **Short Title:** LEARN algorithm for NASH prediction

4 **Authors' names**

5 Gang Li, MD^{1#}, Tian-Lei Zheng^{2#}, Xiao-Ling Chi, MD³, Yong-Fen Zhu, MD⁴, Jin-Jun
6 Chen, MD⁵, Liang Xu, MD⁶, Jun-Ping Shi, MD, PhD⁷, Xiao-Dong Wang, MD⁸, Wei-
7 Guo Zhao², Christopher D. Byrne, MD, PhD⁹, Giovanni Targher, MD¹⁰, Rafael S.
8 Rios, MD¹, Ou-Yang Huang, MD¹, Liang-Jie Tang, MD¹, Shi-Jin Zhang², Shi Geng²,
9 Huan-Ming Xiao, MD³, Sui-Dan Chen, MD¹¹, Rui Zhang, MD¹², Ming-Hua Zheng,
10 MD, PhD^{1,8,13*}

11 **Affiliations**

12 ¹NAFLD Research Center, Department of Hepatology, the First Affiliated Hospital of
13 Wenzhou Medical University, Wenzhou, China;

14 ²Artificial Intelligence Unit, Department of Medical Equipment, The Affiliated
15 Hospital of Xuzhou Medical University, Xuzhou, China;

16 ³Department of Hepatology, Guangdong Provincial Hospital of Chinese Medicine, the
17 Second Affiliated Hospital of Guangzhou University of Chinese Medicine,
18 Guangzhou, China;

19 ⁴Department of Hepatology and Infection, Sir Run Run Shaw Hospital, Affiliated with
20 School of Medicine, Zhejiang University, Hangzhou, China;

21 ⁵Hepatology Unit, Department of Infectious Diseases, Nanfang Hospital, Southern
22 Medical University, Guangzhou, China; Hepatology Unit, Zengcheng Branch,

23 Nanfang Hospital, Southern Medical University, Guangzhou, China;

24 ⁶Department of Hepatology, Tianjin Second People's Hospital, Tianjin, China,

25 ⁷Department of Liver Diseases, Hangzhou Normal University Affiliated Hospital,

26 Hangzhou, Zhejiang, China;

27 ⁸Key Laboratory of Diagnosis and Treatment for the Development of Chronic Liver

28 Disease in Zhejiang Province, Wenzhou, China;

29 ⁹Southampton National Institute for Health Research Biomedical Research Centre,

30 University Hospital Southampton, Southampton General Hospital, Southampton, UK;

31 ¹⁰Section of Endocrinology, Diabetes and Metabolism, Department of Medicine,

32 University and Azienda Ospedaliera Universitaria Integrata of Verona, Verona, Italy;

33 ¹¹Department of Pathology, the First Affiliated Hospital of Wenzhou Medical

34 University, Wenzhou, China;

35 ¹²Department of Nutrition, the First Affiliated Hospital of Wenzhou Medical

36 University, Wenzhou, China;

37 ¹³Institute of Hepatology, Wenzhou Medical University, Wenzhou, China;

38 **#Co-first author:**

39 Gang Li and Tian-Lei Zheng

40 ***Corresponding Author:**

41 Ming-Hua Zheng, MD, PhD

42 NAFLD Research Center, Department of Hepatology, the First Affiliated Hospital of

43 Wenzhou Medical University; No. 2 Fuxue Lane, Wenzhou 325000, China.

44 E-mail: zhengmh@wmu.edu.cn; fax: (86) 577-55578522; tel: (86) 577-55579611.

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48 **Abbreviation list:**

49 ALT = alanine aminotransferase, AST = aspartate aminotransferase, AUROC = area
50 under the receiver operator characteristic curve, BMI = body mass index, HOMA-IR
51 = homeostasis model assessment of insulin resistance, NAFL = non-alcoholic fatty
52 liver, NAFLD = non-alcoholic fatty liver disease, NAS = NAFLD activity score,
53 NASH = non-alcoholic steatohepatitis, BIA = bioelectrical impedance analysis,
54 LEARN = bioElectrical impEdance Analysis foR Nash, WMBC= without missing
55 data of body composition, PMBC = partial missing data of body composition, NPV =
56 negative predictive value, OR = odds ratio, PPV = positive predictive value

57 **Conflict of interest disclosure:**

58 All authors have nothing to declare.

59 **Author's contributions**

60 Study concept and design: Gang Li and Ming-Hua Zheng

61 Acquisition of data: Gang Li, Xiao-Ling Chi, Yong-Fen Zhu, Jin-Jun Chen, Liang Xu,

62 Jun-Ping Shi, Xiao-Dong Wang, Wei-Guo Zhao, Ou-Yang Huang, Liang-Jie Tang,

63 Huan-Ming Xiao, Rui Zhang

64 Pathology analysis: Xiao-Dong Wang and Sui-Dan Chen

65 Drafting of the manuscript: Gang Li

66 Critical revision: Ming-Hua Zheng, Rafael S. Rios, Giovanni Targher and Christopher

67 D. Byrne

68 Statistical analysis: Gang Li

69 Artificial intelligence technology: Tian-lei Zheng, Wei-Guo Zhao, Shi-Jin Zhang, Shi

70 Geng

71 Study supervision: Ming-Hua Zheng

72 All authors contributed to the manuscript for important intellectual content and

73 approved the submission.

74 **Ethical Statement:**

75 The authors are accountable for all aspects of the work in ensuring that questions

76 related to the accuracy or integrity of any part of the work are appropriately

77 investigated and resolved. The study was conducted in accordance with the

78 Declaration of Helsinki (as revised in 2013). The study was approved by the local

79 ethics board of our hospital (2016-246) and informed consent was taken from all

80 individual participants.

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88 **Conflicts of interest**

89 All authors: nothing to declare.

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111 **Abstract**

112 **Background:** There is an unmet need for accurate non-invasive methods to diagnose
113 non-alcoholic steatohepatitis (NASH). Since impedance-based measurements of body
114 composition are simple, repeatable and have a strong association with non-alcoholic
115 fatty liver disease (NAFLD) severity, we aimed to develop a novel and fully
116 automatic machine learning algorithm, consisting of a deep neural network based on
117 impedance-based measurements of body composition to identify NASH (the LEARN
118 algorithm).

119 **Methods:** A total of 1,259 consecutive subjects with suspected NAFLD were
120 screened from six medical centers across China, of which 766 patients with biopsy-
121 proven NAFLD were included in final analysis. These patients were randomly
122 subdivided into the training and validation groups, in a ratio of 4:1. The LEARN
123 algorithm was developed in the training group to identify NASH, and subsequently,
124 tested in the validation group.

125 **Results:** The LEARN algorithm utilizing impedance-based measurements of body
126 composition along with age, sex, pre-existing hypertension and diabetes, was able to
127 predict the likelihood of having NASH. This algorithm showed good discriminatory
128 ability for identifying NASH in both the training and validation groups (AUROC:
129 0.81, 95%CI 0.77-0.84 and 0.80, 0.73-0.87, respectively). This algorithm also
130 performed better than serum cytokeratin-18 neoepitope M30 level or other non-
131 invasive NASH scores (including HAIR, ION, NICE) for identifying NASH (p-value
132 <0.001). Additionally, the LEARN algorithm performed well in identifying NASH in

133 different patient subgroups, as well as in subjects with partial missing body
134 composition data.

135 **Conclusion:** The LEARN algorithm, utilizing simple easily obtained measures,
136 provides a fully automated, simple, non-invasive method for identifying NASH.

137 **Keywords:** NAFLD, NASH, LEARN algorithm, body composition.

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155 **Introduction**

156 Non-alcoholic steatohepatitis (NASH) is a major public health concern worldwide
157 and, compared with hepatic steatosis alone, the annual incidence of hepatocellular
158 carcinoma in patients with NASH-related cirrhosis is as high as 1-2%.(1,2) NASH is
159 more likely to lead to advanced liver fibrosis, cirrhosis and eventually liver-related
160 illness and death.(3-5) Therefore, due to its high prevalence and increased health
161 risks, NASH is a significant economic and healthcare burden. The current definitive
162 diagnosis of NASH is based not only on hepatocyte fat accumulation (steatosis), but
163 also on histological evidence of hepatocyte ballooning and lobular inflammation.(6)
164 Given that the majority of patients with NASH are asymptomatic, the acceptability of
165 liver biopsy (i.e. the gold standard) is relatively low and, because of liver biopsy-
166 associated morbidity and even mortality, developing screening strategies to identify
167 those individuals at risk of progressive NASH, remains an unmet need. Furthermore,
168 non-invasive tests that may accurately predict disease progression (as part of the
169 natural history of NASH), or identify regression (in response to treatment), are
170 urgently needed to decrease the reliance on repeat liver biopsies.(7-9)

171

172 Machine learning techniques require uploading a large amount of data to a computer
173 program, and then selecting a model to "fit" these data for computer prediction, which
174 creates new possibilities in medicine for diagnosing diseases.(10-12) In previous
175 studies, machine learning has facilitated success in cancer diagnosis and diagnosis of
176 liver fibrosis.(13,14) Recently, in Sagimet's NASH FASCINATE-2 Phase 2b Clinical

177 Trial, stain-free artificial intelligence (AI)-based digital pathology was incorporated as
178 secondary and exploratory efficacy endpoints. These advances would have been
179 unimaginable without machine learning. To date, however, there is no a validated,
180 non-invasive, simple, machine learning-based algorithm (MLA) for diagnosing
181 NASH.

182

183 Bioelectrical impedance analysis (BIA) is a simple, commonly used, non-invasive and
184 inexpensive method for assessing body composition.(15) This method can
185 provide >20 parameters on different dimensions of body composition, such as body
186 fat content, muscle mass, bone mineral content and metabolic rate. Interestingly, there
187 is evidence that body composition in NAFLD is different from that of non-steatotic
188 control subjects.(16-19) However, the abundant body composition outputs from BIA
189 have not yet been fully evaluated and exploited in the diagnosis and treatment of
190 NAFLD.

191

192 Therefore, the main aim of our multicenter cross-sectional study was to establish and
193 validate a novel MLA, referred to as a deep neural network algorithm for non-
194 invasively identifying NASH by impedance-based measures of body composition
195 (named as the LEARN [bioLectrical impEdance Analysis foR Nash] algorithm).

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199 **Materials and Methods**

200 **Study subjects and design**

201 A total of 1,259 consecutive subjects with suspected NAFLD were initially screened
202 from six medical centers across China from September 2016 to April 2021. Inclusion
203 criteria were as follows: (1) elevated serum aminotransferase concentrations and/or
204 evidence of hepatic steatosis on imaging methods (irrespective of serum
205 aminotransferase levels); (2) agreement to undergo a liver biopsy; (3) agreement to
206 undergo BIA method within 1 month of liver biopsy; and (4) age range from 18 to 75
207 years. A total of 493 subjects were excluded due to the following criteria: (1)
208 excessive alcohol consumption (more than 20 and 10 grams per day for men and
209 women, respectively); (2) other coexisting chronic liver diseases, such as viral
210 hepatitis, autoimmune hepatitis, or drug-induced liver injury; (3) absence of hepatic
211 steatosis on histology (steatotic hepatocytes $\leq 5\%$); and (4) no BIA measurement. As a
212 consequence of these exclusion criteria, 766 Chinese adults with biopsy-confirmed
213 NAFLD were included in the final analysis (**Figure 1**). The study was approved by
214 the local ethics committee of each medical center. Written informed consent was
215 obtained from each participant.

216

217 **Clinical and laboratory data**

218 For every patient, demographic data, anthropometry, clinical biochemical parameters
219 and concomitant diseases were measured and collected during liver biopsy, at each
220 center, within 48 hours from liver biopsy. Hypertension was defined as blood pressure

221 $\geq 130/85$ mmHg or current use any of anti-hypertensive drugs. Presence of diabetes
222 was defined as self-reported physician diagnosis of diabetes, use of anti-
223 hyperglycemic drugs, fasting glucose levels ≥ 7 mmol/L or hemoglobin A1c (HbA1c)
224 $\geq 6.5\%$ (≥ 48 mmol/mol). Homeostasis model assessment (HOMA-IR) was used to
225 estimate insulin resistance, and body mass index (BMI) ≥ 25 kg/m² was diagnosed as
226 overweight/obese. The specific methods for assessing HOMA-IR and BMI have been
227 described in our previous study.(20)

228

229 **Measurement of cytokeratin-18 neopeptide M30 (CK-18 M30)**

230 Serum CK-18 M30 level was measured only in the Wenzhou cohort. Serum CK-18
231 M30 level was determined by a commercially ELISA kit (Herui Biomed Company
232 Limited, Suzhou, China), according to the manufacturer's recommendation. The
233 specific detection details have been described in our previous study.(21)

234

235 **Body Composition Measurement**

236 Each patient was examined for body composition (within 48 hours of the liver biopsy)
237 by professionally trained personnel at each center in accordance with uniform
238 operating instructions. Specifically, BIA (InBody 720; Biospace, land Seoul, Korea)
239 was employed to measure body composition. According to operating instructions, the
240 subjects took off their shoes and removed their belongings and coats and stood on the
241 designated electrodes. The thumb of both hands was placed on the thumb electrode
242 button, and the other four fingers were all placed on the electrode, under the handle,

243 with arms straightened. The impedance of left arm, right arm, trunk, right leg and left
244 leg were measured at six frequencies (1, 5, 50, 250, 500, and 1000 kHz). Based on the
245 aforementioned impedances, the system automatically produced information of body
246 composition, which included 20 parameters, such as intracellular water, extracellular
247 water, total body water, soft lean mass, fat free mass, weight, skeletal muscle mass,
248 body fat mass, percent body fat, waist-hip ratio, right arm, left arm, trunk, as well as
249 right leg, left leg, visceral fat area, body cell mass, bone mineral content, basal
250 metabolic rate, arm circumference and arm muscle circumference.

251

252 **Liver biopsy**

253 Liver biopsies were performed using a 16-gauge needle under ultrasound guidance as
254 previous described.(21) All liver biopsy specimens were interpreted by an
255 experienced pathologist from each center. Diagnostic criteria for NAFLD were the
256 evidence of steatotic hepatocytes >5% on histology. NASH was diagnosed only when
257 the NAFLD activity score (NAS) was ≥ 4 and each component of its three histological
258 features (i.e. steatosis, ballooning and lobular inflammation) was ≥ 1 .(22) Liver
259 fibrosis stage was graded from 0 to four, according to the Brunt's histologic criteria.

260

261 **Development of the LEARN algorithm**

262 An experienced AI team used neural network algorithms to build a prediction model
263 that provided clinicians with an individual's probability of having NASH. As shown in
264 the **Figure 2**, the data from our 766 patients with biopsy-proven NAFLD were first

265 subdivided randomly into a training set (613 patients) and a validation set (153
266 patients), in a 4:1 ratio. The data included in the LEARN algorithm included age, sex,
267 diabetes and hypertension status, as well as 20 body composition parameters obtained
268 by BIA. The MLA process is currently the subject of a patent application. In
269 particular, we normalized processing, and inputted these data to the input layer
270 composed of the full connection network. In this layer, we further analyzed the 20
271 body composition parameters. Each parameter was automatically assigned to a
272 different weight in the neural network model, and the best choices of the first six body
273 composition information parameters (i.e., arm circumference, body fat percentage,
274 bone mineral content, basal metabolic rate, body cell mass and visceral fat area) for
275 prediction of NASH were selected after the method of exhaustion (as shown in
276 **Figure 2**). The six body composition parameters along with age, sex, and prior history
277 of diabetes or hypertension were re-sent into the input layer, to extract the feature
278 matrix. The feature matrix was then inputted into the residual network layer,
279 composed of four residual modules, which can also be called the hidden layer. Each
280 fully connected residual module consists of three fully connected modules and
281 residual structure. The first two fully connected modules include the fully connected
282 layer, the batch normalization layer and the Tanh activation function, and the last
283 module removes the activation function compared with the previous two modules. A
284 single fully connected residual module may be expressed as:

$$285 \quad x_m = F(x, \{W_1, W_2, W_3\})$$

$$286 \quad y = Dropout(Tanh(x_m + x))$$

287 where x is the input feature, y is the output feature, W indicates the weight of the
288 fully connected module and F indicates the combination of three fully connected
289 modules. For the feature x of the input fully connected residual module, the module
290 firstly uses three fully connected modules to extract feature successively to generate
291 intermediate feature x_m . Then add x as residuals to x_m , and use the Dropout
292 function to generate y after Tanh activation. Four fully connected residual modules
293 can increase the depth of the model while suppressing the disappearance of gradient,
294 thus improving the performance of the model. Finally, the extracted features are
295 inputted into the output layer, composed of the fully connected network and softmax
296 activation function, to calculate the probability of having NASH.

297

298 **Other widely used non-invasive NASH scores**

299 As liver biopsy can be fraught with major acute complications, there are some widely
300 used non-invasive scores for diagnosing NASH, such as ION, HAIR, NICE and
301 model, which are based on combinations of laboratory indicators and metabolic
302 factors.(23-25) In particular, these three non-invasive NASH scores can be calculated
303 as follows:

304 *The index of NASH (ION)* = $1.33 \text{ waist-to hip ratio} + 0.03 \times \text{triglycerides (mg/dl)} +$

305 $0.18 \times \text{ALT (U/L)} + 8.53 \times \text{HOMA-IR} - 13.93$ in men; $0.02 \times \text{triglycerides (mg/dl)} +$

306 $0.24 \times \text{ALT (U/L)} + 9.61 \times \text{HOMA-IR} - 13.99$ in women.

307 *The NICE model* = $-5.654 + 3.780\text{E-}02 \times \text{ALT (IU/L)} + 2.215\text{E-}03 \times \text{CK18 fragment}$

308 $(\text{IU/L}) + 1.825 \times (\text{presence of metabolic syndrome} = 1)$

309 *The HAIR score* was calculated by adding hypertension =1, ALT > 40 U/L = 1, and
310 HOMA-IR index > 5.0 = 1 for each patient (0–3).

311

312 **Statistical analysis**

313 Continuous and categorical data were expressed as means \pm standard deviations, and
314 medians (1st quartile, 3rd quartile), or proportions, respectively. For the purpose of
315 determining statistical differences between the training and the validation groups, the
316 unpaired Student's t-test (for normally distributed continuous data), the Mann-
317 Whitney U-test (for non-normally distributed continuous data) and the chi-square test
318 (for categorical variables) were used. PASS15 was used to estimate the sample size.

319 The area under ROC curve was 0.80, $\alpha=0.05$ (bilateral), $\beta=0.1$ (test efficiency was
320 0.9), and the ratio between groups was 3:2. It was found that a minimum of 42
321 subjects, including 25 patients and 17 controls, needed to be enrolled. A sample size
322 of 776 is completely sufficient. The process of establishing the deep neural network
323 algorithm (the LEARN algorithm) was summarized in **Figure 2**. The area under the
324 receiver operating characteristic (AUROC) curve was calculated to evaluate the
325 discrimination of the machine learning intelligent diagnostic model. Cut-off values for
326 the diagnosis of NASH were identified in the training group, corresponding to 90%
327 sensitivity and 90% specificity, respectively. At the same time, the specificity,
328 sensitivity, negative predictive value (NPV), positive predictive value (PPV) and the
329 gray zone were also calculated corresponding to each cut-off value in the training and
330 validation groups. Statistical significance was two sided, set at p-value less than 0.05.

331 All statistical tests were performed by R (<http://www.r-project.org>) and SPSS version
332 22.0 (SPSS Inc).

333

334 **Results**

335 **Patient characteristics**

336 A total of 766 Chinese adult patients with biopsy-confirmed NAFLD from six
337 hospitals were randomly assigned to the training (n = 613) and validation groups (n =
338 153) in a ratio of 4:1. As shown in **Table 1**, there were no statistical differences in
339 demographic and biochemical measurements, body composition data, as well as other
340 widely used non-invasive NASH scores (ION, HAIR, NICE model) and individual
341 features of liver histology between the two groups. It is worth noting that a complete
342 body composition examination report included 20 parameters, involving also skeletal
343 muscle mass and abdominal fat area. However, due to the loss of data during the
344 collection process, some patient's body composition examination reports were
345 incomplete and reported between 12 and 19 measurements, which we referred to as
346 subjects with partial missing data on body composition (PMBC). The baseline
347 clinical, biochemical and BIA characteristics of patients stratified by those without
348 missing BIA data (WMBC) (n=690) and those with partial missing BIA data (PMBC)
349 (n=76) are summarized in **supplementary Table 1**. **Supplementary Table 2** shows
350 the baseline characteristics of patients with biopsy-proven NAFLD, stratified by
351 NASH or non-NASH, both in the training and validation groups. Compared with
352 those with non-NASH, patients with NASH differed in terms of age, BMI, percent

353 body fat, visceral fat area, fasting glucose, plasma lipid profile and serum
354 transaminases. Notably, LEARN algorithm, ION, HAIR, and NICE model, as well as
355 histological stages of fibrosis also significantly differed between NASH or non-
356 NASH patients, both in the training or validation groups.

357

358 **LEARN algorithm development**

359 As shown in **Figure 2**, we have developed a novel and automatic machine learning
360 model, called the LEARN algorithm, which included age, sex, prior hypertension,
361 prior diabetes, as well as six body composition parameters (namely arm
362 circumference, percent body fat, bone mineral content, basal metabolic rate, body cell
363 mass and visceral fat area). Biochemical parameters were not included in the LEARN
364 algorithm. The individual probability of having NASH was calculated via the LEARN
365 algorithm. For example, for a patient who has undergone BIA-based measurements of
366 body composition and who provides data on age, sex, and prior history of
367 hypertension or diabetes, it is possible to calculate her/his probability of having
368 NASH.

369

370 **Diagnostic performance of LEARN algorithm in the training and validation** 371 **groups**

372 The AUROC for LEARN algorithm in the training and validation groups were 0.81
373 (95%CI: 0.77-0.84) (**Figure 4a**), and 0.80 (95%CI: 0.73-0.87) (**Figure 4c**),
374 respectively. In both patient groups, the LEARN algorithm performed well for

375 diagnosing NASH. To more accurately identify NASH, we chose 0.492 (sensitivity =
376 0.90) and 0.531 (specificity = 0.91), as dual cut-off values in the training group
377 (**Figure 4b**). As shown in **Table 2**, when we chose these two cut-off values obtained
378 by the LEARN algorithm, there was a NPV of 0.70 to rule out NASH and a PPV of
379 0.93 to rule in NASH in the training group, respectively. Similarly, in **Figure 4d** and
380 **Table 2**, when we used the same dual cut-off values in the validation group, the cut-
381 off values of 0.492 (sensitivity = 0.91) and 0.531 (specificity = 0.89) gave a NPV of
382 0.71 to rule out NASH and a PPV of 0.90 to rule in NASH in the training group,
383 respectively. The diagnostic efficiency in the validation group also showed the same
384 level of discrimination as that in the training group. Also, **Figure 3** shows the
385 boxplots of the LEARN algorithm vs. histopathological severity of NAFLD in the
386 training group. We observed that the prediction probability, as calculated by the
387 LEARN algorithm, increased progressively with the histological severity of lobular
388 inflammation, ballooning, steatosis and presence of definite NASH.

389

390 **Subgroup analyses**

391 We tested the diagnostic performance of the LEARN algorithm in different patient
392 subgroups, in both training and validation groups. As shown in **Table 3**, the LEARN
393 algorithm performed well in all subgroups both in the training group and in the
394 validation group, regardless of sex, age, serum ALT levels and the presence or
395 absence of liver fibrosis, hypertension, diabetes, or obesity (AUROCs ranging from
396 0.77 to 0.82). In particular, it should be noted that the LEARN algorithm performed

397 well among patients with or without liver fibrosis (AUROCs ranging from 0.77 to
398 0.83), in both the training and validation groups.

399

400 **Diagnostic performance of the LEARN algorithm vs. other widely used non-** 401 **invasive scores or biomarkers for NASH**

402 As shown in **Table 4**, the LEARN algorithm showed a better diagnostic performance
403 for identifying NASH (AUROC 0.80, 95%CI: 0.77-0.84) compared with other non-
404 invasive NASH scores and the biomarker CK-18 M30. The AUROCs of these non-
405 invasive scores or biomarkers were all less than 0.75 in the whole cohort; in
406 particular, serum CK-18 M30 had an AUROC 0.73 (95%CI: 0.69-0.77); HAIR, 0.63
407 (95%CI: 0.59-0.67); ION, 0.67 (95%CI: 0.63-0.72); and the NICE model, 0.73
408 (95%CI: 0.69-0.77).

409

410 **Diagnostic performance of the LEARN algorithm in the PMBC group**

411 As shown in **supplementary Table 1**, there were 76 NAFLD patients with PMBC in
412 the whole cohort. In order to improve the applicability of the LEARN algorithm in the
413 real world where incomplete BIA data may occur, we adopted the strategy of
414 replacing partially missing data of BIA values by mean values for the group.

415 **Supplementary Table 3** shows that the diagnostic performance of the LEARN
416 algorithm in the PMBC group, and the AUROC was 0.82 (95%CI: 0.72-0.92). As

417 shown in **Supplementary Figure 1**, in the PMBC group, the LEARN algorithm

418 showed a greater AUROC compared with ION and HAIR for predicting NASH. The

419 diagnostic performance of the LEARN algorithm in the PMBC group also performed
420 well despite partially missing data.

421

422 **Discussion**

423 In this large cross-sectional multicenter study, we have developed a novel, fully
424 automatic MLA, referred to as the LEARN algorithm (patent-pending,
425 2021110501603) to non-invasively diagnose NASH. For patients with biopsy-proven
426 NAFLD who undergo impedance-based measures of body composition and provide
427 simple information on age, sex, diabetes status and hypertension, it is possible to
428 predict their probability of having NASH on histology with acceptable certainty. Our
429 newly developed LEARN algorithm performed well in both the training and
430 validation groups, and across a range of clinically relevant subgroups of patients. To
431 our knowledge, this is the first multicenter study to develop a prediction model based
432 on body composition, for non-invasively identifying NASH.

433

434 Besides clinical features of the metabolic syndrome (including hypertension and
435 diabetes), there are other risk factors for a faster progression of NAFLD to NASH. A
436 large number of studies suggested that body composition may be different in NAFLD
437 from that in people without NAFLD, and that there is metabolic dysfunction in
438 NAFLD.(16-19) Increased dietary calorie intake and lack of physical exercise may
439 increase the amount of adipose tissue, and accumulation of fat mass may induce
440 insulin resistance and exacerbate liver damage in NAFLD.(26-28) Otgonsuren et al.

441 showed that anthropometric measures, such as arm circumference and body fat
442 percentage, were significantly higher in NAFLD than in non-steatotic controls.(29)
443 Ko et al. found that ultrasound-detected NAFLD was associated with higher BMI,
444 larger waist circumference, and greater body fat mass, through a large sample analysis
445 involving 2,759 participants.(30) Idilman et al. showed that visceral adipose tissue
446 alone could be a modest risk factor for predicting NASH (AUROC, 0.64).(31) In
447 addition, arm circumference, percent body fat, BMI, waist circumference, visceral
448 adipose tissue, skeletal muscle mass (sarcopenia) may be also risk factors for greater
449 NAFLD severity.(32) Filip et al. reported that osteoporosis (as measured by bone
450 mineral content) may also increase the risk of NAFLD.(33) In our study, the LEARN
451 algorithm highlights the utility of body composition measurements for the diagnosis
452 of NASH and this algorithm may help in reducing the number of unnecessary liver
453 biopsies for diagnosing NASH. The value of impedance-based measurements of body
454 composition may also be even greater if the full cost of liver biopsies is to be taken
455 into account (allowing for biopsy-associated complications).

456

457 Prediction models lacking transparency and predictability have the potential to cause
458 harm. Our research overcomes this shortcoming. Choosing machine-learning models
459 with high transparency rather than black box models, with high decision-making risk
460 is preferred. Our study uses the classical algorithm of deep learning to develop a new
461 deep neural network for processing big data that includes impedance-based
462 measurements of body composition. In the LEARN algorithm, residual networks were

463 used to prevent gradient disappearance and strengthen the ability of the deep neural
464 network to extract features, thus improving the classification performance of the deep
465 neural network; the dropout method was used to address the over-fitting issue and
466 improve the generalization ability of the deep neural network; fully connected layers
467 were added to analyze the relationship between features more clearly and intuitively,
468 and reduce the influence of feature position on classification. Finally, we re-cycled the
469 residual network to further improve the non-linear expression ability and complexity
470 of the deep neural network. By following this design approach, the LEARN algorithm
471 was optimized.

472

473 It is important to underline that in our study we included not only NAFLD patients
474 with elevated serum transaminase levels, but also those without normal serum
475 transaminases who had evidence of hepatic steatosis at recruitment as diagnosed by
476 imaging techniques. For the LEARN algorithm, we used double cut-off points to
477 identify NASH, as shown in **Figure 4** and **Table 2**. For the purpose of excluding
478 NASH, a lower cut-off value was chosen. For diagnosing NASH, a higher cut-off
479 point was selected. For the LEARN algorithm, the lower cut-off value of 0.492
480 showed a high sensitivity (90%) and a NPV of 0.70, while the upper cut-off value of
481 0.536 showed similar specificity (90%) and a PPV of 0.93 in the training and
482 validation groups.

483

484 The choice of cut-off values conducive to optimum sensitivity or specificity depends

485 on the purpose of detection. Shown in **Table 2**, there is a gray zone of 39% when dual
486 cut-offs were used to identify NASH. However, it should be noted that there is always
487 a “gray zone” for all non-invasive tests that use two cutoff thresholds.(34) On the
488 other hand, approximately 60% of NAFLD patients were able to avoid liver biopsies
489 using our LEARN algorithm when dual cut-offs were chosen.

490

491 Currently, treatment of NASH is a major focus of drug development
492 worldwide.(35,36) Early, non-invasive identification of NASH for possible drug
493 treatment will be an important medical challenge in the next few years. However,
494 patients with NAFLD, especially those with normal serum ALT levels, and those who
495 are nonobese or do not have diabetes are often ignored in further assessment of
496 NAFLD severity. Therefore, we have also analyzed the diagnostic performance of our
497 newly proposed LEARN algorithm in identifying NASH in different patient
498 subgroups, stratified by obesity, diabetes or serum ALT levels (**Table 3**). Interestingly,
499 our LEARN algorithm performed well in the non-obese, non-diabetic, or serum
500 normal or abnormal ALT ($ALT > 40$ U/L) subgroups, in both the training and
501 validation groups. Importantly, NASH patients with or without fibrosis did not
502 influence the diagnostic performance of the "LEARN" algorithm. Both in the training
503 and the validation groups, the diagnostic performance of the "LEARN" algorithm was
504 above 0.75 among patients with or without liver fibrosis. In the whole cohort, we also
505 compared the diagnostic performance of LEARN algorithm, serum CK-18 M30 level,
506 HAIR, ION and NICE models in identifying NASH, and found that these latter non-

507 invasive scores had moderate accuracy in our cohort, although this finding might be
508 partially affected by differences in the prevalence of NASH among different study
509 populations.(24,25,37,38) As shown in **Table 4**, the diagnostic performance of the
510 LEARN algorithm in identifying NASH had an AUROC of 0.80, which is
511 significantly better than other non-invasive NASH scores mentioned above.

512

513 In our study, PASS15 was used to estimate the sample size. Each patient was
514 examined for body composition by professionally trained personnel at each center in
515 accordance with uniform operating instructions, and the data were extracted at each of
516 the 6 participating sites by trained data collectors and compiled into spread sheets.
517 Then an experienced AI team used neural network algorithms to build a prediction
518 model that provided clinicians with an individual's probability of having NASH as
519 described above.

520

521 Our BIA data were extracted at each of the 6 participating sites by trained data
522 collectors and compiled into spread sheets. The data collection process was checked
523 repeatedly, to reduce the chance of document errors. However, some of our patient's
524 body composition examination reports were incomplete and reported between 12 and
525 19 measurements, which we referred to as subjects with 'partial missing BIA data'.
526 We did not exclude these subjects from the analysis in order to improve the utility of
527 our LEARN algorithm in the real world. In the process of building the LEARN
528 algorithm, the artificial intelligence algorithm has used an average value to replace

529 missing data for those patients who had ‘partial missing BIA data’. Specially, we
530 adopted the strategy of replacing PBMC group values by mean values, as this can
531 improve the utility of the LEARN algorithm in the real world where missing data is
532 relatively common. In the PMBC group, the diagnostic performance for identifying
533 NASH performed well with an AUROC of 0.82.

534

535 There are some important limitations that should be mentioned. Firstly, the
536 participants were all Chinese of Han ethnicity, so our results might not be applicable
537 to other ethnic groups. Secondly, when comparing results from our cohort with other
538 published studies that used non-invasive scores or biomarkers for diagnosing NASH,
539 the heterogeneity between studies might at least in part contribute to the different
540 diagnostic performances of these non-invasive tests for NASH (e.g., serum CK-18
541 M30 level, HAIR, ION, NICE models). Specially, the HAIR score system is a non-
542 invasive score for predicting NASH based on hypertension, ALT levels and insulin
543 resistance. When the score is ≥ 2 , the AUROC for predicting NASH is 0.9, and the
544 sensitivity and specificity are 80% and 89%, respectively. However, this model is
545 currently only applicable to patients with BMI > 35 kg/m².(23) So the applicability is
546 not widespread. In our study, the Han- population was mainly included, and BMI
547 generally concentrated in 24-29 kg/m². Therefore, HAIR had a low AUROC in this
548 study. Finally, there was a “gray zone” and 39% patients couldn’t be identified with
549 NASH or NAFL. This latter problem is a common limitation for all non-invasive tests
550 where two cut-off thresholds are used.(39) In addition, a two-step approach has been

551 also recently reported. By using this two-step approach, patients in the “gray zone”
552 were re-evaluated in combination with other non-invasive diagnostic tests and the
553 need for liver biopsy was reduced significantly without much effect on the percentage
554 of misclassifications.(40) In future studies, we will evaluate whether the combination
555 of our LEARN algorithm with other non-invasive NASH scores contributes to the
556 improved stratification of severity of NAFLD.

557

558 In conclusion, we have developed a fully automatic LEARN algorithm utilizing
559 impedance-based measurements of body composition along with age, sex, and prior
560 history of hypertension or diabetes, which shows good predictive ability for non-
561 invasively identifying NASH in a large multi-center study across China. Our results
562 suggest that routine measurement of body composition for the assessment of patients
563 with NAFLD may be helpful in staging severity of liver disease and identification of
564 NASH.

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692 **Table Legends**

693 **Table 1.** Baseline characteristics of patients with biopsy-proven NAFLD.

694 **Table 2.** Diagnostic performance of the LEARN algorithm.

695 **Table 3.** Diagnostic performance of LEARN algorithm in different patient subgroups.

696 **Table 4.** Pairwise comparisons between AUROCs for the LEARN algorithm and

697 other non-invasive NASH scores or biomarkers for identifying NASH.

698 **Supplementary Table 1.** Baseline characteristics of patients with or without partial

699 missing data of body composition.

700 **Supplementary Table 2.** Baseline characteristics of patients, stratified by NASH or

701 non-NASH on histology in the training or validation groups.

702 **Supplementary Table 3.** Diagnostic performance of LEARN algorithm in groups of

703 patients with or without partial missing data of body composition.

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714 **Figure Legends**

715 **Figure 1.** Flowchart of the study.

716 **Figure 2.** Flowchart of the deep neural network algorithm for prediction of NASH
717 (namely the LEARN algorithm).

718 Input layer: input the normalized data into this layer consisting of four modules. First,
719 a Full Connected (FC) layer, to synthesize the features extracted from the previous
720 section. Second, a Batch Normalization (BN) layer, to simplify the calculation and
721 make the data retain its original expression ability as far as possible after the
722 normalization processing. Third, Tanh function, a nonlinear function to help machines
723 learn complex mappings. Last, the Dropout layer, reducing overfitting, extract a
724 matrix containing 1536 features. Hidden layer: the matrix containing 1536 features is
725 input into this layer, and the data needs to be looped four times through the residual
726 module. Output layer: the output layer is consisted of a FC layer and a Softmax
727 function. Through the Softmax function, we can map the output values to the interval
728 (0, 1) for the final classification.

729 **Figure 3.** Boxplot of the LEARN algorithm versus histopathological severity of
730 NAFLD in the training group: (a) steatosis grade, (b) ballooning grade, (c) lobular
731 inflammation grade, and (d) presence of definite NASH.

732 **Figure 4.** Diagnostic performance of LEARN algorithm and sensitivity, specificity of
733 the dual cut-off values in the training and validation groups. (a, b) training group;(c,
734 d) validation group. *Abbreviations:* LEARN algorithm: deep neural network model for
735 identifying nonalcoholic steatohepatitis.

736 **Supplementary Figure 1.** Pairwise comparison of ROC curves between the deep
737 neural network model for identifying NASH (LEARN algorithm) and ION and HAIR
738 models in the group of patients with partial missing data of body composition.