# **Appendix E: Information sheet to FGD Participants**

**Study Title: Improved Nutrition Preconception, during Pregnancy and Postpartum: INPrePᵌ**

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**ERGO number: 47290**

INTRODUCTION

Good day my name is \_\_\_\_\_\_\_\_\_\_\_\_. I am a researcher working with the xxxxx Research Centre. This study is taking place in the xxxxxxx districts to identify the key concerns of your community around child and maternal health.

You are being invited to participate in this study as a member of the community. Before you agree to participate in this study, you need to fully understand what is asked of you and to be sure you are completely happy with what is involved. If you do not understand the information or have any other questions, feel free to ask.

PURPOSE OF THE STUDY AND YOUR PARTICIPATION

If you decide to participate in the study, you will be asked to answer a few questions about your income, and family status. You will also be asked to participate in a group interview with other members of your community. The group interview will be audio recorded, and the research team will listen to what you and others have said so that we can understand more about what the community thinks are the most important health issues. The audio tapes will be transcribed by the researcher and will be used for this research study. Transcripts may be reproduced in whole or in part for use in presentations or written products that result from this study.

CONFIDENTIALITY

You will not be expected to share personal information like your name. This means that anything that is used from what you say during the study cannot be linked back to you by the researchers. But, because you will be participating alongside others in this exercise we cannot guarantee that the information you give us will remain confidential as this information will be shared with the other participants.

Neither your name nor any other identifying information will be connected with the recording or the transcript.

You will not be identified by name in any of the reports or publications of this study or its results.

The information that is collected will be used for educational and scientific purposes related to this study and will be stored in a locked office at the xxxxxxx Research Centre during the study. Audio recordings will be stored in a locked office at the xxxxxxxx Research Centre for a minimum of two years after publications resulting from the study or 6 years in the absence of publication.

POTENTIAL BENEFITS

There are no direct benefits to you from this study.

COSTS AND COMPENSATION

There is no cost to you for being in this study. However, transport will be provided on the day of the exercise, or if you use your own transport, the costs will be reimbursed to you.

AS A PARTICIPANT

Taking part in this study is completely your choice. You can stop participating in the study at any time, even if you have already agreed to participate. Please remember that you are also free to skip over any question you do not want to answer or you may decide to remain quiet in some parts of the exercise. You can also stop answering questions at any time or participating in the exercise even if you have already begun. By agreeing to participate you must feel comfortable with the exercise being audiotaped and if you are not comfortable with this you can choose not to participate without any negative repercussions.

If you have any questions about the study, you can ask the fieldworker who gave you this form or you can contact the qualitative lead, xxxxxxxxxxxxxx by email: xxxxxxxxxxxxxxx or phone: xxxxxxxxxxxxxx or the site principal investigator xxxxxxxxxxx.

This study was reviewed and approved by the xxxxxxxxxxxxxx Research Centre Institutional Review Board. If you would like to find out more about the study, you may contact the chairman:

Chairman details