



# Multimomics links global surfactant dysregulation with airflow obstruction and emphysema in COPD

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**Multimomics demonstrates global surfactant dysregulation in COPD, associating with emphysema and airway obstruction severity. These findings frame the need for future studies to explore the potential for novel surfactant-targeting therapeutics.** <https://bit.ly/3TVUDB8>

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## Abstract

**Rationale** Pulmonary surfactant is vital for lung homeostasis as it reduces surface tension to prevent alveolar collapse and provides essential immune-regulatory and antipathogenic functions. Previous studies demonstrated dysregulation of some individual surfactant components in COPD. We investigated relationships between COPD disease measures and dysregulation of surfactant components to gain new insights into potential disease mechanisms.

**Methods** Bronchoalveolar lavage proteome and lipidome were characterised in ex-smoking mild/moderate COPD subjects (n=26) and healthy ex-smoking (n=20) and never-smoking (n=16) controls using mass spectrometry. Serum surfactant protein analysis was performed.

**Results** Total phosphatidylcholine, phosphatidylglycerol, phosphatidylinositol, surfactant protein (SP)-B, SP-A and SP-D concentrations were lower in COPD *versus* controls ( $\log_2$  fold change ( $\log_2$ FC)  $-2.0$ ,  $-2.2$ ,  $-1.5$ ,  $-0.5$ ,  $-0.7$  and  $-0.5$  (adjusted  $p < 0.02$ ), respectively) and correlated with lung function. Total phosphatidylcholine, phosphatidylglycerol, phosphatidylinositol, SP-A, SP-B, SP-D, napsin A and CD44 inversely correlated with computed tomography small airways disease measures (expiratory to inspiratory mean lung density) ( $r = -0.56$ ,  $r = -0.58$ ,  $r = -0.45$ ,  $r = -0.36$ ,  $r = -0.44$ ,  $r = -0.37$ ,  $r = -0.40$  and  $r = -0.39$  (adjusted  $p < 0.05$ )). Total phosphatidylcholine, phosphatidylglycerol, phosphatidylinositol, SP-A, SP-B, SP-D and NAPSA inversely correlated with emphysema (% low-attenuation areas):  $r = -0.55$ ,  $r = -0.61$ ,

$r = -0.48$ ,  $r = -0.51$ ,  $r = -0.41$ ,  $r = -0.31$  and  $r = -0.34$ , respectively (adjusted  $p < 0.05$ ). Neutrophil elastase, known to degrade SP-A and SP-D, was elevated in COPD *versus* controls ( $\log_2FC$  0.40, adjusted  $p = 0.0390$ ), and inversely correlated with SP-A and SP-D. Serum SP-D was increased in COPD *versus* healthy ex-smoking volunteers, and predicted COPD status (area under the curve 0.85).

**Conclusions** Using a multiomics approach, we demonstrate, for the first time, global surfactant dysregulation in COPD that was associated with emphysema, giving new insights into potential mechanisms underlying the cause or consequence of disease.

## Introduction

COPD is a leading cause of morbidity and mortality worldwide. There is still much to be understood about the mechanistic processes underlying its pathology and it drives such an important unmet clinical need [1–4]. Pulmonary surfactant homeostasis is critical to healthy lung function as it coats the air–liquid interface which reduces surface tension and prevents alveolar collapse at end-expiration [5, 6]. Tightly controlled synthesis, secretion and subsequent recycling of surfactant are key to facilitate these essential functions. Emphysematous changes in COPD and loss of alveolar type II (AT2) cells, which produce surfactant, may lead to disrupted surfactant synthesis and homeostasis, and require study.

Pulmonary surfactant is comprised of ~90% lipids and 10% proteins. Phosphatidylcholine (PC) accounts for >80% of surfactant lipids, with phosphatidylglycerol (PG) for ~15%, and the remainder is phosphatidylethanolamine, phosphatidylinositol (PI), sphingomyelin and other lipids [7–10]. Surfactant proteins (SP)-B and SP-C are small hydrophobic proteins with essential biophysical roles in surfactant packaging, recycling and maintaining surfactant structure [5, 11]. SP-B is essential for reducing surface tension and its production is regulated by napsin A [11, 12]. SP-C regulation is not fully understood, but SP-B, cathepsin H (CTSH) and Nedd4 have been suggested to facilitate its production [13–15]. In contrast, SP-A, composed of SP-A1 and SP-A2, and SP-D are large, soluble, innate immune defence molecules with essential immunomodulatory and homeostatic lung functions [16–20]. These prevent infection and help clear bacterial, viral and fungal pathogens, whilst preventing aberrant inflammation and damage to the delicate epithelial–endothelial barrier [19–22].

Surfactant dysregulation may play a role in the pathological processes underlying COPD through changes in alveolar tension and development of emphysema [23]. In addition, SP-D, specifically, has long been known to be deficient in COPD, which may predispose to both exacerbations and inflammatory processes [24]. However, there are contradicting reports around pulmonary levels of SP-A in COPD, and levels of SP-B and SP-C remain to be fully elucidated [25–27]. A recent study reported surfactant lipids to be in lower abundance in a small cohort of COPD subjects as compared with nonsmoking controls [28]; however, the impact of disease on surfactant in the absence of current smoking remains to be elucidated. We used an unbiased comprehensive multiomics approach to characterise proteome and lipidome differences in bronchoalveolar lavage fluid (BAL) in well-characterised COPD subjects and healthy ex-smoking controls to better understand surfactant dysregulation in COPD and glean insights about potential mechanisms underlying the cause or consequence of disease.

## Methods

### Subjects

The MICA II study recruited subjects with mild or moderate COPD [29], alongside healthy ex-smoking volunteers (HV-ES); all had  $\geq 10$  pack year history, but had stopped smoking  $\geq 6$  months prior to enrolment [30–33]. Healthy volunteer never-smokers (HV-NS) were also recruited. All MICA II study subjects with recovered BAL supernatants suitable for proteomic and lipidomic analysis were included in this study (demographics given in table 1). Total subject numbers per group, therefore, differ slightly from previous publications on the MICA II study. Further details about this cohort have previously been reported [30–33]. Matched serum was also used for complementary proteomic analysis. This included both participants within the main cohort and some additional participants who were removed from the study prior to bronchoscopy due to numerous reasons, including subject request, not being suitable for bronchoscopy or not fitting the inclusion criteria as set out in the methodology (demographics given in table S1). Subjects were recruited from a combination of sources, including established research databases held within the University Hospital Southampton, contact by clinicians involved or aware of the study within the hospital and local healthcare facilities, and through subjects responding to study adverts/posters. All subjects gave written informed consent. The study was approved by National Research Ethics Service South Central – Hampshire A and Oxford C Committees (LREC no: 15/SC/0528).

As previously described, all subjects underwent volumetric computed tomography (CT) chest scans in full inspiration and maximum expiration using a Siemens Sensation 64 scanner [32]. Low-attenuation areas

TABLE 1 Demographics of healthy volunteer ex-smoker (HV-ES) controls compared with COPD

	Control			COPD	p-value (HV-ES versus COPD)
	HV-NS	HV-ES	p-value (HV-NS versus HV-ES)		
Subjects <sup>#</sup>	16	20		26	
Males/females	9/7	11/9	0.9402	20/6	0.1159
Age, years	63.5 (9.5)	67.5 (6.75)	0.0871	70.0 (9.75)	>0.9999
Smoking exposure, pack-years	0.1 (1.6)	25.0 (18.6)	<0.0001	40.5 (37.8)	0.3009
BMI, kg·m <sup>-2</sup>	27.6 (4.6)	27.7 (3.6)	>0.9999	28.5 (5.4)	>0.9999
FEV <sub>1</sub> , % of predicted	104.5 (13.5)	100.5 (11.75)	>0.9999	74.0 (14.75)	<0.0001
FEV <sub>1</sub> /FVC ratio	79.5 (5.0)	77.5 (4.5)	0.8400	58.5 (15.0)	<0.0001
T <sub>LCO</sub> , % of predicted	95.5 (15.5)	89.5 (9.25)	0.9127	73.0 (23.0)	0.0196
HRCT %LAA	5.32 (4.165)	5.86 (4.98)	0.8877	11.96 (8.68)	0.0062
HRCT E/I MLD	0.800 (0.048)	0.800 (0.060)	>0.9999	0.870 (0.080)	0.0034
ICS use, n (%)	0 (0)	0 (0)		14 (53.65)	<0.0001
Bronchodilator use, n (%)	0 (0)	1 (5.00)	0.3681	20 (76.92)	<0.0001

Data are presented as median (interquartile range) unless otherwise indicated. Statistical testing performed using Chi-squared test for categorical variables (sex: male or female) and Kruskal–Wallis with Dunn's *post hoc* test for continuous variables (all other variables). This table is similar to other research previously reported in the MICA II population [30–33]. HV-NS: healthy volunteer ex-smoker; BMI: body mass index; FEV<sub>1</sub>: forced expiratory volume in 1 s; FVC: forced vital capacity; T<sub>LCO</sub>: transfer factor of the lung for carbon monoxide; HRCT: high-resolution computed tomography; %LAA: % low-attenuation areas; E/I MLD: expiratory to inspiratory mean lung density; ICS: inhaled corticosteroids. <sup>#</sup>: N=62.

(LAAs) below −950 Hounsfield units (%LAA) was calculated as a measure of emphysema and prebronchodilator, single-breath diffusion was performed, as per guidelines, with percent predicted transfer coefficient of the lung for carbon monoxide (T<sub>LCO</sub>) calculated. A surrogate marker for small airways disease was measured using the ratio of expiratory to inspiratory mean lung density (E/I MLD) scans.

### Sample collection

Sampling was undertaken using fiberoptic bronchoscopy and BAL was recovered and processed as previously described [30, 31]. Macrophages were sorted by flow cytometry using forward scatter width and forward scatter area, and subsequently CD45, CD163 and human leukocyte antigen-DR expression. Serum was isolated from blood as previously described [34].

### Experimental design of analysis

The three groups and other statistically modelled covariates (*e.g.* age and gender) were balanced through statistical D-optimal block design *via* the `optBlock()` function in the `AlgDesign` library in R. Each tandem mass tag (TMT) 11-plex contained all three groups and balance was achieved across the 10 plexes.

### Proteomics and lipidomics

BAL supernatants were processed using an S-Trap-based method (protifi.com). Proteins were digested with trypsin/lysC (Promega). Resulting peptides were desalted and subjected to TMT (Thermo Fisher Scientific) labelling for 11-plex TMT analysis, according to the manufacturer's instructions. Liquid chromatography–tandem mass spectrometry (LC-MS/MS) analysis was carried out on a Q Exactive HF-X (Thermo Fisher Scientific) mass spectrometer interfaced with a Dionex 3000 RSLCnano (acquisition parameters outlined in supplementary methods). Data analysis was undertaken with Proteome Discoverer 2.3 (Thermo Fisher Scientific) and Mascot (version 2.6.0) using the latest Uniprot human protein database (search parameters outlined in supplementary methods). Total protein levels were consistent across BAL samples and no outliers were observed before normalisation. Protein quantitation was analysed using Perseus software version 1.6.15.0 and protein abundances were normalised to total protein levels [35, 36].

Serum was depleted with HighSelect Top14 Abundant Protein Depletion Resin and digested using the EasyPep 96 MS Prep Kit (Thermo Fisher Scientific), according to manufacturers' instructions. Serum analysis was undertaken by data-independent acquisition (DIA) on an Exploris 480 mass spectrometer interfaced with a Dionex 3000 RSLCnano (Thermo Fisher Scientific) and DIA analysis was performed with Spectronaut v15 (Biognosys) (sample processing, acquisition and analysis parameters outlined in supplementary methods).

Lipid extraction from BAL supernatants were performed using a modified Maytash method [37]. LC-MS/MS analysis was performed on a Vanquish UHPLC–Orbitrap ID-X Tribrid MS (Thermo Scientific).

Lipidomic data was analysed using MS-DIAL version 4 [38]. Detailed parameters of lipidomic experiments performed by LC-MS/MS and data analysis are outlined in supplementary methods.

SP-D ELISA was performed to confirm mass spectrometry results using a rabbit polyclonal anti-recombinant fragment of human SP-D capture antibody and biotinylated mouse anti-human SP-D (Hyb246-04) detection antibody, with streptavidin–horseradish peroxidase [39]. Quantification was through comparison with a recombinant full length human SP-D standard [40].

### Bioinformatic and statistical analysis

We fitted a linear model separately for each lipid and lipid class, and a linear mixed model for each protein, to understand differences between COPD and control cohorts, while accounting for effects of age, sex and experimental design. For participants with two BAL samples, the average of the two samples per subject was taken prior to constructing and fitting the models. The model for any lipid was specified as:

$$y_{jk} = \mu_j + \beta_1 \times \text{age}_k + \beta_2 \times \text{sex}_k + e_{jk}$$

where  $y_{jk}$  was the log<sub>2</sub>-transformed abundance or composition of the lipid, the  $j$ th group (COPD, HV-ES or HV-NS) and the  $k$ th subject (of a certain age and sex).  $e_{jk} \sim N(0, \sigma_e^2)$  denoted subject-to-subject variability. The model for a lipid class had the same formula, except that  $y_{jk}$  was the log<sub>2</sub>-transformed summed abundance of the lipids belonging to that class.

For BAL proteomics, TMT batches were added as a random effect. Two samples of the same subject were placed in the same TMT batch except for one subject, which was excluded from model fitting. The model for any protein was specified as:

$$y_{jkl} = \mu_j + \beta_1 \times \text{age}_k + \beta_2 \times \text{sex}_k + T_l + e_{jkl}$$

where all terms were defined the same as above, but with  $T_l \sim N(0, \sigma_T^2)$  and  $e_{jkl} \sim N(0, \sigma_e^2)$  respectively denoting TMT batch and subject-to-subject variability.

The model coefficients were estimated using the lmer() function in the lme4 R package [41] (R version 3.6.0) [13, 14]. Pairwise comparisons of estimated marginal means were conducted using the emmeans R package. The abundance of a protein/lipid, lipid composition or summed abundance of a lipid class was considered significantly different between two groups if its adjusted p-value (p-value adjusted via Benjamini–Hochberg false discovery rate (FDR) method) was <0.05. Box plots were made after effects of age, sex and random effects, if present, were subtracted from the model fits. The Spearman's rank correlation test was conducted to determine the association between two variables (p-value adjusted via FDR method). For participants with two BAL samples, the average of the two samples was taken prior to the correlation analysis.

A separate analysis was undertaken to evaluate the predictive value of serum SPs for use as a potential COPD biomarker. This was done through development of a logistic regression model that classifies COPD status based on serum SP-D. The model was trained using data from 29 donor-matched serum samples in which serum SP-D was detected.

### Transcriptomics

For subjects where sufficient alveolar macrophages were able to be purified, total RNA was extracted from BAL fluid purified macrophages using the AllPrep DNA/RNA/miRNA Universal Kit (Qiagen), as previously described [33]. Gene expression profiles of isolated macrophages from 47 subjects (15 HV-NS, 18 HV-ES and 14 COPD; demographics given in table S3) were assessed using total RNA sequencing on an Illumina NovaSeq 6000 platform as outlined in the supplementary methods and as previously described [33]. To explore surfactant transcriptomic differences in macrophages, differential gene expression analysis was performed with DESeq2 (version 1.26.0) and weighted gene correlation network analysis [42] was also implemented (full details in supplementary methods).

## Results

### Subject demographics

BAL analysis was undertaken in 26 COPD subjects, 20 HV-ES and 16 HV-NS, and clinical characteristics are summarised in table 1. There were no significant differences between HV-NS and HV-ES in age, sex,

TABLE 2 Bronchoalveolar lavage cell counts

	Control			COPD	p-value (HV-ES controls <i>versus</i> COPD)
	HV-NS	HV-ES	p-Value (HV-NS <i>versus</i> HV-ES)		
Macrophages, %	32.93 (22.10)	36.42 (14.84)	0.4538	32.48 (19.63)	0.3003
Neutrophils, %	2.25 (3.45)	1.20 (2.51)	>0.9999	0.88 (3.89)	>0.9999
Eosinophils, %	0.48 (0.44)	0.60 (1.15)	>0.9999	0.22 (0.25)	0.3492
Lymphocytes, %	0.08 (1.20)	1.02 (2.03)	0.0975	0.03 (0.85)	<b>0.0340</b>
Epithelial cells, %	63.95 (16.33)	57.4 (10.25)	0.3202	62.18 (15.31)	0.2307
Squamous cells, %	0.16 (0.51)	0.33 (0.60)	>0.9999	0.23 (0.69)	>0.9999

Data are presented as median (interquartile range) unless otherwise indicated. Statistical testing performed using Kruskal–Wallis test with Dunn's *post hoc* test. HV-NS: healthy volunteer never-smokers; HV-ES: healthy volunteer ever-smokers.

body mass index (BMI) or lung function (forced expiratory volume in 1 s (FEV<sub>1</sub>) and FEV<sub>1</sub>/forced vital capacity (FVC), but expected differences were seen in pack-year history. There were no significant differences between HV-ES and COPD volunteers in age, sex or BMI. However, there were expected significant differences in lung function, CT and physiological measures of emphysema and small airway disease. There were no significant differences in proportion of eosinophils, macrophages or neutrophils between HV-NS and HV-ES or HV-ES and COPD BAL. There was a significantly lower median proportion of lymphocytes in BAL in COPD *versus* HV-ES (1.02% *versus* 0.03%,  $p=0.034$ ) (table 2).

#### Surfactant lipid dysregulation in COPD

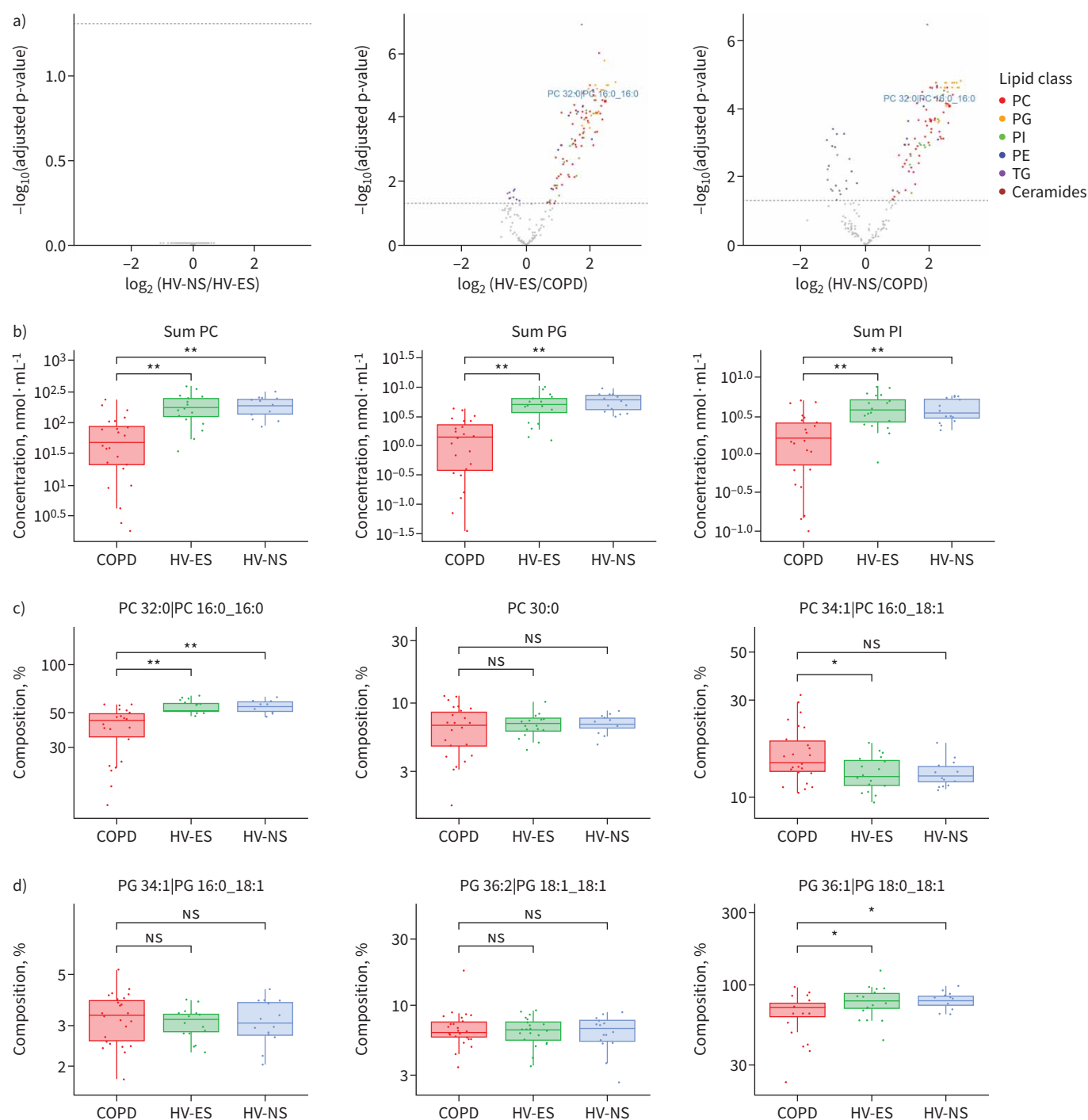
There were no significant differences in BAL lipid composition between males and females (figure S1A). No differences were seen in total PC, PG and PI lipids or surfactant-specific PC and PG species between HV-ES and HV-NS (figure 1a). However, a lower total concentration of PC, PG and PI were observed in COPD compared to HV-ES, log<sub>2</sub>FC of  $-2.0$ ,  $-2.2$  and  $-1.5$  (all adjusted  $p<0.0001$ ), respectively (figure 1b). Concentrations of PC, PG and PI were further decreased when compared with HV-NS (figure 1b).

To understand specific BAL surfactant phospholipid differences in COPD, we performed a detailed examination of distinct PC and PG molecular species abundances as a percentage of each phospholipid type. Lower concentrations of desaturated PC 32:0, corresponding to dipalmitoylphosphatidylcholine, were observed in COPD *versus* HV-ES (log<sub>2</sub>FC  $-2.5$ , adjusted  $p<0.0001$ ). As a percentage of total PC, PC 32:0 was significantly lower in COPD *versus* HV-ES BAL (log<sub>2</sub>FC  $-0.47$ , adjusted  $p=0.001$ ) (figure 1c). As a percentage of total PC abundance, PC 30:0 was not significantly lower in COPD BAL (log<sub>2</sub>FC  $-0.16$ , adjusted  $p=0.4080$ ), while PC 34:1 was a higher percentage of total PC in COPD subjects compared to HV-ES (log<sub>2</sub>FC  $0.28$ , adjusted  $p=0.0244$ ) (figure 1c). PG 34:1 and 36:2, as a percentage of total PG, were not significantly different between COPD and HV-ES subject BAL, with log<sub>2</sub>FC  $-0.06$  (adjusted  $p=0.6433$ ) and  $-0.03$  (adjusted  $p=0.8709$ ), respectively (figure 1d). The percentage of PG 36:1 out of total PG was significantly lower in COPD *versus* HV-ES BAL, with log<sub>2</sub>FC  $-0.29$  (adjusted  $p=0.0322$ ) (figure 1d).

BAL ceramides CER 42:1, CER 40:1, CER 34:1, CER 42:2, CER 38:1 and CER 36:1 were significantly higher in COPD compared to HV-NS, with log<sub>2</sub>FC of  $0.6$ ,  $0.9$ ,  $1.2$ ,  $0.8$ ,  $1.2$  and  $1.1$ , respectively (all adjusted  $p<0.05$ ). Other sphingolipids were not significantly different. No differences in sphingolipids were seen between COPD and HV-ES.

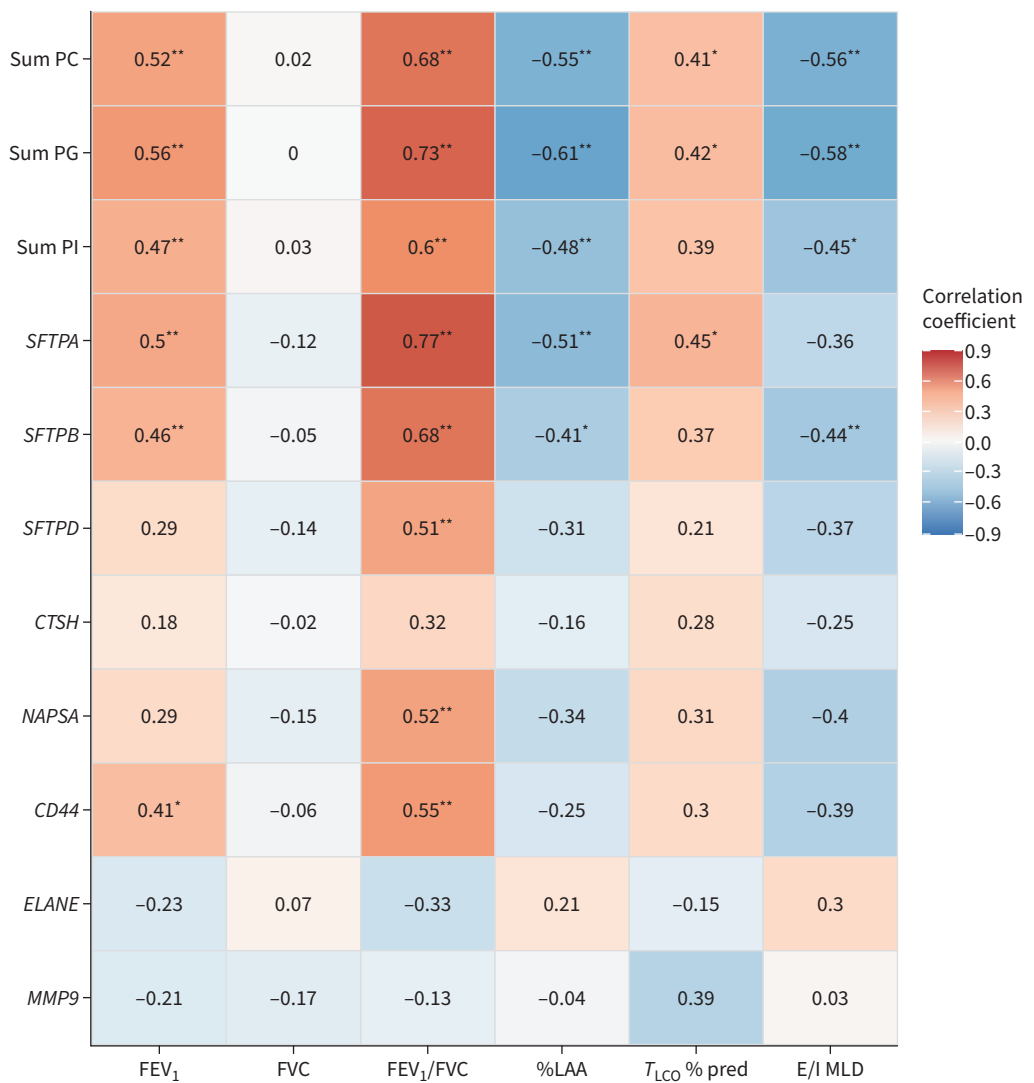
#### Correlation of lipid surfactant with lung disease measures

We next explored if BAL surfactant dysregulation associated with markers of lung function, CT and physiological measures of emphysema (high %LAA and low  $T_{LCO}$  % predicted, respectively) and a surrogate CT marker of small airway disease (E/I MLD). Low BAL surfactant levels were seen in subjects with worse lung function. Total PC, PG and PI BAL levels correlated with both FEV<sub>1</sub> ( $r=0.52$ ,  $r=0.56$  and  $r=0.47$  respectively; all adjusted  $p<0.01$ ) and FEV<sub>1</sub>/FVC ( $r=0.68$ ,  $r=0.73$  and  $r=0.60$  respectively; all adjusted  $p<0.01$ ) (figure 2). Low BAL surfactant concentrations were seen in subjects with the most emphysema. Total BAL PC, PG and PI correlated with  $T_{LCO}$  % predicted ( $r=0.41$ ,  $r=0.42$  and  $r=0.39$ , respectively; all adjusted  $p<0.01$ ), and inversely correlated with %LAA ( $r=-0.55$ ,  $r=-0.61$  and  $r=-0.48$ , respectively; all adjusted  $p<0.01$ ). E/I MLD negatively correlated with total PC ( $r=-0.56$ ), total PG ( $r=-0.58$ ) and total PI ( $r=-0.45$ ) (all adjusted  $p<0.01$ ).



**FIGURE 1** Bronchoalveolar lavage lipidomic analysis showed reduced levels of phosphatidylcholine (PC) phospholipids, specifically PC 32:0, dipalmitoyl phosphatidylcholine (DPPC), as well as phosphatidylglycerol (PG) in COPD. **a)** Volcano plots of lipid abundance in healthy volunteer never-smokers (HV-NS) versus healthy volunteer ex-smokers (HV-ES) (left), HV-ES versus COPD subjects (middle) and HV-NS versus COPD subjects (right). The x-axis displays  $\log_2$ (fold change) and the y-axis displays  $-\log_{10}(\text{adjusted p-value})$ . The dashed horizontal line represents an adjusted p-value threshold of 0.05. DPPC is labelled. Lipid classes, including PC, PG, phosphatidylinositols (PI), phosphatidylethanolamines (PE) and triglycerides (TG) are coloured. **b)** Covariate-adjusted box plots showing the summed abundance of PC, PG and PI compared across COPD and HV-ES/HV-NS cohorts. **c)** Covariate-adjusted box plot showing the composition of the top three most abundant PC lipids. **d)** Covariate-adjusted box plots showing the composition of the top three most abundant PG lipids. For details regarding covariate adjustment see the supplementary methods. \*: adjusted  $p < 0.05$ ; \*\*: adjusted  $p < 0.01$ ; NS: not significant.

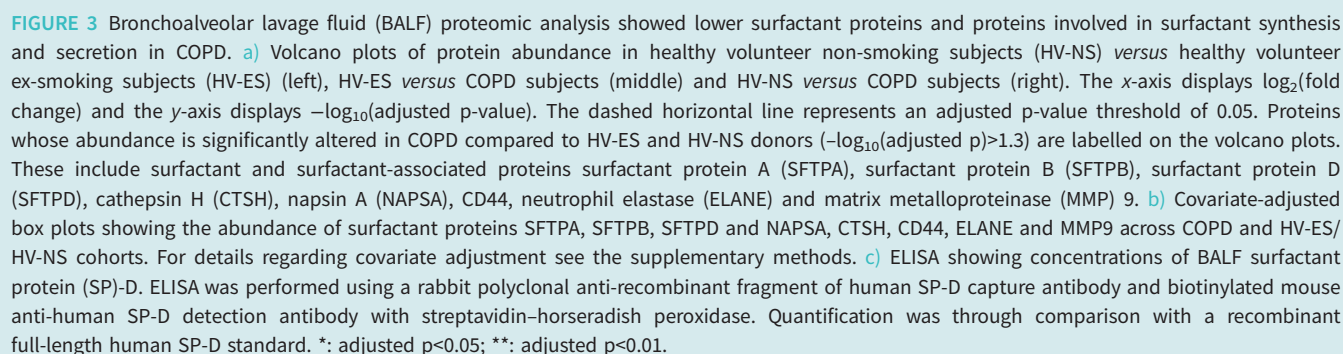




**FIGURE 2** Correlation analysis showed correlation between bronchoalveolar lavage fluid phosphatidylcholine (PC), phosphatidylglycerol (PG), phosphatidylinositols (PI), surfactant protein A (SFTPA), surfactant protein B (SFTPB), surfactant protein D (SFTPD) and napsin A (NAPSA), and forced expiratory value in 1 s (FEV<sub>1</sub>) to forced vital capacity (FVC) ratio in COPD. The colour of each voxel of the heatmap represents the calculated Spearman's correlation coefficient between a COPD lung function parameter and the abundance of a surfactant protein, the abundance of a surfactant-associated protein or the summed abundance of a lipid category. The y-axis displays protein symbols or lipid abbreviations and the x-axis displays lung function parameters. CTSH: cathepsin H; ELANE: neutrophil elastase; MMP: matrix metalloproteinase; %LAA: % low-attenuation areas; T<sub>LCO</sub>: transfer coefficient of the lung for carbon monoxide; E/I MLD: expiratory to inspiratory mean lung density. \*: adjusted p<0.05; \*\*: adjusted p<0.01.

SP dysregulation in COPD

There were no significant differences in male *versus* female BAL proteomes (figure S1B). No significant proteome differences, including in pulmonary SP levels, were observed between HV-ES and HV-NS (figure 3a). In contrast, SP-B, SP-A and SP-D BAL levels were significantly lower in COPD *versus* HV-ES (log<sub>2</sub>FC -0.5, -0.7 and -0.5; all adjusted p<0.02), respectively (figure 3b). Napsin A and pro-cathepsin H, proteins important in SP-B synthesis [11, 12], were lower in COPD *versus* HV-ES BAL, with log<sub>2</sub>FC of -0.6 (adjusted p=0.0017) and -0.4 (adjusted p=0.0466), respectively. BAL SP-B correlated with napsin A abundance (r=0.72, p<2.2×10<sup>-16</sup>) and cathepsin H levels (r=0.5, p=4.8×10<sup>-5</sup>) (figure S2A and S2B). CD44 antigen, which has been reported to play a role in surfactant homeostasis [43, 44], was lower in COPD *versus* HV-ES BAL with a log<sub>2</sub>FC of -0.6 (adjusted p=0.0025) (figure 3b).





Neutrophil elastase, an enzyme known to degrade SP-A and SP-D [45–47], was elevated in COPD *versus* HV-ES BAL ( $\log_2FC$  0.40, adjusted  $p=0.0390$ ) (figure 3b). Furthermore, concentrations of neutrophil elastase inversely correlated with concentrations of SP-A ( $r=-0.36$ ,  $p=0.0046$ ) and SP-D ( $r=-0.33$ ,  $p=0.0083$ ) (figure S2C and D). No other proteases were significantly different in concentration between COPD and HV-ES BAL.

To validate our findings, we subsequently confirmed our mass spectrometry data of lower BAL SP-D in COPD using ELISA. As expected, SP-D concentrations were significantly lower in COPD *versus* HV-ES, median concentration of 1878.90 *versus* 4684.92 ng·mL<sup>-1</sup> ( $p<0.01$ ) (figure 3c). There was no difference in SP-D concentration in BAL between HV-NS and HV-ES.

#### Correlation of SPs with lung disease measures

SP-A, SP-B, SP-D and CD44 BAL levels correlated with FEV<sub>1</sub> ( $r=0.50$ ,  $r=0.46$ ,  $r=0.29$  and  $r=0.41$ ; all adjusted  $p<0.05$ ). SP-A, SP-B, SP-D and napsin A BAL levels also correlated with FEV<sub>1</sub>/FVC ( $r=0.77$ ,  $r=0.68$ ,  $r=0.51$  and  $r=0.52$ , respectively; all adjusted  $p<0.01$ ) (figure 2). BAL SP-A and SP-B correlated with  $T_{LCO}$  % predicted ( $r=0.45$  and  $r=0.37$ , respectively; both adjusted,  $p<0.01$ ). Furthermore, BAL levels of SP-A, SP-B, SP-D and napsin A inversely correlated with %LAA ( $r=-0.51$ ,  $r=-0.41$ ,  $r=-0.31$  and  $r=-0.34$ , respectively; all adjusted  $p<0.05$ ). Finally, low SP abundance in BAL was associated with a CT measure of small airways disease; E/I MLD negatively correlated with SP-A ( $r=-0.36$ ), SP-B ( $r=-0.44$ ), SP-D ( $r=-0.37$ ), napsin A ( $r=-0.40$ ) and CD44 ( $r=-0.39$ ) (all  $p<0.01$ ).

#### SP differences in serum: potential of SP-D as a biomarker

To understand if dysregulation of surfactant could be detected in blood, we undertook proteomic analysis of serum samples. Serum analysis were performed in 35 COPD subjects, 22 HV-ES and 19 HV-NS from the MICA II cohort (demographics for included participants given in table S1 and serum protein identifications in table S2). Serum SP-D was significantly higher in COPD *versus* HV-ES (mean SP-D abundance intensities of ~5000 and ~3000, respectively;  $p=0.0095$ ). Significantly more serum SP-D was present in COPD *versus* HV-NS (mean abundance intensities of ~5000 and ~2450, respectively;  $p=0.0030$ ) (figure 4a). SP-D levels in circulation negatively correlated with BAL SP-D abundance in donor-matched samples ( $r=-0.37$ ,  $p=0.05$ ) (figure 4b). Serum SP-B was detected in six COPD subjects and two HV-ES but not in HV-NS (figure 4c). Serum cathepsin H was detected in 30 donors but did not show differential abundance in COPD *versus* controls. Serum cathepsin H levels did not correlate with BAL cathepsin H abundance ( $r=-0.15$ ,  $p=0.49$ ) (figure 4d).

Notably, serum SP-D levels were able to predict COPD status by the logistic regression model with an area under the curve of 0.85 (figure 4e).

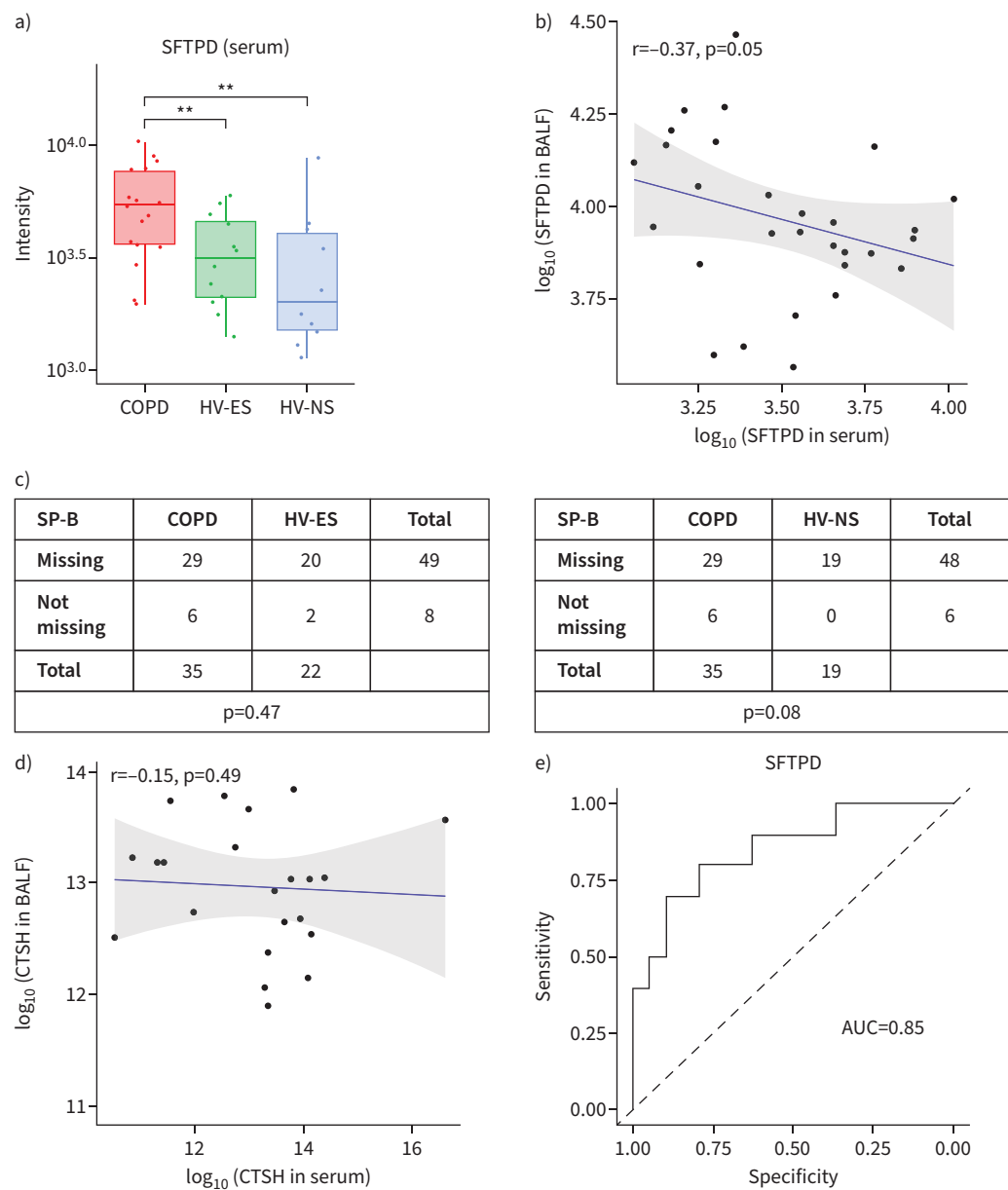
#### Alveolar macrophage gene expression

A recent study in *Cd44*<sup>-/-</sup> mice demonstrated that deficiency of CD44 on alveolar macrophages disrupted surfactant lipid homeostasis [44]. We analysed the transcriptome of purified BAL macrophages (demographics for included participants given in table S3) and found no significant activation of transcriptomic pathways involved in macrophage lipid turnover or potentially involved in surfactant metabolism using either differentially expressed gene analysis or WGCNA (figure S3) [48].

#### Discussion

This study delineates the BAL proteome and lipidome of a well-characterised cohort of mild-to-moderate COPD subjects and ex-smoking and never-smoking controls. Using multiomics, we gained a comprehensive understanding of surfactant dysregulation in COPD, independent of current smoking effects, to glean insights about potential explanatory mechanisms [49].

We report lower concentrations of surfactant lipids, SPs and proteins involved in surfactant synthesis in BAL from COPD subjects *versus* controls, which correlated with airflow obstruction. Furthermore, we demonstrate an association with emphysema, highlighting that decreased surfactant concentrations could be driving mechanisms underlying this pathology or be a consequence of emphysematous changes, or both. Network modelling previously suggested lung surface tension to be important in emphysema pathophysiology through its influence on lung recoil [23]. Our study adds to these findings by demonstrating that surfactant, the key lung surface tension regulator, is decreased in COPD *versus* HV-ES. This expands on prior small studies reporting lower surfactant lipids in BAL from COPD *versus* healthy nonsmokers' and smokers' induced sputum [10, 28, 50].



**FIGURE 4** Serum proteomic analysis detected increased surfactant protein D (SFTPD) and surfactant protein B (SFTPB) in COPD patients. **a)** Box plot of serum SFTPD abundance in healthy non-smoking volunteer subjects (HV-NS), healthy ex-smoking volunteer subjects (HV-ES) and COPD subjects. The y-axis is the intensity corresponding to SFTPD for each donor where it was detected. **b)** Spearman's rank correlation of serum and donor-matched bronchoalveolar lavage fluid (BALF) SFTPD abundance across the cohort. **c)** Two-by-two contingency table for missing values in SFTPB in relation to disease status (i.e. COPD, HV-ES and HV-NS). p-values are obtained from Fisher's exact test, which compares the proportion of missing values in COPD and HV-ES/HV-NS cohorts. The left table compares COPD and HV-ES cohorts, whereas the right table compares COPD and HV-NS cohorts. **d)** Spearman's rank correlation of serum and donor-matched BAL cathepsin H (CTSH) abundance across cohort. **e)** receiver operator characteristics-curve of the logistic regression model trained on all donor-matched serum samples. AUC: area under the curve. \*:  $p < 0.05$ ; \*\*:  $p < 0.01$ .

SP-A, SP-B and SP-D single-nucleotide polymorphisms have been shown to associate with COPD, highlighting a potential causative role in COPD pathogenesis [51–54]. We, for the first time, report lower SP-B concentrations in BAL from ex-smoking COPD subjects *versus* matched healthy controls, adding to a prior small study of decreased BAL SP-B in a mixture of COPD current and ex-smokers *versus* healthy

controls [55]. SP-B has key roles in surfactant packaging, recycling and maintaining surfactant structure function, and SP-B deficiency is lethal [12]. Lower SP-B concentrations could therefore have important physiological consequences.

We demonstrate lower BAL SP-A concentrations in COPD, building on two prior contradictory studies in lung tissue from subjects with moderate COPD which report higher or lower SP-A expression *versus* healthy controls [25, 27]. We also confirm lower BAL SP-D concentrations in COPD [24]. SP-A and SP-D have key roles in lung homeostasis through neutralising, opsonising, agglutinating and clearing pathogens, particles and apoptotic cells, whilst preventing aberrant inflammatory pathways and damage to the delicate lung epithelium [19]. Increased utility of these roles in COPD could potentially deplete levels of these proteins [11, 19, 51, 56]. SP-D knock-out mice develop an emphysematous phenotype with impaired surfactant regulation, influx of inflammatory cells and increased apoptotic cells, metalloproteinases and cytokines, highlighting that low SP-D levels could contribute to emphysema pathogenesis. SP-A and SP-D knock-out models demonstrate increased susceptibility to an array of respiratory viruses and bacteria with associated host-mediated inflammation following infection or allergen challenge [19], highlighting the potential importance of our finding of deficient SP-A and SP-D in COPD on risk of infectious exacerbations and inflammation. Delivery of a recombinant SP-D fragment largely resolves the emphysematous phenotype in the SP-D knock-out mice, as well as the susceptibility to respiratory pathogens, raising the potential of this as a novel therapeutic [19, 57, 58].

Surfactant has been proposed to be dysregulated in respiratory diseases through various mechanisms [19]. Damage to AT2 cells through noxious stimuli and AT2 cell loss through emphysematous changes and alteration to lung parenchymal architecture could lead to decreased surfactant production [23]. Our data support this by showing an association between decreased surfactant and emphysema. Due to the nature of bronchoscopy sampling within our study, it was not possible to directly sample the distal airways to look at AT2 gene expression or to correlate transcriptomics of surfactant genes with our findings. Future studies with paired samples taken from resected lung tissue will be important and could add further clarity to the relative contribution of gene expression *versus* other mechanisms involved in our finding of surfactant regulation in COPD.

Inflammation-related damage to the delicate epithelial–endothelial barrier could also lead to surfactant loss through leakage into the blood [24, 59–61]. This aligns with our findings of higher serum SP-D in COPD, as well as the negative correlation between serum and BAL SP-D levels. Serum SP-B was observed in some donors, predominantly COPD subjects and two HV-ES with hiatus hernia, and was absent in HV-NS. Despite its more hydrophilic nature, SP-A was not detected in serum, potentially due to its larger size. Increased serum SP-B and SP-D in COPD, complemented by corresponding BAL findings of reduced SP and lipids, suggest SPs could have utility as lung-specific peripheral biomarkers for COPD. We investigated this through our logistic regression analysis on serum SP-D levels, which had good predictive value for COPD status and demonstrated the potential of SP-D in particular as a COPD biomarker.

We found neutrophil elastase to be increased in COPD *versus* control BAL, and inversely correlated with SP-A and SP-D concentrations. Neutrophil elastase, alongside other host- and pathogen-associated enzymes, degrades SP-A and SP-D, and imbalances could contribute to decreased SP-A and SP-D levels in the COPD lung [19, 46, 47, 62–64]. Potential altered lipid metabolism and surfactant catabolism by alveolar macrophages in COPD could also lead to altered surfactant turnover and dysregulation [11, 19, 51, 56]. In contrast to a recent study of the COPD alveolar macrophage transcriptome [48], we did not see signs of altered lipid metabolism in alveolar macrophage expression signatures. However, that previous study included more severe and predominantly smoking COPD patients, which may explain differences with our observations. We demonstrated higher levels of ceramides in COPD *versus* HV-NS. Ceramides have been reported to influence surfactant production and activity, and could therefore lead to surfactant dysregulation [65]. However, we did not see differences in other sphingolipids, as have previously been reported [66, 67].

We recognise that associations may not indicate causation and that it is impossible to fully rule out other potentially confounding clinical parameters or pathological mechanisms. We normalised our BAL analyses for protein content and performed statistical testing to address potential confounding effects. However, there are additional factors, which may be difficult to completely address. Inhaled therapeutics have been reported to influence surfactant regulation [68], and SP-A, SP-B and SP-D expression have been reported to be increased by corticosteroids [69]. In this study, we saw lower levels of these proteins in COPD subjects, a large proportion of whom were on inhaled therapies. Furthermore, although samples were frozen and stored at  $-80^{\circ}\text{C}$ , and were analysed immediately after thawing, we cannot rule out the potential

for endogenous enzymes to have degraded components and influenced our results. Due to intensive study sampling, our well characterised cohort was mild and relatively small, making it impossible to rule out false-negative findings in macrophage lipid metabolism. SP-C was below the limit of detection in both BAL and serum. However, SP-C has previously been reported to be the human lung SP of lowest abundance by weight [70, 71]. Due to cohort heterogeneity and the distinct nature of the various omics datasets, we used an adjusted p-value for the BAL multiomic analysis and trends in surfactant-associated protein. However, lipid downregulation was significantly different between COPD and HV-ES and HV-NS. Notably, the proteome coverage reported here may vary from previous reports due to differences in methodology, analysis stringency, cohort composition, volume instilled into the lungs and sample volume [72, 73]. In our study, we performed TMT mass spectrometry analysis on peptides originating from 25 µL BAL and detected >900 proteins per donor sample. In contrast, Tu *et al.* [72] performed BAL proteome profiling across 20 donors, using 10 mL BAL each and quantified 423 proteins, less than half the proteome coverage we achieved from a 400 times larger sample input. Cohort size is reflective of donor heterogeneity and while studies with small populations may identify more differentially abundant proteins, they have limited statistical power and disease representation. Furthermore, here we report proteomic findings from TMT and label-free mass spectrometry analysis of matched BAL and serum, respectively, that provided a global, unbiased view of proteome dynamics in COPD that may be overlooked by targeted, antibody-based applications, despite potentially higher protein identification rates. Our comprehensive multiomic study used a deeply phenotyped and well-characterised mild-moderate COPD cohort to demonstrate global dysregulation of surfactant in the COPD lung, which was associated with emphysematous changes and airway obstruction. Longitudinal studies in early disease and different COPD endotypes will add further clarity to the causes of surfactant dysregulation, the impact on disease progression and importantly the potential for novel surfactant-replacement and surfactant-targeting therapeutics for the future.

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**Availability of data and materials:** The datasets generated and analysed during the current study are not publicly available in order to protect the privacy of all individuals whose data we have collected, stored and analysed. However, data may be made available upon reasonable request by applying through the established Data Request Portal through which researchers can request access to de-identified clinical data (<https://vivli.org>), after which, clinical data may be made available upon review of the patient consent forms and scientific merit of the proposal, and signature of a data sharing/collaboration agreement. This mechanism allows controlled, risk-managed accessibility of the data and at the same time safeguards subjects' confidentiality. Proteomic and lipidomic data will be made available as required by the journal.

**Author contributions:** V.A. Hristova analysed proteomics, lipidomics and subject data; V.A. Hristova wrote the manuscript with input from all authors and approved the final version of the manuscript. A. Watson conceptualised parts of the project; contributed to methodology, sample collection and processing and project administration; wrote the original draft with input from all authors and approved the final version of the manuscript. R. Chaerkady designed, conducted and analysed the proteomics experiments; R. Chaerkady contributed to writing the manuscript and approved the final version of the manuscript. M.S. Glover designed, conducted and analysed the lipidomics experiments; M.S. Glover contributed to writing of the manuscript and approved the final version of the manuscript. J. Ackland undertook analysis, helped write the original draft, reviewed and edited the manuscript, and approved the final version of the manuscript. B. Angerman analysed data, contributed to writing of the manuscript and approved the final version of the manuscript. G. Belfield contributed to the design, optimisation and analysis of the transcriptomic experiments, contributed to writing of the manuscript, and approved the final version of the manuscript. M.G. Belvisi conceptualised parts of the project, provided resources, contributed to writing of the manuscript and approved the final version of the



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