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Subaerial volcanism is a potentially major contributor to oceanic iron and manganese cycles

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Surface ocean availability of the micronutrients iron and manganese influences primary productivity and carbon cycling in the ocean. Volcanic ash is rich in iron and manganese, but the global supply of these nutrients to the oceans via ash deposition is poorly constrained. Here, we use marine sediment-hosted ash composition data from ten volcanic regions, and subaerial volcanic eruption volumes, to estimate global ash-driven nutrient fluxes. Using Monte Carlo simulations, we estimate average fluxes of dissolved Iron and Manganese from volcanic sources to be between 50 and 500 (median 180) and 0.6 and 3.2 (median 1.3) Gmol yr⁻¹, respectively. Much of the element release occurs during early diagenesis, indicating ash-rich shelf sediments are likely important suppliers of aqueous iron and manganese. Estimated ash-driven fluxes are of similar magnitude to aeolian inputs. We suggest that subaerial volcanism is an important, but underappreciated, source of these micronutrients to the global ocean.

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Primary production in the oceans is a major driver of the biogeochemical carbon cycle^{1,2}, largely controlling carbon dioxide (CO₂) exchange between oceanic and atmospheric carbon pools. The drawdown of atmospheric CO₂ via photosynthetic phytoplankton represents one of the largest atmospheric carbon sinks in the Earth System today, removing ~50 gigatons (Gt) carbon per year³. The importance of micronutrients, and in particular iron (Fe), in controlling levels of primary production has long been recognised^{4,5}, with Fe essential to many biological processes⁴. Manganese (Mn) is also essential for phytoplankton photosynthesis⁶, with evidence it may act as a co-limiting nutrient⁷, especially in parts of the ocean containing low levels of dissolved Fe⁸.

There are multiple ways through which volcanoes may affect the climate on a range of timescales from hours to millions of years^{9,10}. Volcanism can induce global climatic cooling via radiative forcing from sulfate injection¹¹, but also potentially by oceanic fertilisation associated with the input of nutrient-rich ash^{12–15}. Although experimental evidence demonstrates the release of nutrients from freshly-deposited ash (defined as all airborne volcanic particles under 2 mm in diameter) in surface seawater¹⁶, the impacts of this process appear to be restricted to transient algal blooms observed directly after eruptions^{17,18}. In these cases, discrete eruptions may briefly alleviate nutrient deficiencies by providing a source of dissolved Fe^{10,17,19}. Manganese supply from ash may also contribute to increases in productivity, with the addition of both Fe and Mn appearing to relieve Mn co-limitation after ash deposition²⁰.

The major well-established routes by which dissolved Fe and Mn are delivered to the oceans are dissolved fluvial outflow, hydrothermal venting and desert dust deposition^{4,21,22}. Although ash deposition has been invoked as a source of nutrients locally^{16,22}, it is not generally considered in models of oceanic trace metal cycling^{21,23}. Olgun et al.¹⁹ compiled volcanic eruption rate data and undertook experimental studies of the amount of dissolved Fe released (over the course of 60 mins) by different types of fresh volcanic ash. This study concluded that $128-221 \times 10^{12}$ g yr⁻¹ of ash is delivered to the Pacific Ocean, releasing 0.003–0.075 Gmol yr⁻¹ of dissolved Fe to surface waters. This flux is comparable to the flux of dissolved Fe delivered to the Pacific Ocean by non-volcanic mineral dust (0.001–0.065 G mol yr⁻¹)²⁴.

Given the potential importance of volcanism for oceanic nutrient availability, we have sought to constrain the magnitude of the global dissolved Fe flux from a different perspective. We compare the composition of fresh ash from 10 active volcanic regions globally (Fig. 1) with the composition of ash recovered from marine sediments of various ages (Supplementary Fig. 1), to estimate the loss of Fe and Mn over a longer timescale than permitted in experimental studies (cf. ref.¹⁹). We combine this approach with the most recently available constraints on global volcanism rates derived from the Global Volcanism Program²⁵ to provide estimates of global volcanogenic Fe and Mn supply. The longer timescale approach is analogous to studies of dissolved and colloidal Fe released from shelf sediments during long-term diagenesis, which is known to be an important source of Fe to surface waters where it can stimulate phytoplankton growth²⁶.

Results and discussion

Diagenetic release of Fe and Mn from ash. Depletion factors, representing the difference between unaltered and altered ash metal contents (see Methods), for Fe (median 45% depletion) and Mn (median 20% depletion) suggest that a large proportion of these elements in ash is available to be released into seawater during particle settling and early diagenesis (Fig. 2). These Fe depletion factors are higher than those observed under laboratory

conditions¹⁹. This is likely because Fe and Mn release continues much longer than the duration of such experiments, as a consequence of diagenetic processes once ash settles to the seafloor^{14,27}.

While experimental work suggests that basaltic ash releases higher absolute Fe concentrations during dissolution than silicic ash²⁸, the results from our study suggest that the rhyolitic ashes from the Taupo and Aleutian arcs proportionally (and counterintuitively) release the most Fe and Mn (Fig. 2). This unexpected relationship may be due to a higher ratio of surface-bound Fe to intra-silicate Fe in these samples²⁹, and may not be indicative of greater absolute Fe and Mn release. Alternatively, this discrepancy may be linked to variations in secondary clay precipitation, a process which is controlled by a range of mineralogical and compositional factors, resulting in differing rates of ash alteration³⁰.

Another factor that likely determines the rates of Fe and Mn release and depletion factor differences is grain size variations. Basaltic ash generally contains fewer very fine (<30 to 60 μ m) particles (<1–4%) than rhyolitic and silicic ash (30 – >50%) due to their eruption characteristics³¹. Thus, rhyolitic ashes (such as those from the Taupo arc) likely contain a greater proportion of fine particles, with a greater surface area/volume ratio, that react more extensively with seawater¹⁰.

Ashes from the Central American Volcanic Arc (Fig. 1a) show a distinctive behaviour from the other sites, with a large range of Fe depletion factors, and a number of ash layers demonstrating net adsorption of Fe (Fig. 2). The uptake of Fe and Mn by the ash may arise from the high nutrient supply in this area, as a result of equatorial upwelling of nutrient-rich Southern Ocean waters^{32–34}. Pore water measurements from the region show that Mn (and Fe) are concentrated in the uppermost sedimentary layers, a result of the diffusive flux of these elements from deeper, suboxic sediment³⁵.

Global annual flux of Fe and Mn from ash diagenesis. The overall trends of depletion of Fe and Mn in ash recovered from marine sediments indicate that ash may be an important source of these nutrients to oceanic environments. Using a Monte Carlo modelling approach, we probabilistically estimated the most likely values for global annual input of Fe and Mn to the oceans arising from this process (see Methods). We employed well-constrained ranges of variables, which include annual ash production rates; ash geochemistry; ash density; and ash dispersal, to estimate overall Fe and Mn supply rates. The main aim of this exercise is to determine the net fluxes of dissolved Fe and Mn arising from the alteration of ash, rather than to study the specific geochemical and mineralogical processes that control these fluxes.

As we consider estimates of numerous variables in the construction of our model, each characterised by their own error, the use of a probabilistic approach is considered the most suitable. For example, the depletion factor values developed here are considered to represent the full range of feasible volcanic ash compositions, and thus, the mean and standard deviation of the dataset represent a credible range of values. As such, this variable is likely well-constrained. However, variables such as the amount of ash entering the ocean from each volcanic province (see Methods), which despite being based on a method developed that considers prevailing winds and the weathering and postdepositional transport (via waterways and re-suspended material) of subaerially deposited ash^{19,36}, is still uncertain. To tackle this problem, we apply additional error estimates to those values resulting in higher standard deviations, which help represent the inherent uncertainty of these variables.

Models of the biogeochemical Fe cycle typically consider four main sources of dissolved Fe; atmospheric deposition (comprising dust, fire and industrial sources), dissolved fluvial input, marine sediment diagenesis, and hydrothermal venting^{22,37} (Table 1). Our simulations

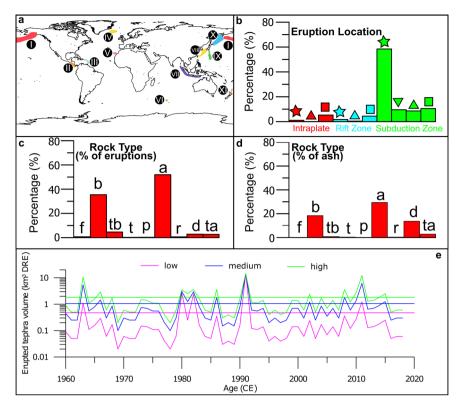


Fig. 1 Global map indicating volcanic provinces used in this study, and compilation of data from the Global Volcanism Program (GVP). a Source regions used to construct unaltered protolith compositions, indicated by numbers and coloured shading: (I) Aleutian Island arc, (II) Central American volcanic arc, (III) Lesser Antilles island arc, (IV) Iceland, (V) Azores, (VI) Kerguelen, (VII) Sunda arc, (VIII) Kyushu-Ryukyu arc, (IX) Izu-Bonin arc, (X) Kamchatka-Kurile arc, XI) Taupo volcanic zone. Map was created using the vector shorelines of ref. ⁶⁶. **b** Percentage of eruption events occurring at each type of volcanic location, denoted by colour and symbols for fully continental (star), intermediate locations on plate boundaries (upward-pointing triangle), oceanic (square) and unknown (downward-pointing triangle). **c** Proportion of each rock type as a percentage of all eruptive events since 1960. Rock types are foidite (f), basalt (b), trachybasalt (tb), trachyte (t), phonolite (p), andesite (a), rhyolite (r), dacite (d) and trachyandesite (ta). **d** Proportion of each rock type as a percentage of all ash deposited via eruptions since 1960, with rock types labelled as in panel **c**. **e** Erupted ash volume (in km³ DRE) of each year since 1960, using GVP data representing the three ash volume scenarios (see Methods); 'low' (pink line), 'medium' (blue line) and 'high' (green line). The horizontal lines indicate the average values for each of the scenarios; 0.47 km³ yr⁻¹ for 'low', 1.07 km³ yr⁻¹ for 'medium and 1.81 km³ yr⁻¹ for 'high'.

suggest a net flux of between 90–500 Gmol Fe yr⁻¹ (representing median values of the 'small' and 'large' ash volume scenarios; see Methods) to the oceans from ash deposition, dissolution, and diagenesis (Fig. 3). The median value derived from the 'medium' ash scenario (180 Gmol Fe yr⁻¹) is higher than estimates of global dissolved fluvial Fe flux (27 Gmol Fe yr⁻¹) and greater than the authigenic Fe flux (90 Gmol Fe yr⁻¹) and that related to coastal erosion (140 Gmol Fe yr⁻¹; refs. ^{5,38}). They are on the same order as postulated dust inputs, but this value does not consider the solubility of Fe in dust, estimated to be <1–4% (refs. ^{22,39}). Hence, the available Fe from dust sources (calculated as 3–11 Gmol Fe yr⁻¹) is likely lower than our estimates of ash diagenesis input.

We now consider Mn fluxes related to this process. In current models of the Mn biogeochemical cycle, oceanic inputs are thought to derive predominantly from dissolved fluvial inputs (0.3 Gmol Mn yr⁻¹), dust (5.6 Gmol Mn yr⁻¹) and hydrothermal activity (102 Gmol Mn yr⁻¹; ref. ²¹). Our simulations suggest a likely net flux from ash diagenesis of 0.6–3.2 Gmol Mn yr⁻¹, (Fig. 3), with the median value from the 'medium' scenario of 1.3 Gmol Mn yr⁻¹ comparable with both dissolved fluvial flux and atmospheric deposition, but smaller than the hydrothermal Mn flux (Table 1) and particulate fluvial flux⁴⁰.

Implications for modern Fe and Mn cycles and the carbon cycle. Our estimates of the Fe (and to a lesser extent Mn) supply to the oceans from ash diagenesis are of the same order of magnitude as other sources (e.g., atmospheric deposition and

dissolved riverine flux) and highlights the need to include this process in global budgets¹⁹. However, while most other Fe sources are not expected to show rapid changes in magnitudes over geologically short intervals, explosive subaerial volcanic activity can show large (and apparently stochastic) variations over short time intervals. For example, while the global annual average eruption rate of ash is ~1 km³ ash dense rock equivalent (DRE), the eruption of Mount Pinatubo in 1991 (Volcanic Explosivity Index (VEI) 6) released more than 5 km³ of ash within a matter of days. Much of this ash was rapidly deposited in the ocean, covering roughly 4×10^6 km² of the South China Sea⁴¹.

Furthermore, the nature of ash supply to the oceans may mean that a large proportion of the nutrients are released in the upper ocean. Firstly, most volcanoes are located close to the oceans (Fig. 1), and ash will be supplied directly to the upper ocean and may be directly bioavailable. To provide an approximate estimate of bioavailability, we use the experimental data of ref. ³⁶, wherein ash from Montserrat (Caribbean Sea) was exposed to seawater to simulate dissolution for 6 months. We calculate that during this period, ~0.4% of the total Fe, and ~14% of the total Mn originally hosted in the ash was released (Supplementary Fig. 2), but that the reaction was still ongoing. These proportions appear small but when scaled up using our models, correspond to between 0.82 and 4.43 Gmol Fe yr⁻¹, on the same order of magnitude as aeolian dust supply⁵ (Table 1). For Mn, the loss of 14% of the original ash content corresponds to between 0.18-0.99 Gmol Mn yr⁻¹ being released in the upper ocean. The value of 14% Mn loss in the early

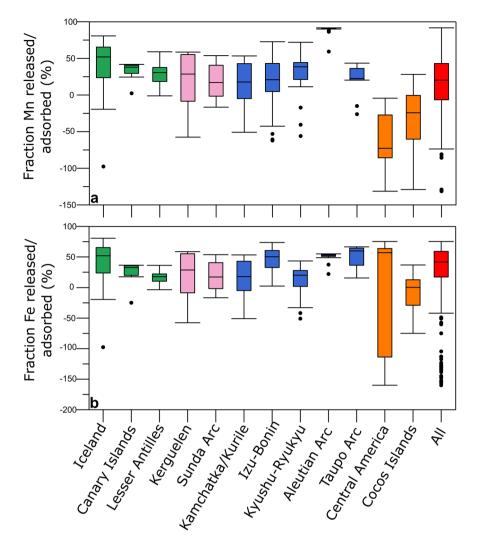


Fig. 2 Depletion factors for each volcanic province for both manganese and iron. Box plots detailing the distribution of depletion factor data from each volcanic province are presented for manganese (a) and iron (b), indicating likely levels of depletion/adsorption in each locality. Colour of the boxes indicates the ocean region of each province, either Atlantic (green), Indian (pink), North and West Pacific (blue) or East Pacific (orange). Boxes are defined between the first and third quartile (the interquartile range, IQR), with minimum and maximum whiskers representative of 1.5 times the IQR, and suspected outliers (>1.5 times the IQR) indicated by black circles.

stages of transport and burial represents 65% of total Mn depletion and suggests the bulk of Mn release occurs in this period (Supplementary Figs. 2 and 3).

Most of the ash deposited in the oceans settles on continental shelves (Fig. 1, ref. 42), which represent an important source of Fe to the ocean system⁴³. Once sediment is deposited on the shallow seafloor, diagenetic processes (e.g., biological action and redox reactions) and wave action result in the flux of soluble and colloidal fractions of Fe²⁺ (and Mn²⁺) to the overlying water column⁴⁴. These Fe- and Mn-enriched waters may then be advected into the open ocean²⁶, as evidenced by the positive relationship between dissolved Fe concentrations of ocean water and proximity to continental shelves⁴⁵. As a large proportion of Fe release likely occurs during early diagenesis on continental shelves, volcanic ash dissolution may be a component of boundary exchange of dissolved Fe, a mechanism for transporting shelf-hosted nutrients out to the open ocean 46,47 . This is supported by studies showing high Fe content in some water masses affected by high volcanogenic sediment supply⁴⁸⁻⁵⁰. Analysis of the Fe isotopic composition of one such location, offshore of the Crozet Islands, indicates a volcanic signature of the dissolved Fe, related to volcanogenic sediment diagenesis and

weathering^{51,52}. This is supported by Fe isotope evidence from the western Pacific Ocean^{53,54} and the Southern Ocean⁵⁵, where isotopically heavy Fe is linked to non-reductive dissolution of shelf-sediment Fe-bearing phases. In view of this evidence, it appears that much of the Fe (and some of the Mn) added to the oceans via ash deposition may have previously been included in estimates of the overall sedimentary fluxes, rather than representing an entirely new flux (Table 1). Estimates of the magnitude of Fe release during diagenesis of shelf sediments vary widely. For example, in a recent sedimentary flux model comparison, estimates of Fe supply varied between 0.6 and 194 Gmol yr⁻¹ (ref. ²³). This highlights the need for further investigation into benthic fluxes on a shelf-by shelf basis, to provide quantitative estimates of Fe supply via weathering, followed by assessments of exactly how much of this flux is ashrelated. Our work also indicates the need for models of biogeochemical cycling to consider the input of large, apparently stochastic events such as volcanic eruptions on Fe and Mn cycles. Such work may help indicate the impact of individual events, which supply a large amount of nutrients to certain area of the oceans, and how internal marine processes may act to cycle these inputs.

Table 1 Global Fe and Mn fluxes comparing previously published estimates of sources and the new estimates presented here.

	Annual Fe Flux (Gmol yr ⁻¹)
Fluvial particulate total iron ^a	11,192-17,226
Fluvial dissolved iron ^a	27
Glacial sediments ^a	609
Atmospheric (i.e., aeolian) ^a	287
Hydrothermal ^a	251
Authigenic ^a	90
Early release from ash ^b	0.8-4.4
Diagenetic release from ash ^c	91-493
Dust ^d	5.6
Fluvial dissolved Mn ^d	0.3
Sediment ^d	3.4
Hydrothermal ^d	102.3
Early release from ash ^b	0.18-0.99
Diagenetic release from ash ^c	0.39-2.19

^aEstimates of Fe flux from ref. 5

^bValue of diagenetic Fe and Mn fluxes developed using our new estimates of global ash production and oceanic deposition and estimates of element release during 6-month experiment from ref. ⁶⁵.

^cEstimates of diagenetic Fe and Mn flux from this study, with the range representing the 'small' and 'large' ash deposition scenarios (see Methods and Supplementary Table 13). ^dEstimates of Mn flux from ref. ²¹.

Methods

Major and trace element geochemistry. We analysed ash layers from IODP Holes U1396C (Lesser Antilles) and U1339D (Aleutian Islands). Ash layers were identified visually (at macro- and microscopic scales) in the case of Hole U1339D, and via their relatively low CaCO₃ contents in Hole U1396C. To avoid inclusion of pelagic sediment, only samples located within the centre of ash layers were used. Such an approach also circumvents the potential impact of bioturbation. Bulk sample geochemistry for Holes U1396C and U1339D was determined via a closed vessel Aqua Regia digest (at 60 °C), after which samples were dried, then further digested using a HF/HCIO₄ mix (at 130 °C), followed by a HCIO₄ digest (at 130 °C) before a final HCl dissolution. Digests were re-suspended in 2% HNO₃ and analysed on a Thermo Scientific X-Series inductively coupled plasma mass spectrometry (ICP-MS) at the University of Southampton. Alongside samples, blanks and a reference material (HISS-1 marine sediment standard) were prepared and analysed using the same procedure (Supplementary Table 1). Data from Hole U1396C

Chemical depletion factors. In addition to newly analysed ash layers from the Lesser Antilles and the Aleutian Islands, a database of previously published altered marine ash compositions was compiled from a selection of volcanic settings, from subduction zones (e.g., Aleutian Arc, Kamchatka), convergent margins (e.g., Taupo Volcanic Zone, Izu-Bonin Arc) and oceanic islands (e.g., Canary Islands) (Fig. 1 and Supplementary Table 2). Most of these data come from point-based geo-chemical methods (electron microprobe and laser ablation ICP-MS) of individual ash shards.

Unaltered protolith compositions were obtained from the GeoRoc database (http://georoc.mpch-mainz.gwdg.de) for volcanic material from the source regions for each of the published marine ash compositions. These data were filtered to remove data relating to non-outcropping subaerial samples, xenoliths, and any inclusion-based analyses, leaving only measurements of bulk igneous rock compositions. The database was used to reconstruct the most likely original composition of the erupted material prior to marine diagenesis. The comparison of bulk rock compositions to point-based glass shard analyses may result in an overestimation of depletion. This is because the glass in mafic ash will contain low Fe, but the accompanying minerals (for example pyroxenes) may have a high Fe content, but will not be considered in the measurements, leading to anomalously high depletion factors. However, glass typically makes up the majority of volcanic ash, and even in Fe rich minerals, Fe would not comprise the entirety of the material, so we believe our comparison is valid.

The method follows that developed by ref. ¹² to calculate metal mobility in Cretaceous ash layers, in which the elements of interest (M) are normalised to the Ti and Zr concentrations. These elements are largely immobile during diagenesis⁵⁷, so variations in their concentrations in ash derived from a single source largely reflect magmatic differentiation processes¹². The empirical relationship between Ti/Zr and M/Zr (as calculated from the GeoRoc database) can then be used to estimate the original composition of the unaltered volcanic protolith (Fig. 4). In each case, the empirical relationship is represented by a linear or polynomial regression (Supplementary Table 2), and the equations are used to back-calculate

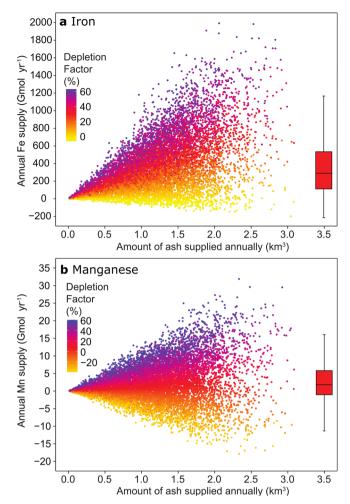


Fig. 3 Monte Carlo simulations of likely Iron and Manganese supply to the oceans annually, representative of the 'medium' ash volume scenario. Presented are simulations for iron (**a**) and manganese (**b**). For both panels the amount of ash supplied annually is presented along the *x*-axis, with the total annual supply of the element on the *y*-axis. These Monte Carlo simulations are indicated by circles, with their colour indicating the depletion factor used in the simulation. A summary of the data is presented as a box plot on the right of each panel, developed in the same manner as those shown in Fig. 2.

the unaltered protolith composition. The best fitting regression is determined by both examination of the correlation coefficient, but also by determination of which fit best suits the altered tephra dataset. For example, with Iceland we employ polynomial regression, due to the low Fe/Zr ratios of most tephra compositions. Here, a linear relationship would not represent these data well, and lead to underestimation of the depletion factor (Supplementary Fig. 4). These compositions are then compared to the marine ash data to calculate changes in composition during diagenesis¹² according to Eq. (1), which is shown here using Fe as the element of interest, as an example:

$$Fe_{\rm D} = \frac{M_{\rm Fe}^L}{M_{\rm Fe}^O} = 1 - \frac{\left(\frac{C_{\rm Fe}^{\rm Te}}{C_{\rm Ze}^{\rm Te}}\right)}{\left(\frac{C_{\rm Fe}}{C_{\rm Ze}}\right)}$$
(1)

The left side of the equation represents the fraction depleted, where $M_{\rm Fe}^{0}$ is the original mass of Fe in the rock, and $M_{\rm Fe}^{L}$ what has been lost. $C_{\rm Fe}^{\rm re}$ and $C_{\rm Zr}^{\rm cr}$ are the concentrations of Zr and Fe in the altered ash, and so $C_{\rm Fe}^{\rm re}/C_{\rm Zr}^{\rm or}$ represents the Fe/Zr ratio in the ash. $C_{\rm Fe}^{0}/C_{\rm Zr}^{0}$ represents the Fe/Zr ratio in the ash. $C_{\rm Fe}^{0}/C_{\rm Zr}^{0}$ represents the Fe/Zr ratio in the original rock, calculated using the GeoRoc-derived relationship between Fe/Zr and Ti/Zr (e.g., Fig. 4). Graphs of M/Zr vs. Ti/Zr for all locations are provided in Supplementary Figs. 4–7.

To estimate annual inputs of Fe and Mn to the ocean from ash diagenesis, a Monte Carlo-based modelling approach (c.f. ⁵⁸) is applied using likely ranges of

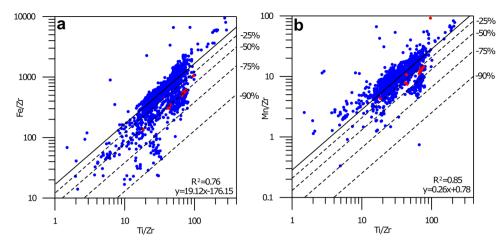


Fig. 4 Plots of Fe/Zr and Mn/Zr vs. Ti/Zr for the Aleutian arc. Presented here are data for (a) Fe and (b) Mn. In blue are GeoRoc-derived protolith compositions, from which the linear relationships indicated the lower right of each panels are defined. Red circles indicate measured altered ash deposit analyses, plotted against the expected trend for unaltered material. The dashed lines indicate the percentage depletion. Similar graphs for all other active volcanic regions can be found in Supplementary Figs. 4-7.

each of the pertinent parameters. For each variable, the r package *rtruncnorm* was used to generate 10,000 random data points between two boundaries assuming a normal distribution according to defined mean and standard deviation values (Table 1).

Annual ash fluxes to the ocean are estimated from data derived from the Global Volcanism Program database (GVP; ref. ²⁵). This database contains the location, style and intensity of volcanic activity (Supplementary Tables 3, 4, 5), and was used in association with GeoRoc to estimate the elemental composition of erupted ash (Fig. 1b, e). In our analysis, we limit the data from GVP to eruptions from the start of 1960 to the end of 2019, as before 1960 the knowledge of smaller eruptions becomes less certain. Using the GVP's archive of VEI (Supplementary Table 5), we estimated the amount of ash erupted annually, by converting the VEI of eruptions into dense rock equivalent (DRE) volume. Since small eruptions are unlikely to result in ash plumes and are insignificant in terms of ash delivery to the oceans, we do not consider any eruptions ≤VEI 2. As a VEI indicates a range of potential volumes (e.g., VEI 5 is 1-10 km³ DRE), for each eruption we produce three possible scenarios; a low (e.g., 1 km³ for VEI 5), medium (e.g., 5 km³ for VEI 5) and high (e.g., 10 km³ for VEI 5) scenario. Wherever possible, we constrain larger eruption estimates using published data (see Supplementary Table 6). We use our 'low', 'medium' and 'high' scenarios to attain three estimates of ash deposition for each year. We then sum and average the values of each scenario for each year, yielding three estimates of yearly ash input: a 'low' scenario of 0.47 km³ yr⁻¹, a 'medium' scenario of 1.07 km³ yr⁻¹ and a 'high' scenario of $1.81 \text{ km}^3 \text{ yr}^{-1}$ (Fig. le), all of which are broadly consistent with an earlier estimate of $1 \text{ km}^3 \text{ yr}^{-1}$ (ref. ⁵⁹). Using the average and standard deviation of each scenario, we run 10,000 simulations of ash volume per year, and use these values in our estimates of Fe and Mn supply, resulting in estimation of total Mn and Fe supply for three scenarios (Fig. 3 and Supplementary Fig. 8).

One limitation of using the period 1960–2019 is that we do not include any eruptions >VEI 6, since the last was Tambora in 1815. To assess the impact of such an event on our estimates, we calculate (using the same approach as above), the ash flux for all eruptions between VEI 2 and VEI 4 from 1960–2019, which yields a value of $0.57 \text{ km}^3 \text{ yr}^{-1}$ (Supplementary Fig. 9). Assuming this is representative of background ash flux (i.e., all eruptions smaller than VEI 5), we take this as a baseline value for flux back to 1800, and add in all larger eruptions, using published data for volumes wherever possible (Supplementary Fig. 9 and Supplementary Table 6). By averaging these data, we obtain an estimate of annual ash flux of $1.42 \text{ km}^3 \text{ yr}^{-1}$, greater than the estimate derived from the period 1960-Present (Supplementary Fig. 9). This indicates how these periodic large events may play a controlling role in total ash volumes and indicating that our first approach may yield an underestimation. However, the incompleteness of eruption data prior to 1960 means we do not use this value in modelling.

To account for the composition of erupted ash, we categorise all eruptions according to their eruption style (Supplementary Tables 3,4) and assess the percentage contribution of each style of eruption (Fig. 1b). Using lithological data available through GeoRoc, we estimate the Fe and Mn concentrations in material supplied from each volcanic source, and using the percentage of eruptions from the GVP, convert this to absolute ranges in composition (Supplementary Tables 7 and 8). This exercise suggests that, on average, ash (i.e., a combination of all ash types, locations and eruptions styles) contains 6 ± 1 wt.% Fe and 0.12 ± 0.02 wt.% Mn (Supplementary Table 9). To convert from volume to density we use an average ash density of 1400 kg/m³, with a standard deviation of 133 kg/m³ (ref. ⁶⁰). Finally, we use the depletion factors

derived above, to convert from absolute values of Fe and Mn to the amount released to the oceans during ash transport and diagenesis. For these values we use mean depletion factors, and the standard deviation of the entire dataset (Supplementary Table 10). To avoid unreasonable under- or overestimation, we place boundaries derived from the 10 and 90% percentiles of the data to our simulations (Supplementary Table 10).

To ensure we do not include ash which does not fall into the ocean, we sort the GVP data by sub-region, and estimate the proportion of ash, which falls into the ocean at each location (using prevailing wind directions and the position of the sub-region, cf. ref. 19). In making these estimates, we directly consider published isopachs and examples of marine sedimentary deposition from each of the regions (see Supplementary Table 11). This approach relies upon several assumptions, namely that wind directions may not be in the prevailing direction when a volcano erupts. To account for this, we have included conservative estimates for ash fall, and large errors for those that are more uncertain (see Supplementary Table 11). For example, even for mid-ocean regions that are located on small islands (such as Vanuatu and Jan Mayen), we only estimate 85% of ash falling into the ocean, when it is likely to be higher. Further, by using Monte Carlo modelling, we incorporated the uncertainty in this value into the estimate. We use GVP data to investigate the number of each size of eruptive event from each region, deriving three scenarios ('low', 'medium' and 'high') of ash volume for each individual region in a similar manner to our estimate of total ash volume (Supplementary Table 12). From this we derive three estimates of ash volume for each of the regions. We use the results of the 'medium' scenario to inform further modelling. This is because it represents a middle point in possible ash volumes and is likely to be closest to the truth with respect to the magnitude of ash weathering. This process occurs when fresh ash is weathered via surface runoff, with the content of the ash leached, to then enter the ocean in particulate or dissolved forms^{36,61}. Evidence for the scale of this process may come from Montserrat, where Fe and Mn levels in rivers, which drain fresh ash are enriched when compared to those which do not³⁶. Further, large quantities of subaerially deposited ash may be re-suspended and transported to the oceans, as was observed across Iceland in the aftermath of the Eyjafjallajökull eruption in 2010⁶², and pumice rafting may act to transport ash further away from eruption locations^{63,64}. Using this method does not allow us to indicate exactly how fast the depletion occurs, but evidence suggests there is no link between ash age and depletion factor (Supplementary Fig. 1), indicating that depletion occurs at an early stage of deposition and diagenesis.

Using the outputs from each simulation, we calculate results using Eq. (2) for calculation of the amount of Fe release:

Fe release (mole) =
$$\left(\frac{V_{Ash} \times \rho_{Ash} \times Fe_{Ash} \times Fe_{D}}{55.845}\right) \times P_{ocean}$$
 (2)

where V_{Ash} and ρ_{Ash} are the volume and density of ash, respectively, Fe_{Ash} is the average proportion of Fe in igneous rock as defined above, and Fe_D is the depletion of Fe as calculate using Eq. (1), 55.845 is the atomic mass of Fe, used to convert from grams to moles, and P_{ocean} is the proportion of ash that settles into the ocean. As we use three scenarios for the ash volume estimation, we derive three ranges of total Fe and Mn supply, from which we extract the median to indicate a likely value for each scenario and set of models (Supplementary Table 13).

Data availability

Authors can confirm that all relevant data are included in the paper and/or its supplementary information files. Supplementary Data 1 and 2, along with Supplementary Table 12, may be found at 10.6084/m9.figshare.19107644.

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Author contributions

J.L., M.R.P. and T.M.G. designed the study, interpreted the data and wrote the manuscript, with input from M.T.J. J.L. collated data and performed the modelling. H.R.M. performed ICP-MS analysis on sediment and ash samples and acquired the data. M.T.J. provided data from ash dissolution experiments and contributed to their interpretation.

Competing interests

The authors declare no competing interests.

Additional information

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