

1 **Impaired expression of metallothioneins contributes to Th17/TNF-**  
2 **mediated, allergen - induced inflammation in patients with atopic**  
3 **dermatitis.**

4  
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44 **Abstract:**

45 Regulation of cutaneous immunity is severely compromised in inflammatory skin disease.  
46 To investigate the molecular crosstalk underpinning tolerance versus inflammation in  
47 atopic dermatitis (AD), we set up a human in vivo allergen challenge study, exposing AD  
48 patients to house dust mite (HDM). Analyses of transcriptional programmes at the  
49 population and single cell levels in parallel with immunophenotyping of cutaneous  
50 immunocytes revealed a distinct dichotomy in AD patient responsiveness to HDM  
51 challenge. Our study demonstrates that reactivity to HDM was associated with high basal  
52 levels of TNF-expressing cutaneous Th17 T cells, and documents the presence of hub  
53 structures where Langerhans cells and T cells co-localised. Mechanistically, we identify  
54 expression of metallothioneins and transcriptional programmes encoding antioxidant  
55 defences across all skin cell types, that appear to protect against allergen-induced  
56 inflammation. Furthermore, single nucleotide polymorphisms in the MTIX gene are  
57 associated with patients who did not react to HDM, opening up possibilities for therapeutic  
58 interventions modulating metallothionein expression in AD.

59

60

## 61 INTRODUCTION

62 Body surfaces such as the skin, which form the interface with the environment, play  
63 a vital role in sensing whether environmental insults are “dangers” and communicate this  
64 to the adaptive immune system<sup>1-5</sup>. An immune homeostasis is maintained in the steady  
65 state which ensures tolerance to harmless environmental insults and the inhabiting biofilm  
66 of microbiota. However, in chronic inflammatory skin conditions such as atopic dermatitis  
67 (AD), this immunotolerance is breached resulting in uncontrolled immune responses to  
68 otherwise innocuous allergens, resulting in flares and exacerbations<sup>6-8</sup>.

69  
70 AD is one of the most prevalent inflammatory skin conditions, affecting up to 20% of  
71 children and 4-7% of adults in European countries<sup>9,10</sup>. 20-30% of AD cases are refractory  
72 to treatment, and hence very difficult to manage<sup>11</sup>. Importantly, even though attributing  
73 definite causes for eczematous reactions is often impossible, environmental allergens  
74 such as pollens, dust mites, pet dander from cats and dogs, moulds and human dandruff,  
75 are the commonest triggers inducing allergic immune responses in eczema<sup>8,12</sup>. Such  
76 aberrant allergic responses are thought to be a result of a complex crosstalk between an  
77 environmental trigger, impaired skin barrier and Th2 adaptive immune activation, resulting  
78 in chronic, prolonged inflammation, and uncontrolled flares<sup>1,13-15</sup>. But, while type 2  
79 immunity dominates the skin of AD patients, it is overexpressed in both lesional skin and  
80 clinically non-inflamed sites,<sup>16,17</sup> questioning the role of the Th2 immunophenotype in  
81 driving flares and acute responses to harmless allergens.

82  
83 In contrast, Th17 T cells have already been shown to be of importance in AD,  
84 expressed at higher levels in skin of children than in adults<sup>14</sup>, and higher in intrinsic AD  
85<sup>15</sup>. Our previous analysis of skin immunophenotypes indicated existence of a specific  
86 endotype of Th17-high patients with AD, highly prevalent in chronic lesions<sup>17</sup>.  
87 While IL17 has been established as driving innate anti-microbial responses, TNF is a  
88 multifunctional cytokine, exerting effect on numerous skin populations. TNF drives  
89 expression of adhesion molecules in skin of patients with AD, which may facilitate immune  
90 cell extravasation<sup>18</sup>. Together with Th2 cytokines TNF induces atopic dermatitis-like  
91 features on epidermal differentiation proteins and stratum corneum lipids in human skin  
92 equivalents<sup>19</sup>. Induced by *Staph aureus*, TNF leads to up-regulation of HLA-DR  
93 molecules in keratinocytes and facilitates presentation of HDM allergen<sup>12</sup>. Inflammatory  
94 IL-17 and TNF secreting CD4(+) T cells have been shown to persist even in highly  
95 immunosuppressive cancer environments<sup>20</sup>, indicating their potential to overcome  
96 mechanisms of cutaneous homeostasis. However, their contribution to allergen-driven  
97 responses has not yet been fully understood.

98  
99 A long-standing clinical observation indicates that only a proportion of patients with  
100 detectable allergic responses on blood test have positive eczematous responses to local  
101 skin challenge with the same allergens. While patients with severe AD show a significantly  
102 higher frequency of IgE reactivity to allergens such as cat (Fel d 1) and house dust  
103 mite (HDM, Der p 1, 4 and 10)<sup>21</sup>, it is not understood what determines whether such skin  
104 reactivity is present, or why, in some patients with positive blood-derived T cell reactivity  
105 to allergens, a skin challenge fails to elicit an eczematous response.

106

107 To address this question, we set up a human *in vivo* challenge model exposing  
108 patients with AD to a common aeroallergen, house dust mite (HDM), and investigated  
109 transcriptional programmes and function of resident and infiltrating immune cells in  
110 reactive versus non-reactive patch test sites. This unique approach allowed us not only  
111 to delineate a network of interactions in human skin changing dynamically upon exposure  
112 to allergen but progressed our understanding of molecular mechanisms safeguarding  
113 cutaneous homeostasis. Our analysis indicates that in reactive patients responses to  
114 HDM are mediated by Th17 TNF-expressing T cells, driving rapid expansion and  
115 overactivation of Langerhans cells (LCs). Lack of response to HDM challenge was  
116 associated with a polymorphism in MT1X linked to higher expression of metallothioneins.  
117 This network contributes to cutaneous non-reactive state, preventing T cell activation and  
118 LC exhaustion.

## 119 120 **RESULTS**

### 121 122 ***In vivo* allergen challenge model to investigate mechanisms of local immune** 123 **responses in human skin.**

124  
125 To investigate the behaviour of systemic and cutaneous human immune systems upon  
126 exposure to an allergen, we set up a human *in vivo* allergen challenge study (Figure 1A).  
127 We recruited 28 adult patients with moderate to severe atopic dermatitis under the care  
128 of a dermatologist in a tertiary referral center. Skin barrier integrity, systemic blood  
129 responses and responsiveness to allergen in skin prick test (SPT) were used to assess  
130 structural and systemic parameters. The study group comprised 15 males, 13 females,  
131 89% (25/28) of Caucasian ethnicity, with median age = 37 years, (IQR 24.25-53.50),  
132 (Supplementary Figure 1A, Supplementary Data 1). Eczema severity scores (EASI)  
133 indicated moderate to severe disease (median = 17.7, IQR:10.2 – 30.9, max = 51.4,  
134 Supplementary Figure 1A, Supplementary Data 1). Skin barrier was measured as  
135 transepidermal water loss (TEWL) of non-eczematous sites and was impaired in the AD  
136 patients: median = 17.7 g/m<sup>2</sup>h, IQR:13.3 – 30.7, max = 85.0 compared to healthy; median  
137 = 8.1 g/m<sup>2</sup>h, IQR = 5.9-10.8, p<0.0001, Supplementary Figure 1B). Systemic immune  
138 response to HDM was assessed using skin prick test (SPT). 27/28 (96%) patients showed  
139 positive SPT reactions to a range of allergens, and the reaction to HDM was one of the  
140 strongest (median wheal area 19mm<sup>2</sup>, IQR: 13-26 mm<sup>2</sup>, Supplementary Figure 1C,  
141 Supplementary Data 1). All patients had atopic dermatitis (diagnosed by dermatologist as  
142 per UK Working Party diagnostic criteria<sup>22</sup>), and the majority suffered with hay fever  
143 (24/28, 86%) and asthma (21/28, 75%) (ISAAC questionnaire, Supplementary Figure 1  
144 D). Local T cell mediated responses to HDM were measured via *in vivo* allergen exposure  
145 patch test and assessed by the clinician. 48 hours post application of a patch test to  
146 buttock skin, 11 out of the 28 patients showed clear positive reactions to HDM, and hence,  
147 were denoted as “HDM-reactive”. In 12 patients, HDM did not induce a visible response,  
148 thus they were labelled as “HDM-non-reactive” (Figure 1B). Four patients reacted to the  
149 control patch and were thus labelled as “irritant control reactions”, while 1 patient  
150 developed redness in the patch test site which was classified by the clinician as not  
151 related to the patch test. This patient was excluded from group analysis.

152

153 To delineate the cellular and molecular determinants underpinning local cutaneous HDM  
154 reactivity versus local tolerance, 6mm punch biopsies were taken from control and HDM  
155 patch test sites 48h post *in vivo* challenge with the allergen and cutaneous cells analysed  
156 using flow cytometry, next generation transcriptomic and genomic sequencing.

157

### 158 **Reactivity to HDM is associated with co-expansion of T cells and LCs.**

159

160 As expected, following HDM application in reactive patients, we observed significant  
161 expansion of CD3 T lymphocytes ( $p=0.0001$ , Figure 2A,C), in contrast to non-reactive  
162 patch tests or irritant sites (Figure 2B,C). This corresponded with the greater wheal areas  
163 of HDM-positive SPT in patients with HDM-reactive patch tests (Supplementary Figure  
164 2A,  $p = 0.0109$ ), in agreement with observations by others<sup>23</sup>. Surprisingly, we observed  
165 significant expansion of LCs (CD207+ CD1a+) and dermal DC (CD207-CD1a<sup>dim</sup>) in skin  
166 biopsies after patch testing versus control sites (Figures 2D-F, Supplementary Figure 2B),  
167 in parallel to T cells.

168

169 A strong correlation between the increase in fold change of LCs and T cells compared to  
170 control ( $r^2=0.59$ ,  $p<0.0001$ , Figure 2G) suggested that immune crosstalk between these  
171 cell populations perpetuates the responses to allergen. In comparison, correlation  
172 between dermal DC and T cells was much weaker (Supplementary Figure 2C). In-situ co-  
173 localisation of LC (green) and T cells (red) was confirmed in patients reacting to HDM  
174 (Figure 2H). Intriguingly, they created hubs akin to tertiary immune structures, observed  
175 in inducible skin-associated lymphoid tissue (iSALT) previously described in a mouse  
176 model of contact dermatitis<sup>24,25</sup>. While these structures were less frequent in the control  
177 skin of reactive patients, T cells were localised in closer proximity to the epidermis,  
178 compared with that of non-reactive patients (Supplementary Figure 2D).

179

180 We next tested whether observed lack of responses to HDM in non-reactive patients with  
181 known T cell reactivity was related to more functional skin barrier. However, the measured  
182 TEWL level indicated greater epidermal permeability in non-reactive patients ( $p=0.033$ ,  
183 Figure 2I) Interestingly, high TEWL seemed to predispose to irritated control responses,  
184 perhaps highlighting that severely impaired skin barrier facilitates irritant inflammatory  
185 reactions. Furthermore, genetic analysis showed that the prevalence of variants in  
186 filaggrin (FLG) gene, including 2282del4, R501X, S3247X, R2447X (Figure 2J, PCR) and  
187 seven loss of function variants identified in FLG from whole exome sequencing, was  
188 comparable between HDM-reactive and non-reactive patients ( $p>0.9$ ,  $\chi^2$  test). The  
189 additional three variants (Gly1109GlufsTer13, Ser2817AlafsTer75 and Gly323X) were of  
190 high quality (all having a genotype quality of 99 and a read depth  $>50$ ). All variants had  
191 an allele balance  $>0.15$  and did not indicate differences between reactive and non-  
192 reactive patients ( $p = 0.44$ ,  $\chi^2$  test, Supplementary Fig 2E, Supplementary Data 2). This  
193 was unsurprising given the modest sample size is not powered to reach statistical  
194 significance. The integrity of transcriptional programming related to the epidermal barrier  
195 from reactive and non-reactive patients was further confirmed using single cell  
196 transcriptomic data, indicating programmes encoding tight junctions, desquamation,  
197 keratinization, cornification, lipid metabolism and desmosomes were not compromised in

198 the skin of reactive patients (Supplementary Figure 2F,G n=6 paired biopsies,  
199 Supplementary Data 3).

200

201 In contrast to lack of differences in skin barrier function between reactive and non-reactive  
202 patients, cutaneous CD3+ T cell infiltration in the control site was higher in reactive  
203 patients (Figure 2K,  $p = 0.0477$ ), indicating immune mechanisms drove responsiveness  
204 to HDM. We therefore sought to understand in detail the molecular immune cross-talk  
205 differentiating responding and non-responding patients.

206

### 207 **Activated TNF-expressing Th17 cells are significantly enriched in reactive patients**

208

209 To reliably track rare populations including specific T cell types, and transcriptional  
210 programmes at the level of transcription factors within dissociated skin biopsies we  
211 applied Constellation-seq<sup>26</sup>, a highly sensitive transcriptome read-out (Supplementary  
212 Data 4). Scanpy analysis<sup>27</sup> of Constellation-seq data identified 15 major cell clusters,  
213 representing cell populations found in skin biopsies (Leiden algorithm,  $r=0.5$ ,  
214 Supplementary Figure 3A-D, Supplementary Data 5). Cell identity was confirmed using  
215 HCA marker genes<sup>28</sup> (Supplementary Figure 3E). Distinct clusters grouped keratinocytes  
216 (undifferentiated and differentiated), immune cells (including APCs and T cells), four  
217 populations of fibroblasts (F1-F4), vascular endothelial cells, lymphatic endothelial cells  
218 and pericytes and melanocytes (Supplementary Data 5).

219 Analysis of T cell compartment subsetted from the Constellation Seq data identified 6  
220 distinct T cell populations, annotated as CD4 naïve T cell, CD4 follicular helper T cells  
221 (Tfh), CD8 cytotoxic T cells, primed T cells, regulatory T cells (Tregs), and a small cluster  
222 of  $\gamma\delta$ T cells, using Human Cell Atlas (HCA) signatures<sup>28</sup> (Figure 3A,B).

223

224 Cell frequency analyses confirmed observed high T cell numbers in control sites of  
225 reactive patients (Figure 3C). These cells presented higher activation status, manifested  
226 by up-regulation of *NFATC2*, *JUN*, *RELB* and NFkB transcription factors (Figure 3D).  
227 Consistently, genes up-regulated in reactive patients on exposure to HDM encoded T cell  
228 activation via JAK-STAT and Wnt signalling pathways (Figure 3E, Supplementary Data  
229 6). In contrast, T cells from non-reactive patients expressed transcription factors  
230 regulating tolerogenic properties (*STAT5B*) (Figure 3D) and enrichment of processes of  
231 cellular senescence (Supplementary Figure 3F), highlighting profound differences in  
232 cutaneous immune status at baseline.

233

234 Comparative analyses of the prevalence and activation of specific T cell clusters across  
235 patient groups showed that T cell changes in response to allergen were quantitative rather  
236 than qualitative (Supplementary Figure 3G, H). Together with changes in T cell numbers  
237 observed by flow cytometry, this strongly indicated that the inflammatory process in HDM  
238 patch test site is driven by T cell expansion from populations present in the allergen  
239 unexposed skin.

240

241 Testing for specific T cell transcriptional programmes including Th1, Th2, Th17, Th22,  
242 and Treg (as defined by HCA), identified enrichment in Th17 cells, overrepresented  
243 across Tfh and CD4 naïve clusters. These cells, with a specific immunophenotype of

244 CD3+IL17+TNF+CD69+, were enriched at the control site of patients reactive to HDM,  
245 (Figure 3F,G). In contrast, Th1, Th2 and Th22 immunophenotypes were shared between  
246 cells across patient groups and T cell populations, resembling continuous phenotype  
247 clouds of T cells in gut tissue, as described by Kiner and colleagues<sup>29</sup>. Interestingly, even  
248 though Th2 determinants were expressed more strongly in patients with reactive HDM-  
249 patch tests, Th2 polarisation, was also evident in non-reactive patients, both at the control  
250 site and following *in vivo* challenge with the allergen (Supplementary Figure 3 I,J). This is  
251 in agreement with earlier findings reporting Th2 responses in non-lesional eczema  
252 skin<sup>16,17</sup>.

253

254 To test, whether the Th17 overexpression was translated into functional protein synthesis,  
255 we assayed cytokine expression in peripheral blood mononuclear cells from reactive and  
256 non-reactive patients. IL-17 producing T cells were significantly overrepresented in blood  
257 of reactive patients even prior to stimulation with HDM (Figure 3G,H), while no differences  
258 were observed in IL13-producing CD4+ T cells between patient groups (Supplementary  
259 Figure 4K, L). We next hypothesized that TNF $\alpha$ -Th17 cells would be in cross-talk with  
260 LCs. Indeed, CD3+CD17+ co-localised with CD207+ LCs in dermal hubs in the control  
261 and HDM-exposed skin of HDM reactive patients (Figure 3J, Supplementary Figure 3M).  
262 The importance of TNF for inter-cellular communication in the skin of reactive patients  
263 was next confirmed in crosstalk analyses, demonstrating a TNF:TNFSFRB signaling edge  
264 between T cells and APCs, already present in the control skin, and strengthened on  
265 exposure to HDM in reactive patients (Figure 3K,L).

266

### 267 **Expression of metallothioneins counterbalances LC overactivation differentiating** 268 **HDM reactive and non-reactive patients.**

269

270 LC are programmed in healthy skin to maintain tolerogenic networks of T cells<sup>30,31</sup>,  
271 but may be subverted to activate pathogenic T cells in disease<sup>32</sup>. Given the importance  
272 of TNF in APC maturation, and the co-localisation of Tcell:LCs in the hubs, we  
273 hypothesized that LC function was altered in patients reacting to HDM. To test this  
274 hypothesis we analysed transcriptional changes and molecular cross-talk in LC across  
275 experimental groups.

276

277 To investigate in depth transcriptional changes in LCs in non-reactive vs reactive patients,  
278 CD207+CD1a+ LCs were purified from control and HDM- challenged patch test sites  
279 (Supplementary Figure 4A-E). Transcriptome profiles from LCs in control biopsies across  
280 patient groups were consistent with steady-state LCs described by us recently<sup>33</sup>  
281 (Supplementary Figure 4F, Supplementary Data 7). Transcript-to-transcript correlation  
282 analysis of 28032 filtered and normalised transcripts (BioLayout  $r=0.85$ , MCL = 1.7,  
283 minimal cluster size = 10 genes) identified 10 clusters of 1115 co-expressed genes,  
284 clearly split into two distinct structures (Supplementary Figure 4G,H).

285

286 Core transcriptomic programmes, encoding key LC functions such as protein targeting to  
287 ER (BH adj  $p = 5.67E-82$ ), ubiquitin proteinase ligase binding (BH adj  $p = 5.83E-10$ ), and  
288 antigen processing and presentation (BH adj  $p = 7.38E-9$ ), key for LC function<sup>33</sup>, were up-  
289 regulated in LCs isolated from control patch test sites of HDM-reactive vs non-reactive

290 patients (Figure 4A,B,  $p < 0.0001$ , Supplementary Data 8). This response was consistent  
291 with TNF-induced LC activation previously shown by us<sup>33-35</sup>. Consistently, flow cytometry  
292 measurement of the HLA-DR expression level further confirmed higher antigen  
293 presenting abilities of LCs from control patch sites of HDM- reactive patients ( $p = 0.0012$ ,  
294 Figure 4C,D).

295  
296 To identify signals driving LC activation in the skin of reactive patients we assessed  
297 molecular crosstalk in patch test sites. Ligand-receptor analyses of single cell  
298 transcriptomes isolated from full skin biopsies (Supplementary Figure 4I) confirmed that  
299 signalling from activated T lymphocytes was the strongest interaction (Figure 4E), and  
300 delivered activation stimulus via TNF: TNFRSF1B to LC (Supplementary Figure 4 I-K).  
301 To test a hypothesis that such LC:T cell cross-talk was differentiating HDM responding  
302 and non-responding patients we tracked the identified gene signature (Supplementary  
303 Data 9) in bulk LC transcriptomes using GSEA<sup>36</sup>. This confirmed that T cell:LC signalling  
304 edge was enriched in the control sites of reactive patients (Figure 4F, Normalised  
305 Enrichment Score = 1.23).

306 Surprisingly, despite activation of core LC functional pathways in reactive patients, our  
307 analyses demonstrated a global impairment of LC transcriptional programming after  
308 exposure to HDM, compared to both paired control patch test and to non-reactive  
309 patches. The majority of genes (691, Clusters 01,03,04,05,07,08,10) followed a  
310 characteristic pattern of expression, with significant downregulation after exposure to  
311 HDM in cells isolated from reactive patients (Figure 4A,B, Supplementary Figure 3G,H,  
312 Supplementary Data 8). Consistent with observed transcriptional changes, expression of  
313 CD207, the LC hallmark antigen uptake receptor, was decreased in LC from reactive skin  
314 patches following exposure to HDM compared to non-reactive and irritant skin.  
315 (Supplementary Figure 4 L,M).

316  
317 Unbiased weighted gene expression network analysis (WGCNA,<sup>37</sup>) further confirmed  
318 strong correlation existed between LCs transcriptome modules, disease severity as  
319 measured by EASI (module yellow,  $|r| = 0.48$ , adj  $p = 0.001$ ), level of CD3+ T cell infiltrate  
320 in the skin (module turquoise, encoding antigen binding, MHC class II receptor activity,  
321  $|r| = 0.31$ , adj  $p = 0.04$ ), and Th17 T cell frequency (module blue,  $|r| = 0.32$ , adj  $p = 0.04$ )  
322 (Supplementary Figure 3N, Supplementary Data 10).

323  
324 Strikingly, LCs from samples where CD3 T cells expanded on exposure to HDM (red)  
325 were separated by reduced expression of genes in the turquoise module, including  
326 metallothioneins *MT2A*, *MT1G*, *MT1X*, ferritin chains (*FLT*, *FTH1*) and heme oxygenase  
327 (*HMOX1*) (Figure 4H), creating a network of antioxidant defenses (Supplementary Figure  
328 4O). This indicated, that while activated T cell signaling likely induces LC maturation,  
329 expression of metallothioneins might provide a protective mechanism in non-reactive  
330 patients.

331  
332  
333 **Enhanced expression of metallothionein genes protects non-reactive patients**  
334 **from inflammation and prevents HDM-induced oxidative stress**  
335



336 Having identified that metallothionein expression counterbalances high activation of LC,  
337 we sought to test whether metallothionein genes induce a tolerogenic or quiescent  
338 environment in the skin.

339  
340 Drop-seq analyses of freshly dissociated biopsies (n=6) confirmed the high expression of  
341 metallothionein gene family across cell populations in the control sites of non-reactive vs  
342 reactive patients (Figure 5A,B, Supplementary Figure 2F). To ensure that the detection  
343 limits and drop-outs were not masking metallothionein expression we further corroborated  
344 the results using high-sensitivity Constellation-seq (Figure 5C, Supplementary Figure  
345 5A). Differential gene expression analyses in Constellation-Seq data (Supplementary  
346 Figure 3A,E) performed for each specific cell population between sample phenotypes  
347 indicated that amongst all the cell populations the most DEGs differentiating reactive and  
348 non-reactive patients were expressed at the control site by differentiated KCs (825 DEGs  
349 up-regulated in responding patients, 445 DEGs up-regulated in non-responding patients,  
350 MAST, FDR<0.05, Supplementary Data 11). While DEGs up-regulated in responders  
351 encoded skin differentiation (FDR =  $6 \times 10^{-13}$ ), hyperkeratosis (FDR =  $4 \times 10^{-3}$ ) and skin  
352 inflammation (FDR =  $3 \times 10^{-3}$  (ToppGene, Supplementary Figure 5B, Supplementary  
353 Data 11), anti-oxidant defences including glutathione peroxidase activity (FDR =  
354  $6.58 \times 10^{-3}$ ) and stress responses/detoxification (FDR =  $3 \times 10^{-6}$ ) were strongly enriched  
355 in non-responding patients (Supplementary Data 11). Metallothioneins: *MT2A*, *MT1M* and  
356 *MT1E* were in the top 5 most differentially expressed genes. While analyses of  
357 differentially expressed genes across different skin populations identified only sporadic  
358 genes up-regulated in non-reactive patients, these differentially up-regulated genes  
359 consistently included members of metallothionein family, with *MT2A* being the top  
360 overexpressed gene in non-reactive fibroblasts and venous endothelium (FDR =0.015,  
361 Supplementary Figure 5C). While expression of metallothionein transcripts was reduced  
362 on exposure to HDM in all patients, cells from biopsies non-reactive to HDM retained  
363 some expression of metallothioneins (Figure 5C).

364 Given the uniform downregulation across the skin cell types, we tested whether DNA  
365 polymorphisms could underpin differences in non-reactive vs reactive patients.  
366 Hypothesis driven GenePy logistic regression analysis<sup>38</sup> of 34 genes encoding oxidative  
367 stress responses, and key immunological and structural features predefined in the study  
368 (Supplementary Data 13), identified *MT1X* as the top gene differentiating patient groups.  
369 A chi-square test of independence was performed to examine the relation between single  
370 nucleotide polymorphism (SNP) in *MT1X* and reactivity to HDM. The relation between  
371 these variables was close to significant,  $\chi^2 = 3.96$ ,  $p = 0.076$ , indicating that existence  
372 of a SNP in *MT1X* protected from allergen-driven inflammation (Figure 5D). Examining  
373 the genomic region of *MT1X*, we confirmed, that both SNPs ((GRCh38)  
374 16:56682411:G>T and (GRCh38)16:56682435:C>A) were localized in the promoter and  
375 enhancer region of *MT1X* gene (Supplementary Figure 5D).

376  
377 We next confirmed the expression of metallothionein genes was decreased in chronic AD  
378 lesions (Figure 5E) and compromised across a range of T-cell mediated skin diseases, in  
379 comparison to healthy skin (Figure 5F). To test the regulatory role of metallothioneins in  
380 this transcriptional network we transiently silenced expression of *MTF1*, a transcription  
381 factor coordinating the expression of metallothionein family using siRNA. We confirmed

382 that exposure to HDM induces *HMOX1* in human fibroblasts (Figure 5G). Silencing of  
383 *MTF1* reduced both the expression of metallothioneins, and HDM-induced *HMOX1*,  
384 providing the causal link between allergen exposure, anti-oxidant responses, and the  
385 protective role of metallothioneins (Figure 5G, Supplementary Figure 5E,F). We next  
386 asked the question whether cytokines produced in the skin of patients responding to HDM  
387 could impact metallothionein expression. Indeed, analysis of publicly available data of  
388 keratinocytes exposed to a range of cytokines, indicated that expression of  
389 metallothioneins can be downregulated by IL17a and TNF (Figure 5H), providing an  
390 inducible mechanism by which T cell mediated allergic immune responses affect anti-  
391 oxidant responses, and render the skin susceptible to chronic inflammation. In summary,  
392 we document that expression of metallothioneins is linked to a non-reactive environment  
393 in the skin, supports cutaneous anti-oxidant responses, and provides a potential  
394 protective mechanism against inflammation.

395

396

## 397 **DISCUSSION**

398

399 Accurate regulation of cutaneous immunity is fundamental for human health and quality  
400 of life. Inappropriate immune activation results in inflammatory disorders, affecting up to  
401 40% of the population <sup>39-41</sup>. In AD this problem is particularly severe, manifested by  
402 frequent exacerbations resulting in significant morbidity in paediatric and adult  
403 patients<sup>6,8,9</sup>.

404

405 Comparing cutaneous and systemic responses of eczema patients to HDM, we  
406 demonstrated that despite evident allergen-specific responses in blood, nearly 50% of  
407 patients did not react clinically to an epicutaneous patch test with allergen. We ruled out  
408 the possibility that the lack of reactivity might be due to the epidermal permeability barrier  
409 preventing penetration of the allergen, as these individuals had a less effective barrier as  
410 indicated by increased TEWL. This suggested the existence of local epidermal tolerance  
411 in the non-lesional skin and posed a question about the factors regulating the distinctly  
412 different outcomes between reactive and non-reactive patients.

413

414 Our study documents that in allergen-responsive individuals, an innate state of tolerance  
415 is overcome by inflammatory signalling, epitomised in crosstalk between activated Tfh  
416 Th17 TNF-expressing T cells and LCs. Importantly, the baseline state in skin is  
417 distinctively different in non-reactive and reactive patients. These differences are  
418 localised mainly to the epidermis and the immune compartment. The frequency and the  
419 state of activation of Tfh Th17 TNF-expressing T cells appears to be critical for  
420 subsequent reaction to the allergen. Tfh have been previously implicated in driving re-call  
421 allergic responses to HDM in lungs <sup>42</sup>. However, our study defines these cells as Th17  
422 TNF-expressing, in contrast to Th2 cells reported by others.

423

424 The role of Th17 skin infiltrating T cells in driving acute responses to an allergen could be  
425 conceivably executed via contributing to an augmented state of immune readiness,  
426 promoting more severe immune reaction. As reported extensively, and captured by cross-  
427 talk analyses, TNF is a key player in cutaneous immune signalling. TNF secreted by T

428 cells could play a double role in driving LC function by regulating both LC migration and  
429 maturation<sup>33,34,43–45</sup>. Expressed in unperturbed skin, it can drive LC activation. On  
430 exposure to HDM, TNF produced by activated T cells will provide a chemotactic signal  
431 for LC to migrate out of the epidermis. In the hub structures observed in HDM reactive  
432 patients, activated LCs would support T cell activation and survival, perpetuating  
433 inflammation. However, in addition to delivering chemotactic and pro-maturation signals,  
434 TNF has cytotoxic functions, likely resulting in the observed expansion and loss of  
435 functional transcriptomes of LCs. Several lines of evidence point to the importance of the  
436 ability of LCs to induce immunotolerance as critical for cutaneous homeostasis<sup>30,31,46</sup>. In  
437 this context, loss of LC function could likely lead to uncontrolled inflammation *in situ*, as  
438 observed in the HDM reactive patch test. Such exhaustion induced by overactivation has  
439 previously been observed in dendritic cells and macrophages in chronic infection and  
440 when overwhelmed by antigen load<sup>47,48</sup>.

441  
442 Our unbiased analysis uncovers the role of anti-oxidant defences counterbalancing  
443 immune activation in non-responding patients. In contrast to sub-clinical inflammation in  
444 the skin of reactive patients, expression of metallothioneins was associated with  
445 protection from HDM-driven inflammatory reaction. Levels of expression of  
446 metallothioneins seemed to be controlled both at the constitutive (via SNP in *MT1X* gene)  
447 and inducible levels (regulated by the acute oxidative stress/inflammation), highlighting  
448 the importance of anti-oxidative defences in AD skin.

449 Importantly, anti-oxidative defence was one of the transcriptomic modules critically  
450 compromised in LCs from reactive patch test sites. Oxidative stress is one of the key  
451 components driving allergic sensitisation, and in asthma models, aeroallergens such as  
452 HDM, directly induce production of reactive oxygen species and DNA damage and  
453 dampen antioxidant responses<sup>49,50</sup>. Additionally, we and others demonstrate that  
454 cytokine signalling can affect metallothionein expression in an inducible manner. Indeed,  
455 increased oxidative stress during AD exacerbation<sup>51</sup> and decreased antioxidant capability  
456 in children with eczema<sup>52</sup> has been previously observed. Since oxidative stress itself  
457 exhausts antioxidant responses and can be induced by many eczema-associated factors  
458 including allergens, hormones and chemicals, it is possible that chronic exposure to such  
459 triggers may compromise LC function in the epidermis of individuals with eczema making  
460 them less able to maintain cutaneous tolerance and extending our observation beyond  
461 the patch test system.

462  
463 Based on our analyses, we propose a model in which sub-clinical inflammation exhausts  
464 metallothionein stores in the skin of genetically pre-disposed patients. The sub-cutaneous  
465 inflammation is in parallel manifested by infiltration of TNF expressing activated T cells,  
466 and activated antigen presenting cells, including LCs. In response to allergen, these  
467 quickly initiate inflammatory responses and expand T cell populations driving an  
468 inflammatory reaction. This in turn leads to exhaustion of LCs, uncontrolled inflammation  
469 and lesion formation thereby mediating clinical signs of inflammation. In healthy/non  
470 inflamed skin, allergen exposure in the absence of subclinical inflammation, mediates  
471 immunological non-responsiveness, but in the inflamed skin depleted of oxidative  
472 defences, exposure to HDM initiates allergic inflammation.

473

474 Our current study provides a detailed description of cellular and molecular crosstalk in the  
475 skin of eczema patients, proposing a mechanism supporting development of allergen-  
476 induced inflammation. We conclude that therapeutic interventions aimed towards  
477 disrupting Th17/TNF mediated immune cross talk, or directed towards enhancing  
478 antioxidant responses, can be harnessed to improve skin health and prevent  
479 exacerbations of atopic dermatitis.

480

481

## 482 **METHODS**

483

484 The research was conducted in the UK, in collaboration with the University Hospital  
485 Southampton NHS Foundation Trust, Southampton, UK. The research is locally relevant  
486 and the study design has been consulted with patient advocacy groups. The study has  
487 been approved by South East Coast - Brighton & Sussex Research Ethics Committee,  
488 protocol attached as Appendix 1 in Supplementary Materials.

### 489 **Study design**

490 Informed, written consent was obtained as per approval South East Coast - Brighton &  
491 Sussex Research Ethics Committee in adherence to Helsinki Guidelines (approval:  
492 16/LO/0999). Adult AD patients with mild to severe disease (mean objective EASI) were  
493 recruited through the Dermatology Centre, University Hospital NHS Trust, Southampton.  
494 All AD patients fulfilled the diagnostic criteria for AD as defined by The UK Working Party  
495 <sup>22</sup>. 28 patients were recruited. One of the samples was excluded due to disagreement on  
496 the PT outcome (observed minimal redness, but not consistent with the patch test  
497 perimeter). FACS results for CD3 T cells were compromised for one sample due to a  
498 technical fault. One sample was processed for single cell RNA-seq only. Additional QC  
499 inclusion criteria were applied for bioinformatic analysis. Objective EASI was measured  
500 as described previously<sup>53</sup>. Before sampling, patients were washed out from any  
501 immunosuppressive treatment for at least 5 half-lives of the drug. Atopy status was  
502 assessed for each patient using Skin Prick Test (SPT) to six most common allergens:  
503 house dust mite, grass pollen, tree pollen mix, mixed mould, cat and dog. Histamine was  
504 used as a positive control (ALK-Abello, Horsholm, Denmark). Maintenance of normal  
505 epidermal barrier function was measured by trans-epidermal water loss (TEWL). On  
506 enrolment, information about participants' demographics and previous medical history,  
507 immediate family history and information about atopic disease (eg eczema, rhinitis) in the  
508 subject was collected based on the ISAAC questionnaire <sup>54</sup>. Peripheral blood  
509 mononuclear cells (PBMC) were separated from venous blood and processed for DNA  
510 extraction. FLG mutation analysis was performed as described previously <sup>55,56</sup>. Briefly,  
511 primer pairs were used to amplify the region of interest from DNA prepared from  
512 peripheral blood samples of individuals with atopic dermatitis and controls. FLG variants  
513 R501X, 2282del4, S3247X and R2447X, which covers more than 90% of FLG mutations  
514 in a UK population, were then identified using restriction enzyme digest of PCR products  
515 with agarose gel electrophoresis and FLG variants were confirmed by whole exome  
516 sequencing.

517

### 518 ***In vivo* allergen challenge model**

519 House Dust Mite allergen (ALK-Abello, Horsholm, Denmark AD01-AD10, Citeq Biologics,  
520 Netherlands AD11-AD28) contained in paraffin was applied via epicutaneous patch  
521 application to the upper buttock skin at a non-lesional site (free from eczema) following  
522 10x tape strip procedure to remove stratum corneum, according to our previous method  
523 <sup>1,57</sup>. A control patch was applied in parallel following identical procedure, except for the  
524 HDM allergen. In all AD volunteers, this site showed no evidence of active eczema, and  
525 the volunteers were not being treated with topical therapy. Clinical responses were  
526 quantified 48 hours later at each challenge site by a specialist registrar in dermatology  
527 trained in patch testing. 6 mm skin biopsies were taken under local anaesthesia from  
528 allergen-exposed and control skin.

529

### 530 **Cell isolation**

531 6 mm biopsies were minced using a surgical scalpel and digested for 16h at 37C with  
532 agitation in RPMI with Liberase<sup>TM</sup> (Roche) following manufacturer's instructions. After  
533 16h of digestion cells were collected and washed with RPMI 5% FBS. Cells were  
534 resuspended in PBS 1% BSA 20mM EDTA and filtered through 70um sterile filters before  
535 surface antibody staining for FACS or processing for Dropseq analysis.

536

### 537 **Flow cytometry and cell sorting**

538 All antibodies were used at pre-titrated, optimal concentrations. All flow cytometry was  
539 undertaken with FACS Aria flow cytometer (BD Biosciences). For surface staining of live  
540 cells buffer containing PBS 1% BSA was used for all antibody staining. FACS Aria flow  
541 cytometer (Becton Dickinson, USA) was used for analysis of human LCs for the  
542 expression of CD207, CD1a, HLA-DR (mouse monoclonal antibodies, CD1a,  
543 CD207:Miltenyi Biotech, UK and HLA-DR: BD Biosciences, UK) or T cells for the  
544 expression of CD3, CD25 and CD103 (Miltenyi Biotech). Singlets (FCSA:FCSH),  
545 CD207+/CD1a+ digested LCs were sorted into trizol for RNA isolation. In parallel, LC-  
546 depleted skin cells were sorted into RPMI 5% FBS and processed for immediate  
547 cryostorage. Antibody details listed in Supplementary Data 14.

548 For intracellular cytokines freshly isolated PBMCs were activated with anti-CD3 and anti-  
549 CD28 (1 mg/ $\mu$ l), with GolgiPlug (BD Biosciences, Oxford, UK). The Cytofix/Cytoperm kit  
550 (BD Biosciences) was used according to the manufacturers' instructions. Flow cytometric  
551 analysis with the was undertaken following lymphocyte gating on Forward/Side scatter.  
552 Subsequent gating on CD3- PerCP 5.5 (eBiosciences), CD4-VioGreen (Miltenyi Biotech)  
553 was based on appropriate negative controls to demonstrate IL13-APC and IL-17-FITC  
554 positive cells (Miltenyi Biotech). Antibody details listed in Supplementary Data 14.

555 Flow cytometry data analysis was carried out with the FlowJo software (Tree Star,  
556 Ashland).

557

### 558 **MTF1 silencing**

559 MRC5 lung fibroblasts were obtained from the European Collection of Authenticated Cell  
560 Cultures (ECACC). All cultures were tested and free of mycoplasma contamination.  
561 Fibroblasts were cultured in T75 flasks in Dulbecco's Modified Eagle's Medium (DMEM)  
562 supplemented with 10% foetal bovine serum (FBS), 50 units/ml penicillin, 50  $\mu$ g/ml  
563 streptomycin, 2 mM L-glutamine, 1 mM sodium pyruvate and 1x non-essential amino  
564 acids (Life Technologies, Paisley, UK), at 37 °C and 5% CO<sub>2</sub>.

565 Prior to use cells were seeded at 80,000 cells per well in 12-well plates and reverse  
566 transfected with short interfering RNA (siRNA) against *MTF1* (L-020078-00-0005;  
567 Dharmacon, UK) at a final concentration of 20 nM using Lipofectamine RNAiMAX reagent  
568 (Invitrogen) and OptiMEM, according to manufacturer's instructions, for 24 hours. ON-  
569 TARGETplus Non-targeting Control Pool (D001810-10-05; Dharmacon, UK) was used as  
570 a transfection control. Following transfection, cells were serum-starved for a further 24  
571 hours before being treated with HDM (100 µg/ml, CITEQ Biologics, The Netherlands).  
572 After 24 hours exposure to HDM, cells were washed with sterile PBS and immediately  
573 lysed for RNA extraction (Monarch® Lysis Buffer; New England Biolabs, UK).

574

#### 575 **qRT-PCR**

576 Total RNA extraction was performed with the Monarch® Total RNA Miniprep Kit (New  
577 England BioLabs, UK), according to the manufacturer's instructions. RNA quality and  
578 quantity was assessed using a NanoDrop One Spectrophotometer (ThermoFisher  
579 Scientific, UK). 1ng/µl RNA was reverse transcribed to cDNA using a High-Capacity cDNA  
580 Reverse Transcription Kit (Applied Biosystems, UK) and Thermocycler (Bio-Rad, UK),  
581 according to manufacturer's instructions. RTqPCR was performed using CFX96 Real-  
582 Time PCR Detection Systems with CFX Manager analysis software (Bio-Rad, UK).  
583 Primers and TaqMan Fast Advanced Master Mix were obtained from ThermoFisher  
584 Scientific (*YWHAZ* – Hs01122445\_g1; *HMOX1* - Hs01110250\_m1; *MTF1* -  
585 Hs00232306\_m1; *MT1M* - Hs00828387\_g1; *MT2A* - Hs02379661\_g1). Reactions and  
586 cycling conditions were as per manufacturers' specifications. Fold change in gene  
587 expression was calculated using the  $2^{-\Delta\Delta C_t}$  method.

588

589

#### 590 **Immunofluorescence microscopy of frozen tissue sections**

591 Snap frozen skin samples were embedded in OCT (CellPath) and cut to 5-10 µm  
592 cryosections onto APES-coated slides. Sections were fixed in 4% paraformaldehyde,  
593 washed with PBS, blocked with PBS + 1% BSA + 10% FBS and incubated for 30 minutes  
594 with primary antibodies to the following markers: Langerin (Leica), multi-cytokeratin  
595 (Leica), CD3 (Dako), CD4 (Abcam), CD8 (Abcam), IL17 (rabbit polyclonal IgG, Abcam)  
596 or TNF ( rabbit monoclonal IgG (clone D1G2), Cell Signaling Technology). After washing  
597 off the primary antibodies, secondary antibodies were added; these included: Alexa Fluor  
598 488 goat anti-mouse IgG1a, Alexa Fluor 555 goat anti-rabbit IgG, and Alexa Fluor 647  
599 goat anti-mouse IgG2b (all from ThermoFisher Scientific). Sections were then  
600 counterstained with DAPI (Sigma), mounted with Mowiol (Harco), coverslipped and  
601 imaged using an Olympus Dotslide scanning fluorescence microscope and Olympus VS-  
602 Desktop software. Antibody details listed in Supplementary Data 14.

603

#### 604 **RNA-seq**

605 RNA was isolated using Direct-zol RNA micro prep (Zymo, UK) as per the manufacturer's  
606 protocol. RNA concentration and integrity was determined with an Agilent Bioanalyser  
607 (Agilent Technologies, Santa Clara, CA. Preparation of RNA-seq libraries and sequencing  
608 were carried out by Source Bioscience, UK. cDNA libraries were generated using  
609 SMART-Seq Stranded Library Preparation for Ultra Low Input according to the SMART-  
610 Seq Stranded Kit User Manual following the Ultra low input workflow (Takara Bio).

611 Samples were pooled (12/batch) for library preparation. Amplified libraries were validated  
612 on the Agilent BioAnalyzer 2100 to check the size distribution and on the Qubit High  
613 Sensitivity to check the concentration of the libraries. All the libraries passed the QC step.  
614 Sequencing was done on Illumina HiSeq 4000 instrument, 75bp PE runs,  $20 \times 10^6$  reads  
615 per sample.

616

### 617 **Drop-seq**

618 Freshly dissociated whole skin biopsies were suspended in RNase-out buffer and  
619 processed on ice to the co-encapsulation of single cells with genetically-encoded beads  
620 (Drop-seq<sup>58</sup>). Monodisperse droplets at 1 nl in size were generated using the microfluidic  
621 devices fabricated in the Centre for Hybrid Biodevices, University of Southampton. To  
622 achieve single cell/single bead encapsulation with barcoded Bead SeqB (Chemgenes,  
623 USA), microfluidics parameters (pump flow speeds for cells and bead inlets, cell  
624 buoyancy) were adjusted to optimise cell-bead encapsulation and the generation of high-  
625 quality cDNA libraries. Based on encapsulation frequencies and bead counts up to 2000  
626 STAMPS /sample were taken further for library prep (High Sensitivity DNA Assay, Agilent  
627 Bioanalyser, 12 peaks with the average fragment size 500 bp). The resulting libraries  
628 were run on a shared NextSeq run ( $4 \times 10^4$  reads/cell for maximal coverage) at the Wessex  
629 Investigational Sciences Hub laboratory, University of Southampton, to obtain single cell  
630 sequencing data

631

### 632 **Constellation-seq**

633 Single cell libraries were generated using the Chromium Single Cell 3' library and gel  
634 bead kit v3.1 from 10x Genomics. Briefly, cell suspensions were tagged using TotalSeq™  
635 hashtag antibodies (Biolegend, Supplementary Data 14). TotalSeq-A anti-human  
636 Hashtag Antibody used at  $0.5 \mu\text{g}$  ( $1 \mu\text{L}$ ). After pooling, 10,000 viable cells were loaded  
637 onto a channel of the 10x chip to produce Gel Bead-in-Emulsions (GEMs). This  
638 underwent reverse transcription to barcode RNA before clean-up and cDNA amplification.  
639 cDNA was used for targeted linear amplification comprising 20 rounds of linear  
640 amplification ( $60^\circ\text{C}$ ) using a pool of primers (Supplementary Data 7) at 40 nM and  $0.4 \mu\text{M}$   
641 of a P5 3'blocked primer as described previously<sup>26</sup>. cDNA libraries were purified twice  
642 using AMPure XP (Beckman Coulter) magnetic beads (1:0.6) and libraries assessed  
643 using a Bioanalyser before tagmentation and Next-seq sequencing on an Illumina  
644 Nextseq500, (paired end 28x60 bp reads).

645

### 646 **Bulk RNA-seq data analysis**

647 Quality control of FASTQ files with raw sequence data was done using FASTQC tool  
648 [FastQC: a quality control tool for high throughput sequence data. Available online at:  
649 <http://www.bioinformatics.babraham.ac.uk/projects/fastqc>]. High-quality reads filtered at  
650 15M depth across all samples were mapped to the human genome (GRCh38) using  
651 Kallisto<sup>59</sup>. Raw counts from RNA-Seq were processed in Bioconductor package EdgeR  
652 <sup>60</sup> and SLEUTH<sup>61</sup>, variance was estimated and size factor normalized using trimmed  
653 mean of M-values (TMM). Genes with minimum 2 reads at minimum 50% samples were  
654 included in the downstream analyses. Differentially expressed genes (DEG) we  
655 identified applying significance threshold with false discovery rate (FDR) adjusted  
656  $p < 0.05$ ,  $|\text{LogFC}| > 1$ . Normalised reads were taken for transcript-to-transcript co-

657 expression analysis (BioLayout<sup>62</sup>). Pearson correlation coefficient  $r=0.85$ , Markov  
658 Clustering Algorithm = 1.7. WGCNA analysis<sup>37</sup> were run on 5000 genes with maximum  
659 median absolute deviation (MAD) detected across LC transcriptomes from reactive and  
660 non-reactive patients from control and HDM patch tests, at power=4 module size 30 in  
661 R v 4.0.3 using voom transformed (TMM) normalised expression data post QC checks.  
662 Summary profile (eigengene) for each module were correlated with external traits using  
663 Pearson coefficient. Gene ontology analysis across clusters and modules was done  
664 using ToppGene online tool<sup>63</sup>. Protein interaction network was reconstructed from top  
665 50 genes with negative GS score (reversely correlated with CD3 infiltration,  
666 Supplementary Data 12) in turquoise module using STRING V11.5,<sup>64</sup> database of  
667 protein interactions, using default parameters. Gene Set Enrichment Analysis (GSEA)<sup>36</sup>  
668 was run for gene signatures identified in cross-talk analysis (Supplementary Data 9)  
669 setting contrasts for responders vs non-responding patients. For analysis of  
670 metallothionein gene profiles data from GSE150672,  
671 <https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE150672> and GSE36287,  
672 <https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE36287> were used.

673  
674  
675 **scRNA-seq data and Constellation-seq analysis** Single cell RNA-seq and  
676 Constellation-seq analysis was carried out using pipelines established in Systems  
677 Immunology Group<sup>26,33</sup>. Following demultiplexing, raw FASTQ files were aligned to the  
678 human genome (GRCh38), using kallisto-bustools<sup>59</sup>. CellBender<sup>65</sup> was used to remove  
679 empty technical artefacts. Doublet detection and hashing demultiplexing was done using  
680 Solo<sup>66</sup>. Visualization and clustering of scRNAseq was performed in Scanpy<sup>27</sup> following  
681 standard quality checks (empty barcodes, percentage of mitochondrial genes). Clusters  
682 were determined via single-cell neighbourhood analyses on first principal components  
683 followed by clustering and cell type identification (leiden-based clustering<sup>67</sup>. Cell types  
684 were annotated based on the expression of known marker genes, and cross-validated  
685 using publicly available single cell transcriptomes<sup>28</sup>. Differentially regulated  
686 transcriptional networks were identified using model-based analysis of single-cell  
687 transcriptomics MAST<sup>68</sup>. Specific transcriptional signatures were tracked using Gene Set  
688 Expression Analysis<sup>36,69</sup>. Transcription factor activity prediction was done using  
689 DoRothEA<sup>70</sup>. Cell-cell communication was inferred using CephoneDB<sup>71</sup> and CosstalkR  
690<sup>72</sup>.

## 691 **Whole Exome Data generation**

693 Whole exome sequencing was performed by Macrogen, with data uploaded to the  
694 University of Southampton supercomputer Iridis5 in February 2021. Agilent SureSelect  
695 Human All Exon V6 capture kit was used for all 28 samples.

## 696 **Whole exome data analysis**

698 The raw fastq files were aligned to the human genome reference GRCh38 with additional  
699 HLA regions included. Alignment was performed using BWA-MEM v0.7.15-r1140 and  
700 Samtools<sup>73</sup> v1.3.1. Picard (<http://broadinstitute.github.io/picard/>) was used to mark  
701 duplicates, sort the BAM files, index, and fix the mate pairs. GATK<sup>74</sup> v4 base quality score  
702 recalibration (BQSR) was used to detect systematic errors by the sequencing machine



703 when it estimates the accuracy of each base call. Joint-calling was executed using a  
704 bespoke script. GATK GenomicsDBImport was used to create a database of all g.vcf files  
705 for joint-calling and was targeted to the intersection between Agilent SureSelect V6 and  
706 Agilent SureSelect V5, both with +/-150bp padding. GATK Genotype GVCF was applied  
707 to joint-call the 28 AD samples with 1100 inflammatory bowel disease patients, also  
708 targeted to the intersection between Agilent SureSelect V6 and Agilent SureSelect V5 +/-  
709 150bp padding. A final script applied GATK Variant Quality Score Recalibration (VQSR),  
710 a technique applied on the variant callset that uses machine learning to model the  
711 technical profile of variants in a training set and uses that to flag probable artefacts from  
712 the callset. Annotation was completed using Ensembl VEP<sup>75</sup> v103. The joint-called vcf  
713 was uploaded to a local installation of seqr (<https://github.com/broadinstitute/seqr>) on a  
714 virtual machine for data visualisation, analysis, filtering and reporting. A suite of bespoke  
715 scripts was used to assess quality control. Bedtools<sup>76</sup> v2.26.0 was applied to calculate  
716 exome data coverage relative to the target capture kit. GATK VariantEval tool was used  
717 to calculate various quality control metrics including: the number of raw or filtered SNPs  
718 and the ratio of transitions to transversions. These metrics are further stratified by  
719 functional class, CpG site, and amino acid degeneracy. Picard  
720 CollectVariantCallingMetrics was applied to collect the per-sample and aggregate  
721 (spanning all samples) metrics from the provided vcf file. Peddy  
722 (<https://github.com/brentp/peddy>) was executed locally in a python conda environment to  
723 assess the relatedness of individuals and predict their ancestry and sex.  
724 All QC metrics data were compiled into a Shiny App using R v 4.2.0 for data visualisation.

725

#### 726 **Identifying filaggrin variants:**

727 We selected all loss of function filaggrin (FLG) variants identified from the cohort of 28  
728 AD samples. We applied a maximum allele frequency (across all populations in gnomAD)  
729 of <0.05, and further filtered the variants in the AD cohort using an allele balance of >0.15  
730 and genotype quality > 0.3 with VQSR applied as a flag.

731

#### 732 **Applying GenePy to identify genes enriched in reactive vs non-reactive patients:**

733 We assessed the difference in gene mutation burden between patients non-reactive and  
734 reactive to HDM using GenePy 1.3 (Mossotto et al). We initially calculated GenePy scores  
735 for a pre-selected 34 genes (Supplementary Data 13) and compared their scores between  
736 non-reactive and reactive patients using logistic regression. We extrapolated this analysis  
737 to 2002 autoimmune genes (Supplementary Data 13) and compared GenePy scores  
738 using a Mann-Whitney-U test.

739

#### 740 **Statistics & Reproducibility:**

741 Experimental group size was determined to match the most restrictive requirement:  
742 patient number for RNA-seq analysis. Power calculations for were done using  
743 “RNASeqPower” package in Bioconductor, R, 0.18129/B9.bioc.RNASEqPower, based on  
744 the preliminary data measuring expression levels of key molecular hubs in the LC gene  
745 regulatory network after exposure to epidermal cytokines<sup>33</sup>. To detect a statistically  
746 significant effect in a case-control experiment with 20 million reads sequencing depth,  
747 experimental variation  $cv=0.5$ ,  $\alpha=0.01$ , 11 biological replicates per group  
748 provide >85% power to detect a 2-fold difference in gene expression levels. Power

749 calculations for the flow cytometry analysis for specific marker: To detect a statistically  
750 significant difference ( $\alpha=0.05$ , power>80%) of two-fold difference, sample size of 3 is  
751 sufficient. The experiment group was not randomized. All patients were exposed to  
752 control and HDM patch test, and the responsiveness to HDM defined patient status. All  
753 statistical analysis were carried out using GraphPad Prism V9.2.0 unless specifically state  
754 otherwise. Data distribution was tested for normality using Kolmogorov-Smirnov test.  
755 Statistical significance was assessed by Mann-Whitney U-test for not-normally and t-test  
756 for normally distributed data as detailed across manuscripts.

757  
758

#### 759 **DATA AVAILABILITY**

760 Sequencing data for RNA-seq and scRNA-seq is stored in Gene Expression Omnibus  
761 database, accession number: GSE184509  
762 (<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE184509>). The exome  
763 sequencing data underlying this article cannot be shared publicly due to ethical  
764 considerations. Source data are provided with this paper.

765  
766

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937

938

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952

### 953 **AUTHOR CONTRIBUTIONS:**



954 MEP, MAJ and HS: intellectually conceived the study,  
955 EC, YT, SH, GR, NH, MAJ, RA, MEP: patient recruitment and clinical data acquisition  
956 SS, AV, LD, ML, RA, CL, GD: carried out experiments  
957 SS, AV, MEP, KC: carried out analysis and meta-analysis of bulk RNA-seq data  
958 SS, AV, MEP, KC, JD: carried out analysis and meta-analysis of single cell RNA-seq  
959 data  
960 ES and SE: carried out WES data analysis  
961 SS, AV, MEP: wrote the manuscript  
962 MAJ, PF, HS, EH, CLB: discussed, and reviewed the manuscript

963

964 **COMPETING INTERESTS:**

965 The Authors declare no conflict of interest. MEP started employment at Janssen  
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967 manuscript. Janssen, or any of employees/stakeholders have not been involved in any  
968 part or aspect of the project or manuscript.

969

970 **FIGURE LEGENDS**

971  
972 **Figure 1. *In vivo* allergen challenge model to investigate mechanisms of local**  
973 **immune responses in human skin.**

974  
975 A) Human *in vivo* allergen challenge set-up. 6mm biopsies taken 48h after application of  
976 control and HDM (challenge) patch are processed to investigate transcriptional networks  
977 and regulatory interactions underpinning T cell mediated responses to allergen (B)  
978 Representative images of non-reactive, irritant, and reactive patch test responses to  
979 control (left) and HDM (right) allergen, 48 post patch application. Numbers of patients in  
980 each group given. TEWL: trans epidermal water loss, SPT: Skin Prick Test, FLG: Filaggrin  
981 status. CR: control patch reactive patient, HR: HDM patch, reactive patient, CNR: control  
982 patch, non-reactive patient, HNR: HDM patch, non-reactive patient

983  
984 **Figure 2. Reactivity to HDM is associated with co-expansion of T cells and LCs.**

985  
986 A-F) Frequency of immune cells in control and HDM patch tests from reactive vs non-  
987 reactive patients, measured by flow cytometry. Number in the graph indicates  
988 percentage of cells in the positive gate. CR: control patch, reactive patient, HR: HDM-  
989 patch, reactive patient, CNR: control patch, non-reactive patient, HNR: HDM patch, non-  
990 reactive patient. Representative examples. A-B) CD3+ T lymphocytes, D-E)  
991 CD207/CD1a positive LCs. C,F) Fold changes (FC) in percentage of detected immune  
992 cells between HDM patch test and control patch test from patients with irritant, non-  
993 reactive and reactive reactions to HDM. G) Correlations between fold changes in  
994 percentage of CD3+ T cells and LCs. Pearson correlation coefficient shown. H)  
995 Immunofluorescence staining of HDM-reactive patch test site. Inserts show the  
996 indicated optical fields at the epidermis (top) and in the dermis (bottom). Hub structures  
997 of co-localising CD207 (green) and CD3 (red) in dermis. Epidermal layer stained with  
998 multi-cytokeratin (blue). DAPI stain for nuclei (grey). Scale bars: 500µm, 50µm (inserts).  
999 A representative of n=3 individual donors I) Functional assessment of skin barrier:  
1000 TEWL measurements across patient groups J) Number of irritant (IR), non-reactive  
1001 (NR), and reactive (R) cases with loss of function (LoF) variants in FLG compared to  
1002 wildtype (WT). K) Percentage of CD3+ T cells in control patch test sites identified by  
1003 flow cytometry. Statistical significance assessed by t-test C,G) NR n=11, R n=10, F,K)  
1004 NR n=11, R n=11, I,J) IRR n= 4, NR n = 12, R n=11. Statistical significance assessed  
1005 by Kruskal-Wallis test with post-hoc Dunn test (C,F,I) and unpaired ANOVA with post-  
1006 hoc Fisher test (K) following normality Kolmogorov-Smirnov test of data distribution.  
1007 Source data are provided as a Source Data file.

1008  
1009 **Figure 3 Activated TNF-expressing Th17 cells are significantly enriched in**  
1010 **reactive patients**

1011  
1012 Constellation-seq analysis enriched for 1161 transcripts in 2374 single T lymphocytes  
1013 cells from patch test skin biopsies, n=10 patients, 5 per group A) UMAP plot depicting  
1014 clustering of T lymphocyte populations. B) Cell subset defining markers (Wilcoxon rank  
1015 test). C) Number of T cell transcriptomes in control reactive (CR) and non-reactive

1016 (CNR) patients. The central line denotes the median, boxes represent the interquartile  
1017 range (IQR), and whiskers show the distribution except for outliers. Outliers are all  
1018 points outside 1.5 times of the IQR. D) Top transcription factors expressed in T cells  
1019 from reactive (CR) and non-reactive (CNR) patients in the control samples E) Top  
1020 biological pathways enriched at the control site in DEGs from patient reactive (CR) to  
1021 HDM (KEGG database), p-value computed using the Fisher exact test, with Benjamini  
1022 Hocheberg FDR correction. F) UMAP plots showing expression of Th17 gene signature  
1023 G) Th17 gene signature across patient groups, dotplot: size depict % of expressing  
1024 cells, colour intensity encodes mean expression in group. H) %IL17 producing  
1025 CD3+CD4+ Tcells from PBMCs in irritant (I) non-reactive (NR) and reactive (R) patients.  
1026 Kruskal-Wallis test with post-hoc Dunn test. I) A representative plot of IL17 expression  
1027 in CD3+CD4+ T cells I, NR and R patients. J) Immunofluorescence staining of HDM-  
1028 reactive patch test site. Inserts show the indicated optical field in the dermis. Hub  
1029 structures of co-localising CD207 (blue), CD3 (green) and IL17 (red). Epidermal layer  
1030 stained with multi-cytokeratin (blue). DAPI stain for nuclei (grey), Scale bars: 50µm.  
1031 Representative of n=2. K) UMAP plots showing expression of *TNF* and *TNFRSF1B*  
1032 across T cell (top) and APCs (bottom) L) *TNF* and *TNFRSF1B* expression level across  
1033 patient groups, dotplot: size depict % of expressing cells, colour intensity encodes mean  
1034 expression in group. CR: control reactive, HR: HDM reactive, CNR: control non-  
1035 reactive, HNR: HDM non-reactive. n=5/group, C and H paired. Source data are provided  
1036 as a Source Data file and via GEO.

1037

1038

#### 1039 **Figure 4 Expression of metallothioneins counterbalance LC overactivation** 1040 **differentiating HDM reactive and non-reactive patients**

1041

1042 A) Average log gene expression levels of genes in the main cluster encoding LC core  
1043 programmes across non-reactive and reactive patients. Transcript to transcript clustering  
1044 Biolayout, 691 genes,  $r=0.85$ ,  $MCL=1.7$ . Each dot represents an average gene  
1045 expression. CR: control reactive, HR: HDM reactive, CNR: control non-reactive, HNR:  
1046 HDM non-reactive, repeated measure one-way anova. B) Gene Ontologies  
1047 overrepresented in the main cluster encoding LC programmes, ToppGene, Benjamini-  
1048 Hochberg-adjusted p-value. C) HLA-DR expression levels measured by Flow Cytometry  
1049 in CD207+ LCs. Kruskal-Wallis test with post-hoc Dunn test. D) A representative  
1050 histogram of HLA-DR expression in control patch tests of CI (green), CNR(blue) and  
1051 CR(red) patients compared with unstained control (grey) E) Crosstalk analysis of  
1052 interactions overexpressed between cell populations at control site. DropSeq, N=6  
1053 biopsies, 1NR, 2R patients F) GSEA enrichment profile in CR (red) and CNR (Blue)  
1054 patients. G) Heatmap showing segregation of patients with CD3 T cell numbers  
1055 decreasing (blue), expanding (red) and stable (black) in reaction to patch test using fold  
1056 change expression values of 100 top differentially regulated genes in module turquoise.  
1057 Genes overexpressed in non-reactive samples contain members of metallothionein  
1058 family. CI,HI n=4, CNR, HNR n=11, CR, HNR n=7 paired samples. WGCNA analysis,  
1059 Pearson coefficients denoting correlation, univariate regression model with pairwise  
1060 complete Student T test. Source data are provided as a Source Data file and via GEO.

1061

1062 **Figure 5 Enhanced expression of metallothionein genes protects non-reactive**  
1063 **patients from inflammation and prevents HDM-induced oxidative stress**  
1064

1065 A,B) Dotplots showing expression of metallothioneins across cell types in control patch  
1066 tests from patients with non-reactive (A) and reactive (B) patch test reactions to HDM.  
1067 SCRAN-normalised single cell RNA expression shown for each transcript. n=3, fresh skin  
1068 biopsies, Drop-seq C) Heatmap comparing levels of expression for metallothioneins in  
1069 whole skin using high sensitivity Constellation-seq method, n=10 skin donors. CR: control  
1070 reactive, HR: HDM reactive, CNR: control non-reactive, HNR: HDM non-reactive D)  
1071 Distribution of WT vs SNP in MT1X gene across patient groups. Chi square test = 3.159,  
1072 two-sided, df=1. E) Expression of metallothioneins in patients with AD, in lesional (L) and  
1073 non-lesional (NL) skin. F) Expression of signatures encoding metallothioneins (MT), and  
1074 RedOX, in patients with T-cell mediated skin diseases, Z-score, GSE150672 G) Effect  
1075 of silencing of *MT1F* on expression of *HMOX1* in HDM stimulated fibroblasts. n=3  
1076 independent experiments, paired ANOVA with Tukey test. H) Normalised expression  
1077 levels of genes encoding *MT1E* and *MT1X* in keratinocytes exposed to IL17a and TNF.  
1078 GSE36287, n=3 biological replicates, paired ANOVA with Tukey test A,B,E,F) dotplot:  
1079 size depict % of expressing cells, colour intensity encodes mean expression in group.  
1080 Acne: Acne Vulgaris, Alopecia: Alopecia Areata, GA: Granuloma Annulare. Source data  
1081 are provided as a Source Data file.  
1082

Figure 1

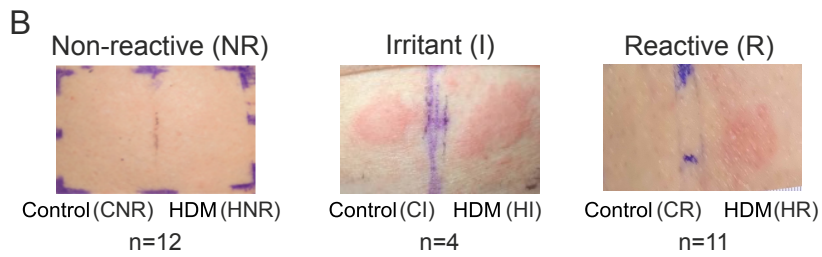
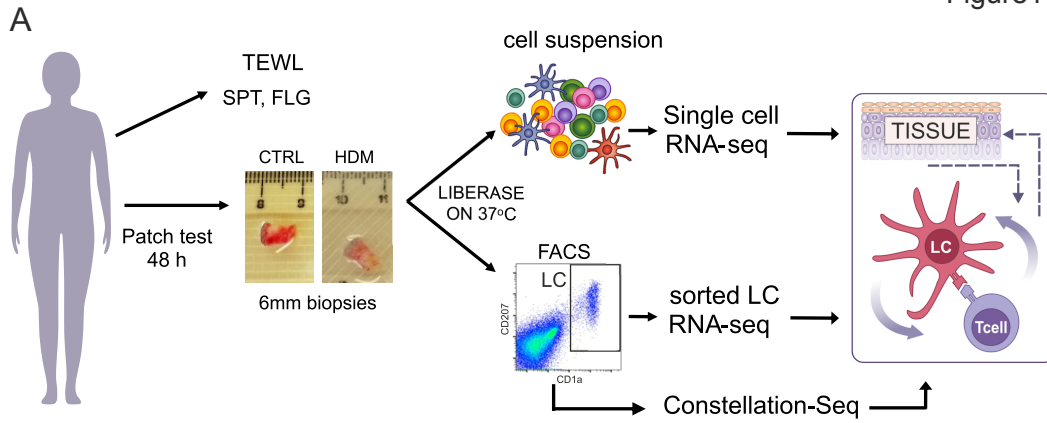


Figure 2

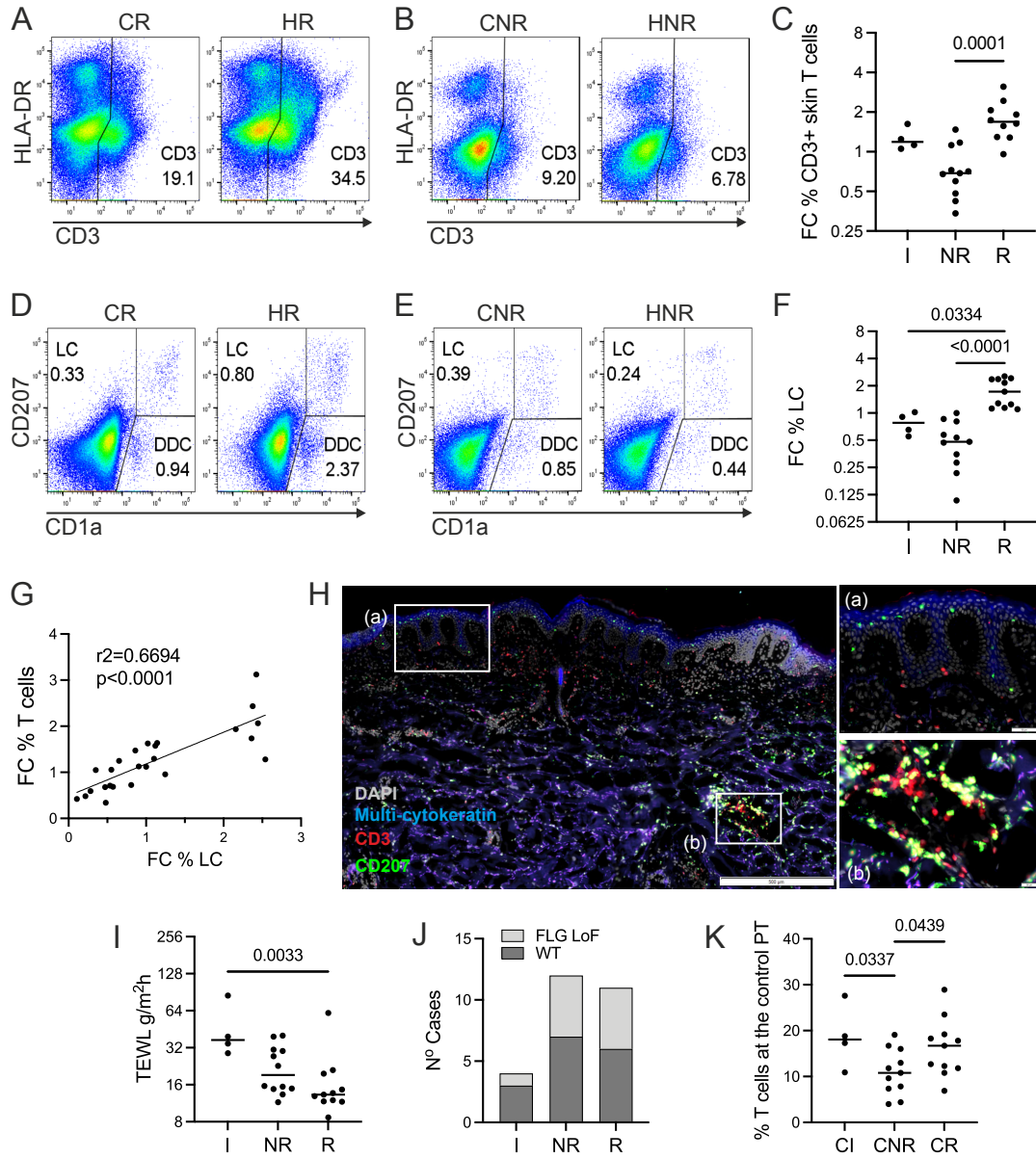


Figure 3

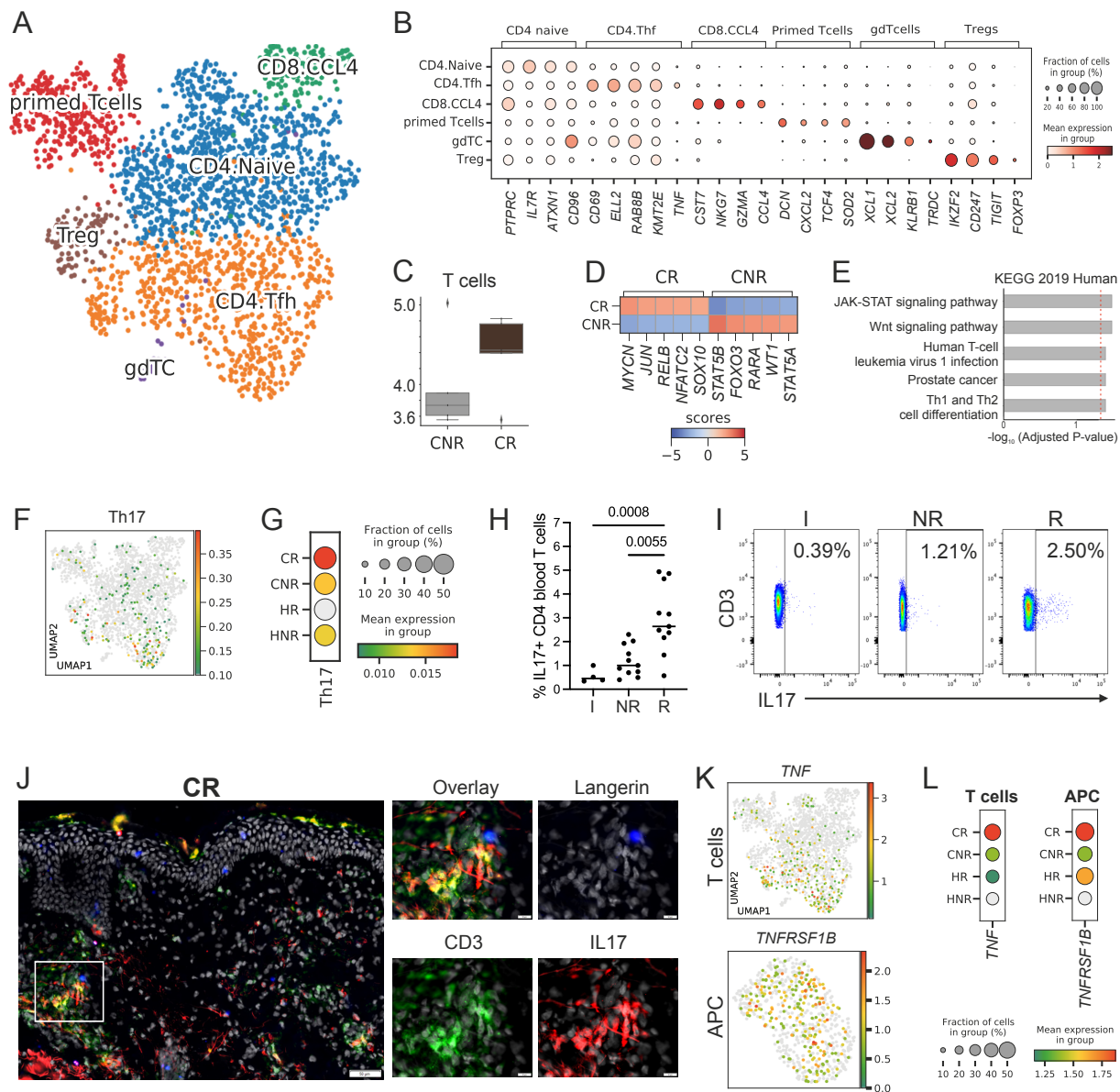


Figure 4

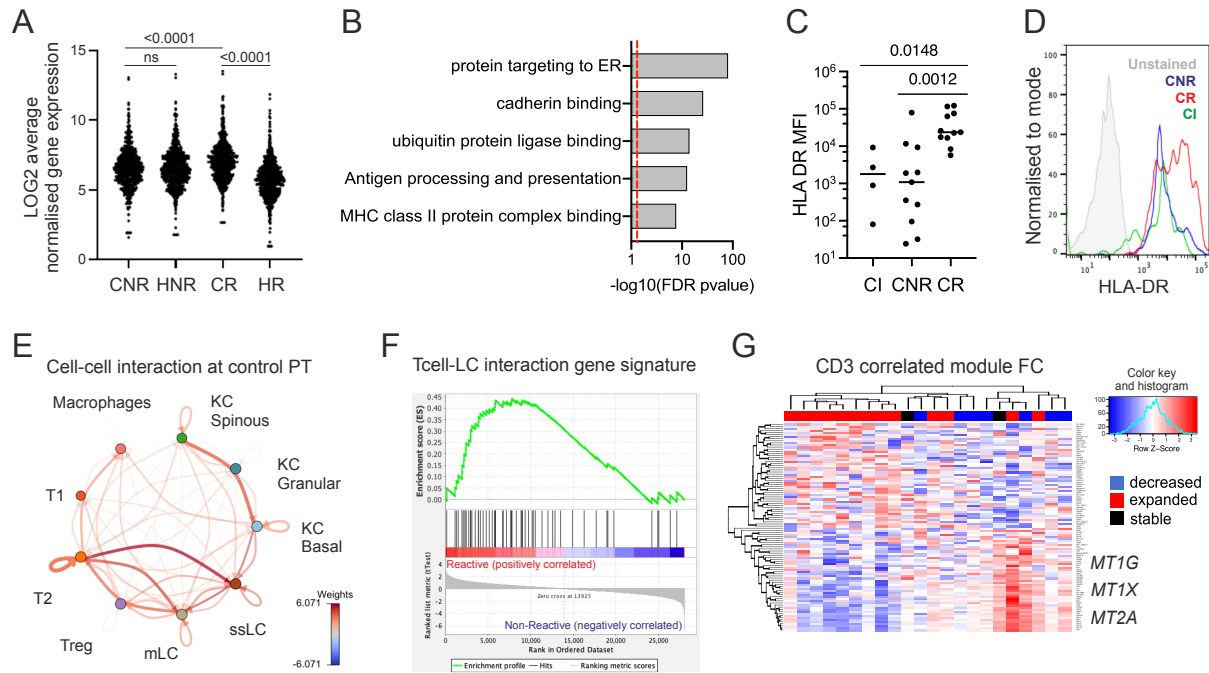




Figure 5

