**How do Older Adults experience change in psychological therapy within local secondary care mental health services?**

**Debriefing Statement**Version 3, 13th June 2022

**ERGO ID:** 63222 **IRAS ID:** 297238

The aim of this research was to understand how older experience change when they engage in psychological therapy. It is expected that there will be some similarities among participants that will help us to focus on what outcomes matter across participants. Your data will help our understanding of what outcome measures would be most useful in evaluating psychological therapy in older people’s mental health services. Once again results of this study will not include your name or any other identifying characteristics. You may have a summary of the research findings if you wish.

If you have any further questions, please contact me *Laura Parkin* at *l.m.parkin@soton.ac.uk*.

Thank you for your participation in this research.

If you have questions about your rights as a participant in this research, or if you feel that you have been placed at risk, you may contact the University of Southampton Research Integrity and Governance Manager (023 8059 5058, rgoinfo@soton.ac.uk).

If this study caused any psychological distress, please do not hesitate to contact your GP. You can also contact the Samaritans on 116 123 who are open 24 hours a day.

If you have any compliments or complaints about the treatment you received whilst undergoing therapy under the Older Adult Mental Health Team, please contact the relevant Patient Liaison Service (PALS) in the first instance:

Dorset:

Telephone: 0800 587 4997

Email: [dhc.pals@nhs.net](mailto:dhc.pals@nhs.net)

Address: Patient Advice and Liaison Service, Dorset Healthcare, Sentinel House, 4-6 Nuffield Industrial Estate, Poole, Dorset, BH17 ORB

Southampton:

Telephone: 023 8087 4065

Address: The LISTEN Service, Complaints and PALS, Southern Health NHS Foundation Trust, 5 Sterne Road, Tatchbury Mount, Calmore, Southampton, SO40 2RZ